

Scott Disick & Kourtney Kardashian Are in a “Good Place”



☒ Scott Disick’s out-of-control alcoholic behavior in past episodes of *Kourtney and Khloe Take Miami* has left the Kardashian sisters worried. However, the girls say they have seen huge changes in Kourtney’s beau. In an interview with [E! Online](#), Kim defends Disick, saying, “I have seen a big change in Scott and I have actually seen him make a transition.” Kourtney added, “We’re in a really good place,” but admits that it’s hard to watch these episodes. “I think that it escalated to a point where he would even get scared,” added Kim. “He has made so many changes that are so obvious that I can’t help but accept him now.”

Can a leopard change its spots?

Cupid’s Advice:

Change can be hard – should you ever expect someone to truly change their habits? Cupid has some advice to help you weather the storm:

1. The want to change: According to psychotherapist Michelle Gottlieb, “People can change if there is enough motivation.” It’s harder to change personality traits, compared to habitual traits like Disick’s, but in both cases, it *is* possible, depending on how much effort and willpower a person puts forth.


2. Roadblocks: As people encounter roadblocks, they are most likely to slip back into their old habits (e.g. you’ve quit carbs but your friends eat them in front of you, which may

make you order carbs). Make your attempt at change public so your friends and family are less likely to put you in tempting situations.

3. Slow and steady: Just because you decided to make a change in your life doesn't mean that you have get there by tomorrow. Make realistic goals, like smoking one less cigarette each day. Take your time, and the results will slowly progress.

Lebron James' Girlfriend Says "Miami Was Not My Favorite Place"



 Longtime girlfriend of LeBron James, Savannah Brinson, recently told *Harper's Bazaar* that she wasn't thrilled about moving to Miami. "Vacationing there is great. You go for three days and get some sun and it's time to go home." While it's not her first choice for a permanent residence, Brinson said, "It will definitely be an adjustment, but we'll make it." She added, "We're not complaining. Whatever LeBron felt was comfortable, I'm with him. I just love him so much." **What are some ways a couple can adjust to a big move?**

Cupid's Advice:

Whether you have money to spare or you're struggling just to get by, where you live can't always be planned. You may need to relocate due to a job change, or maybe you simply need a change from your current situation. Either way, Cupid has

found some ways to help you adjust to your new surroundings:

1. Research the area: One of the best things you can do for yourself and your loved ones is to take a look at where you're going ahead of time. City-Data.com is a great site to learn about schools, neighborhoods, and local shopping establishments across the country.

2. Plan a look-see trip: When making a big change, it's helpful to visit the area ahead of time if you can, even if it's just for the day or weekend. You can learn a lot about a location by driving through it.

3. Talk to your family: Even if the location choice isn't negotiable, it's important to include your kids and partner in conversations where you can discuss options, such as school choices, that *are* available. Remember, they're going through these changes with you.

Lamar Odom on Kids with Khloé – “We Would Love To”

Lamar Odom is definitely interested in having with with wife Khloé Kardashian, [People](#) reported last week. “Hopefully it’ll happen soon,” he told the magazine. The NBA star has two children from a previous relationship, which definitely helps provide great parenting tips – as does baby Mason, Kardashian’s nephew.


How do you know when your relationship is ready to take on parenting?

Cupid's Advice:

Being a parent is a lifelong commitment – it's best to plan ahead. Even if you have a surprise pregnancy, you have enough time to get ready before the big day arrives. Cupid shares some important tips:

1. Evaluate your relationship: If you're considering an addition to your family, determine the strength of your bond with each other first. Are you both mentally, emotionally, and financially ready to take care of another life? Consider these questions before going ahead.
 2. Parent plans: Pregnant or not, couples don't always share the same goals when it comes to parenting. Discuss your approaches to raising children to find a common ground you can both agree to.
 3. Go with the flow: Keep in mind that all the planning in the world can never fully prepare you for becoming a parent. Learn to accommodate – to both your partner and yourself – as new issues arise.
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Mike Fisher Knows Where He & Carrie Underwood Will Live

 Carrie Underwood's new hubby, Mike Fisher, says he knows where the couple wants to settle down, [People](#) reported last week. The hockey star told [CTV Ottawa](#) that he would love to

have Underwood in his Canadian home while he plays hockey for the Senators. “We’re both comfortable here. Home is where we are, so let’s make this home,” he said. However, Fisher has no issue with returning to the country singer’s home in Nashville down the road. “When I’m done [with] hockey, she’ll still be working. I’m sure she can always work. We’ll settle in Nashville. I love it there.”

