

Celebrity Break-Up: Taylor Lautner and Billie Lourd Split After 8 Months Together



By [Ma](#)

[rissa Donovan](#)

The *Scream Queen* co-stars have called it quits after eight months of dating. Taylor Lautner and Billie Lourd started dating last December and posted many adorable photos together. According to [EOnline.com](#), Lourd's uncle Todd Fisher shared that Lautner acted like a supportive husband while the family grieved over the loss of Lourd's mother Carrie Fisher and her grandmother Debbie Reynolds. Fans recently began questioning their celebrity couple status once Lautner was seen celebrating the Forth of July solo. Lourd has recently deleted photos of their [celebrity relationship](#) on Instagram, while Lautner still has many photos on his account. No comments from

the stars have been made addressing why they split.

It sounds like Lourd's family could be sad over this [celebrity break-up](#). How can you share the news to your family about your recent break-up?

Cupid's Advice:

Revealing an update about your current love life to your family can be sometime be uncomfortable, especially when it's a break-up. Here are some tips on how to talk about your recent break-up to your family:

1. Be honest without oversharing: Let them know your side of the story without sugar coating any details. It's always good to be honest with your family because it will make them understand what you are going through! You are allowed to leave some minor details out, because some quirks in your relationship should be between you and your ex.

Related Link: [Celebrity News: Taylor Lautner Says Britney Spears Tried to Set Him Up with Her Sister Jamie Lynn](#)

2. Advise your family on how to respond: Tell them how you would like them to act during this time. Their first reaction might be to be spiteful towards an ex. Advise them to be silent on the issue or optimistic about your future love life. This will set the overall tone on how they will respond to your break-up!

Related Link: [Celebrity News: Taylor Lautner Confirms Taylor Swift Wrote 'Back to December' About Him](#)

3. Ask them not to bring up past memories: Your family may

have loved or hated your ex, but let them know right now is not the best time to recall past memories of the relationship. You probably have been overthinking your break-up as is, so having a family member put in their two cents doesn't help the situation. Ask them to not bring up your ex until you are ready to talk about old memories.

Do you think this celebrity couple will get back together or do you think their relationship is officially over? Let us know in the comments!

Celebrity News: Blac Chyna's Lawyer 'Considering All Legal Options' Against Rob Kardashian





By

[Melissa Lee](#)

After a slew of leaked texts, photos and videos, [Blac Chyna](#)'s lawyer has released a statement claiming that they are "considering all legal options and resources at this time" against ex-fiancee [Rob Kardashian](#). According to [UsMagazine.com](#), Kardashian posted a number of explicit photos and videos, accusing Chyna of cheating and doing drugs. Kardashian's Instagram account eventually was shut down due to NSFW posts, but he continued to take to Twitter to rant. Kardashian and Chyna are parents to a 7-month-old baby girl, Dream.

In celebrity news, things are definitely not smooth sailing with this former couple. What are some ways to keep the drama out of your break-up?

Cupid's Advice:

Kardashian and Chyna have become some of the most dramatic people in Hollywood with their constant public fighting. If you're concerned about keeping drama out of your break-up, Cupid's got some advice:

1. Be civil and respectful: A huge reason behind Kardashian and Chyna's lack of civility is due to their disrespect toward one another. If you want a clean break-up, it's best to be polite and leave things on good terms. Being angry is part of the break-up process, but you don't need to constantly fight in the public eye or let everyone know about your problems.

Related Link: [Celebrity News: Black Chyna Confirms She's 'Single' and 'Happy'](#)

2. Keep it off social media: This former couple is notorious for posting about their issues on social media, so take a cue from them and do the complete opposite! If you feel the need to vent about the break-up, talk to someone you trust. Don't want to talk to anyone? Write it down. Posting about your frustrations and anger is useless and will only create drama, in addition to making the break-up process even harder.

Related Link: [Celebrity Breakovers: Kardashian Breakups That Have Broken Necks & Other Helpful Relationship Advice](#)

3. Don't talk to them: Although these two are co-parents, their communication (or lack thereof) definitely contributes to their problems. If possible, try to avoid talking to your ex. By continuing into a friendship immediately after the break-up, or even just regularly talking to each other, you're not allowing yourself to recover. If anything, you're making room for drama.

What are some of your tips for a drama-free break-up? Leave your thoughts below.

Celebrity News: Former 'Bachelor' Ben Higgins Discusses Why He Sent Becca Tilley Home Before Hometown Dates



By [Ma](#)

[rissa Donovan](#)

[The Bachelor](#) star Ben Higgins has finally addressed why he sent Becca Tilley home before the hometown dates happened. According to [UsMagazine.com](#), Higgins recapped the event on his *Almost Famous* podcast from his perspective by expressing that

he already knew Lauren Bushnell was very special to him. He also added that he didn't want to upset Tilley's family since he saw what happened to Nick Viall during his second home date. Tilley and Higgins are now friends who joke about her exit from the show.

This [celebrity news](#) has us feeling a little awkward for Becca. What are some benefits to keeping your past relationships in the past?

Cupid's Advice:

Rehashing past fallouts with exes can be uncomfortable! Here are some benefits for keeping old drama and exes in the past:

1. You can have better relationships: Revisiting old feelings should be used as a learn lesson. Now you know what to expect from that person and you can move on to someone that you can have more compatibility with.

Related Link: [Celebrity Break-Up: Ben Higgins Is Still Upset Over Split From Lauren Bushnell](#)

2. New relationships will be unpredictable: Don't get stuck in the mindset that your new relationships will be the same as the last one. Your new relationship might have similarities to your last one, but the person you are with will give you a different experience on what it means to be in a relationship.

Related Link: [Celebrity News: 'Bachelor' Stars Nick Viall & Vanessa Grimaldi Attend 2017 MTV Movie Awards](#)

3. You will have sense of humor: Like Ben and Becca, you can make jokes out of the pain instead on dwelling on how you felt during the moment. Since the relationship is over, you don't

have to worry about getting hurt again by that person and now you can look back and laugh!

Do you think Ben Higgins should have picked Becca Tilley after all? We would love to hear what you think in the comments!

Celebrity News: Maci Bookout Reflects on 'Toxic' Relationship with Ryan Edwards in New Memoir



By [Ma](#)

[rissa Donovan](#)

Maci Bookout's new memoir *I Wasn't Born Bulletproof...*, looks back on the struggles she had while dating ex Ryan Edwards. Despite their ups and downs, the *Teen Mom OG* star was invested in making it work for the sake of her teen pregnancy. The two continued dating, until they realized splitting up would be best for their son Bentley. Bookout expressed that it was the "most painful breakup" she's had. According to [People.com](#), the [celebrity exes](#) are both currently in long-term relationships with other people.

