# Heather Locklear Celebrates 50th Birthday With Jack Wagner at the Beach





Heather Locklear

celebrated her 50th birthday with rest and relaxation, reports <u>People</u>. The former <u>Melrose Place</u> star spent her special day vacationing in Hawaii with fiancé Jack Wagner, 51. Locklear and Wagner announced their engagement in August, but have yet to set a date for the wedding.

What are some ways to enjoy a relaxing birthday weekend?

### Cupid's Advice:

Though life can be stressful, your birthday is a time to relax and have fun. Here are a few tips for a relaxing birthday weekend:

1. Outsource your work: Instead of hosting a party, take

friends out to dinner. By going out, you eliminate all the cooking, cleaning, and prepping that needs to be done before and after a party.

2. Keep it small: Though you may be happy to see all of your friends, socializing with many people may wear you out. By inviting only a few, close friends, you can converse together in a small group, without having to worry about your other guests.

**3. Enjoy yourself:** Your birthday is one of the only days that revolves around you. Enjoy the day and do whatever you want. Sleep in, get a massage, go shopping or indulge in a mani/pedi. Don't let anybody else plan your schedule for you.

Have you had a relaxing birthday recently? Feel free to share your story below!

### Nick Jonas and Delta Goodrem Pack on PDA in Cabos





Speculators say the

purity ring could be a thing of the past for Nick Jonas. The 18-year old star was seen with girlfriend Delta Goodrem sharing beach chairs and holding each other intimately in Los Cabos over Labor Day weekend, according to <u>UsMagazine.com</u>. In addition to the sexy vacation, Jonas tweeted a message causing some to suspect an impending engagement. "I'm getting so excited about sharing my big news with all of you!" he said. "Who thinks they know what it is?" The two were first seen holding hands in May.

What are ways to bond with your partner on vacation?

#### Cupid's Advice:

It doesn't matter where you go on vacation, as the most important thing is to spend time with your partner. Here are some suggestions:

**1. Try something new:** Enjoy vacation by doing things you wouldn't normally do. Part of being away is letting go of the daily grind. For example, go skydiving or bungee jumping with your partner.

**2. Make time for simple pleasures:** Do things with your lover you usually don't have time for, such as cuddling in the mornings.

**3. No idiot box:** Try not to just watch TV together while on a trip. Instead, relight that spark by spending quality time swimming in the pool or cuddling in the hot tub.

How did you bond on your latest vacation with your partner? Share your experiences below.

# 'Real Housewives of Orange County' Stars Gretchen Rossi and Slade Smiley Go to Mexico





The Real Housewives

of Beverly Hills may be dealing with the death of Taylor Armstrong's estranged husband's suicide, but one Housewife of Orange County was happy and relaxing poolside. Gretchen Rossi and her beau Slade Smiley headed down to Mexico for a little romantic five-day getaway, according to <u>RadarOnline</u>. The duo stayed in the Presidential Suite at the recently opened resort called Villa del Palmar at the Islands of Loreto. They snorkeled, kayaked and paddle boarded the days away. In fact, Rossi had nothing but good things to say about the minivacation. "It's heavenly to be off-the-grid in such a romantic, gorgeous place!"

What are the benefits to your relationship when you go on vacation with your partner?

Cupid's Advice:

Sometimes a relationship can go stale when you follow a routine and do the same things over and over again. Going on vacation is a way to spice up your relationship. Here are some specific benefits:

**1. Relax:** Real life can be stressful, so going away with your partner is a great opportunity to forget your worries and simply enjoy each other's company.

**2. Connect:** On a day-to-day basis it can be difficult to remember to carve out quality time with your significant other. When you're on vacation, it's a good time to reconnect on a deeper level again.

**3. Focus:** There are so many distractions when you're juggling your career, the gym, a social life and potentially children. Getting away as a couple allows you to focus on each other ... and only each other.

What are some other relationship benefits of vacationing with your honey? Share your thoughts below.

