

Celebrity Divorce: Mayim Bialik, Husband Michael Stone Finalize Divorce



By April

Littleton

The *Big Bang Theory* actress, Mayim Bialik, finalized her divorce from husband of nine years Michael Stone late last week. "It's going okay," Bialik told UsMagazine.com. "I mean, I have to say, I give both of us a lot of credit for putting our kids first. It's not easy, but we're doing okay, so thank God." The couple have two sons together – Miles 7, and Fred, 4.

How do you know when it's time to end a marriage?

Cupid's Advice:

Many married couples try to hold on to a deteriorating relationship out of fear of the unknown. They believe the problems they're facing will simply disappear or they try to stick it out for the sake of the children. As a couple, it's important to make the tough decisions – even if it means the end of marriage. Cupid has some advice:

1. Constant fighting: Having the occasional argument is normal in a relationship, but if you and your spouse are constantly abusing one another in any way – it may be time to end the marriage. Once abuse enters a relationship, it's almost always over. Marriage is about love and respect – it's not about putting each other down.

2. Counseling isn't working: If you and your significant other have been seeking professional help and it hasn't changed anything in your relationship, it may be time to call it quits. If you don't see any improvement in your marriage, then there isn't much else you can do.

3. The love is gone: The chemistry between you and your partner should stay at a constant. If you no longer feel a spark between you and your boo, it may be an early warning sign that the marriage is drawing to a close. You may feel committed to staying in the marriage for the children, but you're only doing more harm than good. Children know when they two people they love the most don't love each other.

How did you know when it was time to end your marriage? Share your experience below.

Celebrity News: Jef Holm Says He and Emily Maynard Haven't Spoken in 'Months'



By Petra Halbur

Jef Holm and Emily Maynard may have called off their engagement in October 2012, but Holm says that he has nothing but love for his former fiancée. "We haven't talked in the past few months. Last time we talked, things were in good spirits," Holm told UsMagazine.com of Maynard, whom he met on the *Bachelorette* last spring. He explained that Maynard, who has a 7 year old daughter, is a homebody, while he is looking for a more outgoing partner. "I hope the best for her. She's an amazing girl. She's just not the person I'm gonna spend the rest of my life with. I think she'll make somebody happy," he said.

How do you truly move on after a broken engagement?

Cupid's Advice:

Breaking off an engagement can be devastating. Your short term and long term plans have both been drastically changed and, perhaps, you're unsure of how to face your new and uncertain future. Cupid has some advice to help you move on:

1. It's okay to be single: Finding yourself without a partner again is probably the hardest part of breaking off an engagement. While the transition may be difficult, know that you have friends and family who love you. Being single does not mean that you are not alone.

2. New goals: Your plans for married life have been put on the back burner (for now) so write yourself a list of new things that you want to accomplish. Remember, there are advantages to being single.

3. Love is still out there: It might be hard to believe right now, but "the One" is still out there. The end of your engagement does not mark the end of your love life.

How did you cope after your engagement was called off? Tell us below.

**Celebrity Couple: Rob
Pattinson Put Kristen Stewart
'Through the Ringer' Over
Affair**



By Petra Halbur

Robert Pattinson and Kristen Stewart may have only recently split up, but their relationship had been on rocky ground for some time prior to the separation. Pattinson, it seems, had a difficult time letting go of Stewart's affair with *Snow White and the Huntsman* director, Rupert Sanders. "He really put her through the ringer," a source told UsMagazine.com. The source also said that Pattinson held the scandal over Stewart's head and frequently brought it up in arguments. "Ultimately, it was like, 'Either we move past this or we don't. It wasn't good for either of them.'"

What are some ways to move on after your partner has an affair?

Cupid's Advice

An affair doesn't have to mark the end of your relationship if you and your partner don't want it to. That said, getting over infidelity is far easier said than done. Cupid is here with

some advice to help you move on:

1. Human frailty: Your partner messed up. *Big time*. If you still want to salvage your relationship, though, realize that everyone makes mistakes.

2. Everything on the table: Withholding your true thoughts and feelings from your partner will not do either of you any good. Playing nice will only mend things on the surface. Absolute honesty is vital to the healing process.

3. Discuss values: Monogamy isn't for everyone. If your partner isn't capable of (or interested in) fidelity, you need to decide if this relationship is really worth saving.

How did you get past your partner's infidelity? Tell us below.

Celebrity News: Jonah Hill Is Spotted Making Out with Ex-Girlfriend in Los Angeles





By Petra Halbur

It looks like Jonah Hill may be getting back together with his ex-girlfriend, Jordan Klein. Although the couple broke up in October 2011 after a four year relationship, the two were spotted making out. A source told [People](#) that Hill and Klein were walking towards a Starbucks in Los Angeles when Hill suddenly “grabbed the back of her head and started passionately kissing her on the side of the street.” The couple continued to kiss inside the Starbucks. “Actually I think they forgot where they were, it went on for at least five minutes,” the source said.

