

Celebrities Come Together at NBC Universal Benefit to Help Hurricane Sandy Victims



By Nic Baird

Hurricane Sandy's destruction of homes and power grids along the East Coast has prompted NBCUniversal to schedule a one-hour telethon special presented live from NBC's 30 Rock studios in New York on Friday at 8 p.m., according to [Hollywood Reporter](#). The emotional response includes musical performers Bruce Springsteen, Christina Aguilera, Billy Joel, Sting, and Jon Bon Jovi. They will take the stage with actors and media personalities like Brian Williams, Jimmy Fallon, Kevin Bacon, Tiny Fey, and John Stewart to promote hope for the victims. Many networks like HBO, NBCU, SyFy, Style, and others will feature the special to raise donations for The American Red Cross' Sandy relief.

How do you bond as a couple while giving back at the same

time?

Cupid's Advice:

It's hard to balance your goals of contributing to the greater good, and growing stronger as a couple. But it's very easy to manage if you take some cautious steps to make sure your joint venture into charity doesn't end in a worse disaster than the one you're fundraising.

1. Discuss your purpose: Before rolling up your sleeves, discuss with your partner the reasons this contribution is important to you. Listen to your significant other's opinion and ideals regarding future charitable work. If you find a common purpose to share with your partner, then you've just hit two birds with one stone.

2. Work together: While dividing up the tasks is an effective way of completing work that is important to both of you, you won't get the same bonding effect as you will together. Laboring for your cause as a unit, and sacrificing together affirms you're both on the same team.

3. Review your achievements: After the work is done, it's time to debrief. You want to make sure you're both comfortable with the extent of your toils, and the good you've accomplished. Discuss the effects your contribution made, the challenges you faced, and ideas for future contributions as a couple.

What are some ways you've contributed to causes with your partner? Share your experiences below!

Alicia Keys and Swizz Beatz React to Hurricane Sandy by Reaching Out



By Nic Baird

Hurricane Sandy, a storm that shut down the New York Stock Exchange for the first time since 1888 and killed over 40 of the city's inhabitants alone, has left New York resident and singer Alicia Keys and her husband Swizz Beats without power or running water, reports [Essence](#). The couple and their two year old son, Egypt, were forced to evacuate their \$17-million Manhattan penthouse on Monday and take shelter at Keys' mother's apartment, which fortunately did have power. "God forbid there's anything else coming – but if it did, I want to be more prepared about how to handle it and be able to ride it out," Keys said. "My heart really goes out to all the people out there going through crazy circumstances." The singer added, "I really feel for people and am reaching out in any

way I can.”

What are some ways to participate in charitable causes as a couple?

Cupid’s Advice:

Charitable causes can be a great way to work with your partner towards meaningful goals. If sudden disaster hits – like a Hurricane for example – share your altruistic passion with your significant other. Try these ways you can participate in charitable causes with your partner:

1. Grassroots kindness: You don’t have to formalize your good deeds by scheduling them. Open your heart and your home to those in need. The most meaningful impact you can hope for is to change someone’s life for the better. Having your partner to brainstorm with you on the best ways to lend your neighbor a hand will make things easier. Be ready for opportunities, your relationship can handle the spontaneity!

2. Local fundraising: You may not know how to build homes, or repair power lines, but you and your partner can think up tons of ways to raise money with friends. Bake sales, car washes, book/garage sales, casino nights, the list goes on. As a couple, showing your compassion together allows you to clarify your relationship’s identity. The Red Cross is currently accepting donations for the Hurricane Sandy relief fund!

3. Volunteering with an organization: There are many great systems in place to accommodate volunteers in a range of charities for a range of positions. Don’t expect any reward besides self satisfaction. Check the internet for groups that are active near you, or ask around at local churches and community centers. Having your partner volunteer with you will make the time pass painlessly.

What are some ways you’ve contributed to causes with your

partner? Share your experiences below!

Meredith Vieira Says Her Husband Has Never Warmed to Their Dog



By Nicole Weintraub

Meredith Vieira provides proof that perhaps all dogs aren't a man's best friend since her husband dislikes the family dog, according to [People](#). Her husband, Richard Cohen, just recently released a new book entitled *I Want to Kill the Dog* in which he uses humor to convey his dislike for the dog. Vieira admitted that she does not think that her husband ever really took to the dog, though she dotes on him. Cohen remarked, "I find it mind-boggling that anybody can be as affectionate and

pay as much attention,” when discussing his wife’s relationship with the dog. “Maybe there’s a little jealousy,” said Vieira teasingly as she kept her dog by her side even while appearing on the *Today* show.

How do you compromise if you want a dog, but your partner doesn’t?

Cupid’s Advice:

Adding a furry friend to the family can be an exciting adventure with your partner. Though, here are some ways to deal if you want a dog but your partner does not:

1. Visit the shelter: Before committing to the idea of getting a dog, why not take a trip with your partner to visit a shelter. Perhaps the two of you can volunteer or spend time with the animals to see whether or not the two of you are truly animal friendly.

2. Downsize: If your partner is dead set against getting a dog, perhaps they will compromise for a smaller pet. Why not try a cat or a rabbit before jumping into the commitment of owning a dog?

3. Pet sit: Another way to ease your partner into the idea of adopting a furry friend is to pet sit for a friend. This way, you will get the full experience of having a dog without the life long commitment. This may be a reality check for you and your partner.