In [celebrity news](#), this [reality TV](#) star shared her experience in a toxic relationship. What are some ways to know your relationship is toxic?

Cupid's Advice:

Coping through a bad relationship is emotionally draining for you and your partner. Sometimes it's hard to tell you're in one because people normalize unhealthy relationship behavior. Here are some red flags to look out for:

1. Thinking back instead of looking forward: This red flag applies to happy memories and grudges. If you think about the past more often than being excited about the future, then you need to reconsider why you want to continue the relationship.

Related Link: [Maci Bookout & Ryan Edwards in a Parenting Battle](#)

2. Tiptoeing around small conflicts: Ignoring or lying about a problem for the sake of keeping the peace is more harmful than confronting the issue. This behavior always leads to a huge fight, which is something that must occur often if this

happens while you're together.

Related Link: [‘Teen Mom 2’ Star Leah Messer Finalizes Celebrity Divorce No. 2](#)

3. There's self-doubt within the relationship: Lacking confidence in yourself because to how your partner treats you can be harmful to your overall health. If you or your partners is developing bad habits or feeling helpless, end your relationship.

Will you be reading Maci Bookout's new book? Let us know in the comments!

Celebrity News: Rape Charges Against Hilary Duff's Ex Mike Comrie Dropped





By [Ma](#)

[rissa Donovan](#)

[Hilary Duff's](#) ex husband and co-parent Mike Comire has been dropped from his rape charges. Back in February, the retired NHL player was under investigation for alleged sexual battery by The Los Angeles Police Department. According to [UsMagazine.com](#), his accuser claimed the sex was consensual, until Comire engaged in an act the woman did not consent to. Duff has not commented about the case, but remains close with Comire.

In this [celebrity news](#), Hilary Duff's ex isn't up against nasty charges anymore. What are some ways to deal with your partner getting in trouble with the law?

Cupid's Advice:

Like Duff, you may find yourself caught in the middle of your

partner's allegations. Consider this [relationship advice](#) when your partner is in trouble with the law:

1. Listen to your partner's perspective: Your partner obviously has something to say about his current circumstances. Listen to what he has to say. You are allowed to agree or disagree with his statements, but it is valuable to hear his side of the story.

Related Link: [Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split](#)

2. Explain to your family: Do not leave close family members in the dark! Let them know what is happening and what procedures you need to take as a family. If you need a babysitter for a court date, let them know. Having extra hands during a time of trouble is necessary.

Related Link: [Celebrity Break-Up: Hilary Duff & Michael Koma Split](#)

3. Be patient: Investigations take time, which can cause anxiety for how this case might impact your future. It is important to be patient and wait for evidence to evaluate the incident. You can decide whether you want to be supportive or leave once the case has been assessed.

How would you deal with your partner's problems with the law? Leave your thoughts in the comments!

Celebrity News: 'Bachelor in

Paradise' Star DeMario Jackson Says He 'Didn't Do What He's Being Accused Of'



By

[Marissa Donovan](#)

Despite the recent incident that caused *Bachelor in Paradise* to stop filming its upcoming season, DeMario Jackson is keeping his head held high during sexual assault claims. In [celebrity news](#), Warner Bros. have been examining an incident that reportedly happened between Jackson and Corinne Olympios. Sources from [UsMagazine.com](#) shared that the two had been excessively drinking the whole day. This led to the stars of the [reality TV](#) show to have a moment together in the pool. The rest of the cast are unknowing of the details and are not involved with the investigation.

This celebrity news regarding [Bachelor in Paradise](#) is getting more convoluted by the day. What are some ways to debunk relationship rumors that are hurtful to you?

Cupid's Advice:

Rumors have a good way of changing what actually happened during the relationship. Check out some tips to put a stop to them:

1. Confront your ex or current partner: The first person you should go to is the person connected to the rumors. Tell them exactly what you heard being said. Hopefully this person can be mature and can put a stop to the rumor. If they are not responding to your hurt feelings, then move on to the people spreading the rumors.

Related Link: [Celebrity News: ABC Suspends 'Bachelor in Paradise' Production in Mexico Amid 'Misconduct' Allegations](#)

2. Confront the sources: Speak to the rumor spreaders. Let them know your truth and share how this rumor is currently effecting your life. People often gossip without realizing the impact it has on the person they're talking about. Sharing your side should give them clarity and reshape the rumor to what actually happened.

Related Link: [Celebrity News: Controversial 'Bachelor' Alum Corinne Olympios is Headed to 'Bachelor in Paradise'](#)

3. Speak to those who ask: Instead of making a public statement on social media, tell people who confront you. If

someone cares enough to hear what you have to say, then tell them the truth. The people who don't ask want it to end just as much as you do. Debunking rumors can't always be successful, but time will eventually reveal the integrity of the liars.

How would you deal with a relationship rumor? Give us your best [relationship advice](#) in the comments.

Celebrity Exes: Brandi Glanville Accuses LeAnn Rimes of Keeping Tabs on Her Relationship





By

[Marissa Donovan](#)

It's been years since the drama first started between [Brandi Glanville](#) and LeAnn Rimes. According to [EOnline.com](#), the tension between the two has gotten worse since the [Real Housewives of Beverly Hills](#) alum has made allegations about Rimes' behavior. Glanville believes that Rimes is trying to sabotage her current [celebrity relationship](#) with Donald Fries. She accused the country singer of stalking the couple on Snapchat. On June 9th, Glanville posted a screenshot on [Instagram](#) to support her claim. Eddie Cibrian showed a text message on [Twitter](#) trying to debunk claims. No comments have been made by Rimes.

Though Eddie Cibrian is really Brandi Glanville's [celebrity ex](#), it's his new love LeAnn Rimes who can't get along with his ex. What

are some ways to keep your new and past partners from butting heads?

Cupid's Advice:

It's hard to keep the peace when you have a bad history with someone's ex or current partner. Here are some tactics you can use for less drama:

1. Have an understand and positive mindset: Paranoia and jealousy often happen if a relationship didn't begin on good terms. Try understanding where the other person is coming from and set the tone. If the other person is making cruel remarks then try being the bigger person. If you are talking badly about the other person then stop and reflect on how this will only make things worse.

