

# Christina Milian: Bye Bye to Jas Prince



By

Sanetra Richards

Goodbye, fiancé ! Hello, single lady! According to [UsMagazine.com](http://UsMagazine.com), a rep for Christina Milian's family has announced the 32-year-old singer/actress and fiancé Jas Prince have ended their engagement. The star and her music executive boyfriend of nearly four years called off the engagement at the beginning of this month. Milan removed her belongings from their L.A. house on Thursday, June 19th. The pair allegedly began dating in 2010, following a few months after her divorce from singer/songwriter The Dream. She was spotted sporting a nice sized diamond ring in April 2013, but kept it under wraps, even when asked about it in interviews.

While not saying too much, Milian shared a quote on Instagram on June 12th about new beginnings and achieving the life you desire: "There comes a time in life, when you walk away from all the drama and people who create it. Surround yourself with people who make you laugh, forget the bad, and focus on the good. Love the people who treat you right. Pray for the ones who don't. Life is too short to be anything but happy. Falling down is part of life, getting back up is living." Following the message, the caption stated, "Morning inspiration. Turn your life around and do all the things that make you happy. It's your life to live."

## **How do you know when to call off your engagement?**

### **Cupid's Advice:**

You dated, fell in love, and then came the big question. Of course, you said yes . . . but found yourself rethinking the entire ordeal once things took a turn for the worse. Unfortunately, you are not quite sure how to tell your partner you do not want to go forward or if being **single** is what you truly want to do. Cupid has some advice to help you:

**1. No longer getting along:** The arguments have started and the looks of disgust are definitely not going away anytime soon – it is probably best to say goodbye to your engagement. The worst thing you could possibly do is get married knowing you are unhappy and will be that way for some time to come. Do not be ashamed to tell your family and friends you are calling it quits. Chances are, they will be happier to know you are not going into a marriage with ill feelings.

**Related:** [Christina Milian Talks Reality TV Show and Dating Advice in Exclusive Celebrity Interview: "Love Can Conquer All"](#)

**2. Cheating:** Yes, the big C. If this is already happening in your relationship, your marriage will not stand a chance.

**Related:** [Christina Milian Doesn't Deny or Confirm Engagement to Jas Prince](#)

**3. Future is not the same:** Your talks about what your future entails have changed and you are no longer on the same page . . . let it go. Your idea of a happy life is not matching your partner's, and there is no convincing him/her of having the same. If you want to succeed successfully throughout your marriage, conversations revolving around your life as a married couple are key (and should probably be similar).

**When is the right time to call off your engagement and return to the single life? Share your thoughts below.**

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## **Tim McGraw Credits Faith Hill for Helping Him Quit Alcohol**





By

Sanetra Richards

Tim McGraw hasn't had a drop of alcohol in seven years. According to [UsMagazine.com](http://UsMagazine.com), the country star revealed his battle with alcoholism in Men's Health July/August issue, pointing to his wife of 17 years, Faith Hill, as the person to get him back on track. "When your wife tells you it's gone too far, that's a big wake-up call," said McGraw. "That, and realizing you're gonna lose everything you have. Not monetarily, not career-wise, but family-wise," he added. "It got to the point where my kids were getting older, and it was way past the point that they noticed it. And I noticed that they noticed." Fortunately, the 47-year-old has been able to turn it all around since, but also credits his mother, Elizabeth Ann D'Agostino, for speaking on it before he married Hill. "Early in my career – I think I was 19 – I was so shy that to even get up onstage in a club, I'd need a few drinks," McGraw shared. "I remember my mom tellin' me, 'Y'know, if you don't get up there a couple of times without doing that, it's gonna be a problem.'" "I drank too much," he continued. "I partied too much. And did other things too much. Chemically. No needles or that kind of stuff, but...use your imagination."

Although McGraw is sober, he still reminds himself of what his life could have resulted in. "Keith Whitley taught me how demons can overtake you if you let 'em. And I was headed down that path," he said, referring to the late country singer (who died of alcohol poisoning). "You feel like you're supposed to be 'on' all the time. Then you drink and get onstage, and all of a sudden you feel confident and powerful. It becomes a habit. Up until seven years ago, there were not a lot of shows that I didn't have something in my system."

**How do you approach helping an alcohol or substance abusive partner?**

### **Cupid's Advice:**

The mood swings, breakdowns, depression episodes ... you deal with it all when you are involved with an alcohol abuser. At times you may even feel helpless. Every road you attempt to take is always a dead end. Cupid has some tips to (possibly) successfully help your partner along the way:

**1. Realization:** The sooner you realize you cannot change your partner, the better. Although it is beyond difficult watching them resort to substance(s) as a coping mechanism, you have to allow them to want to change on their own. A motivation and desire must come from within before this step is taken. Typically, when an individual is addicted to drugs or alcohol, they are quite hesitant and stubborn about giving it up. With that being said, it will take time. As long as you have patience and continue to encourage treatment, the time will come.

**Related:** [Tim McGraw and Faith Hill Deny Divorce Rumors](#)

**2. Pay attention to yourself:** Do not ever put yourself in harm's way. If your partner is reacting violently to your advice or to anything you say/do, it is best to leave. Never jeopardize your safety just because you think guilt may come

along. Another way to ensure you are taking full care of yourself is to confirm you are stable enough to be attentive to an alcohol abuser. Can you mentally, physically, and emotionally handle it? These are a few questions to keep in mind.

**Related:** [How to Help Your Partner Through A Crisis](#)

**3. Be informed:** If you choose to remain by their side during this tough time, know exactly what all you could be facing. Take the time out to research on what the addiction entails. If your partner has agreed to sobering up, do not be opposed to attending AA meetings with him or her. Not only will you learn more about the disease, but you will also be their support system throughout the journey.

**What are some ways to approach a substance abusive partner? Share your thoughts below.**

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## Melanie Griffith Erases Antonio Banderas From Heart Tattoo Post-Split





By

Shannon Seibert

Melanie Griffith made quite the statement at Italy's Taormina Film Festival on Tuesday, June 17, by covering up her husband Antonio Banderas' name on her famous heart tattoo. The couple just recently split after being together for almost 20 years. Griffith's signature heart tattoo was covered with a flesh patch and make up to cover her ex's name. The ink had been a trademark for their love since 1998 when it first debuted, according to [UsMagazine.com](http://UsMagazine.com).

**What are some ways to show the world you love your partner?**

### **Cupid's Advice:**

Being in love is one of the most riveting experiences. There is no reason you shouldn't shout your hearts desires from every roof top and valley you come across. Ink may not be your thing, and it doesn't have to be. Check out these special ways you can show your love and the world how you feel:

**1. Make a documentary about your relationship:** What says love like being all over the internet? With all of the cool gadgets

and gizmos there are plenty of ways you can digitally document your love story. We all get teary watching the proposal videos all over YouTube, there is no reason that your relationship doesn't deserve the same glory.

