

# Hulk Hogan Sues Ex-Wife for Defamation



Hulk and Linda Hogan, who already claim one of the messiest divorces in Hollywood history, will soon be meeting in court once again. According to [RadarOnline](#), Hulk Hogan, whose real name is Terry Bollea, recently filed a defamation law suit against his ex, Linda, over allegations made in her book *Wrestling the Hulk – My Life Against the Velvet Ropes*. “He’s being accused of all sorts of vile conduct that he did not commit,” said an attorney of Hulk. Linda is claiming that she feared ending up dead like Nicole Brown Simpson and that Hulk had a homosexual relationship with another pro-wrestler. Hulk and his legal team are claiming these allegations are false and are ruining his reputation. Linda recently received \$7.4 million along with houses and a car in their

divorce settlement.

**What do you do if your ex starts bashing you behind your back?**

**Cupid's Advice:**

Bashing your ex behind their back is about as low as you can go. The best you can do is ignore it and refrain from adding to the furry:

**1. Take yourself out of the situation:** If the gossip is so bad that you can't just ignore it, get out of town for a while or try to be in a place void of your ex.

**2. Don't add fuel to the fire:** The worst action you can take is to contact your ex and let them know how upset you are. It will just make matters worse and give them the satisfaction of knowing that they got to you.

**3. Move on:** Don't let the rumors and the hate stop you from moving on with your life and finding someone new.

**What would you tell a friend if they were being trashed by their ex? Share your stories below.**

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## **Demi Moore and Ashton Kutcher Have Awkward Run-In**





Recent exes Ashton Kutcher and Demi Moore bumped into each other while dining separately at a West Hollywood private members club, according to [UsMagazine.com](http://UsMagazine.com). The couple split after Kutcher's fling with Sara Leal became public. During the awkward run-in, according to sources, Moore was with a man (platonically) and Kutcher was with a group of friends. When Moore spotted Kutcher across the dining room, she approached him. From a distance, sources say the ex-couple's encounter was awkward and uncomfortable for both parties. After a friendly hug and some small talk, the necessary mingling was over.

**How do you react when you run into an ex after a bitter breakup?**

### **Cupid's Advice:**

After a breakup, it tends to be impossible not to have a casual run-in with your ex, seeing as you both love that Tai place around the corner and stop at the same Starbucks on your morning commute. Here are a few tips to keep things short and friendly:

**1. Be polite:** Although you may want to throw your coffee in his face, refrain from making a scene. Your ex is expecting you to be bitter, upset and uncomfortable. Make small talk and take interest in their life, but not too much. Keep it short and sweet.

**2. Be confident:** No matter how happy or unhappy you may be without your ex, there is no need to show off. Bragging excessively about your new partner is just childish. It's okay to be better off without the one who broke your heart, but showing that off makes you look like a sore loser.

**3. Smile:** The last thing your ex wants to see is that you are happier without them. No matter how the relationship ended, seeing your significant other happy without you is a slap in face. Be sincere and wish them the best of luck, while showing off a big smile.

**Have you had a bad encounter with an ex? Share your experiences below.**

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## **Rep Denies Reports that Selena Gomez and Justin Bieber Are Engaged**





Justin Bieber is not about to tie the knot. Rumors of Bieber's engagement to girlfriend Selena Gomez started circling Wednesday when the actress was photographed wearing a diamond ring, reports [UsMagazine.com](http://UsMagazine.com). Gomez's rep denied the rumor, stating, "She is not engaged." Gomez, 19, and Bieber, 17, were recently spotted in Cabo San Lucas, Mexico for a friend's wedding.

**What are some ways to tell you and your partner are ready for marriage?**

### **Cupid's Advice:**

Some people are ready for marriage, and others still have some growing up to do before they make it official. Cupid has some ways to tell your mate is set to say "I do":

- 1. You talk about your future:** If you and your partner find yourselves talking about wanting kids and buying a home, then it may be time to take the next step.
- 2. Your friends ask:** Many times close friends and family are able to see things that you can't. A close friend may get you

thinking about tying the knot, so take their viewpoint into consideration.

