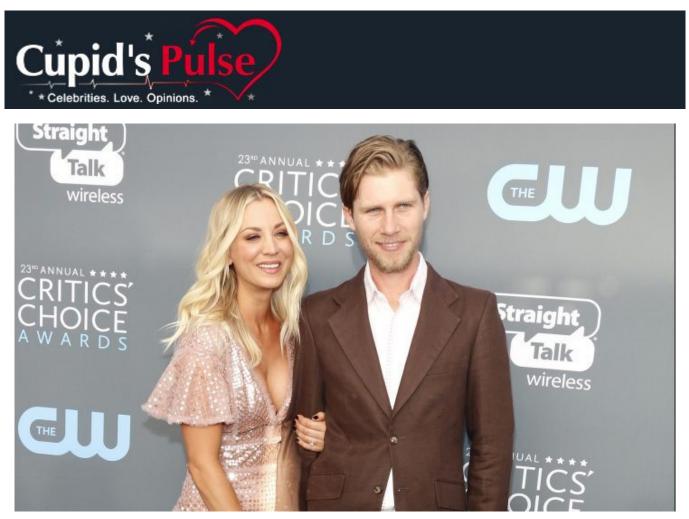
### Celebrity Couple News: Kaley Cuoco & Karl Cook Still Don't Live Together 1 Year Into Marriage



#### By Ashley Johnson

Kaley Cuoco and Karl Cook gained attention in the latest celebrity news by rejecting traditional marriage norms. According to UsMagazine.com, they are still living separately after an entire year of marriage. Their lives and celebrity style keep them traveling and working in different locations, and ultimately apart from each other. While the celebrity couple has a rather unconventional living arrangement, it proves to have been successful, and the stars say that having their own space has worked well for them and their relationship.

In celebrity couple news, Kaley Cuoco is taking "unconventional" to the next level. What are some ways living with your partner can change your relationship?

Cupid's Advice:

While Kaley Cuoco and Karl Cook may be living separately, for now, they eventually plan on moving into their dream house. which is currently in the works. Living together can be a whole new world and a big step for a relationship, but Cupid has some <u>relationship advice</u> on how to deal with the ways living with your partner can change your relationship:

1. No privacy: You are perhaps going from seeing your partner at least once a week to seeing them at least once a day. Cohabitation means you and your partner will be sharing multiple spaces together, whether it is the kitchen, bathroom, or bedroom. It is essential that you not only get comfortable sharing space and materials with your partner but also get comfortable sharing yourself with your partner. With a new lack of privacy, you and your partner will only learn more about each other and each other's most personal habits, for better or for worse. Of course, no privacy does not mean you cannot set some boundaries for each other if you need to... and that can easily be done through honest communication!

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2. New fights: A new living arrangement means new rules. While

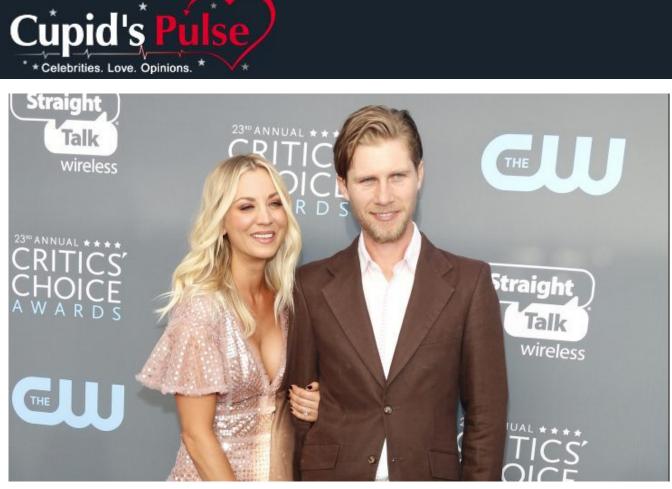
you may be used to living one way, that is certainly not the only way to live. You and your partner may have different cleaning habits, sleep habits, monetary habits, etc., and it can take some time to adjust to. It is unlikely you two are going to agree on every single thing, but you can learn to find common ground. Whether it is figuring out household chores or household finances, you are going to have to sit down with your partner to make a reasonable plan for both of your well-being.

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3. More intimacy: Going to bed every night with your partner and waking up every morning together can create an important bond. Living together means your partner is going to be your "go-to" person. If you need a hug or just someone to sit and listen to a problem you are having, your partner is probably the first person you will run to. Whether it is through physical comfort or intimate conversations with each other throughout the day, you and your partner are definitely going to feel a whole lot closer to each other.

Can you think of any other ways living with your partner can change your relationship? Let us know in the comments below!

### New Celebrity Couple: Tarek El Moussa Confirms Heather Rae Young Is His Girlfriend



#### By <u>Mara Miller</u>

In the latest <u>celebrity news</u>, we have a new <u>celebrity couple</u> to announce! According to EOnline.com, Tarek El Moussa confirmed that Heather Rae Young from Selling Sunset is his girlfriend. Moussa and Young sparked romance rumors back in July after they were spotted kissing on a yacht in a marina in Redondo Beach, California. Moussa said this about Young: "She's amazing. She does such a great job, she did Selling Sunset, and that show was incredible. So, I really admire her work ethic and her heart. It's been a long time since I've started falling in love...I've been on my own for close to three and a half years now and to finally find someone again, it's a really big deal for me, because a few months ago if you would have asked me, I would say 'I'm gonna be on my own forever and I'm happy being alone,' and you know what, I realize what I was missing now." Young recently met Moussa's two children, but has yet to meet his <u>celebrity ex</u>, Christina Anstead.

### This celebrity couple is coming into the public eye after much speculation. What are some ways to know when it's time to bring your relationship public?

#### Cupid's Advice:

It can be hard to decide when you make your relationship public, especially if you and your new partner are private and want to enjoy your new love together. But, eventually, it will need to happen! Cupid has some ideas on how to know when to make your relationship public:

1. You don't mind them meeting your family: You know it's time to bring your relationship public when you're okay with your new partner meeting your parents, siblings, or even your kids (if you have them), and you've met their family.

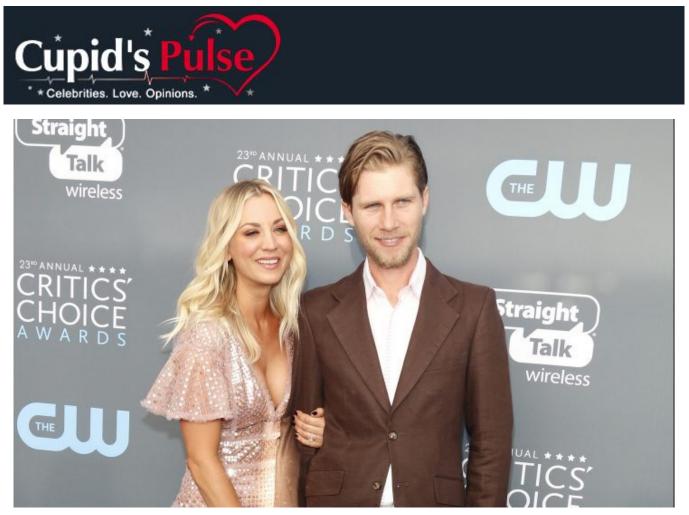
**Related Link:** <u>Celebrity Break-Up: 'Flip or Flop' Star</u> <u>Christina El Moussa Officially Files for Divorce from Tarek</u>

2. You don't want to date anyone else: You know you're ready to make your relationship public when you delete the dating apps and delete the numbers of other potential partners because it feels like you're cheating otherwise.

Related Link: <u>How to Move On After Heartbreak</u>

3. You're leaving your stuff at each other's house/apartment: You know you're serious about each other when you start leaving clothing or other important items at each other's respective homes. In fact, it may seem like one of you are moving in on the other, but you just need to ask to make it official! What are some other ways to know when to make your relationship official? Let us know in the comments below!

