

Celebrity News: Ben Affleck Checks In to Rehab After Intervention with Jennifer Garner



By [Haley Lerner](#)

In [celebrity news](#), [Ben Affleck](#) checked in to rehab on August 22 after an intervention by estranged wife [Jennifer Garner](#) and a sober coach. According to *UsMagazine.com*, a source said Affleck knew he needed help and asked for it. An eyewitness at the scene of the intervention at Affleck's home in Pacific Palisades said at one point Garner came outside shaking. After the intervention, Affleck and Garner left his house in a car together, stopped at a Jack in the Box and drove to Malibu.

Garner has supported Affleck through his addiction struggles even though the two split up in 2015 and filed for divorce in 2017.

In celebrity news, Ben Affleck checked into rehab with support from his family. What are some ways to support a partner who has a substance addiction?

Cupid's Advice:

Substance addiction is a tough battle, and if your partner is going through it, it can be difficult. Cupid has some tips on how to support your partner:

1. Get them help: The most important thing you can do for your partner is to get them help for their substance addiction. Whether it's having an intervention, taking them to rehab, getting them a therapist or some other form of treatment, it is definitely necessary for them.

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2. Be there for them: Right now, your partner needs you to be loving and supporting while they are going through a hard time. Be there to talk to them whenever they need it and make it clear you aren't going to leave them.

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3. Help them find new outlets: If your partner is out of rehab but still is in a tough place from their substance abuse, help them find new fun outlets to spend their time and enjoy life.

Show them you still want life to be fun for them and take them on fun dates and outings.

Have any more tips on how to help a partner how has a substance addiction? Comment below!

Jennifer Garner Is 'Not Surprised' Ben Affleck Is Dating Playboy Model Shauna Sexton



By Rhodesia Williams

In [latest celebrity news](#), [Jennifer Garner](#) isn't surprised that her ex, [Ben Affleck](#), was spotted on a date with a *Playboy* model. The [celebrity exes](#) are all too familiar with this scenario. Affleck apparently has had his share of secret [celebrity relationships](#) even since his [celebrity divorce](#) to Garner. Unfortunately for Garner, Affleck isn't too worried about being discreet. Knowing Affleck won't change, all she can do is protect her kids as much as she can.

In celebrity news, Ben Affleck's ex isn't surprised he's dating a Playboy model, but she isn't pleased. What are some ways to cope with your ex moving on?

Cupid's Advice:

It's never easy to watch your ex move on, especially if you are always reminded of it. Cupid has some ways to cope with your ex moving on:

1. Think about it: So, your relationship didn't work out, but you can't seem to rationalize it. Make a list of the pros and cons of your relationship and be honest. While sometimes, the relationship could've ended out of the blue, but think about anything that could've been a warning signs. Sometimes taking some time to think can put this situation in perspective. Giving yourself time and being honest with yourself will help you to heal and move on.

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2. Enjoy yourself: Go out and enjoy your single life. Although you may miss your relationship, use this time to adapt to your

new lifestyle. Have a night out with friends or even enjoy a movie night alone with your favorite snacks. Dating yourself is a big part of healing because it let's you know that it's okay to be alone. You won't be able to move on unless you get out and start enjoying life.

Related Link: [Dating Advice Q&A: Should I Remain Friends with My Ex Online?](#)

3. No lurking: The best thing you can do to help move on is not to creep on your ex. For one, you already know what you are going to see. Also, why bum yourself out? Whether your ex is with someone or not, understand that you also need to start the process of moving on. Lurking will only hurt you so try your best not to. It's always easier said than done but it will help you to make peace with your ex moving on.

What are some ways you cope with an ex moving on? Share below.

Celebrity News: Find Out Why Angelina Jolie is Waging War Over Custody with Brad Pitt





By [Haley Lerner](#)

In [celebrity news](#), [Angelina Jolie](#) is waging a war over custody of her six children with [Brad Pitt](#) after their [celebrity divorce](#). In a court document filed August 7 by Jolie's legal team, Jolie claimed Pitt "has paid no meaningful child support" in the 23 months since their separation. According to *UsMagazine.com*, sources say the reason Jolie is revving up the custody battle is because, "She sees the writing on the wall: Joint custody is a done deal, and there is nothing she can do to stop it." Pitt was the subject of a child services investigation immediately following Jolie's divorce filing, but he was cleared of any wrongdoing. Though Jolie has held primary custody of the kids, Pitt has been granted increased visitation rights. In June, Pitt was granted temporary shared custody for the summer by an L.A. judge. An insider said, "Brad is done playing doormat to Angie, hoping that would tamp down her anger. He is going to trust his lawyers and inner circle of friends to continue to be there for him – and get him joint custody of the kids."

In celebrity news, Angelina Jolie isn't going to go quietly into the night when it comes to the custody of her children. What are some ways to make a custody battle more civil?

Cupid's Advice:

Custody battles can be hard for both the parents and the children. Cupid has some tips on how to make it easier:

1. Think of your children: During a custody battle, it's important you remember the reason you are going through all of this: your children. Do your best to keep things civil to ease the pain and turmoil your kids will have to go through with their parents splitting up.

Related Link: [Celebrity News: How Brad Pitt Came Out of Split from Angelina Jolie Better Than Ever](#)

2. Open communication: Even if you may have negative feelings towards your ex, it's important you keep communication open during a custody battle. Icing each other out will only cause more tension and cause things to get uncivil.

Related Link: [Celebrity News: Brad Pitt Was 'Done Being Mr. Nice Guy' in Custody Agreement with Angelina Jolie](#)

3. Understand each other: As much as you might want to loathe your ex and have them have zero contact with your kids, it's important you understand where they are coming from and the love they have for your children. Be understanding and respect that they deserve time with your children as well.

Have any more tips on how to make a custody battle more civil?
Comment below!

Celebrity Break Up: Jennifer Garner Wants Ben Affleck to “Work on His Health” Before Finalizing Divorce



By [Haley Lerner](#)

In [celebrity break up news](#), [Jennifer Garner](#) isn't rushing to finalize her [celebrity divorce](#) from [Ben Affleck](#). According to

UsMagazine.com, new court documents state that the couple was warned by a judge in the L.A. Superior Court that if the two can't settle their divorce case, a judge has the right to call it off. But, apparently Garner has been stalling the divorce. A source said, "Jen wanted to give Ben the time and opportunity to work on his health and sobriety. She isn't in a rush." The insider added that Garner wants Affleck to be "the best father he can be" to their three kids and "wants what's best for the kids. But, it seems Affleck is ready to move on, as he's been dating *Saturday Night Live* producer Lindsay Shookus. The source added, "Ben would have liked to have finished this and closed the books sooner." But, "Jen just isn't willing to settle the custody issues until she's 100 percent certain that he's clean."

