

# Malin Akerman and Husband Split Months After Son's Birth



By April Littleton

According to [People](#), Malin Akerman and husband Roberto Zincone have decided to end their marriage. The *Trophy Wife* actress, who married Zincone in 2007, gave birth to son Sebastian in April. “[Motherhood is] amazing, the biggest love you have ever felt in your life,” Akerman said after having her baby.

**What are some ways to remain civil post-breakup for your child?**

## **Cupid's Advice:**

Breakups are difficult to deal with – especially if children are involved. Maintaining some type of relationship with an ex

is crucial if both parents plan on staying in their childrens' lives. Cupid has some tips:

**1. Communicate:** You and your ex will be in each other's lives for a long time because of your child, so avoiding each other isn't an option. During the time when you do have to communicate with your former flame, keep things short and simple. Remain respectful of each other's boundaries and only talk about the kids.

**Related:** [Brody Jenner and Girlfriend Bryana Holly Split After 4-Month Romance](#)

**2. Keep negative comments to yourself:** Don't talk bad about your ex in front of your children. Keep in mind that your kids love the both of you, so bashing each other around the children will hurt and confuse them. Don't make them choose sides. Keep them out of all of the drama that surrounds you and your ex.

**Related:** [Richard Gere and Carey Lowell Call It Quits](#)

**3. Be the bigger person:** Your former partner may be the type of person who wants to make the situation harder on you once the two of you finally decide to call it quits. Keep your cool and walk away from any potential fights that may arise. You need to keep your composure for the sake of your children. If your ex doesn't want to follow suit, maybe he/she shouldn't be involved with the parenting for awhile.

**How did you remain civil post-breakup for your child? Share your experience below.**

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# Francesca Eastwood's Marriage to Jonah Hill's Brother Is Being Annulled



By April Littleton

The marriage between Clint Eastwood's daughter, Francesca and Jonah Hill's brother, Jordan Feldstein is in the process of getting annulled. "It was a goof off," a family source told [People](#). The lovebirds received a marriage license from Clark County, Nev., Nov. 17 and married that same weekend.

**What do you do if you realize your marriage was a mistake?**

**Cupid's Advice:**

Unfortunately, every marriage isn't meant to work out. Only a strong person can admit to themselves and to their partner that their relationship just isn't what they hoped it would

be. No matter how much it hurts you and the one you love, you don't have to feel obligated to stick by someone when you know in your heart it isn't what you want. Cupid is here to help:

**1. Talk it out with your partner:** You need to have a conversation with your significant other if you're having doubts about your relationship. Your partner might be feeling the same way as you. You'll never know until you speak up. Don't hide from the situation, you'll only make matter worse the longer you wait.

**Related:** [Doug Hutchinson and Teen Bride Courtney Stodden Separate](#)

**2. Give it some time:** Give the marriage a fair chance if you and your new spouse are just starting out as a couple. This doesn't mean you have to wait months or years to see a change in the relationship, but you shouldn't end things so quickly if you're unsure about your feelings for your partner.

**Related:** [Jennifer Morrison and Sebastian Stan Call It Quits](#)

**3. Divorce:** Some relationships don't work out – no matter how much work and communication is put into it. If two people aren't right for each other, they shouldn't be forced to feel something they don't. Divorce doesn't have to be ugly and the friendship you may have created with your partner doesn't have to end. Think of it this way, you're doing what's best for the both of you in the long run.

**What did you do when you realized your marriage was a mistake? Share your experience below.**

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# Exes Ashlee Simpson and Pete Wentz Reunite for Son Bronx's Birthday



By April Littleton

Ashlee Simpson and her ex-husband Pete Wentz reunited to celebrate their son's fifth birthday in L.A.'s Studio City neighborhood, Saturday, Nov. 16. Both exes brought along their new significant others. Wentz arrived with girlfriend of two years Meagan Camper, while Simpson showed up with Evan Ross.

"It didn't seem awkward at all between Evan Ross and Pete Wentz. They took a family photo and were all in it – Pete, Meagan, Ashlee and Evan," a source told [UsMagazine.com](http://UsMagazine.com).

**How do you remain civil post-breakup for the sake of your children?**

## **Cupid's Advice:**

A breakup is always tough to handle, but even more so when kids are involved. You may want to get rid of your ex altogether, but whether you like it or not, the two of you have to cooperate if you both want to maintain a stable relationship with your children. Cupid has some tips:

**1. Set boundaries:** When it comes to your children, you and your partner need to come up with a clear set of boundaries. It's very easy to let the negative feelings you have toward your ex get the best of you, but you have to remember that the two of you will be in each other's lives permanently. Keep your relationship platonic and only communicate with each other when the kids are involved. You don't need to be in each other's personal life anymore.