**Related:** [‘Chuck’ Star Zachary Levi Secretly Marries Missy Peregrym in Maui](#)

**2. Never stop dating:** It sounds crazy, but some couples forget that they're still dating while in a relationship. Yes, you have found your significant other, but that doesn't mean you should stop courting them. Treat your love with the same attention that you did when you first got together, and the two of you will undoubtedly have a strong, lasting relationship that will be noticeable to everyone.

**Related:** [Eve Marries Maximillion Cooper in Spain](#)

**3. Just being together:** As corny as it sounds, everyone can pick up on a couple who is in love by the way they act together. If you're constant smiling with your honey, holding his hand, and he protectively holding on to you, people are bound to notice. The constant Facebook posts, the way he looks at you from across the room, and the way your eyes light up at the mention of his name are all indicators of love that cannot be fabricated. When you're in love, you can't force it, it's just there, naturally.

**What are some big ways you've showed the world you love your partner? Tell us in the comments below!**

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# Elisabetta Canalis Reveals She Suffered a Miscarriage



By

[Courtney Omernick](#)

According to [UsMagazine.com](#), Elisabetta Canalis revealed via WhoSay on June 13 that she recently suffered a miscarriage. The actress spoke about her miscarriage to followers by composing an extensive message regarding the incident. The 35-year-old wrote, "Unfortunately, life gives you...a reality that you do not expect." A miscarriage is something a woman should never have to suffer through.

**How do you support your partner during pregnancy issues?**

**Cupid's Advice**

When a couple is expecting a child, it can be one of the happiest times in their lives. Unfortunately, as Elisabetta Canalis stated, life can give you a reality that you don't expect (such as a miscarriage), and there can be issues with the pregnancy. This can be a very trying time in a couple's relationship, so, Cupid has come up with a few suggestions on how to support your partner during pregnancy issues:

**1. Get informed:** If your partner is having complications, it's extremely important that you learn as much as you possibly can about the issues, symptoms, etc. This means, Google will become your best friend. Watch informational Youtube videos, listen to audiobooks, join chat groups and ask questions, but most importantly, do what you need in order to fully understand the situation.

**Related:** [5 Celebrity Couples Who've Adopted](#)

**2. Be by their side:** Be sure to go with your partner to prenatal visits, ultrasounds, and other doctor's appointments. This goes along with being informed. You'll be able to sympathize better because you know exactly what's going on and you can ask the medical staff questions if you don't.

**Related:** [The Most Publicized Celebrity Pregnancies](#)

**3. Help your partner stay healthy:** This goes both ways: physically and emotionally. When complications arise and we're stressed, we can tend to revert back to old tendencies or pick up unhealthy habits. Make sure that you monitor your partner's stress levels, and how they're fueling their body. You can make it easier for them by joining their journey and participating in healthy eating and safe exercise habits.

**How have you supported your partner during pregnancy issues? Comment below!**

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# Robin Thicke Will Name New Album After Estranged Wife Paula Patton



By

Sanetra Richards

Persistence is key! And Robin Thicke seems to be a firm believer in that. The sultry star is not giving up on his marriage and will do all it takes to get back his estranged wife, Paula Patton. According to [UsMagazine.com](http://UsMagazine.com), the "Blurred Lines" singer has even named his new album after her, in hopes the record – along with other things, of course – will help mend their broken marriage. The upcoming album, Paula, is set

to be released on July 1<sup>st</sup>. The track list includes the hit "Get Her Back," which Thicke unveiled at the 2014 Billboard Music Awards back in May: "All right, y'all, help me get her back." The pair of nine years separated in February. A source told *Us* that Thicke "wanted to save their marriage, but it was Paula's choice and she ended it." The source went on to say, "Robin does not want this divorce." Despite their separation, Thicke has put in tons of effort to win his wife back over the past few months, even going publicly. At his February concert in Fairfax, Virginia, Thicke told the crowd, "For y'all that don't know, me and my wife separated but I'm trying to get my girl back." The *Baggage Claim* actress later released a statement that there was and would always be a "deep love" between her and husband. "We've known each other since we were teenagers," she said. "All I can tell you is there's a deep love there—always was, and always will be. He wasn't my first kiss, but he was my first lots of other things."

**What are some ways to try to win back your love?**

### **Cupid's Advice:**

Mistakes were made along the way, hearts were broken, tears were shed – but now you are more than ready to give it another try and will do whatever it takes to get your love back. Only problem is, you are unsure of how to exactly go about it (or at least try to). Cupid has some tips to lead you in the right direction:

**1. Sincerely apologize:** A simple "I'm sorry" will not cut it, especially if things are severely damaged. An apology does not have to be scripted or rehearsed. Politely ask your partner for a few minutes of their time to genuinely say what is on your heart and ask for forgiveness. Be empathetic! It is OK to be corny and send flowers every now and then. What is most important is that your sweetheart knows you are deeply sorry for the failed relationship.

**Related:** [Robin Thicke Pleads to Win Back Paula Patton at Billboard Music Awards](#)

**2. Correct your mistakes:** Typically, an apology has an invisible tag attached to it that says, "DO NOT DO THIS AGAIN!" Unfortunately, this sometimes goes ignored. Do not be the person to express regret, and then later repeat the same regret over and over again. Somewhere down the line, the relationship went wrong. It is up to you to fix the problem(s) that occurred along the way and make sure they never happen again.

**Related:** [Did Robin Thicke and Paula Patton's Body Language Indicate a Split Was Coming?](#)

**3. Be an open book:** Remain honest with your [ex] partner at all times. If they are willing to give the relationship a second go, have enough respect for them to be nothing short of direct and truthful . . . no matter the circumstance. It may take some time to rebuild what was lost and damaged, but with mutual effort and patience, you all will stand a chance.

**What are some other ways to win back your love? Share below.**

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## Adam Levine Reaches Out to Ex-Girlfriends





By

Laura Seaman

Adam Levine is trying to make things right before his marriage to model Behati Prinsloo. The singer's ex-girlfriends, including Anne Vyalitsyna and Nina Agdal, "couldn't care less he wants to make it right," a source tells [UsMagazine.com](http://UsMagazine.com). Levine's relationship with Agdal had ended when he started ignoring her class and then texting her about him and Prinsloo's engagement. This didn't stop Levine though, as an insider said, "He apologized for how he treated them."

