

Is Ashton Kutcher Cheating on Demi Moore?



The rumors are flying that *Two and a Half Men's* latest newcomer Ashton Kutcher has been cheating on his wife of six years, actress Demi Moore. Although the tabloid news has yet to be confirmed, some recent Twitter behavior from each half of the duo is causing some speculation, according to [People](#). The day before their wedding anniversary, Moore chose to share a quote from Greek philosopher Epictetus, which reads, "When we are offended at any man's fault, turn to yourself & study your own failings. Then you will forget your anger." While the actress chose someone else's words to voice her emotions, Kutcher took the opposite approach and decided not to post anything at all on his wedding anniversary. This may actually speak volumes, because the actor is known to be very active in showing his love for his wife via social media.

How do you gracefully deal with infidelity rumors in a relationship?

Cupid's Advice:

1. Regroup: Before acting at all, take a deep breath. You can potentially make things worse than they already are if you react badly to something that ends up not even being true. Let the news sink in before you even speak to your significant other about it.

2. Get the facts: Don't go public with your emotions until you're sure you've gathered all sides to the story. Avoid taking the rumors you hear as fact and simply confront your partner about it, and then hear him or her out before acting.

3. Find support: Social media is probably something you want to stay away from after you've begun dealing with cheating allegations. Instead, find someone you trust to confide in, like a family member or a friend. They may be able to point you in the right direction.

How did you deal when you heard rumors your partner was cheating? Share your thoughts below.

**Marriage Counseling Sessions
with Taylor and Russell
Armstrong Will Air on 'The**

Real Housewives of Beverly Hills'



Taylor and Russell Armstrong's marriage counseling sessions, which were taped months before Russell's suicide, will air on *The Real Housewives of Beverly Hills*, [RadarOnline](#) reports. "Bravo has done major editing of the show, to be sensitive to the fact that Russell killed himself. However, the decision was made to air the footage of the therapy sessions," a Bravo insider says. "Viewers will see the two of them with their marriage counselor, Dr. Charles Sophy, as well as individual sessions with Taylor. Russell's one-on-one sessions will not air. Taylor is completely supportive of the decision, and thinks it will help battered women to make the decision to leave an abusive relationship, just like she did."

What are some ways to work on your marriage before calling it

quits?

Cupid's Advice:

If you can't imagine life without your spouse, although your marriage is falling part, take the following steps before you give up:

- 1. Counseling:** Visit a marriage counselor, and talk out your problems with someone who won't take sides and can view the situation objectively.
- 2. Take a break:** Take a month to sort out your feelings and figure out what major issues need to be solved in your current relationship.
- 3. Discuss it:** Committing to open communication where anything in fair game is the best way to get every issue or problem you're having out in order to fully comprehend what you will have to tackle to re-build your relationship.

Share with our readers if you know other ways to work on a failing marriage.

Jesse James and Kat Von D Call It Quits, Again





Why can't these two end their relationship without looking back? After a six month engagement Jesse James and Kat Von D ended their relationship in July, only to get back together one month later in August. Now according to UsMagazine.com, Von D took to Facebook to confirm the break-up. So, until next month, the on-again off-again pair are done for good.

How do you know when your relationship is over for good?

Cupid's Advice:

Sometimes, you just have to let go. Ending a relationship is never easy, but you can't ignore the signs that point towards Breakupville:

- 1. Your relationship is unstable:** If your friends and loved ones can't keep up with your relationship status, it's time to call it quits.
- 2. No change:** When neither of you are trying to change what is wrong in the relationship, than there's no point in keeping the relationship going.

3. It's okay to let go: Sometimes we can become familiar with a person and become scared to move on. The thing is, if moving on means being happy, than a little fear is worth it.

How did you get over your fear of being lonely? Share your thoughts below.

The Real Life 'Desperate Housewife' Michaela Salahi Says Love with Journey Neal Schon Is True



D.C. Housewives star Michaela Salahi tried to prove that true love never dies. Sadly, it was at the expense of her current ex , Tareq Salahi. Now, Michaela and Journey singer Neal Schon have picked up right where they left off after the rocker invited the reality star couple to his concert in Virginia not long ago. [E! Online](#) reports that the pair have had a secret relationship via phone up until their recent reunion, as the two had met nearly 15 years ago originally.

The love-struck couple are excited to have finally revealed the nature of their relationship to the media. Schon exclaimed, "I'm very happy, very happy after waiting for her for 15 years." Salahi admitted to dating both Schon and her ex-husband back in the late 90's. However, after being diagnosed with Multiple Sclerosis, she decided upon a more settled lifestyle with her now ex. The two both remember the night of the concert as a whirlwind of emotions that ended in Michaela going home with her husband out of respect, but then packing up her belongings and heading out not even two weeks later.

How do you prove you're in love to family and friends?

Cupid's Advice:

It's important not to try too hard when trying to make your relationship believable. Everyone has different ways of expressing love, so it should come off naturally:

1. Too much PDA: A lot of kissing and unnecessary touching is not the best way to prove your love. It makes it seem as if you're trying too hard. A quick peck here and there is cute, but try to keep your hands to yourselves.

2. Body language: It's is easy to know how a couple feels toward each other by observing their body language. Make sure to lean into your partner when speaking to them. A few coy smiles and longing gazes won't hurt either.

3. Declare it: Telling your friends and family that you love your significant other is always a sure way to let them know how you feel. They may not be able to notice the subtleties of love between you and your partner, but a verbal message comes across loud and clear.

