

Is Russell Brand Writing a Memoir About Katy Perry?



Russell Brand is full of surprises. After filing divorce from Katy Perry, Brand has decided to do what celebrities do best after a break-up: write a feel-for-all book. According to UsMagazine.com, Brand will reveal all the details of his marriage with Perry in a memoir. A friend of Perry said, "Katy is insulted and feels betrayed that Russell has treated her so poorly. She will never forgive him. Ever."

What do you do if your ex airs details of your failed relationship?

Cupid's Advice:

It would be nice to think that after a break-up, your [ex](#) would

refrain from giving away the good and the bad of your relationship. However, sometimes it happens. Here's how to cope:

1. Ignore: It may seem easier said than done, but you need to be the bigger person and show your ex that you are a confident single gal.

2. Fight fire with fire: If you want to get rid of your babbling ex partner, why not tell everyone a secret from your past relationship that will put him/her to shame? This may be stooping to his level, however, so think about it carefully before doing so.

3. Own up: Go ahead and confess to the bad that your ex is laying out to the world. You will look like the honest ex who has nothing better to do, but move on.

How have you dealt with your ex telling details of your failed relationship? Share your comments below.

Rumor: Are Heidi Klum and Seal Getting a Divorce?





Though they are both still wearing their wedding bands, rumors are flying around Hollywood that Heidi Klum and Seal are headed for a split. According to [People](#), distance has been the major issue within this rocky patch in the marriage. Seal has been away a lot lately promoting his new album, *Soul 2*, which has put a strain on the couple. However, now that the two have reunited, they seem to be doing a lot better.

What do you do if you notice the fighting in your relationship is increasing?

Cupid's Advice:

All relationships have their highs and lows. When fighting increases, don't be afraid to ask for help, look within yourself or change your surroundings:

- 1. Couples therapy:** Lots of couples have gotten through their troubles by bringing in an involved third party professional, such as a therapist, to talk out your problems with.
- 2. Look within yourself:** You may not be able to change the

actions of others, but you certainly can change your own. Reevaluate yourself to see if there is something you're doing to cause distance between you and your partner.

3. Talk it out: Problems are solved by talking, not by yelling.

What amount of fighting is too much in a relationship? Share your thoughts below.

Avril Lavigne and Brody Jenner Speak Out Amidst Breakup Speculations





Avril Lavigne and Brody Jenner may have gone their separate ways, but that doesn't mean they aren't Twitter pals.

Amidst rumors of a nasty breakup, Jenner tweeted, "It really upsets me to read all the FALSE!! stories. Avril has always been there for me and is the closest person to my heart. I love her." According to [People](#), the singer/fashion designer replied on the social networking site with, "Luv u 2!!! @brodyjenner."

How do you put forth a united front after a breakup?

Cupid's Advice:

Just because you've broken up with your partner, doesn't mean you can't still be a team. If you have children together, for example, it's best that you always present a united front:

1. Stay strong: People may expect you to turn against each other now that you're broken up, but there's nothing wrong with still being friends.

2. Compliment each other: You may not have been good together in a relationship, but that doesn't mean you aren't both great

in your own ways.

3. Keep in touch: Keep up with what your ex-partner is up to, and wish them luck.

Why can some exes stay friends and others can't? Share your thoughts below.

What Led to Avril Lavigne and Brody Jenner's Split?



Avril Lavigne's love life is now much more complicated. The singer and Brody Jenner reportedly split last week after nearly two years together, reports UsMagazine.com. "It was

mutual, but Brody really broke up with her,” said a source.

“He told her he was tired of always being her plus-one, and always going on tour with her.” Lavigne is currently planning an upcoming tour in Asia. “[Jenner] said he needs a career of his own again, and he didn’t want to go on the tour. Avril didn’t like that. Brody said, “I need to stay in L.A. and get back into TV, either scripted or reality. But I feel like a loser.”

What do you do if your partner isn’t achieving success in their career?

Cupid’s Advice:

Encouraging your partner is tough, especially when your successes outweigh their own. Here are a few ways to handle your partner’s faltering career:

1. Be supportive: If you offer tactful and sincere advice, your partner will appreciate your efforts. Be cautious not to belittle your partner’s struggles.

2. Watch your words: If you have a particularly good day at work, be careful what you say. It’s okay to tell your partner about your successes every once in a while, but sharing your excitement too frequently will come across as bragging.