After marriage, how can you decide where to call home?

Cupid’s Advice

Unless you’ve chosen to live together prior to marriage, you’ll eventually need to settle on one home together. Here are some ideas Cupid has come up with to help make that decision:

- 1. Pros and cons:** List out what you love and hate about your choices, then compare notes. You might find a compromise between the lines.
- 2. Size matters:** Consider the size of the homes you’re choosing between. Are they big enough for both of you, children (if you’re planning for them), and your things? When settling down, make sure it accommodates both your needs.
- 3. Distance from loved ones:** Family can play an important role in deciding where to live, whether you choose to stay close to them, or want to get as far away as possible from them as possible.

Carrie Underwood’s Tahitian

Honeymoon



Photos have surfaced of Carrie Underwood and husband Mike Fisher relaxing during their Tahitian honeymoon. The newlyweds have been exploring the French Polynesian sights from underwater and in the air. “Carrie and Mike have enjoyed swimming and snorkeling with reef sharks,” a source told [People](#) over the weekend. “They also toured the island via helicopter.” In addition, the couple has enjoyed some alone time in their bungalow.

How can you make your honeymoon memorable?

Cupid’s Advice:

While you may be ready to relax, don’t kick your heels up just yet. Preparation, along with a great attitude, can ensure an unforgettable honeymoon once you’ve reached your destination.

- 1. Research:** Do your homework. Find out where the best places to visit are. Search for the best restaurants and entertainment. Jot down one place or activity you’d like to experience each day so you don’t forget about it while out sightseeing.
- 2. Become a photo lover:** The best way to make any experience memorable is to take pictures. Not only will you have fun documenting your getaway through the lens, but you’ll be able to relive the memories when you get back home.
- 3. Relax:** Most importantly, relax! Leave work, family, and friends at home. This is your honeymoon, which marks the beginning of your lives together as a married couple. Focus on and enjoy your relationship.

Jessica Simpson & Eric Johnson Make Out in Public



Performer Jessica Simpson was spotted smooching new beau Eric Johnson on a yacht Saturday, where they celebrated Simpson's 30th birthday. According to [US Weekly](#), the couple was seen kissing and cuddling all over Capri during their PDA-filled weekend in Italy. The two have dated since May, but have only recently been open to the public about their relationship.

PDA: How much is too much?

Cupid's Advice:

Public displays of affection can be a sweet way to tell the world you're in love, but too much can make you seem insecure, or even rude. Here are some tips you should keep in mind when you're out in the open:

1. Be aware of where you are: Where you are can be a key factor. If you're at a club or a crowded rock concert, you'll most likely leave without anyone noticing. But if you're at a family function with your significant other's parents, tone it down – several notches at best.

2. Are you both comfortable? Some people don't like PDA at all. Do you feel your partner pulling away every time you lean in? Chances are, he or she isn't into it, or may be embarrassed. Everyone's different; find out what your partner's boundaries are.

3. Remember who you're with: It's one thing to make out on a park bench around complete strangers, but it's a different story when you do it at the movies or while dining with friends. Be sure you're not making anyone else feel uncomfortable.

Eva Longoria & Tony Parker Celebrate Anniversary in Europe



Eva Longoria and hubby Tony Parker were spotted partying it up at a nightclub in Croatia last Wednesday. According to [Mail Online](#), the Parkers and their friends have been hopping around Europe on a rented yacht for the last two weeks in celebration of the couples' third wedding anniversary. Their entourage included other high-profile celebrities, like Spanish TV star Maria Bravo, *House* actress Jennifer Morrison and her boyfriend, *Prison Break* actor Amaury Nolasco, as well as Tony Parker's brother, Terence Joseph Parker.

What's a less expensive way for you and your sweetie to spend your anniversary?

Cupid's Advice:

While a Mediterranean cruise may not be financially attainable in our economy for the every day couple, it's still key to

make the event feel special. Cupid has some savvy ideas on how you can commemorate the occasion without breaking the bank:

- 1. Under the stars:** Go for a candle-lit picnic under the stars. Find a special place outdoors where both of you can share memories and your favorite food. Spice it up by having a nighttime photo shoot with a compilation of music that you and your partner both like.
- 2. Dine at a fancy restaurant:** Sometimes, the classic dinner-for-two is the best option. Many of couples have their first dates at dinner; try to re-create your first date! And even if you didn't grab a bite to eat the first time you laid eyes on your partner, some restaurants give out discounts for anniversaries. Take advantage!
- 3. Movies on a dime:** You don't have to worry about spending more than \$30 every time you go to the theaters. Try checking out second-run theaters, which only cost about \$2 per person per show, or go to a matinee of a current movie.

