

# Giuliana Rancic and Husband Continue IVF to Have Baby



Giuliana and Bill Rancic are not giving up! After two failed attempts, the couple have decided to give in-vitro fertilization another try. The E! News host and her husband miscarried after their second try of IVF. Devastated, they decided to put aside starting a family for a short while and focus on themselves and their relationship. Currently in the middle of their third IVF treatment, the reality star couple are optimistic, despite Giuliana's recent breast cancer setback. The two are not opposed to other options such as adoption or surrogacy, however they are desperate to get pregnant. The Italian beauty tells [UsMagazine.com](http://UsMagazine.com), "If [our doctor says] after this cycle, 'I don't think this is going to happen for you naturally. You're going to have to look at more options than we will.'"

**How do you decide if adoption is right for you and your**

partner?

### **Cupid's Advice:**

Adoption is something that should be deeply discussed. It can be a long and stressful process for which some couples are not ready. Make sure you and your partner have considered it from all angles:

**1. Consider the pros and cons:** Making a list of positives and negatives with your partner can help to solidify that adoption is right for you as a couple.

**2. Others who have adopted:** It may be a huge help to get advice from someone you know who has actually been through the adoption process and have them tell you their story.

**3. Discuss with family:** Family knows you best and can give good advice. It's probably best to discuss with only those to whom you're closest.

**How would you decide if adoption is right for you? Tell us your story below.**

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## **Hilary Duff Announces She's Having a Baby Boy**





Pregnant child star

Hilary Duff revealed the sex of her baby with husband Mike Comrie on *Ellen*, reports [E! Online](#). Duff said she wanted DeGeneres to be the first to know the sex of her baby. DeGeneres then tried to guess the gender of the baby by asking a series of questions. After Ellen guessed the baby was a boy, Duff replied, "It's a boy! Good job. I had [a] feeling it was a boy the whole time."

**What are the advantages to finding out the sex of your unborn baby?**

### **Cupid's Advice:**

Though finding out the sex of your unborn child can remove some of the surprise when you deliver, knowing the sex ahead of time does have advantages. Here are a few benefits to having prior knowledge:

**1. Choosing a name:** Deciding on a name for your child can be one of the most difficult decisions of your pregnancy. By knowing the gender of your child, you can dedicate more of your time to names that will be appropriate.

**2. Planning a baby shower:** Planning for your baby shower becomes much easier when you know the sex of your baby. Your friends will also be able to give more fitting and useful

gifts.

**3. Preparing for the baby:** Knowing the sex of your baby ahead of time allows you to avoid neutral colors and dull clothes when you prepare for the baby's arrival.

**Did you find out the gender of your baby ahead of time? Feel free to share your thoughts in a comment below!**

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# Jack Osbourne Announces Engagement and Soon-to-Be Fatherhood



Newly engaged Jack Osbourne, son of Ozzy and Sharon Osbourne, is about to be a father. Osbourne shared the news less than two weeks after he

confirmed his engagement to actress Lisa Stelly, reports [People](#). “I’m excited,” said Osbourne on *Piers Morgan Tonight*. “I’m a little nervous.”

**How do you balance an impending marriage and soon-to-be parenthood?**

**Cupid’s Advice:**

Though both wedding planning and pregnancy are exhausting, it is possible to balance both. Here are a few suggestions:

**1. Enlist help:** Planning a wedding is difficult even for people who aren’t pregnant. If a wedding planner is outside the budget, rely on your bridesmaids or phone a close friend for some extra help.

**2. Remember your schedule:** If you’re planning on getting married while pregnant, make sure to keep your biological calendar in mind. For example, don’t buy a wedding dress that will soon be too small.

**3. Take it one step at a time:** If planning the wedding is too stressful or if you’re having a rough pregnancy, it’s okay to put the wedding on hold. Extend your engagement and wait for a time when you’re feeling up to the task.

