# Celebrity News: Tom Cruise Celebrate's Suri's 7th Birthday





By Meghan Fitzgerald

Even though 50-year old actor, Tom Cruise has been travelling the world to promote his latest movie Oblivion, UsMagazine.com reports that Cruise still schedules family time with his daughter, Suri. Most recently, that means helping her celebrate her 7th birthday. E! Online reports that he phoned into On Air With Ryan Seacrest and discussed how big of a planner he really is with her celebration. "Done already. All done," he said. "I take care of the kids early. You'll know — you have to plan ahead for these things. It's all done and all celebrated."

How do you stay involved in your child's life post-divorce?

Cupid's Advice:

Even if it may seem very difficult to remain in your child's life after a divorce, it is still possible. You can still be in their lives and not exactly be in your ex's life. Your marriage is obviously over, however, that doesn't mean in any sense that your family is over. Cupid has some more advice:

- 1. Remain civil with ex: It is essential to remain in a relatively civil relationship with your ex after your divorce. It is not going to be any easier to stay involved in your child's life if your relationship is constantly a battle. Although it will be challenging to do, attempt to stay in a healthy relationship with your ex, for your child. You now have to realize that it is not about your ex anymore, only about your child.
- 2. Talk consistently: It is easy to stay involved in your child's life post-divorce if you are always talking to them. Even if they do not wish to talk to you, talk to them five or ten minutes a day. Ask them how they are doing with everything. How their school life is. If they want to express any repressed emotions or feelings. Make sure they're aware that you are not in an way leaving their life.
- 3. Day trips: Create day trips with your child after your divorce. If they enjoy creativity and art, take them to a museum or an art lesson. Take them to the park and bring a frisbee, or play outside games. Pack a basket for lunch, and have a picnic outside. Plan trips your child may want to go in, it will increase your relationship with your kid and keep your involvement steady.

Have you stayed involved in your child's life post-divorce? Explain below.

# Celebrity News: Lindsey Vonn's Ex-Husband Jokes About Tiger Woods' Masters Penalty





By Andrea Surujnauth

Thomas Vonn showed a sense of humor towards his ex-wife's relationship with pro-golfer Tiger Woods in a tweet on Saturday, April 13th. Woods got into a bit of trouble when a television viewer called in on a violation in Wood's play on Friday. He was then penalized to strokes. After the incident Woods tweeted, ""I didn't know I had taken an incorrect drop prior to signing my scorecard. Subsequently, I met with the Masters Committee Saturday morning." Thomas Vonn took to Twitter to respond to the incident as well. USMagazine.com reported that Vonn tweeted, "No problem Masters tournament happy to call in and help. You always have to keep an eye on those cheaters;)" Thomas and Lindsey Vonn had been married for four years before they decided to call it quits in November 2011. The two finalized their divorce in January

2013, two months before Lindsey and Woods went public with their relationship.

How do you deal with a jealous ex when you're in a new relationship?

### Cupid's Advice:

You are in a new healthy relationship. Unfortunately, your ex seems to be waiting for a chance to attack your relationship. Obviously they are jealous but what can you do about their jealous behavior? Cupid is here with some advice to help you:

- 1. Distance: Keep your distance from your ex. Do not inform them on where you are going and who you are with. The more you let them in your life, the more ammunition they have to torment you with.
- 2. Confrontation: Confront your ex on their behavior. Tell them that you have moved on and it is about time that they do the same. Make it clear that you are happy in your new love and you do not want them around messing it up.
- 3. Pofessionals: If all else fails, get a restraining order to keep you ex from harassing you. It may seem extreme but if they are continuously trying to ruin your life out of spite, the best thing to do is put your foot down. You need to protect yourself as well as your new beau.

How do you deal with a jealous ex when you're in a new relationship?

# Celebrity News: 'Splash' Star Rory Bushfield Opens Up About Wife Sarah's Death





By Andrea Surujnauth

Rory Bushfield, professional extreme skier and contestant on *Splash*, opens up about the death of his wife, Sarah Burke. She was an acclaimed freestyle skier who died in January of last year after crashing at the bottom of a superpipe during a training run in Park City, Utah, reports *People*. The couple had been married since 2010. "My life's changed drastically," Rory said as he choked up. "I lost my wife. I had it all. I still have a lot. I'm thankful for everything I have, but I had it all." He goes on to talk about how he felt about his late wife. "Sarah was my dream girl before she knew who I was," he says. "A lot of the craziest things I ever did were just kind of to impress Sarah." He had proposed to his wife by spelling out "Marry Me Sarah" in rocks on a remote snow-covered field, he then flew her over the field to see it.

### How do you cope when tragedy strikes your partner?

### Cupid's Advice:

You never think it will happen to you. You always believe that you and your partner will stay happy and healthy together for a long time. What do you do when tragedy strikes and your partner is gone? How do you cope with that? Cupid is here to help you get through this trying time:

- 1. Compassion: Have compassion for yourself during this time. Allow yourself to grieve and cry over your loss.
- 2. Time: Time heals all wounds. You will never stop missing your partner but as time goes by, you will come to terms with your loss and will be able to continue on with your life. Do not expect to get over your sadness quickly, and do not rush it. Everyone grieves at their own pace. Take all the time you need.
- **3. Support:** Get a support system to help you recover from your loss. Being surrounded by family and friends will help you cope with your loss and it will help you not feel lonely.

How did you cope when tragedy struck your partner? Comment below and let us know!