### Madonna and BF Brahim Zaibat Vacation In ... Guéthary?





Guethary is now on

the map. The little French village with a population of 1,600 was the recent vacation spot for Madonna and her much-younger dancer boyfriend Brahim Zaibat last Tuesday for two weeks, according to <u>People</u>. The couple was spotted Wednesday morning in matching exercise gear biking on the village's cycling paths before meeting with her 14 year-old daughter Lourdes at a beach close to the village port. Still, the biggest question remains to be answered is, why Guethary? "We have three hotels, six small restaurants and no nightclub," said a representative from the local tourist office. "We're known for our three surfing beaches, but besides from that there's nothing. Only reason she would come here for ... is ... is the quiet."

What are some "out of the way" vacation spots good for couples?

### Cupid's Advice:

Sometimes it's nice to have some time away from rest of the world with your partner. Cupid has a few getaway ideas:

**1. Go camping:** There's no better way than to be surrounded by nature with your lover. Just remember to pack bug spray and the fixings for s'mores.

**2. Book a hotel:** It doesn't have to be far from home, but book a suite for a weekend and shut off your phones and computers. Spend a lazy two days in bed, on walks and in restaurants.

**3. Avoid major cities:** Avoid any obvious vacation choices, such as big cities or beaches seen on the Corona commercials. Chances are they've been commercialized are super touristy. Try to think of something out of the box.

What are some other "out of the box" ideas for a getaway with your partner? Share your comments below.

# Prince William and Kate Squeeze In Alone Time In Canada





Prince William and

<u>Kate Middleton</u> might be busy while sightseeing abroad, but that doesn't mean they weren't able to spend some time alone together. <u>People</u> reported that the royal couple had three hours of solitude while visiting Canada's Northwest Territories known as "Honeymoon Island" on Tuesday. The area is known to have the slowest sunset on the planet, which the royal couple was able to enjoy. This is said to be the second time the couple were able to spend the day together alone. On Canada Day, Prince William and his wife paddled a canoe and had a picnic in a log cabin.

### What are some creative ways to enjoy quality time together alone?

#### Cupid's Advice:

It's nice to spend time with a group of people, but sometimes enjoying quality time alone with your love is important. Here are a few ways to do just that:

**1. Road trip:** Take a few days off and hit the road with your partner. You'll both discover new places and interests when you don't have an exact destination to visit.

**2. Picnic:** Pack your love's favorite food and take him or her on a picnic. Plan on setting the picnic area on top of a hill

or at a park that lacks visitors.

**3. Dinner at your place:** Invite your significant other to a meal at your house. Your partner will feel special when you take the time to cook for him or her versus going out to a restaurant.

Do you have other ways to enjoy quality time with your love? Share with our readers by commenting below.

### Prince William Beats Kate In Canadian Dragonboat Race





When it comes to

competition, the Duke and Duchess of Cambridge are the folks to focus on right now. Prince William and Kate Middleton went head to head in a dragon boat race across Dalvay Lake in Canada Monday, according to <u>People</u>. The pair, who enjoy battling it out in tennis and other sports as well, showed off their competitive spirits at the Prince Edward Island boat race, in which they led teams of local athletes.

#### Is competition in a relationship healthy?

#### Cupid's Advice:

Playful competition is no problem, but if it gets too serious, put an end to it quickly. Here are some tips from Cupid:

**1. Keep it simple:** Not all competition is bad. You and your honey can play a few games of your choice and be able to spice it up by adding a little competition without getting too serious.

2. Be mindful: Check your surroundings at all times and keep in mind that people watch the way you and your significant other interact with each other. If you can't keep the competition friendly, people will automatically assume there's some tension or jealousy going on in your relationship.

**3. Don't forget:** A relationship takes give and take. It's not all about you. Know what you have in your lover and cherish that. This should avoid any unnecessary competition.

How do you and your mate refrain from taking competition too far? Share in a comment below.