**How can you remain civil with your ex?**

**Cupid's Advice:**

When relationships end, there's usually a broken heart and hurt feelings involved. These feelings can sometimes make it difficult to forgive and forget, but in the end its better not to burn bridges and lose everything you had. Yes, it ended for a reason, but it also started for a reason; you liked each other at one point:

**1. Don't push your anger and heartbreak onto the other person.**

It might be tempting to yell and blame the other person for everything, but sometimes relationships just end, and that's not your ex's fault. Handle the situation with grace and let it end peacefully. Save the yelling and ranting for when you're alone.

**Related:** [6 Things Women Should Never Do in a Divorce](#)

**2. Don't talk bad about your ex, even to friends.** The hurt of a breakup can make people say things they don't mean, and this leads to rumors getting out of hand or insults getting back to your ex. You never know who will pass on what you said, and if your ex hears some of the things you wish you hadn't said, it might drive a bigger wedge between you.

**Related:** [Learning to Compromise: My Way or the Highway!](#)

**3. Do try to keep in contact once in a while.** You don't have to talk about the relationship, or why it ended. That would be a bit too awkward. Just ask them how things are going, how their family is doing, and what they've been up to. Ignoring each other will just make it even more uncomfortable if you ever run into each other.

**Have you successfully stayed civil with your ex? Tell us how in the comments below!**

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## Bethenny Frankel and Jason Hoppy Settle Custody Dispute





By

Sanetra Richards

The smoke has cleared and everything is settled between Bethenny Frankel and Jason Hoppy ... at least for now. According to [UsMagazine.com](http://UsMagazine.com), the estranged couple has come to an agreement in divorce court, involving the custody battle for daughter Bryn. Hoppy's attorney, Bernard Clair, released a confirmation statement saying, "My client is delighted that this custody dispute has been resolved; that his co-parenting status has been acknowledged; that the parties' child will have the benefit of being raised by both parents; and most importantly, that his daughter will no longer be at the mercy of a high-profile courtroom battle."

**What are some ways to shield your child from divorce proceedings?**

### **Cupid's Advice:**

Every divorce that involves children leads to questions revolving what is best for him or her. Whatever decision you and your ex make, you want to keep your child's best interest in mind, which includes not exposing them to the messy divorce



proceedings. Cupid has some tips to help you achieve this:

**1. Have respect and decency:** The best way to not taint the image your child may have of the other parent is to avoid bashing, at all costs. Your child is already coping with the separation and any unnecessary arguing in their presence will only make matters worse. However, if you and your ex are respecting each other, your child will do the same.

**Related:** [New Celebrity Couple Alert: Bethenny Frankel Is Dating Marcus Lemonis](#)

**2. Be honest:** Do not keep your child completely out of the loop with what is going on between the two of you. If he or she has question involving the separation, answer it honestly to the best of your ability. As stated before, maintain that respect and reassure them that you and your ex will always be their parents.

**Related:** [Bethenny Frankel and Jason Hoppy Ignore Each Other at Daughter's Birthday](#)

**3. Do not play the blame game:** This means absolutely not pointing fingers. Your child is in a very vulnerable state (just like you) and will possibly believe anything negative you may tell them about the other parent. Remember what is most important –being a parent and protecting your child from any danger, including those harsh words you may want to say.

**What are some ways to shield your child from divorce proceedings? Share your thoughts below.**

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# Jason Aldean Walks First Red Carpet With Former Mistress Brittany Kerr



By

Sanetra Richards

A new couple has made their debut! That's right, Jason Aldean and Brittany Kerr are out of hiding and ready to show off their relationship. According to [UsMagazine.com](http://UsMagazine.com), after filing for divorce from his wife, Jessica Ussery, over year ago, the country star walked the CMT Music Awards red carpet with his new girlfriend Brittany Kerr on June 4<sup>th</sup>. After admitting to inappropriate behavior with Kerr in September 2012, Aldean called it quits on his 12-year marriage and later filed for divorce in April 2013. It was confirmed him and his former mistress were officially dating in March 2014. The couple was

also spotted meeting up for dinner after April's ACM Awards.

## How do you know when to go public with your new relationship?

### Cupid's Advice:

You and your new partner have been in hiding so long, and now you are ready to take it to the next step and go public. Unfortunately, you are concerned about the timing and possible reactions. Cupid has some advice to make the decision a little bit easier for you and your latest love:

**1. Everything is going smoothly:** When you cannot deny the feelings and there is nothing to complain about, you should probably begin to brace yourself for making the big announcement. You are more than satisfied and secure in the new relationship, so why hide it any longer? However, be sure you are absolutely comfortable and willing to inform everyone.

**Related:** [Jason Aldean Is Dating Mistress Brittany Kerr Post-Divorce](#)

**2. It is a mutual decision:** Both parties should agree on whom, when, and where to tell. If your partner has not quite warmed up to the idea just yet, give him/her some time and maybe ask for their reasoning. You want to confirm that they have the same vision of the relationship as you do.

**Related:** [New Couple: Zoe Kravitz and Noah Becker Stroll Hand-in-Hand](#)

**3. Longevity:** Have the both of you discussed a future life together? Is it a fling or forever? These are questions to ask and keep in mind when making the decision to announce your relationship. If there is any doubt of being together later down the line, be cautious of informing family and friends. You want to be able to share the news, and your loved ones can count on this person to be around months (even years) down the line.

What are some ways to know if you should go public with your new relationship? Share your thoughts below.

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# Bethenny Frankel Gives Emotional Testimony and Cries in Custody Battle



By Sanetra Richards

Bethenny Frankel opened up her heart on the court stand on Wednesday, May 28th. According to [UsMagazine.com](http://UsMagazine.com), the former Real Housewife and talk show host gave her testimony in a

custody case with ex-husband Jason Hoppy, with whom she has a 4-year-old daughter with, Bryn. The couple split back in 2012 and it has been a bumpy road since. In her statement, the 43-year-old was very emotional and even broke down in tears throughout various portions. Frankel recalled on the time when she and Hoppy lived together because he was unwilling to leave: "Jason said to me, 'Get ready, we are going to war. It's over. We're done,'" Frankel remembered. "He would leave the house in shambles. There would be dishes everywhere. He would pee and poop and leave it in the toilets. He would hold Bryn, and he would say, "You're finished, you're done. I'm going to ruin you." Frankel also told the court a specific instance when her ex-husband would ridicule her in front of their daughter. Frankel claimed Hoppy's taunting happened numerous times in front of her daughter, and that he often tried to get the little girl to turn against her. "He would say, 'Mommy should be Ursula the witch. She's a great witch. You be the princess, I'll be the prince, Mommy will be the witch,'" said the Skinnygirl Dish author as the tears fell. An insider tells *Us*, "Bethenny is trying to just keep pushing forward. She's in a good place right now."