**Related:** [Minka Kelly and Chris Evans Call it Quits](#)

**2. Don't badmouth:** There's no need to bring up your ex around your children. When you do have to bring him/her up, make sure you're not saying anything negative about them. Your kids don't need to feel like they have to choose sides. They love you both. If you can't contain your frustrations, vent them to a friend or a family member in private when your babies aren't around.

**3. Take your time:** Just like with any breakup, you and your ex will need to take time to move on from each other. Don't rush into a new relationship and don't bring multiple potential partners into your home where your children live. Take it one step at a time and help your kids understand why their parents aren't together anymore before you start dating around.

**Related:** [Michael Morris Steps Out with Wife Post-Katherine McPhee Scandal](#)

**What are some other ways to remain civil post-breakup for the sake of children? Comment below.**

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# Katharine McPhee Calls It Quits on Affair with Michael Morris



By Gabby Robles

Katharine McPhee is no longer seeing her boytoy, director Michael Morris. According to [People](#), a source spilled that the couple – who are both married to other people – aren't seeing each other “at least for now.” McPhee and her husband Nick Cokas' relationship is still in limbo. The source also shared, “Katharine still has no plans to move forward with divorce at the moment, though they are not living

together.” It seems to be a very hard time for McPhee.

**What are some ways to resist the temptation to be unfaithful?**

**Cupid’s Advice:**

If you think you’re starting to have a wandering eye – whether it be for a few people or just one person – and you’re committed, it’s an issue. You need to nip it in the bud ASAP. Cupid has some advice on how you can handle your situation:

**1. Think about it:** Take a step back and think about why you want to do this. Think about how it truly benefits you emotionally and physically. Common reasons include boredom of routine, frustration in your partner, or even “the grass is greener on the other side” concept. If you feel this way, you need to...

**Related:** [Michael Morris Steps Out with Wife Post-Scandal with Katharine McPhee](#)

**2. Talk about it:** Bring it up with your partner. Know that they are going to be hurt and upset, but you need to figure out how to fix this issue as a couple. Maybe you just need to spice things up, or maybe you enjoy the appreciation that other people give you that your partner doesn’t seem to give you much of. Express your needs, wants, and desires.

**Related:** [How Fighting Can Strengthen Your Relationship](#)

**3. Remember why you’re there:** Think of why you’re actually still in your relationship. If you were very unhappy, you would have ended things before, so why risk it all now? Think of the good qualities of your partner and your relationship. You’ll find that being unfaithful is much bigger of a deal than you think it is.

**What are some ways you have resisted the temptation to be**



unfaithful? Share your experiences below.

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# Doug Hutchinson and Teen Bride Courtney Stodden Separate



By Kristyn Schwiep

Doug Hutchison and teen bride, Courtney Stodden, have separated after two and a half years of marriage. Country singer Stodden was 16 – 35 years younger than Hutchinson when they got married. According to [People](#), the couple was seen walking their dog, but neither of them were wearing their wedding rings. “We love each other very much, want for each other’s happiness, and will continue being the best of friends

for life," the pair said.

**What are some factors to consider when you're attracted to someone much older?**

**Cupid's Advice:**

Being attracted to someone who is much older than you can add some strain to your relationship, so what are some things to consider when you're attracted to someone much older? Cupid has some advice for you:

**1. Children:** Dating someone who is much older you have to consider the chances that he or she might have children. If they do have children you need to make sure that you are ready to meet them and potentially be a part of their lives.

**2. Maturity:** The level of maturity will be significantly different between you two. Remember that he or she might not want to go out all the time and may want to spend weekends at home alone watching movies and cooking dinner.

**3. Don't mention it:** Don't mention the gap in age constantly. If you are attracted to each other this is something you can move past. Reminding him or her of the difference in age can make them feel self conscious and old.

**What are some things you consider when you're attracted to someone older? Share your thoughts below.**

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**Adam Levine's Ex Nina Agdal**

# Opens Up About Their Split and His Engagement



By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Nina Agdal holds no grudges against *Maroon 5* singer Adam Levine and his fiancée Behati Prinsloo. The *Ocean Drive* cover girl said that she found out about Levine's engagement through a text message but she's "happy for them." Agdal is currently dating *The Wanted's* Max George. "We're very much in the honeymoon period. She's awesome," the British rocker, 25, told *OK!* last month. "She's like a best mate as much as a girlfriend."

**What are some ways to cope with an abrupt breakup?**

**Cupid's Advice:**

Sometimes breakups happen quickly, and there's nothing you can

do about it. Cupid has some advice on how to deal:

**1. Spend time with friends:** After you go through a breakup, it's a good idea to spend some time catching up with your loved ones. They'll be there to lend you a shoulder to cry on and they won't pass any judgment on you.

