

Celebrity News: Justin Hartley Brings Daughter to Critics Choice Awards Amid Divorce



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y [Hope Ankney](#)

In the latest [celebrity news](#), Justin Hartley was spotted bringing his daughter as his plus one to the Critics Choice Awards. According to *UsMagazine.com*, this comes soon after Hartley filed for divorce from Chrishell Stause. He was seen snapping selfies and having a great time with his 15-year-old, Isabella, on the red carpet. An insider stated that the two “looked really happy [and] were having a light conversation.”

In celebrity news, Justin Hartley brought his daughter to an awards show after filing for divorce from Chrishell Stause. What are some ways to lean on family after a break-up?

Cupid's Advice:

A breakup can leave you emotionally spent. It's difficult to not go through some rough patches when a relationship ends, but the support of family can help you heal and move forward. There's almost nothing a family's love can't fix. If you are going through a split, Cupid has some [relationship advice](#) on how to lean on your loved ones during this hard time:

1. Go home: There's something about coming home that soothes all heartbreak and hurt. Being in the presence of family can take you back to beloved nostalgia from your childhood. There's no one who loves you or adores you as much as your family does, and getting lost in that comfort can help you heal after a breakup.

Related Link: [Celebrity News: Sources Say Kendall Jenner & Ben Simmons Are Dating Again](#)

2. Let them give you tough love: If there's anything your family is good at, it's not sugar-coating anything. If you're looking for clarity or closure, know that one of your loved ones will be more than happy to give it to you straight. Having these conversations with family can help you see why your relationship might have ended and what you need to do to move on.

Related Link: [Celebrity Parents: Garth Brooks Gets Real About](#)

[Raising Daughters After Split from Ex-Wife](#)

3. Have them take your mind off of it: Whether it's attending your nephew's soccer match or getting brunch with your siblings, be open to the idea of being distracted. Giving yourself over to family events/get-togethers can help in keeping your mind off of the breakup. Allow yourself to get lost in their lives for a bit, and you will see how that positively affects your behavior and emotions towards your own lost relationship.

How has family helped you after a breakup? Let us know down below!

Celebrity News: Jenna Dewan Opens Up About Love, Divorce and Healing in New Book





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y [Meghan Khameraj](#)

In [celebrity news](#), Jenna Dewan opens up about her life and journey in her new book titled *Gracefully You*. The actress released her a joint statement with her ex-husband, [Channing Tatum](#) in April 2018 in which they announced their [celebrity divorce](#). According to *UsMagazine.com*, the [celebrity couple](#) ended their nearly ten-year relationship on positive terms and work together to raise their six-year-old daughter, Everly. Since then, Tatum has been in a relationship with singer Jessie J, and Dewan is expecting a child with new boyfriend, Steve Kaze. In her book, Dewan shared what got her through her divorce with Tatum, stating “acknowledge your emotions and do the work. Meet with a therapist, look into breathwork, meditate, take walks in nature, and have wine with your friends.”

In celebrity news, Jenna Dewan

turned to writing to help heal her broken heart. What are some other healthy avenues for coping with lost love?

Cupid's Advice:

Jenna Dewan shared her [relationship advice](#) on how to deal with and heal from a devastating break-up. She was able to move on and find peace and love again. Cupid has some advice to help you find yourself again after a difficult break-up:

1. Therapy: If you're feeling an overwhelming amount of emotion, a therapist can help you cope with them in a healthy way. Speaking to a therapist will allow you to discover how to handle intense emotions while also guiding you through this rough time so you don't have to go through it alone.

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2. Dive into a new hobby: After a break-up, you're going to have more free time. Avoid spending that time reminiscing of your past love and use it to foster a new hobby. Choose a fun activity that you've always wanted to try and before you know it you'll forget about your ex and have a new talent.

Related Link: [Celebrity Couple News: Jenni 'JWoww' Farley & Zack Carpinello Are Back Together After Split](#)

3. Spend time with your friends: Spending time with your friends is probably the best way to get over a lost love. Surround yourself with people who will support you when you're crying and help you find yourself again after a break-up.

How do you get over a lost love? Let us know in the comments

below!

Celebrity Break-Up: Christina Hendricks & Geoffrey Arend Split After 10 Years of Marriage



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y [Meghan Khameraj](#)

In [celebrity news](#), Christina Hendricks and Geoffrey Arend split after ten years of marriage. According to

UsMagazine.com, the pair revealed the end of their [celebrity relationship](#) in an exclusive joint statement to *Us*, “We will always be grateful for the love we’ve shared and will always work together to raise our two beautiful dogs.” This [celebrity break-up](#) comes after a puzzling Instagram post from Arend captioned, “Anytime you’re feeling low, bookend yourself in dogs.” The post was made on the former [famous couple](#)’s 10th wedding anniversary. The pair plan on taking some time to rediscover themselves post-split.

This celebrity break-up comes after a ten-year marriage. What are some ways to cope with a break-up after a long-term relationship?

Cupid’s Advice:

Christina Hendricks and Geoffrey Arend have called it quits on their 10-year marriage. Though the couple is taking time for themselves after the split, there seems to be no bad blood between the pair. Cupid has some [relationship advice](#) to help you navigate your life after the end of a long-term relationship:

1. Take time for yourself: Just like Hendricks and Arend, the best thing to do after a break-up is to take a moment for yourself. Take this time to understand how you are feeling and what you want and deserve. The end of a long-term relationship can be devastating, so allow yourself to feel all of the emotions that come with a break-up. Manage those emotions in a healthy way as the first step to getting over a break-up.

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2. Surround yourself with positive energy: Once you’ve taken

the time to understand how you're feeling, you should surround yourself with people and places that make you happy. Spend time with your close friends, watch movies or listen to music you like, and focus on your well-being.

