# 'Felicity' Actress Keri Russell and Husband Welcome Baby Daughter





Former Felicity star Keri Russell and husband Shane Dreary brought their second child into the world this past December. The couple's first child, River, has taken on the role of big brother to his new baby sister Willa Lou Dreary. According to Celebrity Baby Scoop, the actress mentioned that becoming a mother has transformed her. She also said that there's "just a whole new set of feelings that aren't as accessible to you before you have kids."

How does having a child change your priorities?

### Cupid's Advice:

Once you have a child the world you once knew will no longer exist, and life will never be the same because you'll have different priorities. Cupid has some tips to help you prepare:

- 1. Focus: Remember when the world revolved around you? Well, those days are over. The majority of your energy and concentration will be about raising your child.
- 2. Flexibility: You can't just get up and go anymore. Going out and family trips have to be thoughtfully planned, and your wallet is going to tighten up as well. You're not going to have money to blow like you might have before.
- 3. Family: If you're already close with your family, you're in luck because everyone is going to want to take their turns babysitting and you'll have a great support system for advice. If you're not close with your family, a newborn in the family might be just the thing you needed to regain that connection.

How did having a child change your life? Share your comments below.

# Beyonce and Jay-Z Welcome a Baby Girl





Beyonce and Jay-Z have just become Hollywood's newest parents! According to <u>People</u>, they welcomed a new baby girl named Blue Ivy Carter in New York on Saturday. Both mom and the baby are in the best of health. Beyonce's sister, Solange Knowles, tweeted over the weekend that the new baby is the most beautiful girl in the world.

What are some factors to consider when you're naming your child?

### Cupid's Advice:

Naming your child can sometimes be a difficult endeavor for you and your partner. Not only must you find the perfect name, you also must agree on it. Here are the top factors to consider:

- 1. Family names: Maybe you want to use an old family name or name your child after a much-loved deceased relative.
- 2. Unique names: Your child is unique and their name should be, too. Just don't go overboard to the point where you name your child something completely weird. Keep in mind that he

or she will have to live with the name you give them for the rest of their life.

**3. Favorite names:** Everyone has their favorite names that they've always wanted to name their child. Share your favorite baby names with your partner and have them share with you.

What do you want to name your child? Share your baby names in a comment below.

# Fergie Says She May Have a Baby This Year





It's a new year, and Fergie and husband Josh Duhamel might be considering making a new addition to the family. "Maybe, who knows?" the singer told <u>People</u>. "We'll see." As of right now, Fergie's focus is on spending more time with her hubby of three years since she no longer has a schedule to follow everyday. "I'm looking forward to being home and not having to sleep in a different city or country every night," she said.

What are important factors to consider before having children?

### Cupid's Advice:

Becoming pregnant often comes as a surprise, but many parents have the chance to decide when they're ready to give birth. Cupid has some tips:

- 1. Maturity: Be sure that you have the right mentality and you're ready to refocus all of your attention away from yourself and onto caring for your newborn.
- 2. Reasons: If you believe you're ready, be sure you're prepared for all the right reasons. Be sure you're

financially and emotionally stable.

**3. Mutual:** Be sure both you and your partner ready to commit to raising a child. There are plenty of single mothers out there who have raised perfectly brought up children on their own, but I'm sure they'd tell you that it was not an easy task to do alone.

How did you know you were ready? Share your comments below.

# Dido Names Son Stan After a Collaborative Song with Eminem





The 25th of December was not only Dido's birthday, but it was also her first Christmas with her five-month old son, Stan. "I wanted to wish you all a very happy Christmas. I'm ridiculously excited about Stanley's first Christmas this year! 

Hope you all have a brilliant one and I'm looking forward to seeing everyone in 2012... Love, didoxx," the British singer, who turned 40, posted on her Facebook page. 

USMagazine.com reports Stanley was born in July to Dido and her husband Rohan Gavin. The boy was named after the hit Eminem single "Stan," which Dido starred as the pregnant girlfriend. The song sampled parts of her own single, "Thank you."