**3. You feel ready:** If you feel as though you and your significant other will have a long and happy future, then consider marriage. If both of you desire marriage and a life together, then it's a clear choice.

**How did you know when you and your spouse were ready for marriage? Feel free to leave a comment below.**

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## **Marc Anthony Threatens to Quit Latin TV Show After Fight with Jennifer Lopez**





The split between Jennifer Lopez and Marc Anthony has been a rocky road, and after six months, Anthony still struggles to face Lopez, who has recently started a new relationship with 24-year-old backup dancer Casper Smart. In fact, Anthony refused to travel to Peru and Chile to host and executive produce the latest auditions on his reality show *Q'Viva: The Chosen* after a fight with Lopez. It was reported that Anthony spoke to creator Simon Fuller and told him he was considering quitting for good. His reason was "quite simply, J.Lo. I can't work with her," an insider told [Star Magazine](#). The couple was married for seven years, and after the split, working together as business partners may be next to impossible.

**How do you keep your ex partner's new relationship from affecting your life?**

### **Cupid's Advice:**

It's hard to see your ex start a relationship with someone else. Cupid has some tips to help you deal with those feelings:

**1. Move on:** Venting is one step, but the ultimate goal is to move forward with your life. Don't get trapped in negative thoughts or dwell in the past.

**2. Accept reality:** You and your ex are no longer together, and the sooner you realize this, the sooner you will be able to pursue new relationships of your own.

**3. Avoid them:** If seeing your ex in a new relationship is too hard for you to handle, try your best to avoid bumping into them and block them from your thoughts.

**How did you avoid being affected by your ex's new relationship? Share your comments below.**

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## **Rumor: Did Celebrity Couple Karina Smirnoff and Brad Penny Split?**





[Karina Smirnoff](#) may have won a Mirror Ball Trophy on *Dancing With the Stars*, but rumor has it that she's lost baseballer Brad Penny. According to [UsMagazine.com](#), the 30-year-old professional dancer is no longer in a Hollywood relationship with Penny. The celebrity couple went public with their relationship in 2009, but in October of this year they decided to postpone their wedding due to "conflicting schedules." Despite wanting to spend more time together, the celebrity couple have now separated.

**Celebrity couple Smirnoff and Penny were close to getting married before announcing their split. How do you know when you've found "the one"?**

**Cupid's Advice:**

It can take a lot of bad relationships and love that end in

hurt feelings before finally find “the one.” Cupid has some love advice and tips to know your partner is your true love:

**1. Communication is key:** You have no trouble talking and there’s never an awkward silence. If you find that you can talk to your sweetheart about anything without being bored, that is sign of a lifelong compatibility.

**Related Link:** [Karina Smirnoff Loves Being Engaged to Brad Penny](#)

**2. One in the same:** If your life goals are similar, that’s important. It’s nice to be in love, but if you have no common life goals, trouble can occur quickly.

**Related Link:** [Paula Patton Says She’s a ‘Real Woman Now’ Post -Split from Celebrity Ex Robin Thicke](#)

**3. Predict the future:** When you think of your future and you can’t imagine your partner not being there, he or she may be “the one.” If you find yourself thinking about making a family with them and expanding your relationship and love, that may mean that they’re meant to be in your future.

**How did you know your partner was the one? Share your story below.**

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## Kim Kardashian ‘Doesn’t Want a Battle’ with Kris Humphries





Despite the fact that Kim Kardashian had considered getting an annulment herself, it still came as a surprise when Kris Humphries filed for one himself. According to [People](#), “Kim doesn’t want a battle.” She wants to part ways with her ex amicably. Humphries requested the annulment this past Wednesday on the grounds of fraud, and if he receives the annulment, it will be as if their wedding never took place.

Kardashian had wanted an annulment, but was told it would be too difficult to prove and decided to go with a divorce petition instead. According to sources, “the split was devastating” for the reality starlet.

