

Casper Smart Says Celebrity Ex Jennifer Lopez Is 'Phenomenal' and Still a Friend



By [Whitney Johnson](#)

Talk about staying close with your ex! According to [UsMagazine.com](#), former [celebrity couple](#) Casper Smart and [Jennifer Lopez](#) have reminded friends since their split in 2016. Calling his [celebrity ex](#) “phenomenal, phenomenal, phenomenal,” Smart opened a bit more about their friendship. The choreographer is set to appear in the made-for-TV remake of *Dirty Dancing* later this year and turned to Lopez for some advice. “She would absolutely give me advice when it came to

acting, for sure. Coaching on certain auditions and stuff I had coming up or just advice,” he says. “I would do creative direction for her shows and such, and I would bring my ideas and creativity to her world and to her music side and her performance side, and she would definitely help me with the acting side as far as the training facility more.”

We can't help but be inspired by these celebrity exes and their lasting friendship. What are some benefits to staying close to an ex?

Cupid's Advice:

A break-up didn't stop these celebrity exes from being a part of each other's lives – and it doesn't have to stop you and your ex either! Here are three benefits to maintaining a friendship with your former love:

1. You can be each other's sounding boards: Chances are, you shared common hobbies or passions with your ex. If so, they may be a great person for you to turn to for guidance as you embark on a new project – just like Smart reached out to Lopez for acting advice.

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2. It's convenient: If you shared the same group of friends when you were dating or even worked for the same company, the importance of maintaining a friendship may just come down to convenience. After all, it's a lot easier to be cordial to each other than to “divide up” friends, favorite restaurants, and office events.

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3. It'll help you move on: There's no point in being bitter and angry after a failed relationship. By embarking on a new friendship with your ex, you'll more easily put your relationship and subsequent break-up in the past, allowing yourself to focus on the future. It won't always be easy, but it *will* help you open your heart up to another love.

What's another benefit to staying friends with an ex? Share your best love advice below!

Celebrity News: Nick Viall Faces Exes on 'Bachelor Women Tell All' Episode





By [Mallory McDonald](#)

In recent [celebrity news](#), *Bachelor* Nick Viall had to face all the women he sent home on this season's *Bachelor Women Tell All*. A lot of the women had a lot to say to each other and to Nick. After watching the season back, of course, the drama between Corrine and Taylor came to a head. According to [UsMagazine.com](#), Liz discussed her difficult position with Nick, saying, "I was in a place in my life that I really, really cared about somebody else, you know, and I needed that period to heal." By the time she was ready to "cross paths" with Nick again, he was already gearing up to be the *Bachelor*. Kristina had an emotional journey and was finally able to get the closure she deserved. Once Nick entered the room, many of the women had a lot to say about [celebrity relationship](#) their and journey with Nick!

In celebrity news, there's nothing like facing over 20 exes at one

time! What are some ways to deal with an ex who wants to talk?

Cupid's Advice:

The thought of talking to your ex can be extremely nerve racking. However, giving both you and your ex closure after the breakup can end up being a positive for both of you:

1. Stay vulnerable: One of the hardest things you can do is be vulnerable with the person that caused you so much pain. You have most likely already put up walls to try and protect yourself from more pain. But, this is only going to hinder you from actually talking about your true feelings and leaving with closure.

Related Link: [Celebrity News: 'Bachelor' Nick Goes on Hometown Dates with Four Women](#)

2. Be honest: Don't be rude or mean, but don't sugar coat your words either. This may be the last time you get the chance to speak to them and it is important you leave feeling like everything is out on the table.

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3. Show emotions: Along with being vulnerable, you shouldn't be embarrassed or try to keep your emotions inside. Despite breaking up and wanting to seem strong after it, you need to show them how the breakup made you feel and let them know that you are ready to move on.

How did you handle talking to your ex after you broke up? Comment below!

Celebrity News: 'Bachelor' Villain Corinne Olympios Parties in Miami After Nick Viall Split



By [Delaney Gilbride](#)

In [celebrity news](#), the latest *Bachelor* dumpee Corinne Olympios was spotted in Miami looking surprisingly well after her split from Nick Viall. According to [UsMagazine.com](#), the 24 year-old reality star was seen relaxing and soaking up the sun at a friend's birthday party in Miami on March 4. Following her

failed [celebrity relationship](#) with *Bachelor* Nick Viall after a [romantic getaway](#) to Olympos' hometown, it looks like the Miami native is doing fairly well. During a recent interview with *Good Morning America* the morning after her elimination aired, Olympos confessed, "I definitely was surprised when I got sent home. We had just had such an amazing hometown date, and things went really well with my family. I just thought we had a lot of fun." When asked by Jimmy Kimmel if we'd be seeing Corinne on the upcoming season of *Bachelor in Paradise* in a different interview, she joked, "If anyone ever tries to give me a red rose again, I think I might punch them in the face."

This celebrity news isn't exactly surprising. What are some ways to get over a fresh break-up?

Cupid's Advice:

Getting dumped is hard, and it's going to take some time getting used to being alone again. It really begs the question, how do you get over a bad break-up? Cupid's here with [relationship advice](#):

1. Lean on your friends: Your friends will be there for you during the ups and downs and they're the best source of comfort after a bad break-up. Don't allow your thoughts to take over, grab a bottle of wine and kick back with your girls!

Related Link: [Celebrity Break-Up: Katy Perry & Orlando Bloom Break Up After 10 Months Together](#)

2. Write it out: Sometimes the best way to get your aggression out is to write it out. Take a couple of hours to yourself and write down everything you're feeling. This type of release is

a great way to start healing following a break-up.

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3. Do the things you love: Nothing is better than doing the things that you love. Take time for yourself and be selfish! Eat all the sweets, watch all the movies, and treat yourself to something special because *you* deserve it.

Have you gone through a recent break-up? Comment below with some tactics that helped you get over the heartbreak!

