

Jersey Shore 2: Gym, Tan, & Seaside Hookups



MTV's hit series *Jersey Shore* premiered its second season last Thursday, and it's already seen its share of hookups. The cast uses the term "creeping," which basically means picking up girls with the intention of a late night hook-up – and nothing else. In reference to his desire to leave New Jersey for the winter in favor of sunny Miami, Pauly D said, "You can't creep in this weather. You can't do anything. Girls don't come out in this weather. They stay in the house." Later in the episode, Vinny vowed that he would hook up with 60 different girls in 60 days, telling the camera that if he misses one day, he'll simply double up on the next. The newly single Ronnie took creeping to the next level, letting loose in a nightclub upon arriving in Miami.

The casual hookup is not for everyone. But if no one gets hurt, should people get it out of their system while they are

still young?

Cupid's Advice:

Be responsible. Enjoy it for what it is, but never forget about the possibility of true love entering your life. Here are some of Cupid's ways to hook up safe:

1. It takes two to tango: If one party wants a relationship while the other purely wants a hookup, someone is bound to get burned. Be absolutely clear about your intentions, and those of your partner. The casual hookup only works if both of you are on the same page.

2. Be safe: If you happen to go all the way, use protection – always! Use condoms every time – no excuses – and consider taking the Pill, or other forms of contraceptive.

3. Be respectful: People with roommates like those on the *Jersey Shore* should think about their roommates before taking someone home. Be considerate!

Jessie Sulidis Dating Former 'Bachelorette' Contestant, Kirk DeWindt





It seems like a new reality TV relationship is in the works! Jessie Sulidis (from *Bachelor* spinoff [The Bachelor Pad](#)) is rumored to be dating recent *Bachelorette* reject, Kirk DeWindt, [People](#) reported last week. Last season on *The Bachelor*, both Ali Fedotowsky and Sulidis were contestants trying to win Jake Pavelka's heart, and became friends in the process. DeWindt was recently rejected by Fedotowsky on *The Bachelorette* after he brought her to meet his parents. He then met Sulidis while taping the *Men Tell All* special, and exchanged numbers, as well as a kiss, a source told *People*. "Everything is hush-hush right now because they don't know what will come of it. But he is definitely over Ali!" the source added.

Is it ever OK to date a friend's ex?

Cupid's Advice:

The jury is still out on etiquette for dating a friend's ex. If you find yourself in this type of situation (on either end), follow Cupid's advice to help keep the peace:

- 1. Sparks may fly:** If you're introduced to a friend's ex and you find an immediate connection with him or her, discuss your feelings with your friend before thinking of taking your attraction to the next level.

2. Be honest: Unfortunately, if an ex is attracted to a current friend of yours, you may feel compelled to accept the situation, instead of speaking up if it bothers you. Hurt feelings will likely result from your lack of honesty, so be truthful with yourself, your friend, and your ex.

3. Learn the difference: Determine whether or not your friend's initial intrigue is simply physical attraction, as opposed to a strong emotional connection that can't be fought. Understanding the difference may prevent confusion between the three of you later.

Cameron Diaz & A-Rod Keep Everyone Guessing



Cameron Diaz and Yankees' third baseman Alex Rodriguez continue to play it coy when it comes to their relationship. According to [E! Online](#), the couple went out of their way to separately enter a teammate's birthday bash at the 40/40 club in New York City, after arriving in the same vehicle. A source told E!, "They were very, very strategic about not being near each other or talking to each other, but they were within each other's eyesight the whole night."

Is it smart to keep your relationship behind closed doors?

Cupid's Advice:

If you're not ready to jump on the PDA bandwagon just yet, here are Cupid's tips for keeping things undercover:

1. The truth will be known: At first, the idea of a secret relationship may seem exciting, but chances are, others will find out. Therefore, consider what will happen once it's out there. Also, when you remain in hiding, you close the door to true intimacy, and run the risk of ruining the relationship before it really has a chance to begin.

2. Is it for the right reasons? Make sure you know why you're keeping your relationship a secret. Are you worried about what other people will think? All that matters is how you and your partner feel. Also, be wary of those who ask to be in a secret relationship from the beginning.

3. Either do it or don't: If as a couple you decide to keep things on the down low, either follow through all the way, or don't do it at all. If friends or family sense some chemistry between the two of you, it will just lead to questions, and make things uncomfortable.

Nick Jonas Double Dates



Nick Jonas, of the pop group The Jonas Brothers, has been seen out with two different girls in the last week in London, [Mail Online](#) reported. The youngest Jonas brother is in England performing *Les Miserables*, and was recently spotted out on the town with two of his co-stars, Samantha Barks and Lucie Jones. No relationship with either woman has been confirmed for Jonas as of yet.

