

Miley Cyrus' Mom Tish Had Affair with Bret Michaels



Could the reason for the split between Miley Cyrus' parents be due to her mom, Tish, having an affair with rocker Bret Michaels? [US Weekly](#)'s source seems to think so. The 17 year marriage between Tish and Billy Ray Cyrus is coming to an end as Billy Ray filed for divorce on October 27. Michaels was introduced to the Cyrus family back in February when he and teen sensation Miley Cyrus released the duet "Nothing to Lose." Since then, Tish was spotted at Michaels' February 28 show in Los Angeles. Although reps for both Tish and Michaels deny that there is nothing more than a professional relationship between the two, Billy Ray is seeking joint custody for his three minor children he has with his soon-to-be ex-wife.

How do you handle the news of a parent's affair?

Cupid's Advice:

Dealing with the possibility that one of your parents is having an affair is a devastating blow, no matter your age. Cupid has some advice on how to handle it:

1. Sibling support: If you have any brothers or sisters you can turn to, they would be your best bet for support. Families get torn apart and turned against each other when everyone begins to take sides on who's right and who's wrong. Even if you have friends who were in a similar situation, your siblings are the only ones who know exactly what you're going through. Lean on them.

2. Know the facts: Sit your parents down together and ask for the truth. They owe it to you as their child to tell you what's going on. You'll start to hear lots of different takes on the situation from family friends and family members themselves trying to persuade you to take one side over the other. Knowing the truth will help you disregard other rumors and come to your own conclusion.

3. Find an outlet: Whether it's finding a counselor or channeling your emotions through another hobby, you'll need a release from your family situation. It's normal to feel a slew of emotions, including anger toward one or both parents. Rather than taking it out by saying or doing something you may later regret, placing that energy into a hobby will help you take your mind off of things in a healthy way.

Courtney Cox Denies Pending Divorce



Actress Courteney

Cox has finally spoken out about her pending divorce to husband and actor David Arquette, [People](#) has learned. During an interview for Australia's *TV Week*, Cox said, "I don't know what will happen, but this is not like we're getting divorced...This is a separation and I think that takes a lot of courage. Whatever is supposed to happen will be the best thing for us." At the same time, however, Cox admits that all is not well in the duo's 11 year marriage. "Sometimes you just realize 'Wow, we actually have grown apart,'" she said.

As far as her husband's Howard Stern radio appearance, Cox seemed nonchalant about it, saying Arquette is a "kook" and an "entertainer." And as Arquette went to Stern for support, Cox has been spending time with her bestie, Jennifer Aniston. "We just have fun, we laugh, we're inseparable and it's great."

When is it time to try separating in a marriage?

Cupid's Take:

Sometimes things taken a turn for the worst in a relationship. Often times it can be a phase and, in time, things will go

back to normal. Other times, however, we must make the sad conclusion that this relationship won't have a fairy tale ending. And that's when a separation in a marriage may be for the best:

1. Time off: When neither of you can get a word in edgewise without voices escalating and faces turning red, a separation may be right for you. You'll have time to sort out your thoughts without letting your anger get in the way.

2. Think it over: If recent times between you and your mate are more negative than positive, perhaps it's time to get some space. You'll be able to lay all factors out in front of you in order to figure out exactly why the two of you have been arguing more than kissing.

3. When love is lost: Sometimes, sadly, people outgrow each other, and the love they once had for one another fades away. When this happens, it's best to face reality and go your separate ways rather than forcing something to work that doesn't.

Courtney Cox and David Arquette Unite for Halloween





In the midst of their very public separation, Courteney Cox and David Arquette have vowed to make sure that daughter Coco, 6, remains their top priority, according to [People](#). When the duo announced their separation last month, they insisted that they would remain dedicated parents. In fact, the two even planned to celebrate Halloween together with their daughter. “Sunday, yeah we go trick-or-treating,” Arquette said at a recent film screening. “Coco is going to be a bumblebee and Courteney is going to be a sunflower. I’ll put on a flower suit or something,” Arquette joked. **After a split, how can you keep your child’s life normal?**

Cupid’s Advice:

Breakups are especially hard on children, which is why it’s important to make sure you remain responsible parents. Cupid has some ideas on how to keep your child’s life as normal as possible during a separation or divorce:

1. Stick to the routine: Although your child’s life will undoubtedly change, you should try to keep their routine as normal as possible. If you used to get pizza every Tuesday night, keep on doing it to show your little one that some traditions will never change.

2. Split up time: Unless you have already figured out custody issues, try to split your tot's time evenly between both parents. This will remind your kid that they aren't going to lose either of you.

3. Communication is essential: Don't leave your child in the dark about the breakup. Talk to them about why you two are separating and make sure they know that they are still your number one priority. Also, make sure they're 100% confident that it's not their fault.

