

# Celebrity Break-Up: 'Bachelor in Paradise' Couple Kendall Long & Joe Amabile Split



By Ellie Rice

In the latest [celebrity news](#), *Bachelor in Paradise*'s beloved Grocery Store Joe Amabile and Kendall Long have split. The pair released a lengthy statement citing distance as the reason behind the breakup. According to *UsMagazine.com*, the decision was mutual as they both still hold a lot of love for each other. It's sad to see a fan favorite couple turn into [celebrity exes](#), but we hope they find love and happiness on their own journeys!

# In celebrity break-up news, this *BIP* couple is no more. What are some ways to know your relationship is over and can't be fixed?

## Cupid's Advice:

Acknowledging that your relationship is over can be difficult, but moving on to something healthier and happier is worth it. Cupid has some advice for you on when to know when its really over:

**1. Your mental health is suffering:** If you aren't feeling like yourself anymore, and the relationship is the root cause, it's time to move on. Letting your mental health suffer for the sake of another person isn't healthy or positive. Love the life you live, with confidence and strength!

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**2. The spark is gone:** When your relationship feels more like a friendship, then maybe it's become just that. Relationships evolve over time, sometimes deepening that initial romantic connection and other times shifting into a platonic partnership of comfortability. Recognize this shift and have an honest conversation with your partner. It's not fair to either of you, staying in a romantic relationship that you aren't 100% invested in.

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**3. The cons outweighs the pros:** If you feel like you're fighting about minor or meaningless issues and everything has become a challenge, it's time to analyze your relationship.

When you're both unhappy, it can lead to small things becoming big things. Once the bad times start to overpower the good, it's time to go.

What are some healthy ways to move on from a partner? Start a conversation in the comments below!

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## **Celebrity Exes: 'Bachelor' Peter Weber Was 'Just as Frustrated' As Other Women After Hannah B.'s Return**





By Ellie Rice

In the latest [celebrity news](#), *The Bachelor* star Peter Weber is giving love another shot! As the 24th season of the beloved franchise takes flight, viewers are introduced to an array of gorgeous women all vying for Weber's heart. But it wouldn't be the wildly entertaining show that it is without a little controversy, especially from Weber's [celebrity ex](#) and reality star herself, Hannah Brown. According to *UsMagazine.com*, her emotional reappearance this season has left *The Bachelor* feeling frustrated and confused.

**These celebrity exes didn't exactly have an idyllic reunion on *The Bachelor* recently. What are some factors to consider before getting back together with an ex?**

**Cupid's Advice:**

Getting back together with an ex is a tough decision to make, and you want to make sure you're doing it for the right reasons. Cupid has some factors to consider:

**1. Remember why it ended in the first place:** Look back at your relationship and think about what went wrong and if those problems can be fixed. Starting from the beginning will allow you to analyze the pros and cons for the future. If the issues that plagued your relationship are hard to come back from, think about whether a second chance is really worth it.

**Related Link:** [Celebrity Exes: Anna Faris & Kat Von D Bond Over Cheating Exes](#)

**2. Ask yourself the big questions:** Has this person really changed? And if they haven't, am I prepared to deal with that? Reconciliation can be a positive and wonderful thing, but not at the expense of your mental health. If they aren't ready to commit to you in a way that illustrates growth and understanding, then maybe they aren't the person for you.

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**3. Take charge:** Have a genuine and honest conversation with this person about what you are looking for in this relationship and respectfully allow them to do the same. Acknowledge each other's feelings and desires transparently and realistically. If the two of you aren't on the same page, then maybe it's time to move forward.

**What are some tips you have for reconciling with an ex? Start a conversation in the comments below!**

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# Celebrity News: Kylie Jenner & Travis Scott Will Spend Christmas Together for Daughter Stormi



By [Hope Ankney](#)

In the latest [celebrity news](#), it seems that Kylie Jenner and Travis Scott will be spreading the holiday cheer together with daughter, Stormi. According to *EOnline.com*, the [celebrity exes](#) will be spending Christmas as a family to make it as wonderful as possible for Stormi. He will be at family gatherings and other outings with Kylie and his daughter in the upcoming week. They're both excited to share this experience with Stormi, together.

# In celebrity news, Kylie and Travis will spend the holidays together despite not being together. What are some important ways to be the best co-parents you can be?

## Cupid's Advice:

Co-parenting isn't always the easiest job, especially when it comes to being at odds with your ex. But, it doesn't have to hinder your child's experience with both of you! If you're having a difficult time figuring out how to be a family together, don't worry! Cupid has some [parenting advice](#) to make sure you're being the best co-parent you can be:

**1. Find a healthy way to communicate:** Co-parenting is hard enough as it is. You don't want to make it even harder by not having a sense of communication with one another. Meet in the middle with your ex, and find a way for both of you to communicate so you can come together for your children and give them the best memories possible.

**Related Link:** [Celebrity News: Source Says Kylie Jenner Left Travis Scott Over Lifestyle Differences](#)

**2. Set boundaries:** Make sure that you both have a deep understanding of which boundaries not to cross with one another. An easy way to fix any potential blow-ups is to know what's a touchy subject for your ex. This allows you both to exist in the same space without wondering if one of you is going to cross the line about a certain topic.

**Related Link:** [Celebrity Parents: Kendall Jenner Jokes on Social Media About Starting a Family](#)

**3. Put your child first:** The most important aspect of co-

parenting is to always do what's in the best interest of your child. It isn't about you as exes. It's about making sure that your kid has the best experience they can with each of you as a family. If you can't come together for the well-being of your child, then it will be a very difficult journey being co-parents together, and the outcome of that could affect them in the long run.

**What are some of your most helpful co-parenting tips? Let us know below!**

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## **Celebrity Exes: Anna Faris & Kat Von D Bond Over Cheating Exes**







By [Meghan Khameraj](#)

In [celebrity news](#), Anna Faris and Kat Von D opened up about their unfaithful exes. Faris and Von D bonded over similar [celebrity relationship](#) woes, including self-doubt when in an unfaithful relationship. According to *UsMagazine.com*, Von D revealed that one of her exes allegedly slept with 18 people during the course of their relationship. She said, "I think I was in denial a little bit. I wanted this to be real and it wasn't. I used to be a hopeless romantic." Faris, who was previously in a celebrity relationship with *Avengers* star Chris Pratt, opened up about her own experience, but did not reveal if Pratt was the man she was speaking about. The two women also spoke about the negative stigma surrounding women who are emotional. Faris stated, "Not to be too gender-specific, I do think as women we're sort of taught to suppress fear or suspicion, because we might be deemed as suspicious or neurotic or crazy."