How would you compromise with your partner for a dog? Share your ideas with us in the comments below!

Drew Barrymore and Will Kopelman Make First Post-Baby Appearance



By Nicole Weintraub

New parents Drew Barrymore and Will Kopelman recently made their first public debut, according to [People](#). Their daughter, Olive Barrymore, was welcomed into the world on September 26th, though this is the couple's first appearance together since her birth. The pair attended Saturday's LACMA 2012 Art and Film Gala that was also attended by Jennifer Aniston and her new fiancé Justin Theroux. Barrymore and Kopelman mingled with other guests and were photographed showing their phone to Aniston and Theroux. Were they showing off photos of their new baby girl?

What are some signs that it's time to go out after having a baby?

Cupid's Advice:

When you first have a baby, you want to spend all of your time at home with them. Though, you can't forget about your relationship time. Here are some ways when you know it's time to head out after having the baby:

1. Claustrophobic: If you are beginning to feel suffocated or claustrophobic from spending so much time indoors with the same routine, it's time to call the babysitter. It's healthy to go out as a couple every now and then, even if you have a baby at home.

2. Déjà vu: Have the sense of déjà vu all of the time? If you feel yourself doing the same thing over and over again day in and day out, it's time to break up that routine a little bit. Go out for dinner or catch a flick with your partner; something that is out of the house.

3. It's been months: If it has not been weeks but rather months since you and your partner have gone out, it's time to put down the remote and go outside. It is not healthy to live like a hermit. Regardless of how busy you are, you need to take time out to refresh yourself.

How long would you wait before going out after having a baby? Share your ideas with us in the comments below!

Jennifer Aniston and Justin Theroux Go High-End Furniture

Shopping



By Jennifer Ross

It looks like Jennifer Aniston and Justin Theroux were on a shopping trip on Monday, Oct. 29, to make their Bel Air home compliment their tastes. The newly engaged couple were spotted at several furniture stores, including Blackman Cruz, eyeing two large leather chairs and an 18th century armoire. Reported to UsMagazine.com by an employee, Aniston, 43, and her fiancé were both equally involved in the decision making. “They were in it together. They really seemed to be enjoying this process.” But that’s not all Aniston had her eye on. A frequent visitor of the store, Aniston visited with the store’s dog, Hudson, even “holding her like a baby and petting her forever,” the clerk said.

How do you decorate your home to reflect your relationship?

Cupid’s Advice:

Just like love, home decoration styles come in all sorts of designs with varying degrees of uniqueness. Some can be very black and white while others may prefer blending every color imaginable. Whatever you and your partner's love style is, why not have it reflected throughout your home. For tips on how to accomplish this, these following three ideas can help you get started:

1. Items you cherish: Look all around your home and gather things that are either important to one of you or both of you. Knick-knacks, heirloom items, his favorite TV chair or the floral vase you two picked up on your last vacation; anything really that makes you feel special and loved. Use these items as a starting point to find a common decoration theme.

2. Places you both love: Similar to items, take the time for you and your mate to write down the places you love. Then, under each place, write down the things about that place that you love the most. Finally, share your places with each other and together decide on elements you both can love and live with in your home.

3. Common threads: As you go through items, furnishings and images both you and your partner prefer, look for common threads in design, materials, colors or shapes. You might find that your relationship is a blend of styles rather than just one. If so, don't be afraid to mix and match to create your own unique blend representing the love you two share.

What decorations in your home reflect your relationship? Share with us below.

Find Out How Blake Shelton and Miranda Lambert Make Their Marriage Work



By Jennifer Ross

Halfway towards their second-year anniversary, Blake Shelton and Miranda Lambert continue to act as if they are on their honeymoon. With their stressful music careers that keep them apart as much time as they are together, Lambert, 28, told [People](#), “We won’t go more than two weeks without seeing each other.” Staying apart can be a good thing too, since Shelton, 36, warns that too much togetherness could have them killing each other. The country music couple, which exchanged vows in Texas under an arch of antlers, has recently been able to spend time together in their Hollywood rental. In store for Lambert and Shelton, both were up with four nominations each at the 46th Annual CMA Awards, which aired on Nov. 1. Best of luck to them both, professionally and personally.

What are some ways to keep your married life grounded?

Cupid's Advice:

Finding a "soul mate" is a wonderful thing and what most people strive for in life. Yet, it's the years after that can stress you to the point of throwing in the towel. So what's a person to do when marriage has begun to show its downward times? The answer might be easier than you think. Here are a few ideas on keeping your marriage and sanity together:

1. Define "yours," "mine," "ours": Have the upfront conversation of what belongs to whom? This is not just about the financial accounts. Include time that will be shared together and separate, such as holiday vacations, his Thursday night basketball games or your Saturday afternoon book club meetings. Defining and respecting each other's time and money will work on strengthening your bond.

2. Continue courting: Often, the little things like an "I love you" post-it note left in his car or flowers "just because" can really go a long way to keeping the romance alive. The key is to be genuine and spontaneous, treating each other similarly to the exciting "newness" of your first beginning dates.

3. Renegotiate your contract: As with many contracts in life, your marriage terms and conditions need to be re-evaluated and renegotiated to fit you two currently, every so many years. As time passes by, and people inevitably change, so should your marriage evolve. Be sensitive to what each other requests or no longer needs; focus on continuing the happiness you both give each other.

