

Celebrity Break-Up: Josh Duhamel & Eiza Gonzalez Split After 5 Months of Dating



By [Haley Lerner](#)

In [celebrity break-up](#) news, Josh Duhamel and Eiza Gonzalez have split after dating for five months. A source told *UsMagazine.com* that the [celebrity couple](#) split “a couple weeks ago” because “they just drifted apart.” On July 23, Duhamel told photographers in Los Angeles that he and Gonzalez are “done,” according to the *Daily Mail*. Duhamel started dating Gonzalez less than five months after splitting from wife Fergie after being married for eight years. Duhamel and Gonzalez met in February at Jennifer Lopez’s pre-Super Bowl concert at the Minneapolis Armory.

This celebrity break-up was a result of the couple just drifting apart. What are some ways to keep your relationship strong?

Cupid's Advice:

Looking to stay close with your partner? Cupid has some tips on how to keep your relationship strong:

1. Plan dates: If you and your partner are having trouble making time to see each other, it is important you work together to set aside time for special dates and meetings. Plan a romantic date with your beau and spend quality time with each other.

Related Link: [New Celebrity Couple: Josh Duhamel Steps Out with Eiza Gonzalez Amidst Relationship Rumors](#)

2. Talk about your feelings: If you feel like you and your partner might be drifting apart, you really should talk about it to them. You two can then process your emotions together and figure out what's causing the distance and how you can solve it as a couple.

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3. Show your love: Stay close with your partner by showing them how much you truly love them. Whether it's by complimenting them, surprising them with a gift or cooking for them, you should make it clear to your partner how much you love them.

Have any more tips on how to stay close with your partner? Comment below!

Celebrity Exes: Dennis Quaid Says Relationship With Meg Ryan Was His 'Most Successful'



By Jessica DeRubbo

Dennis Quaid has a lot of fond memories about his 10-year celebrity marriage to celebrity ex Meg Ryan, according to *UsMagazine.com*. Quaid opened up about his past marriage to the *You've Got Mail* actress in a recent interview. "[It was] my most successful relationship," Quaid, 64, said on *Megyn*

Kelly Today on Monday, July 23. “When we met, you know, I was the big deal. And then my career [came to a halt]. ... We’d go out on the streets of New York and it would be like, ‘Meg! Meg!’ And I have to admit it, I actually did feel like I disappeared. I didn’t think I was that small, but I was. It was a growth opportunity. I learned from that.” Quaid and Ryan fell in love on the set of their movie *D.O.A.* and wed in 1991. They welcomed a son named Jack, now 26, the following year, and then divorced in 2001.

These celebrity exes aren’t on bad terms; in fact, Quaid thinks of his relationship with Meg Ryan fondly. What are some benefits of focusing on the positive when it comes to your ex?

Cupid’s Advice:

There’s really no point in holding grudges, even when it comes to your exes. Cupid has some advice on why staying positive about your ex is the best thing:

1. It cuts down on stress: Thinking and feeling negatively about someone can take its toll on you mentally. Simply put, it can stress you out! Positivity always trumps negativity when it comes to keeping peace of mind.

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2. Good karma: Whether you believe in karma or not, it can’t hurt to put positivity out into the world. If you stay positive about your ex, he or she may do the same in return.

Related Link: [Meg Ryan & John Mellencamp Split After 3 Years Together](#)

3. Keep bridges intact: It's never a good idea to burn a bridge that may help you out later in life. Keep as many connections that you make intact along the way in life so as to have a bigger network to pull from when you really need something.

What are some other positives to staying on good terms with your ex? Share your thoughts below.

Celebrity News: How Brad Pitt Came Out of Split from Angelina Jolie Better Than Ever





By [Haley Lerner](#)

In [celebrity news](#), [Brad Pitt](#) seems to have come out of his [celebrity break up](#) with [Angelina Jolie](#) better than ever. After his shocking split with Angelina Jolie, with her filing for divorce and requesting full custody of their six children, Pitt seemed to be in a bad place. Despite cheating allegations and custody fights, Pitt has relied on therapy, solitude and sobriety to “strip down the foundation and break out the mortar,” as the 54-year-old actor said in an interview with *GQ Style*. Pitt also said, “For me every misstep has been a step toward epiphany, understanding, some kind of joy. Yeah, the avoidance of pain is a real mistake. It’s the real missing out on life. It’s those very things that shape us, those very things that offer growth, that make the world a better place, oddly enough, ironically. That make us better.” According to *EOnline.com*, an insider said Pitt and Jolie have “had a pretty dramatic year and [Pitt] wants things to remain calm in the future.” One source said the actor has been on a few dates, but hasn’t focused on any serious relationship yet. Another insider said Pitt maintains an active social life and that “Brad spent a lot of time alone and in private looking at

himself and reevaluating what was most important and who he wanted to be. Now he's in a place where he's implemented those changes and has a lot more clarity. He's come out of that dark time and is in a much better place."

In celebrity news, Brad Pitt has never been happier. What are some ways to know it's time for a change in your relationship status?

Cupid's Advice:

Sometimes, it's time for a relationship to end. Cupid has some ways to know it's time for a change:

1. You constantly fight: If you and your partner are constantly fighting, it may be time to end the relationship. You shouldn't be in a relationship where you are unhappy, so even if you really care about your partner, it might be the right thing to do to let them go.

Related Link: [Celebrity News: Brad Pitt Was 'Done Being Mr. Nice Guy' in Custody Agreement with Angelina Jolie](#)

2. You feel stuck: Even if there isn't any drama in your relationship, sometimes it can be rough when you feel a lack of passion or interest in your partner. If you feel your relationship is only holding you back, you should consider changing your relationship status.

Related Link: [Celebrity News: Brad Pitt is Casually Dating as He Adjusts to Single Life as a Dad](#)

3. You don't have time for each other: Sometimes, two people just aren't meant to be together when it comes down to timing. If you and your partner never seem to have time to hang out or

go on dates, it might be time to take a break. If you miss each other, you can always try working it out again. But, it might be best for you to take some time alone.

Know any more ways to tell that you need to change your relationship status? Comment below!

