Minka Kelly Cheers for Boyfriend Derek Jeter's 3000th Hit





Saturday was a time

of ultimate applause for Yankees baseball player, Derek Jeeter. With Jeeter's 3,000th career hit against the Tampa Bay Rays at Yankee Stadium, he landed a home run that has made him the first Yankee and the 28th player to reach a milestone in Major League baseball, according to *People*. There to witness her beau making history was Jeeter's girlfriend Minka Kelly cheering him on. In fact, Jeeter had a luxury box full of support. Kelly shared in the applause for her boyfriend alongside his family and friends.

How do you show support for your partner's career?

Cupid's Advice:

You may not actually be interested in you partner's career, but that doesn't mean that you should pay it absolutely no attention. So listen up. Cupid has some advice:

- 1. Hear your partner out: If your companion is giving you a description of his or her job and and what he or she likes or doesn't like about it, listen intently. Try to put yourself in his or her shoes. Understanding your partner is key.
- 2. Show interest: Occasionally ask about his or her career. This doesn't mean that you have to have a full blown conversation about your partner's job, but something as simple as "How was your day at work? Did you get _____ done the way you said you would?" can go a long way to show you care.
- 3. Help to prioritize: If you feel your partner is juggling between priorities and you notice that his or her career is being put on the back burner, step in and remind him what his career means to him. Be his support. He will see that you have his best interest at heart.

Have something you would like to add? Don't be shy, share your comments below!

Prince William and Kate Middleton Take Cooking Class Overseas





A couple that cooks

together, bonds together. While visiting Canada, Prince William and Kate Middleton enjoyed a cooking class together Saturday as part of their three-day tour, according to E! Online. Dressed in personalized chef uniforms, the royal newlyweds learned about cooking techniques at the Institut de tourisme et d'hotellerie du Quebec in Montreal. Still ahead for the couple is a search and rescue demonstration at Summerside Harbour in Prince Edward Island and a tour of the University of Calgary.

What types of classes can you take together as a couple?

Cupid's Advice:

When trying to find something to do as a couple, try to find seminars or classes that meet both of your interests. Cupid has three solid suggestions:

- 1. Cooking: Like Will and Kate, perhaps some cooking classes would be a great way to spice things up. Plus, if both of you know how to cook, it'll be easier to surprise each other with a nice, romantic, home-cooked dinner.
- 2. Dancing: Whether it's salsa, hip-hop or ballroom, dancing is a great way to get some exercise with your partner in, at

times, an intimate way.

3. Martial arts: Relationships can be very frustrating and taking a karate class, for example, can teach you not only how to control your emotions, but will help to release some stress. Also, you get to learn how to throw your lover over your back!

What are some other great ideas for classes to take as a couple? Talk to Cupid about it below.

Katie Holmes Throws Tom Cruise Surprise Birthday Bash





Katie Holmes knew

just how to make her hubby, Tom Cruise's 49th birthday special by throwing him a surprise birthday bash at Miami Beach's SoHo

Beach House, according to <u>People</u>. Holmes planned the whole thing herself, including the RSVPs. Cruise and Holmes' daughter Suri, and Cruise's children from his marriage to Nicole Kidman, Connor and Isabella, attended as well as 40 close friends. Everyone enjoyed pasta, shrimp and other delicious dishes, as well as sweet chocolate birthday cake on the roof and inside the private venue.

What are some ways to make your partner's birthday bash unique?

Cupid's Advice:

What better way to show your love for your significant other than to make his or her birthday bash totally unique? Cupid has a few tips on how to make the special day just right:

- 1. Surprise: Take a tip from Katie Holmes and throw your beau a surprise birthday bash. He'll be caught off guard and it'll make his birthday one he'll never forget.
- 2. Pick a fun theme: Every party needs a good theme, so why not make your boo's bash centered around something he loves, like sports, adventure or music. Pick a venue that caters to his interests, like box seats at a baseball game (for the sports lover), a concert hall (for the music fanatic), or a rock climbing facility (for the adventurous).
- **3. Add something extra:** Add a little something special to the bash, whether it be requesting your love's favorite song at a club, or ordering his or her favorite dish at a restaurant. It's the little touches that make hier or her birthday extra special.

