

# Celebrity Break-Up: John Cena Opens Up About Nikki Bella Split, Says 'It Sucks'



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y [Jessica Gomez](#)

In [celebrity news](#), John Cena is having a hard time with his break up from Nikki Bella. According to [UsMagazine.com](#), Cena recently said, "It sucks. " He told *Entertainment Tonight* during CinemaCon 2018 in Las Vegas on Wednesday, "There's no other way to say [it]. I love Nicole with all my heart, and that's that." The former [celebrity couple](#) split earlier this month when, according to a source, Bella called off their engagement. May these [celebrity exes](#) get through this tough break-up.

# **This celebrity break-up isn't without heartache. What are some ways to cope with the loss of a close relationship?**

## **Cupid's Advice:**

Most break-ups are not easy – they affect us in various ways. Luckily, there are ways to deal with them. Here are a few:

**1. Being a break-up was the right choice:** Sometimes love can blind us, but it is important to know the reason for our decisions, and that it is in fact the right one. Try your best to skip any denial stage to make it easier for yourself. Assess the situation and be sure. But don't overdo it to the point you're blaming yourself or driving yourself crazy. Just make sure that you stand strong in knowing the break-up was the right thing to do.

**Related Links:** [Celebrity Break-Up: Anna Faris Learns Important Lesson From Divorcing Chris Pratt](#)

**2. Take care of yourself emotionally and physically:** Start off by making sure to eat well and exercise. Both eating and exercising are essential to your health and make you feel better after. As for emotionally, don't overwork yourself mentally. Give yourself a break to relax. Also, if you don't want to be alone during this time, then don't be. Reach out to family and friends. It's okay to do so. Alone time is important, too, however.

**Related Link:** [Why Sam 'Sammi Sweetheart' Giancola Avoided 'Jersey Shore: Family Vacation'](#)

**3. Think of the positive outcome:** It is hard to see it during a tough time – but it is essential that you do find it. Things

can look hopeless, and that can drag you into a downward spiral. It is important to find the good in all the bad situations we're in, no matter how small it may be. Just know that you are going through a hard time right now that will make you stronger in the long run. The future holds something much better. Positive thinking goes a long way.

**What are ways you dealt with a painful break-up? Share below!**

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## **Celebrity Break-Up: Anna Faris Learns Important Lesson From Divorcing Chris Pratt**





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y [Carly Horowitz](#)

In [latest celebrity news](#), Chris Pratt finally broke the silence in regards to his [celebrity divorce](#) from Anna Faris. Pratt and Faris announced that they were “legally separating” in August 2017 after eight years of marriage, and they filed for divorce by the end of that year. “Divorce sucks,” Pratt ultimately revealed in an *Entertainment Weekly* interview this week. He continues to explain that him and Faris are still friends and are kind to one another for the sake of their five-year-old son, Jack. From Faris’ view, she said, “We have a great friendship, we really do and we always have. And it’s always tough to envision your future as one thing, but I think there is a lot of love,” on a SiriusXM’s *Hits 1 in Hollywood* interview. According to [EOnline.com](#), Faris added, “I think it’s a lesson learned a little bit in terms of keeping relationships a little more private, potentially, even though I pride myself on being a pretty open person. But, I don’t know, it’s tough when you’re under the scrutiny.” In other news, Faris is currently dating Michael Barrett, while Pratt is allegedly still single.

**This is the first we are hearing about the opinions of Chris Pratt and Anna Faris since their [celebrity break-up](#). What are some benefits to keeping your post-relationship details on the down-low?**

### **Cupid's Advice:**

It can truly be a tough time in your life after you split from a partner you were together with for so long. You don't need to expose all of the details to every single one of your friends and family if you do not wish to. If you keep to yourself and a few close friends, here is what can happen:

**1. You will be able to explore your true self:** Without the input from others, you will have the opportunity to really understand what you are feeling. Sometimes, it isn't bad to have input from the ones you trust most, but this can occasionally lead to you thinking that you are feeling one way when you are really not. It is most beneficial to get to know yourself alone during this time.

**Related Link:** [Celebrity Break-Up: Anna Faris Is 'Fantastic' Amid Chris Pratt Divorce, Says Allison Janney](#)

**2. You won't receive as much judgement:** This is hard for you as it is, you don't need further scrutiny to just make this situation even worse. When people go through break-ups, it is really difficult for outsiders to truly understand the emotions and feelings that you go through. Therefore, they may judge. You can minimize that by conducting your life in a more private manner.

**Related Link:** [Celebrity News: Is Anna Faris Dating Again After Split from Chris Pratt?](#)

**3. You won't be bombarded:** The more details you put out there, the more people will crowd you with questions. "Why did you break-up?" "Was there cheating involved?" "Are you guys still talking at all?" It can become overwhelming. It is okay to just stick to talking to one specific person that you trust most to help get you through this time and then let the magical self-growth occur.

**What are some other reasons to keep your post-relationship information private? Comment below!**

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## **Celebrity Break-Up: John Cena Sends Messages About the 'Worst Day Ever' Post-Split from Nikki Bella**







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y [Carly Horowitz](#)

In [latest celebrity news](#), John Cena and Nikki Bella have separated after being together for six years. Bella shared on Sunday, "While this decision was a difficult one, we continue to have a great deal of love and respect for one another. We ask that you respect our privacy during this time in our lives," via Instagram. Meanwhile, Cena has been posting quotes and memes on Instagram since then that are leading the public to believe he is alluding to his [celebrity break-up](#). On Tuesday, he posted a meme that said "Worst day ever!" He also posted a quote from Kwame Floyd saying, "It's not what you go through that defines you; you can't help that. It's what you do AFTER you've gone through it that really tests who you are." A source shared with [EOnline.com](#) that Cena did not truly really want to get married in the first place. Also, Bella wanted to have kids and start a family while Cena did not. Clearly, this [celebrity couple](#) did not make for the best match.

# In this celebrity break-up, John Cena wasn't expecting it, and he's heartbroken. What are some ways to cope with an unexpected heartbreak?

## Cupid's Advice:

Even if you think you and your partner may not be the perfect match, you may not expect to break-up out of the blue. Here are some suggestions on how to cope:

**1. Be kind to yourself:** Try not to be too hard on yourself. Remind yourself that despite what you are feeling, it is not all your fault. It takes two to be in a relationship and there were probably aspects from both of you that led to it not working out anymore.

**Related Link:** [Celebrity Break-Ups: Nikki Bella & John Cena Call It Quits & End Engagement](#)

**2. Keep busy:** If you and your partner were together for a long time, it may be very different for you to live life without them all of the sudden. Make an effort to fill up your planner so that it leaves you less time to sit and sulk in your bed. The more you are out and about the easier it will be to move on and make this life the best it can be.

**Related Link:** [Are Nikki Bella & John Cena Calling Off Their Celebrity Wedding?](#)

**3. Reflect:** This is just another learning experience. Look at what you think you may have wanted to do differently in this relationship and make efforts to become this improved version of yourself when you are ready to embark upon another partnership. This process of self-reflection can really help to broaden your perspective and grow as a person.



