

Britney Spears Splits with Boyfriend David Lucado



By Kaley Allard

According to [People](#), Britney Spears is once again a single woman, tweeting “Ahhhh the single life!” This news comes after Spears heard of a video where Lucado was seen making out with another woman. Britney seems to be coping fairly well and has a lot to keep her occupied in the coming months. Hopefully her dream of a fairy tale ending will come true soon.

What are some ways to address cheating rumors?

Cupid's Advice:

Being cheated on is not a good feeling; you question whether or not there was something wrong with you or if you did something wrong. If you know for a fact that your significant other has cheated on here are three ways to deal with that news without landing yourself in trouble:

1. Address it head on: This piece of advice may seem difficult but it is the most important. If you suspect cheating in your relationship and have enough truth behind you, you should not be ashamed to confront your partner about it. No one wants to discuss infidelity, but the only way to move forward, either together or apart.

Related: [Britney Spears Did It: When Should You Call It Off?](#)

2. Figure out why: The only way to move forward is to find out the real reason for why your partner cheated in the first place. Is he or she unsatisfied at home or have you grown apart in the last few months? Whatever the case the only way to work through to try and repair things is to understand why your partner went else where for emotional and/or physical intimacy.

Related: [Ciara Calls Off Engagement to Future Due to Cheating](#)

3. Consider outside help: It can be very difficult for couples to address and fix infidelity issues on their own, and while it may seem embarrassing, therapy can sometimes help. Having a third person there to help you discuss and work through issues at hand can help shed light on issues that you or your partner may have never noticed before as well as helping to make conversation easier than if it were just the 2 of you.

What are some ways that you have addressed cheating rumors in your own relationships? Please share below!

Meg Ryan and John Mellencamp Split After Three Years Together



By Ann Luther

After more than three years together, Meg Ryan and John Mellencamp have ended their relationship. Ryan has been living in New York, while Mellencamp has been staying on a farm in Indiana. A source tells UsMagazine.com that “the distance got to be too much” for the couple. Best of luck to both of them as they go their separate ways!

What are some ways to cope with long distance in your relationship?

Cupid's Advice:

Even the best couples can be broken up by distance. You expect so many things from a relationship that you simply cannot get when you're far away from your love. Plus, your partnership loses an amount of intimacy that can mean doom. However, distance doesn't always mean the end, so here are a few ways to help:

1. Video chat: Face-to-face communication is crucial to surviving a long-distance relationship. So much can be lost over texts or even phone calls. Tone, intentions, facial expressions, and body language are all key to fully understand what and how your partner is feeling. Video chat isn't the same as being in-person, but it's a step in the right direction!

Related Link: [Celebrity Breakups: Who Burned Who?](#)

2. Send each other mementos: Leave something behind for each other...preferably something that can be cuddled. A teddy bear sprayed with his cologne will get you through those long, lonely nights. Having something to be able to physically touch when you can't touch your guy will aid in taking a bit of the edge off.

Related Link: [Singer John Mellencamp and Wife Elaine Split](#)

3. Be sure to know each other's schedules: Send each other your schedules and include time differences if you're separated by time zones. Knowing when the other is available for when you need or want them is unparalleled in comfort and security. If you know he's at the gym until 6 p.m. every night, then you won't be worried that he's ignoring your messages. You may not be able to actually participate in your

partner's activities, but this little step will make you feel like a bigger part of their life.

How have you coped with a long-distance relationship? Share in the comments below.

Ciara Is 'Devastated' After Discovering Future's Ongoing Affair



By Ann Luther

Only three months after the birth of their child, Ciara broke off her engagement to her newborn son's father, rapper, Future. The singer discovered that her now ex was cheating with his wardrobe consultant, Tyrina Lee. An insider told UsMagazine.com , "There was clear evidence when she approached Future about the cheating. This was clearly not just a one-night thing." The source continued to say that Ciara is "devastated" about the faithlessness.

What do you do if you suspect your partner is cheating?

Cupid's Advice:

Whenever the word "cheating" is thrown around, hearts break and heads heat. Even if it's unjust gossip, the insinuation is hard to accept. There are so many ways to approach the situation and, more than likely, you're not in the proper emotional state to pick the best option. Check out some options below:

1. Approach your partner calmly: Nothing ever gets accomplished when someone loses emotional control. Before you confront your suspect, make sure that you are in the proper headspace to speak rationally. This also gives you the upper hand. You cannot be accused of blowing something out of proportion or being overly dramatic if you're cool and collected.

Related: [Ciara Calls Off Engagement to Future Due to Cheating](#)

2. Choose your words: When confronting a person about a sensitive issue, be careful of any buzzwords that could set the person you're talking to off. Be assertive with your word choices without being aggressive. You don't need the word "cheat" in the conversation to know what's going on.

Related: [Cupid's Weekly Round-Up: Surviving a Breakup](#)

3. Decide to love or leave: Sometimes, there are extenuating

circumstances that drive the people we love to cheat. There will be more to the story than just infidelity. If your partner is truly remorseful, you believe he'll never stray again, and you do still love him dearly; it's okay to stay. Otherwise, you must make a firm to decision to leave and stay gone no matter how difficult it may be. A true cheater never changes.

What have you done after suspecting your partner was cheating? Share your stories in the comments below.

Khloe Kardashian Responds to French Montana's Fame Comments





By [Jessica DeRubbo](#)

Khloe Kardashian is on the defense! After an interview with boyfriend French Montana was released on Friday, outraged fans have been stirring up controversy surrounding Montana's claim that he's capitalizing on Khloe's fame. According to [UsMagazine.com](#), he's quoted as saying, "I want to capitalize on it. I'll get a fan base from everywhere. I just hope I'll be able to connect with everything that's going on." Khloe's response via Twitter? "It's amusing to me that Y'all think I don't see it. I was the first one to see it. I just don't care."

How do you know if your partner is in a relationship with you for the right reasons?

