## Sources Say Chris Brown and Rihanna Are Still Together, But Fighting





By Meghan Fitzgerald

Even though on-and-off again <u>couple</u>, Chris Brown and Rihanna are together, things are not going as well as they wished. A source tells <u>UsMagazine.com</u> that in the past couple weeks, their <u>relationship</u> consists of constant fighting. However, it is not as out of the ordinary for them, the source said, stating, "Every second it's a blow-up and then full on in love." <u>Huffington Post</u> reports that on her Diamond tour she asked her fans, "How many of you are in love? How many of you hate <u>love</u>? How many of you don't understand it? I'm in that group."

What are some ways to know that the fighting has gotten out of hand in your relationship?

### Cupid's Advice:

If you say you and your mate don't fight, you're lying to yourself and everyone around you. Every couple fights. Whether it is beneficial or dangerous is the thing that matters most. Healthy fighting strengthens your relationship with your beau. However, fighting can get out of hand, and should be dealt with accordingly. Cupid has some more advice:

- 1. Lack of love: Have you fought so much with your partner that you no longer express any <u>love</u> towards him? This is a huge sign that fighting has gotten out of hand in your relationship. If you do not feel love towards the person you want to spend your life with, you need to re adjust how much you fight. Or simply get out of the relationship if it is not able to fix.
- 2. Sleepless nights: Do you lack sleep at night because you are so furious at your mate you can't sleep? You should know you fight too much when you can not sleep because of yet another heated fight. Sleepless nights are acceptable if you and your <u>partner</u> are discussing the fight, your feelings, and lives. However, if you two are sleeping on opposite sides of the bed, backs to one another and not speaking, realize how much fighting is affecting your relationship.
- **3. Physical abuse:** Fighting has got completely out of control when your mate begins to physically abuse you. It is not your fault, you did not do anything wrong, and you need to realize how unhealthy this is. To you, to the <u>relationship</u>, to everyone around you. Of course it is going to be challenging to leave the relationship because of commitment or love. But you need to. Pack up all your belongings and find someone who treats you right.

Have you ever experienced fighting getting out of hand in your relationship? Share your experience below.

# Is 'The Bachelor' Sean Lowe & Catherine Giudici's Celebrity Love Affair in Trouble Already?





By Meghan Fitzgerald

A source told <u>UsMagazine.com</u> that Seattle native Catherine

Guidici has been 'bored and lonely' since she moved to L.A for fiancé, Sean Lowe. While celebrity love Lowe attends *Dancing With The Stars* practices, Guidici typically stays home and watches TV. Her friends are so-and-so with her relationship and love life with Lowe, mostly because she was previously a driven, career woman. Plus, she gave up an Amazon gig to be on *The Bachelor*.

'The Bachelor' winner Catherine Giudici needs some more attention from celebrity love Sean Lowe. What are some ways to keep the spark alive in your relationship and love life after the honeymoon phase?

#### Cupid's Advice:

The honeymoon phase in a relationship makes couples believe that the entirety of the marriage will be dreamy, trance-like, and full of passion. Unfortunately, this is not always the case. Once the honeymoon phase is over, your relationship and love may differ. Fights may arise, intimacy may become rare and in between. The honeymoon phase doesn't last forever. Cupid has some advice on how to keep the spark alive:

- 1. Try new things: Usually in new relationships, couples tend to try new things almost constantly. After the honeymoon phase, you adapt to a certain routine. A way you live both of your lives, sticking to the same daily events. Keep the spark alive by trying new things. Go to the new bar three blocks away for Spanish tapas. Check out rock climbing, get out of your comfort zone with your mate.
- 2. I love you: In relationships, it is essential to tell your partner how much you love, care, and appreciate them. Especially after the honeymoon phase when arguments may arise and complications are met. Relationships and love are not typically easy, they require effort and patience. It is easier to fix and have a healthy relationship when you express your love to your partner.

3. Romance: Date nights and spontaneity are a great way to keep romance in check with your relationship. Cook your partner their favorite meal: maybe he likes rigotini and meatballs? Or pack a picnic for your mate and take them to a local park on a warm spring day. Friday date nights are also a great way to get the romance going. It's important to keep the intimate time between you and your boyfriend.

Have you kept the spark alive after your honeymoon phase? Share you experience below.

## Celebrity News: Kelly Ripa Opens Up About Marriage to Mark Consuelos





By Meghan Fitzgerald

Kelly Ripa, 42, has experienced many years of marriage ... 14 to be exact. Even then, there are still things which bug her about her partner, Mark Consuelos. <u>People</u> reports that she is "[0]penly hostile when Mark leaves the toilet seat up." Ripa continues to discuss how husband, Consuelos, will never put the toilet seat down. That said, she doesn't let it get in her way. She worships her other half, love radiating from her body when she's around him.

What are some ways in which fighting can help a relationship?

### Cupid's Advice:

Yes, fighting is tiresome and physically draining. Of course couples fight, you don't have a healthy relationship if you never have a disagreement. Ultimately, fighting mends problems. You can discuss dilemmas going on, and you blow off some stem. Cupid has some ways in which fighting can be a good thing:

1. Emotions: In relationships, emotions are sometimes held

back. Whether it be for their own sake, or their partner. Most people in relationships do this. With fighting, all of your emotions are unleashed. Although some of these emotions may be stronger than you wanted, they still get out there. Making your partner more aware of what you're thinking and feeling all in one strong gust.

- 2. Strength: Fighting gives you strength. Fighting in a relationship gives you and your mate strength. It allows you to work out your problems and move forwards as a couple. It makes you aware of your strengths and weaknesses. Your mate's strengths and weaknesses. You begin to morph into one when you successfully get out of a fight with a smile. Keep powering through!
- 3. Excitement: This last one may seem a bit strange. However, what's more exciting than a tense, sexually frustrating fight with your love. Sometimes relationships dig themselves a grave. Burying themselves further into boredom as each day passes on. Fighting as a couple gives you something to get thrilled over. Maybe not thrilled over why you're upset, or mad. But thrilled that your partner is willing to fight for you. The same with yourself.