What are some other ways to cope with unexpected heartbreak?  
Comment below!

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# Celebrity Break-Up: 'Vanderpump Rules' Star Jax Taylor Explains Why He Broke Up with Brittany Cartwright



y [Carly Horowitz](#)

The emotional [celebrity break-up](#) of *Vanderpump Rules* stars Jax

Taylor and Brittany Cartwright aired on Monday. Taylor owned up to his shortcomings and suggested that they split because he was not happy with himself. This break-up was filmed in August 2017 and since then, the pair has actually been trying to make their relationship work, according to [UsMagazine.com](https://www.usmagazine.com). On Tuesday, Taylor confirmed on Twitter that the two are indeed still a [celebrity couple](#) now and he added, "I was a mess but each day has gotten better. I'll never be perfect I know this, but I do know that I have the best partner a guy can ask for, and all I care about is being the best I can for her here on out." Taylor realized during their short split that Cartwright made him want to be a better man and he did not want to lose her. This [celebrity relationship](#) has been through many ups and down but right now they seem to be at an up!

## **This celebrity break-up left us with mixed feelings. How do you know when it's time to break up with your partner?**

### **Cupid's Advice:**

There are clearly not any tell-tale signs that it is time to break-up with your partner. Jax thought it was the best idea at the time but then he realized he was wrong. Yet, there is not a right or wrong answer to anything. You can only do what feels right in your heart in the moment. But, there are some specific indications that the relationship you are in may not be the best for you right now:

**1. You find yourself wanting to do other things than spend time with your partner:** If you would seriously rather lay in your bed and watch Netflix alone then go out with your boo, then that may be a problem. It is understandable to want your

alone time sometimes, but it should not feel like a chore to go spend time with the one you love.

**Related Link:** [No Celebrity Baby Here! 'Vanderpump Rules' Stars Brittany & Jax Have Pregnancy Scare](#)

**2. You bicker about everything:** It is okay to not agree with your partner all the time, but if it has come to a point where bickering is draining both you and your partner, you need to have a talk. Are you bickering about small things all the time because there is something big that is bothering you both deep down? Be open and honest with each other and try to get your relationship happiness back before it is too late.

**Related Link:** [Celebrity Divorce: 'Vanderpump Rules' Star Lala Kent's Married Boyfriend Is Officially Divorced](#)

**3. You constantly think about what else is out there:** Is there someone out there who likes painting as much as I do? Do all partners snore so loud? Your loved one's traits should be endearing to you. It definitely may be time for a break-up if you constantly fantasize about if other people may be a better fit for you. Remember that everything is what you make of it. If you find yourself feeling this way but you do want to make it work, you can! You two just have to try together to get back on the right track. But if you find yourself feeling like this and it makes you realize that you really do not see a future with this person, then end it and be confident that your true love is out there and you will find them soon.

**How else might you know when it's time to break-up with your partner? Comment below!**

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# Celebrity Break-Ups: Nikki Bella & John Cena Call It Quits & End Engagement



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y [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple](#) John Cena and Nikki Bella called off their engagement. According to [UsMagazine.com](#), the now celebrity exes provided them with a statement: "While this decision was a difficult one, we continue to have a great deal of love and respect for one another. We ask that you respect our privacy during this time in our lives." Cena had stated previously that the long time couple's relationship took a lot of work. However, we do not know the reason for their split as of yet. We wish them the best of luck.

# In [celebrity break-ups](#), John Cena and Nikki Bella called it quits. What are some reasons to call off your engagement?

## Cupid's Advice:

Calling off an engagement is rough. Nevertheless, it is better to realize now that it's not working out rather than later after you're married. Here are some reasons why you would possibly call off your engagement:

### **1. You argue all the time and cannot come to an agreement:**

Relationships have to consist of good communication between partners. If you argue all the time, that is something you can work through. Now, if you argue all the time and just don't resolve anything, then there is a problem. If this is the case, your issues will likely build up and continue to cause havoc in your relationship.

**Related Link:** [Celebrity Break-Up: Channing Tatum & Jenna Dewan Silence Rumors About Their Split](#)

**2. There is no trust:** There are times in a relationship where there may be a lack of trust, and many times couples work through it. However, when at the point where you're engaged, trust should be something that is prominently there. There is no reason why you should not trust the person you are going to marry.

**Related Link:** [Celebrity Break-Up: 'Bachelor Winter Games' Star Lesley Murphy Breaks Silence After Split from Dean Unglert](#)

**3. There are things you cannot get past:** If you're marriage is going to work, you need to have moved on from past mistakes your partner has made. Sometimes we remain in relationships

without forgiving our partner for a past discretion. When engaged, the slate should be wiped clean in a way. You are about to start a new chapter in your lives, and if you still have past demons knocking on your door, you may already be a step toward divorce without even being married yet.

**How did you or a loved one know it was time to call off your engagement? Share below!**

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## **Celebrity Exes: Robby Hayes Sparks Outrage After Sharing Amanda Stanton's Private Tweets on Twitter**







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y [Jessica Gomez](#)

In [celebrity news](#), former [celebrity couple](#) Robby Hayes and Amanda Stanton took it all to Twitter! According to *EOnline.com*, Hayes shared tweets of private emails and texts between him and his [celebrity ex](#). The interactions shared was an argument about Disneyland annual passes. Stanton had first posted the following tweet that started it all: "I got a new debit card last month and got an email from an ex this morning forwarding me an email that his Disneyland Annual Pass payment was declined & to update my card info... I sure know how to pick em." After, Hayes posted the interchanged messages captioned: "Lol is this how it happened or was I was trying to help you poor thing? Let's evaluate below everyone ☐ (Read the whole thing)."

**These celebrity exes are certainly not on the best terms, especially**

# after what transpired this week. What are some ways to keep your relationships with your exes civil?

## Cupid's Advice:

Keeping a relationship with an ex civil isn't always an option, but it many times can be! Cupid has some tips on how to go about it:

**1. Be respectful toward each other:** Don't curse, don't be sarcastic – just don't say things that can be taken the wrong way. Between exes there can be lots of tension, so it is easy for one person to feel like the other is overstepping. Stay in your lane and give the respect you expect.

**Related Link:** [‘Bachelor Winter Games’ Star Lesley Murphy Breaks Silence After Split from Dean Unglert](#)

**2. Don't be spiteful:** This is not always easy, especially if you ended in wrong terms. However, two wrongs do not make a right. Try your best to not be petty. It will help in the moving on process as well. Also remember that this is a two way street, they should not be spiteful or vengeful either.

**Related Link:** [Channing Tatum & Jenna Dewan Silence Rumors About Their Split](#)

**3. Keep it short and cordial:** Unless there is an important reason for you to be talking to your ex, it is preferred to keep the communication to a minimum. Be polite and straight forward. The less you have to deal with an ex, the more likely you will be able to take tip one and two above.