How do you keep your married life grounded? Comment below.

Pippa Middleton Is Dating Investment Banker James Matthews



By Jennifer Ross

Rumor has it, Pippa Middleton may be taken. For the past three weeks, the younger sister to the Duchess of Cambridge, Middleton has been seen out on several occasions with Investment Banker James Matthews, according to the U.K.'s [Daily Mirror](#). The two were even photographed having dinner at the Queen's Club tennis center in West London. A close source confirmed to [Usmagazine.com](#), "It's very early days but James really likes her." On one of their last outings, Middleton was photographed wearing a black dress, lace jacket, black tights and heels.

What are some signs that you have a lot in common with someone?

Cupid's Advice:

In order for a relationship to have a chance at survival, both parties involved will need to have things in common besides mutual attraction. Personal goals, lifestyles, moral grounds and intimacy are important factors to consider. While having too much in common can lead to a very boring relationship, a healthy amount in each of you is at least 50%, leaving plenty of room to grow. To help you understand where you two stand, here are a few clues to look for:

1. You have unusual things in common: Many new couples have ordinary things in common and are mistaken that this means they are a match. A clearer sign is when you and your new partner have many unusual things in common. The more quirky habits or likes you two share, the better the relationship can grow.

2. "We" terms when times are bad: While all new couples will eventually think in "we" terms, the real clue is when you think this way when the chips are down. If one of you has a sudden problem and both of you think of it as a joint issue, you two are on your way to merging lives together. It is terms like these that will keep you two together through the hard times.

3. You finish each others' sentences: Suppose you begin a sentence and your mate is able to finish it with little effort, then your relationship has a great chance of surviving. Being able to finish each others' sentences shows that you both have more in common than not.

**What convinced you that you had a lot in common with someone?
Tell us below.**

'Glee' Star Matthew Morrison and Girlfriend Dress as Britney and JT for Halloween



By Nic Baird

Glee star Matthew Morrison and girlfriend, Renee Puente, chose retro Justin Timberlake and Britney Spears as their couple costume this Halloween, reports UsMagazine.com. Though the celebrity pop duo split ages ago, Morrison and Puente reminisced about the musical media pair during JT's 'N Sync days and Britney's python charming circa 2001. Morrison, who portrays the coach of a high school glee club on TV, paid tribute to these 90s musical icons for his third annual birthday/Halloween party on Sunday. Morrison captured the look with a head and arm bandana, tinted sunglasses, a blousy

white shirt, a spiky hooded vest, fingerless gloves and a hands-free microphone. Puente's outfit recalled the tiny green top and blue hot pants from Britney's "Slave 4 U" outfit, complete with a fake snake.

What are three couples costumes you can wear for Halloween?

Cupid's Advice:

Don't waste time fretting over costume ideas. Couples outfits can seem daunting, but they can easily come together with the right vision. Inspiration is within your grasp! Read these methods to find a fitting costume for you and your significant other.

1. Puns: Literally being "apples and oranges" will get you some groans, but costumes that work together is a cute Halloween option. Try to physically represent common phrases, like dressing as Justin Bieber and Swag, which could be a treasure chest of hair products. Sound out names or words to get other ideas, like the celebrity couple costume: "Sunny" and "Chair."

2. Pick a Disney movie: This is a great couples costume because Disney movies have replaced any fairy tale imagery we had as children. Try the classic couples: John Smith/Pocahontas, Aladin/Jasmine, Lilo/Stitch, etc. If you do Mulan, I'd choose Mushu or the evil Hun over Captain Li Shang.

3. Suit and Dress: For last minute costume scavengers, you'll never have an easier time than if you build a couples costume from your own wardrobe. JFK with Marilyn or Jackie is pretty quick to throw together. *Mad Men*, celebrity couples, and British royalty can save you at zero hour using just a suit and dress.

What great couples Halloween costumes have you seen? Share your experiences below!

Hilary Duff and Mike Comrie Wear Day of the Dead Costumes



By Nicole Weintraub

Hilary Duff and her husband of two years Mike Comrie celebrated Halloween a few days early, according to UsMagazine.com. The couple left their seven-month-old son Luca home as they ventured to Mike Meldman's party this past Friday in Beverly Hills. The two dressed up in skeleton attire and make up for the Mexican Day of the Dead. Among other guests to join the festivities were Seal and a mystery date, Emma Roberts, Ryan Seacrest with Julianne Hough, Dax Shepard with fiancée Kristen Bell and many more. The new mom, Duff, gushed about motherhood claiming that, "He's getting his first teeth and he's rolling over like a maniac".

What are some ways to coordinate your clothes with your beau?

Cupid's Advice:

Whether it's Halloween or a wedding, sometimes couples like to coordinate clothes with one another. Here are some tips on how to coordinate properly:

1. Twins: While some couples dress up in exactly the same clothes, you don't want to be mistaken for twins rather than a couple. Make sure that you are not crossing the line between coordinating outfits and being twins.

2. Colors: A great way to make sure that your outfit matches your beau is sticking to the same color scheme. For example, if you are wearing a blue dress, have your beau wear the same color for his tie. The two of you will obviously be together without being mistaken as twins.

