Celebrity Interview: 'Mom vs. Matchmaker' Star Carmelia Ray Dishes on Celebrity Relationships & Expert Love Advice





By <u>Delaney Gilbride</u>

The mother of all matchmakers is back and ready to tackle every and any matchmaking challenge that comes her way! Carmelia Ray's hit show on Myx TV, *Mom vs. Matchmaker*, is in full swing after the show's second season debuted on Tuesday, March 14th. Yearning singles couldn't be more hyped! Ray integrates her 20-plus years of experience as a celebrity

matchmaker, certified dating coach, and online dating expert to battle it out with determined mothers in order to find the perfect suitor for struggling singles on her stirring reality TV show. In our exclusive <u>celebrity interview</u>, the matchmaker spills her expert <u>dating advice</u> as well as her views on the hottest <u>celebrity couples</u>.

Carmelia Ray Talks Season Two of Mom vs. Matchmaker

The saying "mother knows best" truly came into play during filming of the second season of *Mom vs. Matchmaker* — so much so that the expert needed a little help herself as she went head-to-head with the mothers. "I thought the moms were fiery last season," Ray shares, "but that was a fondue compared to the blazing competitors this season! I had to bring in a smoking hot love assistant, Patrick, to keep up with all that fire."

Related Link: 'Martha & Snoop's Potluck Dinner Party' Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival

Moms were ready to give their all following the success of the show's first season, and they sure didn't disappoint. The process of being a matchmaker isn't an easy one, *especially* if you're butting heads with the mother of a client. Ray recalls working with a mother who called herself the "Mafia Mom" and, boy, did she mean it. The mothers participating in this season showed up "ready to rumble," making it deliciously exciting for both Ray and her viewers.

Matchmaker Gives Love Advice on the

End of "Cuffing Season"

With warm weather just around the corner, Ray's <u>love advice</u> for the end of "cuffing season" — or winter flings — is short and sweet. "It's time for spring cleaning!" she exclaims. This advice is both literal and metaphoric when it comes to your life. "Clear out your clutter — in your mind, on your social media, and with your love life. Dump anything or anyone that doesn't serve you or what you stand for." Although we all know too well how rough it is to end a winter relationship following long nights of cuddling and cocoa, Ray advises us to leave all of that in the past. The matchmaker thrives off of her ability to connect singles with their life mates and says, "Helping people find love is the best reward I could ever imagine." So how could her advice possibly steer us wrong?

Related Link: Reality TV Star & Cookbook Author Kathy Wakile
Hosts Book Signing at Cabo in Rockville Centre

As for finding someone special in the heart of spring, Ray mentions that if you're looking for love, you have to have a plan. "It's amazing how many singles who are looking for love don't date!" Ray shares. "My number one tip for someone looking for love is to make sure they have a dating strategy and plan in order to find love. You cannot go into dating without a plan for how, where, and when you plan to be dating."

An Inside Look at Celebrity Relationships

Since Ray has been coined "the celebrity matchmaker," it's only fitting that we asked her a few questions regarding the most popular couples in Hollywood. As for <u>Selena Gomez</u> and the Weeknd, the dating expert totally understands why the public

adores their relationship. "They get each other's lifestyle and understand the hardships of dealing with their lives constantly being under scrutiny," she says. "This musical pair is an undeniable force and notable power couple." The matchmaker adds that "there's something incredibly undeniable about young, attractive, talented, celebrity couples, especially when they combine forces and publicly display their affection and respect for each other."

Related Link: <u>Celebrity Interview</u>: 'The Arrangement' Star Lexa <u>Doig Says Views Can 'Expect a Bit of Everything'</u>

When it comes to favorites, Ray gushes over her all-time favorite celebrity couple: Goldie Hawn and Kurt Russell. She believes there is so much to learn from them. "To be married and stay married in the world of music, TV, and entertainment is already a huge testament of their devotion, love, and loyalty for one another, despite the bumps," she shares. We strive to have relationships that last a lifetime, which is why Ray does the job that she does. It's people like her that help singles like us get over our insecurities about love and jump into it with open arms!

You can connect with Carmelia Ray socially on Twitter, Instagram or Facebook @carmeliaray. Don't forget to hashtag #askmomvsmatchmaker if you have specific questions about your dating life you'd like answered by Carmelia Ray or her team.

'Martha & Snoop's Potluck Dinner Party' Producer

SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival





Interview by Lori Bizzoco. Written by Delaney Gilbride.

The queen of reality TV, <u>SallyAnn Salsano</u>, has taken VH1 by storm and is back and better than ever! The self-made American television producer is the CEO and president of 495 Productions, which launched in 2006 and has been a success ever since. Salsano has produced a number of widely-loved television shows, including MTV's <u>Jersey Shore</u> with its equally successful spin-off *Snooki & JWoww*. The entrepreneur has also produced popular reality TV series such as

Friendzone, Party Down South, Blue Collar Millionaires, and the new VH1 show that everyone has been raving about, Martha & Snoop's Potluck Dinner Party.

Celebrity Interview with Reality TV Producer SallyAnn Salsano

In our recent <u>celebrity interview</u>, Salsano opens up about the idea behind her latest project. She had collaborated with VH1 in the hopes of creating a new, unique show that viewers would fall in love with — and boy, did they! When speaking about the birth of Martha & Snoop's Potluck Dinner Party, Salsano says the new president at VH1 asked her what kind of show she had been dying to create. She answered the question with an immediate response: "I would love to do a crazy, energetic celebrity cooking show," which everyone at VH1 jumped right on board with. When going back and forth about who they wanted to co-star in the show, Salsano tells us she asked the room, "Why are we even discussing other people? I think Martha Stewart and Snoop Dogg would be the best show ever."

Related Link: <u>Celebrity Interview: 'Ex Isle' Executive</u>
Producer SallyAnn Salsano Talks Reality TV

After discussing the idea with the world-renowned chef, 495 Productions reached out to the rapper, but when they called him, he had already known about the show through Stewart. "They really are friends," says Salsano. "It's such an honor working with them." Salsano relates the mega-stars to those on another one of her shows, CNBC's Blue Collar Millionaires, by expressing how they started out just like every other aspiring blue collar worker: as entrepreneurs. "Even now, at this stage of their careers, they don't take it for granted," she adds.

Feeling inspired by the reality TV stars of her many shows,

Salsano shares an important piece of career advice, saying, "You don't have to be a rapper or an NBA star to make it big. You just have to have an interest in something, dedicate yourself to it, and be good at it. And sometimes, loving your job, regardless of what it is, is enough."

Martha & Snoop's Potluck Dinner Party is the number one rated non-sports cable program in its time period with over three million viewers after only the second episode was released. Plus, it's already been renewed for a second season. Salsano believes that the reason why the reality TV show is such a hit is because the duo makes the show extremely fun-loving and humorous for people of all ages.

She adds that the show has an underlying message of, "Come on, everyone — knock it off. We can all get along." The renowned rapper and famous chef continue to cross generations and demographics with their <u>celebrity relationship</u>. People may wonder how they can be friends, but as Salsano explains, "When you look at who they really are as people, you come to realize that they have the same interests and the same sense of humor." It doesn't get any simpler than that.

Related Link: Relationship Advice: Stay True to Yourself

It's no surprise that the reality TV producer loves working on the show. "If Snoop and Martha are on set, I'm on set," she reveals. "It's a fun day." The stars actually have a lot of leeway when it comes to what they want to make in the kitchen. While Stewart makes, well, anything and everything she puts her mind to, Snoop is more of a "home cook" and uses recipes passed down by his mother. As Salsano shares, "He claims his mother always used to tell him, 'You know what girls like? A man that cooks.' And from then on, he has been making his signature dishes, like fried shrimp and catfish, for his family and friends." Great relationship advice from Mamma Snoop!

SallyAnn Salsano Teases Future Bravo Reality TV Show & *Jersey* Shore Revival

Salsano also talked about her future projects in our celebrity interview. "There's still so much I want to do," she shares. The producer teased us with the notion that her first Bravo show will be coming out in the spring, but she's not able to tell us much more than that she's extremely excited to share it with everyone when the time comes. She also revealed that she's constantly thinking about reviving her past reality TV shows, including *Friendzone*, which is still one of her "favorite shows of all time."

Related Link: Celebrity Break-Up: 'Famously Single' Stars
Ronnie Magro & Malika Haqq Have Split

Of the continued success of the *Jersey Shore* stars, Salsano says, "I love it. I get excited for them, watch everything they do, and root them on. I feel like I have a different kind of love for them — I feel like I've known them from birth." She also wants people to know that the stars of the hit MTV show are more than how they're presented on camera. People don't truly see "what great kids they are and what great families they're from."

Given her love for the reality TV stars, we had to ask if she ever thinks about doing a *Jersey Shore* revival. Without skipping a beat, she exclaims, "Like every day! Every show runs its course, but you never know." We've got our fingers crossed!

Be sure to tune in to Martha & Snoop's Potluck Dinner Party on Monday, March 6 on VH1 at 10pm ET. You can keep up with Salsano's many projects on Twitter @sallyannsalsano!

Celebrity Interview: 'The Arrangement' Star Lexa Doig Says Viewers Can 'Expect a Bit of Everything'





By <u>Cortney Moore</u>

If you're a fan of sci-fi and super hero television series, then Lexa Doig is a familiar face! This Filipina and Irish-Scottish actress has played the roles of medical specialist Sonya Valentine on the hit Canadian show *Continuum*, and the fierce Talia al Ghul on The CW's *Arrow*. Most recently, Doig

snagged a role in the upcoming drama, *The Arrangement*, which is set to air in March. In our exclusive <u>celebrity interview</u>, Doig opens up about her her part in the new E! scripted series, family life, romance and how she balances it all.

Take a peek at what Lexa Doig is up to on the *E!* scripted series *The Arrangement* in this exclusive celebrity interview!

E! is at it again with their second scripted romantic drama. The Arrangement is a 10-episode series that follows the journey of an up-and-coming actress who receives a lucrative offer to enter a staged marriage. Doig plays the role of Deann Anderson, who is a producer that aims to make the fake Hollywood marriage work for the sake of story telling. Without giving too much away, Doig says her character is "defined by her relationships with the men in her life, she knows who she is and what she wants to accomplish." The concept of the show explores what goes into making a celebrity brand, and how it affects a star's living. "I think that viewers can expect a bit of everything: there are power plays, personal dramas, intrigue, suspense," teases Doig. Some have wondered whether The Arrangement was inspired by <u>celebrity news</u> involving <u>Tom</u> Cruise and Katie Holmes, but audiences will be able to decide for themselves in a few weeks.

Related Link: <u>Celebrity Interview: 'Hollywood Medium' Star</u>
<u>Tyler Henry on His New Memoir & Career: "This is Fundamentally</u>
<u>What I'm Meant To Do"</u>

Doig is fortunate enough to be married to someone who understands her passion. She is married to fellow actor Michael Shanks, and has learned many lessons from their <u>celebrity relationship</u>. "Honesty, trust and good communication

are so, so important in a marriage," Doig explains. She also stresses that it's importance of making time for loved ones. "It seems a bit obvious to say that, but it's shocking how much we forget that and take for granted the people we love." Aside from being a wife, Doig is also a mother of three. She and her husband try their best not to work at the same time, but that doesn't always go according to plan. Doig is fortunate enough to have a supportive best friend and nanny to help achieve her work-life balance. "I have loads of help from lots of different places so I'm quite privileged in that way," she unabashedly says.

Related Link: Celebrity Interview: Christina Milian Says, "Homemaker was just mom, and now it's also grandma, it's grandpa, it's stepmom, it's a combination of different people."

