

Former Celebrity Couple News: Selena Gomez Spotted at Justin Bieber Concert After Kissing Post



By [Brooke Crawford](#)

In [latest celebrity news](#), Selena Gomez and [Justin Bieber](#) can't seem to steer clear of one another. According to [UsMagazine.com](#), Gomez was seen at Bieber's concert just four days after her ex Justin Bieber posted a throwback Instagram photo of the two kissing. This news is contradictory to the statement she made in her [celebrity interview](#) with *W magazine* for her March cover story. This former celebrity couple is a prime example of what it looks like when your relationship is

a revolving door.

This former celebrity couple is making waves yet again. What are some ways to keep from getting sucked back into the vortex that is a relationship with your ex?

Cupid's Advice:

Removing yourself from a toxic relationship can be harder than it looks when emotions are involved. Cupid is here to give you some healthy [relationship advice](#):

1. Social media: Remove your ex from any and all social media. Although it may be hard to distance yourself from this person, it is in your best interest. Removing this person allows you the space to regain your own identity and see how much better off you are without him or her. Social media gives you an all access pass to continuously keep tabs on your ex, which will only make you reminisce about the good times and second guess yourself.

Related Link: [Celebrity Couple Rumors: Is Miley Cyrus Engaged to Liam Hemsworth?](#)

2. Join a group: A distraction is just the thing to take your mind off of the break-up. Joining a group of some kind will help you focus on making new friendships and finding new interests. There are Facebook groups you can join as well as the well known website Meetup.com, which will point you to some in-person get-togethers. Find a group that supports your need to branch out and have new experiences.

Related Link: [Celebrity Exes Jennifer Lopez and Casper Smart](#)

[Caught Kissing](#)

3. Get fit: Although going out and letting off some steam can be a good way to get over a break up, the gym is a great way to focus on something else as well. Getting fit allows you to feel empowered to accomplish other goals and can be the best form of revenge.

A break up can be a difficult thing to get over. What are some ways that you have overcome your former relationships? Comment below.

Celebrity News: Jennifer Garner Says She & Ex Ben Affleck Will Make Co-Parenting Work





By [Brooke Crawford](#)

A [celebrity divorce](#) is no different than any other divorce, especially when kids are involved. In the latest celebrity news, [Jennifer Garner](#) discussed her split from ex-husband [Ben Affleck](#) during an exclusive [celebrity interview](#) with *Vanity Fair*. According to [UsMagazine.com](#), this former celebrity couple is choosing to continue on being a family unit for the sake of their three kids. During interviews, both stars have explained that their main goal is to do their best for the children.

This celebrity news really shows a commitment to family. What are some ways to compromise about your kids in the face of a split?

Cupid's Advice:

Being in the limelight makes celebrity divorce even more

complicated. If Garner and Affleck can co-parent with the whole world watching their every move, so can you! See below for some parenting advice from Cupid:

1. Alternate schedules: Divorce can be hard enough for a child to deal with on a daily basis. As parents, it's your job to ensure that the transition goes as smoothly as possible. Make sure that your kids are spending an equal amount of time at each respective parent's home. It will ensure that bonds are not broken and that the child's overall health is being safeguarded.

Related Link: [Making Special Occasions Comfortable for Children After Divorce](#)

2. Go to events together: Before the split, everyone in the family used to attend Christmas dinners, spring sings, and science fairs together. Even though things are different now, the show must go on. Take a cue from this celebrity news, and be cordial enough to attend events or even vacation as a family. It will show the kids that you are still a unified front.

Related Link: [Ryan Phillippe Says He's 'Proud' of How He and Reese Co-Parent](#)

3. Just listen: Having open ears and open conversations with both your children and the other parent is essential. By always maintaining a policy of patience when talking, your child will see that their well-being comes before any problems that you and the other parent might have.

Life after divorce is hard to navigate. What are some ways that you've found to compromise? Comment below.

Celebrity News: 'Married at First Sight' Husband Speaks Out on Disappointing Divorce



By [Brooke Crawford](#)

Marriage is a commitment like no other and, for some, it does not end how it started. In latest [celebrity news](#), since the season 3 finale of *Married at First Sight*, reality TV [celebrity couple](#) David Norton and Ashley Doherty have not been as successful as fans once hoped. According to [UsMagazine.com](#), the newlyweds had a rough start to their marriage due to David seeking out contact from another woman. As the season began to air, the couple decided to remain amicable, but due to fan backlash, things turned for the worst. David admitted that his

marriage was nothing more than a piece of paper, and it ended in [celebrity divorce](#).

When is it time to throw in the towel? Cupid has some helpful relationship advice to help through a trying time!

Cupid's Advice:

Sometimes love is not enough to keep a marriage going strong. If you are wondering if it is time to let go, here are some signs to look out for:

1. Loss of respect: One of the most important parts of a relationship is mutual respect. When respect for one another is lost, there is no reason for either partner to have interest in trying to get back to a healthy place. An environment lacking respect is a toxic situation that is susceptible to chaos and turmoil. Take time to see if there is a lack of respect between you and your partner, and address it if there is.

Related Link: [Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split](#)

2. Loss of communication: If your marriage no longer has effective communication, the problems between two partners will continue to increase. Marriage requires open and honest communication. A lack of intimate conversation is a sign that things may be over. Look back on the past few months to evaluate the level of communication you have had with your partner.