Angelina Jolie Shares Her Secrets On Staying Together



After several years in the public eye, six kids, and a slew of movies to her name, Angelina Jolie spoke with *Parade Magazine* about how she keeps her relationship with Brad Pitt going strong. "The children certainly tie us together, but a relationship won't hold if it's only about the kids," Jolie

said. "You also must be really interested in each other and have a really, really wonderful, exciting time together. We do. Brad and I love being together. We enjoy it. We need it, and we always find that special time. We stay connected. We talk about it. It's very important."

What can you do to keep the spark alive in a relationship?

Cupid's Advice:

Staying interested in each other, enjoying each other's company, and talking about things are all major components for a healthy relationship. However, there are other ways to stay connected. Cupid has some ideas:

- 1. Spice up your dates:** Try doing something you and your partner wouldn't normally do, like attending a wine tasting class, or a taking a spur of the moment road trip. Opening yourself up to new options will reduce the chance of boredom. Oh, and don't forget to take turns planning the new adventures!
 - 2. Talking dirty not your thing?** Use the past as an aphrodisiac! Stroll down memory lane and tell each other your most intimate and favorite time as a couple.
 - 3. Nothing to talk about?** Sometimes couples get to a point in their relationship where they think they know everything about the other person, and they have nothing additional to share. Experience new things on your own and share it with your partner later. Not only does it make for interesting conversation, but it can help you find fun, creative hobbies along the way.
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Matt Damon Credits Spouse for Keeping Busy Lives on Track



Matt Damon may have a hectic schedule, but he told [People](#) that his wife, Luciana, “really keeps it together,” the actor said at a poker event at the Rio All Suites Hotel. “We just talk it out and work it all out.” The duo are expecting their third child this fall, (the baby will be Luciana’s fourth; she has a daughter from a previous marriage). Even their children are excited about the pregnancy, monitoring the arrival of their sibling closely. Damon said the kids can tell how their mother and her belly are doing at any given time.

How can you keep a busy family schedule on track?

Cupid’s Advice:

Many families today juggle responsibilities beyond the parents’ jobs and kids going to school. How do you keep it together? Cupid has some ideas:

- 1. Keep a calendar:** Create a calendar that allows you to manage multiple schedules in one place. Hang a wipe off board in a central location, like the kitchen. This will make it easy to view and add new information as needed.
- 2. Periodic Family Meetings:** Gather regularly to discuss upcoming activities and scheduling conflicts, so the family as a whole can find workable solutions (i.e., carpooling with the neighbors) in advance.
- 3. Mistakes are OK:** When trying to handle many events that

occur simultaneously, there's always the possibility of double booking something, or forgetting to add an activity on the list. Realize that everyone slips up sometimes – including you! Discuss ways to keep one another informed and help one other stay on track.

Megan Fox & Brian Austin Green Settle Into Married Life



After a private wedding and luxurious honeymoon in Hawaii, Megan Fox and Brian Austin Green have returned home quietly. They were spotted at a local grocery store picking up last minute Fourth of July items in Glendale, Calif. While [People](#) discusses the ups and downs throughout the couple's two-year relationship, it appears that they are in it for the long haul.

What can you do to keep the spark alive in a marriage?

Cupid's Advice:

After you've taken the leap to marriage, you may be wondering how to keep the fire going. Cupid has some ideas to get you started:

1. Keep dating: Just because your partnership is legal doesn't mean you give up making regular plans to go out and celebrate

each other. Aim for date nights once a month, if not more.

2. Talk over issues: Every relationship has its troubles. By keeping lines of communication open, you're more likely to resolve them together, and come up with a solution you can both agree to.

3. Be wary of advice: If people in your respective lives offer assistance – whether you want it or not – just listen. Afterward, discuss all of your options with your partner before taking any recommended guidance.

Megan Fox & Brian Austin Green's Intimate Wedding!



That was fast! Cupid found out recently that actors Megan Fox, 24, and Brian Austin Green, 36, re-engaged after a brief break. It turns out that the couple married at the Fours Seasons Resort on the Big Island of Hawaii last week, which Green's rep confirmed Monday to [TMZ](#). The ceremony was intimate, with less than a dozen guests in attendance. This is the first marriage for both Fox and Green.

How can you keep your wedding small and intimate?

