

Miley Cyrus Caught with New Guy at Birthday Bash



Miley Cyrus definitely had fun at her birthday party last weekend. The teen star and fellow teenage actor, Avan Jogia were getting cozy at Trousdale nightclub, reports [Us Weekly](#). Jogia, an actor for the Nickelodeon show *Victorious*, was seen nuzzling the neck of a very scantily-clad Miley Cyrus. As Cyrus turns 18 on Tuesday, she says that her birthday celebrations will continue indefinitely. "I have a birthday month," she explained. "I do the whole month of November. Thanksgiving, cake – [it's] all about me on Thanksgiving!"

What are the benefits of dating around?

Cupid's Advice:

While avoiding relationships and constantly dating new guys can be controversial, dating around does have some benefits. Here are a few advantages:

- 1. You have extra time:** When you're in a serious relationship, a large amount of your time is given to your boyfriend. By having casual flings instead, you have spare time to devote to your career and hobbies.
 - 2. You find out what you want:** Especially when you're young, you may not know what kind of partner you need in. By dating around, you discover certain personality traits you prefer and other's you don't.
 - 3. Mistakes are less tragic:** Everyone makes mistakes. However, they're easier to recover from in a casual relationship. The absence of pressure makes it easier to move on and to learn from your blunders more gracefully.
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Mandy Moore Discusses Happy Ending with Husband Ryan Adams





It looks like there's at least one celebrity couple we can count on. After two years of marriage to musician Ryan Adams, Mandy Moore is still very much in love. The actress and singer recently told [People](#), "I feel very supported and loved and at peace ... I got my own little happy ending." And for Moore, happiness is found in the little things. After mentioning how "nerdily obsessed" she and her hubby are with their two cats and dog, the actress added, "We're big homebodies ... We never want to leave [the house]." **How do you have fun staying in for the night?**

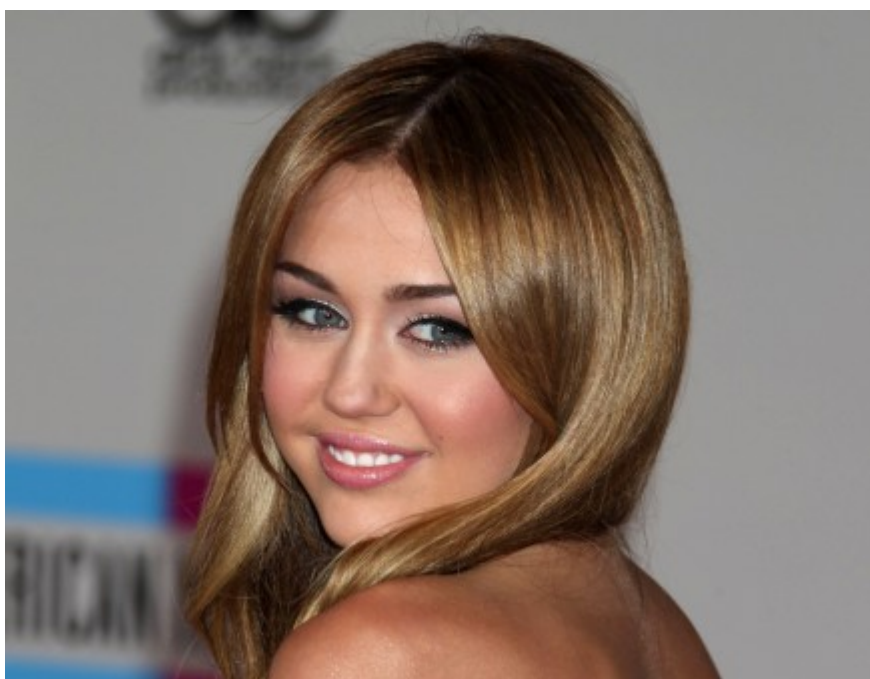
Cupid's Advice:

Going out on the town can be exciting, but sometimes you just need to chill out at home. Here's how to make the most of staying in:

- 1. Be romantic:** Just because you're staying home doesn't mean you have to forgo romance. Cook an extravagant dinner for your partner, and then snuggle while you watch a corny movie.
- 2. Go old school:** Dust off that old game of Chutes & Ladders or Monopoly and go wild. A retro game night will help you bond.

3. **Get close:** Are you usually too busy or too tired to get quality intimate time with your partner? Use this opportunity to try new things in (and out) of the bedroom.