Related Link: [What Can We Learn From Celebrity Divorces?](#)

3. Loss of physical connection: Couples connect on emotional, mental, and physical levels. Each of these is very important to a healthy marriage, but without physically showing each other that love still exists the relationship has no chance. Physical connection requires a desire to be close with your partner so watch for signs that the desire has been lost.

Divorce is not an easy decision to make. What other signs can be used to tell if your marriage is ending? Comment below!

Celebrity News: Amy Schumer Slams 'Bachelor' Host Chris Harrison for Calling Jubilee 'Complicated'





By Myesha Cobb

Things got heated on Twitter recently between comedienne Amy Schumer and host of *The Bachelor* Chris Harrison, according to UsMagazine.com. This [celebrity news](#) caught some off guard, as Amy Schumer went after the host for calling Jubilee Sharpe “complicated.” The comedienne took to Twitter, saying, “There is nothing wrong with ‘complicated’ women Chris Harrison. You treated it like something she should fight. A women shouldn’t try to.” Afterward, Harrison fired back via Twitter and said, “Stop yelling at me, I’m 82% sure I said and supported all these points as well.” The two said that they would be down to talk about it over some wine as Schumer replied, “I’m drinking all the wine!”

This celebrity news stirs the drama pot a bit, but it does make sense! What are some ways to know your

partner knows the “real” you?

Cupid’s Advice:

Obviously, Jubilee Sharpe just wanted to let Ben Higgins get to know “the real her,” despite her “complicated” life. There is absolutely nothing wrong with allowing your partner to get to know you so that you can have honesty and trust in your relationship. Here are some some pieces of [relationship advice](#) for ways to know that your partner knows the “real” you:

1. Take your partner to your hometown: Taking your partner to visit where you grew up is one way you will be able to see if they know the “real” you. Once you’re there, ask your partner some questions that only he/she would know about your hometown life. That way, you’ll get to see if your partner knows you on a deeper level.

Related Link: [Celebrity News: Hometown Throw Down on ‘The Bachelor’](#)

2. Meet the family: If your partner knows you the way they think they do, meeting your family and knowing all of them by name and relation is another way that your partner will come to know “real you.” If you’ve told your partner everything about your family and they remember it, then you know that you’ve picked a good one. After all, family is an extension of you!

Related Link: [Celebrity News: Meet the Families on ‘The Bachelor’](#)

3. Take a quiz: Yes, it’s so high school, but make up a quiz about yourself and have your partner take it. That way, you’ll be able to see if you’ve let your partner fully know the “real” you or not based on their answers.

What are some other ways to know your partner knows the “real” you? Share your thoughts below.

Celebrity News: Rob Kardashian Deletes Instagram Photos & Blac Chyna Hints at Break-Up



By Myesha Cobb

In latest [celebrity news](#), it looks like [celebrity couple](#) Rob

Kardashian and Blac Chyna might be calling it quits ... or perhaps not? According to [UsMagazine.com](https://www.usmagazine.com), Rob Kardashian took to his Instagram account and deleted all of his photos on Sunday. His girlfriend then posted a quote hinting at a breakup between the two that read, "When you just get out of a relationship & your hoe friend welcomes you back into the World of Hoe." A source confirmed that the two did split, but it probably won't be for long and that they were just moving too fast. This duo might get back together, but we will have to just wait and see.

This celebrity news has drama written all over it. What do you do if your relationship becomes more drama-filled than you like?

Cupid's Advice:

This celebrity couple has already gone through a lot in their [celebrity relationship](#). Cupid has some [relationship advice](#) for when your relationship becomes more drama-filled than what you expected:

1. Seek therapy together: There is nothing wrong with seeking professional help when it seems like your relationship is becoming overwhelmed with drama. Having someone to talk to can help sort out whatever situations you and your partner are going through.

Related Link: [Kourtney Kardashian & Beau Get Therapy](#)

2. Seek out other sources of help: If you don't want to go to therapy together, try seeking out other alternatives to therapy to sort through your issues.

Related Link: [Alternatives to Couples Therapy: Save Your](#)

[Relationship and Love Life](#)

3. Take some time apart: Yes, spending some time apart may be painful, but it's something that every relationship needs at one point or another, especially when the drama heats up a little too much. When the time is right, come back together and talk everything through.

What are some ways that you've gotten through drama-filled relationships? Share your advice below!

Celebrity News: 'The Bachelor' Star Jade Roper Reveals Teenage Rape After Lady Gaga Oscars Performance





By Myesha Cobb

The Bachelor star Jade Roper recently shared some tragic [celebrity news](#) after Lady Gaga's powerful performance at the 88th annual Academy Awards ceremony. The reality TV star revealed that she was raped as a teenager, and she revealed how much damage she suffered from the heartbreaking tragedy. She discussed the personal story on her blog this past Monday and included an uplifting message at the end telling other females that they are not alone. She said, "The Lady Gaga performance gave me the courage to speak about my story, a story that's been trapped inside me for over 12 years. I hope that sharing my experience will help girls and women know that they are not alone. And that you have to voice things in order for things to change. And always always always: You matter."

This celebrity news is eye opening for many reasons. What are some

ways to help your partner heal from a tragedy in their past?