# Reality TV: 'The Bachelor' Sean Lowe Fires Back at

# Dating Rumors Pointing to Trouble in His Celebrity Relationship





By Meghan Fitzgerald

<u>People</u> reports that *The Bachelor* star Sean Lowe and celebrity love Catherine Guidici are still going strong despite dating rumors of a troubled celebrity relationship. Lowe, 29, told *People*, "We are happy and could not be better." Backstage at *Dancing with Stars*, Lowe also discusses the dating rumors he has recently encountered. He says, "Nobody knows anything outside of me and Catherine and the people who are closest to us." The celebrity couple is getting through these hard times together.

'The Bachelor celebrity couple Sean Lowe and Catherine Giudici have to fight off dating rumors about their relationship and love life. How do you keep unfounded rumors from affecting your relationship?

### Cupid's Advice:

It is essential to keep unfounded rumors out of your relationship. If you allow said rumors to pry themselves into your relationship, it is a possibility of suffering immensely. Although it is possible for rumors to affect your relationship and love, their are numerous ways to keep them out. Cupid has some relationship advice:

- 1. Communication: It is necessary to talk to your partner when there are unfounded rumors surfacing around your relationship. You and your mate both are probably not looking to have your relationship affected by some measly rumors. If you talk to your beau about these rumors going around, your relationship will not suffer. As long as you and your mate are on the same terms and aware of everything going on, you're great.
- 2. Eliminate: Get rid of the rumors. Of course it may be challenging to find the source, cause, and distinguish them. However, it is helpful to have them washed away if you don't want your relationship to be affected. Do not get yourself into heated debates about said rumors. Make sure you and your mate keep calm and collective, with your head high. Do not let others get under your skin because that is exactly what they're trying to do in the first place.
- 3. Keep busy: Keep yourself busy when rumors are around your relationship and love. Make sure people know that the rumors going around are not affecting your life. People will realize how strong you and your partner are for not allowing the rumors to hurt your relationship. Silly gossip can't get in the way of the love you and your mate have. Now go keep busy.

Have you kept rumors from affecting your relationship? Explain your experience below.

# Celebrity News: Ozzy Osbourne Denies Divorcing Sharon and Admits to Drug Use





By Meghan Fitzgerald

<u>UsWeekly</u> reported that Ozzy Osbourne is purging himself of his unhealthy ways, "For the last year and a half, I have been drinking and taking drugs. I was in a very dark place and was an a-hole to the people I love most, my family. However, I am happy to say that I am now 44 days sober," Ozzy wrote on Facebook. "Just to set the record straight, Sharon and I are not divorcing. I'm just trying to be a better person." Even if he is trying his best for his relationship, sources told <u>TMZ</u> that Sharon won't get back together with him until he's been clean for a while.

### How do you help your partner through breaking an addiction?

### Cupid's Advice:

It's never easy when your partner is battling an addiction, let along trying to break their bad habit. It's essential for you to be in their lives as much as possible and guide them on their way to sobriety. There are numerous ways to help your significant other in this fight. Below, Cupid offers three ways that you can be a positive influence:

- 1. Support Them: It is necessary to provide your mate with as much support as physically possible. You're one of the few people who know your partner best. This being said, you know how their mind works and what they need to hear in order to keep themselves in check. To help them, be by their side through every meeting, appointment and session. It will not only help their recovery stay on track; it will also show them just how much you care.
- 2. Get Help: Even though you may think you're capable of breaking your beau's addiction on your own, you're not. Your partner needs professional help. Make sure you can afford it; make sure that it's nearby; and make sure it's with someone you can trust. Most of all, make sure that your partner is willing to go. It's essential for your mate to be open-minded and willing to truly try.
- 3. Show Love: Your partner is going through one of the hardest times in their life. Every chance you get, remind them how much you love them. Buy them small gifts and do special things to brighten their day. Love will make the process easier for them. Remember that love makes the world go around and start spreading it!

Have you ever helped your partner through breaking an addiction? Tell us in the comments below.

# Celebrity News: Rob Pattinson, Kristen Stewart and Liberty Ross Attend Coachella, Separately





By Andrea Surujnauth

According to <u>UsMagazine.com</u>, Robert Pattinson and Kristen Stewart were spotted at the Coachella Music Festival together. The couple was seen getting close during a Jurassic 5 concert. These lovebirds were reunited last month after Pattinson shot his new movie *The Rover*. Liberty Ross also went to Coachella this year. She spent her time hanging out with Bono and her boyfriend Jimmy Lovine. It is unknown whether Ross bumped into Pattinson and Stewart. Ross and Stewart became acquainted when Ross's husband Rupert Sanders directed Stewart in the movie

Snow White and the Huntsman. During the filing, Sanders and Stewarts had an affair which caused Pattinson to temporarily leave Stewart and Ross to file for divorce from Sanders. "They gave it a shot for the kids [Skyla, 7, and Tennyson, 5], [but] she was just so angry . . .she's the kind of person who wouldn't really ever get over it," said a close friend of Sanders and Ross.

# What are some ways to keep jealousy at bay in your relationship?

### Cupid's Advice:

Jealousy causes arguements in so many relationships. How can you avoid becoming victim to jealousy issues? Cupid is here to help you:

- 1. Turn off the flirting: Don't do things that you know would make your partner jealous. Flirting with other people will hurt your sweetie and cause them to have jealous feelings throughout your relationship.
- 2. Build him up: When you are with your beau, build them up during conversations and never break them down. Back them up in what they say and never let your partner feel that they are not good enough.
- **3. Stay close:** While out with your honey, don't leave them alone while you go off to have a good time. Always keep your partner close so they won't have a reason to feel jealousy of any kind.

How do you keep jealousy at bay in your relationship? Comment below and let us know.

