

# Brandi Glanville Says Eddie Cibrian Is Asking Her for Child Support



By Sanetra Richards

Brandi Glanville and ex-husband Eddie Cibrian have made their way to the headlines again this week with another twist to their public divorce story. According to [People](#), Glanville revealed in a tweet on Tuesday, February 18th why the two are still bumping heads: "Im not taking cheap shots at my ex in my new book cuz its all true,&now mr fancy new cars&house man is asking ME for child support!" However, a rep for Cibrian has denied all allegations of the actor's request for support from his ex-wife.

**What are some ways to keep things civil with your ex?**

## Cupid's Advice:

Sometimes when you think of an ex, you don't always think of the possibility of being cordial with each other. One of the first things that come to mind is bashing one another every chance there is. Despite the history, whether good or bad, many past lovers are actually a bit amiable. Cupid has some advice:

**1. End on good terms:** Communicate thoroughly with your ex-partner to gain a full understanding on why the relationship has ended. This primary step will avoid a ton of confusion and maybe even make for a better 'friendship' between the both of you.

**Related:** [Brandi Glanville Says Drama Will End When LeAnn Rimes Has Her Own Kids](#)

**2. Control your emotions:** Avoid harboring those ill feelings because they can possibly lead to major problems between you and your ex down the road. If you are carrying a load of baggage from the relationship, do not expect to successfully be civil. Unfortunately, it's not as easy as it sounds and will take some time to adjust. What's most important is that you give it a try.

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**3. Don't be selfish:** Take in mind this life lesson you were taught at a young age. Also, steer clear of damaging or returning your ex's possessions. There is always a possibility that he or she will later ask for it and if not properly returned, chaos may rise – what you are trying to keep away from.

**What are some ways to keep things civil with an ex? Share your thoughts below.**

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# Marc Anthony Says He's 'Really Good Friends' With Casper Smart



By Louisa Gonzales

There are no hard feelings between Jennifer Lopez and Marc Anthony and the same goes for the starlet's beau. According to [UsMagazine.com](http://UsMagazine.com), Anthony recently stopped by The Wendy Williams Show on Monday, February 17th and spoke of how not only was he still good friends with his ex-wife J.Lo, but with her boyfriend, Casper Smart. Anthony also revealed he is not one to judge and said nothing, but lovely things about Lopez and her new lover saying, "anybody that means something to her means something to me". Anthony recently just got out of

relationship, with ex-girlfriend Chloe Green after a year of dating, but that hasn't stopped him from believing in the possibility of finding love again.

## **How do you keep things civil with your ex's new partner?**

### **Cupid's Advice:**

Breaking up is hard, no matter if the decision is mutual, or if it ends amicably. Learning how to accept that your ex-love will eventually move on with someone new is hard. If you want to remain in your old flames life and still be friends you will have to keep the peace not only with them, but with their new lover as well. Cupid has advice on how to keep things civil with your ex's new partner:

**1. Be respectful:** Be kind and nice to the new beau. Take the high road, it will ultimately help you and the situation. When you meet the new significant other in your ex's life extend a hand toward them, it never hurt anyone to be nicer and it also won't mess up your chances remaining on the good graces of your ex-lovebird. If you are respectful and courteous to your ex's new partner they will most likely be that way towards you.

**Related:** [Marc Anthony and Girlfriend Chloe Green Split](#)

**2. Know your boundaries:** Remember it's over between the two of you, whether the decision to end the relationship was mutual or individual, stay focused on that. It's not about the other person it's about keeping some form of a relationship with your ex and if you want to be a part of their life you will have to accept they are with someone new. You have begun something new in your life and so have they and no matter how hard it is seeing your ex with someone new you don't want to make things more weird by over stepping your boundaries with either the new beau or your ex.

**Related:** [Jennifer Lopez and Casper Smart Share a Romantic Dinner in Time for VDay](#)

**3. Don't be fake:** Sometimes in attempt to mask our insecurities we will try to be something we're not by trying to act tough or overly sweet. Don't pretend to be some one you're not, because when you try to force something it will come off as fake to the other person and it will make things more awkward than it has to be. Just be yourself it will make everyone more comfortable for all everybody. Plus, since your ex lover use to date you they probably have a good sense of who you are and if you're not acting like your normal self they will pin point that right away.

**What do you think is the best way to keep things civil with your ex's new partner? Share in the comments below.**

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## **Marc Anthony and Girlfriend Chloe Green Split**





By April Littleton

After a year of dating, Marc Anthony and Chloe Green have called it quits. “They are taking a break. It is because of busy schedules,” an insider told [UsMagazine.com](http://UsMagazine.com). The couple were last seen together Jan. 26 when they attended the 2014 Grammy Awards in Los Angeles.

**How do you balance busy work schedules with your relationship?**

### **Cupid’s Advice:**

A relationship can struggle a bit when there’s hectic work schedules involved. Some couples find it difficult to find the perfect balance between their careers and their love lives. Don’t worry, Cupid has some tips:

**1. Make time:** Make any free time you have worthwhile for your partner. A relationship is hard work – especially when the two people involved have hectic careers. The time you do share together will be precious and rare, so make the most of it.

**Related:** [Heidi Klum and Bodyguard Boyfriend Martin Kirsten Split](#)

**2. Get your priorities together:** Your career is important and

should be at the top of your list, but just keep in mind that you have other things you should be worried about as well. You have family and friends who still depend on you, and every now and then you need to find a way to show them you still care.

**Related:** [Kelly Osbourne and Matthew Mosshart End Engagement](#)

**3. Take it easy:** Don't let the pressures of your everyday life take over. Think about your loved ones and don't let stress into your life. You don't need to stop working completely in order to have a successful personal life, but you do need to remind yourself why you're working so hard in the first place. Enjoy the the little moments and make sure your family knows you love them.