**How do you keep your divorce proceedings peaceful?**

### **Cupid’s Advice:**

When you decide to get a divorce, it can often lead to a bitter parting of ways. Cupid has some ways to keep it peaceful:

**1. Understand that it will be hard:** Although it’s never easy, the end result is best for you and your former spouse. Try to

be friendly with each other, but understand that there will be some hurt feelings on both ends.

**2. Cooperate:** Don't butt heads with lawyers during the divorce process. If your lawyer or your spouse's lawyer requests information, don't dawdle. It's best to get things out in the open early on.

**3. Keep stability:** Find a new residence and surround yourself with a close group of friends. Try to go about your normal routine as much as possible in order to maintain stability. This will prevent you from lashing out.

**What are some ways to keep divorce proceedings peaceful? Share your ideas below.**

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## Sources Say Charlie Sheen Paid Brooke Mueller's Bail





Charlie Sheen has taken a break from the spotlight and his 'winning' days, but he hasn't taken a break from his exes. On Saturday, Sheen bailed out his ex-wife, Brooke Mueller, from jail on charges of cocaine possession and assault. According to [RadarOnline](#), Sheen stepped in when Mueller's parents wanted to keep her in jail. Sick of her irresponsible ways, Mueller's parents are fed up with her. Good thing for Mueller, Sheen still cares for her. Could this be a sign of the two starting up a new relationship again, or just a favor for an old love?

**How do you support your ex without overstepping?**

### **Cupid's Advice:**

Helping an ex without meddling in their life or rekindling an old flame can be tricky. Here are some things to remember:

- 1. Ask:** It may seem dumb to ask someone for help when they obviously need it, but asking shows that you want to help instead of making your ex feel incompetent.
- 2. Draw the line:** While helping out an old love is nice, make

sure your you let them know your boundaries. Don't let your ex use you.

**3. Stay connected:** Keeping casual contact with your ex and not appearing just when they're in trouble will let them know you care and that you're not there to overstep boundaries.

**Do you still help out your ex in sticky situations? Share your experiences below.**

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## Kris Humphries Wants to Dismiss Prenup with Kim Kardashian





The public hasn't heard much from Kris Humphries since Kim Kardashian filed for divorce, but his plan to annul their marriage could change that, reported [Hollyscoop.com](http://Hollyscoop.com). The annulment would dismiss their pre-nup, which includes a strict confidentiality clause that forbids either party from discussing intimate details of their relationship to the media. No pre-nup would mean no rules to follow, and Humphries could finally speak out. "Kris wants to be able to talk about the relationship without fear of being sued," a source close to Humphries told RadarOnline.com. He filed the annulment under claims that the marriage was a "fraud." He believes Kardashian deceived him as a tactic to benefit her success as a reality TV star.

**What parts of your breakup are best to keep private?**

### **Cupid's Advice:**

After a breakup, your emotions often take a roller coaster ride, but venting excessively to your peers is not the way to handle the situation. Here are a few things you should consider before blabbing your troubles to the world:

**1. Private information:** First and foremost, keep private information private. You may have intimate details and information about your ex, but they have the same information on you. Save yourself the stress and embarrassment, and respect each other's privacy.

**2. Details:** It's ok to talk to close family and friends, but don't become an open book, because you could possibly make yourself look bad. If you're going through a divorce, wait for the final court decision before you start spilling all the details.

**3. Negativity:** You're going to want to talk badly about your ex, but resist if you can. You loved this person at one point, but things didn't work out. Although all you can focus on right now are the negative characteristics of the relationship, dwelling on it isn't good for your image or theirs.

**Did you reveal things about your ex you wish you would have kept private? Share your comments below.**

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## Ali Fedotowsky Explains Why She Left Roberto Martinez





By now you've heard that another *Bachelorette* and her fiancé have called it quits. That couple, of course, is Ali Fedotowsky and Roberto Martinez. Although Fedotowsky was seemingly ready to wed right after the show aired, after an 18-month engagement and three postponements, it all finally ended on November 21. The former bride-to-be had this to say to [People](#): "I wouldn't be being truthful if I said this came out of nowhere, we definitely had been having problems. But I had always believed that we could work it out." The duo tried to make the relationship last, even throughout their arguments. "We both realized we were unhappy more than we were happy, and we both deserved more."