# These two women have cheating celebrity exes in common. What are some telltale signs that your partner may be cheating on you?

## Cupid's Advice:

Anna Faris and Kat Von D opened up about their past celebrity relationship failures due to partner infidelity. If you're unsure if you're in the same boat as Faris and Von D, Cupid has some [relationship advice](#) to help you notice some telltale signs of unfaithfulness:

**1. They spend more time on their phone:** While increased phone usage can be benign, it's worth putting your guard up if you notice your partner has been spending an excessive amount of time on their phone. It is more so suspect if they will not allow you to see what they're doing on their phone.

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**2. They are more secretive:** This is probably the most obvious sign that something is awry in the relationship. Couples shouldn't keep secrets from each other. If you see your partner hiding their phone when you walk into the room or spending more time outside of the house without letting you know where they are going, that might be a hint that they are up to no good.

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**3. An overall change in behavior:** If your partner's mood and behavior have done a complete 180, there must be a reason for it. Before jumping to conclusions, analyze if there is

anything else that could be causing the behavioral change such as stress at work. However, if there is no plausible reason then it is time to sit down with your significant other and figure out what is going on.

**What are some other telltale signs of infidelity? Let us know in the comments below!**

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## **Celebrity Parents: Garth Brooks Gets Real About Raising Daughters After Split from Ex-Wife**





By [Meghan Khameraj](#)

In [celebrity news](#), country singer Garth Brooks opened up about raising his three daughters after ending his [celebrity relationship](#) with his now ex-wife. According to *UsMagazine.com*, Brooks was grateful to have the help of his best friend and partner, Trisha Yearwood. With the help of each other, the three parents worked together to raise the three girls. Brooks stated, "Never ever did one of those kids take the field where at least one parent wasn't in the stands...I love music to death, really do. But there's nothing like loving your babies."

**In celebrity parenting news, Garth Brooks had to create a whole new life after the split from his ex-wife. What are some ways to divvy**

# up parenting duties with your ex?

## Cupid's Advice:

[Famous couple](#) Garth Brooks and Sandy Mahl ended their celebrity relationship in 2000. However, that did not hinder them from working together, alongside Brooks' new girlfriend and then wife, Trisha Yearwood, to raise their three daughters. Cupid has some relationship advice to help you divvy up parenting duties with your ex:

**1. Create a schedule:** The simplest way to divvy up responsibilities is to create a schedule. Sit down with your ex and discuss who will do each duty, including spending quality time with the kids. To avoid any possible fights, stick to the schedule as closely as possible.

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**2. Attend events together:** This method is best for the children. There are few things worse than seeing your parents apart, ease your child's pain by attending important events such as sporting games or performances together to show that despite the split you both support your child.

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**3. Be understanding:** Sometimes things happen. Maybe your ex couldn't make it to an event or maybe they needed to change the schedule. As long as this isn't a reoccurring habit, there is no need to stir up any drama. Try to understand the position your ex is in to avoid any fights.

**What are some other ways to divvy up parental responsibilities? Let us know in the comments below!**

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# Celebrity Exes: Britney Spears & Kevin Federline 'Don't Have Much of a Relationship'



By [Ahjané Forbes](#)

In [celebrity news](#), these [celebrity exes](#) don't have much of a relationship with each other. Instead, [Britney Spears](#) and ex husband Kevin Federline have a cordial relationship with each other. The two plan to focus on their [celebrity kids](#) Preston, 14 and Jayden, 13. According to *UsMagazine.com*, a source said,

“Britney does not have much of a relationship with Kevin other than everyday co-parenting stuff.”

## **These celebrity exes are definitely not close, though they share two kids. What are some ways to keep things civil with your ex when children are involved?**

### **Cupid’s Advice:**

A change in your family situation is not always easy to navigate. What you call “home” has now been broken. This can create tension between both individuals and creates stress in the family unit. Cupid has some advice on how to keep a solid co-parenting relationship with your ex:

**1. Don’t dwell on the past:** When you break up with your partner, it often leads to digging up details about what happened throughout your relationship. For the sake of your kids, try to avoid negativity while speaking about your ex-partner. This will not happen overnight. However, it is important that you show respect toward the person you are co-parenting with, because this will show your children and that both of you are mature adults.

**Related Link:** [Parenting Advice: Collaborative Parenting](#)

**2. Try not to invade their personal lives:** If your ex-partner starts dating again, avoid intervening or saying something about it. It is not your place. You too have agreed to complete a job together regarding your children. You don’t have to be happy that they are moving on, but you must respect them.

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## [Co-Parenting Tips!](#)

**3. Be friendly, but not too friendly:** You both have agreed to end the relationship. Therefore, there is no longer a sense of entitlement. Both parties are responsible for their respective activities with the kids. You don't need to get into deep conversations or details about your social life outside of the kids. One or both parties might still be hurt from the break-up. You will need to get into the right mindset to be able to be cordial with with your ex-partner.

**How did you handle co-parenting with an ex partner? Share experiences in the comments below!**

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# **Celebrity News: Tristan Thompson 'Isn't Giving Up' On a Future with Khloe Kardashian**







By [Meghan Khameraj](#)

In [celebrity news](#), Tristan Thompson is still holding out hope for a relationship with [Khloe Kardashian](#). A source for *EOnline.com* revealed that “Tristan is always trying to win Khloe back.” Thompson has tried to win Khloe back by buying her gifts and complimenting her. However, “She’s in a great place in her life where she’s focused on True and co-parenting with Tristan. She’s not interested in giving him another chance.” The former [famous couple](#) share a daughter, True Thompson. The [celebrity relationship](#) came to an end a few months ago, in part due to cheating allegations.

**In celebrity news, Tristan Thompson still has hope for a relationship with his ex Khloe Kardashian. What are some factors to consider before**

# getting back together with an ex?

## Cupid's Advice:

Tristan Thompson is desperately trying to win back his ex-girlfriend, Khloe Kardashian. While it might seem like the perfect idea to get back with an ex, Cupid has some [relationship advice](#) on which factors to consider before you jump back into the relationship:

**1. Is it mutual?:** [Taylor Swift](#) sang, "We are never ever getting back together...like ever," and she meant it. You don't want to come across as a crazy ex, so make sure your ex is comfortable with pursuing the relationship again. If not, then it is time to move on to something healthier.

