

Tyra Banks Takes Low-Key BF to Premiere



Tyra Banks, host of *America's Next Top Model*, isn't shy about a lot of things, but she usually keeps her long-term relationship with banker John Utendahl on the down-low. Apparently, though, his flair for finances couldn't keep the couple away from the premiere of *Wall Street: Money Never Sleeps* in New York recently, according to [E! Online](#). The couple was spotted on the red carpet, and though Banks still doesn't have an engagement ring on her finger, the couple seemed happier than ever. **How can you show your beau you support his interests?**

Cupid's Advice:

A happy and healthy relationship depends on both partners supporting each other, and there's no better way to do that than to scope out what makes your honey happy. Cupid offers some suggestions:

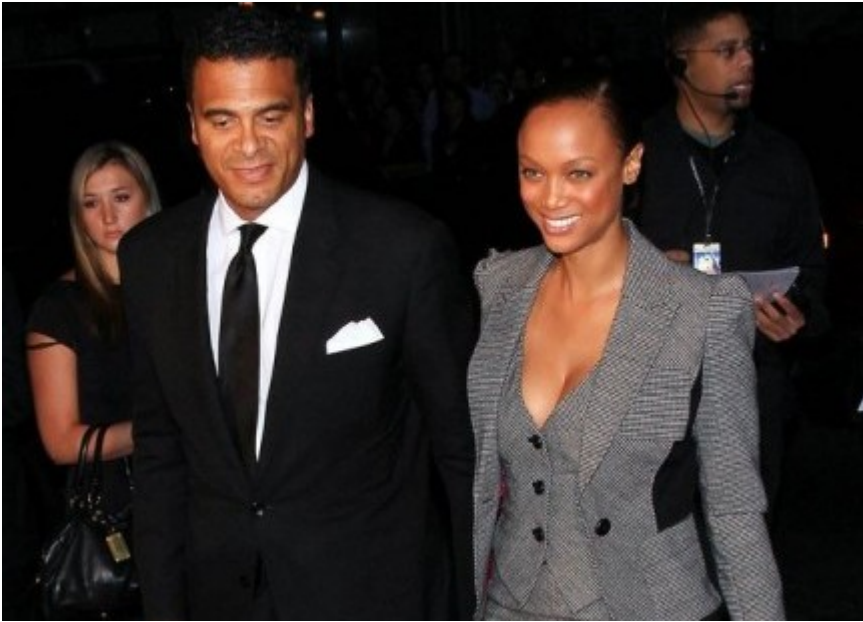
1. Ask questions: Though it may sound simple, asking your sweetie about his interests and giving him the time to talk about what makes him tick shows that you care. Plus, it could teach you a few new things about him!

2. Play the student: Every interest has some background to it, so whether your beau loves cooking or chemistry, asking for a demonstration or explanation could make your bond even stronger.

3. Surprise him: Go one step further and pick a random day to do something special. Purchase tickets to his favorite sporting event, or rent a movie you know he'd like to see. The element of surprise will show that you recognize what's important to him.

George Clooney's Rep Shoots Down Engagement Rumors





George Clooney's on the defense again! The actor's rep has come to his rescue by shooting down a fresh batch of rumors that he has proposed to his Italian model girlfriend, Elisabetta Canalis. The engagement rumors took flight after Canalis was spotted with a ring on a very telling finger, according to [Starpulse](#). Clooney's rep said, "There's nothing to comment on. She likes to wear rings. No more, no less." Although Cupid previously reported that the couple were getting serious, they are apparently still just enjoying each other's company – sans marriage. **Is there a tactful way to get people to stop pressuring you about marriage?**

Cupid's Advice:

- 1. Point out the divorce rate:** A great way to get your friends and family to lay off about the future of your relationship is to give them some valuable information – the divorce rate. With the statistic at a healthy 40 percent, point out that you'd rather be sure of what you want than end up in splitsville.
- 2. Remind them it's your life:** The bottom line is that the people you are close to only want what's best for you. Tactfully remind them that you're capable of making your own decisions ... and mistakes. Let them know that you're happy and

that you'll do what you feel is right for you.

3. Ask them if they trust you: When friends and family are pressuring you into marriage, you may feel like they don't trust you to make the right choices for yourself. Let them know that their distrust is hurting you, and they may think again before forcing their views onto you.

Spencer Pratt Shaves His Beard for Heidi



The Hills

stars Spencer Pratt and Heidi Montag have had their share of ups and downs. After deciding to divorce, Pratt admitted to TMZ that he didn't take proper care of himself. [Digital Spy](#)

now reports that he wants to clean up his image because the couple are “spending more time together.” Shaving his beard seems pretty minor considering the changes his estranged wife went through for him. Multiple plastic surgeries later, Montag has bigger breasts, a thinner nose and fuller lips. But Pratt says he would [shave his beard](#) if it meant getting back together with Montag. “I’m really sorry to see it [his beard] go... For months it was my only friend, and a perfect place to save leftovers,” he joked. Pratt and Montag fueled reconciliation rumors after the pair were spotted together in Los Angeles recently. **Should you change your image for love?**

Cupid’s Advice:

- 1. Be yourself:** If you find yourself changing your image just to please your partner, you’re probably in an unhealthy relationship. You should look the way you want to look. If your beau doesn’t like it, find someone who does.
 - 2. Get some therapy:** Sometimes people change their look after a breakup as a way to start fresh. Unless it’s something drastic that you’ll regret later, go ahead and get a new haircut or new wardrobe if it helps you get over him and move on.
 - 3. Do it for you:** It’s fun to change up your style, but the bottom line is that you should do it for yourself. Your appearance is a big part of who you are, so do what makes you happy.
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'True Blood' Star Joe Manganiello Brings Work Home



True Blood star Joe Manganiello, who plays a hunky werewolf on HBO's hit vampire series, jokingly announced that he sometimes brings his beastly role home with him to his girlfriend, Audra Marie. "I sniff you a lot. And I growl a lot when you ask me to do things, like clean up," Manganiello said to Marie at the preview of *Boardwalk Empire*. Marie doesn't seem to mind, according to [People](#), although she *does* draw the line at her beau coming home from the set in full werewolf makeup. **How can you make your career a positive part of your relationship?**

Cupid's Advice:

Although careers are often viewed as an obstacle in a relationship, it doesn't always have to be that way. Whether you are exchanging advice or telling each other jokes, being a positive support system when it comes to each other's careers

is what leads to a strong relationship.

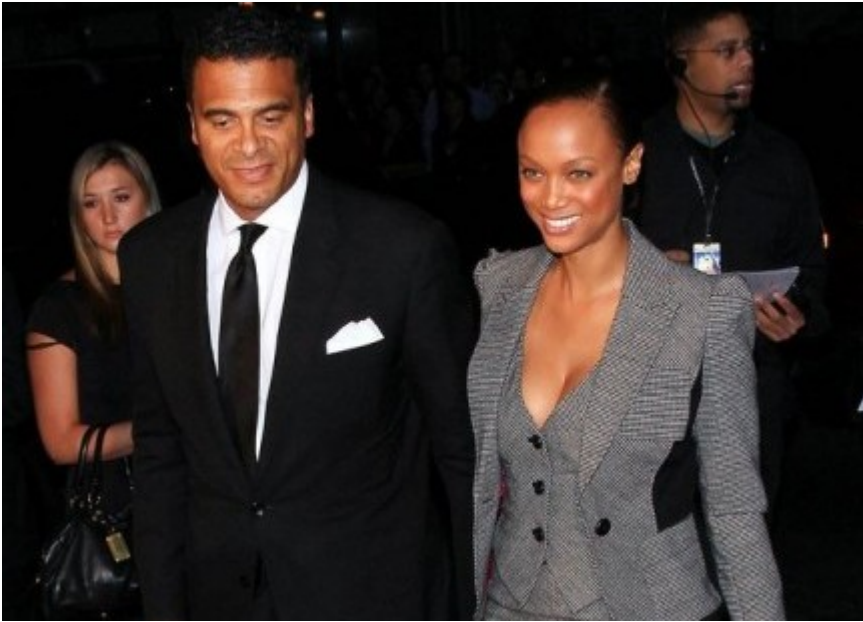
1. Honey, I'm home: No matter how late you return from the office or how frustrated you were with your boss, never let your issues at work get in the way of how you greet your partner at the end of the day. Keep things in perspective.

2. Be each other's biggest fan: Knowing that your partner is interested in and supports what you do is an amazing feeling. Don't forget to compliment them on their professional accomplishments. Celebrate!

3. Listen and understand: If your partner has to cancel plans at the last minute because of something at work, try not to take it personally. Never make them feel guilty because they would probably rather be spending time with you anyway.

Drew Barrymore Says Justin Long Makes Her “Giggly”





It seems Drew Barrymore is happy in love these days. [People](#) reported that Barrymore couldn't stop gushing to *Harper's Bazaar* about Justin Long, her on-again off-again boyfriend of three years. "He's the cat's pajamas," said the *Going the Distance* star. Barrymore, 35, has endured a lot of the typical trials of a young actress in the spotlight. But now she seems happier than ever, especially when talking about her actor beau. "I couldn't love, respect, admire and enjoy that individual more than I do. It would be physically impossible for me to have any more giggly joy at this person." **Why is laughter important in a relationship?**

Cupid's Advice:

Sometimes life can seem like anything, but easy. The best way to forget your troubles is to laugh, and your partner can help. Cupid has some ideas on why having a partner who makes you laugh is so important:

- 1. Lighten up:** A lot of women try to be perfect: perfect career, perfect apartment, and perfect boyfriend. But don't take yourself too seriously – laughter can remind you to lighten up and be happy with what you have!
- 2. Have a lasting relationship:** Laughter helps get a couple

through the hard times in a relationship *and* makes the good times even better. As far as Cupid is concerned, the couple who laughs together, stays together.

3. Laughter is forever: While you may be interested in dating Brad Pitt more than Will Ferrell, keep in mind that looks fade. If he has a sense of humor, he can keep you smiling for years.

Carrie Underwood and New Hubby Challenged By Love & Business



Newlyweds Carrie Underwood and hubby Mike Fisher recently celebrated their two-month anniversary. Perhaps prompted by the occasion,

Underwood spoke to [People](#) about the way the two celebs handle their fast-paced life, saying it's "a lot like dating. Sometimes our schedules will click, sometimes they won't. But that's good because we're both independent." Although busy, one thing Underwood won't miss, no matter what, are her man's hockey games.

What are the best ways to keep a two-career relationship intact?

