

Tori Spelling Calls Dean McDermott Her Soul Mate



What do you get a man who has everything as a birthday gift? For Dean McDermott's birthday, wife, Tori Spelling, posted a love letter to him on her website where she called McDermott her soul mate. "I would dream of you for so long," Spelling wrote. "So many represented you. My dad. Every Ken doll I ever played with. Every prince in every Disney cartoon. The lead character in every John Hughes film. Not one guy I ever dated. And, then you became a reality." According to [People](#), the two who wed in 2006 just welcomed their third child, Hattie.

What are some signs that your partner is "the one"?

Cupid's Advice:

Everyone is looking for "the one." So when you find him or her, hold onto them. Here are some signs that "the one" may

be right in front of you:

1. You dream of them: When you've found your soul mate, you spend your days daydreaming about them and your nights unable to sleep because you're so excited to be with them.

2. You can't stop smiling: Those in love are all smiles. When you find "the one", you may find yourself smiling at inappropriate times because you just can't contain your happiness.

3. They dream of you: If they spend as a much time dreaming, thinking, and smiling about you, they are "the one."

How do you tell your partner that you think they're the one? Share your ideas below.

David and Victoria Beckham Get Cozy at Kid's Soccer Game





What's one of the reasons we love the Beckhams? They are family-oriented and are not afraid to be affectionate in public. [RadarOnline](#) reported that the two were hugging and laughing while at their son's soccer game. When soccer star dad, David Beckham, wasn't taking proud pictures and Victoria wasn't giving baby Harper her undivided attention, the couple made sure to sneak in plenty of intimate moments.

What are some ways to keep the romance alive after you have kids?

Cupid's Advice:

- 1. Body contact:** Intimacy is the key to keeping the flame between you and your partner lite. Hugging, holding hands, and rubbing his/her arm shows that you care and are sexually attracted to your partner, in a G rated kind of way.
- 2. Date night:** Going out on a date once a week can be difficult when you have kids, but staying in can really be romantic. Turn your dining room into a restaurant or your bedroom into a spa for you and you partner to relax and enjoy each other.
- 3. Be thoughtful:** Give your partner a gift, but have the kids

be a part of it. Want to give her roses? Let the little ones pick it out, this way romance isn't lost and neither is time spent with the kids.

How do you romance with your partner?

Blake Shelton and Miranda Lambert Both Win at CMAs



Blake Shelton and

Miranda Lambert received a late wedding present when they both took home CMA awards for male and female vocalist of the year on Wednesday. According to [People](#), while receiving her award, Lambert proclaimed, “Congrats to my hubby too. It’s gonna be a good night tonight baby! “

How do you share the limelight with your partner?

Cupid's Advice:

Everyone wants to be in limelight at least once in while. But, when it comes to sharing it, here are some ways to enjoy your glory together without it getting competitive:

- 1. Smile and relax:** Some of us have a very competitive nature. But, it doesn't have to be that way, especially with someone you love. Take a step back and enjoy this moment together.
- 2. Congratulate them:** Let your partner know how proud you are of them, and they'll do the same for you.
- 3. Give credit where it's due:** Don't try to take credit for everything. Your partner's achievements are just as important as yours.

What successful couples do you admire? Share your comments below.

Prince William and Kate Middleton Plan to Move to a Bigger Apartment





Could a royal heir soon be on the way for Prince William and Kate Middleton? According to [People](#), the Duke and Duchess of Cambridge are making plans to upgrade from their two-bedroom apartment in Kensington Palace by summer 2013. Queen Elizabeth's late sister Princess Margaret, previously occupied their new apartment that is said to be the size of a small mansion. However, before the royal couple can move into their new digs, much work needs to be done. Asbestos issues along with the heating and hot water systems need to be fixed before it is suitable for royal living. As for their previous Kensington Palace residence, Prince Harry will be moving in.

What are some factors to consider when you're looking for a home with your partner?

Cupid's Advice:

When you decide to move in with your partner, look for a safe happy home with enough space for both of you. Here are some tips:

1. Be economical: You may have always dreamed of living in that penthouse or having the nicest house on the block, but if you can't afford it yet, don't force the issue. No one wants to end up in foreclosure or not being able to pay the rent.

2. Embrace your space: Living in a studio apartment together may be a big money saver, but when it comes to your personal space, it won't be the best choice. Go for a one bedroom instead where you can still live together, but spend time apart.