**Related Link:** [New Celebrity Couple? 'Bachelorette' Hannah Brown Hits the CMA Awards Red Carpet with 'DWTS' Partner Alan Bersten](#)

**2. Were you happy?:** Sure, every relationship has its ups and downs, but ask yourself if you were truly happy in the relationship or if you're clinging onto a few happy moments. Your happiness should be put first and foremost when it comes to a decision like getting back into a previous relationship. Make sure this is something you truly want.

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**3. What has changed?:** Your relationship ended for a reason. Whether it was distance or trust issues, you should take a step back and figure out if the problems that caused your relationship to end are fixed. If nothing has really changed, then you're setting yourself up for another heartbreak. Take time to either fix the issues that pulled you and your partner apart in the first place, or move on.

Would you get back with an ex? Let us know in the comments below!

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# Celebrity News: Angelina Jolie Has Been On a 'Few Dates' Amid Divorce from Brad Pitt



By [Ahjané Forbes](#)

In [celebrity news](#), [Angelina Jolie](#) is moving on from [celebrity](#)

[ex-husband Brad Pitt](#). According to a *UsMagazine.com*, the actress “has been on a few dates,” a source said. Jolie does want to find romance, however, the *Maleficent* star is not looking for a [celebrity marriage](#). The mother of six has reached a custody agreement with Pitt and admits that marriage is something that she did not want to do. She is focused on her job, children, and finalizing her divorce.

## **In celebrity news, Angelina Jolie is moving on amid her divorce from Brad Pitt. What are some first steps you can take to move on after your marriage ends in divorce?**

### **Cupid’s Advice:**

Ending a marriage can be hard, especially when there are children involved. The separation might be a good thing for both parties, but it can be emotionally draining. There’s not one right answer to how to handle yourself after the divorce. Cupid has steps you can take to move on immediately after a split:

**1. Take some time to heal:** Everyone handles a break-up differently, but we all can agree that we will miss the good times that we had with our partner once its over. It takes time to adjust to this new lifestyle. Don’t rush into a new relationship just because you want to get over your partner. Taking things slow will be better to handle the process.

**Related Link:** [Expert Dating Advice: How To Put Yourself Out There After A Break-Up](#)

**2. Ask for some space:** Having people constantly asking you about how your divorce is going will not make it any better.

Find a decent way to tell them that you are okay, and that you need your privacy at this time. This also can be used for family members. You might not be ready to tell everyone how you're really feeling. If you have children, spend more time with them. The younger ones will have a harder time understanding what is happening.

**Related Link:** [Celebrity Parents: Inside Kate Hudson's Co-Parenting with Exes Matt Bellamy & Chris Robinson](#)

**3. Find yourself again:** Sometimes when we're in a relationship for so long, we forget what it feels like to do things by ourselves. Try a new hobby like yoga, a cooking class, or spending more time with your friends. This will help you take your mind off of things. Schedule these dates regularly as needed. Putting yourself in a different environment will alleviate some of the stress.

**What are some steps you to overcome your divorce? Let us know when the commerce below!**

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## **Celebrity Break-Up: 'Big Brother' Stars Jack Matthews & Analyse Talavera Split**





By [Meghan Khameraj](#)

In [celebrity news](#), *Big Brother* stars Jack Matthews and Analyse Talavera announced the end of their whirlwind of a [celebrity relationship](#). The [famous couple](#) met this past summer during season 21 of *Big Brother*. Matthews announced via Instagram that they were taking a break stating, “I’m glad that we were able to be there for each other and we’ll always be friends and partners forever.” Talavera confirmed Matthews’ statement with her own Instagram post, saying, “...jack and I have both decided that it’s best we go our separate ways and remain great friends.” The couple mentioned long distance as being one of the core reasons for the split.

**In celebrity break-up news, this showmance has fizzled, and long-distance played a big part. What**

# are some ways to sustain a long-distance relationship?

## Cupid's Advice:

Jack Matthews and Analyse Talavera have called it quits on their relationship. The couple blamed the split on long-distance. However, Cupid has some [relationship advice](#) that will help you and your partner last through being apart:

**1. FaceTime:** Video chatting with your partner will help you feel less lonely if you two aren't together. Schedule times when you're both free to video chat with your significant other. It'll be the best way to maintain your relationship if you're not able to physically be together.

**Related Link:** [Celebrity News: Demi Moore Says She Was 'Addicted' to Ashton Kutcher](#)

**2. Focus on yourself:** It's totally normal to miss your partner if you can't see them, but you should have hobbies and jobs to keep yourself occupied instead of focusing your energy on being sad. Take time to do something you've always wanted!

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**3. Plan trips:** Even if it's just for a weekend, you and your significant other can go on a romantic getaway. It doesn't have to be anywhere extravagant or expensive as long as you two get to spend quality time together.

**How would you handle a long-distance relationship? Let us know in the comments below!**

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# Celebrity News: Demi Moore Says She Was 'Addicted' to Ashton Kutcher



By [Ahjané Forbes](#)

In [celebrity news](#), [Demi Moore](#) tells her story on Red Table Talk. She spoke about her relationship with [celebrity ex Ashton Kutcher](#), and her struggle to sobriety. The actress admits that she relapsed after 20 years of sobriety. The interview comes a month after the release of her new book *Inside Out*. According to *UsMagazine.com*, Kutcher told her once, "I don't know if alcoholism is a real thing – I think



it's all about moderation." Moore tells Jada Pickett-Smith and her daughters that, "I wanted to be that girl. The girl who could have a glass of wine at dinner, or do a tequila shot at a party. In my mind, Ashton wanted that, too." The actress also admits that losing her [celebrity baby](#) was her fault. Rumer, Moore's daughter, said that she felt like she had lost her mom while she was in the [celebrity relationship](#) with Kutcher. She felt as though she "wasn't good enough" for her mom.

## **In celebrity news, Demi Moore says she was addicted to Ashton, and it wasn't healthy. What are some ways addiction can affect your relationship?**

### **Cupid's Advice:**

Having an addiction can be very toxic in any form in your relationship. Whether it's a big or small addiction, it will have a negative affect. Drinking and smoking are the most common addictions, and they can tear your bond apart. However, there can be other addictions that have the same effects as a substance abuse. Cupid has some ways is to know if your addiction is affecting your relationship:

**1. Communication starts to become strained:** If you notice that your partner or your children do not want to communicate with you as often anymore, then you have to look into what you are doing differently than you used to. For example, if you are used to having family night and watching the football game together, and now no one has an interest in watching with you anymore, your addition could be the source of the problem. Ask your partner and your children why they're communicating with

you less. If they respond with, “I don’t like it when…” then your addiction is a serious problem.