**How do you know when you're unhappy more than happy in a relationship?**

### **Cupid's Advice:**

It doesn't take a scientist to tell us that relationships are hard work, but how do you know when the work and unhappiness outweigh the good times? Cupid has some tips:

**1. Bickering and fighting:** This is a tell tale sign that a relationship just isn't working. It's okay to have a few fights here and there (it can even be healthy), but if you're bickering over tiny things all the time, it's safe to assume something is wrong.

**2. Not spending time together:** When you're in a healthy, loving relationship you should be spending a fair amount of time together. If you routinely try to avoid one another, it may be time to re-evaluate.

**3. Your relationship is stagnant:** If it feels like you're at a stand still in your relationship, take a closer look. You may be dealing with thoughts that there's no point to your relationship or you can't deal with the constant arguing anymore. If you come to the conclusion that you both want more and that can't happen together, then it's time to call it quits.

How do you know when unhappiness in a relationship outweighs happiness? Share your thoughts below.

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## Kim Kardashian Wears Love-Themed Hoodie Mid-Divorce





Going through a divorce isn't stopping Kim Kardashian from still believing in love. According to [People](#), the reality star was spotted strolling through L.A. on Friday wearing a Peace Love World hoodie. In addition to featuring a heart on the back, the hoodie read, "I am love," and "Love is not something you are looking for, love is something you become!"

**How do you keep faith in love in the midst of a split?**

### **Cupid's Advice:**

Keeping faith in love in the midst of a split is difficult, but possible. Here are a few ways:

- 1. Keep an open mind:** Understand that not all men are alike, and the reason it didn't work out with your ex is because there is someone better out there for you.
- 2. Talk to family and friends:** Speak with those you trust and see how they made their relationship work, as well as get advice on how to deal with your split.
- 3. Join support groups:** Interact with others and see how they

are or have overcome their split in order to fall in love again.

How did you keep faith in love during your split? Share your experiences below.

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## Kris Humphries Files to Annul Marriage with Kim Kardashian



Kris Humphries is finally taking action. Ex-wife Kim Kardashian filed for divorce on October 31st, but Humphries wishes to bypass divorce proceedings by getting the marriage annulled, reports [UsMagazine.com](http://UsMagazine.com). Humphries is crediting

“fraud” as the reason behind the couple’s split, but only because the other options were unfitting. “The whole ‘fraud’ thing is ridiculous. If the marriage was a sham, he was in on it,” said a source. “Did he not see the cameras or get a cut of whatever money was made? The marriage was real. It was just a terrible and unhappy one.”

**What are some reasons to annul a marriage?**

### **Cupid’s Pulse:**

Annuling a marriage is often much easier and quicker than getting a divorce. Here are a few reasons to do so:

- 1. Infidelity:** If your new spouse is unfaithful within the first few months of your marriage, an annulment will most likely be granted by the Superior Court.
- 2. Bigamy:** If your spouse is married to another person at the time of the marriage, the marriage can be annulled.
- 3. Force:** A marriage will most likely be annulled if one partner forced the other into the marriage, either by making threats, abduction or physical force.

**Have you had a marriage annulled? Feel free to share your thoughts in a comment below.**

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## **Olympic Skier Lindsey Von and Husband File for Divorce**



Olympic gold medalist Lindsey Vonn and her husband of four years Thomas Vonn have filed for divorce, according to [People](#). Thomas is not only a former Olympic skier, but he is also Lindsey's coach. "It is with great sadness that I announce that Thomas and I have begun divorce proceedings," she said in a statement to *The Denver Post*. "This is an extremely difficult time in my personal life and I hope the media and my fans can respect my need for privacy on this matter. I will continue to be coached by the U.S. Ski Team and look forward to competing the rest of the season."

**Should you keep your spouse as a business partner if you decide to end your marriage?**

**Cupid's Advice:**

You should only continue to be business partners if you can both agree that remaining partners is what's best for the

success of the business. Here are three things you'll need to apply:

**1. Trust:** If your divorce has caused a lack of trust between the two of you, it may be a struggle to trust each other as business partners.