### Brad Pitt Revisits Spot He

### **Romanced Jennifer Aniston**





Is Brad Pitt using

old material in his serious romance with Angelina Jolie? The longtime duo went on a special date on Monday at de Mondion restaurant at the Xara Palace hotel in Malta's walled medieval city of Mdina, reports <u>UsMagazine.com</u>. The couple was spotted walking in hand-in-hand and choosing an outdoor table. An observer at the restaurant said, "They were very, very romantic ... Like a couple in love." Despite the love in display, Pitt not only dined at the exact restaurant with his ex-wife, Jennifer Aniston, in 2003, but they also sat in the same outdoor area. Before leaving, the then-couple signed the guest book. "Thanks for the great escape. Much love, Brad Pitt and Jennifer Aniston."

How do you avoid making your new partner feel like a replacement for your ex?

Cupid's Advice:

You might've finally moved on to a new relationship, but to keep your new sweetheart and avoid making him or her feel like a replacement for your ex, there are a few things to keep in mind:

1. Don't speak about the ex too much: Avoid over-mentioning your ex to your new partner. If you can't stop talking about your ex, that means you aren't ready to move on to a new relationship.

2. New activities: Try new activities instead of making your partner participate in the ones you and your ex favored together. ou might even discover new talents and interests.

**3. New places:** Taking him or her to the exact restaurant or trip you enjoyed with your ex is okay, but it's more exciting when you take your significant other to areas you've both never visited. It's a more unique and special experience.

Do you have ideas on how to avoid making your new partner feel like a replacement for your ex? Share your thoughts below.

# Prince William and Kate Middleton's Honeymoon Is Super-Exclusive





Money can't buy

happiness, but it can buy a royal and elaborate honeymoon. It 's been reported that Prince William and new wife Kate Middleton spent \$72,000 a night on their special getaway. The two flew last Tuesday to the Seychelles in the Indian Ocean, according to <u>RadarOnline</u>. They rented their own private resort on a privately-owned island. "We rented the island to the British royal family," owner and German businessman Farhad Vladi explained. "Prince William and Kate are spending their honeymoon there."

What are some ways to lower the cost of your honeymoon without taking away the romance?

#### Cupids Advice:

Honeymoons do not need to be expensive at all. Here are some cheap ways to still have a romantic getaway:

**1. Road trip:** Pick a close resort, hop in the car and go. This will save hundreds or thousands in airfare or cruising.

**2. Be creative:** Come up with fun activities, like beach volleyball or card games, that do not cost any money but will still make fond memories for you and your new spouse.

3. Shop-free: You don't need a keychain from the tropical

island you just visited. Take lots of pictures instead, or collect shells, brochures, etc. and make a memory box of your trip.

How did you save money on your honeymoon? Share your comments below.

### Prince William and Kate Middleton Are On Their Honeymoon





After a week of

working and shopping post-wedding, the new royal newlyweds finally left on their honeymoon, reports <u>People</u>. Prince William, now the Duke of Cambridge, reportedly has a two week vacation from his duties with the RAF Search and Rescue Squadron, an organization with which the prince has rescued several people in the mountains of Wales. Kate Middleton, the new Duchess of Cambridge, was surprised with the honeymoon destination, though British tabloids are speculating that the couple will visit Seychelles, a collection of small islands near Madagascar.

What are some reasons to keep the honeymoon destination a secret?

#### Cupids Advice:

While most brides want to plan every aspect of their weddings, the honeymoon is often beyond their control. Here are a few reasons why the bride should not know of her destination:

1. Put the groom to work: While this isn't true of all couples, the bride usually takes a larger part in the wedding planning process. By assigning your fiancé one task (the honeymoon), you ensure that each of you contributes to the occasion.

2. Surprise: While the lack of information can be maddening, when you finally arrive at your destination, you'll be glad you were kept in the dark. Surprises are always fun, especially when you face them with your new husband.

**3. Your stress:** Getting married is stressful. By putting the honeymoon out of your mind, you can lessen the weight on your shoulders. Instead of worrying over details like transportation and lodging, you can instead look forward to the experience you will have with your new husband.

Do you have any honeymoon stories to share? Leave a comment below.