Celebrity Break-Up: Katy Perry & Orlando Bloom Break Up After 10 Months Together





By [Delaney Gilbride](#)

In [latest celebrity news](#), it looks like Orlando Bloom may just be the one that got away. World renowned pop star [Katy Perry](#) and British actor Orlando Bloom's reps released this statement regarding the [celebrity couples](#) relationship: "Before rumors or falsifications get out of hand we can confirm that Orlando and Katy are taking respectful, loving space at this time." According to [EOnline.com](#), the two posed for a photo at *Vanity Fair's* 2017 Oscar After-Party but failed to walk down the red carpet together during the event. After confirming to *E!News* that the two were in fact a couple following the 2016 Golden Globes, Perry and Bloom weren't afraid to flaunt their relationship. Although they traveled abroad together, spent holidays together, and even talked about marriage and children together, it looks like the two couldn't quite make the relationship work in their favor.

This [celebrity break-up](#) caught us

by surprise. What are some ways to fight rumors after a messy break-up?

Cupid's Advice:

Although we don't truly know what happened between Katy Perry and Orlando Bloom, the news is heartbreaking! The vagueness surrounding this celebrity break-up is sure to start some rumors. What are some ways to avoid this? Cupid's here with [relationship advice](#):

1. Make an announcement: We may not be lucky enough to have our own personal reps break the news for us, but we do have social media. In order to avoid rumors regarding your failed relationship it might be best for your to clear the air for everyone else. Even if it's just a couple of words, it's better than hearing nasty rumors about you and your ex.

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2. Tell your close friends and family what happened: If you feel uncomfortable talking about your break-up online, you're not alone. A break-up is something very personal, and if it ended badly you may not want to discuss it with the world. Talking to your friends and loved ones is a good way to get it off your chest, and they'll be able to shut down rumors quicker than they begin.

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3. If people ask, just tell them the truth: Even if your break-up ended badly, you don't have to get into detail. Just let people know the truth even if it isn't the full story – people don't need to know everything! This way it's straight

from your own mouth and that's the only confirmation people need.

Have you just gone through a bad break-up? Comment below with some ways you avoided nasty rumors about what went down.

Celebrity Exes: Late George Michael's Ex Opens Up About Relationship



By [Delaney Gilbride](#)

In [celebrity news](#), late George Michael's ex Kenny Goss finally opened up about his emotions regarding the death of the British icon. During a recent interview with *The Dallas Morning News*, Goss had nothing but fond memories of his longtime boyfriend, proclaiming, "He was truly the love of my life." Michael and Goss began their [celebrity relationship](#) in 1996 and split in 2011, only a few years after the two were said to be getting married. Goss told [People.com](#) exclusively that he's absolutely heartbroken by the loss of his "dear friend" and "longtime love." Goss claims: "He was a major part of my life and I loved him very, very much." Kenny Goss is now putting all of his focus on the British art collection organization, The Goss-Michael Foundation, in order to "give money back" and "help the people." It's what George would have wanted.

This [celebrity ex](#) is opening up emotionally about his late ex-boyfriend, George Michael. What are some ways to help your partner cope with tragedy?

Cupid's Advice:

Coping with a tragedy is never easy, but help from your loved ones can make it a bit more bearable. The thing is, dealing with death is hard for everyone, so how do you do it? Cupid's here to help you cope with the latest [relationship advice](#):

1. Listen with compassion: Let your partner know that you're going to be there to listen whenever they need it. It's extremely important that your partner finds comfort in the fact that you will be present for them in their time of need. Nothing is worse in grieving than the feeling of being utterly

alone.

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2. Recognize the stages of grief: In order to help your loved one grieve, you first have to understand what's going on inside their head. There are five stages of grief that go in this specific order: denial, anger, bargaining, depression, and acceptance. Once you understand this, you'll be able to start understanding how to help your loved one cope.

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3. Realize that everyone copes differently: There is no "right" way to cope with a tragedy; everyone is different. Some may want to be alone, some may never want to be alone, some may cope for years, and some might not need to cope at all. Try to understand the way that your partner is handling things, and realize that it will be a journey for the two of you. No matter the way they cope, nobody should do it alone.

Has your loved one just endured a tragedy? Comment below with some tips on how you helped them get through it.

**Celebrity News:
'Bachelorette' Alum Ali
Fedotowsky Says Dating
Roberto Was Her 'Most**

Successful Relationship'



By [Delaney Gilbride](#)

In [celebrity news](#), ABC's former *Bachelorette* Ali Fedotowsky reflects on her past relationship with Roberto Martinez, claiming it was "the most successful relationship" of her life. According to [UsMagazine.com](#), the 32 year-old *Bachelorette* alum talked about her time on the show's sixth season during her new relationship-TV talk show *Love Buzz*, that aired this past Valentine's Day. Martinez earned Fedotowsky's final rose back in 2010, but the [celebrity relationship](#) did not last very long as the couple called off their engagement in November 2011. Now engaged to Kevin Manno, the father of her baby girl, Molly, Fedotowsky claimed her engagement to Martinez was the most successful relationship of her life because she learned so much about herself. On the

premiere of *Love Buzz*, Fedotowsky said that “the real failure is, and the real sad thing, would be to stay with someone you’re not meant for.”

In [latest celebrity news](#), Ali is reflecting on her past relationship with Roberto Martinez. What are some positive things that can come from dating and then breaking up with someone?

Cupid’s Advice:

It seems that even after a [celebrity couple](#) splits, the two still manage to get back on their feet. No matter how devastating it may be for them (and us), how do they still manage to come out of the break-up strong? Cupid’s here to help you find the positives in a failed relationship:

1. You’ll realize there was a reason *why* you broke-up in the first place: During a break-up, your emotions may have been getting in the way of your logical thinking. While focusing on what could still work in the relationship, you most likely ignored what *wasn’t* working. Following your break-up you’ll realize why this person wasn’t truly meant to be and that there was a reason the relationship didn’t work.