David & Victoria Beckham Argue on 'Ellen'



According to [People](#),

all-star couple David and Victoria Beckham got in their first fight in 11 years this week on *The Ellen DeGeneres Show*. Apparently, the two have very different ideas about housekeeping. They both seem to think the other is the messy one. However, there are no hard feelings between the soccer star and the former Spice Girl. "I'm sure there are a lot of things that I do that drive her crazy," said Beckham.

Is it ever a good idea to fight with your partner in public?

Cupid's Advice:

Though disagreeing about daily chores is hardly a public brawl, fighting in public is never part of a healthy relationship:

1. Unwanted attention: Though you may feel strongly about your end of the argument, fighting in public can be embarrassing for both you and your partner. Wait until you can discuss things in private before you vent. It'll also give you some more time to think.

2. Overhearing: When you fight in public, people around you inevitably overhear. Often times you're having a heated discussion about topics that aren't necessarily meant to go public – personal issues. If you don't want the whole world knowing intimate details about your relationship, refrain from duking it out in a public arena.

3. Trouble: In extreme cases, you might be deemed a "trouble customer" if your fight originates in a place of business. The last thing you need is that type of reputation at your location grocery store. Think about the consequences of your public dispute before you engage in one.

Billy Ray Cyrus Files for Divorce From Wife Tish



In a surprising announcement, Hollywood proves that not everything is about award shows and after-parties. Citing “irreconcilable differences,” Miley Cyrus’ father, Billy Ray Cyrus, filed for divorce from wife Tish after 17 years of marriage. Like any couple that have contemplated and chosen divorce, they’ve attested, “As you can imagine, this is a very difficult time for our family. We are trying to work though some personal matters.” While they appreciate thoughts and prayers, the issue of custody has come up, and as [Us Weekly](#) states, “Billy Ray asks for shared custody of their three minor kids [Miley, Braison, and Noah], and for an equitable division of their marital assets.”

What are the most important factors to consider before deciding on divorce?

Cupid's Advice:

When your relationship has hit a rough patch and it seems like there is no solution to your personal issues, should you consider a divorce? When is divorce a topic to put on the table during a discussion with your partner? Here are some factors to consider:

1. Hopeful or hopeless: DivorceMag.com says, "Hopelessness is the cancer in marriage. People convince themselves that their problems are too huge to surmount and so they have to divorce." Before bringing up the idea of a divorce, make sure to ask yourself, "Is this something worth saving?" Are you willing to put in the time and effort for counseling to save the union between you and your partner?

2. Threat or decision: Everyone gets angry sometimes. It can make it seem like times are tough. Are you simply threatening a divorce to demand change from your partner, or are you confident that there's nothing left for either of you to do to salvage your relationship? Before you resort to a last ditch power play in an argument, think about why you are choosing that path. Perhaps take some time apart so your decision comes from a grounded, reasonable place.

3. What does this mean for everyone?: When considering divorce, you will have to come to terms with the negative consequences this brings for you, your partner, and possibly, your children. Are you ready to sit your children down and explain to them what has occurred and provide a support system for them during this time? Do you have a support system outside of your home?

Counseling or a trial separation are measures many couples take before deciding on divorce. Give yourselves time to make sure this is the step you want to take.

Gossip Girl Stars Blake Lively and Penn Badgley Split



It's official: another cute celebrity couple has parted ways. *Gossip Girl* costars Blake Lively and Penn Badgley have gone their separate ways, [People](#) has learned. Reps for both of the actors have confirmed the split, even though the two were seen out in public together just last week in New York shopping for candles at [Henri Bendel](#). While the real-life couple split just like their TV characters, unlike their *Gossip Girl* counterparts, the pair are remaining mum about the subject. A source says that there seemed "no sign of trouble" between the two while filming their hit show on set. Lively told [Allure Magazine](#) in an interview last month that she doesn't comment on relationships. "My anonymity is something I treasure. Wanting to be an actor and wanting to be famous are

different.” If only Dan and Serena felt the same.

What details in your relationship should you keep to yourself?

Cupid’s Advice:

Releasing private details about your relationship to the public, whether that being to your friends and family or via the paparazzi, can be tricky. Talk to your partner, and decide together what is appropriate. Cupid has some suggestions:

1. Privacy levels: What may be considered personal information to one person may be just fine for public scrutiny as far as the other is concerned. Our take on private and personal information probably comes from how we were raised as children and what was disclosed in our own family settings. If you and your mate can’t compromise or agree on what is appropriate, perhaps dating someone who shares similar privacy levels would work better.

