

# Celebrity Baby News: Joseph Gordon-Levitt & Wife Tasha McCauley Welcome Second Child



By [Marissa Donovan](#)

Joseph Gordon-Levitt is the proud father of another child! The actor and wife Tasha McCauley have kept their baby news hushed from fans and social media. According to [UsMagazine.com](#), the baby is 23 months old. The [celebrity parents](#) will not be revealing the name of their children anytime soon. Gordon-Levitt wants his children to decide whether they want to be in the spotlight or not. This is a decision he has also allowed his wife to make when attending celebrity events. It sounds like *Snowden* star is quite the family man!

**We'll probably never know the name of this [celebrity baby](#) due to his parents' commitment to his privacy. What are some benefits to keeping information about your child under wraps?**

**Cupid's Advice:**

Your family and friends may want the latest scoop on what's happening in your child's life. Most parents are eager to share their child's life, but some parents like to keep details about their child private. Here are some benefits for keeping news about your child on the down low:

**1. There's no pressure:** Sharing your child's straight A report card or sports awards can build up expectations. By keeping proud moments private, you can celebrate without pressuring your child!

**Related Link:** [Joseph Gordon-Levitt Secretly Marries Girlfriend Tasha McCauley](#)

**2. Your child can share for themselves:** By not speaking for your child, you can allow your child to have their own voice. This decision can also give your child independence to speak up when they want to, instead of speaking for them.

**Related Link:** [Celebrity Baby: Spencer Pratt Says He'll Teach His Son What He Shouldn't Have Done](#)

**3. Less people will gossip:** Information can sometimes turn into gossip when it comes to sharing about your child on social media or to friends. When you keep news private about your child, you are less likely to have people talking about it.

Would you rather keeps news about your child under wraps or share the news? Let us know in the comments!

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# Celebrity News: Ryan Phillippe Does Not Want His Children To Watch 'Cruel Intentions'



By [Marissa Donovan](#)

Ryan Phillippe is currently promoting his new film *Wish*

Upon. In a radio interview on [Sway in the Morning](#), the actor compared the new scary movie to his 90's film *I Know What You Did Last Summer*. He also shared that he's excited for his kids to see the film, since his movie are not kid friendly features. Phillippe feels that *Cruel Intentions* is a "little too edgy" for his 17 year old daughter and 13 year old son. Maybe someday Phillippe and his co-parent [Reese Witherspoon](#) will watch their co-starring film as a family someday.

**In recent [celebrity news](#), This [celebrity parent](#) seems excited to promote his new film! What film genres can you and your partner enjoy with your children without worrying about edgy scenes?**

#### **Cupid Advice:**

Today's film industry can sometimes push the envelop when it comes to movie ratings. Here are some suggested film genre that you can enjoy with your partner and your children:

**1. Animal or food documentaries:** Documentaries can be interesting and educational for your family, especially ones about animals or food. Interviews from specialist or soothing narration will keep your family engaged and learning new facts!

**Related Link:** [Ryan Phillippe Says He's 'Proud' of How He and Reese Co-Parent](#)

**2. Classic westerns:** Find a classic Clint Eastwood or John Wayne film for your next movie night as a family. Watch horseback journeys and cowboy duels in this action packed

genre! If you are not comfortable with suggested violence, then our next feature might be a better fit for your family

**Related Link:** [Alexis Knapp Gives Her Baby Ryan Phillippe's Last Name](#)

**3. Animated movies:** Despicable Me and Pixar movies have heartfelt story lines and jokes that the whole family can enjoy. There are many new animated releases to choose from on your Netflix account!

**What are some movies that you enjoy watching with your partner and your children? Leave some of your favorites in the comments!**

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## **Celebrity Baby: Spencer Pratt Says He'll Teach His Son What He Shouldn't Have Done**







By [Marissa Donovan](#)

In [celebrity news](#), Spencer Pratt does not regret the poor choices that he has made, because now he is going to put his personal experience to good use. Heidi Montag and Spencer Pratt will be having their first [celebrity baby](#) in October and are very excited to be parents! The soon-to-be father plans to advise his son not to follow in his footsteps regarding a variety of different things. The [reality TV](#) has a close relationship with his own father and will most likely play a huge role in his own son's life. According to [UsMagazine.com](#), Pratt joked that he will be the "angry soccer dad" during his son's games. Best of luck to these soon-to-be [celebrity parents](#)!

**This celebrity baby daddy is determined to teach his kid which things *not* to do! What are three**

# valuable lessons you can teach your children?

## Cupid's Advice:

Becoming a parent can be exciting and also a life long lesson in itself. Try sharing these lessons to your own children:

**1. Be patient with the things you truly want:** This lesson may be hard to practice even as a new parent, but it's one lesson your child needs to know. Help them understand that instant gratification does not apply to everything they do. Explain that certain things take time to learn and receive. These lessons will help them appreciate hard work and the concept of waiting.

**Related Link:** [Celebrity Baby: 'The Hills' Alum Spencer Pratt & Heidi Montag Are Expecting a Baby](#)

**2. Rejection and failure is bound to happen:** Your child will be in many situations where social interactions or activities seem unfair to them. Whether it's not getting invited to a birthday party or losing a soccer game, it's important to let them know that more opportunities are ahead for them. Keeping your child optimistic during their childhood will give them ambition to reach their goals in life!

**Related Link:** [Parenting Tips: How To Set a Good Example For Your Child](#)

**3. Stay kind to others:** Some of those your child comes in contact with will have different lifestyles or learning abilities. Bad behavior on the playground may be rooted in their differences, so it is crucial to help your child understand and respect the differences in people. One-on-one play dates can allow children to come together naturally. It is one of the easiest lessons to teach your child, but you

also have to practice this lesson as a parent!

What is one valuable lesson to teach a child? Leave a life lesson in the comments!

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## Celebrity Baby: Kim Kardashian & Kanye West Hire Surrogate for Third Child



By [Marissa Donovan](#)

[Celebrity couple Kim Kardashian](#) and [Kanye West](#) have decided to expand their family! Kardashian mentioned wanting more



[celebrity babies](#) during an episode of *Keeping Up With The Kardashians* that aired in March. The [celebrity parents](#) are now making it official by hiring a surrogate. Doctors have warned Kardashian that getting pregnant again would be dangerous for her health. According to [UsMagazine.com](#), the surrogate will be paid “\$45,000 total in 10 installments” and will be given additional money if she loses reproductive organs or delivers multiple children.

