

Paris Hilton & Boyfriend Cy Waits Busted



Paris Hilton sure can pick them! Within a week, Paris' new boyfriend, Cy Waits, has gone from head of Vegas nightclub operations to unemployed, according to [E! Online](#). Last week Waits was Hilton's hero as he reportedly pulled a gun on a knife-wielding intruder trying to break into her home, but hero worship came to a halt when he was busted for a DUI alongside a cocaine-carrying Hilton on Friday.

How do you know if your partner is a bad influence?

Cupid's Advice:

1. Different interests: You and your partner should have

similar interests. That's not to say that you have to enjoy the exact same things, but you should most likely see eye-to-eye on some of them. If you find yourself involved in activities that you don't normally agree with, your partner may be a bad influence.

2. Questioning your relationship: You shouldn't continually ask yourself why you're with your mate. If the answer to that question isn't obvious and you find yourself dwelling on the reason you're together, it's possible your partner isn't good for you.

3. Changing your beliefs: If you find that your partner is influencing you negatively by pushing you into an uncomfortable situation, he or she probably doesn't have your best interest at heart. Focus your will power and stick to your guns. In other words, run!

Miley Cyrus & Liam Hemsworth Confirm Split





According to [RadarOnline.com](http://www.RadarOnline.com), teen queen, Miley Cyrus and Australian hunk, Liam Hemsworth have officially sung their last song. The two have been dating since they met on the set of *The Last Song* in August 2009. Recently, however, the relationship has taken a turn for the worse.

How do you deal with your first big breakup?

Cupid's Advice:

Everyone has that first love that they never seem to be able to forget. When you're young, a breakup can seem like the worst thing in the world. Cupid has some suggestions to help you cope:

1. There are many fish in the sea: When you end a relationship, especially with your first love, remember that they are only one person of many. Don't let that one person have so big of a hold on you that you never move on. Start fishing!

2. Enjoy life: You are only young once so you don't want to waste your youth saddened over a breakup. Cry if you need to,

but don't dwell on your loss for too long. There are so many wonderful activities and potential new lovers to pursue.

3. Remember the good times: Even after your relationship has come to an end, there is nothing like the memories of a first love. Remember the good times you had together rather than the reasons it had to come to an end.

Naya Rivera Keys Mark Salling's Car



Glee co-stars Naya Rivera and Mark Salling may have hit a rocky point in their relationship. Rivera, outraged at Salling's summertime partying with other women, reportedly egged and keyed Salling's car. Though the couple were not officially together, they did go on several dates and have been romantically linked for the past couple months. An insider told [US Weekly](#) that Rivera "went crazy when she read about other girls." Rivera reportedly gathered some pals and "trashed his Lexus." Salling's friends also defended him to *US Weekly*. Samantha Marq explained, "He's on top of the world right now and living it up...it's hard to call it infidelity when they weren't officially together!"

How can you tell if you're with a jealous partner?

Cupid's Advice:

- 1. Test him:** Try being friendly with the waiter, wearing a revealing dress in public or admitting your crush on George Clooney. If these actions bother him, then he is the jealous type.
 - 2. Proximity:** Next time you talk to a guy, try seeing if your partner gets closer to you or is more touchy. His apparent need to hold your hand or put his hand on your waist should clue you in to his jealousy.
 - 3. Ask your friends:** Many times your friends can see things that you can't. Chances are that they have been able to pick up on his jealousy-prone behavior if it's there.
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Snooki & JWOWW Tell Sammi the Truth



As of Season 2 Episode 4 of *Jersey Shore*, nothing has changed between Ronnie and Sammi. Ronnie continues to act single every night at the club only to go back home and get in bed with Sammi. While fully aware of what Ronnie is doing, everyone else in the house remains afraid to tell Sammi the truth due to their friendship with Ronnie and their desire not to hurt Sammi. Though Sammi suspects that something is up and even questions Angelina, no one brakes their silence until JWOWW suggests they write her an anonymous note. Snooki and JWOWW then go over to an internet cafe to type up the letter detailing all of Ronnnie's actions with other women so far this season.