**2. Keep busy:** One of the best things you can do after a sudden breakup is keep yourself distracted. Continue to carry on with your daily routine as you normally would do. Hang out with your family and friends. Take up a few new hobbies. Over time, you won't need as many distractions, but for now, it'll help with the pain you might be feeling.

**3. Pamper yourself:** Take yourself out on a "me" day. Get a makeover or spend the day relaxing at a spa. Don't just spend your time pondering on what could have been. You're single now, so that mean you need to be the best "you" you can be for the next cute girl/guy who catches your eye.

**What are some other ways to cope with an abrupt breakup? Comment below.**

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## **'Once Upon a Time' Co-Stars Jennifer Morrison and Sebastian Stan Call It Quits**





By Kerri Sheehan

It doesn't look like it will be happily ever after for former *Once Upon a Time* costars Jennifer Morrison and Sebastian Stan. The couple has officially called it quits after more than a year of dating. Multiple sources have confirmed to [UsMagazine.com](http://UsMagazine.com), "They broke up at least four months ago. They have gone their separate ways—no bad blood." It seems the couple has just grown apart and there will be no hard feelings.

**How do you announce your breakup to family and friends?**

### **Cupid's Advice:**

Breakups are never easy. Let Cupid help you ease the transition from together to apart:

**1. Don't send out a huge announcement:** A lot of people get the idea to send out an announcement letter to all of their friends about their breakup. This is especially true if they feel they have been wronged. They want to be casually vindictive and let other know that the breakup wasn't their fault. However, this is the wrong way to go about it unless you're still in middle school.

**2. Leave the drama out of it:** It's a breakup, not a breakdown. So, when you're informing your friends and family that you and your lover have called it quits, don't be too dramatic about the whole situation. Sure it will take some time to get over, but it is not the end of the world.

**3. Practice makes perfect:** Before informing anyone, sit down by yourself and figure out exactly what you want to say. You may not want to give them every little detail and therefore having a blanket statement ready to tell people is a good idea.

**How would you announce a breakup? Share below.**

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## **Sizzle to Fizzle: Brody Jenner and Bryana Holly**





By April Littleton

A source confirmed to [UsMagazine.com](http://UsMagazine.com) that the *Keeping Up with the Kardashians* star has broken up with his model girlfriend of four months, Bryana Holly. “It just **fizzled** out,” the insider said about the break up. The former flames went public with their relationship July 6 in Malibu, California. Prior to **sizzling** up with Holly, Brody Jenner was linked to Avril Lavigne, Lauren Conrad and Kristin Cavallari, who just announced her second pregnancy with husband Jay Cutler.

**How do you know when to call it quits on a new relationship?**

### **Cupid’s Advice:**

Breaking up with someone you once cared for is never an easy thing to do. How do you know if you’re making the right decision? Are the problems you and your companion have something that can be fixed? Cupid is here to help:

**1. Lack of communication:** There’s no use in trying to save a dying relationship when you and your partner stop talking to each other completely. Communication is key to any **sizzling** relationship. If you can’t fully express the way you feel and the problems you and your significant other seem to

be having are just getting worse, it may be time to call it quits.

**2. Wondering eyes:** The **heat** in your relationship may not be as intense as it used to be if you find yourself interested in another person. The same goes for your honey. You and your boyfriend/girlfriend should only have eyes for each other. Talk to your partner about the status of your relationship if someone else is making you smile and weak in the knees.

**3. The love is gone:** Don't be with someone you no longer have feelings for. If you've fallen out of love and it's obvious that your girlfriend/boyfriend doesn't feel the same way about you anymore, let each other go. Continuing on with a relationship the both of you don't want to be in anymore will only make matters **fizzle** out more. You never know, the two of you might just be better off as friends.

**How did you know when to call it quits? Comment below.**

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## **Find Out How Kate Hudson Helped Lea Michele After Cory Monteith's Death**







By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Lea Michele has gotten plenty of help getting through Cory Monteith's death. In an interview for [Elle](http://Elle), the *Glee* actress explained how Kate Hudson helped her through the tragedy. "I called her and said, I don't know where I'm going to go because my house is swarmed [with reporters]," Michele said. "She was like, 'Oh, you're going to stay at my house.' Like it was nothing." Monteith died in July at the age of 31. The couple began dating in early 2012.

**What are some ways you can help a friend who has lost his/her partner?**

### **Cupid's Advice:**

Helping a friend get through a tragedy of losing someone they love is not an easy task. You don't want to overstep your boundaries, but at the same time, you want him/her to know you're there for them whenever they need you. Cupid has some tips:

**1. Support them:** One of the best things you can do for a friend in need is just lend a listening ear. When your friend is ready to vent to someone, just be there for them. Don't

pressure him/her to do or say anything they're not ready for.

**2. Keep them busy:** Get your friend up and out of the house. Help them get back into their old routine. Maybe the two of you can pick up some new hobbies together. Sign up for a cooking class, learn how to play a musical instrument together or catch up on the latest movies. If those options don't work for you and your loved one, find something else the two of you would enjoy doing.