**2. Understanding:** It's important that you both realize your relationship is now strictly business. Don't budge on this or it will inevitably cause problems.

**3. Maturity:** You're going to want to get under each others' skin, but you need to act like adults so you can make the best decisions for the business.

**Are you business partners with your ex? Share your comments below.**

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## Demi Moore Tweets Cryptic Messages





It looks like the drama hasn't ended now that a divorce is imminent. Despite a calm public statement, Demi Moore has been sending out seemingly cryptic tweets, under her handle which still reads '@mrskutcher'. According to [Hollyscoop](#), her ex Ashton Kutcher has been sending "passive aggressive jabs" at Moore in retaliation perhaps. Even though they've split, the ex duo have still been going to counseling. They have even been seen leaving a Kabbalah house together, despite arriving separately. According to sources, Demi Moore has been on a "positive swing" despite the negative backlash that can often result from a divorce.

### **Cupid's Advice:**

Going through a breakup or divorce can be really difficult, and you may want to complain to anyone who will listen. That's probably not the best idea. Cupid has some ways to grieve privately:

**1. Surround yourself with family and friends:** This is an

important time to remember that though one relationship is ending, you still have many healthy relationships in your life remaining. Ask your friends and family for support and let them know how they can support you through this difficult time.

**2. Take time:** It's crucial to take some time to yourself to heal. Don't make any important life decisions right after a breakup. Instead, take the time to pamper yourself and keep up with a healthy lifestyle.

**3. Remember it's okay to feel:** Recognize that your feelings are normal. Whether you're sad, frustrated, annoyed or confused, those are all normal feelings that you're allowed to experience. These feelings will lessen over time as you begin to move on.

**How have you dealt with a previous break up? Share your experience below.**

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## **Eva Longoria Says She's Not Angry About Ex Tony Parker's Affair**





Eva Longoria is in a different place today than she was just a year ago when she was filing for divorce from then-husband Tony Parker of the San Antonio Spurs. This all happened after the discovery of inappropriate text messages to Parker's teammate's wife. According to [UsMagazine](#), Longoria knows that people think she is "angry and resentful," but that's just not the case. Her forgiving attitude may stem from the successful relationship she's been in since February with Penelope Cruz's little brother, Eduardo Cruz or "Edu" as she affectionately calls him.

**How do you keep from lashing out about a partner's infidelity?**

### **Cupid's Advice:**

After a partner cheats on you, it can be a hard thing to overcome even after breaking up with them. It's easy to become angry at the world as the result of one incident. Here are some ways to avoid it:

**1. Keep balance in your life:** Balance is critical after your partner cheats. Force yourself to do things you normally do:

go out with friends, eat healthy and try to have fun.

**2. Laugh and cry:** It's good to find a way to laugh during such an emotional time. Watch a funny movie or spend time with people who know how to make you smile. That said, it's okay to cry as well. If you aren't crying naturally, you can watch a sad movie or listen to sad music. Don't be afraid to cry it out.

**3. Find someone new:** It may take a while to be able to trust someone again, but don't be afraid to take that chance. Like Eva Longoria, finding someone new can help you on the path to forgiveness and letting go.

**What are some ways you or a friend have coped with a partner's infidelity? Share your experiences below.**

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## Jennifer Aniston and Brad Pitt Narrowly Miss Each Other at the Movies





It was a close one when celebrity exes Jennifer Aniston and Brad Pitt narrowly missed each other at the Arclight Cinemas in Hollywood on Friday. According to [People](#), it would have been an awkward run-in since Pitt was with his children and wife, Angelina Jolie, while the *Friends* star was there with boyfriend, Justin Theroux. “Justin and Jennifer skipped the popcorn and went straight in. Like five minutes later, Brad and the kids came out of the theater. They just missed each other,” said a source who witnessed the potential run-in.

**How do you keep things from being awkward with an ex?**

### **Cupid’s Advice:**

It’s a small world, so chances are you’re bound to run into an ex when you least expect it. Cupid has some tips:

- 1. Just say hi:** Saying hi to an ex isn’t saying you want to get back together or admitting they were right. Don’t be afraid to say “hi.” It makes things a lot less awkward.
- 2. Wish them the best:** Even if you don’t mean it, always say that you wish them the best.