Jennifer Garner isn't rushing to finalize her divorce with Ben Affleck because she cares about his wellbeing. What are some ways to support your ex after a break up?

Cupid's Advice:

Breaking up with an ex can be hard when they are going through a rough time. Cupid has some tips on how to support your ex after a break up:

1. Give them space: After a break up, sometimes the best thing you can do for your ex is to give them space. They need to heal from the split just like you, so giving your ex space can be good for both of you.

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2. Talk to their friends: If you don't want to be the one to directly help your ex, talk to their friends or family and let them know you think they are in need of some help. They can then take the lead and figure out how to help out.

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3. Be there for them: If you're comfortable with it, you can keep the door for conversation open with your ex. Make it clear that you want things to be platonic, but that you are also willing to be a friend to them and are there to talk them through anything they are dealing with.

Have any more ways to support an ex after a break up? Comment below!

Celebrity News: Brad Pitt Was 'Done Being Mr. Nice Guy' in Custody Agreement with Angelina Jolie





By [Haley Lerner](#)

In [celebrity news](#), the custody battle between [Brad Pitt](#) and [Angelina Jolie](#) is getting contentious. A source told *UsMagazine.com* that amid the [celebrity divorce](#), Pitt is “very angry” with Jolie for being “controlling of their children” and will “do anything to see his kids and have them in his life.” Court documents show that the judge said “it is critical each of [the Jolie-Pitt children] have a healthy and strong relationship with their father and mother” and that it is “harmful” for Maddox, Pax, Zahara, Shiloh, Knox and Vivienne to not have a relationship with their father. The papers also state that if Jolie does not allow the children to build relationships with Pitt, she could lose full custody of them. An insider said “Brad has taken the high road through all of this; he could have gone to court much sooner to ask the judge to intervene. He was done being Mr. Nice Guy and rolled the dice.” After the custody agreement leaked, Jolie released a statement through her spokesperson on June 13 saying, “This misleading leak is not in the best interests of the children. From the start, Angelina has been focused only on their health and needs, which is why it was so important

that this last court hearing be conducted privately.”

In celebrity news, Brad Pitt is fighting for time with his children. What are some ways to affect your kids the least after a split?

Cupid's Advice:

A breakup is always hard, but it's even harder when there are children involved. Cupid has some tips to make it easier for your kids:

1. Work with your ex: Even after breaking up with your partner, it's important for the sake of your children that you two work together. You and your ex need to coordinate when you will be spending time with your kids and help each other out in providing what your children need. Plus, you want your kids to see you and your former partner as a united front even after the split, because fighting parents will really upset your children.

Related Link: [Celebrity Divorce: Brad Pitt & Angelina Jolie's Lawyers Are Trying to Hash Out Custody Agreement](#)

2. Maintain old routines: After your breakup, it's important things don't feel completely different for your children. While they will have to deal with separate households, it's important you stick to traditions and routines your children are used to. This way, things won't feel completely different for them.

Related Link: [Former Celebrity Couple Angelina Jolie & Brad Pitt Agree to Seal Divorce Documents](#)

3. Show your love: It's most important that in this time you show love and support for your children. Let your children know that your split with their other parent is not their fault at all and that you both still love them completely. Make sure to each spend as much time with your children as you can, because your breakup is a time where they will a lot of comfort.

Know any more ways to make a breakup easier for your children? Comment below!

Celebrity News: How Blake Shelton's Divorce Led Him to True Love





By Rhodesia Williams

In [celebrity news](#), Blake Shelton found love after his [celebrity divorce](#). According to *EOnline.com*, Shelton went through a [celebrity break up](#) with wife, Miranda Lambert. While going through his divorce, fellow *The Voice* castmate, Gwen Stefani, approached him to let him know that she was also going through a tough time. Not too long after that, Stefani officially broke up with her husband of 13 years. At first, the [celebrity couple](#) say they didn't think anything of their support chats, however, that quickly changed. Before the couple realized it, they were dating. Although it was tough in the beginning, the new [celebrity couple](#) were able to get past the challenges and enjoy each other.

In celebrity news, Blake Shelton moved on from devastation to true love. What are some ways to know

you've found true love?

Cupid's Advice:

Falling in love is one of the most exciting yet nerve wracking things after a heartbreak. Besides coming down with constant cases of "the butterflies", Cupid has some advice on knowing if you've found true love:

1. You're glowing: Are the people around you noticing you with a particular glow? Glowing is good; sometimes we can't help it but people can tell when you are genuinely happy. From your attitude, the way you are beginning to carrying yourself, and that constant smile, you can't help it. While it seems embarrassing when people bring it up, own your glow!

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2. Your missing piece: Do you feel like you've found the missing piece to your puzzle? Do you feel like your days are getting easier with your partner in your life? This is surely a sign that you have found love. When everything starts to make sense and naturally flow together, there is no other feeling like it. It's like a sigh of relief or a breath of fresh air. It seems like life has gotten easier and you're not hating it.

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3. For the better: Of course you're happy that you have found someone but is this person for the better? How does this person add to your life? While it is exciting to be in love, remember, the person you fall in love with needs to add to your life in some way. Maybe you can't go a day without speaking to them or you can't sleep without saying goodnight. Needing your love's presence is natural and a true sign of falling in love.

What are some ways you can tell that you have found true love?
Share below

Kendra Wilkinson Shares the Pain of Packing Up Her Things Amid Celebrity Divorce



By [Haley Lerner](#)

In [celebrity break-up news](#), Kendra Wilkinson documented the pain of packing up things amid her [celebrity divorce](#) from husband Hank Baskett. The former *Playboy* model wrote on her Instagram story on Monday, “I’m starting to box up and my

heart can't hurt any more. I need prayers n strength today. I worked so hard for my home," along with a picture of an empty cardboard box. The reality star also shared a photo of her framed family portraits of her children, Hank IV and Alijah Mary, with the caption, "My pride and joy wall is coming down." According to *People.com*, Wilkinson filed for divorce from Baskett in April, citing irreconcilable differences. The 32-year-old star is requesting joint legal and physical custody of her and Baskett's two children and is seeking to restore her maiden name, Wilkinson. In a separate Instagram post on Monday, the mother of two wrote, "I'm doing the best I can in my life with the cards I've been dealt and I will continue to do that. I'm hurt because the world I thought was promised to me forever is now coming to an end."