How do you know whether to give your ex a second chance?

Cupid's Advice:

Break ups aren't always permanent. After a period of separation, you may find yourself wanting to get back together with your ex, but is this a good idea? Cupid has some advice to help you decide:

1. Remember why you broke up: Consider what factors led you two to stop seeing each other in the first place. Has anything changed? If not, is this relationship worth renewing?

2. It's not just loneliness: Don't get back together with your ex just to be in a relationship, again. It's perfectly normal to want companionship but having a partner doesn't guarantee you happiness.

3. It's not dependence: If you just ended a long relationship, it may be scary to face the world alone, but don't get back with your ex out of fear. Change can be scary, but it's necessary for growth.

Why did you decide to get back together with your ex? Tell us below.

Celebrity News: Kristen Stewart Visits Taylor Swift Post-Breakup from Robert Pattinson





By April

Littleton

A source confirmed to UsMagazine.com, that the *Snow White and the Huntsman* actress went to seek comfort from Taylor Swift after breaking up with Robert Pattinson for the second time. Ever since K-Stew's affair with director Rupert Sanders, the once-happy couple has been dealing with relationship issues. On Sunday, Pattinson was seen moving out of the house he shared with Stewart. A source close to the couple said, "She tried, they both tried. They're both good people. It was just not the right thing for either of them right now."

What are some ways to cope with the aftermath of a fresh split?

Cupid's Advice:

Breaking up with a partner is never an easy pill to swallow. The pain of breaking up with someone you thought was the love of your life can feel unbearable. If it's a fresh split, you're probably feeling hurt, angry and sad – all of that is OK to feel! Cupid has some advice on how to get over the initial pain of a breakup:

1. Have a girl's night out: It's very important for you to have a support system once you break things off with your boo. You want to surround yourself with people who love you unconditionally and that's where your girlfriends come in. Have a movie night or dance away your sorrows at a club. You'll find it easier to get back to being yourself with your girls around.

2. Give yourself some time: Time is the best healer! Don't rush into a new relationship just to help ease the pain of losing someone you once loved. Be patient with yourself and let the tears fall. It's OK to cry over the lose of a relationship. In the end, you will feel and be better for it.

3. Stay active: Lounging around in bed for weeks may seem like a good idea, but it won't make you feel any better! You need to continue to do things you were doing before the breakup. Take up a new hobby, participate in an art class – do whatever you have to do to regain your focus in life. Once you're finally over your ex, you'll be glad you didn't hide under the covers the whole time.

How did you get over a breakup? Share your experience below.

Celebrity News: Denise Richards Says She Enjoys Hanging with Ex Charlie Sheen





By Kerri Sheehan

Last week Denise Richards dubbed Charlie Sheen the “greatest ex,” after he arranged for his jet to fly her home in time for Mother’s Day. This week Richards is giving more insight as to how the two keep their relationship friendly. According to [People](#), Richards revealed that she feels, “One can feel one way and one can feel another way, and there’s lots of feelings and emotions there, but at the end of the day we want our daughters to benefit by us getting along. For myself, I don’t want to have an unhealthy relationship with him ... life’s too short for that and we actually enjoy hanging out and being with the kids, and it’s much easier.”

What are some perks to remaining friends with an ex?

Cupid’s Advice:

Staying friends with an ex is often beneficial, especially when there are kids involved. Cupid has some reasons why:

1. Keeping your group of friends intact: Being in a long-term relationship with someone means you’re bound to garner the same group of friends. By staying friends with your ex you will be able to ensure that you won’t lose any friends in the

process of breaking up.

2. Raising the children: If there are kids involved then it's vital to keep the relationship with your ex as civil as possible. Raising kids in a hostile environment will force them to feel the tension constantly. They also may feel forced to pick a side (mom vs. dad) and that's not fair to anyone.

3. Help with future relationships: Although it may take you two a while to reach this point, eventually you will be able to help each other out in the dating world. No one knows about your bad and annoying habits better than your ex so they can help you determine where your future relationship are falling flat.

Are you friends with your ex? Share your story below.

Celebrity News: Signs Robert Pattinson and Kristen Stewart's Relationship Was Crumbling





By Petra Halbur

According to reports, Robert Pattinson and Kristen Stewart have split up again. The *Twilight* couple has been on-and-off again since Stewart's highly-publicized affair with *Snow White and the Huntsman* director, Rupert Sanders. Though the pair reunited in March after a two-month separation, all did not remain well in paradise. While reps have not been reached, a source told [People](#) that a major indication of their relationship's demise was Stewart's absence from Pattinson's birthday celebration on May 13th. "It was very strange that they didn't celebrate Rob's birthday together ... Kristen was not part of the celebration," the source said. "For the past few days, they have not spent any time together."