How can you play the field without hurting yourself – or someone else?

Cupid's Advice:

Jonas has a history of on-and-off relationships with other young stars, including Miley Cyrus and Selena Gomez, but there comes a time when playing the field can be taken too far.

Someone will get hurt if there aren't clear signs of what both people want in the 'relationship' from the start.

1. Define what you are: Are you single? Are you looking? What are you looking for? Figure out who you're looking for in the dating game, and then make that clear to anyone you might get involved with.

2. Pick on someone your size: Only go for people who are looking for the same things you are. If you want to be single, but the person you're seeing wants a committed relationship, there's no way things can end well for either of you.

3. Bounce back, not back and forth: If something doesn't work out, you need to be realistic with yourself, and end it. It's not right to bop back and forth between mates, and play with other hearts than your own.

Jessica Simpson Dating Eric Johnson





Performer Jessica Simpson, currently on VH1's *The Price of Beauty*, has been seen around town with new beau, Eric Johnson (former NFL player), according to a weekend post from [TMZ](#). Johnson recently retired from his career, and filed for divorce from his wife in February.

Are you choosing the right mate?

Cupid's Advice:

Many people stick to the same type when dating, but never seem to find their perfect match. Read how Cupid can help break up your routine and find new avenues for love.

1. Make a new list: When you find yourself alone – again – because the people you date aren't what you'd hoped, it's time to throw away your list of requirements. Start fresh with new criteria that wasn't on your list.

2. Check out different places: If you normally go to clubs or bars, try taking a class at a local dance studio, or join a writing club. Sign up for something you're passionate about. Not only do you have the chance to meet potential partners with similar interests as you, but you might also make new friends along the way.

3. Talk to your friends: A great way to change up your dating patterns is to check in with your pals that are happily coupled up. Ask what they did differently, and try out their technique.

Jon Gosselin's Gets Tattoo In Honor of New Girlfriend



Reality TV star Jon Gosselin, told [RadarOnline](#) that he is celebrating his “rebirth” by getting a giant dragon tattoo on his back. According to [US Weekly](#), the tattoo features a name written in Korean, in honor of his new 23-year old girlfriend, Ellen Ross.

Hold on there, Picasso! Before you decorate your body in works of art, you’ll want to consider if getting a tattoo with

your significant other's name is a wise thing to do.

Cupid's Advice:

While it may seem like a declaration of love at the time, Cupid is here to help paint a clear picture. Think before you get inked.

1. Love is not always forever, but a tattoo is: If you're considering getting your partner's name tattooed on your body, don't rush into it, and *don't* get one to please the other person. Once it's on your skin, it's there forever. Removal procedure are painful, costly, and time consuming. And never make this decision when alcohol is involved.

2. Love is stronger than body art: Do you really need a tattoo to show your commitment to someone? About.com cites a tattoo artist who gives his opinion on the matter, and says there are lots of reasons not to do it. "I have rarely done this type of tattoo on someone who didn't have some notion of the possible regrets one might encounter in the future," the artist said. "Names tattooed upon your body won't make you or the other person any more committed to each other and it is not like a shirt that you can take off. Think about it."

3. The sag factor: What looks great on your young, toned body now may not look as attractive as you get older. Your skin changes with age (sometimes for the worse), but your tattoo will still be there. Also, be conscious of where you get the tattoo. Placement is key, as there could be several ramifications, including a lost job opportunity, if it is difficult to hide.

Rihanna & Matt Kemp: A Home Run or Strike Out?



Although singer Rihanna and Los Angeles Dodger Matt Kemp's relationship seems to be smooth sailing, Kemp's performance on the field has taken a nosedive. In fact, Dodger's manager Joe Torre benched the outfielder before Sunday's game against the New York Yankees. "We really haven't given him a rest that often, so he's never had a chance to really regroup," Torre told the [Los Angeles Times](#). [People](#) wonders whether Rihanna has cursed Kemp's game, similar to Jessica Simpson to quarterback, Tony Romo. Only time will tell.

How do you prevent your lover from keeping you distracted from your work?