Celebrity Break-Up: Liam Payne & Cheryl Cole Split After 2 Years Together



By Rhodesia Williams

In [celebrity news](#), Liam Payne and Cheryl Cole have decided to split after two years together. According to *UsMagazine.com*, the [celebrity break up](#) comes after rumors of cheating among other things. The [celebrity couple](#) started dating in 2015. Cole says that the [celebrity relationship](#) went through it's struggles but through it all they will continue to love their son, Bear, and continue to co-parent.

This celebrity break-up comes after a long-term relationship. What are some ways to know your relationship has run its course?

Cupid's Advice:

As hard as it is, sometimes the one you love just isn't the one for you. Cupid has some advice on ways to know if your relationship has run its course:

1. Unexplained anger: Are you and your partner constantly fighting? Is there unexplained tension or anger between the two of you? This is a clear indicator that there is something wrong and should be brought to each other's attention. There are clearly some issues that need to be worked out and unfortunately if the issues can't be fixed, maybe its time to say goodbye.

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2. Are you happy?: Your happiness matters! If you or your partner aren't happy then its time to break up. Staying in an unhealthy environment isn't going to make things better and can cause issues later on. Discuss things that can help boost the positivity in your relationship. If you can't seem to get it right then it's time to call it quits. Breaking up doesn't mean you don't love each other, but you guys are preserving

the love you have left.

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3. You aren't at work: Although relationships are work, you shouldn't feel like you are at work when with your partner.

What are some other ways to know your relationship may be over? Share your thoughts below.

Celebrity Break-Up: Sam Smith & Brandon Flynn Split After Nine Months of Dating





By [Haley Lerner](#)

In [celebrity break-up](#) news, [celebrity couple](#) Sam Smith and Brandon Flynn have split after nine months of dating. According to *UsMagazine.com*, Smith deleted all posts of Flynn on his Instagram account. The “Stay With Me” singer also shared cryptic posts on his Instagram Story on June 26, one photo reading “Love” and a screenshot of Clean Bandit and Julia Michael’s song “I Miss You.” But, the *13 Reasons Why* star still has photos of the couple on his Instagram account. The pair was first seen kissing in New York City in October 2017. Then, the two attended the 2018 Grammy Awards together this past January.

This pair just went through a celebrity break-up. What are some ways to know early on that you aren’t a match with someone?

Cupid's Advice:

Want to avoid a tough break-up? Cupid has some ways to tell early on that you and someone might not work out:

1. You have nothing in common: Early on, it's easy to fall for someone because of their charm and good looks. But, it's important that when considering seriously dating someone you two actually have stuff in common. If you don't, your relationship is pretty much likely to not end well.

Related Link: [Celebrity Break-Up: Jillian Michaels & Heidi Rhoades Split After 9 Years Together](#)

2. You don't like their friends: While there are exceptions, most of the time someone's friends reflect their only personality. If you find you can't stand hanging out with your partner's friends, then the relationship probably isn't a good match.

Related Link: [Celebrity Break-Up: The Bachelorette's Luke Pell & Girlfriend Holly Allen Split Again](#)

3. Different schedules: If you and the person you're dating have totally conflicting lives and schedules, a committed relationship can be especially hard. Your lives should work well together, but if they don't, it could mean the relationship isn't a good match.

Have any more ways to tell early on if you aren't a match with someone? Comment below!

Celebrity Break-Up: The Bachelorette's Luke Pell & Girlfriend Holly Allen Split Again



By Rhodesia Williams

In [celebrity news](#), *The Bachelorette's* Luke Pell and Holly Allen are calling it quits. According to *Usmagazine.com*, this [celebrity break up](#) isn't much of a shock. The [celebrity couple](#) seem to break up to make up often. Although Pell has dated other people on and off the screen, the couple always seem to find their way back to each other.

This isn't the first time a celebrity break-up has occurred between these two. What are some things to consider before having an on-again off-again relationship?

Cupid's Advice:

Sometimes space is needed in a relationship, but too much space can hurt your relationship. Cupid has some advice on some things to consider before having an on-again-off-again relationship:

1. Time: Having a permanent on and off relationship is never healthy. You can't spend most of your time broken up because it poses the question of why you are even together in the first place. When deciding to break up, make sure you pay attention to how much time you are spending apart. Remember, when you are apart, you are teaching each other how to live without each other. Be careful; you might end up falling in love with the single life instead of your partner.

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2. Respect: If you and your partner anticipate getting back together, make sure you both respect your relationship. A break is not meant for one or both of you to be out partying and hooking up with other people. Remember, a break is because things aren't working and if you are considering getting back together, then you need to spend the time working on yourself. Sometimes space is needed, but don't do anything you will regret.

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[Love](#)

Compromise: Being in an on and off relationship is hard enough, but remember to work through the issues. Relationships are two sided so as you're working through things, keep in mind that sometimes you have to negotiate. While you shouldn't have to put up with disrespect or cheating, simple things like communication and quality time problems can easily be solved.

What are some things you consider when entering an on and off again relationship? Share below.

Celebrity Break-Up: 'Real Housewives of Orange County' Alum Alexis Bellino & Husband Jim Split After 13 Years of Marriage





By Rhodesia Williams

In [celebrity news](#), it looks like *Real Housewives of Orange County* stars Alexis and Jim Bellino will be going through a [celebrity divorce](#). According to *UsMagazine.com*, although the [celebrity couple](#) share three children together, the [celebrity break up](#) comes after 13 years of marriage. Based on irreconcilable differences, the pair are calling it quits.

***Real Housewives* fans are upset by this split for sure. What are some ways to work on your marriage before calling it quits?**

Cupid's Advice:

It takes hard work to get to the point of marriage and even more work to maintain it. Don't be discouraged if you are going through a rough patch. Cupid has some advice on ways to work on your marriage before calling it quits:

1. Communication: One of the easiest ways to fix your marriage is communicating. If communication is part of the problem, it will take both of you to fix it. Expressing yourselves in a calm, respectable manner will not only fix the issue, but strengthen your relationship. Maybe sitting down over dinner or going for walks will help to set the mood and tone of the conversation. Being respectful is very important, and make sure you are both listening. Nobody wants to be seen and not heard, so respect your partner and really pay attention to what is being said.