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2. You’ll feel free: No happy relationship ends in a break-up. Once the relationship ends, you’ll most likely feel a heavy burden lift off your shoulders. When you realize just how miserable you could be if you were still with that person, a

sense of relief is bound to overcome you.

Related Link: [Celebrity News: Did 'Bachelor' Alum Amanda Stanton Just Call Out Ex Josh Murray on Twitter?](#)

3. You'll learn what doesn't kill you *really* does makes you stronger: Nobody said break-ups were easy; but time truly does heal all wounds. You'll come to realize that the failed relationship was a lesson learned and you'll now know what works for you and what doesn't. A break-up isn't the end for you, it's simply a new beginning.

Did you just go through a tough break-up? Comment below with some positive outcomes from your past relationship!

Celebrity Break-Up: Amber Rose & Val Chmerkovskiy Call It Quits





By [Delaney Gilbride](#)

In [latest celebrity news](#), Amber Rose and Val Chmerkovskiy are 2017's latest victims of recent [celebrity break-ups](#). The [celebrity couple](#) met on the set of *Dancing With the Stars* last year as the 33-year old model paired up with Maksim Chmerkovskiy, the 30-year old professional dancer's brother. The duo wasn't afraid to flaunt their relationship after first being spotted together at a birthday party in October. They took on social media, posting several back-to-back photos of themselves on Instagram. However, after five months of family outings and holidays together, the [celebrity relationship](#) came to an end. Late Sunday night, Chmerkovskiy took to Instagram to let the public know his break-up with Rose was mutual saying she is "an amazing mother, an awesome friend, a loving human period."

Yet another celebrity break-up has hit Hollywood! What are some

immediate ways to cope after a tough split?

Cupid's Advice:

Even if your break-up with your partner was mutual, breaking up is never easy. How are you supposed deal with losing someone you were once so close with? Cupid's here to help you cope:

1. Lean on your loved ones: Who would your friends be if they weren't there for you during rough times? Finding comfort in your loved ones is one of the best ways to deal with a break-up. This is a good way to let out all of your emotions, receive some love, and curl up with chocolate and a good movie.

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2. Get active: There's no better remedy for a heart break than boosting up your endorphins. Exercising gets your blood flowing and adrenaline pumping which, in turn, raises your level of endorphins. This lowers your stress levels and boosts your mood, so why not give it a try?

Related Link: [Celebrity Break-Up: Jane Fonda & Richard Perry Split After 8 Years Together](#)

3. Do the things you love: Focus on the positive aspects of your life by doing the things you love the most. It's time to focus on yourself rather than the things you can't control. Even if it seems hard at first, go out and enjoy doing what makes you feel good!

Did you recently go through a break-up? Comment below with some coping mechanisms that helped you out!

Celebrity Break-Up: 'Famously Single' Stars Ronnie Magro & Malika Haqq Have Split



By [Delaney Gilbride](#)

In [latest celebrity news](#), it looks like Ronnie Magro and Malika Haqq are famously single yet again. According to [LifeandStyleMag.com](#), *Jersey Shore*'s Ronnie Magro, 31, and Khloé Kardashian's BFF Malika Haqq, 33, have called it quits after only a few short weeks of dating. The [celebrity couple](#) met during the filming of the second season of *Famously Single* and supposedly became instant friends after meeting on set.

Following the recent [celebrity break-up](#), the two deleted all evidence of their short-lived relationship from their Instagram pages. The couple introduced their relationship to the world with an Instagram of the two kissing before a beautiful sunset, but it looks like we won't be seeing that again any time soon.

Add this split to the 2017 list of celebrity break-ups! What are some ways to know the issues in your relationship are too big to solve?

Cupid's Advice:

Like Ronnie and Malika, we all know how hard it is trying to make a failing relationship work. However, sometimes you need to know when enough is enough. Cupid's here to help with some [relationship advice](#):

1. Your partner doesn't make time for you: A huge part of being in a relationship involves actually being together. They say distance makes the heart grow fonder, but if your significant other is constantly bailing on you it's a problem. If your partner isn't showing the initiative to see you, your relationship is headed towards failure.

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2. When talking about the future starts arguments: If the thought of your future together constantly brings up negativity, your relationship is probably on the fritz. Growing together as a couple should be exciting, not scary. If your partner doesn't see a future with you, you shouldn't want to see a future with them either.

Related Link: [‘The Bachelor’ Celebrity Couple Lauren Bushnell & Ben Higgins Relationship ‘Ain’t Perfect’](#)

3. You’re walking on egg shells: If you have to constantly tip-toe around your significant other with the fear that you may say or do something wrong to upset them, end it! You should always feel comfortable enough to be yourself around your partner. If that isn’t the way your relationship has been going, your relationship is going nowhere fast.

Have you recently gotten out of a failed relationship? Comment below with some indicators that your relationship was too far gone to fix.

Celebrity Break-Up: Kylie Minogue & Fiancé Joshua Sasse End Engagement





By [Whitney Johnson](#)

Australian popstar Kylie Minogue recently announced her [celebrity break-up](#) from fiancé Joshua Sasse. As reported by [UsMagazine.com](#), she captioned a skyline photo on Instagram with a sweet note to her followers: “Thank you for all your love and support throughout this recent chapter of my life. Thank you now for your love and understanding with the news that Josh and I have decided to go our separate ways. We wish only the best for each other as we venture towards new horizons.” She ended with the encouraging hashtag #thesunalwaysrises. The former [celebrity couple](#) met on the set of his show *Galavant* in 2015 and announced their engagement in February 2016.

This celebrity break-up comes as a surprise. What are some factors to consider before getting engaged to

your partner?