Has fighting ever helped your relationship? Explain your experience!

## Celebrity Couple: Jana Kramer and Fiance Brantley Gilbert

## Vie for Same ACM Award





By Meghan Fitzgerald

Jana Kramer, and fiance Brantley Gilbert recently competed yesterday at the Academy of Country Music Awards for the "best new artist" trophy. The couple got engaged the 28th of March at the historic Ryman Auditorium in Nashville, Tennessee. The twosome are now settled in Nashville, with Kramer focusing on her music for the tour with Blake Shelton this summer. Kramer plays around with <code>People</code>'s reporters saying, "We're up against each other and we've got our gloves on!" Although neither half of the couple won "new artist of the year," they did each win an award. Kramer won "new female vocalist of the year" and Gilbert won "new male vocalist of the year."

How does friendly competition keep your relationship fresh?

### Cupid's Advice:

Depending on you and your mate's competitive levels, you may not want to engage in friendly competition. The results for the mass are grand. However for the few, they can vary. Throwing friendly competition into the valuable of a relationship keeps it fresh, keeps it alive. It allows you to bond with your partner, knowing them better than simply factual information. Cupid has some more advice on friendly competitions:

- 1. Awe factor: Having a competition with your beau allows either of you to gain some awe towards one another. It can be your partner to you. You can discover how competitive your mate is, but in the slightest of ways. For you of course, so he doesn't hurt you. If they win 'said' competition, you become aware of how hard they worked to get to that position. Aware of how they work in general, and as always, how much they love you.
- 2. Knowledge of partner: Knowing more of your partner is never a bad thing. Unless they secretly store extinct, decrepit Tasmanian Tigers in all of their closets. Since hopefully this is not the case for you, having a friendly competition allows you to know your mate more. How they think on command, what they do in pressured situations. How they react in certain scenarios. You pick up on their little mechanisms, eventually putting them altogether to analyze the whole machine.
- 3. Something to do: As much as you and your beau are in love, relationships can get dull. It's a fact. It's not you, or your partner, or the both of you together. It's simply that you two may and most likely will get bored. Adding a friendly competition into your relationship keeps it fresh and going. It gives you something to do on a Friday night when neither of you want to go out. Yet you don't want to sit on the couch all night watching re-runs of Dr. Phil.

Has friendly competition ever kept your relationship fresh? Explain below!

## Celebrity News: Lea Michele Is Proud of Boyfriend Cory Monteith for Checking In to Rehab





By Andrea Surujnauth

Glee star Lea Michele is supporting her boyfriend, and also

costar, Cory Monteith as he checks into rehab. "I love and support Cory and will stand by him through this. I am grateful and proud he made this decision." According to <u>People</u>, Monteith is suffering from substance addiction. The couple have been public about their romance since April 2012. "He really, really inspires me, and he motivates me and I think he's just so talented." Michele told <u>People</u> last year. Along with Michele, Monteith is receiving support from his 20th Century Fox TV family. A statement was made to <u>The Hollywood Reporter</u> saying "Cory is a beloved member of the <u>Glee</u> family and we fully support his decision to seek treatment. Everyone at the show wishes him well and looks forward to his return."

What are some ways to support your partner through a tough time?

### Cupid's Advice:

Your love is having a hard time getting through a rough patch in their life. You don't like seeing your sweetie suffer so how can you help them? Cupid is here with some advice for you:

- 1. Support: Be there to listen to your sweetheart talk about what bothering them. If they do not want to discuss the problem then do not push. Just let them know that you are there for whenever they want to talk.
- 2. Be kind: Your beau might be moody during time of stress. Do not let this get to you. Be kind to them even if they seem to be snapping at you. If you are rude back to them, they will just feel worse and it might create an unnecessary argument.
- **3. Be positive:** Remind your sweetie about all the positive things in their lives but do not push them. If you are overly preppy, they will resent your attitude. Just show them that they have you to make them smile.

How do you support your partner during tough times? Comment

## Celebrity Couple Justin Timberlake & Jessica Biel Dine Separately in Vegas





By Meghan Fitzgerald

Jessica Biel and Justin Timberlake spent the past weekend in Vegas ... Although, the couple were not together. <u>People</u> reports that Timberlake put together a guy's weekend, starting off Friday night with dinner at Yellowtail restaurant. Across the

casino at Fix, Biel was dining with a few gal pals, for a friend's bachelorette party. <u>E! Online</u> stated that Justin Timberlake's ex, Britney Spears was just down the hall the entire weekend, too.

## What are some ways to remain independent when you're in a relationship?

#### Cupid's Advice:

When you are in a grand relationship, most of your time is devoted exactly towards the other person. And inevitably, you two love birds morph into one...this only happens if the relationship is in superb condition. This can be a slight problem, for which you will now mostly depend on your partner. This is not a huge dilemma, most people in relationships become dependent on their mate. Cupid has some advice to stay independent:

- 1. Have your own space: Having your own space is essential if you want to be independent in your relationship. Yes, it is okay to let your partner keep things at your apartment if you're dating. However, you need to have your own little 'you' place. A place where you go to to be by yourself. Whether if this is in your home, or the coffee shop, it is special for you and you only. It is also useful if you and your partner allow each other one day a week for your own time.
- 2. Have your own plans: Pertaining to your own time, it is necessary to have your own plans. Of course it is great to spend every waking minute with your partner. However, you need to have your own friends, and have your own time. It is great to remain independent in a relationship if you make plans with your girlfriends. Spend a day with them at the spa, plan a girls night at the bar, do your own thing!
- 3. Don't check up: Why wouldn't you want to know every minute thing your partner is doing? Well, because they also need

their own space. Plus it looks super dependent, and clingy. Don't check up on your mate, if they want you to know something, they will tell you. Especially if you spend most of your time together, you don't exactly need to know every second of the day they're not with you.