## **There’s soon to be another West celebrity baby joining the ranks! What are some options to consider if you can’t naturally have a child?**

### **Cupid’s Advice:**

There are many alternatives to bringing a child into your family. Check out this [parenting advice](#) for those wishing to expand their family:

**1. Become a foster parent:** Take the responsibility of being a child’s caretaker. Research programs and their guidelines on how to apply. Check to see if your lifestyle meets their criteria for becoming a foster parent. Training programs to become a foster parent are available if this option feels right for you.

**Related Link:** [5 Celebrities That Have Been Adopted](#)

**2. Adopting from teen mothers:** Many young parents lack the financial stability for raising a child. Programs such as [Lifetime Adoption](#) help you find young mothers that are currently searching for loving families to welcome her child.

**Related Link:** [Celebrity Baby: Kim Kardashian Reveals Plans to Have Third Child with Kanye West](#)

**3. Finding a surrogate:** Like the [celebrity couple](#) mentioned above, find a service that matches you with women willing to carry your child. Having a surrogate might be the best option for your lifestyle.

Do you have any baby name ideas for Kim Kardashian and Kanye West? Leave your suggestions in the comments!

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# Celebrity Baby: Ali Fedotowsky Says She's Ready to Be Pregnant Again





By [Melissa Lee](#)

Former *Bachelorette* contestant [Ali Fedotowsky](#) recently spilled to [UsMagazine.com](#) that she and husband Kevin Manno are ready for [celebrity baby](#) number two! The [celebrity couple](#) tied the knot back in March, but are already parents to their one-year-old daughter, Molly. “I wouldn’t mind if I was pregnant right now,” Fedotowsky says. “We want another baby, and we want them to be close.”

**There may be another celebrity baby on the way soon! What are some ways to know you’re ready for a second child?**

**Cupid’s Advice:**

This celebrity couple is already preparing for their second child. Sometimes it can be tough deciding when you and your partner would like to bring another child into the world, but

Cupid has some advice:

**1. Things are under control:** Already having one baby in the house can be chaotic, so making sure you and your significant other are managing is super important. If the two of you feel that you are handling the stress with ease, then it may be time to prepare for a second child.

**Related Link:** [Relationship Advice: 5 Ways Therapy Can Help Your Relationship](#)

**2. Look at your financial situation:** What's more expensive than having one child? Having two children! Make sure you two are in a decent financial situation where you will be able to care for your entire family. If this is not the case, there's a possibility that it may not be the right time for another baby.

**Related Link:** [5 Most Romantic Celebrity Couples](#)

**3. Reflect on your relationship:** Will a second child bring your relationship happiness, or will it stress you two out even more? Babies can put a strain on relationships since there's so much going on, so if you and your partner are already experiencing troubles, maybe you should work on that before deciding to have another child.

**What are some ways you know you and your partner are ready for a second child? Leave your thoughts below.**

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# Find Out About George & Amal

# Clooney's First Week as Celebrity Parents



By [Marissa Donovan](#)

It's been a week since Amal and [George Clooney](#) became parents to twins. The Clooney family of four spend some time in the hospital before welcoming the twins into their house in England. According to sources who spoke with [EOnline.com](#), George and Amal have hired nurses to help with the twins sleeping schedule for eight weeks. The [celebrity couple](#) have also had help from locals in their community. The community members have been guarding photographer from circling around their home. George and Amal have embraced the challenges of being [celebrity parents](#) to both their daughter and son.



# These celebrity parents no doubt have their hands full with their newborn twins. What are some ways to prepare your relationship for the addition of twins?

## Cupid's Advice:

Newborn twins can be overwhelming and can put a strain on your relationship. Here are some tips for helping you stay happy during their arrival:

**1. Make a sleeping schedule:** Although you might not have at home nurse like the Clooneys, make sure you and your partner work out a sleeping schedule for your children. Reading parenting books can help you strategize how to take turns getting up during the night. Take turns taking naps to avoid being cranky with each other.

**Related Link:** [Celebrity Baby: George and Amal Clooney Welcome Boy & Girl Twins!](#)

**2. Have your parents come over to help:** Your parents are probably waiting for you to ask them for help! Spending time with their grandchildren is something they've been looking forward to. Taking them up on an offer or asking for their help will allow for quality time to relax with your partner.

**Related Link:** [Celebrity Baby News: Beyoncé Announces She's Expecting Twins with Jay-Z](#)

**3. Complement each other parenting abilities:** Giving each other compliments can increase the love and trust you have for another. Words can insure that you both still deeply care about each other, despite the stress your twins have been causing. Even a thank you can allow the person to know you

value them as a partner and a parent.

Do you have any tips for keeping your relationship strong while having twins? We want to hear about your experiences in the comments!

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## Celebrity Baby: George and Amal Clooney Welcome Boy & Girl Twins!



By [Marissa Donovan](#)

On June 6th, [George Clooney](#) and wife Amal became [celebrity](#)

[parents](#) to twins, Alexander and Ella! The [celebrity couple](#) discovered they were expecting last February and were very excited when they received the news. Sources told [People.com](#) that the actor suggested that he was going to be momentarily absent on the set his upcoming movie *Suburbicon*. Mr. and Mrs. Clooney will be enjoying the presence of their little boy and girl!

**These [celebrity babies](#) were long-awaited, and the tabloids are buzzing. What are some ways to prepare for twin versus a single child?**

#### **Cupid's Advice:**

Twins come with additional choices to consider when getting ready for children. Consider these [parenting tips](#) before your twins arrive:

**1. Buy different outfits instead of matching:** It is common to see twins in matching outfits, but this is one fashion style that is often expensive. Your best option for daily outfits is to buy different clothing for your twins instead of matching. This gives them collection of choices to wear. Matching clothes are best saved for family photos and special events!

**Related Link:** [Celebrity Maternity Style: Find Out How You Can Be Chic During Pregnancy Like Amal Clooney!](#)

**2. Select stroller that is best for you:** A baby stroller for twins can come in multiple styles. The side-by-side stroller is a traditional option that has the twins sitting next to each other. A tandem double stroller will have your twins sitting front to back. A double jogger styled stroller has the

similar make up of a side-by-side, but are more durable for rocky paths and exercise. Each stroller has their special features, but you need to decide which make the most sense for your lifestyle.

**Related Link:** [Parenting Tips: How To Cope With Stress](#)

**3. Become a list person:** Before your little ones come into the world, become a list person. Start writing down your goals in how you plan to organize their nursery, meals, and supplies. Once you have your list of tasks, break them down into categories and each month try to tackle what seems ideal for your current schedule. Once your twins come, you'll already be prepared for their arrival and have a new list ready for parenting them!