Cupid's Advice:

Balancing careers and a love life is never an easy feat and is often times a struggle. Cupid has some advice for how to handle a hectic double-career romance:

1. Take pride in your work: Being successful in your chosen career path is something in which to take pride. Likewise, you should be proud of your partner's accomplishments. This mutual respect and reverence is a sure-fire way to bolster a relationship, even when you're missing your beau's embrace.

2. Do everything in moderation: When pulling off life's balancing acts, the important thing to remember is that moderation is key. As passionate as you are about your job, at the end of the day it's important to leave work matters at the office. Remember that you're in a relationship with your partner and not your career. On the other hand, don't let yourself get swept up in romance that you neglect your career. It's important to strike a healthy balance between the two.

3. Come to compromises: Give and take in a relationship is key. No one person in the relationship should feel the need to sacrifice their career more than the other. Remember to discuss things in depth, and be willing to compromise.

Jon Gosselin & Kids Hang With New Girlfriend



It's official: Jon Gosselin has moved on. The father of eight took his kids on a family outing last weekend with new girlfriend, Ellen Ross. According to [Radar Online](#), the group was on a picnic in Reading, Pennsylvania, a day after his ex-wife Kate Gosselin claimed on national television that her children are anxious to get home when they're with their dad. Jon quickly denied the claims. **When is a good time to introduce your new partner to your kids?**

Cupid's Advice:

After you split with your ex, the time might come when you want to bring someone else into your children's lives. Cupid

has some advice to make for a successful first meeting:

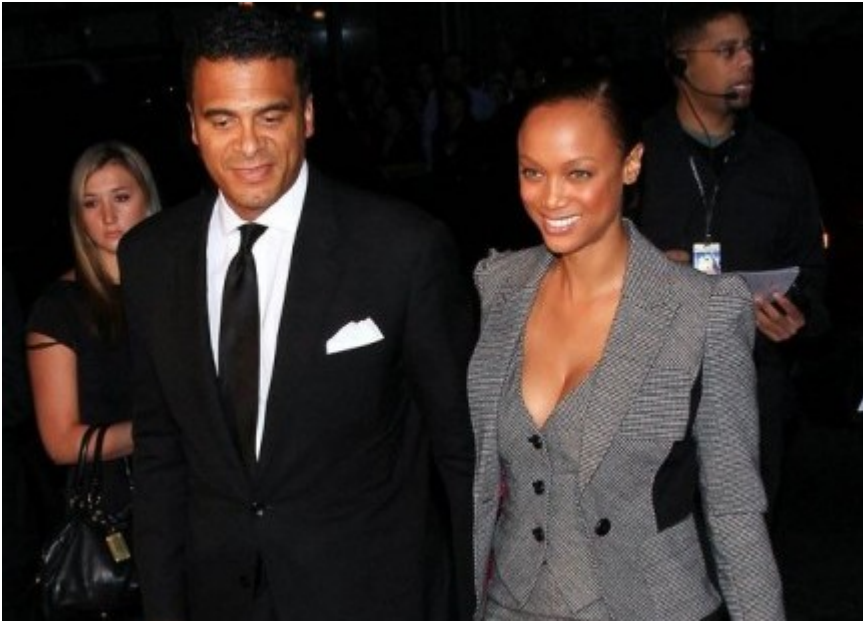
1. Don't make it a surprise: Depending on the age and maturity level of your children, you'll want to make them aware there is someone new in your life before the meeting. This will give them time to adjust to the idea.

2. Make sure it is serious: The last thing you want to do is introduce a person into your children's lives, just to take them out of it a few months later. Children can get very close to someone quickly, and they too could end up with a broken heart.

3. Family comes first: Make sure your children know that they are your first priority. They should also understand that your new boyfriend or girlfriend is not going to replace their biological parent.

Lauren Graham and Peter Krause: Friends First





Former *Gilmore Girl*,

Lauren Graham, recently revealed that her low-profile relationship with *Parenthood* co-star Peter Krause started as a friendship. The two met 15 years ago when the actress first moved to Los Angeles. Instead of playing the “dating game” like most couples do when they’re first attracted to each other, Graham and Krause got acquainted over board games. As the actress told [People](#), “I think we liked each other [but] he asked me over to his house to play a board game – and that’s exactly what we ended up doing. So I was like, ‘This guy doesn’t like me. Who actually plays a board game?’ ... The timing wasn’t right. I don’t think either of us was ready.”

Does starting out as friends make you a better couple?

Cupid’s Advice:

Your significant other is usually also your best friend. It’s very important for couples to not only to share a physical relationship, but also to be able to relate to one another on an intellectual level. The best relationships tend to have a healthy balance between both physical and emotional attraction.

1. The friend zone: Anyone who has seen the film *Just Friends* starring Ryan Reynolds knows just how frustrating it is when

one party is interested in pursuing a relationship, while the other is content with the “status quo.” This proves that being good friends doesn’t necessarily mean that more than that is possible.

2. Getting to know each other: To have a serious relationship, you really have to get to know your partner. Hanging out as friends at first is a lot less pressure than going out on a date. People tend to open up more in a relaxed environment.

3. Staying friends after a breakup: Many find it hard to stay friends with their exes. However, if you were friends with them before a relationship bloomed, it could be easier to stay on good terms after a breakup.