**3. Help them reminisce:** Help your friend find some healthy ways to remember their lost love. Start a scrapbooking project together or be there for your friend when it comes time to visit their late partner's grave. Let them know it's OK for him/her to still think about their significant other from time-to-time – they just have to figure out how to grieve in a proper manner.

**What are some other ways to help a friend who has lost his/her partner? Comment below.**

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## **Michael Morris Steps Out with Wife Post-Katharine McPhee Scandal**





By [Whitney Johnson](#)

It looks like yet another cheating scandal has rocked Hollywood. Last week, married actress Katharine McPhee was spotted kissing her *Smash* director Michael Morris, also hitched. This past weekend, [Us Weekly](#) revealed that Morris was spotted with his wife, *In Plain Sight* actress Mary McCormack, who allegedly kicked him out of the house they share with their three children. Sources say that the *American Idol* runner-up has been separated from her husband, Nick Cokas, for several months, but she's still incredibly embarrassed by the situation.

**What do you do if you find out your partner has been cheating?**

### **Cupid's Advice:**

It's easy to say what you would do *if* your partner ever cheated, but the reality of the situation is completely different than that "what if" scenario. Before you make any rash decisions or say and do something you may later regret, consider the tips below:

**1. Take a breather:** It's natural to need a bit of space after finding out such life-altering news. Step back from your

relationship and use this alone time to think about how you feel about your relationship, your partner, and, most importantly, your future.

**2. Seek outside help:** Whether it's a close friend or a therapist, talking to an outsider about your partner's cheating will help you gain some much-needed perspective. It'll allow you to look at the big picture and really consider the questions needed to determine if you want to work through this rough patch with your significant other or if you're ready to call it quits.

**3. Follow your heart:** Finally, no matter what anyone says, listen to yourself. Deep down, you know whether or not you can truly forgive your beau and move forward in spite of the transgression. Just remember that if you can't see past this mistake, you'll never be happy together.

**How would you deal with a cheating partner? Share your comments below!**

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## **Minka Kelly and Chris Evans Call It Quits**





By Gabby Robles

According to [UsMagazine.com](http://UsMagazine.com), Chris Evans and Minka Kelly called it quits last week. An insider reveals that distance was a huge factor in the split, and even though this is their second break up, they haven't left on bad terms. The source revealed the two, "still care about each other."

**How do you remain civil with an ex after a breakup?**

### **Cupid's Advice:**

When you end on good terms, you're freeing yourself from all bad vibes that come with the end of a relationship. Remaining civil is not only a great way to "save face," but it's also liberating for you internally. Cupid has some advice to how to keep things civil with your ex:

**1. Look at yourself:** There are amazing qualities about you that you could be sharing with someone who you really want to spend time with. There are better things in your life than hoisting negativity towards your ex. Remember the type of person that you are, and it'll be easier to keep things in perspective.

**2. Don't hold a grudge:** Getting rid of hard feelings from your

ex will not only it'll take a huge weight off your shoulders, but it'll make you feel better too. There's no reason to keep bad thoughts of your ex on your mind, it will only cause you stress and make things harder on yourself. Don't let **old feelings** bother you.

**3. Move on with your life:** There's a great future ahead of you. Think of that, and from there you'll only see positivity – not only in this situation, but also in all aspects of your life. Always keep your life in perspective: take a look at your goals, see what you weren't getting from your ex, and don't hold it against them for it. You're in control of your life and now is the time to see what you want and make it happen.

**What are some ways you remain civil with your ex? Share with us in the comments below.**

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**Source Says Lea Michele  
'Talks About Cory All the  
Time'**





By April Littleton

According to [People](#), Lea Michele is slowly moving on from the loss of her late boyfriend, Cory Monteith, who died in July. “It’s getting a little easier,” said a source close to the *Glee* actress. “She talks about Cory all the time.” During the tribute episode that aired Thursday, Michele shared a photo of herself with Monteith on Instagram. The source also said that Michele, who dated Monteith for more than two years isn’t ready to think about dating.

**What are some ways to cope after your partner unexpectedly passes?**

### **Cupid’s Advice:**

Coping with the loss of a partner or spouse is a difficult challenge to get through – especially if the tragedy happened suddenly. Everyone grieves differently, so it’s up to you how you deal with situation. No matter what you may be feeling or thinking right now, you don’t have to go through this alone. Cupid has some advice:

**1. Friends and family:** Even though it may be hard for you to think clearly right now, just remember that your loved ones

are there for you whenever you need someone to talk to. Don't isolate yourself. The best thing you can do for yourself is vent and let out all of your frustrations to people who you can trust.