What are some ways you've made your partner's birthday bash unique? Share your stories below!

Shia LaBeouf Speaks Out About New Girlfriend Karolyn Pho





it's a calamity," he said.

relationship is already starting young blossom. <u>UsMagazine.com</u> reports that the *Transformers* star is beginning to expand his horizons thanks to his five-month relationship with girlfriend Karolyn Pho. "A cheese plate? That's a very 25-year-old deal," LaBeouf said in an interview with the *Los Angeles Times*. "I can get down with some fig jelly and some cheese on a cracker... [Karolyn's] having me try different things. I was scared of fish, 'cause of my upbringing, being Jewish. Gefilte can ruin your entire seafood life." Aside from broadening his eating horizons, the actor now admits his sprawl in February wasn't the most mature move. "I have no excuses. I'm not happy with it, but I don't think

LaBeouf's

What are some signs that your partner is beginning to mature?

Cupid's Advice:

A maturing partner is a good sign that your serious relationship is heading down the right path. Here are some telling signs that your partner is maturing:

- 1. Pleading guilty: It takes a bigger person to admit that he or she has made a mistake without trying to cover it up. If your partner does this, then that's a good sign.
- **2. Open communication:** A good sign of a healthy partnership is how well you two can talk whether it's about the weather, what you ate for lunch or personal issues. If it seems that no topic is off-limits, your partner is certainly maturing.
- **3. Family reunions:** If your lover wants to show you off in front of his or her family, then there's a good possibility he or she is serious about you and the relationship, or at the minimum, they see a future.

Know of any other ways that signal a maturing relationship or lover? Tell Cupid about it below.

Jennifer Aniston and Justin Theroux Double Date With Jason Bateman and Wife





Actress Jennifer

Aniston was seen in downtown NYC on Saturday, enjoying a dinner at II Cantinori with her new found beau Justin Theroux ... but they weren't alone, according to <u>People</u>. The fresh Hollywood couple was accompanied by Aniston's Horrible Bosses co-star Jason Bateman and his wife, actress Amanda Anka. Their meals came with a free show of Theroux's torso, which is decorated with a tattoo. Even the waiter had a compliment ready! The group enjoyed cool sorbets before their double date ended, and Aniston and Theroux headed towards 10th avenue together.

What are some fun and creative double date ideas?

Cupid's Advice:

- 1. I remember that!: Memories can often lead to great conversation, especially if they're hilarious. Play a game of "who has the funniest memory?", in which each of you brings up something humorous that happened in the past with your significant other. Just try not to make it too embarrassing!
- 2. Ready...set...go: Competition can be a great way to spend a double date. Go to a miniature golf course or jump into some go-carts. Or, even take a bartending class as couples together, and see which pair of you can make the best cocktail

when all is said and done.

3. Get in the car: Take your convertible for a spin, and if you don't have one, borrow or rent one! Driving at a cool speed with the wind blowing through your hair good music blasting is such a pleasure.

How did you spend your last double date? Share your experience below.

Cameron Diaz Confesses Her Love for A-Rod





The funny and

intimate moment that couple Cameron Diaz and Alex Rodriguez shared at the Super Bowl this past February is finally being explained! The normally private duo was caught on camera feeding each other popcorn in the stands. Diaz finally took the time to explain the moment on Monday, during her appearance on Late Night with David Letterman, reports People. "We were watching the game, and I was eating, and I was getting down to, like, the last couple pieces of popcorn," Diaz recalled. "And all of a sudden, I see [Alex's] hand coming in," said Diaz. "Anybody who knows me does not put their hand in my food, especially when it's close to my mouth. I said, 'What are you. . .?' And then I went, 'You know what? I love you too much, I'm going to give it to you. You deserve it.'"

What things do you sacrifice by being in a relationship?