Former DWTS Pro Julianne Hough Speaks Out About Boyfriend Ryan Seacrest



Former *Dancing With The Stars* pro Julianne Hough is finally speaking out about her relationship with Ryan Seacrest, reports [Us Weekly](#). On *The Ellen DeGeneres Show*, Hough gushed, "Oh my gosh, he's phenomenal. He's really romantic. He's not even in town, and I got in my car and there are flowers

everywhere.” And it looks like things are getting serious because Ryan Seacrest has met her parents! “Everyone’s like, ‘Oh, you met the folks!’” she says. “It’s like, ‘I don’t know. Both of our folks are like our best friends so when we hang out, it’s more like hanging out with friends.’”

What can “meeting the parents” mean in a relationship?

Cupid’s Advice:

Meeting the parents is a huge step in a relationship. Here are some reasons why your partner may decide to introduce you to their family:

- 1. To see if you get along:** If your partner introduces you to their folks, it usually means they see a future with you and want to see whether you fit in with their family.
- 2. To test you:** While meeting the parents usually means your mate is serious about you, it can also be a test. If they’re unsure if you’re the one, they may ask their folks to weigh in.
- 3. To share a part of them:** Family is an extremely important part of who we are. By showing you where they came from, your partner is signaling that they want to get to know you on a deeper level.

Expecting ‘Bachelor’ Couple

Jesse Csincsak and Ann Lueders Go Hiking



Former *Bachelor* winner Jesse Csincsak and his pregnant wife, Ann Lueders, still find ways to stay active and healthy together, [People](#) reports. Lueders, who used to jog daily pre-pregnancy, has swapped her jogging sneakers for hiking boots as her and her husband take their two Siberian huskies on two mile walks. Now in her third trimester, Lueders and Csincsak have toned down the level of exercise in their lifestyle, but they haven't cut it out all together.

What are some fun ways couples can exercise together?

Cupid's Advice:

Studies have shown that couples who exercise together, stay together. Being fit and healthy isn't just good for you, but

for your relationship as well:

- 1. Walk it out:** Take a tip from the *Bachelor* couple, and get moving. Walk, jog or hike. Whether it's with the dogs, around your neighborhood or a trip to the state park, the quality time you spend together is irreplaceable.
 - 2. Make goals:** Set goals together, and watch each other accomplish them. The support and dedication to make each other succeed will create a stronger bond.
 - 3. Challenge each other:** Sign up for your city's 2011 marathon, and train together. There's nothing more important than a support system. Teaming up with your partner and getting through a challenging event together, can only help strengthen your relationship if you face bigger obstacles down the road.
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Pete Wentz Says Jessica Simpson Is In Love with Boyfriend, Eric Johnson





It looks like

Jessica Simpson and beau Eric Johnson have the seal of approval from Simpson's brother-in-law, rocker Pete Wentz.

According to [People](#), Pete Wentz said, "He's a really smart guy, and Jessica really loves him." He explained, saying, "I think that's the most important thing, seeing her happy."

What are some ways to tell if your love is the real thing?

Cupid's Advice:

Many relationships come and go, but how do you know when it's not just lust – it's love? Cupid has a few things to look for:

1. You can talk: You and your partner can talk for hours without getting bored. Conversation becomes second-nature and requires little effort.

2. There's no stress: When you no longer stress over bad hair days or an unflattering outfit, then you know that your relationship is for real. You're completely comfortable with your beau.

3. You can be yourself: When you are more yourself around your mate than you are around any of your other friends, then you know that you're truly in love.

Michael Douglas and Catherine Zeta-Jones Step Out in NYC



Michael Douglas and wife Catherine Zeta-Jones were seen walking around Manhattan recently, despite Douglas' struggle with throat cancer. The 66-year-old actor is recovering from eight weeks of chemotherapy treatment for the tumor found at the back of his throat. Michael Douglas, though thin, seemed to be perfectly happy. The actor even managed a recent trip to Pennsylvania to visit his son Cameron in prison. Douglas' publicist told [RadarOnline](#), "He's not going everyday and not as often as he would like, but he is still visiting with him."

What are some ways to cheer up your beau during an illness?

Cupid's Advice:

1. Bring him a book/movie: While your beau may own countless movies and an alarming amount of literature, bring him something new. He has a lot of time to kill, and a book or movie is relaxing and entertaining.

2. Make breakfast in bed: Breakfast in bed never fails. If he has medicine, serve the pills as a side dish. If he's not coughing too much, you may even get a laugh out of him.

3. Visit him: While movies, books, and his cell phone may keep him connected to the outside world, they are no substitute for a face-to-face visit. Visit him. It's an easy way to show him that you care.