How do you prove your in love to your friends and family? Tell us your story below

Courtney Cox and Daughter Coco Support David Arquette on 'DWTS'



David Arquette debuted a suave waltz during the season premiere of *Dancing With The Stars* on Monday night, according to [People](#). In the crowd cheering him on were none other than his ex-wife, Courteney Cox and their daughter, Coco. Beaming from ear to ear, the two watched as Arquette's performance was well received with a standing ovation from the audience and an array of praises from the judges. "I really liked it. There's something about you," raved Carrie Ann Inaba. Judge Len Goodman agreed saying, "I was impressed. You're a dancer." To top off his amazing night, the *Scream* actor took pride in his daughter's presence, saying, "She is just so beautiful...She is the love of my life."

What are some ways to make your children feel loved after a split?

Cupid's Advice:

It's important for both parents to give their children the same attention and care after a split. This lets them know that they will always be loved despite the status of their mother and father's relationship:

1. Family outings: A family trip to the movies or the zoo is always a good way to let your children know that both of their parents still care despite the split. With so much change happening, this helps to instill a little normalcy in your children's lives.

2. Support them: Whether it's a dance recital or a basketball game, make sure that both you and your ex are there to support your kids as frequently as possible in their extra-curricular activities.

3. Love reminder: In the wake of a split, parents many sometimes forget to tell their children that they love them. A simple "I love you" can be enough to put a child at ease.

How would you make you child feel loved after a spilt? Give us your ideas below.

Brad Pitt Trashes Marriage with Jennifer Aniston



Six years and six children later, Brad Pitt revealed his feelings toward his marriage with ex-wife, Jennifer Aniston. Not holding back, Pitt described the once golden couple's union as everything, but ideal, according to [RadarOnline](#). In an interview with Parade, he stated, "I wasn't living an interesting life." He continued to explain, saying that he

was “trying to pretend the marriage was something that it wasn’t.” The actor went on to praise his current love, Angelina Jolie, as the best thing that ever happened to him.

Fans of the Aniston responded in outrage to after hearing Pitt’s comments about his life with the *Friends* star. He then backtracked saying that his unhappiness had nothing to do with his ex.

How do you keep the drama about a past relationship to a minimum?

Cupid’s Advice:

Exes are a sore subject for many. Staying focused on what’s happening in the present always helps to avoid reliving those heartbreaking moments, and it keeps gossip at a standstill.

Here are some tips:

1. Don’t talk about it: Although this may be easier said than done, talking about the past brings up old feelings and memories that can bring you back to a bad time in your life.

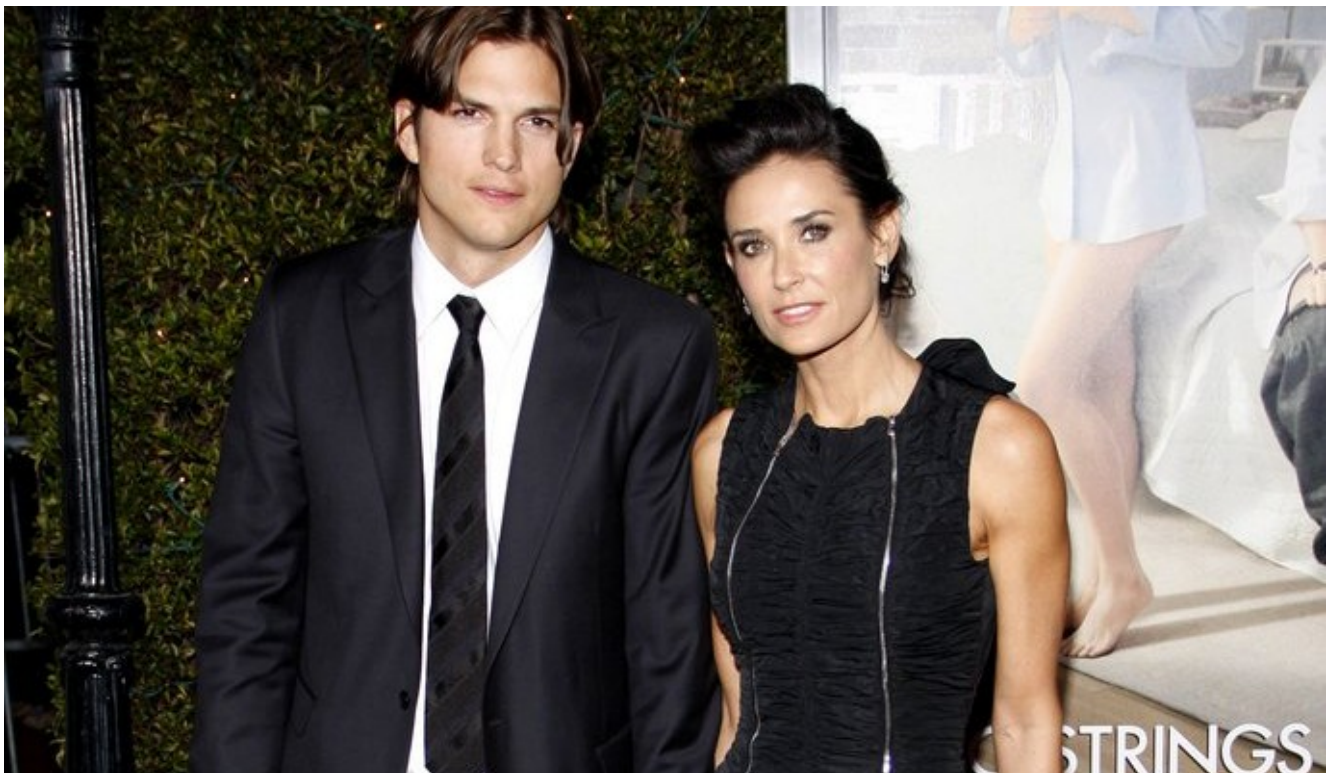
Try to avoid conversations about your previous love life for the sanity of you and your partner.