**Any tips on how to deal with an ex in a civil manner? Share with us below!**

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# Celebrity Break-Up: 'Bachelor Winter Games' Star Lesley Murphy Breaks Silence After Split from Dean Unglert



y [Carly Horowitz](#)

In [latest celebrity news](#), *The Bachelor Winter Games* star Lesley Murphy and Dean Unglert have posted on their Instagram accounts in such a way that makes it seem as if they went through a [celebrity break-up](#) with each other. The former [celebrity couple](#) were spotted together at the Sundance Film

Festival in January, and that's when we knew they were dating. Yet, Murphy wrote in an Instagram caption two days ago stating, "All we need is that same energy reciprocated, and despite how open and loving you attempt to be, people can only meet you as deeply as they've met themselves. Don't be afraid to be the one that loved the most and give everything you had, because you've got to find people who love like you do and who are ready." She also goes on to state that she is "out with the old, in with the TRUE." This definitely seems like the two went through a break-up. To add to the speculation, Unglert also wrote on Instagram, "As I've gotten older, I've learned that although everyone DESERVES love, it's not something we're entitled to. Love takes work. Love is compromise. Love is earned. I still have a lot of work to do on myself, a lot to prove to myself, before I'm ready for something like that." To conclude, a source informed [EOnline.com](http://EOnline.com) that the pair did indeed break up recently. The aspects of distance and traveling are said to have had some effect on their relationship. The two plan to continue as friends.

**This *Bachelor* *Winter Games* celebrity break-up wasn't really unexpected, but Lesley had some things to say about it. What are some benefits to getting your side of a break-up story out to your family and friends?**

#### **Cupid's Advice:**

When you and your partner break-up, speculation can occur. If you feel comfortable, the best thing to do is get your side of the break-up out to your family and friends. Here is why:

**1. They will know the truth:** You definitely want your closest friends and family to know the truth about why your break-up occurred. Fill them in on how you feel about it so that they are not left in the dust to wonder how you are doing. Your ex-partner may have a different side of the story, and that is okay. Both of you guys can expose your thoughts and feelings on the matter in order to make for a healthy, transparent split.

**Related Link:** [Celebrity Couple News: 'Bachelorette' Alum Dean Unglert Is 'Incredibly Happy' Since Dating Lesley Murphy](#)

**2. They will support you:** During this time of a break-up, it is usually beneficial to have the support of your friends and family. How are they going to know to support you if you don't let them in on what is going on? Be open with them. This will help to both get your feelings out and inform the ones closest to you.

**Related Link:** [Celebrity Break-Up: 'Bachelor Winter Games' Winners Ashley Iaconetti & Kevin Wendt Split](#)

**3. They will try to understand:** Even though no one can ever feel the exact same way you do, people can at least try to understand. By doing something like posting an Instagram post detailing your feelings, it helps for your friends and family to see where you are coming from. The more they understand, the easier it is for them to continue to love and support you.

**What are some other benefits to getting your side of a break-up story out to your family and friends?**

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# Celebrity Break-Up: Channing Tatum & Jenna Dewan Silence Rumors About Their Split



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y [Carly Horowitz](#)

In [latest celebrity news](#), [Channing Tatum](#) and Jenna Dewan Tatum have announced their separation. They released this news on Instagram stating, "Absolutely nothing has changed about how much we love one another, but love is a beautiful adventure that is taking us on different paths for now." They added, "There are no secrets nor salacious events at the root of our decision—just two best-friends realizing it's time to take some space and help each other live the most joyous, fulfilled lives as possible. We are still a family and will always be loving dedicated parents to Everly." Yet, rumors are still



arising as to why the pair is splitting. Some say this [celebrity break-up](#) was caused by flirting and drinking. A source tells [EOnline.com](#) that these rumors are not true. “We understand that everyone is super interested in speculating on their private life and that there are people who think they have an idea of the inner life of this relationship, but it’s simply not the case,” the source says. “The media is fabricating stories and none of these accusations are remotely true. Channing and Jenna released an honest and loving statement which is the only truth.” The former [celebrity couple](#) plans to continue their lives as best friends caring for their 4-year-old daughter, Everly.

**There simply isn’t truth to many of the rumors about Channing and Jenna’s recent celebrity break-up. What are some ways to communicate your break-up to family and friends?**

#### **Cupid’s Advice:**

Sometimes the hardest thing about breaking-up is breaking the news to your friends and family that have rooted you on all this time. Fortunately, it is your closest friends and family, so they will understand that this is the right decision for you and respect that. Here are some ways to break the break-up news:

**1. Social media:** If the majority of your friends and family use social media on a daily basis, this may be the quickest, most efficient way to get the word out. You can do something similarly to what Channing and Jenna did and thoroughly

explain that there are no hard feelings in order to decrease the potential spreading of rumors.

**Related Link:** [Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Are Still Living Together Post-Split](#)

**2. Talk in person and reassure that this is for the best:** Maybe hold a small gathering with your friends and family and casually slip in the news over dinner. Be ready for some questions and criticism. Explain everything to them honestly and let them know that this is for the best and everything is going to be just fine.

**Related Link:** [Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Split After 9 Years of Marriage](#)

**3. Take time to tell everyone personally:** If you are feeling up to it, it may be beneficial for you to take the time to call each individual person that you need to break the news to. By doing this, you will get genuine feedback and support from each person. Call your gal pals first because they will most likely be the most ready to accept the information. Then call grandma, she will be sure to give you some words of wisdom and tell you that she loves you. Try not to stress so much about breaking the news, everyone will be happy as long as they know you are on the right path to being happy as well.

**What are some other ways to communicate your break-up to family and friends? Comment below!**

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# Celebrity Break-Up: Channing

# Tatum & Jenna Dewan Tatum Are Still Living Together Post-Split



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y [Carly Horowitz](#)

In [latest celebrity news](#), [Channing Tatum](#) and Jenna Dewan Tatum have announced their peaceful separation. Although, according to [UsMagazine.com](#), the two haven't been lovey dovey in a while. "They haven't been 'together' for a while. They are best friends and still support each other and go to each other's events and live in the same house," a source said. Apparently the former [celebrity couple](#) seems to be better as friends than as romantic partners at the moment, and there are no hard feelings about that.

# This [celebrity break-up](#) took us all by surprise, and the duo are still co-habiting. What are some ways to decide who will move out after a split?

## **Cupid's Advice:**

When you have been together with someone for a long time, moving out can be a very upsetting experience. You have come to a point where you are so comfortable with each other. How can you decide who is going to move out? Cupid has some words of wisdom on how to handle this situation:

**1. Decide legally:** You can go the simple route and whoever's name is on the lease gets to stay. Although sometimes, it is more complicated than that if both of you two have your names on it.

**Related Link:** [Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Split After 9 Years of Marriage](#)

**2. Get a counselor:** You don't need a counselor just when you are working to try to make your relationship better, you can still use one once you two are officially apart. It doesn't hurt to have a professional help you decide where to go from here.

