

Bruce Jenner Says Kim Kardashian's Next Guy Goes Through Him



After Kim Kardashian's whirlwind wedding and quick separation from Kris Humphries, her step-dad Bruce Jenner says her next man has to go through him first. The former Olympian and his wife Kris Jenner appeared on the *Ellen Degeneres Show* where they discussed their reality star children's lives, and Jenner said he "can tell if it's going to work or not." According to [People](#), Jenner said he had his questions when the NBA star asked for his approval to marry Kim. "In the back of my head I said, 'I don't know if she's going to say yes,'" he said. "But it's not my decision. Go for it."

How much should you trust your parents to help you choose a

mate?

Cupid's Advice:

Some people are close with their families while others aren't, but your parents may have better instincts than you think about your potential partners, and their opinion can prove quite useful. Cupid has some tips to help you sort through your emotions verses your parents':

1. Honesty: When it comes down to it, your parents want what they believe is best for you. They may not always be right, but they're not going to shy away from telling you their honest thoughts about your partner or fiance.

2. Knowledge: Although we would all like to believe that there's no way our parents have ever been in our situation or felt the way we have, most likely they've been there and done that. Listen to what they have to tell you about their own experience, and you might get some very helpful advice.

3. Opinion or fact: Only you and your partner truly know your relationship, because you experience it 24/7. Sometimes parents will make assumptions or share biased opinions, so don't let their lack of knowledge about you and your partner get in the way of something great!

How much influence do you allow your parents to have in your relationships? Share your comments below.

Marcia Gay Harden Files for

Divorce After 15 Years



Marcia Gay Harden, best known for her roles *Pollock* and *Mystic River*, has filed for divorce after 15 years of marriage to husband, Thaddeus Scheel. According to [People](#), the Oscar winner has asked for privacy during this difficult time for the sake of their three children, 7½-year-old twins Hudson and Julitta Dee and a 13-year-old daughter, Eulala. A rep has released the following statement: “No further comments will be made on this matter, and we thank you for your understanding.”

What are some ways to regain independence after a long-term relationship?

Cupid's Advice:

Adjusting to life and your identity without a plus one after a longterm relationship can be very difficult. However, if you

don't let your marital status define you, it becomes a lot easier. Cupid has some tips:

1. Enjoy being single: Spend time letting loose and enjoying the fact that you are no longer tied down.

2. Join a dating site: You don't have to commit right away, but it can't hurt to shop around.

3. Take up a hobby: Healthy distractions serve as a great means to move on. Learn how to ski, or pick up some handiwork like knitting or crocheting.

Are long relationships more difficult to get over than short ones? Share your thoughts below.

Heidi Klum's Soon-to-Be Ex Seal Finally Removes Wedding Ring





It looks as if Heidi Klum and Seal are officially over, as Seal was recently been photographed without his wedding ring for the first time. The sighting took place in Australia Wednesday where Seal made no attempt to hide his ringless hand. The choice to remove the ring seems to be bittersweet. According to UsMagazine.com, the singer told Ellen DeGeneres, "Just because we have decided to separate doesn't necessarily mean you take off your ring and you're no longer connected to that person."

What do you do with your wedding ring after you divorce?

Cupid's Advice:

What to do with your engagement ring really depends on how smooth the split was and if you are still on good terms with your ex after calling it quits. Cupid has some tips:

- 1. Pawn it:** In the case of an ugly divorce, you'll probably never want to see your ring again, so you might as well get some money for it at your local pawn shop or jewelry store.
- 2. Give it to your kids:** After a divorce, your wedding ring

might not mean much to you, but it might mean something to your children.

3. Bury it: Yes, they actually do make coffins for wedding rings. A divorce is similar to a death, and burying the ring just may give you the closure you need to move on with the next chapter in your life.

Is it ever acceptable to continue wearing your wedding ring after a divorce? Share your thoughts below.