Although Valentine's Day has now come and gone, Doig didn't have anything special planned. With 13 years of marriage under her belt, the starlet says she and her husband aren't big on the holiday. "We're a little unromantic that way, but we're both kind of unsentimental so it works great for us. I'd rather randomly do something beautiful or just appreciate and love my husband every day than pick an arbitrary day to go out for dinner and get chocolate," Doig explains. When asked what was the most romantic thing someone has ever done for her on V-Day, Doig recalled a time when a boyfriend sent her on a treasure hunt. She had found his gesture to be "sweet," but it ultimately didn't work out. "I totally crapped on it by waiting until rush hour to drive all over the city, got impatient with his clues and yelled at him." She went on to admit that her impatience is probably why she's no good at romance.

With being a regular on two big network series, you'd think Doig would have her hands full. Despite a busy schedule, Doig continues to practice her craft. She recently finished filming the sixth installment of *The Aurora Teagarden Mysteries* for

the Hallmark Movies and Mysteries Channel, and is prepping to shoot the seventh very soon.

For more information about Doig, follow her on Twitter @LexaDoig. The Arrangement is set to premiere on Sunday March 5 at 10 p.m.

Celebrity Interview:
Christina Milian Says,
"Homemaker was just mom, and
now it's also grandma, it's
grandpa, it's stepmom, it's a
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people."





Interview by Lori Bizzoco. Written by Cortney Moore.

There's very little Christina Milian can't do. She's a performer that can sing and dance, as well as act. These three traits definitely came in handy during her role as Magenta in the Fox broadcast of The Rocky Horror Picture Show: Let's Do the Time Warp Again, which aired on October 18. In our exclusive celebrity interview, Milian opens up about her relationships, Thanksgiving plans, career and what it's like being a homemaker.

Learn what Christina Milian thinks it means to be a homemaker in this exclusive celebrity interview!

Milian has recently made news with her friendship to celebrity ex <u>Nick Cannon</u>. The pair dated for two years in the early 2000's, but since then have recently been seen hanging out with each other. Milian confirms that they are only friends, saying, "It was good to catch up, it's been over 10 years, so

that was a friendship that I always valued." She also says it's been nice experience for them to reconnect as parents, and that it has been fun discussing family life with someone who understands. Is the next logical step getting back together? Milian laughed, saying, "Well you never know, we'll see what happens!"

Related Link: Christina Milian Talks New Reality TV Show, Viva Diva Wines and the Status of Her Love Life

Meanwhile, Milian's 6-year-old daughter Violet keeps her on her toes. "Now she lets me know how I should be making the decisions in my life and how we should reschedule my life to make sure she's incorporated in every single part of it," which is something Milian went on to say she loved about her daughter. When asked if Violet had any interest in show business, Milian says she's steering her toward education, but would be supportive of her daughter either way. With regard to raising Violet, Milian says her mother and father were a big help. "It really took a village to raise the household, to keep the house clean and safe, especially around the holidays," she says. Everyone in the Milian home contributes in some way, whether it be serving the table or cleaning up after each other. This especially holds true on Thanksgiving As for family traditions, Milian likes to enjoy her Thanksgiving in her pajamas and cooking delicious food. "You better make two types of stuffing," Milian jokes in reference to differing palates. If you're ever making stuffing for Milian, make sure it has raisins in it!

Related Link: <u>Carmen Milian Talks Reality TV Show and Dating Advice in Exclusive Celebrity Interview: "Love Can Conquer All"</u>

More recently, Milian has partnered with Pine Sol to redefine what a homemaker means. "Homemaker was just mom, and now it's also grandma, it's grandpa, it's stepmom, it's a combination of different people," Milian explains. The initiative hopes to

get people to share their stories on social media through #MakersOfHome, to show that other family members contribute to making a home. She is also involved with Pine Sol's charity Together We Rise, which aims to improve the lives of foster children. "This time of year I think it's really great for people to help other people," Milian goes on to add. "Philanthropy is very important to me, especially in the foster care system." Aside from her partnership, she's moved on from her reality tv show to other projects. Keep an eye out for new music in 2017. She also has a role on the new Fox show Superhuman alongside Mike Tyson and Dr. Rahul Jandial, which will begin to air next year.

For more information about Milian, check out her website, www.christinamilian.com. Follow her on Twitter @ChristinaMilian.

Celebrity Interview:
'Hollywood Medium' Star Tyler
Henry on His New Memoir &
Career: "This is
Fundamentally What I'm Meant
To Do"





Interview by Lori Bizzoco. Written by Kayla Garritano. Tyler Henry is best known as the young, Macaulay Culkin lookalike who talks to spirits of deceased celebrity relatives on his hit reality show, Hollywood Medium. Now on a small break from filming during season two, the E! superstar has published his first book, Between Two Worlds: Lessons from the Other Side.

Released just last week, Henry's memoir walks us through his journey and talks about the stars he has worked with and the spirits who have come through. "I'm only twenty, so I don't have the longest of memoirs," the California native says with a laugh. "But it does tell my story and answers a lot of those questions that I get on the street every single day." Lucky for us, the majority of the clients he reads are everyday people, not just the celebrities we see on his show.

Related Link: Celebrity Interview: Hollywood Medium Tyler
Henry Talks Upcoming Season, New Memoir & His Love Life

Hollywood Medium Reality Star Releases New Memoir

In his exclusive <u>celebrity interview</u> with CupidsPulse.com, the newly-minted author explains how his book will help others understand what it's like to be a clairvoyant. "I think we all have an intuition, and the book covers that idea," he explains. "I always say, getting in touch with your intuition isn't really an additive process; it's a subtractive one. It's about trying to be present and be in the moment."

He adds, "I hope that everyone who reads the book is able to find a sense of relatability in that healing and finds a sense of healing through other people's stories."

While discussing his method for connecting with the other world, he mentions that *Between Two Worlds* can teach readers how to channel spirits themselves, "We all have this inner intuition and a capability to connect information and find a deeper sense of guidance in our own lives," Henry shares. Given that his waiting list for readings is 100,000 people deep, buying his book and learning to channel spirits on your own may be a lot faster.

When asked if his mother came with him on his East Coast book tour, the reality star laughs while rolling his eyes and waving his hand. "No, I left her home," he says. Anyone who has ever watched the show knows that Henry's mother plays a very important role, driving her son from place to place for readings and often times getting starstruck when she hears which celebrity he just had the privilege of meeting.

An only child, Henry tells us after our celebrity interview that he has finally moved out of his parents' home and bought a home of his own in Malibu. Then, he adds, "Now, my parents live with me!"

Related Link: Celebrity Interview: Hollywood Medium Tyler

Tyler Henry Talks About His Career as a Medium in Celebrity Interview

Henry has read everyone from Sarah Paulson (his first off-camera celebrity reading!) to Jaime Pressly and Boy George and is now known as a celebrity himself. In fact, having previously read the Kardashians, he was recently contacted by Kris Jenner to help the family identify the person responsible for Kim's robbery during Paris Fashion Week. Sources have reported that he refused to help. However, Henry says that he has helped families connect with members who have gone missing. "I would like to do more of that," he admits. "It's something that is very sensitive, and I think that there's a way to do it."

The reality star never knows who he is reading until he shows up at their home, and even then, he sometimes doesn't know who they are or what they do — and he actually prefers it that way. "I don't get starstruck. I don't get distracted," he shares. "Fundamentally, it just feels like two people connecting on a very deep soul-to-soul level."

Even at such a young age, Henry knows that being a medium is his calling and is something he will do for the rest of his life. "This is fundamentally what I'm meant to do," he passionately says.

For others still searching for their life path, he adds this piece of valuable advice: "If we can follow our calling in being compassionate, being caring, helping the world, and enjoying ourselves along the way, then anything is possible."

If you want to inquire about a reading, you can visit

Tyler's <u>website</u>. Catch the rest of season two of Hollywood Medium on E!, starting in January 2017. You can keep up with Tyler on Twitter and Instagram @tyhenrymedium and on Facebook.

Celebrity News: Neil Strauss & Gabrielle Reece Break a Sweat in 'The Truth Barrel'





By Cortney Moore

People don't usually like the feeling of being sweaty while

interrogated, but on *The Truth Barrel*, that's exactly what hosts Neil Strauss and Gabrielle Reece want out of their guests. Recorded within a 220-degree barrel sauna, the *New York Times* bestseller and professional volleyball player interview interesting characters in an hour-long podcast that aims to cover topics people don't like talking about. They discuss affairs, fears, challenges, double lives and inner struggles. Nothing is too controversial to be discussed. Cupid was able to speak with Neil and Gabrielle to find out how this new podcast is making a buzz and is becoming the latest celebrity news.

In celebrity news, learn more about the podcast that's recorded in a super hot sauna.

Neil Strauss and Gabrielle Reece's podcast isn't something that was manufactured overnight. The pair had been speaking the truth for years, long before they started recording. "We were introduced through mutual friends, and then Neil started coming to my house and training with my husband and I," Reece explains, with regard to how this unlikely pair first met.

The concept behind *The Truth Barrel* is definitely a unique one. The cedar wood barrel sauna in question can fit anywhere from eight to ten people at a time, and although many deep conversations tend to take place in this environment naturally, people do often try to stay away from touchy topics like politics and parenting. Taking notice of this fact, Reece thought broaching these topics in the sauna would make for a great show because of its relaxing setting. "The barrel gets people to reveal things about themselves that they wouldn't normally," Reece says. Strauss, on the other hand, adds that unlike other conversations that take place between friends in saunas across the country, in *The Truth Barrel*, their

interview subjects don't know them like they do their spa buddies, making for very interesting exchanges.

Related Link: 'The Truth' Author Neil Strauss Gives Relationship Advice - Even When It's Uncomfortable

The Truth Barrel is still young, but the team has already welcomed a few intriguing personalities in their celebrity interviews, so it's easy to understand why the podcast has already garnered so many highly rated reviews online. Both hosts work hard to get honest answers from their subjects and hope that their listeners can take away something from each episode. For example, Strauss points out that in the two streams that have been uploaded so far, they've interviewed people who have had near-death experiences and have come back from it. In his own words, Strauss says, "I thought it would be interesting to learn from people who have been on the other side and see how we could appreciate life and be more grateful." In fact, this is the thoughtfulness that sets The Truth Barrel apart from other podcasts. Reece believes that the podcast's success relies on integrity and that listeners enjoy hearing when others are going through similar issues as themselves because they feel less alone in their struggles. "I want to put stuff out there that even if it may uncomfortable or imperfect, there's a level of honesty to it. There's nothing like when you're going through something and someone goes, 'Wait, I'm going through that; I feel that way.'"

Related Link: <u>Celebrity Interview: Virtually In Love's Kansas</u>
<u>Discusses Falling In Love Online</u>

If there are any doubts that this duo can provide worthwhile advice, naysayers are in for a surprise. Both Neil and Gabrielle have overcome obstacles in their lives that required professional help. Strauss battled sex addiction after publishing his book *The Game*, which focused on pick up artists, while Reece has prevailed over body image issues and

is currently speaking out against opioid use after her knee replacement surgery. Despite these hardships, they've both been able to lead successful careers and have families. Strauss has his wife Ingrid De La O and their son, and Reece has her husband, big wave surfer Laird Hamilton and their three daughters. What's their secret when it comes to balancing family, marriage, and careers? Well, the bestselling author credits careful scheduling as his main source of success for finding a healthy balance, while the mother of three says it's important to know, "You can't have it all, all at the same time."

Sweat the truth out, and take the plunge with Strauss and Reece in this riveting podcast. Learn deep dark secrets, and take the time to hear inspiring stories and experiences that can also help you when you are facing struggles and challenges in your life.