3. Offer to help: If your partner’s lack of success at work is due to issues that can easily be fixed, offer to help. Spell-check your partner’s latest presentation or forward some necessary emails. Hopefully, you will be able to get some work done and bond.

Have you ever been more or less successful at work than your partner? How did you handle it? Feel free to leave a comment below.

Ashton Kutcher Chats with Demi's Daughter Rumer at Pre-Golden Globes Party



Actor Ashton Kutcher and ex wife actress Demi Moore found themselves at the same Pre-Golden Globes party, and Kutcher didn't hesitate to catch up with Moore's daughter, Rumer Willis. As the *Two and a Half Men* actor made his rounds to chat, [People](#) reported that he and Willis were all laughs and smiles until she went back to join her mother.

Is it OK to keep in touch with your ex's children?

Cupid's Advice:

It can be difficult to “dump” the rest of your ex’s family after a breakup, especially when it comes to kids. Cupid has some tips:

1. Healing time: If you’re the one who’s broken up with your partner, it might be a good idea to step aside and give them their space by avoiding their kids as well.

2. Be a friend: If you want to continue the relationship that you’ve built with your ex’s kids, it would be best for both sides if you and your ex were friends. Whatever you do, don’t vent to the kids about your past relationship and current feelings about your ex.

3. Be respectful: Your ex may want you out of their lives and their children’s lives completely. If this is the case, then you need to be respectful of their decision. Losing that connection is a risk you took once you broke up.

Do you think it’s OK to allow your ex and your children to interact? Share your comments below.

Rumor: Did Avril Lavigne and Brody Jenner Break Up?





Could Avril Lavigne and Brody Jenner be calling it quits after 2 years of dating? According to [Hollyscoop](#), Lavigne is ready to settle down, and Jenner just isn't. We wonder if Jenner might be nervous because he knows Lavigne's previous marriage to rocker, Deryck Whibley, didn't work out or because his step sister, Kim Kardashian's, union to ex hubby Kris Humphries ended in such a short time. Also, maybe that bar fight back in November put a strain on the relationship. We'll have to see.

What are some ways to tell it's time to break up with your partner after a long-term relationship?

Cupid's Advice:

After long time dating, you may find yourself questioning the relationship. Here are some ways to know if you need to break-up or should hang in there:

- 1. Company:** If you are annoyed or unhappy when you spend quality time with your partner, it may be time to move on.
- 2. Intimacy:** Is the intimacy non-existent or are you using sex

to make the relationship better? If you said “yes” to either, re-evaluate why you are with your significant other.

3. Different values: If the two of you want different things out of your relationship, and it seems like each other’s plans have changed over time, it may be time to make plans solo.

How did you know it was time to end your long term relationship? Share your comments below.

Ashton Kutcher and Demi Moore Have Pre-Golden Globes Run-In



It looks as though Ashton Kutcher and Demi Moore may be having

a case of the exes. Besides having continuous awkward run-ins with each other at different locations in Hollywood, it appears the two haven't been seeing much of each other since announcing their decision to split-up this past November, amid rumors that Kutcher was unfaithful. Although going through a divorce, the former couple was cordial with one another as they crossed paths at the CAA Foundation pre-Golden Globes bash this past Friday. Sources told UsMagazine.com that the exes kept their distance most of the evening and briefly said "Hi" to each other.

What are some ways to avoid awkward run-ins with an ex?

Cupid's Advice:

Depending on the breakup, bumping into your ex can be a bit awkward. Here are some positive ways to react when you encounter a previous mate:

1. Be kind: Even if your ex hurt or cheated on you, try to be kind when you run into them. You don't necessarily have to jump up and give them a big hug as though you're trying to be their best friend for the next few seconds, but you don't want to come off as bitter either. Keep it simple with a smile and "hello."

2. Keep it simple: Prolonging the conversation may bring up old feelings which can cause even more awkwardness. So, depending on whether or not you and your ex want that old thing back, keep the conversation to a platonic minimum.

3. Be confident: Show your ex that you're doing just fine without him or her. Don't boast or brag about how great a new partner is or how your life has been extremely over-the-top-magnificent without them. Wear your confidence on your sleeve and give a friendly and quick update on the new accomplishments in your life since the split.

How did you avoid running into you ex? Share your stories below.