**What are some other ways to balance work schedules with your relationship? Comment below.**

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**Lea Michele Says Cory Monteith Is 'Watching Everything I'm Doing'**







By Brittany Stubbs

Although Cory Monteith passed away last July, Lea Michele is feeling his presence now more than ever before. Michele is getting ready to release her debut album, *Louder*, which is full of reminders of the love her and her costar/real-life boyfriend shared, [UsMagazine.com](http://UsMagazine.com) reveals. “I somehow feel the insane love Cory and I had for each other morphed into this strength that I have right now,” the “Cannonball” singer explains. “There’s just something about knowing he’s watching everything I’m doing and feeling like I have to do everything now not just for me but for him. I also have a safety net below me – if I fall or if it’s too much, my friends and family will be there to catch me.”

**What are some ways to cope with the loss of your partner?**

### **Cupid’s Advice:**

Losing a partner is one of the hardest things in life with which to cope. Cupid has some tips:

**1. Surround yourself with loved ones:** This seems obvious, but after losing the love of your life, you might be tempted to crawl in a hole and shut everybody out. But the truth is, you



need your family and friends around you now. Consider staying having someone stay with you or staying with somebody else for a little bit.

**Related:** [Source Says Lea Michele 'Talks about Cory All the Time'](#)

**2. Accept the loss:** People often have trouble facing and accepting the loss of someone they were so in love with; it's not uncommon for someone to want to be in denial after such a tragedy. But this will only prolong the pain and make it harder to move on from down the road. Allow yourself to go through the grieving period.

**Related:** [Sources Say Cory Monteith Was Planning a Surprise for Lea Michele](#)

**3. Continue your routines:** Eventually, you have to allow your life to slowly begin returning to the way it was. Granted, it's going to be extremely different now, but you have to allow yourself to get back in the swing of things to move on. Focus on those little routines you had, whether going to the gym every morning, going grocery shopping at night, etc. Continuing these small tasks will help you feel like things are getting back to normal.

**What are some ways to cope with the loss of your partner? Share your thoughts below.**

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# Heidi Klum and Ex Martin Kirsten Step Out Post-Breakup



By Brittany Stubbs

Heidi Klum and Martin Kirsten may not be dating anymore, but they aren't acting like enemies or strangers. The former couple were spotted leaving a building in L.A.'s Brentwood neighborhood just eight days after a source confirmed to [UsMagazine.com](http://UsMagazine.com) that they were broken up. Though looking casual, neither of them spoke as they returned to their separate vehicles. After dating more than a year, the insider claims, "He is no longer working with her or her family."

**What are some things to consider before remaining friends post-breakup?**

### **Cupid's Advice:**

If you try to remain friends after a breakup, things can get complicated. Cupid has some advice:

**1. The terms you ended on:** How you leave a relationship usually has some influence on whether you're able to move on

as friends or not. Evaluate the reasons for your separation. If your breakup was amicable and neither of you left with hard feelings, then having a friendship may be easy. But in messy and complicated breakups, salvaging anything for a while can be more difficult.

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**2. Timing:** The length of time that has past since you've broken up is certainly worth considering. Even if you ended on great terms, it's important you both have some space from each other in order to not only heal from the breakup, but adjust to be single again. Jumping into a friendship directly after a breakup often results in people just continuing with the behaviors and habits they had as a couple.

**Related:** [Heidi Kulm and Bodyguard boyfriend breakup](#)

**3. Your Feelings:** As always, your emotions are the most important part to consider when determining what you're capable of. If you're still not over your ex or the relationship you shared, this is a sign you need to hold off on beginning a friendship. You can't build a new relationship on the foundation of a broken heart.

**What are some things you've considered before remaining friends with an ex?**

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## Rekindled Flame: Jessica Szohr and Aaron Rodgers



By Louisa Gonzales

Former lovebirds Jessica Szohr and Aaron Rodgers seem to have rekindled their flames. The duo dated back in 2011 for a short amount of time before breaking up because of their crazy work schedules and not having enough time to see each other. [UsMagazine.com](http://UsMagazine.com) sources confirm the lovers got back together over the holidays after they started spending more time together again. Szohr, 28, and Rodgers, 30, were recently spotted arriving hand in hand at the *That Awkward Moment* film party at Lucky Strike L.A. Live bowling alley, according to eyewitnesses.

The pair was joined by Taylor Swift, who Szohr became friends with after being featured in one of Swift's videos, "22". During the evening Szohr not only squeezed in moments with her date, but some girl time as well as insiders say they overheard Swift dishing out relationship advice to Szohr in the lady's room.

**What are some things to consider before getting back together**

with an ex?

### **Cupid's Advice:**

Breaking up is hard. People break up for many reasons, maybe you drifted apart, or the timing wasn't right, or you realized you just didn't click "that way". The only thing harder than learning to let someone go is figuring out if you want to give them a second chance. Cupid has some advice on some things you should consider before rekindling your flame with an ex:

**1. Figure out why you broke up in the first place:** Really think about the reasons you broke up the first time around.

No matter what the reason was behind your breakup ask yourself if you can either forgive or live with them. If you decide you do want a second chance at a relationship there's no guarantee the things that happened before, won't happen again.

**Related:** [Five Ways to Let Him Down Without Hurting His Feelings](#)

**2. Why do you want to get back together:** Make sure the reasons why you want to reunite are your own. If the reason you want to get back together is only because your ex lover is pressuring you, or you feel bad, or if you're considering it because of your family, the relationship will most like be doomed to fail again. No matter how noble your intentions are don't get back in relationship with someone for the wrong reasons only do it if it is truly what you want.

**Related:** [J.K. Rowling Says Harry Potter Should Have Ended Up with Hermione](#)

**3. Take a look back at your relationship as a whole:** Reflect on the entirety of your relationship between you and you ex lovebird. Think about all the things that worked and didn't work between the two of you. Make a list of the pros and cons

and than once you've finished see which side has more. After you have completed analyzing and making your lists about all the things that made you a couple, you will have a clearer understanding of what you want and what final decision you should make.