# Celebrity News: Jane Seymour and Fourth Husband James Keach File for Divorce





By Andrea Surujnauth

After 20 years of marriage, Jane Seymour and husband James Keach have decided to file for divorce, reported USMagazine.com. The ex-couple made the announcement on April 12th which said, "Jane Seymour and James Keach confirm that they are separated and have been for several months. At this time they are negotiating the terms of their divorce." This was Jane Seymour's fourth marriage and James Keach's second. The have twin sons together John and Kristopher, 17. In regards to their children the ex-spouses state, "They will continue their relationship as devoted parents to their children, as business associates and partners, and in their joint dedication to preserving and furthering the charitable endeavors that they've worked on throughout their marriage."

How do you know when to call it quits in a long-term relationship?

### Cupid's Advice:

You and your partner have been together for years, but things have been taking a turn for the worst. How do you know whether or not the relationship is worth fighting for, or if its time to call it quits? Cupid is here to help you decide:

- 1. Worth fighting for: Decide if the relationship is worth more blood, sweat, and tears. Is it worth fighting for? Think about whether it is worth the pain of fighting.
- 2. Talk to family and friends: Your friends and family have been onlookers during your rollercoaster ride of a relationship. Get their opinions. They will always want the best for you and will want to help you make the right decision.
- 3. Think about the future: Do you truely see a future with your partner? If you can not see yourself being with them in the future then it is no worth trying to fix the relationship. It may be time to call it quits and move on.

How did you know when to call it quits on your long-term relationship? Share your thoughts below.

# Celebrity News: Sean "Diddy" Combs and Kate Upton Slam

# **Dating Rumors**





By Meghan Fitzgerald

An eyewitness recently told <u>NYDailyNews</u> Confidenti@l that Sean "Diddy" Combs and Kate Upton were seen locking lips at Club LIV in Miami Beach. Sources say they were kissing, and not hiding it. <u>UsMagazine.com</u> reports that both Sean "Diddy" Combs and Kate Upton resorted to Twitter this past Wednesday to deny rumors that they are the newest "it" couple. Diddy tweeted, "Attention all Media. I don't even know Kate Upton personally!...I'm not dating her! What's being reported is not true. END of story!" Upton's response was, "Really??? Not at all true..."

How do you keep rumors from negatively affecting your relationship?

## Cupid's Advice:

You and your partner should watch carefully out for rumors. For which, they can thoroughly affect your relationship, and

not in a positive manner. Although rumors can negatively affect your relationship, their are ways to distance them from you and your mate. Cupid has some more advice on this:

- 1. Communication: You and your beau need to communicate with one another if rumors are present in your relationship. Make sure you both know the rumors floating around, and the physical truth. Talk to each other of how you can abolish them, and what you can do as a couple to strengthen your relationship. Rumors can negatively affect your relationship, but if you talk to your mate, rumors are not factor.
- 2. Ignore them: As with communication, the first step with rumors is to talk to your partner about them. However, you have to leave them aside. Do not let them get under you or your mate's skin. If you let the people spreading lies about your relationship get to you, your relationship will suffer. After you discussed the rumors with your beau, don't think about it again. Let them go.
- 3. Don't dwell: Dwelling on situations or rumors will negatively affect you and your partner's relationship. Hence why you should not dwell on the rumors going around. Although it may be challenging to not think about the rumors and why someone started them, it is possible. And as soon as you make it possible, your relationship will not suffer negatively whatsoever.

Have rumors negatively affected your relationship before? Share below.

# Celebrity News: Tom Cruise Opens Up About Divorce From Katie Holmes





By Andrea Surujnauth

Tom Cruise finally speaks out about his 2012 divorce from actress, Katie Holmes. After a 5 year marriage, Holmes filed for divorce 5 days before Cruise's 50th birthday. "I didn't expect it," he confesses to German TV Network *ProSieben*. According to *UsMagazine.com*, Cruise admits "To be 50 and to have experiences and to think you have a grip on everything, and then it hits you — this is it, what life can do to you. Life is a tragicomedy. You need to have a sense of humor." Holmes, who now resides in New York with the couple's daughter Suri, is moving on with her life as well. She is in a new broadway play an also has a fashion line. Director and friend of the couple, Adam Shankman, says "They are incredibly happy. I've just been emailing with [Tom]. He's coming back. He's shooting [*All You Need Is Kill*] in London and seems as happy

as a clam. I know he sees his daughter."

What do you do if your partner springs an unexpected split or breakup on you?

### Cupid's Advice:

No one ever expects their marriage to come to an end. But what do you do if your partner suddenly wants a divorce? Cupid is here with some advice for you.

- 1. Don't seek revenge: If your partner springs divorce on you, never act out in revenge. Not only does it make you look crazy but if law officials are brought into the situation, you might lose a lot more than your marriage.
- 2. Protect your assests: If you and your ex have joint bank accounts or anything along those lines, contact a lawyer to help sort out the financial situations.
- **3. Therapy:** Divorce or seperation can be hard and many people find themselves falling into a endless black hole of depression. Try getting therapy. Therapy can help you get over the depressed feelings and help you get your life back on track.

What would you do if your partner sprang an unexpected split or breakup on you? Share your ideas below.

# Celebrity News: Taylor Swift Admits She Doesn't Know If

## She Will Get Married





By Meghan Fitzgerald

Recently, 23-year old singer, Taylor Swift talked to <u>Wonderland</u> magazine about relationships, guys, and heartbreak. <u>UsMagazine.com</u> talks more with Swift, talking about "I have no idea if I'm going to get married or be single forever or have a family or just be on my own. You know, paint in a cottage by the ocean by myself." The Never Ever singer has a list of countless exes, John Mayer, Jake Gyllenhaal, Taylor Lautner, and Harry Styles. Who knows what will be next for Swift.