Have you been independent in a relationship? Explain below.

# Celebrity News: Hugh Hefner Admits to Sleeping with Over a Thousand Women Before Crystal Harris





By Meghan Fitzgerald

Hugh Hefner, married 26 year-old playmate, Crystal Harris in December. In a recent interview with *Esquire*, Hefner discussed his past romances. He revealed that he slept with so many women in his past, he can barely count. According to *UsMagazine.com*, Hefner estimates the count is over a thousand women. "There were chunks of my life when I was married, and when I was married I never cheated. But I made up for it when I wasn't married. You have to keep your hand in." Hefner states that wife, Harris, is from "heaven" and doesn't wish his life to be any different than it is now.

How do you know if your partner's values match your own?

## Cupid's Advice:

Knowing if your partner's values match yours in a beginning of an relationship is challenging to do. You may think they have certain morals and ethics in which they believe in. However, the real truth could have been easily concealed, and you simply didn't realize it. It is important for your partner's values to match yours in a relationship. Cupid has some advice on how to determine if they are or not:

- 1. Maturity: How is your maturity level compared to your partners? Does your mate maintain bills, plans, and their selves? Are they able to follow through on promises, and keep secrets? Your partner should respect your boundaries, feelings, and time. You need someone who is capable of being an adult, and capable of taking care of you and their self. If you agree in these aspects of maturity, your partner should too.
- 2. Personal growth: Are you constantly looking to become a better person in your life? Does your partner sit at home, and does not look to make a better relationship with you? Make sure you and your mate are on the same page when it relates to personal growth. Does your partner have goals for self-improvement? This should be a trait you deeply consider to have in your beau. Make sure your partner is aware of emotional strengths and weaknesses also.
- 3. Integrity: To be in a relationship with another person, you must keep honesty between you and your mate. Is your partner honest with themselves? Do they realize when they're wrong, and you're right? Is your beau honest with you, and many others? You need a partner who keeps honesty close to their heart. Also, make sure your significant other is not playing games, or toying with your emotions. Nobody ever needs that.

Did your partner's values ever match yours? Share your experience below.

## Celebrity Couple Gwen Stefani & Gavin Rossdale Visit a Park with Their Sons





By Meghan Fitzgerald

Sunday, March 24th, rockstar, Gwen Stefani and husband, actor, and musician, Gavin Rossdale strolled happily along in a park through L.A.'s Sherman Oaks neighborhood. Their two sons, Zuma, 4, and Kingston, 6 took turns hitting a baseball around, reported <u>UsMagazine.com</u>. <u>Celebrity Baby Scoop</u> states that the couple and children headed there way to the Easter bunny, and later taking a family hike through the Hollywood hills.

What are some ways to keep the romance alive when you have kids?

#### Cupid's Advice:

Kids are messy, chaotic, all-in-all, a ton of work. They consume the majority of you and your partner's time out of the day. Most people say new couples with children will experience sexual disconnect, this is true. It also continues on in the relationship if you don't do something about it. Cupid has some advice to keep a spark in your relationship when you have kids:

- 1. Sex: Being intimate with your partner will sure as anything keep your romance alive. The only problem here, is you have kids. Kids who probably spend nights in your bed. Kids who are constantly around, and wanting to be around. To keep the romance alive through intimacy, it would be useful if you planned weekends, or nights to get away. Whether you send your kids to your parents, or book a hotel for a night, it is possible to do!
- 2. Date nights: Do you remember the days when you and your partner went on constant dates? Even if it wasn't constant, the romance was present when you and your mate spent nights together. Plan a date night every other weekend, or every two weeks if every other isn't possible. Go out to your favorite restaurant, or a local bar. Having date nights will make you two realize how much you love each other and it will definitely keep the romance alive.
- 3. Attentive: Be attentive to your partner, and hope that your mate is attentive to you and your needs also. Being attentive shows your partner how much you care about them and your relationship. It also shows that you love them because you are willing to take time away from your kids and spend it on them. Ask them how their day was, what they're thinking about, if they need help with anything.

Did you keep the romance alive when you had kids? Explain your experience below!

## 'Bachelorette' Reality TV Stars Ashley Hebert and J.P. Rosenbaum Speak Out About Waiting for Marriage





By Jessica Conigliaro

According to <u>People</u>, the newest reality TV couple Sean Lowe and Catherine Giudici are saving sleeping together for their celebrity wedding night...unlike famous couple Ashley Hebert and her <u>Bachelorette</u> winner hubby, J.P. Rosenbaum, who chose not to wait for marriage. "Those are their own personal beliefs,

and we're not going to judge them," Rosenbaum says. "We do our thing; they do their thing."

Two reality TV couples have different opinions when it comes to waiting for marriage. What do you do if you and your partner have conflicting beliefs?

### Cupid's Advice:

Your boyfriend seems to have differing beliefs from you. However, you don't want them to damage your relationship and love in any way. Cupid offers some love advice on how to work through your differences:

1. Compromise: You and your love have different religious beliefs. Your man wants to go to church, and you want to go to temple — what now? Make a compromise: Go to church with your man one week and have him come to temple with you the next. You will both appreciate each other's support.

Related Link: Reality TV Stars Ashley Hebert and J.P. Rosenbaum Celebrate Holiday Traditions

2. Try new things: Your partner has always wanted to move to a different state before settling down. You, on the other hand, have no interest in leaving. Try going on an extended vacation over the summer and travel from state to state for a few months. You never know what you will end up enjoying, so don't be afraid to try something new!