This celebrity divorce hasn't been an easy one for Kendra Wilkinson. What are some ways to ease the pain of the divorce process?

Cupid's Advice:

Moving on after a divorce is hard. Cupid has some tips to make it easier:

1. Separate your belongings: Just like Wilkinson, it's important to quickly separate spaces and belongings after a divorce. If you don't do it right away, you'll have to deal with the pain of it later on. Keeping yourself busy with the process of deciding who gets what is a great way to distract yourself from the pain of your divorce and keep things practical.

Related Link: [Newly Single Celebrity Kendra Wilkinson Is 'Excited to Start Dating Post-Divorce from Hank Baskett](#)

2. Focus on yourself: After a divorce, it's best you spend some time alone and put yourself first. Take time to focus on your mental and physical health. Whether it's through therapy, doing activities you love or even implementing a new skin care routine, your attention should be on yourself.

Related Link: [Celebrity News: Kendra Wilkinson Asks Fans for Dating Advice After Split From Hank Baskett](#)

3. Spend time with family and friends: The best people to help you go through a tough divorce are the people you're closest to. In your difficult time, call upon your loved ones to be there for you and help take your mind off all the drama with your ex.

Have any more tips to make the divorce process easier? Comment them below!

Celebrity News: Pamela Anderson Never Talked to Kid Rock Again After Celebrity Divorce





By [Carly Horowitz](#)

In [latest celebrity news](#), actress Pamela Anderson and musician Kid Rock have not spoken since they split. The two had a short-lived marriage in 2006 from July to November, and their [celebrity divorce](#) was finalized by 2007, according to [UsMagazine.com](#). Even though the pair had an extravagant yacht wedding, the glue of their relationship didn't seem to hold. Anderson also has two [celebrity kids](#), Brandon Thomas Lee and Dylan Jagger Lee. She shares her sons with her first ex-husband, Tommy Lee.

In celebrity news, Pamela Anderson confessed that she never spoke to her ex Kid Rock again after their divorce. What are some benefits of a clean break when you go through a

split?

Cupid's Advice:

It is a struggle to completely cut ties with the person you were just so close to, but sometimes, it is necessary. Prolonging a break-up can serve unfair to both of you. Here are some great things about having the strength to completely cut ties after a split:

1. No wasted time: No time is wasted if it was spent doing what you wanted at the time. But, when you keep in contact with an ex and it is unhealthy for both of you, it can halt the opportunity for you to let go, move on, and find someone new. Be excited for what is to come!

Related Link: [Pamela Anderson Says 'Marriage Has Its Ups to Downs'](#)

2. More positive energy: It is not fun to have your ex texting you asking about that Instagram photo you just posted with someone new. If you two make a pact to let go and conduct your lives freely, it will be much easier and you will be happier.

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3. No possibility of slipping up: We all know that sometimes we fall back into meeting up with our ex for a drink and then end up regretting it. If you have completely cut ties with your ex, this won't happen. Maybe in a few years after the break-up isn't fresh anymore you two run into each other and catch up, but that isn't a bad thing. The good thing about a clean break-up is eliminating the unhealthy interactions that occur right after the split.

What are some other good things about a clean break? Comment below!

Celebrity Divorce: Matt Lauer Moves Out of Family Home Amid Divorce



By [Rachel Sparks](#)

Former *Today* anchor Matt Lauer was forced out of his family home in the Hamptons by current wife Annette Roque amid their ongoing divorce. An insider told [UsMagazine.com](#) that Roque threatened legal action due to Lauer's hesitation, stating that Lauer was more concerned with how the press would view his new living arrangements after being fired for sexual harassment. Roque and insider said Lauer should care more for

what is best for his family. This [celebrity divorce](#), a result of the #MeToo movement, is worrisome for the affect it has on their three children.

Amid this celebrity divorce, Matt Lauer finally moved out of the family home after initially refusing. What are some ways to make your divorce more amicable?

Cupid's Advice:

A celebrity divorce is just as volatile as what we deal with when we endure divorces ourselves. There will always be collateral damage; children will have emotional backlashes, sometimes after everything has calmed down. Living situations change, oftentimes with financial hardship amongst the legalities of the split. While your divorce may not be the [latest celebrity news](#), Cupid's [relationship advice](#) will help you navigate those choppy divorce waters in order for a more amicable split:

1. Evaluate your goals: Within any action, there is a primary end result that we would like to see. In a divorce, it may be that you want to keep the house or the kids, that you want shared custody or holiday visitation rights. Recognizing what it is that you want most out of a divorce will help alleviate the minute details. There will be enough stress already, so choose what's worth fighting for.

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2. Evaluate your priorities: Similar to knowing what you want, you need to evaluate what really matters. Like Matt Lauer, is

public appeal worth costing your family more stress? In emotionally-intense situations, it's easy to lose sight of your priorities. Remind yourself what matters, and fight for whatever that may be.

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3. Respect your family: Lauer and Roque were married for 19 years, and now their familiar family structure is crumbling. No matter the length of time you and your spouse spent together, at some point, it was built on mutual love and respect. It's much harder to see this amidst a divorce, but realizing that you once loved your ex and still love the children you raised together means that you should be willing to make sacrifices for the greater good of everyone involved.

What advice do you have for splitting on good terms with your spouse? Share your own relationship advice below!

Celebrity News: Kaley Cuoco Says First Husband Ryan Sweeting 'Was Not the Person I Originally Met'





By [Carly Horowitz](#)

According to [People.com](#), [Kaley Cuoco](#) is thinking back to what went wrong in her relationship with Ryan Sweeting. She reveals that due to the drastic personality changes that she noticed in Sweeting as their relationship went on, she was a little reluctant to embark upon another [celebrity wedding](#). “The person I ended up with was not the person I originally met. And that wasn’t my fault – that was his,” she said. Luckily, she was able to get past this lack of trust for a new partner and is now engaged to Karl Cook. Cuoco says this is now her “perfect match.” Best of luck to this [celebrity couple](#)!