What do you do if you're not sure what you want out of a relationship?

## Cupid's Advice:

If you are not more than eighty percent positive you should be in the relationship you're in, you should reconsider it. Not knowing where you should be in life means you need to think more about you. You shouldn't delve further into someone else's life if you don't know your own. Cupid has some more advice on not wanting to be in a relationship:

- 1. Get out: Being in a relationship when you don't know what you want is a sign to get out. If you don't know what you want out of it, you should not be in a committed relationship. It isn't fair to your partner if you're not positive of what you want. Save the despair and heartbreak for your mate, and leave the relationship now. It may be difficult to do, but in the long haul it is worth it.
- 2. Effective communication: Communication is necessary if you're not sure what you want out of a relationship. Make sure your partner knows what you're thinking and feeling. Inform them about your confusion and anxiety of the relationship. If they are not aware that you may act differently, or may abruptly leave the relationship, let them know. Fill your mate in on everything.
- 3. Self-exploration: Okay, you're not sure what you want of a relationship...now is your time to explore. Hop out of the relationship and do some self exploration. Do things you wouldn't normally do in a relationship. Do things you normally wouldn't do in general. Go out of your comfort zone and find out who you are. Find out what you want out of relationships so you can go back into them.

Have you ever not known whether or not you wanted to be in a relationship? Explain below.

# Celebrity News: Ashley Tisdale Discusses Why She Likes 'Mysterious Bad Boys'





By Meghan Fitzgerald

Ashley Tisdale does not like her men like character Sharpay in High School Musical did. She discussed with People how she likes her men to be a little rough around the edges. USAToday talked about Tisdale's recent topless Maxim cover, and her interest in guys. "There's definitely a thing where I like the dark, mysterious bad boy." However, she's not opposed to "surfer, blond frat guys." The 27-year old Scary Movie V actress sure has changed since her younger days in relationships.

What are some of the reasons women are attracted to bad boys?

Cupid's Advice:

For some odd and relatively unknown reason, women have been attracted to bad boys. Even if they see the inevitable heart break in the near future, women still tend to go for said bad boys. Bad boys do have a certain allure to them. Leading numerous women to fall for their mysterious lives. Cupid has some advice on bad boys:

- 1. Curiosity: Some women have a strong sense of curiosity in their lives. It is not uncommon to be curious about new things you haven't experienced. With this being said, having an interest in a bad boy will definitely reduce your curiosity. Although it may not go as great as you expected, you still will have had the exposure to the 'bad boy world.'
- 2. Adventure: Bad boys have this certain vibe about them. Like they are absolutely filled head to toe with adventure. A type of guy who will throw you on the back of their Harley Davidson 2010 motorcycle and speed away to a dive bar with outside bathrooms and a gun range inside. Of course this is exaggerated, however bad bays hold this allusion that they are more fun. Who knows, they could be.
- 3. Saving: Some women think they have the tendency to 'save' men. Yes, there are the cases where this is a possibility. However, they are rare and hard to come by. You do not usually see intelligent and mature women successfully saving immature rebel men. This would be a great thing to see in relationships. Yet, it does not always happen. Women have failed to see that this usually does not work.

Have you ever been attracted to a bad boy before? Share your experience below.

Celebrity News: Kordell Stewart Claims Wife Porsha Williams Parties and Neglects Stepson in New Divorce Documents





By Andrea Surujnauth

Former Pittsburgh Steelers star, Kordell Stewart, is accusing his estranged wife and Real Housewives of Atlanta star, Porsha Williams, of staying out late, partying, and neglecting her step-son. UsMagazine.com reported that Stewart asked the court to deny Williams request for temporary support because of her alleged partying. Williams fought back by filing a motion claiming that Stewart locked her out of their house. Stewart's defense was that he simply locks the doors at night for security reasons. Williams also accused her estranged husband of having "another woman" in her house. Stewart claims

that the only other woman that was in the house the nanny that was hired to care for his son since Williams is "neglecting her responsibilities to her stepson." Williams told reporters on April 3, "This is a very difficult time for myself and my family. I'm just trying to remain strong. That's all I can do and stay prayerful and lean on my friends and family."

How do you keep your divorce civil for your the sake of your children?

### Cupid's Advice:

Divorce can be extremely traumatizing for children. Keeping your divorce civil, at least in front of your children, is important for your child's welll-being. Cupid is here with some advice on keeping things civil for your child:

- 1. Arguments: Keep arguments private. Do not argue in front of your child. This is guaranteed to upset them even more. Their parents are breaking up, they don't need to witness their mom and dad at each other's throats.
- 2. Messenger: Do not make your child a messenger between the two of you. Having your child carry messages back and forth because you don't want to speak with each other will cause added stress on your child.
- **3. Come to terms:** Coming to terms with your emotions is key to keeping your divorce civil. This will help to avoid the extra drama that is thrown into a divorce that is caused by emotional pain.

How did you keep your divorce civil for your child? Share your ideas below.

# Celebrity News: Adam Lambert Splits from Boyfriend Sauli Koskinen





By <u>Jessica</u>

## <u>Conigliaro</u>

Former American Idol contestant Adam Lambert recently called it quits with boyfriend Sauli Koskinen. They both have been increasingly focused on their own individual careers in recent months, which likely contributed to their breakup, <a href="USMagazine.com">USMagazine.com</a> reports. "I've been getting really busy and traveling a lot and and he's been getting really busy because he has a show he's filming for Finnish television," Lambert said. "So we just decided to part ways."