'American Pie' Actress Mena Suvari Files for Divorce



After less than two years of marriage, *American Pie* actress Mena Suvari is ending her union to concert producer Simone Sestito. According to [People](#), the 32-year-old actress had her attorney file divorce papers on her behalf, citing “irreconcilable differences and asking that Sestito receive no spousal support.” The two met in 2007, were engaged in 2008, and married in 2010. Suvari, set to appear in another

American Pie movie this year, was excited to have children, but the couple had none and this will be her second divorce since 2005.

How long should you try to fix your marriage when it's not working?

Cupid's Advice:

Sometimes a marriage hits some rough spots that you have to work through. Cupid shares how long to keep trying to fix a broken marriage:

1. If you're playing the blame game: Don't blame each other for the problems in your marriage. Accusations can only cause a further rift. If you and your partner are unable to discuss things without blame, this could be indicative of a larger, unfixable problem.

2. Questions: If you or your partner constantly asks why you are together, it may be time to seriously sit down and weigh the pros and the cons of the marriage. If the con list far outweighs the pro list, it may be time to consider other options.

3. Control: Do you have control over the problems in your marriage? If they can be fixed by mutual work between you and your spouse, you should continue to try to fix it. If it's something beyond your control, you may have to seek outside help in fixing your marriage.

How do you know when to stop trying to make your marriage work? Share your ideas below.

Courtney Cox Says Kissing Co-Star Was Confusing to Daughter



Courtney Cox's involvement with *Cougar Town* costar Josh Hopkins is too complicated for daughter Coco to comprehend, reports UsMagazine.com. "[Coco] shouldn't watch *Cougar Town*, but she does," said Cox. "She's always like, 'Mommy! Did you really kiss Josh? And I'm like, 'I'm just faking it!'" Though Cox and Hopkins were seen vacationing together with Coco in March of last year, both deny a romantic relationship.

What are some ways to explain moving on after a split to your child?

Cupid's Advice:

Moving on is a difficult hill to climb, even without the added pressure of telling your child. Here are a few things to consider before breaking the news to your kids:

1. Your new relationship: Before introducing your new partner to your children, make sure that you're serious about the relationship. Children look for stability, so introducing your kids to a mere fling could harm them in the long run.

2. Your past breakup: Let your children adjust to the changes in their life before you change yet another element. Instead of introducing your new partner immediately, give your children some time. Eventually they will be more accepting of a new relationship.

3. Your children: You know your children's personalities better than anyone. Use your best judgment before introducing your partner. Decide if a face-to-face meeting or a discussion is the best way to break the news.

Have you ever had to explain a new relationship to your child? Feel free to leave a comment below.

Lauren Conrad Has a Friendly Run-In with Ex-Boyfriend Derek Hough





Lauren Conrad is who we look up to as a cool ex-girlfriend! While enjoying a night out at Beacher's Madhouse in Hollywood, Conrad ran into her ex, Derek Hough. How did she react? She didn't even try to take cover in the ladies room or give him the cold shoulder. According to [People](#), the designer was happy to see Hough and embraced him with a hug. Way to be the bigger person, Lauren!

What are some ways to react when you run in to an ex partner?

Cupid's Advice:

Depending on how your relationship with your ex ended, bumping into your former lover can be an awkward moment. Here are some positive ways to react when you encounter in old flame:

- 1. Don't be fake:** If you're not too happy to see your ex, don't jump up and give them a huge hug and don't slap them in the face either. Smile, say "hello" and end the conversation politely. Your ex should get the point. Acting upset seems desperate.
- 2. Keep the convo simple:** Ask your ex what they've been up to

since the break-up, and make sure to talk about your accomplishments. Don't get into each other's love lives. Keep the conversation platonic unless you're thinking about rekindling the relationship.

3. Take the attention off of you: Chances are that if you bump into your ex, you won't be alone. To avoid awkward silences, introduce them to your friends and let your ex know that you are in a hurry, whether you are or not.

How have you reacted when you bumped into an ex? Share your comments below.

'New Girl' Star Zooey Deschanel Files for Divorce From Ben Gibbard





Sometimes when your career hits a high note, your personal life seems to fall apart. While Zooey Deschanel had an amazing year as a breakout star, her relationship with Death Cab for Cutie front man, Ben Gibbard, seems to have come to a bitter end. According to [People](#), the two filed for divorce, citing Oct. 31 as their date of separation. The ex couple, who married in 2009, are claiming irreconcilable differences, but are still on friendly terms.

How do you know when your differences are irreconcilable?