Cupid's Advice:

Getting engaged is a big step to take in your relationship, and before you do so, it's important to be 100 percent confident in your love for one another. Below, Cupid shares three factors to consider before picking out a diamond ring:

1. Talk about your future: It sounds like an obvious piece of relationship advice, but you must talk about your future before planning your wedding. Where do you want to live? Do you both want kids? How will you afford your lifestyle? Will you go to church each week? Nothing is off limits, and everything should be out in the open.

Related Link: [Celebrity Break-Up: 'Bachelor in Paradise' Couple Josh Murray & Amanda Stanton Split](#)

2. Get real about starting a family: Soon after you get hitched, people will inevitably start asking when you want to have children. Deciding the answer to that question now will take some of the pressure off and help you enjoy your newlywed bliss. Something else to think about: Unfortunately, having a baby doesn't come easy to everyone. Now is the time to decide if you'd be willing to adopt. There are other options to consider as well, like surrogacy and IVF.

Related Link: [Celebrity Break-Up: Naomi Watts Breaks Silence After Split from Liev Schreiber](#)

3. Open up about your career: If your job requires you to travel or work late on a regular basis, it's important that your partner is aware of these responsibilities, as they'll cut into your time together. Similarly, if there's a chance you'll have to move to a different city or state, you need to be honest about the possibility. You also need to talk about the future of your career. If your partner expects you to stay

at home with your kids, but you've also seen yourself as a working mom, explore other options that will ensure both of you feel happy and fulfilled.

What else should you consider before getting engaged? Share your best relationship advice below.

Celebrity Break-Up: Jane Fonda & Richard Perry Split After 8 Years Together



By [Cortney Moore](#)

Jane Fonda and Richard Perry are making [celebrity news](#) by ending their long-term relationship. This celebrity break-up comes as a shock since the famous couple has been together for eight years. However, it seems that the separation has been amicable. "It's not a breakup, it's a shift in the direction of our lives," Perry told [EOnline.com](#). "I hate to say the romantic relationship is over. We're definitely extremely good friends. We do things together. We care about each other a great deal." According to Perry, Fonda has "rededicated herself to activism" as a reason of their relationship ending. Fonda hasn't commented on the [celebrity break-up](#), but it's clear the 79-year-old actress had love for the record producer as seen in a 2012 interview with *The Sun*, where she said, "The only thing I have never known is true intimacy with a man. I absolutely want to discover that before dying. It has happened with Richard. I feel totally secure with him." Hopefully this celebrity couple will find happiness soon.

This celebrity break-up comes after quite a long relationship. What are some factors to consider before breaking off a long-term relationship?

Cupid's Advice:

A long-term relationship can be great if you're with the right person, but as time goes on, things can change. If you feel that your relationship has gotten stale, then it might be time to end it. Let Cupid help you decide if it's time to break it off with your long-term love:

- 1. Deserve better:** If you feel that you've settled for less than you deserve, then that's a good reason to end a long-term

relationship. You don't need resentment to build up. End things before it's too late.

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2. Spark is gone: When you're no longer happy with the person you're with, it's time for you to move on. Though this should be done only if you both have put effort into your relationship and still aren't happy.

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3. Unforgivable: If you or your significant other have done something that neither of you can get over, then it might be best to break up. There's no use staying with someone that will always hold a grudge.

Have you ever had to end a long-term relationship? What was your reasoning? Share your stories in the comments below.

Longtime Celebrity Couple Zoey Deutch & Avan Jogia Break Up





By [Cortney Moore](#)

It appears that another one of Hollywood's young [celebrity couples](#) have parted ways. According to reports from [EOnline.com](#), Zoey Deutch and Avan Jogia have "amicably" broken up after being together for five years. Apparently this [celebrity news](#) has been kept quiet for some time since Deutch and Jogia split about four months ago. Jogia, 24, said in an interview with [Glamoholic](#), "Maybe I've been lucky but I think that it's mostly a choice. I think if you continuously choose to court the public's attention to your relationship, you run the risk of asking them to pry more out of it, but it would also be a bit strange to totally ignore your significant other's existence in public as well." That would explain how this celebrity news was easily kept under wraps. Deutch, 22, has yet to comment on their break-up. Perhaps some insight of what caused the split can be seen in Deutch's recent film appearances in *Why Him?* and *Before I Fall*.

This duo is no longer a celebrity couple. What are some major reasons to call off your relationship?

Cupid's Advice:

Break-ups can be rough, but sometimes they're necessary. If you've noticed issues in your relationship, you might wonder if parting ways is the best option. Let Cupid help you figure out whether you should call off your relationship before it's too late:

1. If there's been harm: Whether it's been physical, emotional or verbal, if you've been hurt by your significant other, it's a clear sign that the relationship needs to be ended. You don't have to risk your health over someone who doesn't care about your well being. Don't be afraid to rally help if you need it, as your safety is top priority.

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2. Thinking of someone else: Don't succumb to infidelity; if you're thinking of dating someone else or other people, just end the relationship. There's no use in prolonging something that is no longer working out. The sooner you part ways, the sooner you can find the person who is right for you, and the same goes for the person you're breaking up with.

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3. Always unhappy: Nobody wants to be in a miserable relationship. If you've given it a real shot and things aren't working out, and haven't in a long time- then it might just be time to end it. Your partner is probably feeling the same way you are. Life is too short to stay in an unhappy

relationship.

How have you handled breakups in the past? What were your reasons for breaking up? Share your stories in the comments below.

Celebrity News: Did 'Bachelor' Alum Amanda Stanton Just Call Out Ex Josh Murray on Twitter?



By Jessica DeRubbo

It seems that celebrity exes and *Bachelor* Nation alums, Amanda Stanton and [Josh Murray](#), may still be experiencing some fall-out from their [celebrity break-up](#). According to [UsMagazine.com](#), Stanton was on Twitter commenting on the current season of *The Bachelor*, when she said, "Poor Nick! That slap looked like it hurt haha I could definitely think of someone more deserving of that... #thebachelor." This [celebrity news](#) has us believing that the comment was directed at her recently single ex, Josh Murray. The duo met on *Bachelor in Paradise*, and Murray moved to California to be with Stanton. Recently, the news came out that the two couldn't make it work, and Murray moved back to Atlanta, Georgia.