**Have you ever given an ex a second chance before and if so why? Share your answers below.**

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## **J.K. Rowling Says Harry Potter Should Have Ended Up with Hermione**



By Louisa Gonzales

J.K. Rowling drops a bomb into the *Harry Potter* fandom. How did she bring about this chaos and confusion? She did so by saying, Harry and Hermione would have made a “better match” instead of her and Ron. According to [UsMagazine.com](http://UsMagazine.com) she revealed this information in an interview held by Emma Watson, who plays Hermione in the block buster franchise, for *The Sunday Times*. She was also quoted in saying Ron and Hermione were sort of “wish-fulfillment” for her and the reasons behind them ending up together have more to do with her following through with the plan she had in the beginning than with the real “literature”. Rowling went on to acknowledge the fact, this revelation might upset some fans, but was quick to apologize and then admitted she just wanted to be honest.

### **How do you choose between two potential partners?**

#### **Cupid’s Advice:**

Sometimes love comes expectantly and without warning and sometimes it can be hard to find. However, what do you do when you find two potential good matches for yourself at the same time? Love is tricky and complicated enough as it is, without the added pressure of having to choose between two potential mates vying for your affections. Dating one person is hard enough, but imagine dating two it is bound to be more difficult. If you are with two people at the same time and having a hard time deciding who you want more, cupid has some advice on how to go about choosing between two potential partners.

**1. Think about who you have more in common with:** We all like people for different reasons, but finding potential lovers who you have common ground with is key to building a long-lasting relationship. While deciding who you want to be with ask yourself, who do you get a long with more? If you find yourself clashing with one potential love interest more than the other it is probably because you have more things in



common with the one you have less arguments with. While opposites do sometimes attract, studies have shown couples who have more common interests have healthier relationships.

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**2. Decide which one is more real:** Of course your relationship with both people are real, but who do you have a deeper connection with? Ask yourself if the reason you are with your sweethearts and want to be with them is because you truly love them and are not just infatuated. Love is about more than just being physically attracted to each other, there has to be an emotional connection as well. Decide who you want by your side during the good and bad times. Someone is bound to get hurt no matter what you decide, but it is better to set someone free before things get too deep.

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**3. Remember nothings ever perfect:** No matter who you decide to date, no relationship is ever easy all the time. There are going to be things you don't like about your significant other, but love is about accepting who they are, the good and the bad. Examine your priorities and what you want in a relationship to help decide who is the better match at this point in your life. Also, if neither of your potential lovebirds are doing it for you or you later realize they're not what you want, don't be afraid to let both of them go. The final choice of what you want and who you want is up to you, but a choice has to be made.

**How do you think you should choose between two potential love matches? Share your tips below.**

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# Philip Seymour Hoffman Had Plans to Visit His Children on Day of Death



By April Littleton

Actor Philip Seymour Hoffman died suddenly during Super Bowl Sunday. He was supposed to pick up his three kids on the day he passed away, but never showed up. A source told [UsMagazine.com](http://UsMagazine.com) that family members began to worry when Hoffman didn't pick up his children. The incident was "uncharacteristic of him" the source said. The actor was 46 and had a son, Cooper and two daughters Tallulah and Willa.

**What are some ways to tell your children that a loved one has**

**passed?**

### **Cupid's Advice:**

Dealing with a death in the family is a struggle – especially when there's children involved. Breaking devastating news like this to someone so young will be tough, but telling a child exactly what's going on is a step in the right direction. Cupid has some tips:

**1. Be honest:** Your children need to hear the truth about the situation, and that needs to come from you before they hear it from anywhere else. You need to be up-front about what happened and you also need to make sure you maintain sensitivity over the topic. Spare them any gory details and talk to them in a calm manner.

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**2. Let them ask questions:** Once you let your kid(s) know about their loved one passing away, you will need to let them have some time on their own to sink in the information. They'll have questions for you, so try your best to answer them as clearly and concisely as you can.

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**3. Be there:** Don't hide your own feelings. Your children will need you now more than ever. Don't refuse to grieve with them. You need to be strong for them, but you also need to make sure they know that you feel the exact same way they're feeling.

**How did you let your children know that a loved one passed? Share your experience below.**

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# Celebrity Couple Heidi Klum & Martin Kirsten Break-Up



By Louisa Gonzales

It looks like supermodel Heidi Klum is back on the market. [People](#) confirmed that Klum and her bodyguard boyfriend, Martin Kirsten separated a few weeks ago, after dating for a year and half. The ex lovebirds started dating a few months after Klum, 40, filed for divorce from ex husband Seal whom she was married to for several years. A source close to Klum states that Martin, 41, was there for Klum during the difficult time after her divorce. The ex lovers may have gone their separate ways, but Klum is still grateful for the time spent with Martin and all his support. The two will reportedly remain friends, but they will be discontinuing their professional

relationship.

## **How do you know when it's time to call it quits on a relationship?**

### **Cupid's Advice:**

Learning that not all of your relationships will work out and when to let go are two of the many lessons we must learn in this life. Finding love is hard and the thought of starting over and trying to find someone new can be terrifying, but should you stay in a relationship because of these reasons? What's the breaking point? Cupid has some advice on how you can tell when it's time to call it quits:

**1. You're no longer smiling:** If you are no longer happy in your relationship it is a major sign you might have to move on. You want to be with someone who makes you smile, laugh and feel alive, and if your partner is no longer making you feel these things you need to ask yourself if the two of you being together is the right thing. Everyone deserves to be with someone who makes them happy, and if you are arguing all the time with your lover or they make you sad more often than happy it's time to end the relationship.