2. Girl’s night out: One of the best parts of going out with the girls is getting to dish about your beau. Full disclosure. But beware: your beau may be doing the exact same thing with his crew. A good rule to keep in mind here is to ask yourself how you would you feel if the roles were reversed? If you think you may be upset in that situation, zip your lips when you’re about to say something overly personal.

3. TMI: Even if you and your partner are completely open and want the world know everything about your relationship, the world may not feel the same. We’ve all been in that situation where you’re stuck listening to someone jabber on and on about the specific intimate details of his or her relationship. Be careful you don’t become that person!

Justin Timberlake Reportedly Caught Cheating



Justin Timberlake reportedly cheated on his main squeeze, actress Jessica Biel. According to [Us Weekly](#), the singer/actor was fooling around behind Biel's back with actress Olivia Munn this past September. Munn is best known as a *Daily Show* correspondent and stars in the upcoming NBC series *Perfect Couples*. According to an insider, after exchanging numbers with the actress, he "started chasing her immediately." The source also adds that Munn resisted his advances, telling him it was a no-go if he was still with Biel. But Timberlake "has been telling people it's over with Jessica, even though the reality is he's just doing it behind her back." Timberlake's rep says the accusations are false, while Munn's rep refuses to comment on her personal life. It seems a lot of celebrity

relationships are heated these days!

How can you resist the cheating temptation?

Cupid's Advice:

While we don't know for certain the details behind Justin Timberlake's apparent cheating escapade, many men and women in relationships will often find themselves staving off the temptation to cheat. Cupid has some advice to help you work through the urge:

- 1. Explore your feelings:** Ask yourself why the temptation is there in the first place. While there is nothing wrong with a wandering eye or some harmless flirting, if you find yourself wanting to take it to the next level, your so-called relationship might not be as strong as you originally thought.
 - 2. Think of the future:** Before you cheat, take a moment to think about what the future could hold with your partner or spouse. Is it really worth giving up a wonderful life with someone special just for what you may consider the thrill of cheating?
 - 3. Consider the consequences:** If you cheat, whatever relationship you're currently involved in will most likely end badly. There is nothing good to come out of cheating, and the devastating consequences could hurt not only your significant other, but also your family and children (if there are any in the picture).
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Did Marilyn Manson Help Raise Evan Rachel Wood?



Although odd couple

Marilyn Manson and Evan Rachel Wood have officially called it quits, their bond remains strong, according to [Us Weekly](#). The 23-year-old actress told *Nylon Magazine* that she still feels close to ex Marilyn Manson, 41, because he, “had a hand in raising me.” The two have had an on-again off-again relationship since meeting in 2006, including an engagement that lasted for seven months in 2009. Despite their recent split, Wood says she’ll always have affection for Manson.

“I’m always gonna love that guy. He’s a genius, he’s an amazing artist, we’re still friends. Some things just aren’t meant to be.”

What are the benefits of dating someone much older than yourself?

Cupid's Advice:

While Marilyn Manson and Evan Rachel Wood's father-daughter relationship is a little out of the ordinary, there still are benefits to dating someone much older. Cupid has some ideas about why you should try going out with someone in a different age bracket:

- 1. Learn something:** If the person you're dating is much older, they probably have a lot of life and love experiences that you haven't. Take the opportunity to learn everything you can from your older and wiser partner.
 - 2. Show me the money:** Not to be materialistic, but if you're with someone who is considerably older than you, chances are they have had the time to accumulate a bit of cash. Enjoy the fruits of your mate's labor, and let them treat you!
 - 3. Better with age:** Maturity comes with age, so dating someone older inevitably means less video games and fart jokes. And that's a good thing.
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Shia LaBeouf and Carey Mulligan Break It Off





While romance might have been in the air between Shia LaBeouf and Carey Mulligan during the filming of [Wall Street: Money Never Sleeps](#), that doesn't seem to be the case post-premiere. The duo have indeed parted ways, with a friend claiming, "It just wasn't working," as the reason behind the split. With Mulligan back in Los Angeles filming indie flick *Drive*, a friend offers reassurance that, "[Carey]'s strong. She'll be fine!" Would a certain British actor, Tom Sturridge, have anything to do with this? Sources tell [Us Weekly](#) that isn't the case; they're just pals.

If things aren't working, when is it time to call it quits?

Cupid's Advice:

Every relationship has it's ups and downs, but there's a difference between a rough patch and an unhealthy relationship. Here are some signs for when the going gets bad and you're just not sure whether it's time to break up:

1. All we do is fight: If every conversation ends with a screaming match, chances are you're having problems communicating with your partner. If the arguments stem from trivial matters, try compromising and picking your battles. However, if these fights involve serious issues, such as your

goals and values, remember: you can't change who a person is at heart.