### Celebrity News: 'BiP' Star Blake Horstmann Releases Texts with Caelynn Miller-Keyes After Intimate Night



By Ashley Johnson

Bachelor in Paradise star Blake Horstmann has proven that he is not afraid to share the most intimate details of his

romantic life with the world. According to UsMagazine.com, just a few days ago, the reality TV star revealed scandalous text messages sent from Caelynn Miller-Keyes on his Instagram story and has gotten backlash ever since.

In celebrity news, things are being clarified after the drama with Blake and Caelynn was shown on the first episode of *Bachelor in Paradise.* What are some reasons to keep your intimate life private?

Cupid's Advice:

Not everyone has the luxury of keeping their relationships private (especially <u>celebrity couples</u>), but if you do have the choice, Cupid has some <u>relationship advice</u> on reasons to keep your intimate life private, unlike Blake Horstmann and Caelynn Miller-Keyes:

1. Too many opinions: Everyone is going to have an opinion about your relationship whether you like it or not. A lot of those opinions will be unsolicited and can be detrimental to your relationship if you dwell on them. However many opinions people may share on the Internet or social media, no one will ever know the facts of the relationship simply because they are not in it, only you and your partner are.

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2. Social pressure: Social media allows you to share the version of yourself you want to share with the public, and never all versions of yourself. This being said, your followers and subscribers only see one version of your

relationship with your partner, which can put pressure on you to only show the best parts of your relationship rather than the worst. Having to live up to a certain standard for your relationship can be exhausting and strain your relationship if you start doing more things to *look* happy in your relationship and less things to *be* happy in your relationship. It's more important to be present in your relationship rather than get lost in your relationship's social media presence.

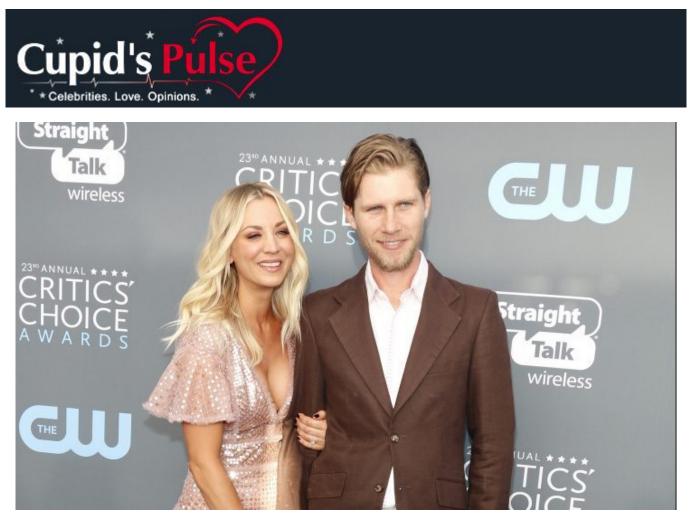
**Related Link:** <u>Celebrity Couple News: Scott Disick Is 'Really</u> <u>Happy' Kylie Jenner Is Close to Girlfriend Sofia Richie</u>

**3. Safety:** By making your relationship public, you could be letting in the wrong people. Hollywood relationships are often subject to aggressive paparazzi and stalkers. While you may not necessarily be swarmed by paparazzi everyday, you are still subject to others having too many intimate details about your relationship. This includes jealous exes, or other people who may not wish the best for you and your partner. When the wrong people know the whereabouts of you and your partner at all times, it only gives them the opportunity to troll you, making you feel the opposite of secure in your relationship, and at times unsafe.

Can you think of any other reasons to keep your intimate life private? Let us know in the comments below!

### Celebrity News: Kendall Jenner & A\$AP Rocky Attend

### Sunday Service After He's Released from Prison



By Ashley Johnson

In <u>celebrity news</u>, upon his return to the U.S. on Saturday morning, August 3, A\$AP Rocky was photographed exiting his private jet and wearing a big smile (and of course, his classic designer babushka in true <u>celebrity style</u>). According to UsMagazine.com, the rapper had spent one month behind Swedish bars before being released Friday, August 2. Just two days later, he was filmed wearing the same smile, as he chatted it up with former flame and <u>reality TV</u> star Kendall Jenner while attending Kanye West's weekly Sunday Service.

### In celebrity news, Kendall Jenner and A\$AP Rocky wasted no time getting together after he was released from prison. What are some ways to support your partner after a traumatic event?

#### Cupid's Advice:

While the celebrity exes spent no time getting reacquainted with each other after Rocky's release from prison, Cupid has some advice on how to navigate a relationship and support your partner after a traumatic event:

1. Be communicative with each other: Communication is important, especially if the one you love has been gone for months. In order to rebuild the relationship and understand parts of your partner's experience you may not be all that familiar with, having open and honest conversations is helpful. Most of the time, survivors of trauma have a lot on their mind and just need someone to talk to in a safe space without judgment.

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2. Comfort your partner: Sometimes when words fail, physical touch can do wonders. Whether you comfort your partner by kissing them on the forehead or tightly embracing them, you are providing a safe and supportive environment for them. Words are not always enough, but just your presence can be appreciated and let your partner know that you are there for them.

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Wife Julianne Hough For Saying She's Not 'Straight'

3. Understand triggers: Depending on the trauma, survivors may have a list of triggers, including loud noises, dark places, and confined spaces. Triggers can suddenly recreate trauma for your partner and make them relive an experience they would rather not relive. By knowing your partner's triggers you can help make them feel safe and avoid exposure to their certain triggers.

Can you think of any more ways to support your partner after a traumatic event? Let us know in the comments below!

Celebrity News: Hannah Brown's 'Bachelorette' Runner-Up Goes On Date with Gigi Hadid Days After Spending Night with Hannah





By Ashley Johnson

In each and every season of *The Bachelorette*, former bachelors and bachelorettes alike (along with a few athletes) inevitably make their highly anticipated return to the show to drop some relationship truth. Whether it's Ben Higgins having a one- onone with Colton Underwood or Hannah Brown sitting court-side with Jaylen Brown, the singles are coached on "finding the one" and what to look for in a significant other. However, this is no simple task and may include a lot of casual dating before getting serious with anybody and making that commitment. According to *UsMagazine.com*, on Sunday, August 4, in <u>celebrity news</u>, Tyler Cameron and Gigi Hadid were spotted together on what appeared to be their first <u>date night</u> ever in NYC, just two days after *The Bachelorette* runner-up was seen leaving Hannah Brown's apartment in L.A.

## In celebrity news, Tyler Cameron isn't committed to Hannah and is

## dating around. What are some things to be careful about when you're dating around?

#### Cupid's Advice:

While Tyler seems to have been getting cozy with more than one woman (Gigi Hadid being one of them) and seems to be living a true *bachelor* life outside of reality TV, Cupid has some dating advice on how to date around like the model himself and other single celebrities:

1. Be transparent: Being transparent means being truthful and being clear about your intentions. Sometimes being honest with people can be difficult, but you are not going to get what you want out of any relationship by hiding your true feelings. Relationships only work when the people involved are on the same page and have both of their wants and needs met.

Related Link: <u>Celebrity News: 'Bachelorette' Hannah Brown</u> <u>Speaks Out About Jed After Finale</u>

2. Have patience: As we know from many years of *The Bachelor* and *Bachelorette*, you do not just fall in love on the first date (or maybe you do), and dating is a process. It is highly unlikely you are going to commit to one person after just one date, and you may find yourself going on numerous dates with numerous people until you find what you are looking for, and that is okay. You just have to be patient!

Related Link: <u>New Celebrity Couple Shawn Mendes & Camila</u> <u>Cabello Kiss in Miami</u>

**3. Take the time to discover yourself:** Use the opportunity of getting to know various new people to also get to know more about yourself. By intimately being exposed to all different personalities and behaviors, you are going to find some that

you absolutely love, and others that you absolutely cannot stand. Dating different people only reaffirms your own wants and needs, and helps you figure out what you want more of (or less of) in life.

Can you think of any more ways to be careful when dating around? Let us know in the comments below!