Related Link: [Brandi Glanville Says Drama Will End When LeAnn Rimes Has Her Own Kids](#)

2. Try team bonding exercises: You need to be trusting and civil if children are involved. Try finding team bonding workshops that will force you to work together instead of working against each other. You may not be best friends in the end, but at least you'll be on civil terms.

Related Link: [LeAnn Rimes and Eddie Cibrian Ready for Children](#)

3. Spend time away from the ex or current partner: Avoiding confrontation might be your best strategy. Spending time together might not work for your situation. Giving each other space will allow for clarity.

Have you had problems with a ex or current partner? Share your advice on how to deal with the drama in the comments!

Celebrity Break-Up: Aaron Rodgers Still Isn't Talking to Family Post-Split from Olivia Munn

Cupid's Pulse
★ Celebrities. Love. Opinions. ★



By

[Marissa Donovan](#)

NFL star Aaron Rodgers is continuing his silent treatment with his family, even after breaking up with Olivia Munn. The conflict between the family is said to have been caused by their dislike for Munn. Sources spoke with [UsMagazine.com](#) and shared that his family believed Munn was controlling during their three years as a [celebrity couple](#). Since the split,

Rodger has been visiting L.A. to hang out with friends. Hopefully the family can reconnect soon!

This [celebrity break-up](#) didn't help matters with Aaron Rodgers' family relations. What do you do if your family doesn't like your partner?

Cupid's Advice:

We all want are family to love and respect our partner as much as we do. Here are some tips to fix the bad blood between your relationship and your family:

1. Spend more time together: The key to showing the best side of your partner is to let others see what you appreciate about them. Make an effort to have a family meal or a game night together. Your partners charming traits will show during a round of Scrabble or dinner conversation.

Related Link: [Dating Advice: 7 Reasons to Get in Good with Your Partner's Family](#)

2. Discuss problems together in private: Get everyone in the same room and have an open dialogue. This tactic may nerve-racking, but your family and partner will be able to acknowledge each other's problems and find a resolution.

Related Link: [Relationship Advice: 5 Ways Therapy Can Help Your Relationship](#)

3. Look at the conflict from multiple perspectives: You've heard what your family and partner have to say about each other. Now let's take every word into consideration. Is my partner controlling? Is my family too closed-minded? If the rivalry can not be fixed and the relationship is putting a

strain on your family ties, then you should see other people.

Do you know how to keep the peace between your family and partner? Leave your advice in the comments!

Celebrity News: Scott Disick & Kourtney Kardashian Are Not on Speaking Terms



By

[Melissa Lee](#)

In [celebrity news](#), it has been revealed that [Kourtney Kardashian](#) and [Scott Disick](#) are no longer speaking to one another. [EOnline.com](#) reports that this is a result of Disick's

recent trip to Cannes, where he hooked up with numerous new girls. Kardashian is still allowing her [celebrity ex](#) to see the three kids they have together, 7-year-old Mason, 4 year-old Penelope, and 2-year-old Reign, but there's no doubt that their relationship is strained. Best of luck to these co-parents!

This celebrity news has drama written all over it. What are some ways to keep drama out of your relationship?

Cupid's Advice:

Kourtney and Scott might have been one of the most dramatic couples Hollywood has ever seen. Here are some tips to keep the drama to a minimum:

1. Keep it private: Constantly posting about your relationship – whether it be the good, the bad, or the ugly – could open the opportunity for other people to get involved. By keeping the social media to a minimum, drama definitely won't be a huge problem, as your relationship will remain between you and your partner.

Related Link: [Date Idea: Laugh Out Loud Fun](#)

2. Communicate: Conflicts or arguments tend to get even worse when there's poor communication. If there's something bothering you, be straight forward! Calmly explain to your partner that there is an issue that you'd like to work on, together. This opens the opportunity to have clear communication and a productive conversation to fix the problem. No drama here!

Related Link: [Relationship Advice: 5 Communication Keys Every](#)

Relationship Needs

3. Choose to let it go: There are just some arguments that aren't even worth having (like that one about who's turn it is to empty the dishwasher?). Recognize that while conflict can be healthy at times – when it's productive – there doesn't always have to be a fight. Sometimes, you can just validate your partner's feelings, apologize, and move forward.

What are some ways you keep drama out of your relationship? Share your tips below.

Celebrity Break-Up: Ben Higgins Is Still Upset Over Split From Lauren Bushnell





By

[Marissa Donovan](#)

Last month was a disappointing surprise to season 20 fans of *The Bachelor*, as [Ben Higgins](#) and Lauren Bushnell called off their celebrity engagement. According to [UsMagazine.com](#), Higgins recently expressed his feelings about the [celebrity break-up](#). He said, “When you really care about somebody and you really love somebody and that has to end – for whatever reason, even for reasons that either person can’t really explain, it’s just a feeling and you have to go your separate ways – it hurts. It hurts bad.” Bushnell has said the two are friends, but this [celebrity news](#) has us hurting along with the former couple!

This couple is still feeling the effects of their celebrity break-up. What are some ways to cope with a split?

Cupid’s Advice:

Break-ups can take time to heal. Sometimes we can feel helpless on how to deal with the heartache. Here are some tips to help make the split easier to deal with:

1. Listen to music: This is one of the best remedies to a heavy heart. [Brad Pitt](#) also listened to music after getting a divorce with his ex-wife Angelina Jolie. Any music genre is acceptable for coping with a break-up. Start making a playlist!

Related Link: [Celebrity News: Angelina Jolie & Brad Pitt Are Talking Again](#)

2. Binge episodes of Netflix: Cue up your Netflix and search for a hilarious sitcom or a murder mystery. Engaging episodes will distract you from getting upset over the split. Watching an amazing series will give you the comfort you deserve during this difficult time.

Related Link: [Celebrity Break-Up: 'Bachelor' Ben Higgins Sheds Light on 'Tough' Split from Lauren Bushnell](#)

3. Reconnect with old friends: Meeting up with friends you haven't seen in ages can make you feel happier during this upsetting time. Your friends will remind you of fun memories and most likely want to make weekend plans. Having friends around will keep you optimistic about the future.

What are some other tips in helping you cope with a break-up? Leave your advice in the comments below!

Celebrity News: Bella Thorne

Says Cannes Isn't for Her After Scott Disick Hookup



By [Wh](#)

[itney Johnson](#)

And just like that, it's over. According to [UsMagazine.com](#), Bella Thorne is over Cannes, France after [Scott Disick](#) was spotted kissing his celebrity ex Chloe Bartoli. The actress tweeted, "Yo this #cannes fancy life isn't for me." As previously reported in [celebrity news](#), Thorne and Disick were first seen at dinner in Los Angeles before they took their budding celebrity relationship to Cannes. There, they packed on the PDA and got cozy poolside. Interestingly, according to past celebrity news, Bartoli is the same [celebrity ex](#) that led to Disick's split from Kourtney Kardashian in July 2015.