2. The spark just isn't there: While it is common for the thrill of a new relationship to dissipate over time, there also just comes a point when you simply don't feel the same way as you used to about the person you're dating. People change, and if the spark that made your relationship special in the first place has gone out, then you need to reevaluate what makes you happy.

3. You want to see other people: It happens. You reach a point when you realize that your current mate is just not "the one" for you. All you can do is be honest and straightforward. Don't placate a relationship. It's not fair for your partner to think that you are 100% emotionally committed to your relationship, when you aren't.

Jessica Simpson Runs Into Ex Nick Lachey





What happens when you run into your ex with his new girlfriend while you're on a date with your new boyfriend? Well, Jessica Simpson and beau Eric Johnson found out over the weekend when they ran into Simpson's ex, Nick Lachey. When asked about the incident by [USA Today](#), the singer said, "He was at the same restaurant. I didn't speak to him." But apparently she was much more willing to talk when asked about her current relationship with Johnson, according to [Us Weekly](#). "He definitely makes me very happy," she said. "He brings out a lot of light in me and makes me very comfortable being who I am. It's nice to be with somebody who praises you for the right reasons." Is that a Nick Lachey burn? We'll never know for sure. **How should you handle your first sighting of an ex post-breakup?**

Cupid's Advice:

It's always awkward when you run into your ex for the first time after you've broken off your relationship, but there are right and wrong ways to deal with it. Cupid has some suggestions:

1. Act casual: There's no need to bring drama into the picture. Even though you may be feeling turmoil on the inside, keep it bottled up for the time being. Although they say keeping your feelings inside can sometimes be a bad thing,

it's okay if you let it out in a different venue later on – away from your ex.

2. Be civil: Again, there's no reason to carry the reasons you broke up into your first meeting after your split. Your relationship is over, and it's time to move on. Why re-hash old arguments when you can just keep it civil, and shrug it all off?

3. Keep it short: Don't prolong your first meeting post-breakup. If you happen to end up at the same location as your ex and there's no way to avoid each other's presence, deal with it briefly. The longer you confront your ex-partner, the more awkward you will feel and the more likely you may say something you'll regret later.

Jon Gosselin's Ex-Girlfriend Calls Him a Chronic Liar





After what seemed like a heartfelt message to his family and friends via Twitter, Jon Gosselin's ex-girlfriend Hailey Glassman is calling him out on his chronic lying habit. Gosselin tweeted, "I am acutely aware of the mistakes I made in 2009 and I am ashamed of the choices I made. I have apologized to Kate, my family, and to my friends. Through counseling I have learned to own my actions. My goal is to move forward in a positive direction." Despite Gosselin's seemingly good intentions, Glassman insists that his Twitter apology was just a "negotiating tactic to gain sympathy from the public," according to [RadarOnline](#). Glassman called her ex a "pathological liar" whose life coach once told her and her parents to "accept his lying and not get mad at him for it because he will then never tell the truth."

Is there any time in a relationship when lying is okay?

Cupid's Advice:

Honest communication is the crux of a healthy relationship, but sometimes telling white lies is necessary in certain situations. Cupid has some examples of instances when it's okay bend the truth:

1. You look so thin!: If she asks, "Does this make me look

fat?" tell her "no," whether it's true or not. Sometimes you need to fib to spare her feelings, especially when talking about her appearance. There's no need to bring insecurities into your relationship.

2. Thanks, I love it!: Whether it's a diamond ring or a pair of socks, this is always the correct response when receiving a gift. If you don't want to offend your mate, pretend you love it... then if necessary, quietly return it later.

3. I'm not attracted to other people: Just because you notice when a total babe walks by doesn't mean you have to tell your partner! Some things are better left unsaid.

Taylor Swift: New Song Slamming John Mayer?





With Taylor Swift's upcoming album dropping next week, speculation has begun circulating around one of the tracks, entitled "Dear John."

Does it reflect Swift's once-rumored relationship with crooner John Mayer? [Us Magazine](#) reports that Swift, 20, and Mayer, 33 years her senior, were romantically linked last year when the country crooner collaborated with Mayer on the song "Half of my Heart" for his album, *Battle Studies*. Although Swift refuses to confirm the song is about Mayer, with lyrics like, "You'll add my name to your long list of traitors, Who don't understand, And I'll look back in regret, I ignored what they said, 'Run as fast as you can,'" one can only assume all signs point to the soulful singer and serial dater.

What are some appropriate ways to deal with anger after a breakup?

Cupid's Advice:

It's normal to be angry after a breakup. While it may be fun to sit with your girlfriends and plot revenge on the one who broke your heart, think twice before you pull a Carrie Underwood in her "Before He Cheats" days:

1. All talk and no action: This may be the one time you should run your mouth with no intention of following through. Take a cue from Taylor Swift and write it out. Her lyrics are her

personal way of getting through an emotional time without doing anything outrageous and harmful. The individual in question may end up being a bit embarrassed, but doesn't he deserve that anyway?