Cupid's Advice:

There's nothing worse than learning that your partner is with you for a reason outside of genuine respect and interest. Cupid has some tell-tale signs that your partner may not be

sincere:

1. They don't listen and ask questions: If your partner doesn't seem interested in hearing about your day or listening to your opinions on things happening in the world, then you may want to think twice.

Related: [Khloe Kardashian and French Montana Go Public As a Couple](#)

2. They're always looking for credit: When your partner does something nice for you, he/she shouldn't be looking for credit after the fact. If it seems that your mate is always looking for a pat on the back after he does something for you, it's best to find out why.

Related: [Single Khloe Kardashian Shares Sad Instagram Post](#)

3. You catch them in lies frequently: It would be tough to find someone who has never told a lie, but if you catch your partner being dishonest about things more than occasionally, he/she may not be sincere about your relationship.

What are some other signs your partner may have ulterior motives?

Celine Dion Cancels Tour Due to Husband's Cancer





By Laura Seaman

Céline Dion will be putting off her work in show business for a while, cancelling her Asia tour and Las Vegas shows. The singer wants to be with her husband, who has been battling cancer. Dion's husband René Angélil had a tumor removed from his throat last December, and she now says, "I want to devote every ounce of my strength and energy to my husband's healing, and to do so, it's important for me to dedicate this time to him and to our children." The couple has three children together, and according to [People](#), the singer also has inflammation in her throat muscles, which has led to her cancelling a few shows.

How do you support a partner through health scares?

Cupid's Advice:

Health scare are, well, scary! It's terrifying to not know how bad something might be or when your loved one will recover. Hospitals can be stressful and expensive, adding even more to

the stress. If your partner is suffering from an illness, it might be tempting to just try and ignore it, or busy yourself with other things. However, a supportive partner would face this head-on and be there every step of the way:

1. Take time off to be with your partner. If your work schedule demands that you be away from your partner, take a page from Céline Dion's book and ask for some time off. Sickness can be terrifying, but having someone around to comfort you makes a big difference. Comfort your partner and be there as often as possible.

Related: [Celine Dion on Motherhood: "I'm More Grounded Now Than Ever Before"](#)

2. Do more chores around the house. Make things easier for your partner and take on some of their daily chores. Cook dinner for them, make sure the house is nice and clean, and pick up anything they need from the store. Illness can drain a person's energy, and the last thing they want to use that energy for is chores. Even the small gesture of dusting or cleaning the bathroom can make a difference.

Related: [Celine Dion Pregnant With Twins!](#)

3. Arrange for family to visit. While being there yourself is great, sometimes a person wants their family to come and comfort them. Talk to their family about visiting and maybe having them stay the night at your house so that your partner can have the extra support. Having the in-laws over for dinner one night is also a nice gesture, if they live close by.

How have you supported your partner during a health scare? Let us know in the comments!

Ciara Calls Off Engagement to Future Due to Cheating



By Laura Seaman

Ciara and Future have split up only three months after their baby, Future Zahir Willburn, was born. Ciara called off the engagement because, as a source told UsMagazine.com, "He cheated on her. Game over." The two were dating for over a year when Future popped the question on Ciara's birthday in October, 2013. Their baby was born months later in May. "She's devastated," a source says, "Ciara's focus now is the baby."

What do you do if you discover your partner is cheating?

Cupid's Advice:

Cheating is probably one of the worst things that can happen in a relationship. It's hurtful and disrespectful, leaving one partner to feel blindsided and unwanted. The easiest and usually the smartest way to go about the situation is to end the relationship immediately. After all, if you can't trust your partner to be faithful, you're just setting yourself up for a lot of stress and possibly future heartbreak. But before you do that, here are some steps to consider:

1. Talk to your partner about it. Find out the circumstances, how many times it has happened, and why they cheated in the first place. It's never okay to cheat, but there is a big difference between a partner who drunkenly hooks up with someone one and a partner who has cheated with the same person multiple times behind your back. Knowing all the facts will better prepare you for the next step.

Related: [Engaged Ciara Says She Might Be 'Part-Bridezilla'](#)

2. Consider your options. The obvious choice is to end the relationship then and there. However, if ending the relationship would cause you more pain than it's worth, maybe you should talk about other possibilities. Maybe you should go to counseling, or spend more time with each other to fix your issues. Choose your actions carefully, because a problem this complicated needs a solution that's been thought through.

Related: [Celebrities Who Have Gotten Back Together After a Cheating Scandal](#)

3. Take action. If cheating is an unacceptable, no-exception action for you that leads straight to a break up, do it quickly and don't draw out the pain. Tell them "it's over" and explain why. However, if you're not breaking up with your partner, you still need to make it clear that things need to change and you need to talk about it ASAP. Don't let this get pushed to the side, because cheating is a big deal and you

need to treat it as such.

How have you dealt with a cheating partner? Let us know in the comments!

Robin William Dies From Suspected Suicide; Wife Releases Statement



By Laura Seaman

On August 11, 2014, the world lost beloved actor and comedian Robin Williams. He was known for legendary roles in movies such as *Dead Poets Society*, *Mrs. Doubtfire*, *Jumanji*, and many others. The star died at age 63 and left behind a wife and three children from previous marriages. His third and current wife, Susan Schneider, told UsMagazine.com, "This morning, I lost my husband and my best friend, while the world lost one of its more beloved artists and beautiful human beings. I am utterly heartbroken. On behalf of Robin's family, we are asking for privacy during our time of profound grief. As he is remembered, it is our hope that the focus will not be on Robin's death, but on the countless moments of joy and laughter he gave to millions." Rest in peace, Robin Williams.

What are some ways to deal with the loss of a loved one?

