

Celebrity Break-Up: Max Ehrich Reveals Details About How He Learned of Split From Demi Lovato



By Nicole Maher

In the latest [celebrity news](#), Max Ehrich reveals new details surrounding his [celebrity break-up](#) from fiancé Demi Lovato. According to *EOnline.com*, Ehrich first learned that his [celebrity relationship](#) was over when he saw the headline of a tabloid on his phone. At the time, Ehrich was on the set of his new movie, *Southern Gospel*, and not with his then-fiancé Lovato. The actor described how his cast members watched the event unfold and helped him get back into character to

continue filming.

In celebrity break-up news, Max Ehrich claims he heard about his break-up from Demi Lovato via a tabloid. If you've decided to break things off with your partner, what are the best ways to go about it?

Cupid's Advice:

Breaking up with your partner can be one of the most difficult conversations to have. However, just because the conversation is challenging does not mean it's okay to go about ending the relationship without consulting your partner. If you are looking for the best ways to go about breaking things off with your partner, Cupid has some advice for you:

1. Address the issues: Before you even get to the point of breaking up, it is important to discuss the issues you are having within the relationship with your partner. Try to find any last minute areas of compromise before you decide that the relationship is officially over. If the issues that the two of you are facing appear to be unrepairable, then continue forward with the split.

Related Link: [Celebrity News: Demi Lovato Buys \\$7 Million House After Getting Engaged to Max Ehrich](#)

2. Privately and in-person: Even though a relationship is failing and there may be some ill-feelings between you and your partner, it is still important to respect the other person throughout the process. One of the main ways to show respect is to go about the break-up in a private setting and

preferably in person. If distance is an issue, try to make the conversation as personable as possible by making a phone call rather than sending a text.

Related Link: [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

3. Listen to their requests: After a break-up, there are often new boundaries that need to be established between you and your ex. Take some time after the break-up to establish what kind of relationship the two of you will have moving forward. While one of you may wish to remain friends, the other may need some time without any contact to process this new change before agreeing to an ongoing relationship of any kind.

What are some other ways to go about breaking things off with your partner in the best way? Start a conversation in the comments below.

Celebrity Break-Up: Kristin Cavallari Says She Thought About Divorce for Two Years Before Filing





By Carly Silva

In the [latest celebrity news](#), Kristin Cavallari admitted that she thought about divorcing Jay Cutler every day for two years before actually filing. The [celebrity exes](#) were married for seven years, and have three children together. According to *UsMagazine.com*, Cavallari was open about how she knew it was time to part ways.

In celebrity break-up news, Kristin Cavallari definitely didn't take the idea of divorce lightly, and thought about it for two years before filing. How do you know your relationship is over and not saveable?

Cupid's Advice:

Ending a relationship can be an extremely difficult decision, especially if you're not totally sure. If you're wondering how to tell if your relationship is over and not savable, Cupid has some advice for you:

1. If you've tried everything: If you and your partner have ongoing issues that you have tried to resolve but just can't, then it may be time to end the relationship. If you've tried interventions, therapy, and still keep running into the same problems, then it might not be possible to salvage the relationship anymore.

Related Link: [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

2. If you can see yourself with someone else: Although relationships can change over the course of life, your love should still be evident to you. If you feel like your love for your partner has waned, or that you can picture yourself with someone else, it may be a sign that what you had is over.

Related Link: [Celebrity Break-Ups: Tarek El Moussa Is Sad for Ex Christina Anstead Amid Her Split](#)

3. If you're just not happy: One of the main signs to help you decide if your relationship is really over is how your relationship makes you feel. Even when your relationship goes through hard times, your happiness should be enhanced through your relationship. If you are unhappy in your relationship for an extended period of time, it may not be worth saving

How can you tell your relationship is over and not savable? Start a conversation in the comments below!

Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties



By Nicole Maher

In the latest [celebrity news](#), Kelly Clarkson and Usher opened up about the pains they both experienced as they were going through [celebrity divorces](#). According to *UsMagazine.com*, the two discussed some of the challenges that follow a divorce in the spotlight on Clarkson's talk-show, the *Kelly Clarkson Show*. Clarkson had recently announced her [celebrity break-up](#) from Brandon Blackstock in July of this year after nearly seven years of marriage, while Usher has gone through divorces with both Tameka Foster in 2009 and Grace Miguel in 2017.

Kelly Clarkson and Usher connected over their celebrity break-up struggles. What are some ways to support someone who is going through a rough split?

Cupid's Advice:

Watching someone we care about go through an emotional break-up can be almost as painful as going through a break-up ourselves. If you are looking for ways to support a friend or family member through a rough split, Cupid has some advice for you:

1. Listen to them: The best way to show your support for someone in any situation, especially someone going through a rough split, is to simply listen to them. While it is great to offer advice and insight into similar situations you have been through, it is also important to make sure you are simply listening as the other person expresses their feelings. The last thing you want is for someone to falsely think you are trying to make the situation about yourself.

Related Link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

2. Spend time together: One of the most difficult things that follows a break-up is filling the time that you used to spend with your significant other. If you know someone who is going through a painful break-up, a great way to support them is to offer them your time. Make plans to go out to lunch or watch a movie and allow them to escape from thinking about their break-up for a few hours.

Related Link: [Celebrity Couple News: Gwen Stefani & Black](#)

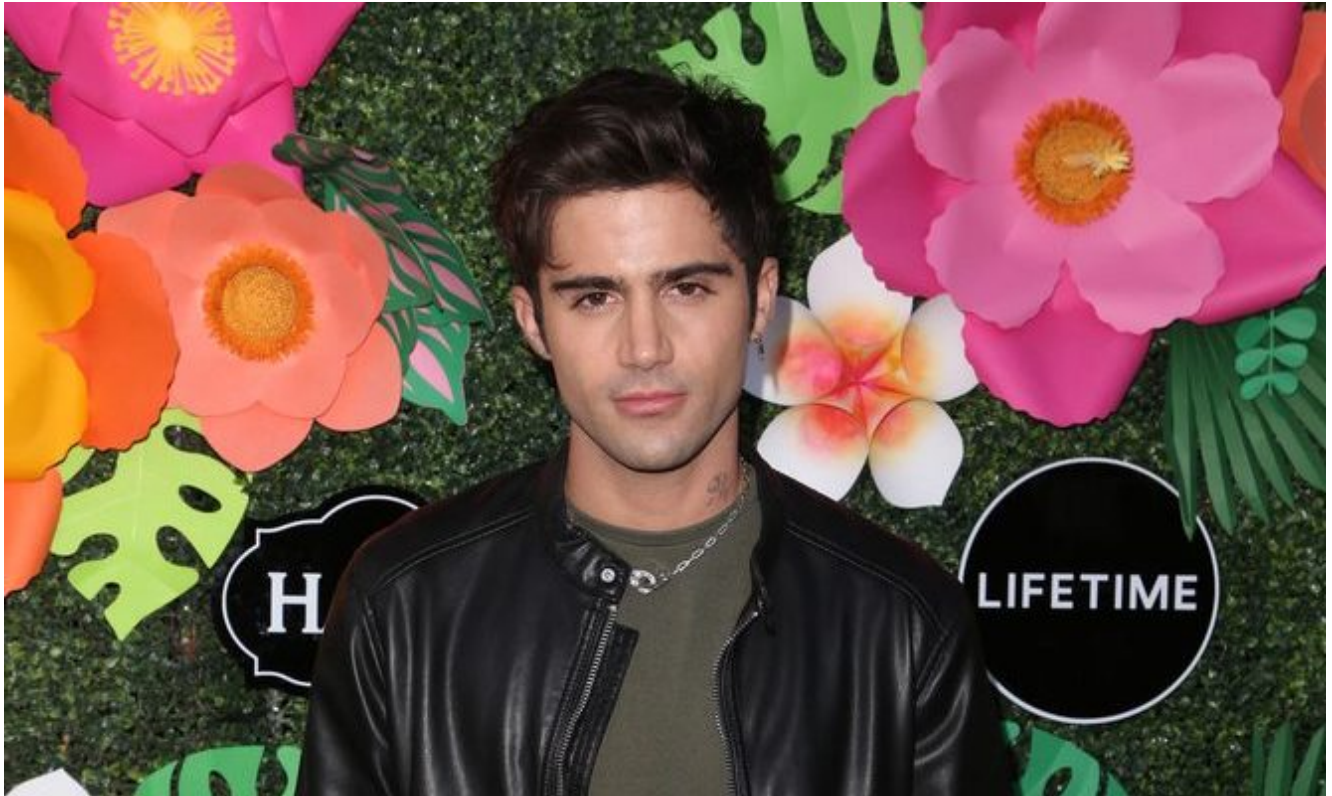
[Shelton's Love Takes Center Stage at 2020 ACM Awards](#)