Related Link: Famous Couple Sean Lowe and Catherine Giudici Speak Out Against the New 'Bachelorette' Twist

3. Pick your battles: Your boyfriend has been dead set on

getting a dog for the past few months. He has been nagging you about it, but you say no, knowing you'll end up taking care of the pet instead of him. If he continues to bug you about it, perhaps it's time to cave. He clearly won't give up until he gets his furry friend. Sometimes, you have to do things you'd rather not do — like cleaning up dog poop! — for the one you love. He'll surely take notice of your kindness and will some day return the favor.

How do you deal with conflicting beliefs between you and your partner? Share below.

# Celebrity News: Kristen Stewart and Rob Pattinson Reunite in L.A. After Two Months Apart





By Meghan Fitzgerald

Ladies and gentleman, the hipster couple, Rob Pattinson and Kristen Stewart have finally reunited in L.A after two months apart. <u>UsMagazine.com</u> reports that Pattinson flew back to the States on March 16th after he finished filming *The Rover* in Australia. Pattinson has been staying with girlfriend, Stewart ever since he got back. <u>People</u> states that the couple was seen out at a karaoke bar, happy in love!

What are some ways to make a long-distance relationship easier?

### Cupid's Advice:

Long distance relationships are not easy. If anyone may have told you that they are, they have never been in a long distance relationship! Even though long distance relationships are not always the easiest, there are many ways to make them work. These types of relationships can be successful with some effort! Cupid has some more advice:

1. Communication: Communication is necessary for long distance

relationships. You and your partner need to talk with one another about everything going on in your lives. To eliminate any drama with social media, rumors, or friends; tell each other everything! It is not easy to work out problems far away hence, you should eliminate any possible problems with communication.

- 2. Letters: Letters are yes, old-fashioned, but it means a lot when you receive or send one. Letters show that you took time the time to write out, it shows how much you care for your partner. Although it is easy to talk to your mate about your feelings and emotions, it is easier to write them down. Once you begin to jot down your thoughts, your feelings will just flow out. Keep the letters flowing, and the love will continue on.
- 3. Love: When you decided whether or not to make long distance work in a relationship, you need to make sure that love is present. It is not easy to start off a relationship miles and miles away. You need to know your partner inside and out to make the relationship work long distance. Make sure you are completely infatuated with your mate and the long distance relationship will immensely easier.

Have you ever made long distance work? Share your experience below.

## Celebrity News: Judd Apatow Feels Bad for Wife Because

## He's a 'Disgusting Man'





By Meghan Fitzgerald

Judd Apatow, 45, writer, co-producer, and director of *This is* 40, said he sees himself in his characters Paul Rudd, and Leslie Mann. Apatow and Leslie Mann, a real life married couple know the dilemmas of marriage. Apatow talks with *People*, stating that he "Relate[s] to just being a disgusting man and feeling bad that my wife even has to be around." Even after problems after a 16-year relationship, the couple remains in love with each other, and loves working together more than anything.

What are some ways to bridge the gap between genders in your relationship?

### Cupid's Advice:

From the beginning of time, men and women have been looked at as two different people, not equals. This is present in relationships, the strong gap between men and women. It is commonly said that men make more money than women, that men are more responsible, that they're the 'man of the house.' Problems and trouble loom from these accusations. Cupid has some advice on how to keep this out of a relationship:

- 1. Respect: With genders in a relationship, each person needs to respect the other. Even if the man makes more money than the women, he needs to respect that he does not have all the power. Money or power does not show that one is better than the other. Also, women need to respect that men try their best to balance work and their <u>family</u>. Although this may not always be the case, women have to be aware that their partner still loves them.
- 2. Communication: Communication is necessary in every relationship. If a problem arises from a gender gap in your relationship, you need to be able to talk to your mate about it. If you both keep your feelings and opinions bottled up, it will not go well. If you feel a gap emerging in your relationship, talk about it! Talk through what your thinking and the relationship won't have any flaws.
- 3. Love: Love needs to be present if a gap has bridged in your relationship. It is easier to communicate and respect your partner of the opposite sex if love is present. Relationships are supposed to be full of laughter, lust, and love! This only happens if you and your beau both ignore genders in a relationship. So go out and love your mate, ignoring any difference of gender!

Have you ever bridged a gap between you and your partner because of gender? Explain below.

## 'Bachelor' Sean Lowe Says Catherine Giudici Was 'Proud' of His 'DWTS' Debut





By Andrea Surujnauth

Sean Lowe, the most recent *Bachelor* star, made his debut on *Dancing with the Stars* this week. Although the judges weren't impressed by Lowe's performance, his fiancee sure was."I went over to her and she just said she was so proud of me, and that she loved me," Lowe told *UsMagazine.com*, "I think she'd give me a 10, I know the judges didn't tonight. That's what a good fiance does." His fiance, Catherine Giudici, was there to

congratulate him as soon as he stepped off stage. "Dancing is a challenge and I am one that loves to embrace a challenge and things outside of my comfort zone," he said. "This do certainly fits that mold, and most importantly Catherine was behind me. She was the first person I called after they approached me and she said she would support me and thought it be a fun opportunity for both of us." The couple has kept their love going strong despite the long hours that Lowe has to spend practicing with his partner, Peta Murgatroyd. "It's tough at times, but lucky for me she understands and supports us and knows Peta's work ethic," he said of spending hours every day training with Murgatroyd. "But when I'm not rehearsing I always make sure to capitalize on our together." When asked whether there is any jealousy issues between Giudici and Murgatroyd, Lowe responded, "Peta is certainly a gorgeous girl, anyone can see that, but Catherine confident and not worried. And her and Peta have become friends!"

What are some ways to support your partner's passion?

### Cupid's Advice:

Your partner is passionate about a sport or activity, so how can you show them that you support them? Here are some tips:

- 1. Cheer-lead: If your beau has taken as interest in a sport or activity that involves some type of performing, be there to cheer them on. Be their own personal cheerleader and show them that you think they can succeed at whatever activity they are taking part in.
- 2. Participate: Show your partner support by participating in their new passion or hobby. Your sweetie will be thrilled to see you enjoy their hobby with them.
- 3. Coach: If your partner's passion involves competition, support them by helping them practice and improve. Your honey

will appreciate you taking such an interest in helping them perfect their skills.