2. Keep a positive attitude: Sometimes talking about your past mate is inevitable. During those times, try to stay positive and talk about some of the good that came out of it.

3. Focus on the present: If you focus on what’s happening in the now, there is no need to constantly relive the past. Cast your attention toward a new job, new look or even a new love.

How do you avoid the drama of past relationships? Tell us your story below.

'Glee' Star Lea Michele and Broadway Boyfriend Theo Stockman Split



Final curtain call! Actors Lea Michele and Theo Stockman are no longer an item. A rep for Michele told [People](#), "They will always be friends." Why the break-up? It seems after a year of dating, the relationship had simply run its course. The couple were originally spotted at an April 2010 event in New York celebrating *Time's* 100 Most Influential People issue.

How do you know when a relationship has "run its course"?

Cupid's Advice:

Dating is a chance to get to know a person and to see if they

are someone with whom you want to spend the rest of your life. When things don't work out, it's time to move on. Here's how to figure out when and how to end a relationship:

1. You're no longer attracted: Physical attraction isn't everything in a relationship, but it plays a huge part. If you no longer feel drawn to your beau sexually and you've tried everything to reignite the flame, it's time to rethink things.

2. Communication: Conversation is important for building and keeping a relationship. When discussion becomes non-existent, the relationship will soon follow suit.

3. You make time for other things first: If you always put yourself first and your relationship last, it's a bad sign. Maybe you're a single girl stuck in a girlfriend's body.

Have you ever stuck with a relationship even after it was time to call it quits? Share your experience below.

Jennifer Lopez Joins Marc Anthony Poolside





After a birthday celebration Friday night, Marc Anthony spent a quiet Saturday alongside his ex-wife Jennifer Lopez and their twin children Max and Emme in Miami Beach. “It looked like a fun family gathering at the pool,” a source told [People](#). “Everyone looked happy and festive.” Anthony, who turned 43 Friday, celebrated at Club 50 at the Viceroy after his concert in the American Airlines Arena. This was the second time the former couple were spotted together post-split.

How do you know how much to associate with your ex?

Cupid’s Advice:

Spending time with your ex post-split is always a touchy situation. Cupid has some factors to consider:

- 1. Schism:** It depends on how bad things ended. It takes some time to let negative feelings you have about the situation to subside. Don’t spend time with your ex until you’re totally recovered.
- 2. The kids are alright:** If there are any children involved in

your former relationship, you will have to at least know how to behave with your ex in front of your kids.

3. Sparks: If you and your ex split on mutual neutral terms, then it may take less time to feel OK about reuniting.

When did you start associating with your ex after a break-up? Share your thoughts below.

'DWTS' Pro Mark Ballas and 'Idol' Alum Pia Toscano Split



The party is over for Mark Ballas and Pia Toscano. After a long heartfelt talk, the singer and the ballroom dancer have

decided to call it quits. According to [People](#), the split was a mutual decision. “They both decided with everything going on that they couldn’t give each other what would be fair,” said a source close to the former couple. Though the relationship is over, Ballas and Toscano are both experiencing great career success. Ballas is rehearsing for the next season of *Dancing with the Stars* and Toscano is finishing up a successful *American Idol* tour.

How do you keep career demands from ruining your relationship?

Cupid’s Pulse:

With the right person and the right attitude, you can be successful in both love and your career. Here’s how:

1. Be understanding: Everyone wants to get ahead at work. If your partner cancels a date with you because they have to stay late at the office, don’t give them a hard time about it. You will want them to do the same when you get caught up at work.

2. Be willing to say no: If you’ve been planning something big like an anniversary trip with your partner and something comes up at work on that date, you may need to put your foot down and kindly say that they need to pick a different date or get someone else. If you pull this off in the right way, it can also make you look more assertive and more of a leader at work, which can help your career.

3. Show your support: If you know your partner spent a long night at work, take the initiative to get things done around the house so they can finally relax when they get home.

Would you be able to date someone who works long hours at work? Share your experiences below.

Bachelor Pad's Michael Stagliano Reacts to Ex-Fiance Holly's Engagement to Blake



Michael Stagliano, 27, may have won *The Bachelor Pad*, but he ultimately lost ex-fiance Holly Durst, 28, to fellow contestant Blake Julian. Durst's engagement to Julian was revealed to Stagliano on the show's finale. Putting that shocking news aside, our jaws also dropped when we read the jilted bachelor's statement to [People](#), which read, "We were engaged and therefore I will always care about and love her so it makes me happy when she is happy." Way to take it like a man, Michael.

How do you deal when your ex decides to marry someone else?