In celebrity news, this pair is still experiencing some fall-out from their break-up. What are some ways to keep the fall-out after a break-up to a minimum?

Cupid's Advice:

Breaking up is never easy, and there are always at least some residual effects. That being said, you don't have to experience major negative fall-out. Cupid has some tips:

1. Make sure there's closure: Sometimes when break-ups happen, there's no closure. Whoever has done the breaking up simply runs away without an explanation. This isn't good when it comes to fall-out afterward, as the other person is no doubt going to want some answers. Make sure you leave everything on the table when you're going through a split.

Related Link: [Celebrity Break-Up: 'Bachelor in Paradise'](#)

[Couple Josh Murray & Amanda Stanton Split](#)

2. Keep the gossip to a minimum: It can be tempting to gossip about your ex to your friends and family right after a break-up, but try to refrain from doing that. It will no doubt get back to your ex, and may cause him or her to retaliate.

Related Link: [‘The Bachelorette’ Winner Josh Murray Gets Out of Town with His Mom Following Split](#)

3. Tell your friends and family to play it cool: Your close friends and family are no doubt on your side after your split, and they may want to stir things up with your ex on your behalf. Make sure to communicate with your friends and family and let them know that you’d simply like everyone to move on instead of causing any issues.

What are some other ways to keep from experience negative fall-out after a split? Share your thoughts below.

Celebrity Break-Up: ‘Bachelor in Paradise’ Couple Josh Murray & Amanda Stanton Split





By Justin Thomas

There seems to be major trouble in *Paradise* for the *Bachelor* Nation stars-turned famous [celebrity couple](#) Amanda Stanton and Josh Murray as their engagement comes to a not so shocking end. The pair met and fell in love on season 3 of *Bachelor in Paradise*, even getting engaged at the end of the season. Murray moved his life in Georgia to be in California with Stanton and her two daughters, Kinsley and Charlie, who also reportedly stole his heart. According to sources who spoke to [UsMagazine.com](#), "Murray got upset" at Stanton at the 2016 Jingle Ball concert after it came out that she had withheld some truths about her drinking during trip to Lake Tahoe with gal pal *Bachelor in Paradise* alum Ashley Iaconetti. Murray reportedly left Stanton at the concert and shortly after headed home to Atlanta. Sources also say the split was a long time coming, but Murray's love for the two girls has kept him at bay.

Chalk up another celebrity break-up for this *Bachelor Nation* couple. What are some pieces of advice for breaking the news about your break-up to family and friends?

Cupid's Advice:

When you're in a new relationship, it's exciting to think about introducing your loved ones to your partner, but no one ever thinks about the potential reverse side of that. Rightfully so. But when that time does come to help soften the blow, here are some tips to keep in mind:

1. Don't be embarrassed: Love's a gamble. Breaking up can be mortifying, especially if you've had major plans and expectations. If a break-up hits you abruptly, take it in stride and know that things happen, especially in relationships. There's no reason to be embarrassed, because it's a normal part of life.

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2. Be strong in your decision: Make sure this is a serious breakup and not a petty disagreement. If it's serious, give it some time before you make any major denouements. Don't let the sighs and the sad faces break you down. If you've made the decision to breakup, either collaboratively or independently, don't forget that you've already accepted that.

Related Link: [5 Bachelor and Bachelorette Couples We can Learn From](#)

3. Allow your loved ones to have their feelings: Although they weren't the ones who were in the relationship, it's obvious they'll feel some sort of emotion (be it good or bad) towards

the breakup, especially if they were close with your partner. Respect that and allow them some time to register the breakup.

What are some of the ways you break bad news to your loved ones? Let us know down below !

Celebrity Break-Up: Gerard Butler & Longtime Girlfriend Morgan Brown Split



By Kayla Garritano

Looks like they're going their separate ways. After their off-again, on-again relationship, [celebrity couple](#) Gerard Butler and longtime girlfriend Morgan Brown have split up. According to [UsMagazine.com](#), the former pair started their relationship in September 2014 when they were seen on a PDA-filled trip to a beach in Malibu. They then often showed themselves for the next two years, including in July when they were spotted on a [romantic getaway](#) in Capri, Italy.

These two were in an on-again off-again relationship before their [celebrity break-up](#). What are some factors to consider before finding yourself in an unsteady relationship?

Cupid's Advice:

Relationships can be tricky, especially if you're trying to convince yourself that you want this relationship to work out. However, you may not be finding yourself as happy as you wanted. Cupid has some [relationship advice](#) to make sure you're in a steady place with your partner:

1. Fighting: How often do you fight with your partner, and what is it usually about? Are they just little things, where you start to get annoyed with each other for anything they do? Or are they bigger issues? If the arguments are constant, and nothing seems to be getting fixed, that may be a red flag telling you to back away. You probably wouldn't want to get back together and keep the same pattern of fighting.

Related Link: [Relationship Advice: Can an On-Again, Off-Again Relationship End in the Real Deal?](#)

2. Happiness: You may think you love your partner because you've been together for so long. You also need to ask yourself if you are happy in the relationship you're in. If you've been dating your significant other for a long time, but you seem to be feeling worse, or you're at this constant, steady, boring state and you can't get out of it, you should rethink where you stand in the relationship.

Related Link: [Does Your Past Interfere with Your Present?](#)

3. Past Relationships: Take a look at who your significant other had dated in the past. Did the relationship end rocky? Or was it a relationship where they were on and off again? Maybe you also had a past relationship that is too similar to the unsteady one you're in now. Don't let history repeat itself and jeopardize a healthy relationship.

What did you consider before getting into an unsteady relationship? Tell us in the comments below.