Cupid's Advice:

This celebrity news is truly tragic yet presents room for some [relationship advice](#) and some love advice. When you are in a relationship, your partner could have gone through something tragic in the past that still might bother them present day. Here is some relationship advice and some love advice that will help your partner heal from a tragedy in their past:

1. Ask them to talk about it: Let your partner know that you are always willing to listen to their past, including their tragedies. Talking about it with them will allow them to not only vent, but it's a healing process. Sometimes when we go through certain issues, we just want someone to talk it out with. Listening is key!

Related Link: [Relationship Advice: 5 Ways to Unpack Relationship Baggage](#)

2. Seek counseling: Do not be afraid of going to counseling with your partner. Going to counseling together does not mean that your relationship is terrible. The therapy can be specifically for your partner, but that doesn't mean you shouldn't go with your partner for emotional support. The counselor may offer some love and relationship advice on how to further help your partner on healing from past tragedies.

Related Link: [Relationship Advice: Signs You Really Need Couples Counseling \(and Why It's Not a Bad Thing!\)](#)

3. Do something that might be therapeutic for your partner: What is something that's calming and serene that your partner likes to do? Do it together! Your partner may not necessarily want to always talk about their past tragedies,

but that doesn't mean that the healing process can't be let out through other things. Maybe going bike riding, getting a couples' massage or even meditating together are great ways to help your partner heal.

What are some ways that you have helped your partner heal from a tragedy in their past? Share your relationship and love advice below!

Celebrity News: Kylie Jenner & Kourtney Kardashian Hang with Rob's Ex





By [Jessica DeRubbo](#)

Apparently there are no hard feelings in the mix with this scenario! According to [UsMagazine.com](#), [Kylie Jenner](#) and [Kourtney Kardashian](#) were recently spotted hanging with Rob Kardashian's ex girlfriend, Adrienne Bailon. This [celebrity news](#) comes on the heels of Kylie's Instagram post picturing the three girls, with the caption, "Cause we are sistersss." Celebrity exes Rob Kardashian and Bailon dated for two years, from 2007 to 2009, when their [celebrity relationship](#) ended. In a 2010 episode of *Keeping Up with the Kardashians*, Kardashian admitted he was unfaithful to Bailon. Apparently Bailon doesn't have hold that against Rob's two sisters!

This [celebrity news](#) comes amidst a lot of Rob Kardashian happenings lately. How do you know whether you can be friends with your family

member's ex or not?

Cupid's Advice:

It's a dicey situation when it comes to your family and their exes. If you're on the fence about whether it's okay for you to keep a connection with your family member's ex, Cupid has some tips:

1. Time since the split: If it's been a long time since the break-up occurred, your family member has probably had plenty of a chance to cope. The best way to find out if that coping period is over is to simply ask. You probably know your family member well enough to detect if there's any hesitation in his or her answer whatsoever. If they seem okay about it, then go for it.

Related Link: [Kendall and Kylie Jenner Make Celebrity Gossip Headlines Cozying Up to Chris Brown and Trey Songz at Party](#)

2. The reason for the break-up: If the reason for the break-up is that the relationship simply ran its course and it was a mutual parting, you're probably more okay keeping contact with your family member's ex than if something horrific happened at the end of the relationship, like a cheating scandal. Definitely consider the facts before making a decision.

Related Link: [Celebrity News: Scott Disick Has Breakdown Post-Split from Kourtney Kardashian on 'KUWTK'](#)

3. How "over it" your family member is: It's not necessarily all about time. Your family member may have good reason to be completely and utterly over the relationship he or she was in. It may have only been a month, but your brother or sister has already moved on to greener pastures. If they're over it, they shouldn't have an issue with you continuing to remain friends with their ex.

What are some other things to consider when you're trying to determine whether to stay friends with your family member's ex? Share your thoughts below.

Celebrity News: Lea Michele Splits from Matthew Paetz After 2 Years of Dating



By Myesha Cobb

Unfortunately, after two years of dating, [celebrity couple Lea Michele](#) and Matthew Paetz have ended their [celebrity](#)

[relationship](#). The latest [celebrity news](#) was confirmed by [UsMagazine.com](#) and apparently came as a surprise to the 29-year-old actress. “He had enough,” a source said. “She was completely crushed.” But will they ever get back together? The odds aren’t looking good. “He won’t take her back,” the same source mentioned.

This celebrity news is definitely unfortunate. What are some things you can do to reclaim your independence post-split?

Cupid’s Advice:

It breaks your heart when you are completely blindsided by a break-up! You feel like you are at a loss for words and don’t know how you are ever going to recover from it. But don’t worry! Here are some suggestions for how to reclaim your independence during those “after break up blues”:

1. Take some time for yourself: Sometimes not being in a relationship is a good thing! Don’t always think not being in a relationship anymore is the end of the road. There is nothing wrong with taking time out for yourself and not looking for a relationship for a while.

Related Link: [Justin Bieber Says He Isn’t Looking for a Romantic Relationship Right Now](#)

2. Do something to make you feel like “you” again: Reclaiming your independence can make you feel like a brand new person. Do things that you know that only YOU like and that maybe your past partner wasn’t a fan of. You’ll be feeling “brand new” and independent in no time!

Related Link: [Paula Patton Says She’s a ‘Real Woman Now’ Post-](#)

[Split from Celebrity Ex Robin Thicke](#)

3. Date yourself: Yes, you read correctly! Date yourself. Nothing says I'm reclaiming my independence like taking yourself out on dates. Go see a movie or treat yourself to some dinner!