Bobby Brown Rushes to Be with Daughter After Whitney Houston's Death





Bobby Brown dropped everything to be by his daughter's side after Whitney Houston's death. Brown, Whitney Houston's ex-husband, canceled a Nashville concert and instead visited his daughter Bobbi Kristina, 18, upon her release from Cedars Sinai Medical Center, reports [People](#). When asked why Brown chose to fly to L.A., his agent said, "[Brown's] love for his daughter and his daughter being in the hospital. He wants to go be with his daughter." Bobbi Kristina was hospitalized after "having a complete breakdown" Saturday night. She has since been cleared medically and released.

How do you help your children cope with a parent's death?

Cupid's Advice:

Though a loved one's death is hard on everyone, the situation is especially tough for a child. Here are a few ways to help your children cope with a parent's death:

1. Explain death: Understanding death is difficult at a young age. If your children are very young, you must find a way to explain it in terms they will understand. This is also a time to share some of your religious beliefs with your child.

2. Mourn the loss: Don't try to put up a strong front for your children. Grief is more easily overcome when you are able to openly talk about it. Start the healing process by mourning with your children.

3. Ask for help: Don't be afraid to ask for outside help. If coping with your loss while supporting your children is too big of a burden, hire a counselor. Professional help may enable progress when you are unable.

Have you and your children ever had to deal with the death of a loved one? Feel free to leave a comment below.

**Bobby Brown is 'Deeply
Saddened' by Whitney
Houston's Death**





Whitney Houston's ex-husband, Bobby Brown, has finally spoken out about the late singer's tragic death. According to *People*, Brown released a statement saying, "I am deeply saddened at the passing of my ex-wife, Whitney Houston." He also asked for privacy during this difficult time, especially for daughter, Bobbi Kristina. On top of that, he thanked everyone for their heartfelt condolences. Houston's ex was said to have been devastated by her loss when the diva was found dead in a Beverly Hills hotel. After hearing of her death, a tearful Brown proclaimed, "I love you Whitney" while performing with his band, New Edition, in Mississippi.

What are some ways to cope with a partner's passing?

Cupid's Advice:

Aside from the loss of a parent, dealing with a partner or even an ex-partner's passing is one of the hardest things to go through. Here are some ways to cope:

1. Take time to grieve: After the initial shock of losing a partner, it's okay to take a break for a while to deal with your loss.

2. Surround yourself with positive influences: True friends will also be there when you need them to be. Keep them close during this difficult time.

3. Honor their memory: Keep something to remember your late partner by, and share stories of all the great times you had together.

What other ways can you deal with the death of a lover? Share your thoughts below.

Did Katy Perry Sing About Russell Brand at the Grammy Awards?





Newly single Katy Perry may be using her music as an outlet for her divorce with Russell Brand. A nominee for record of the year, Perry performed at the Grammy Awards. She came out with “E.T.” and then followed it up with her new song titled “Part of Me.” According to [People](#), with lyrics like, “You can keep everything.” It sure sounds like the singer was making a reference to Brand.

How can music help you recover after a tough breakup?

Cupid’s Advice:

Sometimes it can be difficult to find ways to get over your ex. Cupid shares some advice about using music as an aid to recovery:

1. Sad love songs: It’s cliché, but true. Listening to sad music can give you the perfect opportunity to cry and let it out, instead of holding it all in. It’s a better outlet than venting too much to those outside the relationship.

2. Embrace the music: Taking up a new habit, such as learning a new instrument or joining a singing group can be a good

outlet. It gives you the ability to concentrate on happier moments and forget the lack of compatibility with your ex.

3. Write it out: You don't have to be a superstar like Katy Perry to embrace the heartache, and write a song about your ex. It might not hit the charts, but it'll do the trick.

What are some ways you've used music to get over a break up? Let us know in a comment below.

Katy Perry and Russell Brand Reach Divorce Settlement



According to a filing that took place on Tuesday in the Los

Angeles Superior Court, Katy Perry and Russell Brand have come to a “comprehensive written settlement of all issues.” A source tells [People](#) that Brand is not seeking cash from his higher-earning ex. Having not signed a prenuptial agreement, Brand would have been entitled to half of what Perry earned during the marriage. Since the ex couple have no children, the only issue was the distribution of property, which they will settling out of court. Seeing that Perry signed the papers with her usual happy autograph that included a smiley face in her last name, she must have been happy with the settlement.