What are some ways to recover after a tough break-up?

Cupid's Advice:

Break-ups can be confusing, lonely and extremely painful. Recovery takes time. Cupid is here with advice for how to make this difficult process easier:

1. Take time for yourself: Enjoy the "me time" you might have been too busy for when you were in a relationship. Reopen

some personal projects you put to the side. Watch your favorite movie. Eat your favorite food. You deserve it.

2. Don't blame yourself: Relationships are complicated and break ups don't necessarily have to be anyone's fault. Don't wallow in self-criticism but don't vilify your ex, either. This is a time to heal and assigning blame won't benefit anyone.

3. Don't give up hope: There's a reason why the saying, "There are plenty of fish in the sea" is cliché: it's true. Just because this relationship didn't work out doesn't mean you'll never find "the one." Don't stop looking.

How did you get through your break up? Tell us below.

Celebrity News: Holly Madison's Fiancé Is Facing Prison Time for Embezzlement





By Kerri Sheehan

According to UsMagazine.com Pasquale Rotella, fiancé of former Playboy Bunny, Holly Madison, is facing at least 13 years behind bars for counts of bribery, embezzlement, conspiracy, and conflict of interest. The couple has a three-month-old daughter together- Rainbow. So far Madison has not commented on Rotella's potential arrest.

What do you do if your partner is in trouble with the law?

Cupid's Advice:

The law is not something to mess with, so treading lightly when your other half is in trouble is important. Cupid has some advice:

1. Look at the big picture: Your reaction to potential jail time will depend on the severity crime. For charges such as Rotella's it's clear that Madison and her daughter are not in imminent danger as Rotella's crime is not of the violent nature.

2. Support them: Facing jail time is obviously a scary notion. Sometimes just being there for your partner is the best gift you can give them. Let them know that you're in it for the

long haul so the state of your relationship doesn't add additional stressors to the mix.

3. Stay quiet: Opening your mouth and saying the wrong thing can dig an even deeper grave for your partner. Don't talk about things that you don't know definite answers to and never speak of the crime in question without a lawyer present.

Have you ever had a partner in trouble with the law? Share below.

Celebrity News: Bethenny Frankel and Jason Hoppy Ignore Each Other at Daughter's Birthday





By Meghan

Fitzgerald

According to UsMagazine.com, on May 4th, Bethenny Frankel and Jason Hoppy's child Bryn Hoppy celebrated her third birthday party at Dylan's Candy Bar. Frankel's now ex, Hoppy arrived with his parents and stuck to them for the entirety of the event. [People](http://People.com) reports that the couple ignored one another the entire time. The birthday girl was happy to see them both.

What are some ways to remain civil with an ex for the sake of your children?

Cupid's Advice:

When you split up a marriage and have children, it is essential to stay civil for the children's sake. It is not great if your children think that mommy and daddy hate one another and don't like to talk. Although it may not be easy to remain civil with your ex, it's possible. Cupid has some more advice:

1. Dinners: If you want to remain civil with your ex for the sake of your children, have occasional dinners at either you or your partner's home. It will show your children that their

parents can still talk together even if they aren't living with one another. For the adults, do not fight at dinner. It will do the complete opposite of what you're trying to show your children.

2. Parties: Most children have parties or small family dinners for their birthdays, communions, graduations. Be apart of these festivities, you and your ex. Organize them together, plan them together, go to them together. Again, it will show your kids how you two can handle being around one another.

3. School events: Are your children involved in activities at school? Do they play band? Or are apart of the school musical? If they are, or any other activity – go to them. It will show your kids that you still want to be apart of their life. Even though you aren't entirely in their life at the moment.

Have you remained civil with an ex due to your children? Share below.

Celebrity News: Ian Somerhalder Hints at Reason Behind Breakup with Nina Dobrev





By Andrea

Surujnauth

The Vampire Diaries costars Nina Dobrev, 24, and Ian Somerhalder, 34, have broken up after three years of dating. Somerhalder took to Twitter to hint as to what caused the sudden break up. According to YourTango.com, Somerhalder tweeted a quote from deceased playwright Lillian Hellman, reading, "A thought for today: 'People change and forget to tell each other.'"

What do you do if you notice your partner is changing?

Cupid's Advice:

Your partner seems to be acting differently and feel a growing distance between the two of you. What should you do? Cupid has some advice for you:

1. Talk: Talk to your sweetie about how you feel. Tell them that you think they are acting differently and find out the reasons behind it. The reason may not even have anything to do with you.

2. Change: Try to go somewhere new together. A change of scenery may be all you and your partner need to rekindle your

love.

3. Space: Your honey may just be in a rut or going through a difficult time in their lives. Do not suffocate them. Let them have their space to figure out what is going on with them. Remember absence makes the heart grow fonder.