**Related Link:** [Celebrity Couple Channing Tatum & Jenna Dewan Tatum Celebrate 10th Anniversary of 'Step Up' with Epic Throwback Photo & Video](#)

**3. Don't let your emotions overtake:** Have a rational discussion with your ex-partner to figure out what would make the most sense to do. Try not to become too attached to the

small things. Have an open mind and realize that you now have this opportunity to either move out and start a beautiful new life in a wonderful new place, or you get to redecorate the home you are in now! Either option is an opportunity for growth.

What are some other ways to decide who will move out after a split? Comment below!

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## Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Split After 9 Years of Marriage





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y [Carly Horowitz](#)

In [latest celebrity news](#), [Channing Tatum](#) and Jenna Dewan Tatum announced their separation on Instagram this past Monday. A part of the statement read, “We have lovingly chosen to separate as a couple. We fell deeply in love so many years ago and have had a magical journey together. Absolutely nothing has changed about how much we love one another, but love is a beautiful adventure that is taking us on different paths for now. There are no secrets nor salacious events at the root of our decision – just two best-friends realizing it’s time to take some space and help each other live the most joyous, fulfilled lives as possible. We are still a family and will always be loving dedicated parents to Everly. We won’t be commenting beyond this, and we thank you all in advance for respecting our family’s privacy.” According to [UsMagazine.com](#), the pair had their [celebrity wedding](#) in 2009. They also share 4-year-old daughter, Everly, but they have made it clear that they are going to make efforts so that this separation will not affect her in a negative way.



# This [celebrity break-up](#) is so disappointing to us! What are some ways to work on your marriage prior to calling it quits?

## Cupid's Advice:

Marriage is a lifelong commitment that must be worked on day in and day out. Sometimes it may get rocky along the way, but try not to give up! Here are some ways to work on your marriage before breaking it off:

**1. Remember why you got married:** You are going to need some motivation if you want to avidly work on your marriage during a rough time. Try your best to remember why you got married in the first place. Ponder the amazing assets of your partner and visualize the amazing wedding that you shared together. Maybe even try to do things that you used to do when you first started dating or when you first got married in order to ignite that spark again and become motivated for this improvement process.

**Related Link:** [Celebrity Couple News: Channing Tatum Recalls 'Cruel' Proposal Tactic](#)

**2. Take a walk together each day:** It sounds so simple yet it is so beneficial. Taking time out of each of your days to take a nice stroll around your neighborhood will give you and your partner an opportunity to discuss your feelings and further hone the bond that you have. You can talk about how your day went and then get into some serious points as to why you are needing to work on your marriage. Being in the outdoors will also help you and your partner to be more open and happy while conversing.

**Related Link:** [Celebrity Couple News: Jenna Dewan Tatum](#)

[Explains How She and Channing Began Dating](#)

**3. Practice forgiveness:** Try to open your mind and see things the way that your partner is seeing things. Now is not time for the blame game. That will only prove to be detrimental. Take responsibility for your own actions and move on from there. Keep in your mind that you are trying to improve your relationship instead of looking for reasons to end it.

**What are some other ways work on your marriage before separating? Comment below!**

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## **Celebrity News: Jennifer Garner and Kids Visit Ben Affleck In Hawaii**





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y [Jessica DeRubbo](#)

It looks like these [celebrity exes](#) are keeping it friendly, as [Jennifer Garner](#) and her kids were recently spotted visiting [Ben Affleck](#) in Hawaii over Spring Break, while he's there to train for a Netflix action movie. According to [UsMagazine.com](#), Garner traveled to the Aloha State over the weekend with daughters Violet, 12, and Seraphina, 9, and son Samuel, 6. She even posted a photo on Instagram of herself hiking with her trainer, Simone De La Rue during the trip. Though Affleck is currently dating Lindsay Shookus, who was spotted in Hawaii on March 26th, Shookus was nowhere to be seen when Garner and the kids were visiting. We're glad this former [celebrity couple](#) can keep it civil for their kids!

**In [celebrity news](#), Jennifer Garner and Ben Affleck are following through on their commitment to**

# putting their kids first. What are some ways to put your kids first after a split?

## Cupid's Advice:

When you have kids and are going through a split, it's super important to focus on your children and how the things you're doing are affecting them. Cupid has some ways to make sure you're putting them first:

**1. Put forth a united front:** No matter what your beef is with your former significant other, your kids shouldn't catch wind of it. It's important to get on the same page with your ex before communicating with your kids. You want to make sure the messages coming from each of you are the same.

**Related Link:** [New Celebrity Couple: Ben Affleck Is Dating 'SNL' Producer Lindsay Shookus](#)

**2. Hang out as a family:** If it's possible, continue to spend time together as a family. This may be difficult if your split was particularly bitter, but do your best to get to a point where being together is doable. It will make your kids relax and feel as if their family hasn't been ripped apart forever.

**Related Link:** [Latest Celebrity News: Jennifer Garner Says She Is 'Not Interested in Dating' After Split From Ben Affleck](#)

**3. Make all decisions with your kids in mind:** Instead of thinking of yourself during your split (or after), think about your kids first. Each decision should be made with them in mind. Even if something isn't necessarily preferable to you, you're at a point where you can deal with it, while your kids are still growing and impressionable.

**What are some other ways to put your kids first after a split?**

Share your experiences or thoughts below.

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# Celebrity Break-Up: Justin Theroux Is Spotted with Aubrey Plaza Post-Split from Jennifer Aniston



y [Jessica Gomez](#)

In [celebrity news](#), Justin Theroux was spotted with his co-star from back in the day, Aubrey Plaza. According to [People.com](#),

they were photographed in New York City and went to Theroux's apartment. "They met to discuss a potential film project," a source said. As for his relationship with [Jennifer Aniston](#), the two continue to be friends after their [celebrity break-up](#).

## **Justin and Jennifer's celebrity break-up is fairly new, but it looks like at least one of them is moving on. What are some things to consider before moving on after a break-up or divorce?**

### **Cupid's Advice:**

Moving on after a break-up can be extremely difficult sometimes. What can be even worse is deciding whether to move on or not. Here are some things you should consider before moving on:

**1. Why did you both break up?:** Was the break-up over something not worth it or was it over something that was? Sometimes we break-up out of anger or over something that we think we cannot move past, but do. Evaluate things, make sure that the break-up happened for the right reasons and you're okay with that decision.

**Related Link:** [Bella Thorne & Patrick Schwarzenegger Dish on Relationship Deal Breakers](#)

**2. Is there even a future with this person?:** Is this person worth getting back with in the future? If you no longer see a future with an ex flame, it's time to move on. If you know this valuable piece of information, then you're on track to move on.



**Related Link:** [5 Things We Can Learn from Justin Bieber & Selena Gomez's Rocky Relationship](#)

**3. Has the other person moved on?:** If so, then it is probably safe to say that you should too. It may hurt to see them with someone else, but things happen for a reason. Don't let seeing them with someone else throw you into a jealous fit that makes you want them more. No bueno!