Cupid's Advice:

Being in a happy relationship is one of the best possible feelings. However, it's not without sacrifice:

- 1. Alone time: When you're in a relationship, especially a serious one, it may be difficult for you to get some alone time. Taking a bubble bath is not nearly as soothing with your bored partner watching a TV show in the next room.
- 2. Time with your friends: While those who truly care won't mind the strain on your friendships, you may find yourself aggravated that you can't spend as much time with them. It is important not to spend all of your time with your partner, and to also make time for other people in your life.
- 3. Your privacy: Perhaps the most essential thing you sacrifice in a relationship is privacy, especially in cases where you and your partner live together. While over time the lack of privacy may not bother you, it takes some time to come to terms with it.

What have you had to sacrifice in your relationships? Feel free to leave a comment below!

Lady Gaga and Boyfriend Luc Carl Are Back On





It looks like their

break-up didn't last long! A month after announcing their split on *The Graham Norton Show* in England, Lady Gaga and musician/bartender beau Luc Carl are said to be together again, according to *UsMagazine.com*. A source says, "They had a little fight. I think the breakup lasted a week or two." The pal goes on to say, "They are totally back together now." Gaga, who has been with Carl for a year now, says she tends to stretch the truth when it comes to interview questions about her personal relationships. "I sometimes skirt questions about it — and maybe not honestly."

How do you know when to forgive and forget in a relationship?

Cupid's Advice:

Sometimes the best thing you can do in a relationship is to forget past faults and just push on. That said, sometimes something so bad has happened that it's just not possible. Cupid has some tips:

- 1. Trust: When something has happened in your relationship that causes you to lose trust in your partner, it can be tricky to know whether to move on alone or with your untrustworthy mate. At the very least, be skeptical. If your trust has been violated beyond repair, call it quits.
- 2. Minor fights: Most couples tend to get in the same fights about the same minor things over and over again. These are the types of arguments that you should forgive and the promptly forget. Decide whether the issue you're arguing about really makes or breaks your relationship. If it's not important, don't dwell on it.
- 3. Work it out: Just because you're offended by a fight that you got into with your partner, that doesn't mean it's cause for a split. If you're willing to talk things out (with or without a therapist), it's the logical first step. If you love your mate, it may be worth it to stick with the relationship to see where it can lead.

When is something unforgivable in a relationship? Share your thoughts below.

Paris Hilton Says Love Made Her Gain and Lose Weight





After fluctuating

between 105 and 125 pounds, Paris Hilton has settled for 115, taking her body off of a weight rollercoaster. Boyfriend Cy Waits encourages her to change her lifestyle and teaches her healthy habits. Hilton told *People*, "Now I only eat organic foods when we're at home. He makes me watch documentaries on food, like *Fast Food Nation*, and he makes me aware of what things are good for your body because he's very into that."

What are some ways to be healthy as a couple?

Cupid's Advice:

Who says bonding with your partner and taking care of your body can't go together? We can all learn something from Paris Hilton and Cy Waits. Cupid's got some suggestions:

1. Educate yourselves: Education is always the first ingredient. There are plenty of movies and books that can teach you about what goes into the foods we eat, and you can devour the literature with your partner. You may also want to consult a dietician together.

- 2. Have a cooking date: Food is such an important part of your health. Instead of going out to a restaurant on Friday night, why not try making a romantic evening out of preparing a homemade meal with your partner? Incorporate fresh, organic ingredients and sprinkle some love into your diet.
- 3. Work-out together: Fitness is a must when it comes to your health. Exercising together can be very motivating, so make your partner your gym buddy and start rocking that treadmill. You can use tandem machines, jog outdoors side-by-side or give ballroom dancing a shot. The important thing is to have someone pushing you to try your hardest.

What are some things you can do with your partner to maintain a healthy lifestyle? Share your ideas below.

Are Jersey Shore's Sammi and Ronnie Back Together?





This "situation"

just got more interesting. Jersey Shore's Sammi Sweetheart and Ronni Ortiz-Magro were caught sharing a PDA performance in Italy, according to RadarOnline. The on-again-off-again duo ended things at the end of season three in an over-dramatic style, but the romance is appearing to bud again while in Europe. The cast is heading back over to Jersey to finish filming the fourth installment of Jersey Shore, confirmed a source from MTV, which is set to premiere August 4.