You can stream The Truth Barrel on PodcastOne.com, the show airs on Tuesdays. For more information on Neil and Gabrielle, they can be reached on Twitter at @NeilStrauss and @GabbyReece.

Celebrity Interview: Chloe Lukasiak Talks 'Dance Moms': "I'm Kind of Doing My Own Thing Now"





Interview by Lori Bizzoco. Written by Kayla Garritano.

From the age of two, Chloe Lukasiak knew she wanted to step foot on the dance floor, only to dance her way into fame. She starred in the first four seasons of *Dance Moms*, but this blonde performer has recently left to further her dance career with her self-titled channel, *Chloe on Pointe*, on *Ownzones.com*. Now working on season two, the 15-year-old dancer has much to share in this exclusive <u>celebrity interview</u> with CupidsPulse.com on what's ahead in the upcoming season, as well as life after leaving *Dance Moms*.

In our celebrity interview, Chloe Lukasiak opens up about her career

and gives some advice for young girls following their dreams.

Lukasiak's proven that she can handle being on her own. Her channel, which focuses on dance tutorials, also provides fans insider exclusives on her life through vlogs, and even offers beauty DIYs. So it's no surprise as to why Chloe on Pointe was renewed for a second season with the great content she's uploaded thus far. When asked why she wanted to create her own show, Lukasiak responded with, "I thought this would be a great way to teach, and give fans a look into the dance life. They can learn with me." This move to Ownzone has also helped Lukasiak gain new skills, which she appreciates because she's been exposed to things she's never tried before. Such as helping choreograph and teach her own dance solo! Being able to create, perform and teach has turned Lukasiak into a triple threat to be reckoned with. You'll be able to see the solo on her channel within the next couple of weeks. "I'm hoping that people really like it," she says.

Related Link: Date Idea: Dance the Night Away

Despite all her success, Lukasiak took a moment to reflect on how her career started. She left Dance Moms after season four, when instructor Abby Lee Miller made negative comments on her appearance and said her routine was a "hot mess." But instead of crying about it, Lukasiak says she's doing her own thing now and acknowledged that she hasn't kept in contact with her former dance teacher. She went on to mention that she still talks to a few of the girls here and there, but everyone has their own lives and busy schedules. "It's just hard to keep in touch with everyone, since our schedules have taken us different places." However, she admits to being close with Paige and Brooke Hyland, who were also on the show and left at the beginning of season four. As far as other experiences she had on the show, Lakasiak opens up about how

it's had a lasting effect on her. "I was nine, and I left when I was about thirteen, so I grew up really fast in that environment." She goes on to say that the show helped her come out of her shell and overcome her shyness. However, it is clear that Lukasiak is staying away from her past as best as possible. In recent weeks, there has been talk about canceling *Dance Moms* season 7. Responding to the news, she says, "I guess this might be the end of *Dance Moms.*" She was also unaware of the rumor regarding Kendall Jenner joining the show, which she thinks would be a strange and interesting change.

Date Idea: Date Idea: Beat of the Music

Now that Lukasiak is occupied with her channel, dance and other exciting events, it's hard for her to make time for friends and school. When asked how she balances her responsibilities and fun, she responded with, "You have to figure out what's important and what's not important. It's about what you do with your time and how you handle it efficiently." She mentions that she focuses a lot of time on school, but stresses that it's important to be social and hang out with your friends. Lukasiak also shares some advice for young girls who are looking to dance competitively: "Do what makes you happy, because at the end of the day, you are your own person. If you're not happy, then something's wrong. Remember at the end of the day you're just getting a trophy," she jokes.

What can we look forward to seeing from Lukasiak? Aside from a potential Christmas special on her channel, she will appear in two upcoming movies. She's also been thinking about college and what she will do with her life. "If I had to guess, I'd still dance, but I don't know if I could study dance."

You'll be able to find Chloe On Pointe on <u>Ownzones.com</u>. For more on Chloe Lukasiak, you can check out her <u>YouTube Channel</u>, <u>Instagram</u>, and <u>Twitter</u>.

Celebrity Interview: Comedian Matt Bellassai Talks About Living Single Life: "I'm Comfortable in My Own Skin!"





By Kayla Garritano

This guy has come a long way from his first web series Whine About It for BuzzFeed. Comedian Matt Bellassai has progressed

from journalism to comedy, and his hard work has paid off. Winning a *People's Choice Award* in January 2016, Bellassai has plans to continue his career full of laughs. In this exclusive celebrity interview, he opens up to us about his upcoming show, *To Be Honest*, as well as his new campaign with snack company Soy Vay, all while living the life of a single celebrity in New York.

In our celebrity interview, Matt Bellassai talks about his career and sheds some light on the single life.

Bellassai's new show, To Be Honest, takes place in his apartment. The show is similar to what he's done in the past, where he gets drunk by himself, gives advice and "complains about stuff" to his viewers. "The idea is watch me have some drinks and get angry about something," he shares. Always open to requests from his fans, Matt takes some time, about a day or so, to think about a topic before he rants about it. He tells Cupid that it depends on what he's feeling usually the day of the show, or a couple of days prior. "Stay tuned," Matt says, keeping us in suspense. However, it wasn't until recently that he thought he could turn comedy into a career, about a year and a half ago in fact. "I always thought about being a writer," he shares. "I went to journalism school; I wanted to move to New York and be a writer. But it wasn't until recently where I thought , 'Oh, I could actually do comedy, be funny for a living.'"

Related Link: Love & Laughs: Comedian Eric Patrick Shares His Relationship Advice

Now that he's in New York, Matt talks about his life, which is about more than just humor. He is currently single and even

has a live show based off of that fact called *Reasons Why I Will Be Single Forever*, on his *Drunk and Alone* tour. "I'm very comfortable in my own skin, and there's probably a handful of reasons why it'll probably stay that way for a good amount of time," he says on why he is single. But with a positive attitude, he offers relationship advice to those looking for a meaningful partnership. He says you have to get to know a person to figure them out and understand why they are who they are today.

Aside from his shows, Matt has done more with his comedy and has partnered up with Soy Vay, a Chinese-inspired snack line. They create marinades, as well as other culturally-inspired foods. Now, snacks! Soy Vay's new line of rice clusters are hitting the market, and Matt is teaming up with the brand for new advertising! Their new campaign is called SnackHour. Matt says, "It's like happy hour, except it's in the middle of the day, and you get to eat snacks." The idea is that when it is the middle of the day, and you just need a break from everything, you can relax, eat some snacks, and watch videos that Soy Vay and Matt put together, all while eating some of their snacks. The video shows Matt with "hanger" (a mix of "hungry" and "anger") ranting about random things, much like on his own show. "The idea is that you satisfy that sort of urge with some fun, Soy Vay snacks."

Related Link: Date Idea: Laugh Out Loud Fun

What else is in store for Matt Bellassai? He is currently working on a book he wants to come out soon, and hopes to pursue a TV show as well as continuing with his live tours. "I'm just going to continue doing fun stuff, like I am doing now with Soy Vay."

You can view these videos out on snackhour.tumblr.com as well as order some of these snacks for yourself!

For more on Matt Bellassai, you can check out his <u>Facebook</u>

Celebrity Interview: Casting Director and Actress Becky Wu Compares Dating and Acting: "You Should Trust Your Own Story"





By Kayla Garritano

It's no secret that there's a lot of work — both behind-the-

scenes and on-screen — that needs to be done in order to make a successful show, music video, or movie. You can even say that casting directors act as "matchmakers" for their clients, finding the perfect harmony between actor and project. That's what Myx TV's new reality show Cast Me! is all about. Becky Wu is one of the casting directors that appears on the series, but fans may recognize her from her acting roles on shows like Desperate Housewives, All My Children, and Grey's Anatomy. In an exclusive celebrity interview with CupidsPulse.com, Wu talks about her latest project as well as how she balances her hectic schedule and her love life.

Becky Wu Talks About *Cast Me!* in Our Celebrity Interview

Cast Me! reveals what goes on in the casting world as aspiring actors and actresses compete in hopes for their big break. It puts contestants through unusual and eccentric auditions as they pursue roles in upcoming television commercials, movies, or music videos. "Viewers will get an inside look at what we do day in and day out as casting directors," explains Wu. "There are so many crazy and hilarious moments on the show. We have a lot of fun doing our jobs, and that's totally reflected in the series. It's honestly hard for me to pick a favorite episode because each one has its valuable lessons. None of the episodes should be missed!"

With this new show, Wu hopes that viewers who are entertainers will learn what casting directors are looking for during auditions. "People need to understand that you have to build thick skin and that everyone will have an opinion," she shares in our celebrity interview. Aside from educating new actors, she wants her appearance on the show to inspire people to follow their dreams and to realize that just because one casting director doesn't like you doesn't mean you can't improve and get better.

Related Link: Balance Work and Love Like a Celebrity Couple

Given her experience both behind and in front of the camera, Wu can offer a lot of great advice to hopeful actors: "Always be prepared. Constantly work on your craft, so when an opportunity arises, you are ready and can take it head on because you've been practicing for so long. It's so common for people to land an audition and feel lucky; then, they don't get the role because they weren't prepared. Success comes when preparation meets opportunity."

In addition to her new show and rewarding career as a casting director, Wu will be making an appearance on an FX scripted series, which will premiere soon. She couldn't tell us much more about it, but she's "so excited for the opportunity."

Celebrity Casting Director On Balancing Her Relationship With Work

Despite her busy lifestyle and long hours on the job, Wu still makes time for romance. "At one point, I had to put my foot down because it was affecting my relationship with my boyfriend," she says. "I was giving it all at the office and not able to spend as much time with him. Now, I've hired a lot more people to help me out, and there's a much better balance."

Fortunately, her boyfriend is a stuntman in Los Angeles, so they both understand how the industry works and encourage each other in their respective jobs. "We both know what this profession entails, so that makes it easier on our relationship," she adds.

Related Link: New Celebrity Couple: Sienna Miller Is Dating 'Foxcatcher' Director Bennet Miller

So how does acting compare to dating? Wu finds similarities in the need to trust yourself and your instincts. "You have to trust the decision that you make as an actor in a story. In a relationship or on a first date, you should also trust your own story and who you really are rather than making things up because you're feeling insecure," she shares. "Just like in an audition, anything can happen on a first date, so it helps to get the jitters out and do what you need to feel confident and loosen up." We couldn't agree with this relationship advice more!

Cast Me! airs Tuesday nights on Myx TV at 8/7c. Each episode is available online at www.myxtv.com every Wednesday.

'DWTS' Pro Allison Holker on Her Celebrity Baby with Stephen "tWitch" Boss: "Carrying a Baby Around the House is the Biggest Workout!"





By Kayla Garritano

Not only have their dance careers flourished since they appeared on *So You Think You Can Dance* but so have their love lives. Professional dancers Allison Holker, who competed on *SYTYCD* during season 2, and Stephen "tWitch" Boss, who first auditioned during seasons 3 and 4, met on the famous reality TV show when they both returned as All-Stars during season 7. Three years later, in 2013, they were married, and Boss became a stepfather to Holker's daughter Weslie.

Of course, 28-year-old Holker and 34-year-old Boss are more than just a power pair in the dance world. In our exclusive <u>celebrity interview</u>, the <u>celebrity couple</u> opened up to <u>CupidsPulse.com</u> about their family life and reality TV careers as well as their recent partnership with <u>Airtime Labs.</u>

Allison Holker and Stephen "tWitch" Boss Open Up About Celebrity Baby

and Reality TV Careers

This past spring, the musically-inclined duo welcomed their first <u>celebrity baby</u>, son Maddox Laurel, together. It's no surprise that his big sister is relishing her new role. "She changes diapers; she does the feedings; she always wants to help," Boss says of 8-year-old Weslie. "She's been really excited about having a sibling for a very long time."