3. On the same page: The two of you may not be on the same page according to color and that it completely fine. As long as the two of you are in the same theme area, that's all that matters. For example, if your partner is dressing up as a cowboy and you are dressing up as an M&M then the two of you are not coordinating at all.

How would you coordinate clothes with your partner? Would you? Share your ideas with us in the comments below!

Jennifer Aniston Shows Off Engagement Ring in LA





By Nicole Weintraub

Jennifer Aniston is engaged to fiancé Justin Theroux and is not shy about it, according to UsMagazine.com. The couple attended the LACMA 2012 Art and Film Gala in Los Angeles where Aniston was dressed in a sexy black number with a plunging neckline, revealing the silhouette of two of her greatest assets. Along with showing off her cleavage, Aniston proudly flashed her ginormous engagement ring that Theroux presented her with back in August. The ring is a whopping \$500,000 beauty as she showed off while chatting with pals such as Cameron Diaz and Salma Hayek. Ironically, this is the same place where Angelina Jolie presented her rock from Aniston's ex husband Brad Pitt in April.

How do you know what kind of engagement ring to get your partner?

Cupid's Advice:

Thinking of getting engaged? Congratulations! Now how the heck do you decide which engagement ring to choose from? Here are some tips on how to pick the perfect ring for your partner:

1. Ask around: Chances are that your partner has spilled to her fellow gal pals or her family members what kind of diamond

she is hoping for. Be discreet with your asking and make sure your helpers' lips are sealed, but do some investigating and find out if she has been discussing what she likes in rings with her friends and family.

2. Drop hints: Purposely walk past a jewelry store and see if anything in particular catches your partner's eye. Perhaps bring her along with a guy friend of yours who is planning on getting engaged to see what she would suggest. Try not to be too revealing about your intentions, though.

3. Do your homework: Look into her own jewelry box and see if she has any rings or other type of gems. Take a look at what the pieces look like as a whole – is there a pattern between the pieces? Perhaps she likes white gold more than yellow gold for instance.

What are some tips you can offer our readers about finding the perfect engagement ring? Share your tips with us in the comments below.

Princess Madeleine of Sweden Is Engaged to Her Soulmate





By Nicole Weintraub

Princess Madeleine, fourth in line for the Swedish throne, is now engaged to American financier Chris O'Neill, according to [People](#). The couple has been dating for the past two years, though the groom to be claims he knew all along that Madeleine was the one for him. O'Neill requested permission from the king to marry his daughter which was obviously granted. The two are planning a wedding next summer that will take place in Sweden. "He is my soulmate," the bride to be confessed regarding her new fiancé. Though he will be marrying into royalty, O'Neill will not be in line for the throne since he is not a blood relative. However, any children that the couple has together will be in line, along with their mother for the throne.

What are some signs that you're dating your soulmate?

Cupid's Advice:

The term soulmate is not something to be taken lightly. In fact, many people believe that there is no such thing as a soulmate. Though, here are some signs to turn you into a believer:

1. You automatically know: As cliché as it sounds, when you

are with the right person you just know. Call it an epiphany or a feeling in your gut, but when you are sure, you are sure. As O'Neill claims, he always knew that Madeleine was the one for him.

2. You're a better person: When the person you are with makes you a better person, then they are the one for you. They should not try to change you by any means, but if you find yourself being kinder or happier, then they are making you a better person.

3. You are blissfully happy: If you are not happy with your current partner, then they are not the one for you in the end. At the end of the day, regardless of the fights, you need to be happy with your relationship and your partner.

What are some signs you look for when determining if someone is a soulmate? Share your ideas with us in the comments below!

Kristen Stewart Says She Understands That 'Whole Love Triangle Thing'





By Nicole Weintraub

Kristen Stewart sympathizes with her character Bella Swan's love triangle from the *Twilight* series according to UsMagazine.com. "There weren't too many difficulties with the love triangle thing...if you can get past conventions and what everyone else is thinking, then you can have what you want," she explained regarding the love triangle in the franchise in which Bella Swan is caught between vampire Edward Cullen (played by real life boyfriend Rob Pattinson) and werewolf Jacob Black (played by Taylor Lautner). Though, perhaps she was seeking empathy for her character from her own love triangle that erupted this past July. Stewart was caught having an affair with her older married costar, thus ensuing in her breakup with Pattinson. Though, the two have reconciled recently and will be promoting the movie together as a couple.

What do you do if you find yourself as part of a love triangle?

Cupid's Advice:

Love triangles – we've seen them in *Twilight* and in Stewart's own personal life. Though, what do you do when you're a part of one yourself? Here are some tips on what to do:

1. Take a step back: Before you get too wrapped up in a love triangle, take a step back and look at the bigger picture. Are you currently in a relationship? Is someone else involved in the love triangle already involved with someone? Find out all of the details before you act on impulse.

2. Check yourself: Do you really want to be the person that breaks up someone else's relationship or marriage? Do you want to be the other one? Before you throw all of your convictions out of the window, take a look at what you are planning to do. How would you feel if you were in the other person's shoes?

3. Be cautious: Getting out of a love triangle can be very messy, so do your best to not to step on anyone else's toes. You definitely do not want to make enemies. Keep your best interests at heart and sort out your own feelings before acting on them.

Have you been involved in a love triangle? How did you deal with it? Share your stories with us.