What do you do when you feel your partner is changing? Comment below and let us know!

Celebrity News: Regina King Vacations in Cancun Post- Breakup From Malcolm-Jamal Warner





By [Jessica](#)

[Conigliaro](#)

After her breakup with boyfriend of two years, Malcolm-Jamal Warner, Regina King was seen having some fun in the sun. The 42-year-old actress took a trip to Cancun, Mexico, according to [UsMagazine](#). She stayed at the Villa del Palmar Resort & Spa with a group of girlfriends to clear her mind of the recent heartbreak.

What are some ways to keep your mind off of recent heartbreak?

Cupid's Advice:

You and your man have decided to call it quits a few weeks ago. You have been struggling to get over him and just want to feel like yourself again. Cupid is here to help lift your spirits after a breakup:

1. Get rid of his stuff: The relationship ended and you are still finding your exes things around your house. Now's the time to do some cleaning and remove all of his belongings from your life entirely. Having his old jacket around will only make you remember him instead of letting him go.

2. Don't stalk his Facebook: After a breakup, it is so

tempting to continuously check his Facebook page to see if he is upset—or perhaps found someone new already. This is a bad idea and will only hurt you in the long run. Block your exes statuses and posts for a while so they don't constantly appear on your news feed. You'll never move on from him if Facebook doesn't let you.

3. Date someone new: You have been single for a few months now and are unsure if it is time to start dating. If you are still broken up about your last relationship ending, it might help to go on a few casual dates. You will be reminded of how much fun it can be to flirt with someone new—and who knows, you might even find a keeper.

How did you get your mind off your recent breakup? Share below.

Celebrity News: 'Biggest Loser' Stars Sam Poueu and Stephanie Anderson Split Before Baby's Birth





By April

Littleton

Sam Poueu and Stephanie Anderson, former contestants on *The Biggest Loser* are in the process of getting a divorce just two months before the birth of their first child, reports [UsMagazine](#). On the separation between the two, Anderson said, "It is with great sadness that my marriage to Sam Poueu is ending." The couple met while filming the third season of *The Biggest Loser*. The couple announced Anderson's pregnancy in January.

What are some ways to remain civil post-breakup for the sake of your children?

Cupid's Advice:

Your relationship is officially down the gutter, but you can't just pack up and move on. You still have kids to take care of. You might think it's impossible for you to hide your feelings of resentment toward your ex around them, but the fact is, it's necessary. Here are some ways to remain cool, calm and collected around the kids:

1. Don't bad-mouth your ex: Kids pick up on a lot, especially

if there's tension between the two people they love the most. Your children don't need to be put in the middle of a war between their parents. Call a friend if you need to blow off some steam, but don't let your children overhear you bashing their other parent. You may only be able to see the negative traits in your ex, but your kids still love them and it's not up to you to change their view of them.

2. Work together: Whether you like it or not, you will always be a part of your ex's life through your children. You may not see eye-to-eye with each other, but it's important for the two of you to develop a visitation schedule for the kids. The children shouldn't be punished for the breakup, they deserve to spend just as much time with you as they do their other parent.

3. Kids first: Ultimately, the only thing that should matter is your child. It's not about you and your ex anymore. You don't even have to be friends with him! But you have to be willing to put your differences and feelings aside for the sake of the kids.

Do you have children with an ex? How do you remain civil? Comment below.

**Celebrity Couple: Chris Brown
and Rihanna Call It
Quits...Again!**



By April

Littleton

According to [UsMagazine](#), Chris Brown and Rihanna have split up once again. Brown confirmed the breakup during an interview with the Australian radio station *The Kyle and Jackie Show*. He stated, "The love's certainly not gone, but personal and professional commitments make the relationship too difficult right now. I'm always gonna love that person. I can't be focused on wife-ing someone that young. I need to be the best Chris Brown I can be." The couple may have ended things for now, but there still may be hope for the lovebirds in the future. A source close to Rihanna said, "Of course tomorrow they could be all over each again, but for now she's done and just living her life and touring. It's how it always is."

How do you know when to call it quits in a relationship?

Cupid's Advice:

It can be hard to tell if a couple is just going through a

momentary setback in their relationship, or if they're going through the early stages of a breakup. How can you tell if the chemistry between you and your partner has fizzled out for good? Cupid has some tips:

1. Commitment: When one or both persons give up in the relationship, it will be hard to work toward reconciliation. Some people care enough about each other and their commitment to work through trying times, while others give up at the first sign of struggle. If you and/or your partner aren't working hard to hold things together – it's time to call it quits.

2. The bad outweighs the good: If you spend the majority of your time fighting with your beau, avoiding him or thinking about all of the negative traits you don't like about him – it may be time to move on. Your relationship should make you happy. If you feel your time together never ends on a positive note, it's time to end it for good.