### Celebrity News: Tyler Cameron Addresses Future with 'Bachelorette' Hannah Brown





#### By Mara Miller

Tyler Cameron addressed his future with *Bachelorette* Hannah Brown after she asked him out during the show's two-part season finale, according to *UsMagazine.com* in <u>celebrity news</u>. Does this mean there's a possible celebrity couple on the horizon? On Tuesday, July 30, Brown opted to make a "bold gesture" when she suggested the pair "go for a drink" on Nick Viall's "Viall Files" podcast. Cameron responded that he would love to and he wants to take things slow.

In celebrity news, Tyler is looking to take things with Hannah "one day at a time." What are some ways to take things slowly in your relationship?

#### Cupid's Advice:

Amidst speculation that Tyler Cameron may be the next lead man for *The Bachelor*, things may change if he keeps things going with Hannah Brown. We hope the best for these two! Cupid has some advice on how to take things slowly like Hannah and Tyler:

1. Have self-discipline: Taking things slow means you're allowed to step back and think about your dating situation before you commit to anything. Don't rush into bed, living together, or constantly text each other because you're worried your potential partner will lose interest. Be sure to keep your head on straight before listening to your heart.

Related Link: <u>New Celebrity Couple? 'Bachelorette' Hannah</u> Brown Gushes Over Tyler Cameron After Finale 2. Be honest with each other: Honesty truly is the best policy, so be honest with your partner about why you want to take things slow. Maybe you want to get to know them better or you've been burned by an ex in the past, so you want to be ready you can go all-in before you take your relationship further.

**Related Link:** <u>Celebrity News: 'Bachelorette' Hannah Brown</u> <u>Releases Intimate Details in Front of Peter's Mom!</u>

**3. Longer lasting relationship:** Taking things slowly with each other will mean your relationship has the potential to last much longer than those moving their relationship much faster. You'll have time to build a solid foundation and partnership so you can work together as a team in your relationship and that means it could last for the rest of your lives together.

Can you think of any more reasons to take it slow with your partner? Let us know in the comments below!

### New Celebrity Couple Shawn Mendes & Camila Cabello Kiss in Miami





#### By Katie Sotack

It looks like love is on the horizon for major PDA participants and new <u>celebrity couple</u>, Camila Cabello and Shawn Mendes. According to *UsMagazine.com*, the two were spotted locking lips on the beach in Cabello's hometown, Miami. The "Senorita" singers have been rumored to be dating since early July, though Mendes feverishly denied the rumor. The pair have been good friends since their 2015 duet, "I Know What You Did Last Summer," and are still publicly stating such friendship after their respective breakups with model, Hailey Bieber and relationship expert, Matthew Hussey. However, since the denial, the two have been seen at numerous dinners and concerts, cuddled up to each other. Could a relationship announcement be next?

### In <u>celebrity couple news</u>, Shawn and Camila got hot and heavy in a pool

# in Miami. What are some ways to show your affection for your partner in public?

#### Cupid's Advice:

Whether you take it nice and slow or get hot and heavy, on occasion we all get swept up in PDA. There's a style for all of us, be it hand holding to a hardcore make-out session. These are the ways to declare your partner yours in public:

1. Cuddle up: In order to bring in new customer, movie theaters have brought the experiences of home to movie goers. This comes with nifty new reclining seats whose arm rests lift up. This gives you free rein to enjoy snuggling up to your partner while watching the newest flick. Plus the dark area of a movie theater will have your PDA flying total under the radar. Of course, if your more brazen you can take a tip out of Camila and Shawn's playbook and cuddled up while sharing food at a restaurant.

**Related Link:** <u>Celebrity News: Camila Cabello Opens Up About</u> <u>Anxiety Struggles</u>

2. Hand holding: Vastly underrated and criticized for the potential of sweating palms, holding hand is the perfect amount of PDA. The tiny physical intimacy says to the world that you're in love, but your still your own person. It does so by connecting the partners, but not cutting them off from their surroundings like kissing would. Out of all forms of PDA, it's also the most likely to be tolerated by those around who are not very much in love with public affection.

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3. Forehead kissing: This simple intimacy is easy to get away

with in public. Soft lips on the forehead is very much an act of care which won't produce an eye roll. It's also a gentle reminder to your partner that you're there for them whenever they need you. Pair with cuddling or holding hand as aforementioned will add a new layer to PDA which is still publicly acceptable.

How do you show PDA? Share in the comments below!

### Celebrity News: Leonardo DiCaprio Gets Serious With Camila Morrone





#### By Bonnie Griffin

In <u>celebrity news</u>, Oscar-winning actor, <u>Leonardo DiCaprio</u>, and girlfriend Camila Morrone are getting serious. The <u>celebrity</u> <u>couple</u> spends a lot of time together both at DiCaprio's home and traveling together. According to *People.com*, the couple were first spotted together in January 2018 and have since been spotted together regularly around the world, and Morrone has met both of DiCaprio's parents.

In celebrity news, rumors are flying that Leo may be ready to settle down. What are some ways to know your relationship is getting serious?

Cupid's Advice:

We don't always expect a relationship to become serious when it first begins. Sometimes your relationship grows into something more mature and long-lasting than you expected in the beginning. Cupid has some advice ways to know your relationship is getting serious:

1. You spend a lot of time together: When you begin spending a majority of your free time with your partner it's a good sign things are getting serious. You think about them often, and when you're not together you may find yourself missing them or wanting to see them. You make each other happy and truly enjoy each other's company.

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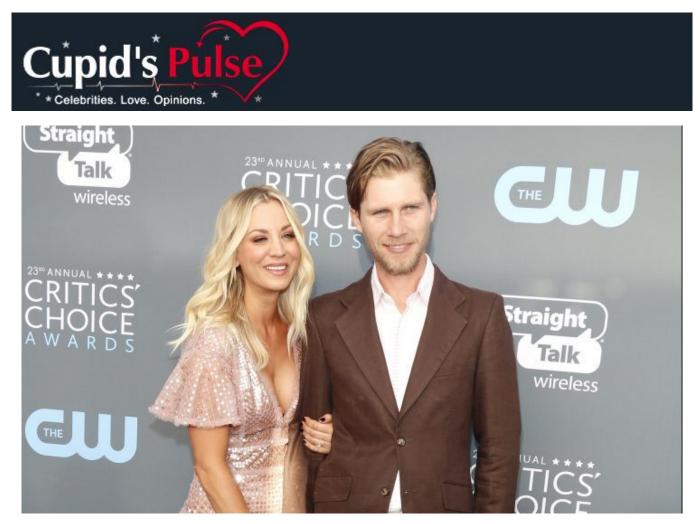
2. You've met each other's family: You will know that your relationship is getting serious when you and your partner meet each other's family. Even just knowing that you want to introduce your partner to your parents and/or family is a sign things are growing between you and becoming serious. Introducing them to your family means you've accepted them as an important part of your life and you want your family to know them as someone you care about.

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**3. You want to be a part of their success:** You know things are growing serious when your partner's successes become something you want to celebrate like you would your own. You are genuinely happy for them, even in their small, everyday successes, and you only want the best for them in their future.

What are some ways you know your relationship is getting serious? Let us know your thoughts in the comments below.

### Celebrity News: Cardi B Gets New Tattoo of Husband Offset's Name



#### By Emily Green

In the latest <u>celebrity news</u>, Cardi B got a tattoo of her huband Offset's name on the back of her thigh, according to *People.com.* This <u>celebrity couple</u> was married in 2017, and share a one year old daughter together. Cardi's tattoo was shown to express her love for her husband, as Offset has a tattoo of her name on his neck. In celebrity news, Cardi B is showing her love for her husband by getting a tattoo of his name. What are some other ways to show your love and dedication for your partner?

#### Cupid's Advice:

Expressing your love and dedication for your partner is something that people should try to always show your partner, even if they know you love them unconditionally. Here are some of Cupid's favorite ways to show your love and dedication for your partner:

1. Surprise gifts: No one should know your partner better than you. Think about what they love, and what they do on a daily basis. Do they have a hobby they really enjoy? Surprise them with tickets to a game of their favorite sport's team, a book they enjoy, etc. Anything that shows you know and care about them will make their day!