What are some ways that you have reclaimed your independence after a break-up? Share your love advice below!

Celebrity Couple Peter Facinelli & Jaimie Alexander End Engagement





[By Mary DeMaio](#)

The invitations were never sent for the union of Peter Facinelli and Jaimie Alexander. According to [UsMagazine.com](#), this [celebrity couple](#) ended their engagement due to conflicting family and work commitments on opposite coasts. They got engaged last March and had been in a long-distance relationship while Jaimie filmed *Blind Spot* in NYC and Peter stayed in L.A. In latest [celebrity news](#), they have chosen to remain good friends with cordial communication.

This celebrity couple can't make it work because of the distance. What are some ways to make distance tolerable in a relationship?

Cupid's Advice:

It's important to remember that even when you're apart from that special person who makes your heart race, no matter where

you both may be, you'll still be looking up at the same sky. Some relationships are worth weathering the storm. Cupid is here to share some ways to handle the separation:

1. Constant communication: With the technological advancements nowadays, texting, video chatting, and phone calls can make the mile radius dramatically decrease. Keep your partner in the loop with everything going on in your life, however mundane it may seem.

Related Link: [Love Advice For Making Your Long-Distance Relationship Work](#)

2. Set time aside for special visits: Make advanced plans to see each other in person to rekindle that spark in your relationship after all the yearning and absence. Don't make the other person feel like they don't fit into your life anymore.

Related Link: [Celebrity News: Bindi Irwin Makes First Red Carpet Appearance with Boyfriend Chandler Powell](#)

3. Plan things to look forward to: To ease the pain of being apart, use your common interests to schedule trips or concerts to help the time pass quicker. Think positively about the future.

What are your ideas to making a long distance relationship last? Share below!

Former Celebrity Couple Ben

Affleck & Jennifer Garner Hit the Slopes with Tom & Gisele



By Emily Hoff

In [celebrity news](#), former [celebrity couple](#) Ben Affleck and Jennifer Garner and current couple Tom Brady and Gisele Bundchen were spotted vacationing together in Big Sky Montana on February 15th, according to [UsMagazine.com](#). The group went skiing at one of the Yellowstone Clubs where they enjoyed drinks and nachos. In past [celebrity relationship](#) news, Affleck had a fling with Christine Ouzonian, Ben Affleck and Jennifer Garner's nanny. Many people think that Ouzonian contributed to the celebrity divorce.

This former celebrity couple isn't letting their split affect their family life! What are some ways to keep your family life strong after a split?

Cupid's Advice:

1. Communicate: Good communication is key to anything in life. You need to communicate to your family what is going on. Communicate especially if there are kids involved. A split can cause a lack of communication, but it is vital, especially if you want to keep a strong family unit.

Related Link: [Celebrity News: Martin Henderson Dishes on Kissing Britney Spears in Music Video](#)

2. Be open about how you are feeling: If you are the one going through the divorce, communicate with your friends, family, or ex-spouse, how you are feeling. Do not hold those feeling in and be passive aggressive. No one wins in that case, and it only hurts your family more, so it's important to especially ask your kids how they are feeling because a divorce is very hard on them.

Related Link: [Celebrity News: Gwen Stefani Says She's 'Only Had Two Boyfriends'](#)

3. Know it takes work to be a strong family unit during a divorce: Ben and Jen are very lucky that they still can communicate with each other and be civil after their split. Some are not as fortunate. So, just know that if you want to still be a strong family unit especially after a split, that it is going to take work and it is not going to come easily.

What are some ways to keep your family unit strong during a

split? Comment Below.

Former Celebrity Couple: Khloe Kardashian & James Harden Split



By Myesha Cobb

[Celebrity relationships](#) haven't been easy for Khloe Kardashian. The reality TV star and her basketball star beau James Harden recently split after dating since this past summer. [People.com](#) confirmed the break-up between the former

[celebrity couple](#), and it seems like Kardashian can't catch a break. The two started to drift apart right around the time that Khloe's "estranged husband," former NBA player [Lamar Odom](#), was found unconscious in a Las Vegas brothel back in October 2015. Khloe said that Harden had been "very supportive and awesome" of the situation with Lamar. Since the split between Harden and Kardashian, Khloe has signed up on OKCupid, a free online dating site.

This duo is no longer a celebrity couple! What are some ways to move forward after a hurtful break-up?

Cupid's Advice:

In life, we go through things that hurt us, and we need different outlets to release our pain and heal our minds, bodies, and spirits. Try doing something that you find fun or relaxing to get over those post break-up woes! Here are some awesome post split suggestions to get you going:

1. Working out: Going to the gym or running will get the body going and allows it to release all that negative energy that's inside of you. Nothing says, "Get over it and get moving" like going out for a morning run!

Related Link: [Former Celebrity Couple: Kourtney Kardashian Opens Up About Anxiety Post-Split from Scott Disick](#)

2. Pick up a good book: Reading is one way to help heal the soul, especially if it's a book that's based on getting over a break-up and moving on. A good post break up book will never do you wrong!

Related Link: [Dr. Paul Coleman Talks About Love and Loss in 'Finding Peace When Your Heart Is in Pieces'](#)

3. Get a journal: Documenting everything that you are feeling and venting it all by writing it down is another great way to move forward after a hurtful breakup. It's private, simple, and is a great way for you to get past all of the possible pain that you are feeling.