**Related:** [Heidi Klum and Seal: What Blew Up Their Marriage?](#)

**2. You both have changed:** As time goes by people can change. Maybe who each of you were and what you wanted when you first started dating may have changed. If you find yourselves drifting apart and heading towards separate paths, it may be time to let go of your love and move on. It's okay to like different things and do your own thing from time to time, but if you find yourselves constantly fighting about your conflicting ideals or goals, or you are fine with being apart for long amounts of time the relationship may already be over.

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**3. Is one more into the relationship than the other:** For your relationship to work both parties have to be invested in keeping your love alive. Are you both doing your share in the relationship or are you both equally committed to each other? If one of you is pulling more weight than the other, it is a sign your romance may be fizzing out. There could be different circumstances as to why your honey is pulling away, but if you can't find a way to work it out or fix it together the relationship is doomed no matter what. It's okay to escape a toxic relationship because sometimes there is too much stress and challenges for you to overcome and be able to work it out with your significant other.

**How do you know when to call your relationship quits? Share your tips below.**

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## **Courtney Cox Says She Wants Celebrity Ex David Arquette to Be Happy**





By Louisa Gonzales

Courtney Cox and David Arquette may have separated back in 2010, but the ex couple still maintains a positive relationship with each other. Cox, 49, even talks about her ex in a friendly way, going on to reportedly say she wants him to be happy. The once lovers have both moved on as Arquette is expecting a baby with girlfriend Chrisina McLarty, while Cox is linked to musician Johnny McDaid. Although the two have one of the most amicable splits in Hollywood, according to [People](#), Cox still notes the difficulty of divorce. She mentions how having a daughter together, Coco, 9, helps them keep their priorities straight, as they want what's best for her. Cox also relies on friends such as *Friends* costar Jenifer Aniston for support.

**What are some ways to remain amicable with your ex post-divorce?**

### **Cupid's Advice:**

Divorce is difficult for everyone involved no matter if the choice to separate was mutual or not. Yes, divorce is never going to be a smooth ride and it will have lots of bumps, but someday you will both move on. The biggest question after



divorce is once you are no longer together romantically can you still be friends or at least stay on good terms with each other? Cupid has some advice on ways to keep the peace with your ex after a divorce:

**1. Communicate:** It is important to communicate often and honestly. Keeping yourselves open to speaking and sharing what's going on in your lives, even though you are no longer linked romantically, can help keep the two of you on good terms. Make sure to remain honest about your feelings and with anything else you have to say. Trust is important for any relationship and if you hide or keep secrets from each other, it could ruin whatever good feelings you have left for each other.

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**2. Support their choices:** Whatever the future holds for both of you, whether it's moving on with some one else or doing new things, giving them your support lets them know you still care. It is hard to see you ex with some one else, there is no escaping it, but if you truly still care about them, you should want them to be happy. Being able to let your ex know or giving them a sign of approval about them moving on is a really nice gesture and can help you too move on as well.

**Related:** [David Arquette Says Having a Second Child Is 'Less Scary'](#)

**3. Keep calm and be kind to each other:** Divorce is hard for both parties, keep that in mind when you are making decisions about dividing assets. It is good to remain calm and be nice to one another, especially if you want to stay on each others good graces and want the divorce to go as smoothly as possible. If children are involved this even more important, doing what is best for your family should be the number one priority. Together you can come up with a fair agreement on

how to move forward.

What do you think are good ways to stay friendly with your ex? Share your tips below.

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## Ashley Olsen and Boyfriend David Schulte Call It Quits



By Brittany Stubbs

It looks like Ashley Olsen is back on the market. Several sources confirm that she and David Schulte have split up after dating for a little less than a year. "He was a great guy and cute, but it didn't work out," a source shares with [UsMagazine.com](http://UsMagazine.com). Despite her relationship with Schulte, CEO of luxury eyewear brand Olive Peoples, the Olson twin has kept

her personal life pretty private, and her rep had no comment regarding the breakup.

## **What are some ways to tell it's time to call it quits on a relationship?**

### **Cupid's Advice:**

Not everything is meant to last forever. In fact, some relationships are just ticking time bombs. Here's when you know it's time to say goodbye:

**1. There is no trust in your relationship:** Lack of trust can destroy a relationship. Whether it's rooted from consistent lies, or infidelity from the past, without trust, there's no healthy future for the two of you as a couple.

**Related:** [Ashley Olsen and Justin Bartha Split](#)

**2. Everyday is a different battle:** If your relationship has gotten to the point where it's just one fight after another, it might be a sign it's time to move on. Granted, every couple has their conflicts here and there, but if you're no longer seeing eye to eye on anything and tensions are high anytime you're in the same room, step back and reevaluate.

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**3. You no longer communicate:** Whether far apart or in the same room, if you're no longer communicating with one another, you've lost one of the most essential aspects of your relationship. You need to either find a way to reconnect and begin communicating again, or call it quits, because without communication, your relationship can't move forward (successfully, at least).

**How have you known it's time to call it quits? Share your experiences below.**

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# Hilary Duff and Mike Comrie Announce Their Separation



By Louisa Gonzales

It looks like new exes Hilary Duff and pro-hockey star Mike Cormie are dealing with their spit in mature adult way. The former lovebirds are choosing to remain in each other lives as friends even though they are no longer a couple. According to [UsMagazine.com](http://UsMagazine.com), the former lovers spotted out together on January 12, mere days after announcing their spilt on Friday January 10th, driving home from a social gathering at the Four Season Hotel where they dined together as a family with son Luca, 21 months.