Celebrity Break-Up: Naomi Watts Breaks Silence After Split from Liev Schreiber





By [Mallory McDonald](#)

Naomi Watts comes forward after her [celebrity break-up](#) from longtime partner Liev Schreiber. [UsMagazine.com](#) learned what Watts shared with Australia's *Daily Telegraph* about the split, saying, "I feel I'm in a good place in my life and I want to make sure my kids are healthy, my kids are happy and things are going to go well. Those are my hopes for me and for all of us." Watts is focused on her [celebrity kids](#) and moving forward in her life. She said, "I feel, whether you're famous or not, transitions are scary for anybody. I feel like change is always scary, but that's only because transition for anyone is new, and you wonder how things are going to go."

This celebrity break-up has us sad. What are some things to do soon after a split with someone you've been with for a long time?

Cupid's Advice:

Splitting with someone who has been part of your life for so long can be a struggle. Here are ways to handle a new split:

1. Spent alone time: After being with someone for so long it can be good to spend some time to yourself. Learn who you are on your own again and what you want your next move to be.

Related Link: [Naomi Watts Wishes Celebrity Ex Live Schreiber Happy Birthday One Week Post-Split](#)

2. Friends forever: There is nothing better than spending time with your close friends after a break-up, especially one that was a part of your life for so long.

Related Link: [How to Pursue Your Man Like Naomi Watts](#)

3. Do something special: Now that you are on your own, use this time to do something you have always wanted to do but just haven't gotten around to it. Bring the spark back into your own life!

What do you do to handle a split from a long-term relationship? Comment below!

'Glee' Alum Naya Rivera Files for Celebrity Divorce from Ryan Dorsey After Two Years





By [Mallory McDonald](#)

Afer two years of [celebrity marriage](#), *Glee* alum Naya Rivera has filed for a [celebrity divorce](#) from Ryan Dorsey. According to [EOnline.com](#), the two released a statement saying, “After much consideration, we have made the decision to end our marriage. Our priority is and always will be to our beautiful son that we share together. We will continue to be great co-parenting partners for him. We ask for respect and privacy for our family during this difficult time.” The court documents have irreconcilable differences listed as Rivera’s reason for filing for divorce. Even though the two are now [celebrity exes](#), the were once very happy together. Soon after they get married, they shared with *People*, “We feel truly blessed to be joined as husband and wife. Our special day was fated and everything we could have ever asked for.”

This celebrity divorce comes after only two years of marriage. How do

you know when divorce is the only option?

Cupid's Advice:

Having to decide if you are ready for a divorce can be extremely difficult and emotionally draining. Use this advice to help make that difficult decision:

1. Constant fighting: It is the oldest one in the book, but if you and your partner are not able to stop fighting despite efforts on both parts, the relationship just isn't working anymore and a divorce may be the best option for both of you.

Related Link: [Surprise! 'Glee' Star Naya Rivera Will Welcome Celebrity Baby with Husband Ryan Dorsey](#)

2. The spark has died: The spark will fizzle out as time goes on, it will never be the exact same as when you first started dating. However, there are ways of keeping the spark going. If the attraction and desire have completely gone away, this is a good sign the marriage is over.

Related Link: [Naya Rivera Secretly Marries Ryan Dorsey on Original Wedding Date to Big Sean](#)

3. Dissimilarity: If you and your partner once had a lot in common and found yourself always sharing conversation and activities and that has now gone away completely, your relationship may have come to an end.

How did you know divorce was your only option? Comment below!

Find Out What's Going On with Former Celebrity Couple Kourtney Kardashian & Scott Disick



By Kayla Garritano

They're trying to figure it out. [Kourtney Kardashian](#) and [Scott Disick](#) were spotted spending some quality time with their three kids in Cabo San Lucas, Mexico last week. However, according to [UsMagazine.com](#), these [celebrity exes](#) got close while showing off some skin, but as for now, they are not back together. One source says there's "no way these two are getting back together," while another source says Disick remains hopeful for a potential relationship. "Scott has

always hoped he could win Kourtney back, and he did set up this trip," the second insider explains. "Of course he hopes one day she will see the light and come back to him. That's why he went to rehab. He has tried everything, but it's Kourtney who won't go there. I still think it could happen one day, but so far Kourtney has not been willing to go back there."

This celebrity couple has been through a lot of ups and downs. What are some things to consider before getting back together with your ex?

Cupid's Advice:

The decision about whether to get back together with ex can be tough. There are a lot of things to consider. Cupid has some dating advice:

1. Is it worth it?: If you get back together, are you going to be happy? Was it worth the constant fighting and stress? Make sure you are getting into the relationship for the right reasons. If you do have children, it's understandable that you'd want to get back together for them, but make sure it's also what you want.

Related Link: [Celebrity News: Find Out Why Sharon Osbourne Took Ozzy Back](#)

2. What was your last fight about?: Think about the last fight you had. Was that the reason you broke-up? Did it end poorly? If you still hold grudges from that last fight, it may not be worth getting back together, because it could be brought back to surface quite easily.

Related Link: [Should You Give Your Ex Another Chance?](#)

3. Have the past problems been solved?: There was a reason your relationship didn't work out, and usually it's because a lot of problems added up. Make sure if you do decide to get back together with your ex, these past problems are resolved. Let's also hope that means they've changed for the better!

What did you consider before getting back together with your ex? Comment below!

Celebrity News: Billy Bob Thornton Says Ex Angelina Jolie 'Seems Ok' Amid Brad Pitt Divorce





By Kayla Garritano

Everything's going to be all right. On Friday, November 11, at his press junket for *Bad Santa 2*, Billy Bob Thornton revealed that his ex, [Angelina Jolie](#), has been doing pretty well amid her [celebrity divorce](#) from husband [Brad Pitt](#). According to [UsMagazine.com](#), Thornton and Jolie were a [celebrity couple](#) who got married back in May 2000 while in Vegas. However, their relationship ended in 2002. "She seems, you know, OK to me when I talk to [her]," Thornton said. "I don't talk to her that often, though. You know? We're still very good friends, but she's got her world, I've got mine."