## **What are some ways to keep things civil with your ex for your children?**

### **Cupid's Pulse:**

With every breakup or divorce that involves children, comes the decision to co-parent (or at least try to). However, before you and your ex can make that choice, there must be an agreement and understanding shared between the two of you. So, how exactly do you keep it civil for your child's sake? Cupid has some tips to help:

- 1. Respect each other:** Which basically means no bashing, especially not in your child's presence, whatsoever. If you are habitually arguing in front of your child(ren), they will soon start to believe one parent is not fit – this could

possibly lead to lashing out and ill behavior. On the other hand, if you and your ex are showing respect one another, your child will suspect nothing wrong.

**Related:** [Bethenny Frankel and Jason Hoppy Reunite for Daughter's Birthday](#)

**2. Come to terms:** You and your ex should face that the separation is real and the chances of you all getting back together are slim to none. You both have turned the page and are now on new chapters. No matter the circumstance, those old feelings should not interfere with your parenting.

**Related:** [Bethenny Frankel and Jason Hoppy Ignore Each Other at Daughter's Birthday](#)

**3. Delete:** Let go of the anger and resentment. You must both remember, your separation was for the best. By staying together you were ultimately putting your child's happiness was at stake. Think of yourselves as parents before exes.

**How do you keep things civil with an ex when children are involved? Share your thoughts below.**

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## **Evan Rachel Wood and Jamie Bell Split After 2 Years of Marriage**



By Sanetra Richards

The wedding bands are off for! According to [UsMagazine.com](http://UsMagazine.com), Evan Rachel Wood and Jamie Bell have decided to go their separate ways after two years of marriage. In an exclusive statement, a rep told *Us*, “Evan Rachel Wood and Jamie Bell have decided to separate. They both love and respect one another and will of course remain committed to co-parenting their son. This is a mutual decision and the two remain close friends.” A source also added, “They love each other so much but it just wasn’t right.” The pair met back in 2004 on the video set of Green Day’s “Wake Me Up When September Ends” and walked down the aisle eight years later in 2012. The 26 and 28-year-old also welcomed a new addition to their family last July. The new mom shared with *Us* in November what motherhood was like and her busy schedule: “I’ve been having separation anxiety because I’m so used to him being right here all the time. They kind of become a part of you, you know?” said Wood

as she blushed about their baby boy. “It was my dream to be a mom, so I’m loving it. I love it.” “He’s smiling and laughing. He started rolling over,” she went on to add about his steps through babyhood. “He’s grabbing things. You know, he’s making oohs and aahs.” The couple’s last red carpet appearance was also back in November for the LACMA 2013 Art + Film Gala held in Los Angeles.

## **How do you know when it’s time to call it quits on your marriage?**

### **Cupid’s Advice:**

Unfortunately, every marriage cannot be salvaged, and it’s best to know when you should part ways before letting time pass you by. Here are a few things Cupid thinks will help you come to the realization:

**1. Everyday bickering:** The time you spend together is consumed by arguments, whether petty or major. And at the end of the day, you and your partner cannot come to an agreement on anything. Compromise definitely does not exist in your household! Pay attention to the disputes revolving around some of the smallest issues and if there is constant finger pointing. Although proper communication can repair a relationship, there is not a 100% guarantee.

**Related:** [Evan Rachel Wood Welcomes a Baby Boy with Jamie Bell](#)

**2. Future? More like past:** Your significant other starts off as a good time – you can see planning and building your entire life with him/her . . . but then you begin to realize that you do not see them in your future. The dream of making a home, starting a family, etc., slowly vanishes. The nitpicking and dislikes become greater than ever – and so does calling it quits.

**Related:** [Evan Rachel Wood and Jamie Bell Tie the Knot](#)



**3. Attraction fizzles:** No more wild and spontaneous dates, or romance, period. You no longer desire to have your partner around. Do not ignore the warning signs! Keep in mind, they are always there before the storm approaches.

**What are the signs that your marriage is in its last days? Share your thoughts below.**

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## Zoe Kravitz Dating Noah Becker Spotted Hand-in-Hand in NYC



By Louisa Gonzales

It seems like Zoe Kravitz has a new man in her life. According to [People](#), **Zoe Kravitz dating Noah Becker**, 20, was spotted in New York City on Thursday afternoon hand-in-hand. The newly formed couple, may in fact be new, but already have history thanks to the Divergent actress's dad, Lenny Kravitz, who served as best man when Becker's mom, Barbara Feltus, tied the knot with Belgian artist Arne Quinze. Kravitz last relationship was with the former Gossip Girl actor Penn Badgley and the two haven't been linked together since 2013 at a New York party.

**How do you know when you're ready to move on after a breakup?**

**Cupid's Advice:**

Everyone moves on from a breakup at their own pace, like Zoe Kravitz, and most of the time it depends on how it ended. Moving on can be hard, especially if the split really devastated you, but it's something we must all do. Cupid has some advice on how to know when you're ready to move on after a breakup:

**1. You've stopped thinking about it:** You usually have already moved on once you stopped thinking about the person and breakup. Once you have done this your heart has a better chance of being open to finding new love. Sometimes people start dating and move on without realizing it,

**Related:** [Are Penn Badgley and Zoe Kravitz Back Together?](#)

**2. You're ready to let go:** Letting go is one of the biggest steps in being ready to move on. It's good to let go and not let the ghost of relationship past haunt you in your new relationships. Yes, it's okay to keep some memories or things, but if you want to give your new relationship a chance you have to let your ex go and not hold onto the past, otherwise you're never truly be able to move on and start dating .

**Related:** [Zoe Kravitz and Penn Badgley Engage in Poolside PDA](#)

**3. You find yourself falling in love again:** If someone new is making your heart flutter, is catching your attention and the mere thought of them is making you smile, you're probably ready to move from your ex. Love is complicated, it can change, evolve, or disappear, but it's always good to give it a chance and let your heart decide what's best for you. When you're ready to move on with someone new, you'll feel it.

**How do you know if you're ready to move on after a breakup? Share in the comments below.**

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## **Robin Thicke Pleads to Win Back Paula Patton at Billboard Music Awards**





By Shannon Seibert

At the Billboard Music Awards, singer Robin Thicke made two sentimental pleas to win back his estranged wife, Paula Patton. Thicke, 37, first gave thanks for his wife's love and support when he received 'Best R&B Single'. Thicke later performed his new single "Get Her Back" written explicitly for Patton, according to [UsMagazine.com](http://UsMagazine.com).