What are some reasons to reconcile with your ex-partner? Cupid's Advice:

It's hard to come back together after a fight, but Cupid has some ways to help you work things out:

- 1. Closure: You don't have to necessarily get back together with your ex, but just talking things out and moving past it is a good enough reason to make up.
- 2. Seek forgiveness: You may have guilt built up from when your relationship ended. Apologizing for whatever happened can help you move on and possibly rekindle a friendship.
- 3. Still got feelings: Perhaps you want to try things again with your ex, and letting go of any previous arguments builds

a solid foundation for your comeback.

Would you ever get back together with a former lover? Tell Cupid about it below.

Ryan Seacrest and Julianne Hough Make Emergency Trip to the Vet





Julianne Hough and

boyfriend Ryan Seacrest bonded this weekend over an unfortunate event, according to <u>People</u>. The couple made an emergency trip to the veterinarian's office with Hough's Cavalier King Charles spaniel, Lexi. While the actress/singer didn't specify what was wrong with her beloved pooch, she tweeted, "First time I legitimately [bawled] my eyes out in

years... Being a helpless parent is the worst thing in the world!" Luckily, Hough later reassured her fans that Lexi was doing okay. Good thing Seacrest was there to support her!

How can owning a pet together enhance your relationship?

Cupid's Advice:

Sharing the unconditional love you receive from a pet with your significant other can make it even more special. Cupid has some ideas on why it's so great to own a furry friend with your mate:

- 1. Take care: Pets can often be like our children, and caring for a furry (or scaly or feathery) friend can help bring you closer together.
- 2. Share the burden: When you experience a difficult situation with your pet, like Julianne Hough and Ryan Seacrest's emergency visit to the vet, it's easier when you and your partner can go through it together.
- 3. Love better: More than anything, animals teach us how to love unconditionally. You and your significant other can use lessons learned from your pet to strengthen your own relationship.

How has owning a pet made your life better? Share your comments below.

Cameron Diaz and Alex

Rodriguez: Still Together





They haven't struck

out yet. New York Yankees' third baseman Alex Rodriguez is still together with *Bad Teacher* star Cameron Diaz despite rumors, according to *UsMagazine.com*. The duo stood together, held hands and were affectionate during an MTV Movie Awards after party in SoHo. The night before, the couple went out to the LA sports bar Goals to catch the NBA Finals game together.

How do you keep rumors from ruining your relationship?

Cupid's Advice:

How you handle rumors can make or a break a relationship. Cupid has some tips on how to deal:

1. Hold strong: The best thing to do in a situation is to not let things get under your skin, no matter how severe they are. Rumors are meant to hurt you, and by defying the odds, you show those gossipers out there that they can't affect you and

your relationship.

- 2. Preventative measures: Be careful who you talk to about your relationship. Sometimes it just takes one person to misinterpret something to start a rumor.
- **3. Address the situation:** The best thing to do as a couple is to talk about each rumor that comes up and trust what your partner is saying. Without trust, the rumors will destroy you as a couple.

How did you handle a big rumor as a couple? Share your experience below.

Mila Kunis and Justin Timberlake Talk Romance Rumors





Mila Kunis and

Justin Timberlake stirred up some controversy at the MTV Movie Awards Sunday night when they decided to grope each other on stage in order to drive home the point that they're "just friends". According to <u>People</u>, the two were addressing rumors that they are romantically involved. "Even though we're in the movie <u>Friends With Benefits</u>, Mila and I have never dated," Timberlake said. Kunis said that she and Timberlake are more like brother and sister than anything else. Looks like there isn't love in the air for these two celebrities, but there's definitely a great friendship!

How do you prove you're nothing more than friends?

Cupid's Advice:

Dealing with supposed romance rumors isn't easy, especially if you're just friends with the person in question. Cupid has some tips:

- 1. Be honest: Just be honest and tell your friends, family or any one who may ask that you're just friends nothing more. Sometimes it's best to hear it straight from the person the rumors are about.
- 2. Go on dates: If you're going on dates with other people, it

should squelch any romance rumors between you and your friend. If you're serious about someone, your most certainly not going out on dates with other people.

3. Act like brother and sister: When you two go out, joke around like you're brother and sister instead of lovers. This will show everyone that you just have innocent fun together, and it's not anything more than that.