Should you tell a friend when their boyfriend or girlfriend is cheating on them?

Cupid's Advice:

No one likes being the bearer of bad news, but when cheating is involved, telling the truth is the right thing to do.

Though your friend may be upset at first, they will be grateful in the end that you told them what was really going on.

1. Friends don't let friends live a lie: If you were being cheated on by someone who you thought loved you, you would most likely want to know. It's usually best to treat others the way you want to be treated. Think past the awkwardness of the conversation in favor of the greater good.

2. Say it in person: The girls of *Jersey Shore* were doing the right thing by breaking their silence and telling Sammi the truth. However, receiving an anonymous note can raise more questions than it answers. A face-to-face conversation, although difficult, may be the respectable way to go.

3. Be a shoulder to cry on: You are probably telling your friend about their significant other's infidelity because you care about and respect them. But your job as a friend isn't over once you've dropped the bomb. Talk them through their feelings and show that you are there for them both now and always.

Tiger Woods & Elin Nordegren Finalize Their Divorce



After months of rumors and scandals surrounding Tiger Woods and his wife Elin Nordegren, the two have called it quits. "Elin Nordegren and Tiger Woods confirmed today that they have divorced," Nordegren's Virginia-based law firm, McGuireWoods, confirmed last Monday in a statement to [Access Hollywood](#). "The Judgment provides for shared parenting of their two children." The former couple released a joint statement to the public reinforcing that their children are their primary concern. They also added, "We are sad that our marriage is over, and we wish each other the very best for the future."

How can you find love again after a divorce?

Cupid's Advice:

Moving on from a commitment like marriage can be a slow transition. Once you're back in the dating world, the idea of love can finally start to take form again. Cupid has some tips to help you along:

1. Over it: Before venturing into the dating world, make sure you aren't still licking old wounds. If the divorce papers or breakup discussions are finalized, then treat whatever is left of the relationship the same way. Otherwise, you might be setting yourself up for future pain.

2. Don't rush: There's no need to hurry into a new relationship. Many people rebound quickly and become deeply involved too soon after their divorce or breakup. Sometimes it can lead to dating someone similar to your ex. Make sure it feels right before becoming too committed.

3. Changes: If you're dipping your feet back into the waters of dating, chances are you have a new outlook on life and a new attitude to go along with it. This might be a good time to submit to a makeover, too! During a serious relationship, many people have a tendency to let themselves go. Now is a great time to fit and try out new fashions. Have fun with it!

Are Jennifer Aniston & John Mayer Back On?





Celebrity tabloids have been reporting a possible romantic rekindling between Jennifer Aniston and John Mayer this week, according to [E! Online](#). Sources say they saw Aniston in the wings watching Mayer's most recent concert. Although reps for the actress deny she attended the concert, the rumors persist!

What do you do when you can't let go of an ex?

Cupid's Advice:

Breakups are difficult, and sometimes it's hard to let go. Cupid has some suggestions about how to move on:

- 1. Realize this has to happen:** Whether you understand the reasons behind your breakup or not, you need to move on. There's no sense in staying attached for longer than necessary.
- 2. Don't be desperate:** If your ex tries to contact you, don't drop everything to make yourself available. If things aren't meant to be, this will only delay the pain.
- 3. Have self-confidence:** It's important to work on your self-

esteem after a rough break-up. By no means should you feel completely responsible for the split. “What ifs” do nothing but bring you down further.

Maci Bookout & Ryan Edwards in a Parenting Battle



Ouch! If being a teenage mom wasn't hard enough, things just got harder for the MTV's *16 and Pregnant* star, Maci Bookout. After splitting up with her baby daddy Ryan Edwards, the devoted *Teen Mom* star tells [US Weekly](#) that she and her ex-

beau have a hard time agreeing on how their son Bentley should be raised. She talks about how she struggled to ween her 22-month-old son off his pacifier, and learned that Edwards gives Bentley his pacifier whenever the child is with him. Bookout says, "I think Ryan spoils Bentley and really has no boundaries as far as discipline. With me, I don't want Bentley to grow up and be a brat when he's 4 years old."