Related Link: 'Dancing With The Stars' Celebrity Couple Maksim Chmerkovskiy & Peta Murgatroyd Are Expecting

Holker and Boss announced their celebrity pregnancy live onair during season 21 of *Dancing With the Stars*, where Holker was paired with singer Andy Grammer and finished in 7th place (when she was five months pregnant!). After taking time off for the birth of her son, she's back for her fourth season on the dance competition show and already in great shape. "Carrying a baby around the house is the biggest workout you could ever imagine," she jokes.

But the excitement of her return doesn't stop there: For season 23, the pro is dancing with R&B musician, singersongwriter, and record producer Kenneth "Babyface" Edmonds. When asked about working with the iconic man, Holker shares, "I wasn't really nervous. I felt honored — I feel like I'm learning so much from him. He's so knowledgable about life and who he is."

Boss, on the other hand, was ecstatic to hear the news, saying, "I grew up on him!"

As fans know, Boss has quite a history with *SYTYCD*. After he finished as the runner-up during season 4, he returned during season 5 to perform the Emmy-nominated piece "Mercy" that he danced the year before. He was a frequent All-Star during seasons 7 through 9 and performed many memorable dance routines. Then, during season 12, he served as Team Captain

for "Team Street."

Related Link: <u>Celebrity Interview: SYTYCD Finalist Meg Alfonso Inspires Other Dancers Saying, "Don't Be Afraid of Who You Are"</u>

Most recently, Boss made an appearance as a guest judge on the latest season of *SYTYCD*, which is mixing things up by featuring young dancers between the ages of 8 and 13. "When they first announced it, I wasn't completely on board. Switching formats so drastically, I didn't know how to feel about it," he explains when asked about *So You Think You Can Dance: The Next Generation.* "But then, after watching an episode, getting to know the contestants, getting to see the dances, and — when I was a judge — seeing it live and getting a dose of their personalities, I was like, 'Wow, this makes a lot of sense.'"

Keeping busy, the reality TV star who makes regular appearances on *The Ellen Show*, is developing an exercise/dance fitness program, and is continuing to attend dance auditions. As he puts it, he is "waiting to create the next opportunity, whatever that may be."

Celebrity Couple Partners with Airtime Labs

For Holker and Boss, it was a no-brainer to partner with Airtime Labs, a mobile telecommunication solutions company that strives to find affordable and safe technology options for families by offering monthly phone and tablet plans for children and teens. The celebrity couple will inform and educate parents about the company's flexible mobile services and inexpensive devices. By providing their children with their own phones and/or tablets, parents can teach them responsibility but still monitor their usage.

Related Link: 'DWTS' Star Antonio Sabato Jr. on Switch-Up
Partner Allison Holker: "I Couldn't Ask For Anyone Better!"

This celebrity couple is already using Airtime Labs for their daughter. "It's family-based. It's about connecting better. Not only were we able to get Weslie a phone, but we were able to teach her how to use it," Boss explains. "We are still able to monitor what websites she's going to and how she spends most of her time on the phone, whether it's playing games or watching YouTube videos. That made me feel better about getting her a phone."

Chiming in, Holker adds that she wanted their daughter to have a phone but with a fair amount of supervision. "I wanted her to be able to reach out to me, but she can't just be on her phone all day," she shares.

Be sure to watch Dancing With The Stars on Mondays and Tuesdays at 8PM ET on ABC! You can follow the couple on Instagram @allisonholker and @sir_twitch_alot.

Celebrity Interview:
Professional Aerialist &
Celebrity Trainer Jill
Franklin Talks About Aerial
Physique, Fitness And Love

Advice





By Cortney Moore

When you hear the word "aerialist," colorful imagery of gravity defying circus performances might come to mind. Not many can say they make a living soaring through the sky, but world-renowned aerialist and celebrity trainer Jill Franklin has found a way to make aerial her business. In our exclusive celebrity interview, Franklin opens up about her experience as an aerialist and founder of Aerial Physique, what it's like training her clients, and fitness related relationship advice.

A World Famous Aerialist Offers Us

Great Fitness & Relationship Advice In This Celebrity Interview

Franklin became enchanted with aerial at age 14 when she attended her first Cirque du Soleil show. As someone who was trained in dance, Franklin admired the graceful acrobatics these performers exhibited, but like most people she doubted she could be capable of such feats. Seven years later, Franklin found herself in New York City looking for work; until one day she saw an advertisement for a circus school and decided it would be a great opportunity to knock aerial off her bucket list. "I was convinced I wasn't strong enough, I was totally afraid of the whole thing. I was afraid of heights," Franklin admits, "my first class- I was totally awful. I couldn't do anything they asked me to do!" However, Franklin did not allow herself to get discouraged and continued with her classes the same way she had when she studied dance.

Related Link: Make Your Love Soar On Date Night With Aerial Classes In NYC

Fast forward to 2016, and now Franklin has become the teacher rather than the student with her Los Angeles based aerial studios, Aerial Physique. "I just really love watching people's progress as far as someone comes in and says they're nervous about it, they're not really sure if this is for them. And then in a few months just watching their bodies literally change," she says in regards to what made her open up her own studio. Teaching everyday people how to do aerial is a rewarding experience for Franklin, especially since she was once apprehensive about doing the sport and doubted she'd get as good as she is today. For those who are interested in aerial, Franklin believes you should pursue your curiosity, "Everyone is totally afraid and thinks they're too old to try it now, and all these things, these excuses go

through your heard. Which is normal, but you just got to do it and it gets much better." Not only has Franklin's reputation as a talented aerialist made celebrity news on more than one occasion, but it has also attracted very famous clientele. Some celebrities that Franklin has had the opportunity to train include *Revenge* star Christa B. Allen, one of Chris Rock's daughters and many more.

Related Link: <u>Celebrity Interview: Celebrity Trainers</u>
<u>Sebastien and Danielle Lagree Talk Famous Clients,</u>
<u>Relationships & Love</u>

In terms of fitness and relationship advice, Franklin was able to provide an abundance of insight from her relationship with her husband. "My husband and I, on the very first date we went on, he took me on a picnic and I asked him what I can bring. And I was like thinking, 'Okay should I bring something to eat? Should I bring like cookies? Like what do I bring?' He said bring three things, 'authenticity, fearlessness and a smile.' That's kind of been our ongoing things that we live by." Four months after their first date, Franklin and her husband were married! As a couple, fitness is an important factor of their lives- this is especially apparent since they met each other at the gym. "It's a great place to find a date. It's definitely better than a bar, that's for sure," Franklin says in regards to where women can find a quality date, "you know that person is taking care of themselves, and caring for their health and bodies. So I think it's a great place to find a date for sure." When asked if aerial classes were a good option for couples to try together, Franklin says it's worth giving a shot, even if you're starting a new relationship. "It's a fun way to break the ice for sure because you're stretching, you're doing things that are new, so both people feel a little uncomfortable but also get to learn about each other." And she would know since she invited her husband to an aerial class back when she first met him. "We ended up spending that whole night chatting. I think he thought it was

really cool and was intrigued by it because it was unique from what other people do." Franklin went on to joke that if you want to get a husband quick, do aerial.

Not bad for a someone who was once afraid of heights! You can schedule a class with Franklin if you're in the Los Angeles area, or watch her performances and instructional videos on her Youtube channel, Aerial Physique. And keep an eye out for her beginner and intermediate aerial guides and coloring books that are available on Amazon!

For more information on Jill and Aerial Physique, you can visit her website!

Celebrity Interview: Hollywood Medium Tyler Henry Talks Upcoming Season, New Memoir & His Love Life





By Cortney Moore

Unlike most young adults trying to find themselves in life, 20-year-old Tyler Henry has made an impressive name for himself in the reality TV scene with his clairvoyant abilities. As the star of the hit show Hollywood Medium, Henry helps his celebrity clientele reconnect with lost loved ones. The small town California native captivated audiences with his detailed readings and secured a second season on E! which premieres tonight, August 10. Aside from having an active medium practice, this reality TV star has also written his own memoir. Learn more about the upcoming season, his new book, and his love life in this exclusive celebrity interview.

Hollywood Medium Star Opens Up About His Talents, Dating Life & Second Season In Exclusive Celebrity Interview

As to be expected, this young medium's life changed

drastically after filming the first season of his show. One aspect Henry is still trying to get used to after his television debut is being recognized by fans in his coming and goings. "Getting stopped on the street by people who've been personally affected by the show has been one of my favorite experiences," the reality TV star shares in our celebrity interview, "I love getting to meet fans of the show and hear their stories — everyone has one." And speaking of stories, there's many to tell in this upcoming season of Hollywood Medium. "There are so many moments that are deeply profound, some of my favorites being with people who may have started off as skeptics," Henry reveals. He especially enjoyed conducting a reading for singer and songwriter Moby, who Henry assures received touching results. Other celebrities to keep an eye out for in season 2 include Melissa Joan Hart and Kris Jenner, both of whom left the medium starstruck. The young psychic revealed that he'd like to read Lana Del Rey and Cher because "both are amazing performers with intriguing stories."

Related Link: Celebrity Interview: Hollywood Medium Tyler Henry Talks About His Near-Death Experience & Biggest Celebrity Crush!

In addition to being a medium to the stars, Henry finds time to do readings for non-celebrity clients as well. "The show only represents a small demographic of my overall clientele," he says, "I still read the public and people who need it. It's essential for me to have a balance during filming as readings can become physically and mentally draining." And despite having a busy schedule, this talented clairvoyant has written his first book, titled Between Two Worlds: Lessons from the Other Side that will be released in November. The book is a memoir of Henry's journey to becoming a medium, discussing life events that profoundly affected his upbringing, such as the passing of a childhood friend. "I think people will be surprised to see that many of the stereotypes people associate with don't apply to my situation," the psychic says. "In

telling my story, I kind of demystify more of the outlandish ideas that people often assume mediums believe. It isn't like *The Sixth Sense*, and healthy skepticism is something I embrace." Henry hopes that readers will find resonance in his experiences and learn that we're all interconnected. The book will also go in-depth about the lessons people on the other side can offer to the world of the living. In five years, Henry hopes to still be working on *Hollywood Medium*, conducting readings cross-country and setting up a charity for young people who've experienced loss.

Related Link: <u>Julie Andrews' Relationship Advice: How to</u> Survive the Death of a Loved One

Thanks to his clairvoyant abilities, Henry's been lucky enough to avoid nightmare date nights. Though there have been times he's felt "more connected to a date's deceased grandmother," but he typically goes with the flow during these situations. The 20-year-olds career as a medium has helped keep his life free from relationship problems. "When I'm dating someone, I often find I know whether we'll be going on a second date before the first one even really begins." But he also says that he isn't opposed to having his mind changed. His abilities just simply provide intuition about people's intentions or motivations. However, this rarely happens since many with ulterior motives "run for the hills" anyway when they discover his abilities.

Tune in for the new season of Hollywood Medium with Tyler Henry on E! on Wednesdays at 10/9c. Catch the premiere on August 10! You can keep up with Tyler on Twitter otyhenrymedium.

Celebrity Interview:
'Botched' Star Dr. Paul
Nassif Discusses Being
Single, Skincare and Spin-Off
Shows





Interview by Lori Bizzoco. Written by Stephanie Sacco.