How do you keep the courts out of your divorce agreement?

Cupid’s Advice:

If you conduct yourself well during a divorce and are able to respect and compromise with your ex partner, you can easily settle your divorce out of court. Here are some actions to consider when you want to keep your divorce out of court:

- 1. Don’t try to take it all:** Remember that your are spitting your assets. Once you go around trying to have your cake and eat it too, you might need to take your divorce to court.
- 2. Don’t gossip:** Emotions run high during a divorce. Engaging in gossip can only make it worse.
- 3. Stand your ground:** If there’s something you really want to hold onto such as a piece of property, let your partner know from being beginning.

Do you think you would be able to settle a divorce out of court? Share your thoughts below.

Rumor: Is Adam Levine and Anne V's Relationship On the Rocks?



If the reported relationship woes are true, then Adam Levine will have to find someone else to serenade. UsMagazine.com reports that the Maroon 5 frontman and Victoria's Secret model Anne V's relationship may be over after two years. A source says that the duo got into a fight, and she dumped him. The source also said that the reason behind the arguing is that V doesn't think "he treats her well." To add to that case, Levine did not have his date with her at the Golden Globes. Despite this, Levine's rep struck down the rumor as "100 percent not true."

What do you do if your partner doesn't treat you well?

Cupid's Advice:

Nobody should be with someone who treats them unfairly. Cupid has a few tips on what to do if you feel this way:

1. Have a 'sit down': You and your partner need to be able to sit down and talk your issues out. The only way to see the relationship work is if you can talk everything out without being over emotional.

2. Stay calm: Blowing up is the last thing you want to do. You'll end up saying things you regret, and you can't take those things back. Remain calm and rational if at all possible.

3. Keep your distance: If all else fails, then walk away. This should be the last resort, but in the end you deserve to be happy and with someone who treats you well.

What did you do when your partner started treating you poorly? Share your experiences below.

Scarlett Johansson and Ryan Reynolds Sell their L.A. Home





Scarlett Johansson and Ryan Reynolds, two of Hollywood's brightest young stars, have put their former Los Angeles, CA, love nest on the market. Shortly after the couple's divorce, they took the next step in their separation and put their amazing 4bed/3bath up for sale. It will be hard for the former couple to say their goodbyes to the house's beautiful views of West Hollywood and the Pacific as well as their exclusive walled garden and outdoor bath. Their move can be a positive step towards closure in their relationship.

Kris Humphries Says He's in a 'Great Place' After Split from Kim Kardashian



After the world saw their marriage come together and fall apart, Kris Humphries said he's come to terms with his split from Kim Kardashian and is in a better place. The New Jersey Nets forward is focusing on his game on the court rather than the one off, averaging 13.2 points per game and 10.6 rebounds per game this season. "I'm not dating anyone right now. What do they say, my girlfriend is Spalding," he said in an interview with [Access Hollywood](#). "I always tell people basketball is like my therapy. Some people talk to psychologists, I just need to go play basketball; that's it." The Humphries-Kardashian marriage, which aired as a special on E!, lasted 72 days, ended with Kardashian filing for divorce on Oct. 31. Since then, Humphries said his family and religion have been essential to him moving forward. "I'm in a great place," he said.

What are some alternate forms of therapy after a breakup or divorce?

Cupid's Advice:

One can certainly learn a lot from Kris Humphries and his ability to cope with his divorce. Cupid has some pointers:

1. Get physical: Go to the gym and sweat it off. A good workout is one of the most effective ways to help you get your mind distracted and to relax.

2. Career moves: Hey, it worked for Humphries, who's playing his best basketball this season. Take the free time that you would spend with your partner, and put it into your work. You'll be busier, and a greater feeling of self-satisfaction will result.

3. Family: What is family for? Don't be too proud to lean on your family and close friends when a relationship ends. You'll no doubt feel less alone.