## How can you incorporate special meaning into the names of your children?

### Cupid's Advice

Your children derive from you, so there's no reason why their names shouldn't hold significance to you. Cupid has some ideas to make baby naming extra special:

1. Family names: Embracing your ancestors by passing on their

name is a very special tribute to them. Some people say it keeps their memories alive through the generations. It's a sentimental gesture and brings meaning to your child's heritage.

- 2. Songs and movies: Like Dido, if there is a song, movie or artist that really connects with you, then don't be afraid to suggest naming your child after it.
- **3. Historical figures:** It isn't uncommon for a child to be named after someone famous in history, such as being named Alex for Alexander the Great.

How would you bring sentimental value to your child's name? Tell us in the comments below.

# Robert DeNiro and Grace Hightower Welcome a Baby Daughter





Married since 1997, Robert De Niro and Grace Hightower recently welcomed a new baby girl into the world via a surrogate mother. Helen Grace Hightower joins the couple's son Eliot, which is 13-years old. In addition, De Niro has four older children from two previous relationships. According to *RadarOnline*, the couple's daughter weighed in at a healthy birth weight of 7lbs, 2oz.

What are some things to consider when you're deciding when to have children?

### Cupid's Advice:

Having kids is a big decision, and it's not one that should be taken lightly. If possible, think through all of the negatives and positives before settling on a decision. Here are some things to consider:

1. Money: A baby costs money. There's baby supplies, nursery items and even hospital costs. Making sure you can afford to have a baby and that you have reliable income to raise your child is important.

- 2. Strong relationship: Is your relationship or marriage strong enough to withstand the stress of having a child? As long as you and your partner are completely committed to having kids, there shouldn't be negative affects on your relationship.
- **3. Stable home:** Do you like to travel or are you more apt to stay in one place? A stable home is crucial to raising a child in a healthy environment.

What are some things you considered before having a child? Share your thoughts below.

## J.R. Martinez Prepares to Welcome a Daughter With His Girlfriend





2011 has been an exciting year for Iraq war veteran J.R. Martinez. Just last month he won the coveted mirror ball trophy on Dancing with the Stars. However, it looks like 2012 will come with excitement as well, as Martinez and his girlfriend Diana Gonzalez-Jones are expecting their first child in May. According to People, Martinez says that the couple is "over the moon" about the pregnancy and consider it the "best gift we could get." The idea of being a father is just hitting Martinez, but there's no doubt he's excited. Though he and Gonzalez-Jones are grateful for the blessings of 2011, they already know how 2012 is "going to top 2011" with a beautiful baby girl.

### What are some ways to prepare yourself for fatherhood?

### Cupid's Advice:

It's just as important for men to prepare themselves to be a father as it is for women to prepare for motherhood. Cupid has some tips:

1. Help your partner stay healthy: Adapting your eating habits

will help your significant other stay healthy as well. If you also avoid the unhealthy foods that tempt her, she'll find it easier to say "no." Joining an exercise class together or going for walks together are also good options.

- 2. Be prepared: Learn everything you can about what to expect during the upcoming pregnancy and after. It can't hurt to read as much material as possible to help your partner.
- **3. Go shopping:** Not only could shopping be relaxing for the mom-to-be, but it's also good to have everything you can for the baby's arrival. Buy baby clothes, a crib, a stroller and even nursery decorations.

What are some ways your beau prepared for fatherhood? Share your comments below.

# Former 'Idol' Fantasia Barrino Has a Baby Boy





Fantasia Barrino, American Idol's season three winner, gave birth to a baby boy on Tuesday. According to <u>People</u>, Dallas Xavier Barrino was born in North Carolina at 7 lbs., 9 oz. and was 21 inches long. Dallas joins his big sister Zion, 10. Barrino does not comment on the father of her children, although she has been seen with Antwaun Cook since summer 2010. "I feel so blessed that my son Dallas Xavier was born healthy, and is a wonderful new addition to our family," said the singer. "I thank all my fans for their well wishes and continued support."