# Rachel Bilson Reunites with Ex-BF Hayden Christensen In Barbados





"This time, we're

really done." We've all heard these famous last words in the midst of an on-again off-again relationship. Rachel Bilson seems to know this pattern all too well, as she was once again spotted with on-and-off beau Hayden Christensen. *UsMagazine.com* reports that the *Jumper* co-stars were caught in Barbados together on Friday. The two met on set in 2007, and were engaged a year later. Last June, their roughly two year engagement was called off. They took a month to decide if they should stay together, but wound up calling it quits in March. "They're done this time," said a source close to Bilson. "Engagement's over, relationship's over. She's

really had it." Could things be better this time around? What changes can you make to avoid an on-and-off relationship?

#### Cupid's Advice:

This is one cycle that once you're in, getting out can be tricky. Not to worry, though. Cupid's tips will ensure that you avoid this soon-to-be emotional train wreck:

1. Cut ties completely: If it's over, let it be. Exboyfriends may come back eventually, but fight the urge to text him or stalk his Facebook page. It's probably equally as hard for him, so let him be the one to take the initiative.

2. Don't be afraid of letting go: When you're with someone for a long time, it may be hard to imagine life without him or her. Develop a strong mind and focusing on yourself in order to move on and make the healing process easier.

3. Keep yourself busy: The more free time you have, the more you think about the issue and how you can fix it. Focus more on your studies or job, spend free time with people close to you and take up a new hobby. That way you won't be so consumed on your broken heart.

Tell us about your on-and-off relationship by commenting below.

# Reese Witherspoon and New Hubby Jim Toth Spotted on

### Honeymoon





After the wedding

that made Hollywood headlines, Reese Witherspoon and new husband Jim Toth were spotted on their honeymoon in Belize. According to <u>People</u>, the actress' schedule has been completely

packed lately with the wedding, celebrating her 35<sup>th</sup> birthday and promoting her new movie *Water for Elephants*, co-starring Robert Pattinson. For now, Witherspoon is spending quality time with her children and her new husband in the Belize sun.

With the premiere of her movie on April 22<sup>nd</sup>, this movie star must head back to work very soon, making this vacation a bit shorter than the busy Hollywood couple would have liked.

How do you have a romantic honeymoon in a short period of time?

### Cupid's Advice:

A good marriage is not about the honeymoon lasting forever; it's about the honeymoon *period* lasting forever. As long as

your eyes continue to light up when you see your partner, you'll always feel like you're on vacation:

**1. Plan a second honeymoon:** Vacations are always fun to plan either as a couple or as a family. If you feel that your honeymoon wasn't long enough, plan to go on another very soon.

**2. Vacation close to home:** If you cut down on the travel time, you will have more time to spend on vacation instead of getting to one.

**3. Plan ahead:** It may not seem romantic to have a honeymoon on a schedule, but it can be a real time saver.

# Britney Spears and Jason Trawick Take Her Boys to Las Vegas





A week after her

performance at Palms Casino Resort's Rain Nightclub, Britney Spears spent time with her boyfriend, Jason Trawick, and her two boys in Las Vegas. The four dined in a private dining room at Nove Italiano. According to <u>People</u>, a source said, "Britney was very quiet ... but her kids were very nice and looked great."

#### Is Vegas a good vacation spot for kids?

#### Cupid's Advice:

Vacationing in Las Vegas, especially with your significant other, can be fun. But if you're planning a family vacation there and are unsure if it'll be an ideal place to take your children, consider the following tips:

1. Destination: Most importantly, it depends on exactly where you're going in Vegas. If you'll spend most of your time in casinos and nightclubs, you're better off leaving your children at home.

2. Research: There are plenty of activities for kids in Vegas. Pools and rides are just two options. This way your children also have something to get excited about.

3. Age: If your children are infants, it might not be the best

time to take them to Las Vegas, especially considering how crazy it can get there. Find a babysitter or wait a few years to explore all that Sin City has to offer.

# Prince Harry Throws Prince William Bachelor Party in U.K.





Prince Harry threw

his brother Prince William his bachelor bash this past weekend, and according to <u>E! Online</u>, it included water skiing, motor boat racing, and a floating pub crawl with 20 of his best friends. A Clarence House spokesman didn't have too much to say about the event. "Prince William has enjoyed his stag and it was in the U.K," said the circumspect spokesman to London's Daily News.