**Were you pregnant at your wedding? Feel free to share your story below!**

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**Tori Spelling Gives Birth to**



# Third Child



On Monday, Tori Spelling gave birth to her third child, naming her Hattie Margaret McDermott, [RadarOnline](#) reports. “Our family is so happy to announce tht 10/10/11 R baby girl Hattie Margaret McDermott was born at 7:08 a.m. She’s amazing!,” Spelling tweeted. Her husband, Dean McDermott, also tweeted, “T & I welcomed Hattie Margaret McDermott to the world yesterday morning. She’s Gorgeous!!”

**How does the dynamic change when you add a third child to the mix of your family?**

## **Cupid’s Advice:**

Raising a family can be tough, especially when you’ve just had your third child. Here are some changes you’ll experience:

**1. More chores:** Having three children means there will be more things to work on: cleaning, feeding and even shopping for

them.

**2. Find time:** When a new child joins the family, they get most of the attention. Make sure to also find time for your two older children.

**3. Creating alliances:** You'll experience jealousy and tantrums among the children and will find yourself trying to encourage an alliance between all three.

**What are some other changes to watch out for? Share your ideas below.**

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## Beyoncé and Jay-Z Will Welcome a Child in February



Beyoncé Knowles

recently announced on Australia's Sunday Night TV show that she'll give birth to her and husband Jay-Z's first child in February. "My husband and I have been together for 10 years," she said on the program. "All of my 20s. I feel like it is time ..."

The singer first revealed her pregnancy news in August on the black carpet at the MTV Video Music Awards. She said she's "so happy" and looking forward to the new addition to the family.

**What are some special preparations to make for a baby born in the winter?**

### **Cupid's Advice:**

Congratulations! Whether you'll be a first-time mom or not, it's important to know that there are some special preparations to make for a baby's arrival in winter compared to those who are born during warmer months. Here's some advice:

- 1. Clothing:** Since it'll be cold, your baby will need a snowsuit and a thick warm sleep suit. Don't forget fleece blankets and hats that will cover their ears.
- 2. Bathing:** To avoid exposure to the cold, be certain the room is warm and comfortable. This means that you're not in a position to skimp on your heating bill this winter.
- 3. Car seats:** Since it's winter, don't worry about buying a stroller. Instead, purchase a car seat.

**If you know other preparations to make for a baby born in the winter, share with our readers by commenting below.**

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# Kim Kardashian Says She'll Start Thinking About Having Kids in a Year



Happy newlyweds Kim Kardashian and Kris Humphries are thinking about having babies in a year, according to [People](#). Kardashian told Ryan Seacrest on his radio show that children are in the couple's future once they settle down in a particular location. Kardashian says that when Humphries figures out for what team he will be playing, they'll get to working on expanding their family.

**What are the benefits of waiting to have kids after you get married?**

## **Cupid's Advice:**

Being a newlywed comes with a lot of new responsibilities. Before adding raising a child to your list, it's important to

spend time together as a couple:

**1. Getting to know your better half:** Everyone takes on a new personality once you live with them. For most newlyweds, living together might be a new step and getting used to your partner's habits will take some time.

**2. Save:** Waiting on a baby helps the two of you to save for the expense of having children. A lot of couples divorce because of money, so don't be the statistic.

**3. Grow together:** Waiting on having a child means that you can both accomplish career goals and other aspirations together before bringing a baby in the mix.

**Did you wait to have children? Share your experiences below.**

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## **'Sex and the City' Alum Kristin Davis Adopts a Baby Girl**





*Sex and the City*

star Kristin Davis is now a mom, reports [People](#). Davis, 46, adopted infant daughter Gemma Rose Davis a few months ago. “This is something I have wanted for a very long time,” said Davis. “Having this wish come true is even more gratifying than I ever had imagined. I feel so blessed.”

**What are some factors to consider when becoming a single parent?**

### **Cupid’s Advice:**

Being a single parent doesn’t have to be as challenging as it seems. Here are a few things to consider before making the commitment:

**1. Your time:** Single parents are almost always pressed for time. Balancing work and your child will be tough. If juggling your time becomes too difficult, you may need to hire a nanny to help out.