Cupid's Advice:

Death is a topic everyone tries to avoid, and yet it's something everyone has to deal with in their lifetime. It's a big, permanent change for those who were close to the deceased. It's having to know that someone who was once a part of your everyday life is no longer around, and they never will be again. This is a stressful time, and understandably so. You don't have to go through it alone, and there are plenty of ways to try and cope with the pain:

1. Remember the good times. Death is a sad occasion, but it is still possible to be happy. After all, your loved one wouldn't want you to suffer. Remember their lifetime instead of dwelling on their death, and keep those memories alive. Put together a scrapbook, or take a day to sit with friends or family and go through all of your memories of being with your loved one and how great it was having them around.

Related: [Eric Hill's Death Casts a Shadow on 'Bachelorette' Hometown Dates](#)

2. Surround yourself with caring people. Chances are you're not the only one dealing with the death of your loved one. Find others who were affected and come together to give each other support. It's better to remind yourself that you're not alone in this situation and to use this time to help others who are also hurting.

Related: [Lea Michele Posts Touching Picture on Anniversary of Cory Monteith's Death](#)

3. Do what feels right to you. Everyone handles death differently. Your friend might cope by keeping busy and moving on right away, while you might need to take some time to adjust to this loss. And that's okay! Cope with this the way you feel comfortable with, and don't pressure yourself to act differently or move on faster than you're ready to.

How have you dealt with the loss of a loved one? Let us know in the comments.

Kendra Wilkinson Wears Telling T-Shirt Post-Divorce Lawyer Meeting





By [Courtney Omernick](#)

It looks like Kendra Wilkinson is letting her clothes do the talking. According to [UsMagazine.com](#), Kendra Wilkinson stepped out of her divorce lawyer's office on August 8 wearing a shirt that said, "I'm Not Sorry." As previously reported, Wilkinson's husband, Hank Baskett, cheated on her with a transgender YouTube model named Ava Sabrina London back in April.

What are some ways to cope with the divorce process?

Cupid's Advice:

When you get married, the last thing you want to think about is the possibility of divorce. But, unfortunately, divorce is more common than we'd like to believe. So, if you find yourself going through this painful time, what are some ways you can cope with the process? Cupid has provided some tips below:

1. Recognize that it's ok to have different feelings: One moment, you may feel relief that your marriage is coming to an end, and the next, you might become extremely frustrated with what's going on. It's normal to have a number of different emotions during this time. Leaving your past behind and exploring a new future is an emotional journey for anyone!

Related: [Jason Aldean Defends Relationship with Former Mistress](#)

2. Give yourself a break: As if you're life wasn't busy enough before the divorce process started, now you're dealing with paperwork, custody battles, and mixed emotions. It may seem weird to suggest a break during this hectic time, but don't be afraid of not giving it your all on the job or your fullest attention to your friend's needs. This process and how you handle it comes first.

Related: [10 Signs That You're in Love](#)

3. Don't isolate yourself: Sharing your feelings with friends and family members during this time is a healthy way to cope with the stress, anger, frustration, and more that a divorce process brings. You might even consider joining a support group or seeking a therapist.

Have you ever gone through a divorce? How did you cope with the process? Share your stories in the comments.

Kendra Wilkinson Is Meeting With Divorce Lawyers Post-

Scandal



By Shannon Seibert

This could be the end for yet another Hollywood couple. Kendra Wilkinson is weighing out her options after her husband Hank Baskett's shocking cheating scandal with transgender model Ava Sabrina London. The beautiful blonde just recently welcomed her second child with the ex-NFL star into the world, her daughter Alijah. According to [UsMagazine.com](https://www.usmagazine.com) Wilkinson is definitely considering filing, but she wants to review her options before she makes the decision to call it quits with her marriage.

How do you decide whether or not to call it quits on your marriage?

Cupid's Advice:

You thought this man was your forever, and now you're having doubts. Don't fear, it's normal for people to gal apart over the years, but it is a huge decision to separate completely. You don't want to stay with someone who can't make you happy, and you don't want to make someone stay 'for the kids' or any other reason that they would feel pressured to. Take these criteria into your decision making before you decide what is best for both of you:

1. There is no love left: There is a difference between loving someone and being in love with someone, but you have to be smart enough to know the difference. Once you have been married to someone for a period of time, the butterflies, the heightened emotions may diminish but this is the person you chose to be with forever. If you cannot remember who that person was, then there is nothing left for you to build on.

Related: [Beyonce and Jay-Z Continue to Avoid Each Other on Tour](#)

2. The trust is gone: You cannot be with someone who you cannot trust to make the right choices. If he's keeping secrets, lying, or going behind your back, that is not fair to either of you. Same goes for yourself. If you cannot allow yourself to be fully open in your marriage, than you probably shouldn't be in one. This is a partnership where both partners have to come together under a united front, and you can't stand together when you keep trying to stand alone.

Related: [Megan Fox: "It's So Hard To Be A Working Mom"](#)

3. You've exhausted every other option: Therapy didn't work, reaching out to loved ones, trying time a part, none of it helped. This is probably because you're at the stage when your hearts have already given up on one another. Once this happens, no matter what you try, you won't succeed because deep down, you don't want to. You want out, and maybe you're

just not brave enough to say it.

How did you decided to leave your partner? Share your story with us in the comments below!

Beyonce and Jay-Z Continue to Avoid Each Other on Tour



By Laura Seaman

All the signs point to trouble in paradise for Beyonce and Jay Z. The couple is currently on tour together, appearing to be

fine working together on stage. However, a source tells UsMagazine.com, "They stayed separately in both New York and L.A. for several nights." Another source reported that Beyonce was seen looking at apartments by herself in New York City. There are multiple predictions that the couple will officially split after their tour, but an insider close to Beyonce insists that they are fine. "They have issues, like every other couple," the source said.

How do you keep your troubled marriage under wraps?

Cupid's Advice:

Marriages go through rough patches, but that doesn't mean anyone else has to know about it. Sometimes it can be embarrassing, and maybe once others find out they might start trying to 'fix' things or telling you that it was never going to work in the first place and encouraging a split. Here are some ways to keep your marriage troubles a secret:

1. Avoid going to events by yourself. You can probably get away with saying that your partner is busy during one family event, but when you start showing up everywhere without your significant other, things start to look suspicious. This is when you need to talk to your partner about working together to keep up appearances or just announcing a split.