How do you introduce a new baby to an older child at home?

### Cupid's Advice:

It's not always a smooth transition when you bring a new baby home to introduce to existing children. Cupid has some tips:

1. Let your older child help prep for the new baby: When decorating the new baby's room, let your older child help prepare. Even if they are just choosing a few stuffed animals and some of their old favorite toys, it is still nice for them

to feel included in all of the changes.

- 2. Make your older child feel special: Do something to celebrate your older child becoming the big sister or big brother. Making cupcakes is a fun idea and your older child can take part in the decorating process. A big sister/big brother t-shirt may also ease your older child into the excitement of their new role.
- 3. Have gifts for the new siblings: Have your older child pick out a gift for their new sibling and buy a gift from the baby to their new big brother or sister, too. They'll no doubt love each other immediately.

How did you introduce your new baby to an older child? Share your stories below.

# Khloe Kardashian Says Sister Kourtney Will Be a 'Pro' at Raising Another Child





The tabloids are exploding, as Kourtney Kardashian and longtime boyfriend Scott Disick are expecting their second child. According to <u>People</u>, her sister, Khloe Kardashian is overjoyed that Mason is going to be a big brother. "I can't wait to see her with a kid in each arm," said Khloe. "She'll be a pro. LOL. And if this next baby is anything like Mason, then we will truly be the luckiest family in the world."

How do you prepare for raising two children instead of just one?

### Cupid's Advice:

Building your family is both exciting and scary. The best thing you can do is to be prepared and get your current child ready for the addition:

- 1. Expand your nest: It may be time to turn that two-bedroom into a three. Whether that means moving or adding on to your current home, it's time to make the necessary arrangements.
- 2. Talk to your child: Prepare your first child for the new addition to the family. Tell them what to expect and get them

excited about being a big brother or sister.

**3. Get rest:** It's hard enough to get rest when you only have one child, but it's twice as hard when you have two. Stock up on sleep!

How did you prepare for your second child? Share your experiences below.

# Kourtney Kardashian Announces She's Pregnant





Keeping up with the Kardashians just got a little more

interesting as Kourtney recently announced that she and her boyfriend of five years, Scott Disick, are expecting their second child. Kardashian took a pregnancy test about five weeks ago and didn't hesitate to wake Disick with the positive results. "Now I'm nine weeks along," she told <u>UsMagazine</u>. "You're supposed to wait 12 weeks to tell people, but I feel confident." The couples first son, Mason, almost 2 now, came as a surprise, but this pregnancy had more planning involved. "It wasn't like we weren't trying," Disick said. "We kind of just said, 'If it's meant to be, it'll be.'"

Why do women wait 12 weeks before announcing their pregnancy?

### Cupid's Advice:

- 1. Risks: The first 12-16 weeks are the most dangerous for the possibility of a miscarriage. Don't risk making the announcement too soon, and shortly after having to explain that you're no longer pregnant.
- 2. Emotions: You're going to feel a lot of different emotions upon finding out you're going to be a mother, so it's important that you take time to sort out your feelings.
- **3. Time to settle:** You and your partner are going to want time to yourselves so you can agree on important concerns that come along with having a baby. This way you'll be more prepared to face the bombardment of questions from friends and family.

How did you announce your pregnancy? Share your comments below.

## Angelina Jolie Says She'll Never Be As Good as Her Mother





Hollywood mama, Angelina Jolie, reminisced about her mother in an interview with 60 minutes. Jolie said that her mom, Marcheline Bertrand, was a generous, loving person that did everything for her children. Sound familiar? It seems Jolie is trying to walk in Bertrand's footsteps since her death in 2007. Jolie adopted three children, gave birth to three more children with Brad Pitt, and is a humanitarian activist. According to <u>UsMagazine</u> the actress was as modest as ever and said that she could never be as good as her mother.

How do you know what traits to carry over from your own mother?