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2. Words of affirmation: Everyone loves to hear how much someone loves or appreciates them. Take the time each day to tell your partner different things you love or appreciate about them, even if you're both in a hurry. Just a few simple words can truly make someone's day better.

**Related Link:** Dating Advice: 5 Activities for a Fun and Fresh Date With Your SO

3. Love letters: We get it, some may find it sappy in theory,

but no one will ever say "ew" to a love letter! Love letters are creative ways to express your love to your partner- write it on paper by hand, and they will be able to feel every ounce of love you put into your words.

What are some other ways to express your love and dedication to your partner? Let us know in the comments below!

### Celebrity News: 'Teen Mom OG' Star Amber Portwood Is 'Learning More' About BF Amid Cheating Post





#### By Emily Green

In the latest <u>celebrity news</u>, 'Teen Mom OG' star Amber Portwood is learning more about her boyfriend Andrew Glennon after a fight between the two that lead to Portwood's arrest on July 5, according to UsMagazine.com. This <u>celebrity couple</u> has been together since 2017, and share a fourteen-month-old son. Since the fight, Portwood has posted cryptic messages on her Instagram which have now been deleted, one of which said, "Cheating is a choice, not a mistake."

In celebrity news, Amber Portwood is resorting to cryptic social media posts to voice cheating accusations. What are some things to avoid on social media to save your relationship? Social media is a double-edged sword—many love to use it to share what's been going on in their lives, but it also opens a door for people to insert their opinions on everyone's lives. Here are some of Cupid's tips on what to avoid on social media to try and save your relationship:

1. Block words you don't want to see/hear: One nifty thing about social media is you can always filter out what words you don't want to hear. Blocking any words you know will make you upset, or put negative thoughts into your head, you can stay level-headed and think about your relationship and how you view it.

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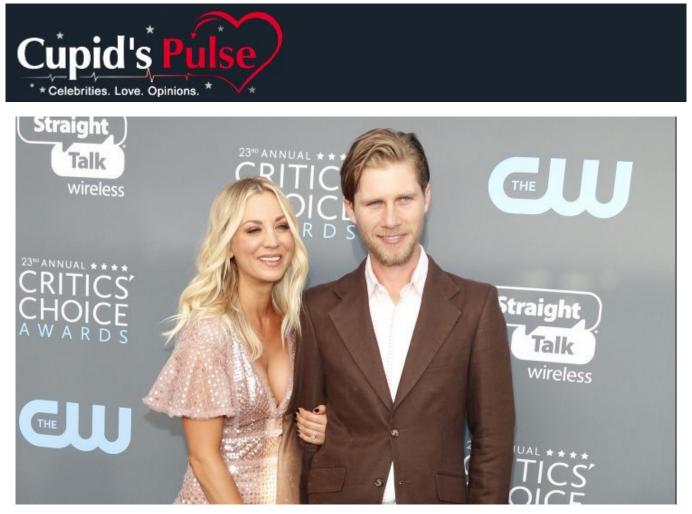
2. Stay out of your mentions: If your relationship is public, many people will try to comment their thoughts and opinions on your relationship, what your partner has done, what you have done, and so on. Don't pay attention to anyone that includes you in their messages because they don't know what your relationship is like. You are the only one who can really know how your relationship stands.

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3. Just stay off social media: Delete your apps on your phone for a bit, give yourself some room to breathe. By not posting anything about your relationship yourself, you won't send out that invitation for others to feed into any drama. You can relax and work out any issues with your significant other without people who aren't involved trying to give their two cents.

What are some other things to avoid on social media to save your relationship? Let us know in the comments below!

### Celebrity Couple News: Scott Disick Is 'Really Happy' Kylie Jenner Is Close to Girlfriend Sofia Richie



#### By <u>Katie Sotack</u>

Long time friends <u>Kylie Jenner</u> and Sofia Richie are on the mend, and no one is happier than Richie's boyfriend, <u>Scott</u> <u>Disick</u>. The inter-tangled friend/family history has made the relationships difficult to parse out from one another, but Disick is grateful to his baby mama's sister, Jenner, for

welcoming his girl back into the family. The celebrity friends were seen bikini clad and rejoicing on a tropical vacation to Turks and Caicos, reaffirming to the world that everything was a-ok between the two.

In <u>celebrity couple news</u>, Scott Disick enjoys having the support of Kylie Jenner when it comes to his relationship. What are some ways to support your ex's new relationship?

Cupid's Advice:

With all the complicated feelings that even thinking about your ex brings, having them bring their next S.O. into the family is tricky to say the least. Jenner is supporting Disick and Richie's relationship like a mature and respectful ally. Here are relationship tips to root for your ex's new love:

1. Keep your distance: You see your ex repeating similar patterns, you don't think their new lover is treating them right, etc. It's so tempting to pinch the lovebirds on the shoulder and straighten them out. *Don't do it*. When you get the temptation to meddle, take a deep breath and walk away. By commenting on their current situation, you are adding your baggage with ex-bae to their new love. It's better to keep your distance here.

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2. Accept their new partner: Possibly the biggest thing you can do to support their relationship is accepting their new partner. It doesn't have to be as a close confidant, though friendship is a great way to start this process. Welcome the

partner into your family space and accept them as a potential life long member.

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3. Show social media support: If your friends and family can see you liking and commenting on your ex's new relationship status, they're more likely to show support as well. If you're acting bitter, it's only natural they'd want to have your back and criticize the couple. Be the bigger person and show no negative will toward your ex.

How do you support your ex's new relationship? Share in the comments below!

### Celebrity Couple News: Duchess Meghan Comments On Her Relationship with Prince Harry to Pharrell





#### By Bonnie Griffin

In the latest <u>celebrity couple news</u>, Duchess <u>Meghan Markle</u> opened up to singer, Pharell, about the difficulties of having her relationship always in the spotlight. According to UsMagazine.com, Meghan said "They don't make it easy," seemingly referring to the constant public scrutiny her and Prince Harry's relationship is always under. Every relationship has its own complicated parts, and this <u>celebrity</u> <u>couple</u> clearly states that having all of your personal life on display for the world to talk about isn't easy.

In celebrity couple news, Duchess Meghan was honest about having a relationship in the spotlight. What are some ways to handle scrutiny of your relationship?

Cupid's Advice:

Whether your relationship is constantly in the public eye like the Duchess and Prince, or you find your family and friends nitpicking your every move, it's no fun being scrutinized by others. Cupid has some advice on how to handle the scrutiny of your relationship:

1. Ignore it: The number one thing to do is just ignore what others have to say about your relationship. If they are not a part of your relationship, then their scrutiny does not have to hold any bearing on how you and your partner feel for each other.

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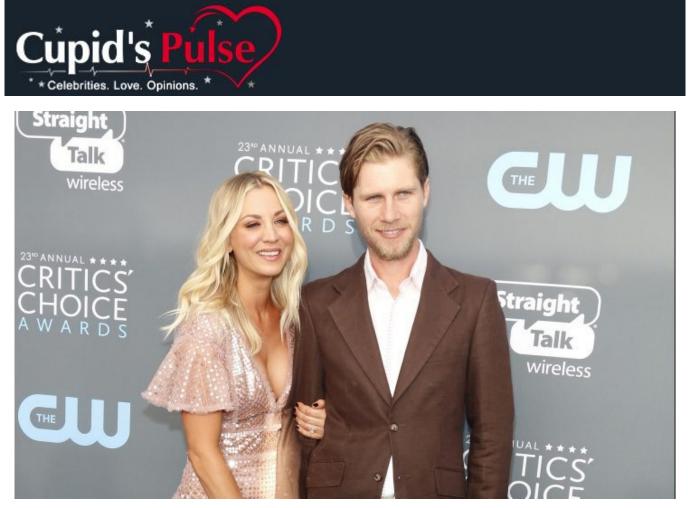
2. Openly communicate with your partner: What is most important is that you and your partner are openly communicating with one another. If others are trying to drag your relationship down, or are saying hurtful things, then it is important that the two of you are open with each other and share your feelings about the situation. You don't want to take out your frustration with others on your partner.