**Related Link:** [Parenting Advice: Tips to Get Your Child Talking](#)

**2. Lots of interest in public events:** You would rather stay at home and drink a glass of wine or skip a family event to go and play poker. If this is the case, your addiction might be affecting your life. You’ll start to seclude yourself from people, including your family members, because you want to perform the action that everyone hates.

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**3. No effort in quitting:** When your family members and friends tell you that your addiction is very harmful to yourself and others, will you try to stop? If you have the “tunnel vision” mindset when it comes to your addiction, you’ll never be able to see the affect it has on everyone around you. Quitting will not be easy, but it is the effort that counts. If you seriously want to quit, then find a support group nearby that will help you through the process.

**How can you tell if your addiction is affecting your relationships? Let us know in the comments below!**

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**Celebrity Break-Up: David Eason Speaks Out After Jenelle Evans Announces Split**



By [Hope Ankney](#)

In the latest [celebrity news](#), *Teen Mom 2* alum David Eason has spoken out after Jenelle Evans announced their [celebrity break-up](#). This is the first time he's addressed the issue with his estranged wife, and he seemingly shaded Evans through several Instagram stories on Sunday, November 3rd. According to *UsMagazine.com*, Eason posted two screenshots of *TMZ* articles. One detailed a request for full custody of the pair's two-year-old daughter, Ensley. The other discussed Evan's road rage that was broadcast in 2018 where she followed a driver home and then brandished a gun.

**In celebrity break-up news, David Eason threw some shade Jenelle**

# Evans' way after she announced their split. What are some things to avoid on social media during a break-up?

## Cupid's Advice:

Getting over a nasty breakup is hard, but it is even harder when social media is involved. Whether it is viewing their stories, stalking their profiles, or keeping up with what their friends are doing, it is a breeding ground for hurt feelings and questionable consequences. If you're going through a break-up, and you're having a hard time pulling yourself away from your ex's social media, don't worry! Cupid has some [relationship advice](#) on what to avoid on social media during a split:

**1. Social media stories:** Facebook has them. Instagram has them. Snapchat has them. Social media stories allow users to see exactly what's going on with someone in real-time. It's a cool feature unless you're going through a tough break-up. Seeing your ex out having fun on their stories can further fan the flame, and it might lead to feeling worse or to toxic social media behavior. Before you decide to click on their icon, think about what viewing this story is really going to help when it comes to getting over them.

**Related Link:** [Celebrity Parents: 'Teen Mom 2' Alum Jenelle Evans & David Eason Lose Custody of Kids After Legal Battle](#)

**2. Burner accounts:** If you follow their FINSTA (private Instagram) or Fake Twitter, chances are your ex will be venting about you and your relationship after it ends. If they haven't already blocked you from following their account, maybe it's a good idea to unfriend yourself from seeing those

posts. And, if you are blocked, don't give in to the temptation to ask friends who are still privy to the accounts to spy on them and report back. You'll see or hear something you weren't prepared for, and it will only lead to anger or hurt.

**Related Link:** [Celebrity Break-Up: 'Bachelor' Alum Tia Booth and Boyfriend Cory Cooper Split After 1 Year Together](#)

**3. Keeping up with the circle:** Chances are, when a relationship ends, the friend circle won't be the same. Some people will choose to stay with your ex while others might be more neutral about the breakup. Either way, it isn't a good idea to poke your nose into the circle, especially on social media, to keep up to date about what your ex is doing. Not only does it not paint you in a good light, but it can cause issues in the friend group. It's better to keep a safe distance than to cause more distress than is necessary.

**What are some things you avoid on social media while going through a breakup? Let us know down below!**

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## **Celebrity Break-Up: 'Bachelor in Paradise' Couple Demi Burnett & Kristian Haggerty Split**



By [Ahjané Forbes](#)

In [celebrity news](#), *Bachelor In Paradise*'s Demi Burnett announced her [celebrity break-up](#) from Kristian Haggerty this Halloween. The [celebrity exes](#) haven't posted a photo together since September 19th on their social media pages. According to *UsMagazine.com*, Burnett came out on the reality TV show and revealed that she had been dating Haggerty back home. The [reality TV star](#) wrote on Instagram, "... We will forever be proud of the impact our love story has made and we hope it has helped others feel more accepted and confident within themselves. We hope it reminded others they aren't alone and don't need to be ashamed of who they are."

**In celebrity break-up news, another**

# **‘BiP’ couple has called it quits. What are some ways to announce your split to family and friends?**

## **Cupid’s Advice:**

Announcing a break-up can be hard. There’s never a right time or place to tell someone that you are done with your relationship. This is not something you can get perfectly right. Cupid has some advice on how to tell your family and friends that you are no longer dating your partner:

**1. Break the news when you’re ready:** Just because you guys broke up two days ago does not mean that you have to tell the world that you guys are no longer together. Give yourself some time to come to terms with it and then tell your family and friends.

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**2. Tell them in person in an intimate setting:** Talking to someone face-to-face can show you the emotions that they feel by the reaction that they give you. It’s easier to open up about pressing topics and issues when you’re in front of someone. Try rehearsing what you’re going to say before you say it. Talking to someone about your break-up can also bring you comfort if you are sad. This will help release some of the pain that she might be feeling at this time.

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**3. Ask for some space:** You’ll need some time to process all of this. Having people tell you what you should and shouldn’t do is not going to make the situation better. Tell them the truth about how you feel, but ask for your privacy at this time.

When you're ready to have an in depth conversation about with the situation, let them know.

What are some ways you told your family and friends that you are now single? Let us know your experiences in the comments below!

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## Celebrity Break-Up: Meg Ryan & John Mellencamp Call Off Engagement



By [Meghan Khameraj](#)



In [celebrity news](#), Meg Ryan and John Mellencamp called off their engagement. A source for *UsMagazine.com* reports that the [famous couple](#) split and that Ryan “...had enough and ended [their engagement]...She has no regrets.” Ryan ignited rumors of a potential celebrity break-up when she was spotted sans engagement ring. The couple were on and off for eight years and announced their engagement in November 2018.

## **This celebrity break-up reportedly comes after Meg Ryan “had enough.” What are some ways to know your relationship isn’t fixable?**

### **Cupid’s Advice:**

Meg Ryan and John Mellencamp called it quits on their relationship. Ryan seems very secure in her decision to end her relationship and does not have any regrets. Cupid has some [relationship advice](#) to help you know when your relationship is beyond repair:

**1. You aren’t happy:** Unhappiness is the first tell-tale sign that your relationship may be headed in the wrong direction. If you’ve felt less happy in recent months, take some time to assess the situation and determine if staying in the relationship is the best option for you.