How do you keep your busy career from interfering with your relationship?

## Cupid's Advice:

You have been working towards that big promotion at work for years and have finally achieved it. Of course, with a higher job position comes more work and responsibilities. Your partner begins to feel you a dating your work and not them, with all the time you are spending at the office now. Cupid is here to help you juggle your career and your relationship:

- 1. Decide what's more important: After about three months of the new job title, you and your love don't feel as close to each other anymore. If you truly don't enjoy the new position, don't keep it. There is no reason to stay at a job that you hate just because it pays a little better—especially if it could destroy your relationship. If you do however enjoy the job, you simply will have to try harder to keep your love life strong while working those long hours.
- 2. Set aside time: Having free time while working isn't always easy or guaranteed. You often have to work long nights and some weekends. Make plans with your love two weeks in advance. This way, you can avoid tackling any big projects at work. Your <u>love</u> will appreciate your consideration and will notice your efforts to make things work.
- 3. Include them: Your boyfriend jokes around and says you spend so much time at work that you practically live there. Have him come to your office for lunch and show him what you do all day. He will love learning how you spend your time away from him—and will also enjoy spending the afternoon with you. Try to have lunch dates a few times a month—a great way to stay involved in each other's lives.

How do you keep your relationship going strong with a busy career? Share below.

# Celebrity News: John Mayer Opens Up About Split with Katy Perry





By Meghan Fitzgerald

John Mayer is usually a man flaunting his relationships, exes, flaws of his past. However, with Katy Perry, everything was different. Their relationship was closely sealed shut to the outside world ... until he spoke on the *Ellen DeGeneres Show*, where he talked about him and Perry's split. *UsMagazine.com* reports that Mayer described the relationship being complicated. He further explained that coupling is tricky.

What are some ways to keep a positive outlook after a breakup?

### Cupid's Advice:

Keeping a positive outlook on life isn't always the easiest

thing to do after a breakup. Especially if it was messy, leaving you an emotional mess crying over laundry softener commercials. Even though you may think the sun will never shine over your now dismal life again, it will. And you can make it happen. Cupid has some more advice:

- 1. Forgive and forget: Yes, forgiving and forgetting sucks more than getting a flat tire in the middle of rush hour traffic. However, it is possible to do and it will leave you with a brighter view on life. Of course any breakup hurts, but there are ways to mend your <a href="heart">heart</a>. It's not as simple to say just forgive and forget because it is not that easy. However, you need to dig deep inside of yourself and find the strength to move on.
- 2. Exercise: Exercise ladies and gentleman will help you with your breakup! It is proven that hopping on the treadmill or that late night cycle class will make you happy. If your breakup sucked, go get your ass to the gym. Sweat off all the Ben & Jerry's ice cream you have been shoveling down your throat. It is guaranteed that you will feel ten thousand times better. Maybe not ten thousand but you get the gist of it.
- 3. Keep your chin up: It is always easier said than done for this one. But, you are capable of keeping your head up darling. You can overcome this breakup and shine on. Informing everyone how "fine" you're doing. When you act fierce, you slowly turn fierce. In simpler terms, if you act like you're okay by keeping your head held high, you will soon be more than okay!

Have you kept a positive outlook after a breakup? Share your experience below!

# Celebrity Divorce: Porsha Stewart Seeks Alimony from Kordell Stewart in New Divorce Papers





By <u>Jessica</u>

## **Conigliaro**

Kordell Stewart filed for divorce and only a week later, wife Porsha Stewart was fighting back, <u>UsMagazine.com</u> reports. The Real Housewives of Atlanta star submitted her own divorce papers through her attorney, seeking alimony and use of their Atlanta mansion.

What are some ways to keep your divorce civil?

## Cupid's Advice:

You and your husband could not work through you problems made the decision to get a divorce. You want to stay civil with one another throughout the process, but aren't sure if that is possible to do. Cupid is here to teach you ways to keep things pleasant:

- 1. Make compromises: Divorces can often get messy. Both people involved want certain things in the divorce. If your soon-to-be ex spouse is dead set on getting your vacation home and you could care less, let them have it. It is pointless to start a huge dispute over property you don't even want. Be willing to let them have certain things, even if you don't think they deserve to have it. In return they will not pick fights when you make requests to keep the things you want.
- 2. Remember the good: In all marriages, there are ups and downs. As you ae going through the divorce process, try to remember why you fell in love with the person. This will not fix your already broken marriage, but it will allow you to feel sympathy for them and not completely resent them. You and your soon-to-be ex husband will get along a lot better during the divorce if you respect one another in some way.
- 3. Move forward: The worst thing you can do during a divorce is bringing up old arguments. They are the reasons you chose to end the marriage and should not be mentioned again. The decision has been made to leave each other, so why go through the long and painful disputes again? Keep conversation light between the two of you during this time. Bringing up old wounds will only make you hate each other.

How did you stay civil during your divorce? Share below.

# Celebrity News: Meryl Streep's Daughter Mamie Gummer and Husband Call It Quits





By <u>Jessica</u>

## **Conigliaro**

Side Effects Actress Mamie Gummer recently announced that her marriage with Benjamin Walker is coming to an end, <u>Us Weekly Magazine</u> confirms. The two got married in the summer of 2011, lasting less than two years.

How do you know when it's time to call it quits on your marriage?