**2. Take care of yourself:** People who grieve tend to lose sight of their health. Avoid putting your body through further stress by maintaining a proper diet as best as you can. If you need additional help, don't be afraid to ask a close friend or family member. Stay active and get as much rest as you need. If you notice any unusual changes in your sleeping habits and/or appetite, see your doctor as soon as possible.

**3. Join a support group:** You love being around your friends and family during this sad time in your life, but they may not fully understand what you're going through. In that case, join a grief support group. You'll be around a group of people who know what you're going through and will be able to give you some helpful advice on how to move on from the ordeal.

**What are some other ways to cope with the loss of a partner? Comment below.**

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## **Bruce Jenner Says 'Nobody is Filing for Divorce'**







By Gabby Robles

Kris Jenner and Bruce Jenner aren't on the outs?! According to [People](#), Bruce Jenner stated that his split from Kris Jenner is a positive one and that he'll continue to appear on the family's reality show. Bruce shares, "I'm doing great... Kris is happy, I'm happy. Nobody is filing for divorce."

**How do you know when to call it quits on your relationship?**

### **Cupid's Advice:**

Even though it may seem like it can't happen, it's possible to have a positive split with your man. Cupid has some advice with how to know when you're ready:

**1. Know when it's time to leave:** If your dreams aren't the same as they were and you're finding yourselves constantly on different pages, it might be time to end it. You must reflect inwardly and ask yourself how you really feel about this relationship.

**2. Talk about it:** Your partner might feel the same way, so get together and talk it out. Explain why you feel the way you do and see if it's possible to fix or if you both want to work on it.

**3. Settle an agreement:** It's not always easy to just get up and leave, especially if you have a family together. If that's the case, you need to settle rules and regulations between the two of you in regards to your kids.

How else do you know when to call it quits on your relationship? Share in the comments below!

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## Bruce and Kris Jenner Announce Their Separation



By Kristyn Schwiep

Reality TV stars Kris and Bruce Jenner have finally confirmed their separation. According to [People](#), the couple has been avoiding rumors of their rocky relationship. Kris told People

in July, that the couple had a “pretty fabulous relationship.” The couple, who were married for 22 years, have not filed divorce papers and keep in touch every day. “We will always have much love and respect for each other. Even though we are separated, we will always remain best friends and, as always, our family will remain our number one priority,” the pair told [E! News](#).

## **What are some ways to work on your troubled marriage?**

### **Cupid’s Advice:**

Keeping a marriage healthy can be tough after 20+ years of marriage. So what are some ways you can work on a troubled marriage? Cupid has some advice:

**1. Communicate:** You and your partner need to sit down and communicate your feelings and emotions. Try making a list for each other of what you think is wrong with your marriage and ideas for your two to improve on your relationship. Talking about your feelings can be difficult, but talking through your problems needs to be done so you are aware of what is going on.

**2. Listen:** Communicating may seem like the hardest part of fixing a troubled marriage, but listening is even tougher. Make sure that you listen to what each other are saying. If you don’t listen, you won’t get anything accomplished.

**3. Plan:** Make a plan with your partner once you’ve communicated and listened to each other. Making a plan will provide a path so that you can sort out what was wrong in the first place and help you work on the problem areas.

**What are some ways to work on a trouble marriage? Share your thoughts below.**

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# Khloe Kardashian Says Lamar Is 'Very Depressed'



By April Littleton

According to [People](#), Khloe Kardashian is having a hard time keeping her marriage to Lamar Odom intact. "I do want to help or cater to Lamar. But there's also so much someone can take," she said on last Sunday's episode of *Keeping of the Kardashians*. Accusations of drug issue and infidelity surrounded Odom over the summer. Since then, the couple have been living apart.

**What do you do if you're not able to help your depressed partner?**

## **Cupid's Advice:**

It's hard to keep a relationship between two people going strong when one of them is at a low point in their life. Trying to help someone who doesn't seem to improve with time can be frustrating, especially if it's someone you care about. Cupid is here to help:

**1. Support group:** If you can't seem to get through to your significant other, then maybe a group of people who are going through the same thing as him/her might. Your partner might feel like he/she can't fully open to you because you don't fully understand what's going on. Sometimes, the best thing for a person is to vent to complete strangers without having to worry about any judgements.

**2. Do some research:** Maybe you're going about the situation all wrong. In that case, do your research. Talk to some professional counselors about the symptoms of depression and see what you can do to help. It's OK to feel frustrated and helpless, but maybe if you become more informed on the topic, you'll be able to find a way to get through to your honey.

**3. Be there for them:** You've tried everything and your partner still seems to be down. The only option you have now is just being there for them when they need you. Be that shoulder to cry on and lend them an ear when they need to vent. Be as patient as you can be and show them you still love and care for them. However, if the situation doesn't change, you might have to move on. You can't help someone who doesn't want to be helped.