3. Safety: Aside from trying to live in a safe area, if you're planning on having children, look for a childproof residence around a good school system.

What do you think about when you picture your dream house? Share your ideas below.

Avril Lavigne's Bar Fight Lands BF Brody Jenner In Hospital





A bar fight and a trip to the hospital doesn't exactly make for a romantic Saturday night date. Avril Lavigne and Brody Jenner began the night in a harmless way at Chateau Marmont and then settled in at Hotel Roosevelt's lounge, according to [RadarOnline](#). Unfortunately, Lavigne got into a heated argument with another female toward the end of the evening and Jenner, trying to protect his girlfriend, got a big gash on his head from a thrown bottle. It's probably not the brightest idea to get in the middle of a girl fight!

What are some ways to support your partner when they get into a fight?

Cupid's Advice:

Watching your partner get into a brawl with a stranger can really send you into protective mode. Fighting is the last thing you want to do. Here are some ways to support your partner during a fight, minus a trip to jail or the hospital:

- 1. Try to calm your partner:** Instead of adding to your partner's anger, try to calm them down by talking to them quietly and rationally.
- 2. Walk away:** It may be hard for your partner to walk away

once they're already upset. Take the initiative and start to walk away first, while guiding your partner with you to the exit.

3. Let them vent: After a fight or heated argument, listening to your partner complain about the situation will help them begin to forget about retaliation or violence. Venting can really do wonders.

Have you ever had to calm your partner down during a fight? Share your experiences below.

Rumor: Rob Pattinson Is 'Desperate for Affection' From Kristen Stewart





The forbidden love story within the *Twilight Saga* has become a phenomenon, as audiences watch mortal Bella Swan (Kristen Stewart) fall deeply and helplessly in love with vampire Edward Cullen (Robert Pattinson). There seems to be no limit to the dangers Bella will put herself in as she pursues her relationship with Edward, and her biggest fear is having to live without him. The on-set romance has flourished into a two-and-a-half-year real-life relationship, but when it comes to reality, the movie stars' roles have reversed. Insiders told UsMagazine.com that Pattinson is "desperate for affection" from Stewart. The actor, 25, is eager to settle down, but Stewart, 21, isn't quite ready for him to put a ring on it. "He's always worried about her leaving him. She will blow him off, and it makes him crazy," said the source.

What do you do if your partner doesn't show enough affection?

Cupid's Advice:

Although affection cannot be directly taught, if you're partner was raised in a family that rarely showed affection, then it's up to you to show them how it's done. Here are some tips:

1. Create rituals: If your partner has a hard time expressing

their feelings for you, put little signs of affection into your daily routine. Kiss each other hello and goodbye. Whenever you see one another or hang up the phone, say “I love you.” Also, make sure to call each other every day when you both have a break in your schedule.

2. Be respectful: Not everyone is into PDA, so you have to be respectful of your partner’s comfort level. Communicate with each other about what you like and don’t like, and then you’ll have a better understanding of what to expect. Just because you can’t show affection one way doesn’t mean there’s not a better alternative.

3. Take the lead: Maybe your partner is afraid to be affectionate because they lack confidence. Next time you’re walking down the street, take their hand first, kiss them in a public place (keep it classy), or spontaneously tell them you love them. Show your partner that you’re comfortable displaying how much you like them, and hopefully they return the feeling.

How did you get your partner to start showing affection? Share your experiences below.

Denise Richards and Richie Sambora Are Dating Again





Being reunited must feel good for on-again couple Denise Richards and Richie Sambora. The two were seen together Sunday night at a Japanese restaurant in California, according to [E! Online](#). After a year long relationship in 2007, the couple have decided to try their hand at love together again. In Richard's memoir, she discussed her relationship with Sambora saying, "Richie and I shared an easiness I hadn't before had." She also revealed that since their split, the couple has met up a few times. It's clear that they both still care for each other, and hopefully this time around proves to be more successful.

What do you do when you haven't gotten over your ex?

Cupid's Advice:

It's important to give yourself some time after a breakup to focus on yourself. However, if after a while you still have strong feelings for your ex, maybe it's time to explore why you broke up and if there's potential for a reconciliation. Here are some things to consider:

1. The reason you can't move on: Many times it's hard to get over an ex if there was no closure at the end of your relationship. Meet up with your ex and discuss why your

relationship ended to help your feelings subside.

