Bravo Reality TV Star Tabatha Coffey Says It's Important to "Connect and Continue to Get to Know Your Partner"





By Brittany Stubbs

Celebrity hairstylist Tabatha Coffey is more than just an expert on bouncy curls and shiny locks. Known for her business expertise and tough-love approach while helping restore struggling salons on Bravo's reality TV show Tabatha Takes Over, it's no wonder the questions from viewers inspired the star to put her profitable advice on paper. In her new book Own It! Be the Boss of Your Life — Home and in the Workplace,

she provides readers with the tools to be successful not only in their professional lives but in their personal lives as well.

Exclusive Celebrity Interview with Reality TV Star

"Living a successful and well-balanced life is, to me, what it's all about," she shares in our exclusive celebrity interview. With so many people today struggling with work-life balance, Coffey believes her book will empower readers of all kinds, whether they're looking to move up in a current career, they're fresh out of college, or they're stay-at-home mothers. More than just a catchy title, she shows readers how to "own it," teaching them how to take control and responsibility for their own lives.

Related Link: Molly Sims Talks New Hair Color & Favorite Date
Night Looks

While her blunt honesty has often been perceived as bitchiness, she says that "it's always in the name of helping someone." Whether giving a new haircut to make a woman feel beautiful or guiding a failing business owner towards a fresh start, the author has always been passionate and motivated by any activity that can empower people.

But empowering people sometimes requires a harsh reality check. "It's just my tough love that comes from a place of wanting people to move forward," she admits. "I truly understand when people get upset by some of the things I say because change is hard. Sometimes, people who ask for my help don't really want to hear the truth, but they need to hear it in order to make changes and become successful."

Speaking of asking for help, we couldn't help but pick the hairstylist's brain for a few summer hair tips. After all, it

is her expertise! When it comes to managing hair in the hot and humid months to come, "it's all about using the right product to protect your hair in the sun, especially if you have color in your hair. There are many products out there that will help minimize the fading you're going to get from the sun." While it might seem like your hair is constantly in the water between pool parties and trips to the beach, she encourages you to rehydrate your hair with a great conditioner or treatment too.

Related Link: Celebrity Stylist Raphael Reboh Says Jennifer Lopez Has the Best Hair in Hollywood

One thing Coffey loves about summer is embracing a more casual look. Whether you're letting your hair air-dry, rocking a messy ponytail, or just slicking back short hair, try using a leave-in conditioner to get a nice treatment in your hair and a smooth result without a bunch of mousse or gel. The reality TV star assures us that this hair trend will be spotted in Hollywood as well. "We'll definitely see waves, especially more casual, beachy waves that allow movement and more of a natural texture to the hair as opposed to being so formal and so done with a curling iron."

Another great, summer go-to style that she predicts celebrities will be wearing is ponytails. Whether high or low, with or without a part, "ponytails are a great summer trend and can look incredibly chic, even if you're wearing an evening gown."

Tabatha Coffey Shares Her Best Dating Advice

Although hair and business have been her main focus, Coffey stresses the importance of still making time for a relationship and love life. Being with the same partner for over a decade, she has learned that it's important to avoid

routines. "The longer you've been in a relationship with someone, the easier it is to get in the habit of just doing your duties and going about your daily routine side-by-side," she explains of her best dating advice. "I think it's important to make an effort to go to the movies or go out to dinner and spend time connecting and continuing to get to know your significant other better instead of just the daily updates that we all seem to do."

Related Link: <u>Tabatha Coffey Shares Life</u>, <u>Relationship</u>, <u>and Hair Tips</u>

While the Australian native believes in scheduling time for your partner, she encourages you to not forget about yourself too. "It's often easier to just focus on work or on putting other people first, but you can't put yourself on the back burner." Whether it's five minutes of meditating a day or just enjoying a cup of tea, you need to take time to reenergize and do something nice for yourself.

Still, she knows with today's constant connection to our phones and tablets that this is often easier said than done. You have to work to find out what works best for you. For Coffey, one of her activities of choice is playing Candy Crush. "I'm obsessed," she says with a laugh — but sometimes, that's all she needs.

To purchase Coffey's book Own It!, check it out on Amazon. You can keep up with the hairstylist on Twitter @tabathacoffey.

'RHOOC' Reality TV Newbie

Lizzie Rovsek on How the Show Helped Her Celebrity Marriage: "You've Got to Keep the Passion and the Fire Alive"





By Brittany Stubbs

Our favorite Bravo ladies are back in the *Real Housewives of Orange County*. You may have thought you met all the bombshells this season, but joining the reality TV cast on tonight's episode is the much-anticipated wife, mother, and former pageant star Lizzie Rovsek. As any *Housewives* fan knows, with

new women, we can expect new drama. And Rovsek makes it clear her debut will be no exception to the rule.

Related Link: <u>'RHOA' Star Phaedra Parks Talks New Book and Marriage: "Remember What Made You Fall in Love"</u>

Celebrity Interview with RHOOC Reality TV Star

Not only does she fall down at her first filmed party, but she also has to defend herself from the very beginning. "Vicki and I definitely had a rocky start," the newly-minted reality TV star admits. "I didn't feel welcomed by her and felt like I was a burden because she doesn't like new people. I don't think she likes what I do for a living or even my name."

As the only veteran OC housewife still remaining from the first season, Vicki Gunvalson has had issues with newbies in the past. But between Rovsek and Shannon Beador, the other rookie housewife joining the cast this season, Rovsek definitely believes she was in the firing line the most. While she was judged and picked on from the very beginning, Beador seems to have had an easier welcoming from the legendary veteran. "It might be because Shannon and Vicki have a lot more in common than Vicki and I do. They're the same age, and they've been married for a long time."

Despite her roller coaster of drama with Gunvalson, she still manages to make friends this season. "I was warned a little bit and told to be careful of Tamra, but she was actually very nice when I met her," she candidly shares in our celebrity interview. "She's very fun, and we have that in common."

Related Link: Relationship Taglines for the Ladies of 'The Real Housewives of New York'

Besides Tamra Judge (formerly Tamra Barney), the mother of two

also forms alliances with fellow brunette Heather Dubrow. "She is so classy, and I truly look up to her. Throughout the season, Heather is someone I find myself going to for advice, and she's been my friend basically through the whole thing."

With beauty queen and model on her resume, it's no surprise people have a lot of misconceptions when it comes to Rovsek's looks, brains, and personality. "There was an article that I had a nose job, but I've never had plastic surgery on my face," she explains. Valedictorian in high school and graduating college Cum Laude, the housewife assures us that she has much more to offer than just her looks. "I'm actually a big science geek," she says with a laugh. "I'm definitely not just a bimbo or pretty face."

Despite some false judgements, she faces a lot of the same challenges as other working mothers. Between taking care of two young boys and a husband who loves home cooked meals and running a swimwear company, she's just trying to juggle it all. On top of that, she still wants more children. "We're definitely talking about having another baby and thinking that will happen by the end of this year or beginning of next year," the celebrity mom says, making it clear that viewers can expect to see some of these discussions on the show.

Related Link: Gary and Cassie Chapman from 'Nashville Wives'
Talk Marriage and Adoption

Lizzie Rovsek Talks About Her Celebrity Marriage

While the *Housewives* franchise has shown the destruction of several <u>celebrity marriages</u> in the past, especially in the OC, this pageant queen feels like doing the show with her husband Christian has actually brought them closer. "This experience has made us stronger and made us take a closer look at our relationship and love life. Marriage is hard work! You've got

to keep the passion and the fire alive, and it's not always easy. We're working at it all the time."

For other parents of young children struggling to fit in romance, Rovsek encourages setting aside time to be alone together. "Go on a trip, even if it's just a two-day drive somewhere. You need to spend time alone — away from your kids, away from your work — and really make time for each other."

Besides strengthening her celebrity marriage and getting closer to her husband, she also hopes her appearance on the show will inspire viewers who look up to her. "I hope they get to see my loving nature, and I hope they learn that it's okay to make mistakes. Sometimes, you learn the most valuable lessons by messing up," she shares. "Life is a gift, and we're all in this together."

To learn more about Rovsek and the Real Housewives of Orange County, tune into Bravo every Monday at 9/8c. You can keep up with Rovsek on Twitter @LizzieRovsek.

Celebrity Interview: Chef Roble Talks Date Nights and Says Creating New Fragrance Was "A Lot Like Cooking"





By Maria Darbenzio

Chef Roblé Ali, best known for Bravo's <u>reality TV</u> documentary series *Chef Roblé & Co*, is continuing to make his mark on the food industry. Over the years, thanks to his passionate dedication to cooking, he has prepared meals for many A-list stars, started a successful catering company, and has now ventured into the realm of beauty. With his new fragrance Clique by Roblé, he's expanding his brand beyond the foodies.