**Do you have any tips to prepare for twins? Leave your advice in the comments!**

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## **Celebrity Baby: Nikki Reed Is Expecting Child with Ian Somerhalder**





By [Noelle Downey](#)

[Celebrity couple Ian Somerhalder](#) and [Nikki Reed](#) recently celebrated their two-year [celebrity wedding](#) anniversary with sweet posts for each other on Instagram, and now Somerhalder has taken to the social media platform again to share some even more exciting news; he and Reed are expecting their first [celebrity baby](#)! According to [UsMagazine.com](#), the soon-to-be [celebrity parents](#) were pictured with Reed's baby bump evident in a blue dress and Somerhalder on his knees to kiss her stomach in the sweet photo the actor used to make the [celebrity pregnancy](#) announcement. "In my 38 years on this earth I've never experienced anything more powerful and beautiful than this," Somerhalder captioned the photo, "I can't think of anything more exciting than this next chapter and we wanted you to hear this from us first. This has been the most special time of our lives." Reed shared the photo and added her own thoughts, saying, "How is it possible to love someone so much already? All I know for sure is it's the strongest feeling I've ever felt. We can't wait to meet you."



# There's soon to be another celebrity baby to join the ranks! What are some cute ways to announce your pregnancy?

## Cupid's Advice:

When it comes to announcing a pregnancy to the world, style is everything! Cupid is here with the three cutest ways to let the world know you and your significant other are expecting:

**1. Make your news holiday-themed:** If you're announcing your special news around a holiday, why not take advantage of your favorite traditions in order to tell the world you have a baby on the way? If leaves are falling and it's Halloween, pick out two large pumpkins and one smaller one and decorate them like two parents and a baby for an adorable and festive announcement! Closer to Christmas? Pick up two adult-sized stockings and one that's child-sized and label them "Mommy," "Daddy," and "Baby" to let your relatives know they'll be one more gift to buy next Christmas!

**Related Link:** [Celebrity News: Ian Somerhalder Gushes Over Starting a Family With Wife Nikki Reed](#)

**2. Have a precious photoshoot:** If you're searching for the perfect way to announce your pregnancy to the world, why not stay classic with a good old-fashioned pregnancy photoshoot? Just like celebrity couple Somerhalder and Reed, pose for some precious photos with your significant other to capture all the love and excitement you're feeling about your new addition being on its way! You'll have great pictures of a super happy time in your relationship and wonderful memories to look back on with your child in the future!

**Related Link:** [Ian Somerhalder Thanks New Celebrity Wife Nikki](#)

[Reed for Making 'Every Day a Dream Come True'](#)

**3. Get some help from a soon-to-be older sibling:** Purchase a new piece of clothing for any little ones you already have; a special shirt that says "Soon-to-Be Older Sibling!" Wrap up the shirt and capture a video of your child opening the package and realizing there will be a new addition to your little family for a sweet and natural reaction to share with friends and family to announce the big news!

**What is your favorite way to make such a big announcement to the world? Let us know in the comments!**

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**Ciara & Russell Wilson  
Welcome a Celebrity Baby Girl**





By [Noelle Downey](#)

According to [UsMagazine.com](#), one [famous celebrity couple](#) deserves some congratulations for celebrating a big event; the arrival of their [celebrity baby](#), a daughter named Sienna Princess Wilson. Ciara and second husband Russell Wilson announced their [celebrity pregnancy](#) just three short months after their fairytale [celebrity wedding](#). Ciara is already the [celebrity parent](#) to a two-year-old son, Future Jr., whom she co-parents with ex-husband, Future, but she and Wilson still chose to remain abstinent until their wedding night. Ciara commented on this choice, saying, "You shouldn't feel like you have to give your body away to get someone to like you." And it certainly seems like Wilson fits the bill when it comes to liking her! He gushed about his wife and the mother of his child, saying, "She's everything you could ever want, honestly" and added that he had suspected for a long time that they might be a good fit. "I told somebody, 'I'm probably going to end up with Ciara,'" Wilson confessed.

# This duo is too cute, and they've now added a celebrity baby to the mix! What are some ways to know your relationship is ready for children?

## Cupid's Advice:

Parenting can seem like a huge, daunting responsibility. Cupid is here with the top tips on knowing when you and your partner are ready for your next big adventure; kids:

**1. You're financially secure:** Before you and your partner start taking the necessary steps to expanding your family tree, make sure you're in a good place financially to add a member to your family unit. After all, to give your child a wonderful life, you'll need some sort of financial security, and to be in a position where you can rest easy knowing that you'll always be able to provide for kid's wants and needs. Make sure both you and your partner are ready to make the sacrifices and do the hard work to be in a good financial position for your child's future.

**Related Link:** [Russell Wilson Reveals 'Best Part' of His Celebrity Wedding Day](#)

**2. Both you and your partner want children:** This may seem like a no-brainer, but it's an important conversation to have. After all, for some having children is not even on their radar, and you don't want your partner to feel pressured into the decision to have a kid by your enthusiasm or desire for one. Sit down with your partner and make sure you're both on the same page, that you know what you want and that you have similar goals and plans for the future when it comes to your family-life.

**Related Link:** [Celebrity News: Russell Wilson Says Fiancee Ciara is Way Out of His League](#)

**3. You can present a united front with your partner:** It's never a good idea to try and use a child to "save" an already-failing relationship. If you and your partner are on the rocks, have poor communication, or a ton of unresolved issues, deal with those issues first and foremost before even considering having a kid. While it may seem like having a child would bring you and your partner together, in reality, bringing children into an already crumbling relationship is just a recipe for disaster and a lot of hurt on every side.

**Do you have children with your partner? How did you know you were both ready for that big step? Let us know in the comments!**

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# **Learn How Celebrity Exes Blac Chyna & Rob Kardashian Are Co-Parenting and Working on Themselves**







By [Delaney Gilbride](#)

In [celebrity news](#), Blac Chyna and Rob Kardashian are putting their differences aside and placing their [celebrity baby](#), Dream, above everything. A source close to the [celebrity exes](#) told [EOnline.com](#) exclusively that “they are co-parenting and independently working on themselves but they’re more cordial now than they have been, which is why they [have] hung out recently.” Kardashian continues to visit Dream on a weekly basis two months after the couple split and went their separate ways. The source claims Rob is “always happy to see her.” The Arthur George sock designer claims that he finally understand why his mother, [Kris Jenner](#), had so many kids in a recent Instagram post saying, “Now I understand why my mom had 6 kids!! Babies are the greatest gift of Life!!”