2. Gather your girls: Release your anger in a positive way. Grab some friends and go out dancing. Part of the friend code means that you'll automatically have someone to lean on. Feel free to vent as you dance out your post-breakup frustrations. Don't worry – your roles will eventually reverse, and your friend will need you for comfort and take-out pizza.

3. Work it out: Find a gym that offers a kickboxing class, and let loose! Fill your iPod up with your favorite songs and run your anger right out of your system. Exercise is a great way to filter your emotions and burn off those pizza night calories. Your ex will be sorry once he sees your hot bod, and the look on his face will be the perfect revenge!

Anne Hathaway Talks Trust Troubles





When your ex-boyfriend pleads guilty to 14 counts of money laundering, conspiracy, and wire fraud, what's a girl to do? Years later, after a highly publicized fall out with ex-boyfriend Raffaello Follieri, actress Anne Hathaway has found comedic relief when it comes to talking about past relationships. [People](#) reported that when *Vogue* sat down with the actress, and asked about potential deal-breakers, she wittily replied, "Uh...fraud?"

While Hathaway can laugh, looking back, she can't deny it has left her with trust issues stemming from lies and deceit.

Hathaway is set to star in romantic comedy *Love and Other Drugs*, which hits theaters November 24. She says, "Gosh, I hate talking about the breakup, because I don't want it to define me, but as is to be expected, there were a lot of lingering trust issues, and I think that making a film about trust that required a great deal of trust – well, it was challenging to get there."

How can you get over trust issues from a past relationship?

Cupid's Advice:

Some past relationships can leave you wondering, "How can I ever trust again?" Here are a few ways to put the past behind you, opening yourself up to new opportunities:

- 1. Start with you!** After enduring a relationship that left you

with trust issues, it's important to do some soul searching.

Before you can even think about starting to trust others, you need to sit down and work through these problems, and learn to trust yourself!

2. Focus on the present: While things might not have ended well in the past, don't pass up new opportunities just to prevent yourself from getting hurt again! We've all been there; what's important is that you walk away having learned something. Try to get comfortable with the idea of giving people the benefit of the doubt again.

3. Talk it out: If you're thinking about starting a new relationship with someone, make sure you give your new beau a heads up on your issues with trust. Why? Because if you find yourself lashing out, he'll know where it's coming from. Remember he's given you no reason *not* to trust him. Give him the chance to prove himself!

Smiling David Arquette Looks 'Relaxed and Cheerful' After Separation





If David Arquette is hurting after his recent separation from wife Courteney Cox, he certainly isn't showing it. The 39-year-old actor was all smiles at the 2010 Spike TV Scream Awards, his first public appearance since news broke of the split from Cox, 46. [Us Weekly](#) reports that Arquette, who attended the awards show without his wife, looked happy, relaxed and chatted animatedly with his publicist before going into the event. After 11 years of marriage, the couple announced their trial separation earlier this week. The two met in 1996 on the set of *Scream* and married three years later. Their daughter, Coco, is 8. A source close to the couple says they "are by no means interested in giving up. They just need time apart."

How can you tell if your mate is fake?

Cupid's Advice:

Some people might enter into a relationship for the wrong reasons. But with Cupid's help, you can tell whether or not your mate is for real:

1. He pays attention: If he remembers minute details, like what you said a week ago and already forgot about, then he's really into you and is in the relationship for the right reasons. If his eyes seem to glaze over when you talk, you might want to look into why that's the case.

2. He respects you: This means respect in every sense of the word. One example is understanding your need to take it slow. If he tries to round the bases too quickly, then his intentions are only lustful.

3. He only has eyes for you: If he's shows no interest in other women, then he thinks you're the one. But if he wants to keep an "open relationship" and date other women, he's not sure yet and may just be faking interest.

Christina Aguilera Goes On Vacation After Split



Christina Aguilera has recently been dealing with divorce papers and drama, all

caused by her split from hubby Jordan Bratman. The singer decided to escape the chaos by taking a quick vacation to Hawaii. The *Burlesque* star "...has a packed weekend ahead of her, including yoga, surfing lessons, hikes, lunches, VIP dinners and cocktail parties," reports [E! Online](#). Sounds like it's just what she needs!

After a breakup, where are some good places to get away?