In celebrity news, that was certainly a short celebrity relationship! What are some ways to know quickly that a relationship is not for you?

Cupid's Advice:

Some relationships aren't meant to last forever; instead, they're just casual hookups, like Thorne and Disick's fling. So how can you quickly know that a relationship isn't for you? Consider this dating advice below:

1. There's only physical attraction: Sure, physical attraction is important in a relationship, but it can't be *all* that the two of you share. As Thorne and Disick showed us, making out will only get you so far! You need to connect intellectually too.

Related Link: [Find Out What's Going On with Former Celebrity Couple Kourtney Kardashian & Scott Disick](#)

2. You don't want the same things: If you and your partner don't want similar things for the future, chances are, your relationship will amount to nothing more than a short-lived fling. In this celebrity relationship, it was rumored that Thorne was just in it for the media attention.

Related Link: [5 Celebrity Couples Who Look Hot At The Beach](#)

3. You have a feeling something isn't right: Listen to your gut! Deep down, you'll know if someone isn't right for you. If you have a feeling that your relationship won't last, pay attention to it, and move on.

What are some other ways to know that a relationship isn't for

you? Tell us in the comments below!

Celebrity Break-Up: Amy Schumer & Ben Hanisch Split After One Year Together



By [Wh](#)

[itney Johnson](#)

Amy Schumer and longtime boyfriend Ben Hanisch have called it quits after dating for over a year, according to [UsMagazine.com](#). "Amy and Ben have ended their relationship after thoughtful consideration and remain friends," Schumer's rep shared of the recent [celebrity break-up](#). In November, the

[celebrity couple](#) celebrated their first anniversary with sweet Instagram posts. Along with a photo of the duo, Hanisch gushed, “A year ago, I met the love of my life. We both weren’t looking for a relationship at the time, but something felt right from the very first night we met.”

This celebrity break-up is definitely unfortunate. What are some ways to know you’re not right for each other?

Cupid’s Advice:

We can’t help but be surprised – and disappointed – by the news of this celebrity break-up. But sometimes, you just know when you and your partner aren’t right for each other. If you’re trying to figure out whether or not you’ve found The One, consider the dating advice below:

1. You don’t feel like yourself: Your partner should make you feel like the best version of yourself. If, instead, you don’t even feel like yourself around them, it may be time to call it quits. Remember that you *will* find someone who makes you proud to be you.

Related Link: [Celebrity News: Amy Schumer Slams ‘Bachelor’ Host Chris Harrison for Calling Jubilee ‘Complicated’](#)

2. You’re always fighting: This piece of dating advice is a no-brainer. If you’re constantly arguing about the little things, how will you ever build a life together? Nobody wants to spend every day feeling unsettled and unsure of the future.

Related Link: [Celebrity Couple News: Amy Schumer Denies She Met Her New Boyfriend on Bumble](#)

3. You want different things: Speaking of the future, it's important that you and your partner are on the same page. If you want different things for your lives – for instance, you want to live in the South, while he wants to be near the mountains – it's time to take an honest look at your relationship and decide if it'll work long-term.

How did you know that you and your ex weren't a good fit? Tell us in the comments below!

Celebrity Break-Up: 'Bachelor' Ben Higgins Sheds Light on 'Tough' Split from Lauren Bushnell





By

[Noelle Downey](#)

Bachelor star Ben Higgins is opening up about his [celebrity break-up](#) from Lauren Bushnell. According to [EOnline.com](#), Higgins is letting it all out when it comes to the end of his [celebrity relationship](#) on his upcoming podcast with fellow reality TV star, Ashley Iaconetti. In the first episode, Higgins claimed, “Lauren will always be one of my best friends. I learned a lot about myself; I think she learned a lot about herself. It’s tough.” Higgins went on to share that his heartbreak over [celebrity ex](#) Bushnell is still “very fresh” because he truly thought that, “[she] was the one.” However, Higgins is also the first to acknowledge that the [Hollywood relationship](#) had real problems. “Mutually Lauren and I saw that life was getting more difficult,” Higgins admitted, “I would say the joy that we felt toward our relationship at the beginning was—for some reason—slipping away.” He confessed there was “no real saving or redemption to be done” and that ultimately he felt that their split was “for the best.” Regardless, Higgins has hope for both of them, even if it’s as individuals, instead of a [celebrity couple](#) and stated, “I am a better man today because of Lauren and because of our relationship.”

This celebrity break-up proves that when a relationship becomes more work than pleasure, it's time to let go. What are some ways to know your relationship has run its course?

Cupid's Advice:

It can be tough to know when a relationship is really over, but here are the top three ways that you can be sure:

1. When you no longer see a future together: A good way to figure out if what you're experiencing is a rough patch or really the end is to analyze whether or not you can still imagine a future with your partner. Can you picture a time when realistically things get better and you as a couple move past whatever it is that's causing stress on your relationship? Or is this conflict destined to be a part of your relationship forever? Your answer can help you determine whether or not it's time to move forward or move on.

Related Link: [Celebrity Break-Up: 'Bachelor' Stars Lauren Bushnell & Ben Higgins Split](#)

2. When the love is gone: If you genuinely feel as if you've fallen out of love with your partner, then it's time to move on. If the thought of leaving provides you with more relief than you won't have to fake it any more than sadness, you can be sure that ending the relationship is the best thing for both of you. Don't try to force love or affection after a certain point. If you're not feeling it, you're just not. Let go.

Related Link: ['The Bachelor' Celebrity Couple Lauren Bushnell](#)

[& Ben Higgins' Relationship 'Ain't Perfect'](#)

3. When you feel trapped constantly: If your relationship has been reduced to nothing but a ball and chain around your ankle, think long and hard about whether or not you want it to continue. If you feel that the only thing your partner does is hold you back, consider the fact that you both might be able to go farther without each other. Sometimes the most loving thing you can do for another person is set them free knowing that both of you will actually be better off without one another, even if at first the split is painful.

Have you ever called it quits in a relationship? How did you know it was time? Let us know in the comments!