Hilary Duff and Mike Comrie Plan for First Married Holiday





Actress Hilary Duff

and new husband Mike Comrie, center for the Pittsburgh Penguins hockey team, may be in the middle of moving to a new home right now, but that's not stopping the couple from planning for the holidays. Hilary Duff told [People](#) that she and Mike Comrie are expecting to be in Pittsburgh this Christmas, while both of their families will be in Los Angeles. "It's going to be scary [to plan], but exciting," said Hilary Duff, about the couple's first married holiday together. **What are ways to make your first holiday as a married couple special?**

Cupid's Advice:

Relationships have a lot of firsts, but your first holiday as a married couple should be special. Cupid has some tips:

1. Thoughtful gifts: Rather than spending a lot of money on expensive gifts for each other, try to find something that will remind your spouse of you and your relationship. Plan ahead!

2. Take a time out: Your relatives and friends may be fawning over you as the new couple. When the attention gets to be too much, quietly slip into another room, and take five minutes to

breathe together.

3. Keep a sense of humor: The holidays can be overwhelming, stressful, and a little crazy. Be ready with a joke on hand to keep you and your spouse light and laughing.

John Stamos and Girlfriend, Leah Marsh Move Relationship toward Marriage



It looks like Uncle Jesse may be getting ready to settle down (again). John Stamos, star of *Full House* and ex-husband of supermodel Rebecca Romijn, is taking the next big step with his longtime girlfriend. [E! Online](#) reports that Stamos and gal pal Leah

Marsh have moved in together. "It really is that serious," a friend of the couple says. The two have managed to keep their relationship out of the spotlight for almost three years, spotted only rarely while walking the red carpet together.

Marsh owns a Pilates studio and runs a yoga space in Santa Monica.

What are the benefits of living together before marriage?

Cupid's Advice:

Moving in together first is a good way to test if you and the one you love are ready for marriage. Cupid has some ideas on why you should consider living together before getting married:

- 1. Learning their habits:** When you live with someone, you learn about all of their idiosyncrasies and bad habits. Before you two tie the knot, decide whether or not you can live with someone who never takes out the trash!
 - 2. Figuring out finances:** A huge part of getting married is figuring out how to merge your finances. Shacking up together first can help you establish ground rules when it comes to money as well as overcome any financial hurdles before you take a walk down the aisle.
 - 3. Seeing their other side:** Everyone acts differently in a public vs. private setting. At home, your partner might be a completely different person, and you need to know both sides of your mate before you make a big commitment.
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Prince William & Kate Middleton – Almost Engaged?



Those hoping to see Prince William and Kate Middleton walk down the aisle sooner rather than later may have found the smoking gun. According to [People](#), photos recently emerged in the *Daily Mail* of the royal couple on a shooting holiday with Middleton's parents at the royal estate of Balmoral. Though a spokesman from the royal heir's office says that he/she would not comment on the Prince's private life, could this holiday with the Middleton family point to an upcoming diamond ring?

What are some signs of an impending engagement?

Cupid's Advice:

Whether an engagement is expected or unexpected, it's always an exciting beginning for a happy couple. Cupid has some tell

tale signs that an engagement may be in the works:

1. Family ties: Meeting and spending significant amounts of time with your partner's family is always a sign that your relationship is heating up. Extra points for family holidays and vacations!

2. Gold rush: Finding excuses to go to the store without you or slyly asking your friends for your ring size are obvious signs that your partner is about to pop the question.

3. Eyes that sparkle: Sometimes a future engagement can be spotted not through actions, but through a longing look into your partner's eyes. They seem to say, "I can't live without you."

Surprise! Janet Jackson is Not Engaged





The rumor mill may be rampant with talk of Janet Jackson's engagement to boyfriend, Wissam Al Mana, but the rumor has turned out to be false. According to [Us Weekly](#), the singer set the record straight at the New York premiere of *For Colored Girls*. In spite of the fact that her beau has yet to pop the question, he did take his lady for a romantic vacation in Sardinia this summer. Marriage or no, it looks like Al Mana treats his lady like a queen. **How can you surprise your mate?**

Cupid's Advice:

Saying, "Honey, I'm home" at the same time each day isn't much of a surprise. But, doing something out of your normal routine helps keep a relationship interesting. Though surprise vacations are always nice, ordering takeout instead of cooking can also qualify.

1. Make your mate feel special: In this case, it really is the thought that counts. The fact that you planned something different to surprise your mate just may be all your partner needs to feel special.

2. Flowers and candy: Sometimes keeping romance simple and traditional is all you need to spice things up. Send flowers to her at work so that she blushes as all her coworkers look

on with jealousy.

