

Mariah Carey and Nick Cannon Are Having a Boy and a Girl



Ever since Mariah Carey and Nick Cannon confirmed their pregnancy last year, everyone has been wondering about the sex of their twin babies. It's both a boy and a girl, a close source to the pair told UsMagazine.com. The couple has been cautious about revealing too many details, as they struggled to conceive after a miscarriage in 2008. But when President Obama asked them about the pregnancy, they couldn't resist and broke the news about having twins. The source said, "Those kids will have everything. Mariah and Nick are ecstatic."

How do you prepare for opposite sex twins?

Cupid's Advice:

Nothing can prepare you for that excited feeling you get when you discover that you're expecting opposite sex twins.

Wondering about how you should prepare for their arrival? Cupid is here to offer some advice:

1. Necessities: Although you're ecstatic about the arrival of fraternal twins, financial worries can sometimes get in the way. Supplies such as diapers, food, toys and other baby gear can be shared. However, you have to invest in items that every opposite sex twin needs, such as clothing and safety seats.

2. Bedrooms: Are your twins going to share the same room for a long time? It's best to divide the space in half, decorating the sides based on their gender. If they won't be sharing, then choose a neutral color for the rooms by staying away from pink and blue.

3. Stereotypes and comparisons: Studies show that parents treat opposite sex twins differently and are also frequently comparing them. If the girl learns to talk before her brother, it doesn't mean that there's something wrong with him. Make sure to treat each twin equally, and understand that they are unique and will have individual talents.

Why Kate Hudson Kept Pregnancy a Secret





Kate Hudson isn't keeping quiet any longer. The actress has publicly announced that she is pregnant with her second child by her rockstar boyfriend Matthew Bellamy, [People](#) reports. Hudson tells *The Times* that she has been having bouts of morning sickness but couldn't tell anyone, not even her closest friends. "But I didn't want anyone to know for a long time," she said. "I was just hoping that all of a sudden, I could show up somewhere with a big belly." Hudson says her due date will come this summer, making her son, Ryder, 7, who she had with her ex-husband Chris Robinson, a big brother.

Should you keep the news of your pregnancy from your friends?

Cupid's Advice:

There are few things more exciting in life than announcing a pregnancy to all of your friends and family. But sometimes, depending on the situation, it may be best to keep mum for the first few weeks:

- 1. A new chapter:** Your new life isn't going to start once you leave the hospital nine months from first finding out about your pregnancy, but instead right then and there. When you first hear that you're pregnant, it's a lot of information to take in all at once. It's okay not to tell anyone until you yourself can handle the news.

2. Work-related: You may be ecstatic about being pregnant, but will your employer feel the same way? It can nerve-racking to tell your boss that you'll be needing to take maternity leave, especially if you've just received a recent promotion. Take a little time and some deep breaths before you announce it to the workplace.

3. Everyone wants a piece: Others may not realize that your pregnancy is yours alone. Advice, questions, belly touches and name suggestions will be flying their way right into the delivery room. By not making your pregnancy public right away, it will give you a little more privacy and a lot less stress.

Kate Hudson Talks Pregnancy and Engagement Rumors





Actress Kate

Hudson's pregnancy is igniting many rumors, most of which are absurdly untrue, reports UsMagazine.com. While on the England-based talk show *The Graham Norton Show*, Hudson effectively debunked several rumors. She revealed that while she is pregnant with boyfriend Matt Bellamy's child, she's not engaged to him. When asked about the possibility of a marriage, she replied, "I don't like putting that sort of pressure on it and I don't feel it necessary to get married." The actress went on to explain, "I just want to be happy."

Is getting married unnecessary pressure to a relationship?

Cupid's Advice:

Many feel that a relationship is only worthwhile if it results in marriage. However, more and more people are finding this untrue. Before you begin to stress over a dead-end relationship, consider the following factors:

1. Don't rush: Your relationship will pan out in its own time. Even if it seems to have a long way to go before marriage enters into the equation, have no fear.

2. Think things through: Before you sprint to the altar, think about the reasoning behind your decision. Do you want to

marry to please others, or is it really what *you* want? Marriage is life-changing, so take it seriously.