**How do you remain civil post-split for the sake of your**

**children?**

### **Cupid's Advice:**

When couples go through breakups it is challenging and difficult as you have to decide on how to move forward in your relationship. After the end of one sometimes you both just want some space and time apart, but what if you have a child together? Having children together changes everything and not only do you have to do what is best for yourselves, but for your children as well. Cupid has some advice on how to keep your relationship on good terms after separating when you have kids together:

**1. Communicate:** No matter your current relationship status, staying in contact with each other is a must. Especially, if you both plan on taking equal participation in raising your child or children. Things such as living and school arrangements as well as your child's extracurricular activities are something you need to talk about.

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**2. Respect each other:** Remember you are both going through the break up and are probably both hurting. You may not be together in a romantic relationship anymore, but you need to stay in each others lives in some capacity. So, it is important to be considerate of each other's feelings and have the kind of relationship where you listen and respect each other's opinions. Also, learn how to compromise, as it will help prevent some potential arguments.

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**3. Get your priorities straight:** Your children should come first. Put aside whatever differences or feeling you may have

for each other and focus on what's best for you and your family. Know that you both want what is right for your children. A child needs the support and guidance of both their parents.

What are your opinions on how to remain on good terms with your ex for the sake of your children? Share your thoughts below.

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## Kelly Osbourne and Matthew Mosshart End Engagement



By Brittany Stubbs

Not all engagements make it to the white dress and fancy ceremony. Kelly Osbourne and Matthew Mosshart have called off their engagement after two years together. "Kelly Osbourne and

Matthew Mosshart have decided to end their engagement,” Osbourne’s rep tell [UsMagazine.com](http://UsMagazine.com). “The split is amicable and the pair continue to have nothing but the utmost respect for one another. Kelly is looking forward to a new year full of fresh beginnings.” Meeting in the summer of 2011, the TV personality and vegan chef had confirmed their engagement in July 2013 in a romantic Anguilla proposal.

## What are some reasons to call off an engagement?

### Cupid’s Advice:

Although the thought of calling of your happily-ever-after is tragic, there are times when it is unfortunately necessary. Granted, it might be one of the hardest decisions you will ever have to make, but remind yourself that calling off an engagement now is much easier than ending in divorce down the road:

**1. Infidelity:** Everyone has their own opinions on cheating—whether it’s always a complete deal-breaker or just depends on the circumstance—but if your partner is already being unfaithful before you tie the knot, what will they be doing after several years of marriage? Think about it, is a ceremony and contract going to suddenly change their ways?

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**2. Serious second thoughts:** It’s important to preface this item by clarifying there’s a difference between getting cold feet and rethinking the entire engagement. It’s normal for one to get nervous as the wedding date begins to approach, but if one of you is seriously wondering if you’re ready to make this commitment or are not convinced your union will last, it may be a sign the engagement needs to be called off, or at least put on pause.



**Related:** [Kelly Osbourne Trashes Ex-Boyfriend Luke Worrall](#)

**3. Unresolved issues:** Every relationship has their conflicts, but if there are some serious issues between the two of you that have yet to be worked out, it's important to resolve them before walking down the aisle. Issues don't go away just because you're married. Often times, couples believe if they just seal the deal, the old problems will disappear, but they'll still be there at the end of the day, with or without that marriage certificate. So if there are issues weighing on your relationship, consider calling off the engagement until they're resolved.

**What do you think validates calling off an engagement? Share your thoughts below.**

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**Nina Dobrev and Ian Somerhalder Joke About Awkward Breakup**





By Brittany Stubbs

Despite the fact that Nina Dobrev and Ian Somerhalder ended their relationship, fans aren't ready to let go of their love...at least the love between their characters on *Vampire Diaries*, Elena Gilbert and Damon Salvatore. [UsMagazine.com](http://UsMagazine.com) discusses how the costars, and real-life exes, won "Favorite Onscreen Chemistry" at the 40th Annual People's Choice Awards on Wednesday, Jan. 8. Taking the stage to accept their trophy, the duo joked about their history. "We started dating in real life," Somerhalder said. "And then we broke up in real life," Dobrev added. "And yet our characters are still dating on the show," he continued. "It's a good thing it's not awkward!" she joked, resulting in roars of laughter from the audience.

**How do you continue your professional relationship post-breakup?**

**Cupid's Advice:**

Breakups are always difficult and awkward to some extent, especially between two people that are forced to be around each other in the workplace. But despite what happened between the two of you, it's important to keep your history from

interfering with your professional life:

**1. Don't involve other people:** Discussing the breakup with fellow co-workers or mutual friends should be avoided. This not only gets them involved in your business and often leads to gossip, but you will look unprofessional to them. If you value your current position and even aspire to move up, you need to make it clear your past-romance hasn't changed anything. Also, if your ex gets word that you're talking poorly about them or the relationship to other people, you're only adding tension to an already awkward situation.

**Related:** [Ian Somerhalder Hints at Reason Behind Breakup with Nina Dobrev](#)

**2. Agree to leave the past in the past:** Whether your breakup was completely amicable or there is still unresolved tension between the two of you, it's important that you both make an agreement to forget about your history while you're in the workplace. Being on the same page about this, meaning neither or you will be discussing, joking about, or reminiscing your past relationship, allows for you to both move forward professionally.

**Related:** [Nina Dobrev Admits to Fighting Feelings for Costar Ian Somerhalder](#)

**3. Avoid playing games:** Often times when a relationship ends but the couple is still running in the same circle, they'll get in the habit of playing games with one another. Whether this means harmlessly flirting with a mutual co-worker or friend to make an ex jealous, or pretending like the two of you are complete strangers, these games rarely end well for either person. It's best to acknowledge your history and just move on, avoiding anything that might add tension or more hurt feelings down the road.

**How do you continue your professional relationship post-breakup? Share your thoughts below.**

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# Camille Grammer Is Granted Permanent Restraining Order Against Ex-Boyfriend



By April Littleton

According to [People](#), *The Real Housewives of Beverly Hills* star has been granted a permanent restraining order against ex-boyfriend Dimitri Charalambopoulos. He allegedly assaulted Grammer in a Houston hotel room after she went a hysterectomy for endometrial cancer.