How did you prove that you were "just friends" with someone? Share your experience below.

Scott Disick Questions Kourtney Kardashian's Interior Design Choices





Kourtney

Kardashian's latest obsession is redecorating her new home that she shares with longtime boyfriend, Scott Disick. However, according to <u>People</u>, Disick is a little creeped out by his other half's over the top design choices and her uncanny love for checkered patterns. "Our house looks like it's out of <u>Beetlejuice</u>," commented Scott Disick on their \$1.7 Million home in Los Angeles. So far, he's gone along with Kardashian's unique decorating ideas. "If she's into it, let her have her fun," he said. "I hang out in the garage."

How do you compromise on design choices as a couple?

Cupid's Advice:

Though a couple may be very much in love, they may also have very different tastes when it comes to interior decorating. Considering how much time we spend at home, this could become a serious issue in your relationship. Cupid has some tips:

1. Go with it: In every relationship you have to pick your battles. If in the end, the decor really isn't that big a deal to you or is something you could get used to, it may not be worth it to pick a fight, especially if designing makes your partner happy.

- 2. Compromise: If one person chooses the sofa and the other picks out the coffee table, both of you can be happy.
- **3. Get a man/woman cave:** Establishing a part of the house that is all your own can actually strengthen your relationship and satisfy your decorating needs.

How did you compromise with your partner on design themes? Share your experience below.

'Teen Mom' Maci Bookout Says New Beau Is Her 'Perfect Lover'





Teen Mom star Maci

Bookout may have had relationship problems in the past with

her baby daddy and ex-boyfriend Ryan Edwards, but things seem to be looking up with her new beau, Kyle King. According to <code>UsMagazine.com</code>, Bookout twetted, "I love my perfect lover, Kyle King!" last Sunday. Bookout gave birth to her son, Bentley, 2, in October 2008. She moved in with her then-boyfriend Edwards, but bitter fights and drama led to her moving back in with her parents in Chattanooga, Tennessee. Shortly after moving back, she became reacquainted with her childhood pal, King … and love spawned from there!

What makes your man the "perfect lover"?

Cupid's Advice:

There may not be an absolutely perfect lover, but some couples mesh so well that it may seem that way. Cupid has some ways to know you've landed a good one:

- 1. Butterflies: If your stomach churns every time you're around him, and your mushy thoughts center around him when he's not there, it's definitely a good sign.
- 2. Sweet gestures: Your man buys you flowers "just because" and is thoughtful when it comes to things that count.
- 3. Chemistry: There's definitely something to be said for chemistry. If it seems like he's your other half and you're a better person when you're around him, he might just be the perfect guy for you!

What makes your beau the "perfect lover"? Share your thoughts below.

Angelina Jolie Speaks Out About Love Brad Pitt





Can't get enough

Brad Pitt and Angelina Jolie? Well, that may not be an issue for long. After talk of getting married in the near future, Jolie recently opened up to <code>People</code> about her relationship with Pitt and their kids. "I love being with Brad," she revealed in a statement. "I'm very lucky with [him]. He is a real gentleman, but he is also a real man's man." Their six children play a significant role in their relationship, and the couple includes them whenever possible. However, they do play up the balancing act in some ways, as Jolie explains their alone time is important as well. "It's special time for daddy when mom works for a few months," says the actress and UN Goodwill Ambassador. "And Brad is such a great dad. When I'm working, he's putting in the extra dad time, and that's special for their relationship, too."

How does your relationship grow after you have kids?

Cupid's Advice:

Children are supposed to bring joy to your life, but really they can either solidify or destroy a relationship. Cupid has some way your relationship can grow after having kids:

- 1. Quality time: You're working more closely together now and are taking turns with the children. This can help enhance communication, and it's something you handle as a team. Also, those times you do get to relax, it's nice to have your partner there to cuddle.
- 2. Support system: Both of you will be stressed out at first, especially if it's your first child. A baby is a big adjustment, and you both need to make sacrifices. Vent to each other and reassure your partner that you're in this together.
- 3. Family matters: After marriage, this is a tremendous factor in your relationship. Not only are you spending the rest of your life together, but now you're raising a family. Do what Brad and Angelina do-include the kids whenever possible, but admire and take advantage of the alone time you guys get.