Dr. Paul Nassif is more than a doctor on reality TV. He's a renowned facial plastic surgeon and skincare specialist. Though people may remember him from *The Real Housewives of Beverly Hills*, he's even more recognizable for his *E!* reality series, *Botched* which he co-hosts with former RHOC star, Dr. Terry Dubrow. The success of *Botched* has even led to a few

upcoming spin-off shows, Botched By Nature and Botched Post-Op. Last week, Nassif spoke to us in an exclusive celebrity interview about the upcoming spin-off shows, his new antiaging skincare line and his very single relationship status.

Reality TV Star Dr. Paul Nassif Talks 'Botched' Success

Back when Nassif first developed the concept for *Botched* and pitched the show, his co-host was doubtful, calling Nassif "crazy" for wanting to put plastic surgery on TV. "Now look at us," the former *RHOBH* star says. *Botched* is in its third season and the show has led to multiple spin-off series. One of the many reasons for the show's success is that all the cases are legitimate, and Nassif and Dubrow are passionate about their clients. The doctors really enjoy helping their patients through their issues. Nassif says the role of a plastic surgeon is "part doctor and part therapist." Although extreme cases are common in this line of work, the reality TV star shares that the worst is yet to come. "For me personally, once you see the episodes of *Botched By Nature*, those are going to be the most riveting and the hardest cases we've had to do," he admits.

Related Link: <u>Celebrity Interview: E!'s 'Famously Single'</u>
<u>Dating Coach Laurel House Says "Every episode has drama"</u>

One of the differences between *Botched By Nature* and *Botched* is the client's reason behind getting plastic surgery. "Some people got struck by lightning, went through severe accidents, and had deformities," the plastic surgeon says about the spinoff series. This brings the doctors even closer to the clients. "You really get into the heart of it by going into these people's homes," he shares. "You see their families and loved ones, and you're allowed to discuss these incredible human interest stories about what they've had to go through

their entire life." That added personal layer is something the fans haven't seen before. Due to the extreme cases that they're dealing with, Botched By Nature has the surgeons on the road, traveling all over the country. But it's not all serious business. The two friends have some adventures along the way. Nassif explains, "We'll be going to different parts of the country and doing something fun in each city." Being on the road has its perks and these two won't disappoint. "You're going to see more of a reality between Dubrow and I because we're traveling. So you get to see a little bit more of that bromance," Nassif says.

Reality TV Star on Dating & His New Skincare Line

Though he's always been successful in the operating room, Nassif hasn't been as successful with romance. He admits that he isn't dating anybody right now and that he's found that dating takes a lot of time and energy. "I cleared my slate so I could come home, work out earlier, and get sleep. Dating is fun, but it's very taxing," shares the father of three. He's already been a part of a celebrity couple for many years, and he isn't interested in having it again at the moment. While his career flourishes, he's putting his love life on hold and is focusing on his new skincare line. The NassifMD Bio-Rhythmic and Bio-Clock Dermaceuticals skincare lines are out already, and Nassif uses the collection. When asked how the products differ from others on the market, he explains that he has an understanding of the face and body, and is qualified to know what works. "As a plastic surgeon, I look at skin differently than a dermatologist," he says.

Related Link: Celebrity Interview: Brandi Glanville Is More
Than a Housewife on 'Famously Single'

As a facial reconstruction specialist in Beverly Hills, Nassif also knows that there are many different motivations for

getting plastic surgery. The idea that women get work done for their man sometimes happens, but when it comes up in his office, Nassif is strongly against it. "If there's a wrong reason, I simply won't do the surgery," he shares. Typically, his clients are aware of the problem and want to fix it for their own health. "When it comes to facelifts, eyes, and noses, my patients are pretty spot on about wanting to do it for themselves." The reality TV star has also had some work done himself, such as some reconstruction surgery on his nose here and there. But, the most recent celebrity news is that the doctor hinted he may potentially get Botox on television. He says, "You gotta watch the show. Watch Botched By Nature to see something different regarding me."

Botched By Nature premieres on August 3rd at 9/8c.

You can follow Dr. Paul Nassif on <u>Twitter</u> and watch Botched on Tuesdays at 9:00 on E!

Celebrity Interview: 'Famously Single' Star Dr. Darcy Reveals Her Favorite Cast Members & Those Who Surprised Her Most





By Rebecca White

Over a year ago, Dr. Darcy Sterling received an email inviting her to audition for a new reality TV series, Famously Single, which focuses on helping eight single celebrities work through their relationship problems. Having made her television debut on E! in 2011, the network was familiar with her, so she flew out, auditioned, and the rest is history. Her experience as a licensed clinical social worker and relationship expert facilitates her work to help individuals and couples who want more out of life. She hosts workshops focused on psychology and runs a Q&A blog. In our exclusive celebrity interview, Dr. Darcy dishes on the Famously Single cast members, from who was her favorite to who surprised her the most, and shares her best relationship advice.

Dr. Darcy Dishes On *Famously Single* Cast In This Celebrity Interview

In the latest <u>celebrity news</u>, before filming the show began, Dr. Darcy reveals that she was most concerned about working

with Jersey Shore star Pauly D. "Based on what I knew of him, which was very little, he's a big prankster always making wise cracks. I thought he was going to be the difficult, oppositional child in the classroom," the social worker shares. "He actually turned out to be one of my favorites! Not that a mom really has favorites, but he was a delight to work with. He came in so earnest and really showed up with an openness to the process that made it so easy to work with him." However, now that she's finished filming the show, Dr. Darcy says that Somaya Reece surprised her the most. On the show, Reece shared her story of domestic abuse and became a poster child for resilience. "How she bounced back from that was mind-boggling," Dr. Darcy says. "It speaks to human resilience and she is such an inspiration."

Related Link: <u>Celebrity Interview: 'RHOD' Star Stephanie</u>
Hollman Says Her Life Is All About Her Family

The main premise of the reality TV series is to teach relationship skills to celebrities who are infamous for being single. But since filming ended, the celebrities who have the best chance of finding love after this experience are those who were able to learn about themselves. "Those celebs that walked away learning about themselves, taking personal responsibility, recognizing that they've made mistakes in the past that having nothing to do with being famous are the ones who have the best chance at finding love," the therapist says. While being famous supersizes relationship problems, notoriety doesn't create problems that didn't pre-exist. With Dr. Darcy leading the group therapy sessions, these celebs can't use fame as the reason for their relationship issues. "The fact that they're famous is not justification for why they're single," the psychologist shares. After discussing their issues and teaching them relationship skills, the celebrities have had a chance to practice these skills through interacting with each other and mock dates.

Related Link: Celebrity Interview: 'RHOD' Star Cary Deuber

The <u>celebrity couple</u> who made the biggest splash in the headlines was Brandi Glanville and Calum Best, who began dating on the show. Although their courtship has ended, Dr. Darcy says both celebrities have learned a lot about themselves from the experience. "Brandi is much more aware of certain things she's done and Calum has thrown himself into yoga, which is major progress for him," she adds. "The show wasn't meant to create long-term sustainable change, though. It was intended to provoke a level of awareness in everyone and ignite a desire in each individual to go on their own journey and do their own work." After working with the celebs, the therapist says that Glanville does tend to pick the wrong people for her, but that there is a reason she's attracted to certain types of people. "Brandi has done a lot of work on herself and her work's not done," she says. After all is said and done, Dr. Darcy said filming Famously Single was an amazing and challenging experience, saying, "I would love a second season."

Reality TV Therapist Shares Best Relationship Advice

From filming a hit reality TV show to managing time with her clients, Dr. Darcy has a busy schedule. However, she knows that her relationship needs to be her top priority. "You cannot give everything you have away at work," she says. "You have to come home with a little reserved. It's unacceptable to come home on empty." The reality TV therapist says that relationships require work every single day and that it's a fallacy that relationships "shouldn't feel like work." If you're struggling to manage your relationship and busy lifestyle, think back to what created your relationship. Think back to the beginning when you courted, seduced, supported, encouraged, and admired your partner. After the honeymoon

phase, relationships are about self-discipline. "You have to incorporate it into your everyday life," Dr. Darcy says. "This is the person you want to show up most for, not the least." In her own relationship with her wife Stephanie, it is all about self-care. The duo makes sure they are highly involved with hobbies, such as yoga, dance, meditation, and CrossFit. "Steph and I try to walk the walk," she shares. "There have been times when we haven't engaged in the level of self-care we need to and our clients reflect that. They don't absorb the information if we don't walk the walk."

Related Link: <u>Celebrity Interview: Reality TV Matchmaker</u> <u>Carmelia Ray Says, "Take Actions That Are Consistent With Your</u> <u>Commitments"</u>

The most important skill to maintaining a healthy relationship is communication. "You have to be willing to listen to your partner, even when you're tired and feel like they're picking on you," Dr. Darcy says. It is crucial that you actively listen, remain guiet, and control the impulse to be defensive. You have to mirror back and paraphrase what they said so they know you listened to them and you know you understood. Most of the time, your partner just wants to be heard. "If you can deliver that to your partner, you have a basis of a great relationship," she says. Once you learn the basic relationship skills, all of your relationships will improve because you will use these same skills with your family and friends. "I really hope people are motivated to learn about relationship skills because the quality of our lives is predicated on the quality of our relationships," Dr. Darcy reveals. "It's the most important thing in our lives and nobody teaches us." At the end of the day, the best love advice from Dr. Darcy is the metaphor: "Use the good china every night." Relationships are about showing up for your partner the same way you would for a stranger or company that you're trying to impress. Make every day a date and bring romance into everything you do.

Famously Single airs on Tuesday's at 10 p.m. on E!

Celebrity Interview: E!'s 'Famously Single' Dating Coach Laurel House Says "Every Episode Has Drama!"





Interviewed and Written by <a>Cortney Moore.

Last month, *E!* debuted it's newest reality TV show, *Famously Single*, which features one of Cupid's own, Laurel House. As an experienced relationship expert, House has had the opportunity

to work closely with celebrities to fix their love lives, so it was only natural that *E!* selected her as one of the dating coaches to bolster their celebrity cast. In our exclusive celebrity interview, House opens up about her experience on the show and the relationship advice she offered the celebrity cast members.

Celebrity Interview: Laurel House Talks E!'s Newest Star-Studded Reality TV Show 'Famously Single'

Famously Single explores the dating lives of eight celebrities: Brandi Glanville, Aubrey O'Day, Pauly D, Jessica White, Willis McGahee, Somaya Reece, Calum Best and Josh Murray. With House's expertise and guidance, each celebrity is able to examine their behavior and past experiences in order to understand why their relationships have failed. But why do celebrities often experience failed relationships in the first place? House says, "The reality is that just because they're celebrities, doesn't mean that they're really all that different when it comes to entertaining difficulties and insecurities." She went on, saying, "Anyone can relate to the dating problem the celebrities are struggling with." In her expert opinion, celebrities are relatable because their insecurities stem from fear. Their careers require them to have both public and private personas, which sometimes conflict and are damaging if revealed.

Related Link: <u>Celebrity Interview</u>: <u>Reality TV Matchmaker</u>
<u>Carmelia Ray Says</u>, "Take Actions That Are Consistent With Your
<u>Commitments"</u>

Prior to meeting the cast, House expected the celebrities to be "high maintenance or catty," but was pleasantly surprised when she was able to work with them. "They were all truly amazing human beings, with the most gigantic hearts," she says. She also expressed how delighted she was to see these stars open up and reveal their more vulnerable sides. Two celebrities who stood out in her mind when discussing authenticity and kindness were Pauly D and Calum Best, both of whom are known for their wild party sides. "There is so much more than that," she reveals, referencing who they truly are. As far as which cast member inspired her, House says it was Somaya Reece who opened her eyes. She adds, "She's been through a tremendous amount of pain and difficulty in her life, and she's overcome it more than anyone I've ever seen." House believes the challenges in Reece's life made her fragile, which is similar to the stories of many celebrities. "There is some fragility with these celebrities. Yes, they're very strong and put up strong exteriors, but that's for public consumption. They do have a very fragile and soft side, and that's the beauty of them."