Cupid's Advice:

When your heart is aching, you may need some space. Some people may recuperate just by having some down time, while others may need a paradise getaway to soothe their spirits. Cupid has some suggestions:

- 1. Suburbs:** Live in a big city? Get some fresh air by stepping outside of your urban environment. The change of scenery will be both relaxing and refreshing.
- 2. Europe:** If you're one of those people who needs serious space after a split, head to an exotic location. Skip romantic activities in Paris, and spend some time with friends in Greece, or relax on a beach in Italy.
- 3. A friend's house:** If you don't have the time or the money to plan a trip, spend some time at a friend's house. You will have a different environment in which to recover and the added bonus of a good friend taking care of you.

TLC's Sister Wives & Hubby

Under Investigation



No matter what your take is on TLC's reality series *Sister Wives*, there is no doubt that Utah's most famous polygamist family has caught America's full attention. Unfortunately, according to [RadarOnline](#), Kody Brown and his multiple wives have also caught the attention of the feds. Though bigamy is a third-degree felony in Utah, it's rarely investigated. But due to all of the publicity surrounding the show, a full-out police investigation on the Browns is underway. In response to potential legal action, the Brown family issued the following statement: "We are disappointed in the announcement of an investigation, but when we decided to do this show, we knew there would be risks. But for the sake of our family, and most importantly, our kids, we felt it was a risk worth taking."

What should you do if you love two people at once?

Cupid's Advice:

Cheating is one thing, but what if you really love two people at the same time? Cupid has some things to consider:

1. Alternative lifestyles: Whether it's for religious reasons or other moral considerations, there will always be people out there who have alternative love lives. As long as those people are happy and not hurting anyone around them, there's no reason we shouldn't accept relationships which differ from our own.

2. Making equal time: If for some reason you do end up in a consenting relationship with two or more people, the top priority must be to give equal attention to all the parties involved. If one person believes they aren't loved as much as another, it can lead to drama or depression.

3. Multiple commitments: If you don't believe in polygamy, but are in love with two people at the same time, it's time to start analyzing each relationship separately. Focus on factors outside of the love. With which mate are you most compatible? Which relationship can truly go the distance?

Christina Aguilera & Jordan Bratman Admit to Separation





Burlesque's

Christina Aguilera and husband Jordan Bratman are yet another couple on Hollywood's long split list. After almost five years of marriage, [E! Online](#) originally confirmed the two had called it quits and were living separately, but were still hoping to work it out for their two-and-a-half-year-old son, Max. Now, however, Aguilera and Bratman have filed for divorce, citing "irreconcilable differences," according to [TMZ](#). The former couple began dating in 2002 and wed in 2005 with a private ceremony in Napa Valley. The pair announced their separation right on the heels of another celebrated Hollywood couple – Courteney Cox and David Arquette. It seems as if celeb couples are having a rough time this month!

Why should you try separation before divorce?

Cupid's Advice:

People are so busy juggling their crazy lives these days that they sometimes forget how much time and energy it takes to maintain a healthy relationship. When things in a relationship get bad, it may seem like divorce is the only option. But this decision can be life-altering, it's better to try separation first:

1. Take a step back: Sometimes when you take yourself out of a situation, it's easier to gain perspective on what's truly

going on in your relationship. You'll have time to decide whether it's possible to work things out or whether it's time to call it quits. It's best to clear your head, analyze the situation and allow enough time to pass before making any serious decisions.

2. Define your wants and needs: Go back to the basics, and make sure your personal goals haven't changed over time. Do you still want kids? What are your career goals? Where does your partner fit in? Figure out exactly what you want out of life before returning to your mate to make sure he/she wants similar things.

3. Love or lust: Do some soul searching and make sure that what you and your partner have is true love. You may have married too quickly or too young and mistaken lust for love.

But if what you have is the real thing, it might be worth figuring out how to work together as husband and wife.

Separating for a bit may motivate you to recommit to your marriage together.

Married Brett Favre Accused of Hitting on Second Woman





Brett Favre may have to worry about getting sacked by more than just linebackers. The quarterback for the Minnesota Vikings has been accused twice in three days of cheating on his wife Deanna Tynes Favre, according to [RadarOnline](#). Earlier this year, sports reporter Jennifer Sterger accused Favre of sending her sexy texts and pictures, but it wasn't until last week that the National Football League began looking into the allegations seriously. Less than 48 hours after the NFL announced its investigation, an unnamed masseuse who worked with Favre when he was part of the New York Jets, accused the quarterback of repeatedly leaving steamy messages on her phone.

Is it okay to be attracted to someone other than your mate?

Cupid's Advice:

Cupid knows that it's perfectly natural to be attracted to someone other than your mate. Here's some suggestions on how to make sure the attraction doesn't turn into more:

- 1. Keep talking:** Open and honest communication is the key to success in any relationship, so knowing how you and your partner feel about attraction to others will keep suspicion and resentment out of the relationship.
- 2. Consider the options:** If you were to cheat, what would the

benefits and gains be? If you're in a healthy and lasting relationship, the pros of a quick fling should be less than the cons of ruining your relationship.