### Cupid's Advice:

We all worry that one day we might turn into our mothers, but that may not be such a bad thing. Mothers wear many hats and the most important one may be that of a role model. Here are some ways to think about and carry on traits that your mother has/had:

- 1. Childhood: Think about the morals your mother installed in you as a child. As you mature, those morals usually lead you to make decisions in your adult life. Carry on those morals that your mother valued.
- **2. Role model:** Do you remember watching your mother and wanting to be just like her? Try to remember why you wanted to be your mom's little me. Was she loving, funny or strong willed?
- 3. Memories: If your mother is deceased, remember what made her special. Why did she mean so much to you and to others? You may not become just like her, but taking on some of her traits will help you keep her memory alive.

What traits have you carried on from your mother? Share your ideas below.

### Lily Allen Welcomes a Baby Girl





British singer/songwriter Lily Allen gave birth to a baby girl on Friday, reports <u>RadarOnline</u>. Allen first revealed her pregnancy in June, when she married painter/decorator Sam Cooper. Allen and Cooper previously suffered through two very public miscarriages.

How do you prepare for a baby girl versus a boy?

### Cupid's Advice:

Preparing for a baby is difficult, but knowing the gender of your child can make it a lot easier. Here are a few tips to help you prepare for a baby girl:

- 1. Stay true to your taste: The upside in preparing for a girl is that you can always rely on your taste. Pick dolls and furniture that you or your sister would have liked as a child. Your daughter will most likely share your preferences.
- 2. Narrow your options: If you know you're having a girl, save time and money by only buying gender-specific items. For example, instead of buying several baby name books, buy only a few female-specific name books.

3. Be prepared for a surprise: Ultrasounds aren't always correct. Though unlikely, you could give birth to a boy instead. Be prepared for a surprise, and have a few gender-neutral items on back up.

How did you prepare for your baby girl? Feel free to leave a comment below.

# Beyonce Was Worried Pregnancy Secret Would Be Revealed Prematurely





Beyonce has always been a private person under a public microscope. That's why, when she revealed her baby bump at the 2011 Grammy Awards, Facebook and Twitter were on fire. How long was she pregnant before popping the news to her fans? Access Hollywood said that Beyonce was hiding her pregnancy since her four-night Roseland Theater performances. While on stage, the mom to be said she was thinking, "Everyone knows, everyone can see." Beyonce, we speak for all your fans when we say: We had no idea!

How do you keep your pregnancy a secret at the beginning?

#### Cupid's Advice:

Finding the right time to tell everyone about your pregnancy can be difficult. Many women wait until they have gotten past the first trimester and others blurt it out as soon as they find out. But just in case you were thinking about holding your tongue, Cupid has some tips:

- 1. Keep the changes to yourself: You may start to feel extra bloated and moody. Keep those feelings at bay and don't speak to others about it. People will start to get suspicious. Play it cool.
- 2. Try not to shop: Baby clothes are so cute, and it's hard to say "no" once you know that you're expecting. Be strong, and don't let a trail of baby clothes give you away.
- **3. Tell one person:** It's hard to keep such a big secret. Tell one person that you trust, and ask them not to tell. Getting it off your chest will keep you from being stressed.

How did you hide your pregnancy? Share your experiences below.

# Robert Downey Jr. Takes Pregnant Wife On Vacation





He's not Paul Avery, but he is a father in training. Actor Robert Downey Jr. recently took his six-month pregnant wife Susan Levin on a weekend getaway to Hawaii where they snorkeled on the island of Kauai, according to *UsMagazine*. The couple will welcome their first child in February. Downey Jr. and Levin met in 2003 on the set of the movie *Gothika*. The star of *Sherlock Holmes* credits Levin for helping him remain sober. "There's no understanding for me of the bigger picture in real time in a hands-on way without her," he told *Esquire* in 2009. "Because it was the perfect, perfect, perfect matching of personalities and gifts."