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2. Take time apart: While this may sound drastic, space can help your relationship tremendously. That doesn't necessarily mean going out and dating other people, but maybe staying at a family member's house or a close friend's house for a week is a good idea. Time away will make you miss your partner, and sometimes that's what relationships need. The space will also give you time to think and regroup. That being said, don't let too much time pass. When you leave someone for a long period of time, you teach them how to live without you. If you want to work things out, agree on the terms and conditions, and take it from there.

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3. Quality time: Though it's the opposite of taking time apart, maybe the issue is that you aren't spending enough time together. While there can be various factors playing into why you aren't spending time together, it is important to come together and discuss the issue. You have worked this hard to get to marriage, so don't throw it away over something so silly. Sometimes you have to reignite the spark, so it's time to get the lighter. This is not a one-sided commitment. As a couple, you have to come together and make time for each

other. Start simple with a date night or a surprise homemade dinner; you'll be surprised how the little things can make the biggest impact.

What are some ways you would work on your marriage before calling it quits? Share below.

Celebrity Divorce: Blake Shelton Reveals He Hit 'Rock Bottom' After Split from Miranda Lambert





By Rhodesia Williams

In [celebrity news](#), [Blake Shelton](#) admits to hitting rock bottom after his [celebrity divorce](#) from Miranda Lambert. According to *UsMagazine.com*, the [celebrity couple](#) were married for four years before their [celebrity break up](#). Before Shelton and [Gwen Stefani](#) tried [celebrity dating](#), the two often checked on each other through texts and emails. Stefani was also going through a rough patch with her then husband, Gavin Rossdale. From simple texts and emails to thoughts of a possible [celebrity marriage](#), the [celebrity couple](#) are three years into their relationship. The couple made it through one of the hardest times of their lives together and are still going strong.

This celebrity divorce hit Blake Shelton hard. What are some steps you can take to recover after a tough break-up?

Cupid's Advice:

Break ups are one of the hardest things you go through in life. Through the pain, you have to find the light even if it takes some time. Cupid has some advice on how to recover after a tough break up:

1. Cry: Never ever be ashamed to cry! Man or woman, everybody has a heart and can have it broken. The best self therapy is to just let it all out. Whether it happens when you are in front of people or when you are alone, you will feel so much better. Holding back the tears won't help you because you aren't expressing how you feel. Building up emotions isn't healthy and can cause issues later.

Related Link: [Relationship Advice: Working Through Your Heartbreak](#)

2. Talk: Talking is another therapeutic way to help recover from a tough break up. Speak about what happened. It will only help ease the pain away. Say you accidentally spilled your coffee. Initially, in anger you say, "Darn! I spilled my coffee." As the day goes on, you soon lose the anger and when you explain what happened, the anger is no longer there. Speaking on what happened and repeating things somehow helps put your mind and in this case, your heart at ease.

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3. Go out: While we're not saying head out to the clubs or immediately sign up for speed dating, taking baby steps and enjoying yourself will help with recovery. Start small, like a movie date with friends or even by yourself. Surrounding yourself with loved ones always helps, but sometimes you just need to be alone. Dating yourself for a while is a great way to heal your broken heart. Sometimes simply taking yourself for ice cream can help.

How do you recover from a tough break up? Share below.

Celebrity News: How Blake Shelton's Divorce Led Him to True Love



By Rhodesia Williams

In [celebrity news](#), Blake Shelton found love after his [celebrity divorce](#). According to *EOnline.com*, Shelton went through a [celebrity break up](#) with wife, Miranda Lambert. While going through his divorce, fellow *The Voice* castmate, Gwen

Stefani, approached him to let him know that she was also going through a tough time. Not too long after that, Stefani officially broke up with her husband of 13 years. At first, the [celebrity couple](#) say they didn't think anything of their support chats, however, that quickly changed. Before the couple realized it, they were dating. Although it was tough in the beginning, the new [celebrity couple](#) were able to get past the challenges and enjoy each other.

In celebrity news, Blake Shelton moved on from devastation to true love. What are some ways to know you've found true love?

Cupid's Advice:

Falling in love is one of the most exciting yet nerve wracking things after a heartbreak. Besides coming down with constant cases of "the butterflies", Cupid has some advice on knowing if you've found true love:

1. You're glowing: Are the people around you noticing you with a particular glow? Glowing is good; sometimes we can't help it but people can tell when you are genuinely happy. From your attitude, the way you are beginning to carrying yourself, and that constant smile, you can't help it. While it seems embarrassing when people bring it up, own your glow!

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2. Your missing piece: Do you feel like you've found the missing piece to your puzzle? Do you feel like your days are getting easier with your partner in your life? This is surely a sign that you have found love. When everything starts to make sense and naturally flow together, there is no other

feeling like it. It's like a sigh of relief or a breath of fresh air. It seems like life has gotten easier and you're not hating it.

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3. For the better: Of course you're happy that you have found someone but is this person for the better? How does this person add to your life? While it is exciting to be in love, remember, the person you fall in love with needs to add to your life in some way. Maybe you can't go a day without speaking to them or you can't sleep without saying goodnight. Needing your love's presence is natural and a true sign of falling in love.

**What are some ways you can tell that you have found true love?
Share below**

Celebrity Break-Up: Jillian Michaels & Heidi Rhoades Split After 9 Years Together





By Rhodesia Williams

In celebrity news, [celebrity couple](#) Jillian Michaels and Heidi Rhoades have called it quits. According to *UsMagazine.com*, the [celebrity relationship](#) has come to an end after nine years. Although the two share two children together, the couple expressed that the [celebrity break up](#) was mutual. “We’ve found we’re better as friends and parents living apart than staying together.”

This celebrity break-up comes after a long-term relationship. How do you decide whether to call it quits on a long-term relationship?