Cupid's Advice:

Irreconcilable differences is the most common reason for divorce. If you and your partner just aren't the same people you were when your relationship began, you may be experiencing irreconcilable differences. Here's how to tell:

1. Always fighting: If you're always arguing with your partner over both big and little things to the point where you agree on absolutely nothing, perhaps, your differences are irreconcilable.

2. You want to see other people: If you believe that you or your partner would be happier with someone else, it may be time to move on.

3. You've tried everything: If you've tried couples therapy and everything else to try to reconcile your relationship, but nothing seems to work, it may be time to cut your losses.

How long would you try to make a relationship work before you call it quits? Share your ideas below.

Vanessa Hudgens and New Beau Indulge in Hot Miami Weekend





It's already a busy and exciting new year for Vanessa Hudgens. The *High School Musical* star and her new boyfriend, Austin Butler, enjoyed a lovely day at the spa, where the duo enjoyed some rest and relaxation poolside at the Fontainebleau Resort. In addition, Hudgens and her boy spent some time at the Acqualina Resort & Spa, where Butler enjoyed a massage courtesy of his girlfriend. A source said the two looked "cozy," according to [E!](#) The two celebrated the New Year at Fontainebleau with Jessica Szohr of *Gossip Girl*, *90210*'s Jessica Lowndes and J.C. Chasez and later went to the LIV nightclub for Busta Rhymes' performance. Hudgens and Butler, who stars in *Switched at Birth*, have been dating for approximately three months.

What are some fun couples activities at a resort and spa?

Cupid's Advice:

Depending on the resort, there are a variety of different activities to do while away. Cupid has some suggestions:

1. Get pampered: Hit the spa, and go all out with whatever

they offer. Enjoy a massage or manicure with your lover.

2. Go outside: Most resorts offer different things to do such as horseback riding or kayaking. Take advantage of them.

3. Explore: Whether you're hiking a trail or venturing for some local food, some time away from the resort will give you and your partner some time to bond.

What are some other resort-style activities to attend with your partner? Share your ideas below.

Russell Brand Files for Divorce from Katy Perry





Russell Brand and Katy Perry had a strenuous holiday season. Brand filed for divorce on Friday after 14 months of marriage, reports [People](#). Rumors started circulating when Brand and Perry spent the holidays apart, with Brand in the U.K and Perry in Hawaii with friends. The couple were also spotted without their wedding rings in the days prior to the split. “Sadly, Katy and I are ending our marriage,” said Brand in a statement. “I’ll always adore her and I know we’ll remain friends.”

How do you stay on good terms with your ex during a very public divorce?

Cupid’s Advice:

Going through a divorce is hard enough even without attention from others. Here are a few ways to stay friendly with your ex:

1. Monitor rumors: When a split gathers attention, false rumors are bound to pop up. Try monitoring the rumors, and denying false assumptions whenever possible.

2. Keep it private: Though you are probably surrounded by friends who want to know the details behind your split, some things are best kept private. You can tell your friends the details later when you and your ex have had time to heal.

3. Keep in touch with your ex: Keep in touch during your divorce. Don't let your lawyers do the communicating for you. In order to stay friends in the future, you'll have to lay the groundwork now.

Have you gone through a public split? Feel free to share your experience in a comment below.

Kobe Bryant Relocates to a Resort Post-Split





When Kobe Bryant was forced to leave wife Vanessa after [cheating](#) allegations, he didn't have to go very far. The NBA basketball star found a private villa located on the Newport coast of Southern California. The resort that Bryant is staying at has 24/7 housekeeping and butler service. However despite these services for \$800 a night, Bryant has apparently elected to take advantage of the laundry unit located in the private garage provided to him, as he was spotted doing just that, according to [RadarOnline](#). Don't misinterpret that move, thought, because Bryant is still living the life of the rich and the famous after his impending divorce. According to sources, he has his \$400,000 Lamborghini parked outside his villa.

How do you decide where to go after a sudden split with a live-in partner?

Cupid's Advice:

When you make a decision to separate from a live-in partner, it can come with all sorts of consequences, one of which is where to go after the split. Cupid has some tips:

1. Assess current living arrangements: If you're currently paying the rent and are responsible for the lease, then it's obvious that your partner should be the one to leave and find new living arrangements. If the reverse is true, you'll need to relocate.

2. Friends and family: If you have to find somewhere to go after a sudden split, often the best case is to live with a family member or friend until you have more permanent living arrangements figured out.