What are some other ways to cope after a split? Share your ideas below.

Sources Say Heidi Klum and Seal Have No Plans to Get Back Together





No serenade can change Heidi Klum's mind. Sources say that Klum does not wish to get back together with Seal, her husband of seven years, according to *HollyScoop*. Though Klum and Seal still wear their wedding rings, a source close to Klum says, "They have zero plans to get back together." Klum is reportedly miffed that Seal "won't shut up" about their separation.

How do you keep from falling back into an unhealthy relationship?

Cupid's Advice:

Though looking back on old relationships can be emotionally trying, it's important to stick to your decisions. Here are a few ways to avoid going back to an ex who's not right for you:

1. Remember your breakup: Though anger fades over time, the reasons behind your breakup are still present. Think back on the mistakes made in your previous relationship and hopefully those thoughts will deter you from reentering the relationship.

2. Stick with your friends: Spending time with friends—people with whom you have a healthy relationship—will help you realize just how imperfect your previous relationship was.

3. Look to the future: Instead of looking back at your relationship, try looking forward to future relationships. Be optimistic and hope for one that's better than the last one.

Have you been in an unhealthy relationship? Feel free to leave a comment below.

'The Bachelor' Contestant Jennifer Says Ben Should Run from Courtney





Although Jennifer Fritsch was eliminated during the rose ceremony last week by *The Bachelor's* Ben Flajnik, she isn't holding it against him. That said, she *is* rooting for all the final girls but one, and that's front-runner Courtney. Fritsch claims to no longer be bitter towards Flajnik for his surprising elimination, but says that Courtney is not the girl for him. She believes the skinny-dipping model is in it for her career, and she doubts that she even has feelings for Flajnik. In her opinion, Courtney is as bad of a person as she's portrayed to be on the show. In an interview with [People](#), Fritsch said she would advise *The Bachelor* to "run for the hills" when it comes to this contestant.

How do you know when to take your friend's relationship advice seriously?

Cupid's Advice:

Some people have been your friend your entire life, while others act as your friend when they need or want something.

Cupid has some tips to help you recognize a good friend without an ulterior motive:

1. Trust: Relationships provide gossip for everyone, so make sure that you're not spilling your love life problems for everyone to hear, and only take advice from friends who are close to you and know more about your relationship.

2. Motive: If a person whom always seemed to be in love with your partner buddies up with you the minute they hear you're having issues, be skeptical. If they think the best way to resolve your problems is to break up, they may try to snatch up your potential ex when they're vulnerable.

3. History: The best person to take advice from is someone who knows your relationship history. Just because they may tell you something you don't want to hear doesn't mean they're trying to sabotage you. It probably just means they care enough to point out the obvious when you're too blinded to see it.

Who's dating advice have you found the most helpful? Share your comments below.

Amanda Seyfried Discusses Remaining Friends With Her Ex





Amanda Seyfried covers the March 2012 [Glamour](#) Magazine and is uncensored when it comes to dishing on her personal life. The actress, who may star as porn actress Linda Lovelace in the upcoming biopic *Lovelace*, admits that the next guy she commits to may be the one she decides to have kids with, and if not, there's always her ex-boyfriend British actor, Dominic Cooper. "My God, yeah. He was my last real boyfriend. We still joke about having kids, like, 'If it doesn't work out with other people, we might as well just have a child.' And there's a part of that that feels...possible."

What are the advantages to staying friends with your ex?

Cupid's Advice:

Who says you can't be friends after a breakup? Some people may think it's best to forget about your ex, but here are a few benefits to staying on good terms with your old flame:

- 1. Friends with benefits:** Everyone has their wants, but you can't get them from everywhere. Depending on the terms of the split, it may be convenient for you to get what you want from your ex while looking for something new. Be careful not to

get confused in the process.

2. Don't burn bridges: If your relationship ended on good terms, try to keep it that way. You never know who you may need in the future to talk to when you could use a quick "cheer-me-up."

3. Patch it up: Maybe your breakup didn't end so well. But, reaching out to your ex may be just what you need to help you move on. Most of the time, when you receive closure from a past relationship, it makes it a lot easier to be cool with your former love.