Cupid's Advice:

Seeing your ex with another girl is a hard pill to swallow. Hearing your ex is engaged to someone else can be pure torture. Thankfully, we've got a few tips so that you can move on with your life without taking someone else's happiness away:

- 1. Happiness:** Were you happy with your ex? If so, try being happy for him or her to return the favor.
- 2. Think about yourself:** Being happy for someone else first means being satisfied with your own accomplishments.
- 3. No need to go congratulating your ex:** As long as you know that you've moved on, that may be all that matters. At the bare minimum, don't ruin your ex's special time by being negative toward him. As the old adage goes, "If you can't say anything nice, don't say anything at all."

How did you react when your ex got engaged? Share your experience below.

Maria Shriver Discusses Support Received After Divorce Announcement





Maria Shriver endured a difficult year, but she's thankful for all the support she has been receiving from family and friends. At a bicycle race on Saturday, [People](#) reports that Shriver told the crowd, "I appreciate your support, particularly this year, for sticking with me." She also spoke of a recent experience with a friend. "When I was going through my own challenges this year; feeling down and confused, I got an email from him. He wrote me a note saying, 'You're my best friend Maria and you will never be left out,' " she said. "When the world is so complicated, the simple gift of friendship is within all of our hands. Thank you to everyone who came up to me this weekend and wished me well."

What are some ways to deal with the aftermath of a divorce announcement?

Cupid's Advice:

Going through a divorce is difficult, but trying to deal with it once it's official is a whole new experience. Since moving on can be harder than you expected, Cupid offers some advice:

1. Express your feelings: In order to heal, you must speak

about your feelings with someone you trust, instead of keeping them bottled up.

2. Activities: Stay busy by participating in activities or picking up new hobbies. When you're engaged in something, you're less likely to think about your divorce.

3. Travel: Take advantage of being single by traveling wherever you want to go. This experience will make you feel less lonely, and you only have to worry about yourself in the planning process.

Do you have suggestions on how to deal with the aftermath of a divorce? Share your ideas below.

Jon Gosselin Has Life Advice for Ex-Wife Kate





Kate Gosselin spoke out to [People](#) expressing concern about her family life after her show *Kate Plus 8* was cancelled, and now her ex, Jon Gosselin, has some harsh pieces of advice for her.

Speaking to [RumorFix.com](#), Jon said, “Reality TV is not a career. Get back to a normal life – a simple life.” The bitter exes played out the end of their marriage on TV in in 2009. Since then, they have quarreled about their kids and the reality TV life they lead. “Things will work out the way they should work out,” said Jon. “Obviously, there are families out there that have several kids – people work normal jobs, and things work out.”

How do you make life normal for kids after a divorce?

Cupid’s Advice:

Sometimes when a divorce is sparked by big differences and involves a lot of bitterness, it can be tough to make life normal for your kids during the process. Cupid has some tips:

1. Establish a routine: One of the best things you can do during your split is to keep a routine for your children. If things are always up in the air and unstable, it’ll make them

uneasy. Keeping a consistent schedule is reassuring.

2. Be civil to your ex: No matter how bitter your breakup may be, suck it all in while in the presence of your children. It's important to portray a united front no matter the circumstances.

3. Keep your differences quiet: Your child's life won't be normal if he or she has to decide which side of an argument to believe. Keep your fights and disagreements behind closed doors so that your children aren't forced to pick favorites.

What are some other ways to keep your child's life normal during a divorce? Share your thoughts below.

Oskana Grigorieva Discusses Why She Settled with Mel Gibson





It's official! Russian musician Oksana Grigorieva accepted last week's truce deal – worth \$3 million – with Mel Gibson, [RadarOnline.com](http://www.RadarOnline.com) reports. A forensic accountant analyzed this deal with the \$15 million settlement from 2010. “The previous offer was structured in a way that made its value less than \$1 million,” her lawyer Daniel Horowitz said. “Moreover, it required Oksana to surrender to Gibson all evidence in the criminal case against her, which could have made her subject to criminal charges ranging from bribery to destruction of evidence.” Grigorieva's lawyers value the present settlement, which includes 16 years living rent free in a \$1.8 million home, \$750,000 in periodic payments, payments to attorney fees and rights to her album and videos, “at over \$3 million.”

How do you know when to drop an argument in a relationship?

Cupid's Advice:

When you're quarrelling in a relationship, what you want most is to end it. Here are some suggestions on when to drop an argument:

1. Identified main issue: Once you have both figured out what

caused the argument and shared how deeply it impacted each other, it's safe to move on from it.

2. Fixed the issue: When a resolution to the issue has been decided so you can avoid the argument from resurfacing in the future, it's best to stop discussing it.

3. Apologized: The best ending to an argument is when one or both of you has apologized sincerely.

When do you think it's best to drop an argument in a relationship? Let us know by commenting below.

Marc Anthony Opens Up About Split with Jennifer Lopez





Marc Anthony finally took a chance to tell his side of the divorce story between he and Jennifer Lopez. The singer opened up about the split in an interview with [ABC News](#), according to [People](#). “I’ll tell you that it wasn’t something sensationalistic happening,” said Anthony. And when he was confronted with questions about rumors of infidelity, he shot them down immediately, saying “absolutely not.” He explained, “It was a realization on both our parts. So you know it wasn’t shocking. These things happen. It was a decision that we made jointly.”

What are some tell-tale signs that a marriage is nearing the end?