This [celebrity news](#) isn’t exactly shocking, as Kaley and her first husband are no longer together. What are some ways to know the

person you're with is not for you?

Cupid's Advice:

The relationship you have with your partner should just feel natural. You may love the idea of someone, but yet they are not completely right for you. Here are some ways to know if it is not a perfect match:

1. You are not best friends: Your partner should be your best friend, your go to, the first person you want to share exciting news with. If you are feeling a disconnect on the friendship level, you may need to rethink if this person is right for you. It may take some time to get to that comfortable point of being best friends, so don't jump to conclusions if you have not been with your partner for a while.

Related Link: [Celebrity Wedding News: Kaley Cuoco Opens Up About Wedding Planning](#)

2. You hold back: You should be able to be your trust self around your partner. There is no need to feel any sort of self-consciousness around them. If you find yourself holding back things you want to say or do in fear of judgment in your relationship, then that isn't the best sign.

Related Link: [Celebrity Wedding: Kaley Cuoco Is Engaged to Karl Cook After Emotional Proposal](#)

3. You feel a disconnect: You will know. It is usually clear after a while of being with someone if they are not right for you. Something is just missing but you can't really tell what it is. It's okay, now is the time to express your feelings and move on to better things.

What are some other ways to know that the person you are with is not the best for you? Comment below!

Celebrity News: Britney Spears 'Won't Allow' Kevin Federline to Take Advantage of Her During Child Support Battle



By [Carly Horowitz](#)

What does Kevin Federline want to do with the \$40,000 child support money he is requesting from [Britney Spears](#)? Spears believes it is not because he needs more help supporting their

[celebrity children](#), Sean Preston and Jayden James. She is positive that she already supplies enough money to do so. According to [UsMagazine.com](#), a source reveals, "They believe this is nothing but a shameless money grab. Kevin hasn't had a full-time job in a long time. He just continues to sponge off Britney." This former [celebrity couple](#) were wed in October 2004, but went through their divorce three years later. In other [celebrity news](#), Spears' father is making moves on ending the court-approved conservatorship. This has been in effect since 2008 after Spears had her public mental breakdown. Best of luck to them in this process!

In celebrity news, this child support battle is definitely not resolved yet. What are some ways to keep your children happy during a custody or child support disagreement?

Cupid's Advice:

When going through legal disagreements with your ex-partner, it is important to still keep your children's best interests in mind. It is easy to become consumed in all of the stress that is being caused by things that are over their head. Hopefully these tips will serve well in keeping your children happy during these taxing times:

1. Get your feelings out somewhere else: It is perfectly normal to be upset and angry when disagreements are occurring. You don't have to completely shut down your feelings because you want to look put-together in front of your kids. Rather, get your feelings out to a therapist or close friend so that

you don't feel the need to vent to your children.

Related Link: [Celebrity News: Britney Spears Is 'Angry' At Child Support Battle with Kevin Federline](#)

2. Apologize if you do slip up: We are not asking you to be perfect. You may have a slip up in front of your children which may cause them to be upset. Just apologize! This will also teach your children how to deal with conflict and demonstrate that if they mess up, they should apologize. After that, continue to give them the love that they need right now during this time.

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3. Give genuine care: A common mistake in situations like this is giving your children material items in hopes that this will make them happy. It may make them joyful for a short period of time, but what really counts is the actual love that you give them. Try not to fill that void by buying your children multiple items. Instead, take them for a walk on the beach and just enjoy this world with them by your side.

What are some other ways to keep your children happy during a custody or child support disagreement? Comment below!

Celebrity Divorce: Drew Barrymore Says She Was In a 'Very Dark and Fearful Place'

After Divorce



By [Jessica Gomez](#)

In [celebrity news](#), Drew Barrymore opens up about the hardship she went through after her divorce from Will Kopelman. According to [UsMagazine.com](#), she will not be acting any time soon. The former celebrity couple's divorce had a big impact on her. "I personally was in a very dark and fearful place, and then this script came along, and I was like, 'Yeah, I don't think it's a good time,'" she said. "I was not looking for a job," Barrymore continued. "I had actually stopped acting for several years because I wanted to raise my kids, but then a shift happened in my life and I was separating from their father and it was just a very difficult time." We sure are glad Barrymore is no longer in that dark place!

This [celebrity divorce](#) was not easy for Drew Barrymore. What are some helpful tips to coping with the divorce process?

Cupid's Advice:

We know that divorce is not easy. And unfortunately, for some of us, it's a time where we undergo a deep sadness. Cupid has some tips on getting through a hard divorce, and most of it is mental:

1. Know that you are sure about the divorce: Sometimes love can blind us, but it is important to know the reason for the divorce and that it is in fact the right decision. Try your best to skip any denial stage to make it easier for yourself. Think things through, analyze and examine your situation. But don't overdo it to the point you're blaming yourself or driving yourself crazy.

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2. Think of the positive outcome: It is hard to see the light during a time as dark as going through a divorce – but it is essential that you do find it. Things can look hopeless and that can drag you into a downward spiral. It is important to find the good in all the bad situations we're in, no matter how small it may be. Just know that you are going through a hard time right now that will make you stronger, and the future holds something much better. Positive thinking goes a long way.

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3. Take care of yourself emotionally and physically: Make sure you eat well and exercise. Both eating and exercising are essential to your health and make you feel better after. As for emotionally, don't overwork yourself mentally. Give yourself a break to relax. Also, if you don't want to be alone during this time, then don't be. Reach out to family and friends. It's okay.

Have any advice on coping with a hard divorce? Share below!

Celebrity Divorce: 'Modern Family' Star Julie Bowen Files for Divorce from Husband Scott Phillips





By [Jessica Gomez](#)

In [celebrity news](#), Julie Bowen filed for divorce from husband Scott Phillips on Tuesday, according to [EOnline.com](#). It was revealed less than a week ago that the former [celebrity couple](#), who was married for 13 years, separated. However, Bowen listed their separation date as December 17. She marked irreconcilable differences as the reason for their parting and is asking for joint legal and physical custody of their three children, according to the documents that *E! News* obtained.