3. Keep things fresh: If you haven't done it, it's new to you. Start pursuing a unique hobby together or take a trip somewhere neither of you have ever been, even if it's close to home.

Modern Family's Sofia Vergara and Beau Step Out Post-Accident



Modern Family's Sofia Vergara and her boyfriend, Nick Loeb, were seen out

together last night. [RadarOnline](#) reports that this is the first time since his terrifying car accident that the couple has been seen in public. The two were spotted leaving Madeo restaurant in Beverly Hills. Loeb, 35, was using crutches as part of his recovery from his car crash in Bel Air, California earlier this year. After the accident, Loeb was rushed to UCLA Medical Center's intensive care unit. He suffered from a broken leg, pelvis and a deep cut to the chest. A former Florida politician, he was by himself when the accident occurred. Vergara and Loeb began dating earlier this year. **What can a near-death experience teach you about your relationship?**

Cupid's Advice:

If you ever needed a reason to be thankful for the one you love, a near-death experience is just that. Nothing's worse than realizing that your loved one may not be with you the next day. These experiences are scary indeed, but they also leave you a little humbled:

1. Forever yours: Sometimes a near-death experience makes you put your life into perspective. Suddenly the issues that were plaguing you yesterday don't mean anything today. People tend to take that time to reflect on what and *who* means the most to them. They also learn to let the little things in their relationships go, because they're simply not important.

2. Cutting to the chase: Your loved one almost dying is a life wake-up call. If you're dating somebody, the experience may help you realize that he/she is the love of your life. On the other hand, it might also teach you that you deserve someone better. Now that you realize how your life can change in an instant, don't you want to change it for the better?

3. Getting closer: Once the general shock of a scary experience wears off, a couple's bond can become stronger. If one person needs some extra help during his/her recovery, the

added one-on-one time with your partner will show him how much you care. Playing nurse for your beau will show him how much you care.

Jesse James and Kat Von D: On or Off?



Sandra Bullock's ex Jesse James and Kat Von D effectively squashed all recent breakup rumors, as the pair was caught kissing while at a restaurant over lunch recently. Rumors were swirling over James' recent move to Austin, Texas. In fact, [People](#) reported that Von D is unhappy with the long-distance "go-between" relationship. Von D has also reportedly been seen with ex-

flames Nikki Sixx and Bam Margera. Despite the rumors, the much-talked-about duo seemed to enjoy lunch and left a generous tip before leaving the restaurant. **What can excessive PDA mean?**

Cupid's Advice:

While some couples have no qualms about publicly displaying their affection, most couples are a little more conservative. If excessive PDA is coming from a couple who usually keeps it tame, it's safe to say there's probably an ulterior motive. Here are a few things it could mean:

1. Insecurity: If a couple shows their affection in public, it could mean that they're insecure in their relationship. They are trying to prove to others (and themselves) that their relationship is still going strong, even though it may be rocky at the moment.

2. Need for attention: Those who step outside the lines of public decency by excessively showing affection may only wish to shock others. They have a need for attention that can be satisfied by some major PDA.

3. Face value: While PDA could have underlying meaning, sometimes it's necessary to take the PDA for what it is – affection. Therefore, it might just mean they're lustful!

'Millionaire Matchmaker'

Patti Stanger Against a Kim Kardashian and John Mayer Union



Patti Stanger

doesn't have her own show *Millionaire Matchmaker* for no reason. After the *New York Post* reported that reality star Kim Kardashian was spotted out and about in NYC with singer, John Mayer, Stanger had some serious advice to share: "No! He's a douche bag." [US Magazine](#) caught up with the matchmaker to discuss whether she thought there would be fireworks or if the date would be a disaster. Stanger insisted, "She'd chew him up and spit him out and chew him up again." If his dating history with celebrities such as Jessica Simpson and Jennifer Aniston wasn't reason enough, Stanger insists, "Kim's a class act, so I'd never put her with him." While Mayer might not be the one for Kim Kardashian, there is hope for love in her future. The *Millionaire*

Matchmaker believes Kardashian needs “an A-list actor who likes a brunette hottie...She needs someone who is strong, who will allow her to build her empire. She needs some one serious.” Sorry, John; maybe next time.

What are some tell-tale signs of a player?

Cupid’s Advice:

While you might not have the advice of a matchmaker at your disposal, with these helpful hints you’ll surely be able to weed out the rogues from the real gentlemen:

1. Midnight phone calls: While it’s great that he wants to hang out with you, phone calls or text messages consistently coming after midnight should have you concerned. What are his intentions? And at that hour, are you the only one he’s been talking to that night?