## Cupid's Advice:

You and your spouse don't always see eye to eye. Lately, it seems like all you do is bicker at each other. The romance is

completely gone and you begin questioning your marriage. Cupid is here to help you make the difficult decision:

- 1. Constant fighting: It's one thing to argue over who's going to cook dinner tonight, but if you're arguing over every little thing there's a problem. Ask yourself how many arguments you have with your husband on an average day. If that number seems high to you, it is and you should see if your spouse is noticing the issue as well. Talk to him about it; the solution may end up being divorce or separation. Don't be afraid to talk it out though. If you don't you both will continue being unhappy.
- 2. No compromises: You have been married for a few years now and want to start a family. Your husband however wants to wait and is unwilling to listen to your opinions on the subject. This should send up a red flag instantly. Having children is a major step in both of your lives. The decisions should be for you to make as a team. If you are finding it difficult to work together in your marriage, perhaps it's time to have a long discussion with your spouse and set your priorities straight.
- 3. Sad all the time: If you find yourself trapped in your marriage, don't ignore your gut instinct. Your husband doesn't always want to go out on the weekends and makes you stay in all the time. You are left feeling guilty for wanting a different lifestyle than him. Your spouse most likely notices how sad you get, and feels as if he is holding you back from the life you truly desire. If you are upsetting each other constantly, it might be time to reconsider the marriage.

How did you know it was time to end the marriage? Share below.

# Celebrity News: Chris Brown Opens Up About Rihanna Assault





By Meghan Fitzgerald

March 26th, Chris Brown stopped by Ryan Seacrest's KIIS FM radio show, discussing the events which occurred before the 2009 Grammys. He talked about the night no one will ever forget, which is when Chris Brown assaulted his girlfriend, Rihanna. *UsMagazine.com* reported that Brown explained to Seacrest, "Everybody has a temper, but for me, it was not knowing how to control it when I thought I had the world in my hands." *NY Daily News* stated that he's trying his best to be a better man, and show her how sorry he is.

What do you do if your partner severely breaks your trust?

Cupid's Advice:

When your partner breaks your trust, it is challenging to allow them back in to your heart. Even though it is challenging, it is still possible to piece the relationship back together. Although you may want to ditch your mate and leave him on the sides of the street, they may have had a reason why. Or you may have misinterpreted the situation. Cupid has some more advice:

- 1. Communication: In a relationship, it is essential to communicate with your partner. If your partner lacks communication, and breaks your trust, you must learn to communicate! You need to figure out why your partner did this to you, how you can make it work, or even if you want to make it work. If you want to try and make your relationship work, you will need to talk with your partner!
- 2. Rebuilding: Rebuilding your relationship after your partner breaks your trust is challenging to do. If you are willing to make your relationship work, rebuilding with your partner is necessary. Your mate now needs to build their trust, their love, and their respect back up. Although this is challenging to do, it is still possible if you really love your beau and want to get on with the relationship.
- **3. Space:** When your partner severely breaks your trust, you will inevitably need some space in the relationship. Space to figure out what you want in life, what you want of yourself, and what you want out of the relationship. Space will give you all of these things, and more. Space also allows your partner to realize what they did wrong, and how they will be able to salvage their relationship.

Has your partner broke your trust before? Share below!

# Celebrity Couple: John Mayer and Katy Perry Split for the Second Time





By Andrea Surujnauth

It seems as though John Mayer and Katy Perry have hit a bump in the road...AGAIN. The famous couple has broken up for the second time. Is the split permanent? According to <code>UsMagazine.com</code>, it may not be. A source mentioned, "It's sad. It's not over until it's over. You have to see how things play out." Another source added, "She's leaving the window open. They have both been so focused on work." Perry had previously been married to Russell Brand, but their divorce was finalized by February 2012. Perry began flaunting her relationship with Mayer as early as March 2012. Although the two split up for a little while, they were back together by September 2012.

How do you know when an on-again off-again relationship is

### Cupid's Advice:

On-again off-again relationships tend to feel like a never ending black hole. You just keep falling deeper and deeper into it and there doesn't seem to be any way out. How can you tell when the time has finally come to just get away from the relationship and never look back? Cupid has some advice:

- 1. No more satisfaction: When you're in this on-again offagain relationship, every time you and your beau are back on, you do not feel the same happiness and satisfaction that you once felt. You start asking yourself whether you are happier when the relationship is off rather than on.
- 2. No resolution: If you two are just getting back together without resolving the problem that caused you to break up in the first place, you probably should not be together. If you can not find the solution to a problem that was big enough to cause you to break up, then the relationship will continue being a roller-coaster ride for you and your partner. You both better get off of the ride before one of you throws up.
- 3. Think of your needs: Think about whether this relationship is healthy for you. Are you happy with the constant bickering, breaking up, crying, and then eventually getting back together knowing that it will happen all over again later on? If this relationship is getting in the way of your school, job, and happiness, then it is time to let it go and move on.

How do you know whether an on-again off-again relationship is truly over? Comment below and let us know.

## Celebrity Couple: Rosario Dawson and Danny Boyle Call It Quits and Avoid Each Other





By Meghan Fitzgerald

<u>UsMagazine.com</u> confirmed that celebrity couple, Rosario Dawson, 33, and 56 year-old Oscar winning director, Danny Boyle have called it quits. Dawson discussed how different they may have seemed on the outsides however, they really had a lot in common, and how kind of a man Boyle was. Although Dawson had nice words for her partner than, this is no longer the case. <u>NY Daily News</u> reported that the <u>Trance</u> press junket was not filled with romance, but filled with tension, and the split two not speaking to one another.

How do you remain civil with your ex after a heated breakup?