**2. Financial support:** It is difficult to raise a child on a single salary. Before becoming a solo parent, make sure that you’re able to support your child. If you can rely on child support, be sure to make arrangements to receive a sufficient amount.

**3. Child's happiness:** Your child will inevitably ask why you're a single parent and why the other parent isn't in the picture. There is no shame in honestly answering the questions, but you need to be sure that your child doesn't feel that they're missing out on anything.

**Are you a single parent? Feel free to share your thoughts in a comment below.**

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## Jennifer Aniston Says She's Not Desperate to Have a Baby



Many of Hollywood's top leading ladies have opened up to *ELLE* addressing all of the secrets and rumors everyone wants to know. On talk of being desperate to have a child, *Friends* alum Jennifer Aniston set the record straight by saying, "If it's meant to be, it's

meant to be. I'm at peace with whatever the plan is. But will you hate me if I say I don't want to talk about my relationship?" Though she remained private about her new beau Justin Theroux, according to [People](#), Aniston did reveal that she once threw a chair at a director because of how he was treating the script supervisor.

**How do you keep desperation out of your desire to have kids?**

### **Cupid's Advice:**

There are beautiful things about having children, but there are also benefits to not doing so. The answer is to be happy with what you have. Cupid has some advice:

- 1. Take it day by day:** Don't obsess over not having kids at this very moment. Things can always change quickly, and it's best to be happy with what you do have in the present.
- 2. Focus on what you have:** Focus on your family, friends and career. If you're too obsessed with having children, you can miss what's going on right in front of you.
- 3. Consider your options:** If you really want to try to have children, look into adoption and fertility treatments, and find out what's the best option for you.

**What are some of the benefits of not having children? Share your ideas below.**

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# **Kim Kardashian Talks Babies**



# with Kris Humphries



It looks like Kim Kardashian is being confronted with the baby question yet again post-marriage to NBA player Kris Humphries. In fact, E! News got an exclusive interview with the diva and her man after they appeared on the *Tonight Show* together. Although rumors have been surfacing that speculate about a possible pregnancy, Kardashian insists they simply aren't true, according to [HollyScoop](#). "I think we would wait like a year before we really start trying to have kids," said the reality star. "I think we want to figure out where he is gonna play and figure out like his career and like if we have to pack up and move somewhere, like the Midwest. Who knows?" Despite their uncertain plan, they do know one thing, and it involves having "lots of kids."

**What role does your career play when you're deciding whether to have kids?**

**Cupid's Advice:**



Many factors in life determine whether you're ready to have children, and your career is a pretty big one. Here are some things to consider:

**1. Hours:** If your job is demanding and you're rarely home long enough to scarf down some food and get a few hours sleep, you may not be prepared to have a child unless you can tone down your career.

**2. Position:** Make sure your career pays well enough to support a family. Babies cost money ... for at least 18 years of your life. You also need to decide whether one of you is going to be able to stay home with the new child or whether you're going to need to consider daycare.

**3. Maternity leave:** It may seem obvious, but it's important to research your company's policies on maternity (and paternity) leave for when the baby comes. If your job doesn't allow for such things, it's definitely a factor to consider.

**What factors did you consider about your job pre-baby? Share your experiences below.**

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## **Anna Faris and Chris Pratt Say They Want a Family**





Though *What's Your Number?* actress Anna Faris and actor husband Chris Pratt are focusing on their careers right now, the two are eager to have children in the future, reports [People](#). "We want a family for sure," said Faris. "Chris wants a big family. We would love to have kids someday." However, the couple agrees that their plans for children will have to be put on hold. "It's timing," said Faris. "It's so hard in this industry."

**How do you know when the time is right to have kids?**

### **Cupid's Advice:**

Deciding when to have kids is a life-altering choice. Here are a few things to consider before starting a family:

**1. Finances:** Raising children is becoming more and more expensive. Though your child may not be too much of a financial burden at first, in a matter of years you'll be paying for things like your child's college tuition. Be sure that you and your partner have stable salaries before settling down.