3. Your happiness: Ultimately, the point of marriage is for the couple in love to be happy together. If you and your partner are happy already and you don't think marriage will enhance it, it's totally fine to keep things the way they are.

Jewel and Husband Ty Murray Are Having a Boy



Jewel and Ty Murray have finally found out the sex of their baby. It's a boy! The couple is very excited to finally be able to get the ball rolling on decorating the nursery. "We would have been happy either way, of course, but we are so excited to be having a little boy," Jewel, 36, tells *People*. Murray agrees, saying,

“I have to admit, I was doing a little dance on our way out of the doctor’s office when we found out!”

How do you prepare for a baby boy versus a girl? Cupid’s Advice: Although any baby is a blessing, the way you prepare for each one can vary. Cupid has some tips on how to prepare for a baby boy versus a girl:

1. Blues and greens: Now that you know you’re having a little boy, ditch the pinks and stock up on the typical boy colors. Even though people say yellow is neutral, it’s cute to pair it with blues and greens as well.

2. Baby boy themes: You want to design the nursery with your new baby boy in mind. Trucks, airplanes and trains are always safe picks for boy nursery decor. Dinosaurs and farm animals are also great choices.

3. Plan of action: Before your baby is born, make sure to discuss how you want to raise him. Put together a plan for how you’re going to instill values (like how to treat women) in him.

Miranda Kerr and Orlando Bloom Welcome a Son





Orlando Bloom is no longer the only man in the house! According to *People*, Bloom and wife Miranda Kerr welcomed their son Flynn on January 6th. "I gave birth to him naturally; without any pain medication and it was a long, arduous and difficult labor, but Orlando was with me the whole time supporting and guiding me through it. I could not have done it without him," the model said on her Kora Organics Web site on Tuesday. "We are so happy and are enjoying our time together as a family. He is our little ray of sunshine. Thank you everyone for your beautiful well wishes and your lovely thoughts."

How can you support each other during the birthing process?

Cupid's Advice:

It's no secret that having a child is a difficult process, but with a little help from your spouse, it doesn't have to be a nightmare. Cupid has a few ways you and your partner can support one another:

- 1. Learn together:** It's important that you and your spouse are familiar and comfortable with the process before it happens. Attend birthing classes together. You have to learn about effective ways to support each other before you can actually do it.

2. Communicate: It's not easy to support your partner if you're not sure how to help. Keep the line of communication open about the experience and how it's affecting the both of you. Always remind each other that you're in this together!

3. Have a plan: The worst time to panic is when the baby is on his or her way. Have a solid plan in place ahead of time so that when the time does come, all you have to worry about is being there for each other.

Pregnant Kate Hudson Will Not Marry Matt Bellamy Anytime Soon



Kate Hudson may be three months pregnant, but she has no immediate plans to marry

the father of her child, Muse musician Matt Bellamy, according to *UsMagazine.com*. The actress, 31, has a previous child with rocker Chris Robinson; her son, Ryder, is now 6. “[Hudson] wanted Ryder to have a sibling, and Matt happened to be her boyfriend,” explained a source. “[Bellamy] went along with it.”

Should you marry the father of your child?

Cupid’s Advice:

Single mothers are becoming more and more common. Before committing to the father of your child, you should consider a few of the following:

- 1. The baby:** Make sure that you are marrying your partner for the right reasons. If you’re only tying the knot because of your pregnancy, take your beliefs and values into question. Having a child together may not be good enough of a reason to commit to each other for life.
 - 2. Your financial future:** Don’t get married for financial reasons. Money is one of the key factors that can ruin a relationship. There’s always child support if you’d rather not tie the knot with the father of your child.
 - 3. Your feelings:** Analyze your relationship with the father of your child. If you’re in love, and you feel that a life with him would make you happy, then go for it! Having a traditional family arrangement is just an added bonus.
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Nicole Kidman and Keith Urban Welcome a Baby Girl



Actress Nicole

Kidman and husband Keith Urban welcomed the arrival of their surrogate daughter, Faith Margaret, on December 28th. Their newborn is the second daughter to join the family, along with two-year-old Sunday Rose. The couple kept the surrogate process secret from reporters until recently, when they issued statements to *UsMagazine.com*. "Our family is truly blessed, and just so thankful, to have been given the gift of baby Faith Margaret," said Kidman. "No words can adequately convey the incredible gratitude that we feel for everyone who was so supportive throughout this process, in particular our gestational carrier."