Cupid's Advice:

While a little distraction from your job can be a good thing, it doesn't help if it's contributing to poor performance. See

what Cupid has to say about preventing disturbances from coming between you and your mate:

- 1. Focus:** Just because you've added someone new to your life doesn't mean that you should forget about everything else. Manage your time between your partner and your life outside of him or her to prevent fallout in both.
 - 2. Speak up:** If you can't find enough time to share between your professional life and your love life, talk to your significant other and ask for some breathing room. Your workload shouldn't suffer because of personal issues.
 - 3. Be honest with yourself:** Dating can be quite time consuming in the beginning. Unless you can balance a serious commitment to another person, as well as keep up with your daily routine, you shouldn't add a relationship to your life just yet.
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The Runaway Bride's New Man





Jennifer Wilbanks, nicknamed the Runaway Bride after she made headlines in 2005 by faking a kidnapping to get out of marrying her fiancé, has a new man, the [New York Post](#) reported Monday. Will her new beau, Greg Hutson, have the pleasure taking her her hand in marriage?

How can you be sure of your feelings toward your mate?

Cupid's Advice:

Emotion can be a challenging hurdle when dealing with upcoming nuptials or even moving in together, but if you take the time to sort things out step by step, you'll have a higher chance of success. Take a look at Cupid's advice on ways to assist you with your next big decision:

1. **Fear:** There's always a moment of absolute terror when you are about to make a life altering leap. If you're unsure of your feelings, take a step back and evaluate the situation before committing to someone else. Tip: If a wedding is looming, don't wait until the big day to postpone!

2. **Counseling:** If you have nagging doubts or insecurities about a relationship that just won't fade, there's nothing wrong with seeking professional to spot nervous jitters versus

an actual problem that needs to be addressed.

3. Turn to your partner: If you're thinking of stepping up your partnership, make sure you discuss any unresolved issues beforehand.

Katy Perry & Russell Brand Keep Finances and Marriage at Bay



Pop music star Katy Perry and Russell Brand (*Get Him to the Greek*) seem to embody the ultimate love story, and love to pose for the media. The couple has mentioned marriage, but details are sparse. While it's possible the duo is keeping their plans private to avoid a press spectacle, [Betty Confidential](#) wonders whether their

net worth plays a role in their hesitancy to a full commitment.

Can wildly different payrolls cause friction in a relationship?

Cupid's Advice:

Whether yourself or your partner earns more money shouldn't be an issue since you are together, but money is often a hot button topic. If you need help resolving your issues, check out Cupid's tips:

1. Make this a priority from the beginning: When you first meet, the last thing on your mind is money and who makes more. When it's time to mingle your finances, you'll need to review your accounts, and figure out what you'll each contribute. Consider keeping individual accounts on the side.

2. Manage your bills: While there's no need to breathe down your partner's back when they get their paycheck, it's important that bills paid. Staying on top of your money will lessen and avoid conflicts later.

3. Be understanding: The budget you initially set up may change due to job loss or (hopefully) a promotion. Sit down and talk about the adjustments that need to be made to keep your bills paid, and both of you content.

Megan Fox & Brian Austin

Green are “Re-Engaged”



Maybe there is some truth to the old cliché, the second time's a charm. At the premiere of her latest movie, "Jonah Hex," Megan Fox told [People](#) magazine, "I'm more in love with him (fiancé Brian Austin Green) than I was in the beginning." The couple – who were first engaged in 2006 and called it off last February – re-engaged this month.

How can you prevent the break-up/make-up syndrome from happening in your relationship?

Cupid's Advice:

Sometimes it takes a little distance to find out if two people are meant to be together before they walk down the aisle. Cupid has some suggestions to help keep your relationship on track without all the drama:

- 1. Take it slow:** Far too often couples rush into a serious relationship, only to have it end badly. If you slow down the courtship and get to know one another, you'll have a better chance at being together for the long haul.
 - 2. Be honest:** If something is bothering you, it's important to share your feelings with your partner immediately. Keeping things inside will only cause resentment, and can often lead to a break-up.
 - 3. The test of time:** Sometimes the only way to know if a relationship will sustain is to see how things go after being together for a few years.
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Ryan Seacrest & Julianne Hough Are Getting Cozy





Ryan Seacrest and

Julianne Hough have moved from the small screen to the streets of Los Angeles – together! The *American Idol* host and *Dancing With the Stars* pro were seen out and about multiple times this month, [People](#) reported. A source told the magazine that the couple has gotten “more serious.” However, there’s no official word from either camp on their dating details.

How do you know if someone is serious about a relationship?

Cupid’s Advice:

Seacrest is one of many stars that are notoriously mum on their private lives, but it appears as if he’s stepping out of his boundaries with Hough. Here are signs that may reveal a partner’s desire to become serious:

- 1. Public outings:** If someone’s dating you on the down low, they’ll most likely only reserve time for you late at night, behind closed doors. Being seen in public shows that he or she wants to show you off, and alert potential daters you’re taken.
- 2. Attentiveness:** If a new fling brings up minute details about something you mentioned that one time in the car two weeks ago, it shows he or she is really paying attention. Taking the time to notice the little things displays that you

are a constant on their mind.