Cupid's Advice:

Heated breakups are not in any sense enjoyable for anyone. They're messy, peoples' feelings get crushed, your friends and family get dragged into the relationship, you end up on different sides of the universe. Although you may not want to remain civil with your ex, you most likely share friends, are close with their relatives, have the same favorite restaurants, and may have kids together. Cupid has some advice on how to stay civil:

- 1. No bad-mouthing: Heated break ups tend to leave both parties bad-mouthing one another all across town. Although this may release steam and bottled up emotions, this is no way to act if you want to remain civil with your ex. Instead of spreading grotesque rumors or spilling your ex's deepest darkest secrets, say nothing at all. Yes, this will be challenging, and it will probably suck. However, no bad-mouthing means you both can attempt to remain civil.
- 2. Ground rules: You need to set ground rules for yourself, and for your ex. Depending on how heated the breakup was, you may need to split up areas. You get a certain amount of your favorite places, and they get the rest. This means no confrontation or communication at outside areas. If it is necessary, no communication whatsoever may need to be put into play. Depending on you and your mate, you make and adjust the rules.
- 3. Take it slow in new relationships: Keeping it civil with your ex isn't jumping straight into a new relationship. Of course you want nothing to do with your ex, and want to wash him from your memory. However, this is not easy nor is it possible. Take it slow when you're getting in to new relationships. It is not necessary to delve into some new person when you have unresolved business with your ex.

Have you remained civil with an ex? Share your experiences below.

## Celebrity Couple: Selena Gomez Admits She Made Justin Bieber Cry





By Meghan Fitzgerald

Selena Gomez was a guest on this Monday's episode of David Letterman. Letterman started off my saying the last time you were on the show, you were with Justin Bieber. <u>People</u> stated that Letterman continued to say that the relationship is no longer going on. Gomez broke into a smile, saying she is single and that she's good. <u>NY Daily News</u> describes Bieber and Letterman's last meeting together on the show. Letterman recounted making the 'Biebz' cry, and Gomez chirped in and stated, "That makes two of us!"

What are some ways to apologize for making your partner cry?

#### Cupid's Advice:

No matter the situation, it is never a great idea to make your partner cry. Although it is usually inevitable, you should try your hardest not to make your mate shed tears. Did you two get in a fight over money? Over the job you just loss? Or what your parents think of your love? Don't fume up over them, calm your temper and speak like adults. Cupid has some more advice:

- 1. Flowers: Flowers are pretty much the universal sign for 'I'm sorry.' They show your mate how much you care for them. Not really by how much you spent on them, I mean picking weed flowers won't do. It shows how much they mean to you. Even if you did make your partner cry, the flowers are a symbol for the love you have for your partner. Make sure you pick out their favorite flowers if you really messed up!
- 2. 'I'm sorry' letter: Letters show words, words show everything in the world. Emotions, feelings, power, strength, love; words can describe anything you wish to say. Say you made your partner cry over a petty fight, quickly grab a pen and paper and start writing away. In the letter, obviously apologize for whatever the situation may be, and express your feelings for you mate. How much they mean to you, how you cannot ever lose them, everything you're thinking.
- 3. Date: Take your beau out on a date for your mess up. Of course you should always take your partner out every once in a while. However, if you made your partner cry, they deserve a date asap. Take them to their favorite restaurant, or cook a meal at home. Combine the first two with this last one. Bring them flowers and the heartfelt letter you wrote for them on the date and you're all clear!

Have you ever made your partner cry? Explain your experience below!

### Celebrity Breakup: Ryan Seacrest and Julianne Hough Call It Quits After 2 Years





By Jessica

Conigliaro

American Idol judge Ryan Seacrest and longtime girlfriend Julianne Hough recently ended things. Hough could not handle dating a workaholic, thus ending their two-year relationship. "It's a lifestyle she couldn't handle anymore. Work always, always came first [for Ryan]. She wants a more lowkey life," a source tells <a href="USMagazine.com">USMagazine.com</a>.

How do you know when to call it quits in a long-term relationship?

#### Cupid's Advice:

You have been dating your partner for a while now and feel comfortable being around him. However, something just doesn't feel the same anymore. He treats you with less respect and you are left questioning the relationship. Cupid's here to help you make the tough decision:

- 1. Opposing goals: After dating your boyfriend for over a year, you decide it's a good time to discuss the idea of marriage. To your surprise, he completely dismisses the conversation, saying he's 'not the married type'. What do you do now? If you and your partner clearly want different things in the future, end the relationship as soon as you can. Never stay with someone that will hold you back from what you truly want—you will eventually resent them for it. Find someone that wants similar things in their future as you do. Searching for that person may take a bit of time, but the end result will be ever so rewarding.
- 2. Negative behavior changes: Unfortunately, people often change for the worse. Your partner got a promotion at work last year and has been stressed out for months. Instead of talking about his problems, he just takes out all his anger on you and starts unnecessary arguments. When the person you are with stops respecting you the way he used to, write it down in a journal. If you find yourself constantly jotting down your troubles, this is your cue to leave the relationship. Keeping tallies also reassures that you are not making any rash decisions; the problem is a recurring one, and is unlikely to go away. End things before they get even worse.
- **3. Pile of lies**: Throughout your 2-year relationship, you were always suspicious of your man lying to you on occasion. He would never confess to leaving a mess in the kitchen, or forgetting to turn the T.V off before bed. In the past, the lies were so small that you disregarded them completely. If there's a small problem in your relationship, address it

before it becomes worse. If you ignore the little nuances, your partner's tiny fibs will get increasingly worse, leaving you hurt mad at yourself for ignoring the signs. If an issue in your relationship is drastically escalating beyond your control, it might be time to consider walking away entirely. Some problems simply can't be fixed.