Though House was able to get most of the celebrities to open up, her experience as their dating coach was not all smooth sailing. A number of the celebrity cast members gave her a difficult time at some point or another while filming. Two such celebrities were Willis McGahee and Josh Murray, both of whom she met in episode 2 during the cast's outing to a club. "I was personally very surprised by Willis's request to join him in the bathroom," House admitted when asked about the incident. Although she was surprised by his invitation, she wants audiences to understand that a situation like this isn't uncommon for a professional athlete. "In the sports industry, women are throwing themselves at you," she explains. "So while it was surprising to me, it's not a surprise that it happened. And it's not reflective of Willis as a human being because he's a really good man; it's just that he has been shown that this is the norm throughout his life as a football player." Murray's standoffish behavior towards her, on the other hand, was very disheartening. "Instead of taking the connection that we had and turning that into a conversation, he took the

connection and immediately thought that I was conniving," House says about their interaction at the club. Despite Murray's harsh treatment, she understood where he was coming from. "He's the newest celebrity in the house and he's not used to all this additional attention," House says. She went on to explain that many celebs are defensive because they're unsure of people's ulterior motives.

Another challenge House faced while trying to mentor the celebrities were changed personas when the cameras were rolling. With Calum Best in particular, House's skills were tested in getting him to show his real self while the cameras were on. Aside from changing personalities, House reveals that the most challenging and fun celebrity to mentor was Aubrey O'Day. "She didn't just take my advice and do what I said. She wanted to discuss it and really come to wrap her head around it and understand the theory behind it and why," House explains in our celebrity interview. "The questions that she asked showed me that she was invested in making change and analyzing herself so she could be in a real sustainable, loving and happy relationship, which she found in Pauly D." And O'Day isn't the only celebrity who has found love through the show. According to House, Reece has also found love with a woman where there is "mutual respect and mutual adoration," which were essential pieces she was missing in her past relationships.

Related Link: Celebrity Interview: Virtually In Love's Kansas Discusses Falling In Love Online

House hopes the other, currently single, celebrity cast members will be able to find love through the <u>relationship</u> advice she provided for them during the show. The piece of advice she believes is crucial to their success is having real and substantive conversations. For celebrities, she says it's important "to get away from the 'I'm a celebrity' conversation and get into the real conversation where the celebrity no longer feels like a celebrity, but feels like a normal

person." Aside from valuable love advice, House assured us that Famously Single is still a reality TV show packed with entertaining drama. "Every episode has a big surprise, every episode has drama. Truly every single day I could not wait to get into that house and see what was going on." But despite having fun on set, cast members on the show took their roles very seriously. There was not a single person House doubted and she hopes viewers will see how pure everyone's intentions were. "Everyone at their core is looking for love and connection. No matter what they say, that's the desire."

Famously Single airs Tuesdays on E! at 10 p.m. EST.

You can keep up with Laurel House on <u>Cupid's Pulse</u> or find more information on her Twitter @DatingLaurel and <u>website</u>.

Celebrity Interview: Brandi Glanville Is More Than a Housewife on 'Famously Single'





Interview by Lori Bizzoco. Written by Stephanie Sacco.

Brandi Glanville is more than a "real housewife" and reality TV star. She's also a single mother looking for a good man. Known mostly for her infamous (drinking) escapades on *The Real Housewives of Beverly Hills (RHOBH)*, the mother of two has joined the cast of the new reality television series, *Famously Single*. The new E! series centers around eight single celebrities living in a house together with the goal of mending their broken hearts and relationship issues once and for all. The singles are advised by relationship coaches, practice dating techniques and attend group therapy sessions throughout the season.

Glanville opened up to <u>CupidsPulse.com</u> in an exclusive <u>celebrity interview</u>, where she gave us the scoop on her recent Instagram booty post, filled us in on her tryst with Calum Best and dished on all things marriage, love and her experience on the new reality TV show, *Famously Single*.

Reality TV Star Brandi Glanville reveals who the booty Instagram & Tweet were for in our celebrity interview.

Glanville has kissed a lot of frogs in her dating life but last week she addressed her most recent (ex) flame on social media by sharing two pictures of her booty on Instagram and on Twitter, where she reclaimed her body and said it no longer belonged to him. The photo created a lot of celebrity news headlines but Glanville gave us the real scoop on who that booty shot was intended for saying, "There's always that guy that you go back and forth with and you know it's not good for you, but he's there when no one else is."

She says the relationship was on again, off-again for about a year before she decided to end it for good on social media. "We would just hook up but we would never really go out together," explained Glanville. "He's an actor and he didn't want to be seen with someone on a reality show because I guess it makes him less legitimate as an actor."

Related Link: <u>Celebrity Interview: Virtually in Love's Kansas</u>
Discusses Falling in Love Online

Glanville decided to go along with the half-relationship and let it play out. But last week, on her way to his Fourth of July party, her love interest called and told her not to come because it wasn't the best idea that she be there. Her response? "I got a bottle of rosé, I went to my gay husband's house, we made Instagram videos, and I taught him how to walk on a runway, and that was my Fourth of July." Instead of letting her flames rejection consume her, she took to social media and ended it-her way!

Reality TV Star Addresses Recent Celebrity Gossip

The most recent <u>celebrity gossip</u> has focused on the fact that Glanville claims she never wants to get married again and while she admits that to be true she also says that she "would love to meet someone who changes her mind." Glanville says that she is open to the possibility if it happens but "she doesn't need a paper to define the relationship." I guess never say never. On RHOBH, Glanville says that she wasn't seen as a mother with emotions and a woman with a romantic side, but instead as 'your drunk friend Brandi.' Famously Single shows a different side to the former model and allows her to be herself.

The former RHOBH star says that she was skeptical about doing another reality show and unsure how open she should be about the process. "I used to be very touchy feely, and I used to snuggle and now for seven years I don't do PDA, I don't snuggle," she says. Her doubts proved unnecessary because she did connect emotionally on the show with her new Bestie, Calum Best. "Luckily I met someone in the house that I ended up having feelings for," says the Famously Single star. "It made me feel good again. It made me feel like I'm ready for this again and I don't have to be so tough and scare everyone off. I really just need to put myself out there and if I get hurt, I get hurt." The most important part of life is learning how to cope with change and moving on after hard times.

Related Link: <u>Celebrity Interview</u>: <u>Virtually in Love's Iyanya</u>
Discusses His Online Relationship

Famously Single taught Glanville a lot about herself, although she didn't find lasting love in the end. She says Best, her equally famous and single love interest, played a huge part in helping her figure things out. "Ultimately I love him, I adore him. If he was five years older and lived here, things would be different."

Being on the show was a life changing experience for Glanville and she received plenty of great <u>relationship advice</u>. "I realized that I have to be softer. I have to let people in and give them the chance to get to know me."

Instead of exploiting single celebrities and trying to make them look bad, the dating coaches on Famously Single try to help them fight through their dating past to make a better future. "I want to be a girl sometimes. I want to let that side of me down and I want to be vulnerable, but having said that I know that's how I get hurt," Glanville says. "So it's just about finding that recognition and Laurel and Darcy helped me find it."

Related Link: <u>Celebrity Interview: Reality TV Matchmaker</u>
<u>Carmelia Ray Says, "Take Actions That Are Consistent With Your</u>
<u>Commitments"</u>

Glanville doesn't want to dwell on the past and she isn't interested in ever going back to the RHOBH show that made her famous. According to Glanville, her time on Famously Single was nothing like RHOBH. "It was completely different," she says. "They weren't trying to have us fight with each other. We were all there to work on ourselves. I fell in love with all of them a little bit. It was nice. It was a completely different experience."

Famously Single airs on Tuesdays at 10 p.m. on E!

You can read all about Brandi Glanville's love life in her books on Amazon or follow her on Twitter.

Celebrity Interview: Virtually In Love's Kansas Discusses Falling In Love Online





Interviewed and Written by <a>Cortney Moore.

Kansas met Natiece on Instagram, which many wouldn't think of as a reliable platform for dating, but they made it work and began a relationship. This story isn't too unusual in this day and age. However, their story is just one of the many relationships followed on Oxygen's newest reality TV show, Virtually in Love. This show that has been a hit with audiences since its debut because it takes online dating faceto-face. Couples on the show encounter their own series of

challenges, and Kansas and Natiece were no exception. With sneak peeks of their episode released by Oxygen, Kansas and Natiece have not been completely honest with each other. Will love prevail? Cupid had the pleasure of getting to know Kansas and heard her side of the story in our exclusive celebrity interview.

Virtually In Love's Kansas discusses online relationships & provides relationship advice in celebrity interview.

It would seem that specialized dating websites are no longer the only tool for making a connection online. In an unlikely series of events, the photo sharing app, Instagram, brought Kansas and Natiece together. "Well, when I saw her, she had posted something sad," Kansas said regarding their first online encounter. "When I see people post sad things I just let them know that if they need someone to talk to, they can talk to me. And she wanted to talk, so that's what happened." Their initial interactions were platonic. Kansas helped Natiece get through a break-up she was going through, and as time went on, the pair eventually found themselves in a relationship.

Related Link: Dating Advice Q&A: How Can You Know If Someone is Being Honest Online?

Kansas, who also happens to be a Kansas state native, wasn't worried about meeting the North Carolina basketball star. She admits that she was more concerned about whether or not she could fulfill Natiece's expectations. In regard to her first reality TV appearance, Kansas said, "It was fun in a sense." However, at the same time, she was there to meet Natiece and get to know her better. "We had stuff that we wanted to talk

about, and it kind of felt like we were talking to everybody." Despite the cameras following their journey, Kansas expresses gratitude at having an opportunity to share her story.

As seen in past episodes of *Virtually in Love*, the couples aren't only meeting each other for the first time, but are also facing their issues head on. Online video teasers released by Oxygen show that Kansas and Natiece have been keeping secrets from each other. For instance, Natiece refrains from telling Kansas that she was engaged before and still holds on to her ring. Also, Kansas doesn't tell Natiece that she had been seeing someone else for a time, while also keeping her relationship with Natiece a secret from her mother. To shed some light on her actions, Kansas explained, saying, "I didn't know what to expect, that's why I wasn't really ready to say anything." Pertaining to the situation that involved her mother, who doesn't approve of same-sex relationships, Kansas said, "I thought it'd be better to have [Natiece] there." Kansas went on to say that having Natiece present when she talked to her mother would force her to tell the truth about her sexuality.

When asked whether or not a long distance relationship impacted her views positively or negatively, Kansas said that her experience has been both. "I've had, with dating online, good experiences and bad experiences. I think it could be very similar to dating someone in real life, except they're not there." Additionally, Kansas expresses her sadness at the tragedy that unfolded in Orlando this past week at the Pulse nightclub. "It didn't just affect the victims and their families; I feel that it affected the whole United States." Kansas also went on to express that she believes the world needs to stop hating and start loving. "We just got to figure out where to start."

Related Link: <u>Celebrity Interview: Virtually In Love's Iyanya</u>
Discusses His Online Relationship

When it comes to <u>relationship advice</u> and online dating tips, Kansas believes it's important to do research and stay true to oneself. "If you're going to do it, go in a hundred percent because you don't know what the other person is feeling for you," Kansas said. "You don't want to be confused in an online relationship." After her experience on the show, Kansas stresses honesty as the best policy, but of course online daters need to do their research to avoid instances like catfishing. "Be yourself," she advised. "If you start off being yourself there won't be any surprises."