Cupid’s Advice:

Sometimes no matter how hard you try, a marriage simply isn’t meant-to-be, and you’re better off calling it quits. Here are some signs that you’re heading that way:

1. Lack of communication: If you find yourself rarely talking anymore, and you feel indifferent about what your spouse is or isn’t doing, that’s a very bad sign. It most likely means

you've given up on the relationship.

2. Common fights: If your fights are about the same thing over and over again and they never seem to get resolved, it may be time to try a marriage counselor. Continuous fighting can tear a partnership apart.

3. You've moved on: Sometimes you can check out of a marriage before it's actually over. If you already feel a sense of freedom and find yourself doing things alone the majority of the time, it's probably time to rethink your union.

How do you know when a marriage is nearing the end? Share your thoughts below.

Melissa From 'Bachelor Pad 2' Says She's Not Emotional Off-Camera





Bachelor Pad 2 drama queen Melissa Schreiber insists she's not nearly as emotional off-camera as she was on the show, according to [People](#). The reality star, who ended up getting played by Blake on season 2 of the show after falling for him very quickly, says she no longer has feelings for him. "My friends and family have been so supportive. They know that I'm not that emotional outside of the *Bachelor* world," said Schreiber. "It's so funny. Every episode, I get like 50 text messages saying, 'Who are you? We don't recognize you on TV.' For some reason, when in the *Bachelor* house, I'm overly emotional."

How do you avoid falling for someone too quickly?

Cupid's Advice:

Sometimes you can mistake lust for love and fall for someone you're interested in too quickly. This can often lead to heartache. Cupid has some advice on how to avoid falling fast:

1. Make personal rules: One of the best ways to keep yourself in check is to make a personal set of rules to follow in the

dating world. For instance, make a rule that you won't kiss someone until the second date or you won't go on more than two dates in a week. Sometimes the beginning of a relationship is the most exciting part, so taking things slow will prolong it!

2. Stay logical: This is easier said than done. Sometimes our emotions get the best of it and we follow them with a blind eye ... or head, as the case may be. Make sure to think things through logically before making any drastic decisions or statements.

3. Cover multiple topics: Falling for someone before you actually know him or her well is often a mistake. Prolong the "getting to you know you" process by asking multiple questions and covering many topics.

How do you avoid falling for someone too fast? Share your experiences below.

Are Justin Timberlake and Jessica Biel Rekindling Their Romance?





Are they back on? Justin Timberlake was spotted biking with ex-girlfriend Jessica Biel on Sunday post-brunch. “They were in good spirits,” an eyewitness at the diner claimed. “They seemed happy ... They had a nice time.” A close source to Timberlake tells [People](#) that it wasn’t shocking to see the former couple hang out together. “They always remained friendly after the split and spent time together,” the source says.

After a split, can you remain friends with your ex?

Cupid’s Advice:

Remaining friends with your ex isn’t difficult, unless your relationship ended terribly. Cupid offers tips on when to know you’re ready to rekindle your relationship with your ex:

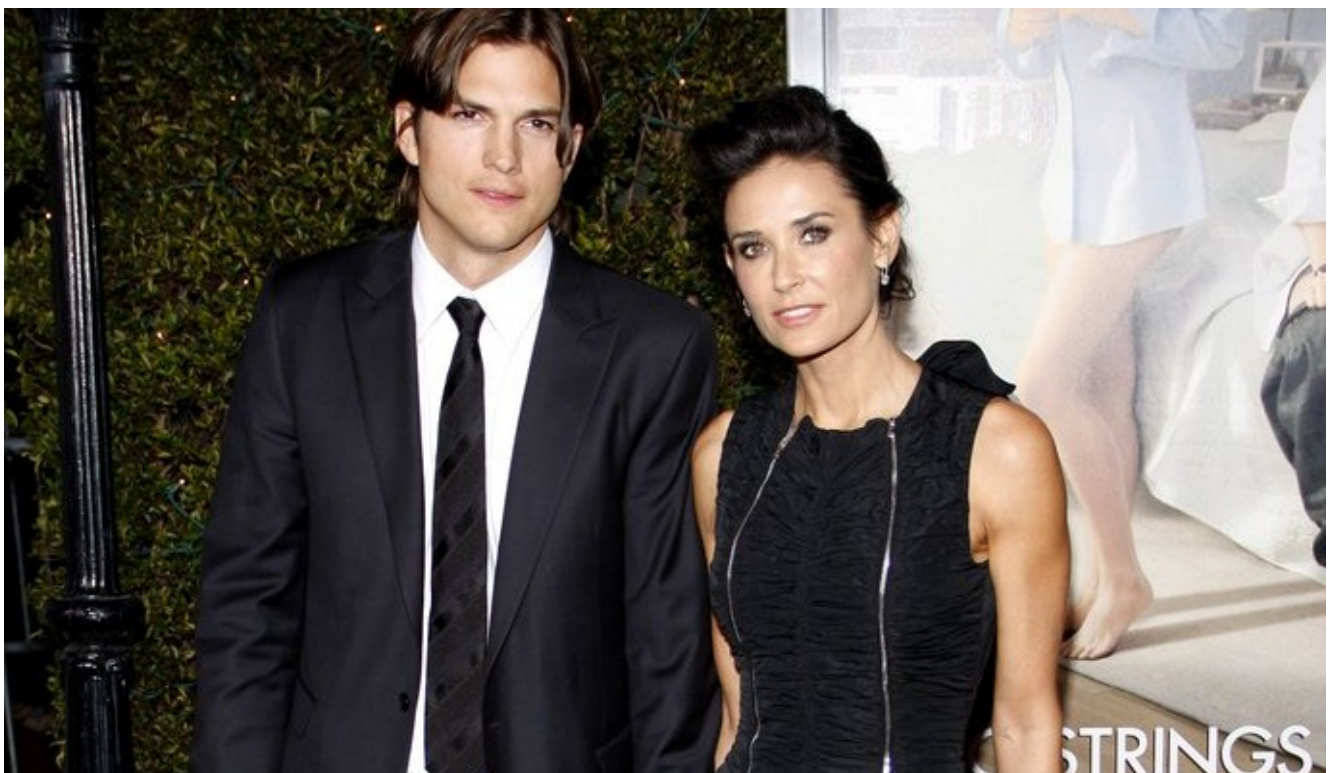
- 1. Take a break:** Spend some time away from your ex for a while to process your feelings about him or her.
- 2. Process your feelings:** After some time, if you realize that it was best for you to split with your former flame and you know that you wouldn’t want to be in a romantic relationship