How do you support your partner's passion? Comment below and let us know!

## Celebrity News: Anderson Cooper Thanks Boyfriend Ben Maisani at GLADD Awards





By Jessica Conigliaro

Anderson Cooper received the Vito Russo award on Saturday, March 16 at the GLADD Awards. It recognized his work as an accomplished, openly gay journalist, *UsMagazine.com* reports. During his award speech, Cooper emphasized how important his partner, Ben Maisani truly is to him, saying, "The ability to love one another, the ability to love another person is in my opinion one of God's greatest gifts and I thank God every day for the ability to give and share love with the people in my life. My family, my friends, my partner Benjamin, thank you very much."

#### What are some ways to show appreciation for your partner?

### Cupid's Advice:

Your boyfriend has been treating you with love and respect since the day you met. Take Cupid's advice and show your man how much you appreciate all that he does for you and how grateful you are to have him in your life:

- 1. Leave them notes: You came home from a long day of work to a cooked meal and a clean home. Your boyfriend knew you had a rough day, so he tried to make your night as relaxing as possible. You woke up in the middle of the night, realizing you were too exhausted to thank him earlier. Leave him a well thought out Post-it note, letting him know you greatly appreciated his kindness. He will love waking up to a thank you note and may even keep it as a memory.
- 2. Express your thoughts: When your love is truly showing you how much he cares about you, let him know how much that means to you. Tell him how happy you are with him—guys never get tired of hearing that. By doing so, you are letting your partner know that he is treating you with the utmost respect and you love him for that reason.
- 3. Show appreciation in return: One of the best ways to show how much you appreciate your man is to return the feeling. Your boyfriend always asks how your day was, and gets concerned whenever you are upset; do the same in return. Your partner will feel the relationship is an equal entity of love

and respect—which is the ultimate goal.

How do you show appreciation towards your love? Share in the comments below.

## Celebrity Mom Melissa Joan Hart Says Her Husband Is Worse Than Her Kids When Sick





By Andrea Surujnauth

Melissa Joan Hart, star of the hit show Melissa and Joey, had

a house full of sick patients this month. Her three sons Mason,7, Brady, 5, Tucker, 5 months, and her husband all had the flu. According to <u>People</u>, Hart admitted that her husband, Mark Wilkerson, was the hardest patient to deal with. "Kids bounce back like that. Men ... not. You'd think that no one had ever been sick before!" said Hart. Surprisingly, Hart did not get sick at all. "You're the mom. You gotta clean it up and keep going. You're not allowed to get sick. You do not get sick. Especially when you're working, too."

How do you show you care when your partner is sick?

#### Cupid's Advice:

So your sweetheart is sick. What should you do? How do you show your beau that you care about them and want them to get better? Cupid has some advice for you:

- 1. Be their doctor: When your honey is sick, be their doctor. Tuck your partner into bed and give them their medicine. Check their temperature and make sure they get their rest. They will not only get better faster but they will love the attention that they get from you.
- 2. Make some home-made soup: When your beau is sick, a great way to help them feel better is to make them some home-made soup. Your partner will appreciate all the effort you put into helping them feel better and when sick, what could possibly be better than a big bowl of hot soup?
- **3. Keep the kids quiet:** If you have kids, they best thing you can do for your sick partner is to keep the kids from bouncing off the walls. This way your sweetie will be able to get all the rest they need and they will definitely appreciate you for that!

How do you show your partner that you care when they are sick? Comment below and let us know!

## Celebrity Couple: Nikki Reed and Paul McDonald Put Children On Hold for Music Career





By Andrea Surujnauth

Nikki Reed recently talked to <u>People</u> about her relationship with husband Paul McDonald and their plans for their future. Reed said that the key to a successful relationship is to spend time with one another. "I feel like it's really important to just be with each other and make the other person

a priority," she tells *People*. She mentions that she and her hubby have been spending extra time with each other collaborating on music. "We're actually writing a full-length [album] and we should be releasing that in the next couple of months and hopefully doing some touring in Europe. We're playing a few shows at SXSW." says Reed. When it comes to expanding their family, Reed is in no rush to have kids. "Right now we're just so focused on what we're doing together musically and where we're at in our careers," Reed says. "I can't try to predict what life has in store for us because obviously at a certain point, you throw your hands up and say what's meant to happen will happen. But right now at this moment, I don't feel like I'm insistent on that. I just feel really content."

How do you know when it's time to have kids?

### Cupid's Advice:

How do you know when you and your partner are ready to have a baby? Cupid is here with a few key signs to help you figure out whether or not you are ready to bring a baby into your life:

- 1. Relationship: Be sure that you are in a stable relationship before you and your partner attempt to get pregnant. If your relationship is on the rocks or barely hanging on a string, a baby will not help the situation. It might make the situation worse. You do not want to bring a baby into a home that has a lot of fighting or negative energy.
- 2. Finances: Be sure that you and your partner are financially prepared for a baby. Keep in mind that women have to go on maternity leave after giving birth. Be sure you and your partner are stable enough to afford this along with all the expenses that goes along with a child. Remember, babies are not a one time expense, money will be needed to take care of that child until they become an adult.

3. Space: Babies take up room. If you and your partner are living in a tiny apartnment, it will be difficult to fit a crib and a play pen for your bundle of joy. Be sure you have room for your baby to grow, play, and sleep. If you have all of this prepared, then you are ready to bring a beautiful baby into your life.

How did you know you were ready to have a baby? Share your thoughts below.