Related Link: [Celebrity News: JWoww Is 'Hurt' After Boyfriend Makes a Move on Angelina Pavarick](#)

3. Discover a passion: The worst part of a break-up is the heavy period of loneliness that comes along with it. Instead of spending that time reminiscing about the time you spent together or the way he held your hand, use this free time to discover a passion or hobby that is truly yours. It can be anything from exercising to painting, as long as you enjoy what you're doing!

What are your go-to ways to deal with a break-up? Let us know in the comments below!

Are Lori Loughlin & Mossimo Giannulli Heading for a Celebrity Divorce?





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y Meghan Khameraj

In the latest [celebrity news](#), Lori Loughlin and Massimo Giannulli may be headed for a [celebrity divorce](#). According to a source for *UsMagazine.com*, the [famous couple](#) of over 20 years are struggling to maintain their relationship in wake of their college admissions scandal. In March, they were arrested for reportedly bribing the University of Southern California with over \$500,000 to accept their daughters, Bella and Olivia Jade. Since then, Loughlin and Massimo have disputed over issues such as the use of their private jet and the rejection of a plea deal.

There may be another celebrity divorce headed our way. What are some ways to get through a tough time as a couple?

Cupid's Advice:

Lori Loughlin and Mossimo Giannulli are going through a rough patch in their relationship. When tensions are high and the relationship is on the line, many people may be lost on what to do next. Cupid has some relationship advice that will help you navigate through this difficult time:

1. Talk it out: While this may seem like a simple piece of advice, communication is key to making a relationship work. Talking to your partner about the things that bother you can help your relationship steer clear of rough patches. With talking comes listening, if your significant opens up about the relationship you should listen and be prepared to address those issues.

Related Link: [Celebrity Divorce: 'Jersey' Shore' Couple Jenni 'JWoww' Farley & Roger Mathews Finalize Divorce](#)

2. Take some time apart: If you can't seem to sit down and talk to your partner then perhaps you both need to take some time and clear your heads. People tend to behave less rashly once they have taken time to think about the situation. You want to approach any conflict with your significant other with a clear and rational mindset.

Related Link: [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

3. Consider counseling: You've tried talking and clearing your mind but both seemed to have failed. Your relationship issues might be rooted in a deeper problem that can be uncovered through couples therapy or counseling. The therapist will act as an unbiased voice of reason to help you and your partner re-build your relationship.

What's your go-to strategy for getting through a tough time with your partner? Let us know in the comments below!

Celebrity Divorce: Why Liam Hemsworth Quickly Filed for Divorce from Miley Cyrus



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y [Ashley Johnson](#)

In celebrity divorce news, Liam Hemsworth has filed for divorce after just eight months of marriage to [Miley Cyrus](#). Immediately after her split from the Aussie actor, Cyrus was spotted out holding hands and kissing blogger Kaitlynn Carter. According to *UsMagazine.com*, pictures have also surfaced of the two getting intimate in Italy on August 10. That said, the

former Disney star denies any allegations that she had been cheating while married to Hemsworth. Ultimately, the former [celebrity couple](#) has agreed to go their separate ways due to irreconcilable differences.

In celebrity divorce news, Liam Hemsworth quickly filed for divorce from Miley Cyrus after news of their split became public. What are some ways to know you're ready to file for divorce?

Cupid's Advice:

Even the strongest of Hollywood relationships can end messily. Some will last and some will barely survive. Not all relationships are going to have a perfect ending, and that is okay. Luckily, Cupid has some [relationship advice](#) on how to know when you are ready to file for divorce:

1. You have outside interests: The maintenance of any marriage can definitely be made more difficult if you or your partner have different interests. Either both of your interests no longer line up, or your interests lie outside of the best interest of your marriage. You or your partner may want to explore something new outside of your marriage, whether it be sexually, physically, mentally, etc. Having interests outside of your marriage can include wanting to travel the world, wanting to pursue your own career goals, and much more. If this is the case, then divorce should be an option that you two explore together.

Related Link: [Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together](#)

2. You fight with your partner: Of course, no relationships has only ups. You and your partner are going to experience downs and some [relationship problems](#) along the way. It is impossible to agree on every single thing that comes your way. Occasional disagreements are healthy, but when you and your partner are fighting more than you are having a good time with each other then it is probably best to end your marriage for the sake of wellbeing and happiness.

Related Link: [Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split](#)

3. You aren't intimate: Intimacy with your partner can be physical, emotional, or mental. If you feel your intimacy with your partner has declined at all in any context, then perhaps your marriage is not as strong as it used to be. A loss of intimacy can include no longer sleeping in the same bed as your partner, no longer having sex with your partner, not having as many conversations with your partner as you used to, and much more.

Can you think of any other ways to know you are ready to file for divorce? Let us know in the comments below!

Celebrity News: Nick Cannon Reacts to Ex Mariah Carey's Take on #BottleCapChallenge





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y [Katie Sotack](#)

The #BottleCapChallenge has taken over the celebrity world, and Mariah Carey accepted the challenge. Normally, the participant performs a roundhouse kick to the bottle cap and sends it flying away. However, according to *UsMagazine.com*, Carey added her own twist when she hit her legendary high note to pop the bottle open. [Nick Cannon](#), who was once part of a married [celebrity couple](#) with Carey, commented on the video, saying “hilarious”.

In [celebrity news](#), Nick Cannon still supports his celebrity ex, Mariah Carey. What are some ways to keep the peace with your ex?