2. Rumor mill: There is a reason Hollywood starlets are wary of John Mayer. When rumors circulate, you can’t always tell what’s fact and what’s fiction. But when your friends voice concerns, listen up! They have your best interests at heart.

3. Authenticity: When it comes to getting to know you, if you feel like he’s simply asking questions without really being concerned with the answers, trust yourself. Not being genuine is probably just the beginning of disappointment. Chances are his insincere side will be sure to follow.

Thousands of Miles Between Hank Baskett and Kendra Wilkinson



NFL star, Hank Baskett, is now playing for the Vikings, but according to [US Magazine](#), wife and former *Girl Next Door* Kendra Wilkinson, will not be moving to Minnesota to join her hubby. The distance has reportedly caused a riff between the couple, as Wilkinson is upset that the distance may cause the pro football player to miss their young son's important milestones.

How can you keep a long distance relationship alive?

Cupid's Advice:

1. Be more tech savvy: Though it isn't a good idea to have a

completely virtual relationship, staying in touch through your smart phone or Skype can make your long distance relationship seem like less of a drag. Technology is also a great way to share your children's milestones when your partner is far away.

2. Make the most of your time together: When you finally reunite with your long distance partner, make sure to drop everything and really spend some quality time with your mate. Always decide when you will see each other again when you part so you will have something to be excited about.

3. Compromise: There may come a time where the logical thing to do to is for either you or your partner to make the move to be together. If you decide that neither of you can give up your lives where you are, perhaps you can meet in the middle and do every other weekend or half the year in each place.

Seth Green Watches Wife Play Video Games for Hours on End





Newlyweds Seth Green

and Clare Grant have been embracing each other's silly sides since their May 1 wedding, reports [People](#). The self-proclaimed geeks spend their time together creating viral videos for Youtube and making each other laugh. This kind of behavior may not come as a shock from a pair who met in a comic book shop. "We might be together a long time before we think about kids," Grant admits, saying she and her husband are focusing on each other right now. **What are some unique activities to do with your partner?**

Cupid's Advice:

We all know that having one-on-one time with your beau is important. The question is, how do you keep it interesting?

Cupid has some special activity suggestions:

1. Get out: Are you outdoorsy and adventurous? Try something like rock climbing or sky diving. Find gyms or specialty stores in your area where you can practice on climbing walls before you attempt the real deal. If jumping out of a plane isn't your thing, perhaps a little white-water rafting is instead. These adrenaline-pumping dates will bring a smile to your faces and a spark to the bedroom.

2. Movie night: If you and your partner are more of a cuddle-

up-at-home type, designate a night solely for yourselves: no calls, texts or other interruptions allowed. Rent a movie and play some board games, with special rules just for you. Or find a discount theatre in your area and catch a cheap flick.

3. Wine tasting: Take something you both are interested in and turn it into a hobby. Are you both self-proclaimed wine junkies? Find a local winery and take a tour together over the weekend. Afterwards, buy a bottle of the vineyard's own and enjoy it later on that evening.

Ali Fedotowsky and Roberto Martinez Slow It Down





After finding love on the reality TV hit, *The Bachelorette*, Ali Fedotowsky and Roberto Martinez announced that they planned to elope. Though still head over heels for one another, the happy couple has decided not to tie the knot immediately. As Fedotowsky recently told [People](#), “Nothing has changed – we’re still just as happy as we were when we were finished [with the show]; we were so excited. We were like, ‘Oh, we’re going to get married right away.’ But if you’re rushing because you’re in love, why rush? [Just] wait. You’re going to get married anyway. We’re both sort of enjoying life.” The soon-to-be newlyweds have moved to San Diego together and are considering wedding venues on the west coast. **Why is it important to take things slow?**

Cupid’s Advice:

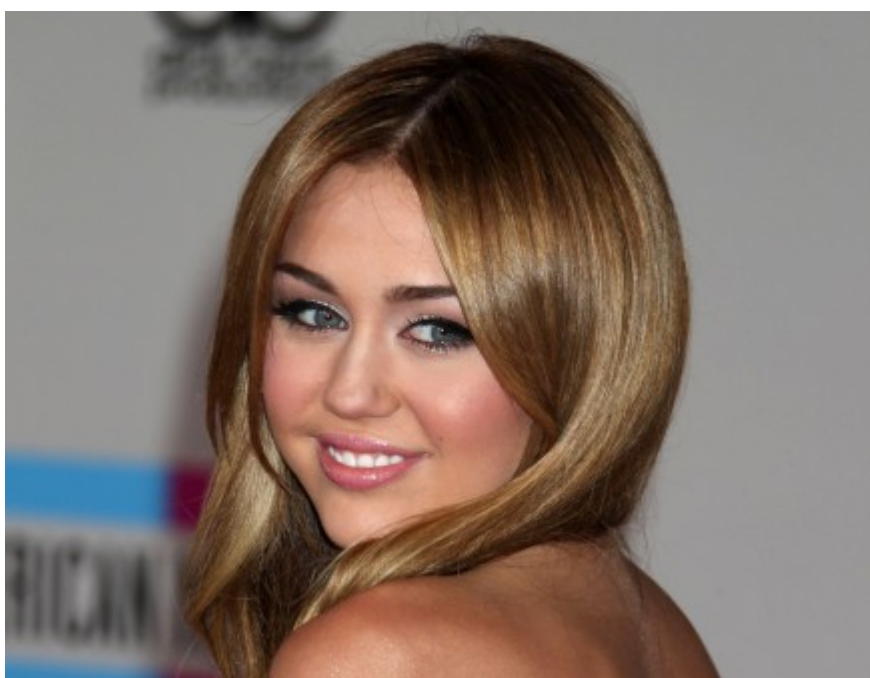
Taking things slow or slowing things down doesn’t mean you are any less in love. Couples who mutually decide to jog to the altar instead of running there are simply doing what they feel is best for them:

1. Only fools rush in: Just because you’re in love doesn’t mean you have to walk down the aisle tomorrow. Take the time to enjoy each other’s company and plan your dream wedding. This moment should only happen once.

2. You know best when the time is right: Your gut feeling is almost always correct. If the only rationale you have for taking it slow is that making the next move doesn't feel right, trust yourself. There's probably a reason you're internally hesitating.

3. Love knows no schedule: Don't let anyone tell you or your partner that it's time to get married or move in together. There are no deadlines when it comes to love.

Ashton Kutcher and Demi Moore to Renew Vows?



Faithful Twitterer

Ashton Kutcher has once again revealed his predicament in 140 characters or less, reports [E! Online](#). Kutcher, 32, told Twitter followers that he and wife Demi Moore, 47, are traveling to Israel to “[Share] Love & Light while in Israel.” The couple are, “Asking 4 the energy 2 forge bonds with our similarities & find compromise in our differences.” Kutcher and Moore have recently been facing rumors of Kutcher’s infidelity. The couple has been taking to Twitter to sort out rumors, posting pictures of themselves in bed together, and thank everyone for their anniversary wishes. They are expected to renew their vows while in Israel, effectively squashing all rumors.

Why is it good to renew your vows?

Cupid’s Advice:

There are lots of reasons to renew your vows – and you don’t need to be a celeb to do it! Here are some incentives if you and your mate want to relive your vows:

- 1. Children:** Your children weren’t around the last time you got married. Making fresh commitments will allow for your entire family to take part.
- 2. Relationship troubles:** If you and your partner have been having problems in your relationship, renewing your vows may be the answer. Reassurance will make your partnership stronger.
- 3. More fun:** Since you got married, you and your partner have earned more money and met more people. Think of vow renewal as a romantic excuse to throw an even bigger ceremony. Invite more people, buy an even more expensive dress and even hire a band to replace the deejay this time around!

Avril Lavigne Parties With Boyfriend AND Ex



If you think you and your new beau can't be friendly with your ex, think again. [People](#) reports that Avril Lavigne and boyfriend Brody Jenner recently partied with Lavigne's ex-husband, Deryck Whibley of Sum 41. Even with her ex nearby, the pop star and her reality-TV boyfriend couldn't keep their hands off of each other at the Hollywood club. Reports say that Lavigne, 26, and Jenner, 27, were kissing and snuggling up to each other all night after Whibley, 30, spent some time chatting with them at their table. The PDA-friendly twosome have been together since the spring. Here's hoping that the couple that parties together (with an ex), stays together!

How friendly should you be with your partner's ex?

Cupid's Advice:

While it might seem difficult to befriend the person who let your partner go, there might be some benefits to being friendly with your boo's ex. Cupid has some tips on exactly how friendly you should be:

1. Watch and learn: Use your sweetie's relationship with his or her ex as a guide to show you how friendly to be. It won't do any good to become best friends with the person your partner swore to never talk to again.

2. Don't get discouraged: Befriending your mate's former flame provides a great opportunity to commiserate about your partner's bad habits and stupid jokes. But don't let the ex poison your mind when they talk about your partner's role in the failure of their relationship. Every relationship is different, and history doesn't always have to repeat itself.