Are you still friends with you ex? Share your comments below.

Angelina Jolie, Stacy Keibler and Their Beaus Have Awkward Run-In





Is there some tension brewing between Angelina Jolie and Stacy Keibler? According to UsMagazine.com, the two ladies awkwardly ran into each other while accompanying their nominated men recently. Jolie's longtime lover Brad Pitt and Keibler's boyfriend of six months, George Clooney saw each other at the Screen Actors Guild Awards last weekend. Keibler was reportedly fixated on Pitt when the two couples caught up with each other and even posed for what seemed to be an awkward group shot while walking the red carpet. This isn't the first time Jolie and Keibler have had a weird moment when bumping into each other. A few weeks ago, the skies weren't so friendly when Jolie and Keibler both hopped on the same private plane with their men while heading to the Palm Springs International Film Festival.

What do you do if you don't get along with your beau's best friend's girlfriend?

Cupid's Advice:

Sure, you won't get along with everyone you meet, but when it comes to your boyfriend and his close friends, getting along

with them can be a big deal. Here are a few tips to help get you through any awkward moments while dealing with your potential “frenemy”:

1. Girl talk: Next time your sweetie’s best friend and his girlfriend visit, invite her to go with you to the store or mall so you can talk to her about the issue and hopefully straighten everything out.

2. Be the bigger person: Even if she’s being rude when you are around each other, smile and be kind anyway. Treating her in a polite way may cause her to treat you the same ... eventually.

3. Avoid the situation: If you’ve exhausted all of your options while trying to make peace with your beau’s best friend’s girlfriend and you two still can’t patch it up, then it’s probably best to leave her alone and only speak if necessary.

How did you handle not getting along with your partner’s best friend? Share your experiences below.

Demi Moore Is Embarrassed by Post-Split Breakdown





After living in the spotlight for more than three decades, Demi Moore has lost her cool. According to [People](#), after her November split from husband Ashton Kutcher, the actress slowly worked up to a full-fledged breakdown.

Although it's not clear whether this was caused by her divorce or not, Moore has been seeking treatment since Jan. 23 after being whisked away in an ambulance for what some are now reporting as a seizure. A source says, "Ego-wise, this is the worst thing that could happen to Demi, because she's such a private person. She's embarrassed." Moore has been studying Kabbalah, a form of Jewish mysticism, which instructs that adversity can prove beneficial to her healing process. Moore's troubles "can be an opportunity, a blessing and not a curse. The right intervention happened in her life. From a spiritual sense, it's a gift. She had a real opportunity to grow from it. She has to take responsibility for her life," said the source.

What do you do if your ex is having a hard time with your breakup?

Cupid's Advice:

Breaking up is hard enough, but what are you supposed to do when you get the better half of it and move on before your ex can? Here are some tips:

1. Be respectful: When you know your ex is struggling to overcome the breakup, don't make things more difficult on their end. Try to stay out of their way, even if that means changing your regular coffee routine so you don't have to make small talk at the counter. Keep in mind that you cared about your ex at one point.

2. Don't make new relationships overly public: We know you're thrilled about the new guy you met and how funny he is, but spreading it all over Facebook is just going to hurt your ex more than you already have. Hiding your relationship is not necessary, but keep the bragging to a minimum.

3. Offer condolences: If you know that your ex is really hurt and you're at fault, offer an apology. It is most likely clear you won't be getting married in the fall, but saying you're sorry for the hurtful things you may have done or said will help the healing process.

What did you do when your ex had a hard time with your breakup? Share your stories below.

**Sources Say Emma Roberts
'Iced Out' Chord Overstreet
Pre-Breakup**



It seems as if the breakup between Emma Roberts and Chord Overstreet could have easily been predicted. Roberts was constantly leaving Overstreet out of her plans, sources say. *Glee*'s Overstreet, 22, was left out of Roberts' "girl's night" New Year's plans, and she also reportedly ignored his texts the night of the Golden Globes after-party, which ended in drama and tears. According to UsMagazine.com, Overstreet was overheard saying, "Emma does this all the time when she doesn't want to see me." Although her reps claim that he was too controlling for the young star's busy career life, the relationship had hit a dead end.