Tom Cruise and Katie Holmes Keep Romance Alive





Ever since Tom Cruise jumped on a couch on *The Oprah Winfrey Show*, people have doubted whether his relationship with Katie Holmes is real. But as Cupid recently reported, the couple are still very much in love five years later, and do everything they can to keep the spark alive in their marriage. In fact, Holmes recently told [People](#), “My husband has red roses for me everywhere I go and whenever we travel.” Both Cruise and Holmes are true romantics and are very affectionate toward one another and their 4-year-old daughter, Suri. Holmes said, “Being a mother is so dreamy.” **How can you tell if your partner is a true romantic?**

Cupid’s Advice:

- 1. He doesn’t expect credit:** If your partner waits to give you a dozen roses until you’re in front of your friends, he might be looking for positive recognition from someone besides you. When he does sweet things without asking for credit or thanks, he’s a true romantic (and is so into you)!
- 2. He knows you:** If he uses inside info to do lovey-dovey things that he knows you and only you would appreciate, then he is truly devoted. For example, buying you a box of chocolates on Valentine’s Day is sweet, but serenading you with your favorite Backstreet Boys song? Dorky, but totally

romantic.

3. He's all about consistency: It's easy for him to do sweet and thoughtful things at the beginning of the relationship when everything is new, exciting and he's still trying to impress you. But if he still pulls out your chair for you after 25 years of marriage, he's a true romantic.

Eddie Cibrian Gives LeAnn Rimes Birthday Bling



LeAnn Rimes' live-in boyfriend, Eddie Cibrian, may not have popped the question during her relaxing 28th birthday celebration last week in Mexico; however, he did give her some expensive rose gold

bangles that she adores. Rimes raved to [People](#) about how beautiful the bracelets were and how very sweet it was of her boyfriend to pick them out for her. The country singer recently went from living on her own to sharing her home with Cibrian and his two children, which he has joint custody of with his ex, Brandi Glanville. **Does jewelry always make the perfect gift?**

Cupid's Advice:

As something that is both expensive and alluring, fine jewelry always seems to be the go-to present on birthdays and holidays. Though it can bring smiles to the faces of many, it can also be a disappointing gift when the recipient was expecting something else.

1. Great expectations: It's easy to set yourself up for disappointment when you go into an occasion hoping for a marriage proposal. Try not to assume or expect a commitment from your partner, even if it means wearing a diamond solitaire around your neck instead of your finger.

2. Give a memorable gift: It's not about the gift itself, but what it stands for, such as a memory of an amazing trip you took together. Though jewelry does fit into this category, any sentimental gesture can be a romantic way of letting someone know you care.

3. The cop-out: Sometimes gift giving is difficult, no matter how well you know your partner. This could result in picking out a pretty piece of jewelry simply because you can't think of anything else. The problem, is a gift with no meaning could be worse than no gift at all. Creativity and thought almost always trumps expense!

Kim Kardashian Denies Bieber Dating Rumors



Kim Kardashian has finally responded to the stream of rumors suggesting that she is interested in dating 16-year-old Justin Bieber. The rumors started after Kardashian told George Lopez that, after pairing up with Bieber in a suggestive photo shoot for *Elle Magazine*, she would “definitely” date the pop star if he were 18. But Kardashian wants to make it clear that she’s not interested in the teen, [Starpulse](#) reports. “I’m almost 30, this is illegal, this is disgusting. He’s a cute kid and that’s it. But for the record, I am not dating Justin Bieber and I would not date Justin Bieber.” **Should you date someone older or younger than you?**

Cupid’s Advice:

For the most part, you shouldn't let age difference keep you from getting involved with someone. Cupid has some tips on how to deal with age difference while dating:

1. Listen to yourself: Don't let other people's judgments keep you from dating someone of a different age. Pay attention to how you feel, and tune out the naysayers. Do what makes you comfortable.

2. Age is nothing but a number: Most people date someone who is in or near their same emotional, physical, and professional stage of life. If your partner is ahead of you in one of those areas, you can help him or her grow. It's a win-win. Let him keep you young!

3. There is a limit: In Kim Kardashian's case, dating Justin Bieber is illegal. Breaking the law to date someone doesn't help matters, and it adds a negative element to your relationship that you just don't need. Take a minute to think over your relationship. Can you see a future with a much-older or much-younger partner?

Kate Hudson Looks for Love, Not Marriage





Kate Hudson isn't planning another trip down the aisle anytime soon. As the blonde bombshell recently told [People](#), she is looking for love, but not necessarily marriage. Having split from rocker Chris Robinson in 2007, Hudson now has a new rock star in her life in the form of Muse member Matthew Bellamy. Even after her divorce, she refuses to be reluctant to fall in love again. "I'll just see what happens. I think a lot of times people are terrified of love and stop themselves from experiencing it. I don't ever want to get that jaded," said Hudson.

Do love and marriage go hand-in-hand?

Cupid's Advice:

A white wedding is often idealized in society as the way a couple is expected to express their love for one another. The fact is, marriage doesn't necessarily equal love, and love doesn't necessarily equal marriage.

1. Times have changed: Today, many couples are seeking alternatives to marriage. Those who want a modern take on an old tradition are sharing commitment ceremonies, spiritual unions or are simply cohabitating.

2. Outside factors: When it comes to the legal and financial

aspects of marriage, walking down the aisle isn't the best choice for everyone. Oprah Winfrey's 20-year relationship with Stedman Graham is a good example. Though the two are deeply in love, marriage is not for them due to their need to protect their wealth and business assets.