Celebrity Interview with Chef Roblé

Although developing a perfume may seem like a strange departure for a chef, his fragrance, which he created with master perfumer Frank Voelkl, includes scents of ingredients from his recipes. "When you smell the perfume, you first get a sparkling citrus top note, and that's based on one of my signature cocktails that includes blood orange, lime, and tequila. It's called the Chupacabra," he explains in our celebrity interview. "Once it settles in, there's a rich dessert note there, and that's another one of my recipes

called the French Toast Crunch. It's dessert French toast that's crusted in cornflakes, and it has drizzled honey and hot Nutella and chocolate dusted with some powdered sugar. It's cooked in brown butter, so it's really rich and multidimensional."

Related Link: Giveaway: Smell Great with Clique by Roblé

Much like filming a reality show or cooking in the kitchen, creating a fragrance takes a lot of time and dedication. It took over a year of extensive testing to narrow it down to just one scent. To test the final two options, he gathered a group of women — and a few men too — to share which one they liked best. "The other one is really good too, so who knows? We might do something with that one day. Right now, we're just focusing on rolling out Clique by Roblé," he shares. "I just want to get it in front of people. It will sell itself. It's something I'm really proud of, and we got really good feedback."

Bravo Reality TV Star Shares Dating Advice

Chef Roblé imagines this scent being something for everyone, whether it's being worn for a day in the office or a date night at home. When it comes to wowing your special someone with a home-cooked meal, he suggests finding out what he or she likes. "I wouldn't do a whole bunch of guessing. You can put all this energy into something you think is nice, but what if that person doesn't like red meat? Or maybe they're allergic to shellfish, and you just made a lobster bisque," he explains of his dating advice.

Related Link: <u>'Food Network' Host Claire Robinson Says, "Food Is the Key to Passion"</u>

As for his own date nights, the "single as a pringle" chef

states that he would rather just go to a restaurant. This approach allows him to focus completely on his date and their conversation instead of running around and cooking during the evening. He may be single at the moment, but he's not one to look for a relationship and love. "If you look, it doesn't come. Whatever happens, happens," he admits. Still, he knows what he wants in a partner: He says his perfect woman is "good looking, has good morals, and smells delicious."

Being a celebrity chef means meeting a lot of people, both famous and not, during his travels. Over the span of his career, Chef Roblé has prepared his signature dishes for the likes of Michael Jackson and his crew, Britney Spears, and President Obama. Plus, he's had the opportunity to cook alongside Mario Batali on *The Chew*. "He's my all-around favorite chef out there, and I got to work with him," he excitedly reveals in our celebrity interview. "That was definitely a memorable and great experience for me."

Related Link: Mario Batali Shares His Tips for Cooking at Home on Date Night

So what's next for the former reality TV star? He's in the process of coming up with concept and location ideas for restaurants, one on the West Coast and another one on the East Coast. They're still in the development stage at the moment, but be on the lookout for more news over the next couple of months.

Besides the restaurants, he's also in the process of developing a line of wines — perfect for your next date night. There may even be some more television time in his future, but for now, he says he's too busy traveling to commit to filming. We'll all have to stay tuned to see what the chef does next!

To stay up to date with Chef Roblé's projects, follow him on Twitter @ChefRoble and www.facebook.com/ChefRoble/. Don't forget to enter our fragrance giveaway!

'DWTS' Pro Tony Dovolani on His Celebrity Marriage: "My Wife is My Queen"





Interview by <u>Whitney Johnson</u>. Written by Maria Darbenzio and Liz Kim.

Tony Dovolani has come a long way from the three-year-old learning to folk dance in Prishtina, Kosova. Early on, Dovolani's father discovered that his son had a knack for both dance and music. Dovolani eventually became a professional ballroom dancer and has been on ABC's *Dancing With the Stars* for a whopping 17 seasons now.

Before his career ever took off, Dovolani knew that dancing had its perks. "As I got older, I realized that the dancers got all the girls," he says with a laugh. After coming to the United States as a teenager, he was introduced to the Fred Astaire Dance Academy. "After the first step I took into the studio, I knew right away that was going to be the rest of my life."

As time progressed, he choreographed *Shall We Dance* with Jennifer Lopez and Richard Gere and then landed a spot on season two of *DWTS*, where he was paired with Stacy Keibler. Since then, he has developed The Ballroom Dancing Channel with fellow pros Maksim Chmerkovskiy and Elena Grinenko, created the Superstars of the Ballroom Dance Camp, and won the coveted mirror ball trophy with Melissa Rycroft during the All-Stars season of *DWTS*.

Fast forwarding to season 18 of the popular ABC reality show, Dovolani is currently paired with NeNe Leakes, one of the sassy stars of *The Real Housewives of Atlanta*. Although he mentions their great chemistry, they did have a minor issue after switching partners for a week. "She's great. I mean, we had one little tiff that everybody saw. Other than that, it's really been a lot of fun," he candidly shares. "She's hilarious. She has so much character. She shows up ready to work, which is good."

Related Link: 'DWTS' Contestant Candace Cameron Bure Says "Dance Parties" Have Always Been Her Favorite Family Activity!

As viewers saw on last week's episode, the twosome used that bump in the road to strengthen their partnership and ultimately wow the judges with their salsa. "What you guys didn't see is that routine came about from us working with each other. If we had an attitude the whole week, it wouldn't have happened."

When it comes to the rest of the season, the dancing pro has

no worries about Leakes and her abilities on the dancer floor. "I think she's on a good track. We're going to keep pushing her every single week. I feel like she's the fun one in the show, and we want to keep entertaining our fans all the way to the end." Of tonight's tango, he says, "I want it to be passionate, hateful, sultry, sexy, and vulgar. I want it to be everything!"

Dovolani works hard both on and off the dance floor, making sure that his wife Lina and their three young children are always his number one priority. "My wife is my queen. I wouldn't be anywhere without her," he shares. "Honestly, the saying 'Behind a great man is an even greater woman' is absolutely true in my case. She takes care of the kids. She takes care of the house. She takes care of everything while I'm trying to do the show business thing. I think that men in general have to realize how strong women are."

Related Link: 'DWTS' Pro Anna Trebunskaya Welcomes a Baby Girl and Reveals Boyfriend

When it comes to keeping his marriage strong, he points out that proper communication is key to success. Plus, he knows that great relationships don't just happen: "You have to constantly work on it. If you do that, there's always a light at the end of the tunnel."

Communication is not only important in his relationship with his wife but with his children — Luana, Adrian, and Ariana — as well. Because of his busy schedule on the show, he doesn't get to see his children as often as he'd like, but he doesn't let the distance stop him from being there for them. "I literally call five, six, sometimes seven times a day. Every time I'm on a break, I'm on the phone with my family," he explains. "When they get home from school, they speak to me. Right before they go to bed, they speak to me. When they're doing their homework, they speak to me."

Dovolani sweetly adds, "I'm telling you it's all about communication, and my wife deserves the credit. She's the one that works on it with me and the kids. She's really great about making sure we all communicate and stay on top of things."

Related Link: 'DWTS' Contestant Sherri Shepherd Chats About the Three Men in Her Life

Luckily for him, his love of dance has been passed down to his children, and the family of five enjoys having dance parties at home. Besides that, they enjoy being outside. "Honestly, in this technology-filled world, as parents, it's our responsibility to make sure we find reasons to get the kids out of the house and into nature. We go ice-skating. We go skiing. We do any sport that we can do as a family."

Keeping that thought in mind, they already have some fun summer plans. He'll be visiting Albania for his niece's wedding, and once back home he hopes to relax and fish with his kids at a lake near their house. Of course, Dovolani and his wife make sure they have some alone time too. Their date nights are usually at a nice restaurant, enjoying a delicious meal and a few glasses of wine. "My perfect day is playing golf with my kids and ending it with dinner at the clubhouse with Lina."

Tune in to ABC on Mondays at 8/9c to watch Tony Dovolani and Nene Leakes dance their way to the top on Dancing with the Stars! You can also keep up with Tony on Twitter @TonyDovolani.

'The Ex and The Why' Producer SallyAnn Salsano Says Everyone Has Been in "Some Kind of Screwed Up Relationship"





Interview by Lori Bizzoco. Written by Liz Kim.

Nothing has changed the history of television programming quite like reality shows, and one woman who has dominated in this area is SallyAnn Salsano. Her creative instincts and love for TV led her to create 495 Productions (named after the expressway where she grew up in Long Island), which was responsible for the pop-culture phenomenon *Jersey Shore*. Her

repertoire, which stretches back to 1998, goes far beyond guidos and spray tans though. She's also produced hit shows for ABC, VH1, Paramount, and FOX, to name a few.

Related Link: 'Jersey Shore' Creator SallyAnn Salsano Dishes About Love in Italy

Despite all of her years in the business, she's still surprised at which shows make it big. "Personally, I miss strict dating shows like *Change of Heart* and competition-elimination shows," she shares. "I think all shows just go through phases and everything has its day, but it's on a rotation. People always ask us what's next in terms of reality television, and I tell them that it's not up to the producer or the network; it's up to the audience."

With that thought in mind, MTV is broadcasting a different kind of dating show *The Ex and The* Why, premiering tonight. It answers the question: What if you could revisit the person who broke your heart and gain some closure? The twist is that the exes have no idea why they're there. "There are those scenes when the exes' jaws are on the ground, and they are in shock and disbelief." Whatever the subject, Salsano says that the secret to a reality show's success is ultimately its relatability and *The Ex and The Why* touches on a subject sure to make anybody who has ever had a break-up take notice.