How should you welcome your surrogate child?

Cupid's Advice:

Whether adopting or welcoming a surrogate child to your family, sometimes it's hard to feel at home with a child you're only just meeting. Here are a few ways to welcome your new child to the family:

1. Throw a baby shower: Even though the baby isn't arriving traditionally, the child will still be yours to care for and love for the rest of your life. Take the opportunity to throw a baby shower, both anticipating the new baby and thanking the birth mother for her selflessness.

2. Make a transition: If your child experienced a lapse in time between birth and coming to live with you, the baby has probably become used to his or her environment. Ease the transition by incorporating the smells and textures your baby is accustomed to into your own home.

3. Make a connection: Just because you didn't physically give birth to your child doesn't mean you aren't the baby's "real" parents. Spend the time needed to establish a parental connection.

Hilary Duff is Excited to Have Kids with Husband, Mike Comrie





Now that Hilary Duff and Mike Comrie are married, is a baby in the near future? According to *UsMagazine.com*, Duff says, "Yeah, I think we're really excited to have kids." The new addition to the Comrie family might not be as soon as we had all hoped though. Duff also adds, "I'm only 23, so give me a little bit of time. Come on people!" Although a baby might not be in the near future, the two seem to be doing very well and are enjoying every bit of the newlywed life.

After marriage, how long should you wait before having kids?

Cupid's Advice:

You've just taken the plunge with marriage, so when should you start adding to the family? Cupid has some tips on how long you and your partner should wait before having kids:

- 1. When you have time:** Having children is a huge responsibility that takes up a lot of time. Make sure that you both have enough time for life without children before you decide to make time for new additions.
- 2. When your finances are in order:** It's no secret that having a child can end up being pretty expensive. Make sure you have the finances to back up your decision.

3. When you're comfortable with your career: Before you decide to completely change your life around, make sure you've accomplished at least some of your career goals. It's ultimately harder to balance your work and personal lives after you have kids.

Owen Wilson Welcomes Fatherhood and Talks About 'The One'



Congratulations to first-time father Owen Wilson and his girlfriend, Jade Duell! The couple welcomed a son in Hawaii on Friday, according to *UsMagazine.com*. Wilson has stayed quiet about his girlfriend's pregnancy, but a source says that he was looking forward to becoming a father. "He's super into it and asks a

lot of questions to make sure he knows what's going on every step of the way," the source said. Although the actor has yet to pop the question, he does believe that Duell is "The One."

What are some ways to tell that you're in love?

Cupid's Advice:

Being in love is a wonderful feeling, but how do you know if you've found Mr. or Mrs. Right? Cupid has some telling signs:

- 1. Emotions:** The mushy feelings you had at the beginning of your relationship are still there, even after many months or years.
- 2. Sleep deprivation:** You aren't getting a sufficient amount of sleep, yet you still feel energized. You spend countless nights thinking about your partner, and it seeps into your dreams on a nightly basis.
- 3. Everything is there:** When you're in love, you don't feel like you're lacking anything in life. Everything you've wanted has finally come true. You also know that no one can replace your partner.

'Sister, Sister' Star Tia Mowry and Actor Husband Cory Hardrict Are Expecting



Former *Sister*,

Sister star Tia Mowry and her actor husband Cory Hardict are expecting their first child this July, *People* reports. The expecting couple got married in 2008 in Santa Barbara, California. Mowry is currently on BET's *The Game*. A source close to the couple says, "This is something that they've wanted for a long time and they're thrilled." The pregnancy will be documented on a show for the Style Network.

What should you think about before having a child?