**Have you ever had to deal with a depressed partner? Comment below.**

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# Kate Gosselin Says She Has Pity for Ex-Husband Jon



By Gabriela Robles

Over three years ago, Kate Gosselin and Jon Gosselin's marriage untangled and left a bitter taste in the ex-couples mouths. The two were most known for their TLC hit, *Jon and Kate Plus Eight*, but now that program seems to be ancient history. According to [UsMagazine.com](http://UsMagazine.com) when Kate went on Bethenny Frankel's talk show, she was asked if she still was in love with Jon, to which Kate responded, "Somebody once told me that if you feel sadness and empathy and pity for someone the root of that is love. I feel like the person that I married nearly overnight was not that person anymore."

**What are some ways to keep things civil with your ex?**

**Cupid's Advice:**

When you end things on bad terms, it doesn't necessarily mean that you won't ever see them again. You have to keep yourselves somewhat composed and realize that you've both changed and aren't going in the same direction. Cupid has some advice to how to keep things civil if you are faced with the mention of your ex:

**1. Keep calm, cool, and collected:** Remember that you are different. Some time has passed and you're put in a situation where your ex is either in front of you or someone brings him up. Instead of getting upset or angry, take a deep breath. Don't let old feelings bother you.

**2. Look at the big picture:** You have to keep your mind in check that you're different from where you were. There are bigger things in your life than what happened with your ex – better things. Keep things in perspective and you'll be happy you did.

**3. Let it go:** Releasing your own harsh feelings from your ex will not only make you feel better emotionally, but it'll take a huge weight off your shoulders. You'll feel more comfortable when he's in sight and you'll feel freer when he's out of sight.

**What are some ways you kept things civil with your ex? Share with us in the comments below.**

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## **Source Says Michael Douglas and Catherine Zeta-Jones Are**

# 'Not Back Together'



By [Whitney Johnson](#)

Michael Douglas recently revealed that he's "working things out" with wife Catherine Zeta-Jones, but a source close to the couple confirmed to [People](#) that they are "not back together" quite yet. While the pair are still talking – and even have been spotted with their wedding rings on – they aren't spending time together. Most recently, they even spent their shared birthday of September 25th apart.

**What are some factors to consider before getting back together with an ex?**

## **Cupid's Advice:**

It's tempting to get back together with your ex. After all, they know you well and already fit into your life. Still, you must remember why you two split in the first place and truly



consider the decision at hand before jumping in again. Cupid encourages you to consider the following questions:

**1. Why did you breakup?** It's easy to remember only the happy times as you embark on your second chance romance, but you have to consider what drove you apart and led to your breakup. Was it just a silly fight or a rough day? Or were you unhappy for a long time before you finally went your separate ways?

**2. Do you share the same core values?** If you don't share similar goals or visions for the future, your relationship will never work – it's as simple as that. Take the time to sit down with your ex and talk about the nitty-gritty details that may have been pushed to the wayside during your first shot at happily ever after. Don't be afraid to dig deep and really open yourself up. You have to take a risk to reap the reward of a happy love life!

**3. Are you *both* willing to do the work?** Relationships are never easy, but rekindling a failed flame requires even more effort than usual. You must be willing to work through your past issues and focus on the future of your relationship. You also must be confident that your ex will stand by your side and be a true partner as you sort things out.

**Have you ever reconnected with an ex? Share your story in the comments below!**

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## **Ryan Anderson Breaks Down Over Gia Allemand's Suicide**



By April Littleton

According to [People](#), Ryan Anderson broke down in tears when he discussed how he was dealing with the death of his late girlfriend, Gia Allemand. The New Orleans Pelican forward was the one who found her in her apartment August 12 after she hanged herself. "Every day is a challenge. It helps to be here. My family's with me. To be here with my teammates really helps a lot, but it's a roller-coaster," he said.

**What are some ways to cope with heartbreak?**

**Cupid's Advice:**

When your heart gets broken it seems like nothing will help ease the pain. It's natural to feel this way, but as time goes on, you'll notice that you're starting to smile more often. You might be even laughing a bit more than usual too. It takes time to get over something tragic. Cupid has some tips:

**1. Spend time with loved ones:** Have your family and friends

around more often while you're going through the grieving process. Your loved ones will show you how loved and appreciated you are and all of that positive energy will be good for your state of mind. You'll have people around you who you trust and if you ever feel like venting they'll be right there to lend a listening ear.

**2. Keep busy:** Get right back to doing your everyday activities. Continue to go to work and pick up a new hobby or two. Staying busy will help keep your mind off of the things that are keeping you down for awhile.

**3. Remind yourself that things will get better:** When you're feeling down on yourself, just keep in mind that there will be better days ahead. Time heals everything – you just have to be patient. Some days will be better than others, but eventually, you'll wake up one morning feeling like your old self again.