This celebrity divorce after 13 years of marriage is very unfortunate. What are some ways to know it's time to move on from a marriage?

Cupid's Advice:

Some of us may try to fight off a divorce for as long as

possible... but honestly, that's just a waste of time. Cupid has some suggestions on signs that can mean it's time to move on:

1. You're worried about what your kids, friends, or family will think: Staying together for your children isn't a good idea. And staying together for the sake of dodging judgment from family and friends is even less of a good idea. Those you love don't usually want you to be unhappy, and neither do your children. Kids want parents who are happy and love them. You can go your separate ways, but still be a family. Build a friendship when possible, don't continue building an unhappy marriage. Your friends and family will just need to accept it. You are the one living with this decision, not them.

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2. You've tried counseling and gave it all you've got, but it's still not working: If you gave it your biggest shot, but you guys are still not coming together the way you should, then it may be a sign that it's time to go. Staying in an unhappy marriage is unhealthy for you. As long as you can look back and say "I gave it my all," there's no shame in knowing it's time for a divorce. Time to take action. All you can do at the end is try, if that doesn't work then there's nothing to do but what's in your best interest.

Related Link: [Why Celebrity Exes Kourtney Kardashian & Scott Disick Are Happier Than Ever](#)

3. You no longer respect nor trust your spouse: Trust and respect are both key things to have in a marriage. Sometimes we can gain that sense of trust and respect back, but sometimes we can't. If you don't see yourself ever trusting or respecting your spouse again, then it's safe to say that your marriage has hit its end point. Being married to someone that is not the same person you married happens sometimes, and it sucks. It really does, but instead of dwelling on it, start making moves.

Related Link: [5 Communication Keys Every Relationship Needs](#)

And just as a last piece of advice: do not continue in an abusive marriage – whether it's physically, mentally, or emotionally abusive! An abusive relationship is one of the biggest signs it's time to leave. Seek help if need be.

What are some ways you knew your marriage or relationship was over? Share below!

Celebrity Divorce: 'Vanderpump Rules' Star Lala Kent's Married Boyfriend Is Officially Divorced





By [Jessica Gomez](#)

In [celebrity news](#), LaLa Kent's boyfriend Randall Emmett is no longer married to Ambyr Childers, his wife of eight years. The divorce was finalized on December 22, according to [EOnline.com](#). The former [celebrity couple](#) tied the knot in 2009, then separated a couple of years ago, finally filing for divorce earlier this year. The former couple has two daughters together. As for Kent and Emmett, it looks like they intended on keeping their relationship on the down-low until the divorce was final – but sometimes in life, we don't always get what we intend.

This celebrity divorce is probably coming at a good time, given that Lala would more than likely want an unmarried boyfriend. What are some

ways to recover after a bitter divorce?

Cupid's Advice:

Most divorces aren't pretty. Although our emotions can be running wild at a time of bitterness, we must try not to become bitter ourselves. Cupid has some tips:

1. Learn from the experience: Learn the lesson. Many times, it's hard to stay rational during a very emotional time, but we must try our very best. There is no point in dwelling on the past because we cannot change it. However, looking back in order to learn and move on is a different story – that you should do! It's easier said than done, but time does heal and you need to give it a little push as well.

Related Link: [Taylor Swift's Ex Turned Her Into 'Quasimodo,' According to BFF Todrick Hall](#)

2. Invest in yourself: It's time to be selfish. It's time to be about you. Do what you have to, and do what you want to. Learn something, pamper yourself, do the things you enjoy! It's all about what's best for you. Enrich yourself, grow into an even better person. Strive toward becoming the best version of yourself.

Related Link: [Source Says Beyonce Struggled to Trust Jay-Z After Cheating Scandal](#)

3. Look forward to a bright future: Be positive and know that there will be better days. Positive thinking really does go a long way. Think about what you have accomplished so far and be proud. Then think about what you want to accomplish – the thought of your dreams should get you excited and going!

What are some ways you moved on from a hard divorce? Share with us, comment below!

Latest Celebrity News: Jennifer Garner Says She Is 'Not Interested in Dating' After Split From Ben Affleck



By [Rachel Sparks](#)

Former [celebrity couple Jennifer Garner](#) and [Ben Affleck](#) have been apart for nearly two years, but these [celebrity exes](#) are setting a new standard for co-parenting and remaining amicable exes. Garner told [UsMagazine.com](#) that she and Affleck do have plans for a family Thanksgiving together. An insider told the

magazine that Garner even helped Affleck get into a rehab center as his alcoholism took a spiral downward. The latest [celebrity news](#) is that despite, or maybe because of, the sincerity of their friendship, Garner has been on one date in the past two years since her [celebrity divorce](#), but she's still not ready to start dating again.

In this celebrity news, it looks like Jennifer Garner's break-up from Ben Affleck is affecting her long-term. What are some ways to cope with a break-up so you can move on?

Cupid's Advice:

Accepting the loss of someone meaningful in your life is painful at best and near-impossible at worse. When you've been with someone for as long as Garner and Affleck were together, what does life look like without that person? Moving on is hard, but at some point you want to accept the change so that your life can move forward. Here's Cupid's [relationship advice](#) to get you through a break-up:

1. Burn, bury, block: Sounds harsh? Unless you and your ex have kids together, moving on means letting go. Do whatever it takes for you to cut those ties with your ex. Burn the love letters, bury the stuffed zebra your ex won at the carnival, and block any way that they can get in contact with you. Doing so doesn't mean you never loved them, it just means you love yourself enough to know you deserve happiness. Being stuck with the pain of a relationship at its end is not happiness.

Related Link: [Dating Advice for Dealing with the break-Up](#)

Blues

2. Give happiness, get happiness: Have you ever been in a Starbucks line and been at the receiving end of pay it forward? Yeah, it's pretty great. It also feels good to know you've made someone's day better. We know it's hard when you're feeling down to even consider bringing joy to other people, but the proof in the facts is this: helping others creates fulfillment and happiness. If you don't feel like dealing with people, find a way to volunteer behind the scenes; you'll still reap the emotional rewards.