**These celebrity exes have experienced quite a bit of drama.**

# What are some ways to get along with your ex?

## Cupid's Advice:

It's never easy to get along with an ex, but sometimes you have to make it work. If the two of you share a child, like Rob and Chyna, it's very important that you sustain a civil relationship with one another. With this in mind, Cupid's going to help make this transition an easier one with some [relationship advice](#):

**1. Seek balance:** If you and your ex share children together it's important to seek balance in your relationship with one another. Put your negative feelings aside and put your children first. This way, it'll be easier for you and your ex to get along.

**Related Link:** [Celebrity Baby: Serena Williams Says She Accidentally Revealed Her Pregnancy on Snapchat](#)

**2. Stop bringing up the past:** It's only going to make being civil harder! The relationship is over so there's no need to keep bringing up the factors that made it end. If you keep focusing on the negative, you'll never reach the positive aspect of your "new" relationship the two of you are striving for.

**Related Link:** [Celebrity News: Katherine Heigl Gushes Over Marriage and Kids](#)

**3. Forgive:** This is *extremely* difficult depending on the severity of your break up. But, in order to be civil with your ex, this has to be done. Once you forgive and forget a huge weight will be lifted off your shoulders. You have no idea how freeing this can be!

**Do you get along with your ex? Comment below with some tips on**

how you do it!

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# Celebrity Baby: Serena Williams Says She Accidentally Revealed Her Pregnancy on Snapchat



By [Delaney Gilbride](#)

In [celebrity news](#), it looks like Serena Williams' [celebrity pregnancy](#) announcement on Snapchat was a mistake! According to

[UsMagazine.com](http://UsMagazine.com), the tennis superstar admitted that her selfie posted on Snapchat on April 19 showing off her 20 week baby bump was an accident. During a [celebrity interview](#) at the TED conference on Tuesday, April 25, Williams stated: “I have this thing where I’ve been checking my status and taking pictures every week to see how far along I’m getting. I’ve been so good about it, but this was the one time it slipped.” The 35 year-old pro athlete followed her statement by claiming that even if the Snapchat didn’t go out to the public on that day she was going to reveal the pregnancy within the week. This will be Serena Williams’ first child with fiancé, co-founder of Reddit, Alexis Ohanian.

**It looks like this [celebrity baby](#) news was meant to stay a secret for a bit longer! What are some things to consider before revealing your pregnancy to family and friends?**

#### **Cupid’s Advice:**

Nothing is more exciting than when you’re expecting. But how do you know when the time is right to announce your pregnancy to your family and friends? Cupid’s here to give you some questions to ponder when making this big decision:

**1. Will they be supportive?:** You know your family and friends better than anyone else and if you believe that they will support you through your pregnancy, go ahead and tell them! Having a child is something beautiful, but you will need help along the way. If you believe your close family and friends will be the ones to support you there’s no holding you back from telling them.

**Related Link:** [Celebrity Maternity Style: Find Out How You Can](#)

[Be Chic During Pregnancy Like Amal Clooney!](#)

**2. Have you and your partner had time to process this?:** This is something extremely important to think about before revealing your pregnancy. Having a baby is a huge deal! You and your partner have to allow this information to truly sink in before sharing it with the world. If you've processed the fact you're going to have a baby, others will too!

**Related Link:** [Celebrity Baby: Pregnant Serena Williams Gets Cozy with Boyfriend Alexis Ohanian on Babymoon](#)

**3. Are you over 12 weeks?:** You're most likely to have a miscarriage between 6-10 weeks, so you should wait to announce your pregnancy until at least 12. Go to your doctor and get a scan. You can't always rely on pregnancy tests!

**Are you pregnant? Comment below with how you knew the time was right to share the news with your close family and friends!**

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# Celebrity Baby: Pregnant Serena Williams Gets Cozy with Boyfriend Alexis Ohanian on Babymoon







By [Noelle Downey](#)

Tennis superstar Serena Williams is enjoying some much needed rest and relaxation with her fiancé Alexis Ohanian following the announcement of the couple's [celebrity baby](#) news on April 19th. According to [EOnline.com](#), the [celebrity couple](#) was spotted basking in the sun, surf and sand at Playa del Carmen, a Mexican resort town, where Williams sported a cute swimsuit and a smile and her soon-to-be-hubby grinned and sipped on a beer. With this [Hollywood relationship](#) in for a major change with a baby on the way, it's no wonder this power couple is taking a moment to just enjoy the warm weather and each other's company as they celebrate their [celebrity pregnancy](#) and segue into a brand new chapter in their lives.

**Serena is preparing for her  
celebrity baby with some  
relaxation! What are some benefits**

# to indulging in a babymoon?

## Cupid's Advice:

With a baby on the way, traveling can seem like a daunting proposition. But there are tons of benefits to turning a [romantic getaway](#) into a special babymoon to celebrate your upcoming family addition. Here are Cupid's top tips on why you should prioritize a trip the next time you and your partner get such happy news:

**1. It's your last chance to travel kid-free:** While traveling while pregnant can be a mild ordeal, traveling with a baby or small child is exponentially more difficult! Considering that this may be the last opportunity you and your partner may have for a trip that's all about you, it might be a good idea to take the plunge and enjoy one last luxury vacation – minus the pitter patter of little feet.

**Related Link:** [Serena Williams Is Expecting a Celebrity Baby](#)

**2. It's a great way to bond:** Even if you're both super excited to be parents, it's likely that if you don't get away to celebrate, "real life" may distract you from your happy news. Get away from the pressure of work and other time commitments for a bit, even if just for a weekend, and really focus on the dreams, plans and hopes you have for this new special individual you're bringing into the world. One-on-one time will give you tons of opportunities to talk about your future favorite kiddo, and even make a great plan for your first few months as parents too.

**Related Link:** [Serena Williams Talks Celebrity Engagement to Boyfriend Alexis Ohanian](#)

**3. Relaxation is vital:** Pregnancy is a wonderful miracle of life, but it also comes with its fair share of aches, pains and uncomfortable moments. Taking a trip to a spa, a beach, or

other luxury travel destination with your partner and just letting yourself really relax will do nothing but benefit you and your baby's health and help you center and collect yourself for the harder parts of bringing life into this world!

Williams and Ohanian seem prepped to be celebrity parents and are enjoying a little one-on-one time before their little one arrives! What are your favorite kid-free retreats to visit with your partner for a relaxing getaway? Let us know in the comments!