Celebrity Break-Up: 'Bachelor' Stars Lauren Bushnell & Ben Higgins Split





By

[Noelle Downey](#)

In breaking [celebrity news](#), there's an item that may have reality TV lovers less than enthused; *The Bachelor* alums Lauren Bushnell and Ben Higgins have officially called it quits. According to [UsMagazine.com](#), the former [celebrity couple](#) celebrated their [celebrity engagement](#) during the finale of season 20 of *The Bachelor* and announced their [celebrity break-up](#) months later on May 15, 2017. "It is with heavy hearts that we announce our decision to go our separate ways," Bushnell and Higgins confessed in a statement to the press, "We feel fortunate for the time we had together, and will remain friends with much love and respect for one another. We wish nothing but the best for each other, and ask for your support and understanding at this time." Although the romance of their [Hollywood relationship](#) was well-documented on *The Bachelor* and on their follow-up show, *Ben & Lauren: Happily Ever After?* audiences also witnessed some tumultuous signs of trouble in the couple's [celebrity relationship](#), especially when it was revealed that Higgins had also confessed his love to contestant Joelle Fletcher during the run of the show. Bushnell acknowledged this did not sit well with her in several celebrity interviews, sharing, "I did

carry some resentment toward him. I will never understand. I will never be the Bachelor.”

This *Bachelor* couple has decided on a celebrity break-up. What are some ways to know you've done all you can to salvage your relationship?

Cupid's Advice:

When it comes to working out a rocky relationship, things can get tricky, and sometimes it's just time to call it quits. Here are Cupid's top tips on how to know when it's time to throw in the towel:

1. When you've tried talking it out... and failed: If you've sat down together, maybe even with a third party like a therapist, and honestly tried to work out your problems with little to no progress, that's a serious sign that you may have reached the final hours of your relationship. Of course, working through your problems takes time and effort, but if you feel like you've really committed to spending time working on the problem and nothing has been changing or getting better, it may be time to take a step back and take a long, hard look at whether or not this is a relationship you feel you should stay in.

Related Link: ['The Bachelor' Celebrity Couple Lauren Bushnell & Ben Higgins' Relationship 'Ain't Perfect'](#)

2. When they're in love with someone else: If you feel as if your partner has some serious feelings for someone other than yourself and they're distracting them from being in a committed relationship with you, that's a serious problem. If your partner is in love with someone else (assuming you're in a monogamous relationship) that's a major deterrent to the

success of your relationship. It may be time to acknowledge that it's time to let go and let you both move on to something even better than what you have right now.

Related Link: [Ben Higgins & Lauren Bushnell Butt Heads Over Televised Celebrity Wedding](#)

3. When all that's left is fighting: Every couple has rough patches and seasons of their life together when they argue more than others. But if it seems that you two are constantly locked in a battle for the upper hand, and can't even spend any amount of time together without a big fight blowing up, it's time to call it quits. Let each other go, and let yourselves find someone else who you won't be in constant conflict with.

Have you ever been in a relationship that went down the tubes? What was the final straw? Let us know in the comments!

Celebrity Break-Ups: Taylor Swift's Ex Calvin Harris is Collaborating with Her Nemesis Katy Perry





By [Wh](#)

[itney Johnson](#)

Looks like there may be more bad blood in this [celebrity break-up](#)! As reported by [UsMagazine.com](#), [Taylor Swift's](#) ex [Calvin Harris](#) collaborated with her nemesis [Katy Perry](#) for his upcoming album, and the "Bad Blood" singer's fans are already calling out the Scottish DJ for being petty and trying to get back at Swift. The drama between the two female superstars first began when Swift called out an unnamed mean girl during a *Rolling Stone* interview in 2014. Perry later confirmed their issues when she told a fan that she was still waiting for Swift to apologize. Asked if she would ever agree to a duet with Swift, Perry responded, "If she says sorry, sure!" With Harris's recent announcement, it looks like there's no chance of reconciliation for this [celebrity relationship](#) – or friendship.

Sometimes, celebrity break-ups don't exactly lead to smooth

interactions down the line. What are some ways to deal with an ex who is purposely trying to hurt you post-break-up?

Cupid's Advice:

This celebrity break-up just took a turn for the worse! If you, like Swift, are dealing with an ex who may be purposely trying to hurt you post-break-up, consider the [love advice](#) below as you figure out how best to handle their behavior:

1. Remove yourself from the situation: Avoid your ex at all costs. Spend some time alone, or invite your friends over instead of going out. Delete your ex on social media – or if it's easier, just stay off Facebook, Twitter, and Instagram for a few days. Remember that your former partner can't hurt you if you're not in their line of fire.

Related Link: [Celebrity News: Calvin Harris Hangs with Tinashe After Split from Taylor Swift](#)

2. Focus on you: After any break-up, it's important to take care of yourself. Start a new exercise routine. Learn how to cook. Reconnect with old friends. Clean your house. Read a good book. Do whatever makes you feel better and try to forget about your ex!

Related Link: [Celebrity News: Calvin Harris Goes Off on Ex Taylor Swift on Twitter](#)

3. Be the bigger person: It's time to rise above their petty behavior, no matter how difficult it may be. Whatever you do, don't bash your ex or give into their taunts. If friends ask how you're handling your split, tell them you're moving on. And if your former partner reaches out, ignore them until they

can play nice.

Do you have any other ways to deal with an ex who's purposely trying to hurt you post-split? Tell us in the comments below!

Celebrity Break-Up: Demi Lovato & Guilherme 'Bomba' Vasconcelos Split



By

[Noelle Downey](#)

There's trouble in paradise for one [celebrity couple](#) this week! According to [UsMagazine.com](#), Demi Lovato and MMA fighter boyfriend, Guilherme "Bomba" Vasconcelos, have officially

called it quits. The [celebrity exes](#) first started seeing one another in July of last year, shortly after Lovato and long-time boyfriend Wilmer Valderrama had their [celebrity break-up](#). Although Lovato and Vasconcelos were “just having fun” a source close to Lovato confessed, the two rekindled their [Hollywood relationship](#) in January of 2017 and have since been verbal on social media about their celebrity love story. Lovato gushed over her celebrity relationship to TV talk show host Ellen in April, saying, “I’m very happy. Life is really good.” So what happened to break apart this [famous celebrity couple](#)? A source close to the exes claims, “It wasn’t a dramatic split. Bomba is a good guy, but the relationship just ran its course.”

This relationship has ended up a celebrity break-up. What are some ways to know your relationship is done for good?

Cupid’s Advice:

Break-ups are never fun, but Cupid is here with the top tips on how to know when your relationship has officially run its course:

1. When the end feels inevitable: If you feel as though you’re just counting down the days until something snags and you guys finally have the final fight that leads to the demise of your couplehood, it may be already time to call it quits. Relationships generally shouldn’t feel like they have a looming expiration date, and if you feel as though any good times you have are constantly overshadowed with your gut-feeling that this relationship isn’t going to last, then you should trust your instincts.