Keep up with Kansas and Natiece's relationship on *Virtually in Love*, and find out if they stayed together or drifted apart.

Virtually in Love airs on Tuesdays at 9 p.m. ET/PT on Oxygen Media.

Celebrity Interview: Virtually In Love's Iyanya Discusses His Online Relationship





Interview by Lori Bizzoco. Written by Dena Linzer.

Iyanya and Maria met and began dating online. Their story is just one of the many relationships followed on Oxygen Media's new reality TV show, *Virtually in Love.* The show takes the popularity of online dating and creates an exciting reality TV experience, where we follow young and eager couples as they progress in their relationships. Cupid's Pulse had the pleasure of getting to know Iyanya and Maria in our exclusive celebrity interview.

Virtually In Love's Iyanya Discusses Online Relationship & Provides Relationship Advice in Celebrity Interview

An unlikely place to find love, the social networking app, Instagram brought Maria and Iyanya together. "I was not looking to date anybody. I liked her humor and I thought she was attractive," Iyanya says of Maria, a 33-year-old lash

stylist living in Sweden. After several months of talking through direct messenger on Instagram, the two got to know each other and soon found themselves in a relationship.

Related Link: Dating Advice: The Psychology of Online Dating

The Brooklyn native was not concerned about the distance between himself and Maria, although he resides in Brooklyn, NY and she was living in Sweden. He considered it a "low-pressure situation." At first, Iyanya did not rush into the relationship, wanting it to form organically and not feel forced. The current model, actor, and DJ had no intention of dating and was focusing on his career. But the couple instantly fit together, "It didn't take long to realize we actually enjoyed each other."

The concept of *Virtually In Love* is that audiences get to know a couple that has been in an online relationship while watching them as they break down barriers by meeting in person and being introduced to their significant other's friends and family. For Iyanya and Maria, they dated for four months before deciding to take their relationship to the next level and meet in person. Their initial meeting was in Brooklyn, in front of the show's cameras and they definitely felt the pressure. However, Iyanya said he was happy to finally connect with Maria face-to-face, "I felt alive," he says of their first encounter. Maria stayed with Iyanya for a week. "I loved the way she smelled," something unattainable and unknown through an online connection.

When asked if there was anything unexpected that he felt when they first met, Iyanya mentioned that Maria was shorter than he expected. But meeting in person did not change the emotional part of their relationship too much,"the vibe was always there" he said in our celebrity interview. He went on to explain that there were some big differences between talking online and meeting in person, and the emotional aspect of their relationship was online, but now in-person they

introduced the physical aspect as well.

Related Link: Love Advice: What Makes A Great Online Dating
Profile

When it comes to relationship advice and tips for dating online, Iyanya stresses the importance of naturally getting to know someone and not forcing a relationship. "In relationships, people tend to prematurely get together," he says. The self-described people person feels it's crucial to be true to yourself in online relationships because the truth will come out either way. "Know yourself," he advises.

Keep up with Iyanya and Maria's celebrity relationship on *Virtually In Love* and find out if they stayed together or drifted apart.

Virtually In Love premieres Tuesday, May 24 at 9 p.m. ET/PT on Oxygen Media.

Celebrity Interview: Reality TV Matchmaker Carmelia Ray Says, "Take Actions That Are Consistent With Your Commitments"





By Rebecca White

On May 3, a new Myx TV original dating series premiered that tested the old cliche that "mother knows best." Carmelia Ray is the world-renowned professional matchmaker star in the new series, Mom vs. Matchmaker, which challenges a matchmaking titan with over 20 years of experience to find, train and prep a better suitor than determined moms who are inserting themselves into their single child's love life. In our exclusive celebrity interview, the relationship expert talks about the new reality TV show and gives her best love advice.

Carmelia Ray Talks New Reality TV Show, 'Mom vs. Matchmaker'

With any reality TV show, the contestants' future happiness is on the line in the hit new series. Emotions run high and audiences are able to get a behind the scenes look at the matchmaking process. As the matchmaker, Ray is most excited for viewers to see what it takes to find a match so they can appreciate the process of working with a matchmaker.

"Matchmaking is a real alternative and a great one at that," the expert says. "Viewers will be surprised at the lengths that both mom and I go to, to find the perfect match."

Related Link: <u>Celebrity Interview: 'Full House' Star Candace</u>
<u>Cameron Bure Talks 'Fuller House' & Relationship Advice</u>

The matchmaking process isn't just about finding someone who marks off checks on a list but is a creative training process. As the matchmaking titan says, "Nothing is predictable." The show features many twists and turns, because even if a choice seems obvious and makes the most sense, people tend to go with their gut, even if goes beyond what they say they want. Overall, the show also displays that mothers don't always know best. "I'm a mom and I'm willing to admit I don't always know best," Ray says with a laugh. "There's no manual and there are a hundred different ways to deal with a situation, so even though moms have a strong sense of what an outcome should be, they don't always know best."

Matchmaker Gives Best Love Advice

With summer right around the corner and summer love on everyone's mind, turning a summer fling into a full-fledged relationship can be tricky. Ray's best dating tips for summer love are to avoid sleeping with someone on the first date and take your time. "There's something to be said about saving yourself sexually," she adds. Slowly reveal yourself, because the mystery is half the charm.

Related Link: <u>Celebrity Interview: 'RHOD' Star Stephanie</u>
Hollman Says Her Life Is All About Her Family

Along with summer love, comes wedding season. If you're single and navigating the upcoming wedding season, you don't have to bring your summer fling as a date. "It's always great to bring a date who has no expectations," the reality TV star says. "Bring a wing woman or a wingman or the DD." When you're

single, going to a wedding doesn't have to have pressure or be awkward. You can bring someone who has your back and complements you so you can have a good time. But remember that the wedding day is also about your friend who is getting married. If you see that the bride is having cold feet, have them list everything that they love about their partner. "Ask them what they're really nervous about because a lot of times they are focusing on what can go wrong in the relationship," Ray says. To help your pal through this, have them remember why their partner is a good match and how their life is better with that person.

Related Link: <u>Celebrity Interview</u>: <u>Blake Cooper Griffin Gives</u>
<u>Relationship Advice & Says, "Don't Be Reckless With Other</u>
<u>People's Hearts"</u>

You may also have friends who are already married and have thriving careers and families. Managing a career and a family isn't always easy, but moms need to remember to have "metime." In order to get their energy and mood up, moms have to make themselves a priority and let their family know what they need. Busy moms can also find support groups who have similar interests and will encourage you to get involved in the community. Whether you enroll in a group that does activities you like or a group of moms that support each other, look to other people to help you out. Focusing on your relationship is a great idea, as well. Making time for romance, your career, and your family is tough, but it's all about prioritization. "If you value your relationship, you'll make time," Ray says. "Everything else is just excuses." In our celebrity interview, the reality TV star shared that the best love advice she's ever received was to "Take actions that are consistent with your commitments." If you say you're committed to your relationship, then make sure you're calling your partner or texting them updates. If one thing is for sure: This matchmaker does not take excuses.

Mom vs. Matchmaker airs Tuesdays on Myx TV at 8 p.m. EST.

Celebrity Interview: 'RHOD' Star Stephanie Hollman Says Her Life Is All About Her Family





By Mary DeMaio

In the latest celebrity news, *The Real Housewives* franchise has extended to Dallas, Texas to follow the elite and extravagant social scene. In the premiere season, the women

are all very open and honest with the struggles they encounter every day. In our exclusive <u>celebrity interview</u>, Stephanie Hollman shares her secrets of being a stay at home mom, how she balances and brings harmony to her marriage, and reveals her best relationship advice.

Stephanie Hollman Reveals Best Relationship Advice

In order to stay connected and create closeness, Hollman, and her husband go to therapy once a week. They talk and pray about anything that is bothering them. They also have date nights every Friday to catch up with each other and have some alone time. "Our kids are respectful of that, you have to make your marriage important," she says. Children can sense when everything is not okay, so it is imperative to set a good example. "Harmony in the household makes a difference in the child's life," Hollman says.

At the end of the day, it all comes down to her children and husband, which are her utmost priority. Hollman and her husband are on the board of the domestic violence agency and they really hope that their children will follow in their footsteps. "I want my sons to treat women respectfully, be chivalrous, and open doors," she says. "I feel like that is lost now. People should make phone calls, not texts." She wants her sons' wives to look at her one day and say thank you for raising such great men. "My life is my children and my family, and as boring as it sounds, it's what makes me happy."

Related Link: <u>Celebrity Interview: Katherine Heigl Says</u>
"Family Comes First"

Reality TV Star Talks About Authenticity In Celebrity Interview

New to the reality TV scene, Hollman wants viewers to walk away understanding that no one is perfect. She is a stay at home mom with a six-year-old and a four-year-old and she works hard to juggle their lives with the expectations of her husband, Travis Hollman. "I have little breakdowns, my husband and I argue. People need to see we aren't all perfect," she says. Giving up her career as a social worker to have babies, Hollman wouldn't change a thing. "I have always been the girl who never tried to do anything out of my comfort zone," she revealed in our celebrity interview.

She was approached out of the blue to do 'RHOD' and wasn't looking for it. "I wanted to see what I was made of because if I didn't do it, I would have always wondered, what if," she adds. Her friend Amanda Ward had suggested her and Brandi Redmond to the producers, saying she had two girlfriends that are really goofy and always making people laugh. Within six weeks they were cast. Hollman and Redmond had been friends 10 years prior to the show. "I don't feel like I have to try. Sometimes it takes so much effort to have a conversation. It's not like that with Brandi," she adds. In their friendship, they are dedicated to talking everything out before it leads to a fight. "Our relationship is better than other people's marriages," Hollman says. The reality TV star hopes that it stays that way because she would never want to damage their friendship over a show. In terms of where she sees her career going next, the celebrity mom says that she just wants to live the journey God has for her. "If something comes out 'RHOD' career wise, that would be amazing," she says. Hollman hopes to use this experience to learn more about herself.

Related Link: Celebrity Interview: 'RHOD' Star Cary Deuber
Says Co-Star LeeAnne is "Loud and Obnoxious"

Philanthropically, giving back has always been in her heart and she wants to be able to make a difference in the world. "I was born in a small town in Oklahoma and wasn't raised with the luxuries I have now," she shares. At times, her family members would struggle, but people reached out and supplied them with food when they needed it most. "I am now able to give back in a different light. I have the resources to financially make a difference for these charities," she says. Hollman leads the charitable contribution efforts for her husband's company, Hollman Inc., but she doesn't work directly under him. "Bravo is very colorful. I appreciate that they have to be," she says. Her husband is obsessed with to-do lists and when he goes out of town he writes down what needs to be done. "He is such a great provider. He doesn't care what I spend. I think they were trying to make it like I had an allowance, but it's not like that at all," she says.

The Real Housewives of Dallas airs Mondays on Bravo at 10 p.m. EST.

You can keep up with Stephanie Hollman on <u>Twitter</u> and <u>Instagram</u> @stephhollman.

Celebrity Interview: 'Full House' Star Candace Cameron Bure Talks 'Fuller House' & Relationship Advice





By Rebecca White

Her career has come full circle since the *Full House* star Candace Cameron Bure has reprised her role as DJ Tanner on the Netflix original *Fuller House*. In our exclusive <u>celebrity interview</u>, the actress talks about the show's revival, her relationship advice for moms with a busy schedule, and her partnership with Unilever to inspire people to change their recycling habits.