### What are some unique bachelor/bachelorette party ideas?

Cupid's Advice:

**1. A fancy dinner at a hot spot:** Go somewhere where everyone goes to see and be seen, like a celebrity hot spot. Drink some strong Cosmopolitans in true *Sex and The City* and eat some quality food.

2. What happens in Vegas stays in Vegas: Think about Sin City for a wild and crazy time. Based on the interests of your group, plan a trip full of gambling, shows and clubs. It's a party the groom or bride-to-be will never forget!

**3. Have an outdoor adventure:** Instead of the traditional club scene, plan a weekend filled with outdoor excursions, whether that means cattle wrangling or white water rafting.

# Brad Pitt and Angelina Jolie Keep a Tight Family Life





If their life was

like a sitcom, it'd be called "The Brangelina Bunch." Brad Pitt and Angelina Jolie were out in New Orleans last weekend with their entire clan of kids, according to <u>People</u>. While things are busy on vacation with the family, the life of this celebrity family is becoming, as a source said, "organized chaos." "Of course it's wild when all the kids are there, and evening tends to be a bit chaotic with dinner and bedtime are both good with rules," the source said. "[Pitt and Jolie] there are definitely consequences, like time-outs, for bad behavior, but for the most part the kids all get along."

How can you include your kids in date night?

#### Cupid's Advice:

1. Go somewhere kid friendly: Avoid the bars and clubs with your children. Instead, perhaps try a child's movie, bowling or mini-golfing. Plus, it's sometimes fun to revisit your own childhood!

2. Back before bedtime: Try to have your kids in early. But just because they went to sleep, doesn't mean your night is over. Rent a movie to watch after the kids are sleeping so you can have some romantic alone time.

3. Keep it 'G-Rated': Try to be mindful about you and your

partner's PDA. Your offspring are observant creatures so try to set the example for proper etiquette when in public.

## Kourtney Kardashian and Scott Disick Take a Family Vacation





According to

UsMagazine.com, E! reality star Kourtney Kardashian and longtime boyfriend, Scott Disick took a quality vacation in Cancun, Mexico with their 13-month-old son, Mason. An insider stated that the couple seemed very relaxed on their tropical family fiesta. After rumors of a rocky romance between the two, this three-day getaway was free from turmoil.

What are ways to re-focus a drama-filled relationship?

Cupid's Advice:

Drama doesn't always mean that your relationship has to come to an end. Here are some ways to work it out:

**1. Get away for a while:** Though vacations may seem like a temporary solution, they may be just what you need to spark a permanent reconciliation.

2. Listen: Take a break from your own fighting words to listen to your partner's concerns, thoughts and feelings. Try to understand things from his point of view. Sometimes understanding is the key to resolving important issues.

**3. Look at the big picture:** Your drama may be comprised of a series of small fights centered around a big problem you are not confronting. Figure out the heart of the matter, and then focus on that instead.

# Kevin Jonas and Wife Danielle Celebrate First Anniversary at Disney





This past Sunday

marked the first wedding anniversary of pop star Kevin Jonas, and his wife Danielle. The couple celebrated their anniversary by visiting Walt Disney World's Magic Kingdom in Florida. Jonas had some kind words to say for the occasion. "Happy anniversary to my amazing wife of a year and for the rest of my life I love you," he wrote on Twitter. After a magical day at the theme park, the Jonases stayed in the Cinderella Castle Suite.

### What are some unique first anniversary celebration ideas?

#### Cupid's Advice:

It can be frustrating to come up with things to do on your first anniversary, given that you want your special day to be memorable. If you are confused, Cupid has some suggestions to make your anniversary unforgettable:

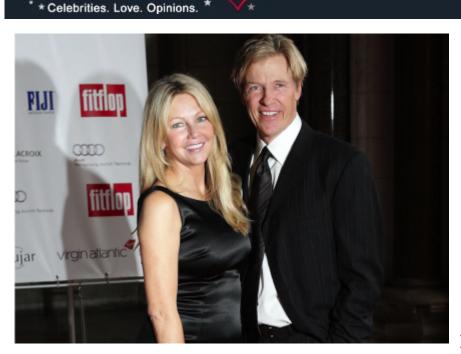
1. Romantic picnic: Surprise your partner by planning a picnic in a location with a great view. The area you choose should create a beautiful backdrop for both of you to enjoy. Pack your picnic basket with your partner's favorite foods. Relax and enjoy each other's company.