**3. Be happy:** If you're happy and secure with yourself, chances are your run-in won't be awkward.

How do you show your ex you've moved on? Share your ideas below.

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## Ali Fedotowsky and Roberto Martinez Call Off Wedding



Sadly, Ali Fedotowsky and Roberto Martinez have called off their engagement. The couple, who met on *The Bachelorette* decided on a long engagement, which ultimately did not work out for the pair, according to [The Huffington Post](#). The duo

was supposed to get married this year, but Fedotowsky was recovering from knee surgery and had to postpone the wedding. They ended up calling off the wedding three times before the relationship ended. In August, Fedotowsky told *People* magazine, "In my mind, Roberto is my husband. We live together; we do everything together; we plan for the future together; we fight just like a good old married couple." It looks like it's another case of love lost in *The Bachelor* community.

**How do you know when it's time to call off your engagement?**

### **Cupid's Advice:**

Ending an engagement is one of the hardest things for a couple to do. Marriage is a big step, and it's not meant to be taken lightly. If you're feeling unsure about saying those vows, proceed with caution. Cupid has some tips:

**1. Take a step back:** A break from one another can give you a new perspective. You might end up appreciating each other much more, and realize that you are meant to be together. It could also go the other way, and you'll realize you are much better apart.

**2. Assess the situation:** If it feels like you're just not on the same page anymore and your partner is headed in one direction while you are going the other way, it may be time to call it quits. Unless you can somehow focus and anchor your relationship, there's no point in staying in it.

**3. Nothing is the same:** Maybe you and your partner have just outgrown one another. This happens frequently, and as heartbreaking as it may be, don't stay in a relationship that you know won't work anymore.

**How did you know when it was time to call off your engagement?  
Share your experiences below.**

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# Kris Humphries Mocks Kim Kardashian's Weight Pre-Split



The marriage may be over, but the season has yet to air. New footage from the upcoming season of *Kourtney & Kim Take New York* showed then-newlyweds Kris Humphries and Kim Kardashian flirting around in a negative light, reports [UsMagazine](#). In the clip, Humphries picks up Kardashian and says, “God, you ate a lot of wedding cake!” Though joking, a source says that Humphries frequently criticized his wife. “He belittled her in front of people,” said the source. “He’d call her stupid. It was truly sickening.”

**What are some ways to deal with your partner's criticism?**

## Cupid's Advice:

When your partner wants to make a change, they may not go about it in the most polite way possible. Here are a few ways to deal with your partner's criticism:

- 1. Take their advice:** Often times your partner's criticism is just poorly phrased advice. Tell your partner that their tone is offensive, but take their advice into consideration.
- 2. Ignore them:** If you feel your partner's criticism is irrelevant, then ignore it. If the criticism has no effect on you, then your partner may stop trying to make a change.
- 3. Confront them:** When criticism becomes frequent, it is time to confront your partner. Tell them that their criticism is hurtful, and ask them to stop.

Have you ever had a critical partner? Feel free to share your experiences in a comment below.

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## Kasey Kahl Discusses His Future with Vienna Girardi Post-Breakup





*Bachelor Pad 2* couple, Kasey Kahl, 27, and Vienna Girardi, 25, are both keeping the option of reuniting open after their recent split. According to [UsMagazine](#), Kahl and Girardi have both said that they don't know what the future holds, but it could bring them back together. Looks like the two are still remaining friends for now.

**Is it OK to leave the possibility of a rekindled romance open after a breakup?**

### **Cupid's Advice:**

Most breakups end miserably, but some close on good terms. Staying friends usually means that you think there's a chance of eventually getting back together with your ex. Here are some things about which to be cautious:

**1. The reasoning behind your breakup:** The thing is, you probably broke up for a reason. If nothing in either of your lives has changed to affect that reasoning, there's probably no reason the relationship would work if you gave it a second shot.