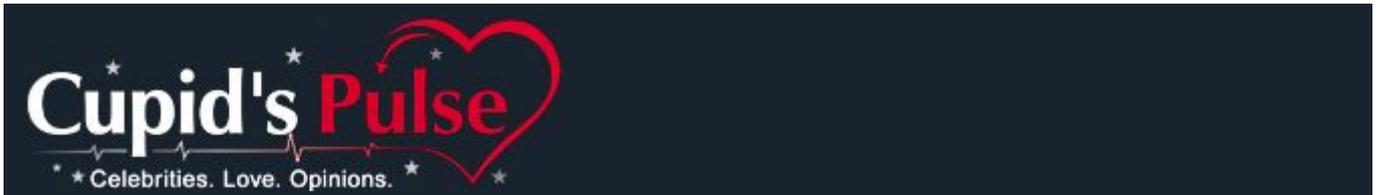
What do you do when you and your ex can't agree on how to raise your child?

Cupid's Advice:

Raising a child can be very difficult. Co-parenting with different views can make things even worse. Cupid has some tips to make things easier:

- 1. Compromise:** If you and your ex can't agree on something, then it's best if both parties relinquish a little control and find middle ground that will ultimately benefit your child.
- 2. Communicate:** It's important that both parents put their differences aside and talk things out with one another. Poor communication opens the door for children to manipulate situations to his or her benefit. If your child can't have dessert this week, then your ex needs to know that, too! Worst-case scenarios can lead to a child not being picked up after school or missing important medical treatments.
- 3. Equality:** Don't throw all responsibility at one parent. It makes for a more civil atmosphere and better upbringing for your child if you and your ex share an equal amount of the responsibility.

Cheryl Hines & Paul Young Split



As confirmed in [Us Weekly](#), *Curb Your Enthusiasm* star Cheryl Hines and producer/manager Paul Young filed for divorce last month after seven years of marriage. Hines and Young will reportedly remain close friends, and plan to raise their 6-year-old daughter, Catherine Rose together.

What is the best course of action when going through a divorce with someone you also work with?

Cupid's Advice:

In today's day and age where people spend a lot more time at work, it isn't uncommon to mix business with pleasure. Many couples either met on the job, or have started their own businesses together. However, when the marriage fails, that doesn't mean the professional aspect of the relationship has to suffer.

1. Separation: The work and marriage aspects of your life were probably very separate from the beginning – you just never thought about it that way before. Remember not to let any negative feelings you have as a result of the divorce impact your decisions in your career.

2. Finding friendship: Whether you share a workplace, business, or children, it's important to maintain some level of friendship both during and after the divorce. Though this may seem difficult at first, it makes everything easier.

3. Move on gracefully: It's inevitable that one or both people will probably find someone else. However, that doesn't mean you need to rub it in the other person's face. You probably wouldn't – and shouldn't – go into the details of your personal life in the workplace, so why do it because your ex also works there?

Speidi Divorce Finalized





Heidi Montag and Spencer Pratt are officially calling it quits, [TMZ](#) reported last week. The reality TV couple, who, according to Montag, first separated on their one-year anniversary, are set to finalize their divorce on Valentine's Day. The long wait is due to California law, which dictates that a couple must wait six months after filing divorce papers before the marriage is finally terminated. Spencer Pratt was served divorce papers on August 13, ironically causing the six-month mark to fall on Valentine's Day.

How can you handle holidays and anniversaries after a breakup?

Cupid's Advice:

1. Get out there: Staying home on a holiday you once shared with a loved one is only going to arouse feelings of depression. Leave the house, call a friend, and try to have fun. Keeping your mind off of the breakup will make the holiday fly by.

2. Redefine: Many holidays will bring up memories of you and your former partner. Thanksgiving may conjure up memories of

your ex's hilarious attempt at cooking, and the mere mention of Valentine's Day may make you cringe. The best way to deal? Make new memories. On Valentine's Day, try inviting over some of your single friends and celebrate the day of Arizona's statehood, which also falls on February 14. This quirky approach is sure to spark a few laughs, and in the future, remembering Valentine's Day won't be as painful.