Cupid's Advice:

With shows like *Platinum Wedding* and *My Fair Wedding* all the rage, the pressure is on to have a big and extravagant wedding. However, a smaller and more personal ceremony can be

just as – if not more – special. Here are some of Cupid’s tips on keeping your plans to a minimum:

1. Don’t invite everyone and their mom: This may be the hardest thing to do, since you’ll want to share this day with everyone (and loved ones may feel left out if they’re not invited), but this is a surefire way to keep your ceremony under control.

2. Go away: Take a note from Fox and Green and plan a destination wedding that many people won’t be able to attend. Sounds harsh, but it’s a way to have potential guests weed themselves off the list without you having to lift a finger.

3. Set a budget – and stick to it: A budget will keep you from spending too much, whether it’s on food, flowers, or the cake. If you can’t (or don’t want) to pay for extra guests, you don’t need to.

Kendra Wilkinson & Hank Baskett Celebrate One Year Together



The Pulse in Paradise

Reality TV star Kendra Wilkinson, 25, celebrated one year of marriage to Hank Baskett, 27, of the Indianapolis Colts on Sunday. Wilkinson tells UsMagazine.com, “Hank is such an amazing husband and father and I fall more and more in love with him every day.” Their son, Hank Jr., will celebrate his

second birthday this December. While their first year as a married couple was stressful due to a Super Bowl loss for Baskett, and a sex tape scandal for Wilkinson, they survived their hardships by being there for each other.

How can you keep your relationship going strong when stress makes an appearance?

Cupid's Take:

Wilkinson and Baskett seem to have what it takes to make it through even the toughest of stressful situations. Here are some tips to help during those rough patches:

1. You are not perfect: No matter what is said or done, everyone is prone to errors along the way. The trick is to see and acknowledge mistakes, and work through them together.
2. Speak up: It's sometimes harder than you think to deal with a situation on your own. Step up to the plate and talk to your partner about it. They may be able to help you resolve your issue – but only if you let them.
3. Make informed decisions: Regardless of the situation you're dealing with, do the research on it before jumping to rash options. The more you know, the better you can handle what's on your plate.

Working together with your mate will go a long way in solidifying your bond together. If you're unsure how to involve your lover, just blurt it out, then work on the details later.

Tori Spelling Scared Hubby Dean McDermott May Cheat



As reported in [US Magazine](#), Tori Spelling (90210) has been happily married to Dean McDermott (*Santa Baby 2*) since 2006, when they eloped on a private island in Fiji. To celebrate their fourth anniversary last month, they invited guests to see them renew their promises of love and they recited their vows in a sandbox while their kids played at their feet! With what seems like unconditional love, why does Spelling, in her new book, [Uncharted terrITORI](#), reveal her concern that McDermott may cheat on her?

How can you overcome fears of infidelity despite having a strong relationship?

Cupid's Advice:

Partnerships are a mix of both good and bad twists and turns, which no one can truly prepare for. However, fear of betrayal can be prevented with some strategic planning and simple faith. See how Cupid breaks it down for you:

- 1. Love:** Just show it. Don't hide it, and don't smother the other person. This should come naturally, and should be enough to keep your mind from your worries.
- 2. Trust:** If you've chosen to marry someone, trust should already be ingrained into your relationship. It's natural to have doubts; take time to talk to your partner about them.
- 3. Live your life:** All the planning in the world can't promise faithfulness, but your best defense is to love your mate, and

ensure they're a part of your life mentally, emotionally, and physically. If they are thinking of you, there won't be room for others.

Carrie Underwood Leaves Honeymoon Plans to Hubby



Country crooner Carrie Underwood has all her wedding plans in order, save for one – she is leaving the planning of her honeymoon to her fiancé, hockey star Mike Fisher. Underwood has chosen and set every aspect of her big day, but says Fisher is solely in charge of the honeymoon plans, according to [People](#).

How do you divide up aspects of planning a wedding?

Cupid's Advice:

Though the wedding is typically the bride's responsibility, there's always something the groom can do. It's a way to make him feel more involved in the event and relieve some of the pressure on the bride, as long as it's done right.

- 1. Don't jump the gun:** While it's important to start the planning phase of your wedding early, giving the groom-to-be too much responsibility too fast can bring on cold feet early. Let him be involved, but don't force things into his lap right away.
- 2. Give him the goods:** If he won't have fun picking out flowers, don't force him to go. He'll only make it harder on

you. But if he likes music, then let him pick the band or plan your first dance.

3. Make it a group effort: Even if you both have your own areas of expertise or involvement, make sure you work together. While surprises are nice, it's always good to give some feedback, even if it's as simple as Underwood's request for a honeymoon in "someplace warm."