**2. Your goals:** Though kids make your life happier, they can also limit you. It is difficult to travel the world while caring for a baby. Make sure that you have experienced what

you want to experience before starting a family.

**3. Outside pressure:** With advancements in technology, women can have children later and later in life. Don't let your biological clock or your friends pressure you into having children. The option will most likely remain open for quite a while.

**How did you know when you were ready for children? Feel free to leave a comment below!**

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## **LeAnn Rimes Says She's a Mom (Not a Stepmom) When it Comes to Eddie Cibrian's Children**



LeAnn Rimes says

she's no evil stepmother. In fact, you can drop the "evil" and the "step." Rimes took to her blog to discuss her dislike toward the term "stepmother." She said she treats her husband's two sons like they are her own, according to [UsMagazine.com](http://UsMagazine.com). After reassuring the public that she doesn't want to take the place of the kids' mother, Rimes wrote that she hopes Glanville will remarry so that they can all be one big happy blended family.

**What are some ways to bond with your partner's children?**

**Cupid's Advice:**

Marrying someone who has children from a previous relationship can be intimidating. After you've established your role in your new family, try to get to know the children and vice versa. It may take some time, but it'll be worth it.

**1. Establish your role:** Let the children know your role in their family. It's easy to cross the line from parent to friend, but make sure you pick a definitive side.

**2. Make them feel comfortable:** Less is more. Try not to engage in every activity they are involved in. Start by showing interest in what they like and slowly progress into asking to join them in an activity.

**3. Give them something new:** Don't try to take over their biological parent's spot in their lives. Make them love you for something different. Be yourself, and everything will fall in place.

**How do you bond with your stepchildren? Share your thoughts below.**

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# Emily Deschanel Welcomes First Child on Vegan Diet



*Bones* star, Emily Deschanel and her husband David Hornsby of *It's Always Sunny in Philadelphia* have officially welcomed a baby boy, Henry Hornsby, into the world. According to [People](#), the actress maintained a completely vegan diet throughout her entire pregnancy. The couple could not be happier with the birth of a healthy first child.

**What changes should you make to your diet during pregnancy for the sake of the child?**

## **Cupid's Advice:**

When you're expecting, you have to be extra careful about everything, especially when it comes to your diet. Here are some key changes to make:

**1. Abstain from alcohol:** This is an obvious one. If you're pregnant or even think you might be pregnant, consume absolutely no alcoholic beverages.

**2. Take pre-natal vitamins:** Pregnant women need higher amounts of certain substances, such as folic acid. Talk to your doctor about the best vitamin regiment for you and your baby.

**3. Avoid fast food:** Though you may crave tons of crazy foods during your pregnancy (it's okay to give in sometimes), you should maintain a healthy diet of whole grains, vegetables and lean proteins.

**What types of foods would you recommend that pregnant women eat? Share your thoughts below.**

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## **Megan Fox Explains Why She's Waiting to Have Children**







Megan Fox definitely

wants to start a family ... just not right now, according to [UsMagazine](#). The 25-year-old actress who co-parents her husband Brian Austin Green's 9-year-old son said, "I absolutely want biological children. I've always wanted kids. It's just about the timing." She explained that they are waiting to be financially stable before starting a family. "I have it in my mind about what amount of money I want in the bank so that I can protect that child's future, and really protect it, so that kid never struggles," she said. "Once I feel safe with that, then I'll have kids."

## **What are some preparations to make before you have kids?**

### **Cupid's Advice:**

When deciding to start a family, there are many things to consider and for which to prepare. Here are three of them:

**1. Financially stable:** In order to support a child, make sure you are doing financially well. If you don't have a good enough job, attempt to get a new one. If you need more time to save, take those weeks or years you need.

**2. Shelter:** It's important to live in a safe environment where you can raise your child. If you're currently living in the

middle of a sitting in a loft apartment and you don't feel that's the type of atmosphere in which you want to raise a child, wait until you're somewhere you feel your family life is meant to be.