3. Remind yourself: On days when you just can't stop missing your ex, try reminding yourself of the reasons why you broke up. You may tend to only remember the best things about your former relationship, but remembering the bad things makes coping much easier.

Fred Armisen Already Moved on From Mad Men Star





SNL regular Fred Armisen seems to have moved on rather quickly from Elisabeth Moss, star of the Emmy Award-winning drama, *Mad Men*. The former couple married in October, but officially separated in May after only seven months. According to [E! Online](#), Armisen was spotted getting cozy with fellow *SNL* comedian Abby Elliott at a Los Angeles restaurant.

How do you keep your cool when your ex moves on shortly after a split?

Cupid's Advice:

It's easy to get infuriated when it comes up in your Facebook feed that your ex is already seeing someone else directly after a breakup. Here are some tips from Cupid on how to handle it when your ex has moved on rather quickly:

1. Think before you react: It's normal to want to confront your ex about how angry you are, and wonder if your romance ever meant anything to him or her in the first place. However, the best reaction in this case is usually no reaction.

2. Get your mind off things: When you first discover your ex's new relationship, it may linger on your mind. Try to focus on other things, such as hobbies or work. Keeping your focus somewhere else will keep your feelings in check.

3. Seek the company of friends and family: Even if you aren't ready to move on, that doesn't mean you have to be alone. Spend time with close friends and family. If you want to get out your feelings, these are the people who will listen.

Favored 'Bachelor' Turns Down Gig





Chris Lambton, the most recent runner-up on *The Bachelorette*, has reportedly turned down ABC's offer to become the *The Bachelor*'s main man, according to [E! Online](#) and [Entertainment Weekly](#). Fans of the show may be disappointed, as Lambton was the clear favorite among those being considered for the reality gig.

How do you know when you're ready for a new relationship?

Cupid's Advice:

When you come out of a serious relationship, it can be difficult to know when you're ready to give it your all in a new relationship. Cupid has some things to consider when making the decision to start dating again or stay single:

1. Fully recover: Breaking up is rarely easy, and brings with it emotional stress. It's important to allow yourself time to fully recover before putting yourself out there again.

2. Deal with the truth: Sometimes the truth behind why a relationship didn't work out is hard to take, so we continue to live in a false reality. Until you can confront the truth

and deal with it, it's not time to move on.

3. Don't be afraid: Easier said than done, right? The main thing that keeps us from moving on is fear, but you can't get anywhere in life without taking risks. If you've dealt with your past breakups and are interested in meeting a new partner, it may be time to take the leap and see what happens!

Kelsey Grammer's Ex Could Get \$30M in the Divorce!



Camille Donatucci, Kelsey Grammer's ex, might be walking away with almost half of the actor's fortune after she filed for

divorce last month. She cited “irreconcilable differences.” Soon after Grammer filed for to request that Donatucci be excluded from profits made from his note-worthy show, *Frasier*. But, according to a source from [New York Post](#), “Camille stands to get half of all syndication of ‘*Frasier*’ made during the years they were married. That’s seven years of episodes, as well as income from other shows the company made, including ‘Medium’ and ‘Girlfriends.’” This is because she owns half of his TV company, Gramnet Productions. This leaves her eligible to lay claims to almost half of his \$80 million estate – a staggering \$30 million!

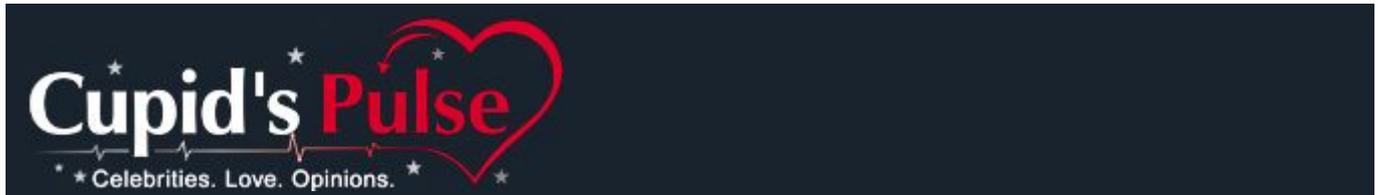
How do you deal with the financial setbacks after a divorce?