**2. It could get messy:** Thinking about getting back together with your past love could lead to a “friends with benefits” situation and a huge mess of emotions. Be prepared.

**3. Your partner’s intentions:** If you’re going to rekindle a romance, it’s important to have a long discussion with your ex before jumping back into things. Make sure you know what they expect from a relationship, so that you go into it with clarity.

**Do you think it’s okay to leave the possibility of a rekindled romance open after a breakup? Share your ideas below.**

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# Jeremy London Is Called for Questioning About Girlfriend’s Assault





According to [People](#), *Party of Five* actor Jeremy London's girlfriend called the Palm Springs Police Department on Friday saying he assaulted her after an argument over the custody of their child. London's rep, Dominic Friesen, stated, "This is a false allegation and we understand that the police have to follow protocol in issuing an arrest warrant – standard when any woman files a complaint of domestic abuse. However, no such abuse occurred and these allegations will soon be proven false." Further, Friesen said, "Jeremy's legal counsel is cooperating with authorities and a factual account of the incident is on record. We anticipate Jeremy to be cleared of any wrongdoing as he continues to enjoy fatherhood and embrace sobriety."

**What are the first three steps to take if you've been assaulted by your partner?**

**Cupid's Advice:**

**1. Tell someone:** Don't keep the information to yourself; it'll make you vulnerable. Tell someone you trust.

**2. Get help:** Call the police and/or a domestic violence agency to get help.

**3. Leave:** If you're assaulted by your partner, that means they don't respect you. The best thing you can do for yourself is to leave the relationship.

**Let us know other steps to take if someone is assaulted by their partner by commenting below.**

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## **Charlie Sheen Reunites with Denise Richards for Kid's Soccer Game**





According to [RadarOnline](#), Charlie Sheen spent Saturday in Calabasas, Calif. with his ex-wife Denise Richards while attending his daughter's soccer game. Sheen and Richards watched from the sidelines with daughters Lola and Sam and were seen laughing and joking with each other. Although Sam's team lost, Charlie announced on Twitter afterward, "Saturday is soccer! Here's three great reasons why I love my weekends!" and posted a picture of himself, Richards and his daughters.

**How do you remain civil with your ex after a bitter falling out?**

### **Cupid's Advice:**

After a divorce, it's difficult to remain civil with your ex, although it's not entirely impossible. Here are three ways:

**1. Be understanding:** After a bitter break-up, you both will experience different emotions toward one another. When interacting, stay calm and try to understand each other, especially if you are at one of your child's events.

**2. Arrive single:** While at a joint celebration, never arrive with a date unless it has been many years since the divorce took place. Introducing your new partner might upset not only your ex, but also your children.

**3. Have rules:** Work things out and speak with your ex about how you can both remain civil at functions so that you don't upset those around you.

**How you do remain civil with your ex? Share your ideas below.**

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## **Ruben Studdard Files for Divorce From Wife Surata Zuri McCants**





*American Idol* Season 2 winner Ruben Studdard is divorcing his wife of three years, reports [UsMagazine](#). “Ruben and Zuri have gone their separate ways,” said Studdard’s rep. Studdard, 33, married Surata Zuri McCants in Mountain Brook, Alabama on June 28th, 2008. The couple shares no children.

**What are three things to consider before filing for divorce?**

### **Cupid’s Advice:**

Even when a relationship seems over, it may still have some redeeming qualities. Here are a few things to consider before filing for divorce:

- 1. Your emotions:** Many relationships go through rough patches. Make sure that your relationship is beyond repair and that you have absolutely no feelings left for your partner when you file for divorce.
- 2. Children:** If you and your partner share children, you may want to consider extensive couple’s therapy. Your decision will affect not only you and your partner’s lives, but your children’s lives as well.

**3. Financial stability:** Going through a split can be very expensive. If you and your partner can't afford to pay for lawyers, it might be best to hold off for a time when the divorce settlements can be handled properly.

Have you gone through a divorce? Feel free to leave a comment with your thoughts below.