Cupid’s Advice:

Nick and Mariah seem to be making divorce work. Their public

displays of support and peaceful co-parenting of their twins would suggest a good post-separation relationship. Here are tips to maintain the peace with your ex:

1. Remember why you loved them: Just because things didn't work out doesn't make your ex is a demon. They're the same person you fell for many moons ago and relearning to see them in a positive light will be beneficial to your friendship.

Related Link: [Celebrity News: 'Bachelorette' Hannah Brown Admits to Intimate Relations in a Windmill](#)

2. Ctrl, alt, delete them: Moving is hard to do, it's cliché for a reason. Part of keeping the peace is knowing when to go your own way. If seeing your ex's posts causes you to bubble up with rage and resentment, hit that unfollow button. You broke up for a reason and that means they're allowed to no longer be a part of your life.

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3. Focus on yourself: Put yourself first. Prioritizing your growth and other intimate relationships will naturally stray your mind from your ex. Suddenly, it'll be obvious that you didn't fit together, given the new paths you've taken, and it'll be easier to wish them well when you're thriving solo.

How do you deal with you ex? Share in the comments below!

Celebrity Divorce: 'She's All

That' Star Rachael Leigh Cook to Divorce Daniel Gillies After 15 Years



B

y [Mara Miller](#)

In the latest [celebrity news](#), [celebrity couple](#) Rachael Leigh Cook and Daniel Gillies are calling it quits with a [celebrity divorce](#) after 15 years of marriage. According to *EOnline.com*, Cook and Gillies posted an announcement on their Instagram on June 13th. They began their love story in 2004 and got engaged after just two months. The *She's All That* and *The Originals* stars have two children together and ask that their decision be approached with discretion for the sake of their children.

This celebrity divorce comes after a pretty long-term marriage. What are some ways to know your relationship can't be repaired?

Cupid's Advice:

Talk about the end of an era! Coming to the decision to separate or divorce when you have been married for a long time is not easy. Cupid has some advice on when to know to call it quits:

1. You've tried everything: You've been to marriage counseling. You've tried to talk it out. If the solution just isn't there, then it's time to admit to yourself that your marriage isn't salvageable.

Related Link: [Celebrity Break-Up: Bradley Cooper Enjoys a Boys' Night in L.A. After Irina Shayk Split](#)

2. You know in your heart that your marriage is over: If you can't shake the feeling deep in your heart that it's not worth pursuing anymore, then it's okay to start thinking about divorce. It's not worth trying to force something that will make you both miserable.

Related Link: [Celebrity Break-Up: Kendall Jenner & Ben Simmons Split Months After Reconciliation](#)

3. Your relationship has become toxic: This doesn't mean abusive. It could mean a number of things. You're fighting more because you've grown apart and don't see eye to eye over finances or kids. You're jealous your partner is spending more time with a friend of the opposite sex and you're worried more might be there. Whatever it is, if you find yourself and your spouse can no longer get along, then it might be time to call

it quits.

Are there any other ways you might know when it's time to call it quits on your marriage? Let us know in the comments below.

Celebrity Parents: Exes Drew Barrymore & Will Kopelman Reunite for Daughter's Graduation



y; Emily Green

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In the latest [celebrity news](#), actress Drew Barrymore and ex-husband Will Kopelman reunited for their daughter Frankie's graduation, according to *UsMagazine.com*. This [celebrity couple](#) split in 2016, but they have remained on good terms while co-parenting their two daughters, Olive (6) and Frankie (5).

These celebrity parents are focusing on making co-parenting successful. What are some things you can do to enhance your co-parenting situation?

Cupid's Advice:

Just because you and your partner are no longer together doesn't mean your family is broken. By staying on good terms with your ex, you can ensure that your children adjust well to a new family dynamic. Here are some of Cupid's tips to ensure a successful co-parenting situation:

1. Communication is key: By actively communicating with your ex, you can ensure that you are both on the same page regarding your children. If one of you has concerns about something, you should be able to sit down and talk it out. Even just asking one another about their day, or what has been going on in their lives is a great step toward having a friendly relationship.

Related Link: [Celebrity Parents: Inside Kate Hudson's Co-Parenting with Exes Matt Bellamy & Chris Robinson](#)

2. Be open and flexible: Different situations pop up all the time, so if your ex has to cancel a day because of an impromptu meeting, try to schedule another day so your children can still see them! Remember to put your children

first, and work your parenting schedules around what will make the kids happy.

Related Link: [Celebrity Parents: Bradley Cooper Says Fatherhood Has Changed Him In 'Every Way'](#)

3. Respect their time: Each of you deserve an equal amount of time with your children. Make sure that your ex receives just as much time and respect with their children as you expect in return.

What are some of your tips to have a successful co-parent relationship? Let us know in the comments below!

Adele Celebrates 31st Birthday Amid Celebrity Divorce





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y [Mara Miller](#)

In the latest [celebrity news](#) according to *UsMagazine.com*, Adele is celebrated her 31st birthday on May 5 despite her [celebrity divorce](#). In a captioned post on Instagram, Adele wrote, “30 tried me so hard but now I’m owning it and trying my hardest to lean in to it all. No matter how long we’re here for life is constant and complicated at times.” Adele announced her split from [celebrity ex](#) Simon Konecki in April. They have chosen to keep specific details about their split private.

Amid her celebrity divorce and birthday celebration, Adele says life is “complicated.” What are some coping mechanisms for getting through a break-up or divorce?

Cupids Advice:

A break-up or divorce is never easy. Cupid has some advice on how to cope:

1. Spend more time with your bestie: Your best friend(s) can be your strongest ally when it comes to helping you cope after a breakup. They can be there for you to drag you out for lobster and steak, a karaoke night, or even a late night Netflix binge with wine. It can be beneficial to spend time with someone who you know will be there for you without question.