3. The friend test: Want to know for sure if someone is thinking seriously about you? They'll bring you to their closest friend for inspection. Don't be nervous; by introducing you to the core of the inner circle means he or she wants approval – and may be ready to become exclusive.

Paris Hilton Goes Straight from Reinhardt to Waits



According to [TMZ](#) and [Perez Hilton](#), Paris Hilton (reality star, heiress of Hilton hotels empire), has disassociated herself with Doug Reinhardt (heir to frozen burrito empire). She's been seen with entrepreneur Cy Waits (owner of multiple Las Vegas nightclubs) for the last month or so.

How can you avoid falling into a rebound relationship?

Cupid's Advice:

Ending one relationship can sometimes lead straight into another one. Here are some ways to break that habit and take some time for yourself:

- 1. Be brave:** It's challenging to simply be single. Find activities to keep you occupied. You'll find that you won't crave the attention of someone else if your mind is busy on things you enjoy.
 - 2. Lean on friends:** It's OK to find support in your inner circle. Tell them that you *aren't* looking for anyone right now to avoid being set up on a string or blind-dates.
 - 3. Honesty:** Set realistic goals for yourself, and realize that independence takes time. When you feel you don't need to lean on someone else for support is when you can consider stepping back into the dating scene.
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Are Amanda Seyfried & Dominic Cooper Together Again?





Last May, [Perez Hilton](#) online reported that Amanda Seyfried (*Letters to Juliet*) and Dominic Cooper (who co-starred with Seyfried in *Mamma Mia!*) were taking a break after Cooper did some major partying Lindsay Lohan. Now, it seems that they are at least casually, dating again.

What causes couples to take ‘breaks’ in their relationships?

Cupid’s Advice:

Relationships tend to falter after a certain point, but when you ask the two involved, both have trouble indicating one thing: why. Cupid has some reasons why, as well as tips to help break the cycle:

- 1. Lack of maturity:** Neither party is ready to handle the immense responsibility of commitment. Rethink where you want your relationship to go, and take it from there.
- 2. Fear of change:** Things seem to be going great without a label – why shake things up? If you think this anxiety is holding you back, sit down and communicate your feelings. This may be something the other person is struggling with as well.
- 3. Baggage:** Regardless of how “over” it either of you may be

about prior relationships, past baggage can sometimes resurface and get in the way. To remove your previous hang-ups, be open with your partner. Working through your concerns can make your bond stronger.

Are Kate Hudson & Matthew Bellamy Dating?



Does Kate have a new mate? [People](#) reported that Kate Hudson and Matthew Bellamy (frontman of the rock group Muse) dined with Renee Zellweger and Bradley Cooper in Paris over the weekend and were seen together all over the city of love. While there isn't any confirmation that these two are an item, a witness told *People* that they "seemed very much a couple." This wouldn't be Hudson's first rocker; she was married to Chris Robinson (of

the Black Crowes) until 2006. Their son Ryder is 6 years old.**What are the tell-tale signs that two people are an item?**

Cupid's Advice:

Hudson and Bellamy may or may not be dating, but here are Cupid's indicators to gauge whether you have become an item with someone:

- 1. You become exclusive:** If you find that you and your partner are only interested in dating each other, it could be a sign of a budding relationship.
 - 2. Frequent contact:** If you feel comfortable picking up the phone, texting, emailing, or reaching out to the other person, it's likely that you've become a couple.
 - 3. Introductions:** Have you combined activities together with friends? Maybe you've all gone to dinner, a party or special event together. This is a good indication you both feel comfortable enough to let your inner circle see you as a couple.
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Is Britney Spears Dating Her Bodyguard?





While rumors of past infidelities surround her boyfriend and ex-agent Jason Trawick, Britney Spears might be again finding love within her closest circle. Photos from last month reveal that Spears is quite taken with her bodyguard, Ryan. While the status of her relationship with Trawick is unclear, she seems to “melt” whenever Ryan’s around, according to [OK! Magazine](#). **Can you have a healthy relationship with your hired help?**

Cupid’s Advice:

It may seem comfortable to date someone who works for you but be prepared for awkwardness if it doesn’t work out the way you planned.

1. Approach with caution: Though it might be an easy affair to fall into, becoming involved with any hired help – whether it’s a bodyguard, nanny, or gardener – can make life at home tricky. Make sure you have a conversation with the other person about their intentions before jumping into anything.