## Celebrity News: Miley Cyrus Says She Did Not Call Off Her Engagement to Liam Hemsworth





By Meghan Fitzgerald

We will still be expecting a wedding from celebrity couple, Miley Cyrus and Liam Hemsworth? Rumors have been flying that Miley Cyrus called off her engagement to her Australian hunk. Although the duo may have some problems, doesn't everyone? <a href="#">ABCNews</a> states that the couple have very different personalities, which make the relationship challenging, however, the love is present which is all that matters. <a href="#">People</a> reports that the two are working out their problems while planning for their wedding.

### How do you keep rumors from ruining your relationship?

## Cupid's Advice:

Relationships are hard in the first place, and than rumors are thrown into the equation. It is bound to get messy. Depending on how close you and your partner are, you may have to work harder to prevent rumors from wedging their way into your relationship. Social media stirs up this rumor-relationship pot even more, sometimes making it bubble over. Cupid has some

advice on how to keep rumors out:

- 1. Truth: Truth is essential to have when you are in a relationship, especially if rumors are present. For example, say your partner saw a member of the opposite sex text you. This could be a no-big-deal, so your mate asks you if 'Jamie' texted you, you say no. This than erupts into a spiral of accusations, yelling, and a whole lot of mess. Even if it is a serious matter and you don't wish to tell your beau, tell them anyways. Truth will always triumph.
- 2. Communication: You know what people say, communication is key? Well they are more than right. It is necessary to communicate sharply with your partner. If rumors are present, it is even more important that you both talk about everything going on. Doing this will wash the rumors out, and leave you both with a loving and happy relationship. If you don't communicate, and let all your emotions bottle up inside, they will inevitably explode out and cause catastrophe.
- **3. Respect:** You need to respect your partner, and your partner needs to respect you. If you or they don't, leave the relationship as soon as possible. With respect, even if you don't believe what your mate is saying, you need to go by them. If they say it is true, and the rumors are false, respect their honesty in confronting them and push the rumors away. Respect is the easiest way to get rid of the rumors for good.

Has rumors ever ruined your relationship? Share below!

## The Bachelor's Sean Lowe Blogs About Women Tell All





By Andrea Surujnauth

The Bachelor's Sean Lowe blogged about his experience with the Women Tell All special on People. The women who were sent home in The Bachelor came back to discuss what happened in the show with Lowe. "Walking out and taking a seat in front of the women was such a surreal experience. Having 20-plus 'exes' in the same room is a bit daunting, but I was happy to see them nonetheless," blogged Lowe. He goes on to discuss the love he felt for Desiree, although their relationship did not work out and he mentions the sadness he felt when he sent Sarah home. Lowe then begins to blog about his reunion with AshLee. When Ashlee came over to sit on the couch, she told Lowe that she

always viewed him as a southern gentleman, and she was very disappointed that he didn't come check on her after he sent her home. "This totally caught me off guard," blogged Lowe. "I wanted to be as nice as possible, but I also wanted to tell her that once you don't receive a rose, you know you only get a brief moment to talk it over before going home. She wasted that moment by not saying a word. That's why Chris Harrison says, "Take a moment and say your goodbyes." I don't want to sound unsympathetic, but that's how the show works." Lowe continues to express his confusion as to why Ashlee felt this way about him. "I don't know what I may have said that would have given AshLee the impression she got, but I am sorry if I said anything at all that misled her because that was truly not my intention."

How can you stick up for yourself when someone says something untrue about you?

#### Cupid's Advice:

When someone says something untrue about you, your first reaction is to stick up for yourself. But how can you stick up for yourself without seeming defensive? You want to tell them that they are wrong but you do not want to create a scene otherwise it will look what the other person is saying is probably true since you are making such a big deal about it. Cupid is here to help you figure out the right way to stick up for yourself:

- 1. No personal digs: Do not get personal or attack the person that is saying untrue things about you. Defending yourself does not have to mean putting down anyone else or stooping down to anyone's level. If you attack someone, you will be no better than them.
- 2. Speak calmly: Yelling or screaming will not help you make your point. As a matter of fact, it will make you look guilty. Speak as calmly as possible while still getting your point

across. Tell them they are wrong and say why they are wrong. Calmly tell them that it is hurtful when they say untrue things about you.

**3. Be understanding:** Once you tell the person that they are wrong and why, do not expect them to apologize or believe you. Do not force anyone to change their attitude. If you spend your time trying to do so, you will just be putting stress on yourself. It is not worth it. Everyone has their own opinion and not everyone will like you. Just accept it and move on.

How do you stick up for yourself when someone says something untrue about you? Comment below.

# Celebrity News: Rihanna on Relationship With Chris Brown 'We're Adults Now'





By Andrea Surujnauth

According to <u>UsMagazine.com</u>, Rihanna told <u>Elle</u> that she's trying to build a friendship with her ex, Chris Brown. It was only four years ago that the Barbados-born beauty was assaulted by Brown. Even so, she said,"Now that we're adults, we can do this right. We got a fresh start, and we're thankful for that." The pop star also explained that they're not looking for an intimate relationship, just a friendship. "Right now, that's just what we want — a great friendship that's unbreakable." Still, Rihanna has big plans for her future. When asked where she thinks she will be in five years, she replied, "I will probably have a kid."

#### How can you develop a friendship with your ex?

#### Cupid's Advice:

Before becoming friends with your ex-partner, it's important to take some time to be apart and truly let go of your past love. As impossible as it may seem to be friends, know that it can be done. Here are some tips from Cupid to help you develop

- a friendship with your ex.
- 1. Be sure: First, it's best to think about whether or not you're ready to be friends with your ex. Think about the reasons for your breakup. Was your ex the type of person to use you or hurt you? Also think about whether or not you still have feelings for your ex. Will having them in your life make it difficult for you to move on? You don't want your new friendship to be a toxic part of your life.
- 2. Be patient: If your ex is not completely over your breakup, they might not be ready to become friends. Respect their feelings, give them time and don't get frustrated. Continue to be nice to them and show them that you mean well.
- **3. Communicate:** Don't expect that they will automatically be calling you and asking you to hang out every weekend. Do you really want to see them *that* often anyways? If you want to develop a friendship, then you should be the one to pick up the phone and set some plans.