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## Celebrity News: Katherine Heigl Gushes Over Marriage and Kids





By [Noelle Downey](#)

It's official! Katherine Heigl absolutely loves her family life. Recently in [celebrity news](#), Heigl gushed to [EOnline.com](#) on the red carpet of her movie premiere about her love for her three children and the secret to her long-lasting and incredibly happy [celebrity relationship](#) with her husband. "I think honestly, that we just are really good friends," Heigl confessed about her longtime love, Josh Kelley, "We're sort of best friends, we get along really well, we have a really good time together. We have our moments, like any couple, so we just sort of cling to that friendship when stuff gets hard." Kelley and Heigl have been married for nearly ten years and have three children, Naleigh, Adalaide and Joshua, and the [celebrity mom](#) joked that she's all in for more. "I'm kind of like, 'Let's have four or five' and Josh is tapping out," Heigl confessed, adding that whether or not there are more [celebrity babies](#) on the horizon for her and her hubby, her daughters are adjusting incredibly well to new family addition, four-month-old Joshua. "They're fawning all over him," Heigl admitted with a huge smile.

# This celebrity news has us very happy for Katherine Heigl! What are some secrets to a long-lasting relationship?

## Cupid's Advice:

Heigl and Kelley seem to have figured out the set of secrets that help them build a blissfully happy marriage. Here are Cupid's top tips on how to have a relationship as happy as this [celebrity couple's](#):

**1. Build a strong friendship:** Just as Heigl says that she and Kelley are "best friends," it's important for you to feel the same way about your romantic partner. Building a firm friendship is a necessary and strong foundation for any romantic relationship, and knowing that someone always has your back is vital in any long-term partnership. Romance is important and intimacy is a must, but friendship adds a warm glow and allows love to flourish even in times of hardship.

**Related Link:** [Katherine Heigl & Josh Kelley Move to Utah](#)

**2. Prioritize your relationship:** The best couples are those that make time for each other even in the busiest seasons of their lives. If you're constantly pushing quality time with your significant other or spouse to the bottom of your priorities list, it's time to take a good hard look at how much you're contributing to this relationship's success. With work, kids and other time commitments, making time isn't always easy, but it's necessary in order to make sure your relationship is still healthy and strong years after you first fall in love.

**Related Link:** [Celebrity Interview: Katherine Heigl Says](#)

## [“Family Comes First”](#)

**3. Be honest about your needs:** Even in the best relationship, it’s likely that you will go through rough patches if you stay together long-term. If you’re feeling as though your partner isn’t truly meeting your needs the way you want them to, be open with them about it. Make time for an honest, calm discussion, and prepare yourself to listen and be receptive if they have concerns for you as well.

**These celebrity parents are clearly knocking it out of the park when it comes to caring for each other and their family. What are some of your tips for making sure your relationship stays strong through any kind of weather? Let us know in the comments!**

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# **Serena Williams Is Expecting a Celebrity Baby**







By [Whitney Johnson](#)

Serena Williams shared some exciting news via Snapchat: She's expecting a [celebrity baby](#) with fiancé Alexis Ohanian! As reported by [EOnline.com](#), the sports queen posted a picture of herself in a yellow one-piece bathing suit with the caption, "20 weeks." The [celebrity couple](#), who announced their engagement in late December, recently vacationed together in Tulum, Mexico – a babymoon, perhaps? Offering another hint about her celebrity pregnancy over the weekend, Williams posted a photo to Instagram and wrote, "Fighting to get up this morning." It's no surprise that this celebrity baby has already attended his or her first major sporting events: The tennis star was two months pregnant when she beat her sister at the 2017 Australian Open in January.

**There's a sporty celebrity baby on the way! What are some factors to**

# consider about your fitness routine while you're pregnant?

## Cupid's Advice:

Pregnancy changes a lot of things: what you can eat, what you can wear, and how you can exercise, just to name a few. If you have a baby on the way, here are some factors to consider about your fitness routine:

**1. Listen to your body:** Most importantly, pay attention to what your body's telling you. Pre-pregnancy, you may have pushed yourself to run that half-marathon as fast as you can. Now that there's a little one on the way, listen to how you feel: Are you uncomfortable? Do you feel faint? Are you drinking enough water? Do you need to take a break?

**Related Link:** [Serena Williams Talks Celebrity Engagement to Boyfriend Alexis Ohanian](#)

**2. Drink plenty of water:** Make sure you stay hydrated before, during, and after exercise. Dehydration during pregnancy can lead to a number of problems, including decreased blood flow to the placenta, early contractions, and increased risk of overheating.

**Related Link:** [New Celebrity Couple: Serena Williams is Dating Reddit Co-Founder Alexis Ohanian](#)

**3. Skip dangerous sports:** Continue with your swimming or yoga practice for as long as you feel comfortable, but avoid sports that involve a lot of contact, like basketball or soccer, or that involve rapid movements and balance, like racket ball, gymnastics, and water skiing.

**Do you have any other advice about exercise during pregnancy? Tell us in the comments below!**

*Note: We are not medical professionals. Please consult with your doctor about your fitness routine during pregnancy.*

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# Celebrity Baby: 'The Hills' Alum Spencer Pratt & Heidi Montag Are Expecting a Baby



By [Delaney Gilbride](#)

In [latest celebrity news](#), Spencer Pratt and Heidi Montag are *finally* pregnant after eight years of marriage! The [celebrity couple](#) spilled every juicy detail about the beginning of

Montag's pregnancy in an interview with [UsMagazine.com](http://UsMagazine.com); Pratt was nearly half asleep when his wife told him the big news. "The look on her face, I can't even describe it. She was literally glowing. I thought she was about to say she made muffins or banana bread." Much to the 33 year-olds surprise, her celebrity baby news was much more than baked goods. The 30 year-old mother to be is 12 weeks along and due on October 19th; she told [UsMagazine.com](http://UsMagazine.com) that following her announcement to Pratt, she felt "overwhelmed": "I started crying, and he embraced me." Congratulations to Hollywood's newest expecting parents!

**This [celebrity baby](#) comes after quite a few years of marriage. How do you know when you and your partner are ready for a child?**

#### **Cupid's Advice:**

Having a baby is a decision that shouldn't be taken lightly; it's extremely important that you and your partner are completely ready to raise a child together. So, when do you know when the time is right? Cupid's here with the latest [relationship advice](#):

**1. Work won't interfere:** One of the main reasons Heidi and Spencer waited so long to have a child was because their work lives we're way too busy. Adding a child into the mix at that time in their lives wouldn't have been fair. Make sure you have enough time on your plate when you want to start having children.

**Related Link:** [Mila Kunis Hits Red Carpet 4 Months After Having Celebrity Baby, Talks Raising Kids](#)

**2. You're financially stable:** You shouldn't have to worry

about money when you're raising your kids. You and your partner have to be *sure* money won't be a problem after you have kids. This way, instead of worrying about finances, you can spend all your time loving your little ones.