**2. Vacation:** Surprise your significant other with a trip to a destination you've both been dying to visit. Spending some

quality time as tourists may be just the answer.

**3. Walk down memory lane:** Revisit the special moments in your relationship by visiting all of your "first" locations. If you first kissed on a roller skating rink in middle school, relive the experience by getting back out there!

### Cameron Diaz Gets to Know A-Rod's Kids in Mexico



It looks like

there's far from trouble in paradise with Cameron Diaz and Alex Rodriguez. The accomplished actress and Yankee's thirdbaseman are on vacation in Mexico with his kids Natasha and Ella. According to <u>RadarOnline</u>, this is the second time this month that the inseperable couple have been found on the Mexican beaches. The two haven't even been together for a year, and already the four of them seem like a one happy family!

#### What are ways to bond with your partner's children?

#### Cupid's Advice:

When you're dating someone who already has children, it's extremely important that you make a connection with them. Cupid has some suggestions:

1. Take them on a date: Just like you and your partner go on dates to get to know each other better, you can go on a date with his kids to get closer with them. This gives you all a chance to get comfortable with each other without their father being there. Have them choose a place they like, and let the bonding begin.

2. Swap stories: Make sure you're showing an interest in the children's lives. Simply asking them questions will show them that they're important to you. Then, to make them feel more comfortable with you, be sure to share stories about yourself in return.

3. Tuck them in: A more intimate way to bond with the kids is to be there when it's bedtime. Reading them a bedtime story and tucking them in is a very precious way to get them to feel safe with you. If you and your partner ever do get married, you're not just gaining a husband; you're gaining a family

### Katy Perry's Vegas Poolside

### **Bachelorette Party**





Katy

Perry

officially said goodbye to her single days as she celebrated her bachelorette party this past weekend, reported <u>People</u>. To commemorate her upcoming marriage to comedian and actor Russell Brand, Perry arrived at the Las Vegas Hard Rock Hotel Beach Club with her BFFs in tow, including singer Rihanna. After some poolside fun, the bachelorette and her entourage packed into a Hummer limo for a trip to Cirque du Soleil's KA show, where they made sure to congratulate the cast. Barhopping at places like XS Nightclub and Sapphire soon followed. Keeping it short and sassy as usual, Perry tweeted, "Signing up for a liver transplant now."

What are some creative ideas for bachelorette parties?

### Cupid's Advice:

Your bachelorette party should be a fun, and memorable experience. Cupid has some suggestions to make it

unforgettable:

1. Awesome 80's prom: If you're in the New York City area and looking to relive the days of teased hair and spandex, Webster Hall's Awesome 80's Prom may be just the thing to make your party perfect. Remember, "girls just wanna have fun"!

2. Times Square: Where better to say "bye-bye" to your single life than the "center of the universe": Times Square. There's nothing that Times Square doesn't offer! From great food to great live music venues, to happening nightclubs with flashing strobe lights, you're bound to have a memorable time.

**3. Viva Las Vegas:** Sometimes sticking with tradition is the best answer. Vegas has been one of the top bachelorette party scenes for years. If the future Mrs. Brand chose Sin City for her last night of singledom, then it may be a good place for you to consider too!

# Katie Holmes On Having More Kids: "Maybe In A Couple Of Years…"





Are Katie Holmes and

Tom Cruise making plans to add to their brood? "Maybe in a couple of years, but right now I want to make sure I'm really there for Suri," says Holmes recently, according to <u>Us</u> <u>Magazine</u>. While there are no immediate plans for expansion, Holmes is still young at 31, and plans to keep her baby options open for the future.

How can parents prevent an only child from being spoiled on the road?