**Related Link:** [Celebrity Baby News: Blake Lively & Ryan Reynolds Reveal Sex of Third Baby](#)

**2. You and your partner argue often:** Arguments are normal in a relationship, however, if you and your partner are constantly butting heads over the simplest of issues, there may be an underlying reason why. Your relationship is causing you extra stress through all of the fighting, so ask yourself: is it

worth it?

**Related Link:** [Celebrity Couple News: Jenni 'JWoww' Farley & Zack Carpinello Are Back Together After Split](#)

**3. You can picture your life without them:** Being able to picture a happy future for yourself without your partner is the most obvious sign that your relationship is beyond repair. If you think you would be happier without your significant other, you shouldn't drag your relationship out, as it is not fair to your partner.

**How do you know when a relationship is unfixable? Let us know in the comments below!**

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## **Celebrity Breakup: Teresa & Joe Giudice Talk Divorce in Interview with Andy Cohen**





By [Hope Ankney](#)

In the latest [celebrity news](#), Teresa from *Real Housewives* and husband Joe Giudice held nothing back as they discussed their relationship in a tell-all interview with Andy Cohen. According to *UsMagazine.com*, the [celebrity couple](#) stated that they had talked about divorce before. Joe even admitted, “If we stay together, we stay together. If we don’t, we don’t. We’ll see.” He even went on to say that Teresa needs to find another man since she is “high maintenance.”

**In celebrity break-up news, things aren’t looking promising for Teresa and Joe Giudice. What are some ways to decide whether to call it quits on your marriage?**

**Cupid’s Advice:**

[Celebrity breakups](#) aren't much different than ours. Even though there's fame and money, it doesn't change a lot about the dynamic when it comes to relationships. If you're on the rocks with your partner, and you don't know whether or not you should end the marriage, don't worry! Cupid has some [love advice](#) on when it might be a good idea to reevaluate your relationship:

**1. No communication:** The most important aspect of a relationship is the ability of both parties to be able to communicate with one another. If conversing openly and honestly with your partner has deteriorated, this might be a sign that the marriage needs to be reassessed. This is only if attempts to strengthen the communication has failed before.

**Related Link:** [Celebrity Couple News: Jenni 'JWoww' Farley & Zack Carpinello Are Back Together After Split](#)

**2. Lack of respect:** Joe dissing his wife Teresa by saying she needs to find another man that can handle her and her "high maintenance" tendencies is a very disrespectful thing to say about your partner. If you're in a marriage that shows levels of disrespect toward one another, your relationship has some layers of toxicity. Sit down and discuss why you're both saying such hateful things about one another, and if you cannot reach common ground, it might be a good idea to start packing your bags.

**Related Link:** [Celebrity Break-Up: 'Bachelor' Alum Tia Booth and Boyfriend Cory Cooper Split After 1 Year Together](#)

**3. Low affection:** This is something that can sometimes be harder to catch if both you and your partner have gotten into a routine that makes this behavior normal. If your marriage has faded into nothing, but low levels of attraction of intimacy, this may indicate a bigger issue. Try to figure out if this problem is fixable, and if it isn't, neither one of you deserves to be in a marriage that doesn't show the other

the affection they need.

What are some signs that show you might call quits on your marriage? Let us know down below!

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## Celebrity Exes: Selena Gomez Breaks Silence After Drama with Hailey Baldwin Bieber



By [Ahjané Forbes](#)

In [celebrity news](#), Selena Gomez released two new songs. “Lose You To Love Me” is reportedly about her break up with [celebrity ex](#) Justin Bieber. As a result, fans thought that Hailey (Baldwin) Bieber purposely threw shade at Gomez on her Instagram after the song came out. They voiced their disapproval of Hailey as a result. Hailey responded, saying, “Please stop with this nonsense... there is no ‘response.’ this is complete BS.” Gomez also cleared the air saying, “Don’t go off and say things that you just feel in the moment. Just please, for me, know that that’s not my heart. My heart is only to release things that I feel are me, and that I’m proud of. And that’s all I’ll say.” According to *UsMagazine.com*, the Disney Channel alum released a new song called “Look At Her Now” right after this misunderstanding.

## **Selena Gomez isn’t about the drama when it comes to her celebrity ex Justin Bieber’s wife. What are some ways to keep drama with your ex to a minimum?**

### **Cupid’s Advice:**

relationship advice on how to avoid the bad interactions with your ex:

**1. Stay away:** Now that you both have broken up, there is no need for you to constantly check up on them. If you don’t have anything nice to say about this person, then you need to distance yourself. In order for you to get over what happened in the past you have to let go.

**Related Link:** [Dating Advice: 7 Effective Ways Out of a Breakup](#)

**2. Respect that they have moved on:** It may hurt to see your ex

with another person. However, you should not bring up old times as a way to reel them back in. Avoid conversations about the past with them. This will help to reduce conflict with their new partner.

**Related Link:** [Ask the Guys' Guy: How Much Is Too Much On Exes?](#)

**3. Let them see you happy:** Start going out more with your friends. This will make you think less of your relationship and a little more about yourself. Don't show them your vulnerable side.

What are some ways that you have produced drama with your ex? Share your experience in the comments below!

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## **Celebrity Break-Up: 'Bachelor' Alum Tia Booth and Boyfriend Cory Cooper Split After 1 Year Together**





By [Ahjané Forbes](#)

Tia Booth is singing “Single Ladies” in [celebrity news](#) after ending her relationship with her [celebrity ex](#), Cory Cooper. The two had dated for a year before their split. According to *UsMagazine.com*, Chad Johnson, a *Bachelor Nation* alum, publicly accused Booth of cheating on Cooper. The [reality TV star](#) responded to Johnson’s accusations, asking if his Instagram had been hacked. Booth released a statement on Instagram, saying, “I am fine. He is fine. At this stage of life, we are better as friends. He is a very private person and will freak when he reads this, but I wanted to address it myself.”

**In celebrity break-up news, Tia Booth hesitantly confirmed her split on social media. What are some factors to consider before**



# sharing relationship details on social media?

## Cupid's Advice:

Making a break-up known can be hard. Whether it not to rip off the band aid and share it on social media is a tough decision. Cupid has some advice on how to post the ending of your relationship online:

**1. Are you ready to admit that it is over?:** Your feelings matter. How you move forward with the way you tell people about your ex is your decision. You don't owe anyone any explanations. Also, if it wasn't clear to you if you can rekindle this relationship, talk to your ex about it. Don't say anything until you're positive that it is truly over.