**How do you cope with a physically or emotionally abusive ex?**

**Cupid's Advice:**

Continuing to maintain contact with an ex who is physically and/or emotionally abusive is the wrong move to make. You need to take the necessary steps to rid him/her from your life for good before the situation gets even more out of control. Cupid is here to help:

**1. Realize your worth:** You need to realize that you don't need someone like your ex in your life. You're better than the situation, so you need to find the strength to move on and let them go. Get your independence back. Show your ex and everyone else around you that you will be just fine without all of the negativity. In fact, you'll be better for it.

**Related:** [Dwyane Wade Admits to Fathering a Child While On Break from Gabrielle Union](#)

**2. End all contact:** Cut ties with your ex completely. You shouldn't maintain any sort of contact with someone who is abusive and hurtful to you. Your ex is already just that, so there's no need for you to give them any additional explanations to why you're removing them from your life.

**Related:** [Taye Diggs and Idina Menzel Separate](#)

**3. Get support:** You can't handle a situation like this all on your own. Let your family and close friends know what's going on. They'll be there for you every step of the way. Whenever you feel like you're close to speaking with your ex again, talk to a loved one instead. Let them be your rock through this tough time.

**What are some other ways to cope with a physically or emotionally abusive ex? Comment below.**

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# Dwyane Wade Admits to Fathering a Child While On Break from Gabrielle Union



By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Dwyane Wade confirmed to fathering a child while on a break from fiancée Gabrielle Union. "I had a time, a part in our break, in our pain and our hurt, a blessing came out of it in my life, having a son that was born healthy," Wade said in a press conference Monday evening. The basketball player and actress have been dating since 2009 and took a brief hiatus to focus on their careers. The couple announced their engagement Dec. 20.

**What are three steps you should take after being betrayed by your partner?**

## **Cupid's Advice:**

You just found out that your partner hasn't been honest with you about a certain situation. Now, it's up to you make the decision to either try to mend your relationship, or call it quits. Cupid is here to help:

**1. Counseling:** If you want to work out your relationship, see a professional counselor with your significant other. You might also want to think about seeing your own therapist before you make any steps toward reconciliation. You'll need to figure out your feelings and if taking your partner back is really the best thing for you to do.

**Related:** [Pregnant 'Teen Mom 2' Star Jenelle Evans Is Behind Bars](#)

**2. Talk it out:** When you find out that your honey hasn't been entirely faithful, confront them about it. Make sure you have some solid evidence before you go to your partner with your accusations. Make sure you're calm when you talk to your significant other and you have that much needed discussion somewhere private.

**Related:** [Khloe Kardashian Files for Divorce from Lamar Odom](#)

**3. Break it off:** Letting your partner go and moving on with your life might be the best decision you can make. If you don't feel like you're in a relationship worth saving, call it quits before you begin to doubt yourself. If you can't see yourself trusting your significant other again and you know forgiveness is out of the question, there's no point in you staying with them any longer.

**What are some other steps to take after being betrayed by your partner? Comment below.**



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# Dean McDermott is Accused of Cheating on Wife Tori Spelling



By Brittany Stubbs

After seven years of marriage, it doesn't look like Dean McDermott and Tori Spelling are living their happy ending. [UsMagazine.com](http://UsMagazine.com) reports that McDermott cheated on Spelling with 28-year-old Emily Goodhand while promoting his gig as host of *Chopped Canada* in Toronto on Dec. 6th. After meeting Goodhand through friends that day, McDermott invited her up to his room at the Fairmont Royal York Hotel where she claims they had sex. "He told me he and Tori had a sexless marriage," says Goodhand, who stayed the night with him the following night as

well. "I believed him."

## What are some signs that your partner is cheating?

### Cupid's Advice:

Being cheated on by someone you love is extremely hurtful. While you want to trust your spouse, if you're wondering if they might be cheating, look out for these signs:

**1. Credit card activity:** If you have access to your partner's bank account and notice there's a number of charges that don't make sense, this might be a red light. For example, dinners at nice restaurants, hotel reservations, etc. Are your partner's credit card bills no longer sent to your house or visible to you? This might be another sign to question.

**Related:** [Tori Spelling Slams Rumors that She's Divorcing Dean](#)

**2. Sketchy phone behavior:** Do they have a passcode you don't know? Do they step out to take calls, text under the table, or take their phone with them to the bathroom? These might be signs that they're hiding something.

**Related:** [Tori Spelling Gets Spinning Diamond Ring from Dean McDermott for Anniversary](#)

**3. Their appearance has changed:** According to the *Huffington Post* article "Cheating Signs: 10 Classic Signs Your Spouse May Be Cheating," one of the first signs that should make you suspicious your partner might be cheating is if he or she is suddenly dressing much better out of the blue. If your partner is notorious for running around town in sweats and is all of a sudden putting more effort into dressing up and getting ready, it could be a sign there might be someone new they're trying to impress.

**How have you discovered someone cheating? Share your experiences below.**

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# Khloe Kardashian Says Split From Lamar Odom Is 'Torture to My Soul'



By Brittany Stubbs

A week after Khloe Kardashian filed for divorce from Lamar Odom, husband of four years, she's opening up about her pain from the breakup. The reality star tweeted what appears to be a response to the speculation she'd quickly rebounded with baseball star Matt Kemp. "This, in and of itself, is heartbreaking and torture to my soul," Kardashian wrote. "Please, I don't need the extra rumors and BS right now." Despite that she has been spotted out with the L.A. Dodgers outfielder, a source tells [People](#) that they are "just

friends.” The source also adds, “Khloe is absolutely heartbroken right now [over Lamar] and dating someone is the last thing she’s thinking about.”