What are some ways to show someone you're no longer interested?

Cupid's Advice:

There are times we find ourselves no longer interested in the

person we're in a relationship with, but don't know how to tell them. Here are some tips:

1. Put off hanging out with them: If you keep coming up with an excuse every time they ask you to do something, they'll eventually get the hint.

2. Show your independence: If you continue to make plans, without inviting him/her, they'll realize that you'd rather be independent than tied down.

3. Talk to them, as a friend: If you continue pretending you want to be with them and talk to them as if you're a happy couple, you won't get anywhere. Put them back in the friend zone. It shows you still care about them, but just as a friend.

How did you show your now-ex you were no longer interested? Share your stories below.

Avril Lavigne and Brody Jenner Spend Time Together After Split





Sometimes it's hard to move on after a [breakup](#). Such is the case with Brody Jenner and [Avril Lavigne](#) who were seen hanging out together not even a month after their split. Often it can be hard for young couples to balance a career and a [relationship](#). Jenner and Lavigne split amicably after two years due to busy schedules, but according to [Usmagazine.com](#), "They still love each other and could get back together, but for now, he [Jenner] needed a break."

Is hanging out after a breakup advisable?

Cupid's Advice:

Sometimes it can be difficult to stop hanging out with someone after you've gone your separate ways. That said, is it a good idea to keep hanging out after the big split? Cupid has some advice:

1. Time: Sometimes it depends on how long you and your partner had been together before the breakup. If you had a lengthy relationship, it may be too difficult to avoid the old habits of the relationship, and you may need some [separation](#) before hanging out as friends.

2. How friendly: With some relationships, after the [split](#) all you can expect of each other is to remain civil. If you are expecting the relationship to be nearly identical to before the breakup, then you may be in for a rude awakening.

3. Ready to move on: You may only want to remain friends because you're hoping for a reunion of sorts. According to sources, many expect Jenner and Lavigne to get back together, which may make their hanging out [post-split](#) easier to manage.

Have you hung out with an ex after a break up? Share your experiences below.

Katy Perry Moves On Post-Split in Las Vegas





A night on the town with some close friends can really help get over a breakup, and that looks to be the case for Katy Perry. According to [E! Online](#), the pop star was spotted in Las Vegas this past weekend supporting her best friend, jewelry designer Markus Molinari. It remained a quiet evening for the singer as she supported a fundraiser and spent some quality time with close friends. Despite the general romantic buzz of Sin City, it's certainly an opportunity for Perry to begin to move on from her recent split with Russell Brand.

Where are some great vacation spots to visit after a breakup?

Cupid's Advice:

Oftentimes after a breakup, the best way to move on can be to find some time to relax on your own or with good friends.

Cupid shares some post-split vacation spots:

1. Atlantic City: Share a hotel with some friends for the weekend, and gamble the night away. If gambling isn't your thing, the boardwalk is filled with tasty food and fun shopping. Either way, it'll be sure to take your mind off of your ex and help you enjoy being single.

2. Fantasy island: Ever dreamed of that one vacation you've always wanted to go on? Well, make it a reality by finding cheap flights and using up some of those vacation days at work. What better way to get over someone than by not having to show up to work for a few days?

3. Get active: It's easy to stay holed up inside after a break up. Instead, go somewhere and get moving. Check out the slopes for some skiing or hiking.

What are your dream vacations after a break up? Share your ideas below.

David Arquette Guest Stars on Courteney Cox's 'Cougar Town'





Courteney Cox and David Arquette will once again be sharing screen time. Arquette will guest star as a hotel concierge in the season 3 finale of Cox's sitcom *Cougar Town*, reports *People*. Though the two separated in October of 2010 after 11 years of marriage, Cox said last month, "He's my favorite person in the world. No matter what happens in our future, he's my very best friend."

Is it OK to work with your partner after a split?