Related: [Beyonce and Jay-Z Share Wedding Video on Tour](#)

2. Show a little PDA. If you're still going places together, that's a good step! However, it won't help much if you're sitting far apart and refuse to even touch each other. Try holding hands or sharing a kiss every once in a while. Tension can be easy to see, but affection is a great way to settle any doubts. And who knows, maybe it can help you feel closer as a couple and work on settling your issues!

Related: [Beyonce's Sister Solange Attacks Jay-Z](#)

3. Keep your fights between yourselves. This can mean two different things. First, don't have fights when you're with friends or family, even if they're tiny little snide remarks back and forth. These people know you, and they'll pick up on it. Second, don't talk about your fights with others. It's probably tempting to rant about a fight to your friends, but unless it's only one friend that you are absolutely sure can keep a secret, try to keep it to yourself.

How would you keep marriage issues a secret? Let us know in the comments!

Zooey Deschanel Splits from Boyfriend Jamie Linden





By Laura Seaman

The *New Girl* actress Zoey Deschanel and her boyfriend Jamie Linden have split up after two years of dating, according to UsMagazine.com. The couple started dating not long after the actress left her husband Ben Gibbard, the singer for Death Cab for Cutie, in 2012. Deschanel was seen looking pretty close with a new man last month on the set of *Rock the Kasbah*. This new man is producer Jacob Pechenik, who worked with her on her most recent film.

What are three deal breakers in every relationship?

Cupid's Advice:

Everyone has their own personal conditions and deal breakers when it comes to relationships, but there are a few relationship roadblocks that most relationships can't get past. These are the offenses that end relationships and cause heartbreak faster than any others, and you had better watch out if they happen to you:

1. Infidelity. This is, of course, one of the biggest deal breakers in any relationship. Once a cheater always a cheater, and the minute you find out your partner is being unfaithful, it's time to kick them to the curb. Cheating is one of the most hurtful things a partner can do, and if they're going to carelessly hurt you like that, they aren't worth it.

Related: [Audrina Patridge and Corey Bohan Split After Five Years Together](#)

2. Disrespect. Teasing is one thing, but constantly putting your partner down and making them feel worthless is another. Any relationship should be an equal partnership, and if your significant other doesn't treat you as their equal, maybe they're not as great as you thought. Not only could this mean disrespecting you, but it could mean they disrespect your family and friends, who are important to you. If they really want it to work, they will have respect for everything you care about. Including yourself.

Related: [Rob Pattinson Comments on Ex Kristen Stewart's Cheating](#)

3. Failure to communicate. This one isn't so plain to see, but it tears down relationships just as quickly as the previous deal breakers. If you and your partner can't communicate, there is something seriously wrong. This could lead to huge fights and secrets that could tear apart your future, such as a sudden job promotion that requires moving far away or a past financial situation preventing you from buying that house you always wanted. You need to talk about everything, even if it makes you uncomfortable. If you don't, you might find yourself newly single thanks to this relationship deal breaker.

What are some of your relationship deal breakers? Tell us in the comments!

Chris Martin Says He's 'Friends' With Estranged Wife Gwyneth Paltrow



By Sanetra Richards

The love is still there for Chris Martin and Gwyneth Paltrow. According to [UsMagazine.com](https://www.usmagazine.com), the estranged spouses have remained friends, despite the announcement of their split back in March. The *Coldplay* frontman talked about the relationship between him and his spouse during an interview with Ryan Seacrest on Thursday, July 31st. "I'm not the best interviewee

on this kind of thing,” Martin said when asked by the 102.7 KIIS FM host how him and Paltrow are able to remain friends during their separation. “But we’re friends and proud parents. There’s lots of love, and that’s it,” he added.

What are some ways to remain friends with your ex post-breakup?

Cupid’s Advice:

When you think of an ex, you don’t always think of the possibility of being cordial with each other, let alone friends. Matter of fact, the first thing that may come to mind is despising one another. Despite the pages of history, whether good or bad, there is a way to actually become friends. Cupid has some advice to get you and your ex to that point:

1. Find your way to good terms: Communicate thoroughly with your ex-partner to gain a full understanding on why the relationship ended. If there is no chance of reconciling, at least you will be able to avoid a ton of confusion later down the road when you all are working on rebuilding your friendship.

Related: [Chris Martin Blames His ‘Issues’ for Split with Gwyneth Paltrow](#)

2. Control your emotions: Avoid harboring those ill feelings. They can lead to even more major problems between you and your ex. Do not expect to any progress if you are a carrying a load or two of baggage from the past. Unfortunately, it’s not as easy as it sounds and will take some time to adjust. What’s most important is that you give it a try.

Related: [Source Says Gwyneth Paltrow and Chris Martin Look ‘Genuinely Happy’ in Hamptons](#)

3. Move on: If you are able to do exactly this, your post-

breakup friendship has the possibility of flourishing. The two of you are no longer concerned about what the other is doing, per se. You have turned the page and started a new chapter. Embrace it. Go out for lunch like regular friends would do (as strange as that may seem).

How can you remain friends with your ex post-breakup? Tell us!

Hilary Duff Writes Song About Estranged Husband Mike Comrie



By Sanetra Richards

Music was Hilary Duff's therapy after announcing her separation from estranged husband Mike Comrie. The 26-year-old talked about writing songs about the former NHL player and their son Luca during a Billboard.com Pop Shop podcast on Thursday, July 31, according to UsMagazine.com, "I'm separated from my husband right now, which has been a very difficult thing to go through, but we have a lot of love for each other and we have this beautiful baby," the actress-singer said. "There's a song about Luca and a song about my separation and my love for this person, that maybe we're not meant to be together, or maybe we are," she added. "It's very, very personal." The couple announced their split back in January. Despite the separation, the two have remained amicable, with Comrie, 33, even stopping by with their 2-year-old son at her "*Chasing the Sun*" music video in July. Duff told listeners that her album was "a lot heavier and darker" after the split. "I think I just needed to get that out," she said. "And once I did get that out a lot of fun came." After nearly a five-year hiatus, Duff seems to be ready to take on her professional life once again. While away, she focused on two home renovations, learning to cook, getting to know her husband, and welcoming their baby boy. "The thing for me was that I really toured for five years straight...and I don't think anyone gave me the credit as an artist," she said. "I was having the best time," she concluded, "but after about five years, I was like, I have no life, I have, like, two friends, I'm never home, I'm never with my family," she explained of why she decided to take a break. "I kind of needed to shut it all down—it was time for me to be a person and learn who I wanted to be."