Kanye West Surprises Kim Kardashian with Birthday Cake at NYC Event





By Jennifer Ross

Although Kim Kardashian's birthday just passed on Oct. 21, the gifts just keep coming! While at the Angel Ball in New York City Monday night, Kanye West surprised his girlfriend, who just turned 32, with a wonderful chocolate cake. The reality star was very much surprised by the gesture, as West sat there, happy that he was able to pull this off. A witness reported to Usmagazine.com, "She looked genuinely surprised and thanked Kanye with a kiss!" As the charity gala continued on, the couple hardly stepped away from each other, looking very much in love and sneaking kisses ever so often. With this birthday cake surprise AND the birthday trip to Italy, you can definitely say Kanye West knows how to be romantic.

How do you surprise your partner on his/her birthday?

Cupid's Advice:

Remembering your partner's birthday is a must in life. After all, it is the day they were born! No matter what your partner says, celebrating their birthday shows that you value them and truly care. So write it in your calendar, tattoo it to your body or do whatever it is you need to do in order to remember the date. Most importantly, have fun planning the event with ideas such as these:

1. A false birthday party: When planning a surprise party, it's easy for someone to accidentally leak the surprise out. To prevent this, why not plan the birthday party a few days in advance. This way, people can feel comfortable speaking to your partner about the party, just not the exact day. Plus, your mate will definitely be surprised on the day of the event.

2. Party-less surprises: If your partner happens to not like surprise birthday parties, don't fret. There are many ways to surprise him/her; such as filling the bedroom, their car or office with balloons, making them breakfast in bed, planning a fun road trip for two or surprising them with tickets to their favorite concert or event. The ideas are endless. Remember, a party is not the only way to show your love.

3. A party for one: If your partner devotes more time everyone else but himself/herself, why not throw him/her a party for one. Set them up with a day at the spa, a golf lesson with a former pro, or a ride-a-long with a professional race car driver. The gift of time doing something they truly enjoy will leave him/her feeling loved and renewed.

What kind of surprise did you give your partner for his/her birthday? Tell us your story below.

John Mayer Helps Celebrate Katy Perry's 28th Birthday





By Nic Baird

Katy Perry's relapsing boyfriend, singer-songwriter John Mayer, attended a Friday celebration for the pop star's upcoming birthday, Oct. 25, according to UsMagazine.com. Perry dressed as a sexy vampire for the L.A. costume party, while her on-again man donned a vampire hunter outfit. Other celebrities, like Kristen Stewart, Diane Warren, Neil Patrick Harris and Johnny Wujek were also in attendance. Perry "believes she can change" Mayer, a source told Us about their rekindled romance. "She doesn't want to be just another one of his conquests."

How do you know if your new partner is a player at heart?

Cupid's Advice:

There's nothing more painful than a one-sided relationship. Don't pour your heart down a bottomless pit. Relationships need sharing, vulnerability, and devotion. Find out if your partner has these qualities by looking for these signs:

1. Values: Getting a baseline for the personal values of your partner is a good way to decide if they're ready for a serious relationship. Discuss the principles you hold when you enter into a relationship, such as monogamy and honesty. It should

be clear if they're looking for one person, or if they have a constant flirtatious attitude.

2. Priorities: Does their lifestyle support your relationship? Recognize if they'd rather spend time with you, or go out drinking with mixed company. If they don't have room for you in their schedule, it could be that they're very career oriented, but make sure you're their preference. If they're willing to spend the time to develop as a couple, it shows sincerity.

3. Intimacy: Fostering a connection with your partner, takes time and patience. If they're afraid to open up to you, maybe they're afraid to be honest. Players, though charismatic will be reluctant to share too many details of their life. As zealously enigmatic creatures, the fact that you haven't yet figured out if they're a player or not is a bad sign.

What are some other signs that your partner is a player? Share your thoughts below.

Recently Reunited Rob Pattinson and Kristen Stewart Are Caught Being Cozy on Camera





By Jennifer Ross

In another sign that things are moving forward, recently reunited Robert Pattinson and Kristen Stewart were photographed warm and loving to each other, according to UsMagazine.com. To *Twilight* fans, this is just more proof that their number one couple is back! During their Monday night outing with friends, the pair was affectionate to each other with “no sign of tension,” according to an eyewitness. In the months before their reconciliation, no matter how much Pattinson resisted her, Stewart, 22, fought very hard to win back his affection. With Stewart’s persistence, Pattinson, 26, eventually gave in and started answering her calls again. Here’s hoping they remain strong.

What are some ways to know you can trust your partner after a betrayal?

Cupid’s Advice:

Trust is a main element in a strong relationship. When your partner violates that trust, often it is much harder to ever trust him as much as before. Even so, to stay together AND never trust him again is only torturous for you both. Explore the ways to learn to trust again with these three tips:

1. You are no longer blind: In experiencing this betrayal, you open your eyes to the red flags and lies you used to deny. You realize that he was able to lie to you because along with his dishonesty, you too were dishonest with yourself. In being truthful to yourself, you can now expect your partner to do the same.

2. You know what he will do: In reconciling, your partner is open and honest about the necessary steps he is taking to regain your trust. In him doing this and being consistent, you are able to slowly release your fear of him betraying you. You both are aware that this isn't easy for him; yet, you guys support each other in this venture to unite strong again.