2. Learn from your mistakes: In a lot of relationships, both parties feel like the other is at fault for a breakup. Instead of blaming your ex for everything, look at what you both could have done better to make your romance last.

3. Second chances: Sometimes it takes a split and individual growth to realize that your ex is the right person for you. Talk to your former partner and see if there's a potential future still there for you.

What did you do when you couldn't get over your ex? Tell us your story below.

Shai LaBeouf's Girlfriend Visits Him on Set





Even though his girlfriend, Karolyn Pho, isn't acting in the new movie *The Company You Keep* with Shia LaBeouf, she still kept her beau company recently on set. According to [People](#), Pho wore casual clothes and was friendly with crewmembers while visiting. She even shook the hand of director Robert Redford. Later, both LaBeouf and Pho managed to sneak off set and enjoy some alone time at a nearby coffee shop. Then, not quite ready to separate, they strolled arm-in-arm on the way back.

What are some ways to support your partner's career?

Cupid's Advice:

Even if you don't fully understand your significant other's career, it's important to show your support. Cupid has some ways to do just that:

- 1. Be there:** Be aware of your mate's career moves and changes so that you can support and encourage them each step of the way. Pep talks at the right times certainly couldn't hurt.
- 2. Promote relaxation:** Help your partner take their mind off of hectic or stressful times at work by doing something fun. Theme parks, movie theatres, or even a short interlude at a coffee shop like Karolyn Pho and Shia LaBeouf work great.

3. Show understanding: If your partner has a chaotic job, they may not always be home on time, or they may have to travel a lot. Be willing to travel with your partner, and if that's not possible, make the time you have with them count. Whatever you do, don't make them feel guilty.

What are some ways that you support your partner's career? Share your ideas below.

Pink and Carey Hart Enjoy Tacos with Daughter Willow



Pink and husband Carey Hart found a way to have a date night and spend quality time with their daughter Willow at the same time: family date night! According to [People](#) Pink and Hart went to Dos Camino's in New York, where the singer is filming a movie, to enjoy

tacos and beer while at the same time doting on their tiny daughter.

What are some ways to include your children in date night?

Cupid's Advice:

If you have children, it can be difficult to balance time with your spouse and time with your children. Here are some ways to spend time with both:

1. Go somewhere kid-friendly: Children aren't always going to flourish in certain environments, especially if they're younger. If you have a young child, a romantic movie and an expensive dinner aren't exactly fun for them. An ice cream date at the par, or a nice taco dinner like Pink and Carey Hart would be perfect.

2. Relive your childhood: Just because a place may seem more typical for a child to enjoy doesn't mean it's only for them. Places like amusement parks or miniature golf courses can be fun for both children and adults.

3. Keep it simple: There's no rule saying that date night has to be complicated or away from home. Plan a dinner date at home by having the kids eat earlier and then arranging for take-out. You can also let the kids suggest a date, as they'll get a kick out of it, and you'll be sure to have no complaints from them later.

How do you include your children in your date nights? Share your experiences below.

Chris Martin Calls Gwyneth Paltrow His “Beard”



Coldplay frontman

Chris Martin spoke about wife Gwyneth Paltrow on *The Ellen DeGeneres Show*, reports UsMagazine.com. “[Paltrow’s] been a great beard for me,” joked the musician, referring to how beards can be used to conceal infidelity or a person’s sexual orientation. Martin went on to joke about his troubles with women and his difficulty in forming relationships with those outside of his band.

How do you keep from overshadowing your partner?

Cupid’s Advice:

When you achieve great amounts of success, it’s hard to keep your relationship healthy. Here are a few ways to avoid overshadowing your partner:

1. Don’t boast: It’s wonderful that you’re successful, but

your partner will not want to constantly hear about your successes. Keep boasting to a minimum, and remain modest.

2. Make your partner feel special: If you're frequently the center of attention, it may be time to make sure that your partner feels admired as well. Next time you are complimented, try to give your partner some of the credit.

3. Don't be competitive: You may be achieving more at the moment, but chances are that your partner will one day overshadow you. It is important to realize that everybody eventually gets their chance at success.

Have you ever overshadowed your partner? Feel free to leave a comment about your experiences below!