**What things have you considered before moving on? Share with us below!**

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## **Celebrity News: Has Justin Bieber Moved On from Selena Gomez With Baskin Champion?**





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y [Jessica Gomez](#)

In [celebrity news](#), [Justin Bieber](#) may have moved on from [Selena Gomez](#)! According to [EOnline.com](#), Bieber was seen with Baskin Champion on Tuesday night at the Roxy in Los Angeles. Photos show the potential [celebrity couple](#) exiting the venue and leaving in the same car. According to sources, they've actually hung out multiple times, and always seem to flirt and have fun with one another. "Justin has been hanging out with Baskin," a source said, adding that after the show Bieber and Champion went back to his house. "Justin had friends with him but they all left and Justin and Baskin were alone together for the night." We wonder what Gomez has to say about this. Was their break an actual [celebrity break-up](#)?

**In celebrity news, we're wondering if Jelena is old news. What are some ways to know you're ready to**

# move on after a break-up?

## Cupid's Advice:

Moving on from a past relationship can be hard. However, when it's done, it's done, and you have to move on. Cupid has some ideas on how to know when it's time to not look back and carry on from a former relationship:

**1. There is no future with the relationship:** If you no longer see a future with an ex flame, it's time to ditch them and move on. If you know this valuable piece of information, then you're just waiting for the inevitable at this point. Why waste more time on the relationship when you can spend that time moving on and actually doing things that will benefit the future you have without that person?

**Related Link:** [Cameron Diaz 'Has Become a New Person' with Husband Benji Madden](#)

**2. The other person has moved on:** If your ex has moved on, then it is probably safe to say that you should too. It may hurt to see them with someone else, but things happen for a reason. Don't let seeing them with someone else throw you into a jealous fit. Instead, take it with a grain of salt, and move on.

**Related Link:** [Celebrity Couple Miley Cyrus & Liam Hemsworth Go All Out for St. Patrick's Day 2018](#)

**3. You're worn out:** Relationships can be tiresome. However, if you feel absolutely drained, this could be a sign that it's time to move on. You can only try so hard and oh so much. If you gave it your best shot, that's what matters. If your relationship still doesn't work after all your efforts, you may be seeing a dead end, and so it is time to carry on without your ex.

How did you know you and your ex were doomed and it was time to put a pep in your step? Share below!

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## Celebrity Break-Up: Donald Trump Jr. Had an Affair with Aubrey O'Day During Marriage



B

y [Carly Horowitz](#)

In [latest celebrity news](#), it turns out that Donald Trump Jr. had an affair with *Celebrity Apprentice* contestant Aubrey O'Day while he was still married to his wife, Vanessa Trump. A

source told [UsMagazine.com](https://www.usmagazine.com) that “Things started up with Aubrey and Don Jr. toward the end of the taping.” This time spanned from the end of 2011 into March 2012. The affair ended at that time because Trump Jr.’s wife Vanessa allegedly found emails between the two. Vanessa and Trump Jr. had made up, but now, Vanessa has filed for a [celebrity divorce](#) on March 15.

## **Donald Trump Jr.’s [celebrity break-up](#) may have something to do with his infidelity. What are some signs that your partner is being unfaithful?**

### **Cupid’s Advice:**

If things have just not been the same lately between you and your partner, there may be something sneaky occurring. Don’t jump to conclusions, as we all have a tendency to do. But, if you notice any of these signs, sit down with your partner and have a mature conversation about the thoughts you are having. Here are some signs that indicate that your partner may be cheating:

**1. Intimacy has halted:** It is normal during long-time relationships that the intimacy between you two may slow down at points. If it has completely stopped and when you try to get close to your partner they back away constantly, then that is a red flag.

**Related Link:** [Celebrity Divorce: Vanessa Trump Files for Divorce from Donald Trump Jr.](#)

**2. Constant private phone usage:** If out of the blue your partner starts to use their phone a lot more often in a very private manner, then that is a little fishy. If your partner



has always been a big phone user, then maybe it is normal. Ask them if they have something going on at work or another occurrence that may be causing them to use their phone instead of spending time with you.

**Related Link:** [Celebrity Break-Ups: Find Out Why Justin Bieber & Selena Gomez Are Taking a Break](#)

**3. Excuses:** You and your partner should have an honest relationship where you make time for each other because you truly want to! If lately your partner is making an array of excuses as to why they can't meet up, you may need to get to the bottom of what is truly occurring.

**What are some other tell-tale signs that your partner is being unfaithful? Comment below!**

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## **Celebrity Break-Up: 'Bachelor Winter Games' Winners Ashley Iaconetti & Kevin Wendt Split**





B

y [Jessica Gomez](#)

In [celebrity news](#), a [celebrity break-up](#) went down! [Celebrity couple](#) Ashley Iaconetti and Kevin Wendt have split. According to [EOnline.com](#), Iaconetti confirmed that the couple broke up less than a month after the *Bachelor Winter Games* finale. The reason behind the split was recently discussed on Iaconetti's iHeartRadio podcast. She said, "It sounds a little harsh, but it's just that lack of – there's magic. We get along very well, it's just there's a little something missing and you can't really pinpoint what it is. That's just how I feel." Wendt confirmed, saying, "I feel like that's normal and I feel like you get those connections all the time where if you take away our outside world and just put Ashley and me on an island together, we'd probably get along really well. And that's what Vermont was."

**This celebrity break-up happened after a very short relationship.**

# What are some ways to know your relationship doesn't have longevity early on?

## Cupid's Advice:

For the most part, we want the relationships we enter to last. Sometimes there are signs to look out for to tell if the relationship is most likely going to hit a dead end down the line. Cupid has a few red flags to share, get ready for some [relationship advice](#):

**1. Lack of trust:** Trust is built overtime, but if there is no amount of trust, then the relationship will likely end soon. Trust is essential and can make or break a relationship. Consider the following: do you not trust them because of your own issues or actually because of them? Sometimes we have trouble trusting people, not because of what they do or the way they are, but because of what we've been through before them. This is something to consider before you go crazy over not trusting them, and thinking your relationship won't last. However, at the end, you need to learn to trust those who have earned it.

**Related Link:** [Find Out Why Justin Bieber & Selena Gomez Are Taking a Break](#)

**2. You can't agree on anything:** There are certain things you should be agreeing on. It's okay to have differences in opinion, but if you can't agree on things like goals and the future, then this is a red flag. There should be some similarities when it comes to the important stuff. To add on, when disagreeing on things, the situation shouldn't get out of hand. You should be able to approach and get through the conversation calmly, not always ending in a fight— so this is something else to also look out for.