3. Someone else has your attention (or his): There's no point in prolonging the inevitable if either you or your significant other has found someone new. If you find yourself wondering about a new guy or notice your man spending time with another woman, then it's time to let each other off the hook.

Have you been in a relationship you knew wasn't going to work? How did you know when to call it quits? Share your experience below.

Celebrity News: Bethenny

Frankel and Jason Hoppy Reunite for Daughter's Birthday



By Andrea

Surujnauth

Bethenny Frankel and estranged husband, Jason Hoppy, were forced to come together recently for their daughter, Bryn's 3rd birthday at Dylan's Candy Bar by Bloomingdales. According to [UsMagazine](#), the ex-couple have not been spotted out in public since their split in late December. The estranged spouses officially filed for divorce in January, and their relationship has become increasingly chilly. Frankel recently spoke about the divorce, saying that it was a "brutal, unnatural situation."

What are some ways to remain civil with your ex for the sake of your children?

Cupid's Advice:

You and your spouse had a child together but now that the marriage is over, how can you remain civil for the child's sake? Cupid is here with advice:

1. No arguing: Do not argue in front of the children. When you and your ex have a problem, go behind closed doors and quietly discuss the issue.

2. No messengers: Do not use the children as messengers for your negative words towards each other or divorce matters. If you fight through the children, they will end up depressed and will suffer in the end.

3. No bad talk: Do not bad talk your ex in front of or to your kids. Be civil, your ex is still their parent.

How do you stay civil with your ex for the sake of your children? Share your thoughts below.

Celebrity News: Chris Brown Parties with Ex Karrueche Tran While Rihanna Tours





By [Jessica](#)

[Conigliaro](#)

Singer Chris Brown celebrated his 24th birthday with a big bash in Hollywood this past weekend. According to [UsMagazine.com](#), his on-again, off-again girlfriend Rihanna was in New York City for her *Diamonds* tour, unable to attend. During the celebration, he was accompanied by several friends – including, notably, ex-girlfriend Karrueche Tran, whom he dated for a year before getting back together with Rihanna.

How do you keep jealousy at bay in your relationship?

Cupids Advice:

Your relationship seems to be pretty strong, but every once in a while you feel your partner gets jealous during nights out. Here are some ways to avoid the jealousy bug and keep things good between you:

- 1. Avoid your ex:** Your ex boyfriend is still in your friends group, so of course you see him from time to time. Dodge an argument with your new beau by keeping conversation with your ex to a minimum. Be polite and make small talk every once in a while—make sure your new love is always by your side when

talking to your ex. This way, he doesn't feel like you are doing it behind his back.

2. Keep your eyes on your man: As a single women on a night out, you would scope the room in search of cute guys to flirt with. Now that you are taken, it is time to let go of your old ways. If your man sees you looking around and staring at other guys, he of course will be jealous. Focus on your date at all times. Make him feel like you don't want to spend the night with anyone else.

3. Don't flirt around: Having so many guy friends, it can be hard to tell the difference between flirting and joking around. Your new love is not used to the friendly relationship you have with some of these guys and interprets it as flirting. Be more cautious of the way you act around other guys—even if you know they are just friends.

How did you keep jealousy at bay in your relationship? Share in the comments below.

Celebrity News: 'My Fair Wedding' Host David Tutera Divorces Husband Ryan Jurica





By Meghan

Fitzgerald

[TMZ](#) reports that *My Fair Wedding* host David Tuter is filing for a divorce with partner of 10 years, Ryan Jurica. According to [UsMagazine](#), Tuter filed for divorce due to “irreconcilable differences.” “After repeated attempts at marriage counseling and therapy, we have been unable to save our relationship due to David’s addiction to sex.” *TMZ* quotes the papers as stating, “David has engaged in a pattern of hiring sex escorts and prostitutes to support his addiction.”

How do you know when it’s time to call it quits in your marriage?

Cupid’s Advice:

It is difficult to determine when to call it quits on your marriage. It could be countless fighting, lack of the love you once had. It can be whether or not you feel comfortable in your marriage. It can be anything that you feel is wrong in your relationship. Cupid has some more advice:

1. Love is gone: In some cases pertaining to relationships, it is possible to lose the love you once had with your partner.

If this has happened in your marriage, don't ignore the feeling and confront your mate about your thoughts. It will not make the scenario any better if you are pushing your thoughts away. Talk to your partner about calling it quits on your marriage.

2. Emotional abuse: Are you being emotionally or physically abused by your partner? If you are, this is a strong sign you should call it quits on your marriage. It is not in any way a healthy relationship if you're being abused by the one person who shouldn't be hurting you. Marriage isn't supposed to cause harm on you, so collect your bags and get out of it.

3. Unfaithfulness: Have you or your partner been unfaithful in your marriage? If you answered yes to this question, you should probably consider calling it quits on your marriage. Along with emotional and physical abuse, it is not a healthy scenario if you or your mate possess the quality of unfaithfulness. So re-evaluate your life and your marriage, and see if your marriage needs to end.