Ben Stiller Says Jennifer Aniston and Justin Theroux Are Happy





With all the flack Jennifer Aniston and Justin Theroux have been catching for their relationship, they do have some people in favor of their whirlwind romance. Ben Stiller spoke highly of the couple at the premiere of his movie *Tower Heist* on Monday. "They're both great people. I love them both," the actor told UsMagazine.com. Theroux is currently living with the former *Friends* star in her NYC penthouse. That said, no plans have been made to take the relationship any further. Aniston stated, "I've been married once and I don't know if I'll get married again." It seems that, for now, the couple are just simply having fun in each other's company.

How can you tell if your friend is happy in their relationship?

Cupid's Advice:

If you notice your friend being positive and optimistic about life and love, they are definitely happy in their current situation. Acknowledge the small changes in their demeanor and personality:

1. More smiles: Whether it's giggling at a text or beaming just because, your friend is all smiles all the time. A grin is an obvious indicator of happiness, and it's clear that

their new love interest is to thank.

2. Change in wardrobe: If you notice your friend is wearing something a little more flirty and fun than usual, it's probably the result of a good new relationship. Satisfaction in love can easily seep in to other aspects of life.

3. Simple statement: "I'm happy in my relationshi." is a pretty clear sign that your friend is just what he or she said. Sometimes a direct statement shouldn't be questioned.

What are some ways you can tell if your friend is happy in their relationship? Let us know below!

Justin Bieber and Selena Gomez Adopt a Puppy



Justin Bieber and

his Disney-actress-turned-pop-star girlfriend may not be ready for human children, but they're ready for the pet variety. The couple recently adopted a puppy from D'Arcy's Animal Rescue Centre in Winnipeg, Canada, while on tour for Gomez. They chose to name the blue-eyed husky mix, Baylor. "It was nice that they thought of the animals and came to visit our shelter while they were on tour," D'Arcy, the owner of the shelter told [E! News](#).

What are the advantages of raising a pet together?

Cupid's Advice:

Taking care of a pet is no easy feat, but it does come with some valuable lessons and perks. Here are a few:

1. Prep for kids: If you're considering having kids at some point, but are a little bit hesitant, consider bringing a pet into your family. It'll definitely teach you about the responsibility that goes into having another living thing to care for in your family.

2. Reliability and trust: Caring for a dog can teach you to rely on each other in a relationship. You'll also find out if your partner is capable and compassionate.

3. Sharing responsibility: If you're raising a pet with your significant other, you can both do the duties that go along with it. You can take turns walking a dog or cleaning a litter box. It's less work for you both.

What are other advantages of raising a pet as a couple? Share your ideas below.

Kim Kardashian and Kris Humphries Can't Wait to Find a Home



Newlyweds Kim

Kardashian and Kris Humphries are currently seeking a permanent living situation. According to [People](#), the two have been shacking up with friends and family members as they pursue their careers. Most recently, the two were living in a three-bedroom suite with Kourtney Kardashian, Scott Disick, and their 22-month-old son, Mason, during the filming of *Kim and Kourtney Take New York*. Now that the show has wrapped, the newlyweds are looking for a home base.

What are some factors to consider when you're deciding on a home with your partner?

Cupid's Advice:

Settling down with your partner is one of the most significant steps in your relationship. Here are some primary factors to consider when finding a place to build your nest:

1. Kids: If you want kids, you should look into the quality of schools in the area. You'll probably want to live in an area with other families, playgrounds, etc.

2. Family and friends: It's often good to be close to friends and family for a support system.

3. Comfort: Live where you both feel both comfortable and happy. Whether that's a result of weather or proximity of good restaurants and shopping, take it all into consideration before committing.

What would be the ideal place for you to settle down with your partner? Share your ideas below.

Eva Longoria and Eduardo Cruz Attend Burlesque Show





Eva Longoria and

Eduardo Cruz were spotted at a Burlesque show at Beacher's Madhouse inside the Hollywood Roosevelt Hotel. Although it may be a unique kind of date night, [People](#) reports that the couple laughed, cuddled and enjoyed the show. Longoria is far from the jealous type. When drag queen Vicky Vox rubbed Cruz' head in her chest, Longoria just laughed it off. Cheers to that!

What are some unique events you can attend as a couple?

Cupid's Advice:

Date night is a great way to keep your relationship hot and spicy. However, the same old routine can get pretty boring. To keep your date ideas fresh, try new events and locations:

1. Circus: Going to the circus isn't just reserved for kids. When one comes to a town near you, take your partner to see the acrobats and elephants. Pretend you're a child and bond with your sweetie in a new way.