## **What are some ways to initially cope with your divorce?**

### **Cupid’s Advice:**

Going through a divorce can be one of the toughest things a person experiences. Though every relationship and break up are different, there are a few things that can help you cope at the beginning:

**1. Take care of yourself:** This is the time to focus on yourself and take care your basic needs. No matter how much pain you’re in, you must tend to the health of your body. Drinking enough water, eating consistent meals of healthy proportions, and allowing yourself to get enough sleep, are just a few basic ways you can take care of your body. Many people create unhealthy habits during a breakup (i.e. not eating, drinking too much alcohol, etc.) but these make the divorce more difficult because in reality, you’re just adding physical pain to your emotional pain.

**Related:** [Source Says Lamar Odom’s Drug Addiction Took Over Marriage to Khloe Kardashian](#)

**2. Avoid contact with your ex:** Despite the reasons for your divorce, it is common to have immediate second thoughts once you’re separated. Even if you were the one that filed for divorce, you will most likely still miss your ex and question if the split was a big mistake. In this vulnerable state of mind, turn off your phone and hide your car keys. As much of a habit it is to call them when you’re in pain, contacting your ex is not the solution.

**Related:** [Khloe Kardashian Files for Divorce from Lamar Odom](#)

**3. Seek support:** It’s important to lean on your support system

during the initial breakup. Whether your support system is a group of close friends, family members, co-workers, or members of your church, this reminds you that although you are no longer part of a “couple,” you are by no means alone. If you feel as if you can’t lean on the people in your life, research support groups in your area for individuals going through divorce.

**How have you coped initially during a divorce? Share your experiences below.**

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## **Pregnant ‘Teen Mom 2’ Star Jenelle Evans Is Behind Bars Post-Fight with Boyfriend**





By Kerri Sheehan

Jenelle Evans is at odds with the law again! The pregnant 'Teen Mom 2' star ended up behind bars after a dispute with baby daddy and boyfriend Nathan Griffith. Evans and Griffith were allegedly arguing when the police were called and they brought Evans out in handcuffs. The 21-year-old adds her tenth arrest in three years to her record. According to [UsMagazine.com](http://UsMagazine.com), Evans claims that her neighbors called the police on them just so they can sell a story to the tabloids.

**What are some ways to keep conflicts with your partner from escalating?**

### **Cupid's Advice:**

Every couple has their arguments, but it's important to keep these fights in check. Let Cupid help you keep the fights from escalating:

- 1. Stay calm:** It's easy to get overly angry and yell during a fight, but staying calm and discussing things like the adults that you are will guarantee that the spat won't turn too sour. If you start screaming then your partner will follow suit, so don't let your temper get the best of you.

**Related:** [Teen Mom 2's Jenelle Evans and Gary Head Are Both Behind Bars](#)

**2. Pick your battles:** Not everything that you and your significant other disagree over is worth arguing about. Save your fights for things that really matter to you.

**Related:** [5 Celebrity Couples That Fight Dirty](#)

**3. Admit when you're wrong:** There is not always a right or wrong when it comes to many fights, but sometimes there is. If whatever started the argument happens to be your fault then admit it to your partner and apologize. Sometimes all it takes is an, "I'm sorry," and a kiss on the forehead to let a fight be forgotten.

**How do you keep conflicts with your partner from escalating? Share below.**

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## **Khloe Kardashian Files for Divorce from Lamar Odom**







By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Khloe Kardashian filed for divorce from husband of four years Lamar Odom Friday, Dec. 13. Kardashian is asking to legally remove Odom from her last name and she is not seeking any spousal support. The couple married Sept. 2009 after one month of dating.

**How do you know when to call it quits on your relationship?**

### **Cupid's Advice:**

Deciding how and when to end a relationship is always tough on both parties involved. However, a breakup doesn't necessarily have to be a terrible thing to go through, especially if your relationship isn't at its best. Cupid has some tips:

**1. Signs of abuse:** If your partner is physically or mentally abusive, it's time to seek help from your family, friends or a professional. Don't stay in a relationship that endangers your wellbeing. The dynamic between the two of you most likely won't change – no matter how much your significant other tries to persuade you otherwise.

**Related:** [Taye Diggs and Idina Menzel Separate](#)

**2. You like to be alone:** If you'd rather spend time by yourself or in the company of others, you might need to rethink the status of your relationship. Spending time with your boyfriend/girlfriend shouldn't feel like a burden. When you stop enjoying being around your honey, it's more than likely the spark that kept the romance between the two of you alive has gone out.

**Related:** [Simon Cowell's Girlfriend Lauren Silverman is Officially Divorced](#)

**3. Cheating is an issue:** You should want to be in a relationship with someone who wants to be with you and only you. If infidelity has become a problem between you and your partner, it's time to end things with him/her. Don't hang on to someone who clearly doesn't want to commit to you.

**How did you know when to call it quits on your relationship? Share your experience below.**

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## **Taye Diggs and Idina Menzel Separate**





By Brittany Stubbs

After ten years of marriage, it appears Taye Diggs and Idina Menzel won't be having a happy ending. "Idina Menzel and Taye Diggs have jointly decided to separate at this time," reps for the couple told [People](#) exclusively. "Their primary focus and concern is for their son. We ask that you respect their privacy during this time." The couple married in 2003 and had their son, Walker, in September 2009.

**How do you know when you've done all you can to save your marriage?**

### **Cupid's Advice:**

Despite what your reasons may be, divorce can be one of the most difficult things a person experiences. No one wants to let someone they once agreed to commit their life to, go. But there comes a point when you have to face the facts:

**1. You've communicated your issues:** No matter how long you've been together or how well you think you know one another, most marriages fail because of the lack in communication. If you've both communicated your issues, listened to one another, made compromises and still haven't seen a difference, then there

might be nothing left for you to do.