How did you develop a friendship with your ex? Comment below and let us know!

# Celebrity News: Paris Hilton Poses with Injured Boyfriend at Lake Tahoe





By Andrea Surujnauth

According to <u>UsMagazine.com</u>, Paris Hilton and boyfriend, River Viiperi, were vacationing at Lake Tahoe for Hilton's 32nd birthday on February 18th when Viiperi got into a skiing accident. A source told *UsMagazine.com* that "a ski went into River's leg when he fell." While the accident was taking place, Hilton found it to be a great photo op. She kept the public updated through Twitter on what was happening with Viiperi and his knee. She tweeted, "Just got out of the hospital with River Viiperi. He was doing a high jump while skiing and the ski sliced in to his leg! 19 stitches! Oww!" She shared a photo of the Spanish model laying in a stretcher as he was being taken to the hospital. Once the whole ordeal was over, Viiperi took to Twitter to thank his lovely lady. "Back in La La Land safe and sound thanks to my gorgeous blondie always taking such good care of me," he tweeted. "Thank you for being there for me my Love, your the best girlfriend in the world! I'm so lucky to have you!"

What are some ways to show your injured partner that you care?

#### Cupid's Advice:

Your partner got injured, and you want to show him or her that you care and that you're there for them. How can you do that? Cupid has some ideas for you!

- 1. Pamper your partner: Take care of your sweetheart. Try cooking dinner for the two of you. Have dinner in bed while your partner is trying to heal. Be there for your beau to help with whatever they are unable to do for themselves. Get them a "feel better" gift or card. Do something special for them.
- 2. Be their nurse: Make sure your partner is comfortable and taking whatever medication were prescribed. If they have bandages, change them for your sweetie whenever needed. Make sure they are being healthy throughout their healing process.
- 3. Keep them company: Having an injury, especially one that leaves you immobile for a while, can make life difficult and boring. Stay by your honey's side and make them smile. Help them forget about their injury by making them laugh and feel happy.

How do you show your injured partner that you care? Share with us in the comments below.

## Ben Affleck Says Wife Jennifer Garner is 'More Perfect Than I Am'





By Meghan Fitzgerald

After the award-winning night Ben Affleck had at the Oscars, he couldn't have been more grateful than for his beloved wife, Jennifer Garner. The 40-year old director, producer and actor of *Argo* gushed over his wife in his acceptance speech. According to *UsMagazine* Affleck stated that all marriages need to be worked on, and how they work on their marriage, and how nobody's perfect. *PerezHilton* reported that Affleck said wife, Garner is more perfect than he is. How adorable for the stunning duo!

How do you praise your partner in public so he/she feels loved?

#### Cupid's Advice:

PDA is sometimes a problem for couples. Its a possibility that

your partner does not want to be touched in public, or the complete opposite. The best way to communicate with this possible problem, is to talk to your mate! Communication is always key, especially pertaining to public displays of affection. Everyone wants to feel loved, and you can do that in public. If your partner does want praise in public, Cupid has some advice:

- 1. Hold hands: Nothing shows how much you love your partner more than gently holding their hand. This is completely acceptable in public, no vulgarity, just love. This shows your beau not only how much you love them, but how much you care for them. Rubbing your finger softly on the tops of your partners hand, or giving me a slight squeeze, will show them how much you love them. So go on out and hold hands ladies and gentlemen!
- 2. Whisper sweet nothings: No one can physically seeing you doing anything, no displays of affection going on. This is perfect if your mate is not fond of PDA. Simply whisper into their ear. How much you love them, how grateful you are to have them in your life. Tell them a story you haven't told anyone, or a inside joke the two of you share. Whispering sweet nothings into your partners ear shows them how much you love them
- 3. Respect: Respect needs to be given in a relationship. You and your partner will not make it through the long haul if you both don't have respect for one another. With this being said, you need to respect your mate if he does not want to be praised in public. Although they may know that is because you love them, they could be extremely uncomfortable. You need to realize that your partner doesn't want this hence, you should not do it!

How do you praise your partner in public? Explain below.

## 'Bachelor' Star Sean Lowe Surprises Fans and Sends Home AshLee





By Meghan Fitzgerald

The final two in this season's <u>The Bachelor</u> has finally come into play! Strange as it may seem, AshLee Frazier is out of the top two. <u>People</u> reported that AshLee was completely devastated, and visibly upset. AshLee was a big favorite from the beginning, and was so upset, she didn't want 'Bachelor' Sean Lowe to walk her to the car. According to <u>EOnline!</u> AshLee talked to Sean the date before that "This man has literally

healed my broken heart." Sorry, AshLee!

How do you know if your personality and your partner's personality match enough for the long haul?

#### Cupid's Advice:

In the beginning of the relationship, you should do if you and your partner's personality mesh well together. I mean, if it the relationship is working between you and your mate, your personalities match. If the beginning is relatively rocky, and you both are fighting often; you may want to reconsider the relationship. To make it for the long haul, your personalities should match enough to match. Cupid has some more advice:

- 1. Similarities: Your personalities generally stem from what you like and don't like. This being said, you and your partners personalities will tie in together if you both like the same things. Of course, there are exceptions present. However, generally speaking, if you both love the same things in life, you should be able to make it for the long haul. If you don't like the same things and find yourselves fighting on them, look for a different love.
- 2. Compromise: Some relationships are sometimes about compromise, yes it may not be entirely appealing to you; however, it happens. Knowing if you'll make it through to the long haul also depends on how much you are willing to compromise. This is not the case if you and your mates personalities are entirely compatible. If they're not however, you have to make a strong decision. Deciding whether or not you can compromise your way to the long haul with your beau, or walk out the front door looking for new love.
- **3. Passion:** Passion can completely disregard personalities. With passion, you may able to get to the long haul without even considering you and your partners personalities. The problem which may ensue is when the <u>passion</u> fades out. This

may not be for a long time however, it may be harmful when it does. If passion is the sole reason why you and your mate are running, attempt to look past it and foresee the future. Yes this is challenging however, it will help determine if you two can make it.