2. Symphony: If you're getting sick of dinner and a movie, taking in some classical music is a great way to relax with your mate. Get all dressed up, drink some wine and indulge in an elegant night out.

3. Comedy show: Let go of the stress of the week by hitting up

a comedy club with your significant other. Laugh out all of your worries.

What unique date night have you experienced? Share your ideas below.

Penelope Cruz and Javier Bardem Bring Son on Lunch Date



Javier Bardem took a break from shooting his new film, *Venuto Al Mundo*, with a family lunch outgoing with wife Penelope Cruz and their son. Smiles and lots of love where on the lunch menu. UsMagazine.com captured the parents enjoying the meal as well as the company of their 10 month old child, Leo. About being a

parent, Cruz told Vogue in June, “From the first second, you feel so much love. It is a revolutionary experience. That’s the best way I can describe it. It transforms you completely, in a second. Nature is very wise and gives you nine months to prepare, but in that moment, when you see that face, you are transformed forever.”

How can you involve your child in a romantic date?

Cupid’s Advice:

A date with your partner can lose its romance when the kids have to tag along. Find out how to keep the vibe going with subtle actions:

- 1. Communicate:** Even if your child is present, make sure to speak to still incorporate adult conversation as well.
- 2. Touch:** Just taps on the hand or rubs on the back throughout the date can keep things intimate.
- 3. Share dessert:** Share a sweet treat while the kids make their own mess at the other end of the table.

How do you keep the romance alive when your child is with you? Share your thoughts below.

Chris Martin Says Marrying Gwyneth Paltrow Is Like Winning the Lottery



In an interview with CBS Sunday Morning, Chris Martin publicly spoke about his wife, Gwyneth Paltrow, for the first time. The couple, who's been married for eight years and has two children, try to keep their marriage out of the public eye and rarely photograph together, according to [RadarOnline](#). The Coldplay frontman admitted that he's had one serious romance, and he's in it. When he was told that he made "quite a leap," Martin replied, "It's a big leap? What, from being a loser to going out with an Oscar winner? It's a giant leap. Let's face it, it's like winning the lottery."

What are some ways to keep your relationship intimate?

Cupid's Advice:

For relationships to be successful, it should be both healthy and intimate. Cupid offers advice on how to keep the latter in your relationship:

1. Dating: Take a day out of every week to spend alone with your partner.

2. Communicate: Have daily discussions about your day, feelings, latest news, etc., so you both will be updated on what's going on in each other's lives.

3. Encourage each other: Encouraging your significant other to follow their dreams and goals, and giving him/her advice will let them know that you care.

Let us know some of the ways you keep your relationship intimate.

Ryan Seacrest Dances with Julianne Hough at 'Footloose' Party



The *Footloose*

premiere after-party was all about cutting loose for Julianne Hough and boyfriend Ryan Seacrest, according to UsMagazine.com. Although Seacrest is usually not one to dance, he made an exception for *Dancing With the Stars* alum Hough to show his support for her accomplishments. "Julianne was so happy because apparently Ryan never dances and this was the exception he made for her, because he was so happy for her," said a party guest. The *Footloose* star admits that she didn't expect her beau to hit the dance floor. "It's like really awkward, but really cute," she said of Seacrest's skills. "My brother Derek does a better impression."

How do you know when your partner really cares about you?

Cupid's Advice:

It can be difficult to read the signs when it comes to deciphering whether your partner truly cares about you. Here are some ways to tell:

1. Outside of comfort zone: If your significant other steps outside their comfort zone and does something for you that he or she would not normally do, it's a safe bet that they care about you. Ryan Seacrest did just that by dancing with girlfriend Julianne Hough.

2. It's the little things: When your partner buys you flowers "just because" and picks up small things here and there that remind them of you, that's a great sign. It means you're constantly playing a part in his or her life.

3. Show off: When your mate shows you off to his or her friends, it means they're not ashamed of you and, in fact, are proud to be with you.

How did you first know your partner cared for you? Share your experiences below.

Ashton Kutcher and Demi Moore Are Spotted at Religious Services



After recently being slammed with rumors of turmoil in their marriage, Ashton Kutcher and Demi Moore were seen together attending religious services at the Kabbalah Centre. According to [People](#), the two sat on separate sides of the aisle as is customary in Kabbalah. After the service, Kutcher greeted Moore with a hug and the couple walked out with their arms wrapped around each other's waists.