How did kids change your relationship? Share your experiences below.

Kourtney Kardashian Says Kim Is Herself Around Kris Humphries





It looks like Kim

Kardashian, who recently got engaged to New Jersey Nets star Kris Humphries, has her sister Kourtney's blessing. Kourtney Kardashian told <u>People</u> that Kim and Kris are perfect together. "He fits in [with the family] already. I think they're just themselves, and I think that's the most important thing," said Kardashian. "Kim is totally herself in front of him. Everything is easy, comfortable, no stress."

How can you keep your relationship stress-free?

Cupid's Advice:

When it's easy to be yourself around your partner, you know the relationship is right. Cupid has some tips on how to make sure it stays effortless:

- 1. No drama: If your mate makes a big deal out of the smallest issues, talk to him or her about it. Sure, relationships take hard work, but you don't need unnecessary drama.
- 2. Have fun: When things get heavy, go out and forget about it

for awhile. If you and your significant other can have fun together no matter what, the stress will melt away.

3. Let your guard down: It may be difficult, but if you want to be able to be yourself around your sweetie, you need to stop acting so perfect. By showing you have flaws, you'll grow closer and more comfortable with each other.

What do you do to keep your relationship uncomplicated? Share your comments below.

'Vampire Diaries' Stars Ian Somerhalder and Nina Dobrev Pack on PDA





Two vampires were

USMagazine.com, stars of the CW show Vampire Diaries Ian Somerhalder and Nina Dobrev held hands while walking around the streets of the city of love. Despite their vacation, the two have yet to come out and admit they're dating. "We expected the rumors. Like, if I wasn't dating Ian, I'd be dating Paul [Wesley]," Dobrev said in April's Teen Vogue. "A lot of people who work together end up dating, so it wouldn't be unusual, but I've never dated anyone I've worked with."

How do you make dating a coworker less risky?

Cupid's Advice:

Dating someone you work with is tricky to handle. Think of Jim and Pam from *The Office*, as they're a great example of the ideal way to handle yourself in the workplace with your partner. Cupid has a few things to keep in mind:

- 1. On the same level: Things can get messy if one of you is a superior or a manager. Not only does it give a bad image to others, but if you break up, it might be the ugliest one you've ever experienced.
- 2. Separation helps: Your interoffice relationship goes a lot smoother if you're in different departments. You'll be away from each other for most of the day, and it'll give you a little more to talk about when discussing work.
- **3. Say 'No' to PDA at work:** It makes coworkers feel uncomfortable and is an HR seminar waiting to happen. Keep it at casual flirting and no real physical contact while on the clock.

Ever dated a coworker? Tell Cupid about it below.

'Bachelorette' Stars Ali Fedotowsky and Roberto Martinez Celebrate One Year Engaged





The fire is still

burning for *The Bachelorette's* Ali Fedotowsky and fiance Roberto Martinez. The couple spent their one year engagement anniversary last week reliving some of their special moments from the reality show that brought them together. They traveled to the island of Bora Bora, where Martinez proposed to Fedotowsky on the finale of *The Bachelorette*. Fedotowsky was thrilled with how they spent their one year engagement. "We made it to the one year mark!" she told *People*. "The engagement took place last year on May 8th, and when Roberto

proposed it was so beautiful. It was great to go back and reflect on the year because it was very special."

How do you make your first anniversary extra special?

Cupid's Advice

The first anniversary is one of the most important to get right. Cupid has some advice on how to make yours extra special:

- 1. Re-live your honeymoon or proposal: Why not take a cue from Ali and Roberto and revisit your honeymoon destination or even the place that he popped the question? It's romantic and brings back lovely memories.
- 2. Plan a special vacation: The perfect way to make your first anniversay special is to take a trip to a new place the two of you have been dying to go to and share in some new experiences.
- 3. Have a romantic night: If you don't feel like traveling for your one-year anniversary, indulge in a romantic dinner, come home and go through your home videos and photos from the year you've shared together and reminisce.