Related Link: [Celebrity News: Demi Lovato Supports Rumored BF Guilherme Vasconcelos at MMA Fight](#)

2. When neither of you is upset: If you feel as though your relationship has deflated to the point that neither of you is particularly invested in it continuing, then do yourself both a favor and cut it off so you can go find something that really fills you both with passion. If you can broach the topic of your break-up without either of you feeling like you're really losing anything of value, then it's probably time to cut the cord and get on with your lives, separately.

Related Link: [Celebrity News: Joe Jonas 'Likes' Pic of Ex Demi Lovato with On-Again Boyfriend Guilherme 'Bomba' Vasconcelos](#)

3. When you feel consistently unhappy: If you're in a relationship where you feel as though you're always waiting for the "good time" and the moment when you'll really feel like you and your partner are clicking, then take a step back and consider why that is. It could be that your relationship isn't really what you want it to be, and that could be because of the person you're in that relationship with. Remember, you don't need to have a million reasons to leave someone, you just need one good one, and being consistently unhappy in your relationship is a great reason to call it quits permanently.

Have you ever been in a relationship that didn't work out? How did you know when it was really over? Let us know in the comments!

Celebrity News: Jodie Sweetin's Ex-Fiance Justin Hodak Sentenced to 6 Years in Prison



By

[Noelle Downey](#)

There's nothing, but trouble for former [celebrity couple](#) Jodie Sweetin and Justin Hodak this week in [celebrity news](#)! According to [UsMagazine.com](#), Hodak has recently been charged with illegal possession of a deadly weapon and threatening a witness with force. He will serve almost seven years in prison, and will then be on probation for five years following his release. Now that the [celebrity exes](#) have called it quits following Hodak's several arrests and violation of the restraining order Sweetin took out against him, Hodak must not

post any photos or videos of Sweetin or risk violating the terms of a protective order. He must also complete a 52-week program on domestic violence upon the conclusion of his sentence. Sweetin is a [celebrity parent](#) to two children, Beatrix and Zoie, from previous marriages, but Hodak and Sweetin have no children together.

This celebrity news has us troubled. What are some ways to deal with a partner who gets into legal trouble?

Cupid's Advice:

There's no way around it, if you've ever had a partner or ex who got involved in some troubling illegal activities, that's bound to lead to tension in your relationship and in your lives. Here are Cupid's top tips on how to deal with a partner in legal trouble:

1. Consider the offense: Of course, when it comes to a brush with the law, there are varying degrees of legal offenses. You should react differently based on whether your partner has, for example, been caught planning and executing elaborate heists or shoplifting petty items at a drugstore. So first things first, when a partner gets involved in some kind of crime, stop and consider the offense. It's important to recognize the nuances of legality and while many crimes should give you serious pause about continuing the relationship, others may be something you can work through as a couple.

Related Link: [Celebrity News: Jodie Sweetin Speaks Out After Drama-Filled Split from Fiance Justin Hodak](#)

2. Make sure you and your children are safe: Of course, sometimes the answer is clear already. If a partner has been

charged with violent tendencies, domestic abuse, or owning a violent weapon and you feel that you are in some kind of danger, act immediately. Go to the police and express your concerns, and then reach out to family and friends to help you through this difficult time, whether that be by staying at your place or opening their home to you so you have a place you can go where you can feel safe and secure. The first priority in situations like that should be making sure that you and any children you have are safe so that you can start re-building your lives without the negative influence of your ex.

Related Link: [Celebrity News: Jodie Sweetin Ends Engagement to Justin Hodak and Gets Restraining Order](#)

3. Talk to your partner: If the situation is such that you are surprised by the alleged crimes your partner is accused of, try getting a moment to talk to them. Many times if the offense is not major, you will have the opportunity to pay bail and speak to your partner as a “free” individual once more. Have an open conversation with your partner and ask them why they did what they did. Be honest about how hurt and betrayed you feel by their dishonest actions and then figure out if there’s a way you can work through it together, if that’s what you want.

Have you ever had a partner run into legal trouble? How did you handle it? Let us know in the comments!

Celebrity News: Scott Disick

Reveals He Once Proposed to Kourtney Kardashian



By

[Delaney Gilbride](#)

During the latest episode of *Keeping Up With The Kardashians*, [Scott Disick](#) revealed that he did in fact propose to [Kourtney Kardashian](#) after he bought a ring years ago. According to [UsMagazine.com](#), Disick confessed to the proposal after Kourtney's famous sister [Kim Kardashian](#) asked if her sister ever knew there was a ring. "I don't think we told anybody, actually," revealed the reality star. "It was somewhat cute and then we just got scared about, like, media and this and that and we were like, 'Let's just put the ring aside and we'll talk about it another day.' Never spoke about it again." Disick also proposed to Kardashian during a [celebrity vacation](#) to Costa Rica without the ring and was rejected a second time.

The now [celebrity exes](#) split back in 2015 after Disick was spotted getting a bit too comfortable partying in the South of France with with his ex girlfriend.

This [celebrity news](#) has us surprised! What are some factors that might lead you to turn down a marriage proposal?

Cupid's Advice:

Marriage is a wonderful thing, but it's not for everyone. If your significant other proposes to you, don't say yes just because you feel like you *have* to. There are many factors that go into whether you're ready for marriage or not. So, what may lead to a rejection? Cupid's here to help with some [relationship advice](#):

1. You've been questioning the relationship: You have to be fully committed to your relationship if you're even *thinking* about marriage. If you've been back and forth about how you feel about the person you're with, marriage is definitely not in the books for you two.

Related Link: [Celebrity Divorce: 'Grey's Anatomy' Star Jesse Williams & Wife Aryn Drake Lee Are Divorcing After 5 Years of Marriage](#)

2. It's an apology proposal: You've seen movies... boy messes up, girl wants to leave him, boy feels bad and proposes, girl accepts and finally all is good with the world. Do not fall for this! If your significant other is only proposing to you because they messed up it's not a true proposal. It's just an easy fix.

Related Link: [Celebrity Couple News: Jenna Dewan Tatum](#)

[Explains How She and Channing Began Dating](#)

3. You're not the "marriage" type: And that's fine. Not everyone has to get married to live a happy life! Like Kourtney Kardashian, you may feel perfectly comfortable with just dating. This doesn't mean you don't love your significant other, you're just not about that married life.