3. Reserve your opinions: Right after a break-up, many people turn to talking poorly about their new ex as a way of processing what they are going through. While you may have opinions about this person's ex or their relationship in general, it is better to reserve these opinions in the beginning. Whether you have been waiting for the couple to break-up or shocked that their relationship didn't work, waiting until all emotions have subsided to express your opinions can prevent any confusion or ill feelings between you and the person you are supporting.

What are some other ways to support someone you is going through a rough split? Start a conversation in the comments below!

Celebrity Break-Ups: Tarek El Moussa Is 'Sad' for Ex Christina Anstead Amid Her Split





By Carly Silva

In the [latest celebrity news](#), Tarek El Moussa admitted he feels “sad” for his ex-wife Christina Anstead after her recent split from husband, Ant Anstead. According to *UsMagazine.com*, Anstead announced the [celebrity break-up](#) via Instagram, writing that the two are committed to prioritizing their children, and also asked for privacy through the split.

In celebrity break-up news, Tarek El Moussa feels bad for his ex Christina Anstead, who is going through a split. What are some ways to support your friend through a break-up?

Cupid's Advice:

Break-ups can be tough, so it's important to support your friends through them. If you're looking for ways to support your friend through a break-up, Cupid has some advice for you:

1. Get their mind off of it: One of the best things you can do for a friend going through a break-up is to be there for them and keep their mind distracted. Spend some quality time with your friend and do something fun to keep their mind occupied.

Related Link: [Celebrity Break-Up: Savannah Chrisley Nic Kerdiles Split After Postponing Wedding](#)

2. Let them vent: Sometimes when someone is going through a break-up, it makes them feel better to be able to talk about it. Let your friend vent as much as they want to help them express their feelings in a helpful way.

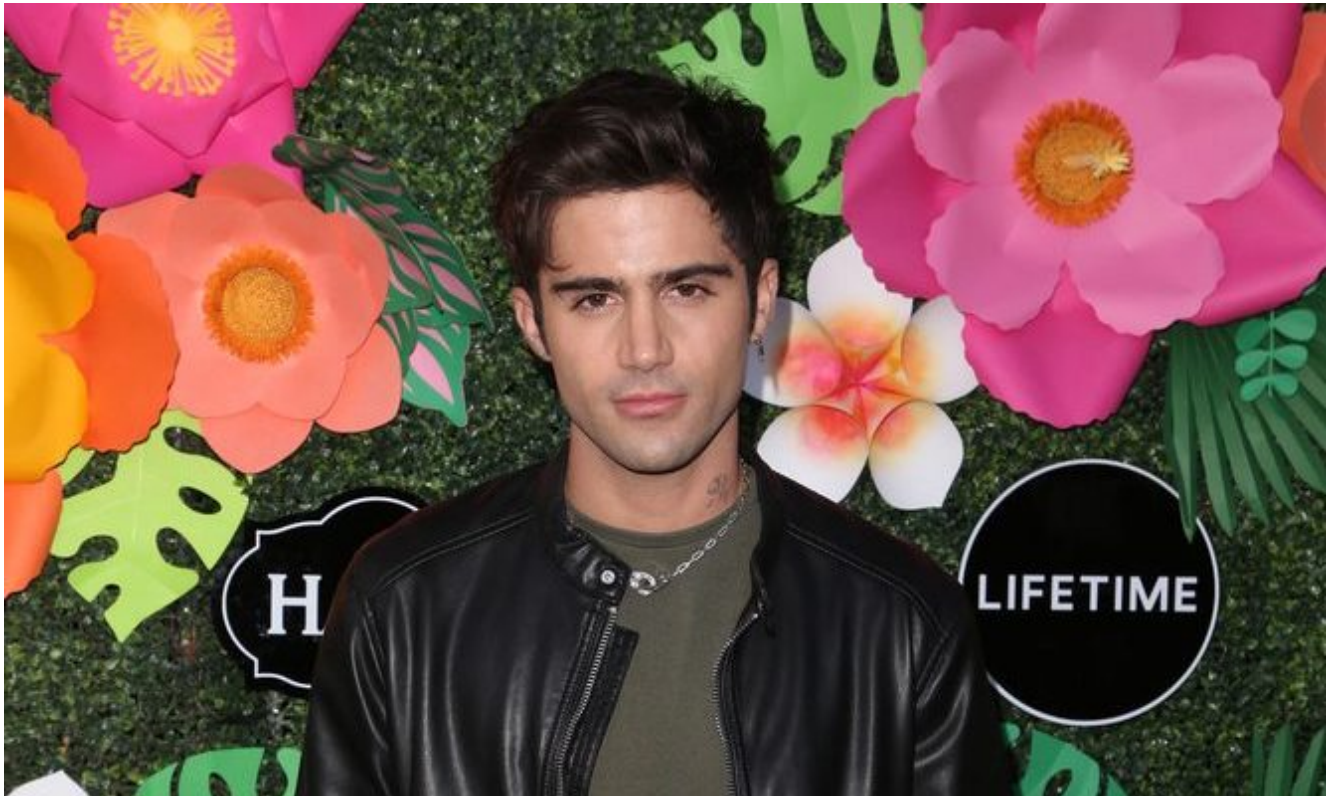
Related Link: [Celebrity Break-Up: Victoria Fuller Says She & Chris Soules Split Due to Geography](#)

3. Don't forget to check in: It can be easy to support your friend right after a break-up, but it is also important to reach out to them often, even weeks after the break-up. Check in with them consistently to reassure them that you are there for them for the long haul.

What are some ways to support your friend through a break-up? Start a conversation in the comments down below!

Celebrity Exes: Demi Moore Posts Epic Throwback Emmys

Pic with Ex-Husband Bruce Willis



By Nicole Maher

In the latest [celebrity news](#), Demi Moore shared a throwback image of herself attending the 1987 Emmys alongside now ex-husband Bruce Willis on Instagram. According to *UsMagazine.com*, Moore shared the image of the former [celebrity couple](#) to commemorate the 2020 Emmy ceremony, which took place without a red carpet or audience due to the pandemic. While the [celebrity exes](#) split back in 2000, Moore explained how their relationship grew stronger after their divorce, and how the two are devoted to creating family memories with their three children. Moore and Willis were recently reported to be quarantining together, alongside their children, in Idaho

earlier this year.