Cupid’s Advice:

Sometimes it’s hard breaking up, especially when you have been together for a very long time. As hard as it can be, you have to do what is best for the relationship. You can’t let time

play a factor in this decision. Cupid has some advice on how to decide if you should call it quits on a long-term relationship:

1. Foundation: Without a strong foundation, your relationship won't be able to weather any storm. Coming up with a decision like ending a long-term relationship is hard, but an excellent point to start is at the core. Do you and your partner have the basics down? Just in case you aren't sure what the basics are, we are talking about trust, communication, understanding, and compatibility. When there are problems, it usually stems from one of those components. Think about it.

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2. Future: Think about your future. Granted, we never know what can happen in the future, but knowing your partner, you can take a pretty good guess. Have you come to an understanding about the things you both want? Children? Marriage? Housing? Pets? You have to think about all of the things that you want. Coming together and discussing the future will help, but if ultimately you are having difficulty coming to an understanding, then maybe you have to rethink your future with your partner.

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3. Feelings: You may have a strong foundation, but your feelings do matter. If you have a gut feeling about something or something just doesn't feel right, maybe you should hold off. The saying, "what's done in the dark will always come to the light" couldn't be more true. Listen to your intuition! While we aren't talking about cold feet, there may be something lingering that is bothering you. Pay attention, and give it time. When the feelings are right, you won't have to second guess anything.

How would you decide if it's time to call it quits? Share below.

Celebrity News: 'Bachelorette' Contestant Lincoln Adim Convicted of Assaulting Woman on Cruise



By [Haley Lerner](#)

In [celebrity news](#), Becca Kufirin's [Bachelorette](#) contestant

Lincoln Adim was convicted of assaulting a woman on a cruise ship. According to *UsMagazine.com*, Adim was found guilty on May 21 of indecent assault and battery for groping and assaulting an adult female on a harbor cruise ship on May 30, 2016. Adim was charged just days before the *Bachelorette* seasons premiere. The Nigerian native was sentenced to one year in a house of correction, with that term suspended for a two-year probationary period. A judge ordered the 26-year-old to stay away from the victim and to attend three Alcoholics Anonymous meetings per weeks during his two years of probation. If Adim does not comply with the judges orders or re-offends, he will be put in jail. Also, Adim will now have to register as a sex offender. Kufirin has not yet addressed the situation and Adim has not yet been eliminated in recent episodes of *The Bachelorette*.

In celebrity news, 'Bachelorette' contestant Lincoln Adim got violent with a woman. What are some steps to take if you feel you've been assaulted?

Cupid's Advice:

Getting assaulted is never the victim's fault. Here are some steps to take if you feel you have been assaulted:

- 1. Get help and talk to someone:** If you are immediate danger or seriously injured, call 911. But, if you need help processing your options, reach out to a friend or family member to help accompany you and help comfort you emotionally. You can also call the National Sexual Assault Hotline at 800-656-HOPE and have an advocate walk you through the steps you can take. Then, you can take the steps to go to the police

if it what you want to do.

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2. Save potential evidence: Even if you aren't sure if you want to report your assault, it's important that you do not get rid of clothing or items from the scene of the assault that might have DNA evidence of your assailant. Also, if you have any physical injuries like bruising or bleeding, you should take photos of them to show to the police.

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3. Go to the hospital: Medical professionals at the emergency room are trained in handling assault and can help heal any injuries you may have. At the hospital you can also log any records of your injuries to be used in a potential case against your assailant.

Do you know any more steps to take if you feel you've been assaulted? Comment below.

Jack Osbourne on Celebrity Divorce from Wife Lisa: 'It Is What It Is'



By [Haley Lerner](#)

In [celebrity news](#), Jack Osbourne has opened up about his [celebrity divorce](#) from wife of six years, Lisa Osbourne. The youngest Osbourne child told *UsMagazine.com* that “Things are going good. We’re trucking along and it is what it is.” Osbourne announced that he and his wife were splitting back in May in an Instagram post. In the post, he said him and his wife “tried everything we could for many years to make this work” and that they were “disappointed but feel confident that we will continue to grow our relationship as co-parents and best friends.”

This celebrity divorce comes after six years of marriage. What are

some tell-tale signs that your relationship may not be able to withstand the test of time?

Cupid's Advice:

Everybody wants to know if their relationship is going to last the long run. Cupid has some signs that signal a relationship won't be long lasting:

1. Poor communication: If you're fighting with your partner all the time and can't seem to communicate effectively, then your relationship might not be durable through the years. Sure, every couple has the occasional fight, but constant bickering is not okay. You should be able to communicate your problems maturely and be able to talk through your issues with your beau.

Related Link: [Jack Osbourne Announces Engagement and Soon-to-Be Fatherhood](#)

2. Your lifestyles don't match: Sometimes, no matter how hard two people try in a relationship, logistically it just can't work. If you and your partner never have time to see each other because of conflicting schedules, keeping a relationship up for many years might not be possible. Even if you two may love each other, sometimes your lifestyles aren't the best fit together.

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3. Lack of trust: A good relationship is built on trust. If you're constantly doubting your partner's actions and think they might often lie to you, it's clear the relationship won't have much longevity. You shouldn't have to worry about who your love is texting or where they've been the night before.

Do you know any more signs that signal your relationship may not withstand the test of time? Comment below!

Celebrity News: Kate Spade's Husband Breaks Silence After Her Death By Suicide



By [Haley Lerner](#)

In recent [celebrity news](#), Kate Spade's husband, Andy Spade, released a statement a day after the 55-year-old fashion designer was found dead in her New York City apartment from an

apparent suicide. Andy, 55, wrote in a statement to *The New York Times*, saying, "Kate was the most beautiful woman in the world. She was the kindest person I've ever known and my best friend for 35 years. My daughter and I are devastated by her loss, and can't even begin to fathom life without her. We are deeply heartbroken and miss her already." Andy also added that "Kate suffered from depression and anxiety for many years. She was actively seeking help and working closely with her doctors to treat her disease, one that takes far too many lives. We were in touch with her the night before and she sounded happy. There was no indication and no warning that she would do this. It was a complete shock. And it clearly wasn't her. There were personal demons she was battling." According to *UsMagazine.com*, Kate and Andy, who married in 1994, had recently decided to separate due to marital issues. The couple had one child together, Frances Beatrix, who is now 13. The pair launched the fashion brand Kate Spade New York in the '90s. Andy addressed his separation with his now deceased wife in the statement, saying "For the past 10 months we had been living separately, but within a few blocks of each other. Bea was living with both of us and we saw each other or spoke every day. We ate many meals together as a family and continued to vacation together as a family. Our daughter was our priority. We were not legally separated, and never even discussed divorce. We were best friends trying to work through our problems in the best way we knew how. We were together for 35 years. We loved each other very much and simply needed a break." Rest in peace, Kate Spade.