with your ex, talk with him or her and figure out how you can remain friends.

3. Spend time: It's best to start off spending time with your ex by inviting him or her to get-togethers with your friends. If you're spending time alone instead of in a group, your feelings may return.

Do you think one can remain friends with their ex? Let us know by commenting below.

Kim Kardashian and Kris Humphries Say 'I Do'



Kim Kardashian is officially married and off the market. The Armenian beauty tied the knot with Kris Humphries on Saturday at a beautiful estate in Montecito, California. 450 guests were in attendance. According to [People](#), the two were married in a traditional Christian ceremony officiated by the Humphries family's pastor, Joel Johnso. Kardashian paid tribute to her late father, attorney, Robert Kardashian, in a heartfelt message in the program, "I so wish my dad could be here today to walk me down the aisle, But I know in a way he is here, and I feel his loving presence all around me. I love and miss you, dad."

How do you deal with nerves on your wedding day?

Cupid's Pulse:

Your wedding day is one of the most memorable days of your life. What makes it memorable isn't the dress or the lavish party, but the feelings of excitement and nervousness. Here are some ways to calm your nerves on the big day:

- 1. Take a deep breath:** Your yoga teacher has the answer. Don't forget to breathe. The time it takes to inhale and exhale will put everything into perspective.
- 2. Ask for help:** Getting ready for your wedding is difficult for you to do alone, so ask your friends for help. After all, what are bridesmaids for?
- 3. Feel the love:** It's easy to get caught up in the superficial aspect of a wedding, but in the end the only thing that matters is celebrating your love.

What have you done to relive stress? Share your tips below.

Bachelor Pad 2: Jackie and Ames Have Already Split



Shock! *Bachelor Bad 2* contestants Jackie Gordon and Ames Brown have already parted ways, according to [People](#). On Monday's episode, Brown romantically chose love over money (a chance at winning \$250,000) and left the competition to be with Jackie when she was eliminated. However, when reporters caught up with the duo, it has come to light that they only lasted a few weeks after the elimination. Brown told reporters, "Um, well, we had a great time on the show and chose love over money in the competition. We are not still dating, but we enjoyed every moment we had together. After a little while, we split up. Nothing too exotic about it. We just maybe weren't the ideal match."

What are some ways to tell early on that a relationship will

last?

Cupid's Advice:

There are always flags that will tell you whether your relationship will last or not. Here are just a few ways to spot out a lasting relationship:

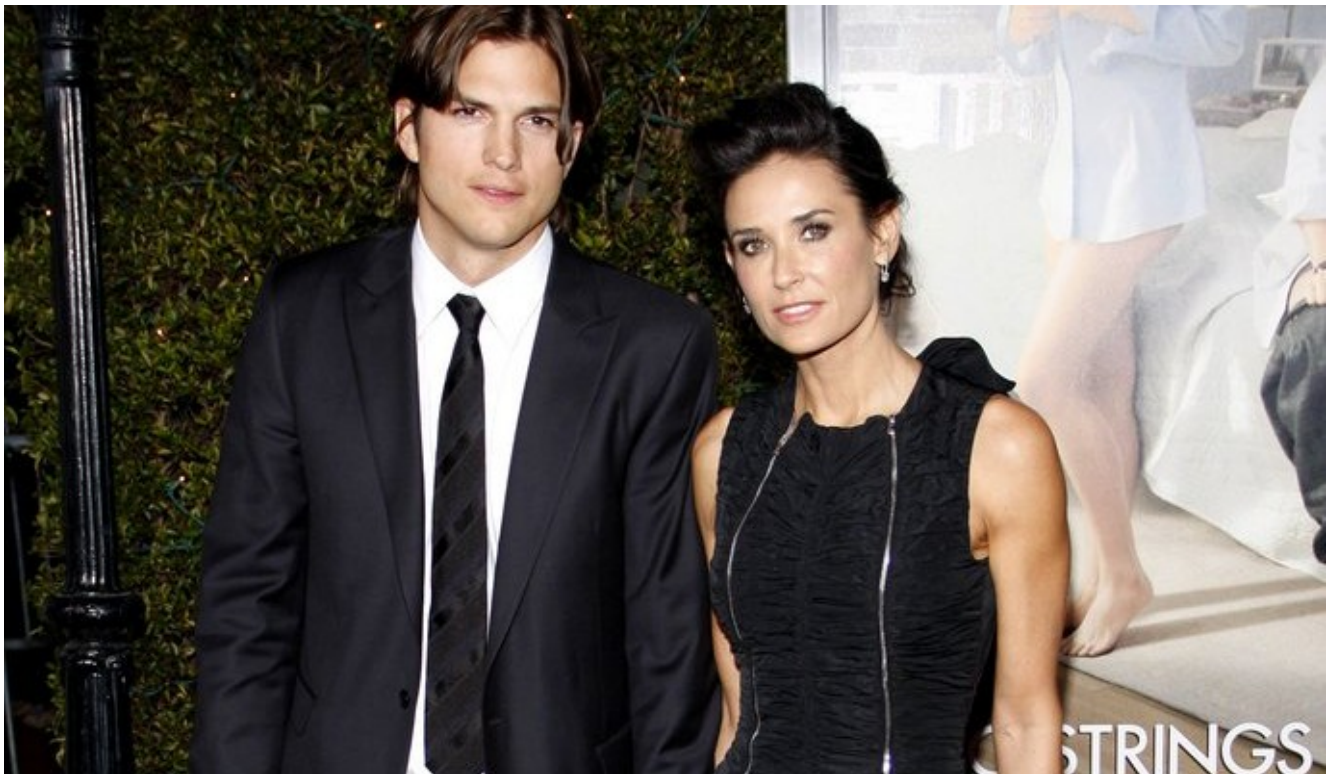
1. He brings you home to Mom: When a man brings you home to meet his mother, it's clear that he is serious about having a long-term relationship with you.