Cupid’s Advice:

Divorce can leave both parties strained. And, in an already economically difficult world, a divorce can make finances even more difficult:

- 1. Budget:** Keep track of your income and expenses. You need to understand where most of your money is coming from and going to in order to make changes to your lifestyle; spending less is the key.
- 2. Wake-up call:** Learn to adapt to a new standard of living. If you used to buy designer shoes and a Starbucks coffee every morning then it’s time to cut some things out of your life. Examine your spending habits and figure out what things you can’t afford anymore.
- 3. Help is available:** Divorce doesn’t mean destitute. If you end up with some financial burdens because of a divorce, it’s okay to ask for help. There are governmental and community programs that are designed to help newly divorced people find a balance.

Michael Douglas Battling Tumor



Actor Michael Douglas was diagnosed with a tumor in his throat, [E! Online](#) reported Monday. The 65-year-old actor said he is “optimistic” about his health in a statement, though it has not been released whether the tumor is cancerous or benign. Douglas has a wife, actress Catherine Zeta-Jones, and three children, two of them with Zeta-Jones.

How can you get past a large health setback as a couple?

Cupid’s Advice:

Though the disease is in its early stages, this is a crucial time for Douglas and Zeta-Jones. Strong family and spousal support in a time of sickness can often make a large difference in a patient's chance for recovery, as well as for the success of the relationship through this difficult time.

1. Stay private: Whether or not the couple dealing with illness is a celebrity or an everyday couple, it's necessary to keep the matter within only those who need to know. Personal friends and family are the only ones who need to be brought in.

2. Be involved: It's important that those dealing with the illness, especially the patient's partner, are as involved as possible. Stay up-to-date on doctor's findings, appointments, and your partner's needs. Make the illness and healing as easy to deal with as possible.

3. Prepare for the aftershock: Even after an illness has been treated, there is the potential for the patient to feel vulnerable or angry afterward. Be ready for this, and understand that it's a natural reaction. Be supportive.

Jude Law's Ex Speaks Out!





Jude Law tried to put a stop to it, but ex-wife Sadie Frost is about to let it all hang out in a tell-all memoir focusing on the deterioration of their marriage, her post-natal depression, and dealing with fame, [E! Online](#) reported this week. The former couple, whose marriage ended in 2003 following Law's affair with their nanny, battled about the production of the book in court before reaching a settlement. The autobiography, titled *Crazy Days*, will be published next month.

What should you do when your ex talks negatively about your relationship in public?

Cupid's Advice:

After a breakup, it's tough to know how to act or what to say when you hear about your ex speaking badly to other people about your past relationship. Cupid has some suggestions to help you cope:

1. Play it cool: It may be your natural reaction to take revenge, but you'll feel better in the end by taking the high

road. There's most likely a good reason your relationship is over, so it's best to focus on moving forward.

2. Keep things in perspective: Try to remind yourself that it's human nature to combat insecurity with negativity. By learning how to stay confident during life's toughest times, you have a better chance of achieving much-needed independence after a relationship ends.

3. Ignore the situation completely: Sometimes the best idea is to leave it alone. Although what your ex is doing is hurtful, nothing positive can come from reacting to a situation, so not addressing it in the first place may be the right answer.

Thomas Jane & Patricia Arquette Call It Quits





Thomas Jane and Patricia Arquette are really getting a divorce this time. According to [People](#), this isn't the first time the couple have tried to divorce. Arquette filed last year and withdrew her petition after a reconciliation. The couple is now restarting the process after four years of marriage. At least there's no hostility in this breakup. "The split is completely amicable and their prime focus is their daughter," says a rep for the *Medium* actress. She and her *Hung* beau met in 2001 through friends, hit it off, and got married in 2006 in Italy. They have a 7-year-old daughter, Harlow Olivia Calliope, together.

How do I decide if divorce is the best option?