3. You have seen examples of trust again: In all this, you and your partner are beginning to reach a point where you can trust him again. Little instances that are equally important to major ones have happened and your mate has not failed you as before. You see that he is honest with you and can trust it.

How were you able to trust your partner again? Share your story below.

**Emma Stone and Andrew
Garfield Attend a Cirque du
Soleil Production in
Hollywood**



By Nicole Weintraub

The Amazing Spider-Man couple on and off screen Andrew Garfield and Emma Stone went to a production of Cirque du Soleil according to [People](#). Once they finished watching the performance, the pair went backstage to meet the cast where they gushed over the spectacular performance. According to a source, the couple has been inspired by the production that sought inspiration from the performance to channel into their next *Spider-Man* film. Garfield and Stone saw the production at the Dolby Theatre in Hollywood on Tuesday evening where they were joined by Andrew Armstrong who is *Spider-Man's* stunt coordinator.

What are some other productions you can attend as a couple?

Cupid's Advice:

There are tons of productions you and your partner can see as a couple instead of visiting the same old dinner and a movie type of Friday night date. Here are some different types of productions you two can attend.

1. The Broadway Play: Broadway, especially in New York City and California, are fantastic date night ideas. Seeing a play together is a great anniversary outing or a birthday celebration. Rather than dinner and a movie, try dinner and a play out in the city. Some plays include but are not limited to Rent, Les Miserables, Hairspray, Mamma Mia, etc.

2. The Circus: A more fun, filled exciting date can be to the circus where there is something for everyone. You can bring the kids or the family members since it is a family friendly entertainment outlet for everyone. There are often various times so that you can either attend earlier in the afternoon or later in the evening.

3. The Murder Mystery: A less common production date idea is a murder mystery dinner in an unconventional dinner and a show type of setting. In an interactive, entertaining setting where you are the guest to a show, a staged crime or murder is executed. As the guests, you mingle with staged actors and work together with other guests to solve the mystery.

What are some productions you would recommend for a couple? Share your ideas with us in the comments below.

Robert Pattinson and Kristen Stewart Cuddle at Hollywood Club





By Jennifer Ross

Saturday night was a memorable night for celebrity watchers in Hollywood. Robert Pattinson and Kristen Stewart were spotted out at Chateau Marmont in Hollywood. The *Twilight* couple was there to celebrate a friend's birthday. Witnesses reported to UsMagazine.com that Pattinson, 26, and Stewart, 22, arrived together and "snuck into the garden from a private side entrance." A low-key event, the reunited love birds were dressed in t-shirts and jeans and "whispering very close and intimately."

How do you know when to forgive and forget your partner's betrayal?

Cupid's Advice:

When a partner betrays your trust, the pain can be debilitating to yourself, along with your relationship. Betrayal acts like scissors, cutting the millions of strands you both worked hard at tying together between your hearts. Nevertheless, there are situations when a couple is able to move past it and reconcile. If you are in one of these relationships, here are a few tips to consider on when to forgive and forget:

1. The relationship is important: When you two and the relationship are more important to each other than the betrayal, it is a sign that reconciling is possible. That is not to say that it will be easy; it won't. However, the importance factor shows you and your partner are on the right path to a possibly stronger union.

2. Actions: Another good sign is when your partner has apologized AND acted on that apology. Is your partner apologizing repeatedly when you need it? Does he hear your pain? Does he answer you so it no longer haunts you? Consistent action is what you'll need to get there.

3. The pain is forgettable: Most importantly, forgiveness is possible when you are not completely consumed by the pain. No matter how much he tries to help you heal, you must be able to let go. Otherwise, you will only create a hell for both of you.

When did you know it was time to forgive and forget your partner's betrayal? Tell us below.

'True Blood' Star Deborah Ann Woll's Boyfriend Runs Marathons to Fight Blindness





By Nic Baird

Deborah Ann Woll, who portrays the vampire Jessica Hamby on HBO's *True Blood*, is dating an activist with a degenerative eye disease, according to [People](#). Comedian E.J. Scott is running twelve marathons, hosting stand-up events, auctioning DVDs and anything else to raise money for the Choroideremia Research Foundation. He and Woll began their relationship in L.A. through an online dating site, and it continued when he moved to Chicago for improv despite the distance. "What he's doing could help thousands of people worldwide," said Dr. Jean Bennet, a scientist studying the disease at the University of Pennsylvania.

How do you give back as a couple?

Cupid's Advice:

It can be frustrating to try channel a sense of misdirected altruism. If you want to give back to the common good, working with your partner can develop your love and your karma. This is a way you can combine meaningful parts of your life in a healthy way. Cupid has some advice:

1. Find your passions: There are so many ways you can contribute through volunteering, fundraising, activism and

donations. Discuss your interests and concerns with your partner regarding politics, charities, and your community. This is a great way to learn about each others' views, as well as finding an area of mutual empathy. Pick something that will fulfill both of you.

2. Make plans: Look at your schedules and decide how much time you have to spend on this venture. Do you prefer working at a grassroots level, or with a larger organization? You'll have to make decisions about your commitment and the ways you're able to contribute. Learning about current issues together is a great way to be productive as a couple. It's also a great date idea, so make sure you coordinate.

3. Take action: Get out there and do it. If you decide to get involved, make sure you both bring a professional attitude. Some coordinators might be weary of taking on a couple, but show them you're both ready to work on this mutual interest. Discuss your experiences afterwards and make sure you give every opportunity your attention. You could have second thoughts about your choice and go back to the drawing board, but first you have to give it a chance.