#### Cupid's Advice:

When a couple only has one child, all of their attention naturally focuses on him or her. When you add traveling for work into the picture, it becomes easy to spoil the child. Cupid has some ways to help keep that from happening:

**1. Have a consistent schedule:** No matter where you lay your head at night, keeping a regular schedule for your little one will help to give him or her a sense of normalcy.

2. Plan activities to share: You can treat your children and your spouse while traveling to experiences by taking in the sights in your free time. This will cement the family bond and perhaps ignite a spark between parents.

3. Don't give them everything they want: The most important way to keep from spoiling your only child is to refrain from giving them everything they want. Explain to them why they can't have what they are asking for, and don't cave when they ask again.

# Robert Pattinson & Kristen Stewart Steal Private Time





Twilight

C O -

stars Robert Pattinson and Kristen Stewart have been forced to deal with one of the largest annoyances in Hollywood: the invasion of privacy. Recently, the young couple were using a secluded lakeside home as a way to escape the limelight together during filming breaks, according to <u>E! Online</u>. The home, a property nestled in trees and crafted with modern architecture, was "Robsten's" alleged getaway retreat. Unfortunately, the property was soon made public by invading paparazzi and avid fans. Although Pattinson and Stewart are no longer renting the home, they have reportedly moved to an even more secluded property, hoping to finally gain some privacy.

How can you ensure private time in your relationship?

### Cupid's Advice:

1. Plan ahead: Take a look at your schedules and find a time when you both are free from all work-related stress. Use this time to reconnect in your own home. The comfortable setting will make your private time more intimate.

2. Learn to say no: No matter how many events you are invited to, you can't always accept each and every one. Though it may be tough, clearing your schedule is sometimes necessary to have some quiet time with your partner.

**3. Leave some space:** Though seclusion from the outside world can do wonders for a relationship, too much of it can backfire. Be sure to give your partner some space periodically. You want your dates to be a breath of fresh air, not a mandatory rendezvous.

## Halle Berry & Gabriel Aubry Keep It Civil





Actress Halle Berry

and model former beau Gabriel Aubry go global with their 2year-old daughter, Nahla. The former couple, who broke up in June, may not feel the sparks flying anymore, but the love of their daughter keeps them close. In recent months, they have been seen together in California, South Africa and England, according to <u>People</u>. "They are great parents and they want the best for Nahla," said a source close to Berry. "They're going to co-parent and go on with their lives."

### Should a couple stay together for the sake of their children?

#### Cupid's Advice:

Halle Berry and Gabriel Aubry chose to separate, despite their daughter. It can be extremely difficult to decide whether to stick out a relationship that isn't working or to go your separate ways when there are children involved. Cupid points out some things to consider:

1. Can you remain civil?: If you aren't able to put aside your issues when your children are in the room, separating is probably the best option. Exposing kids to an unhappy and hostile relationship can teach them the wrong lessons. If you're able to keep it civil, it might be best to stick out a poor relationship for the sake of keeping your family intact.

2. Be realistic: No relationship is perfect, and life isn't like the movies. Overall happiness is important, but chances are you aren't going to be happy with your mate every minute of the day. Make sure that the problems you are having in your relationship truly are unresolvable before you do anything drastic like involve your children.

**3. Think like your kids:** It may feel like all the pressure in the world is on top of you when you're forced to decide whether your relationship is worth fighting for. Stop thinking like an adult for a little while. Put yourself in your child's shoes and consider what the best scenario is from his or her perspective.

## Britney Spears & Jason Trawick's Hawaiian Vacay





Taking a break from

work, Britney Spears and agent boyfriend Jason Trawick recently went on a romantic getaway to Hawaii, according to <u>People</u>. Spears, who recently filmed a spot on *Glee*, left her two sons with their grandparents before jetting off to a luxury suite at an oceanfront resort on Hawaii's Wailea coast. An onlooker says, "Britney and Jason seem completely in love and happy. Britney has not stopped smiling since she arrived in Maui, and she seems to have the best time with Jason."