Cupid's Advice:

Divorce can be ugly, and it can get expensive. Even though it isn't easy, sometimes it's absolutely necessary. Cupid has some tips to tell if it's the right path for you:

1. Tried and failed: If the two of you have tried everything in your power to make things work and there is still no

improvement, then you might not be able to save your marriage after all. It's best to go your separate ways before things get worse.

2. Abuse: If your partner is abusing you mentally, physically or emotionally, you need to get help! If he or she threatens to hurt you in any way, then this is not a healthy relationship, and a divorce is more than a reasonable solution.

3. Leftover love? Most couples call it quits when they think there is no love or affection left in the relationship. Don't jump to conclusions – seek the help of a marriage counselor before deciding.

David Arquette & Courteney Cox Argue Over Her Show Cougar Town





Courteney Cox and David Arquette are experiencing some trouble in paradise. Cox wants to gather up the old *Friends* gang and have them reappear on an episode of *Cougar Town*, Cox's latest comedy series. According to a source on [Betty Confidential](#), "David isn't happy about it." But apparently, Cox has already called up Jennifer Aniston, Matt LeBlanc, David Schwimmer and Matthew Perry to make appearances. The source adds, "He told Courteney, 'This is not *Friends*. This is *Cougar Town*.'" They kind of got into an argument about it during a staff meeting. He wasn't happy when Courteney asked Lisa Kudrow to appear on their show last season, but Courteney won that battle." It seems that Cox will win this battle, too; she's already come up with a plot and characters for Perry and Aniston.

How can you persuade your spouse to be more supportive?

Cupid's Advice:

Unsupportive partners can put a strain on any relationship. Cupid has some tips on how to make your way through it:

- 1. Understand:** You need to understand why your partner is

against your decision. Try to find out what benefits he or she sees by choosing the opposite standpoint. Ask lots of questions to help you figure out why they are against the situation, then address their points.

2. Weigh options: You might find that your partner's point of view has a lot of reasoning behind it, so don't just dismiss them because you don't like it. Try to find an in-between so that you are both happy with the outcome.

3. Be honest: Don't lie, exaggerate, or go behind your spouse's back to get what you want. If it's a big decision, such as going back to school, your partner will find out eventually, and will be even more upset you lied.

**Jonathon Schaech & Jana
Kramer: It's Over!**





Jana Kramer and Jonathon Schaech, who met while filming the movie *Prom Night*, have given up on their marriage, and are planning their divorce just over a month after their nuptials were exchanged. “Jana and Jonathon have agreed to dissolve their marriage,” the couples’ rep told [E! News](#). “Jana is humbled by the outpouring of support from her fans, friends and family, and appreciates the respect of her privacy.”

What do you do when a marriage ends so soon?

Cupid’s Advice:

According to the Center for Disease Control and Prevention, about half of the couples who marry in the U.S. end up divorced. If the marriage can’t be saved, Cupid has found some ways to help you move on:

1. Ending amicably: This may or may not be possible, but in order to get back on track, you’ll do better knowing that you gave it your all. Although the marriage failed, you don’t have to hate your ex.

2. Take some time: When a relationship makes it to the

marriage point and then ends, you should spend some time alone with yourself to reflect. By learning how to live on your own, you have a greater chance of meeting someone who you're really meant to be with in the future.

3. Look to the future: Once you're ready to put yourself back out there, plan your approach by implementing your recent reflections, know what to avoid in future partners, and start small.

Jesse James' Ex Janine Lindemulder is Following Along!





Jesse James' ex-wife Janine Lindemulder is heading south to Austin to be with her daughter, [E! News](#) reported this week. After a court battle, Lindemulder was granted joint legal custody of daughter Sunny, but the celebration was cut short when James received physical custody, deciding to move down to Austin, TX with their child. The former adult film actress was originally uncertain about the move because she wasn't sure if she could provide a lifestyle of equal standards for the child like James and former step-mom, Sandra Bullock, had given her. In addition, E! News reports that Lindemulder requested additional funds. Sunny's parents deliberated the \$6,500 increase in support in court Monday.

Would you move near your ex to be closer to your children?