Related Link: [Expert Dating Advice: Moving On After a Divorce](#)

3. Focus on you: In a relationship, we often think about what the other person wants. Ever been asked where you wanted to eat and said, "What do you feel like?" Couples form a group identity, so being on your own is terrifying, but it can be exciting. Try something new, start a diet, exercise, start a new hobby, go to a concert of a band your ex hated...the list of things you can do alone is literally endless. Rock out the single status. Learning to enjoy time alone is attractive, but it also makes any future relationships that much more meaningful.

How have you gotten past a break-up? Share your relationship advice below!

Celebrity Divorce: Mel B & Stephen Belafonte Reach

Partial Divorce Settlement



By [Karley Kemble](#)

[Celebrity exes](#) Mel B and Stephen Belafonte have reached a partial divorce settlement. While the exact terms have not been disclosed, [UsMagazine.com](#) has confirmed that they have also agreed to a partial custody settlement of their six-year-old daughter Madison. Mel B announced her [celebrity divorce](#) in March, with allegations that Belafonte had an affair with their nanny. In a heartbreaking statement, Mel B stated, "I am in fear of my safety, and I am in fear of being irreparably harmed." She was allowed a temporary restraining in May, and still awaits a domestic violence restraining order to be finalized.

This celebrity divorce is partially settled, but not all the way. What are some ways to make your divorce proceedings more efficient and civil?

Cupid's Advice:

Sometimes when it comes down to it, divorce is the right decision for you and your partner. There certainly is potential for drama to fester within divorce proceedings, but if you want to avoid the added stress of a long and messy battle, check out these tips from Cupid:

1. Don't be defensive: When you're going through a rough divorce, a defensive guard might be your first instinct. Emotions are high, and maybe things aren't going your way. You are entitled to your feelings, though it is important to refrain from a "you started it" mentality. Be as mature as you can – it will make your divorce run a lot smoother.

Related Link: [Celebrity Divorce: Mel B Makes Fashion Statement About Her Ex At The VMA's](#)

2. Nix the disses: While it's okay to vent to a close friend or your immediate family, you shouldn't let the hostility saturate. Don't trash talk your ex to everyone you meet. When you do that, you're making your private business a public ordeal. If you only have negative thoughts about your ex, consider keeping them out of the conversation. As hard as that may be, you'll find a positive mindset is beneficial to your mental well-being.

Related Link: [Celebrity Divorce: Mel B's Sister Slams Her Ex Stephen Belafonte After Abuse Claims](#)

3. Stay out of court: If you two can manage, try and come to an agreement without the help of lawyers. Not only is it easier on your bank accounts, it'll save you both a lot of time. It also will prevent a load of drama – we've all seen how messy divorce proceedings can get on T.V.!

Have you or has somebody you know gone through a rough divorce? How did you cope? Let us know below.

Celebrity Divorce: 'Real Housewives' Shannon & David Bador's Split is Still on Despite Reunion





By [Rachel Sparks](#)

Real Housewives of Orange County stars Shannon and David Baedor are still going through with their [celebrity divorce](#), which was announced a week ago. [EOnline.com](#) reports that the ex [celebrity couple](#) were seen reuniting on Saturday at USC for their daughter Sophie Baedor. Though the couple are splitting after 17 years of marriage, both Shannon and David remain committed to regular reunions, claiming that co-parenting amicably for the sake of their children remains their goal.

This celebrity divorce is still happening after 17 years of marriage. What are some things to try to heal your relationship before resorting to a divorce?

Cupid's Advice:

Long-term relationships are a lot of work, but we often forget it. That initial falling in love feeling disappears but we're still optimistic about our futures. Routine, monotony, stress, and hardships challenge the relationship and it's natural when we feel down from life to let those feelings translate to our relationships. How do we know, then, when we've done everything we can for our marriage? Check out Cupid's [relationship advice](#):

1. Decide if you want to fix your marriage: You would think this would be obvious for most people: you know either way if you want to save your relationship. But it's much easier to say you do want to make things work than it is to take the actions to do so. When you realize you want to do the hard work it takes to repair a relationship, that means you have to stop complaining and start taking action.

Related Link: [Jennifer Garner & Ben Affleck Attend Church After Celebrity Divorce Filing](#)

2. Take responsibility: Unfortunately, working on a relationship isn't comfortable. Then again, it was awkward in the beginning, but that proved to be worth it. You'll be embarrassed and humbled, but likely, so will your spouse. Own up to your mistakes, both past and present. Your spouse will appreciate it and you'll find some closure on past pains. Your relationship will also take a giant leap forward as the two of you confront your demons together.

3. Respect and value: This is another that should seem obvious, but when you're hurting it's very easy to take out that pain on the other party. From our childhoods we all learned how easy it is to lash out at our family, and our spouses are no exception, but take a breath before you do so. Is that comment worth the damage it does to your relationship? Also keep in mind that actively paying attention and engaging your significant other shows that you value and respect them, and taking the time to listen and engage will go much further

than an extravagant gift that was purchased to overcompensate for failures.

Related Link: [Former Celebrity Couple Gwyneth Paltrow & Chris Martin Reunite For Daughter's Birthday](#)

4. Give your best: When you're hurt, you don't want to make yourself vulnerable, but you won't move forward unless you try. Keep giving your best, even when your spouse isn't. If things don't work out you will know you tried your hardest and you will have learned from the whole experience for another relationship.

Have you been in a long-term relationship that's failing? How did you try to fix it? Share your advice below!

Celebrity News: Arnold Schwarzenegger Says Cheating on Maria Shriver Was a 'Major Screw-Up'





By [Karley Kemble](#)

Six years after announcing a shocking [celebrity divorce](#), Arnold Schwarzenegger is speaking candidly about his past decisions. According to [UsMagazine.com](#), in a preview for an upcoming television special, Schwarzenegger admits, “I know it was a major, major screw-up” when asked about his infidelity. The actor and former governor of California caused quite a stir in 2011, when he made [celebrity news](#) after cheating on his wife, Maria Shriver with their long-time housekeeper, Mildred Baena. Shortly after the revelation, news also broke that Schwarzenegger had, in fact, fathered a child with Baena. Though Schwarzenegger and Shriver have officially filed for divorce, Schwarzenegger also has revealed that the celebrity exes have not yet finalized it.

This celebrity news proves that celebrities feel regret just like us. What are some ways to come back

from a fatal mistake in your relationship?