How can you incorporate music in your relationship?

Cupid's Advice:

Want to tell your partner exactly how you feel, but cannot quite say it aloud? Look no further for an answer, Cupid has a

few ways to make it all possible just by using music:

1. Lyrics change everything: Ever listened to a song and felt like it was speaking to you on a personal level? The words described everything you have felt or were feeling. Consider lyrics the meat and potatoes of a song. If you have something particular you would like to say to your partner, write a ballad. Your significant other will know it came directly from the heart.

Related: [Hilary Duff: "I Love Being A Mom"](#)

2. Depicts your love: Many couples have a record in which they consider "our song." It is usually the perfect description of their relationship or a reminder of a special time. Either way, it brings back tons of memories.

Related: [Hilary Duff and Mike Comrie Announce Their Separation](#)

3. Says what you are afraid to: A few words can absolutely go a long way. Maybe you are bad at putting your feelings into words on your own and need a little assistance. A good song can help you do just that. It will let your partner know exactly how you are feeling with the help of verses and a beat.

What has music done for your relationship? Tell us below.

Rob Pattinson Comments on Ex Kristen Stewart's Cheating



By Sanetra Richards

Leaving the past in the past. That is exactly what Rob Pattinson tends to do. According to UsMagazine.com, the *Twilight* alum spoke out about the public affair that ultimately ended his relationship with ex-girlfriend Kristen Stewart. From the looks of it, the actor has moved on and even joked about the cheating scandal in the September issue of *Esquire UK*. “S— happens, you know?” said the 28-year-old actor. “It’s just young people... it’s normal! And honestly, who gives a s—?” News broke back in July of 2012 when photos were released of Stewart cheating with married *Snow White and the Huntsman* director Rupert Sanders. “The hardest part was talking about it afterwards,” Pattinson went on to say about the fling. “Because when you talk about other people, it affects them in ways you can’t predict.” After the affair went public, Stewart released an apology to Pattinson, stating:

“This momentary indiscretion has jeopardized the most important thing in my life, the person I love and respect the most, Rob. I love him, I love him, I’m so sorry.” The former couple attempted to repair the relationship, but ended up going their separate ways. “It’s like that scene in Doubt [2008, in which Philip Seymour Hoffman plays a priest suspected of inappropriate behavior], where he’s talking about how to take back gossip?” Pattinson teased the allegations resulting from his relationship. “They throw all those feathers from a pillow into the sky and you’ve got to go and collect all the feathers.”

What are some ways to get over a cheating ex?

Cupid’s Advice:

Your worst fear came to light: You discovered your partner tainted the relationship by cheating. A number of emotions are piled up and you do not know where to go from here. Being cheated on can leave both good and bad effects on a person. You are probably thinking you will never get over this heartbreak. Can you? Sure, you can. Cupid is here to tell you a few steps to get there:

1. Good support system: In any situation, it is always best to have a few people to count on during times needed. If you are a person who tends to build a wall and does not communicate very well, this will become evident after a breakup. Avoid pushing those closest to you away just because of one person – do not let the cheating ex ruin it for all. Your family and friends are there to listen when needed.

Related Link: [Robert Pattinson Says He’s ‘Quite Sensitive’ in Relationships](#)

2. Do not trigger any specific memories: If in your control, stay away from the places that remind you of your ex. If you all had a favorite burger shack, this will indeed bring back

any romantic memories shared together while there (that is the last thing you need while grieving).

Related Link: [Robert Pattinson and Kristen Stewart's Split: Signs Their Relationship Was Crumbling](#)

3. Time heals all: There will be a day when you are able to successfully say you have moved on and are in a happy place. Understand this moment will not be instant, but will eventually come. Keep your head held high in the meantime.

How do you get over a bad breakup caused by a cheating ex? Tell us below.

Audrina Patridge and Corey Bohan Split After Five Years Together





By Laura Seaman

The on-and-off couple of Audrina Patridge and Corey Bohan have called it quits yet again. However, a source tells UsMagazine.com “I don’t think they’ll get back together this time.” Patridge and Bohan have been dating on-and-off for the last five years, their last split being in March of 2011. They had just gone on a romantic getaway to Mexico in May. But on July 27, the *Hills* actress posted on social media, “Man is not what he thinks he is, he is what he hides”. Yikes.

How do you know when an on-again off-again relationship should end for good?

Cupid’s Advice:

Some on-and-off relationships can go on forever, and some end with the couple getting married and living happily ever after. However, some of them end in heartbreak. But maybe it’s for the better! So when it is time to finally call it quits and move on? There are some ways of knowing.

1. When you're 'off again' more than 'on again'. If your time together is getting shorter and shorter, maybe it's time to just stop it altogether. It should be pretty clear by now that any relationship between you two is only used as a temporary fix that will never last. Look for a more durable relationship!

Related: [Emilie de Ravin and Joshua Janowicz File For Divorce for Second Time](#)

2. When you break up, it's very damaging. If you walk away from every argument and breakup with another little piece of your heart broken, it's time to leave. You can only take so much! This relationship is clearly toxic, and you need to spare yourself the pain.