Candace Cameron Bure Opens Up About Career and Relationship Advice in Celebrity Interview

The excitement was palpable when fans first learned that Fuller House would be coming to Netflix earlier this year. The

13-episode series premiered in February and the cast will begin filming season two next week, Bure shared with us in our celebrity interview. But the fans weren't the only ones excited. The cast had been hoping and praying that the revival would develop as well. "It's been so wonderful," the celebrity mom shares. "We are so happy that all of the fans embraced it and enjoyed all the episodes in season one."

Related Link: <u>Celebrity Interview: 'DWTS' Contestant Candace</u>

<u>Cameron Bure Says "Dance Parties" Have Always Been Her</u>

<u>Favorite Family Activity!</u>

On top of the *Full House* revival, Bure is also a co-host on *The View*, acting in multiple productions, and is a busy wife and mother managing a career and her family life. "I work hard, I hustle, and I grind," she says. "At the end of the day, you can't forget what's most important and for me that's my family. For all the moms out there juggling both like I am, work hard but give yourself a break. Just remember that the ultimate legacy is the legacy you leave with your children, not on a resume."

Although the actress is working on both coasts right now, her celebrity relationship with husband Valeri Bure still comes first. "When we're home and together, it's about the quality time," she shares. "It's just being present and enjoying one another's company." Bure also reveals that they don't have to do anything extravagant in order to keep the marriage going. "The marriage is all about the communication and the love," Bure says.

Related Link: <u>Celebrity Interview</u>: <u>'Fuller House' Actress Lori Loughlin Talks About the Holidays & Her 'Tight Knit Family'</u>

With the summer coming up, the talk show host has recently partnered with Unilever in order to inspire people to make a change in their recycling habits. The star shares that only 14 percent of Americans recycle their bathroom bottles while 56

percent recycle their kitchen items. As a self-proclaimed beauty junkie, Bure wants to #ReimagineRecycling and bring awareness to bottle bias. "All our bathroom products should be recycled as well," she says. "This is such an easy thing to do and it makes a big change for our planet."

Keep up with Candace on Twitter @candacecbure and Instagram.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Pitch Perfect: Skylar Astin Says Celebrity Wedding Will Happen This Year





Interview by <u>Lori Bizzoco</u>. Written by <u>Dena Linzer</u>

Fans smiled, laughed, and adored him in *Pitch Perfect* and *Pitch Perfect 2*, where the charming Skylar Astin melted our hearts alongside Anna Kendrick. But the aca-awesome news revealed during our <u>exclusive celebrity interview</u> last week was that the two love birds plan to tie the knot before years end! Astin spoke to us about his <u>celebrity wedding</u> and discussed his career and his partnership with megabus.com.

Celebrity Interview: Skylar Astin Talks Career and Upcoming Celebrity Wedding

While planning a wedding may be stressful to some, the New York City native says he and Camp want to have a "very unique and very relaxed" wedding, where everything is calm, cool and collected. The *Pitch Perfect* stars have been together since June 2013 and announced their celebrity engagement in January 2016. While the duo doesn't know the exact date, Astin

confirms the pair will tie the knot by the end of the year. The wedding planning is going well and the two are having fun putting together what Astin calls "the best, most meaningful party of your life." Heartthrob and talented singer, Astin is just as sweet off screen as his on-screen character, Jesse in *Pitch Perfect*. He thinks of his celebrity wedding to Anna Camp as "our own love story."

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When it comes to Astin's career, the star has a packed schedule, between his upcoming series and movies. But this is exactly what Astin wants. "I love being busy," he shares. He feels fortunate to be at the height of his career. Astin is entertaining on the big screen and on the stage as well, with his experience on Broadway. The star says that he enjoys both while explaining that the beauty of working on Broadway is that you have the freedom to change your character each night.

Related Link: Anna Kendrick Speaks Out About Celebrity Marriage

The charismatic actor and singer also sees the importance in charity work. "Since I actually have a voice, I want to use it for good things," he says. Using his voice, Astin has partnered with megabus.com to provide eco-friendly travel. Megabus.com is an express bus service that goes to 120 cities, transporting 81 passengers in a comfortable double decker bus. For their 10th anniversary, megabus.com is partnering with Arbor Day Foundation to plant 10,000 trees along their bus routes. They also have a Green Road initiative where they are educating their drivers on driving in an eco-friendly way.

Keep up with Skylar on Twitter <u>@SkylarAstin</u> and <u>Instagram</u>

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Celebrity Interview: 'RHOD' Star Cary Deuber Says Co-Star LeeAnne is "Loud and Obnoxious"





Interview by <u>Michelle Foti</u>. Written by <u>Dena Linzer</u>. Edited by Lori Bizzoco.

The trailer for *The Real Housewives of Dallas* is full of glitz and glam, lively nights out and of course episodes filled with drama. The big spenders and even bigger egos take on the Texas city with their scandals, parties, and unfiltered mouths. In

our latest <u>celebrity interview</u> on CupidsPulse.com, we had the pleasure of chatting with cast member and reality TV star Cary Deuber, where we got the scoop on what to expect this season from the Texas bombshells. Deuber, an East Coast native, also chatted about her marriage, motherhood and how she feels about her co-stars.

Reality TV Star Cary Deuber Gives Us Relationship Advice In Celebrity Interview

New to the reality TV scene, Deuber is a certified registered nurse first assistant (CRNFA), but that's not her only job. She also has a daughter, two step-children, and three dogs, with her husband, successful plastic surgeon, Dr. Mark Deuber. The couple met while at work, where they had a strictly professional relationship but when they found themselves both single, they decided to give it a go. The yoga enthusiast and travel fanatic works side-by-side with her husband now.

Related Link: <u>Celebrity News: Teresa Giudice Says She Will</u> 'Miss the Passion' When Joe Goes to Prison

Most couples would have a difficult time maintaining a healthy relationship working with their spouse but Deuber says they are best friends. "We have a mutual respect for each other. At work he's my boss, at home I'm his," the star says. The dedicated mother feels that it is important for the audience to see that she has a career and a family. "I'm a working woman," she says. "I think it will be interesting for viewers to see that I'm a hardworking mother."

Deuber explains her decision for joining the cast by saying, "I try everything once in life, that's my motto." The Connecticut native does admit that whenever you put five women together there is bound to be craziness and plenty of "ups and

downs." If the trailers are any indication, we will certainly see Deuber in the middle of her own drama with co-star, LeeAnne Locken. "She just thinks she owns the city. I just find her loud and obnoxious," she says calling her a "Dallas Socialite" in the trailer. "If I had to vote someone off the island, it'd probably be LeeAnne."

Deuber considers Stephanie Hollman and Brandi Redmond her closest friends and acknowledges that she has no regrets about her time on the show. "I'm very excited with how all of this turned out," she shares.

Related Link: Celebrity Baby News: 'Real Housewives' Star Kandi Burruss Gets Real About Tackling a New Baby

At the end of the day, it all comes back to Deuber's family and husband which she puts first before anything else. "Making my husband a priority keeps our relationship as great as it is," she says describing her favorite date night by far was the night they got engaged. "It was in Turks and Caicos and we were just laying by the pool and he proposed to me. It was amazing."

The best piece of dating advice Deuber offers for a successful marriage is to make sure your spouse is your priority. "Make time for them, and make sure everyday you're telling them you love them and how important they are in your life," she adds. The philanthropist and animal lover stressed the importance of vocalizing appreciation and having open communication on a daily basis.

In our celebrity interview, Deuber hints that we will be seeing a lot of their relationship on the show this season. "I call him my backpack, and I take my backpack everywhere with me," she laughs.

The Real Housewives of Dallas airs Mondays on Bravo at 10 p.m. EST.

You can keep up with Cary Deuber by following her on <u>Twitter</u> and <u>Instagram</u> @CaryDeuber.

Celebrity Interview:
'American Idol' Winner Trent
Harmon Is the First
Contestant to Sing Justin
Timberlake





By <u>Katie Gray</u>

Last Thursday night, April 7th, Trent Harmon, who chose the Harold Melvin and the Blue Notes classic "If You Don't Know Me By Now" and Sia's hit "Chandelier" for his final performances, was crowned the winner of the 15th and final season of American Idol. That's right — Harmon is the final American Idol! He now has a record deal with Big Machine Records, and his first single "Falling" — which was co-written by American Idol judge and country superstar Keith Urban — will be on country radio.

Harmon, a 25-year-old former waiter from Mississippi, auditioned for the reality TV show in Little Rock, Arkansas. The country boy grew up on his family farm and would perform at his family's restaurant. During his time on American Idol, he wowed the crowd with a Lynyrd Skynyrd cover and a rendition of Chris Stapleton's "Tennessee Whiskey." He's the third winner to pursue a career in country music, following in the footsteps of Carrie Underwood and Scotty McCreery. In our exclusive celebrity interview, Harmon discusses his relationship with God, his love for country music, and his journey on American Idol.

Celebrity Interview with the Final American Idol

After he won, the singer thanked his mother, family, and God. He's a man of faith, and it's easy to see that being a Christian is a big part of his life. When he had mono during the reality TV show and was essentially quarantined and isolated from the rest of the cast, he would pray, "It's just me and you. It's just you and me, God." He didn't have his parents with him and relied heavily on his faith. "If you can make it through this competition without believing in something, I wouldn't say that's impressive," he shares. "Instead, it's kind of scary."

His relationship with God has been a part of his singing for as long as he can remember. He recalls his mom teaching him "Amazing Grace" at the age of 5. Of his deep connection to the song, he says, "That song means something. There's a reason it's considered a classic." It was while singing "Amazing Grace" that he realized he could sing harmony.

Related Link: Celebrity Interview: Mackenzie Bourg Channeled JLO During Love Songs

As important as his faith is, when it comes to his music, the country classics really have his heart. "Whenever I got the opportunity to pick the song myself, I was singing country," he shares. It's no surprise, then, that Harmon's musical influences are country singers. "I've always enjoyed the classics," he says. "I love Conway Twitty. I'm a big Elvis fan – you know, Elvis did country. I'm a Ray Charles fan, and he did a country album."

Of his future fans, he explains, "Country music supporters — they go to the shows; they go to the festivals; and they buy the songs. If you can make it in country, you can have a career." Willing to move anywhere, he may even relocate to Nashville.

Trent Harmon Opens Up About His Reality TV Journey

Given the intense schedule of *American Idol*, Harmon hasn't had time for a break. "I have sleep scheduled for next Friday," he says with a laugh. Being the Final Idol is still completely surreal to him. "It hasn't really sunk in. I jumped in the shower and started doing my warm-ups and practicing my songs, and then, I realized I don't have to do that anymore," he reveals in our celebrity interview.

Perhaps the most special moment of his journey was getting to

perform a song by Justin Timberlake, who had never granted anyone permission to use his music on the show. Earlier this season, Harmon performed the hit "Drink You Away," which Timberlake released to country radio after a performance with Stapleton at the Country Music Academy Awards in November 2015.

Related Link: Celebrity Interview: American Idol Sonika Vaid Channels Love for Family

He also had the opportunity to speak with some of the people on his bucket list, including Jordin Sparks and David Archuleta. Of the advice that he received from former contestants, he says, "They told me, 'Don't ever, ever, quit being genuine. Don't ever get out of that head.'" He was lucky enough to exchange numbers with some of them and looks forward to networking and applying their tips to his future endeavors.

Harmon never wanted "to coast along" and wasn't going to give anything less than his best. Ultimately, he credits this mentality and a lot of hard work with winning American Idol. "I knew that if I pushed myself and worked really, really hard, I could be more than just a pretty voice. I practiced every day," he says. "I practiced every different angle to be good, to be better, to be the best."

You can keep up with the American Idol winner on Twitter @TrentWHarmon!