Have you ever turned down a marriage proposal? Comment below with what lead you to the decision.

Celebrity Break-Up: Hilary Duff & Michael Koma Split



By

[Delaney Gilbride](#)

In [celebrity news](#), [Hilary Duff](#) and Michael Koma are finally coming clean following their [celebrity break-up](#) in early March. According to [EOnline.com](#), the [celebrity couple](#) had only dated a few months before busy schedules ended their short relationship last month. Following the duo's red carpet debut at the pre-SAG Awards at the end of January, Duff and Koma enjoyed multiple romantic vacations around the globe. The 29 year-old actress shared a snuggly photo of the two on a beach from a getaway to Costa Rica in February entitled, "Take me back to Costa with him," only months ago. We're sad to see them split!

The writing seemed to be on the wall for this celebrity break-up. What are some tell-tale signs that your relationship has run its course?

Cupid's Advice:

When you're blinded by love it may be difficult to tell when your relationship just isn't working out anymore. So, how are you supposed to know when it's time for something new? Cupid's here with some [relationship advice](#):

1. You're picking fights with each other: Of course it's completely normal for couples to bicker – it would be weird if they didn't. But if you're aware of the fact that you and your partner are constantly picking fights with one another, you have to be aware that you feel the relationship is ending. You may be nudging at the idea that you want them to break up with you first rather than the other way around.

Related Link: [Celebrity Exes: Harry Styles Talks Past Romance with Taylor Swift](#)

2. Your significant other is your source of stress: Life is already stressful as it is... why would you want your significant other to be your source of stress rather than a source of love? Your partner is supposed to be the person you come home to in order to *de-stress*, not the other way around. If this is the case your relationship is going nowhere fast.

Related Link: [Celebrity Divorce: Ben Affleck Still Living at Family Home with Jennifer Garner](#)

3. You're happier alone than with your partner: If this isn't a reality check then I don't know what is. If you genuinely feel better being *alone* rather than being with your partner, you've already made the big decision about your relationship. Stop stressing about the person that isn't making you happy and focus on yourself for once!

Have you just gone through a break-up? Comment below and let us know when you knew enough was enough.

Celebrity Break-Up: Olivia Munn & Aaron Rodgers Split After 3 Years of Dating





By

Christa Ganz

In [celebrity break-up](#) news, [celebrity couple](#) Olivia Munn and Aaron Rodgers decided to call it quits after 3 years. According to a source at [UsMagazine.com](#), the Green Bay Packers quarterback became estranged from his family after beginning his [celebrity relationship](#) with actress Olivia Munn. "Aaron is the one that has pulled away from the family, not the reverse. When he got together with Olivia Munn, his family told him they didn't trust her and thought she wasn't with him for the right reasons. That made him furious, and he ended up choosing Olivia over his family." A source at [EOnline.com](#) stated that the two only split because they were "on two different pages in life."

This celebrity break-up was a long time coming. What are some ways to know your relationship is over?

Cupid's Advice:

While hindsight is 20/20, there are certainly some obvious signs that your relationship is coming to an end. Here are some ways of recognizing those signs:

1. Your priorities: Suddenly, the person you always put first has been put on the back burner without question. When your priorities start to change, try to examine the reasoning behind them. It may be because the spark in your relationship is fading out.

Related Link: [Celebrity News: Olivia Munn Dishes on New Holiday Traditions with Boyfriend Aaron Rodgers](#)

2. Fights: An obvious sign of relationship tension. Constant bickering, criticizing and back and forth arguing are not signs to ignore. Could you just be stressed? Possibly. Either way, it's always best to talk it out to get to the root of the problem.

Related Link: [Celebrity Break-Up: Amanda Stanton Gets Emotional Talking Josh Murray Split & Drama](#)

3. Lack of interest: When you no longer want to spend the day together, or making plans becomes increasingly difficult, maybe it's best to take a step back. Needing some space here and there is one thing, needing constant breaks from your partner speaks volumes about where the relationship is headed.

How did you know your relationship was just about over? Comment below.

Celebrity Break-Up: Amanda

Stanton Gets Emotional Talking Josh Murray Split & Drama



By :

Christa Ganz

Bachelor in Paradise alum, Amanda Stanton, gets emotional when speaking about recent ex Josh Murray. This [celebrity relationship](#) began last year on the third season of *Bachelor in Paradise*. Stanton, a single mother of two from California, accepted a proposal from Georgia native Josh Murray on the last episode. After their [celebrity break-up](#) in January, the two attempted another shot at love in February. That rekindled romance didn't last very long either. In an emotional interview with [EOnline.com](#), Stanton opens up about her ugly split, and the "red flags" she overlooked throughout their relationship. "It's hard for me to even talk about it without

crying. I think he knew he was going to date me, so I think he kind of pretended to be exactly what he knew I wanted," Stanton stated, while getting emotional. Stanton also mentioned another red flag for her, which involved mentioning her previous ex Nick Viall. "I guess, a red flag for me was, if he was falling for me, he should've just been happy," she said. "Instead, he focused so much on Nick and what everybody else was saying." Stanton says she learned from this relationship and hopes to grow from it. "This whole break up has been really, really hard on me and the aftermath has been really hard on me." For now, Stanton explains that she is focusing on her kids, keeping up with her blog, and writing a book.

This celebrity break-up was anything but drama-free. What are some ways to keep the drama to a minimum mid-breakup?

Cupid's Advice:

Messy break ups are far from easy. Here are some tips to remain drama free during this hard time:

1. Stay private: Try to keep your business to yourself and, if needed, your close circle of friends. It can become increasingly difficult if you let other people influence you or spread your news around. Make sure anyone you speak to is trustworthy and won't spread rumors like wildfire.

Related Link: [Are 'Bachelor' Nation's Josh Murray & Amanda Stanton a Celebrity Couple Again?](#)

2. Compromise: Remember this is a hard time for both you and your ex. Try your best to be civil and come to an agreement you both can live with. Set clear boundaries on what is yours

and what is theirs.

Related Link: [Celebrity Break-Up: 'Bachelor in Paradise' Couple Josh Murray & Amanda Stanton Split](#)

3. Take time: Try not to let your anger influence you in the heat of the moment. Take deep breaths, give yourself time to think the situation over. It's better to stay silent rather than say something you don't actually mean.

How did you keep the drama to a minimum during your break up? Comment below.