Cupid's Advice:

Bringing home a baby is one of the most exciting new chapters a relationship can take on. But before you and your partner decide to add on to your family, sit down and consider just what all goes into raising a child:

1. Cost: Not only are babies expensive, but the pregnancy and birth is as well. New clothes for your growing belly and a new room to furnish are two other factors, so there's a lot of preparation that goes into those nine months leading up to the birth.

2. New roles: After your maternity leaves ends, decide who will be the breadwinner and who will be the caretaker. Decide whether daycare is an option. Sometimes it is more convenient for the father to become a stay-at-home dad. Find out how he feels about that.

3. Values and morals: You and your husband may connect on every level and feel like you've discussed every topic there is, but bringing a child into the world will bring out a whole new slew of conversation starters. Come to a consensus about what values you will raise your children.

The Beckhams Are Expecting Baby Number Four!



As reported in *People* last week, David and Victoria Beckham are expecting

child number four. Currently, Posh Spice and the soccer star are the proud parents of three boys, Brooklyn, Romeo and Cruz. Perhaps a girl will be added to the mix. According to Simon Fuller, the Beckham's mentor and business partner, the couple could not be happier with the new addition they are expecting to add to their still growing family. "Family means everything to David and Victoria and this is simply the best news they and the boys could have wished for at the start of 2011," said Fuller.

How can you prepare your already-full household?

Cupid's Advice:

When it comes to family, the phrase, "the more the merrier," often applies. Cupid has some tips to live by when your full house gets even more full:

- 1. Make room:** It may be time to start interviewing contractors to expand your living space. The bigger your family grows, the more space you're going to need.
 - 2. Show some love:** As you wait for your family to expand, you should show the family you already have how much you care about them, especially if you have young children who may not understand what is going on.
 - 3. Avoid stress:** Growing your family can be busy and stressful. No matter how hard it may seem, make it a priority to make time for yourself.
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Alanis Morissette Has a Baby Boy



After a May wedding, singer Alanis Morissette and rapper Mario “Souleye” Treadway are proud to announce the arrival of their son, Ever Imre Morissette-Treadway. Talk about a mouthful! It was in August that Morissette revealed her pregnancy in *Us Weekly*’s “25 Things You Don’t Know About Me” section, listing “I am pregnant!” as the 25th item on the list. According to [Us Weekly](#), a representative confirms, “All are healthy and happy.”

What are ways to compromise with your partner about a baby name?

Cupid’s Advice:

There’s no doubt that naming your child is an important process between you and your partner. If you’re stuck on how

to make this decision, here's a couple of ways to find some middle ground:

1. Use both of your favorites: Do both of you have your heart set on a different name? Use them both!

2. Try different spellings: There are various spellings to each name. Compromise by having one of you choose the name, while the other chooses the spelling.

3. Make a list: Make a list of your favorite baby names and compare your choices with your partner's. Look for names that rank high on both of your lists for the perfect resolution.

Rascal Flatts' Jay DeMarcus Welcomes a Baby Girl



Country singer and

Rascal Flatts member Jay DeMarcus has officially joined the “dad club,” according to [People](#). He and wife Allison DeMarcus, a former Miss Tennessee and CMT personality, welcomed their first child, daughter Madeline Leigh DeMarcus on Saturday. He joins bandmates Joe Don Rooney and Gary LeVox in the world of parenthood. In fact, LeVox had a word of advice for the new dad: “Gary told me to strap in and hold on for the wildest ride of my life,” said DeMarcus. “I didn’t get much sleep last night. I kept waking up and thinking ‘Oh my gosh, I’m a father!’”

How does the relationship with your partner change after a baby?

Cupid’s Advice:

Bringing a child into the world is bound to change your life, there’s no doubt about it. The relationship between you and your partner may take a different form as well:

- 1. No free time:** The time you had to spend quality time together before has now been reduced significantly. Between feedings and diaper changing, you must work harder to squeeze in alone time.
- 2. No idle conversation:** When you have your first child, you’re bound to be consumed with caring for him or her. Try not to let your conversations solely revolve around the new addition to your family. Discuss things that were important to you before the birth of your son or daughter, too.
- 3. Upbringing disagreements:** Chances are that you aren’t going to agree about everything when it comes to raising your children. Don’t let the conversation get in the way of remembering your love for one another. Prioritize and compromise.