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**3. Stand up for each other:** It's important that you and your partner stand up for each other. It is a sign you love and respect each other that you stand together in the face of scrutiny and don't allow others to disrespect your partner.

What are some ways you might stand up to scrutiny against your relationship? Let us know your thoughts in the comments below.

### Celebrity Marriage: Find Out More About Miley Cyrus' Marriage to Liam Hemsworth



#### By Bonnie Griffin

In <u>celebrity news</u>, <u>Miley Cyrus</u> opens up to <u>Elle</u> magazine about her marriage to Liam Hemsworth. After nearly a decade of dating, the <u>celebrity couple</u> was married last December. According to <u>UsMagazine.com</u>, Cyrus told <u>Elle</u> that her "relationship is unique." Cyrus prefers the use of the term "partners" when she describes her marriage to Hemsworth instead of the common "husband" and "wife" references because their marriage is new and complex, and far from the norm.

### This celebrity marriage is anything, but typical just like Miley. What are some ways remain unique inside your own marriage?

#### Cupid's Advice:

Miley Cyrus admits to still loving to dress and be sexual even as a married woman, although she does not care about the attention of other men at all. Being married does not mean that you have to lose what makes you your own person. Cupid has some tips for remaining your unique self after marriage:

1. Recognize your own emotions: You need to learn to establish a sense of self to feel whole, something that is key in a romantic relationship. Sometimes it can get easy to get caught up in your partner's emotions and they can muddy your own. Some good ways to do this include daily meditation or taking time to calmly breathe for a few minutes every day and just focus on yourself.

**Related Link:** <u>Celebrity Wedding: Get All The Details On Jax</u> <u>Taylor & Brittany Cartwright's Upcoming Nuptials</u>

2. Take time to yourself: Being in a relationship doesn't mean all your time has to be spent together. You had a life before your partner and friends and hobbies. Take time out every month or couple of weeks to go out on your own with your friends and enjoy life.

**Related Link:** <u>Celebrity Wedding: Karlie Kloss & Joshua Kusher</u> <u>Celebrate Marriage with Star-Studded Party</u>

**3. Be independent, not co-dependent:** A relationship won't be truly fulfilling if you put all of the weight of your happiness on your partner's shoulders. When you are

comfortable being independent in your relationship then you are happy when you're with your partner, but you're also able to be happy on your own.

What are some ways you stay true to your unique identity in a relationship? Let us know your thoughts in the comments below.

### Celebrity News: Rachel Lindsay Says She's Surprised 'Bachelorette' Hannah Brown was 'So Bold' About Sex





#### By Mara Miller

In the latest <u>celebrity news</u>, Rachel Lindsay said she's surprised *Bachelorette* Hannah Brown was "so bold" about sex after she admitted she slept with a contestant in a windmill on a <u>celebrity date</u>, according to *UsMagazine.com*. "I'm gonna assume that they're alluding to what happened in the fantasy suite. I mean, I was surprised she was so bold and forthcoming with it," Lindsay told Micheal Strahan and guest co-host KeKe Palmer on ABC'S *Strahan and Sarah* on Tuesday, July 9. "But I mean, she owns it, so more power to her."

In celebrity news, Rachel Lindsay is surprised that Hannah Brown was so bold and open about having sex on *The Bachelorette*. What are some positives to being open about intimacy?

#### Cupid's Advice:

There are some benefits to being open about intimacy with someone who has the potential to become your partner. Here are Cupid's tips on positives to being open about intimacy:

1. Earn respect: Whether you're being open about honesty to earn respect or because you want to gauge how much your potential partner will respect your views on intimacy, being open about your sex life can tell you a lot about someone by the way they react to the conversation. This can be the difference between finding your life partner or just another online date who will ghost you in after a few dates because you wouldn't sleep with them. **Related Link:** <u>Celebrity News: Jed's Mom Tells Hannah He's Not</u> <u>Ready to Get Engaged On 'The Bachelorette'</u>

2. Get what you want: Being open about intimacy will ensure your partner or potential partner know what you expect. You need to have a conversation before you're intimate with them. What do you do if birth control fails? What if they want to do something weird you *don't* want to try in bed? Are you worried about sexually transmitted infections? Would it make you feel better if you're both tested before you take the next step to play it on the safe side? The only way you will be able to communicate any of this is to be open about intimacy.

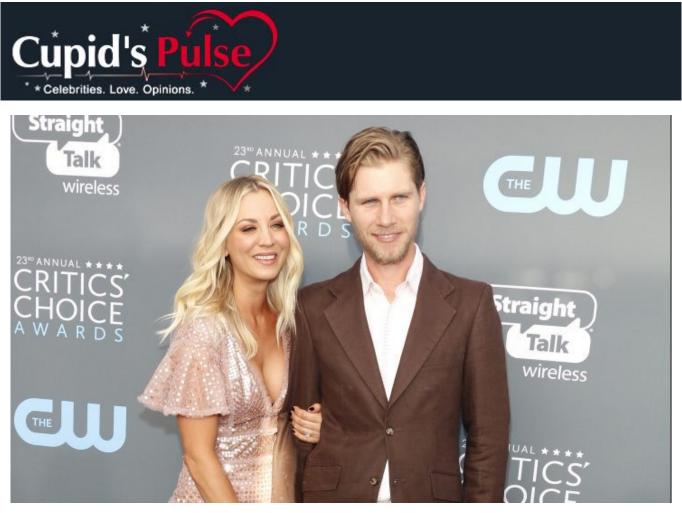
**Related Link:** <u>Celebrity News: 'Bachelorette' Hannah Brown</u> <u>Admits to Intimate Relations in a Windmill</u>

**3 Self-confidence:** Confidence is sexy. Just don't confuse it with being cocky, which can bring an opposite reaction than what you might expect when you're confident. Being open about sex will give you a sense of confidence you haven't experienced before. You know you're sexy and you know what you want from your partner. Don't dance around the subject: own it.

Are there any other positives to being open about intimacy we missed? Let us know in the comments below!

### Celebrity Couple News: Hailey Baldwin Marks 1-Year

# Anniversary of Justin Bieber Proposal



By <u>Katie Sotack</u>

Hailey Baldwin recently marked the anniversary of <u>Justin</u> <u>Bieber</u>'s proposal with a sweet Instagram post. According to *UsMagazine.com*, Baldwin used a photo of the <u>celebrity couple</u> in the desert to announce the one year mark. Her caption included her love for Bieber, saying, "Life gets more beautiful everyday because of you, my heart belongs to you forever". The post sparked other celebrities' interests with Shanina Shaik commenting how the pair was meant to be. In celebrity couple news, Hailey is feeling nostalgic, as a year has gone by since Justin proposed to her. What are some ways to mark momentous occasions with your partner?

### Cupid's Advice:

Celebrating the big days with your partner makes the relationship all the sweeter. Hailey did so by posting on Instagram for her and Bieber's special day. Here are other ways to mark the moment with your S.O.:

1. Go on a romantic getaway: A great way to celebrate your anniversary is sneaking off on a vacation together. It'll give you time to focus on each other and relight the spark of your romantic interest without everyday life interfering.

**Related Link:** <u>Celebrity Couple News: Shawn Mendes' Mom Teases</u> <u>Camila Cabello Dating Rumors</u>

2. Plan a special date: Take an aspect for your treasured past and recapture it on a special date. If they proposed on a backpacking trip, go on a romantic hike near home to reminisce. Relive the magic of your first meeting, first kiss, or wedding by recreating a scaled down moment.