3. Keep a safe distance: An ex may befriend you or your partner because they still have some leftover feelings for your beau. Make sure to keep them at arm's length, and learn their true intentions before being too welcoming.

Bradley Cooper and Renée Zellwegers' Cold Outing



Longtime couple Renée Zellweger and Bradley Cooper were caught by paparazzi as they left restaurant Katsuya last week. Before dinner, the couple had attended CAA's Young Hollywood charity event at MyHouse, but refused to pose for photos. The cold atmosphere lasted the rest of the night, reports [E! Online](#). A source claimed that the couple were "not affectionate at all" during dinner, a claim bolstered by a video of Zellweger and Cooper leaving Katsuya. Cooper allowed for another man to escort Zellweger down a staircase, and was blown off by Zellweger when he tried to open a door for her. Is there a possible reason for the couple's cold outing? "The studios aren't happy that their movie *Case 39* took so long to premiere," reports the insider. "They're trying to get publicity going." **How can you tell if your partner has ulterior motives?**

Cupid's Advice:

If your beau has ulterior motives in your relationship, he is probably very clever, but he can't hide all of the signs of his deception. Cupid has a few that you should be able to

pick up on:

1. He's not attentive: The next time the two of you are out to dinner, see if he's really listening to what you're saying. If he frequently loses focus, it may mean that he's bored with the relationship and is only sticking around for other reasons.

2. Favors: If you find that you are always the one paying for meals, giving him rides and doing other favors for him, then it's time for a change. Talk to him about your worries, and if he stops mooching off of you, then you know he's honest.

3. Pick-up lines: Next time you're at a bar or a party with some friends, be careful about which guys you approach. The ones who immediately compliment your looks are probably only lustful.

Julianne Hough Denies Ryan Seacrest Engagement Rumors





Despite flying rumors, former *Dancing With the Stars* pro Julianne Hough and E! icon Ryan Seacrest are not headed down the aisle – yet. In fact, when asked about buzz that Seacrest proposed, Hough laughed and told *Entertainment Tonight*, “Well, that’s news to me, and I think it’s news to him.” Although the pair won’t be hearing wedding bells anytime soon, things do seem to be heating up. In reference to the couple’s summer European vacay, Hough remained mum on matters of the heart, but did admit that one of the best parts of the trip was, “Eating, eating, eating, eating.” But for now, the wedding caterers are on hold. **Why is labeling your relationship important?**

Cupid’s Advice:

Of course your relationship is more than a label, but there’s definitely some security in knowing what you are to the person in which you’re interested. Cupid has some reasons that putting a name to your relationship may actually be for the best:

1. Convenience: It can be confusing to the outside world if you refuse to label your relationship. The terms ‘boyfriend’ and ‘girlfriend’ may not mean a lot to you, but it sure does make it easier for everyone else if they know they can refer

to you as a couple.

2. Commitment: Often with a new label comes a fresh commitment. If you're not sure how your mate views your relationship, it can be tough to know how to act within it. Defining where you stand is a way to say, "I want you, and only you."

3. Security: It can make you feel very insecure if you aren't sure how to define you and your partner's relationship. Moral parameters tend to get blurry, as you're not sure what is allowed and what's not: what's right and what's wrong.

Nick Jonas Dating Another British Co-Star?





Nick Jonas sure has a love for Brits. [People](#) reports that Jonas, 18, is getting close with *Les Misérables* co-star Samantha Barks. Barks, 20, was all giggles when asked about Jonas, commenting, “Nick is such a wonderful person...we definitely keep in contact.” Jonas had nothing to say on the subject, politely telling reporters, “I keep that stuff to myself.” The Jo-Bro has been playing the role of Marius since June, and, according to the [Daily Mail](#), has been romantically linked to another one of his co-stars, Lucie Jones. Now, however, Jonas seems extremely happy with Barks. When asked about his love for British women, Jonas merely replied, “They’re great – very kind...[and] very supportive.” **What are important things to consider before entering the dating world?**

Cupid’s Advice:

When you’re young and just starting to realize you’re attracted to the opposite sex, it can seem like nothing can go wrong. Cupid has some things to consider before jumping into the dating pool:

1. Know the risks: A mistake many young people make when they first start dating is not knowing the risks. There are too many stories of unwanted teenage pregnancies and rape that

circulate these days, so it's important to be cautious.

2. Separation: Young people often make the mistake of mixing their private and professional lives. It's important to keep your relationship separate from your career ambitions when you're young. If your relationship ends, your job should not be affected.

3. Peer pressure: Peer pressure is at its peak when you're young. Don't date around just because everyone else is doing it. Only play the field if you feel ready.