3. It's about the couple: Weddings can be beautiful and if that is what you dream of as a couple, go for it. However, the planning and execution of a wedding can end up being so focused on the guest list and the caterer that people forget about the couple and the love they have for one another.

Celeb Couples Take Emmys By Storm



True Blood costars and real-life newlyweds Anna Paquin and Stephen Moyer were

just one of the celebrity couples present at the 2010 Emmy Awards. Other couples who made stylish appearances on the red carpet were Claire Danes and Hugh Dancy, Amy Poehler and Will Arnett, Eva Longoria Parker and Tony Parker, Neil Patrick Harris and David Burtka, January Jones and Jason Sudeikis, as well as many others, according to [YourTango](#). All making different fashion statements, the stars made sure their partners were up to snuff as well. **Should you tell your partner how to dress?**

Cupid's Advice:

Often times one person in a relationship has more fashion sense than the other. Cupid has some ideas to help you deal:

- 1. Let the minor things go:** If you have something to say about what your partner is wearing each and every time he steps out of the house, it's bound to lead to some disagreements. Choose your fights carefully. Only speak up if your mate is truly wearing something you cannot tolerate in public.
 - 2. Positive encouragement:** Fashion is a way to express yourself. By controlling what your partner wears, you're taking away some of his personal expression. Try peppering your criticisms with positive encouragement. "Honey, I really like the graphic tee you have on, but would you mind wearing your black blazer with it?"
 - 3. Compromise:** It's a given that you won't always see eye-to-eye with your partner. If you don't agree with his fashion choice, politely ask him if he will change. Don't go choose a new outfit for him. By putting the ball in his court, he feels like he still has some sense of style control.
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Is Kate Gosselin Dating Her Bodyguard?



According to recent sightings, Kate Gosselin has been getting closer to her married bodyguard, Steve Neild. [Us Weekly's](#) exclusive video talks of romantic strolls along the beach in North Carolina and reports that he tucks the kids into bed at night. Gosselin and Neild continue to deny any physical relationship between them. Meanwhile, [HollywoodGossip.com](#) corroborates stories of beach strolls and even discipline assistance with the kids. **What are the complications of dating hired help?**

Cupid's Advice:

Whether you're in the spotlight like Kate Gosselin or just a single mom, finding the right guy is not as simple as walking out your front door these days. Here are some other ways to find your next mate without dating your employees:

1. Take a class: The workforce has changed so much just in the

last few years, taking a refresher course to improve your skills will help you land a better job with higher pay, and maybe even someone to connect with.

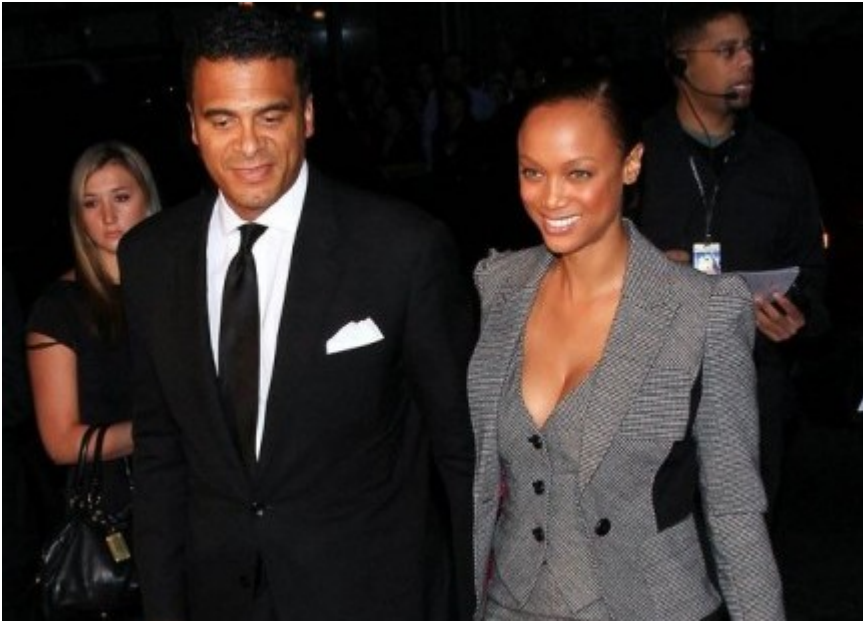
2. Get online: Don't be afraid to dabble in internet dating. There are hundreds of sites out there that offer free trials to get your feet wet – without a long term commitment – like Match, EHarmony and Zoosk, to name a few.

3. Dare to change: When you're ready to start getting out there, make some personal changes like a new hairstyle, or, if you can afford it, a new wardrobe. This will do wonders for your confidence.

Being in a relationship with an employee or even a coworker leads to complications no matter how strong the connection is. For more ways to find a mate after divorce, follow Cupid to Woman's Divorce.com.

Angelina Jolie to Write, Direct & Produce New Film





As if Angelina Jolie wasn't busy enough already, she's now set to direct, write and produce a new love story set during the Bosnian War, [People](#) reported. The actress and mother to six children visited Bosnia as a UNHCR Goodwill Ambassador in April. "The film focuses on a Serbian man and a Bosnian woman who meet on the eve of the war and the effect the war has on their relationship," Graham King's GK Films announced.

How do you balance your relationship and your work schedule?

Cupid's Advice:

As a career woman with a busy work schedule, it can be tough to balance that with the relationship with your partner.