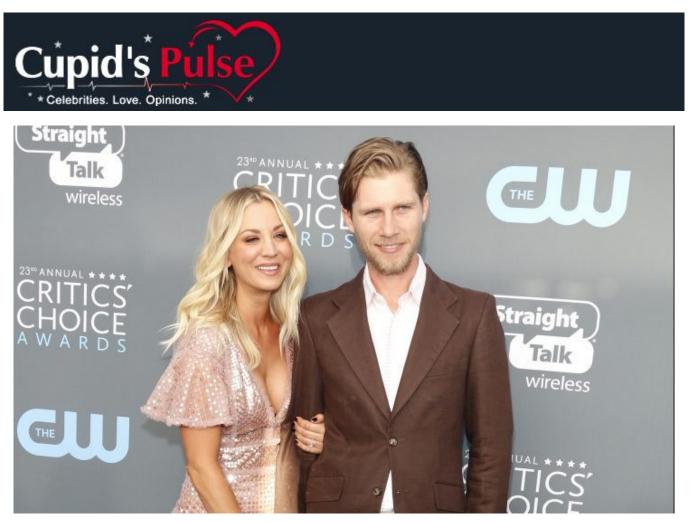
**Related Link:** <u>Celebrity Couple News: Demi Lovato & Logan</u> <u>Henderson Aren't Dating, Despite Fan Speculation</u>

**3. Spend the day together:** Sometimes the best way to celebrate love is by enjoying everyday life together. Spend the day running errands and doing what needs to be done, but do it together. The quality time will be good of your relationship

and you'll have fun just doing the little things with your best friend.

How do you mark romantic dates with your S.O.? Share in the comments below!

# Celebrity News: Ed Sheeran Breaks Silence on Taylor Swift's Scooter Braun Drama



By Bonnie Griffin

In the latest <u>celebrity news</u>, Grammy winner <u>Ed Sheeran</u> finally

broke his silence on the drama between <u>Taylor Swift</u> and Scooter Braun. Sheeran, a known friend of Swift, had been receiving backlash from fans online for not openly sharing his support of Swift after the singer/songwriter called out Braun for buying out her master lists when he purchased Big Machine Lable Group. According to *UsMagazine.com*, Sheeran finally opened up on Instagram responding to one fan's comment saying, "I have been speaking directly to her, like I always do." Sheeran may not have openly gone to the internet to say he was taking Swift's side, but he made it clear he's been there for her in person and that is what's important in a friendship.

In celebrity news, Ed Sheeran finally spoke out about the drama happening between Taylor Swift and Scooter Braun. What are some ways to support your partner through dramatic situations?

### Cupid's Advice:

No matter how hard we try, life sometimes comes with drama. When that happens, we need our friends and our partner to be by our side, be a shoulder for us to lean on. Sometimes it can be hard to know the best way to support the people we care about when they are upset and drama is surrounding them. Cupid has some advice to support your partner when drama comes their way:

1. Listen: Sometimes when drama comes into your partner's life they just need someone who is willing to listen. Maybe they need to vent to get out their frustrations, or they need to cry on someone's shoulder. Whatever they need to say, or how they need to get their frustration off their chest just listen and let them vent. In the end, just listening can be the thing they needed most.

**Related Link:** <u>Celebrity News: Luke P. Loses His Temper with</u> <u>Garrett on 'The Bachelorette'</u>

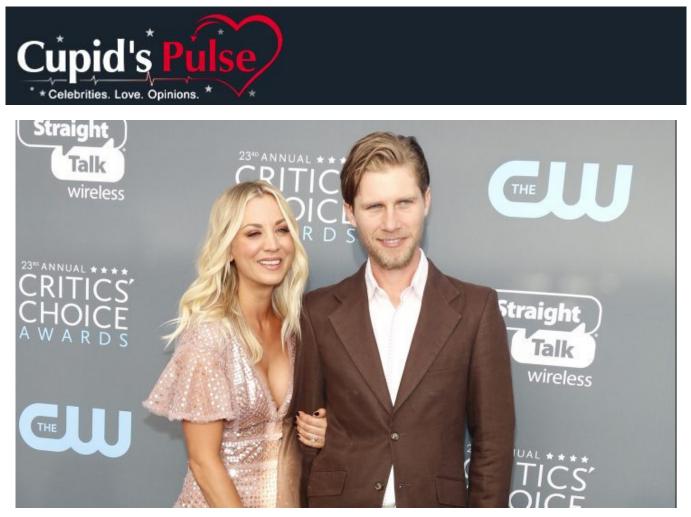
2. Support them, but don't add to the drama: The hardest thing to do can often be to do little or nothing at all. Instinctively you might want to jump in the middle and protect your partner from those lashing out at them, but it's important to think before you dive into the fold. Often times, if ignored, the people bringing the drama will get tired and move on, so jumping in can cause the drama to escalate and make a stressful situation worse for your partner and yourself.

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3. Talk to your partner: Before you jump in to defend them, talk to your partner and ask them what they need from you. How can you help? They may want you to defend them, or they may want you to whisk them away and take their minds off the drama that has them upset.

What are some ways you would help your partner when they are pulled into drama? Let us know your thoughts in the comments below.

# Celebrity Couple News: Shawn Mendes' Mom Teases Camila Cabello Dating Rumors



### By <u>Katie Sotack</u>

Camila Cabello and Shawn Mendes are burning up the summer playlist with their new song "Senorita" and, according to Mendes' mom, Karen, the song's not the only thing heating up. USMagazine.com reports Karen dropping hints of a <u>celebrity</u> <u>couple</u> romance on Cabello's Instagram post of the new "Senorita" music video. In <u>celebrity news</u>, the comments of pink heart and couple in love emojis sent fans spiraling with rumors about the steamy screen partners. Cabello and Mendes have been friends for years, however, and there's no confirmation about anything more from the two.

## In celebrity couple news, rumors are swirling that Shawn Mendes is dating Camila Cabello. What are some ways to keep rumors in check when it comes to your relationship?

### Cupid's Advice:

Once news of a relationship hits the rumor mill, it'll keep spinning out of control. While you'll never eliminate gossip there are a few steps you can take to diminish it's power:

1. Present a strong front: Make sure you and your partner are on the same page regarding your public relationship. Talk with you partner about the ins and outs of PDA, social media, and what can be said when. It's a delicate balance of respecting each other's boundaries and standing united.

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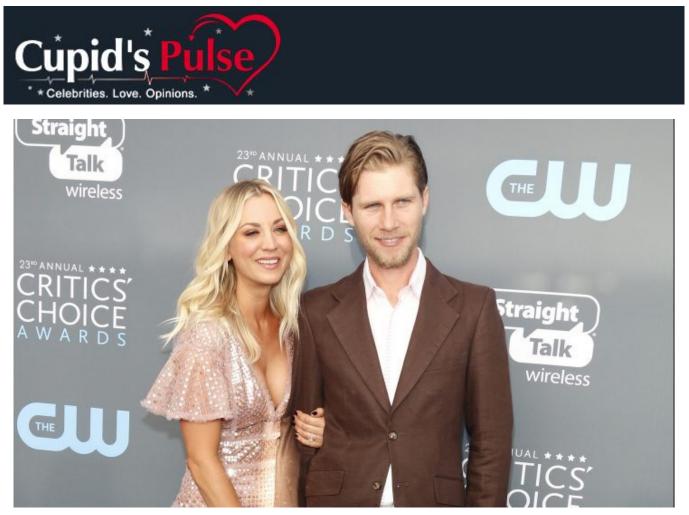
2. Be honest: The strongest defense from rumors is authenticity. When you're coming from a genuine place it's much harder to misread the signals and twist your words into rumors.

**Related Link:** <u>Celebrity News: How Prince William and Duchess</u> Kate Bounced Back After Rumors He Had an Affair

**3. Keep your relationship low-key:** This may not be for everyone. Even I'm not immune to a good Instagram post celebrating inner aspects of my life. Yet the easiest way to avoid rumors is to not be in the public eye. If you keep your relationship in real life with people who know you, the rumors will likely die out.

Have rumors hijacked your relationship? Share in the comments below!