**Related Link:** [Celebrity Baby: Kim Kardashian Reveals Plans to Have Third Child with Kanye West](#)

**3. You're mentally prepared:** Before you have kids, you and your partner have to have *loads* of conversations about it. This isn't something you can decide on right away. You have to be sure that the two of you are ready for a lifetime of work and responsibility.

**Are you ready to have kids? Let us know how you knew you we're ready for this next step by commenting below!**

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## **Mila Kunis Hits Red Carpet 4 Months After Having Celebrity Baby, Talks Raising Kids**







By [Delaney Gilbride](#)

In [celebrity news](#), [Mila Kunis](#) looked absolutely *stunning* as she hit the red carpet for the first time after giving birth to her baby boy, Dimitri, in November. According to [UsMagazine.com](#), the actress spoke to STX films about her new life as a mother of two while promoting her newest film *A Bad Mom's Christmas* at CinemaCon in Las Vegas claiming, "It's different, [Dimitri is] also 3 months old, so you forget what sleepless nights are like. I remember, guys, in case you're wondering." Back in May, Kunis spoke about her family life during a [celebrity interview](#) with *Entertainment Tonight* claiming that her and husband [Ashton Kutcher](#) were pretty selfish before starting a family: "I think having a kid made me realize how incredibly selfless I want to be. It does change the way you think and look at life. I would never trade it for the world." The [celebrity couple](#) are also parents to two-year-old daughter, Wyatt.



# This [celebrity baby](#) boy makes two kids for Mila Kunis and Ashton Kutcher. What are some ways to keep the spark alive in your relationship when you have kids?

## Cupid's Advice:

Being a parents is as much rewarding as it is draining, so it may be hard to keep the romance alive between you and your partner after you have kids. What are some ways to change this? Cupid's here to give you some love advice:

**1. Have a date night at least once a week:** It's important for you and your love to have some alone time after having kids. This doesn't make you selfish; if anything it's best for the whole family. This way you and your love will be able to relax, have a little fun, and be refreshed and ready to tackle another week with the kids.

**Related Link:** [Celebrity Baby: Kim Kardashian Reveals Plans to Have Third Child with Kanye West](#)

**2. Make time every day to talk:** Having a kid makes your life hectic, especially if you have more than one. This means a majority of your time becomes devoted to taking care of your children rather than spending quality time with your significant other. Make *sure* that no matter how busy your day has been, that you and your love spend some time and talk with one another.

**Related Link:** [Celebrity Baby: Jared Padalecki & Wife Genevieve Cortese Welcome Baby Girl](#)

**3. Take advantage of nap time:** Although it may not last long, nap time for your kids means romance for you and your boo! No

matter what you plan to do with those couple minutes, nothing beats some alone time with your love. Everyone needs a break every now and then.

**Do you and your significant other have kids? Comment below with how you keep your love life going strong!**

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# **Celebrity      Baby:      Kim Kardashian Reveals Plans to Have Third Child with Kanye West**





By [Mallory McDonald](#)

In recent [celebrity news](#), [Kim Kardashian](#) has come out of her tragic robbery experience in Paris wanted another [celebrity baby](#)! [EOnline.com](#) has the promo for next week's episode of *Keeping Up With the Kardashians* where Kim reveals her desire for another child. On the recent episodes, Kim has been very open and honest about her experience in Paris, and her family have been very supportive during her recovery period. This event has made Kim realize her desire for more kids, saying, "I'm going to try to have one more baby. I want my kids to have siblings, but the doctors don't feel like it's safe for me."

**There may be another celebrity baby on the way for Kimye. What are some things to consider before having another child?**

**Cupid's Advice:**



# Padalecki & Wife Genevieve Cortese Welcome Baby Girl



By: Christa Ganz

*Supernatural* star Jared Padalecki welcomed a new [celebrity baby](#) with wife Genevieve Cortese. Their newest addition, daughter Odette Elliott, was born on March 17. This St. Patrick's Day baby makes a grand total of three children for this [celebrity couple](#)! Odette Elliott is welcomed by two older brothers, four-year-old Thomas, and two-year-old Shepard. Padalecki, 34, met Cortese, 36, on the set of his hit TV show *Supernatural* back in 2008. The couple married in February 2010. Padalecki had announced the baby news last November, when he was a guest on *Live with Kelly*. Right before giving birth to little Odette, Cortese signed up for Instagram to photo-journal her life before they become a family of 5.

Cortese posted a photo of her two boys in early March and captioned it, “Ahhhh, can they just stay this age forever? Excited to do this all over again with these two plus baby #3!”

## **Jared Padalecki is a father of three, now that he welcomed his youngest celebrity baby! What are some things to consider before adding another child to your family?**

### **Cupid’s Advice:**

Children can fill your heart with so much love. That’s why the term “baby fever” is a very realistic and relatable term. Here are some things to consider before taking the plunge again:

**1. Space:** Do you have the room to accommodate another little one? While you may have the means to provide a roof over their head, keep in mind that children at different ages need different types of space. Consider upgrading or expanding your home to suit the needs of all your children.

**Related Link:** [‘Gilmore Girls’ Star Jared Padalecki’s Wife is Expecting Baby No. 3](#)

**2. Time:** Consider the small amount of free time you have now with children. As they grow up, they become more involved in activities. Be sure to keep your growing family balanced with activities and socializing measures. A new baby might take time away from older children, so be ready to seek help getting the kids to school and soccer practice!

**Related Link:** [‘Supernatural’ Star Jared Padalecki Welcomes](#)



## [Second Son](#)

**3. Finances:** Remind yourself of the expenses that come with having another child. If you have one child now, double the amount you spend on food, care and fun. While budgeting and recycling old toys and clothes will help a lot, there is no way around the growing expense another child brings.

**What did you take into consideration before expanding your family? Comment below!**

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# **Celebrity Baby: Mary-Kate Olsen & Husband Olivier Sarkozy 'Really Want a Baby'**





By [Whitney Johnson](#)

It looks like Mary-Kate Olsen may be adding another job to her resume soon: celebrity mom! According to [UsMagazine.com](#), the fashion designer and husband Olivier Sarkozy are ready for a [celebrity baby](#). A new addition will fit seamlessly into the [celebrity couple's](#) low-key life. After all, Olsen is already a stepmom to Sarkozy's two teenage children, and she "absolutely loves" them, says an insider.