**What are some other ways to cope with heartbreak? Comment below.**

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## **Katy Perry Opens Up About Divorce from Russell Brand**





By Kerri Sheehan

Barbara Walters should never be kept waiting. Pop princess Katy Perry learned that the hard way when she was running late for their December 2011 interview. At the time the 'Roar' singer was going through an extremely rough time in her life. [UsMagazine.com](http://UsMagazine.com) reported that the 'Firework' star dished to Billboard in a new interview, "I shouldn't have done the interview: I was playing Madison Square Garden that same night, and I knew that the end of my marriage (to comedian Russell Brand) was coming." After the divorce Perry found herself depressed and fighting off suicidal thoughts. Perry is now worlds away from where she was two years ago. She has been enjoying her life with boyfriend and singer John Mayer. Perry gushed over her new beau saying, "He literally is a genius, as is evident from his songwriting!"

**What are some ways to cope with a fresh breakup or divorce?**

**Cupid's Advice:**

Breakups suck! Let Cupid help guide you through the rough waters:

**1. Girl's night:** Nothing makes a girl feel as good as a night

spent with her closest friends. They can help you make sense of all the emotions you're feeling post breakup and be your rock when you feel weak. Invite your girlies over for a fun night and don't forget the ice cream and chick flicks!

**2. Clear out:** Get a big shoebox and fill it with anything that reminds you of your ex. Not having these items in plain view will keep your mind from wandering back to your former fling.

**3. Move on:** This point may take a while to get to, but it's so important to get back into the dating game as soon as you feel ready. Seeing what other guys are out there won't keep your longing for your ex.

**How do you cope with breakups? Share below.**

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## **Teresa and Joe Giudice Say 'We Have Never Lived Beyond Our Means'**





By Kerri Sheehan

Teresa and Joe Giudice have finally broken their silence after last month's fraud indictment left them facing fifty years in jail. The *Real Housewives of New Jersey* couple opened up to Andy Cohen on Sunday night's episode of *Watch What Happens Live*. The Giudice's are being accused of lying about multiple income sources, bankruptcy fraud, and bank fraud. [People](#) reported that Joe, 43, defended his family's spending saying, "We have never lived beyond our means. Whatever I could afford to buy I would buy. We work hard, so what, we are allowed to make money. It's part of what we do, I'm a businessman and I make money." The couple will appear on the next *Housewives* reunion on October 6<sup>th</sup>.

**How do you keep money issues from causing drama in your relationship?**

### **Cupid's Advice:**

Money problems can drive a hole in any relationship. Let Cupid help you stick together in rough times:

**1. Stick together:** When it comes to finances you and your hubby are in this together. If you come across any financial

problems you should work through them together rather than placing the load on one person's shoulders.

**2. Keep track:** The easiest way to keep money issues from causing drama in your relationship is not to have money issues at all! Watch closely where your money is going so you know whether or not you can cut costs in certain areas. This will keep you and your partner from falling into a financial hole

**3. Find free fun:** It's likely most of your fun activities cost a lot of money. Finding way to have fun without breaking the bank will help you save money in the long-term.

**How do you keep money issues from causing drama in your relationship? Share below.**

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## **Richard Gere and Carey Lowell Call It Quits**





By Gabriela Robles

Richard Gere and Carey Lowell have called it quits after 11 years of marriage. According to [People](#), the two have been living separately lately, with Gere living in Bedford, N.Y., and Lowell in North Haven, N.Y. They were last seen in public together at a fundraiser in New York City in June.

**What are some ways to tell it's time to go your separate ways?**

### **Cupid's Advice:**

You haven't felt the same lately. You want to spend more time alone than together. You're unsure about your relationship and now you don't know what to do. Is it time to end things? Cupid can help you through this decision:

**1. Reflect on what your daily plan is:** Do you guys have some couple-time, or are you always alone? Do you prefer spending time alone or with friends than with your partner? If so, you might be ready to end the relationship. It's possible that you're just in a rut, but if it's been going on for more than a few months, then it's likely that you're both feeling the same thing.



**2. Think about how you feel:** Ask yourself, are you still having fun? Is he still the love of your life? Do you still enjoy being around him? No matter how long you've been together, you want to always enjoy each other – even when you're in an argument. If that feeling's gone, then there might not be anything there anymore.

**3. Talk about it:** Ask him how he feels. Does he think it's something you guys can work out? If you both believe you can work on it, don't leave. But if not, then it's probably time to make an exit. You always have to be on the same page and have to figure out what you both want. If it doesn't match up, then it might not be the right relationship.