What do you do if you hold different religious beliefs than your partner?

Cupid's Advice:

The laws of church and state don't just apply to the government; they can also often times apply to relationships. Find a happy medium by agreeing to disagree:

1. Focus on what you have in common: Chances are you have something in common with your partner, even if it's just your love for one another. Keep your focus on what you can agree on.

2. Learn more about your partner's faith: Take this opportunity to learn more about your partner's beliefs and why they are important to him or her. Chances are that they will want to learn more about yours in return. You may find more commonalities than differences.

3. Don't bring it up: Make it clear to your family and friends that when your partner is around, religion isn't to be a topic of discussion.

What do you do if you and your partner shares different political beliefs? Share your ideas below.

'Twilight' Star Kristen Stewart Talks Love and Relationships





Actress Kristen

Stewart has had a lot of experience with love, playing half of one of the most tumultuous on-screen relationships in the movie saga, *Twilight*, and being in love with her co-star, Robert Pattinson. UsMagazine.com reports that her advice on relationships was pretty simple. "Don't be an a-hole. Don't be mean. Don't take s-t. Don't settle," she said. The star continued on to say, "Good relationship advice for me tends to being honest and knowing yourself." Although Stewart is very into all things *Twilight*, she reveals her boyfriend does not have the same appreciation. "Me and Taylor [Lautner] are actual *Twilight* fans, so we can sit there and be so totally into it! Whereas I sit there with Rob...He likes it, but he has just such a different energy."

How do you know when you're settling for a mediocre relationship?

Cupid's Advice:

When settling in a relationship, you mind may be saying, "yes," but your heart is definitely saying, "no". Be sure to take notice of the signs that you're not happy in your relationship:

1. No conversation: Communication is key in every

relationship. If you and your partner's conversations are rare, take this as a warning that maybe you aren't clicking like you should be.

2. People take notice: If others can see the tension and awkwardness in your relationship, then you probably should take some time to analyze your connection.

3. No feelings: If you feel nothing for your significant other when you kiss, touch or even look at them, you're most likely settling. It's probably best to move on.

How do you know when you're settling? Tell us your story below

Jay-Z and Beyoncé Raise \$1 Million at Fundraiser



Buzzed about couple

Beyoncé and Jay-Z held a carnival-themed fundraiser for the rapper's Shawn Carter Foundation at New York's Pier 54, where they raised \$1 million. Jay-Z arrived first and later met with his wife at the Spotted Pig's food truck, [People](#) reports. Guests at the fundraiser enjoyed carnival games and treats provided by Spotted Pig and Momofuku Milk Bar. The money raised at the event will send underprivileged students to college.

How can you give back as a couple?

Cupid's Advice:

Giving back to your community with your partner makes for a great time and memories. With the holidays approaching, assist those around you with these three tips:

- 1. Donate:** Donate clothes you and your partner no longer wear.
- 2. Volunteer:** With Thanksgiving almost here, volunteer at a food bank by sorting donations and serving clients. If you do this with your significant other, it's a great way to bond over a good deed.
- 3. Charities:** If your lacking time, make a contribution to charities, such as Habitat for Humanity International and Feed the Children, which both accept money to assist people.

How do you give back to your community with your significant other? Let us know in a comment below.

Hugh Jackman's Wife Doesn't Like Her Man Too Buff



There's no denying that Hugh Jackman is in good shape, but this *X-Men* star's wife isn't all for her man being buff. According to UsMagazine.com, Deborah-Lee Furness thinks her hubby's job is to do the opposite and stay out of shape for her. "My wife is always upset with me if I'm in really good shape," says Jackman, who has been married to Furness for 15 years. "Overall, Deb would say to me my job is to be out of shape so that she can look as good as possible."

What do you do if your man becomes obsessed with working out?

Cupid's Advice:

Staying healthy and in shape is almost always a good thing, but when working out becomes an obsession and begins becoming a problem in your relationship, it may be time to search out

ways to deal. Cupid has some ideas:

1. Make plans in advance: Purposely make plans at a time when you know your partner has planned to work out. Stress that it's very important to you that you keep the plans you have, and begin weening him out of his obsessive ways one interruption at a time.