Cupid has some tips that may help:

1. Protect your private time: Make sure to schedule time for yourself. It's easy to get so caught up in your busy life that you forget about setting aside time to wind down.

Missing your private time should be just as bad as missing a doctor's appointment!

2. Figure out what matters: More than likely there are things in your life that simply don't matter. It's a matter of putting the things that truly mean something to you at the front of the line – as your number one priority.

3. Get help: Just because you accept help from your friends and family doesn't mean you've lost control of your life. That's sometimes one of the hardest things to realize. Next time a friend offers to babysit for a night, take them up on it!

John Mayer and Michelle Trachtenberg?



Known playboy John Mayer, who has dated the likes of Jessica Simpson and Jennifer Aniston, has recently been linked to *Gossip Girl* actress Michelle Trachtenberg. Rumors say that the pair were seen getting cozy at Soho House in Los Angeles recently. Though reports say the two seem “smitten,” Trachtenberg’s rep

adamantly denied all claims they are more than just friends.

The spokesperson maintains that they chatted together for a few minutes. Trachtenberg's rep told the [New York Post](#), "They've known each other for years." **How can you get a bad boy to settle down?**

Cupid's Advice:

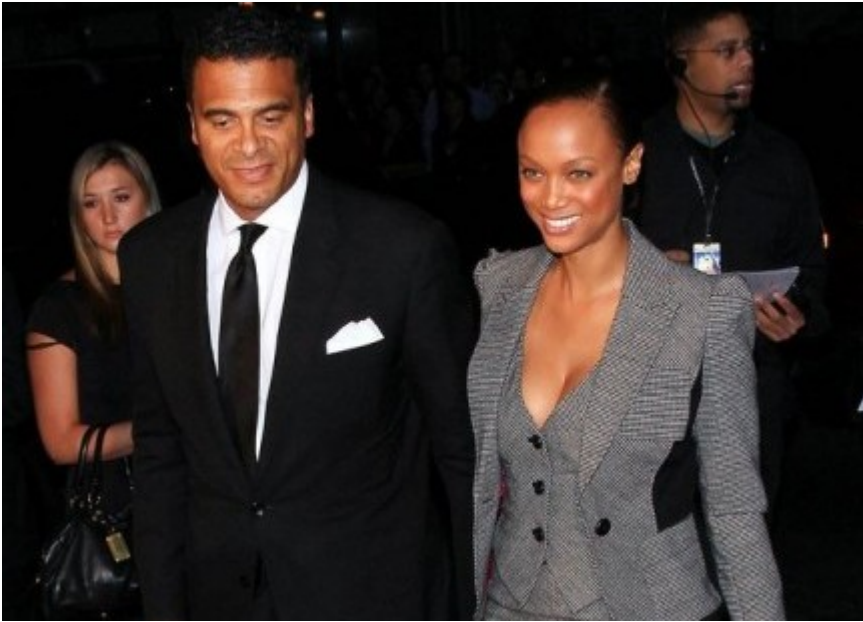
1. Don't always cooperate: Constantly rearranging your day to meet his schedule is not going to pique his interest. Make him come to you. Your unavailability will make him more eager to see you.

2. Give him free reign: Be independent. Let him know that you don't need him, and that it is up to him to really get the relationship going. Your apparent disinterest will make you seem less desperate and more mysterious, which will interest him.

3. What are you willing to tolerate?: Taming a bad boy is a near impossible task. You need to ask yourself what you are willing to put up with in a relationship. If you are not willing to give him free reign, then your relationship with a bad boy will probably not end happily.

Kim Kardashian's New Flame





A little over two months after her breakup with longtime boyfriend Reggie Bush, Kim Kardashian has her eyes on yet another football star – The Dallas Cowboy’s Miles Austin. After meeting at an L.A. restaurant, the two have kept in touch, and have even gone on a few dates. An insider told [People](#), “It’s going really well.” While they aren’t officially dating, the relationship seems promising. The two are reportedly “taking it slow.” A friend of the couple said that Kardashian “thinks he’s a really good guy. He’s really sweet to her... He thinks Kim is his dream girl.” **Is it wise to date the same type?**

Cupid’s Advice:

Sometimes it’s easy to find yourself frequently drawn to the same kind of man. Before entering a relationship with yet another “type” of guy, consider Cupid’s suggestions:

1. Are you hurt? If you constantly date the same type of man and find yourself hurt at the end of a relationship, then it’s time for something new. On the other hand, if your relationships are healthy and usually end with some kind of mutual agreement, then your choice in men is fine the way it is.