What are some ways you've given back with your partner? Share your experiences below!

Miley Cyrus Reveals to Jay Leno How Liam Hemsworth Proposed



By Nicole Weintraub

Miley Cyrus finally recently revealed on *Jay Leno* how longtime boyfriend Liam Hemsworth proposed, according to [Extra](#). The *Hunger Games* actor and Cyrus have been dating since they filmed *The Last Song* together. Hemsworth reportedly presented Cyrus with a 3.4-carat rock after she sang his favorite song of hers titled “Lilac Wine” during a free online concert. “He was sitting there and I’m like, ‘He’s looking at me funny!’ And then I knew,” gushed the 19-year old. Hemsworth himself was only 22 when he proposed to Cyrus back in May of this year.

What are three ways to enjoy the engagement period before you start planning a wedding?

Cupid’s Advice:

Engaged? Next comes the wedding with all of the appointments and decisions and research that has to be done – it can be a nightmare. Though, here are some tips on how to enjoy the engagement before starting the stress of planning a wedding:

1. Discuss long-term goals: Instead of jumping right into wedding talk, which can take up an entire engagement period, hold the reigns on that for now. Instead, why not focus on the future that goes beyond the wedding day. If the two of you have not moved in together yet, focus on that aspect.

2. Have an engagement party: Nothing says enjoyment and relaxation like a celebration. Perhaps a few friends will throw an engagement party for you or if you're the do it yourself person, plan a small one for yourself. Don't go overboard though – that's for the wedding.

3. Spend time together: Engaged couples can become so caught up with wedding and marriage talk that they forget who they are as a couple. Don't become lost in all of the future aspects of an engagement and be sure to embrace the here and now.

What are some ways that you would enjoy being engaged? Share your stories with us in the comments below.

Ben Affleck Discusses Staying in Touch With His Exes





By Nicole Weintraub

Even though Ben Affleck is happily married to wife Jennifer Garner with three beautiful children, he still keeps in touch with his former beaus according to UsMagazine.com. The actor revealed that he still keeps in touch with Jennifer Lopez whom he dated for approximately two years. The two e-mail back and forth to touch base with one another. "I touch base. I respect her. I like her," he explained. Prior to dating Jennifer Lopez, the actor has been linked to Gwyneth Paltrow whom he dated for three years. Though, the one who stole his heart permanently was Jennifer Garner. "She truly is kind. She means no one any harm. She doesn't have ill will for any person," he gushed regarding his wife and the mother of his three children.

What are some reasons to stay in touch with an ex?

Cupid's Advice:

Friends with exes – it's a controversial topic that varies from person to person. If you are one of those people who want to remain in contact after a split, here are some reasons to back you up:

1. Friends forever: If you were friends before your relationship, you may want to remain friends after your

relationship. Just because the two of you did not work out romantically does not mean that the two of you will make horrible friends. Sometimes two people are truly just better off as friends.

2. Connections: You never know whom you are going to come across in the future. You may want to keep in touch and touch base every now and then with an ex to see if they have any networking connections that can help you down the line in your career, especially if the two of you have or currently work together.

3. Formality: It is a small, small world. If you and your ex remain in contact and bump into one another at a function down the road, it will not be as awkward as if you go complete separate ways. You don't have to be best friends, but a simple smile and nod would do.

Why would you keep in touch with a former partner? Share with us!

Taylor Swift Denies 'Kidnapping' Conor Kennedy





By Nicole Weintraub

Taylor Swift recently opened up during a *Rolling Stone* interview in which she assured everyone that she did not kidnap her boyfriend, Conor Kennedy, according to [People](#). Via the internet, there have been rumors circulating that the singer whisked away her boyfriend who is still in high school amidst a private jet. “You can’t kidnap a grown man,” exclaimed Swift, explaining that stories as such are exactly the reason as to why she does not investigate tabloid and rumor stories. Another story was fabricated claiming that Swift crashed a private Kennedy wedding, stealing her beau but this time from a family function.

What are some ways to keep rumors from affecting your relationship?

Cupid’s Advice:

Regardless of how old you are, in a time where lives are publicized, rumors are bound to surface time and time again. Here are some ways on how to keep those rumors from affecting your love life:

1. Fact or fiction: Know the difference between fact and fiction for the benefit of your own relationship. If you hear a rumor regarding your lover, don’t look too much into it.

Chances are, you would have known about it first if it were true.

2. Let it bounce off of you: Remember the infamous old saying rubber and glue? Just let it bounce right off of you and don't let it get to you. If a particular rumor is keeping you up at night, talk about it with your partner. It's better to set the record straight than to keep thinking what if.

3. Laugh it off: Rumors are rumors – they are childish and honestly a part of everyday life. If someone asks you if such and such is true, laugh it off as if you don't have a care in the world. Others will see your reaction and have similar ones.

How have you kept rumors from affecting your relationship? Share with us in the comments below!

Olivia Wilde Opens Up About Relationship with Jason Sudeikis





By Jennifer Ross

At a recent [Glamour](#) magazine hosted event in NYC, Olivia Wilde gushed to the audience over her new boyfriend, Jason Sudeikis, although she didn't name him directly. When comparing Sudeikis, 37, to the likes of say David Beckham, the *House M.D.* star said she "would drop him [Beckham] off at the pound." This in no way was a jab at Beckham, but rather an example of how smitten she is over her new beau. During her monologue reading, Wilde spoke about the raw truth on personal matters such as her divorce, her body and her strong feelings for her partner.