2. Set boundaries: In this case more than any other, it’s key to draw lines between your personal and professional lives. The two are intertwined, but keeping things separate will lead to a healthier relationship.

3. Have a back up plan: Should the relationship go sour, it's key to have someone else in mind to cover your ex's job incase he or she decides to quit.

Cameron Diaz & A-Rod: Are They Hooking Up Or Not?



Serial daters and heart-breakers Cameron Diaz and Alex Rodriguez are reportedly hooking up, though neither stars' camp has confirmed the rumor. So far, the relationship is said to have consisted mostly of "sleepovers" occurring everywhere from Miami to New York City, multiple sources, including the [New York Post](#), are reporting. Both Diaz and Rodriguez are famous for their past breakups, including Justin Timberlake and Kate Hudson respectively, but lately, both are

dating without any indication of wanting a commitment.

Can two people who can't seem to commit to anyone else make things work together?

Cupid's Advice:

While both Diaz and Rodriguez have had lasting relationships in the past, it's likely that this one will fizzle fast, given their recent dating history. Still, it's important to know things like that when you starting dating someone; it's helpful to know where you and your mate stand in terms of commitment.

1. Do the research: Yes, it can seem awkward, and maybe a bit stalker-ish, but a little digging never hurt anyone – as long as you don't take it to a level that would make a secret government agent cringe. Twitter, Facebook, and LinkedIn are all good social media sites that have privacy levels, so whatever information you can access is OK, since everyone else can access that information, too.

2. Make your feelings known: There's no need to have "the talk" until things get more serious, but you can let someone know where you stand in terms of love and commitment in small ways. Saying things like, "I'm just having fun right now," or, "I'm really looking to settle down," can give your partner clues as to what you want.

3. Have the talk...eventually: If you've been dating regularly for several weeks without a label, it's time to figure out where you stand.

Kourtney Kardashian & Scott Disick Aren't in Splitsville...Yet



Despite last week's rumors of a breakup, Kourtney Kardashian and Scott Disick of reality TV show fame say they are still together and in love. [Las Vegas Weekly](#) even reported that the two celebrated Disick's birthday in Sin City last weekend. However, the pair's track record isn't exactly clean, as they have broken up and gotten back together multiple times throughout their three-year relationship. Kardashian's family has been vocal against the relationship from the start, and Kourtney's mother, Kris Jenner, supposedly compared Disick to O.J. Simpson last week. Despite all the drama and rumors, however, the two are – for now – together again.

How do you decide if it's time to call it quits in a relationship?

Cupid's Advice:

Kardashian may want to reconsider her relationship with Disick for the sake of herself and her son, Mason. Disick is not a good influence on any level; from his violent, drunken outburst at Kourtney's sister Kim's family party, to courting *Playgirl* magazine to do a potential photo spread. You may want to re-evaluate your relationship if you notice the following signs:

1. Repeated patterns: Everyone slips up and makes mistakes, but if your relationship feels more hurtful than heartfelt, it could be a signal that it's time to go. By continuing to forgive your partner for his or her bad actions, you send a message that those types of actions are OK.

2. Family and friends don't approve: If no one in your inner circle likes your significant other, chances are it's for a good reason. Pull yourself out of the situation and take a closer look.

3. Damaging others: When a child is involved, relationships can get tricky. It's easy to stay when you both have a child together, as nobody wants to be responsible for a broken home. However, sometimes it's better to leave a relationship for the sake of the child. They may end up healthier in the long run.

Miley Cyrus Relies on Family for Relationship Support



Despite rampant rumors and widely differing upcoming schedules, Miley Cyrus assured [People](#) magazine that she and boyfriend Liam Hemsworth have not broken up. The couple has worked to stay out of the spotlight after the *Last Song* press tour, and despite scheduling struggles, Cyrus credits a tight family bond in keeping them together for 10 months.

How important is a family's bond in keeping a relationship strong?

Cupid's Advice:

Family can make or break a relationship, and in Cyrus's case, her family has had a direct hand in her past few relationships. While relationships come and go, family is always there.

1. Family is a constant: As much as family members can be a hassle, it's ideal for them to approve of your significant other in order for you to have a healthy relationship with both sides of the field.

2. They're your support system: Mom's comfort food. Dad's sound advice. A sibling's crazy distraction. Many people rely on their family in tough times in a relationship. You want your family to know your significant other so they can help you decide what's best for you when you need guidance.

3. Families need to fit: Your other half should be able to fit in with your own family. This is a way to avoid major conflict down the line.