**What are some grand gestures you can make to win back your ex?**

**Cupid's Advice:**

If you are absolutely certain that your ex is the one who you are supposed to be with, don't let anything stop you from your happiness. Whether it is circumstance, past mistakes, or a simple misunderstanding, if the two of you are truly compatible for each other, there is no reason that can't be possible:

**1. A sincere apology can go a long way:** When in doubt, start with baby steps. Words can tear people apart, but they can also bring people back together. Give your heart strings a

strong tug, and tell your man how you really feel. The phrase “I’m sorry” is a good place to start, and let the rest flow. Don’t feel the need to justify every action you’ve made. Be attentive and listen to what is hurting him, and see what you can do to fix it.

**Related:** [Exes Jessica Simpson and Tony Romo Don’t Speak at Correspondents’ Dinner](#)

**2. Show that you’ve paid attention:** Sometimes a big gesture is comprised of the little things. What has he been telling you all of this time that you may have overlooked? Put together a bunch of his favorite things to show that you care. Whether it’s a mash-up of his favorite music, that chocolate cake from the bakery that he can’t resist or the movie you watched together on your first date. Go out of your way to show that you’re attentive to his needs and you can give him what he is looking for.

**Related:** [Did Paul Patton and Robin Thicke’s Body Language Indicate a Split Was Coming?](#)

**3. Take a trip down memory lane:** Sure there may have been some reasons why your relationship looked like it wouldn’t work out, but there are so many reasons that it should. Every couple has their strengths, so use yours to win back your love. Try recreating your first date, or a few tender moments you’ve been through together. Remind him of how great you were together and the feelings that you share. If you’re both adventurous, explain how this rough patch is just part of the bigger journey. If he’s more introverted, appeal to his kind and quiet qualities with a love letter.

**What have you done to get an ex back? Share with us below!**

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# New Couple: Cameron Diaz Is Dating Benji Madden



By Shannon Seibert

After weeks of keeping their relationship under wraps, Cameron Diaz and Benji Madden are finally out in the open. Diaz, 41, and Madden, 35 are considered “new” and “just hanging out” but the Good Charlotte singer is considered the first high-profile relationship for Diaz since her split from Alex Rodriguez in 2011. The pair have Madden’s sister in-law, Nicole Richie to thank for their introduction, according to [UsMagazine.com](http://UsMagazine.com).

**How do you keep your new relationship on the down-low?**

**Cupid’s Advice:**

When your relationship is just blossoming, it can be difficult to figure out your own feelings about that person if your relationship is highly publicized. With everyone giving you their input, and pestering you about the latest details of your love life, you may get caught up in the attention and neglect the fact that it may not even be working. By initially keeping your new relationship on the down-low, you'll be able to discover your feelings for your new beau, and find out whether or not you could really gal for this person:

**1. Hold off on updating your social media status:** Until you get out of the murky waters of "What direction is this going in?" you don't need to make your relationship Facebook Official. These days defining your relationship is harder than it looks, so at first you don't want to jump to conclusions about your relationship status with your man. Just keep cool, calm and collective, and once you both have your feet on the ground you can upload those adorable selfies you have on your camera roll.

**Related:** [Ed Sheeran Reveals a Greek Girlfriend](#)

**2. Do a trial run:** Get out of town for the day. Go to a place where there's no pressure because you won't run into anyone you know. This way you don't have to worry about awkward introductions such as wondering whether to refer to your guy as your friend, boyfriend, or anything else. Now the two of you can test the waters of what it's like to be out in public together, while still getting to know each other on a deeper level.

**Related:** [New Couple: Lucy Hale Is Dating Country Singer Joel Crouse](#)

**3. Don't make it a big deal until it's a big deal:** When your friends and family inquire about your love-life, keep your answer vague. You don't want to let them in the know until there is actual information to give. It may send the wrong

signals to your guy by including loved ones in your dating life. He may think you're trying to get serious too quick, and you don't want your family to get confused if things don't work out.

**How have you kept your new relationship a secret? Tell us in the comments below!**

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## **Avril Lavigne's Ex Deryck Whibley Hospitalized Due to 'Hard Boozing'**





By Louisa Gonzales

Deryck Whibley, former husband of Avril Lavigne, went on a life changing trip to the hospital. According to [UsMagazine.com](http://UsMagazine.com), the Sum 41 frontman, 34, was recently rushed to the hospital after collapsing in his home. The rocker spoke out about experience on his website and revealed the reason behind his trip to the hospital was because of “all the hard boozing” he’d done over the years had finally caught up with him. The musician said he learned from the frightening experience and will stop drinking for good, which is something former wife, pop star Lavigne is “proud” of him for.

**What do you do if your partner is abusing a substance?**

### **Cupid’s Advice:**

Harmful substances can come in many shapes and forms, but one thing is for sure they all can be dangerous. It can be scary to witness someone you love and care about experiencing a substance abuse problem, especially when you have no idea how to help. Cupid has some advice on what you can do if your partner is abusing a substance:

**1. Lend your support:** Giving your support to someone in need is one of the best things you can do for them. There are many ways to show your support, you can talk to them, encourage them, help them out, and simply just be there for them. It’s important from your loved one to know you will stick by them even during difficult times.

**Related:** [Avril Lavigne Parties With Boyfriend AND Ex](#)

**2. Help them get help:** It can be hard to admit to yourself that you need help, which is why sometimes you need it from others. Do some research and see what can help or what has worked for others. You can also look up drug side affects and what can happen if you abuse them, it can help with getting

them to understand the dangers and what could happen to them if they don't receive help.

**Related:** [Chad Kroeger Says Wife Avril Lavigne Is an 'Amazing Cook'](#)

**3. Get them to realize they have a problem:** If your partner is having a hard time admitting they have a problem, the best way you can help them is by getting them to realize that they do. There are a number of ways to go about it, you can get help from their family or other people close to them and stage an intervention or you can talk to them on your own, just do what you feel is best for the both of you.

**What would you do if your partner is abusing a substance? Share in the comments below.**

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## **Rihanna and Drake Are Off-Again**





By Sanetra Richards

AubRih is over, once again. According to [UsMagazine.com](http://UsMagazine.com), after working out their differences a few months ago, Rihanna and Drake decided to give the dating thing another try – only for it to lead to a breakup. “Rihanna and Drake had another fight,” says a source. “He is too in love with her, which has always been the problem. They have been fighting, but that could all change any day now. It is how it always is with them.” The two stars were first spotted as a re-emerging couple in Paris back in February and by March the couple seemed to be hitting it off pretty hard again. However, at Rihanna’s Met Gala after party, her actor turned rapper [ex] boyfriend was not in attendance. A source added that the artists are “currently on yet another break.”

**How do you know whether to get back together with an ex?**

**Cupid’s Advice:**

There comes a time when the post-breakup emotions start to roll in and you find yourself contemplating whether or not you and your ex belong together. Cupid has a few things for you to

keep in mind while considering:

**1. The factors:** Think about the reason why you and your ex parted ways. Was it because of infidelity? Was it because you could not agree on anything? Chances are, these problems will not go away if you decide to go another round – they are the reason why you all are not together today. Remember the saying, if you want different results, do something differently.