Related Link: [Celebrity Break-Up: Adele & Simon Koneckis Call It Quits](#)

2. Pick up a new passion: This can seem incredibly corny, but picking up a new passion can help you cope with the aftermath of a breakup. Have you always thought about writing a romance novel? Going back to school to get another degree (or your first if you never went to college?).

Related Link: [Celebrity News: 'Pump Rules' Lala Kent Deletes Instagram Pics of Fiance Randall Emmett](#)

3. Practice positivity: Staying positive after a break-up is important for your emotional health because it can be easy to fall into an emotional trap that will leave you circling why your relationship failed in a continuous loop.

What are some other ways you can cope with divorce or a break-up? Let us know in the comments below!

Celebrity News: Bradley

Cooper's Ex Wife Reacts to Rumors of Lady Gaga Romance



B

y [Lauren Burczyk](#)

In [celebrity news](#), [Bradley Cooper](#)'s [celebrity ex](#) Jessica Esposito, 45, reacted to a joke made at the *American Sniper* star's expense. According to *UsMagazine.com*, David Spade made a comment about the *NCIS* actress' former spouse following his sultry 2019 *Oscars* performance with [Lady Gaga](#), 32. The *Rules of Engagement* alum, 54, captioned a shot of Cooper's duet with the pop superstar, "Is there any chance these 2 aren't f-king?" Esposito remarked with a simple, "Ha." There's been a lot of speculation by fans about a romance between Bradley Cooper, 44, and his *A Star is Born* co-star following their *Oscars* performance on Sunday.

In celebrity news, Hollywood is alight with rumors surrounding a romance between Bradley Cooper and Lady Gaga. What are some ways to keep rumors from ruining your relationship?

Cupid's Advice:

Whether a rumor surrounding your relationship is true or not, it can take a toll on both of you. Here are some ways to keep rumors from ruining your relationship:

1. Surround yourself with people who support you: Your true friends will stick by your side regardless of what's being said. Be sure to talk to them about your feelings and remember that they care about you, even through the toughest of times.

Related Link: [Celebrity Couple Bradley Cooper & Irina Shayk Have Discussed Marriage](#)

2. Keep yourself busy: Make sure to keep up with your activities and still give it your all at work. Showing people that you're staying strong, despite what's being said about your relationship, may put an end to the silly gossip.

Related Link: [New Celebrity Couple Bradley Cooper & Irina Shayk Make Red Carpet Debut](#)

3. Talk to your partner: Your partner's true colors will show when there are rumors surrounding your relationship. If your partner is supportive and you both know the truth of the matter, stick together and be there for each other.

Can you think of some other ways to stop rumors from ruining

your relationship? Comment below.

Celebrity Divorce: Mandy Moore Reflects on 'Sad' and 'Lonely' Marriage to Ryan Adams



B

y [Mara Miller](#)

In the latest [celebrity divorce news](#), Mandy Moore opened up about her seven-year roller-coaster marriage to singer-

songwriter Ryan Adams, according to *UsMagazine.com*. The [celebrity exes](#) met when Moore was 23, and she became smitten with him. They married a year later. Things fell apart in Moore's immediate family when her mother left her father and so she thought, "I'll create my own family," Moore admitted on the "WTF with Marc Maron" podcast. She explained that her career quieted down soon after the marriage. "I couldn't do my job because there was just a constant stream of trying to pay attention to this person who needed me and wouldn't let me do anything else." Moore and Adams divorced in June of 2015. She is now happily married to Dawes frontman Taylor Goldsmith.

This celebrity divorce ended up being a blessing in the end. What do you do if you find yourself in a marriage that's bad for you?

Cupid's Advice:

If you're truly being abused by your partner, the best thing you can do is get out of the relationship. Call this domestic abuse hotline if you ever need it: 1-800-SAFE (7233). Local women's shelters and community-based services may be able to provide help as well.

When you're in a bad marriage, it can be a tough call to decide whether you should leave or stay. But, you have to think about yourself and your children (if you have any) before you think about the longevity of your marriage to someone who makes you unhappy. Cupid has some tips:

1. Stop making excuses: It's easy to make excuses if you're in an unhealthy marriage. They're working too hard for you and your family, or they had a bad day at work, so that's why they insulted you, especially when it happens constantly. *Stop*

this. You're letting your spouse get away with treating you badly. It's easy to find yourself in a loop of reasons why it's okay to let your spouse treat you this way. Remember this: the *only* person that can get you out of this situation is yourself.

Related Link: [Celebrity Exes: Mandy Moore Says Ex Ryan Adams Was 'Psychologically Abusive'](#)

2. Take a good, hard look at your role in the relationship:

Does the house fall apart when you aren't home no matter how many times you've asked for help? Do they expect you to hold a full-time job *and* do all of the housework? Take care of the kids by yourself? If every single thing falls on you and they aren't trying to help, or they try to make you feel awful when you haven't gotten everything done, then it might be time to get out.

Related Link: [Celebrity Divorce: Channing Tatum & Jenna Dewan's Split is Becoming 'Challenging and Emotional'](#)

3. Reach out to friends and family: It can be easy to lose touch with friends and family when you're busy. This is normal. But one of the first signs of being abused is for the abuser to start isolating their partner so they can't reach out for help. Being in a relationship that requires an occasional venting session with your bestie is one thing, but feeling completely isolated with no way out is another beast entirely.

What are some things you can do if you find yourself in a bad relationship? Let us know in the comments below!