These celebrity exes have kept things civil and can even remember their relationship positively to this day. What are some ways to turn the corner from bitterness to happy memories after a break-up?

Cupid's Advice:

Sometimes we realize after getting into a relationship with someone that our bond was better suited for a friendship. Unfortunately, it can be difficult to back-track from this position without causing any bitterness or tension for both people involved. If you are looking for ways to limit the bitterness post break-up and turn the corner into a true friendship, Cupid has some advice for you.

1. Give it time: Even if you and your partner have gone through an amicable break-up, it can still be necessary to spend some time apart. During the time immediately following a break-up, bitterness and drama are likely to surface, which can be avoided if both parties limit their contact. Once the two of you have started on your own separate paths post-relationship, it can be easier to slowly build a friendship.

Related link: [Celebrity Exes Kendra Wilkinson & Hank Baskett Are in a 'Really Good Spot' After Split](#)

2. Respect each other's boundaries: It is important to understand that while you are still in your ex-partner's life, your role has changed. Just like the two of us set boundaries in your romantic relationship, boundaries need to be

established for your newly formed friendship. By understanding what both people want out of a friendship, you will prevent any bitterness or disagreements from forming.

Related link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

3. Reminisce with each other: Just as Moore and Willis do, look back at all the great memories you made as a couple. Even if a relationship does not work out, it doesn't mean that all the memories you made together need to be tainted by the break-up. Remember things for how they were in the moment rather than how they are under the changed relationship status.

What are some other ways to turn the corner from bitterness to happy memories after a break-up? Start a conversation in the comments below!

Celebrity Divorce News: Cardi B Files for Divorce from Offset After Three Years





By Nicole Maher

In the latest [celebrity news](#), rapper Cardi B has filed for a [celebrity divorce](#) from her husband Offset of Migos after three years of marriage. According to *EOnline.com*, the former celebrity couple began to spark dating rumors after being seen together at the 2017 Superbowl, and were married in secret in September of that year. Throughout the three years of their marriage and the birth of their daughter Kulture, the pair had faced many infidelity rumors. Despite reconciling in the past, Cardi B has declared their [celebrity relationship](#) is “Irretrievably broken.”

In celebrity divorce news, Cardi B filed for divorce from husband Offset How do you know your relationship is officially over?

Cupid's Advice:

When we truly love someone, we often find it difficult to determine when a relationship is officially over. Despite the fact that staying together may now be causing one or both of you discomfort, it can be challenging to let go. If you are looking for signs that it is time to end your relationship for good, Cupid has some advice for you:

1. Nonstop disagreement: It is obvious that a relationship isn't working when both people involved are fighting constantly. However, even nonstop small disagreements, such as never agreeing where to eat or what day to hangout, can be unhealthy in a relationship. While these mild disagreements may not be enough to warrant a break-up initially, they can lead to underlying tension or lack of communication if they are present in every conversation.

Related link: [Celebrity News: Cassie Randolph Is Granted Restraining Order Against 'Bachelor' Colton Underwood](#)

2. Lack of Excitement: If agreeing to an activity with your partner causes you to feel stressed rather than excited, it might be a sign that the relationship has reached its limit. It should never feel like an obligation to be around the person you love. If you find yourself dreading the idea of spending time with your partner, it is likely time to sit down for the conversation.

Related link: [Celebrity Break-Up: Savannah Chrisley & Nic Kerdiles Split After Postponing Wedding](#)

3. Consult your friends: While the relationship is taking place between you and your partner, sometimes it is necessary to get an outsider's perspective. Find a trusted friend that will have no problem being honest with you and ask for their feedback. This friend will likely see the signs long before you, and will have no problem telling you if you've been acting differently or getting irritated easily, which are often signs of a troubled relationship.

What are some other signs that a relationship is officially over? Start a conversation in the comments below.

Celebrity Break-Up: Savannah Chrisley & Nic Kerdiles Split After Postponing Wedding



By Nicole Maher

In the latest [celebrity news](#), Savannah Chrisley and Nic Kerdiles have officially ended their engagement after postponing their wedding earlier this year. According to

UsMagazine.com, Chrisley announced their [celebrity break-up](#) via Instagram and acknowledged that fans had been looking for an update on the couple's status. Chrisley and Kerdiles began dating in November of 2017 and got engaged shortly after in December of 2018. While the couple has faced challenges in the past, Chrisley clarified in her post that there is no hatred between them.

In celebrity break-up news, Savannah and Nic have decided to go call it quits on their relationship. What are some last ditch efforts you can make before deciding to split from your partner?

Cupid's Advice:

Deciding if it is time to split from your current partner is one of the most difficult decisions to make in a relationship. It can be hard to tell your relationship has reached its end, or if you are simply going through a rough patch. If you are looking for ways to prolong your relationship, Cupid has some advice for you.

1. Look to the beginning: As a relationship progresses it tends to change, and there are likely some aspects that you have left in the past. By revisiting some of your favorite activities from when you first started dating, you may be able to rekindle the spark you are currently missing.

Related link: [Celebrity News: Cassie Randolph Is Granted Restraining Order Against 'Bachelor' Colton Underwood](#)

2. Take a step back: Sometimes we have to see just how much we will miss a person before we let them go. Try designating some time throughout the week for the both of you to spend alone and allow yourself to miss the other person's company. Taking a step back from your relationship is a great way of determining if your partner's absence brings you unhappiness or peace.

Related link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

3. Seek professional help: Involving a relationship professional is the perfect way to get another perspective on your relationship. Couples counseling makes it necessary for both people in the relationship to speak through their concerns and hopefully find solutions. A professional can introduce new communication methods that may be able to save your relationship in the end and get you back on the same page.

What are some other last ditch efforts you can make before deciding to split from your partner? Start a conversation in the comments below!

Celebrity Break-Ups: Former 'Bachelor' Colton Underwood & Cassie Randolph Restraining Order Court Hearing Set for

October



By Carly Silva

In the [latest celebrity news](#), former *Bachelor* Colton Underwood will appear in court in October with ex Cassie Randolph after she was granted a restraining order against the [Reality TV star](#). The two ex-lovers went public about their split in May, and have had a messy fallout since. According to *UsMagazine.com*, Randolph claimed that Underwood has been “stalking and harassing” her, causing her to take legal action.

In celebrity break-up news, Colton

and Cassie seem to be going through the worst possible break-up scenario. What do you do if you're trying to cease contact with your ex, but he or she won't take "no" for an answer?

Cupid's Advice:

It can be really hard for some people to let go when going through a breakup. If you're trying to stop contact with your ex, but they won't take "no" for an answer, Cupid has some advice for you:

1. Talk to them first: Sometimes it can be awkward to tell your ex to stop contacting you, but you want to make sure they definitely receive the message. Ask for some privacy, and make sure it's extremely clear that you don't want them to reach out anymore.

Related Link: [Celebrity News: Jada Pinkett Smith and Will Smith's Public Split Discussion Was Best Move for Them](#)

2. Try blocking them: If your ex still isn't taking "no" for an answer, it may be time to block them. You can block their number and their social media accounts to try to get back some privacy.

Related Link: [Celebrity Break-Up: Jaime King's Ex Kyle Newman Says She Emptied Bank Account in Divorce Battle](#)

3. Take it even further if you need to: If your ex is incessant and you have tried everything, it's okay to take it a step further if needed. Contacting the police or filing a restraining order is drastic, but it may be necessary if your

ex still won't leave you alone.

What do you do if you're trying to cease contact with your ex, but he or she won't take "no" for an answer? Start a conversation in the comments down below!