**Related Link:** [Relationship Advice: How to Approach Social Media Post-Breakup](#)

**2. If your ex is ready to share:** Believe it or not some people would rather keep every detail of their life private. A breakup is no different. You both should agree on the way that you want to tell others that you are no longer together.

**Related Link:** [Why Fans Think Lady Gaga Is Defending Bradley Cooper After Celebrity Break-Up](#)

**3. How will you tell the whole world?:** You don't want to air your dirty laundry on social media. Try to do this from a professional standpoint. This is easier said than done, but using words like "we have come to a mutual agreement" or "we value each other and always will, but..." This shows maturity and will not make either party a target for trolls.

**How would you post your breakup on social media? Join the conversation in the comments below!**

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# Celebrity News: Source Says Kylie Jenner Left Travis Scott Over Lifestyle Differences



By Ahjané Forbes

In [celebrity news](#), businesswoman Kylie Jenner had more than just infidelity issues on her mind with rapper Travis Scott. The [celebrity couple](#) have reportedly parted ways as a result of Jenner wanting another [celebrity baby](#) as well as differing lifestyles. According to *UsMagazine.com*, a source said, “They

are very, very in love, but she's 22, and her whole life is Stormi and her business and her family. She's not wanting to be a normal rapper's wife. He's still young and at the recording studio late. She usually goes to bed early. They have different lifestyles." The "Antidote" singer and Jenner do not live at the same residence and have been living independently.

## **In celebrity news, Kylie Jenner and Travis Scott split because of their differences in lifestyle. How can you approach a partner that has a conflicting schedule?**

### **Cupid's Advice:**

Relationships can be hard when you both don't get to spend alone time together, Your conflicts can become bigger ones if you don't talk about your issues face-to-face. Cupid has some tips and tricks on how to handle time management with your love:

**1. Don't accuse them of anything:** If your partner is spending a lot of hours at work, you may start to think something is going on outside of that. Instead of accusing your partner of infidelity, ask them why they've been spending so much time at work lately. If your partner has a demanding job, it could be perfectly innocent. It's best to never jump to conclusions.

**Related Link:** [Celebrity News: 'Bachelorette' Villain Chad Johnson Accuses GF Caitlin Clemmens of Cheating](#)

**2. Make plans with them:** As you get deeper into a relationship you often forget the foundation you built to get to where you are. Invite your partner to a date night just for the two of

you. Try to be intimate and remind each other of the sparks you once had. Let them know that they're wanted.

**Related Link:** [Date Idea: Run Outta Moonlight](#)

**3. Seek professional help:** If they are not willing to take steps to improve your relationship, try to speak to a therapist. You have to want to manage your schedule to make time for your partner, and if you don't, this is a problem in and of itself.

**What are some ways you talked to your partner about their busy schedules? Share your experience in the comments below!**

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## **Celebrity Break-Up: Kenya Moore's Husband Marc Daly Reportedly Had Multiple Affairs Before Split**





By Ahjané Forbes

In [celebrity news](#), former *Real Housewives of Atlanta* star, Kenya Moore, is filing for a [celebrity divorce](#) from her husband Marc Daly. The [celebrity couple](#) has been married since June 2017 and share their 11-month old daughter, Brooklyn. According to sources from *UsMagazine.com*, the divorce filing comes after an alleged extramarital affair involving Moore's husband. Daly reportedly got very upset when discussing a possible prenup, saying, "You can take everything, I'll build it again!" Moore has requested her privacy at this time, while her soon-to-be [celebrity ex](#) husband has not commented.

**In celebrity break-up news, Kenya Moore's estranged husband may have cheated on her with multiple people. What do you do if you find**

# out your partner is cheating?

## **Cupid's Advice:**

It's a hard pill to swallow when you find out that your partner has been having an affair with another person. It's even harder to accept the fact that you have been "replaced". Being upset is a normal emotion to feel at a time like this. However, how do you deal with this realistically? Cupid has some advice on how to deal with your lover's cheating ways:

**1. Talk about it:** Now, this is easier said than done. If you haven't given your partner a chance to explain him or herself, then you won't really know what's happening. Nobody likes hearing the potential unfaithful person's perspective, but it's important to talk to your partner before you take any further action. It is also important to point out any noticed changes in your love life. Tell your partner that you've notice the change in behavior. This will let them know that you are still paying close attention to them.

**Related Link:** [Relationship Advice: Signs Your Partner May Be Cheating](#)

**2. Go to therapy sessions:** If a conversation is not obtainable, please seek professional help. Tell the therapist what's happening and how you feel about this. Your partner should also be willing to attend sessions to take steps to repair your relationship, if that's something you're willing to do. Try to let them tell their side of the story without interrupting. This will be the only way to get them to open up. Also, try to talk about how things were prior to the infidelity. This will help target a sequence of events and a timeline.

**Related Link:** [Celebrity Divorce: Why Liam Hemsworth Quickly Filed for Divorce from Miley Cyrus](#)

**3. Don't rush a decision:** If you have children, this may affect them as well. Consider them as well when you're deciding how to move forward with your partner. Don't make any hasty decisions. As much as you may want to leave, take some time to think. Your partner's actions may not be justifiable, but choosing a plan of action in the heat of the moment is not a good move. Distance yourself and talk about the important things that involve your children or your household. If there's no repairable solution to fix your relationship, and they are living a separate life, take steps to tell your children what's going on and start filing for a divorce.

**What are some ways you've dealt with a cheating spouse? Let us know in the comments below!**

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## **Celebrity Break-Up: Kylie Jenner & Travis Scott Are Taking a Break**





By [Meghan Khameraj](#)

In [celebrity news](#), [Kylie Jenner](#) and Travis Scott are putting their relationship on hold. According to a source for *People.com*, the [celebrity couple](#) is “taking some time but not done...They still have some trust issues but their problems have stemmed more from the stress of their lifestyles.” Jenner and Scott were last seen together at the premiere of Scott’s documentary on August 28th with their baby, Stormi Webster. Since then, Jenner has been spotted with Stormi at [Justin Bieber](#)’s wedding to Hailey Baldwin. This [celebrity breakup](#) comes at a shock for most people. Only a few months ago were rumors going around that they might take their [celebrity relationship](#) to the next level by getting engaged.

**In celebrity break-up news, Kylie Jenner and Travis Scott are taking some time apart. What are some**



# things to consider before taking a “break” from your relationship?

## Cupid’s Advice:

Kylie Jenner and Travis Scott have called quits on their celebrity relationship. Jenner and Scott may get back together, but for now, they’ve decided it’s best for both of them to be apart. Cupid has some factors to consider before taking a break:

**1. What you want:** Consider what you actually want from the break. If you just want to hook up with new people perhaps you should actually break up with your partner. If you need time to rethink or rebalance then communicate with your partner that a break would be the best solution.