Celebrity Exes: Mandy Moore Says Ex Ryan Adams Was 'Psychologically Abusive'



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y [Lauren Burczyk](#)

In [celebrity news](#), Mandy Moore opens up about her rocky marriage with [celebrity ex](#) Ryan Adams. According to *UsMagazine.com*, Moore accused Adams of being psychologically abusive during an interview with the *New York Times* that was published on Tuesday, February 13th. Moore, 34, claims that “music was a point of control for him.” She added that “he would always tell me, ‘You’re not a real musician, because you don’t play an instrument.’” The *A Walk to Remember* actress continued, noting that they would write songs together that

Adams promised to record, but never did. Adams released a statement denying the claims made by his ex-wife, saying that “the picture that this article paints is upsettingly inaccurate.”

Mandy Moore found herself in an abusive relationship with her celebrity ex. What are some types of abuse you need to protect yourself from?

Cupid's Advice:

Abusive relationships are unfortunately very common, they happen when one person wants to maintain power or control over their partner. Here are some types of abuse that you need to protect yourself from in a relationship:

1. Physical abuse: This can be any type of hitting, punching, or scratching brought on by your partner. Even if this type of abuse doesn't leave a bruise, it's not healthy and needs to be addressed.

Related Link: [Celebrity Wedding: Mandy Moore Opens Up About Her New Engagement](#)

2. Emotional and verbal abuse: Even without physical violence, a relationship can be subject to unhealthy emotional and verbal abuse. Although it doesn't cause physical damage, verbal abuse leads to emotional pain and scarring.

Related Link: [Celebrity News: Mandy Moore Wants to Have Kids 'Sooner Than Later'](#)

3. Sexual abuse: Just because you are married to someone or have been with them for a long time, doesn't mean you have to

be forced to engage in behavior that you're not comfortable with. This activity should be fun and you shouldn't feel like you are being pressured into anything you don't want to do.

Can you think of any other types of abuse you need to protect yourself from? Comment below.

**Celebrity Exes: Justin
Theroux Wishes 'Fierce'
Jennifer Aniston a Happy
Birthday**





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y [Lauren Burczyk](#)

In [celebrity news](#), [celebrity exes](#) Justin Theroux and [Jennifer Aniston](#) will mark their one-year anniversary of their post-Valentine's Day announcement of their divorce. Despite their break-up, Theroux wished his ex a very happy birthday in an Instagram post. On Monday, he captioned a photo of Aniston holding a pair of bull horns above her head with her muscular arms, saying "Happy Birthday to this fierce Woman." It is unclear if Aniston received the well wishes because she doesn't have an Instagram, but one of their mutual friends commented on his post. So, chances are she gladly got the message.

It seems these celebrity exes are keeping things amicable post-divorce. What are some reasons to

remain civil with your ex after a break-up?

Cupid's Advice:

Though it may be tough to remain civil with your ex following a break-up, there are many reasons to keep things amicable post-divorce. Here are some reasons to remain civil with your ex after a break-up:

1. They know your backstory: Having been through so much together, your ex knows everything about you. Keeping them around as a friend is a great idea so that you have someone you can go to if you need advice.

Related Link: [Celebrity Exes: Jennifer Garner Will Support Estranged Husband Ben Affleck 'No Matter the Circumstances'](#)

2. Your relationship was too important to just end things completely: So, you couldn't find a way to make things work as partners, but that doesn't mean you can't remain friends. After being together for so long, you can't just pretend your ex doesn't exist, so, it's best to stay civil with them.

Related Link: [Celebrity Exes: Justin Theroux Breaks Silence on Split from Jennifer Aniston](#)

3. It's easier to get over the break-up: One of the most difficult things after a break-up is missing the person you used to share your life with. If you're both cool with still being friends, then it can make your split easier to get over.

Can you think of any other reasons to stay civil with your ex following a split? Comment below.

Celebrity Divorce: Channing Tatum & Jenna Dewan's Split Is Becoming 'Challenging and Emotional'



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y [Lauren Burczyk](#)

In [celebrity news](#), [celebrity exes Channing Tatum](#) and Jenna Dewan are having trouble keeping an amicable relationship. According to *UsMagazine.com*, a source told them that the couple's split is becoming challenging and emotional. The

couple separated in April 2018 following nearly nine years of marriage. Tatum, 38, filed for joint custody of their daughter, Everly, 5, and the process is becoming very lengthy. The doting father detailed, in his hearing, how much he loves to spend time with his daughter and included the fact that he decorated her room in his rental home in a fairy-tale theme just so she'd feel comfortable there.

This celebrity divorce started out amicable, but it's becoming challenging. What are some ways to stay rational in the midst of a split?

Cupid's Advice:

Breaking up with someone you truly cared about and shared your life with is extremely difficult. It can put a lot of stress on you, both physically and emotionally. Here are some ways to stay rational in the midst of your split:

1. Unfriend them on social media: Keeping a close watch on what your ex is posting on social media can make what you're going through so much more difficult. To avoid any irrational behavior that may be triggered by their social media posts, unfriend them immediately!

Related Link: [Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Are Still Living Together Post-Split](#)

2. Stay active: Keeping up with your exercise routine is scientifically proven to help you feel better. Staying active will build up your endorphins to help fight off stress. Go for a run or take a fitness class to meet new people, it will boost your mood and having you feeling like your normal self

in no time!

Related Link: [Celebrity Exes Channing Tatum & Jenna Dewan Reunite for Halloween Selfie Amid Divorce](#)

3. Connect with friends and family: Depending on how serious your relationship was, you may have lost touch with some important people in your life. Try reconnecting with them, it will help you take your mind off of your ex and is a great start to helping you move on.

What are some other ways to stay rational in the midst of a split? Comment below.