**3. Ready:** Make sure you and your spouse are ready to start a family and take care of all the responsibilities that come with it. If you have doubt, don't go through with having kids quite yet.

**What are some preparations you think one should take before having children? Let us know in a comment below!**

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## Rachel Weisz Talks Babies With Daniel Craig



It looks like

there's a possibility of adding a James Bond, Jr. to Hollywood's children in the future. According to [UsMagazine.com](http://UsMagazine.com), Daniel Craig and his new wife Rachel Weisz are considering having kids at some point ... or at least they aren't ruling it out. "Oh, I wouldn't make [a baby] just for the sake of giving my son a sibling," the actress said. "But... You never know." The pair married in June after a courtship mainly out of the public eye.

**How do you avoid the pressure from family and friends to have kids?**

### **Cupid's Advice:**

"Everyone else is doing it" is often the justification for doing something, but it's important not to let that rationale get to you when it comes to having children. Here are some ways to avoid the pressure:

**1. Blow it off:** If you're unwilling to dignify a discussion about having a family in the future, people will stop asking you about it. Respond to any questions about having kids with one-word answers, and then change the subject.

**2. Explain:** Sometimes it can get annoying to have to discuss your life plans and why they exist, but with close family and friends it can be necessary sometimes. When they ask you about having kids, explain to them why it is you aren't ready. Chances are, you have logical reasoning behind it, and your loved ones will understand.

**3. Be straight:** If being subtle doesn't seem to be working, let your family and friends know straight out that you will have kids when you want to have them and you don't want them to pressure you. Tell them you'll have children when you're ready to make that step.

**How do you keep the pressure of having kids from getting to**

you? Share your thoughts below.

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# 'American Idol' Alum Jason Castro Welcomes a Baby Girl



*American Idol* alum Jason Castro and his wife Mandy welcomed a beautiful baby girl into the world this past Sunday, according to [People](#). The baby girl, named Madeline Emilia Castro, is the first child for the Castros and they are ecstatic. On his website back in April when he first announced they were expecting, Jason's quoted as saying, "We just found out yesterday that it is going to be a girl! That makes me laugh ... what am I going to do with a sweet little girl?! Probably just smile a lot ... I cannot wait!!!" Congratulations to these two love birds and their growing family.

**What are some ways to prepare your lifestyle for a child?**

**Cupid's Advice:**

Bringing a baby into the world is a pretty big task, and Cupid has some tips on how to prepare your lifestyle:

**1. Make 'me' time:** Even though you're about to have a child, that doesn't mean you and your partner have to give up time for yourselves. The most important thing to remember is to continue to maintain a healthy and loving relationship.

**2. Get advice:** A great way to prepare for a baby on the way is to get advice from family and friends on what to expect. This way you know what you're getting into, and you can prepare accordingly.

**3. Coordinate your schedules:** Make sure you and your partner have a plan when it comes to taking care of the new addition to your family. Whether it be who is on diaper duty or who is going to stay home with the baby, making appropriate plans is the key to preparing your lifestyle for a child.

**What are some ways to prepare your lifestyle for a child? Share your thoughts below.**

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## **Does Kim Kardashian Want Babies Already?**







Although Kim

Kardashian tied the knot with Kris Humphries earlier this month, she's already thinking of babies, according to family friend Lisa Gastineau. "She wants babies. Let's cross the fingers. And her mom wants her to have babies quick!" Gastineau told [UsMagazine.com](http://UsMagazine.com) on Saturday in Hollywood. Gastineau believes Kardashian will be a great mom, and she's confident that Humphries will be a great family man. "He adores [Kim]. I wish that every girl that I know had someone that adores her. Just the way that he looks at her. He's so cool, he stands up to her. Kim is a little dynamo. It is amazing; it is a fun, fun relationship watching them!"