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## Heather Locklear and Jack Wagner Call Off Their Engagement



Their characters may have tied the knot on *Melrose* place a year ago, but Heather Locklear and Jack Wagner won't be heading to the alter anytime soon. According to [People](#), the couple have called off their engagement. The pair, who got engaged in August, had the full approval of Locklear's daughter, Ava. "Ava was so excited when we told her," said Locklear. "She hugged Jack, said congratulations, and she immediately wanted to see the ring. Then she ran and Facebooked her new stepbrother."

**How do you know when it's time to call off an engagement?**

### **Cupid's Advice:**

When you're set to marry, it can be difficult to just call everything off ... especially after you've already told everyone about your wedding plans. Here are some ways to know it's time to say "no" to marriage:

**1. Wedding plans have ceased:** If you don't feel like planning your wedding and your partner feels the same way, it's probably a sign that neither of you are ready to tie the knot. It doesn't necessarily mean you have to break up, but there's no reason to rush into marriage right away.

**2. You have doubts:** Pay minor doubts no mind, as everyone has worries. But when you start having major doubts about the future of your relationship, it's time to start questioning why you're getting married in the first place.

**3. You're not excited:** Weddings are a joyous occasion and if you're not anxious for yours, that's not good. Sometimes peer pressure and family obligations can lead you into a marriage you're not ready for, so beware of that and stand your ground.

**How did you know when to call off your engagement? Share your experiences below.**

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# 'Bachelor' Couple Vienna Girardi and Kasey Kahl Call It Quits



Add another break-up to *The Bachelor* and *The Bachelorette* bunch, because another couple has split. Vienna Girardi and Kasey Kahl became an item on the reality show *Bachelor Pad* when they took a second shot at love, but the couple has decided to go their separate ways. "Yes Vienna and I have split. It's been 5 weeks now. I can't fake it anymore. I will always love, be there for her, and wish her the best," Kahl posted to Twitter. "@KaseyRKahl will always be my best friend, but yes we have split. No idea what the future holds

for us but we will always remain friends,” replied Girardi, also via Twitter.

**How do you know when it's time to go your separate ways?**

**Cupid's Advice:**

Breakups aren't always easy, and it's hard to be sure when you're ready to split from your partner. Cupid has some tips:

**1. You're having doubts:** If you've started to second guess your relationship, figure out why you feel that way. It's important to have confidence in your relationship together, and if you don't, who will?

**2. The novelty has worn off:** The beginning of a relationship is the most thrilling part because it's all new and exciting. If you've stopped growing as a couple, there's no point in pretending it's going to work long term.

**3. You don't see them in your future:** If you can't imagine spending the rest of your life with this person, don't continue to waste your time or theirs.

**How did you know when to end your last relationship? Share your comments below.**

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**Justin Timberlake Attends Marine Corps Ball, Making Good on Promise**



Justin Timberlake, 30, accompanied combat instructor Kelsey De Santis to the Instructor Battalion Marine Corps Ball on Saturday, making good on his previous promise. The singer and actor accepted De Santis' invitation over the summer. After the fact, Timberlake had nothing, but excellent things to say of the experience, saying that it "was one of the most moving evenings" he's ever had and that he was "really blown away." The star was very humbled by the experience and was surprised that such a young lady was representative of those that look after our freedom, according to [People](#). He described them as "humble, concerned for others before themselves."

**What do you do if your partner continually breaks promises?**

### **Cupid's Advice:**

If you're in a relationship and your partner continually breaks promises, it's time to take some action. Here are some

options:

**1. Talk to your partner:** It might sound simple, but sometimes the best solution to broken promises is by talking to your partner and getting more information. Making them aware of how these breaks in trust affect you may appease the situation.

**2. Put it in perspective:** Decide whether their broken word is something minor or major. If it's something as inconsequential as not putting out the trash after he said he would, there may just be a problem with communication. Don't let a minor problem escalate for no reason.

**3. Think about your relationship:** Discern how you want things to develop in your relationship. Perhaps make a list of pros and cons and look at them with an objective eye. If the pros significant outweigh the cons, it may still be worth working on the relationship.

**How do you deal with broken promises in a relationship? Share your thoughts below.**