3. Check your relationship: If the positives don't outweigh the negatives, then you should see whether your relationship needs some revamping. It may be time to have a serious heart-to-heart with your partner, or it might just be time to end things.

Surprising Split for Ben Harper and Laura Dern



It's splitsville for another seemingly happy celebrity couple. [RadarOnline](#) reports that singer Ben Harper and *Jurassic Park* actress Laura Dern have filed for divorce. The pair dated for five years before

marrying in 2005 and have two children together. The breakup is especially surprising because it comes three weeks after the Harper-Dern family traveled to Hawaii together to attend the wedding of their close friend, Pearl Jam frontman Eddie Vedder. Vedder and model Jill McCormick married September 18, and Harper and Dern spent a week partying in Honolulu along with other celebrities like Jack Johnson and Sean Penn. The couple's reps had no comment on the split.

What are some signs that your partner is unhappy in your relationship?

Cupid's Advice:

Some relationships end so abruptly that it leaves you wondering, what happened? Cupid has some tips on how to recognize signs that your partner is unhappy:

- 1. He seems distracted:** If he doesn't pay attention to you when you talk or seems distant on dates, he may be thinking about ending it. Not fully engaging shows that he's not content in the relationship anymore.
 - 2. He cancels plans:** If he suddenly opts out of that cruise in the Bahamas you had been planning forever, he's not ready to take that next step with you. If he doesn't want to move forward, he's not happy with where the relationship is going.
 - 3. He starts fights:** Some people have a hard time showing emotion, and men often express their sadness or frustration through anger. If it seems like you're constantly bickering, he might be trying to show you that he's lost that loving feeling.
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Courtney Cox & David Arquette Split



After years of irreconcilable differences, Hollywood couple Courtney Cox and David Arquette have announced their official separation. The two have been married for 11 years. Ironically, this romance began when they met on the set of *Scream* in 1996. They now have a six-year-old daughter named Coco, whom they both adore.

As Cox and Arquette recently told [People](#), "The reason for this separation is to better understand ourselves and the qualities we need in a partner and for our marriage. We remain best friends and responsible parents to our daughter and we still love each other deeply. As we go through this process we are determined to use kindness and understanding to get through this together." Though this separation may appear drama-free, it seems the marriage was not. The media has reported repeated arguments in the past.

How can you put an end to the "same old fights" in your

relationship?

Cupid's Advice:

Irreconcilable differences are the number one cause of breakups and divorces. No matter how big or small these issues are, many couples tend to have the same fight over and over. In order for a relationship to grow, these ongoing issues need to be worked out:

1. Seek the advice of a third party: Sometimes all you need is the counsel of a completely uninvolved third party to help you and your partner come to a compromise. This can be, but doesn't have to be, a marriage counselor; however, a mutual friend could also do the trick.

2. Recognize the problem: As soon as the "same old fight" begins, look for the redundancies. Write down the problem. Sometimes it's better to see it on paper. This can be the first step to working things out.

3. Reevaluate the relationship: If after countless tries to work out your issues you are not any closer to finding a solution, then perhaps you're not right for one another. It may be a hard thing to face, but it could be time to move on.

Kelsey Grammer's Girlfriend Miscarries



After six weeks of mourning, Kelsey Grammer and girlfriend Kayte Walsh opened up to [People](#) over the weekend regarding the tragic loss of their unborn child. "We would like to thank all of those who expressed kindness and concern, but we needed a little time to heal, time to find some solace before we publicly acknowledged our loss," the couple explained.

What are ways to support each other after a miscarriage?

Cupid's Advice:

A miscarriage can often be one of the most heartbreaking things a couple must endure together. When dealing with this type of tragedy, it's essential that you support each other. Cupid has some advice on how to stay strong together:

1. Be open: In light of such a tragic event, it's often tempting to retreat into solitude in order to grieve. Don't forget that you have a counterpart experiencing the same grief that you are, and it will help the both of you to be open with each other about it.

2. Get away: If you don't feel ready to deal with the world after your loss, it's okay to take some time away from it all. Escape somewhere and try to cope with how you're feeling before jumping back into the bustle of your daily routine.

3. Remember: Find a way to cherish memories of the child that you lost. Trying to forget about what happened can often times bury feelings that will eventually surface later. Start a journal, or hold a memorial service in your child's honor. Though it can't heal all the wounds, these things can help bring a sense of closure to you and your partner.