This [celebrity news](#) sheds some light on how Angelina is doing amid her divorce. What are some ways to deal with divorce drama in an

effective way?

Cupid's Advice:

Emotional hurt won't last forever, which is something to think about if you've gone through divorce. Cupid is here to make the drama a little easier to manage:

1. Ignore the petty communication: If your ex is not trying to solve a solution, but rather egg on a fight, then it's not worth a response. For example, if you dropped off your child, and your ex-partner sends you a text negatively commenting on the parenting you did, you do not have to answer. This will take out some of the fight, and you will be the more positive person.

Related Link: [Angelina Jolie Files for Celebrity Divorce from Brad Pitt](#)

2. Take a break: Going through a divorce is stressful, and you're going to feel overwhelmed. It's okay to take a step back for a little while to give yourself room to breathe. You can't go on with an unclear head. Get back to it when you're ready. Make sure you are healthy!

Related Link: [Kate Beckinsale's Estranged Husband Files for Celebrity Divorce](#)

3. Remind yourself of the outcome: Keep positive, because once the divorce is finalized, you're going to have a better life. Your divorce is happening for a reason, because you weren't happy. It may seem tough now, but in the end, it will be worth it. Keep your head up and push through!

**How have you dealt with divorce drama in an effective way?
Comment below!**

Celebrity News: Source Says Mariah Carey Is 'Devastated' by James Packer Dumped Her 'Out of Nowhere'



By [Mallory McDonald](#)

Mariah Carey moved quickly into a [celebrity relationship](#) with James Packer, and in [recent celebrity news](#), the relationship came to a crashing halt. According to [EOnline.com](#), Packer called off the couple's [celebrity engagement](#), and Carey is left devastated by the sudden split. A source told *E! News*

exclusively that Carey was “blindsided” when Packer dumped her “out of nowhere.” Another source shared that she only learned the relationship was over by seeing it in the press. We learned that “the split has been devastating for Mariah. She loved James and was planning to marry him...She made life changes for this man to prepare for their future as husband and wife, even relocating to L.A., at James’ request, so he could be closer to his children. Everything she has done over the past year is to prove how fully committed she is to their life together. She really wanted this to work. And then, completely out of the blue, it imploded.” This [celebrity break-up](#) is going to leave the two reeling and cause a lot of media attention!

This celebrity news has breakup drama written all over it. What are some ways to keep your breakup story out of the public eye?

Cupid’s Advice:

A very public break-up can make everything even more stressful and painful. Cupid is here for how to avoid your breakup becoming public:

1. An understanding: The decision to end the relationship needs to be a decision that both partners agree to. It cannot be a surprise because it will leave the opportunity for the public to learn first.

Related Link: [Celebrity News: Mariah Carey Turns to Dancer After Problems with fiancé James Packer](#)

2. United front: Both you and your ex-partner need to be united on the break-up so that there is no confusion when it does become public knowledge.

Related Link: [Mariah Carey: Moving Quickly in a Celebrity Relationship?](#)

3. Keep it private: Until the break-up is over and both people have moved on, try to keep it between the two of you. Even if it was not an amicable end, try to remember it will only become worse with the public's opinion.

How do you shield your breakup from the public? Comment below!

Celebrity News: Mariah Carey Turns to Her Dancer After Problems with Fiancé James Packer





By Kayla Garritano

Mariah Carey has found another hand to hold during serious problems with fiancé James Packer. According to EOnline.com, Carey formed a close relationship with her dancer, Brian Tanaka, while in Vegas and is now seeking his comfort while going through her [celebrity break-up](#). “James was not in the right mind for months,” a source said. “Mariah was in essence an abandoned woman.”

The [celebrity news](#) has us hoping Mariah found comfort after her ended engagement! What are some ways to find comfort after a broken engagement?

Cupid’s Advice:

A break-up hurts the heart a lot, and everyone needs to be

comforted so they get the strength to feel better. Here is some [relationship advice](#) to help you:

1. Focus on yourself: A little “you” time may be the best medicine. Making yourself happy without the help of a significant other will make you grow stronger. Make sure you are mentally and emotionally okay before you head back into that dating pool.

Related Link: [Dating Expert Gives Love Advice On When To Date After a Break-up](#)

2. Comfort food: Take the word “comfort” literally. Grab your sweats, get cozy on the couch, and eat your favorite food. Indulge in pizza, ice cream, anything that takes you back to when you were a kid, or gives you a warm feeling in your stomach.

Related Link: [Relationship Advice: Stay True to Yourself](#)

3. Phone a friend: Your best friend will be there for you during any bad moment, including a break-up. You’re going to want to hear everything they say to you; how they’re not worth it, you’re better without them, and everything is going to be okay. Let them help you, because that’s what friends are for!

How have you sought comfort after a broken engagement? Comment below!

Kate Beckinsale’s Estranged Husband Files for Celebrity

Divorce



By Kayla Garritano

No more waiting. After a year of separation, [Kate Beckinsale](#)'s estranged husband, Len Wiseman, has filed for a [celebrity divorce](#). According to [UsMagazine.com](#), *TMZ* stated that Wiseman cited irreconcilable differences, and neither of them are asking for spousal support. *Us* confirmed back in November 2015 that the [celebrity couple](#) was separating after 11 years of marriage. "They tried to make it work, but they end up falling back into old habits and fighting," a source said.

This split has turned into a

celebrity divorce. What are some reasons to try a separation prior to a divorce?

Cupid's Advice:

When fighting with your spouse, divorce doesn't have to be the answer. Sometimes, it's best to separate for a while until a decision is made. Cupid is here with some [relationship advice](#):

1. Distance makes the heart grow fonder: It may just be that you and your partner need space from each other. Take a break from the constant fighting and split up to see if you end up missing each other more than you thought. If you both do, then you know the situation is worth trying to fix.