**Related:** [Rihanna and Drake Party Post-Concert in Paris](#)

**2. The feelings:** A lot of times, people allow their hearts overpower their intelligence. If you know for certain your ex is absolutely terrible for you, do not put in the effort trying to reconcile. Replay the good versus bad instances throughout your relationship. Question whether the good outweighs the bad. This could possibly lead you to the answer on if you and your former lover should work things out.

**Related:** [Rihanna Says the 'Slightest Things' Remind Her of Chris Brown](#)

**3. The change:** One of the most important conversations to have with your ex before reuniting is how will the relationship change? If you two have not grown enough individually, then you should not want to risk it again. It will be a repeating cycle: same differences, same arguments, and same outcomes. Think about the failed relationship's faults and create methods to better them for the next time.

**What are some things to consider when getting back with an ex? Share your thoughts below.**

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# Sources Say Jennifer Esposito Slams Ex Bradley Cooper in New Book



By

Louisa Gonzales

Jennifer Esposito doesn't let anything slide when it comes to her past relationships in her new book, *Jennifer's Way*, according to [UsMagazine.com](http://UsMagazine.com). The *Crash* actress, 41, talks about her healthy eating habits and reveals personal narrative in her memoir book released last month and that includes cutting information about her ex—seemingly her ex husband Bradley Cooper to be exact. In the book she wrote about how hard it is to find love living in LA and how she met and “accepted a date” from someone who was “funny, smart, cocky, arrogant, and a master manipulator.” Many believe she was

describing Cooper, 39. The ex lovebirds divorced back in 2007 after being married for a mere four years.

## **How do you keep your anger about a breakup in check?**

### **Cupid's Advice:**

Breakups are hard, whether they end on bad or good terms. The end of a relationship can leave you with a lot of mixed emotions, but if the breakup ended badly it can leave you feeling bitter or angry, which isn't a healthy state to remain long in. Cupid has some advice on how to keep your anger in check after a breakup:

**1. Release your anger in healthy ways:** Nothing good can come of expressing your anger onto your ex, it can only make things worse and more complicated. Instead try doing other physical activities to release your frustrations, such as try taking kick box classes, or running or dancing to burn off your anger. It doesn't matter as long as you do whatever will help you vent in a healthy way.

**Related:** [Bradley Cooper and Suki Waterhouse Go Public at Sundance](#)

**2. Focus on other things:** To help keep your anger at bay after a break up, try putting your time and effort onto other things. Realize the only one creating your anger is you and being angry or letting your anger build can be unhealthy. Prove that the other person didn't control your life and remember you have the power to be happy on your own or with someone new, so try and keep track on the positive like now that your single you'll have tons of free time to try new things or stuff you always wanted to.

**Related:** [Bradley Cooper Reunites with Exes Jen Aniston and Jennifer Lopez at Golden Globes](#)

**3. Talk it out with someone close to you:** Being able to talk

out your anger can be healthy alternative to letting your anger build up inside you. It's nice to be able to freely express how you are feeling to someone you know will understand, who will not judge, and can even maybe give you some advice or perspective. Talking it out with someone you are close with and trust will also make it easier for you to be raw and vulnerable which will give them opportunity to console you.

**What do you do to keep your anger about a breakup in check? Share in the comments below.**

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## **Kris Jenner Warms Up to Khloe Kardashian's New Boyfriend French Montana**





By

Sanetra Richards

French Montana has made quite the impression! The rapper seems to have won over girlfriend Khloe Kardashian's mom, Kris Jenner. According to [UsMagazine.com](http://UsMagazine.com), the Kardashian family matriarch posted a picture on Instagram of her and French with the caption: "I love you papi," in dedication to Jennifer Lopez's song "I Luh Ya Papi" featuring the 29-year-old artist. In return, French posted his screenshot of her photo and added the message, "I love you Mami @KrisJenner." Jenner's included the hashtag "#nobunight," giving a hint that her and French were taking a few selfies before dinner at Malibu's Nobu restaurant.

**What are some ways to introduce your new partner to your parents?**

**Cupid's Advice:**

Introducing your parents to your partner is on the list of nerve-racking experiences that you dread. But it can also be quite rewarding. After all, it's a milestone in your relationship – things are actually becoming serious between



the two of you! Plus, your parents are able to meet the person who is a part of your happiness. Their acceptance will definitely make the relationship ten times easier. The main problem revolves around the questions *how* and *where* you will conduct the introduction. Cupid has a few spots that will make the big reveal less stressful:

**1. Restaurant:** If your parents are well aware of your new partner, don't be afraid to ask them out for a bite to eat. Pick an environment that has a nice atmosphere and is intimate (but not *too* intimate – complete silence will be awkward!). You will also have access to alcoholic beverages to help ease the anxiety. Allow the conversation to flow over a nice meal and bottle of wine!

**Related Link:** [Khloe Kardashian and French Montana Go Public with New Relationship](#)

**2. Sporting event:** What better way to meet the parents than over a game of basketball? The sociable vibe will only better the moods. Plus, everyone can connect over the game, which means less uncomfortable moments and more easy chatting.

**Related Link:** [New Couple? Khloe Kardashian Parties with French Montana](#)

**3. Coffee house:** If you are looking for a swift and simple introduction, a coffee shop is one of the best places to go to. Your partner can give a quick background on themselves, while your parents observe and ask a few questions about their life and intentions.

**What are a couple of ways to introduce your partner to your parents? Share your thoughts below.**

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# Paula Patton Says She Will Always Have 'Deep Love' for Robin Thicke



By Sanetra Richards

Can this damaged marriage be repaired? Despite the rumors, not much has changed between Paula Patton and ex-husband Robin Thicke. The couple parted ways in February and said in a statement, "We will always love each other and be best friends." According to [UsMagazine.com](http://UsMagazine.com), the 38-year-old actress told *Vanity Fair* that the two will always share a "deep love" with one another. In the recent issue, the *Baggage Claim* star went on to say, "We've known each other since we were teenagers. All I can tell you is there's a deep love there – always was and always will be." She continued: "He wasn't my

first kiss, but he was my first lots of other things.”

## **What are some ways to remain friends with your ex after a breakup?**

### **Cupid's Advice:**

Remaining friends with your ex seems virtually impossible, especially when you are dealing with the post-breakup blues and lingering resentment. Cupid has some questions for you to consider:

**1. Were you friends before the relationship?** If the answer is yes, a breakup can lead to one of two things: you despise each other and completely ruin your friendship OR you go back to being strictly platonic friends. Most couples who were friends before entering a romantic relationship find it less difficult to transition back to that. If you and your ex-partner were pals before lovers, try reverting.