Related: [Pamela Anderson and Rick Salomon: Filed for Divorce Again](#)

3. When you're 'on again', you forgive and forget. Nothing is going to get fixed if you just forget the problems that broke you up in the first place. If you get back together, you need to talk about why you broke up in the first place. If you don't, the problem will just keep resurfacing until it becomes too much. A relationship without communication isn't one worth having.

Have you ever ended an on-and-off relationship? How did you know it was the right thing to do? Let us know in the comments!

Report: Scott Disick Was Hospitalized for Alcohol Poisoning



By Sanetra Richards

Blame it on the alcohol. Scott Disick can owe it all to exactly that for his recent hospital stay. According to UsMagazine.com, the reality star was reportedly hospitalized for alcohol poisoning during his belated birthday bash on June 22nd. Kourtney Kardashian's longtime love and father of two, partied and had several drinks at the Hamptons nightclub 10ak before being treated at Southampton Hospital. A source stated Disick "went through a dark place" after losing both parents

within the past year, but, “is doing great now.”

What do you do if you think your partner drinks too much?

Cupid's Advice:

You have been noticing something strange going on with your partner lately . . . they have been looking to a bottle for an answer and comfort. You want to tell them, however, there is no easy way to go about it. One wrong thing could trigger an uproar. Cupid has some tips to get you there properly:

1. Be honest: Inform your partner of your realization, but be very careful with your approach. Avoid being offensive. Maybe comment on their lack of activity lately by saying you have not seen them doing their favorite hobby since they have started heavily drinking. Maybe even let them know you are concerned about their health. The main goal is to be empathetic at all times.

Related: [Kourtney Kardashian is Pregnant With Third Baby](#)

2. Console them: Behind it all, there is a reason why they constantly seek to drink. It comforts them for the time being. Ask questions in regards to what they may be battling internally that drives them to the bottle. They could very well be heavily drinking without noticing. Help your significant other understand what is causing it and why.

Related: [Scott Disick Addresses Prospect of Marriage with Kourtney Kardashian](#)

3. Seek help: One of the final and most important steps to act on if you think your partner drinks too much, is getting them the help they may need. Of course, they will have to agree to it. You can try to be as supportive as possible, but they will only change their behavior if they truly believe it is problem worth solving.

How do you deal with an excessive drinker in a relationship?
Share your suggestions below.

Lea Michele Posts Touching Picture on Anniversary of Cory Monteith's Death



By Shannon Seibert

This past Sunday marked the year anniversary since the death of Cory Monteith who died of heroin and alcohol overdose at

the age of 31. Former girlfriend, Lea Michele had been dating Monteith for almost a year and a half before his untimely death in 2013. Michele honored her love's memory by posting a touching photo on Twitter. The *Glee* actress tweeted: "We hold you in our hearts today, and every day we remember your smile. We will love you and miss you always," according to UsMagazine.com.

How do you honor the memory of a loved one who passed away?

Cupid's Advice:

Memories are some of the best gifts that life can give. Though our loved ones may leave us before we are ready, they give us something to hold on to for when times get tough. Honoring your passed loved ones may require more strength and acceptance than you're ready to give, but giving tribute to people who have touched your heart can give you a peace of mind.

1. Host an event: If your loved one has passed away from an unfortunate circumstance you can raise awareness about the issue by reaching out to your community. Start up an annual 5k for breast cancer awareness, or host a reach-out event for those who have lost family members and friends to suicide. In doing so you can educate your community on what you've learned through your experiences, and learn from those around you.

Related: [Mourning A Loss: 'Glee' Star Becca Tobin's Boyfriend Matt Bendik Found Dead](#)

2. Go talk with them: It may sound odd, but by having a conversation with a passed loved one can make you feel closer to them again. Go to their grave site, or visit a place the two of you shared many memories at, and just talk. Tell them about your day, talk about memories, ask them for advice. By keeping them in your mind you'll never lose them in your heart.

Related: [Eric Hill's Death Casts a Shadow on 'Bachelorette' Hometown Dates](#)

3. Accomplish what you said you were going to do together: When you're with someone it is easy to make plans for the future, but when someone leaves unexpectedly it is even easier to want to forget those plans. Honor your loved one by taking the trips you said you'd take together. Be the person you told them you wanted to be. See the sights they wanted to see. By following through you'll feel closer to your loved one and you'll be able to do the things they cannot. This gesture to them is meaningful and shows the love you'll always have for them.

How have you honored your memories of a loved one who has passed? Share your story with us in the comments below!

Emilie de Ravin and Joshua Janowicz File for Divorce for Second Time





By Sanetra Richards

One couple is headed to Splitsville, for the second time. Emilie de Ravin and husband Joshua Janowicz have filed for divorce once again, according to UsMagazine.com. “Emilie and her husband have filed for divorce,” de Ravin’s rep, Jeff Raymond, released in a statement. “They have recently been living separately and remain friends.” The couple first filed for divorce in January 2007, seven months after their wedding ceremony. Janowicz was served the papers two years later, however, and it was not finalized. This time around may be for good. The 32-year-old cited irreconcilable differences with the *Once Upon a Time* actress. The two have been separated since November.

How do you know when to call it quits on a long-term relationship?

Cupid’s Advice:

Every couple goes through their fair share of issues, whether

minor or major. Sometimes you are left questioning if separation is the best solution. Like the saying goes, “Warning comes before destruction” – which typically means the signs are always there before things really take a turn for the worse. Unfortunately, it is especially hard to break it off when you have been in a long-term relationship, simply because there is tons of history. Cupid has some ways to help you decide when it is time to call it quits:

1. Tension is so thick: ...you can cut it with a knife. The elephant has become evident in the room. Do not try to avoid the issue. Your relationship is on the rocks – you and your partner are constantly bickering and there is no resolution. It could possibly be time to call it quits.

Related: [Pamela Anderson and Rick Salomon: Filed for Divorce Again](#)

2. Absolutely no improvement: You should be able to recognize growth individually and as a couple. One specific aspect of a relationship is being each other’s support system. If the relationship is stagnant and there is no hope for bettering, consider going your separate ways.