Have you known when to call quits in your marriage? Share your experience below.

Celebrity News: Bethenny Frankel Learns Divorce is Not Amicable





By Kerri Sheehan

Skinnygirl mogul Bethenny Frankel is surprised that her divorce is not turning out as amicably as she hoped. Her and her estranged husband, Jason Hoppy are reaching a divorce settlement and while they did sign a pre-nuptial agreement back in 2010, the division of their property is still in discussion. A key issue in their divorce will be deciding the custody of their 2-year-old daughter, Bryn. Frankel recently told [People](#), "I really did think it would be amicable. I absolutely did."

What are some ways to keep your divorce simple and civil?

Cupid's Advice:

Everyone and their mother have heard the horror stories that come hand and hand with divorces. With that many emotions running wild and free there's bound to be some intense divorce drama. Cupid has some advice:

1. Patience: Often in divorce people think the quicker it's over, the better off both parties will be, however this is not always the case. Many times taking things slowly and thinking everything through is the best way to go. Rather than rush

through the process let the proceedings happen at their own pace.

2. Be firm with your decision: Once you make the decision to cut the tie from your spouse make sure you don't waver. Going back and forth won't help anyone in the situation so being resolute about your decision is the best avenue to take.

3. Communication: In many of life's important instances, communication is the key to success. While there will likely be a plethora of things you want to say to your partner, make sure that you let them get in their words too. Communication is a two way street that must be tread on lightly, especially when it comes to ending a relationship.

Do you have any advice that helped keep your divorce simple and civil? Comment below and let us know!

Sharon Osbourne Says She's 'Devastated' by Ozzy's Drug Relapse





By Andrea

Surujnauth

Sharon Osbourne recently spoke out about her husband, Ozzy Osbourne's prescription drug and alcohol abuse problem on an episode of her talk show *The Talk*. "Everybody knows he's been struggling with this his entire life and I never knew that he was using prescription drugs," she said, according to UsMagazine.com. "I knew he was drinking occasionally, but I didn't realize to what extent. It's our business – we're dealing with it. We're not getting divorced. However, am I happy? No. Am I upset? Yes, I am – I'm devastated right now. He's been using alcohol and prescription drugs for the last year-and-a-half...and he has been in a very dark place. That's true. It's very true. It's a disease that not only hurts the person that has the disease but it hurts the family," she continued. "It hurts people that love you and we're dealing with it."

How do you help your partner fight an addiction?

Cupids Advice:

Your partner has a serious addiction and you want to help them get over it. How can you do that? Find out below:

1. Tell them to quit: Tell your partner that you want them to stop. Tell them you want them to get help, and let them know you will be there for them throughout the process.

2. Be supportive: Find out what you can do to help them quit. Ask professionals what steps you should take from whatever program your sweetheart chooses to go through. Be there for them to show them you believe in them and you have hope for them. Don't let them give up on themselves.

3. Remove stressors: Try to remove any stressors or triggers that will make them run back to their addiction. They are at a delicate moment in their lives so they need to be treated with care.

How did you help your partner fight their addiction? Comment below and let us know.

Find Out About Katherine Russell Tsarnaev, Boston Marathon Bomber's Wife





By Andrea

Surujnauth

Katherine Russell grew up in Rhode Island and went to college at Suffolk University in Boston. She was from a Christian household and graduated top in her class from her high school. Her plan was to join the Peace Corps, but all of that changed when she met Tamerlan Tsarnaev, according to [People](#). Now, she is known as the Boston Marathon Bomber's widow. It all started when she went to a nightclub and one of her girlfriends introduced her to Tsarnaev. She dropped out of school, converted to Islam, and married Tsarnaev in June 2010. She moved in with his parents and his brother. The couple gave birth to a daughter, but the birth date remains unknown. After giving birth, Katherine worked long hours as a home health care aide while Tsarnaev stayed home and took care of their daughter. "She really loved the work," says a family source. "I think it was the one thing she could do separately from him." Katherine's attorney states that she was unaware of the plans of the bombing.

What do you do if your partner does something of which you don't approve?

Cupid's Advice:

You love your man and you always thought the two of you had a future together. Then, one day, he does something that is against your values and morals. What should you do? Cupid has some advice:

1. Why: Try to listen to why your partner did what they did. Listen to their reasoning and see if they had a legitimate reason for making the move that they did. If they did something that is forgivable, then try to see it from their point of view. If what they did is not forgivable, you need to reconsider the person you are with.

2. Talk to him: Tell them you do not approve of what they did. Let them know it is not acceptable in your mind and they can not do things that you are uncomfortable with. If they love you, they will respect that you don't approve and they won't do it.