3. Temporary living quarters: If you have the means, you can live in a resort or hotel like Kobe Bryant decided to do after his breakup. Of course, if you don't have quite the same level of income as Bryant, you might have to live without room service.

What did you do after you split with a live-in partner? Share your experiences below.

Rumor: Katy Perry and Russell Brand Celebrate Christmas Apart After "Massive Fight"





Pop sensation Katy Perry and actor husband Russell Brand spent Christmas apart this year. After a planned trip to Brand's hometown of London, Perry ended up flying to Hawaii with some friends. According to UsMagazine.com, the couple had a major argument, which resulted in cursing at each other and storming off. Perry was spotted without her wedding ring while splashing in the Pacific Ocean, and Brand was seen catching up with old friends in a local pub in Coverack, Cornwall. Although the couple denied divorce rumors in November, trouble is threatening. "The split may come soon, but they are both so dramatic and volatile, the relationship could become great again," says a source.

What are some ways to quickly move on from a fight?

Cupid's Advice:

All couples fight, but avoiding it is impossible. Moving on quickly and peacefully is easier than you think. Cupid has some tips:

1. Admit when you're wrong: We all make mistakes sometimes,

and it's okay to be wrong. The best way to move on from an argument is by pointing out your faults. Your partner will appreciate it and will learn from your example. They may admit to their wrong doings in future situations.

2. Apologize: Along with admitting your mistakes, make sure you apologize to your sweetheart. Saying you're sorry makes all the difference in an argument. Also, show your significant other how much you care by making it up to them with a personalized apology.

3. Don't let the issues hang in the air: The longer the fight sits, the bigger it will grow. Talk about your issues soon after they arise. Discussing how both members of the relationship feel will make for an easy fix. Compromising on the matter will make you both happier.

How did you move on quickly from a fight? Share your stories below.

Mel Gibson's Ex Takes Half of His Fortune in Divorce





Mel Gibson's divorce came with a price. Gibson's divorce from wife Robyn Moore was finalized Friday in Los Angeles, reports [People](#). Moore, Gibson's ex-wife of nearly 30 years and mother of their seven children, was awarded half of Mel Gibson's near \$850 million fortune. The couple had no prenuptial agreement, so Moore is legally entitled to half of what Gibson earned during their marriage. Gibson's divorce payout is considered to be one of the biggest in Hollywood history.

How do you decide whether a prenuptial agreement is necessary?

Cupid's Advice:

It's possible to ask for a prenuptial agreement without offending your partner. Here are a few reasons to ask for a prenuptial agreement:

1. Career differences: Most people are married when they are young, and before they start to earn serious amounts of money. If you feel that either you or your partner has high earning potential, then ask for a prenuptial agreement.

2. Salary differences: If you currently earn much more or much less than your partner, a prenuptial agreement is in your best interest. The agreement will protect your monetary well-being

in any future fall-outs.

3. Previous marriages: If you have been married and divorced before, it may be a good idea to ask for a prenuptial agreement. Learning from past mistakes and taking precautions in case your new marriage also ends poorly is a reasonable and wise decision.

If necessary, should you ask for a prenuptial agreement? Feel free to leave a comment with your thoughts below!

Notoriously Private Couple Jessica Lange and Sam Shepard Have Split





Actress Jessica Lange and her partner of almost thirty years Sam Shepard kept ended their relationship. In fact, the couple, who kept their relationship very private, decided to split almost two years ago, according to [People](#). “They both are pursuing independent lives,” says a source. A rep for Lange confirmed the split, but the *American Horror Story* actress has no further comment.

How do you keep your breakup from making a splash?

Cupid’s Advice:

Breakups can be dramatic, but if you can get out of a relationship without causing a scene, you’ll be better off in the long run and in the healing process. Cupid has some tips to keep your split low key:

1. Don’t tell everyone: Your business isn’t the world’s business. Once everyone knows, they’re going to want to put in their two cents, which will become overwhelming and annoying.

2. Wait: Take some time to figure out your own emotions and to

face the reality of your new life without your partner, so that you're ready to face family and friends once they find out.

3. Stay busy: Keep your routine as normal as possible, and get out of the house when you can. Don't keep yourself cooped up wallowing, but instead embrace your new found independence.

How did you keep your breakup quiet? Share your comments below.