2. Do you ever wish for more? Similar men typically have

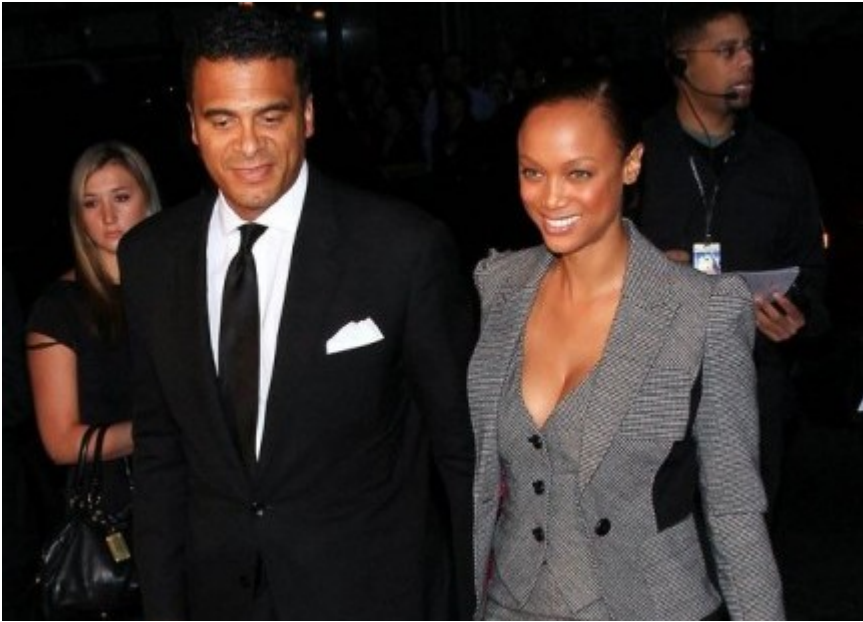
similar shortcomings. If your current relationship does not offer all you wish for, chances are, your typecast guy will leave you with the same feelings. Make a change if you're unhappy.

3. Step out of your comfort zone: If you've been dating the same kind of guy since high school and find yourself hurt and unhappy in relationships, then you need something different. It may be difficult at first, but putting yourself out there and dating people that you would normally pass by or disregard could prove to be rewarding.

For more info on types of partners, check out [Cupid's interview](#) with Andrea Syrtash's, author of *He's Just Not Your Type* (and that's a good thing).

Marilyn Manson & Evan Rachel Wood Are Off Again!





After numerous hookups and breakups, Marilyn Manson and Evan Rachel Wood have ended their relationship again. This time, the couple split up nearly eight months after Manson popped the question. [People](#) reported that the newly single rocker hit the streets of Los Angeles last Saturday night to eat dinner with friends. [E! News](#) also reported an “unidentified brunette” who Manson apparently referred to as “his new girlfriend.” **Would you give your ex another chance?**

Cupid's Advice:

On-again, off-again relationships can put you on edge. You never know when it's over, and you may assume the two of you will just get back together later. How do you know when it's time to move on for good, or to give it another chance? Cupid's got some tips:

- 1. Over is over:** You don't necessarily have to do anything. If your ex is crawling back to you claiming they've changed, don't take them back because you feel bad. If it's really over, then accept it.
- 2. No pressure:** If you need to think it over, don't let them manipulate your decision. If you need time or space, your ex will respect your decision, and back off until you've

come to a conclusion.

3. Trust: If trust between you and your partner has been broken then you need to really think about whether or not that trust can be rebuilt. Think about how angry or upset you were when it ended versus how happy you can see yourself with your current ex in the future. Which thought is stronger?

Kristin Cavallari Dating Doug Reinhardt



The Hills star Kristin Cavallari was spotted out and about this weekend with another alum of the show, Doug Reinhardt, reports RadarOnline.com. Reinhardt was briefly featured on *The Hills* when he dated long-time Cavallari rival Lauren Conrad. Conrad has since left the show and is currently dating actor Kyle

Howard.**How do you deal when your ex dates your enemy for revenge?**

Cupid's Advice:

Though Reinhardt and Conrad were not the first castmates to find love on the show, drama always seems to follow love on the MTV hit. However, the Conrad versus Cavallari rivalry was well documented in the press, so Conrad needs to be careful about any comments she makes regarding the Cavallari-Reinhardt romance. It's key to find a balance between being uninvolved but still supportive in this situation.

1. Don't butt in: Unless your ex tries to get you involved in his or her new relationship, it's important to remain aloof. If your ex is trying to send you a message by getting with your rival, getting involved only makes the situation stickier.

2. See their side: No matter how you feel about your enemy, if your ex is genuinely happy and not just looking for revenge, then keep your opinions to yourself. See how their relationship progresses before you pass judgment.

3. Concentrate on you: No matter what other drama is going on around your ex or your enemy, you need to work on yourself first. Focus on you and your relationships, and try not to let your ex put a damper on your life.

'Bachelorette' Star Ali Fedotowsky Ignores Rumors



Former Bachelorette

Ali Fedotowsky is glad to have fiancé Roberto Martinez by her side. [E! Online](#) reports that Fedotowsky “[doesn’t] pay attention to” rumors pertaining to past partying and racy photographs. Swirling rumors have bothered the blonde bachelorette in the past, but with a new attitude (and a new support system), Fedotowsky finds it easy to keep her head held high. Fedotowsky reveals that her new fiancé is extremely supportive and “always says, ‘Who cares, babe? It’s just us. It’s just about us. None of that stuff matters.’” Fedotowsky says she counts herself “lucky to have a man like that to give me balance and keep me focused on what’s important.” **How can you help your partner deal with a stressful problem?**

Cupid’s Advice:

1. Be a good listener: If your partner is having a problem at work or with friends, chances are they're going to want to vent. It is important to sit quietly and listen carefully to their worries. When they are done venting and you fully understand their insecurities about the problem at hand, offer your input.

2. Don't be overbearing: When a loved one is stressed, it's natural to want to help as much as possible. You can give them advice and offer your point of view, but you have to be careful. This is their problem and their decision, and you have to respect their opinion, even if you don't agree with it.