**Related Link:** [Vanessa Trump Files for Divorce from Donald Trump Jr](#)

**3. Commitment issues:** The inability to fully commit to you and the relationship is an obvious red flag. But that is not the only thing we mean when we say commitment issues. There are other things to look out for. If you notice that your partner in general has an inability to commit to things, then that's a possible red flag that you guys won't work out. In a successful relationship, we need consistency and devotion. If your partner isn't dedicated, responsible, or is unable to pull through with their obligations, then it's a definite bad sign. We need someone we can count on at the end of the day.

**What are some red flags you've seen in past relationships? Comment below!**

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## **Celebrity Divorce: Vanessa Trump Files for Divorce from Donald Trump Jr.**





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y [Jessica DeRubbo](#)

It looks like Vanessa and Donald Trump Jr. are calling it quits on their marriage. According to [EOnline.com](#), Vanessa filed for a [celebrity divorce](#) on Thursday in Manhattan Supreme Court. The [celebrity couple](#) have been married for 12 years and share five children. Since she filed for an uncontested proceeding, it looks like there more than likely won't be a custody battle. Donald Trump Jr. married Vanessa in 2005 at President Donald Trump's Mar-a-Lago estate in Palm Beach, FL. The President reportedly played matchmaker for the duo, as he introduced his eldest son to the model at a fashion show in 2003.

**This celebrity divorce is very unfortunate for the pair's five children. What are some important factors to consider regarding your**



# children during a split or divorce?

## Cupid's Advice:

Divorces and/or splits are never fun for anyone involved, but sometimes it has the most lasting effects on kids. Cupid has some things to consider:

**1. Always be open and honest with your kids:** There's nothing worse than lying to your children, even if they're little white lies, because eventually the truth will come out. Sure, you don't necessarily want to air your dirty laundry about issues you have with your significant other with your kids, but try to be as straightforward as possible when letting them know about your split and the ramifications of it. They'll appreciate it in the end.

**Related Link:** [Celebrity Couple Predictions: Mariah Carey, Prince Harry and Donald Trump](#)

**2. Do what's best for your children, not necessarily for yourself:** Consider your kids and the affect your split is going to have on them in all respects. Instead of thinking about what is best for you, keep your kids at the forefront of your decisions.

**Related Link:** [Helping Your Child Through a Divorce](#)

**3. Listen to what your children are saying:** Make sure to keep open lines of communication with your kids during this trying time. It's important that they feel they can talk to both you and your significant other and can ask any questions on their minds.

**What are some other considerations to make when it comes to kids caught up in a split or divorce? Share your thoughts below.**

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# Celebrity Break-Ups: Find Out Why Justin Bieber & Selena Gomez Are Taking a Break



y [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple Justin Bieber](#) and [Selena Gomez](#) put their relationship on hold due to her family's disapproval of Bieber, according to [UsMagazine.com](#). "Selena and Justin decided to take a break mainly because of Selena's mom and her disapproval of Justin," a source said. "Justin's family loves Selena, but Selena's family has put her in a very conflicting spot because they still don't trust Justin. Selena

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has tried to convince her family that Justin has changed ... but her family just isn't budging right now." Because Gomez's relationship with Mommy Dearest was affected after she got back with Bieber, there is tons of pressure and negativity in the air. "It's been hard for her because she is super close with her mom. Her mom was her rock when she was having her health complications," the source added. "Justin and Selena decided to take a break to give her family some more time to heal and take in the idea of her and Justin being a couple again." As if that's not enough, Bieber "doesn't care about anyone but himself," another source said. "The second she saw it, she walked away, especially now with her health. She knows she doesn't need him." Let's see what happens in this messy situation.

**This [celebrity break-up](#) is said to be sparked by Selena's mom. What are some ways to deal with a parent who doesn't like your significant other?**

#### **Cupid's Advice:**

Being with and loving someone who your fam does not approve of can be stressful and just plain hard. Cupid has some [love advice](#) on things to consider and how to deal with a parent not liking your partner:

**1. Consider if your partner is worth the fight:** This may sound harsh, but if you're close to your family, you have to evaluate this. Is this person for right now or are you guys both thinking long-term? You have to assess the seriousness of your relationship before you go jumping through hoops for a person that may not be there in the not-so-distant future.

**Related Link:** [Celebrity News: Justin Bieber Celebrates 24th Birthday Without Selena Gomez](#)

**2. Communicate with your family and partner:** If you're serious about your partner, then you have to talk with both parties about the situation. First talk to your fam. Express to them your feelings about the person and relationship, and don't forget to include how the disapproval is affecting you. Do the same with your partner –discuss your feelings about them and your family, along with the way their disapproval of them is affecting you and your relationship. Sometimes it will take more than communicating, but communicating constantly is important.

**Related Link:** [Romantic Getaway: Justin Bieber & Selena Gomez Sneak Away to Laguna Beach](#)

**3. Take some time apart if needed:** This may not work for everyone, but it may work for Selena Gomez and Justin Bieber, we'll see. Taking a break isn't ideal for every relationship, so you must know if it is something that is convenient and can help yours. Taking time apart may show your family that you really care about their opinions and it can even show them how you are affected by not being with your partner. This should not be taken as a sign of submission, but as a way to cope in the meantime.

**Best of luck to any of you facing this issue! Share your stories below!**

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## Celebrity News: Selena Gomez

# & Justin Bieber Taking a Break, But It's Not a Break-Up



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y [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple Selena Gomez](#) and [Justin Bieber](#) are putting things on hold, but it's not over. According to [EOnline.com](#), multiple sources explained that Gomez and Bieber are giving one another space, but they talk often. Seems like this couple is working through their problems and not calling it quits just yet, after they rekindled their romance in November. "They were having a lot of little disagreements recently and one fight in particular blew up and caused them to decide to 'break up,' however, they've been in contact the entire time and their feelings for



each other have not changed,” said a source. “They will absolutely get back together and they are not over, but they both need some time away from each other.” To add on, another source explained that not seeing eye to eye is the issue on top of the pressure the couple receives from their relationship being in the public eye. Can Jelena make it through? We shall see!

## **In this celebrity news, Jelena are dealing with some relationship issues. What are some ways to get through a tough period in your relationship?**

### **Cupid's Advice:**

No relationship is perfect, we must know this. When problems arise, we must face them head on in order to make our relationship work. Cupid has some [love advice](#) on how to get past those rough patches:

**1. Communicate effectively:** You will always get this dandy piece of advice when it comes to relationships! Communicating effectively is essential. It may seem like a no-brainer, but people have different communication styles, and many do not know how to communicate properly. The important thing is to listen intently, process what your partner is saying, consider their stance and feelings, and discuss your side of it as clearly and patiently as possible.

**Related Link:** [Celebrity Exes Demi Lovato & Wilmer Valderrama Reunite for Lunch Date](#)

**2. Never disrespect:** Respect is similar to trust in the fact that once you disrespect someone, it opens up a whole world of

problems like when you no longer trust someone. Always be considerate of your partner's point of view and feelings. If you care about someone deeply, why disrespect them. Sometimes this is easier said than done, because things can get heated. The key is to stay as relaxed as humanly possible and try to work things out with your other half.