What are some ways that you got through a hurtful breakup? Share your love advice in the comments below!

Former Celebrity Couple Hilary Duff & Mike Comrie Vacation in Hawaii After Divorce





By Jasmine Igwegbe

The best thing any parent can do for their child is to bring them up in a loving environment. In [celebrity news](#), former [celebrity couple Hilary Duff](#) and Mike Comrie secured their [celebrity divorce](#) last week, but takes a trip to Hawaii together one week later for the love of their son, Luca. According to [UsMagazine.com](#), “The parents will have joint custody of Luca and neither will receive spousal support.” These two are not letting their celebrity divorce come in the way of their family.

This former celebrity couple isn't letting their lack of marriage get in the way of family time. What are some ways to focus on family in the face of divorce?

Cupid's Advice:

A twisted marriage does not need to result to a twisted family. It is important to ensure that your family remains stable even after a divorce. Cupid is here to share some ways with you:

1. Go on outings: Take your family on an outing to the movies, the beach, water parks or even a trip to Hawaii would be exciting. Participate in activities to get the whole family involved. These create family memories that can be cherished years later.

Related Link: [Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split](#)

2. Communicate on a regular bases: Facing a divorce can keep your family from seeing each other as frequently as before. Keeping in contact with your family during a divorce is crucial. Send emails, webcam each other, schedule phone calls weekly, or share a journal. Stay active in their life even from a distance.

Related Link: [Hilary Duff's Celebrity Ex Mike Comrie Fights for Joint Custody of Son Luca](#)

3. Co-parent: Even though you are divorced still be there for your partner to be able to support your family as a strong team. Put any conflicts you have between each other in the past and do what is best for your family. Your family interest becomes your priority after a divorce.

What are some other ways to focus on your family while going through a divorce? Share your ideas with us below.

Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split



[By Mary DeMaio](#)

The final chapter has come to an end for [Hilary Duff](#) and Mike Comrie as husband and wife. According to [UsMagazine.com](#), the former [celebrity couple](#) finalized their [celebrity divorce](#) on January 28, after initially splitting up in January of 2014. These celebrity exes had been married for three years prior to their split and will have joint custody in efforts to create an environment that is healthy for their son Luca.

This celebrity divorce is official. What are some ways to determine whether divorce is the answer?

Cupid's Advice:

It can be hard to hold on, but sometimes even more difficult to let go of the life you built with someone. You shouldn't always assume the grass is greener. Cupid is here to share some ways with you:

1. Go back to what brought you together: Travel to that place in time of when and how you first fell in love. Try to resurrect that special spark in your relationship and see if the feelings are still there.

Related Link: [What Can We Learn From Celebrity Divorces?](#)

2. Don't harbor anger: Constant fighting isn't going to improve the situation. Look below the surface to understand what the root of the problem is and if it can be fixed.

Related Link: [Celebrity Divorce: Yolanda Foster & David Foster Announce Split](#)

3. Seek professional advice: Sometimes speaking in front of a third party may help you and your partner figure out ways to cope with the issues, providing an objective standpoint to see if anything else can be done.

How do know if it is time to end your marriage? Share your experience below.

Celebrity News: Fiancée of Buffalo Bills Linebacker Dies of Cancer at 26



By [Jessica DeRubbo](#)

Not all [celebrity news](#) is happy in nature. In fact, some of it is just downright sad ... and this is one of those times. In [latest celebrity news](#), Buffalo Bills player Tony Stewart revealed that his 26-year old fiancée died after battling cancer, according to [People.com](#). In an emotional Instagram post, Stewart paid tribute to Brittany Burns, saying, "Brittany Ann Stewart! Wow BEAUTIFUL is the only way I know you. You have the biggest heart I have ever seen in my entire life and I promise you that it will live on in me, our family

and every single soul you have touched.”

Even in the world of celebrity news, not everything is cotton candy and rainbows. What are some ways to cope with the death of a partner?

Cupid's Advice:

Dealing with the loss of a loved one is no easy task, and when it's partner, it can be even worse. Cupid has some advice:

1. Allow yourself time for mourning: No one is expecting you to move on immediately as if nothing has happened. Allow yourself that time to grieve for your partner so that it doesn't end up hindering you down the line.

Related Link: [Dr. Paul Coleman Talks About Love and Loss in 'Finding Peace When Your Heart Is in Pieces'](#)

2. Talk out your thoughts and feelings: Take those people who say they want to help up on their offers. Talk about how you're feeling and what you're thinking. Just getting those out of the table can help you start to deal with them.

Related Link: [Julie Andrews' Relationship Advice: How to Survive the Death of a Loved One](#)

3. Find a support system: Your friends and family aren't always fully equipped to function as your support system. Consider reaching out to support groups where those who are there have gone through something similar. Just being able to have someone relate will be very helpful to you.

What are some other ways to cope with the death of your

partner? Share your thoughts below.

Celebrity News: Lucy Hale & BF Anthony Kalabretta Split



By Abbi Compel

Former [celebrity couple](#) Lucy Hale and Anthony Kalabretta have called it quits. According to [UsMagazine.com](#), an insider told them the two broke up. Hale was seen posting Taylor Swift lyrics on her Instagram and Twitter. This [celebrity news](#) is sad! Luckily, there was no bad blood with this [celebrity relationship](#); it “just kind of happened,” according to a

source.