Jersey Shore's Ronnie Regrets How He Treated Sammi



Jersey Shore's
Ronnie Ortiz-Magro is full of regrets for cheating on

girlfriend, Sammi Giancola, during filming for season 2 of their hit reality show. "When I saw myself in the club with those girls [it] was, 'Wow, you're the man right now at the club. You look f--ing awesome,'" he told MTV. "And then when I go home to Sam, I'm like, 'Wow, I'm embarrassed. I'm ashamed of myself. I'm embarrassed about what I did to her.'"

Ronnie may be acknowledging that what he did was wrong now, but castmates Snooki and J-Woww originally let the news slip to Sammi about his indiscretions in a telling note. It seems that Sammi has been able to at least partially get over Ronnie's mistake, though, as she only has good things to say about him. "I think he is actually really trying to show me the good instead of the bad," she told MTV last month.

"That's what I hold on to all the time."

Is it okay to forgive your mate after he/she cheats?

Cupid's Advice:

Sometimes cheating is considered a one-time end-all in a relationship. Well, it's definitely true that the trust between a couple is severely damaged when one partner cheats on the other, but it's not always necessary to call it quits after an indiscretion. Cupid has some things to consider before making a definitive decision:

1. Forget your pride: Before making a decision on whether you're capable of forgiving your mate after he or she cheats, it's important to keep your pride out of the equation. A relationship isn't about what looks good to the outside world.

Consider only what you think and how you feel about the matter, and go from there.

2. Consider the details: There are various types of cheating, with differing types of meanings attached. Talk to your partner, and try to figure out why he did what he did. Is he unhappy in your relationship? Was his judgment impaired at the time? Did it mean anything?

3. Love: Here's the ultimate question: do you love your mate? If the answer is "yes," it becomes even more important to thoroughly think things through before making a rash decision. It may or may not be true that "love isn't everything," but it's certainly a very important thing to consider.

Rumer Willis & Micah Alberti Are No More



Demi Moore's famed daughter Rumer Willis and beau Micah Alberti have called it quits, reports [People](#). But Willis isn't letting a breakup get her down. She was seen celebrating her 21st birthday at Tao in Las Vegas last weekend. Sources say Willis was dancing and having a good time: even chatting up *Glee*'s Mark Salling. It

seems Willis has chosen laughter over ice cream when it comes to getting over her ex.

Is it necessary to “prove” you’re over your ex?

Cupid’s Advice:

Rumer Willis’ exciting 21st birthday may have been the extra boost she needed post breakup. Girls are often expected to maintain a low profile the first few days after a breakup, but going out and clearing your head with some friends and good music could be just the thing to let the world know you’re okay:

1. A catch-22: Staying in post break-up is definitely the way to play it safe. Friends understand and are willing to keep you company while you mourn the end of your relationship. Although it’s healthy to get out and distract yourself for a night, having too good of a time might send others the wrong message. Create a balance by giving yourself time to grieve as well as time to smile.

2. True to yourself: You don’t have to prove to anybody that you’re over your ex. If you find yourself going out on endless party binges, take a step back and ask yourself if you’re just trying to prove to yourself that you’re over him. If the only person who needs convincing is you, perhaps it’s time to call it a night.

3. Small-town girl: It seems to be nature’s evil sense of humor that we always run into our exes when we’re either looking our worst or right after a breakup. If it’s the latter, keep your head held high. Smile politely and excuse yourself from the situation. By sticking around and exerting your “I’m over him” mantra, it may do more harm than good.

Tiger Woods Porn Mistress Threatens to Kill



It doesn't look like the drama surrounding pro golfer Tiger Woods will end any time soon. Devon James, a porn star who admitted to an affair with Woods, apparently threatened Joslyn James, another of Woods' mistresses, in an e-mail sent to a mutual friend obtained by [RadarOnline](#). Joslyn accused Devon of stealing from her during the filming of a porn-flick about their affairs with Woods. The accusation prompted Devon to chastise the friend for not seeing through Joslyn's "bulls*t" and threatening, "Trust me I swear to you I will kill over this."

What are the repercussions of cheating?

Cupid's Advice:

Cupid knows cheating doesn't always end in death threats, but it usually ends in someone getting hurt. Here are some of the most common results of infidelity:

1. Loss of trust: Your partner may worry that you're cheating every time you're not together, and this added stress could show itself in more fights, less togetherness, and a faster breakdown of the relationship.

2. Create feelings of revenge: Your partner may feel that there is now an unfair imbalance in the relationship, where one partner got something the other didn't. This could lead to deep-seeded feelings of revenge that could break apart a once-stable relationship.

3. Messy breakup: Cheating can break apart couples, but because it causes negative feelings and involves taboo topics, it makes the breakup difficult to talk about with family, friends, or children the couple may have together. This can lead to bitterness and internalized anger, thereby hurting both parties even more.