What are some ways to make your pregnant significant other

#### happy?

### Cupid's Advice

You don't always have to take the future mother of your child off to a weekend getaway in Hawaii, but do try to make her feel appreciated. Here are some smaller ways to do so:

- 1. 'Dinner's on me': Take some time to cook her favorite dinner. This will let her know just how special she is to you.
- 2. 'Need a foot-rub?': Do some little things for her around the house, make things easier for her while she's pregnant. She's the one carrying your child, which is work in and of itself.
- **3. 'Have the remote':** Let her know that you're there for her and ready to listen and take care of her needs. If she wants to watch a show, hand over the remote.

What are some other ways to make your pregnant partner happy? Share your ideas below.

# Connie Britton Adopts a Son from Ethiopia





Connie Britton, star of the new hit series, American Horror Story is the proud new mom of a baby boy from Ethiopia. Britton finally got to bring nine-month-old Eyob home after a three-year- long adoption process. According to <u>People</u>, the 44-year-old actress is happy for motherhood and says that her son has completed her.

What are some ways to bond with an adopted child?

### Cupid's Advice:

When you adopt a child, bonding can be difficult. Here are some tips for you and your child to become comfortable with each other. Bonding takes time, but with love, it will happen sooner than later:

- 1. Teach and learn: If your child is from a different background than you, take time to explore their culture together. A trip to a museum, library, or restaurant when they're older will bring you closer.
- 2. Interact with your baby: You are not the child's biological parent, so eye contact during feedings are important to your

baby getting to know you and creating a bond stronger than any biological relationship. Try a baby massage class to learn the value of touch.

3. Interact with your older child: Older children take a little more time to bond with, but the techniques are the same. Love, conversation, eye contact, touch and honesty will do the trick. Remember that growing close takes time.

How did you bond with your adopted child? Share your experiences below.

# Tori Spelling Says Her New Daughter Enhanced Her Marriage





Tori Spelling's brood has grown larger, reports <u>UsMagazine.com</u>. Hattie Margaret, daughter of Tori Spelling and Dean McDermott, greeted the world on October 10th. With the new baby came many surprises. "[We were] 110 percent sure we were having a boy," said Spelling. Despite the surprises, Spelling feels that her new baby has brought her closer to McDermott. "The baby wasn't planned, but it obviously happened for a reason. Knowing we were bringing a third life into the world just enhanced our relationship. The moment I had her, I looked at Dean and fell in love with him all over again."

# How does having a baby bring you closer together as a couple?

### Cupid's Advice:

There's no doubt that having a child can be overwhelming, but working together to raise your son or daughter can also be a bonding experience. Here's why:

1. Challenge: Raising a child comes with obstacles. Tackling

the challenges together will strengthen your relationship, especially when you're successful.

- 2. New happiness: Children are entertaining, especially when they're young. Your baby will bring even more happiness to your relationship.
- **3. Stress:** Though rewarding, adjusting to life as a parent is difficult. However, the stress and hardships you encounter as a couple will ultimately strengthen your bond when you triumph over them.

Have you had a child that brought you and your partner closer together? Feel free to leave a comment below.

# Michelle Duggar Admits That Lots of Kids Aren't for Everyone





If you thought reality TV's largest family couldn't get any bigger, you thought wrong. The Duggars, stars of TLC's 19 Kids and Counting are expecting another addition to their humongous brood. Following the birth of pre-mature Josie, Michelle Duggar has been taking extreme precautions with this latest pregnancy. "I have been getting counseled from a high-risk pregnancy doctor in Little Rock and taking good care of myself," she tells <code>People</code>. Despite the media's shock , the couple is excited to welcome their 20th child. "We know that having this kids isn't for everyone, but we are open to receive whatever gifts God wants us to have." Guess we'll see how this pregnancy pans out on the next season of 19 (or 20?) Kids and Counting.

How do you know how many kids will work best for you?