This celebrity news is a downer. What are some ways to know your relationship is headed for Splitsville?

Cupid's Advice:

Relationships can be hard to handle sometimes. They may take a lot of patience and work. Cupid has some advice about when you know your relationship is headed for a break-up:

1. Arguing: You no longer laugh and are silly together. Most of your time is spent arguing and fighting about the little things. You can no longer keep a conversation without something negative happening.

Related Link: [Celebrity News: Camille Grammar Says Relationship with Celebrity Ex Kelsey Grammar is 'Terrible'](#)

2. Space: You want your space. You feel like it would be so much better if you both took a break from each other and see what is like having time away from each other.

Related Link: [Celebrity News: Scott Disick Has Breakdown Post-Split from Kourtney Kardashian on 'KUWTK'](#)

3. Exhausted: You feel like this relationship is sucking all the life out of you. You don't smile anymore and you forgot what it's like to laugh with your significant other. It is time for you to not be tired anymore, so maybe it is time to end it.

What are some ways you know your relationship is heading the wrong direction? Comment below!

Celebrity News: Camille Grammer Says Relationship with Celebrity Ex Kelsey Grammer is 'Terrible'



By Dejha Carlisle

The claws are definitely out. In the [latest celebrity news](#), reality TV star Camille Grammer is still not getting along with her celebrity ex, Kelsey Grammer. Camille told a source that it's really hard to communicate with her ex, let alone co-parent with him. The [ex celebrity couple](#) split back in

2010, after Kelsey was having an affair with his now wife Kayte Walsh. Camille tells UsMagazine.com, "He's got to think of his children first."

This celebrity news is laced with drama. What are some tactics to try when it comes to getting along with your ex?

Cupid's Advice:

No one ever said it was easy getting along with an ex, especially if you ended on bad terms. Cupid has a few ways that can help you keep it cordial:

1. Be the bigger person: Don't belittle your ex or do the infamous name calling. This gives them the upper hand in making you look bad. Being mature and respectful can put you both in a more positive place with each other.

Related Link: [Is It Okay to Hook Up With Your Ex?](#)

2. Don't be arrogant: Try to refrain from flaunting your new partner if you have one. This can cause jealousy and mixed emotions in the other person, and that definitely won't make you two get along.

Related Link: [Is Dating Your Ex Off Limits?](#)

3. Boundaries: Keeping your distance from your ex is also good. You two should have set boundaries that your both know not to cross. This will allow for more mutual respect.

How did you get along with an ex? Share your thoughts below.

Celebrity News: Scott Disick Has Breakdown Post-Split from Kourtney Kardashian on 'KUWTK'



By Abbi Compel

Former [celebrity couple](#) Scott Disick and [Kourtney Kardashian](#) went through a rough break-up a few months ago, and Disick is still not over it. According to [UsMagazine.com](#), on the most recent *Keeping Up with the Kardashians*, Disick called Khloe Kardashian expressing his love for Kourtney and how he

couldn't live without her. This [celebrity news](#) is really sad. Hopefully Disick and Kardashian can work on their [celebrity relationship](#), romantic or not, especially for their children.

This celebrity news proves that even celebs have trouble with break-ups. What are some ways to stay positive after a split?

Cupid's Advice:

Break-ups are never easy. It can really hurt when you lose someone who was such a huge part of your life. Cupid has some advice on how to stay positive after a break-up:

1. Focus on you: Take some time for yourself. This break-up has probably been rough on you and you need some time to breathe and find yourself again. You are the only person that matters right now.

Related Link: [Celebrity News: Celine Dion Receives Support From Celebs After Husband's Death](#)

2. Call your friends: If you're feeling lonely, call your friends. Ask them to bring over some wine and popcorn and binge watch *Scandal*. Or go out for a night out on the town. Anything that will make you smile.

Related Link: [Yolanda Foster Files for Celebrity Divorce from David Foster](#)

3. Find hobbies: Get back to doing the things you like to do. Or even better, find new hobbies. Try new yoga classes or pick up a new book. It will make you feel better trying something new.

What do you think are some ways to stay positive after a

break-up? Comment below!

Celebrity News: Celine Dion Receives Support From Celebs After Husband's Death



By Jasmine Igwegbe

In [latest celebrity news](#), Celine Dion received support from her fellow celebrities after her husband, Rene Angelil, passed away as a result of a long battle with cancer recently. According to [UsMagazine.com](#), Dion received condolences from

celebs “including Reba McEntire, Josh Groban and Michelle Williams. They extended their prayers to Dion via social media.” A friend in grief is a friend in need.

What are some ways to help a friend through the loss of their partner?

Cupid's Advice:

Dealing with tragedy, especially when it has to do with your partner, is incredibly hard to handle. Watching a friend go through it can make you feel helpless. Cupid has some tips:

1. Offer your support: Let your friend know that you are there for them no matter what. Never make them feel as if they're alone, but also give them room to breathe. Let them call the shots, and just be there for them.

Related Link: [Celine Dion Cancels Tour Due to Husband's Cancer](#)

2. Be a good listener: Avoid “hearing” them and “listen” to them instead. Let them express their feelings without interrupting and relating it to your own experiences. Your experiences aren't what matter in this instance; sometimes hearing without judgement is the best way to help your friend.