How do you know if you're really into someone?

Cupid's Advice:

When you begin to fall in love with someone, it can be one of the best times of your life. Your thoughts wonder to where he is and what he's doing. Your heart beats faster when he first approaches you. His eye contact takes your breath away. Here are a few tips that point to the fact that you might be falling in love:

1. He's Your Go-To Person: If you find yourself in a challenging work situation and immediately text/email your new

partner about it, you are probably into him. Having the urge to tell him what's going on throughout your day, moments that can be considered unimportant or urgent, is a sign that you are thinking of him constantly and want to be near him.

2. You Open Up About Your Past: Sharing personal stories about your youth, especially ones about your awkward stages, relays a message that you feel comfortable enough to express your vulnerable side. Vulnerability is not easy for many people to show and is normally reserved for those who you've known a long time or people you trust in your heart. When you start opening up, it is a clear indication that you want more than a temporary partnership with the person you're dating.

3. Your Friends, Family or Co-workers Have Met Him: One of the most obvious signs that you are into someone is when you introduce him to your friends, family or co-workers. This is definitely big! Attempting to incorporate your new relationship into your personal life shows him and yourself that you want him around often and you want others to know he exists.

When did you know you were really into someone? Share your story with us below.

Sources Say Rob Pattinson and Kristen Stewart Are a Couple Again



By Jennifer Ross

The love story of Robert Pattinson and Kristen Stewart – take two! Several sources have confirmed to [People](#) that the Twilight on-and-off-screen couple is back together at last. To recap, the two broke up back in July when Stewart, 22, admitted to having a short affair with her *Snow White and the Huntsman* director, Rupert Sanders, who himself was a very married man. Soon after, Pattinson, 26, put their L.A. home up for sale and moved out. After much time separated, the two decided to meet up in L.A. around September 15 and have been practically inseparable since then. The newly reunited couple has yet to make their formal public debut on the red carpet, which is scheduled to happen while promoting *The Twilight Saga: Breaking Dawn – Part 2* movie at the end of this month.

How do you know when to forgive and forget in a relationship?

Cupid's Advice:

No matter what horrible thing has happened, letting go of the bitterness and anger surrounding it will benefit your love

life. It's imperative that you do this, If not for the sake of your relationship, then for your health and peace of mind. The alternative only imprisons you in a cell you create. Understanding these few tips below to will give you strength to let go and lead you towards a better attitude within:

1. Get rid of the resentment: When being interviewed by the *New York Times* in 1998, author Malachy McCourt said, "Resentment is like taking poison and waiting for the other person to die." He could not be any more correct. Holding on to resentment will not only kill your inner self, it definitely stops your relationship from strengthening and growing. Learn to let it go.

2. Look for the lesson: Some spiritual people believe that bad events are a test of our character, a challenging of our inner strength. Whether you believe this or not is up to you. However, when working on forgiving and forgetting your partner, focus on the lesson behind your situation. Something emotionally within you may be hindering your self-growth. Here is a perfect chance to find out what.

3. Purposefully forgetting: Obviously some situations are going to be too difficult to naturally forget. In these instances, look at it from a different perspective. Each time you remember this bad moment, teach yourself to associate it the happy times that came as a result of it. It is not a matter of never forgetting the pain, but a determination of consciously choosing to remember the good.

Were you able to forgive and forget in your relationship? If so, how did you do it? Share your story with us below.

Kristen Bell and Dax Shepard Share Laughs at Lunch



By Nic Baird

Hollywood couple Kristen Bell and Dax Shepard laughed over lunch on Saturday, according to [People](#). The *Hit and Run* costars ate at a Las Vegas burger joint with Bell's parents. Besides their presence on screen, the two also share a similar diet. They're both vegans, and both ordered the house made veggie patty, though Bell went for the side salad and Shepard chose waffle fries to join his lunch. "They were having a great time and were laughing together," an onlooker said.

What are some ways laughing together can benefit your relationship?

Cupid's Advice:

Laughter is the best medicine. If moods are tense, maybe your

relationship needs a healthy injection. Of course there are times to laugh, and times when laughter is a bad idea. As long as your partner isn't modelling a new outfit, here are some benefits of laughing in your relationship:

1. Communication: Laughter tells your partner how you feel about different topics. If they mention marriage, and you're the only one laughing, it will definitely communicate something. More often, it simply shows your sense of humour, and allows your partner to find common ground. Laughing together is enjoying the company of your love, so find the things that put them in hysterics.

2. Assessment: Being able to laugh with your partner comes harder if you communicate differently. Laughing together is a connection, and if that never happens it should prompt you to examine your relationship. You might find you have different values, interests, or experiences. It could be you're just a very serious couple. It's not necessarily bad, but how much you laugh together can explain important details about your dynamic.

3. Comfort: Laughter expresses confidence by making yourself vulnerable to your partner. If you're on edge, being able to laugh can relieve tension between your significant other. You're showing approval of your relationship by demonstrating enjoyment, familiarity, and empathy.

What are some silly moments you've shared with your partner? Share your experiences below!