**Related Link:** [Celebrity Baby News: ‘RHOA’ Star Kandi Burruss Is Expecting Third Baby Via Surrogate](#)

**2. What the break means:** We’ve all seen *Friends* and no one wants to be the Ross of the breakup. Clearly communicate with your partner exactly what the break will entail. Establish if you’re comfortable with each other sleeping with other people. Basically, don’t do what Ross did to Rachel.

**Related Link:** [Celebrity Wedding: Justin Bieber & Hailey Baldwin Celebrate Upcoming Nuptials #2 with Rehearsal Dinner](#)

**3. How long it will be:** How long you need for the break may change as time goes on. However, you and your partner should agree on the approximate length of the break. If it exceeds six months you should consider ending the relationship.

**Has taking a break worked for you before? Let us know in the comments below!**

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# Celebrity News: Miley Cyrus Appears to Shade Exes Kaitlynn Carter & Liam Hemsworth in Post About Love



By [Hope Ankney](#)

In [celebrity news](#), [Miley Cyrus](#) might've just indirectly shaded both of her [celebrity exes](#). On Sunday, Cyrus took to Instagram to post about love and loyalty that could be pointed at Liam Hemsworth and Kaitlynn Carter. According to *UsMagazine.com*, her Instagram story showed her in bed surrounded by her pups.

The caption of the stories read, "Happy Sunday from me & 2 stinky dogs! waking up surrounded by animals is my favorite way to start a morning. I am immediately reminded about LOVE without conditions... the best part about animals is that they are careless about the details. They live by the golden rule ... Love & Be Loved. Nothing in between. No questions regarding wealth, career, talents, race, age sex ... They love back 100X ... all they ask is to be cared for in exchange for loyalty, reliability, and faithfulness. (reminds me of someone)."

**In celebrity news, Miley Cyrus sent a message to her exes via Instagram. What are some ways social media can help you cope with feelings?**

#### **Cupid's Advice:**

Even celebrities air their dirty laundry on social media from time to time. It's hard not to, especially when you're trying to handle your feelings that can be difficult to ignore. But, it can get messy if you throw your feelings out on your social platforms without thinking it through. If you're having a hard time coping with feelings by yourself, don't worry! Cupid has [relationship advice](#) on how using social media, in a healthy way, can help you sort through your feelings:

**1. Private Instagrams:** Something I'm sure you've heard before, but FINSTAS (or fake Instas) are accounts that are private for you to vent and cope over your feelings in a space that only a few people have access to. By creating a private IG, you're allowing yourself a place to comfortably discuss and post about things you're having a hard time dealing with. It's therapeutic to have a sense of freedom when it comes to not

censoring yourself online, and accounts like these can act as a personal diary.

**Related Link:** [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

**2. Private Twitters:** Another way to cope on social media is through something similar to the FINSTAS- a private twitter. Private Twitter accounts are something that, from personal experience, has been even better at coping with feelings because of the format of the platform. Instead of having to post photos and write captions underneath to vent, Twitter allows you to simply post a tweet and even write threads that hold all your thoughts together in a cohesive manner. This type of account feels most like a diary because it's like you're writing down excerpts from your day. You can also quote tweet others without them seeing it, so that can also help to vent if you're sorting through feelings about a certain person.

**Related Link:** [Celebrity News: Miley Cyrus & Kaitlynn Carter Step Out for Date Night in Matching Outfits](#)

**3. The 'close friends' option:** Lastly, with the progress in certain social media to include options that allow you to post without others seeing, the Close Friends option allows someone to post their feelings on their own account, like their Instagram Story, without having to create a whole private account just to do so. This is much more accessible to the average person, and it can feel even more liberating to do it on your main account. The only issue here is to be sure you're careful in how you word things or choose to vent because even though things seem to be private, you must be observant which accounts on your main are allowed to see these stories. Trusting some friends to not share things you post in confidence might not be the best idea.

**What are some ways that you find social media can help you**

cope with your feelings? Let us know down below!

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# Celebrity Divorce: Adele Files for Divorce from Simon Konecki



By Ahjané Forbes

In [celebrity news](#), singer Adele sets “fire to the rain” after she files for divorce from her [celebrity ex](#) Simon Konecki. The

[celebrity couple](#) have been together for eight years and share a son, Angelo, together. The two plan to go their separate ways, but will raise their son in a loving environment. The songwriter has not spoken out publicly, but continues to send positive vibes on social media. According to *EOnline.com*, Adele posted on Instagram back in May about her willingness to make this a better year, saying, “30 tried my so hard but I’m owning it and trying my hardest to lean in to it all.”

## **In celebrity divorce news, Adele has officially filed for divorce from her husband Simon. What are some ways to announce your divorce to family and friends?**

### **Cupid’s Advice:**

Telling someone that you and your ex lover have decided to split is not the easiest tasks especially when there is family involved. Some couples live separate lives, but stay together in order to please their family members. This is not the best idea especially when you are not happy being with this person. Cupid has some relationship advice when it comes to telling your family and friends about your divorce:

**1. Don’t break the news at a family event:** This can become awkward very quickly. You don’t want to ruin a fun filled event with some bad news. Avoid making any “grand entrance” with news about a separation. You don’t want to be put on the spot to answer private questions about your relationship.

**Related Link:** [Halle Berry Walks First Red Carpet Since Celebrity Divorce Announcement](#)

**2. Try not to play the blame game:** Pointing fingers at why the

relationship ended is the easiest way for many to avoid talking about what really happened. Even if it is the other person's fault try not to be petty about what happened. Accepting what when wrong is the first part of the healing process. Learn how to tell the story in a positive light. Use words like "this was the best decision for us" or "we've come to a mutual agreement". Not only is this mature, but this language will be best for telling important people like your children.

**Related Link:** [Expert Dating Advice: Moving On After a Divorce](#)

**3. Let everyone know that you are still processing this:** Whether you called it quits or your partner its important that you take the time to process it all. You might be wondering what went wrong or how you will get over this person. The warning signals could have been there, but you didn't know it would go downhill so fast. Take your time and needed space to reflect.

**How would you tell people about your divorce? Share your ideas in the comments below!**

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**Celebrity News: Demi Moore Suffered Miscarriage at 6 Months Pregnant While Dating Ashton Kutcher**



By Ahjané Forbes

In [celebrity news](#), *Ghost* star and actress [Demi Moore](#) opened up about her miscarriage with [celebrity ex Ashton Kutcher](#). Her *Inside Out* memoir shares details of her battles with body image, career, childhood trauma, and infidelity. Moore admits in her memoir that she started to drink after she found out that her then-husband was being unfaithful. According to [UsMagazine.com](#), the [celebrity couple](#) was expecting a girl whose name would have been Chaplin Ray.