Related Link: [Khloe Kardashian & Lamar Odom Reach Agreement in Celebrity Divorce Settlement](#)

2. Stop the fighting: Unfortunately, if you're like Kate and her ex-husband, being separated won't stop the fighting. However, you don't know until you try it. See where staying away from each other takes you, and maybe your fights will seem minor.

Related Link: [Single Celebrity: Kate Beckinsale 'Doing Fine' After Len Wiseman Split](#)

3. Find the one: Time apart means you may find someone else who sparks your love interest. If it's not your significant other, then you know you're on the way to divorce. You can tell if you still love them or not, especially if someone new appears in your life.

What are some reasons you separate before your divorce? Comment below!

Khloe Kardashian & Lamar Odom Reach Celebrity Divorce Settlement



By Kayla Garritano

This celebrity divorce is coming to a close. [Khloe Kardashian](#) and Lamar Odom have reached a settlement and signed off on their divorce. According to [UsMagazine.com](#), the now [celebrity exes](#) reached a property settlement and signed legal documents that were filed on Friday, October 21. A source says, "They're relieved it's over and ready to move on with their lives."

This relationship has officially ended up [celebrity divorce](#). What are some ways to compromise with your ex during the divorce process?

Cupid's Advice:

Going through a divorce can be tough, both for you and your ex. There's a lot of back-and-forth argument that stresses both of you out. Cupid is here with some ways to make your divorce a little easier:

1. Be honest: You don't like how something is being handled? Tell them. You shouldn't lie to make a settlement easier, and you shouldn't lie to get what you want in the divorce. Honesty is always the best plan, and it will make for a more open agreement and compromise when going through the divorce process.

Related Link: [Celebrity News: Khloe Kardashian Posts Cryptic Note Hinting at Failed Marriage to Lama Odom](#)

2. Understand each other: Keep an open mind when figuring out compromises. Know your ex partner's wants and needs, and also know your own. Knowing what your ex wants is just as important as knowing what you want. Communicate with each other, because if you don't, then nothing will get resolved.

Related Link: [Celebrity Divorce: Brad Pitt & Angelina Jolie's Lawyers Are Trying to Hash Out Custody Agreement](#)

3. Seek divorce attorney advice: A good divorce attorney will look over an agreement and tell you if it's fair. Plus, they may also help you to find a solution to a problem as well as settle for a better compromise. After all, it is their job to make sure you both get what's right!

How have you compromised with an ex while going through a divorce? Comment below!

Celebrity Couple Drake & Rihanna Call It Quits



By [Mallory McDonald](#)

Another [celebrity couple](#) bites the dust. This time, Rihanna and Drake have called it quits and have yet again become [celebrity exes](#). The two have been on and off together for over seven years and just can't seem to make it work. According to [UsMagazine.com](#), "She doesn't want to be held down." A

second insider adds, "They will always be close. If they end up together, it could happen, but not now." The same source claimed that they were never serious and just hanging out casually. Fans really believed that the two were in it for the long haul this time around. Unfortunately, it wasn't the right time for the relationship to work.

This celebrity couple is no more ... again! What are some ways an on-again-off-again relationship is unhealthy?

Cupid's Advice:

When you care about someone so much it can be easy to keep going back to them even when it isn't working. Cupid is here to help you decide if it is becoming unhealthy:

1. Dependency: When you are in a relationship that you know isn't working, but keep going back to them anyway, it can put you in a pattern of being dependent on this person being in your life. Establish your independence, and make a decision from there.

Related Link: [Celebrity News: Rihanna & Drake go 'Dancing and Drinking' After 2016 MTV VMAs](#)

2. Emotional turmoil: Constantly breaking up and getting back with a person can be emotionally draining. Not accepting that this relationship is unhealthy can have your emotions constantly fluctuating will only put more stress on the relationship.

Related Link: [Celebrity New: Drake Confesses Love For Rihanna at VMAs](#)

3. Unstable environment: Trying to constantly make an on-again off-again relationship work when it is emotionally draining you and leaving you exhausted is leaving your life unstable. It can also be keeping you from focusing on the important things in life.

**How did you know your relationship was becoming unhealthy?
Comment below!**

Celebrity Break-Up: 'Entourage' Co-Stars Kevin Connolly & Sabina Gadecki Call It Quits





By Kayla Garritano

Single once again! [Celebrity couple](#) Kevin Connolly and Sabina Gadecki have broken up after more than a year. According to [UsMagazine.com](#), these co-stars met while filming the *Entourage* movie and continued their romance off-screen. "They were better off as friends," a source close to the pair said. "They tried to make it more and it just didn't work."

This [celebrity break-up](#) proves that sometimes two people are better off as friends. How do you know if you're better as friends or more than friends?

Cupid's Advice:

Sometimes you may not know when the person you're dating is a

friend or more than a friend. Your feelings may seem a little confused. Cupid is here to help:

1. Do you see a romantic future?: Close your eyes and look at yourself 20 years from now. Do you see the person you're dating? If so, do you see them holding your hand and cuddling? Or do you see them just hanging out with you and a bunch of friends? Think about that, because if you don't see yourself romantically involved for the long-run, then is it worth pursuing?

Related Link: [Dating Advice: 5 Good Reasons to Date Your Best Friend](#)

2. Sparks fly: When you kiss your partner, how does it feel? Does the touch of their hand give you butterflies and make you feel all nervous? If the answer is yes, then that's a good sign you can be more than friends. Sparks indicate that there's some romance in the air.

Related Link: [Dating Advice: How to Get Out of the Friend Zone](#)

3. You're flirty: It's natural to have a little "flirt" in you. But you may be flirting with that one person a little bit more than average. Your group of friends may even notice, too. If they're flirting back just as much, you may be a little more than just friends.

How have you determined if you were better off as friends or more? Comment below!