3. Leave: Do not stay with them if they are doing something that is really against your beliefs and is not willing to refrain from doing it for you. Your comfort, beliefs, and self respect is much more important than being in a relationship.

What would you do if your partner does something that you do not approve of? Comment below and let us know!

Katy Perry Calls Divorce From Russell Brand a 'Very Tiny Elephant'



By Meghan

Fitzgerald

UsMagazine.com reports that a year after her divorce, the 28 year-old singer, Katy Perry is now more comfortable talking about her past relationship. According to [Hollywood Reporter](http://HollywoodReporter.com), Perry stated, "It's a very tiny elephant . . . It's like a little Tchotchke now," referring to her divorce. "The Big D – you can say it." Since her split with Brand, Perry has been in an on-and-off again relationship with John Mayer.

How do you cope with the aftermath of a split?

Cupid's Advice:

Coping with the aftermath of a split is not always the most graceful or welcoming thing to do in life. Although it is not an ideal situation, it is best to pick yourself up and move on. Of course moving on is one of the hardest aspects of life. But you can make it work, and eventually you will. Cupid has some more advice:

1. Get rid of belongings: So you just had a split from your partner, what is the next step you might ask. Get rid of everything they ever gave to you. You will never be able to even begin the coping process if you are frequently seeing him all over your room, and your house. Either give their belongings back, or be a dramatic rom-com and burn it all. The burning part releases some repressed emotions so if that's you, go purge.

2. Stay busy: Make sure you keep yourself busy with anything besides thinking of your split. Call your parents. Call your friends. Make lunch plans and follow them. Don't stay inside day and night. Get there and experience life. Even if your life may seem like it's over, it is not. Do not be a hermit, go and be with other people. Always try to be with other people after a breakup.

3. Rebound: You just went through a breakup, go and rebound it up. Of course it is not really healthy, and you may feel crappy about yourself afterwards. But you will get your mind off of your ex. This rebound relationship is a distraction from your life and thoughts about your past relationship. It's a quick fix, and something fun to do while your heart is trying to mend together.

Have you coped with the aftermath of a split? If so, how? Explain below.

Insiders Say Taylor Swift Was “Really Bitter” That John

Mayer Performed at the AMAs



By Meghan

Fitzgerald

April 7th was the night of the Academy of Country Music Awards, and 22 year-old singer, Taylor Swift was spotted in a eye-capturing gold dress and was planning on performing with Keith Urban and Tim McGraw. UsMagazine.com reports that Swift's ex, John Mayer took the stage first at the event in Las Vegas. According to [PerezHilton](http://PerezHilton.com), a source revealed, "She said she had to go on earlier than him. John just being there irked her." Apparently Swift put a "stink" on about her ex-boyfriend's performance.

What are some ways to let go of a past relationship?

Cupid's Advice:

Letting go of a past relationship isn't easy to do. You most likely still cling on to text messages, *what ifs*, old clothes,

every minute thing about them. This is not the ideal situation to be in, however, it's realistic. There are numerous ways to let go of this relationship. Although it is hard to do, it's possible. Cupid has some more advice:

1. Closure: To completely let go of a past relationship, you will need closure. You may not wish to speak to your ex whatsoever but you need to. It is essential that you discover what went wrong and why you officially let things end. Give your ex any belongings you may have of theirs. It will make you feel better by not seeing them. If you must, delete them from social media sites, your phone. Any thing you have to do to not see them in your life.

2. Forgiveness: A key component of letting go is to forgive not only yourself, but your ex. If you think there is no forgiveness to be had, think again. The countless nights you spent obsessing about your relationship, the amount of Ben & Jerry's consumed, the fights you may have got into. Forgive yourself for all of them, you are human and are allowed to feel. Even if you don't wish to forgive your ex, do it. It makes the moving on process quicker.

3. Focus on yourself: You need a time period after your breakup to focus solely on yourself. It is essential for letting go. Take a day off of work and your daily responsibilities to go to the spa, or walk around the park. Treat yourself to a new gift. Call your parents. Figure out what you want here on out relationship wise. Make sure you are ready to get into a relationship before you hop onto a new mate.

How have you let go of relationships? Share your experiences below.

Celebrity Divorce: Porsha Stewart Admits She Learned Kordell Stewart Filed for Divorce Via Twitter



By Meghan

Fitzgerald

Porsha Stewart did say that she was shocked when her husband filed for divorce, and she really meant it. On [Watch What Happens](#) Sunday April 21st, Porsha discussed her split with NFL star Kordell Stewart. According to [UsMagazine.com](#), the *Bravo* star awoke from a nap to find numerous calls from her sister. Her sister asked if she found out. Stewart had no idea it was about her relationship until she hopped out *Twitter*. 'Kordell divorcing Porsha,' she said. "And I'm like this is just a crazy joke . . . I found out from Twitter."