In this celebrity news, our hearts are broken by the death of a beloved designer, and her husband

is now speaking out. What are some ways to cope with the loss of a loved one?

Cupid's Advice:

Losing a loved one is incredibly hard. Cupid has some ways to cope with the loss:

1. Take care of yourself: After losing someone close to you, it's easy to slip into a negative state of mind. While grieving, it's important you don't abandon your own physical and emotional needs. Make sure to eat right, get enough sleep and exercise so you don't let the heartache consume you.

Related Link: [Julie Andrews' Relationship Advice: How to Survive the Death of a Loved One](#)

2. Spend time with your friends and family: You are in need of love and support after the death of a loved one, so it's important you surround yourself with people who will be there for you. In your hard time, spend more time with your family members and close friends so you do not have to feel so alone.

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3. Honor their memory: To help yourself move past the pain of the someone's passing, honor their memory to help you and others move on. Celebrate that person's life by donating to a charity in their honor, frame photos of them or hold a memorial service.

Have any more ways to help cope with the loss of a loved one? Comment below.

Celebrity Break-Ups: Nikki Bella Reveals the Moment She Knew She Couldn't Marry John Cena



By [Haley Lerner](#)

In recent [celebrity news](#), Nikki Bella revealed on Sunday's episode of *Total Bellas* the moment she realized she could not marry John Cena. According to *UsMagazine.com*, the pair called off their engagement after six years together in April. Cena and Bella were supposed to tie the knot in Mexico on May 5,

but have since been spotted together in San Diego. On Bella's reality show, she divulged that wedding dress shopping something "didn't feel right" and she felt "overwhelmed" by her engagement party. "I honestly feel like I'm about to have an anxiety attack," The *Total Divas* star said. "I just feel like I'm on this roller coaster of emotions and I feel like I'm going to explode. It's just all too much for me." Bella explained that her apprehension was because she realized she wanted to have children, but she knew Cena did not. "I just know deep down I want a baby," Bella said. But, it seems Cena might have changed his stance on parenthood in an attempt to win his ex-fiance back after this [celebrity break-up](#). The actor appeared on the *Today* show earlier this month and said he still loves Bella and "would love to have a family with Nicole." Cena said, "I love her. I want to be with her. I want to make her my wife. I want to be the father of her children. I just want us to work."

Nikki Bella shed some more light on her celebrity break-up from John Cena. What are some ways to know your relationship won't stand the test of time?

Cupid's Advice:

It's difficult when the future of your relationship is uncertain. Cupid has some signs that your relationship is on its way out:

- 1. How you resolve conflict:** The way you and your partner fight is honestly a great way of seeing how the rest of your relationship will pan out. To start, you shouldn't be dating someone who you're always fighting with. But, when the

inevitable fights do occur, it's important that you and your beau manage the conflict with maturity and respect. If all your fights remain unresolved, your relationship won't survive for long.

Related Link: [Celebrity Break-Ups: Nikki Bella & John Cena Call It Quits & End Engagement](#)

2. You want different things: Just like Bella and Cena, having different major desires in life is a big reason many relationships fail. If you and your partner have totally conflicting career paths, interests and life aspirations, then maybe it's time to end your coupling soon.

Related Link: [Celebrity News: Nikki Bella Is Still 'Spending Nights' with John Cena at His Home](#)

3. Lack of passion: For a relationship to last the long run, there has to be a true spark between both people. If you love your partner, but there isn't spectacular chemistry, then it might be time to let them go. Eventually, that lack of passion could cause conflict in the future.

Have any more ways to realize your relationship won't make it far? Comment them below!

Celebrity News: The Weeknd Scrapped an 'Upbeat' and 'Beautiful' Album After

Selena Gomez Break-Up



By Rhodesia Williams

In [celebrity news](#), The Weeknd tossed an entire album and produced *My Dear Melancholy* after split with [Selena Gomez](#). According to *UsMagazine.com*, the [celebrity couple](#) broke up in October after 10 months of dating. Although The Weeknd had the previous album completely finished, the [celebrity break up](#) caused him to scrap it and produce his new six track EP. *My Dear Melancholy* was his way of expressing himself through his rough time. "He's been in the studio pretty much nonstop," a source said. The Weeknd said, "You want to get it out. It's like you close a chapter."

This celebrity news shows that The Weeknd was very affected by his break-up from Selena Gomez. What are some ways to cope with a sudden painful split?

Cupid's Advice:

Break ups can be tough, especially if they're sudden. Cupid has some advice on how to cope with a sudden painful split:

1. Talk it out: Sometimes you have to talk it out of your system. Expressing yourself and talking to other just may be what you need to ease the pain.

Related Links: [Relationship Advice: How to Heal a Broken Heart](#)

2. Keep yourself busy: It helps to keep yourself busy after a sudden break up. Sitting at home will have your mind wandering. Keeping yourself busy keeps your mind occupied for the most part. When you finally have those down times, thinking of the break up won't be so bad.

Related Links: [Dating Advice Video: Dating After Heartbreak](#)

3. Give it time: Your gut instinct is to reach out to the other person but sometimes that's not always the best thing to do. Give the situation time. Maybe a mixture of different things resulted the break up, but, have faith. Give it some time and then reach out. And, no, 5 minutes is not enough time.

Do you have any ways you cope with a break up? Share your thoughts below.