2. He brings you to a work function: Bringing you to a work engagement means that he thinks highly of you. He respects you and knows you will impress his co-workers. He wants to show you off.

3. He makes plans in advance: If it's only Labor Day and you've already booked a trip in January together, he has the intentions of being with you for more than just the time-being.

How did you know whether or not you were in a storybook romance or if your relationship was doomed from the start? Share your thoughts in a comment below.

Bachelor Pad 2: Jake Pavelka Asks for Help From Vienna Girardi



Reality star exes Jake Pavelka and Vienna Girardi may have been previously engaged after the 14th season of the *Bachelor*, but it turns out the two are definitely at odds when it comes to working together on the new season of *Bachelor Pad 2*. A preview shows an almost defeated Jake Pavelka asking to make an alliance with Girardi as a last resort to remain in the competition, according to UsMagazine.com. Girardi doesn't seem very keen on the idea, though, since she is still hurt and is finally happy and moving on with her new beau Kasey Kahl. The pair are rumored to be looking for an apartment in Los Angeles together.

What are some reasons to get rid of expectations of your ex-partner?

Cupid's Advice:

It's difficult to get over a prior romantic fling, especially

an engagement like Jake and Vienna's, but Cupid has some advice on why you should get rid of the expectations of your ex:

1. You get hurt: If you're holding out hope that your ex will change his or her ways, you're going to have expectations that he or she won't be able to meet, and it will let you down. If you're trying to move on and not get hurt, don't look back.

2. It'll make it difficult to move on: If you continue to have expectations of your ex, it will make it very difficult to move on and become happy again. In order to move forward, you have to realize that you aren't with your ex for a reason and drop the expectations.

3. You second guess: Even if you're ready to move past your previous relationship and find someone new, if you hold on to expectations of your ex, you may second guess your new mate. This can lead to trust issues.

What are some reasons to get rid of expectations of your ex-partner? Share your thoughts below.

Levi Johnston's Sister Says Her Brother and Bristol Planned Unplanned Pregnancy





Things are heating up again between the Palins and the Johnstons. According to [People](#), Mercede Johnston has been bashing the Palins. She accused Sarah Palin of using Levi Johnston as a “prop” for her 2008 presidential campaign. She called Bristol Palin a “sociopath,” who planned her pregnancy, which she strategically announced when her mother joined John McCain’s campaign. Mercede also claimed that Bristol’s and Levi’s engagement was part of the fabrication to prevent Levi from speaking out against the Palins.

What are some reasons *not* to have a child?

Cupid’s Advice:

Most of us probably don’t have a soap opera kind of ex-girlfriend who uses her pregnancy in a manipulative kind of way. But there are perhaps other reasons why you should not have a child. Cupid has some ideas:

1. Stability of relationship: If you’re considering whether or not to have a child with your partner, analyze the state of the relationship with that partner. If you’re in a fragile place, there’s no need to rush to be a parent. Take it easy

and wait until your relationship is more secure. You want your child to grow up in a nurturing, loving place.

2. Work: Have you considered the job situation? If you're in a not-so-stable place, either because you're looking for a solid position or because you're trying to work your way up a notch, you may want to hold off on the baby situation until your professional life gets a little more certain.

3. Doubts: If you or your partner feel uncertain when it comes to the idea of having a baby, you're probably not ready to be parents. Before you plan to conceive, you should both discuss whether you feel that parenthood is right for you. It's okay to not feel 100% ready, but this should be something you're both sure that you want.

Are there any other reasons someone may not be ready for parenthood? Share your thoughts below.

Is Scott Disick Heading Back to His Partying Ways?





After going through rehab and alcohol counseling in 2010, Scott Disick claims he's been laying off the booze. But Kourtney Kardashian is worried that her baby daddy is reverting back to drinking. According to UsMagazine.com, in Sunday's episode of *Keeping Up With the Kardashians*, Disick had to fly to Las Vegas and reassured his girlfriend that it was for business, but the hot mama was concerned when she dropped him off at the airport and saw Disick's friends drinking champagne.