**Is there such thing as bad timing when it comes to having a baby post-marriage?**

### **Cupid's Advice:**

Although some couples take advantage of their time alone as newlyweds, others prefer having children immediately. Here are a few things to consider before starting a family:

**1. Financially stable:** Make sure you both have a career and are doing well financially, because taking care of children is expensive.



**2. Goals:** Do you both have future goals? Think about how having children might affect your dreams and relationship.

**3. Ready for babies:** You and your spouse have to understand the responsibilities involved when raising children. Make sure it's something you both want.

**When do you think a couple should start having kids after marriage? Share your thoughts below.**

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## Beyoncé Announces Pregnancy at VMA's



Beyoncé stunned the world Sunday night when she announced that she and husband Jay-Z are expecting their first child. If it wasn't already obvious, the diva showed up to the VMA's in an orange wrap

dress and kept rubbing her belly, according to [People](#). After confirming the rumors from the red carpet, she went on to show off her baby bump while on stage performing 'Love On Top' and started off the performance by screaming, "I want you to stand up on your feet. I want you to feel the love that's growing inside me." Jay-Z was in the crowd, as excited as ever about the news, and the couple seemed happy to share it with the world.

## **How do you know at what age to have a baby?**

### **Cupid's Advice:**

It's not always easy to know when it's the right time to have a baby. Cupid has some advice:

**1. It feels right:** If you and your partner have discussed having a child for a while and the two of you agree that now is the time, then it doesn't matter what age you are; the time is right for both of you.

**2. Ask your doctor:** With modern day technology and medicine, your doctor should be able to tell you when the best time to have a child is in order to have a smooth and healthy pregnancy.

**3. It just is:** Most pregnancies aren't planned and, in fact, are a surprise, so sometimes you're ready because you have to be!

**How do you know at what age to have a baby? Share your thoughts below.**

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# Jennifer Garner and Ben Affleck Are Expecting Third Child



Looks like there will soon be a third addition to the Jennifer Garner and Ben Affleck clan. According to [People](#), Jennifer Garner is now pregnant with the couple's third child. The pair, who already has a 5 1/2-year-old daughter named Violet and a 2 1/2-year-old daughter named Seraphina, are "thrilled" to be expecting a third child. Garner also told the Associated Press that she believes she's gotten somewhat of a "split personality" from motherhood. One minute her brain is mush and she is a total ditz with all the thoughts of motherhood, and then somehow she pulls it all together when the cameras start rolling. Talk about mother of the year!

**How do you deal with the dynamic of three children versus two?**

## **Cupid's Advice:**

Raising a family is always tough, but when adding a third child to the mix, it can change things a bit. Cupid has some advice on how to deal:

**1. Middle child:** Once you have three children, there's always the child that suffers from "middle child syndrome," so it's important to show him or her the same amount of attention as you do the oldest and youngest children.

**2. More work:** With another kid in the family, that means more mouths to feed, more places to be and more clothes, school supplies and toys to buy. All in all, a third child means more work.

**3. More fun:** An additional kid means another personality in the household and more fun to have. Instead of just having two kids that may constantly be competing with one another, you now have three to even things out in that department.

**How do you deal with the dynamic of three children versus two? Share your thoughts below!**

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# **Melissa Rycroft and Husband Move to California With Baby Daughter**





After much

deliberation, Melissa Rycroft and hubby Tye Strickland made the big decision to move to California with their 6-month-old baby Ava, according to [People](#). Rycroft admitted, “Adding a baby to the equation makes my job much harder. It involves travel and it was impossible to travel without her, but at the same time it was impossible to travel with her.” Even though the new mother is stressed between working and raising her daughter, she says it’s all worth it for that ‘one little smile’ she gets from Ava after a huge temper tantrum. Luckily, Strickland is a great father, according to Rycroft, and definitely takes his fair share of the parenting responsibilities.

**How do you balance traveling for your job and your family?**

### **Cupid’s Pulse:**

It’s difficult to balance raising a family and working, especially when you must travel for work. Cupid has some advice on how to ‘do it all’.