Have you and your partners personalities made it to the long haul? Explain below.

# Ben Affleck Wins Best Picture at the Oscars and Thanks Wife Jennifer Garner





By Andrea Surujnauth

Ben Affleck won Best Picture at the Oscars this year and thanked his wife, Jennifer Garner, profusely during his acceptance speech. According to <u>UsMagazine.com</u>, Affleck thanked everyone that worked on the film and acknowledged his fellow nominees then began thanking his wife. "It's work, but it's the best work there is" he said of his relationship. He also shared a loving kiss with his wife before getting up to receive his award. These lovebirds were married in 2005. They have three children together, Violet, 7, Seraphina, 4, and Samuel, 11 months.

## What are some ways to show appreciation for your partner's support?

#### Cupid's Advice:

Your partner has always been there for you and supports you through everything that you do. How do you show them your appreciation? Here's how:

1. Thank them: Saying thank you can go a long way.

Acknowledging the fact that your partner supports you will let them know that their support makes a difference in your life, which is exactly what they will be hoping for.

- 2. Creative thank you's: Get your partner a thank you present. Giving your sweetheart a present out of the blue just to say thank you will make them feel just how much you appreciate them.
- **3. Reciprocate:** Support your partner just as much as they support you. It feels good to know that your loved one supports you so show them what that feels like just like they do for you.

How do you show your partner that you appreciate the support that they give you? Share your ideas below.

# Jessica Biel Praises Husband Justin Timberlake's Performance at the Brit Awards





By Meghan Fitzgerald

Love was in the air at Justin Timberlake's performance at The Brit Awards left many people anxiously waiting his new album release. *E! Online* reported that wife, Jessica Biel was able to go to the Brit Awards and watch hubby perform his new song, "Mirrors." Biel was so proud off her husband's performance, and his recent work, that she rushed right to Twitter. Saying "My huz just killed it on the Brits, and the London fans are the tits!" *UsMagazine.com* stated that Biel was "super excited for the show" and even danced around the VIP section to "SexyBack."

What are some ways to support your partner in his or her passion?

#### Cupid's Advice:

No matter how obscure your partners' passion is, it is your duty to support it. Being apart of a relationship is to love your mate entirely. If your beau loves to collect baseball cards, ask him about it. It will not only form a bond between

the two of you. However, your partner will love you even more for wanting to know more about you. Putting a little more effort into one of your mate's passions will have unlimited rewards. Cupid has some more advice:

- 1. Praise: Did you beau just book a new venue for their British Pop band? Is their passion ripping away on the guitar at a way-too-old age? With any of the passions your mate might have, find an aspect of it you enjoy, the crowd of a concert. If your beau loves to jump off planes, love the plane ride, not the jump. In every passion, there is something you could love. Take this love and give it to your partner. Praise them on how well they have been doing, how proud you are of them. Even if you don't love their passion entirely, you love some of it.
- 2. Listen: With passion, most people enjoy telling others why they love it, how it makes their day, how it drives them crazy, how it makes them "them." Listen to your mate about his passion. Listen to how much they love their passion. Realize how much they express love. Love them for opening up to you. Be passionate with them. It does not have to be their passion too, but be passionate together.
- 3. Be apart of it: Attempt to be apart of their passion, if your beau wants you too. With most relationships, your partner will be completely ecstatic that you want to delve into their passion. Give them some guidance, or simply be there with them. Your mate will love having you just there with them. They will think you two are embracing their passion as one. Go with it.

Have you supported your partner's passion? Share your experiences below.

# Hayden Panettiere and Wladimir Klitschko Reunite for a Taco Date





By Meghan Fitzgerald

Could it be? Hayden Panettiere and Wladimir Klitschko are giving one another a second chance at love! An onlooker told <code>People</code>, "The duo was spotted together enjoying lunch at Taco Beach Shack in Hollywood on Monday." The <code>Nashville</code> actress and Ukrainian heavyweight boxing champion have been seen together since the beginning of January, reports <code>UsMagazine.com.</code> After their split in May of 2011, they never really lost contact. They held a steady courtship and is now giving love a second chance!

#### How do you know when to give an old flame a second chance?

#### Cupid's Advice:

Second chances are challenging for some people. They don't want to be hurt over again, they don't want to be in a vulnerable state by getting back together. In certain scenarios, it is okay to rekindle the flame. With these situations, you have to be completely sure that giving a second chance is the right thing to do. It is a strong possibility that you think you should give a second chance however, in reality it's not. Cupid has some advice:

- 1. They've changed: If the relationship ended because your partner ended up changing from when you first began to date, they can change again. Although you may not want to believe that they've changed because of past reasons, believe it! People change! If they change for the better, why not give them a second chance? If your relationship was golden before they changed, and you want that again, test the water and go for it.
- 2. Soul mate: If you believe that your ex-mate is your soul mate, give another chance. Many people believe that there is "the one" out there, just waiting for you to find them. If you have any suspicion that your ex is the only love of your life, shed out a second chance. Of course there is a large chance that you might get your heartbroken again, it is worth it! We promise you, it is worth the leap. Don't you want to know if your ex is "the one?"
- 3. Know the risks: With giving your ex a second chance, make sure you are aware of the circumstances which come along with it. Be aware that you may bump into some obstacles and it may not work out. Know where your position is in the relationship and how your mate feels about getting back together. Ask your ex why he deserves a second chance and what he is going to do to make this time around better.

Have you given an old flame a second chance? Explain below!