Related Link: [Céline Dion Pregnant With Twins!](#)

3. Show your condolence: Go to the store and get a card or create a social media post for them; let the person know you care. It can be a simple card or post letting them know that they are in your prayers. Thoughts can go a long way.

What are some other ways to help a friend in the wake of tragedy? Share your thoughts below.

Yolanda Foster Files for Celebrity Divorce from David Foster



By Abbi Comphel

Longtime [celebrity couple](#) Yolanda Foster and David Foster are finally calling it quits. According to [UsMagazine.com](#), Yolanda has officially filed for [celebrity divorce](#) from her husband. *The Real Housewives of Beverly Hills* star was very sad to announce her [celebrity relationship](#) is coming to an end after 9 years together.

This celebrity divorce was just a matter of time, given the couple's split. How do you know when you're ready to get a divorce?

Cupid's Advice:

Some people just aren't meant to be. Some people marry too fast or they just realize they don't truly know the person they are with. Cupid has some advice on how to know when you're ready to get a divorce:

1. Arguing: If you can hardly talk to each other without it ending in a fight, then it is time to call it quits. It is normal and healthy to argue, but not if it is every single day.

Related Link: [Ex Celebrity Couple: Jennifer Lawrence & Nicholas Hoult Reunite at Golden Globes](#)

2. Not happy: You just aren't happy with yourself or your partner. You feel as if you have lost who you are. In order to find yourself, you must let go and find that happiness again.

Related Link: [Celebrity News: Kylie Jenner Posts Instagram Photos Amid Tyga's Teen Mom Scandal](#)

3. Freedom: When you think of being alone, it sounds like heaven. Freedom is so close, and you can smell it. You don't feel the need to be with your partner every day. That is when you know it is time to let go of them.

When do you think it is time to call it quits in a relationship? Comment below!

Ex Celebrity Couple: Jennifer Lawrence & Nicholas Hoult Reunite at Golden Globes



By Abbi Compel

The Golden Globes was filled with celebrities this past Sunday. According to UsMagazine.com, former [celebrity couple](#) Jennifer Lawrence and Nicholas Hoult were spotted mingling during a commercial break. The celebrity exes dated for quite a few years on and off until they called it quits in 2014. Although they are no longer together, their [celebrity relationship](#) is still strong and they still care about one

another.

This former celebrity couple has nothing but love for each other. What are some ways to remain friends with your ex partner?

Cupid's Advice:

Break-ups can go either way. They can end really bad or you can end up having a close relationship with your ex. Cupid has some advice on how to keep the peace and remain friends with your ex partner:

1. Happy: If you have found happiness in your life then it is easier to find happiness with your former ex. As long as you have no bitterness towards each other, then being friends is simple.

Related Link: [Celebrity News: Kylie Jenner Posts Instagram Photos Amid Tyga's Teen Mom Scandal](#)

2. Move on: Moving on can be the hardest part in the end of a relationship. One of you may still have feelings for each other, so being friends might not be easy. You have to be fully moved on to be able to have this person in your life as a friend.

Related Link: [Former Celebrity Couple: Kourtney Kardashian Opens Up About Anxiety Post-Split from Scott Disick](#)

3. Go out: Once a month or twice a month you should meet up for a friend date. Go to dinner, see a movie. Catch up on each others lives. It's ok to still care about one another, especially if you played a big role in each others lives.

What do you think are the best ways to remain friends with

your ex partner? Comment below!

Celebrity News: Kylie Jenner Posts Instagram Photos Amid Tyga's Teen Mom Scandal



By Dejha Carlisle

There's always something stirring when it comes to rapper, Tyga. According to UsMagazine.com, the rapper has reportedly

been contacting 14-year old Molly O'Malia behind Kylie Jenner's back. O'Malia, a singer and model, accused Tyga of sending her very uncomfortable messages. Tyga denied the claims, telling sources he only wanted to add the talented O'Malia to his label. The other half of Tyga's [celebrity couple](#)-dom, Kylie Jenner seems to be disregarding the [celebrity news](#), and posts Instagram pictures of herself amid the drama.

This celebrity news doesn't look good for Kylie and Tyga's relationship! What are some ways to know whether to support your partner or move on?

Cupid's Advice:

Relationships do endure the good and bad times, but you have to know whether you should stay in them. Here's some tips to help you decide if you should stay or not:

1. The mixed signals: If your partner is constantly giving you mixed signals, it may be time to move on. You shouldn't have to worry about whether your partner truly cares for you, because he shies away from you often. If your partner doesn't show conflicting actions, you should stay.

Related Link: [How to Move On After Heartbreak](#)

2. Pain over joy: If you are more frustrated and miserable than happy, you should definitely move on! The person may not be right for you if you end up with tears every night, and that is very unhealthy for a relationship.

Related Link: [How to Get Over the Relationship Blues](#)

3. Justifying actions: Sometimes it may be hard to face the truth, but reality is reality. You may be uncomfortable with the thought of that person doing wrong, which results in you making excuses for them. See actions for what they are, and let them speak for themselves.

How did you know it was the time to move on? Share your experience below!