How do you tell your partner you want a divorce?

Cupid's Advice:

Obviously it is not easy to tell your partner that you want a divorce. There are no shortcuts, or easy paths to take to try and beat around the bush. When telling your partner you want a divorce, you need to be honest and completely upfront with your partner. If you're not, your life could get messy. Cupid has some more advice:

1. Straight up: If you are going to tell your mate straight up if you want a divorce, don't hesitate or back out. You can not beat around the bush, you need to be honest and tell your partner what you're thinking. Be sensitive and thoughtful when telling your beau that you want to split up. Whatever you do, do not stray away from your decision because your mate wants to stay together.

2. Let the law speak for itself: If your relationship is on the rocks so much that you haven't been speaking to your spouse at all, it might be appropriate to have the divorce documents speak for themselves.

3. Leave a note: Write out what you want to say to your partner, and leave it behind. This may not be the best case scenario in certain situations. However, if you are in a abusive or unhealthy relationship and this is the only way to get out. Do it. Pack up all of your stuff, leave a note, and leave that life behind. If you are with someone who does not love you or wish to be with you every second of the day, leave. And never come back.

Have you told your partner you wanted a divorce? Explain your experience below.

Celebrity News: Scott Disick Discusses Having to 'Relive' Fights on TV



By Andrea

Surujnauth

Having your whole life broadcasted on national television can turn out to be a real struggle especialy in Scott Disick and Kourtney Kardashian's case reports UsMagazine.com. Having their love quarrels filmed for the whole world to see can be trying to their relationship even months after the acutal fight took place. "That, I will say, is one of the real downsides of the whole television thing," Disick tells Ryan Seacrest during an interview on *Ryan Seacrest With the Kardashians: An E! News Presentation*. "Just when I think we've

worked through something, and we're finally moving forward, a rerun will be on, and I'll be upstairs, and she'll call me," he continues. "Like, 'Hey, so I kinda forgot to say I hated you for this one other thing.' And I'm like, 'What? I have to relive this again?'" These lovebirds have been together since 2006. And how is their relationship going now? I would say we're decently happy," Disick tells Seacrest. And what about the wedding bells? "I think if it's not broke, don't fix it. You know what I mean?" he said. "I feel like I used to want to get married more than she did. And then, being that she was always so not interested, I've decided not to be." Kardashian and Disick are parents of son Mason, 3, and daughter Penelope, 9 months.

How do you forgive and move on after a fight?

Cupid's Advice:

After having a fight with your beau, you may still feel angry. You still love them but the words from the fight are still ringing in your ear and you can't get over it. How can you just forgive, forget, and move on? Cupid is here to help you do just that:

1. We are humans: Realize that fact that everyone is human and we all make mistakes. If the fight was over a minor issue that can be overlooked, then let it go by telling yourself that your sweetie is entitled to one or two mistakes. As long as your partner knows that it is wrong to do it again, no need to hold a grudge.

2. Part problems: Do not keep thinking of the past. If your honey made a mistake in the past that caused a fight, remember, you chose to stay with them and forgive them so you can not keep tormenting them about what they did. Just forget about what happened in the past and look towards the future. As long as your partner doesn't keep doing the crime, stop punishing them.

3. You love them: While in a fit of anger, remember why you love your sweetie. This will calm you down and realize that the fight does not matter to you as much as your love for them.

How do you forgive your partner after a fight? Share your thoughts below.

Celebrity Couple: Reese Witherspoon and Jim Toth Arrested and Jailed for DUI & Disorderly Conduct



By

Andrea

Surujnauth

Reese Witherspoon and her husband Jim Toth ended up becoming partners in crime Friday morning, reported [People](#). Toth got pulled over for drunk driving and Witherspoon, who was in the passenger seat, became angered by the police arresting her husband. She got out of the car after being asked not to and eventually got arrested for disorderly conduct. According to police reports, Toth was weaving across a double line, he appeared disheveled and smelled of alcohol. After taking a sobriety test, Toth blew a .139. The limit in Georgia is .08. The couple was released in bonds after a few hours of incarceration and they are awaiting a pending court date.

What are some ways to support your partner who broke the law?

Cupid's Advice:

Your partner made a mistake and did something stupid. Now they are in trouble with the law. Cupid has some advice:

- 1. Court dates:** Attend court dates with your beau and make sure they know you are there for them and they are not alone. People make mistakes and nothing is worse than feeling like you lost everything over a stupid mistake.
- 2. Keep them out of trouble:** Make sure your sweetie gets help for whatever problem they had that caused their run in with the law. Get them whatever help they need in order to avoid the problem happening again.
- 3. Do not encourage:** The best way to support a rule breaker is by not encouraging the rule breaking. Make sure you make it clear to your sweetheart that it is not OK for them to break the law again.

How do you support your partner that broke the law? Comment below and let us know.