Celebrity News: Jodie Sweetin Speaks Out After Drama-Filled Split from Fiance Justin Hodak





By :

Christa Ganz

In recent celebrity news, *Full House* alum Jodie Sweetin took to Instagram to shed light on her recent [celebrity break-up](#). The 35-year-old actress posted a photo with her two daughters, Zoie, 8, and Beatrix, 6, with a beautiful caption, saying, “Thank you so much to everyone who has reached out over the past two weeks. It’s definitely been a roller coaster, but with amazing family, friends and fans, I’ll be just fine! These two little loves are my everything and we will make it through! Thank you for all the love!” The positivity expressed in Sweetin’s post comes as a relief following her ugly split from former fiancé, Justin Hodak. This former [celebrity couple](#) announced their official split on March 24. According to [UsMagazine.com](#), Hodak was arrested days after their break-up for violating a restraining order placed against him by Sweetin.

In celebrity news, not all break-ups are amicable. What are some

ways to keep your split drama-free?

Cupid's Advice:

Breaking up is never an easy process. Getting over your ex can be manageable by eliminating unnecessary drama. Here are some tips:

1. Keep it civil: Try your best to communicate with each other using calm, civil conversation. By using a considerate tone of voice and open communication policy, you will have an easier time coming to a mutual understanding. Remember that this is not an easy time for either of you.

Related Link: [Celebrity News: Jodie Sweetin Opens Up About Recent Separation](#)

2. Keep it private: Don't blast your new single status on social media right away. Even if you're happy to be out of a toxic relationship, the first ingredient to a drama filled split is including other parties. Ease into the dating game again and be mature about what you post online.

Related Link: [Celebrity Wedding: Jodie Sweetin is Engaged to BF Justin Hodak](#)

3. Ask for help: If you can't contain your anger and frustration, seek a close friend's advice. You may need them to drop off a box of your ex's stuff. If your break up was really bad, it may be best to avoid contact altogether.

How did you manage to keep your break up drama free? Comment below!

Celebrity News: Jodie Sweetin Ends Engagement to Justin Hodak and Gets Restraining Order



By

[Delaney Gilbride](#)

In [celebrity news](#), *Full House* alum Jodie Sweetin has called off her year long engagement to Justin Hodak. According to [EOnline.com](#), Sweetin's representative contacted E! News concerning the [celebrity break-up](#) and stated: "We can confirm that actress Jodie Sweetin and her fiancé Justin Hodak have ended their relationship. She appreciates everyone's understanding for their need for privacy at this time." The [celebrity couple](#) announced their engagement in January 2016 after dating for two years; Sweetin took to Instagram to show

off her diamond ring claiming her fiancé did “a great job” picking it out. Sweetin had been married three times prior to her engagement to Hodak. She shares her daughter Beatrix Carlin Sweetin-Coyle with ex-husband Marty Coyle and her eight year-old daughter Zoie with Cody Herpin.

This celebrity news has us fearing for Jodie Sweetin. What are some ways to protect yourself from an abusive partner?

Cupid's Advice:

Nothing is more stressful than having an abusive ex and it's extremely important to know what to do when you run into this problem. Protect yourself from your abusive ex by taking our [relationship advice](#):

1. Be aware that there are domestic violence shelters: It may not be well known, but there are domestic violence shelters available for those in need. They will provide you with safety services, support, and resources for you and your children. These shelters will give you all of the resources to help you get back on your feet following an abusive relationship.

Related Link: [Celebrity News: Find Out About Sandra Bullock's Life After Jesse James](#)

2. Secure your new home and be aware of who you share your information with: Make sure that you're careful when it comes to moving into your new home following an abusive break-up. It's a good idea to change locks, windows, and to install a good security system. Also, make sure only people that you trust know the address to your place... you don't want your ex finding this information out.

Related Link: [Relationship Advice: How Far Will You Go for a Relationship?](#)

3. Change your routine: If you were in your relationship for a long period of time, chances are that your ex knows your day to day routine and may want to use this information to their advantage. Avoid this by changing your day to day patterns; although this may be inconvenient, it's better than having your ex follow you around. Go to different shops, grocery stores, and take new ways to work.

Have you ever been through an abusive relationship? Comment below with how you protected yourself following your break-up.

Celebrity News: Angelina Jolie & Brad Pitt Are Talking Again





By

Noelle Downey

This week in [celebrity news](#) there's an item that will have many Brangelina fans breathing a sigh of relief; [Brad Pitt](#) and [Angelina Jolie](#) are talking again. According to [EOnline.com](#), after a six-month period of silence when news of the [celebrity divorce](#) broke, the former couple has finally put aside their differences enough to open up some direct lines of communication. While the exes' relationship is still strained, a close inside source says their recent move to connect personally is a "significant step" away from only speaking through lawyers. The source also claims that things are less "tense" now between the former power couple and that "they've both agreed to put the kids first." No doubt Pitt and Jolie's six children, Maddox, Pax, Zahara, Shiloh, Knox and Vivienne are just as relieved as we are that their parents have taken a step from sour to civil.

This former [celebrity couple](#) are working through their issues for

the benefit of their kids. What are some ways to keep children out of the crossfire when it comes to messy divorce proceedings?

Cupid's Advice:

There's no way around it; divorces can be painful and frustrating. But never fear, as that doesn't mean they have to pull apart families for good. Cupid's on the case to give you just a few key ways to make sure your divorce won't demolish your children's sense of security:

1. Try your best to stay civil: If there's constant animosity between you and your former spouse, your child will pick up on it. While anger and sadness are normal responses to a life event like divorce, it's important to remember that your child is also likely experiencing these emotions, and keeping your relationship with your ex civil will help smooth the transition for them.

Related Link: [Former Celebrity Couple Angelina Jolie & Brad Pitt Agree to Seal Divorce Documents](#)

2. Develop a new routine: Angelina Jolie said in a recent statement to the press, "We are and forever will be a family. And so that is how I'm coping." Remember that regardless of your feelings for your ex, you are first and foremost a family. If the circumstances of the separation allow it, try to make room in your new routines for your child(ren) to spend time with the other parent. While at first this may be difficult, in the end it will help your whole family cope with the change.

Related Link: [Celebrity Divorce: Brad Pitt & Angelina Jolie's Lawyers Are Trying to Hash Out Custody Agreement](#)

3. Take care of yourself, too: You can't be expected to be a rock for your children if you aren't first taking care of your own mental and physical health. A source recently said that after the Hollywood divorce, Brad is "doing well and is focused on healthy, clean living." Take a tip from this [celebrity parent](#) and indulge in some self-care.

Do you think Brad and Angelina are on the right track to keeping their divorce amicable? Let us know in the comments!