How did you make your first anniversary extra special? Share your experiences below.

Rachel McAdams and Michael Sheen Hit the Red Carpet

Together





Expect to see more

photos from this celebrity couple. Rachel McAdams, star of *The Notebook*, was seen on the red carpet with *Tron*'s Michael Sheen Wednesday at the Cannes International Film Festival, according to *UsMagazine.com*. The two stars of *Midnight in Paris* became a couple last year and were spotted making out at the Toronto Film Festival in September. Despite her broken engagement with Ryan Gosling in 2007, the 32-year-old actress said she hasn't given up on true love yet. "My parents are together and still in love. I'm very blessed that way," she said in *ELLE*'s June issue. "I had a great example of love in front of me, and that's probably what makes me such a romantic, because I've seen it firsthand."

What are some appropriate ways to introduce your partner to your co-workers?

Cupid's Advice:

We'd all love to show off our lover on the red carpet, like Sheen and McAdams; however, there are some fairly simple to find an appropriate way to introduce your significant other to co-workers. Cupid has a few examples:

- 1. Let's do lunch: If you go out to lunch with some coworkers, maybe your partner could meet up with you and join your lunch group. It's a casual and natural way to go about it.
- 2. Spice up the work party: Not only is bringing along your significant other going to help entertain you at boring work parties, but he or she will able to meet all of your coworkers that you talk to/complain about.
- 3. Delivery services: You may have forgotten something from home and your partner might just be able to swing by your office and hand it to you, while saying 'hello' to all of your coworkers.

Know of any other ways to introduce your partner to your coworkers? Leave a comment below.

Dean McDermott Dazzles Tori Spelling With Anniversary Ring





Tori Spelling's

husband, Dean McDermott, surprised her on their fifth wedding anniversary with a Neil Lane antique ring featuring a pink pearl from the 1800's. "Every year he gives me a 'wedding ring,'" Spelling tweeted. The couple had a romantic dinner at L.A.'s Scarpetta eatery for their anniversary. As for Mother's day, she received a red Goyard weekend bag from her man. "Obsessed!" she wrote.

What are some creative anniversary traditions?

Cupid's Advice:

Having creative anniversary traditions are exciting, but coming up with one can be quite difficult. But don't worry; Cupid has a few ideas:

- 1. Hers/His favorite items: What is your special someone obsessed with? Surprise her every anniversary with different varieties her favorite item (i.e. a specific piece of jewelery or part of a music box collection).
- 2. Vacation: Who doesn't love going on trips? He or she will definitely appreciate a vacation to can relax and de-stress. Visit a new location each year.

3. Frames: Pictures are a wonderful way to capture memories. Why not gift your significant other with a picture of the best time you both spent together that year?

What is your anniversary tradition? Share with a comment below.

Have Brad Womack and Emily Maynard Broken Up For Good?





Rumors are swirling

that *Bachelor* stars Brad Womack and Emily Maynard have called it quits for good this time. A source close to Maynard says, "It happened about a week and a half ago," according to HollywoodLife.com. The apparent reason for the breakup centers around Maynard having remaining feelings for her exboyfriend, automotive executive David Smith. "She's got

something with David," says the same source. "And David totally digs Emily." The duo dated before *The Bachelor* and were said to be a good couple, although Maynard seemed "reserved" around Smith. Either way, it looks as if a match made in reality heaven is sputtering to an end.

How do you determine if your relationship is toxic?

Cupid's Advice:

It was long speculated that Brad Womack would not be able to fully open up his heart to a woman after his first stint on *The Bachelor* ended in heartbreak. Is Womack simply toxic in a relationship? Cupid has a few tell-tale signs for a toxic relationship:

- 1. You can't be yourself: If you find yourself skirting around your partner at times and find it difficult to be yourself, the relationship is probably toxic. Your mate should understand you better than anyone, so what's the point of being a part of the couple when you can't be fully happy?
- 2. You do things you normally wouldn't: Chances are that your relationship is toxic if you find yourself partaking in activities you used to be against just because your partner suggested it. It's important to retain your morals and values when you enter into a new relationship.
- **3. You fight all the time:** Arguing periodically is normal in a relationship, but if you find that all you do is right and you can't point to anything positive in your relationship, it may be time to get out.