Controversial Beauty Queen Carrie Prejean is Having a Baby Boy



After their July wedding, Carrie Prejean and Kyle Boller are proud to announce that they're not only pregnant but are expecting a baby boy on May 9, 2011. [Us Weekly](#) reports that Prejean, the controversial Miss California USA 2009 who was stripped of her crown for alleged breaches in contract, is happy about having a boy and becoming a mother. But is the beauty queen concerned about the baby weight? Prejean's husband, Oakland Raider's quarterback Kyle Boller, made it clear that he has "the most beautiful pregnant wife ever."

What can you do to make your pregnant partner feel beautiful?

Cupid's Advice:

As the months go by and the baby weight piles on, pregnancy can make a woman feel anything, but beautiful. Prove her wrong by borrowing a few of these ideas:

1. Book the spa: If your partner is feeling a little down, surprise her by mentioning that you booked her a prenatal massage at the spa. It'll show her that she's still on your mind. Plus, a little rest is always appreciated.

2. Romance her: Bring back date night, and make sure she dresses to the nines. A romantic dinner will help remind her just how much you love being in her company.

3. Spice it up: Being pregnant can make some women feel the farthest thing from sexy. Buy some maternity lingerie, and rekindle the romance. Show her that you still find her beautiful.

Harry Potter's Tom Felton Accused of Fathering a Secret Love Child





Harry Potter and the

Deathly Hollows stars are used to spending time on the red carpet, but now they're under fire in the tabloids. Seven male stars from the *Harry Potter* film series have been accused of fathering a secret love child via an anonymous postcard published on the blog, Postsecret.com. Actor Tom Felton, who plays Draco Malfoy in the *Harry Potter* series, said via Twitter, "My friend just found this on the web! Just to confirm that I can be cancelled out of this equation." Oliver and James Phelps, who play George and Fred Weasley respectively, also denied the accusation, but Daniel Radcliffe, Rupert Grint, Jason Isaacs, and Alan Rickman have yet to comment.

How do you handle secrets in a relationship?

Cupid's Advice:

Truth and honesty are necessary for a healthy relationship, but sometimes sharing secrets seems to do more harm than good.

Cupid offers some thoughts on how to spill unsavory surprises to your partner:

1. Consider the situation: If you're as shocked to learn about something as Tom Felton was, look at the big picture. Figure out if your partner is likely to hear the news, if the

information will affect your relationship, and if it's something that should be taken seriously.

2. Put yourself in his shoes: Think about how you would take this news if it were the other way around. Use your partner's personality as a guide for breaking the news.

3. Establish a policy of full-disclosure: If your secret isn't a surprise to you like it was to Tom Felton, take this opportunity to re-establish the trust in your relationship. Explain why you didn't share right away, and make a pact to be more honest in the future.

Pink is Pregnant with Husband, Carey Hart



In a black Janey Lopaty Vintage Couture dress, Pink graced the red carpet at the American Music Awards over the weekend, right after announcing her pregnancy on the Ellen DeGeneres Show. Standing with husband, Carey Hart who lovingly patted her growing bump, it's evident that the couple is overjoyed with the news, according to [Us Weekly](#). Pink told reporters, "I'm feeling great! Hungry!" But before you contemplate the possibility of a surprise pregnancy, Pink clarified saying, "I worked for it. It was not an 'Oops.'"

What are unique ways to celebrate your pregnancy? Cupid's Advice:

With only nine months to enjoy pregnancy, here are some ways to commemorate this special time:

- 1. B is for belly:** Alanis Morissette shared a way to remember her pregnancy by tweeting a picture of her henna-covered baby bump. Other bump-related ways to remember include a belly cast, nude professional photos or belly painting.
 - 2. V is for videotape:** A beautiful gift that can one day be shared with your baby is a recording, which follows your pregnancy from start to finish. Document the growth of your bump, how you and your partner are feeling and hopes and expectations!
 - 3. S is for surprise:** A way to let friends and family know your exciting news is to gather them around for a group photo. Ask everyone to say, "Jenny's pregnant!" for the camera, and the stunned faces will last for years.
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Baby Spice to Welcome Baby Number Two



Baby Spice will be showing another baby bump soon! Spice Girl singer Emma Bunton, 34, recently announced her second pregnancy with longtime boyfriend Jade Jones via Twitter. “So our family grows, we are so excited to announce we’re having our second baby,” Emma Bunton wrote, according to [Us Weekly](#). She and Jade Jones have one son, Beau, who is three-years-old and who seems to be excited about the news. Emma Bunton tweeted, “Beau’s wish for a brother or sister has come true!”