Related: [Considering Divorce? Ask Yourself Three Questions](#)

3. The flame has fizzled: The passion, the romance, the simple yet complex “I love yous” have all seemed to vanish over time. If there is no reason to why all the kind gestures have disappeared and communication is going downhill as well, it just may be time to part.

What can lead you to calling it quits? Share below.

Mourning A Loss: 'Glee' Star Becca Tobin's Boyfriend Matt Bendik Found Dead



By Sanetra Richards

A year after the loss of fellow cast mate Cory Monteith, *Glee* star Becca Tobin is mourning the loss of boyfriend Matt Bendik. The 35-year-old was found dead Thursday, July 10th, in his Pennsylvania hotel room. According to EOnline.com, the Philadelphia Medical Examiner confirmed it was indeed Bendik's body; however the cause of death is still unknown. The Philadelphia Police Department is classifying the passing as a "sudden death" and as of now, no foul play or evidence of

suicide is involved. Police also stated no signs of drugs or weapons were found at the scene. TMZ released reports saying Tobin was alongside Bendik on his business trip. The couple socialized with friends on Wednesday night, and nothing strange was suspected. "Matt was in Philly for business. No one knows what happened as of right now," says a source. "It is extremely sad and tragic. He was such an amazing guy. He was so in love with Becca—they did everything together. They were so in love."

How do you grieve the unexpected death of your partner?

Cupid's Advice:

Coping with the loss of a loved one is no easy matter. In fact, it is the exact opposite. But exactly how do you handle the death of your significant other? The person you planned to spend the rest of your life with. The one who had you head over heels. For some, they are able to say goodbye and I love you for the final time. Unfortunately, not everyone is given the chance. However, a common factor for those who lose someone special is the grieving process. Cupid has a few ways to mourn the loss of your partner:

1. Understand everyone's grieving process is different: Some people result to isolation, some lean towards various addictions, while others may participate in irregular behavior or act completely fine. What ever your mechanism may be, realize that your way of handling is not similar to anyone else's. Your relationship with this person was unlike anyone else's, just like your way of healing.

Related: [Lea Michele Says Cory Monteith Is 'Watching Everything I'm Doing'](#)

2. Allow yourself to feel every emotion: Five stages come along with grief, which are denial, anger, bargaining, depression, and lastly acceptance. Building a wall to avoid

these feelings will only make matters worse. Instead, release them all – it is perfectly normal.

Related: [Lea Michele Is Grieving With Cory Monteith's Family](#)

3. Have an emotional support system: It is always good to have a set of listening ears. Seek someone or a group of people who you find comfort in talking about the death of a loved one and your feelings to. They will be beside you during every moment of your journey: encouraging, listening, and having the utmost of compassion.

What are some ways to grieve the loss of a significant other? Comment below.

Pamela Anderson and Rick Salomon: Filed for Divorce Again





By Laura Seaman

Second time isn't the charm! It seems like this couple just wasn't meant to be, as Pamela Anderson and Rick Salomon recently split up yet again. The couple has been married twice, with the first marriage ending in 2008 only months after the wedding. According to UsMagazine.com, they were then spotted together on the beach in 2013. "It's recycling," Anderson joked, then saying "No, I'm very happy. We're happy. He's a great guy." The couple secretly got remarried, but are now filing for divorce for the second time in their on-again-off-again relationship.

What are some things to learn from an on-and-off relationship?

Cupid's Advice:

On-and-off relationships can go one of a few ways: They could constantly follow the pattern and you'll never truly have a stable relationship, the cycle breaks and you decide to really dedicate yourselves to the relationship, or the cycle breaks

and you decide to part ways for good. No matter how your rocky relationship ends, here are some things to learn from it:

1. Be happy by yourself. Maybe you went back to your ex because you didn't like being single. It can be a big change if you've been in a lot of relationships or your previous one lasted a long time, but it's a change you have to deal with. You can't be happy with someone else until you're happy with yourself, so learn to be happy and single before considering your ex (or anyone else) again.

Related: [Q&A: Should I Delete or Unfriend my Exes on Social Networks?](#)

2. Get some impulse control. Sometimes you might get the urge to text or call your ex 'just to chat', or to check their Facebook page to see how they're doing. Resist the urge and distract yourself. If you give in to these nagging wants, you'll only pull yourself back into the relationship without fully being out of it and having a clear head.

Related: [How to Recover from a Hurtful Split](#)

3. Make some changes. If you had certain routines with your partner or had your schedule revolving around them, it might be difficult to get used to life without them. This can add to the pressure of wanting to get back together, but if you make some changes and live your life more like *you* want to, the pressure will slowly drift away.

Have you been in an on-and-off relationship? What did you learn from it? Let us know in the comments!

Eric Hill's Death Casts a Shadow on 'Bachelorette' Hometown Dates



By Laura Seaman

On week eight of this season's *Bachelorette*, a tragedy stuns the reality stars just after their hometown dates. A former contestant, Eric Hill, died in a paragliding accident. According to UsMagazine.com, the cast was told after returning from their hometown dates and given time to mourn the loss, though the cameras were still rolling. The rose ceremony was even more emotional than usual, with bachelorette Andi Dorfman saying, "Tonight was always gonna be tough, but I don't think

anyone could've imagined that it would be like this."

What are some ways to support your partner through a tragedy?

Cupid's Advice:

Nobody truly knows how to handle a tragedy; if they did, maybe it wouldn't be such a tragedy. However, if your partner is going through a very emotional time, you can try to handle the situation the best way you know how. Here are some tips for helping your partner through tough times:

1. Give them any alone time they might need. For some people, piling on the attention and affection might seem like a good idea, but sometimes what your partner might really need is time alone to think, reflect, or just acknowledge their feelings. Respect their wishes and keep your distance.