Celebrity News: Cassie Randolph Is Granted Restraining Order Against 'Bachelor' Colton Underwood



By Carly Silva

In the [latest celebrity news](#), Cassie Randolph was officially granted a restraining order against ex-boyfriend and former *Bachelor*, Colton Underwood. Randolph filed for the order last Friday, September 11th, on the grounds that Underwood has been harassing her since their [celebrity break-up](#). According to *UsMagazine.com*, Randolph claimed that Underwood has been stalking her, relentlessly sending her text messages, and even placed a tracking device on her vehicle.

In celebrity news, Cassie Randolph has a restraining order against Colton Underwood, and text messages were released showing some intense feelings between the two. What do you do if you feel your ex has become unstable and/or dangerous?

Cupid's Advice:

Sometimes break-ups can get heated, especially when intense feelings are involved. If you're starting to think your ex has become unstable and/or dangerous, Cupid has some advice for you:

1. Stop contacting them completely: If your ex is starting to make you feel unsafe in any way, it's important to stop contacting them completely. Don't answer their calls or texts, and definitely don't make plans to see them in person. You can even unfollow or block them on social media accounts to ensure that they can't reach you.

Related Link: [Relationship Advice: How Do You Deal With A](#)

[Badmouthing Ex?](#)

2. Tell someone about it: Sometimes when people get into dangerous relationships, it can be scary or embarrassing to tell your friends and family, but it is essential. Having support from other people will help keep you safer, so your friends and family should definitely be aware of what is going on.

Related Link: [Celebrity Break-Up: Mary-Kate Olsen Officially Files for Divorce from Olivier Sarkozy](#)

3. Don't be afraid to do call the authorities. Although it can be hard to take things to the next level, it may be necessary if you are really starting to worry for your safety. Filing a police report or a restraining order can help give you peace of mind.

What do you do if you feel your ex has become unstable and/or dangerous? Start a conversation in the comments below!

Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock





By Nicole Maher

In the latest [celebrity news](#), singer Kelly Clarkson opened up about some of the challenges she has been facing since her [celebrity divorce](#) from estranged husband Brandon Blackstock. According to *UsMagazine.com*, Clarkson and Blackstock filed for divorce in June of this year, putting an end to their seven year marriage. While the couple was experiencing problems before, these issues were heightened while the pair was quarantining together amid the coronavirus pandemic.

In celebrity break-up news, Kelly Clarkson is having a tough time amid her divorce from Brandon Blackstock. What are some ways to keep the drama at bay during a

split?

Cupid's Advice:

One of the unfortunate added side effects that often follows a break-up is drama. Despite all the efforts we may make, it is normal to be faced with rumors or awkward questions once a relationship ends. If you are looking for ways to keep the drama at bay during a split, Cupid has some advice for you:

1. Keep it neutral: Negative words seem to travel the quickest during the time of a break-up, and are likely to make their way back to your ex partner if you share mutual friends. While it is necessary to process your break-up with others, avoiding an excessive amount of negativity around the situation can help alleviate some of the drama. Try to keep statements as neutral as possible when speaking with your mutual friends to avoid anything accidentally being taken out of context.

Related link: [Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?](#)

2. Focus on yourself: Drama is often started when we are focusing on another person. Instead of worrying about if your ex partner is going on dates or talking to someone else, focus on what you are doing post break-up. If you refuse to give this budding drama the time of day by prioritizing yourself, then it will not be able to grow!

Related link: [Celebrity Break-Up: Danica Patrick Is Doing 'Emotional Therapy' After Aaron Rodgers Split](#)

3. Find an outlet: Just as Clarkson did through her music, finding an outlet to help you process your feelings can help avoid some unnecessary drama. Songwriting, keeping a journal, or even recording quick voice-memos are good ways to channel how you are feeling without involving anyone else. Once you have a better handle on how you are truly feeling, then it can

be easier to address any questions without feeling like you will be stirring up drama.

What are some other ways to keep drama to a minimum during a break-up? Start a conversation in the comments below!

Celebrity Break-Up: Victoria Fuller Says She & Chris Soules Split Due to Geography



By Nicole Maher

In the latest [celebrity news](#), *Bachelor* Nation stars Victoria Fuller and Chris Soules called off their relationship due to geographical reasons. According to *UsMagazine.com*, Fuller was not ready to move to Iowa and join Soules on his farm. The two had been traveling to see each other since April of this year, but were ultimately unable to reach a decision on where to settle down together. While the pair agreed to a [celebrity break-up](#), they have reportedly been staying in contact with each other.

In celebrity break-up news, Victoria and Chris split due to location. What do you do if you're in a long distance relationship and can't agree on a place to live together eventually?

Cupid's Advice:

Distance can be one of the most difficult factors of a relationship to navigate. Whether someone is a long car ride away or only accessible by plane, the challenge of seeing each other can have a toll on the relationship. If you are looking for ways to overcome the challenges of distance as a couple, Cupid has some advice for you:

1. Meet in the middle: One of the main reasons people do not want to uproot their life and move is because they are familiar with their current surroundings. It can be difficult to convince a person to leave their family and friends and move to a completely new place where they only know one person. But if both partners are willing to meet someplace in the middle, it would allow both of them to remain closer to home and to each other.

Related link: [New Celebrity Couple: Is Victoria Fuller Quarantining with Former 'Bachelor' Chris Soules in Iowa?](#)

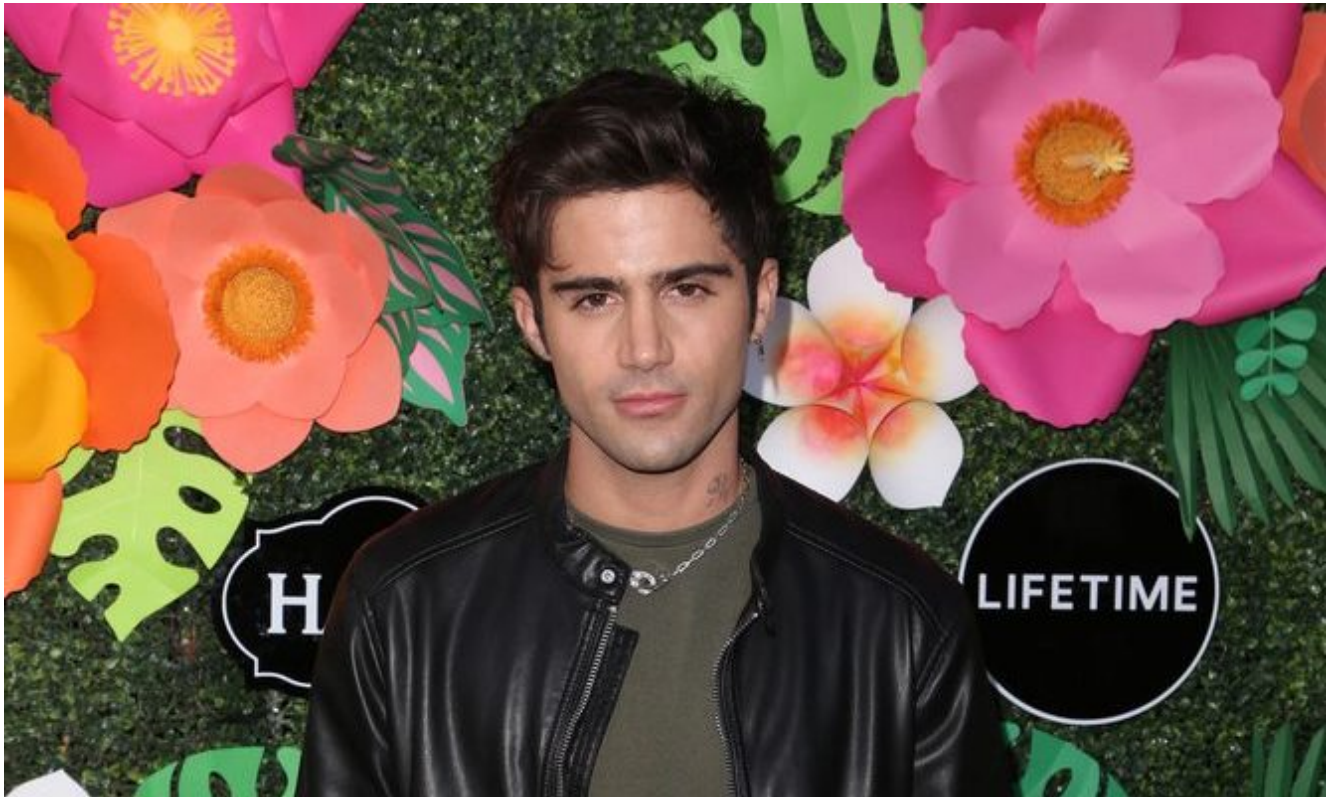
2. Continue to travel: If the impending distance does not need to be resolved right away, then continue your current travel methods. Circumstances and priorities may change after a period of time, and the two of you may eventually reach a point of agreement on where to finally settle down together.