How can a couple tell when they’re ready for another baby?

Cupid’s Advice:

A baby brings a couple joy and strength in their relationship, but also a higher level of responsibility and stress. So, how do you know when you’re ready to bring another bundle of joy

into your family's life? Cupid offers some advice:

1. Ask yourself questions: Before planning a pregnancy, you should ask yourself, "Why do I want this baby?," "How will this baby affect our lives?" and "Are we ready for this change?" If honest answers to these questions from you or your partner seem convoluted, you should consider waiting until your lives and relationship are in a more stable place.

2. Consider economics: According to the Wall Street Journal, the average cost of raising a child today is over \$225,000. You and your partner should consider whether you're financially stable enough and can provide a good life for yourselves, your other child or children and the new baby before considering having another.

3. Keep family in mind: The most important thing for you to consider in this decision is your other child or children. Are they happy, healthy and stable? Will you have enough time, money and attention for all your children? You should also consider other family members, such as siblings and parents, and whether they will be available to help you and your partner with your new bundle of joy.

Nick Cannon Insists Mariah Carey Wear Flats





As a result of her recent pregnancy, mommy-to-be, Mariah Carey's style is bound to experience some changes. However, according to [People](#), this high-heeled diva may be switching to flats as a result of husband, Nick Cannon's request. "Basically, I got Mariah Carey, the high-heel queen, to put on some flats. And this is amazing. I'm going shoe shopping today, needless to say, to buy you some flat shoes," Cannon announced to his wife. Carey, who is even know to travel in heels seems to be flattered by Cannon's request that she wear flats while carrying their child.

When should you make decisions for your partner in a relationship?

Cupid's Advice:

Though telling your partner what to do is rarely a sign of a healthy relationship, there are some instances where you should let it happen:

1. During pregnancy: Take a cue from Mariah Carey and let your beau dote on you while you're pregnant. If that means listening when he tells you lie down or if it means changing your clothing style, listen up! Keep in mind it's his child, too, and he only wants what's best for you both.

2. In the hospital: If you're really sick and in the hospital, chances are you aren't thinking clearly. Let your partner, who surely has your best interests at heart, help you make your medical decisions. Try to remember that your sickness may be messing with your decision making skills.

3. When you're drained: Sometimes when you get home from work, you're completely drained of energy. But you haven't seen your partner all day and he/she wants to spend some quality time together! That's fine and all, but give him the power to make decisions for the evening. It'll relieve the mental stress of coming up with which movie to watch or what to make for dinner. There's nothing wrong with taking a break!

Rumors Confirmed: Mariah Carey is Pregnant!





It's time to finally set the record straight: Mariah Carey is pregnant! [People](#) reports that after months of relentless media speculation, the 41-year-old singer has revealed that she and husband Nick Cannon, 30, are expecting. Carey told *Access Hollywood*, "It's been a long journey. It's been tough because I've been trying to hold on to a shred of privacy." After Cannon joined his wife in the interview, the couple revealed that they were especially secretive about this pregnancy because of a miscarriage two years ago. Cannon said, "It strengthened our relationship so much ... She handled it so well." Cannon seemed ecstatic about the new baby, adding, "The greatest gift on earth is a child."

When and how should you tell your mate about your pregnancy?

Cupid's Advice:

Baby news is always exciting (and sometimes unexpected), so make sure you tell your partner in the right way. Cupid has some ideas on when and how to break the news:

- 1. Wait until you're certain:** If your period is only a couple days late, wait it out. Unless you want to take the pregnancy test together, don't tell him until you are absolutely sure you're pregnant. False hopes are never a good thing.