Salsano feels that the need for closure is unique to the younger generation. In some cases, the couples on the show have been separated for years, and yet, one of them still can't move on. "We've all been dumped or have dumped somebody, but for whatever reason, teenagers and people in their early 20s always want to know why." She credits this to how easy it is to "stalk" your ex on Facebook and other social media. "They need answers," she says. "I'm 40, so if it's not working for me, I don't need closure. The closure is, 'I kind of don't want to be with you anymore!'"

Related Link: Four Telltale Signs He's Not The One

The producer adds that many of the people who seek out their exes have reinvented themselves in hopes that the changes will allow them a second chance at love. Some just want to see if they could be together again, and unfortunately, some walk away knowing that their exes have no interest in making a relationship work. It's these very real moments that keep viewers glued to the screen. "I feel that, when you decide to produce a show, it has to be about something you've done or you've dealt with. I feel like we all get caught up in relationship shows because everyone is in or has been in some kind of screwed up relationship, and that's just normal."

This desire to alter one's image or lifestyle after a breakup is common, Salsano says. "I've been in relationships where, once it was over, I think, 'You know what? It might have been me.' I have my own hangups, my own stuff going on, and now, I feel like if he saw me, he would think differently about me."

Some of the people on *The Ex and The Why* who want to get back together admit that they've cheated in the past and confess to other mistakes. "But they want to show how much they've changed, that they're not the person they once were, and that they want another chance. Some of the exes are too scarred to want to try again, but others are moved that this person is admitting to their mistakes on television and professing their love to the world."

Related Link: <u>Celebrities Who Have Gotten Back Together After</u> a Cheating Scandal

Salsano says she tends to keep her past in the past. "I keep in touch with one of my exes, and it was one of those cases where we were really young and it didn't work," she explains. "Do I have a desire to go back and make it work? No. Are we completely friends now? Yes."

Although she is currently in a happy relationship, she says

that her boyfriend isn't somebody who she could have seen herself with. The trick to making a relationship work is to find somebody during the right phase in your life. "I am not home a lot when I'm filming, so I needed to find someone who only knows me in that way," she says. "In previous relationships, I was making the transition from being on the road once in awhile to being home once in a while. It was tough. The guy I'm dating now understands this. He has his things going on, and I have my things."

No matter how understanding you are of each other's schedules, quality time is still key. "We make each other a priority and make sure we see each other, and if that means I have to fly across the country to have dinner, I do that."

Related Link: 10 Ways to Make Long Distance Love Work

After working on so many reality shows and watching a lot of relationships crash and burn, it's easy for Salsano to be jaded and doubtful about love. But she still believes in putting yourself out there and taking a risk. "Don't hold back," she encourages. "If you're looking for love and you want to know what could've happened, well, you have to ask! You can't sit in your house and talk to your friends about it because they can only listen for so long. And you can only stalk someone on Facebook for so long. At some point, you have to get up the guts to go out there and make it happen."

Be sure to tune in tonight to The Ex and The Why on MTV at 6/5c. You can keep up with Salsano's many projects on Twitter @sallyannsalsano!

'Mob Wives' Star Renee Graziano on New Book, Possible Spin-Off Reality TV Show and Dating Italian Men!





Interview by Lori Bizzoco. Video by Damian Kolodiy. Last Wednesday, Apr. 9, CupidsPulse.com Executive Editor Lori Bizzoco met up with Mob Wives reality TV star Renee Graziano at Barnes and Noble in Tribeca to discuss her new book Playing with Fire. Describing the novel as "loosely based" on her own life, she explains in our celebrity video interview that she has stacks of notebooks about Reign Grazi, the character who she's developed since she was young.

Related Link: 'Mob Wives' Executive Producer Jenn Graziano
Says, "I'm Not Anti-Marriage; I'm Anti-Ball and Chain!"

Celebrity Video Interview with Renee Graziano

Of the hero in her book, the author says, "I've been searching for this man all of my life." However, she now knows he doesn't exist. "But I exist; I'm the hero. I definitely saved myself. I found my hero; now, I'm just looking for a man of his word who's close to God, has a good heart, loves his family, and wants to build with me."

Of her current relationship and love life status, the reality TV star reveals that she's "very much single." As for whether or not her future partner must be Italian, she says, "Not saying that I wouldn't, but after my past experiences, I pretty much got turned off to my nationality. The Italian men that I was around didn't work for me anymore."

Fans may be surprised to hear that she has a great relationship with her father Anthony Graziano. "We made up over two years ago, and our relationship is amazing," she shares in our celebrity video interview. However, they don't discuss anything to do with *Mob Wives*, and he'll never read *Playing with Fire*. Still, she adds, "But he's my dad — he's my hero."

Reality TV Star Talks About Season Four of *Mob Wives*

Of course, we had to ask the reality TV star about her hit show *Mob Wives*. When discussing the ups-and-downs of season four, she explains, "I think there was a lot of tension because the new girls felt they had to prove themselves. They're not New Yorkers, and they're not of direct descent of

that underworld."

Related Link: "Bigger is Better": Reality TV Star Big Ang Launches New Wine Line

While *Mob Wives* has been renewed for season five, Graziano remains mum about whether she'll be returning to the VH1 series again. There are rumblings of a spin-off show, which she says is "absolutely" a possibility. "I hope it does happen for me," she admits. "The second I know, everybody else will know! Trust me — that will not be something I'm able to hold in."

Check out Playing with Fire on Amazon or at your local bookstore. To keep up with Graziano, follow her on Twitter @reneegraziano.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Celebrity Interview: 'Cheaters' Detective Daniel Gomez Says, "Cheating Doesn't Discriminate Against Anyone"





By Brittany Stubbs

Although infidelity is no longer classified as a criminal act, the consequences of cheating can ruin marriages, families, and lives. For 14 seasons, the reality TV show *Cheaters* has invited viewers to watch real relationships and love unravel as private investigators are hired to help spouses catch their partners cheating. Having served 16 years as the Chief Detective on the show, Daniel Gomez has a lot of knowledge when it comes to infidelity.

Celebrity Interview with Reality TV Star Daniel Gomez

Not all of Gomez's wisdom comes from his experience in the field though. The tough detective from Texas began our celebrity interview by sharing how infidelity has influenced his personal life: "I've been a victim of cheating. It's more common than you think, and you can't always judge a book by its cover. So after going through it myself, I realized there

was something I could do to help others who may be experiencing a similar pain."

Related Link: Jason Aldean is Dating Mistress Brittany Kerr Post-Divorce

While hiring a private detective is helpful in determining if your partner is cheating, it doesn't always take a professional to notice some of the clues of infidelity. There are many signs that Gomez encourages victims to look out for in his book *Play to Win*, but here are the five main ones.

- You have difficulty reaching your partner.
- Your partner is paying more attention to his or her appearance.
- Your significant other is preoccupied and less attentive.
- They're working overtimes or out of town on business trips.
- You experience decreased sexual activity, intimacy, and affection from your partner.

After noticing one or more of these signs, many people make the mistake of immediately confronting their partner of their suspicions. While this approach may seem tempting, the detective believes there are a few questions you must ask yourself. First, you must determine how you define cheating. "Definitions of cheating vary," he explains. "I'll have one client tell me that, unless they're caught having sex with someone else, it's not cheating. And then I'll have another client decide that if they're sending or receiving consistent messages from the opposite sex, they consider that cheating."

Related Link: Dean McDermott Is Accused of Cheating on Tori Spelling

After figuring out what behaviors are considered unfaithful, you must decide how much evidence of your partner cheating

that it'll take to satisfy you. "I always ask my clients how much they want to know." While some victims are only seeking one action to determine they've been betrayed, others aren't satisfied until they've obtained every last detail.

Once you have gathered everything you need to build your case, it's time to make the decision: Will you stay, or will you go? "The question is simple; it's the answer that becomes challenging," Gomez says in our celebrity interview. No matter how many apologies and excuses your partner makes, only you can choose what's best for you.

Cheaters Detective Talks Celebrity Infidelity and Scandals

The author believes it's important for everyone to remember that "cheating doesn't discriminate against anyone." No matter who you are, how much money you make, or what you look like, you can be affected by this vicious game, so don't be naive. We're reminded of this truth every time the media alerts us of another celebrity couple's relationship that has been rocked by infidelity. Although it seems surprising that such high-profile people still risk everything by cheating, Gomez reminds us, "Celebrities are human beings just like everyone else."

Related Link: <u>Michael Morris Steps Out with Wife Post-Katharine McPhee Cheating Scandal</u>

He says that Arnold Schwarzenegger first comes to mind when asked what celebrity infidelity society can learn from. "He cheated and had a child with his nanny, which shows that it doesn't always take someone necessarily attractive to make a person cheat on their spouse." The Tiger Woods case — one of the biggest celebrity scandals in the world of professional sports — is another classic case because it was all confirmed by his wife simply doing some digging on his cell phone.