**In celebrity news, Demi Moore opened up about a miscarriage she suffered with Ashton Kutcher in her**



# memoir. What are some ways to support your partner who has gone through a miscarriage?

## Cupid's Advice:

Seeing the “positive” come up on a pregnancy test for many women can be very exciting. Welcoming a bundle of joy to the family can be the happiest time in a woman's life. However, some pregnancies result in a miscarriage and can leave a heavy impact behind. It's not easy to uplift a person who has just encountered something traumatic. Cupid has some advice that will help you and your partner get through this difficult time:

**1. Don't expect them to tell you how they are feeling right away:** Everyone has a different way of processing hurtful situations. It's important that you keep an open heart and be mindful of the situation. Avoid saying insensitive things like, “You can have another one”. Not everyone is able to conceive right away or it might be hard for them to do so. Be there for them and offer any help they will allow.

**Related Link:** [Relationship Advice: Talking Through the Tough Times](#)

**2. Offer to attend therapy sessions with them:** Therapy can help bring ease to the situation if your partner is willing. The therapist will be able to discuss the “root” of the problem and give you ways to make appropriate approaches to help with conversations at home. This also may take several sessions for them to be comfortable about telling you how they really feel. Don't force or rush them to talk.

**Related Link:** [Celebrity News: Jana Kramer & Mike Caussin Share How Therapy Helps Their Marriage and Parenting](#)

**3. Find ways to take their mind off of the situation:** A good distraction is always a way to alleviate the mind. Start a new hobby with your lover. Take them to a cooking class or Yoga. Doing something relaxing will help them release all their stress and breathe in positive vibrations.

**What are some ways you helped your partner through a difficult time? Tell us about it in the comments below!**

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## **Celebrity Divorce: Sarah Palin's Husband Files for Divorce After 31 Years of Marriage**





By Ahjané Forbes

“[It’s] impossible to live together as husband and wife,” said Todd Palin, who filed for a [celebrity divorce](#) from former Alaskan Governor Sarah Palin on Friday, September 6. Todd Palin called it quits on his birthday pointing to “incompatibility of temperament between the parties.” According to *UsMagazine.com*, the former Republican Vice President candidate has not commented on the filing. However, her [celebrity ex](#) does wish to have shared custody of their son, Trig, who has Down syndrome.

**This celebrity divorce comes after multiple decades of marriage. How do you know when to call it quits on your marriage?**

**Cupid’s Advice:**

No matter how long the relationship, we all encounter our likes, dislikes, and most importantly, the common ground with our partners. Marriage is kind of tricky. Every day, you respond “until death do us part” and “I do”, but what happens when you begin to respond “I don’t”? Cupid has some [relationship advice](#) on how to know when your marriage is definitely over:

**1. Communication starts to change:** We all go through that honeymoon phase of our relationships, and then we start to get comfortable with each other. It’s healthy to have arguments here and there, but if your partner starts disrespecting you, not caring, and not telling you important information, then you likely have a problem. Communication is the root of every successful relationship. If your significant other starts to talk less or gets mad at everything you say or do, it’s time to have a serious conversation about why this might be happening.

**Related Link:** [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

**2. Not making time for each other:** A relationship does not end when you get married. It’s important to still schedule in date nights and continue the ongoing flow of bliss. A spark dies when you don’t continue to maintain it. If you have children and busy schedules, you can still make a romantic dinner or watch a movie. The more creative and thoughtful you are, the better.

**Related Link:** [Celebrity Break-Up: Allison Williams & Husband Ricky Van Veen Split After 4 Years of Marriage](#)

**3. Start noticing suspicious behavior:** Is your partner leaving without telling you where they are going, spending too much time on their phone, or hanging out with new friends? These are tactics that can lead to extramarital affairs. Confront your partner about this, and if it turns into a

serious argument, seek out professional help.

What are some ways to know your marriage has ended? Tell us about it in the comments below!

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# Celebrity Exes: Kristen Stewart Is 'So Happy' Ex Robert Pattinson is Batman



By Hope Ankney

In [celebrity news](#), it's nice to know that [Kristen Stewart](#) and

[Robert Pattinson](#) are [celebrity exes](#) who are actually on good terms. According to *UsMagazine.com*, over the weekend, Stewart gushed over how happy she was for Pattinson snagging the role of Batman. Speaking to *Variety.com* at the Toronto Film Festival, the actress exclaimed, "I feel like he's the only guy that could play that part. I'm so happy for him. It's crazy ... I'm very, very happy about that. I heard that and I was like, 'Oh man!' It's awesome."

## **These celebrity exes still show each other support in their careers. What are some benefits to staying on good terms with your ex?**

### **Cupid's Advice:**

Kristen Stewart and Robert Pattinson are exes that have tons of history, yet they still stand on good terms with one another. They make it look easy to continuously support an ex after a break-up, but we all know how difficult that can be. But, there can be upsides to staying friendly with an ex. Cupid has some advice that can have you reaping the benefits of staying on good terms with one of your exes:

**1. This person knows you better than others:** If your relationship started off with the both of you being friends, chances are this ex knows you better than most people do. If the relationship didn't have a messy end, it may be good to keep this person a part of your life. Besides, if you're both up to it, you can give each other [relationship advice](#) since you both dated each other. Who else can give you better relationship advice than that?

**Related Link:** [Celebrity News: Kristen Stewart Opens Up About Her Love Life](#)

**2. Your ex brings out your strengths:** It's obvious that one of the main reasons they were in a relationship with you is because they saw how wonderful you were. If you can stay friends after a break-up, this ex is a valuable person to come to when your self-confidence has been beaten down. They'll be able to remind you of the best parts of who you are. Not to mention, they'll be able to give you this pick-me-up from an outsider's perspective.

**Related Link:** [New Celebrity Couple? Robert Pattinson Kisses Suki Waterhouse on Movie Date](#)

**3. It can be rewarding:** Having very positive and genuine interactions with your ex after a relationship has ended can be a very healthy part of the healing process. It's rewarding to be able to know you are both mature enough to handle being friendly towards one another. The fewer people you so hastily cut from your life, the more people you will have in your corner. It also gives you a sense of growth if you make an effort to stay friends with someone you had a failed relationship with.

**What are some ways that you have benefitted from staying friendly with an ex? Tell us down below!**