**Related Link:** [Did Robin Thicke and Paula Patton's Body Language Indicate A Split Was Coming?](#)

**2. Was the split a mutual decision?** Being friends after a breakup is most likely to happen if the separation was a mutual agreement. If things ended on not-so-bad terms, you both will be more willing to just be friends instead. However, if you weren't able to agree on anything in the relationship (which may be a reason why it ended), then you possibly won't even agree on having a friendship afterwards.

**Related Link:** [Robin Thicke Takes Son to Disneyland Before Split with Wife](#)

**3. Do your loved ones like your ex?** If your family and friends absolutely love and adore your ex, you will probably be more persuaded to befriend them. The constant questions on why you are talking or hanging out with your ex will be slim to none because you already have their approval.

How do you remain friends post-breakup? Share your thoughts below.

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# Charlize Theron Dating Sean Penn – Holds Hands on Met Gala Red Carpet



By Louisa Gonzales

**Charlize Theron** dating **Sean Penn**, looked sweet walking the red carpet hand-in-hand at the Metropolitan Museum of Art's Costume Institute Gala in New York City on May 5, according

to [UsMagazine.com](http://UsMagazine.com). At the star-studded event Theron, 38, dazzled in a strapless Dior Haute Couture white crepe gown with navy and black satin running along the sides. Penn, 53, went for the traditional tux and white shirt look. The lovely couple stayed close together holding hands as they made their way down the carpet into the ball, which is holding a celebration for the opening of the *Charles James: Beyond Fashion* exhibition this year. The two actors made their first public outing as couple in early January while they vacationed in Hawaii and since then have attended several other events very much together.

## **How do you show you care about your partner in public?**

### **Cupid's Advice:**

Being in a relationship can be a lot of fun. It's nice to have someone to rely on or simply just have someone there for you, which is why it is important to be able to show you care. Cupid has some advice on how to show you care about your partner in public way:

**1. Hold hands in public:** There is nothing wrong with showing some PDA from time to time. Just like Charlize Theron and Sean Penn, holding hands is one of the simplest ways you can show you care, and it isn't too flashy or over the top. Taking hold of your partner's hand is just a small gesture to show your lovebird you're proud of being with him or her.

**Related:** [Sean Penn Dating Producer Shannon Costello](#)

**2. Gush about them to family and friends:** Yes, it can be annoying when people talk about their significant others too much, but that doesn't mean you shouldn't talk about them at all. Don't be afraid to rave about your awesome beau from time to time, because it's a nice way to show both them and the other people in your life how much you care.

**Related:** [Charlize Theron Discusses Her 'Scary' Blind Date For](#)

## Charity

**3. Perform some displays of affection:** There are many different ways for you to show affection toward your sweetheart. It can be as small as opening the door for them in public or as big as dedicating a song to them when you're at a club or restaurant. Together you can define the types of affection you're comfortable displaying in public. Just make sure you are both on the same page and are considerate of each other's feelings.

**How would you show you care about your partner in public? Share in the comments below.**

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# **Exes Jessica Simpson and Tony Romo Don't Speak at Correspondents' Dinner**





By Shannon Seibert

Jessica Simpson, 33, attended the White House Correspondents' Dinner in Washington D.C., as did her ex, Tony Romo. After their final split in 2009, both Simpson and Romo have found love, and started family roots. The singer and the Cowboy's quarterback didn't stage a reunion at the event, and were able to mingle comfortably without interacting with one another, according to [UsMagazine.com](http://UsMagazine.com).

**What are some ways to keep things civil between you and your ex?**

### **Cupid's Advice:**

There is nothing more uncomfortable than being caught in a social setting with your ex. There is awkward eye contact, weird feelings and an aura of tension in the air—and everyone notices. Sometimes the best way to be civil is to fake it till you make it, and be an adult about the situation:

**1. Don't speak poorly of your ex:** This is someone who you were once an item with. Speaking ill of your past relationship with

your ex, no matter how terrible the relationship may have been, reflects more poorly of you than it will your ex. If you are the one doing the bad-mouthing, it will only resonate as your personal level of maturity. Ex-shaming is a practice that must be stopped!

**Related:** [Justin Bieber Has Dinner with Kendall Jenner](#)

**2. Be polite but don't overdo it:** You want to be respectful, but you don't want to seem fake about it. By going out of your way to say 'Hello!' or approaching them without warning could send the wrong signal about your intentions. If you do happen to run into each other, smile and ask how everything is going, but don't press for details. The shallow conversation will keep the mood light, and there will be no room for disagreements to arise.

**Related:** [Nikki Reed and Derek Hough Hook Up](#)

**3. Focus on you:** This is the time where you can be your own person, without your name being attached to his. If people ask about your ex, quickly steer the subject to something positive you're doing with your life. You don't need to get caught up in what your ex is doing on social media, with someone else or anything else regarding his business because it isn't yours anymore.

**What are some ways you and your ex have kept things civil? Tell us in the comments below!**

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# Olivia Munn and Joel Kinnaman



# Call It Quits



By

Sanetra Richards

Another couple, another breakup! Olivia Munn and Joel Kinnaman are now residents of Splitsville. According to [UsMagazine.com](http://UsMagazine.com), insider sources confirmed the split and said the two parted ways months ago. "They ended things a few months ago but both seem fine," says a source. "A lot had to do with distance. He's back filming in Toronto and she's now in L.A. for good." *The Killing* actor and *Newsroom* actress have remained friends through the breakup and are still very much fond of each other. While promoting the reboot of *RoboCop*, Kinnaman paid the *Today Show* a visit spoke well of Munn: "She's a hoot, she's a lot of fun." Munn did the same in the May 2014 issue of *Allure*, saying, "If there was ever going to be a girl who would want her man to bring home a *RoboCop* suit, it would be me," the 33-year-old gushed. "Joel is truly fantastic in it.

## How do you know when to call it quits on your relationship?

### Cupid's Advice:

Every so often things take a turn (possibly for the worst) in the relationship, and you are left asking yourself if you and your partner should just separate. Although the warning signs are typically loud and clear, you may be blinded by a few other things. Cupid has some ways to help you decide when it is time to call it quits:

**1. Tension and arguments:** Do not refuse to see the elephant in the room. If you and your significant other just cannot seem to come to common ground and are constantly going back and forth with each other, reevaluate the relationship. Is it worth the daily headaches? This is a question you must ask yourself and your partner.

**Related:** [Nikki Reed and Paul McDonald Split After 2 Years of Marriage](#)

**2. Zero growth:** You should be able to recognize improvement in each other and as a couple. Take into mind that you all are in it to provide encouragement and support to one another. If the relationship is stagnant and there is no hope for bettering, consider parting ways.