Celebrity News: Jeff Bezos Makes Public Appearance Without Wedding Ring





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y [Lauren Burczyk](#)

In [celebrity news](#), [celebrity couple](#) Jeff Bezos and Lauren Sanchez's relationship is becoming more public. Bezos stepped out without his wedding ring, after announcing last week that he and his wife of 25 years, MacKenzie Bezos, would be getting a [celebrity divorce](#). According to *EOnline.com*, he was seen posing alongside John Travolta at the 16th Annual Legends of Aviation Awards at the Beverly Hilton Hotel, without sporting his band. News of Bezos' relationship with Sanchez broke one day following the announcement of his divorce. An insider told *EOnline.com* that the Amazon founder and former *Good Day L.A.* co-host are happy together and news of an engagement may not be far off.

One week after announcing he would be getting a divorce, Jeff Bezos is seen without his wedding ring,

making celebrity news. When is it acceptable to step out in public without your wedding ring after breaking the news of a divorce with your long-time spouse?

Cupid's Advice:

Announcing the news of a divorce between you and your spouse of many years can be very difficult. What's even tougher is deciding when it's appropriate to take that ring off in public. Cupid has some ideas of when it's acceptable to step out in the limelight minus your ring.

1. Let the news spread: It's best to wait just long enough so that the news can travel. It may not take long, just a week or so, but it's a good idea to give it some time to avoid any confusion.

Related Link: [Celebrity Break-Up: Jeff Bezos Caught Cheating With Friend's Wife Before Divorce](#)

2. Plan ahead for the right time: It's not a good idea to decide to make your first appearance without your wedding band at an event where you'll see your spouse or any family members. The appropriate place and time will be at an event where you'll be attending on your own, without your spouse or family members.

Related Link: [Celebrity Exes Chris Pratt and Anna Faris Give Co-Parenting Tips!](#)

3. Communicate with your soon-to-be ex: A good way to know when it's the right time to remove your wedding ring in public is by discussing it with your soon-to-be ex-partner. If you're

both okay with stepping out without your rings, then you'll know it's the perfect time.

When did you know that it was time to take off your wedding ring in public? Let us know! Comment below.

Celebrity Break-Up: Jeff Bezos Caught Cheating With Friend's Wife Before Divorce



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In [celebrity break-up](#) news, Amazon CEO, Jeff Bezos, announced that he and his wife of 25 years, MacKenzie, would be getting a divorce following their trial separation. This [celebrity divorce](#) comes after Bezos, 54, was caught cheating with his friend Patrick Whitesell's wife, Lauren Sanchez, 49. According to *UsMagazine.com*, Bezos and Sanchez have been seeing each other for eight months. Sources say that Jeff and Lauren's respective spouses have just been made aware of their relationship.

In celebrity break-up news, Amazon's CEO is caught up in a cheating scandal. What are some ways to know if your partner is cheating?

Cupid's Advice:

It can be difficult to come to terms with the fact that your partner is cheating. Cupid has some ways to confirm your suspicions:

1. Your partner changes up their routine: If your partner suddenly starts doing things out of the ordinary, such as showering every time they come home or sitting on their computer all night, then it may be worth it to question their loyalty.

Related Link: [Celebrity Break-Up: Find Out Why Michael Sheen & Sarah Silverman Split](#)

2. Your significant other finds every excuse to spend time alone: Your partner is making it difficult to spend time together and suddenly prefers to run errands by themselves. This can be a sign that there is someone else and may make you

want to confront them.

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3. Your partner is visibly distraught and anxious: Cheating can take a toll on everyone, including the perpetrators. If your partner seems to be losing sleep and is getting easily agitated, it could be a sign that they are acting dishonestly.

What are some ways that you have known your partner was cheating? Comment below.

Celebrity Divorce: 'Bachelor' Star Nikki Ferrell and Husband Tyler Vanloo Split After 2 Years of Marriage





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y [Courtney Shapiro](#)

In [celebrity news](#), former *Bachelor* star Nikki Ferrell has split from her husband Tyler Vanloo after two years of marriage. A source told *UsMagazine.com* that the twosome are “done” and have been “on the rocks” since their wedding. The [celebrity couple](#) tied the knot in October of 2016 in front of family and friends. Ferrell has recently posted photos without her wedding ring.

This duo is calling it quits after only a couple years of marriage. What are some ways to work on your marriage before splitting?

Cupid’s Advice:

How can you work on your marriage before splitting? Cupid has some thoughts:

1. Go to counseling: Talking to someone outside of your relationship might help to strengthen the marriage. The counselor may be able to offer advice that may not have occurred to you or your partner.

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2. Stay focused on the issues you have at the moment: If you or your partner has a problem, make sure to talk it out with each other. Say what's on your mind but don't bring up anything that isn't necessary at the time.

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3. Remember why the two of you are together: The two of you both made vows and chose to get married. Don't give up on each other so easily, and remember that the rough patch might only be temporary.

How did you work on your marriage? Share with us below!

Celebrity Exes Channing Tatum & Jenna Dewan Reunite for Halloween Selfie Amid Divorce





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y [Ivana Jarmon](#)

In [celebrity news](#), [celebrity exes Channing Tatum](#) and Jenna Dewan reunited on Halloween to trick-or-treat with their daughter Everly. Tatum documented the short reconciliation on his Instagram, snapping selfies of himself dressed as Genie from Aladdin, Dewan dressed as Cleopatra. Tatum and Dewan announced in April of this year they were separating after eight years of marriage. On October 22, Dewan filed for divorce. Tatum has been dating Jessie J for a couple of months. Dewan has also moved and is now dating Steve Kazee, *UsMagazine.com* reports.

These celebrity exes are still friends and co-parents. What are some ways to keep things civil during a divorce?

Cupid's Advice:

Divorce is a literal death of a marriage and is an emotional and stressful ride. Cupid has some ways to keep things civil during a divorce:

1. Communication through a neutral party: A divorce unleashes a flood of emotions including grief, anxiety, fear, anger, and pain. A response like this is normal, over time the intensity of your feelings will subside. To avoid a yelling and screaming match try seeking a trusted friend, family member or therapist who can help you communicate.