Rob Kardashian Shows Support for Celebrity Ex Rita Ora During 'Girls' Controversy



By [Haley Lerner](#)

In recent [celebrity news](#), Rob Kardashian showed support for [celebrity ex](#) Rita Ora in light of the controversy regarding her new song 'Girls', a collaboration with Cardi B, Bebe Rexha and Charli XCX. The song was criticized by artists Hayley Kiyoko and Kehlani as being harmful to the LGBTQ+ community. Monday on Twitter, Ora explained the song, writing, "'Girls' was written to represent my truth and is an accurate account

of a very real and honest experience in my life. I have had romantic relationships with women and men throughout my life and this is my personal journey. I am sorry how I expressed myself in my song has hurt anyone.” Kardashian, Ora’s ex-boyfriend, retweeted her message with six praise hand emojis. According to *EOnline.com*, Ora and Kardashian had a dramatic [celebrity break-up](#), but it seems the two have since moved on and are on friendly terms.

Rob Kardashian has his celebrity ex’s back during this drama. What are some ways to stay on good terms with your ex post-breakup?

Cupid’s Advice:

It shows great maturity to support your ex after a break-up. Cupid has some tips on how to keep things amicable post-split:

1. Open communication: While your first instinct after a break-up might be to block your ex on every outlet of social media while ceasing any interactions, it’s sometimes better to keep the channel of communication open. Don’t be afraid to contact your ex to tie up loose ends. Just because you aren’t in a relationship anymore doesn’t mean your ex doesn’t have to be in your life!

Related Link: [Expert Dating Advice: How to Handle Heartbreak](#)

2. Keep a safe distance: Communication is important, but on the other hand, you don’t want to be too friendly with your ex. What’s the point of breaking up if you’re still talking every day? Make sure to give each other some space for a few weeks post-breakup to let your wounds heal.

Related Link: [Dating Advice Q&A: Should I Remain Friends with](#)

[My Ex Online?](#)

3. Don't get tempted by drama: It's possible you might have some hard feelings about your ex after your split. Instead of keeping up old grudges over what went wrong in the relationship, let it go! Make sure you avoid participating in the gossip cycle about your ex. Don't worry about who your ex is dating or doing, focus on you.

What are some other tips for staying on good terms with your ex after a split? Comment your thoughts below!

Celebrity News: Kendra Wilkinson Asks Fans for Dating Advice After Split From Hank Baskett





By [Haley Lerner](#)

In [celebrity news](#), Kendra Wilkinson is asking her fans for dating and sex advice after her split from Hank Baskett. According to *EOnline.com*, Wilkinson officially filed for [celebrity divorce](#) from her husband of eight years in April. Monday on Twitter, Wilkinson asked her followers, “What’s your opinion... do i start dating/sex now or give myself more time? My heart is broken, but I have needs. Lmaoooo. #notgettingyounger #33hereicome.” Wilkinson and Baskett have two kids, 8-year-old Hank Baskett IV and 3-year-old Alijah Baskett.

In celebrity news, Kendra Wilkinson is appealing to her fans for advice one month after filing for divorce from Hank Baskett. What are some

ways to know you're ready to move on after a split.

Cupid's Advice:

Deciding when to move on after a split is tough, because you want to make sure your heart is ready. Cupid has some tips:

1. You've stopped internet stalking your ex: It's okay to admit it, we all do it. After a tough break-up, it's natural to be checking up on your former lover on social media. A surefire way of knowing if you're over your ex is if you lose the urge to see your old flame's latest picture on Instagram or their most recent tweet. If you've moved on, you shouldn't care about what your ex is up to.

Related Link: [Celebrity Marriage: Kendra Wilkinson Takes Off Wedding Ring and Breaks Down on Instagram](#)

2. You're okay on your own: After a break-up, you can often feel pretty lonely and isolated without having your significant other around all the time. Before hopping into another relationship, it's important that you're able to be independent and are confident in yourself. This way, you can make sure your next relationship is a genuine one and not a rebound from your last!

Related Link: [Celebrity Exes: 'The Bachelor' Star Lauren Bushnell Says She Hasn't Spoken to Ex Ben Higgins Recently](#)

3. The prospect of dating excites you: Being single can definitely be a freeing thing, but if you can't help but start picturing yourself coupled up with potential suitors, then you're probably ready to try dating again! You don't need to rush into anything, but follow your instincts. If you feel the time is right, go for it!

What are some signs you think show you're ready to move on?

Comment below!

Celebrity Exes: 'The Bachelor' Star Lauren Bushnell Says She Hasn't Spoken to Ex Ben Higgins Recently



By Rhodesia Williams

In [celebrity news](#), *The Bachelor* star Ben Higgins, 30, and fiancé Lauren Bushnell, 30, ended their engagement last May, and they haven't talked much since. Bushnell spoke to *UsMagazine.com* while attending a FabFitFun event in West Hollywood. When asked about the [celebrity break-up](#), Bushnell responded saying the split was difficult since the two "are in the same circle and same world." That being said, she admitted that she has only spoken to him to congratulate him on the launch of his new coffee company, Generous.

These celebrity exes split up amicably, but they aren't necessarily on speaking terms. What are some benefits to a clean break after a split?

Cupid's Advice:

There's something to be said for a clean break after a break-up. Cupid has some reasons to consider:

1. Piece of mind: Although you may miss your ex, a clean break often helps to heal faster. Those miserable, "should've, could've, would've" thoughts won't hound you for as long, and you can start to move on. No headaches are always a plus.

Related Link: [Relationship Advice: How to Heal a Broken Heart](#)

2. Breathe: Whether it was a mutual split or not, you can now relax and breathe. You will have more "me" time. Spend this time "catching your breath" and give your mind, heart, and body a rest.

Related Link: [Relationship Advice: How to Stay True to Yourself](#)

3. Rearrange: Now that you are newly single and will have more time on your hands, mix things up! Sign up for that yoga class you've thought about, but didn't have time for. You can now rearrange things in your life, and the best part is, you can start whenever you're ready!

What are some other benefits of a clean break up? Share your thoughts below.

Celebrity Break-Ups: Ronnie Magro-Ortiz & Ex Jen Harley Are 'Peaceful Now' After Explosive Split





By Rhodesia Williams

In [celebrity news](#), *Jersey Shore*'s Ronnie Magro-Ortiz and his ex Jen Harley are keeping things on the quieter side after a surreal break up the end of last month, according to [EOnline.com](#). Unfortunately, many witnessed the heated fight the two had on Harley's Instagram Live feed. As you can imagine after the vicious social media battle the celebrity couple had, they called it quits. Magro-Ortiz eventually apologized for the fight saying, "I acted out of my gut and not rationally. I should've never acted in such a manor."