**1. Only go if necessary:** It’s not always required to travel everywhere for your work, so it’s up to you to decide if the trip is absolutely necessary, or if it can be cancelled or postponed. Instead of trying to do it all, it’s time to



prioritize.

**2. Take a break:** Everyone needs a break once in a while, and busy moms who have to travel are no exception. If you feel like you're spending a lot of time traveling, be sure to fit in a week of downtime in between so you don't overdo it. A little break to spend with your family is absolutely necessary.

**3. Bring your family along:** Why not bring your family on a business trip with you? Extend the trip by a few days and have some family fun.

**How do you balance traveling for your job and your family?  
Share your thoughts below!**

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## **Kevin Federline Is a Dad Again**





Happy day! Kevin

Federline is a father again, according to [People](#). The former backup dancer and onetime rapper welcomed his fifth child, daughter, Jordan Kay, at 6:33 p.m. on Monday. This is the first child for his girlfriend, Victoria Prince. Federline, 33, and Prince, 28, a former competitive volleyball player from Washington State, began dating toward the end of 2008. Federline is also father to sons Jayden, 4 and 1/2, and Preston, 5 and 1/2, with ex-wife Britney Spears and son Kaleb, 7, and daughter, Kori, 10, with ex-girlfriend Shar Jackson.

**How do you explain your broken relationships to your children?**

### **Cupid's Advice:**

The best thing you can do is be upfront and honest with your children. Cupid has some tips:

**1. Honesty is the key:** Situations are always a lot easier when you are honest with yourself and others. No matter what age, just be honest with your children. Let them know that nobody is perfect and everyone makes mistakes. Also, just because your past relationships didn't work out, it doesn't mean they were all bad experiences. Let them know that.

**2. Don't play the blame game:** Be sure to admit to your

faults. Teach your kids that right is right and wrong is wrong. Don't make it seem like it's all the other person's fault, when it most likely wasn't. A relationship consists of two people and each has their own issues.

**3. Reassure them:** Tell your children that you don't plan on making the same mistakes again. Then, show them through your actions that you're serious about that statement.

**How did you explain your broken relationships to your children? Share in a comment below.**

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## Hilary Duff Announces She Is Expecting



In the midst of celebrating their first wedding anniversary this past Sunday,

Hilary Duff and husband Mike Comrie announced they are expecting their first child, [E! Online](#) reports. While reflecting on her year of marriage, Duff made the big announcement on her official website. "We also want to share the exciting news that... BABY MAKES THREE," she wrote. "We are extremely happy and ready to start this new chapter of our lives."

**How do you creatively announce your pregnancy to family and friends?**

### **Cupid's Advice:**

News of a baby on the way isn't just exciting for the expecting couple, but also for friends and family. Here are a few creative ways to make the big announcement:

**1. Give an ultrasound picture as a gift:** Send out copies of your first ultrasound to family members and put it in personalized picture frames (Think: "Grandma/Grandpa/Aunt/Uncle-to-be" frames).

**2. Be the gift:** During the next holiday or family get together (preferably involving gift giving), tie a big red bow around your belly and see how long it takes for friends and family to realize what you're trying to tell them.

**3. Use a surprise website:** Creating a free website is fairly easy; make a site with a message about your pregnancy (something along the lines of "\_\_\_\_\_ is pregnant!"). Send your close ones an email with the link telling them to check out a "shocking" website you found.

**How did you announce your pregnancy to everyone? Share your experiences in a comment below.**

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# Jessica Alba and Cash Warren Welcome Daughter Haven Garner



It's baby number two for actress Jessica Alba and hubby Cash Warren. They welcomed daughter Haven Garner into the world this past Saturday and Alba couldn't wait to share the news. Sunday morning, she posted it on her Facebook page, according to [OK! Magazine](#).

The busy mother who was working right up until she gave birth promoting her new movie *Spy Kids: All The Time in The World*, says her 3 year-old daughter loves having a little sister and was just as excited about the newborn as her parents. Now Alba is focusing on balancing a busy career, motherhood and a loving relationship with her beau.