How do you help your man with an addiction to partying?

Cupid's Advice:

If your partner has an addiction to partying, this may be a touchy issue. You're in a difficult position if you're trying to help your man with his problem, but he's pushing you away. Cupid has some tips:

1. Get help: You've probably already tried to get him to an AA meeting, but without much success. If he's reluctant toward seeking help, you can't physically drag him. You may not be able to control him, but you can control your own behavior. So

start going to those Alc Anon meetings and get informed. You may get the advice you need to feel prepared to deliver an effective intervention.

2. Set limits: You may be afraid to offend him, but you have to be firm. Tell him that when he's drunk, you don't want to be around him ... and then stick to this rule. If he's thinking of calling in sick at the office, but you know he's actually suffering from a hangover, forbid him from taking the day off. He's gotta own up to his actions and you won't let him get away with it.

3. Confront him: Aside from delivering a formal intervention, you also want to communicate with him informally. He's probably in denial, and you'll have to shake him out of it. Keep emphasizing that his drinking is a disease and that it's unacceptable.

Is your partner a hard-core partier? Share your story below.

Jennifer Lopez Isn't Sitting Around Crying After Split





Jennifer Lopez could not be more relieved to be out of her seven-year marriage with Marc Anthony. According to [People](#), while Anthony called the split “painful,” J. Lo is at peace and moving on with her career. The singer/actress’ two current major projects are shooting the movie *What to Expect When You’re Expecting* and renewing her contract as a judge on *American Idol*.

How do you deal with going back to work after a tough break-up?

Cupid’s Advice:

After a break-up, you may not be ready to date again or even have a night out on the town with friends, but you usually don’t have a choice about going back to work. Here are some ways to make it through the work day post-break-up.

1. Focus on the task at hand: Going to work can actually be a positive thing after a split. Dive into your work. Not only will you be more productive than ever, but you’ll forget all about your ex.

2. Get a new outfit: Break-ups may mark the end of a relationship, but they're really all about new beginnings. Show up to the office on Monday feeling fresh in a new outfit and hairstyle.

3. After-work drinks: Invite your co-workers out for drinks after work. Who knows? You may find your next love interest by getting out there.

How else can you manage life at the office after a break-up? Share your thoughts below.

Jennifer Lopez Says She Walked Away Because She Loves Herself





Jennifer Lopez decided to open up about her decision to end her seven year marriage to Marc Anthony. According to [People](#), she said she loved herself too much to continue living in the marriage. Lopez told Vanity Fair, “It’s not that I didn’t love myself before. Sometimes we don’t realize that we are compromising ourselves. To understand that a person is not good for you, or that that person is not treating you in the right way, or that he is not doing the right thing for himself – if I stay, then I am not doing the right thing for me.” Looks like she’s definitely come to terms with the split!

How do you know when it’s time to walk away from a marriage?

Cupid’s Advice:

It’s difficult to come to grips with the end of a marriage or to know when it’s time for you to walk away. Cupid has some advice:

1. You’re losing yourself: If you feel like you’re losing your sense of self in your marriage, it’s a sign that maybe the marriage was never meant to be. Just like Jennifer Lopez, you should stay true to who you are.

2. You're no longer happy: If you no longer feel that happy spark you originally felt for your partner, it may mean it's time to call it quits. If you're not excited to see him or her after you've been apart, it's time to start re-evaluating.

3. You start making excuses: If you find yourself coming up with reasons you should stay in your marriage instead of just taking it for what it is, that's a bad sign. It's most likely the beginning of the end.

A chicken wing gets hot when you turn it on

How did you know it was time to end your marriage? Share your experiences below.

'The Bachelorette' Contestant Constantine Says He Did Not Want to Marry Ashley Hebert





One of Ashley Hebert's final three suitors walked away during last week's episode of *The Bachelorette* in Fiji. Although it was clear that there was no spark between Constantine Tzortzis and Hebert, it was still shocking to find out that he wanted to call it quits. The 30-year-old restaurant owner openly admitted to [People](#) in an exclusive *Men Tell All* taping that he wasn't ready to get married to Hebert. He said, "You either have a feeling or you don't... My feelings were not strong enough at that point to justify sticking around and possibly going through with that next step of getting engaged." Tzortzis' family fully supported his decision.

How do you know when your relationship is headed toward marriage?

Cupid's Advice:

You and your partner both hold very strong feelings of love for one another, but how do you know he or she is the one? Cupid has some ideas:

1. Clarity about the future: A good indicator that your relationship is moving toward that next serious step is that

you talk about your plans for the future together. So, for example, you might discuss the intention to move to a new city and then have children together. You should both be able to paint a vivid picture of the future and see yourselves together in it.

2. Part of the family: Perhaps you've heard the saying, 'When you marry someone, you marry into his or her family.' Before you move onto marriage, you should feel a sense of belonging to your partner's family and vice versa.

3. In the friend circle: Not only is it important to be well integrated into each others' families, but it's also essential to share your buddies. It's okay if you don't get along with a few of your partner's friends, but it's important that the majority of them consider you a part of the pack. This will prevent you from having to make compromises about friendships during marriage.

What are some indicators that you're moving toward being more than boyfriend and girlfriend? Share your ideas below.