How did you know your past relationship was toxic? Share a comment below.

Marc Anthony Supports Jennifer Lopez At Record Release Bash





With the release of

her new album "Love?," Jennifer Lopez has been one busy woman. That said, it's great to see that her hectic work schedule hasn't affected her love life one bit! People reports that J.Lo's husband, Marc Anthony, has been extremely supportive of his wife throughout her career, and her record release bash was no exception. "Marc was doting on her and melted every time she acknowledged him," said an onlooker at the party. "He was totally supportive of her on that night." Anthony was also spotted snapping photos of guests at the event.

How do you show your partner you're proud?

Cupid's Advice:

It's always great to see loved ones supporting one another. Cupid has some advice on how to show your partner that you're proud:

- 1. Take an interest: Whether it's a record release bash or a simple dinner with co-workers, attending these events shows that you respect your partner and what he or she is doing in life.
- 2. Have a romantic evening: After a big business deal is closed or an important project is finished, plan a nice, romantic evening with just the two of you. It shows that you've been paying attention to what they are doing and that you're there for them no matter what.
- **3. Simply tell them:** If you're proud, then say it. Shooting a quick text that says, "Good Luck, and I'm so proud of you" on your partner's big day goes a long way.

How do you show your partner that you're proud? Share a comment below.

Dax Shepard Keeps Fiancee Kristen Bell Laughing





Even on her difficult days, Kristen Bell told <u>UsMagazine.com</u> that the one thing keeping her calm is her fiancée Dax Shepard. "He constantly keeps me laughing: when I'm sad, mad, frustrated, annoyed. Regardless of what it is he can lighten the mood. He'll do anything that the mood requires," the <u>Scream 4</u> actress said. Bell added that Shepard, who's appeared in <u>Idiocracy</u>, <u>Without a Paddle</u> and <u>Employee of the Month</u>, keeps her "smothered" with his comedy. "Even if it's me being frustrated, he'll make a joke about me and it'll be so genuinely funny that I have to laugh."

How do you deal with your partner's bad days?

Cupid's Advice:

Bad days come and go whenever you're in a relationship. Cupid has a few suggestions on how to handle those tough days:

- 1. Snuggle time: For a stressed out person, sometimes a little bit of close intimacy such as cuddling, even for just ten minutes, can make a huge difference.
- 2. Dinner's on me: Cooking a nice meal for your lover can help show them how much they mean to you. Plus, good comfort food is sure to bring satisfied smile to his or her face!

3. Space out: Sometimes, instead of smothering with them attention and trying to cheer them up, people need to be alone to sort out their issues. Do what you can to respect your partner's desires.

How do you help your significant other on bad days? Leave a comment below.

Jessica Simpson and Eric Johnson Ride A Bicycle Built For Two





There are few

better ways to enjoy the Venice boardwalk scene than on a bicycle for two. Jessica Simpson and her fiancée Eric Johnson were seen over the weekend racing with friends and enjoying the area, according to <u>Pink is the new Blog</u>. Simpson said she's working on slimming up for the big day. "I'm still trying to figure out what to wear," she said. "I don't know if I want the big boom, or the curvy thing, but it will be something beautiful. I kind of have a couple of ideas in my head, and I have a date; I'm really excited!" Other ways she plans to get in shape are to dance around in her bedroom and lift some weights.

What are some ways to enjoy the warm weather with your mate?

Cupid's Advice:

With summer coming up quickly, there are plenty of things to do to bond over the lovely weather. Cupid has a few modest suggestions:

- 1. Picnic: A picnic may be a great way to enjoy some weather, food and your significant other ... just make sure to bring the bug spray.
- 2. Go-kart riding: It's a little unorthodox, but a little competition is healthy in a relationship. So long as you don't race dirty, you should be safe from sleeping on the couch.
- **3. Swimming:** You, your lover, bathings suits and a pool? This could be a lot of fun and a great opportunity to show off your sweet dives or epic cannonballs.

Have some other great ways to enjoy the weather with your mate? Share a comment below.