Cupid's Advice:

Though most individuals prefer distance after a breakup, it is possible to work with your former partner again. Here are a few things to consider before working with your ex:

1. Time: Make sure to take some time before reconnecting with your ex. Work together only after the two of you have had time to heal and move on with your love lives.

2. Your ex: Though your feelings may have passed, the same may not be true for your ex. Make sure that your former partner has moved on before working together. Working with unresolved

tension will not be productive.

3. Your reasons: Before you work with your ex, you should be sure that you have pure intentions. Don't work with your ex if you feel guilty about the breakup or your ex's current situation. Make sure your top priorities are work-related.

Have you ever worked with an ex? Feel free to leave a comment below.

Sources Say Aspen Was the Last Straw for Heidi Klum and Seal





Heidi Klum and Seal's family vacation to Aspen over the holidays appeared to be about fun, love and skiing. However, sources told [People](#) that the trip to a Colorado resort is where the now separated couple realized their marriage was over. "Aspen didn't go as well as planned ... there were more lows than highs," one source says. "Aspen was the final straw." The couple were often apart due to work commitments, but planned to enjoy quality time while on the trip. "When they came together for Christmas as a family, things had changed and they fought a lot," another source says. "Their Aspen trip was a bit of a mess. Instead of enjoying being back together as a family, it was difficult for them to get along." During their vacation, Klum reached the point where she was "done with arguing" and thought it would be best to separate before their arguing affected their kids.

How do you know when your relationship is over?

Cupid's Advice:

Ending your relationship is definitely not easy, especially when there are kids involved. But, when you and your mate can

no longer seem to make things work, it may be the best thing to do:

1. You're always arguing: No relationship is perfect, but when you can never have a moment of peace with each other and can never seem to stop arguing or make it right, it's time to pack your bags.

2. You'd rather be away from your lover: There are times that you will need your space in a relationship to sort some things out, but if it gets to the point that while you're away you don't miss your partner at all, then you need to leave.

3. Body language starts to change: If your mate no longer makes eye contact with you during conversation, that can be a troubling sign. Also, if they're no longer in the mood or seem uninterested in having sex, that may be a clear indicator that they want to avoid having an emotional connection with you.

**What are some other ways to know when a relationship is over?
Share your comments below.**

'X-Factor' Judge Simon Cowell Breaks Off 2-Year Engagement





At one point, he called her “the one,” and now *X-Factor* judge Simon Cowell has recently ended his two year relationship with his makeup artist fiancée Mezhgan Hussainy, according to [E! Online](#). “I have been pretty good about not talking about my private stuff, but I got caught up in the moment,” he said. “I don’t really know where I am at the moment, and that is why I don’t talk about it.” The British star, who was infamous for keeping his bachelor style of living private, announced his love in 2010, said he regrets his decision now, but he and Hussainy are still close.

What are some reasons to refrain from getting married?

Cupid’s Advice:

Marriage is a big commitment and needs to be carefully evaluated, because sometimes things don’t work out. Here are some reasons to refrain from tying the knot:

1. Timing: People can change from when you first get engaged to when you take the infamous walk down the aisle. If you notice you and your fiancée becoming distant, then it may be time to part ways.

2. Sparks fade: Sometimes you and your lover simply don't click anymore like you used to, and it could be caused by factors such as stress. As a couple, you should still feel a true spark even on your bad days.

3. Lost yourself: Like Simon Cowell, sometimes you lose who you are and where you want to be in a relationship. It can be difficult to be married to someone when you don't love yourself.

What are some other reasons not to get married? Share your ideas below.

Kim Kardashian Lashes Out Against Those Calling Her Marriage A Business Decision





Nearly three months after filing for divorce from her husband of 72 days, Kim Kardashian appeared alongside Kelly Ripa on Monday morning to co-host *LIVE! With Kelly*. She used the opportunity to speak out against the rumors that are stating her marriage to NBA player, Kris Humphries, was a business deal. “Being a hopeless romantic, I wanted to believe in something so badly,” Kardashian said. “If you really think about it, if [the marriage] was a business decision, and I really made all that money that everyone was claiming that we made off this wedding, and if the wedding was fake and just for TV ... I’m a smart business woman. I would have stayed married longer,” she explained to Ripa. “I really didn’t think following my heart would create this much backlash.”