# Celebrity Couple News: Demi Lovato & Logan Henderson Aren't Dating, Despite Fan Speculation



### By Bonnie Griffin

In the latest <u>celebrity couple news</u>, fans have been speculating that <u>Demi Lovato</u> and Logan Henderson were dating,

but sources confirm they are not an item. After a recent gettogether to watch the latest episode of *The Bachelorette* was documented on Instagram by the stars, fans speculation they were dating soared. According to *UsMagazine.com*, the "duo's past alleged romantic association – led fans to draw conclusions about Lovato and Henderson dating."

## In celebrity couple news, not all fan speculation is accurate. What are some ways to keep untruths about your relationship from affecting your life?

### Cupid's Advice:

Whether you're in a relationship or not, sometimes you may run into rumors and untruths in regards to your relationship status. It is important not to let these untruths set you on a negative pate. Cupid has some advice on keeping untruths about your relationship from affecting your life:

1. Set the record straight: Start with the simplest option. If you're hearing rumors about your relationship, then simply counter with the truth. If you and your partner or alleged partner want to keep the untruths from spreading, let everyone know the truth.

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2. Trust your partner: If you're in a relationship and people are spreading lies you need to have trust in your partner to keep the untruths from affecting your lives together. Trust requires open communication, so talk to your partner. Share what you've heard, and be open to believing what they say instead of letting outside sources influence your life.

**Related Link:** <u>Celebrity News: Are Khloe Kardashian & French</u> <u>Montana Getting Back Together?</u>

3. When all else fails, ignore the rumors: People like to talk and sometimes that will lead to untruths and rumors starting about your relationship. You can argue with people, tell them it's all lies, or you can choose to ignore them and live your life. Ultimately you are in charge of your happiness, so choose to ignore the untruths people are saying and live your best life.

What are some ways you face untruths being shared about your relationship? Let us know your thoughts in the comments below.

# Celebrity News: Barack & Michelle Obama Double Date With George & Amal Clooney in Italy





### By Katie Sotack

Former President Barack Obama and wife Michelle were seen out with married <u>celebrity couple</u> George and Amal Clooney. According to *UsMagazine.com* the couples spent the day on Clooney's boat, which seemed to be headed toward the Clooney's villa on the coast of northern Italy. The couples go way back, as George even hosted a \$40,000 plate fundraiser for Barack in 2012.

In celebrity news, the former President and First Lady went on a double date with actor George Clooney and wife Amal. What are some benefits to double dates?

### Cupid's Advice:

Even presidents and celebrities need double dates to spice things up. Here are the benefits to having couples friends:

1. They're in the same place: Most couples face an array of similar problems. "He never picks up his socks." "Same here!" By double dating your problems seem less about your relationship and therefore smaller in your mind. A couple going through the same thing will just get it, in a way your single friends may not.

Related Link: <u>Celebrity News: Tori Spelling Says It's 'Hard to</u> <u>Be Monogamous' Years After Dean McDermott's Affair</u>

2. It's reinvigorating: Chances are if you've been together a while, your partner's become somewhat predictable. Shake things up by introducing another couple to the mix. The social interaction will liven your relationship by bringing in topics you've never discussed and new ideas for you to share.

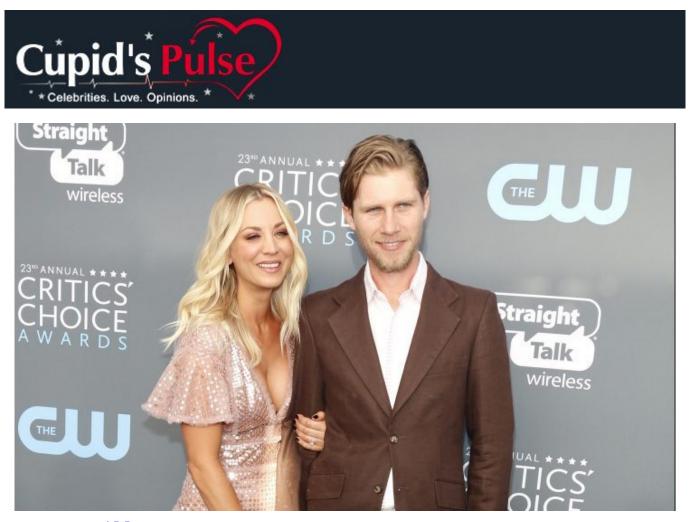
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**3. It's fun:** Frankly the biggest reason to double date is because it's fun. Forming relationships outside of romance is an important ingredient for a happy life. By double dating you and your partner can have fun and build relationships outside your union together.

What's your best double date story? Share in the comments below!

# Celebrity News: Tori Spelling Says It's 'Hard to Be

## Monogamous' Years After Dean McDermott's Affair



By <u>Mara Miller</u>

In <u>celebrity news</u>, Tori Spelling dished about her <u>celebrity</u> <u>marriage</u> with Dean McDermott, according to UsMagazine.com. Spelling spoke candidly about staying faithful for the five years after her husband had an affair. "The reality is that you're two people. I feel like humans, instinctively, it's really hard to be monogamous because you're always changing," Spelling said on McDermott's "Daddy Issues" podcast released on Monday, June 17. "And if you're not on the same page, you have to try to change again, and evolve and be on the same page."

## In celebrity news, Tori Spelling admits that being monogamous isn't easy. What are some ways to resist the temptation to cheat?

Cupid's Advice:

Spelling is right-humans find it difficult to stay monogamous because it is in our nature even though we may not want to admit it. It's normal to wonder *what-if*...but isn't worth the heartache that can follow a break-up or divorce because you cheated. Cupid has advice on ways to resist temptation and stay faithful to your partner:

1. Think about the consequences: You have to ask yourself if cheating is *worth* the heartache and drama that will follow if your spouse finds out. Do you want to risk ruining a solid relationship because you can't resist that cute coworker? To hurt your kids if your spouse can't forgive you when they find out?

**Related Link:** <u>Celebrity Couple News: Katherine Schwarzenegger</u> <u>Calls New Husband Chris Pratt a 'Wonderful Husband' on</u> <u>Father's Day</u>

2. Refocus on your relationship: Try putting lusty energy back into your relationship where it belongs rather than focusing on your crush. If you feel like the romance is dying down, talk to your partner about it. Even though it might hurt…think about being honest about your temptation to cheat. An openhonesty policy with your partner will help you work through tough times. Try dating again by experimenting with <u>date ideas</u> or picking up a new hobby together. You might be surprised by how much your love with your partner grows after you start putting aside more time to spend with them. **Related Link:** <u>Celebrity News: How Prince William and Duchess</u> Kate Bounced Back After Rumors He Had an Affair

**3. Take any developing crushes seriously:** We've all done it. A funny ha-ha, "I think that guy from high school is hotter than when we were teens." Today it's much easier to find someone you could have a connection with outside of work or your usual circle of friends. Social media affects 50% of relationships in a negative way. It's easy to hop into someone's DM's for a conversation that can lead to something else. When you start to realize this might be happening, it might be better to end communication so the temptation does not become something more if they ask you out for coffee.

What are some other ways to resist the temptation of cheating? Let us know in the comments below!

# Celebrity News: 'Bachelorette' Hannah Brown Considers Quitting the Show After Luke P. Fight





By Mara Miller

In the latest <u>celebrity news</u>, Hannah Brown considered quitting *The Bachelorette* in the most recent episode after an argument broke out between Luke P. and the other men. Spoiler alert! According to *UsMagazine.com*, Hannah broke up with Luke P. during their one-on-one date because giving him the rose didn't make sense to her, but she later reconsidered when Luke P. came back to her to argue his case. Later in the episode, Garrett decided to confront Luke about lying to Hannah about various guys in the house, and shouting ensued. Hannah had to step in twice to intervene, and she became frustrated. In the end, Hannah broke down in tears and ended the cocktail party early. This season of *The Bachelorette* is already wrought with drama, isn't it? Devin, Grant, and Keven were all sent home.