How do you know when to end serious relationships? Share in the comments below:

# Celebrity News: Gwyneth Paltrow Speaks Out About Miscarriage





By Jessica

Conigliaro

Oscar-winning actress Gwyneth Paltrow recently opened up about the miscarriage she experienced in recent years. She says she got through the tough time with support from her loving husband and Coldplay rocker Chris Martin, USMagazine.com reports. "We are committed co-parents, we make all the decisions together and lean on each other for support," Paltrow says. "[Chris] is so good to the children and to know that you had kids with such a good man is a real weight off you."

What are some ways to help your partner get through a tragedy?

#### Cupid's Advice:

If your partner is experiencing a tragedy, you undoubtedly want to show your support. He has always been there for you and now's the perfect time to return the gesture. Cupid offers some advice on ways to comfort your man during his rough patch:

- 1. Be there for him: Your boyfriend just heard the news of his grandfather's passing. He of course is upset and overwhelmed after finding out. Show your support by accompanying him to the wake and funeral. Your partner will take notice of your constant presence and will be reminded that he's not alone.
- 2. Help them cope: When someone you love is going though a difficult time, you may feel the need to help them through it. If your partner just found out his favorite uncle is passing away, suggest visiting him in the hospital to say his final goodbyes. Your boyfriend will feel better knowing he got to see his uncle one last time. Find ways to ease your love's mind during a tragedy. They will appreciate your compassion during their rough time.
- 3. Give some space: During sad times, it is often in our nature to want to be alone. If your partner seems a bit distant from you and is avoiding eye contact, don't take that

as a bad sign. Some men are embarrassed to cry in front of others, but they still need that emotional release. Tell your boyfriend you are going to the food store and slip away for a few hours. He may just need the house to himself in order to grieve in his own way.

How do you comfort your love during a tragedy? Share with us below.

## Celebrity News: Cindy Crawford Blames Her Divorce From Richard Gere On 17-Year Age Gap





By Meghan Fitzgerald

<u>UsMagazine.com</u> reported that although Cindy Crawford and Richard Gere's relationship didn't last, Crawford learned a lot of lessons from the four-year marriage. On March 11th, Crawford was on *Oprah's Master Class*, discussing how their 17-year gap was the largest problem in their relationship. The <u>New York Post</u> reports Crawford's appearance on *Oprah*, "I think a lot of what happened with Richard and I was, I was still 22 and at 22 — as a young woman — I was kind of still figuring out who I was and what I wanted to be and he was already 37." The two are now happy, with children.

How do you know if an age gap in your relationship will affect it in the long-term?

#### Cupid's Advice:

Age gaps in relationships can cause a myriad of problems, especially in the long term. It can also be a fresh thing between you and your mate. Depending on your personalities, the age gap, how comfortably you are with each other and what not, the relationship can last. Cupid has some advice on how this gap will affect the long term:

- 1. Emotional maturity: Emotional maturity is an aspect you want in a relationship if a age gap is present. You do not want twelve years between one another and the younger person acting immature and their own age. If you are going to be with this person for the rest of your life, they have to be able to keep up with you emotionally. If this is not a possibility in the beginning, it may challenging to make it for the long haul.
- 2. Similarities: Similarities are usually what brings a couple together in the first place. They should still be present throughout the relationship if there is an age gap present. You and your mate will not make it if you have absolutely nothing in common because of your age. If your music, humor, morals, or anything important are vastly different; consider

getting yourself out of the relationship and move on.

3. In sickness and in health: If the age gap is not a problem until after the wedding, well ladies and gents, just remember 'in sickness and in health.' Although divorce is common amongst many couples these days, you should resort back to the vows you took as a couple. If you have already reached the marriage stage, technically you've reached the long term, and simply are just going to have to deal with it day by day.

Has a age gap affected your relationship in the long haul? Explain below!

Celebrity Breakup: Josh Brolin Hits the Town with the Boys Post-Split With Diane Lane





By Andrea Surujnauth

Actor Josh Brolin was seen enjoying a guys night out only a few weeks after announcing his split from his wife of eight years, Diane Lane. The group consisted of Brolin's buds Bradley Cooper, Benicio Del Toro and Michael Fassbender, who were all seen hanging out by Skybar at the Mondrian Los Angeles together. An onlooker told <u>People</u> that Fassbender ordered a round of drinks for the group. The source goes on to add that the guy's night out lasted well past closing time. "They were in good spirits having fun! It looked like a very relaxed night out." the source told <u>People</u>. Brolin and Lane's split was said to be mutual by both parties.

## What are some ways to help your friend move on after a breakup?

### Cupid's Advice:

Your friend just went through a painful breakup and it hurts you to see your buddy hurt. How do you help your friend great through this heart breaking time? Cupid is here with some advice for you:

1. Listen: Listen to your friend talk about their feelings. Let them tell you how hurt they are over the breakup. During this time the most important thing your friend needs is an ear to complain to and a shoulder to cry on. So be there for your friend and let them talk as much as they want to.

- 2. Go out: Going out does not necessarily mean going to the club or bar and hunting for a new relationship. Actually, do just the opposite. Take your friend out for the day and go for a walk, go out for lunch, go to the beach, or go to the gym. Your friend needs quality "friends only" time so go out, do some physical activity, and have fun!
- 3. Do not preach or lecture: This is a huge DONT when trying to help your friend get over a break up. Never say "I told you so". Your friend already knows that the relationship was a flop and they do not need you to rub it in or pretend to be the all knowing relationship god. Just be there for your friend, don't make them feel like they should have known better.

How do you help your friends get over breakups? Comment below and let us know!