Cupid's Advice:

If your divorcee is moving away with the kids and you plan to follow, Cupid has some things you should consider first:

1. Reason: Make sure you understand the reasons for the move. He or she may not be doing it to hurt you, especially if there

are financial reasons involved. The move may be what's best for your children, so don't simply follow along because you think your ex is trying to keep you away from the kids.

2. Move along: Any move is life-altering. You'll need to change your address, house, and possibly your career and friends. Before making such a big step, consider your financial resources, and ask yourself if you're really willing to make this change.

3. Awkwardness: Maybe your ex moving away is a good thing. Have you considered all the possibilities? How would you react if your ex started dating again? Being nearby with so many mutual connections outside of your children (like teachers and doctors) might spur up some awkward meetings and conversations.

Bristol Palin & Levi Johnston On "Friendly" Terms





Just a week after announcing yet another split, Bristol Palin and Levi Johnston appear to be on friendly terms, or so Johnston told [People](#) magazine at the Teen Choice Awards on Sunday. A teary Palin had previously told the magazine that “humiliation” led to their most recent split, but Johnston was all smiles at the awards show with “friend” and singer Brittani Sener on his arm.

What do you do when an ex moves on faster than you do?

Cupid’s Advice:

Palin had not been seen publicly since her split with Johnston, and she seemed shaken when she announced the separation. Johnston, on the other hand, has been out and about with Sener. It’s important to accept that your ex might be quicker to bounce back than you are, and to work on getting yourself to a good place, rather than focusing on the other person.

1. Get out there: While it might be easier to hide out in your house and avoid the world, step outside and take on the

world. Go for a jog, out to dinner with friends, or indulge in a little retail therapy. Don't hide away; live your life!

2. Don't give in: If you ex is off flaunting a new relationship and word gets back to you, remember to take the high road and avoid commenting on it. What he or she does post-breakup should not be an excuse for you to act immaturely.

3. Love yourself: In the same vein as not discussing your ex with others, don't feel the need to bring he or she into your future relationships. Love and respect yourself enough to just be you, and not let bad breakups affect new possibilities.

Jersey Shore Boyfriends Strike Out





Got a fever for *Jersey Shore* cast? You're in luck – they're single! Snooki, Sammi Sweetheart and JWoww have broken up with their respective partners, [E! Online](#) reported last week. Despite Snooki's dumping her "Gorilla Juicehead" beau, Emilio Masella plans to win her back. "I've been doing everything crazy to that you can think of to get MTV's attention," he told E!. JWoww's manager boyfriend, Tom Lippolis, won't speak on their issues, but commented, "I've been better." Lastly, *Jersey Shore's* favorite couple from season one, Ronnie Magro and Sammi, have been in an on-again, off-again relationship for a while. They're currently off-again.

How can you survive the summer while being single?

Cupid's Advice:

Summer promises warm days, long nights, beaches, parties, and even that summer fling. But if everyone is hooking up and you're left in the dust, it can get a little lonely. Cupid has some ways to deal when you're not getting your fair share of the summer hook-up:

1. Enjoy it: Summer is the time to bear it all. From bikinis and daisy dukes to shirtless pecs, say hello to some well-deserved eye-candy! There are plenty of fish in the sea, but they're all crowding the beach while the weather is still warm. Head to your closest shore and feel free to ogle the goods.

2. Friends: You can never have too many friends. If your buds are spending more time with their significant other, find some new people to kill time with. Who knows – you may end up meeting someone to spend those long summer days with.

3. Family: No one knows you better than your family, so spend your time with them. It's less awkward than being the third wheel. Going to barbecues and family picnics will take your mind off of things.

Sean Penn & Robin Wright Divorce Finalized





After a messy road towards divorce, Sean Penn and Robin Wright have at last signed papers, finalizing their divorce, figuring out all questions relating to child support, spousal support, and child custody. [People](#) reported that Wright hopes to remain friends with her ex, despite their history.

Can you stay friends with an ex after a nasty split?

Cupid's Advice:

Penn and Wright have an interesting marriage to say the least, but the fact that they have a child together means they will always have to be a part of each other's lives. In order for exes to have a relationship post-split, both people have to work at it.