In the end, while every relationship and love is different, you must remember to always stay in control and protect yourself when dealing with a cheating partner.

To learn more about Detective Gomez and modern day cheating, check out his book Play To Win. Want to be on his weekly radio show? Email your questions and thoughts to dgshowradio@gmail.com.

'Blood, Sweat and Heels' Reality TV Star Brie Bythewood Says, "I Don't Know How to Be Anyone Other Than Me"





Interview by Lori Bizzoco. Video by Rob O'Haire.

CupidsPulse.com Executive Editor Lori Bizzoco recently met up with *Blood, Sweat and Heels* reality TV star Brie Bythewood at the New Yorker Suite at the Carlton hotel, located at 88 Madison Avenue between 28th and 29th. The gorgeous 1,050 square foot penthouse includes a separate bedroom and living spaces with beautiful decor, as shown in the celebrity video interview above.

Related Link: Blair Late from Bravo's 'Newlyweds' Chats About

Divorce and Gay Marriage

"I think we have a really great platform for a show," Bythewood said of Bravo's popular reality show. "We have an interesting and unique group of women. Whatever the formula, it worked, and it's been a success!"

Celebrity Video Interview with Reality TV Star Brie Bythewood

Given her crazy schedule, we had to ask: How does she manage it all? "In terms of balancing my relationship and love life

with work and the show and everything that comes with it, I would be lying to say it's easy — because it's not," she explains. "It's challenging. It varies day to day." For her, though, her job is her number one focus. "That's always my priority — my work — because that provides me with the life I'm able to lead."

Yes, that's right — Bythewood is in a very happy relationship! While she stayed mum on details about the lucky guy, she divulged that they've known each other for over a decade and that she believes that best relationships are built on strong friendships. As for whether or not he'll be on future episodes of the reality TV show, we'll just have to wait and see. "I wonder that too! I don't know. I'll have to see if I can talk him up to actually making an appearance," she reveals in our celebrity video interview.

Related Link: <u>Tabatha Coffey Says It's Important to "Connect</u> and Continue to Get to Know Your Partner"

Having finished filming the first season last June (the finale aired this past Sunday, Mar. 16), the real estate mogul shares that she's had time "to make amends of sorts" with the other cast members (Mica included) and cites Demetria and Geneva as her closest friends on the show. Of this Sunday's reunion episode, she says, "It's as true to this season as it can be. There are ups and downs, but at the end of the day, I think we can all survive together."

Be sure to tune in for the Blood, Sweat and Heels reunion show on Sunday, March 23rd on Bravo at 9/8c. You can follow Bythewood on Twitter @briebythewood. For more information about the Carlton hotel, check them out on Twitter @thecarltonny and www.facebook.com/TheCarltonHotel.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Celebrity Interview: 'DWTS' Contestant Candace Cameron Bure Says "Dance Parties" Have Always Been Her Favorite Family Activity!





By Whitney Johnson

Earlier this month, when *Good Morning America* announced the line-up for season 18 of *Dancing with the Stars*, *Full House* fans were excited to see Candace Cameron Bure back in the

spotlight. And she's just as thrilled to be a part of the cast: "I've always been a fan of the show. Plus, this is probably the most excited I've seen my family get over something that I'm doing!" she shares in our celebrity interview.

Candace Cameron Bure Opens Up About Her Family and New Book in Celebrity Interview

Daughter Natasha was particularly happy about her mom's new role. "She was just freaking out," the star says with a laugh. "She wanted to know all about the other celebrities on the show. She's been coming with me to my weekend rehearsals too."

Once her sons Maksim and Lev met her partner, two-time champion Mark Ballas, they got into it too. "They just thought he was so cool," she reveals. Viewers can expect to see her kids as well as her husband Valeri in the audience cheering her on each week.

Related Link: Mark Ballas and Ex Pia Toscano Reunite at Show

Cameron Bure has certainly been keeping busy, both on and off the small screen. Most recently, the New York Times best-selling author published her second book, Balancing It All: My Story of Juggling Priorities and Purpose. As for how she manages the never-ending juggling act of being a wife, celebrity mom, actress, and writer, "it's about big picture prioritizing and realizing what's most important in your life. You have to make sure that your top three priorities really stay in place."

She adds, "For me, it's God and family and then my work and social life and all of the rest of the stuff in between. But if God and family aren't in that first and second position,

DWTS Star on Her Celebrity Marriage

Of course, her husband plays a significant role in helping her hold everything together. "He's an incredibly-involved father to our children and a supportive partner to me. Our lives are really stressful, yet our family is our priority," she shares about her <u>celebrity marriage</u>. "He's just a wonderful man, and I feel really blessed to have him."

The famous couple, who married when they were only 20 years old, first connected over their similar backgrounds. "I lived a very full life before then, as had my husband. We both had been working children: He was playing hockey, and I had been acting since I was five," she explains in our celebrity interview. "We were both very ready to get married and start a family."

Related Link: Are You Too Young for Marriage?

As for what keeps their 17-year celebrity marriage so strong, the blonde simply states, "Common values and love for one another are the main two things."

For other couples trying to make the most of their union, she stresses the importance of building up your partner to become who they're meant to be. "When you take the focus off of yourself and focus on how you can help your spouse be better, that's when your marriage will become better," the *DWTS* contestant explains.

With her three kids getting older, it's no surprise that her relationship with them is always changing. "It's really fun to see the adults they're becoming. We're having more mature conversations, and I love the stage that we're in," she shares. "I have an open relationship with them, and nothing is off limits."

That includes everything from conversations about "awkward, adult topics" to family dance parties. "It's one of our favorite things to do together. We turn off the lights, put the strobe lights on, and just crank the electronic music," she divulges. "We have a blast!" While she has no professional dance experience, she loves being the first one on the dance floor at weddings and parties.

Related Link: <u>'Full House' Actress Candace Cameron Bure Talks</u> Motherhood

Cameron Bure and Ballas have been working on a contemporary dance for tonight's *Dancing with the Stars* premiere. "I have a lot of bruises all over my body, so I'm falling down a lot," the author shares about their routine. "I'm a fairly athletic person, so I asked Mark to incorporate that into our dance. We have some lifts, which will be fun."

Of her future on the show, she reveals that she really wants to do the Viennese Waltz. "It's just so classical and beautiful." She's dreading those "dances that have a ton of footwork" but adds that "Mark actually thinks I'll be pretty good at it. It's such complicated choreography. Those are the ones that make me nervous."

When it comes to her competition, she's seen *Big Time Rush* star James Maslow rehearse and says he's fabulous. Tonight, though, she's most looking forward to seeing Paralympic snowboarder Amy Purdy dance. "I think a lot of people are excited to watch her. We're just curious to see how she's going to move to all of those steps," she says. "When I'm feeling slightly challenged, I immediately think of her and think, 'What am I complaining about? I have two feet.'"

Follow Cameron Bure on Twitter @candacecbure and tweet your support with #DJCandyBall. Be sure to tune in for tonight's premiere of Dancing with the Stars on ABC at 8/7c.

'The Bachelorette' Contestant and Hopeless Romantic Chris Bukowski Wants His "Fairytale Ending"





Interview by Whitney Johnson. Written by Liz Kim.

The Bachelorette season 8 contestant Chris Bukowski might seem like he has everything — great looks, a booming restaurant, and the kind of job that allows him to travel all over the country — but he admits that there's still something missing in his life. "I'm the most single person in America," he

laments. Hailing from Chicago, Illinois, the reality TV star boasts a pretty impressive resume, including senior sales executive for the New York Islanders, V.I.P. Concierge at the Wynn Las Vegas, and currently owner of The Bracket Room in Arlington, Virginia (with plans to open future locations). But at the end of the day, he misses the magic of a *real* first date with someone special.

Related Link: Former 'Bachelorette' Desiree Hartsock on Finding Mr. Right

Reality TV Star Talks About Experiences on *The Bachelorette* and *Bachelor Pad*

Fans first got to know Bukowski when he was cast on Emily Maynard's season of <u>The Bachelorette</u>. He initially didn't have any interest in the show. "One of my friends I grew up with in Chicago wrote a letter to ABC about why I should be the next <u>Bachelor</u>. And you know how it works — you pretty much have to be on <u>The Bachelorette</u> in order to be the star of <u>The Bachelor</u>," he explains. He got some emails from ABC casting but brushed it off as a prank.

A change of jobs brought him back to Chicago, and he decided to take a chance and audition at a casting call by his condo. Ultimately, it was Maynard's photo that convinced him to give it a shot. "I never watched the show before, so I didn't really know what I was getting myself into. Once they showed me who the girl might be, though, I thought she was right up my alley," the reality TV star says. "Physically, Emily was really hot! I decided then that, if they cast me, I would do it."

Bukowski didn't expect to fall for Maynard as hard as he did, but as their relationship and love progressed from week to week, he quickly became a fan favorite. After making it to the final four, fans were shocked when Maynard let him go, especially because she couldn't give him a reason as to why he wasn't getting a rose. "After *The Bachelorette*, I left my job. I was alone in my thoughts, and I was a little heartbroken," he candidly shares.