Related link: [Celebrity News: 'Too Hot to Handle' Star Francesca Farago Sets Record Straight on Romance Rumors with Former 'Bachelorette' Star Jef Holm](#)

3. Be honest with yourself: If you and your partner have had multiple conversations about the distance and there has been no compromise on either side, it might be time to consider the alternative of breaking-up. Breaking-up does not mean that the relationship failed, it simply means that the two people involved are progressing in different directions. In this case it may be two different geographical locations.

What are some other ways to conquer a long-distance relationship? Start a conversation in the comments below!

Celebrity Break-Up: Jaime King's Ex Kyle Newman Says She Emptied Bank Account in Divorce Battle



By Nicole Maher

In the latest [celebrity news](#), messy details about Jaime King and husband Kyle Newman's divorce continue to surface. According to *UsMagazine.com*, the celebrity exes tried to finalize their divorce in early June of this year, but were unable to reach an agreement. King has now reportedly cleared the couple's joint bank account and refused Newman access to their family home.

In [celebrity break-up](#) news, some not-so-pleasant details are coming out about Jaime King and Kyle Newman's divorce battle. What are

some ways to keep you split amicable?

Cupid's Advice:

Break-ups are always challenging, even if they are not happening in the celebrity spotlight. If you are looking for ways to keep your break-up as cordial as possible, Cupid has some advice for you:

1. Be professional: Emotions run high during the process of breaking up, and may cause some people to act out of character. It is important to remain professional in the early stages of a break-up to prevent creating unnecessary conflict. Agreeing on dates for your ex to collect their belongings or return keys if you were living together is a good way to keep the break up harmonious.

Related link: [Celebrity Exes Kendra Wilkinson & Hank Baskett Are in a 'Really Good Spot' After Split](#)

2. Vent to a friend: The break-up is going to be one of the most prominent things on your mind during this time, and your feelings toward it could change daily. There may be times when you are upset or angry about the circumstances, and other times when you are relieved the relationship is over. Rather than confusing your ex partner, find a trusted friend that you can process your feelings with.

Related link: [Celebrity Break-Up: 'Riverdale' Star Vanessa Morgan & Michael Kopech Split Days After Announcing Pregnancy](#)

3. Consider everyone involved: Even though the break-up is taking place between you and your partner, there are often other people involved such as family members and friends. While it is important to prioritize yourself in these types of situations, it also may be necessary to consider the feelings

of others. By taking into account how your break-up is affecting other people, you may be able to have clearer conversations with others involved and alleviate some unnecessary tension.

What are some ways you have tried to keep a break-up amicable? Start a conversation in the comments below!

Celebrity Exes Kendra Wilkinson & Hank Baskett Are in a 'Really Good Spot' After Split





By Alycia Williams

In latest [celebrity news](#), Kendra Wilkinson and Hank Baskett are in a good place after their [celebrity break-up](#). According to *UsMagazine.com*, Wilkinson and Baskett have been very cordial and are in a really good spot with coparenting. Hank is out of the picture in terms of a romantic relationship, but they have a good thing going when it comes to the kids. They switch off week to week with them.

Celebrity exes Kendra and Hank are making the best of things after their break-up. What are some ways to keep things positive in the face of a split?

Cupid's Advice:

A break-up can be a hard thing to get over and keeping it

cordial with your ex can be just as hard. If you're looking for ways to keep things positive in the face of a split, Cupid has some advice for you:

1. Don't fight your feelings: Trying to make yourself seem better than you actually are is only going to make things worse. Allow yourself to cry it out if you need to and get that emotion out. That way once all of that is done, you can easily move on.

Related Link: [Celebrity Break-Up: Danica Patrick Is Doing 'Emotional Therapy' After Aaron Rodgers Split](#)

2. Take the high road: Try to stay away from anything that might seem petty or uncalled for. In order for things to stay positive with your ex, you can't do or say negative things about them.

Related Link: [Celebrity Break-Up: Danica Patrick's Posts About 'Pain' After Aaron Rodgers Split](#)

3. Follow your own path: Stay focused on yourself and what you have going for you. Worrying too much about your ex will only create negative feelings and thoughts about them.

What are some other ways to keep things positive in the face of a split? start a conversation in the comments below!

Celebrity Break-Up: Liam Hemsworth Is 'Living a

Different Life' After Split from Miley Cyrus



By Alycia Williams

In latest [celebrity news](#), Liam Hemsworth is living a different life after his [celebrity break-up](#) from Miley Cyrus. According to *EOnline.com*, since their split a year ago, Hemsworth has put the relationship with Cyrus behind him. He's happy to have moved on and is living a completely different life now. The way things ended between them didn't sit well with him and he was saddened by it all. It took him time to come to terms with the end of their relationship and to process it all. Hemsworth and Gabriella Brooks were spotted on lunch date recently. They've proved that their relationship is stronger than ever and they enjoyed a fun day in Byron Bay.

In celebrity break-up news, Liam Hemsworth has moved on with his Aussie girlfriend, Gabriella Brooks. What are some ways to keep your relationship “easy and fun”?

Cupid's Advice:

When you're in a relationship for a long time, it can be hard to revive the fun times that you were both having in the beginning. If you're looking for ways to keep your relationship easy and fun, Cupid has some advice for you:

1. Keep the element of surprise alive: Surprise your partner from time to time in a variety of ways. Arrive home with a small gift, cook your partner's favorite meal or book a surprise weekend getaway. These types of surprises will keep the excitement alive and prevent you from getting stuck in a relationship rut.

Related Link: [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

2. Greet one another with excitement: The way you greet one another after being apart can set the tone for the rest of the day. Changing small habits, such as the way you greet your partner when they get home, can be key to a lasting relationship. Greet your partner at the door with a hug and a kiss and express your joy at being together again. This can start things off on the right foot and set you on the path to reconnect after being apart.

Related Link: [Celebrity Divorce: Why Liam Hemsworth Quickly Filed for Divorce from Miley Cyrus](#)

3. Try something new together: Participating in a new activity

together can keep the relationship exciting. Take a Chinese cooking class, volunteer at a soup kitchen, or take golf lessons together. A willingness to learn something new can help you grow together as a couple.