Russell Armstrong's Exes Accuse Taylor Armstrong of Being Heartless Post-Suicide





Taylor Armstrong, star of *The Real Housewives of Beverly Hills*, was recently widowed by the loss of her husband, Russell Armstrong, to suicide. After the fact, his ex-wife Barbara Fredrickson and his former fiancée Milette Fields say Taylor is being heartless and self-centered in the wake of his tragic death. Both women have children with Armstrong, and claim that Taylor was too busy to break the news to either of their families in person, who found out once the story hit the news. The reality star even failed to call Armstrong's mother to offer her sympathies. According to [RadarOnline](#), Barbara believes Taylor is hiding valuable belongings of Armstrong's on purpose, none of which she's offered as memoirs to his children, and is planning a tell-all about Armstrong's abuse.

How do you move on after you tragically lose your partner?

Cupid's Advice:

Dealing with a spouses death is often one of life's challenges, but it can be especially difficult when their death is sudden or tragic. Cupid has some tips to help you move on:

1. Grieve: You've just lost your best friend and companion, so don't feel guilty taking as much time as you need to cry it out. Go through their belongings and pack away old things yourself to help with the mourning process.

2. Keep busy: Maintain your regular schedule, and get out of the house often. Lean on your family and friends for support.

3. Let go: This person will forever be in your heart and a part of your life, but you need to accept that they're gone. They would want you to move on, and keep living your life.

How did you cope with the loss of a loved one? Share your comments below.

Brad Goreski Shares Breakup Drama Details After Split With Rachel Zoe





On his new Bravo show, *It's a Brad, Brad World*, Brad Goreski admits he and ex-girlfriend Rachel Zoe are no longer on speaking terms. "We don't speak to each other. I would love to be able to speak with her," he said. According to [People](#), he has yet to meet her nine-month old son, Skylar, because he has "not been invited." Goreski said he has an "idea" of why he and his stylist are on bad terms. "I think I have conducted myself with honesty, with dignity and with grace," Goreski said. "And I will continue to do so no matter what is said about me."

How do you cope when your ex refuses to speak with you post-split?

Cupid's Advice:

Breakups are tough and avoiding each other is an easy way to help with the healing process. Cupid has some suggestions to help you accept this situation:

1. Carry on: Just because you're not speaking with your ex, it doesn't mean your world stops. Take this time to

prioritize your life and rebuild it.

2. Cut the cord: You don't have to delete your ex's number or defriend them on Facebook, but finding ways to distance yourself makes things easier.

3. Time: Like a lot of issues in relationships and breakups, in time you'll be able to accept the situation. Just be patient.

What did you do when your ex shut you out post-split? Share your experiences below.

Chaz Bono and Jennifer Elia Break Off Their Engagement





Despite news of their engagement earlier this year, Chaz Bono and his fiancée Jennifer Elia are no longer engaged or even together. Nevertheless, they appear to be amicable towards one another. According to [People](#), “They leave this relationship with great love, respect and affection towards one another,” and they ask that everyone “respect their privacy at this time.” Bono himself tweeted that he appreciated the fans concern and was doing “just fine” while remaining on “good terms” with his ex.

What are some ways to stay amicable after a split?

Cupid’s Advice:

After a breakup, there are no doubt hurt feelings that can often times turn into drama. Here are some ways to keep your split amicable:

- 1. Give each other space:** Allow your feelings a chance to solidify after the split. Give each other time and space before making any moves to continue a friendship.
- 2. Talk it out:** Does your ex *want* to be friends with you after

the break up? Talk about why you want to be friends with your ex. Articulate reasons for continuing a relationship after the breakup. You may end up deciding it's not a good idea after all.

3. Be there for each other: Spend time with each other, but not too much time. Be sure that you don't fall into the old habits of your relationship, because that could become sticky territory.

What are some ways you stay amicable with an ex? Share your ideas below.

Kobe Bryant's Wife Files for Divorce





NBA star Kobe Bryant is heading towards divorce, reports [People](#). Vanessa Laine, Bryant's wife of 10 years, filed for divorce on Friday, citing irreconcilable differences. Laine is also seeking spousal support and shared custody of daughters Natalia, 8, and Gianna, 5. Bryant's marriage was also tried in 2003, when he was accused of allegedly raping a 19-year-old hotel employee in Colorado. "I sit here in front of you guys, furious at myself, disgusted at myself for making the mistake of adultery," said Bryant at a press conference that year. "And I love my wife with all my heart."