Related Link: Chris Bukowski Says He Still Has Feelings for Emily Maynard

Instead of wallowing for too long, he agreed to compete on Bachelor Pad, a show that featured contestants from The Bachelor and The Bachelorette who play for a cash prize. "It was an outlet where I could go to escape, just have some fun, and maybe win some money," he reveals. "I did it for the experience, and I'm glad I did."

While he didn't win the big prize, the handsome Chicago native left quite a different impression on fans than he did during his time on *The Bachelorette*. Previously, viewers knew him as a hopeless romantic who just wanted to find a relationship and love, but on *The Bachelor Pad*, he hooked up with multiple castmates (he attributes this to crafty editing), lied, and exuded a cockiness that turned off a lot of people. Bukowski defends his behavior as a necessary tactic to win the game. "They are two completely different shows," he explains. "One is a show where you're putting yourself out there to potentially fall in love and find a wife. The other is a game show. It's funny because they made me seem so terrible, and I really wasn't that bad."

He also shares that his motivations were different than those of his competitors. "I'm very competitive, and no one else on the show had that mindset," he admits. "I wasn't sure what they were concerned about. I wasn't into falling in love with anybody, and I just wanted to have fun." No matter how he was portrayed, he says that he had the most fun out of anyone in the house and felt that he left a winner.

Chris Bukowski on Finding a Relationship and Love in the Real World

While the restaurant owner is thankful for his time on reality TV, he also believes that this exposure is keeping him from meeting the right person. "I would say I'm definitely looking to settle down," he divulges. "It's just tough. People learned a lot about me really quickly because I was on the shows. So when I go out with a girl, they already know about me, and it kind of takes away from the whole first date experience and getting to know somebody."

Simply put, "it really does suck. To be honest, I would say my dating life is almost zero right now."

Related Link: Dating Advice: How to Approach a Spring Fling

He also admits that the hopeless romantic who fans met on *The Bachelorette* is his true self. He dreams of meeting his future wife by chance at the airport and admits that this desire is fueled by his love for chick flicks. He adds, "I love the fairytale endings. Sure, these things only happen in the movies, but you still get that little hope that it can happen in real life too."

Ever the foodie, it's no surprise that Bukowski's perfect date idea is a nice lunch, an even better dinner, and fine wine. "I may not seem like it, but I'm a really laid-back person," he says. "I'm happy with enjoying great food, catching a movie, or just hanging out at my place."

While it remains to be seen if Bukowski will be a future Bachelor, he has some opinions about the current leading man, Juan Pablo Galavis. Although he's picking Nikki Ferrell as his favorite to win, "it seems like Juan Pablo is definitely having fun, but I'm not convinced that any of those girls are

going to be his future wife," he shares. "I think he's using the show as a way to enjoy himself and probably get himself out in the public eye."

You can keep up with Bracket Room on the website http://www.bracketroom.com/. You can also keep up with Chris on Twitter @chrisjbukowski. Be sure to tune in to The Bachelor finale tonight on ABC at 8/7c.

'Online Dating Rituals of the American Male' Reality TV Star Marcus Pierce Says Being Yourself is Key to Finding a Relationship and Love





Interview by <u>Lori Bizzoco</u>. Written by Louisa Gonzales and <u>Whitney Johnson</u>.

Marcus Pierce is no stranger to the online dating world, having been active on sites like OkCupid since 2006. The celebrity trainer and Artist Muse creative director also isn't one to shy away from fun opportunities, so deciding to appear on the premiere episode of Bravo's new reality TV show Online Dating Rituals of the American Male was an easy choice to make.

Related Link: 'A Million First Dates' Offers New Insights
About Online Dating

Marcus Pierce Talks Reality TV and Online Dating

The Los Angeles resident feels like the docu-series came along at just "the right time in my life. I'm kind of at the point where I've run out of options. Plus, I'm so busy with work and everything else," he explains in our <u>exclusive celebrity</u>

<u>interview</u>. "And I'm always up for new experiences — especially when it has to do with a relationship and love. I feel like you can find it anywhere if you're open to it." Along these lines, *Bachelorette* fans may recognize Pierce from the second season of the show, where he was one of 25 contestants vying for Meredith Phillips's heart.

Despite his personal beliefs, the handsome trainer understands the doubt surrounding online dating. In fact, he hasn't always been on board with the concept. When he first joined the online dating scene, it was more of a "joke" to him. And he wasn't the only one with that mindset: "Back then, I think people automatically assumed that, if you were online dating, you were desperate."

Of course, his opinions have changed since then. "At the time, I was younger and wasn't working as much as I am now. I had a lot more free time to actually go out and meet women. So, here we are, eight years later," he says with a laugh. "Now that I'm busier, online dating just makes it easier for me to look for a relationship and love."

So what can viewers expect when they tune into Online Dating Rituals of the American Male? Pierce assures fans that he's always true to himself as he reveals "the good, the bad, and the ugly" of online dating. "I know who I am, and I know I have to be vulnerable, so I'm always just going to be Marcus," he shares. "I'm a pretty loving guy. I'm very personable. I'm a communicator. No matter what I get from a girl, I'm still going to be me."

Related Link: <u>Celebrity Blogger Perez Hilton Talks Online</u>
<u>Dating</u>

Bravo Star Shares Online Dating

Advice

The reality TV star also hopes that the show will allow people to learn from his experiences. He wants to help both men and women gain a better understanding of online dating, especially when it comes to developing their profiles."You need to put your best representation forward. You know everybody's got their weirdness and their issues, but you don't want to put that all out there!"

Continuing with this advice, Pierce encourages online daters to show off their best qualities in the beginning and not worry about how you think a potential match will perceive your profile. "Always put up your best pictures. Don't put anything that's unflattering about yourself; let somebody naturally find out those things about you when they take you on a date. You don't need to lay it all out on the table. Include the things that will interest people and make them want to learn more about you."

Just like in real life, online dating matches don't always work out. Still, he doesn't let himself get too affected by rejection — and he advises others to do the same. "Don't think about what the other person is trying to get from you. Just be yourself, be vulnerable, and be open to love. And that person who truly belongs with you, who truly wants you for who you are, will find you."

Related Link: How to Deal with Online Dating Rejection

While he's dealt with heartbreak in the past, Pierce may be happily coupled up now. When asked if he was currently single, the reality TV star played coy. It looks like you'll have to tune into the show to find out about his current relationship status!

You can follow Pierce onTwitter @thefitartist. Be sure to tune into the premiere of Online Dating Rituals of the American

Cassie Piersol Chapman on Her Celebrity Marriage: "You Can't Help Who You Fall in Love With"





By Brittany Stubbs

Set in and around the capital of the high-stakes country music business, *Private Lives of Nashville Wives* follows a group of

driven women as they navigate their lives through professional challenges, family issues, and social relationships in the South. Award-winning singer-songwriter Gary Chapman and his wife Cassie Piersol Chapman are two stars of TNT's new reality TV series. With a 23-year age difference, there has been some speculation about the couple's celebrity marriage, but they're here to prove that their relationship and love is the real deal.

Cassie Piersol Chapman Opens Up About Celebrity Marriage

The twosome first met on a tiny island in the Bahamas. "I had no idea who he was," Cassie explains. "Without Internet or cell service on the island, it's not like I had Google to look him up! I knew he was older than me, but I wasn't aware that he was 23 years older. At that point though, I didn't care." Cassie then moved to Nashville in order to be with her man. "You can't help who you fall in love with."

Related Link: Dating with an Age Gap

In Gary, she found a partner who is patient and kind and loves her unconditionally, something she had never felt before. People have given looks and made remarks about her being a gold digger and a trophy wife, but she never lets negative comments phase her. "I don't care what people say. They can call me whatever they want."

Despite some criticism from others, the famous couple have truly found more advantages than challenges to their age gap. Gary claims that the reason their relationship and love works so well is because of their personalities and constant support for one another. "We genuinely have met in the middle," he says of their celebrity marriage. "My life experience is deeper than hers at this point, just because of the calendar,

and while I believe she appreciates and enjoys the wisdom I've accumulated, she keeps me young and reminds me that if you want to live a happy life, you can't take everything so seriously."

One thing that the <u>celebrity couple</u> does take seriously is their desire to have children, something that viewers will see throughout the season. While other *Housewives* series tend to focus on the drama between women (although we'll see a little of that too), *Nashville Wives* shines more light on family dynamics. "The husbands and kids are more involved," Cassie says in our celebrity interview. "I think it makes the show more relatable and interesting."

Reality TV Celebrity Couple on Their Adoption

For the Chapman's, the cameras will capture the emotional and stressful process of adopting their baby girl. Through this life-changing experience, Cassie became an advocate for private adoption. "I want to start a non-profit organization to help birth mothers find adoptive families. It'll be a private adoption service rather than an agency, because I don't think a lot of birth mothers know that's a possibility." The couple agrees that the private adoption path is a much better process for both the child and the parents. "We have a very open adoption with the birth mother," Cassie shares. "She visits all the time, within reason, and I love that our daughter will know where she came from."