What are some other ways to keep your relationship “easy and fun”? Start a conversation in the comments below!

Celebrity Break-Up: Danica Patrick Shuts Down Comment About ‘Failed’ Relationship



By Alycia Williams

In latest [celebrity news](#), Danica Patrick addresses internet trolls when someone comments on her [celebrity break-up](#) with Aaron Rodgers. According to *EOnline.com*, someone commented on Patrick's post saying, "At 38, its over for you in the relationship world with high value men. From a failed marriage to failed dating clearly you have a problem dating." Patrick posted the comment and captioned the post "If we let what one person thinks of us be our reality, we are doomed. Realize that what someone says to us has a lot more to do with their own wounds and reality than ours. Our reality is our decision. Still not easy but true."

In celebrity break-up news, Danica Patrick isn't letting anyone get away with bashing her most recent relationship with Aaron Rodgers. What are some ways to keep outside comments after a split from affecting you?

Cupid's Advice:

Getting over a break-up is hard enough as it is, but with additional comments on your split just adds to the negativity. If you are looking for ways to keep negative comments after a split from affecting you, Cupid has some advice for you:

1. Address the comments: Just like Danica Patrick you can respond to the comment to keep people commenting on your situation. Whether you reply nicely or not so nicely people will eventually get the hint that you aren't interested in their remarks.

Related Link: [Celebrity Break-Up: Danica Patrick Is Doing 'Emotional Therapy' After Aaron Rodgers Split](#)

2. Ignore the comments: Although addressing the comments could be helpful, ignoring it completely could also be the right answer. By not shedding any light to what other people have to say, in time people won't say anything knowing that you won't respond.

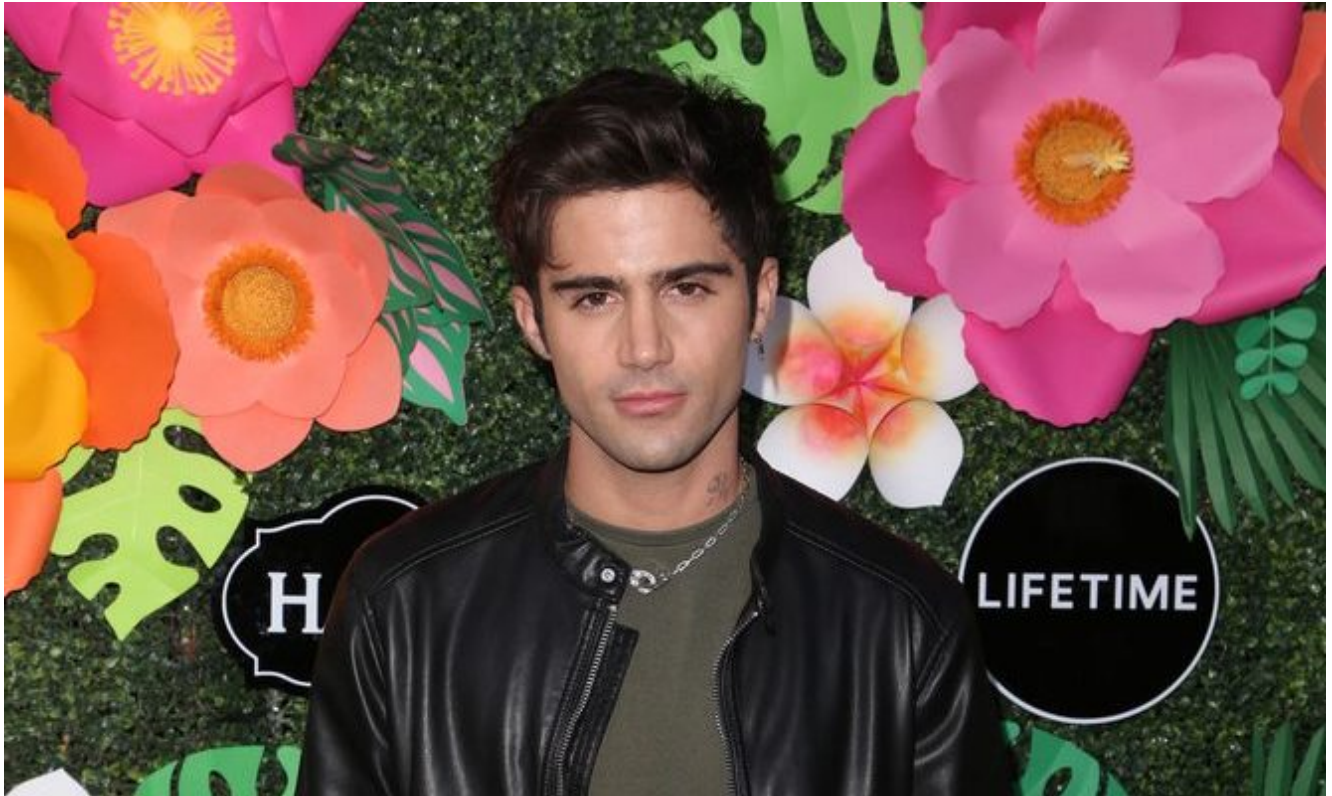
Related Link: [Celebrity News: False Alarm! 'Pump Rules' Lala Kent & Randall Emmett Are Still Together](#)

3. Keep a positive circle: Surround yourself with people who always have a positive attitude, who can always see the bright side of the situation. When you start allowing a lot of people to know your business, that's how you get negative comments. Keep your circle tight.

What are some other ways to keep out comments after a split from affecting you? Start a conversation the comments below!

Celebrity Break-Up: Danica Patrick Is Doing 'Emotional Therapy' After Aaron Rodgers Split





By Alycia Williams

In latest [celebrity news](#), Danica Patrick posted about doing an “emotional therapy” workout just weeks after her [celebrity break-up](#) from NFL quarterback Aaron Rodgers. According to *UsMagazine.com*, Patrick posted a photo on Instagram that showed her posing beside a mountain lake. The photo was captioned “I got me, I always have.” Patrick explained that she started doing The Class workout a week ago after her friend Heather Nielsen said she was loving it. “Turns out, now I do too!” she wrote of the calisthenics and plyometrics routine.

In celebrity break-up news, Danica Patrick is working on herself emotionally after her break-up from Aaron Rodgers. What are some ways

to cope during a hard time after a split?

Cupid's Advice:

A break-up can be hard time in life. Finding ways to get back to your old self is difficult. If you are looking for ways to cope during a hard time after a split, Cupid has some advice for you:

1. Write it or talk it out: Writing out your thoughts in a journal, having a good cry, or talking to a therapist can help you process and gain the clarity you need to see why the relationship didn't work and why you'll be better off without your former partner.

Related Link: [Celebrity Break-Up: Danica Patrick's Posts About 'Pain' After Aaron Rodgers Split](#)

2. Get active: Going for a run or hitting the elliptical can lower your stress levels, improve cognitive functioning and boost your mood in addition to providing a healthy distraction from your worries. Even if exercising is the last thing you want to do, the act of simply getting out of your head and focusing your awareness on your body can be helpful.

Related Link: [Celebrity Break-up News: Brian Austin Green Confirms Split from Megan Fox After 10 Years of Marriage](#)

3. Do things you love: Treat yourself to something that make you feel good, whether it's a cup of coffee with a friend or a massage. Self-care is essential to the healing process, and doing things that make you smile can help you heal.

What are some other ways to cope during a hard time after a split? Start a conversation in the comments below!