This celebrity break-up was anything but drama-free, but Ronnie and Jen are finally losing their hot heads. What are some ways to keep a break-up civil?

Cupid's Advice:

Unfortunately, this celebrity couple couldn't keep their break up peaceful. Cupid has some advice:

1. Communication: Talk to each other! Instead of Ronnie and Jen talking things out, they took to social media. Sit down and have a civil conversation; take turns speaking and listen to each other. Be sure to leave out the hurtful comments and statements.

Related Link: [Relationship Advice: How to Navigate a Separation](#)

2. Stay off social media: A relationship, for the most part, only involves you and your significant other. Do not bring your arguments and issues to social media. We will all remember what happen with Ron and Jen. Someone once told me, "never tell your friends what your significant other does, because, when you are over it and move one, they will remember." Sounds about right.

Related Link: [Relationship Advice: Getting Over a Grudge](#)

3. Compromise: Even if you don't agree with breaking up, remember that you both contributed to the relationship. To keep things calm, listen and come up with a solution that you are both happy with.

What are some other ways to keep the drama out of your break-up? Share your thoughts below.

Celebrity News: Nikki Bella

Is Still 'Spending Nights' with John Cena at His Home



By Rhodesia Williams

In [celebrity news](#), John Cena, 40, and Nikki Bella, 34, showed us a possible glimpse of hope in their relationship after they called off their engagement last month, according to [UsMagazine.com](#). Recently, Bella has been spending nights at Cena's house. Let's back track; if you haven't heard, John Cena and Nikki Bella were engaged and ready to tie the knot when the [celebrity couple](#) decided to call off their wedding on April 15th. This well known duo were together for six years, and news of their split shocked many. According to a source, Cena "doesn't want [Nikki] to have to deal with moving after everything they have been through as a couple." It sounds like

Cena isn't fully ready to let go of his former fiance if you ask us!

In celebrity news, this formerly engaged couple are still seeing a lot of each other. What are some tips for cutting ties completely after a break-up?

Cupid's Advice:

Sometimes spending time together after a break-up is the worst thing you can do, because it prolongs the inevitability of not seeing each other every day. It's important to cut ties completely, at least for a while, allowing you both to move on. Cupid has some tips:

1. Move out: If you are living together, someone has to go. It is never healthy to continue to live with someone you are no longer in a relationship. John and Nikki won't be able to heal if they continue to live together.

Related Link: [Fed up, But Can't Break Up](#)

2. Spend time with friends and family: Hang around people who love and care about you! It is not to say the person you are no longer with doesn't care, but you need neutral parties. Nikki Bella is on the right track by going and staying with her sister. Sometimes you need those sad movie watching, ice cream eating, let's just chill kind of nights.

Related Link: [How to Get Over a Break Up](#)

3. Go out: No need to try to jump back on the horse, but sometimes petting and feeding the horses will do. Go out for

lunch, go listen to some music, bowl straight gutter balls! Anything to keep your mind off of the situation and to make you feel good. Everyone needs a laugh. Nikki Bella admits to going MIA but sometimes that doesn't help.

What are some other ways to cut ties completely after a split? Share your thoughts below.

Celebrity Break-Ups: Evan & Staci Felker Were Trying to Have a Baby Before He Met Miranda Lambert





By [Carly Horowitz](#)

In [latest celebrity news](#), Evan Felker went on tour with Miranda Lambert and never returned home to his wife, Staci Felker. According to [UsMagazine.com](#), Evan did not come home and did not answer Staci's calls. Then, she found out that Evan had filed for a [celebrity divorce](#) on February 16 from the local newspaper. Yet, we now have information that a source recently revealed the two were trying to have a baby right before he left to go on tour. Evan started dating Lambert in February while he was still married to his wife and while she was still dating [Blake Shelton](#). This relationship formed between Lambert and Evan effected many people!

This [celebrity break-up](#) is anything but a clean break. What are some ways to make sure your split lacks drama?

Cupid's Advice:

Clearly this situation at hand is very sticky. No one would want to be involved in something like that. Here are some tips on how to make sure your break-up isn't as crazy as this:

1. Be open and honest: If you are having feelings of doubt, tell your partner before it gets to a bad point. Hopefully your partner will understand and you two will be able to work from there. Before you break-up, make sure you say everything you have to say so that you two can go on with the rest of your lives drama-free.

Related Link: [Celebrity News: Blake Shelton Allegedly Throws Shade at Ex Miranda Lambert Via Twitter](#)

2. Remember that you are in control: If information keeps popping up after you and your partner break-up, remember that it is up to you if you wish to have it affect you or not. You can put energy into the drama or you can decide that you are better than that.

Related Link: [Celebrity Break-Up: Did Miranda Lambert and Anderson East Split?](#)

3. Try not to get other people involved: The more people that you let in on your business, the more potential there is for drama to occur. Deal with the situation with your partner and go from there.

What are some other tips on how to eliminate break-up drama? Comment below!

Celebrity Break-Up: Jersey Shore's Ronnie Ortiz-Margo Splits From Jen Harley After Baby Birth



By [Carly Horowitz](#)

In [latest celebrity news](#), MTV's *Jersey Shore* star Ronnie Ortiz-Margo has separated from his [celebrity relationship](#) with Jen Harley. If you have been keeping up with the new series, *Jersey Shore: Family Vacation*, then you may have been expecting this. This break-up is occurring just weeks after the two welcomed their [celebrity baby](#) girl, Ariana Sky, into the world. Why did their relationship come to a close? Well, over the weekend, no one could deny the stress they were

feeling from witnessing the social media fight that went down between the two. “Note to self, can’t turn a natural born HOE, into a HOUSEWIFE, if you find them in the gutter then leave them in the gutter,” Ronnie wrote on his Instagram story. But then, he later apologized for that. We then saw the pair fighting vigorously on Instagram live and Jen even took a swing at Ronnie. “He apologized for everything and admitted where he had been wrong, but he also wants what’s best for his daughter and he realizes this is not a healthy environment for her,” an insider told [EOnline.com](#). “They have split, but for now they are both living in his Las Vegas house. Jen will most likely be moving out.”