Related Link: Hugh Jackman on the Joys of Adoption

Although they are busy being new parents, the duo understands the importance of making time for just the two of them. Making their relationship and love a priority doesn't always mean having to go out for a date night though. "When we go out, we inevitably end up running into people we know and talking to them, and then suddenly, we're just waving to one another across the room," Gary says with a laugh. "We don't actually end up getting to spend that much time together!" For this reason, they often have more fun just being home. After the baby falls asleep, they enjoy cooking dinner, having a glass of wine, and hanging out on the couch.

It's not hard to tell these two lovebirds are crazy about each other. Although Gary endured two painful celebrity divorces before meeting Cassie, he didn't let past wounds keep him from falling in love again. "You have to decide if the experience of falling for someone and having a beautiful relationship is worth the risk of the pain that you know is potentially out there. I made the choice to take that risk, and I'm so glad I did."

While Gary knows that this marriage will be his last, he definitely hasn't had his last wedding. The couple, now married for six years, have had four celebrity weddings: a small ceremony that Gary's father performed, a mountaintop wedding in Breckenridge, Colorado, a ceremony at a Renaissance fair with Cassie's grandmother, and of course, one in Las Vegas.

Despite all of these ceremonies, the couple is making plans for at least one more. "We've yet to have a big, fancy wedding here in town where all of our friends can come," Gary explains. Though a date hasn't been set yet, it will be a traditional ceremony. "I want my dad to walk me down the aisle, and my mom to button me up — that kind of thing," Cassie shares. "I also want our daughter and Gary's children, my bonus kids, to be a part of the celebration as well."

Be sure to tune into Private Lives of Nashville Wives every Monday on TNT at 10/9c!

Exclusive Celebrity Interview: Reality TV Star Kendra Wilkinson Talks About Her Plans for Oscar Night





Interview by Shannah Henderson. Video by Sherilyn Henderson. With the Academy Awards airing on Sunday night, CupidsPulse.com was excited to catch up with <u>reality TV</u> star and former Playboy bunny Kendra Wilkinson at OK! magazine's Pre-Oscar event at Greystone Manor in Los Angeles.

Reality TV Star Reveals Her Favorite Films and Oscar Plans

At the party, sponsored by CIROS, Le Vian, Rock Your Hair, DSW, Cottonelle, and more, we chatted with the expectant blonde about her favorite films of the past year as well as her plans for Oscar night. Check out our exclusive <u>celebrity interview</u> with the reality TV star above!

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Celebrity Video Interview: Molly Sims Talks About Her "Rocking Red" Hair: "I Feel Really Good!"





Interview by Lori Bizzoco.

Molly Sims is known for her long blonde hair, but as of Tuesday evening, she traded in her golden locks for a red hue — and CupidsPulse.com Executive Editor Lori Bizzoco got the scoop straight from the star! "You know what, I feel really good," the actress says of her new look in our celebrity video interview. "I went from bombshell blonde to rocking red. I wanted a change — something different and fun and energetic and vibrant and bold."

Celebrity Video Interview with Molly Sims

When it comes to keeping her red color, the former *Sports Illustrated* supermodel depends on <u>Nexxus</u> Color Assure products. "If something's going to save me time and make me look good, I'm all for it!" she enthuses.



Molly Sims. Photo: Francis Tulk-Hart

Sims certainly knows a thing or two about making a transformation — whether it's with her hair color or her career. "My parents really taught me that I could be whoever I wanted to be," she shares in our celebrity video interview. It's important to have a positive attitude about change too: "Everyone gets stuck in a rut. You kind of just have to dig your way out."

Related Link: Molly Sims Celebrates Pregnancy at Baby Shower

Of course, we had to ask the style icon about her best fashion and dating advice. She encourages women to keep it simple: "You feeling good in whatever you wear is the number one most important thing." She recommends a leather jacket, tank, and great jeans with a pair of boots for your next date night.

To learn more about Color Assure, check out Nexxus on www.facebook.com/nexxus.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Celebrity Interview: Hair Stylist Raphael Reboh Says Jennifer Lopez Has the Best Hair in Hollywood





By Brittany Stubbs

We all want to look our best, and that begins with managing our hair. With clients including Cameron Diaz, Jennifer Aniston, Chrissy Tiegan, and Jennifer Lopez, Raphael Reboh definitely knows what he's doing when it comes to achieving glossy locks. Whether it's a celebrity in his chair or not, the stylist finds himself always stressing the same advice: Take care of your hair!

"Women often don't take care of their hair as much as their skin, but they should," he explains in our celebrity interview. "I find it weird that women will run out and buy hundreds of dollars worth of face cream that may not even work, but they won't spend the same amount of money and energy on their hair. Hair is connected to the scalp, so it's just as important."

Celebrity Interview with Hair Stylist to the Stars

Reboh explains that part of having healthy hair is knowing what's in the products you're using. He recommends speaking with a hair stylist who really knows your hair type to help guide you to the products and ingredients that will help you specifically — because, like a fingerprint, everyone's hair is unique.

Related Link: <u>Top 4 Hot Hair Tips You Should Be Taking from Celebrities</u>

Although the Brazilian Blowout got a bad rep when the Keratin Treatment was introduced, the Miami native has a more positive opinion about the treatment. "I think Brazilian Blowouts are a miracle. Unlike Keratin Treatments that often dry the hair and make it flat, I find the Brazilian Blowout provides more shine and actually repairs the hair. I see the return of clients after the Blowout, and their hair is incredible."

Reboh is even working on his own line of products with a similar treatment that he wants to call the Miami Blowout. He stresses that, no matter what treatment you're having done, it's very important that it's done properly. So make sure your stylist has plenty of experience!

Given Reboh's work styling celebrities, we couldn't help but ask a couple of questions about hair in Hollywood. In our

celebrity interview, he raved about <u>Jennifer Lopez</u>. Having done J. Lo's hair from the beginning of her career, he believes her gorgeous locks come from both good hair care and amazing cuts. "Great hair is all about movement, which comes from a great haircut," he reveals.

When asked who needs to change their hair, he didn't rat on any celebrity specifically, but he did voice his excitement for the short hair trend coming back, using the cut that Beyonce recently rocked for the Grammy Awards as an example. He candidly admits that he's tired of everyone having long waves. With long hair, you can turn on the curling iron and cover up a bad cut or damaged hair, but "short hair is where the talent is — which means you need to find a stylist who knows what they're doing because short hair shows everything."

Related Link: <u>Celebrity Stylist Chaz Dean on Hair Care: "The Most Important Part is Feeling Sexy"</u>

Celebrity Hair Stylist Shares Beauty and Dating Advice

Most people don't have the luxury of a professional stylist doing their hair everyday, but there are still little tricks that can help you look your best in between washes. Reboh encourages you to use dry shampoo to freshen hair, remove oils, and give your hair the movement of freshly-cleaned locks. Consider this dating advice before your next night out with your man: "The most important part of doing your hair is making it look sexy," he shares.

Speaking of sexy, we asked this celebrity stylist for his thoughts on what men find sexiest when it comes to hair. "Men often like women to have a lot of hair, not just in length but in body," he says. "Extensions are great for adding thickness to your hair, even if you don't want added length." With this thought in mind, Reboh created his own extension line that

consists of hair from Russia that is healthy, shiny, and lightweight, allowing your man to feel your head without even noticing the pieces.

Sexy hair isn't just about texture or thickness though; the hair style you choose plays a role as well. Although a woman can look fabulous with curly or straight hair, Reboh encourages women to make sure they're curling their hair the proper way. "If the curls aren't done right, they can make women look older," he explains. "When you're curling hair yourself, make sure you know what you're doing to make those beautiful, open curls because that's what looks sexy." If you don't know the correct approach to curling, consider going with a classic, straight style with a lot of body.

If you're in a time crunch to get sexy hair for tonight's hot date, the stylist says to consider an updo (of course, using that dry shampoo again). It doesn't have to be over-the-top, just something that is "simple and pretty and will correlate nicely with a romantic dinner."

For more hair tips and information on Reboh, check out his salon's site www.femmecoiffure.com/.

Blogger Perez Hilton Talks About Being a Single Celebrity Parent, Online Dating, and His Recent Move

to New York





Interview by Lori Bizzoco. Video by Damian Kolodiy. At the Match.com Singles in America event, CupidsPulse.com Executive Editor Lori Bizzoco talked to panelist and blogger Perez Hilton about online dating and life in New York City with his sweet son, Mario.

Celebrity Video Interview with Perez Hilton

As for why he was on the panel at Saturday's event, the celebrity gossip columnist reveals, "I'm here to talk about my experiences — I'm on Match and many other sites. I think it's fun to offer my perspective, which may be different from the other panelists because I'm a gay man and a personality."

Related Link: 'Millionaire Matchmaker' Patti Stanger Talks Online Dating and Finding The One

In our celebrity video interview, the blogger lights up when the subject turned to his son. "He loves New York! We do so much here," he shares. "I think raising a child in New York City is the best because there's so much to do and it's so easy to do so much."