**What are some ways to lose the baby weight quickly after giving birth?**



## **Cupid's Advice:**

Every woman knows it's difficult to shed weight, but it's even tougher to lose the baby weight after giving birth. Cupid has some advice on how to drop the pounds so quick that people won't believe you were even pregnant:

**1. Pilates and yoga:** Not only is this a perfect way to relax and chill out, but both of these activities are great ways to tone your body and get your shape back. If you're up for a challenge, instead of doing traditional yoga, try hot yoga or bikrim. You'll sweat everything out of your body and feel cleansed. Plus, you'll sweat off the pounds.

**2. Diet:** Whether you decide to try Weight Watchers, Jenny Craig, or any other diet, as long as you start to eat healthy and watch what your eating, you are sure to shed the pounds fast. Keep track of what your eating and make subtle changes in your diet.

**3. Plain old exercise:** When all else fails, hit the gym and lose the weight the old fashion way, by working out. Not only does this give you some alone time, but it also makes you feel good and will most likely cause you to make healthier decisions throughout the day.

**What are some ways to lose baby weight quickly after giving birth? Share your thoughts below.**

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# **Funny Girl Tina Fey Welcomes a Baby Daughter**



Tina Fey's comedy troupe just got bigger. The funny girl welcomed daughter Penelope Athena on Wednesday, reports [People](#). The *30 Rock* actress, 41, is already mom to 5-year-old Alice with husband Jeff Richmond, 50. During her "easy" second pregnancy, Fey joked with Ellen Degeneres about waiting discover her baby's gender. "I'm just going to see what it chooses to wear to prom," said Fey.

**What are the advantages of waiting to find out the gender of your child?**

### **Cupid's Advice:**

Though discovering your child's gender can soothe your curiosity, waiting for the surprise does have advantages. Here are a few:

- 1. Surprise:** Nothing can beat the surprise of meeting your son or daughter for the first time. If you know the gender beforehand, some of that initial surprise will have disappeared when you finally give birth.

**2. Guessing games:** Guessing the gender of your baby can be very entertaining. Researching old wives' tales or even taking a poll amongst your friends is a great way to raise excitement. In fact, it could make a great baby shower game.

**3. No stress:** While ultrasounds are nearly always correct, they do make mistakes. If you're on a budget, it may be better to prepare for a child of either gender. If you prepare for a girl and end up with a little boy, you may have a lot of new shopping to do.

**Did you wait to find out the gender of your baby? Feel free to share your experience in a comment below!**

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## **'The Help' Star Viola Davis Plans to Follow Hollywood Trend and Adopt a Child**





Yet another celebrity is jumping on the adoption bandwagon, reports [Hollyscoop](#). At the premiere of her new movie *The Help*, Viola Davis and husband Julius Tennon confirmed that they are about to adopt a baby domestically. This is the first child for the couple and third for Tennon, who has two children from previous relationships. Davis is following in the footsteps of many celebrity moms who have also recently adopted, including Sandra Bullock and Denise Richards. Bullock adopted son Louis Bardo after splitting from husband Jesse James. Denise Richards, who has two children with Charlie Sheen, adopted daughter Eloise Joni around the time her new book, *The Real Girl Next Door*, was released. Who will be next?

**How do you decide whether to adopt a child or not?**

### **Cupid's Advice:**

The decision to adopt a child is extremely important and should not be taken lightly. Cupid has some tips on how to decide if adoption is right for you:

**1. Timing:** Deciding to adopt requires the same amount of thought and preparation as having a child naturally. If you and your mate are emotionally ready to take on the

responsibility of raising a child, then consider adoption.

**2. Money:** Adopting a child is very expensive. You and your partner must be financially stable before you consider it.

**3. Other options:** Nowadays, there are a lot of different ways to have kids. Consider all the other options, like having a child naturally, through a surrogate or becoming a foster parent before you settle on adoption.

**What are some other factors to consider when deciding whether to adopt? Share your comments below.**