What are some ways to regain trust in your relationship after a betrayal?

Cupid's Advice:

Betrayal shakes up a relationship, but it's possible to get back on track. Here are a few ways to regain trust after a betrayal:

1. Spend time together: In order to rebuild trust in your relationship, you'll have to put in more effort than you

usually do. Go on vacation or play hooky and spend the day at a park to get some quality time together.

2. Get counseling: If you feel that your relationship is troubled, but ultimately worth fixing, try counseling. It's expensive, but it could save your relationship.

3. Give it time: Sometimes the best medicine is time. After a while, the betrayal will fade and your trust in your partner will gradually return.

Have you ever been betrayed in a relationship? Feel free to leave a comment below.

Real Housewife Taylor Armstrong Will Release Tell-All Book





Taylor Armstrong from Bravo's *The Real Housewives of Beverly Hills* will be releasing a tell-all memoir through the publisher Simon & Schuster entitled *Hiding From Reality: My Story of Love, Loss and Finding the Courage Within*. The book is scheduled to be released Feb. 7 and will outline her relationship with her ex husband Russell Armstrong, who tragically committed suicide in August. According to [The Hollywood Reporter](#), the couple had filed for divorce only a month before the suicide.

What do you do if your ex "tells all" after a split?

Cupid's Advice:

If an ex decides to tell all after a split, there's really not much you can do to prevent them from doing so. All you can do is stay strong and move on:

- 1. Allow only positive influences:** Surround yourself only with positive people and things. After all, it's your ex who is airing their dirty laundry and not you.
- 2. Don't answer questions:** If someone asks you about something

they heard from your ex, simply tell them that it's none of their business.

3. Let time work in your favor: Time cures all wounds and rids all rumors. When you are in bad place in your life, time always works in your favor.

When a relationship is over, should you tell all or keep the details to yourself? Share your thoughts below.

Bruce Willis Supports Demi Moore Post-Split With Ashton Kutcher





Bruce Willis will always be there for Demi Moore. The *Die Hard* actor, 56, is taking the time to comfort his ex-wife in light of her split from Ashton Kutcher, reports NowMagazine.com. “He’s explained to [pregnant wife Emma Hemming] that he needs to divide his time until Demi is a bit stronger,” said a source. “He knows Emma’s feeling a bit neglected but he wants to make sure Demi gets herself together.”

What are some ways to react if you feel neglected by your partner?

Cupid’s Advice:

It’s often difficult to ask for more attention without sounding needy. Here are a few ways to react if you feel neglected:

- 1. Give attention:** If you feel neglected, try giving your partner more attention. Chances are, the somewhat tense atmosphere between the two of you is mutual. Be the first one to mend the bridge.

2. Work through it: It's very possible that your mate may just be busy. They may be having family issues or a hard time at work. Tough out the rough phase, and everything will eventually go back to normal.

3. Tell your partner: If no other action will work, confront your partner. Politely explain your feelings and tentatively ask for a change.

Have you ever felt neglected? Feel free to leave a comment below.

Kris Humphries Says He 'Doesn't Play Into the Gossip' Surrounding Ex Kim Kardashian





Their quick marriage and much-talked-about divorce may be making the headlines still, but Kris Humphries says he doesn't pay the gossip about his situation with Kim Kardashian much mind. "I think that if people know me they know who I am and what I stand for," he said, according to [Hollyscoop](#). "I'm a fun guy and I don't play into the gossip. That's life." There's also much speculation that the couple's relationship deteriorated as a result of it being plastered all over reality TV. To those assumptions, Humphries says, "I can't say for sure. It's the only time I've been married. [But] I've been in front of cameras on the NBA since I was 19."

How do you keep from participating in drama after a breakup?

Cupid's Advice:

After a breakup, you're no doubt hurt and sometimes angry. However, it's important to keep those feelings in check instead of unleashing them in a wave of drama. Cupid has some tips:

1. Count to 10: When you're about to say something mean-

spirited directly to your ex or behind his or her back, take a minute to think about it first. Spur of the moment comments are often times regretted.

2. Take a step back: Right after a split, it's important to take a breather for a while. Avoid going to the places you know your ex or their friends hang out, and surround yourself with close friends and family.

3. Institute a checks and balances: Give your friends the job of watching your every move. If they see you're about to text your ex, have them stop you. Make them the angel on your shoulder.

How did you keep from participating in drama after a breakup? Share your ideas below.