**Related Link:** [Kristen Bell Shares The Secrets to Her Healthy Relationship With Dax Shepard](#)

**3. Take space if needed:** Jelena has the right idea here. Sometimes a couple just needs space. If this is the case, it is important that you both agree on it before taking this step. Create "guidelines" so that you are both on the same page and know what to expect during this period. Taking time apart can either help or hinder a relationship, so ponder this decision before making it to ensure it is the right one for your relationship.

Have any tips for when we have relationship problems? Share below!

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## Celebrity News: Britney Spears Is 'Angry' At Child Support Battle with Kevin Federline





B

y [Carly Horowitz](#)

In [latest celebrity news](#), [Britney Spears](#) isn't happy with [celebrity ex](#), Kevin Federline, who is requesting more child support money from her. According to [UsMagazine.com](#), Spears believes that she pays for everything already and she has an inkling that Federline may be requesting this additional money to support his other four children. Spears makes it clear that she does certainly care for her [celebrity kids](#) as well, as the ex-couple split time with their kids 50/50. A source reveals, "Those boys are her world. She is an amazing mother." She simply just does not believe that this additional money is needed to help her children live a good life.

**In celebrity news, Britney Spears is angry at her ex for asking for additional child support. What are**

# some ways to keep legal battles from affecting your kids?

## Cupid's Advice:

After a split, some issues may arise regarding legal matters. You and your ex may disagree on some aspects. Although, it is important to be mature and handle these disputes privately so that it doesn't affect your children. We all know that guaranteeing your children's happiness is the biggest priority. Here are some tips on how to keep these legal battles from negatively affecting your kids:

**1. Talk to them:** If your kids are older, they most certainly will not be blind to the situation at hand. They may overhear phone call conversations and such. Even though you are trying to keep them out of it, older kids should still be informed so they feel involved and loved. Be honest and explain to them what is going on but assure them that everything is going to be okay.

**Related Link:** [Celebrity Baby News: Khloe Kardashian Is Having a Girl](#)

**2. Don't badmouth your ex partner:** The last thing you want to do is talk negatively about your kid's other parent in front of them. You never want to make it seem like there is a good guy and a bad guy because that will just create an abundance of stress on your children. Even if you feel as if your ex is a horrible person, keep it to yourself and allow your children to form their own opinions by the way that they treat them.

**Related Link:** [Celebrity Break-Up: Did Miranda Lambert and Anderson East Split?](#)

**3. Stay collected:** One of the worst things you can do is set a bad example of freaking out in front of your children. Even

though the legal situation you are going through may be frustrating, try your best to still be the amazing parent that you are to your children.

What are some other ways to keep legal battles from affecting your children? Comment below!

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## Celebrity Break-Up: Did Miranda Lambert and Anderson East Split?



B

y [Carly Horowitz](#)

In [latest celebrity gossip](#), rumors have been circulating about Miranda Lambert and Anderson East's [celebrity relationship](#). According to [UsMagazine.com](#), East has not posted any photos on Instagram with Lambert since November, and he hasn't liked any of her photos since December. Since these rumors have been present, the public has also noticed that East does not follow Lambert on Instagram. But, we are not sure if he ever did. It may be a large leap to judge a [celebrity break-up](#) by mere social media, but East performed on Bobby Bones' syndicated radio show on Wednesday, February 28, and sang a song about heartbreak: "If You Keep Leaving Me." We are not jumping to conclusions, but hopefully Anderson and East will comment on these [celebrity break-up rumors](#) soon!

## Rumors are stirring about a potential celebrity break-up. What are some ways to decrease break-up speculation?

### Cupid's Advice:

People have a tendency to be nosy. They may begin to assume things in regards to your relationship if there are notable changes on social media, or in person. Whether these changes have any truth to them, it can be annoying to have people constantly discussing these rumors. Luckily, Cupid is here with some advice on how to decrease this talk:

- 1. Be honest:** If you don't mind people knowing the truth, then share your break-up right after it occurs. This will stop people from formulating their own conclusions as to if you and your partner have broken up and why. Let people know about your break-up, and give them an explanation to the extent at which you feel comfortable so that further rumors don't begin to arise regarding the reasons why.



**Related Link:** [Celebrity Break-Up: Alicia Silverstone & Husband Christopher Jarecki Split After 20 Years](#)

**2. Delete social media:** After your break-up, you may want to take a break from social media anyway. Also, if you temporarily delete your social media during this time, it will decrease speculation that can form from people analyzing who you are following, who is liking your pictures, and such. Sometimes it's nice to take a break from it all.

**Related Link:** [Celebrity Break-Up: Jennifer Aniston & Justin Theroux Announce Separation](#)

**3. Be yourself:** The number one reason why break-up speculation arises is because people notice changes in individual's personalities. If you and your partner actually did not break-up but you are just going through some other personal changes, let your friends and family know so that they don't assume otherwise. If you and your partner did break-up but you don't want people to know yet, try your best to still act like yourself so speculation doesn't occur.

**What are some other ways to decrease break-up rumors? Comment below!**

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## **Celebrity Exes Demi Lovato & Wilmer Valderrama Haven't Ruled Out Reconciliation**





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y [Karley Kemble](#)

Demi Lovato has always been vocal about her feelings toward her ex boyfriend Wilmer Valderrama. The [celebrity exes](#) previously dated for six years before their celebrity break-up in 2016. However, the pair made [celebrity news](#) a couple days ago, after they were spotted grabbing lunch together. Now, a source close to the former couple tells [People.com](#) that there is a chance they could become exclusive again. For now, though, the source says Valderrama and Lovato are “extremely close friends” though “there’s always potential they could give a romantic relationship another try.” Guess it is possible to be friends with an ex, after all!

**These celebrity exes are on good terms, and may end up back together. What are some reasons getting back together may actually**

# work out?

## Cupid's Advice:

Regardless what others may say, getting back with an ex is not always a bad idea. Sometimes time apart is what's needed to grow stronger. Cupid weighs in:

**1. It's all on the table:** If you're thinking about getting back together with an ex, the most important thing you must do is talk with each other. If there is any unfinished business or unresolved resentment, you must lay it all on the line. Once all the feelings are accounted for, be sure to set clear guidelines before jumping back in.

**Related Link:** [Celebrity Exes Demi Lovato & Wilmer Valderrama Reunite for Lunch Date](#)

**2. You've forgiven:** Forgiveness isn't easy, but it is possible! Contrary to popular belief, forgiveness does not weaken your character: it shows you have the strength to accept the past, look beyond the mistakes, and move on. If you have come to terms with an ex who may have hurt you, but genuinely want to give them another chance, that shows a maturity toward both parties involved.