## In celebrity news, *Bachelorette* Hannah had a

## stressful night on last night's episode. What are some ways to remain positive in the face of drama?

Cupid's Advice:

Poor Hannah dealt with a lot of drama after the men broke into an argument. Cupid has advice on how to remain positive in the face of drama:

1. Don't react: The person who started the drama is seeking attention. The best thing you can do is to not give them a reaction. This can be difficult when you really want to give them a what-for over their behavior but it will keep the situation from becoming worse.

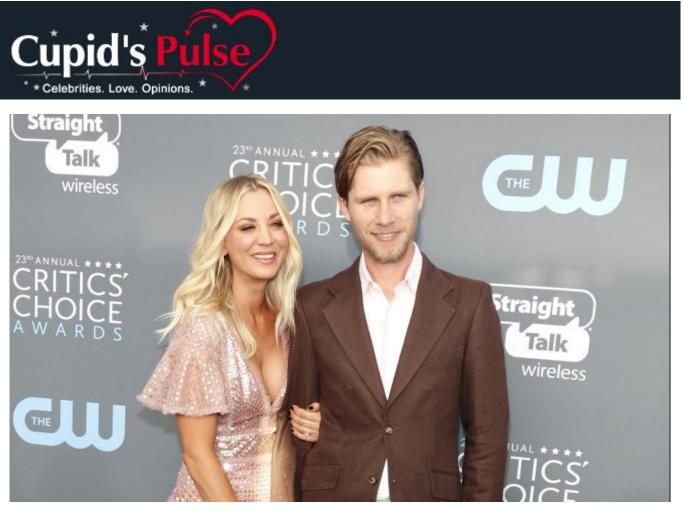
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2. Accept that drama happens: It never fails-someone misunderstands, so a huge argument breaks out. One way you can remain positive is to realize this happens occasionally and it's not your fault if you have tried everything you can to avoid it.

**Related Link:** <u>Celebrity News: 'Bachelorette' Hannah Brown Gets</u> <u>Hot & Heavy With Her Guys</u>

3. Remove the drama from your life: This can be a difficult thing to do. If someone in your life is a drama seeker, you might care about them deeply, but drama runs in cycles. The best thing you can do is evaluate the situation. If you think the person causing the drama isn't going to stop then the best thing to do is to remove it from your life. Your well-being is far more important. What are some other ways you can stay positive in the face of drama? Let us know in the comments below!

# Celebrity Couple News: Katherine Schwarzenegger Calls New Husband Chris Pratt a 'Wonderful Husband' on Father's Day



By Katie Sotack

According to UsMagazine.com, Katherine Schwarzenegger wished Chris Pratt a "Happy Father's Day" on Instagram. Schwarzenegger posted a photo of Pratt watching over his son along with a laundry list of compliments for the father. Katherine claimed, "Watching you be such a hands on and loving father was one of the many reasons I fell in love with you, and continue to each day." The news comes after the <u>celebrity</u> <u>couple</u> married at a ranch in California about a week ago.

In this celebrity couple news, Katherine may have kids on the mind this Father's Day! What are some ways to celebrate your partner as a parent year-round?

### Cupid's Advice:

The challenges of parenthood deserve to be rewarded with appreciation. Celebrating your partner's dedication to your children can help to strengthen the whole family's relationship. Here are some ways to acknowledge your partner's work with the kids:

1. A day to themselves: being a care taker is as rewarding as it is exhausting. If you want to show your partner how much you appreciate them consider giving them the day off to rest and practice self care. Send them to a spa or take the kids out so they can relax at home.

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2. Craft time: sit your kids down to make your significant other some heart-warming crafts. Have your kids express how much they love their mommy or daddy with homemade cards or presents.

**Related Link:** <u>Celebrity Baby News: Elin Nordegren Is Expecting</u> With Former Football Pro Jordan Cameron

3. Post up: If your partners been working extra hard lately, take a cue from Schwarzenegger. Pick your favorite shot of your partner and child and take to social media as a nice surprise saying how much you admire their parent-child relationship.

How do you show your parenting partner appreciation? Share in the comments below!

# Celebrity News: How Prince William and Duchess Kate Bounced Back After Rumors He Had an Affair





### By <u>Bonnie Griffin</u>

In <u>celebrity news</u>, <u>Prince William</u> and <u>Duchess Kate</u> focus on their marriage and don't let the rumors that William cheated ruin their relationship. A source revealed to *UsMagazine.com* that Kate found the rumors hurtful, but "it forced her and William to sit back and examine their relationship, which they realized they should have been doing more often." The <u>celebrity couple</u> decided not to let the negative rumors negatively impact their marriage, and they are still in a strong and committed marriage today.

In celebrity news, Prince William and Duchess Kate recently went through a tough time with hateful rumors. What are some ways to keep rumors from affecting your

## relationship?

### Cupid's Advice:

In the era of social media and online news, rumors get started faster than ever, and most people don't take the time to check the facts before they believe whatever they hear or read. Rumors can tear a good relationship apart if either party feeds into them. Here are some tips from Cupid to keep rumors from affecting your relationship:

1. Keep your private life private: It is easy to get sucked into social media and many people wind up oversharing. The problem with sharing every little detail about your relationships is that those details can get stretched, and people can make of them whatever they want. Venting when your upset online can make things even worse. Your relationship is between you and your partner, and it should not be fuel for your social media feed.

**Related Link:** <u>Celebrity Couple News: Gwyneth Paltrow Explains</u> Why She And Husband Brad Falchuk Don't Live Together Full-Time

2. Trust: One of the most important things in a successful relationship is having trust between you and your partner. A relationship without trust is bound for failure. Trust is developed over time based on your actions in your relationship and the actions of your partner. If you trust your partner then it won't be so easy for something as trivial as a rumor to come between the two of you, and you will be better prepared to work through any harmful rumors thrown your way.

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**3. Don't easily condemn your partner:** If you don't have peace in your relationship and are constantly arguing with your partner over small things, a rift will develop and it can make it easier for you to believe rumors. Remember that nobody is perfect and try to cut each other some slack when it comes to the small things. If you constantly fighting and worried your partner is going to do something bad then you will feed into any harmful rumor you may here. If you love your partner give them the benefit of doubt and don't always expect the worse.

What are some things you do to keep rumors from affecting your relationship? Let us know your thoughts in the comments below.

# Celebrity Couple News: Gwyneth Paltrow Explains Why She And Husband Brad Falchuk Don't Live Together Full-Time





### By Emily Green

In the latest <u>celebrity news</u>, <u>Gwyneth Paltrow</u> opened up about why she and her husband Brad Falchuk do not live together full time, according to *UsMagazine.com*. This <u>celebrity couple</u> was married in September of 2018, and each have two children from previous marriages. Due to worrying how their children will adapt, Falchuk has a separate home he stays in when his children come to stay with him.

This celebrity couple doesn't live together full-time due to reasons pertaining to their kids. What are some ways to introduce the kids you had with your ex to your new love?

### Cupid's Advice:

Introducing your children from a previous relationship to your new partner is not only a big step in your relationship, but a big adjustment for your children. By focusing on your children and how they feel, you can help ensure a smooth transition into this new period in your lives. Here are some of Cupid's tips to introduce your kids to your new partner:

1. Introduce them in a group setting: By introducing your kids to your new partner in a group setting like a barbecue or at the park, this creates a no pressure atmosphere with your kids, so they don't have to worry about making a amazing first impression and vice versa. By meeting them in public group settings the first few times, this gives the kids more time to become acquainted with who your partner is, and will feel more comfortable down the line.

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2. Go slowly: While you might be completely in love with your new partner, remember this is a totally new situation for your children. Watch how they interact with your new partner, and pay attention to their social cues. If they are having a problem with something, talk to them so you can work through it, and then you can move forward.

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**3.** Go in with no expectations: People can't be forced to like one another. By telling your kids they need to be on their best behavior can plant that seed of worry, and immediately puts pressure on the meeting. Simply ask them to go in with an open mind, and they can form their own opinions to share with you after they get to know them.

What are some ways you have introduced your kids to your new partner? Let us know in the comments below!