Celebrity Break-Up: 'Riverdale' Star Vanessa Morgan & Michael Kopech Split Days After Announcing Pregnancy



By Alycia Williams

In latest [celebrity news](#), *Riverdale* star Vanessa Morgan announced her [celebrity break-up](#) from Michael Kopech just days after she announced her [celebrity pregnancy](#). According to

UsMagazine.com, the couple exchanged vows in January and seven months later, she has announced that she'll be welcoming a baby boy along with the news that she will be divorcing Kopech.

In celebrity break-up news, Vanessa and Michael are calling it quits even though they're expecting a baby together. What are some ways to make your relationship work for the sake of your children?

Cupid's Advice:

Relationships can be difficult to manage, and you may break up or stay together for different reasons. Giving your relationship another shot for the sake of the kids isn't an unpopular decision, but how do you make the relationship work once you've decided to stay together? If you find yourself in this situation, Cupid has some advice for you:

1. Kids come first: You and your partner have at the very least one thing in common and that is the children you share. Devote your energy and time toward your kids for the best outcome.

Related Link: [Celebrity Break-Up: Jordana Brewster & Andrew Form 'Quietly Separated' Earlier This Year](#)

2. Take care of each other: Since you both are devoting a lot of your time to your children the extra time that you both get has to be spent taking care of each other. You two are a team so don't be afraid to be a team player.

Related Link: [Celebrity Exes: Khloe Kardashian & Tristan](#)

[Thompson Reunite at True's 1st Birthday Party](#)

3. Don't forget about date night: Try your best to have a set time where the babysitter comes and you and your partner have a night out on the town. Spend that quality time together to remind yourself why you got together in the first place.

What are some other ways to make your relationship work for the sake of your children? Start a conversation in the comments below!

Celebrity News: Lala Kent Says Life is a 'Mess' & Deletes Pics of Fiance Randall Emmett





By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) Lala Kent posted a mysterious message about making “mistakes” on Sunday, July 26, after deleting photos of fiancé Randall Emmett from Instagram. According to *UsMagazine.com*, Kent’s message said “Dear God, it is I who has made my life a mess. I have done it, but I cannot undo it. My mistakes are mine & I will begin a searching & fearless moral inventory. I will write down my wrongs but I will also include that which is good. I pray for the strength to complete the task.” The message came after she deleted all photos with Emmett and unfollowed him from Instagram.

In celebrity news, Lala Kent and her fiancé Randall Emmett’s relationship may be on the rocks. What are some ways to use social

media to cope with a rocky relationship?

Cupid's Advice:

When any relationship is on the rocks, it's really hard to determine which way the boat will tip. Either way, you'll need to manage your rocky relationship and ride it out. If you are looking for new ways to cope with a rocky relationship via social media, Cupid has some advice for you:

1. Stay connected with friends: Social media provides an amazing way for you to stay connected to people that may actually be far away. Liking pictures, leaving comments, viewing stories, and talking in dm's is a great way to keep your mind off of your rocky relationship.

Related Link: [Celebrity Exes: Brooks Laich Steps Out Without Wedding Ring After Julianne Hough Split](#)

2. Archive photos: On social media you have the option to archive photos, which means the photos won't be seen on your page, but you'll always have the option to display them back on your page. This works best for rocky relationships because if you both work things out you can display the pictures back on your page, if it doesn't then you can delete them for good.

Related Link: [Celebrity News: Brian Austin Green Shares Cryptic Post After Wife Megan Fox is Spotted with Machine Gun Kelly](#)

3. Explore new things: Social media is not just for liking your friends picture, there is countless amount of things for you to learn and become interested in. Whether it's cooking a new recipe, learning a new workout routine, or figuring out how to do a new hairstyle. You can find it all on social media.

What are some other ways to use social media to cope with a rocky relationship? Start a conversation in the comments below!

Celebrity Exes: Amber Heard Says Johnny Depp Accused Her of Cheating with Channing Tatum & Leo DiCaprio



By Alycia Williams

In latest [celebrity news](#), Johnny Depp accused his ex-wife Amber Heard of having multiple affairs with her co-stars while they were married. According to *UsMagazine.com*, after their [celebrity break-up](#), Depp has accused Heard of having affairs with Eddie Redmayne, James Franco, Jim Sturgess, Kevin Costner, Liam Hemsworth, Billy Bob Thornton, Channing Tatum, and Kelli Garner. Depp has also claimed that the actress had a affair with Leonardo DiCaprio after she once auditioned with him. “He would taunt me about it especially when he was drunk or high and had derogatory nicknames for every one of my male costars he considered a sexual threat,” Heard continued. “Leonardo DiCaprio was ‘pumpkin-head,’ Channing Tatum was ‘potato-head’ and ‘Jim Turd Sturgess.’”

These celebrity exes are battling it out in court, and accusations are being thrown around in the process. What are some ways to keep your split amicable?

Cupid's Advice:

While break-ups can tend to be messy, especially when coming out of a long term relationship it's important to try to keep things as clean as possible. If you're looking for ways to keep your split amicable, Cupid has some advice for you:

1. Don't talk negatively about your ex: It'll be hard to be friendly with your ex if you're talking negatively about them or vice versa. Make sure all the comments you make about your ex is positive and if you have nothing nice to say, don't say anything.

Related Link: [Celebrity Exes: Jessie J Shares Sweet Birthday Tribute to Channing Tatum Weeks After Split](#)

2. Wish the best for them: Part of splitting amicably is wanting the best for your ex in life. Secretly wishing negativity on them is going to show through your actions. Sincerely want the best for them and that's what will show through your actions.

Related Link: [Celebrity Exes: Kristen Stewart Is 'So Happy' Ex Robert Pattinson is Batman](#)

3. Don't blame your ex: When things go wrong in a relationship it can be easy to place the blame of your break-up on your ex. Don't blame anyone for your past relationship, it's nobody's fault, not everyone is meant for one another.

What are some more ways to keep your split amicable? Start a **conversation in the comments below!**

Celebrity Break-Up: Danica Patrick's Posts About 'Pain' After Aaron Rodgers Split





By Alycia Williams

In latest [celebrity news](#), Danica Patrick is focusing on her emotional well-being after her [celebrity break-up](#) from Aaron Rodgers. According to *UsMagazine.com*, Patrick shared that she watched a video on where trauma is stored in the body. She also shared a a few quotes to her Instagram. “You know the saying ‘gut feeling’? I have found it speaks to me before the mind. I take it as an invitation to stop and look within. I journal and ask what could be going on?” She later shared another quote: “The pain that we are given is the pain that we pass on.”

In celebrity break-up news, Danica Patrick seems to be having a rough time after her split from Aaron Rodgers. What are some ways to

communicate your pain to family and friends?

Cupid's Advice:

Feeling pain after a break-up is completely natural and expected, but holding onto that pain will only make it worse. If you are looking for ways to communicate your pain to your friends and family, Cupid has some advice for you:

1. Find out who you're most comfortable with: Telling all of your friends and all of your family about your pain won't be helpful because you'll just keep repeating yourself. Out of everyone find two or three people you feel the most comfortable talking to and anytime you feel like you need to talk you should call one of them.

Related Link: [Celebrity Break-up News: Brian Austin Green Confirms Split from Megan Fox After 10 Years of Marriage](#)

2. Don't hold back: The whole point of talking to your friends and family is to get what you need off your chest. That won't work if you leave stuff out. Be open and honest with them to really lay out all of the pain.