Ricky Gervais and Girlfriend Jane Fallon Lose 40 Pounds





Funnyman Ricky

Gervais and longtime girlfriend Jane Fallon have lost a total of 40 pounds together through diet and exercise. According to [People](#), the pair say they run about three or four miles daily.

While Gervais claims that the 20 pounds or so that he has lost was made possible with little change to his diet, Fallon tells us that he must not be aware of the change in her cooking habits. “He didn’t realize that I was probably feeding him less calories at the same time he was running,” she says. By eating healthy versions of “fat things” and exercising together, Fallon has lost 18 pounds and Gervais, 22 pounds. Perhaps with that kind of dual motivation, we’ll be seeing the two running the Boston Marathon.

Can dieting with a partner help you lose weight?

Cupid’s Advice:

Jane Fallon cooks healthy meals, Ricky Gervais eats them and runs a little bit everyday, and viola, the weight seems to fall right off! Most couples, however, decide together that they want to make a change in their lifestyle and tackle the issue together:

1. Personal choice: While it seems obvious to have someone

there who can motivate you to work hard, not everybody diets and exercises to their full potential with an exercise buddy.

But beware of getting distracted to the point where you're running your mouth more than running on the treadmill.

2. Something new: By having a workout partner, you are more likely to try something new at the gym. Whether it's an aerobics class you never envisioned attending, or trying free weights for the first time, having a partner with you will make the new endeavor less intimidating.

3. The power of two: Trying to think of a healthy dinner option every day can get dull fast. With a dieting partner, you can swap ideas and brainstorm different recipes together. And when cravings hit, you'll have someone there to help coax you out of eating that Krispy Kreme baker's dozen and indulge in some fresh strawberries instead.

DC Housewives Stars Michaela & Tareq Salahi Back to Bankruptcy





Wacky

Real

Housewives of DC couple Michael and Tareq Salah, known for questionably attending the White House State Dinner, have filed for bankruptcy yet again. Their company, America's Polo Cup Inc., went under late last month, according to [RadarOnline](#). Tareq Salah was president of the company that currently owes \$320,000 to a catering company that has sued for non-payment, reports the Northern Virginia Daily. Tareq was also the president of Oasis Winery, which went into bankruptcy last year. It looks like the Salahs are not having good luck in the business world lately!**How do you support a partner who isn't good with money matters?**

Cupid's Advice:

Money is one of the worst relationship killers. Cupid has some advice on how to deal with your partner's not-so-frugal ways:

1. Talk about it: It's important to discuss what both you and your partner value when it comes to your finances. Serious talks about money are far from romantic, but it's best to get it over with so that financial issues won't haunt your romance down the line.

2. Budget: Working with your partner to *realistically* plot out your expenses is absolutely necessary. Being surprised by a sudden lack of money is never a good thing. Sometimes luxurious candle light dinners or expensive vacations will have to be put aside, but in the scheme of things, it's better than being broke!

3. Work together: Maybe you've discovered that your partner is not as good with handling money as you are. Take charge! Let that be a contribution to the strength of your relationship. Just because your partner isn't great with finances doesn't mean he or she doesn't have plenty of other qualities to bring to the table.

Lamar Odom Plans Anniversary Surprise for Khloe Kardashian





Lamar Odom has something special planned for wife Khloe Kardashian on their one-year-anniversary; he's just not sharing. "I kind of got to keep it a secret," explained Odom to [Us Weekly](#). Kardashian was also tight-lipped. "I don't know. I found out that there's a surprise happening, but I have no idea – and I don't want to know." The couple, who married after a quick one-month courtship, have faced scrutiny about the depth of their marriage. "I've never faulted people for [that]," says Kardashian. "I totally get it. I've always said from day one that it's real love, and it is, but I've never, ever was angry with anyone for thinking anything that way. I was only upset when people said we had a fake wedding." Despite criticism, the couple are standing strong and hope to have a child in the near future.

What are some creative ways to celebrate your anniversary?

Sure, there are the obvious routes: romantic dinner, picnic at the park or a night in an expensive hotel. Try branching out because your thoughtfulness will be appreciated. Here are just a few suggestions:

Cupid's Advice:

1. Hot air balloon ride: While finding a hot air balloon

service may be difficult depending on where you live, the spectacular views and exhilarating experience will be extremely worthwhile.

2. Play hooky: Skip work for a day, and drive to the nearest city. Have fun looking around in shops and eating at interesting restaurants.

3. Go to a florist/garden: Instead of sending your partner flowers, take them to a florist or a garden and pick out your own flowers. Then, go searching for a vase to put them in.