Cupid's Advice:

As humans, we are subject to error and mistakes. While it may seem like you will never be able to bounce back after something terrible happens in a relationship, it's entirely possible. Cupid has some ways to cope and move on:

1. Don't let it define you: It's normal to take blame and harness a mistake as a part of who you are. You are not your mistakes or the product of mistakes that have affected you. It is important realize this and even more important to learn and grow from the past. Don't let it hold you back.

Related Link: [13 Most Shocking Celebrity Couple Affairs](#)

2. Practice positive mental talk: A positive mind is empowering. (Say that out loud five times!) If you're stuck in a rut after making a mistake, think of a way to spin negative thoughts into positive ones. Instead of thinking "I am so stupid" reframe your thoughts "I am smart, that decision was not." This way of thinking will really help change the way you see things.

Related Link: [Can Politics Ruin Your Relationship?](#)

3. Forgive and learn from it: Forgiveness isn't easy, but it is possible. It certainly does not happen overnight. In time you will find it to be freeing. Whether you need to forgive yourself or somebody else, reflect on the steps you need to take to reach that point, and do what you can to get there. Forgiveness doesn't change the past, but it can help you learn from it.

How have you bounced back after a fatal relationship mistake? Share your experience below.

Celebrity Exes Ashton Kutcher & Demi Moore Attend Same Wedding



By [Karley Kemble](#)

Running into an ex is almost always awkward, even for celebrities! [Celebrity exes Ashton Kutcher](#) and [Demi Moore](#) attended the same vow renewal ceremony in Brazil last weekend, reports [UsMagazine.com](#). The former [celebrity couple](#) ended their relationship in 2011, and their divorce was finalized in 2013. It appears things were cordial between the two, as they left the Rio De Janeiro venue going their separate ways.

Even celebrity exes are bound to cross paths eventually! What are some ways to deal with running into your ex?

Cupid's Advice:

While your fight or flight instincts may be pushing you to run and hide, we know that's not always an option. Cupid has some [relationship advice](#) to make these awkward run-ins...less awkward:

1. Stay cool: Yes, your mind will probably be spinning a million miles a minute. That's normal – just stay as calm as you can, and be honest with them. You probably aren't the only one who feels awkward, either.

Related Link: [Relationship Advice: Getting Over a Grudge](#)

2. Keep it polite: Your default reaction may be to list off all the reasons why your life's so much better without them. It's great to show them you've moved on, just make sure you aren't over-killing it. It could leave you looking more flustered and out of it.

Related Link: [Relationship Advice: Why Isn't It Easy to Say Goodbye?](#)

3. Maintain that confidence: Even if you aren't feeling like a million bucks, fake it 'til you make it! Don't let a random run-in ruin your entire day, either. Allow yourself to feel the awkwardness for a little, then move on with your fabulous life.

How have you handled a run-in with an ex? Talk to us about it below!

Celebrity News: Fergie Says She Wanted to Stay Married to Josh Duhamel 'Forever'



By [Karley Kemble](#)

In the latest [celebrity news](#), Fergie has shared heart wrenching information about her recent split from husband Josh Duhamel. According to [UsMagazine.com](#), the somber Black-Eyed Peas singer confesses, "It wasn't my plan, I wanted to stay married forever," in a preview for an upcoming appearance on the *Wendy Williams Show*. The former [celebrity couple](#) formally announced their separation in September, but parted ways

earlier in the spring. Fergie and Duhamel will remain on friendly terms and co-parent their four-year-old son, Axl, together.

This celebrity news has our hearts hurting. What are some ways to know you've done everything you can to save a relationship?

Cupid's Advice:

Even celebrity couples that appear to be as strong and loving as Fergie and Josh have the potential to fizzle out. While you should almost always try and save your relationship, sometimes it's best to call it quits. How do you know when it's over? Cupid has some ideas:

1. You've talked it out: Whether you sit down together or seek help from a therapist, getting to the root of the problems are totally essential. If you two still aren't seeing eye-to-eye, maybe it just can't be saved.

Related Link: [Celebrity Divorce: Fergie and Josh Duhamel Call It Quits](#)

2. You've gone back to basics: Sometimes it's good to hit the reset button. Remember the early days of your relationship when you were still getting to know each other? If you channel those innocent times but aren't seeing changes in the way you treat each other, it may be time to end things.

Related Link: [Celebrity Break-Up: Anna Faris Is 'Fantastic' Amid Chris Pratt Divorce, Says Allison Janney](#)

3. You just aren't feeling it: Always, always, always trust your gut. If your partner doesn't make you feel as happy,

strong, or content as they used to, perhaps the relationship has run dry. You know yourself better than anyone else, after all.

Cupid wants to know: How have you tried to save your relationship?

Celebrity News: Audrina Patridge Granted Full Custody of Daughter After Split From Corey Bohan



By [Ashleigh Underwood](#)

Sour news turns hopeful as Audrina Patridge is granted full custody of 15-month-old daughter, Kirra Max. When the [celebrity news](#) broke of Patridge's split from husband Corey Bohan, several allegations were thrown around and are continued to be discussed in court. While court proceedings are still ongoing, the ex [celebrity couple](#) have been told that Bohan can have scheduled visitations, only after picking up their daughter from the police station. A source recently told [People.com](#), that Patridge is taking extra precautions to ensure the safety of herself, and her daughter.

This celebrity news is definitely in Audrina Patridge's favor. What are some ways to deal with custody issues during a split?

Cupid's Advice:

Splitting with your partner can get messy, especially when there are children involved. It can be easy to get lost in the craziness of court and other important decisions. Here are a few ways to deal with custody issues during your split:

1. Put your children first: In a custody battle, you may be tempted to take out all your anger on your ex and be spiteful. However, you have to remember your kids and what is best for them. No matter how you feel towards your ex-partner, if they are a good parent to your child, then try and be flexible with your conditions. None of it is easy on your child, but you can do your best to keep things as normal as possible.

Related Link: [Celebrity Divorce: Audrina Patridge Files for Divorce from Corey Bohan](#)

2. Get a good lawyer: Court can be confusing especially if you have never dealt with a legal situation before. In order to make things easier on yourself, and get the outcomes you desire, hire the best lawyer you can. Let them take the brunt of the force in the legal stuff so you can focus on your family and your own well being. This will make dealing with your custody battle much easier for everyone.