**Related:** [Michael Douglas and Catherine Zeta-Jones Separate](#)

**2. You've tried professional help:** Many couples steer clear of counseling because they think it's admitting defeat. But the truth is, if you truly want to save your marriage, you'll try anything before giving up. If you've been seeing a counselor consistently and both been putting in the effort, it might be time to rethink things.

**Related:** [Josh Brolin and Diane Lane Are Officially Divorced](#)

**3. Your partner doesn't care anymore:** It takes two to make any relationship work, just like it takes two to restore one. No matter what your issues are, if your partner is not committed to help repair the damages in your marriage, it may be time to call it quits.

**Have you experienced a divorce? When did you know it was time to walk away? Share your experiences below.**

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# Simon Cowell's Girlfriend Lauren Silverman Is Officially Divorced





By Brittany Stubbs

Simon Cowell's girlfriend and the mother-to-be of his child, Lauren Silverman, finalized her divorce from ex-husband Andrew Silverman in New York Civil Court this Wednesday, PEOPLE confirms. The couple reached an amicable divorce settlement this past August, just one month after the announcement that Silverman was pregnant with Cowell's child. Cowell has purchased an engagement ring, a source told [People](#) in November, and may pop the question over the upcoming holidays.

**What do you do if you're suspicious that your partner is cheating?**

### **Cupid's Advice:**

Nothing can be more difficult in a relationship than the feeling that your partner is being unfaithful. But before you start snooping through their emails or looking at phone records, take one of these approaches:

**1. Get an outsider's opinion:** When you're doubting your partner's faithfulness, everything can be seen as confirming your suspicions: they have to work late or they cancelled plans last minute...is this just in your head? Sharing your

situation and reasons of doubt with a close friend or family member can often give you assurance if your suspicions are justified, or you're just being paranoid.

**Related:** [Simon Cowell Is Having a Baby With Socialite Lauren Silverman](#)

**2. Pay attention to their phone:** Do they have a passcode? Do they step out to take calls, text under the table, or take their phone with them to the bathroom? These might be signs that they're hiding something. Next time you notice your partner's sketchy phone behavior, ask to see who they're talking to. Their reaction alone might clue you in.

**Related:** [Josh Brolin and Diane Lane Are Officially Divorced](#)

**3. Surprise them:** Catching them off guard is an easy way to catch them in a lie. Maybe this means coming back in town a day earlier than your partner is expecting. Or finding an excuse to stop by their house unexpectedly. Did they say they were grabbing drinks with friends? Maybe you need to make a surprise appearance.

**Have you caught someone cheating? Share your experiences below.**

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**Orlando Bloom Says He and Ex Miranda Kerr 'Love and Cherish Each Other'**



By Brittany Stubbs

After three years of marriage, Orlando Bloom and Miranda Kerr announced their amicable separation earlier this year. Despite their split, [People](#) shares that they've maintained a healthy and happy friendship for their son Flynn, who will be 3 next month. "We both love and cherish each other," Bloom told E! Online on Monday. "What [our son] reads and knows about when he's a grown-up is more important to me than anything."

**What are some ways to remain friends with your ex after you part ways?**

**Related Link:** [Miranda Kerr and Orlando Bloom Reunite in NYC with Son Flynn](#)

**Cupid's Advice:**

**1. Have a separation period:** When building a friendship with someone you have a romantic history with, it's important to make sure all the feelings from your past don't get in the



way. You can't truly have a healthy relationship if one of you is still bitter or hasn't recovered from the breakup. One way to avoid this is by making sure you have some time apart from one another after the initial split. This approach allows you each the space to heal and move on before jumping into a friendship.

**2. Set boundaries:** Despite the fact that you both are over one another and are maybe even dating new people, there are still some boundaries you and your ex need to set to have a happy friendship. For example, you may be glad to hear your ex has a girlfriend, but you probably don't want to know the intimate details about their relationship. Being open and honest about what you feel comfortable sharing and discussing is key to remaining friends.

**Related Link:** [How to Cooperatively Co-Parent After Separation or Divorce](#)

**3. Forget the bad:** Regardless of why you and your partner split, there were probably tough times for each of you in your relationship. It's impossible to stay friends if old disagreements or unhappy memories keep resurfacing, so let the rough parts of your past go and focus on having a better future.

**How have you remained friends with an ex? Share your experiences below.**

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**Josh Brolin and Diane Lane**

# Are Officially Divorced



By April Littleton

According to [People](#), Josh Brolin and Diane Lane have finalized their divorce. The once-happy couple separated earlier this. Los Angeles County Superior Court documents filed Nov. 27 made the split official. Brolin and Lane married in 2004 during a ceremony at a central California ranch.

**How do you move on after a divorce?**

## **Cupid's Advice:**

You're finally divorced and now you're wondering if you'll ever be able to move on and be happy again. Divorce isn't easy. When it finally hits you that you will no longer be waking up to the same person in the morning anymore, you might hit an all-time low. However, this feeling won't last forever. Cupid is here to help:

**1. Time:** You'll need to give yourself the chance to heal and the only way to do that is by giving yourself the necessary time. You won't be able to get over the lose of your marriage right away and you shouldn't expect yourself to. Don't worry, you will find yourself feeling better about the situation day-by-day. Don't rush yourself into another relationship. Take this opportunity to get to know yourself all over again.

**Related:** [Malin Akerman and Husband Split Months After Son's Birth](#)

**2. Support:** You won't be able to get through this all on your own. Keep in close contact with your family members and friends. When you're feeling down, they'll be able to lift you back up and make you see all of the positive things you have to look forward to.

**Related:** [Minka Kelly and Chris Evans Call It Quits](#)

**3. Try something new:** Take your mind off of the divorce by digging yourself into some new hobbies. You don't have to do anything too extreme (like skydiving), but if you've always wondered what taking a painting class would be like, sign up for the next one at your nearest recreation center.

**How did you move on from a divorce? Share your experience below.**