2. Tell him at the right time: Don't bring it up in the midst of a fight. Wait until he's in a good mood and you have his full attention to avoid a bad reaction. Plus, this is a time you want to remember fondly!

3. Have some fun: Why not pick a creative way to tell him? Try buying some baby socks (they're small and easy to hide) and slip them into his pocket before he goes to work. You should expect an elated call in a couple of hours!

Does Beyoncé Have a Baby on the Way?



Rumors are swirling that Beyoncé Knowles will soon be in the market for some

bootylicious baby booties! In an exclusive, [US Magazine](#) is reporting that the singer and husband, Jay-Z, are expecting their first child. According to a source, the news came as a big surprise for the superstar duo. “B was shocked. She loves kids, but she wasn’t ready to be a mother just yet.”

“She really wanted to get her album done and tour the world again.” Still, another source says that Beyonce realizes that “this is a gift from God and she’s so happy.” But don’t start buying baby clothes for the couple just yet. Beyoncé’s mom recently told Ellen DeGeneres that the pair are, in fact, not expecting a baby, according to [People](#). The truth remains to be seen!

How can you and your partner best handle news of a surprise pregnancy?

Cupid’s Advice:

As the saying goes, you can’t be just “a little bit” pregnant.

Ready or not, your little one will soon be here, and you and your partner will have to come to the understanding that you’re going to be parents. Cupid has some tips to help turn the element of surprise into baby bliss:

1. Listen to the doctor’s orders: While you’re trying to sort out all of the emotions in your head and deal with the changes to your body, make sure not to disregard yours and the baby’s health. A doctor can also help run through your options if you are uncertain about the pregnancy. Plus, he/she can tell your mate exactly how to care for you.

2. Find a support system: Your main support system should be with your partner; however, the surprise of having a baby can be overwhelming. Find someone else to talk to and express all of your feelings. Sometimes an outsider can open your eyes and put your concerns into perspective. Then, go back to your beau and let him in on your new revelations.

3. Trust your maternal instinct: Once you find out you are

pregnant, your maternal instinct will most likely kick in. Although it takes a little longer for your partner's paternal instinct to follow suit, once it does, you can start "nesting" as a couple. While you'll inevitably be thinking that you're not sure if you can handle this, trust in yourself and your beau, and have confidence!

Paris Hilton Plays Mom to Cy Waits' Daughter



We are now seeing a softer side to the Bonnie and Clyde-like romance between heiress, Paris Hilton, and nightclub tycoon, Cy Waits. [RadarOnline](#) reports that Hilton has become a stand-in mother of sorts to Waits' seven-year-old daughter, Shea, from a

previous relationship. This baby mama drama is a far cry from when Hilton and Waits made headlines in August. Waits was arrested for drunk driving and Hilton for possession of cocaine on the same night. Perhaps this couple is turning over a new leaf! Though not officially a step-mom, Hilton previously stated, "I look after animals, so I'd have a lot to give my kids."

Can having a connection with your partner's children make your relationship stronger?

Cupid's Advice:

You can't trust just anyone to raise your child, but you must eventually trust your partner with your children if want the relationship to grow. Cupid has some things to consider:

1. Part of the family: When a relationship where children are involved starts to get serious, the significant other usually becomes an honorary family member, making appearances at birthday parties and Thanksgiving. Being invited to these occasions is the first step in becoming a permanent part of a child's life.

2. The baby connection: Sharing the ups and downs of raising a child as couple is a great way for you to bond with both your partner and their kids. By connecting this way, you can get a feel for who your partner really is and what his or her daily life is truly like.

3. Parenting is hard work: Kids may seem cute at first, but don't be fooled. Nights on the couch waiting cartoons may be replacing your nights on the town if you choose to be with someone with children. Be prepared!

Josh Duhamel Wants To Be a Dad!



In the romantic comedy *Life As We Know It*, Josh Duhamel plays a new dad, a role he says he'd love to have in real life. According to [People](#), Josh says that getting the chance to play a father is what "initially drew me to" the role. During the New York premiere at the Ziegfeld, he opened up even more saying, that he has "always had a real fondness for kids." In terms of his wife, he says, "She'll be a great mom ... She got to meet [costar Katherine Heigl's daughter] Naleigh on set. It was great." Maybe this is a hint of what's to come for him and Fergie in the very near future!