This [celebrity break-up](#) seems to have been a long time coming. What are some ways to ease fighting for the sake of your child?

Cupid’s Advice:

We can’t deny that sometimes you will get into fights with your partner. But, you don’t want your young children to be negatively affected by this. Cupid has some advice:

1. Stray away from social media: Whether your child is old enough to be on social media now or not, whatever you put out there will stay out there. If you are going through struggles with your partner, try your best to keep it between you two and don’t impulsively post negativity.

Related Link: [Celebrity News: ‘Jersey Shore’ Star Ronnie Ortiz-Magro Opens Up About Serious Girlfriend](#)

2. Have a getaway: If you and your partner really need to hash things out, take a little weekend trip. Have your parents or a

close friend watch over your child while you guys spend some time elsewhere to work out your differences. This way, your child won't have to experience the yelling and screaming. Sometimes, the best thing to do is have some time alone with your partner to figure out what is best for your family as a whole.

Related Link: [Why Sam 'Sammi Sweetheart' Giancola Avoided 'Jersey Shore: Family Vacation'](#)

3. Never neglect them: Obviously you need to figure out what is best for you and your partner right now, but don't let all of that fighting take away from the love you have for your child. Remember, you did one thing right together by bringing this beautiful baby into the world and they are your first priority.

How else can you deal with fighting with your partner when you have a child together? Comment below!

Celebrity News: Ronnie Ortiz-Magro Still Loves Ex Sam 'Sammi Sweetheart' Giancola





By [Jessica Gomez](#)

In [celebrity news](#), Ronnie Ortiz-Magro allegedly still loves his celebrity ex Sam Giancola. According to [UsMagazine.com](#), a source stated: “Ronnie still loves Sam. Everyone knows it.” This news comes after Ronnie’s recent [celebrity break-up](#) with Jen Harley, who is pregnant with his first child. The celebrity exes broke up over the weekend via Instagram for all to see, apparently over the lack of faithfulness in the relationship from both sides. On an episode of *Jersey Shore Reunion*, Ronnie said that he wasn’t planning on marrying Harley. The reason seems to be because she just isn’t Sam. Ouch! Sammi Sweetheart actually didn’t go back to the *Jersey Shore* house because of Ronnie, and she is currently dating Christian Biscardi. We wonder where this whole situation is headed.

This celebrity news conveys a concept that many of are not

foreign to. How do you deal with realizing you are still in love with your ex.

Cupid's Advice:

Sometimes it takes us longer than others to fall out of love with someone. It can depend on who that ex is, how the relationship was, or how it ended. However, cupid has some [love advice](#) on how to deal with still loving your ex:

1. Analyze your feelings and the situation: Be sure of what you feel. Sometimes we think we feel one thing when in reality we actually feel another. We are only human, so we do make mistakes. Also, evaluate the situation, think with your mind and not your heart. Only because you love an ex does not mean that you should be with them, or even have them in your life for that matter. Evaluate everything carefully.

Related Link: [Celebrity Break-Up: John Cena Opens Up About Nikki Bella Split, Says 'It Sucks'](#)

2. Keep busy: Be productive. Keep yourself distracted while bettering yourself, that's the best thing you can do after all. This can also detain you from taking any decisions that you may regret later. Give your mind some time away from your ex and do what you have to do. After giving it some time, take it from there.

Related Link: [Celebrity Break-Up: Anna Faris Learns Important Lesson From Divorcing Chris Pratt](#)

3. Get closure: When the time is right that is! Don't move too quickly. Sometimes what we want is to contact an ex, just for the hell of it. If you need closure, get some. Sometimes instead of closure, things may possibly get fixed, but don't go into it with expectations. After giving yourself the

adequate amount of time and you're in a place that's as good as it's going to get for the moment, go for it.

What are some ways you dealt with realizing you still had feelings for an ex? Comment below!

Celebrity News: Blake Shelton Allegedly Throws Shade at Ex Miranda Lambert Via Twitter



By [Jessica Gomez](#)

In [celebrity news](#), Blake Shelton is feeling a way about his [celebrity break-up](#). According to [EOnline.com](#), Shelton went on a small rant on Twitter, one that looks to be aimed at his celebrity ex Miranda Lambert. The tweet read as follows: “Been taking the high road for a long time.. I almost gave up. But I can finally see something on the horizon up there!! Wait!! Could it be?! Yep!! It’s karma!!” Miranda has not yet responded to or spoke in respect to the tweet publicly. The former [celebrity couple](#) broke up earlier this month. Rumors circulated that it was due to Lambert cheating on Shelton with Anderson East. Ouch!

In celebrity news, Blake Shelton seemingly dissed his ex Miranda Lambert. What are some ways to fully move on from a bitter split?

Cupid’s Advice:

Fortunately, there are many ways to cope and move on from a bitter break-up. Cupid has some love advice on specific things to do to help you move forward:

1. Travel: Go somewhere new. Breathe in that different, fresh air. Experience a new culture and atmosphere, away from where all the negativity in your life dwells. Traveling is good for the mind and soul. It is a wonderful experience. Go alone or go with friends. You’re sure to have a good time when you plan properly.

Related Link: [Celebrity Break-Up: John Cena Sends Messages About the ‘Worst Day Ever’ Post-Split from Nikki Bella](#)

2. Find a hobby you love and stick to it: What better thing to get your mind off negative than to find something you love and do it often. It’s also productive, and depending on what it

is, can help you in different ways. Shape your life differently by doing things that benefit you. Don't be afraid to experiment.

Related Link: [Why Sam 'Sammi Sweetheart' Giancola Avoided 'Jersey Shore: Family Vacation'](#)

3. Care for yourself: Eat well, exercise, stay on top of hygiene, and make sure to relax mentally and physically. Self care and self love are very important. If you feel like you don't have either, take strides into changing that, and you will see the positive change in your life unfold right before you.

What ways have you moved on from a bad split? Share below!