Related Link: [Bad Romance: 10 Toxic Celebrity Relationships](#)

3. Focus on what you can control: When things get messy, you can feel like your world is falling apart. If you start to lose your grip on life and feel like everything is coming crashing down, take step back and breathe. Spend your time focusing on the things you can control in your life, like your children. If your ex is doing things with the kids that you always scolded him for but you have no voice in now, focus on your own parenting. You can't control how others act, but you always have a say in your own life.

How did you deal with your custody battle? Comment below!

Celebrity Divorce: Audrina Patridge Files for Divorce from Corey Bohan





By [Ashleigh Underwood](#)

Sadly, another [celebrity divorce](#) is in the center of this week's [celebrity news](#). Audrina Patridge has filed for divorce from Corey Bohan after 10 months of marriage. While the couple wishes to keep their privacy at the moment, [UsMagazine.com](#) has learned that the relationship has been troublesome from the beginning. Even though they wanted to make it work for their infant daughter, Patridge and Bohan have already taken steps toward separating and are living apart.

This celebrity divorce seems to have come out of nowhere. What are some ways to know you've done everything you can to save your relationship?

Cupid's Advice:

When you love someone, you want to do everything you can to

make the relationship work. However, sometimes you have done all you can and still nothing seems to go right. Here are a few ways to know that it's time to move on:

1. You have tried: The only way to save a relationship is to put in the work. You have to make an effort to change the dynamic between you and your partner and make serious changes. If you feel that you have put time and energy into the relationship and nothing has changed, it may be time to move on.

Related Link: [Audrina Patridge Says Cameras Are Off and Love Life Is On](#)

2. Therapy has come and gone: Sometimes you need a third party to work out your relationship woes. If you've tried therapy or counseling and it hasn't worked for you, it's safe to say there's probably no fixing what you have, and it's time to move on.

Related Link: [Audrina Patridge Says A Guy Must Have "Loyalty, Integrity and Respect" To Get Her Attention](#)

3. The love just isn't there: You may get along okay as roommates, but the love you once had for each other is no longer there ... and you can't get it back. The fact is, sometimes people just fall out of love, and there's not much you can do about it. If that's the case for you, it's time for an amicable split and to move on with your life.

What are some other ways to know it's time to move on? Share your thoughts below.

Celebrity Break-Up: Anna Faris Is 'Fantastic' Amid Chris Pratt Divorce, Says Allison Janney



By [Melissa Lee](#)

It's been a couple of weeks since Anna Faris and Chris Pratt shocked Hollywood with their [celebrity break-up](#), but it seems as though Faris is doing fine despite the [celebrity divorce](#) proceedings. Faris' co-star Allison Janney revealed to [UsMagazine.com](#) that Faris is "fantastic" and extremely professional when coming into work. "It's good to have things like work to hang on when you're going through a difficult time," says Janney. Faris and Janney presented an award at the

69th Primetime Emmy Awards this past Sunday, and while Pratt did not make an appearance, he told photographers that he thinks she did a great job. Kudos to these exes for staying civil during such a difficult time!

It looks like Anna Faris is keeping it together amid her divorce! What are some ways to stay strong during a split?

Cupid's Advice:

Splits can get messy and difficult, but Anna Faris seems to be handling hers quite well. If you find yourself struggling to stay strong during a break-up, check out Cupid's tips:

1. Try to make it positive: We know it's easier said than done, but try looking at the break-up in the most positive way possible. Even though it can be *super* sucky, remind yourself that relationships tend to be learning experiences. Sometimes they don't work out or you two aren't meant to be, and that's totally okay. Commend yourself for getting this far and keep it moving.

Related Link: [Celebrity Break-Up: 'Bachelor in Paradise' Star Amanda Stanton Opens Up About Her Split from Robby Hayes](#)

2. Stay civil: Instead of bad-mouthing your ex and possibly starting drama regarding the former relationship, try your best to stay civil with them. Faris and Pratt seem to be doing a great job doing this, especially since they have a child together. If you make an effort to be civil with your ex-lover, you'll start to feel less angry with them. It'll be a gradual process, but totally worth it in the end.

Related Link: [Celebrity Divorce: Fergie and Josh Duhamel Call](#)

[It Quits](#)

3. Focus on yourself: Take this time to do activities that will make you feel stronger, whether it be physically or mentally. Head to the gym and begin a healthier lifestyle, or take up yoga or meditation. Regardless of what will make *you* feel like a more positive human being, try out this tip to ensure staying strong during this tough time.

What is your advice for staying strong during a split? Leave your thoughts below.

Celebrity Divorce: Fergie and Josh Duhamel Call It Quits





By [Ashleigh Underwood](#)

The [latest celebrity news](#) has fans surprised and upset: [Celebrity couple](#) Fergie and Josh Duhamel have decided to end their eight-year marriage. This [celebrity divorce](#) comes as a shock, especially since the pair had been talking about adding to their family just last month. However, according to [UsMagazine.com](#), the celebrity couple had been having trouble for a while, with Duhamel moving out in the early spring. While the duo have decided to part ways, they remain friends in order to care for their 4-year-old Axl.

This celebrity divorce comes as a shock, especially considering Fergie and Josh Duhamel were hoping to have another baby just months ago. How do you know when it's time

to call it quits?

Cupid's Advice:

Breaking up with someone is extremely difficult, particularly when you have been together for years and years, like this celebrity couple. Check out these three ways to help you know if it's truly time to call it quits:

1. You're constantly fighting: One of the most obvious red flags in a relationship is that you're having nonstop screaming matches with each other. If every little issue turns into a huge blowout fight, you might want to rethink whether or not this is the right situation. As a couple, you should be able to work things out calmly and with understanding every single time.

Related Link: [Celebrity News: Allison Janney Reveals How Anna Faris Is Handling Celebrity Divorce from Chris Pratt](#)

2. You feel like a second choice: You should never feel like you're not your partner's first priority. If you feel second to their friends, their coworkers, another romantic interest, or even their career, it's time to say something. Speak up about your feelings, and if nothing changes, it may be time to part ways.

Related Link: [Celebrity Couples Who Cannot Wait to Become Parents](#)

3. You just know: Gut feelings should always be trusted. While your brain may not be on the same page, the rest of your body knows what is right. Deep down, you know what is best for you and whether or not you should continue your relationship.

Cupid wants to know: How did you know it was time to end your relationship?