**How do you know when to separate? Share in the comments below!**

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## 'The Bachelor' Alum Tierra LiCausi Ends Engagement





By Kristyn Schwiep

Reality TV star Tierra LiCausi's mystery engagement has ended, [People](#) reports. LiCausi, a villain from Season 17 of *The Bachelor*, flaunted a huge diamond ring on the Women Tell All reunion. According to sources, the break-up happened a few months ago. Unlike LiCausi, the most recent *Bachelor*, Sean Lowe, said to expect a celebrity wedding date announcement for him and fiancée Catherine Giudici.

**'The Bachelor' alum Tierra LiCausi wasn't destined for a celebrity wedding. How do you know when it's time to call off your engagement?**

#### **Cupid's Advice:**

Getting nervous and having last minute questions about getting married arises in all engaged couples, but these aren't reasons to call off an engagement. Here are some signs that will help you know what it's time to call things off:

**1. Avoidance:** If you're looking for excuses to avoid your

fiancee you probably want out of your relationship and love life. If you start to find yourself doing things to spend time away from your soon to be husband or wife it's probably a good sign to call off your engagement.

**2. Fights:** Fighting in a relationship is normal and planning a wedding can be stressful, but if you are fighting more than you are happy its time to call it quits.

**3. Gut feelings:** We all have gut feelings for a reason, so if you have that gut feeling that something isn't right in your relationship, it's probably a good idea to call off your engagement.

**How did you know when it was time to call off your engagement? Share your stories below.**

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## **Michael Douglas Says He and Catherine Zeta-Jones Are 'Working Things Out'**





By April Littleton

Michael Douglas' separation from wife Catherine Zeta-Jones was announced in August, but Sunday he told [People](#), "We're working things out, talking and we'll see how she goes." Douglas won an Emmy for lead actor in the movie *Behind the Candelabra*. On stage, he said, "I want to thank my wife, Catherine, for her support."

**What are some ways to work on your relationship?**

### **Cupid's Advice:**

Every once in a while, your relationship will hit a bump in the road. It's normal to be at a odds with your partner at times. It's how you try to make it work that matters in the end. Don't give up at the first sign of trouble. You and your significant other need to be fully invested in what you have if you want to make romance last. Cupid is here to help:

**1. Agree to disagree:** Don't threaten to break up with your honey every time you have a fight. Breaking up won't solve anything, especially if the argument is over something silly. Try to solve your disagreements peacefully and move on from it.

**2. Bring the romance back:** Spend some much needed time together. Plan out a special date, but don't tell your partner any of the details. Doing something unexpected for your boo will reignite the spark that might have fizzled out a bit. Compliment each other over a candlelight dinner and end the night with a romantic bubble bath. By the end of it all, you'll feel like you're getting to know each other all over again.

**3. Don't overshare:** When you're in a fight with your significant other, the first thing you want to do is run to your friends and tell them everything that's going on. It's OK to want to confide in someone, but this won't help with your relationship. What's going between the two of you, should stay private. To avoid making the situation worse, don't involve anyone else in your private life.

**What are some other ways to work on your relationship? Comment below.**

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## **Jane Lynch Says Losing Cory Monteith Has 'Just Been Brutal' for Lea Michele**





By April Littleton

The cast of *Glee* are still grieving the loss of Cory Monteith and it comes to no surprise that Lea Michele is taking it the hardest. “I know it’s just been brutal for her,” Jane Lynch told [People](#) at the Gallo Family Vineyards and Ciroq-sponsored event. “I never lost a boyfriend when I was 26-years-old. I can’t tell her what her experience is. She’s a champion, and a rock star, and she is getting through this.” *Glee* is set to air a special episode next month to pay tribute to Monteith, who played Finn Hudson on the show.

**What are some ways to cope with losing your partner?**

**Cupid’s Advice:**

Coping with a death of a loved one is very difficult. It’ll take some time to fully mourn the loss of someone who was once such a huge part of your life. Everyone deals with situations like this differently. While some people find venting and crying on the shoulders of friends and family to be helpful, others feel the need to lash out. It’s important to find healthy ways to cope. Cupid has some tips:

**Find a creative outlet:** Take all of the negatives emotions you

feel over the situation and turn it into a form of art. Start painting, drawing or even write down your feelings in a journal. If you're a fan of poetry, this may be an opportunity to try your hand at some stanzas yourself. This might not be the best time for arts and crafts, but it's a lot better than falling into bad habits that could cause you to go into deep depression.

**Stay active:** Maintain healthy eating habits and keep yourself involved in your family and friend's lives. Individuals dealing with loss tend to isolate themselves, but doing so will only make getting over your loss harder. Continue to do the daily activities you did before the incident. Go back to work even if it's only part-time and consult with someone you trust if you feel like you need someone to talk to.

**Funeral preparations:** Helping out with the funeral plans can help you get the closure you need. It'll be a chance for you to say your final goodbyes and fully accept what happened. Dealing with the funeral will be challenging, but you'll get through it.

**What are some other ways to cope with losing a partner? Comment below.**