Related: [Screwing the Rules Dating Tips: Communicating About Tough Topics](#)

2. Be the help they need. This could mean keeping your distance, or it would mean being the shoulder to cry on. There are many ways to support your partner, and you have to be willing to try all of them, even if they are out of your comfort zone. If your partner needs you to be there and listen, you need to be there and do just that. If you need to take a few days off work to make sure they're okay, do so.

Related: [How to Help Your Partner Through a Crisis](#)

3. Don't tiptoe around it. Tears and heavy emotions can be awkward and stressful, but you can't just avoid them. The last thing your partner needs is someone who ignores their pain or pretends like nothing is going on. Acknowledge their emotions and be there in the moment. This is a huge part of any relationship!

Have you ever had to help your partner through a tragedy? How

did you handle it? Tell us in the comments below!

Prince Andrew and Monika Jakisic Call It Quits



By Sanetra Richards

Single again and back on the prowl! According to UsMagazine.com, Prince Andrew and model Monika Jakisic (also George Clooney's ex) have gone there separate ways after five months of dating. The British Prince was seen out with Dara Tomanovich, a Canadian lingerie model, at a Royal Ascot event

last week. A few months ago, Jakisic uploaded a picture of a nice sized diamond ring alongside of a £600 restaurant bill, sparking rumors of a possible engagement to the royal. Despite the rumors, a spokesperson for the Prince told the Daily Mail, "I can confirm the Duke of York is not engaged to Monika Jakisic."

What are some benefits to splitting up early on in a relationship?

Cupid's Advice:

Breaking up is never really an easy thing to do. However, when it is early on in a relationship, it may actually be quite easier to call it quits and move on. You are probably wondering, "How is that possible?" Cupid has some pros of going your separate ways in the first few months:

1. Less time invested: You spent a few months together as a couple, but decided to split after things took a turn for the worst. Luckily, you were able to detect problems with no solutions right away and removed yourself from the relationship (before those months developed into years).

Related: [George Clooney Vacations With Rumored New Girlfriend Amal Alamuddin](#)

2. Able to accept reality: Everyone knows the first stage in a relationship is the honeymoon phase, which consists of googly eyes, love birds, and kissy faces. You and your [ex] partner went through it, but once it was over, you both saw the chances of actually being in a committed relationship were slim to none.

Related: [George Clooney is Granted Protection Laws in Lake Como Pre-Wedding](#)

3. Likely to remain friends: If not too much damage has been done, couples who may have dated for a short period of time

find it easier to be friends after the breakup . . . or at least cordial.

What are some more benefits of splitting up early on in a relationship? Share your thoughts below.

Robin Thicke Speaks Out About Trying to Win Back Paula Patton





By [Jessica DeRubbo](#)

It's no secret that Robin Thicke has been making some grand gestures to win back his estranged wife Paula Patton. From dedicating songs to her on stage to naming his new album after her, Thicke is determined to do what he can to mend things. The kicker? "I actually have no idea what I'm doing," he said, according to [UsMagazine.com](#). "I'm just kind of flying by the seat of my pants on this one."

What are three grand gestures to win back your love?

Cupid's Advice:

Sometimes it takes more than an "I'm sorry" to mend bridges in your relationship. Cupid has some advice:

1. Book a trip to paradise: The prospect of a vacation is never a bad thing. Be creative, and book a surprise trip for you and your partner. Perhaps go to the first place you vacationed together as a couple, or choose somewhere he/she

has always want it to go. Put the tickets in a card, and write a love note along with it.

Related: [Will Robin Thicke's 'Get Her Back' Save His Marriage?](#)

2. One word: Jumbotron: If you and your partner enjoy sporting events, plan in advance and get in good with the jumbotron operator. Declare your love so that everyone can see.

Related: [Angelina Jolie Buys Brad Pitt a Waterfall](#)

3. Decorate at home: Grand gestures don't always have to be expensive. Make an effort to clean your home, and then decorate it with things that speak to your love. Sometimes flower petals or flower bouquets can work wonders in such a setting. Or, perhaps have your wedding video playing when he/she gets home. Whatever the case may be, make it special.

What are some other grand gestures that will speak volumes? Share your thoughts below.

Kelly Osbourne Hooking Up with Quincy Combs, Puff Daddy's Stepson





By Shannon Seibert

Uh oh, the rumor mill is at it again. Kelly Osbourne hooking up with Quincy Combs, Puff Daddy's stepson. The pair had recently started following each other on social media, and had a moment together captured on Instagram. But Osbourne remains her independent self and isn't officially tied down to anyone, sources told UsMagazine.com.

How do you keep a casual relationship on the down-low?

Cupid's Advice:

Sometimes when a relationship is new it is best to keep things casual until you figure out whether or not it has the potential to go beyond. Hooking up can be great if they are done correctly. They allow a couple time to figure things out with no major public losses if things go south. We've pulled some tips to help keep your causal relationship, well, causal.

1. Stay away from social media: In a world that is so

technology obsessed, posting your relationship on any social media will lead to questions. *Who is this guy? Where did you meet him? Why haven't you said anything to us about him?* If your man is constantly in your snap story, or on your Facebook timeline, people are bound to talk. Just lay low for a while and then slowly branch out when you feel it's time to let everyone else in the loop.

Related: ["You & A" Music Host Clare Galterio on Dating: " Give Everyone a Chance."](#)

2. Go on more private dates: When trying to get to know a person it can be hard to see what they're really about when you have multiple distractions. Stick to more intimate style, or one on one type dates when you're still exploring your feelings together. This way you'll be able to ask questions, exchange stories and discuss certain topics that you may not have been able to in a group setting or out in a busy place.

Related: [Justin Bieber and Selena Gomez Are 'Full-On Back Together' Again](#)

3. Refrain from spending too much time together: With a new relationships, every 'first' moment is extremely exciting, but you don't want to get too anxious and over-invested before things really hit it off. Spending a lot of time together can overwhelm a person. By jumping into things too quickly you start searching for emotions that may not even be there yet. Play it cool and just stick to seeing each other a couple times a week instead of every day.

How do you down play your casual relationship? Share with us in the comments below!