How do you fend off rumors about your relationship after a breakup?

Cupid’s Advice:

Sometimes relationships don’t work out as expected, and when it comes to an end, people will have their opinions as to

what happened and rumors will begin. Here are a few tips on how to combat rumors:

- 1. Address the situation:** Always try to be the first one to confirm the breakup, and while you don't have to get into detail, explain why the relationship didn't work out.
- 2. Take a breather:** Rumors can be stressful, so try to avoid being in the spotlight for a while. Take time to relax, and get some much needed "me" time or have a spa day or mini vacation with your girls.
- 3. Move on:** Sometimes, after you've already spoken about your relationship, people are still going to believe what they want to believe, and you won't be able to change that. When this happens, it's always best to hold your head up, turn the other cheek and keep moving along.

How do you defend yourself from rumors? Share your comments below.

Seal Says He's Grieving and Shocked Post-Split with Heidi Klum





Similar to our own shock over the news, Seal is upset and grieving over his breakup and impending divorce from model Heidi Klum. That said, according to [People](#), he remains amicable saying that his love and respect for Klum hasn't changed. Seal also claims that this will help "make it easier to make that transition," and that the children are the "first priority." For Seal, it's important to acknowledge that he isn't that only one who has gone through a painful split like this. He adds, "It is just unfortunately a chapter of life."

What are some ways to mourn after a split?

Cupid's Advice:

Sometimes it can be hard to get over a difficult breakup or split. Cupid shares some ways to mourn:

- 1. A specific end is helpful:** Being able to look back at the relationship and acknowledge when it was really over can help you to move on. It allows you to adjust to the breakup or divorce more easily.
- 2. Accept some responsibility:** Being able to realize what went

wrong in the relationship can be very therapeutic. It's important to be able to realize that this divorce is not really a rejection of you personally; it's just a combination of two people that didn't work out.

3. Cut off communication: Completely shutting down communication lines can be hard when you have children like Heidi Klum and Seal, but to be able to truly mourn and get over a split, you have to take some time for yourself.

What are some ways you've gotten over a relationship? Let us know in a comment below.

Heidi Klum and Seal Confirm Separation





After almost seven years of marriage and four children, Heidi Klum and Seal are calling it quits. The *Project Runway* host and Grammy winner began dating in 2003, and became engaged in December of 2004. As of January 2012, however, the supermodel is rumored to be filing for divorce from the singer claiming “irreconcilable differences,” according to [People](#). In a statement, Klum said, “While we have enjoyed seven very loving, loyal and happy years of marriage, after much soul-searching we have decided to separate. We have had the deepest respect for one another throughout our relationship and continue to love each other very much, but we have grown apart. This is an amicable process and protecting the well-being of our children remains our top priority, especially during this time of transition. We thank our family, friends, and fans for their kind words of support. And for our children’s sake, we appreciate you respecting our privacy.”

How do you keep a split amicable when there are children involved?

Cupid’s Advice:

Breaking up is difficult as it is, but when you bring children into the picture, it's even more taxing. Here are some ways to keep your split amicable for the sake of your kids:

1. Be fair: Although you and your ex-husband may be upset with one another due to a divorce, remember that they most likely love your children as much as you do. You also have to remember that the children deserve and love both parents as well, so be fair to your ex and the kids.

2. Win-win outlook: You need to discuss and plan together with a positive attitude instead of an *I win, you lose* motive. The split is going to be hard on both you and your kids, so don't make it worse for the kids by using them as leverage.

3. Pay attention: Your feelings aren't the only ones involved. Don't be selfish, and sit down as a family to discuss the situation. Let everyone take a turn talking about how they feel and what they want, and then later make the executive decisions with your ex. Your children will appreciate being involved in the choices you're making for them.

What are some other ways to keep a break-up amicable? Share your thoughts below.