Former Celebrity Couple: Kourtney Kardashian Opens Up About Anxiety Post-Split from Scott Disick





By Myesha Cobb

It's easy to understand why [Kourtney Kardashian](#) has been experiencing anxiety issues since her split from celebrity ex [Scott Disick](#). The reality TV star recently opened up on her [website](#) about how exercise is helping her deal with her heartache. "My anxiety is always worse in the mornings, so that's when I schedule my workouts. I usually start with a quick run or jumping rope to warm up," she writes. "People are very quick to judge others by appearances, but you truly don't know what someone's motivation is or what is going on inside them. For me, exercise is as much about my body as it is about calming my mind." We hope this former [celebrity couple](#) can work through their problems and raise their three kids in a peaceful environment!

This former celebrity couple is moving on but not without a bit of

a struggle. What are some ways to cope with anxiety after a break-up?

Cupid's Advice:

There are a lot of different ways to cope with anxiety; you just have to find what works for you. Like one half of this former celebrity couple, you may decide to head to the gym. Or perhaps you feel the most at ease when you're in the kitchen preparing a new dish. Here are some other ways that you can find your zen after a split:

1. Check out the latest movie: There's something relaxing about seeing a movie by yourself – especially if it's that rom-com that your ex refused to watch! Grab a bag of popcorn and some M&Ms and let yourself get lost in the love story that plays out on-screen. You'll not only feel refreshed after taking a break from your daily responsibilities, but you'll also be reminded that true love *does* exist.

Related Link: [Celebrity News: Scott Disick Apologizes to Kourtney Kardashian After Rehab Stint](#)

2. Spend time with friends: Having fun with your pals is another way to shake off those post-break-up blues. Whether you have a low-key night at home or head to the hottest spot in town, you're sure to feel better after some girl time.

Related Link: [Kelly Osbourne Parties After Celebrity Break-up](#)

3. Get cozy with a book: Use your free time to enjoy a good book. You can pick up the latest Nicholas Sparks novel or finally check out that self-help book that caught your eye.

How did you beat the post-break-up blues? Share your love advice in the comments below!

Celebrity News: Yolanda Foster Says Ex David Foster 'Probably Saved My Life'



By Kyanah Murphy

The holiday season can really bring gratitude to people, celebrities included. Though they recently went through a [celebrity break-up](#), the latest [celebrity news](#) from [UsMagazine.com](#) reveals that Yolanda Foster and her now ex David Foster are still on good terms as Yolanda commented that her ex probably saved her life in a recent blog post. As Yolanda reminisced about the holidays spent with her

family, she shared that David Foster made her do a full body scan before continuing treatment for her Lyme disease. Yolanda notes that the full body scan results really helped her make progress in her battle of her chronic illness. Though this celebrity couple is no more, it's wonderful to see that both Yolanda and David still care for one another.

In latest celebrity news, these exes aren't throwing punches. What are some ways to throw anger away in the midst of divorce or a break-up?

Cupid's Advice:

This celebrity news reminds us that just because we may be going through a split does not mean we have to be angry at our now ex partners. If you're struggling with getting rid of your anger, Cupid has three tips on how to help you see less red:

1. Remember the good times: The relationship wasn't all bad, as you were once with your ex and happy. Think back on those times and appreciate the good times and happiness that you both shared.

Related Link: [Celebrity News: Ben Affleck & Jennifer Garner Have 'Cordial Relationship'](#)

2. Forgive: You've made mistakes and your ex has made mistakes. It's important to forgive yourself and your ex for the mistakes you've both made and learn from them. It'll help give you peace and help you be a better partner in the future.

Related Link: [Celebrity News: Madonna Sticks Up for Ex-Husband Sean Penn](#)

3. Look inside: Ask yourself why you are angry. Assess it. Ask yourself how does being angry benefit you? Ask yourself what you hope to gain out of your anger. Why can't you let go? Though hard to do, by looking inward, we can help find peace and forgiveness which will ultimately help you accept what has happened and move on.

How did you put aside your anger regarding your split from your partner? What did you focus on instead? Comment below!

Celebrity News: Amy Duggar's Parents Are Divorcing



By Abbi Comphel

Amy Duggar's parents are divorcing, though their celebrity relationship has been on/off for quite some time. This [celebrity news](#) came as a shock to Amy. According to [UsMagazine.com](#), her father broke the news via text message on Christmas day. Luckily, Duggar's celebrity love, Dillon King, has really been there for her during this time.

This celebrity news is definitely not uplifting. What are some ways to announce your divorce to friends and family?

Cupid's Advice:

Divorce can always be a sticky situation. It can be even harder to tell your friends and family about it. Cupid has some advice on the best ways to announce your divorce to friends and family:

1. Dinner: Ask your closest family and friends to go out to dinner with you. There you can let them know what is going on in your life and have a nice talk about the divorce and your plans.

Related Link: [Celebrity News: Madonna Sticks Up for Ex-Husband Sean Penn](#)

2. Individually: If you don't want everyone to know at once, then call them up each individually. It depends on what type of person you are. If you would rather tell them in person or over the phone, each way works.

Related Link: [Former Celebrity Couple Ruby Rose and Fiancee Phoebe Dahl Split](#)

3. E-mail: If you don't want any face to face action because you are still grieving, then the best way to tell them is over e-mail. That way they won't know your emotions exactly and you can really get away with a lot of questions and answers.

What do you think are some good ways to announce your divorce to friends and family? Share below!