Related Link: [Celebrity Engagement? Jennifer Lopez Flashes Diamond Ring at Game 2 of World Series With A-Rod](#)

2. Focus on the future: Talking about why you broke up or who's to blame will not solve anything. Try avoiding these conversations with your soon to be ex. Keep your discussions focused on there here and now. Such as what needs to be done, and if there are children, focus on their needs and schedules.

Related Link: [Celebrity Couple News: Find Out Why Kyle Jenner & Travis Scott Might Be Ready for Marriage](#)

3. Remember the good times: Remember that you loved each other very much at one point—and just because your divorcing it doesn't mean that love goes away. This will make it easier to be co-parent if there are children involved. Maintaining that love and respect for each other will guide you on a better path.

What are some ways to keep things civil during a divorce? Share your thoughts below.

Moving On: Jennifer Garner is Dating Businessman John Miller After Celebrity Divorce



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y [Courtney Shapiro](#)

In [celebrity news](#), Jennifer Garner is happily dating businessman John Miller. After the actress finalized her [celebrity divorce](#) from actor Ben Affleck, she is excited to be moving forward with her love life. The new couple has been dating for six months and it seems to be getting pretty serious. A source told *UsMagazine.com*, "Jen brings out the best in John, and he is the happiest he has probably ever

been. It's a loving, healthy relationship." Garner is glad to be moving on from the divorce.

Now that her celebrity divorce has been finalized, Jennifer Garner has moved on. What are some ways to know you're ready to move on after a divorce or break-up?

Cupid's Advice:

How do you know you're ready to move on after a divorce or a break up? Cupid shares some thoughts:

1. You are dating someone else: Dating someone else and being fully committed to that relationship is a big sign that you've moved on from your previous relationship. It is okay to move on and have a new love interest in your life if you truly feel ready to be in that space again.

Related Link: [Celebrity Couple News: Gwyneth Paltrow Gushes Over Newlywed Life with Brad Falchuk](#)

2. You and your ex are friends: No one is asking you to be bff's with your ex, but if you two have a friendship rather than a romantic relationship, then it's safe to say you have respectfully moved on from that part of your lives.

Related Link: [Celebrity Divorce: Leah Jenner Officially Files for Divorce from Brandon Jenner](#)

3. Your emotions aren't all over the place: When the break-up first happens, it is expected that you will feel many different things. It's difficult at the start, but you'll have more control over your emotions after you have had time to

move forward from the relationship.

How were you able to move on after a divorce? Let us know below!

Celebrity Divorce: Jennifer Garner is Seen Dating Someone New After Divorce from Ben Affleck



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In [celebrity news](#), recently divorced actress, Jennifer Garner was seen dating someone new. Her divorce from actor Ben Affleck was finalized on October 5, 2018. The [celebrity couple](#) made their split public in 2015 and officially filed for divorce in 2017. The pair has three kids together and are on the same page about co-parenting. According to *UsMagazine.com*, Garner is “ready to start the next phase of her life.”

In celebrity divorce news, Jennifer Garner is moving on from her ex-husband. What are some ways to know you are ready to move on after a divorce?

Cupid's Advice:

How do you know you're ready to move on after a divorce? Cupid shares some advice:

1. You aren't thinking of your ex romantically: Of course there was a romantic connection between the two of you since you decided to get married. If you don't feel connected or attracted to the other person anymore, it could be a sign that you're ready to move on with your life.

Related Link: [Celebrity News: 'Bachelor in Paradise' Alum Jordan Kimball Denies Falsifying Jenna Cooper Cheating Texts](#)

2. You're excited to go out again: The time will come after the divorce where you're ready to put yourself out there again. It may take a bit to get there, but eventually you'll be out of that post-divorce slump.

Related Link: [Celebrity Divorce: Leah Jenner Officially Files](#)

[for Divorce from Brandon Jenner](#)

3. You have direction in your life: You know what you want and you are easing your way into getting it. Once you've dusted away the old pieces of the divorce, you have a clearer image of what your future will look like.

How were you able to move on after a divorce? Let us know below!

Celebrity Exes: JWOWW's Ex Roger Mathews Vows to Win Her Back After Divorce Filing





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y Courtney Shapiro

In [celebrity news](#), JWoww's ex Roger Matthews pledges to keep fighting for their marriage after the divorce was filed a couple of weeks ago. The reality star confirmed the split by speaking out on his instagram stories. This [celebrity relationship](#) was going strong until JWoww grew tired of the repetitive pattern they had fallen into. [EOnline.com](#) shared Mathew's posts, where he says, "I'm going to win her affection back, I am going to win her love back. I have no intentions on being a single dad. We're in counseling so there is hope. It ain't over 'till the fat lady sings." Mathews is determined to keep his relationship alive.

These celebrity exes' relationship may not be over after all. What are some ways to save your

relationship?

Cupid's Advice:

Are there ways to save a relationship? Cupid shares some tips:

1. Go over all of the positive aspects: Why is this relationship still important to you? Talk through all of the good things you have experienced together and decide if these aspects are worth staying in it for the long term.

Related Link: [Celebrity Break-Up: Josh Duhamel & Eiza Gonzalez Split After 5 Months of Dating](#)

2. Go to counseling: Getting advice from a non-biased third party can greatly help the relationship. It will be helpful to the couple if they have someone who can mediate the conversation. It is okay to go to counseling, and it can be hard to fix the relationship by yourself.