Of course, having a child changed Hilton's dating life, but he doesn't like to use the word "difficult" when it comes to finding love. "It definitely presents challenges that a single person wouldn't face. Like I choose not to bring guys back to my place. You gotta work around it! Do what you got to do."

Right now, though, the single celebrity parent's priority is Mario's first birthday on Feb. 17. He shares that the fatherand-son duo will be celebrating with a blessings ceremony. "I'm inviting all my close friends and family to come over and write down little blessings on a sheet of paper," he explains in our celebrity video interview. "I'm trying to get some spiritual folks — maybe a rabbi and a priest, maybe a monk — to share some words and blessings as well."

Visit PerezHilton.com for more from the celebrity gossip columnist.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Celebrity Wedding Planner

Kevin Lee Says, "I Think Famous Brides Are More Humble Than Everyday Brides"





By Maria Darbenzio

Kevin Lee, owner and founder of LA Premier, has been taking the floral and event planning business to the next level for years. As his company has grown over the past two decades, he has become one of the most sought-after event planners in the Beverly Hills area. His portfolio includes many of the hottest A-list celebrities (including <u>Jennifer Aniston</u>, Christina Aguilera, and Drew Barrymore), and his work has been featured at some of the most prestigious award shows.

Exclusive Celebrity Interview with Kevin Lee

The saying "you need to love what you do in order to be happy" rings very true for Lee. "To me, working with the flowers and planning weddings is my life — I get to create so much," he says in our exclusive celebrity interview. "My clients get the freshest flowers, and I love making beautiful masterpieces for them. Every design is a one-of-a-kind organic touch, and I love the fact that it's such a creative career." His passion for his job radiates from him, and his bliss is contagious.

Related Link: <u>Kim Kardashian and Kanye West Visit Paris:</u> Wedding Plans?

When it comes to planning elegant <u>celebrity weddings</u>, the event planner has put together his fair share of big days for his star clientele. You may have seen him featured on reality TV shows like *Brides of Beverly Hills* and *The Real Housewives of Beverly Hills*. In order to work alongside these stars, he had to set himself apart from others in the industry. "If you want to prove yourself, you need to stand out, which I was fortunately able to do," Lee explains. "I get to be unique and creative and use my artistic vision. A lot of jobs don't let you do that these days."

It's no surprise that what you see on television is what you get in real life. "I'm confident and creative, and that carries over on or off the camera. I'm not afraid to do anything unnatural," Lee candidly shares in our celebrity interview. "Whether I'm on *The Real Housewives of Beverly Hills* or getting together with friends, I'm still the same person."

Celebrity Wedding Planner Shares Love Advice

When it comes to wedding planning, the florist believes the same love advice applies to celebrities and non-celebrities alike. "It doesn't make a difference," he explains. "Everyone is looking for something special and unique because it's her special day and a once-in-a-lifetime experience."

Related Link: <u>Send a Beautiful Valentine's Day Bouquet with</u> BloomNation

Of course, there is still one notable distinction — and it's a surprising one. "I actually think famous brides are more humble than the everyday bride. Celebrities already stand out every day, while the ordinary bride isn't necessarily used to so much attention. It's their one day to feel like a celebrity."

For Lee, it's hard to chose a favorite wedding that he has planned. However, his fondest memory was opening in Toronto for the Bridal Show of Canada. A crowd of 45,000 people came out to make it the most memorable experience of his career.

Planning a wedding on your own can be full of long days and sleepless nights, but hiring an event planner can lead to a large price tag. Not everyone can afford a private coordinator to help them along the way, but there are options available for those who can't. "Ask a hotel wedding coordinator to help you out. They'll make a big difference," Lee advises couples with a tight budget.

As we all know, flowers are a huge part of every wedding, and there are two types that Lee believes a bride should avoid: pom-poms and mums. "I'm into elegant flowers, and they don't stand out to me as elegant." On the other end, Lee says hydrangeas are his go-to flower and that white is always in.

Related Link: <u>How to Make Your Lady Feel Special on</u> Valentine's Day

With Valentine's Day quickly approaching, flowers are on everyone's mind right now. So does this famed florist think a bouquet of roses is too cliche for the romantic holiday? "Any time you think of Valentine's Day, you think of roses — they're very symbolic," he shares. "It's a day of someone remembering you. I love how some things never change; tradition never goes out of style. Roses are just like diamonds — diamonds are forever, and they never lose their popularity."

Recently, Lee and his company teamed up with BloomNation, a unique marketplace for floral arrangements. "There are many services out there, but some of them don't alter themselves to keep up with the era," he says of the partnership. "BloomNation lets us use our creativity and artistic touches to make each arrangement different. It reminds us why we love doing what we do, and it lets us show each of our unique and personal touches as florists."

To learn more about Lee, visit his LAPremier.com. Be sure to check out his arrangements available on www.bloomnation.com/ too!

Celebrity Video Interview: 'Millionaire Matchmaker' Star Patti Stanger on How a

Relationship and Love Changed Her: "I'm Much More Relaxed"





Interview by Lori Bizzoco. Video by Damian Kolodiy. This past Saturday, CupidsPulse.com Executive Editor Lori Bizzoco and Millionaire Matchmaker reality TV star Patti Stanger caught up at Match.com's Singles in America 2014 event where Stanger moderated a panel discussion with four sex and dating experts, including Celebrity Blogger Perez Hilton, Leading Sex Expert Dr. Emily Morse, Cosmopolitan's Sex and Relationship Editor Anna Breslaw, and Chief Scientific Advisor for Match.com Dr. Helen Fisher. Prior to the event, we had the opportunity to sit down with the matchmaker, and in our celebrity video interview, we chat with her about online dating, her own personal love story, and her best dating advice for meeting The One.

Related Link: <u>Patti Stanger on Celebrity Relationships and</u>
Love in NYC

Celebrity Video Interview with Patti Stanger

"I love Match.com! I'm the girl who dates online," the reality TV star candidly shares. "This is the way to meet singles. 18 or 80, it doesn't matter. We just need the tools and the ammunition to do it."

As for how finding love with fiancé David Krause has changed her? "I'm much more relaxed. I love nesting; I love staying home."

Watch our celebrity video interview above for more information.

Tune in for The Millionaire Matchmaker on Bravo on Thursdays at 9/8c, and check out Stanger's line of jewelry at Shop by Bravo!

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Exclusive Celebrity Interview: 'The Bachelorette' Star Desiree Hartsock Says

Confidence is Key to Finding Mr. Right





Interview by Whitney Johnson. Written by Elizabeth Kim.

Fans were overjoyed when Desiree Hartsock, who finished as fourth runner-up on Sean Lowe's season of *The Bachelor*, was named the next *Bachelorette*. The bubbly brunette captured our hearts even more as we watched her search for true love. It was a gift from Chris Siegfried — a journal filled with a heartfelt message to her and poetry he had written — that ultimately convinced her that she had found Mr. Right. Following his moving proposal in Antigua, the couple moved in together in Seattle, Washington, and are enjoying life since their celebrity engagement.

Related Link: Desiree Hartsock Says 'Love Can Be Unpredictable'

Reality TV Star Discusses Life Since *The Bachelorette*

In our exclusive celebrity interview, the reality TV star happily admits that there haven't been any rude awakenings and attributes their success so far to good communication. "From our time getting to know each other on the show as well as seeing each other while the show was airing, we had a great idea of what it would be like living together," she explains. "We work well together because we already disclosed all of our little quirks."

They're also lucky enough to live close to *Bachelor* alums Jason and Molly Mesnick. "They have been so great to us, and it's nice to share a common bond," she says of the celebrity couple. "We'll get together with them whenever possible for dinner or even just to hang at their house with Riley, their adorable baby girl."

Although Hartsock may be best known for her role on *The Bachelorette*, she's also an accomplished designer. While working toward a degree in fashion design, she fell in love with the bridal industry and eventually worked as a stylist in various bridal salons. She also worked for a plus-size women's contemporary brand that gave her the experience and appreciation of designing clothes that flattered all shapes. She even designed and created the dress she wore to fellow *Bachelor* stars Lowe and Catherine Giudici's wedding.

Related Link: Sean Lowe and Catherine Giudici's Wedding

After devoting so much of her life to the bridal industry, some may think that Hartsock feels pressured to have the ultimate celebrity wedding. But true to her easygoing nature,

she isn't stressing over every detail. With an engagement party coming up in a few weeks, the famous couple are in the beginning stages of planning their nupitals. "We are working on setting a date," she shares in our exclusive celebrity interview. And lucky for fans, she adds, "We're open to having it televised and still planning for the fall." As if the prospect of a televised wedding wasn't daunting enough, she also plans to design both her wedding and reception dresses.

The former Bachelorette is working with award-winning designer Maggie Sottero to help her visions come to life. "I have worked with many designers in the past and found that Maggie Sottero is the most sought-after designer because of the company's commitment to ensuring a bride's happiness as well as providing the best fit possible." She coyly adds that, while she doesn't want to give too many details away, one thing is for sure: "Both dresses will reflect my personality in different ways. I love to dance and be comfortable, so my reception gown will cater to that, while the ceremony gown will be more romantic."