**Related Link:** [Celebrity News: Demi Lovato Has Dating Advice For Fans](#)

**3. You're both in better headspaces:** Break-ups usually happen because two people are unable to be on the same page. The time spent as a single person is pivotal in personal development. If you and your ex have given each other enough time and space apart, allowing each other to grow, then getting back together might be worth a shot. Though you already know each other, and the relationship is by no means "new," it is exciting to begin a new chapter and get to know each other's newfound headspaces.

Have you gotten back together with an ex? We want to hear about it: share your comments below.

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# Celebrity Break-Up: Alicia Silverstone & Husband Christopher Jarecki Split After 20 Years



by [Carly Horowitz](#)

Actress Alicia Silverstone and singer Christopher Jarecki have

split after 20 years of [celebrity marriage](#), according to [EOnline.com](#). This [celebrity break-up](#) is being handled in a very mature manner. Silverstone and Jarecki plan to co-parent their 6-year-old son Bear Blue Jarecki. Silverstone's rep said that this former [celebrity couple](#) still has love and respect for each other. Best of luck to the two in the future!

## **This long-time pair are calling it quits with a celebrity break-up. What are some solid reasons to separate after a long-term relationship?**

### **Cupid's Advice:**

Even if you have been with someone for a long time, sometimes you realize that you may be better off as friends. It can take a lot of time to truly get to know someone. It is not a waste if you realize that the person you have been with for so long is actually not the one for you. Cherish the moments that you did get to share together and be thankful for that wonderful time. Here are some common reasons that a pair may separate after being together for a long time:

**1. Not enough in common:** It takes time, and living together, to really realize how well you and your partner fit together. Sometimes it even takes raising a child together to actually find out that your relationship isn't the best suited. At first, you may have just been so in love that you did not realize the gaps in your relationship.

**Related Link:** [Celebrity Break-Up: Jennifer Aniston & Justin Theroux Announce Separation](#)

**2. It's just not there anymore:** As sad as it is to say,

sometimes people can fall out of love. That's not a bad thing though. Life happens and maybe you go through experiences that change you and make you realize some stuff that you weren't able to see before. Accept this realization and look forward to being just companions with your ex-partner.

**Related Link:** [Celebrity Break-Up: Sarah Silverman Announces Split from Michael Sheen On His Birthday](#)

**3. Lack of experience being alone:** If you have been with someone for a long time, you may come to fathom that you don't know your true self anymore. It is easy to lose yourself in another person if you were not completely aware of your true being before the relationship started. It's not selfish to take the time to really get in touch with yourself outside of your long-term relationship.

**What are some other reasons to end a long-term relationship? Comment below!**

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## **Celebrity Break-Up: Cheating Didn't Play a Role in Jennifer Aniston & Justin Theroux's Split**







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y [Carly Horowitz](#)

The [Jennifer Aniston](#) and Justin Theroux [celebrity break-up](#) has been the [latest celebrity gossip](#) in everyone's ears the past few days. According to [UsMagazine.com](#), in order to decrease speculation, a source explained that cheating didn't play a role in the celebrity break-up between Aniston and Theroux. "The split is very mutual. They truly want each other to be happy and wish the best for one another," the source said. "Cheating is not the reason for the split and did not happen." A source also said that even though cheating did not play a role in this split, distance may have.

**This celebrity break-up didn't involve a cheating scandal. What are some ways to know if your partner is cheating?**

**Cupid's Advice:**

It is definitely not beneficial to be on guard all the time about if your partner is cheating on you, but it isn't bad to be aware that it could happen. Here are some signs that may indicate that there is some infidelity occurring in your relationship:

**1. Less time together:** If your partner randomly begins to have less time for you, they may be spending time with someone else. Obviously if your partner just got a new job or is dealing with some occurrence, they might have less time to spend with you because of that. Talk to your partner and ask why your time together has decreased.

**Related Link:** [Celebrity Break-Ups: Charlie Puth Says Selena Gomez Romance Messed Him Up](#)

**2. Emotional distance:** You may begin to notice that something in your relationship just doesn't feel the same. You're not connecting on that emotional level anymore. That may just be because you have gotten very comfortable in your relationship, or it may indicate that the emotional energy that your partner used to put into you is now going towards someone else. Be open and bring this emotional distance to your partner's attention.

**Related Link:** [Are Nikki Bella & John Cena Calling Off Their Celebrity Wedding?](#)

**3. They guard their phone:** Your partner should be relatively open with their phones around you if they have nothing to hide. If out of the blue your partner starts making sure you cannot view their phone, that may not be a good sign. Overall, you can't be sure of anything unless you have proof and you don't want to go out searching for signs of cheating. Just live happily in your relationship and if you really do feel like something may be up, talk to your partner. Hopefully they will be honest with you.

**What are some other indicators that your partner may be**

cheating? Comment below!

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# Celebrity News: Would Jennifer Aniston Get Back Together With Brad Pitt?



y [Jessica Gomez](#) B

Former [celebrity couple Jennifer Aniston](#) and Justin Theroux's split is raising a certain question: will [celebrity exes](#) Aniston and [Brad Pitt](#) be getting back together now that they're both single? According to [UsMagazine.com](#), Aniston and

Pitt will not be rekindling their [celebrity relationship](#) after all. “Jen wouldn’t consider being with Brad in a romantic way,” a friend of Aniston’s said. “But there is always a spot in her heart for him.” As for Pitt, a source said, “Brad is sad to hear about Jen’s divorce. He only wishes the best for her. However, Brad hasn’t reached out to Jen, and has no plans to do so at this point.”

**In this [celebrity news](#), fans are speculating about Jennifer Aniston and Brad Pitt now that both have gone through splits. What are some things to consider before getting back together with an ex?**

#### **Cupid’s Advice:**

Whether or not to get back with an ex is an important decision. It isn’t always an easy one either. Cupid has some things to consider before making the choice:

**1. Have you both moved on from the reason you both broke up?:** Think about the reason why you both broke up in the first place. Was it for a good reason or was it circumstantial? Then, also think about whether you both have forgiven each other completely for past mistakes. If you have, then that can be a good sign – if not, then not so much. If you feel like you haven’t forgiven your ex for something, then that problem will probably constantly arise during your reconciled relationship.

**Related Link:** [Justin Theroux Found Post-Its from Brad Pitt During Jennifer Aniston Marriage](#)

**2. Do you see a future with your ex?:** Why go back to an ex if you don't think it's going to be serious and no good future ahead? Think about this thoroughly – sometimes we see a future with someone, but that future comes with unnecessary obstacles and negativity. If this is the case, then it may be a sign that your ex is meant to stay an ex. Think about this while spending some time apart – it's something big to ponder.

**Related Link:** [Justin Theroux Had 'Reservations' About Marrying Jennifer Aniston](#)

**3. What are reasons to get back together and not get back together?:** Pro and con lists are good ones to make. Be fair and think about why you should get back together with your ex and why you shouldn't. Then, weigh it all. Certain things weigh more than others, so be honest and just with yourself when considering all the information. Making a list with a friend can help, as long as that friend isn't necessarily biased.

**What are some things you or a friend considered before getting back with an ex? Share below!**