### Cupid's Advice:

It's important to discuss with your partner how many kids you're interested in having before starting a family. As your relationship progresses along with work and other things, you'll know how many children you can handle:

- 1. Babysit: Of course one of the best ways to see how many children you'd want to have is to babysit. Offer to help out with a friend's kids for a weekend just to get some insight into the ups and down of raising a family.
- 2. Know: Know how many kids you and your partner want before having children. Kids need constant attention, so you need to be able to provide financial and emotional support for them.
- 3. Decide if you're ready: A lot of couples plan for a specific time in their relationship to have children for different reasons. Talk to your significant other and see if you're even ready at this moment in time for kids.

How do you know how many kids will work for you? Tell us below.

# Jack Osbourne Admits His Baby-to-Be Wasn't Planned





Despite the surprise factor, 25-year-old Jack Osbourne and fiancée Lisa Stelly are thrilled to be expecting their first child together. Known for his love of extreme sports, Osbourne has no problem curbing these activities once he is a father. He told Britain's *Star* magazine that he is "excited" for the baby and that he's "really happy about the whole thing." RadarOnline says that along with the excitement of the new baby is the possibility of a reality TV show for the blossoming household, much like *The Osbournes*, which originally brought Osbourne to fame.

### How do you quickly adapt to the idea of having a baby?

### Cupid's Advice:

Pregnancies aren't always planned, so it's often necessary to come to grips with the idea of having a baby quickly. Here are some things to consider:

1. Tell your family: Telling your family about your unplanned pregnancy can be difficult, but there are a myriad of benefits. They can be a valuable source of support when it

comes to difficult decisions, can provide financial help, and may even go with you to your appointments.

- 2. Stay healthy: Be aware of necessary lifestyle changes such as the one Jack Osbourne plans to make for his baby. Make smart diet choices as well as smart physical choices. Avoid alcohol and dangerous movements.
- **3. Trust the professionals:** When in doubt, there is no better advice given than that of your doctor. Make sure to have regular appointments with your doctor, and don't be afraid to ask them *any* questions you may have.

How would you handle an unexpected pregnancy? Share advice below.

# Alanis Morisette Says She Was Unprepared for Motherhood





Alanis Morisette recently opened up about postpartum and not being prepared for the birth of her 10-month-old son, Ever Imre, with husband Souleye. The singer, who wrote a blog for iVillage.com, said she worried about labor and delivery instead of mentally preparing to become a mother. According to <a href="https://www.usana.com">UsMagazine.com</a>, Morisette said she felt like there was no handbook to guide her in raising her son and being a first time mother.

### How do you prepare yourself for motherhood?

### Cupid's Advice:

- 1. Talk to the experts: Go beyond getting a pediatrician's advice or reading those expensive baby books, and talk to actual mothers. Don't know any? Try becoming a member of mommy forums online and/or play groups.
- 2. Talk to your baby: Talking to your baby while they are still in the womb helps build a bond. Once the baby arrives, you will feel more intuned with your child and your role as a mom.

3. Come to terms with not being prepared: We could write a thousand steps on preparing for motherhood, but the truth is that motherhood is taught through experiences. Making mistakes makes you human, and teaching your child how to <u>not</u> make the same mistakes you do, makes you a mother.

If you think you may have postpartum or need someone to talk to, don't be embarrassed, talk to your doctor.

How did you "prepare" for motherhood? Share your experiences below.

# Rumor: Is Kate Middleton Pregnant?





Kate Middleton may have some expectant news to share with the world soon, according to <code>UsMagazine.com</code>. Rumors began when the Duchess of Cambridge refused to eat peanut paste, a food meant to be avoided by women who are expecting a baby. Now, the 29-year-old wife of Prince William has been seen holding, patting, rubbing and even cradling her stomach. When visiting a UNICEF distribution center in Copenhagen, Denmark recently, an onlooker described Middleton's actions as "very noticeable" and said, "She continually patted [her stomach] and held her hands against it. She must have been doing it without realizing it." William and Kate do intend to have children in the future, but it looks like the time for them to start a family may be sooner rather than later.

How do you keep your pregnancy a secret until you're ready to reveal it?