2. Tell him how you feel: Sometimes men can get frustrated when women tell them how they feel in detail, so keep it short and to the point. Tell him that when he works out instead of spending quality time with you, it hurts your feelings.

3. Show him it doesn't matter: The best way to get your beau to quit working out non-stop is to show him that you're attracted to him even when he's not super buff. Make it known that you would actually *prefer* some less substantial physique.

Does your man work out too much? What did you do? Share your ideas below.

Naomi Watts Says She Seduced Liev Schreiber





Actress Naomi Watts

isn't afraid to make the first move, reports [People](#). In an interview with *More Magazine*, Watts revealed that sparks flew from the moment she and future partner Liev Schreiber met at the Metropolitan Museum of Art's annual costume ball several years ago. After chatting and flirting for a short while, the two exchanged numbers. "We spoke on the phone for several weeks and emailed," said Watts, who was in Los Angeles at the time. "And then I made up some excuse to come to New York and the rest is history."

As a woman, how do you make the first moves on a man?

Cupid's Advice:

Breaking gender roles and making the first move can be tough, but it's not impossible. Here are a few tips to help you make it work:

1. Show your interest: Your date may be just as nervous as you are about making the first move, so make sure he knows that you're interested. After flirting, try saying something like, "I wanted to see that movie!" Your date may suggest that you see it together.

2. Go on a group date: If asking your love interest on an

actual date is too forward for you, try asking him on a group date. Having mutual friends with you will make you both more at ease.

3. Be confident: If making the first move has you overly anxious, your discomfort will be apparent. Boosting your confidence will make asking much easier, and it will also make him interested.

Have you ever made the first move? Feel free to share your experience in a comment below!

Justin Bieber Plans “Titanic” Date For Girlfriend Selena Gomez





Teen sensation

Justin Bieber went all out in the romance department for girlfriend Selena Gomez for their date Friday night. The couple's first destination was the Nokia Theater, where they watched fellow Disney star, Demi Lovato in concert. [People](#) reported that they then headed to LA's Staple Center, where Bieber rented out the entire arena so he and Gomez could watch the critically acclaimed movie, *Titanic* without any interruptions. Bieber shelled out a whopping zero dollars to rent out the popular arena, as the Staple Center management gave it to him free for selling out the center three times. His romantic gesture proves why all the ladies have "Bieber Fever."

How do you vamp up the everyday movie date?

Cupid's Advice:

For those a little short on cash, renting out a whole arena probably isn't your best option. However, switching up the movie venue or watching a different type of movie is sure to spice up the usual "dinner and a movie" routine:

1. Outside the movie theater: When the idea of the movie theater gets a little boring, consider a drive-in movie or watching a movie in the park. It allows for a more intimate

and relaxed setting.

2. Classics: Sometimes rushing to get tickets to the latest blockbuster can be a little stressful. It doesn't hurt to wait until next week to see it. In the meantime, rent some classic movies in the genre of your choice and snuggle up at home.

3. Choose at random: If you find you and your partner are unsure of what to watch, choose something you both wouldn't normally see. Spontaneity can lead to the discovery of wonderful things.

How do you spice up your movie dates? Let us know by commenting below.

Prince William and Kate Open Children's Cancer Center at London Hospital





The Duchess of Cambridge still has much to learn about royal life. Prince William and his wife will open a children's cancer center at the Royal Marsden Hospital later this month, reports [People](#). The opening of the cancer center is part of Kate's focus on charitable work. Said a palace spokesman, "The Duchess is using the next few months to get to get to know a number of charitable and other causes better, so she can make well informed decisions about her future role."

What are some rewarding things you can do together as a couple?

Cupid's Advice:

Though many relationships can get by on romance alone, it's also important to bring out the best in your partner. Here are a few ways you and your loved one can make a difference:

1. Visit a homeless shelter: Many homeless shelters open on the weekends for a few hours at a time. Instead of sleeping in, volunteer your Saturday morning and help out. It'll bond you as a couple and make you feel your time is worthwhile.

2. Visit an animal shelter: Find the nearest no-kill shelter in your neighborhood. These shelters are almost always short

on room and low on money. Acts as simple as cleaning a litter box can aid the shelter.

3. Donate: If you and your partner don't have time to visit the nearest charity, try donating instead. Sending some old clothing to the Salvation Army is a fast and easy way to contribute.

Have you done any volunteer work with your partner? Leave a comment below!