Desiree Hartsock Gives Love Advice

Given her reality TV past, she knows what Juan Pablo Galavis, who competed for Hartsock's heart, and the current season's *Bachelor* hopefuls are experiencing. Of the remaining ladies, she says, "There is definitely chemistry with Nikki, Andi, and Renee as well as with Clare. I don't like to choose favorites, but I do like Renee's demeanor and personality." No matter who Galavis picks, Hartsock advises the women to focus on their potential future with Galavis rather than worry about the other girls.

Related Link: Why Confidence is So Important in Dating

It certainly takes a level of self-assurance to be vulnerable in front of millions of viewers, but Hartsock believes that confidence is key to finding love on *or* off the screen. "My

love advice is to know your self-worth and what you deserve, to be confident in who you are, to let him pursue you, to be independent and not desperate, and to be yourself."

With such a dismal track record, past stars of *The Bachelor* and *The Bachelorette* may also want to heed the designer's advice for dealing with broken hearts. "The way that I have always gotten over break-ups is knowing that things happen for a reason, and no matter the circumstance, there is always something more or better to come," she says. "Although it can be really tough to do, it's important to hold on to the hope that there is someone out there who will be everything you deserve and more and to not dwell in the hurt or past, but keep pushing forward with each new day."

To learn more about Desiree visit her website, www.desireehartsock.com/. The Bachelor airs on Monday nights on ABC at 8 p.m. ET!

Celebrity Video Interview: 'Single Ladies' Star Denise Vasi Shares Her Valentine's Day Plans





Interview by Shannah Henderson.

Denise Vasi Opens Up About Her Celebrity Wedding

Thanks to VH1's hit show Single Ladies, we get to see actress Denise Vasi light up the screen every Monday night. At last weekend's OK! magazine pre-Grammys party, the star chatted with us about the songs that played at her celebrity wedding — Jennifer Hudson sang as she walked down the aisle! — and her plans for Valentine's Day with husband Anthony Mandler. "We might do Mexico," she reveals in our celebrity video interview. "That place was our first going-away as a couple, but we weren't exactly a couple yet. We might go out there, reminisce and remember what those days were like."

Related Link: <u>Jennifer Hudson's Fiance is Adjusting to Her New Body</u>

Be sure to catch tonight's episode of Single Ladies on VH1 at 9 p.m. ET!

For more celebrity video interviews from CupidsPulse.com, check out our YouTube channel.

Celebrity Video Interview: 'Shake It Up' Star Bella Thorne on Having a Memorable Valentine's Day





Interview by Lori Bizzoco.

Bella Thorne Shares Valentine's Day Date Night Plans

Disney's Shake It Up star Bella Thorne loves to show her affection at Valentine's Day by sending personalized cards to the special people in her life, like boyfriend Tristan Klier. During her celebrity video interview with Executive Editor Lori Bizzoco, she provides creative ideas for how to craft handmade Valentine's Day card and mail them with the United States Postal Service's beautiful new Cut Paper Heart Stamp. When making cards herself, the actress loves to add glitter and jokes, "You know it's from me because it has the world's worst handwriting!"

Related Link: Five Tips for Falling in Love in 2014

The 16-year-old also candidly discusses her upcoming role in *Blended* (with dream team Adam Sandler and Drew Barrymore) and shares how she plans on spending her Valentine's Day date night.

For more information on Bella, check her out on www.facebook.com/bellathorne.

For more celebrity video interviews from CupidsPulse.com, check out our <u>YouTube channel</u>.

Celebrity Interview: Kelly Hansen Talks About His

"Crazy, Wild Mr. Toad's Ride" With Foreigner





Interview by Lori Bizzoco. Written by Elizabeth Kim.

The Super Bowl halftime show is often just as exciting as the actual game. With the big event between the Denver Broncos and the Seattle Seahawks right around the corner, Pepsi got in on the action to get fans hyped for this year's Bruno Mars performance. On Sunday, Jan. 19, diners at Buffalo Wild Wings in Seacaucus, New Jersey, were surprised with their very own halftime show. Fronted by lead singer Kelly Hansen, '80s British-American rock band Foreigner delighted fans with "Feels Like Halftime," a remixed version of their 1977 smash hit "Feels Like the First Time."

Celebrity Interview with Kelly Hansen

Foreigner formed in 1976, and since then, they've sold more than 80 million albums. Over three decades later, hits like "I Want to Know What Love Is" and "Cold as Ice" continue to make waves. After multiple lineup changes, Hansen joined the band as their vocalist in 2005. Although he's been in the music industry since 1985, he feels that Foreigner has given him the kickstart he needed to do what he loves: sing.

It was serendipity that brought Hansen and Foreigner together. "I was in a place where I'd spent a few years doing things in the business, but I wasn't singing as much. One day, I said to myself, 'Geez, I'm not really doing the thing that I do best,' and I wasn't really happy with where my career was," he shares in our celebrity interview. "Previously, gigs had always just kind of fallen into my lap, and I realized sometimes you need to change course on how you do things."

Related Link: Ivanka Trump Discusses Career and Family

He found an online article about a charity show where original Foreigner front man Mick Jones was performing. The piece also alluded to problems within the band. "I wasn't aware of the status of Foreigner at the time; it was in limbo," Hansen says. "So I got in touch with management. We went back and forth, and we ended up putting my voice on some Foreigner tracks." The rest is history.

When you become the new voice of a band as world-renowned as Foreigner, the immense pressure to live up to the expectations of loyal fans can be intimidating to say the least. But Hansen has a different perspective. "For many reasons, there's pressure when you do this kind of thing," he explains. "People liked to say I was filling Mick's shoes, but I like to say I brought my own shoes."

The lead singer believes that Foreigner isn't trying to be a copy of what it used to be, saying, "My biggest thing is that I want to do the songs justice and deliver them sincerely." To Hansen, upholding the proud history, reputation, and standard of Foreigner is more important than trying to duplicate Jones's signature wail.

Foreigner Singer Talks About Maintaining a Relationship and Love While Touring

After his entrance into Foreigner in 2005, he describes the journey as a "crazy, wild Mr. Toad's ride." However, even he admits that when you live most of your life on the road, your family can fall by the wayside. The most important step in keeping a relationship and love alive is to remind yourself that your life does not begin or end on the road.

"You can't wait to go home to live your life. That means incorporating your loved ones into the process," he reveals in our celebrity interview. Whether it's through scheduling Skype video chats and daily phone calls or even bringing your significant other with you, allowing the important people in your life to be a part of your world prevents emotional distance no matter how far apart you may be. "That's helped me a lot because, while I was out on the road, I kind of held my breath, waiting to live my life once I got home. This is a much better way to do it," he says.

Related Link: 10 Ways to Make Long Distance Love Work

With stops in Paris, Belgium, and Israel — just to name a few — Hansen will have to stock up on calling cards as Foreigner embarks on a mega world tour this year. "We'll come back and do a big summer tour in America and then go to Germany in the fall and do an acoustic tour, so that will be very cool," he

shares.

As Foreigner preps for their global tour and their very first acoustic-only show, there is little time to partake in the Super Bowl festivities. "I'm going to be on a plane, so I think I'm going to miss most of the game." He remains tightlipped on what team he's cheering for: "As long as everyone has a good time and no one is freezing to death, I think it's going to have a good outcome."

Regardless, Hansen believes that fans shouldn't have to wait for halftime to celebrate. He describes Foreigner's surprise performance as a way to help people not only celebrate the upcoming halftime show but also celebrate life. "You can have halftime in unusual places and during unusual things; it doesn't just have to be football," he divulges.

For more information on Foreigner's 2014 tour dates, visit their website at foreigneronline.com.

'Millionaire Matchmaker' Reality TV Star Marisa Saks Says Listening Is Key





Interview by Shannah Henderson.

Celebrity Video Interview with Marisa Saks

We love watching Marisa Saks on Bravo's hit reality TV show Millionaire Matchmaker, so we were excited to speak to the sassy matchmaker at OK! magazine's pre-Grammys party last weekend. In our celebrity video interview, she shares, "The best part about being on the show, I would have to say, is that we have our own little-big family."

Related Link: Patti Stanger Has Three TIps for Making Up After a Breakup

Plus, the reality TV star shares her number one tip when it comes to a successful <u>relationship and love</u> life "Don't have loose lips. Listen, listen, listen!"

For more videos from CupidsPulse.com, check out our YouTube

Celebrity Interview: Lance Bass Gives Relationship Advice and Says, "It's All About Communication in a Relationship"





Interview by Shannah Henderson.

In our celebrity video interview with *NYSYNC member Lance Bass at the OK! magazine pre-Grammys party, we chatted with the singer about his Valentine's Day plans and best relationship advice.

Related Link: Lance Bass is Engaged to Michael Turchin

Lance Bass on His Upcoming Celebrity Wedding

"We haven't started planning it yet," he says of his upcoming celebrity wedding to fiancé Michael Turchin. "We keep saying that so we need to start. We are guys. We need to hire a wedding planner...that is our next step."

For more celebrity video interviews from CupidsPulse.com, check out our YouTube channel.