1. Be adults: It takes a lot to look past a difficult and angry history with someone, but it can be done so long as both people commit to looking forward. Don't hold grudges, or bring up old ills.

2. Think of others: Whether it's children, or even just mutual friends – if you and your ex are committing to starting a

friendship, then it should just be between you two. Don't get angry if your friends are also buddies with your ex. Think of how your relationship, both past and future, will affect those close to you.

3. Expect the worst: Very few people who were in a serious relationship together can then turn around and become friends. Understand that it might not work. If it does fail, move on, and find the best compromise for you both.

Jake Pavelka Remains a “Bachelor” for Now





In the wake of his public breakup with Vienna Girardi after his stint on *The Bachelor*, Jake Pavelka is taking a break from dating, [People](#) reported last week. Though Pavelka has not ruled out any future love, he said he needed more “me time” after being in the limelight before getting back in the dating game.

How do you bounce back after a break up?

Cupid’s Advice:

Breakups are hard enough for any person, but even more so in the case of a public and nasty breakup. Pavelka is doing the right thing in going at his own pace. Every person is different though, so act accordingly to *your* needs post-breakup:

- 1. Take time:** Many people feel the need to rush back into the dating game, but it’s perfectly all right to take some time off for yourself. It will take a bit to find your stride again, so you shouldn’t rush.
- 2. Be open:** Post-breakup is the perfect time to re-evaluate

and try new things, in both dating and in general. Take a risk and be bold. Get a new look, or date someone you never would have before. There's no better time to open up and start fresh.

3. Reconnect: When you're in a serious relationship, it's common to lose contact with other people in your life. With new opportunities and more time, go ahead and reconnect with an old friend, or with those in your life that have taken a backseat.

Palin & Johnston Split... Again



Bristol Palin and Levi Johnston have split up again, [People](#)

magazine reported Tuesday. Palin, daughter of former Alaska governor Sarah Palin, and Johnston announced their second attempt at an engagement only weeks ago in the hopes of starting a real family for their 19-month old son Tripp. Palin told *People* that the breakup occurred after rumors surfaced about Johnston fathering another child with an as-yet-unnamed woman.

How do you know it's finally time to cut a bad guy loose?

Cupid's Advice:

There comes a time when a reunion is just impossible, no matter how much you wish someone can change. Dalmatians can't change their spots, and it's up to you to know when its time to quit.

1. One-sided attempts: If you're the only one in the relationship trying to make it work, then perhaps it just isn't going to. This lack of effort shows your partner isn't fully invested in the relationship – or you.

2. Repeated mistakes: There are some characteristics a person just can't change. If your mate makes the same mistakes repeatedly, it might be due to a character difference that will always keep you two apart.

3. Hurting others: As in Palin's case, her son Tripp's happiness is also at stake in the relationship. If other people, children or otherwise, are being negatively affected by your attempts at reconciliation, it's time to pull the plug.

Stephanie Pratt & Josh Hansen Call it Quits



Another love drama for the Pratt family! Stephanie Pratt's rep confirmed to [People](#) that the reality star and Josh Hansen "went their separate ways." The pro motocross racer tweeted on Monday, "Another dysfunctional move by Stephanie Pratt, I was under the impression u had to be someones bf in order to get dumped," as his rep says the two were never officially a couple. Pratt didn't let that slide, answering back with an expletive and exclamation-filled tweet. There aren't any other details available on the breakup, but it's seems the relationship ended on unhappy terms.

How can you end a relationship on good terms?

Cupid's Advice:

When it's time to end a relationship, you should always aim to leave it in nice conditions. Cupid has some tips:

1. Make up your mind: Don't threaten to leave your partner out of anger or spite because you want your way in an argument. A breakup shouldn't be used as a form of leverage unless you're truly prepared for that possibility.

2. Time and place: Pick a setting that allows you two the time and privacy to end it properly. For example, don't end it as your partner is leaving for work, or right after a crisis.

3. What to say: Don't patronize the other person with cheesy lines like, "It's not me, it's you," or, "I'm not good enough for you." Although it may seem like you're ending it gently, these generic lines might hurt his or her feelings more. Just say what you need to say.