**Mary-Kate Olsen's home may be a *Full House* with the addition of a celebrity baby! What are some ways to know you're ready to welcome a child into your relationship?**

**Cupid's Advice:**

It sounds like this former *Full House* star is ready for a

celebrity baby! Are you in the same boat? If so, here are three ways to know if you're truly ready to welcome a child into your relationship:

**1. You can take care of yourself:** Before you become responsible for another human being, it's important that you can take care of yourself. Starting healthy habits now, like cooking at home and exercising regularly, will help you keep them up after you become a parent.

**Related Link:** [Celebrity News: Mary-Kate Olsen's Transformation From Tabloid Queen to Happy Homebody](#)

**2. You have a support system:** Taking care of a newborn is a lot of work...especially after a sleepless night (or three!). Make sure you have friends and family nearby who can pitch in when needed. An extra set of hands is more helpful than ever before. Plus, knowing a frozen casserole is in your freezer will go a long way after a stressful day!

**Related Link:** [Mary-Kate Olsen Talks Designing Her Wedding Dress](#)

**3. You're open to change:** A little one brings a lot of happiness and love into your life, but it also brings a lot of change – something that's scary to many people. Are you ready for your life to never be the same again? If so, bring on the baby!

**Cupid wants to know: How do you know if you're ready for a baby?**

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# Celebrity News: Eva Mendes Opens Up About Raising Daughters With Ryan Gosling



By [Delaney Gilbride](#)

In [celebrity news](#), actress Eva Mendes is all about that family life! In a recent [celebrity interview](#) with *Shape* magazine, the 43 year-old actress opened up about her home life with handsome husband [Ryan Gosling](#), 36, saying, “What people don’t know about me is that I love being home. Instead of hitting the red carpet, I’d rather be with our girls.” The [celebrity couple](#) are parents to their two daughters Esmeralda, 2, and Amanda, 10 months, and it looks like they couldn’t be more in love with their little family! According to [UsMagazine.com](#), the actress also shared her struggle with

losing extra baby weight, but it looks like her kids might be helping her out as she said, “It’s not as hard as I thought it would be, because I’m always running around with the kids. I never sit down – I’m on the move all day.”

## **This celebrity mom has no problem being home with her [celebrity kids](#). What are some benefits to being a stay-at-home parent?**

### **Cupid’s Advice:**

Chances are that when you have kids you’re never going to want to leave the little munchkins! So, if you’re able to be a stay-at-home parent, what are the advantages? Cupid’s here to tell you all about it:

**1. If there’s every an emergency – you’ll be there:** If you’re a stay-at-home parent you’ll be able to act on any emergency immediately. You won’t need to be worrying about what could happen to your kids while you’re stuck behind a desk at work. You’ll be right there ready to handle whatever is thrown at you!

**Related Link:** [Celebrity Baby News: Natalie Portman Gives Birth to Daughter Amalia Millepied](#)

**2. It’s economically friendly:** If you’re able to rely on only one partner for your income, being a stay-at-home parent can help save a lot of money in more ways than one. You’ll save on gas, car maintenance, and most importantly child care. All of those things are bound to add up if you’re working away from home.

**Related Link:** [Celebrity Baby: Tori Spelling & Dean McDermott Welcome Fifth Child, a Baby Boy](#)

**3. You'll have a constant routine:** If you're staying at home with your kids you don't have to worry about being pulled out of meetings or being late to work because of your hectic life at home. You'll be able to have a normal routine at home that most likely won't change too often.

**Are you a stay-at-home parent? Comment below with some of its pros!**

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## **Celebrity Baby News: Natalie Portman Gives Birth to Daughter Amalia Millepiéd**







By [Delaney Gilbride](#)

In [latest celebrity news](#), Oscar-winning actress Natalie Portman has given birth to her second child with husband Benjamin Millepied! The [celebrity couple](#) told [EOnline.com](#) exclusively that their daughter, Amalia Millepied, was welcomed into the world on Wednesday, February 22. The 35 year-old actress has been relatively quiet about her pregnancy throughout the last nine months in comparison to other celebrity parents who can't contain their excitement about their growing families. In an interview with [Jimmy Fallon](#) in November, Portman confessed: "It's weird because I'm a small person in general, so you show a lot faster and a lot more when you're small. Everyone thinks I'm about to pop and about to give birth any minute, and I have *months* to go..." Thankfully, that month has finally arrived. Congratulations Natalie and Benjamin!

**This [celebrity baby](#) has a lot to**

# live up to when it comes to her famous parents! What are some ways to get on the same page with your partner when it comes to raising your kids?

## Cupid's Advice:

Having a baby isn't easy. Raising your child isn't easy either, *especially* if you and your partner have different ideas on how to do it. So, how do you find a happy medium? Cupid's here with the latest [relationship advice](#):

**1. Talk about the parenting decisions when you're both calm:** Due to the fact that this is a very important topic for the two of you, it can become very heated when you have different opinions. It's important to go into the conversation level headed and remind yourself to stay calm if the two of you have very different views. There's no reason to fight if you're having a calm conversation.

**Related Link:** [Celebrity Baby: Tori Spelling & Dean McDermott Welcome Fifth Child, a Baby Boy](#)

**2. Be open minded:** If you go into the conversation about how the two of you will raise your child with your mind already set up, the conversation will go nowhere. You have to be able to accept that your partner has a different idea of how they want to do things. This way, you'll really be able to take in what *they* want and consider the options.

**Related Link:** [Expectant Parents & Celebrity Couple Amanda Seyfried and Thomas Sadoski Turn Movie Premiere Into Date Night](#)

**3. Find a happy medium:** With every big decision comes a good

deal of “give and take”. Unless the two of you agree on literally everything having to do with your kids, you’re going to have to give things up and accept others as well. Don’t forget that no matter what you decide on, your kids will grow up just fine!

**Did you and your partner have differences when discussing how to raise your kids? Comment below with how to come to a compromise!**

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## **Expectant Parents & Celebrity Couple Amanda Seyfried and Thomas Sadoski Turn Movie Premiere Into Date Night**





By [Delaney Gilbride](#)

In [celebrity news](#), parents-to-be Amanda Seyfried and Thomas Sadoski turned the premiere of their new movie *The Last Word* into an affectionate date night. The engaged [celebrity couple](#) arrived at the red carpet event at ArcLight Hollywood in Los Angeles absolutely glowing! The actors co-star in the movie, Shirley MacLaine, spoke to [EOnline.com](#) about the couple on set claiming she wasn't "sure when [Seyfried] was acting with [Sadoski] and when it was real and that's what [she] enjoyed in the movie. It ended up with a baby." The duo met in 2015 on the set of an off-Broadway production entitled *The Way We Get By* and rekindled their relationship on the set of *The Last Word* in September; not even two months later the couple announced their engagement and Seyfried was seen sporting a baby bump! When speaking with [EOnline.com](#) about their [celebrity baby](#), Sadoski claimed that besides your typical daddy-to-be nerves, he "couldn't be more excited."