How do you know if your partner is parent material?

Cupid's Advice:

Not everyone is as eager to be a parent as Josh Duhamel. Cupid has some ideas on how to find out whether your partner will make a good dad one day:

1. Ask him: The best way to determine if your mate is father material is to talk to him about it. Or, try asking him general questions like how many children he wants and at what age. If he gives you an answer right away, he's probably considered it before and is open to the idea. If he gets a little freaked out, well that should be a clear sign that he's not quite ready.

2. Watch and learn: See how he behaves around your other kids. If being around children comes natural to him he'll most likely make a good daddy to his own. If he seems uncomfortable or indifferent around youngsters, it may be something you should further explore.

3. Meet the parents: Find out if he gets along with his parents. If he's had a bad relationship with his mom or dad, he may need to work out some issues first before he can think about becoming a parent himself.

Is Melissa Rycroft and Tye Strickland's Baby a Boy or Girl?



Reality star Melissa Rycroft and husband Tye Strickland are getting ready to face a different reality by becoming parents. According to [People](#), the former 'Dancing with the Stars' contestant and hubby are taking the upcoming arrival of their little one in full stride. While the two wait for confirmation on the sex of their baby, Strickland has been doing whatever he can to make his baby's mama comfortable and feeling pretty.

How can your beau help make sure your pregnancy goes as easily as possible?

Cupid's Advice:

Nine months is a long time and can be quite emotional for the mother-to-be. Men will most definitely also face their share of apprehension and excitement, but let's face it, they aren't carrying around a bowling ball in their bellies and don't have to deal with stretch marks! Cupid has some advice for your beau to help him make sure your pregnancy is fun and not all labor:

1. Attack of the hormones: It's inevitable that at some point during your pregnancy your emotions will take over, and your husband will take a ride on a roller coaster of mood swings. Prepare him for this, and advise him to be as patient as possible. Tell him not take your moods personally!

2. Put her on a pedestal: Men: get used to cravings, sore body parts and your wives dealing with sudden changes in her body. Remember, she's carrying your unborn child and deserves as much extra attention as possible.

3. Become baby educated: The more you know, the more you'll understand what your wife is going through. Plus, you'll be ready for the baby once it arrives. Try to go to as many doctor's appointments as possible so you can listen to the experts' advice on how to handle different stages of the pregnancy.

Mira Sorvino & Family 'Get Up and Go'





Balancing your personal life, family and job can be tricky, especially if you're in Hollywood. But even in the midst of shooting a movie, actress Mira Sorvino makes sure her family knows they come first. The actress told [People](#) that she only works on films with short shooting schedules, and often brings her children to set with "quilts and colored Christmas lights and art supplies and books to help make it a home away from home."

Sorvino's three children and husband Christopher Backus not only kept her company on the set of her most recent film, *Like Dandelion Dust*, but became her inspiration for it. The film tells the story of a woman trying to reclaim the child she gave up for adoption. "I have three beautiful children who I love more than anything else in the whole world, so anything having to do with your children and potentially losing them is very, very personal to me," said Sorvino. "I didn't have to do much to get to the emotional place [of my character]."

How can you keep your spouse and kids happy at the same time?

Cupid's Advice:

Keeping all your relationships healthy can be tricky, but Cupid has some ideas on how to keep everyone, including yourself, happy:

1. Make the time: It sounds simple, but between finances, chores, personal projects and work, it's easy to forget to take the time to show your loved ones you care. Set aside at least 30 minutes per day for each person, and worry about other distractions later.

2. Focus on your bond: Do something with each family member that's important to both of you. Whether it's as simple as watching a show you both like, or chatting together about a shared interest, activities done together will strengthen what makes your relationship unique.

3. Plan group time: Your connection with you family is just as important as your individual relationships with each family member. Take the time to plan weekly events, no matter how simple – it will bring the whole family together doing something you all love.