#### What are some good vacation destinations for the whole family?

Sometimes it can be tempting to get away from the kids for a few days, but a vacation can still be relaxing and enjoyable for the whole family. Cupid has some getaway ideas for you, your spouse and your kids:

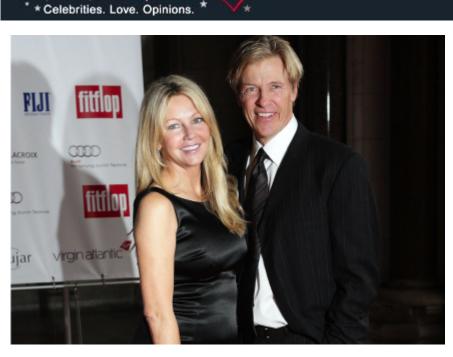
1. Beach resorts: One of the best vacation spots for families is a beach resort. They often have programs for kids throughout the day, allowing parents much-needed relaxation time. An example is Beaches Boscobel Resort and Golf Club in Jamaica. This resort has golf lessons for kids, a waterpark, a video game center, as well as many sporting and restaurant options.

2. Cruises: Kid-friendly cruises, such as the Disney Cruise

Line, offer youth clubs, live shows and pools designed for specific age groups (including adults). Your children can enjoy spending time with others their age while you relax with your spouse.

3. Camping: For those who enjoy the outdoors, camping is another great family vacation option. You can enjoy spending time with your kids during the day and then, after they fall asleep, enjoy time with your spouse in front of the campfire. If you enjoy taking in natural wonders, camping at places like the Grand Canyon or Yosemite National Park can make for great memories.

# Katherine Heigl & Josh Kelley Move to Utah



Cupid's

<u>Weekly</u>, Hollywood couple Katherine Heigl and Josh Kelley have left sunny L.A. in favor of the mountains of Utah. Heigl and Kelley married in Utah and are psyched to be moving there with their one-year-old daughter, Naleigh, who they adopted from Korea. The couple plans to spend their time between Nashville and Utah.

When couples have children, should they move out of the city in favor of a more suburban or rural area?

#### Cupid's Advice:

When it comes to married life, everyone seems to think of the picturesque house in the suburbs surrounded by a white picket fence. Though this has its benefits, it's not a requirement for a happy family:

1. More space: If your small apartment in the heart of the city has no room for a nursery, it may be a good idea to get a bigger place where space is more affordable. A larger living area can provide you with a smoother transition from married to family life.

2. Make an educated decision: For this move to work, both people must be on the same page. If one wants to make the move while the other does not, there will be problems. Spend a sufficient amount of the time talking, thinking, and doing research about it before taking out your next mortgage or signing a new lease.

**3. There's no place like home:** If you decide that it's better for you to stay where you are, that's also a great option. If you feel secure where you live, your family should, too.

# Scott Disick & Kourtney Kardashian Are in a "Good Place"





Scott Disick's out-

of-control alcoholic behavior in past episodes of *Kourtney and Khloe Take Miami* has left the Kardashian sisters worried. However, the girls say they have seen huge changes in Kourtney's beau. In an interview with <u>E! Online</u>, Kim defends Disick, saying, "I have seen a big change in Scott and I have actually seen him make a transition." Kourtney added, "We're in a really good place," but admits that it's hard to watch these episodes. "I think that it escalated to a point where he would even get scared," added Kim. "He has made so many changes that are so obvious that I can't help but accept him now."

#### Can a leopard change its spots?

### Cupid's Advice:

Change can be hard — should you ever expect someone to truly change their habits? Cupid has some advice to help you weather the storm:

1. The want to change: According to psychotherapist Michelle Gottlieb, "People can change if there is enough motivation." It's harder to change personality traits, compared to habitual traits like Disick's, but in both cases, it *is* possible, depending on how much effort and willpower a person puts forth.

2. Roadblocks: As people encounter roadblocks, they are most likely to slip back into their old habits (e.g. you've quit carbs but your friends eat them in front of you, which may make you order carbs). Make your attempt at change public so your friends and family are less likely to put you in tempting situations.

3. Slow and steady: Just because you decided to make a change in your life doesn't mean that you have get there by tomorrow. Make realistic goals, like smoking one less cigarette each day. Take your time, and the results will slowly progress.