# This celebrity couple isn't wasting a date night opportunity! What are some ways to turn ordinary activities into dates?

## Cupid's Advice:

It's hard to plan date nights with you boo when the two of you have busy schedules. What are some ways to incorporate date nights into your everyday regimes? Cupid's here to help you out with some [dating advice](#):

**1. Turn a work-outing into a date night:** If your boss makes plans for you and your co-workers to go out after a long day of hard work, there's no need to be bummed out! Invite your honey along and turn it into your own little outing. This way you'll make your boss and your boo happy.

**Related Link:** [Celebrity Couple News: Kristen Stewart & Girlfriend Stella Maxwell Attend Chanel Pre-Oscar Dinner](#)

**2. Turn "running errands" into a fun time:** Running errands by yourself can be time consuming and tedious. So, why not turn it into something fun you can do with your honey? While out doing errands you can spend some quality time with your partner and discuss your day; you can even go for a bite to eat since you're already out of the house!

**Related Link:** [Celebrity Break-Up: Katy Perry & Orlando Bloom Break Up After 10 Months Together](#)

**3. Double date:** Of course we have to make time for our friends as well, so why not incorporate a date night in there? This way you and your friends will be able to spend quality time together while your partners can enjoy the night out as well. It'll make everyone happy!



Do you and your boo find new ways to make date night happen? Comment below and let us know your ideas!

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## Celebrity Baby: Tori Spelling & Dean McDermott Welcome Fifth Child, a Baby Boy



By [Delaney Gilbride](#)

In [latest celebrity news](#), [celebrity couple](#) Tori Spelling and Dean McDermott welcomed the newest member of their family on Thursday, March 2. It's a beautiful baby boy! Beau Dean



McDermott was born at 1:48 pm weighing 5 lbs., 12 oz. measuring 18 1/2 inches long. According to [EOnline.com](http://EOnline.com), the former *Beverly Hills, 90210* actress took to Twitter later that night introducing her new baby boy to the world by posting a photo of his tiny hand. Following the birth of their child, the couple conducted a [celebrity interview](#) with *People Magazine* expressing their excitement over the family's newest member: "We are over the moon in love with baby Beau. He is a true blessing and his brothers and sisters were overjoyed to meet him! We are all truly grateful for our big beautiful and healthy family." Congratulations Tori and Dean!

## **This [celebrity baby](#) joins four older brothers and sisters. What are some advantages to having multiple children with your partner?**

### **Cupid's Advice:**

It looks like another celebrity baby has made it's way into the world; the more the merrier! The McDermott's are loving their growing family and it has us thinking, what are some pros to having more than one child? Cupid's here to help you out:

**1. Your kids will always have a playmate:** By having more than one child, your kids will never be bored. They'll grow up always having someone to play with, someone to lean on, and someone to learn lessons with. It also doesn't hurt that you and your partner will be able to have more alone time as your kids will be busy playing together.

**Related Link:** [Celebrity Baby: George & Amal Clooney Will Avoid Dangerous Travel During Pregnancy](#)

**2. You'll get your money's worth:** Preparing for your first baby is expensive; after they've grown out of their clothes, toys, and strollers what are you supposed to do with them now? Having another child puts all of those materials back in use again. You'll also be able to spend less money the second time around now that you know what's necessary for a baby and what's not.

**Related Link:** [Celebrity News: Mandy Moore Wants to Have Kids 'Sooner Than Later'](#)

**3. It gets easier the second time around:** This time around you'll know what to expect; you're basically a pro at this whole pregnancy thing at this point. Bringing your second child into the world will be much more relaxing because you've already done it once before. Plus, you already have the skills to continue on being super parents!

**Do you have multiple children? Comment below with reasons why you love having a big family!**

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## **Celebrity Baby: George & Amal Clooney Will Avoid Dangerous Travel During Pregnancy**





By [Delaney Gilbride](#)

In [latest celebrity news](#), it looks like Amal Clooney will have to hold off on some of her human rights cases due to her pregnancy that was announced earlier this year. In a recent [celebrity interview](#) with *Paris Match* magazine, [George Clooney](#), 55, admitted that he and Amal have “decided to be much more responsible” in regards to traveling. The actor also added that “Amal will no longer go to Iraq and she’ll avoid places where she knows she isn’t welcome,” as she recently took on ISIS for a human trafficking survivor, Nadia Murad. According to [UsMagazine.com](#), the [celebrity couple](#) still has multiple safe options to raise their [celebrity babies](#) as they have houses in Italy, America, and England. George also went on to explain his devotion to Amal as he said, “People think that we are never together, but we haven’t been separated for more than a week.” The couple will welcome their twins sometime this coming June.

# **This couple is taking no risky chances with their soon-to-be celebrity babies! What are some precautions to take when you're pregnant?**

## **Cupid's Advice:**

Although it must be hard for Amal to put her job on hold, she's already doing everything in her power to protect her babies. It has us thinking, what are some of the best ways to take care of your unborn child? Cupid's here with baby advice:

**1. Stay away from seafood:** Although fish is one of the best low-carb sources of nutrition for a healthy diet, it could be very harmful for your baby. It's been said that eating seafood during pregnancy could negatively affect your babies development since some types of fish contain very high levels of mercury. Although sushi might be tasty, you gotta put it on hold!

**Related Link:** [Celebrity Baby: George & Amal Clooney Are Expecting Twins](#)

**2. Be cautious around caffeine:** If coffee and/or other caffeine related drinks are a part of your every day life, it may be hard to give up during pregnancy. Although it's still under investigation, scientists have said that caffeine consumption during pregnancy could be related to premature births and other birth defects. It would be best to decrease your caffeine consumption day by day once your pregnancy begins.

**Related Link:** [Celebrity Baby News: Beyoncé Announces She's Expecting Twins with Jay-Z](#)

**3. Avoid saunas and hot tubs:** While the previous tidbits about what not to do during pregnancy may have sounded familiar, this one may not be known too well around the pregnant community. Because saunas and hot tubs maintain a temperature higher than the human body, they could overheat your baby leading to defects on their development. Keep your baby happy and healthy by avoiding this!

**Are you pregnant? Comment below with some precautions you use during pregnancy to keep your baby healthy!**