3. Honesty: When you must intervene in your partners decision-making process, you have to be supportive, polite, and honest. Gently remind them to consider all of their options before making a decision. Your honesty will help your partner resolve their problem effectively and without any resentment.

Drew Barrymore Loves Working with Justin Long!





Spotted! At a red carpet event in celebration of her *Nylon* cover, [E! News](#) interviewed Drew Barrymore about her costar Justin Long. “He, by the way, is the most wonderful person to work with” the star gushes. Barrymore and Long have been in an on-again, off-again relationship for awhile, and although she refused to comment on their current status, the two have teamed up for the new movie, *Going the Distance*. While rocking a vintage dress, Barrymore added, “I’m so excited about this movie. As a girl, I relate to this movie and the boy in me loves the comedy in this movie. It is a very good date movie!”

Is it a good idea to work with your significant other?

Cupid’s Advice:

Being in a relationship with a co-worker can lead to office gossip and the possibility of blending business with pleasure. Cupid has some ways to keep things from overlapping and work alongside your partner:

1. Alone time: Being together for most of the day can cause some tension. Find some type of outlet that will get you away for a couple of hours a day, like a separate group of friends or a hobby.

2. Less arguing: Keep an open line of communication, and listen to your partner's feelings. You can minimize fights by frequently checking in with each other to see how their professional and personal lives are doing. This will also lessen the chances of blending the two.

3. Limit convos: Don't let work take over your personal life. If you notice that all you talk about at home is the office, then bring up new subjects, like vacation ideas, what to do this weekend, or even the weather, as long as it gets you out of that same-old topic of conversation. This applies vice-versa as well. Don't bring arguments or discussions from home into the workplace.

Stephanie Pratt is an Advocate of Serial Dating





Reality star

Stephanie Pratt is somewhere in between single and seeing someone...or seeing more than just one person. Post-*The Hills* and her public breakup with motocross boyfriend Josh Hansen, Pratt has declared she'd like to explore the world of dating limbo. As she told [People](#), "I'm seeing two guys right now, and it's actually way more fun than seeing one guy. I've never done something like this before, but it's really quite lovely!" Pratt claims that the best part of this experience is that it makes guys more trainable. "It trains them to ask for dates a lot earlier in advance," she said. **Is it a good idea to date more than one person at once?**

Cupid's Advice:

Dating always has its ups and downs. It can be heartwarming and heartbreaking at the same time. Even if you aren't seeing multiple people, it is still important to explore other aspects of life.

1. Keep your options open: Especially at the beginning of a relationship, it's important not to put all your eggs in one basket. It may seem like the real thing, but it might be too soon to tell. Therefore, there is no harm in continuing to see other people at beginning stages of dating.

2. Don't be too available: If someone is too eager and willing to drop everything for someone else, it can be a huge turnoff. Never go out of your way for someone who won't do the same for you.

3. Be up front about it: If you're going to pursue seeing multiple people at the same time, tell your partner from the beginning, and accept that they too can see other people. It's not right if one side is completely committed while the other is out on the town with someone different every night. If one party starts getting jealous, then maybe it's time to consider a committed relationship.

Whether you're monogamous or dating multiple people, the key is to never be too available. Relationships succeed when both people continue to have their own interests.

Ronnie & Sammi Still Struggling at the 'Shore'





And the drama continues! After drunkenly carrying on with countless girls at a Miami nightclub in season two's first episode, *Jersey Shore* reality star Ronnie returned home to cuddle up with ex-girlfriend, Sammi. When Sammi asked if he had been with any girls that night, he lied, answering no. The two seemed to rekindle their romance during last week's episode when Sammi held Ronnie's hand as he got a tattoo.

Is it possible to fully restore trust to a relationship after lies are uncovered?

Cupid's Advice:

Lying and cheating most often marks the end of a relationship. However, if the guilty party is truly sorry, and shows it through their actions, then the relationship may still succeed:

1. Repeat offenders: Past behavior is always the best predictor of future behavior. In a case like this, one does not apologize with words, but with actions. Those who mean their apologies won't make the same mistake twice.

2. Don't be too trusting: Sometimes, one party wants so bad to trust the other that they ignore the obvious. When it comes

to being in a healthy relationship, one should always keep in mind the saying, "Fool me once, shame you you; fool me twice, shame on me."

3. Getting past it: If the cheater shows true remorse and bends over backwards to make things right again, their partner shouldn't continue to hold their mistake over their head. If they want the relationship to work, both people need to leave the past where it belongs.

Hayden Christensen & Sophie Monk Spotted Leaving Premiere



As reported in [Perez Hilton](#), possible new couple Hayden Christensen and Sophie Monk were spotted leaving the premiere of *Takers* together. The two reportedly left quickly in the same car. The *Star Wars* actor

has reportedly been taking a break from his relationship with Rachel Bilson.

What does being on a break from a relationship really mean?

Cupid's Advice:

When a couple goes on a break, the relationship could go either way. Read on for some of Cupid's ways to tell whether or not this is a break – or a *breakup*:

- 1. Loyalty:** If one half of the couple wants – or is willing – to be with someone else, this person should think about how much the relationship they took a break from really means to them.
- 2. Time out:** Even if one or both parties attempt to be with someone else, it doesn't mean the relationship is over. This could be a way a of discovering the couple's true feelings for each other.
- 3. It's over:** Sometimes a break in a relationship can become a permanent separation. However, this doesn't mean the former couple can't still be friends. See what works best for you.