Related Link: [Celebrity Exes: Dennis Quaid Says Relationship With Meg Ryan Was His 'Most Successful'](#)

3. Accept the things you can't change: There will always be things about your partner that frustrate you, but is it worth it to keep bringing up the same arguments? You have to learn that the way your partner feels about something is just different, not wrong. Move past these differences and find what you truly enjoy about the relationship.

Were you able to save a dying relationship? Let us know below!

Celebrity Divorce: Jenni 'JWoww' Farley Files for Divorce From Roger Mathews



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y Courtney Shapiro

In [celebrity news](#), *Jersey Shore* star Jenni 'JWoww' Farley is a single woman. The reality star filed for divorce from her husband Roger Mathews. The [celebrity couple](#) had met on the *Jersey Shore*, and were married in October of 2015. The pair also have two children together. According to [UsMagazine.com](#), Farley stated there were "irreconcilable differences" on the papers she filed two weeks ago. There is no drama surrounding the divorce, and Mathews is going to try to save his marriage.

In celebrity divorce news, there's a Jersey Shore split to announce. What are some ways to know your relationship has run its course?

Cupid's Advice:

How do you know your relationship has run its course? Cupid has some thoughts:

1. Nothing is exciting anymore: You've tried doing new things together, but you're just going through the motions. If you aren't excited to be in each other's company, it can be time to end the relationship.

Related Link: [Celebrity News: Kevin Federline 'Tried to Settle' Custody Battle with Britney Spears Outside of Court](#)

2. It's hard to make time for each other: Your lives have become so busy, you hardly see each other. It's understandable to have other aspects or things to do, but spending time with each other is important too. If that's not one of your top priorities, then you should re-evaluate the relationship.

Related Link: [Celebrity Break-Up: Nikki Bella & John Cena Split Again Two Months After Reconciling](#)

3. You can't see a future with the person anymore: Sometimes people grow apart, and that is okay. The two of you have probably just reached different points in your life. Be up front with each other, you don't want to lead the other person on if you can't see the relationship going any further.

Have you been in a relationship that has run its course? Let us know below!

Celebrity Exes: Jennifer Garner Will Support Estranged Husband Ben Affleck 'No Matter the Circumstances'



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y Lauren Burczyk

In [celebrity news](#), [celebrity exes Jennifer Garner](#) and [Ben Affleck](#) remain on good terms despite his vices. An insider revealed to *UsMagazine.com* that Garner will continue to be there for Affleck whenever he needs her “no matter the

circumstances.” After everything they’ve been through together, Garner plans to show continued support toward Affleck so that he can be a great father to their children. Garner’s untiring loyalty to Affleck is for the sake of their children. Last month, she helped to stage an intervention and drove the 46-year old actor to a Malibu rehab center for his alcohol addiction.

These celebrity exes are the definition of “amicable split.” What are some ways to keep things civil with your ex?

Cupid’s Advice:

When going through a divorce or break-up of any kind, it can be difficult to remain civil with your ex. No matter how hard it may be, it is important to try to be as friendly as possible, especially if there are children involved. Cupid has some ideas:

1. Remember why you fell in love: Whenever you are going through a divorce or a tough split, it is important to keep in mind that you were once in love with this person and never forget what qualities made you fall in love in the first place. Keeping these desirable qualities about your ex close in thought will help you remain on good terms.

Related Link: [Celebrity Divorce: Ben Affleck & Jennifer Garner Reach Divorce Settlement](#)

2. Keep conversation simple and relevant: It is important to only talk about topics that are simple and relevant to your current situation, such as about your children or pets to avoid any further disagreements.

Related Link: [Celebrity News: Ben Affleck Checks In to Rehab After Intervention with Jennifer Garner](#)

3. Forgive your ex and forget about past issues: It is necessary to forgive your ex and let go of any past issues that ultimately led to the split. By doing this, you are starting fresh with you ex, just without intimacy and now as friends.

What are some other ways to remain civil with your ex? Share your thoughts below.

Celebrity Divorce: Ben Affleck & Jennifer Garner Reach Divorce Settlement





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y Jessica DeRubbo

In [celebrity news](#), [Ben Affleck](#) and [Jennifer Garner](#) have reached a [celebrity divorce](#) settlement, according to *UsMagazine.com*. This comes after a long drawn out set of proceedings (almost three years), and it comes at a time when Affleck is currently in rehab recovering from alcohol addiction. The 46-year-old actor entered a treatment center last week to combat his addiction. Garner, his ex, drove him to the facility after an intervention. A final divorce settlement will be filed with the court after Affleck is released from rehab.

This celebrity divorce is almost official after long deliberations. What are some ways to keep your divorce proceedings civil?

Cupid's Advice:

When going through something so trying, it can be tough to keep things civil. But, you're always better off not fighting and getting heated, especially if there are kids involved. Cupid has some tips:

1. Always include a middle man: Whenever you're talking about your divorce, make sure there's someone there to mediate. There's a reason you're getting divorced, which probably means effective communication between the two of you is at an all-time low. Having someone else there to listen to both sides will be helpful.

Related Link: [Celebrity Break Up: Jennifer Garner Wants Ben Affleck to "Work on His Health" Before Finalizing Divorce](#)

2. Take a few breaths before responding: Keep spur of the moment reactions to a minimum by taking a beat before responding to various requests. Think through what you want to say before you say it, so that you don't end up saying something you regret.

Related Link: [Jennifer Garner Is 'Not Surprised' Ben Affleck Is Dating Playboy Model Shauna Sexton](#)

3. Think about the love you once had: You got married for a reason in the first, place so keep that in the back of your mind while you're going through your divorce proceedings. This will open up that soft spot you had for your former S.O. and will keep you more level-headed.

What are some other ways to keep a divorce civil? Share your thoughts below.