Related Link: [Celebrity Break-Up: Kylie Jenner & Travis Scott Are Taking a Break](#)

3. Find out what works best for you: Since this is your time to release pain you should have control over every detail. Whether it's texting, calling, or meeting up in person, whatever makes you feel the most comfortable is what you should be doing.

What are some other ways to communicate your pain to family and friends? Start a conversation in comments below!

Celebrity Break-Up: Justin Hartley Isn't Concerned About Ex Chrishell Stause's Drama



By Diana Iscenko

In the latest [celebrity news](#), Justin Hartley reveals he's not letting drama from his divorce from [celebrity ex](#) Chrishell Stause bring him down. Despite the *Selling Sunset* star's claims about their split, Hartley told *ETOnline.com* that he is staying positive: "I'm a happy guy. I sleep like a baby. I don't have anything on my mind... I am a very, very lucky, lucky individual." Hartley filed for divorce from Stause in November

2019 after almost three years of marriage.

In celebrity break-up news, Justin Hartley isn't concerning himself with his ex Chrisell's divorce drama. What are some ways to distance yourself from relationship drama?

Cupid's Advice:

Post-break-up drama can be overwhelming, especially if you're trying to distance yourself from it. If your ex refuses to leave the drama in the past, Cupid has some advice for you:

1. Find your support system: Surround yourself with people you trust. Distance yourself from your ex and other people you're worried might try to bring you down with unnecessary drama. Lean on close friends and family who you trust have your best interests at heart.

Related Link: [Celebrity News: Justin Hartley Brings Daughter to Critics Choice Awards Amid Divorce](#)

2. Be empathetic: Understand other people's thought processes and do your best to forgive them. Your ex may be causing drama after the break-up but think about where they're coming from. Break-ups hurt and this may be your ex's (imperfect) way of handling it.

Related Link: [Celebrity Exes: G-Eazy Had 'Creative Breakthrough' After 'Toxic' Halsey Relationship](#)

3. Look on the bright side: Have a positive outlook on your situation. While things may not be going perfectly, be

thankful for the positive people in your life. Be grateful for you and your ex's time together instead of bashing them post-split.

How do you avoid relationship drama? Start a conversation in the comments below!

Celebrity Break-Up News: Jordana Brewster Files for Divorce from Andrew Form



By Diana Iscenko

In the latest [celebrity news](#), Jordana Brewster filed for divorce from husband Andrew Form after 13 years of marriage. According to *UsMagazine.com*, the *Fast & Furious* actress submitted the divorce papers to the Stanley Mosk Courthouse in Los Angeles last week. The former [celebrity couple](#)'s case was listed as "dissolution with minor children." The pair share two sons, Julian, 6, and Rowan, 4.

In celebrity break-up news, Jordana and Andrew have decided to call it quits on their marriage. What are some ways to announce your divorce to your young children?

Cupid's Advice:

The end of a marriage is never easy, but it can be even more stressful when you have young children. As a parent, you want to protect your kids from painful situations. If you're not sure the best way to tell your kids about you and your parent's separation, Cupid has some advice for you:

1. Focus on the moment: Your kids will likely remember the moment you tell them about the divorce for their entire lives. Make sure you're sitting down as a family, with all your kids and your partner, when having this conversation. Think about where you're having this conversation and if it would be comfortable for your children.

Related Link: [Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?](#)

2. Listen to your children: It's impossible to know how your child will react to this news. No matter how well you breakdown the news to your young children, they're going to

have questions you're not prepared for. Be supportive of them no matter how they react and answer their difficult questions honestly.

Related Link: [Celebrity Divorce: Ewan McGregor Settles Divorce from Eve Mavrakis 2 Years After Filing](#)

3. Be united with your partner: While your divorce is hard on you, you need to be mature around your children. When announcing your separation, do not blame your partner. Both parents should take ownership and give your children the same message. Blaming your partner will make your kids think they need to reject their other parent.

How do you look out for your kids during a divorce? Start a conversation in the comments below!

Celebrity Exes: G-Eazy Had 'Creative Breakthrough' After 'Toxic' Halsey Relationship





By Alycia Williams

In latest [celebrity news](#), G-Eazy had a creative breakthrough in his music after his toxic on- and off-again relationship with Halsey. According to *UsMagazine.com*, G-Eazy is finally feeling positive again after his [celebrity break-up](#) from Halsey nearly two years ago. The relationship was really toxic toward the end, but G-Eazy has been healing through his music and has been spending his quarantine time in his home studio writing and recording. In his new songs, he isn't afraid to mention how crazy he believes Halsey to be.

These celebrity exes clearly didn't part on good terms. What are some ways to turn your rough break-up into a positive experience?

Cupid's Advice:

When a relationship ends, no one can promise that it'll end on

a good note and even though you might be in a slump, it's important to pick yourself back up. If you are looking for ways to have a more positive outlook on life after a bad break-up, Cupid has some advice for you:

1. Take time for yourself: In times like these the only person that can really pick up your energy is you. Spend time in your own thoughts, reflecting on how you'll move forward from this experience. Direct your focus to things that are most important to you at this moment.

Related Link: [Celebrity Break-Up: Jim Edmonds Says Marriage with Meghan King Edmonds Was 'Loveless and Abusive'](#)

2. Talk to someone about it: This doesn't necessarily mean you need to seek professional help, it means that you should talk to someone that makes you feel comfortable. Someone that you don't mind sharing every detail with.

Related Link: [Celebrity Break-Ups: Julianne Hough Is 'Super Upset' Amid Brooks Laich Split](#)

3. Spend time doing things that you love: Use this extra time to do what you love to do. Whether it's playing the guitar or having a movie marathon with your friends, do whatever make you happy.

What are some ways to turn your rough break-up into a positive experience? Start a conversation in the comments below!

Celebrity Break-Up: Christina

Ricci is Granted Protective Order Against Husband James Heerdegen



By Diana Iscenko

In the latest [celebrity news](#), Christina Ricci was granted an emergency protective order against husband James Heerdegen. According to *UsMagazine.com*, the Los Angeles Police Department responded to a call for domestic battery at the actress' home. Ricci was granted the protective order, which prohibits any contact between the [celebrity couple](#). Heerrdegen was not arrested.

In celebrity break-up news, Christina Ricci and her husband James Heerdegen are clearly having major issues. What do you do if your partner becomes violent toward you?

Cupid's Advice:

Finding out your partner is abusive is difficult to navigate. While you may still love them, it's important to keep yourself safe. No matter what kind of violence you're facing, it isn't your fault and you aren't responsible for your partner's abusive behavior. If you need help figuring out how to leave a violent relationship, Cupid has some advice for you:

1. Create a safety plan: A safety plan is a personalized plan to keep you safe while in a violent relationship. It should include telling close friends or family about the abuse and how to stay as safe as possible before leaving the relationship. Teach children how to stay safe in these emergencies.

Related Link: [Celebrity Exes: Mandy Moore Says Ex Ryan Adams Was 'Psychologically Abusive'](#)

2. Get legal protection: Protective orders and restraining orders can help you immediately by keeping your partner physically away from you and your family. Once you have a protective order, you should always keep the document with you. You can apply for these documents at courthouses, women's shelters and police stations.

Related Link: [Celebrity News: Demi Moore Says She Was 'Addicted' to Ashton Kutcher](#)

3. Leave your abuser: Make a plan to escape quickly. You might want to request a police escort when you leave. Be sure to grab important documents and other irreplaceable keepsakes when leaving. After leaving, try to change up your routine to lessen the chance of your abuser finding you. This might include changing your hours at work or changing your phone number.

Do you have advice for those facing intimate partner violence? Start a conversation in the comments below!