**Related:** [Gwyneth Paltrow and Chris Martin Separate](#)

**3. Nonexistent romance:** The kind gestures and words have vanished and your partner is not as affectionate as he or she was in the beginning, consider talking to them about it. If they have no valid reason as to why it disappeared all of a sudden or a solution to the problem, it may be time to call it quits.

**What are some signs that help to determine when to call it quits? Share your thoughts below.**

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# Prince Harry and Cressida Bonas Split After Two Years



By

Sanetra Richards

Prince Harry is back on the market! According to [UsMagazine.com](http://UsMagazine.com), after a two year relationship, the Prince and girlfriend Cressida Bonas have separated . . . for now. "They're off, but I don't think it's for good," said a source to *Us*. "They hit a rocky patch and this decision is the result of that. Harry is the type to want to take breathers and then try again." A Kensington Palace spokesman went on to say, "We never comment on private lives." The pair met when Prince Harry's cousin Princess Eugenie of York, also the 25-year-old

socialite's friend, introduced the two and they hit it off by July 2012. Despite the breakup, the two have remained friends: "It's very sad that they have decided to split. It's very amicable, but they have decided to go their separate ways," says a Bonas family source.

## **What are some ways to keep your split amicable?**

### **Cupid's Advice:**

Many former couples have a theory that there is no possibly way to end a relationship and be somewhat friendly to one another. It is far from easy! Subtract the hard feelings, irreconcilable differences, and that specific mentality and you will have the answer to keeping the breakup cordial. Cupid has a few tips to help you and your ex even things out and remain pleasant:

**1. No harboring:** Do not hold on to all of the negative things that happened in your relationship. You cannot expect to make progress individually and as an ex-couple if the past is constantly taunting you. Remember, heartbreak and anger is not a part of your closet's wardrobe!

**Related:** [The REAL Reason that Gwyneth Paltrow and Chris Martin Split](#)

**2. Come to terms:** There was a specific reason(s) why the relationship ended. Facing and accepting the breakup is a major factor when it comes to being able to keep things under wraps and the split amicable. Realize your ex may be moving on with their life, and you should do the same. Same book, new chapter!

**Related:** [Will Arnett Files for Divorce from Amy Poehler 19 Months After Separation](#)

**3. Keep calm:** Have complete control of your emotions. Avoid the random lashing out moments to your ex. This will prevent

any chaos in your attempt to keep the (former) relationship on a good note.

**How do you keep a split amicable? Share your suggestions below.**

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## Tori Spelling Is Hospitalized Amidst Marriage Troubles



By

Louisa Gonzales

Tori Spelling has been hospitalized, according to [UsMagazine.com](http://UsMagazine.com). It seems the pressure on the mother of four, her marriage and the show has finally taken its toll on her.

The 90210 alum, 40, has been letting the world see all her relationship problems with husband Dean McDermott, who recently was revealed to have had an affair with 28-year-old Emily Goodhand, on her Lifetime reality series *True Tori*. The show follows the couple as they try to work on salvaging what's left of their relationship, but with Spelling shouting how her partner is never going to be, "happy with just me" it seems there is still troubles in the water for the pair.

## **How do you support your partner mid-split?**

### **Cupid's Advice:**

When your relationship is dissolving it can be some of the hardest points in your life. Towards the end of your romantic relationship it can be hard to not hold resentment towards your partner or to not put the blame on the failing relationship on them, or to even still show your support towards them. Cupid has some advice on how you support your partner mid-split.

**1. Still be there for them:** Nothing shows your support like simply being there for someone. Everyone wants someone to be there for them when they're down, need support or someone to relay on and you can still at least try and be that person. Whatever kind of relationship you have with your significant other, even if it could possibly be the end, it's still good to be able show that you care about them.

**Related:** [New Docu-Series Will Show Tori Spelling and Dean McDermott's Marriage Troubles](#)

**2. Keep up with your communication:** Being in a relationship means having someone you can talk or confide in with. Even if your relationship is currently having problems, it's still okay to talk with your partner about each other's troubles. If you keep communicating you have a better chance at staying on good terms even if you break up or possibly fixing things.

**Related:** [Tori Spelling and Dean McDermott Are Expecting Third Child](#)

**3. Continue to work on things:** Showing support towards someone can come in different shapes and forms. One way you can still show your support towards your partner mid-split is to still put some effort into your relationship. Remember you are both going through a similar thing here and whether your couple status changes from in a relationship to not in a relationship, it's important to still be respectful and mindful of one another's feelings.

**How would you support your partner mid-split? Share in the comments below.**

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**Chris Martin Blames His  
'Issues' for Split with  
Gwyneth Paltrow**





By

Louisa Gonzales

Chris Martin finally opens up about his split from Gwyneth Paltrow. According to [UsMagazine.com](http://UsMagazine.com), the Coldplay singer, 37, recently sat down with BBC Radio 1's Zane Lowe to talk about his band's new album, how he feels about One Direction and even about the end of his 11-year marriage. It's been one month since news first broke about Martin's separation from Paltrow, 41, but the music artist has now revealed to Lowe in his interview part of the cause of the split falls on him. Martin told Lowe he hasn't let himself be completely "vulnerable" and open to letting love "in" and because of that it caused problems with his relationship. He continued to say he doesn't want to blame anyone else and only he can make the proper "changes" to his life.

**What are some ways to work on your marriage?**

**Cupid's Advice:**

Getting married is a life changing event. With marriage comes new joys, discoveries about yourself and your partner, but also hardships and challenges. Cupid has some advice on some



way to work on your marriage:

**1. Communicate more:** A good relationship requires good communication. If you are having problems in your relationship or any other difficulties going on in you life, it's okay to talk with your partner about them. Don't keep things bottled up, it or make your worries grow and be that much worse when you finally do talk about them.

**Related:** [Gwyneth Paltrow and Chris Martin Separate](#)

**2. Attend counseling:** Sure, counseling isn't for everyone, but it may be good to give it a shot. Many couples don't like to admit that they need help, least of all accept or hear advice from other people. However, talking out your problems with someone may be good for your relationship, not to mention the fact it will give you the chance to hear what's on your significant other minds concerning you and the relationship.

**Related:** [Gwyneth Paltrow Says Chris Martin Helped with Postpartum Depression](#)

**3. Remember to have fun:** Relationships require work yes, but that doesn't mean you can't have fun and live a little. Make sure to make time to go out together, free of discussing your problems, and do fun things or plan to stay in for romantic evenings, it doesn't matter what you do just do something you both enjoy. It's good to be able to just enjoy your lovers company from time to time without discussing troublesome things.

**What do you think are some good ways to work on your marriage? Share your tips below.**