### Cupid's Advice:

If you're not quite ready to share the joyous news of a pregnancy yet, there are ways to keep it quiet for a while:

- 1. Resist the hand-on-tummy move: Sometimes expectant mothers unknowingly rest their hands on their stomach, like Kate Middleton has been seen doing. When trying to hide a pregnancy, be conscious of this action and make an effort to keep your hands on your hips or elsewhere.
- 2. Dress to hide the bump: No one said that mothers-to-be can't be trendy. Wear clothing that's both in style and flattering to your growing figure, such as empire waist tops or dresses.
- 3. Look the part: If you don't want people to know you're pregnant, don't look pregnant. This means keeping up with your hair and make-up and avoiding the puffy eyes which can cause a co-worker or friend to ask, "Are you feeling okay?"

What are some ways you know of to keep one's pregnancy a secret? Share your ideas below.

# Kelly Rowland Accidentally Reveals Sex of Beyonce's Baby





It's a girl! Or is it? Kelly Rowland kept referring to the newest addition to the Knowles-Carter calm as "she" and her" while answering questions about Beyonce's bundle of joy in London on Thursday. The X-Factor UK judge revealed to USMagazine.com she was unsure of what to get her new niece for the baby shower. "I don't know, I think her dad is gonna give her everything anyways, all I can give her is love." With a response clearly insinuating the baby will be a girl, the media is buzzing with excitement. Rowland revealed she receives a weekly update from her best friend and former Destiny's Child band mate. So if anyone knows the sex of the baby, it's definitely be Auntie Kelly. Hopefully Beyonce and Jay-Z aren't too upset!

# What are the differences in preparing for a baby girl versus a boy?

### Cupid's Advice.

Aside from the obvious, there are inherent differences between girls and boys, and it's your job as a parent to be able to develop your child's skills accordingly. Here are some tips:

- 1. Research: As a new parent, do the proper research to know the ways in which baby boys differ from girls in terms of early childhood development.
- 2. Your childhood: Ask your family or your partner's family about the habits you each had as a baby. Your bundle of joy will probably have similar traits, and you'll be better equipped to deal with it.
- 3. Color scheme and theme: Of course you're going to decorate certain ways and purchase specific toys according to your baby's gender. Consider switching it up a bit; instead of pink and blue, go for yellow and green.

How you you prepare for the birth of a baby girl or boy? Tell us your story below.

# Jessica Simpson Will Wed Eric Johnson After Baby is Born





After months of tabloid rumors about Jessica Simpson's potential baby bump, she has finally confirmed that she is indeed pregnant with her first child. According to <u>People</u>, the new baby with fiance, Eric Johnson, wasn't exactly planned, but wasn't something they were trying avoid either. The singer/fashion designer and former NFL player are still completely committed to getting married, although it will now probably happen after the baby is born. "It's just going to be at a later date now [because] they really want to enjoy this time in their lives," said a source close to the couple.

What are the advantages to waiting until after your baby is born to tie the knot?

### Cupid's Advice:

Since every wedding is unique, there's no perfect formula for a wedding. But, if you're pregnant before the wedding, there are some advantages to waiting until after the baby is born to have the ceremony.

1. Your child can be part of the ceremony: It's both adorable

and meaningful to make your child an active part of your wedding. If they're old enough, they can even be the flower girl or ring bearer.

- 2. The dress is a better fit: It's hard to fit into a wedding dress with a baby bump, but once you get your figure back, you'll look fabulous.
- **3.** A kid-friendly wedding: At most weddings, the kids are left at home. If your child is part of your wedding, however, your guests can bring their kids along, too.

How long should you wait after having a child to get married? Share your ideas below.

## Jessica Simpson Holds Belly While on Walk with Eric Johnson





Jessica Simpson's protruding belly have proved the rumors to be true. Although Simpson has continuously denied pregnancy rumors until recently, she was spotted holding her stomach while walking with fiance, Eric Johnson. The couple were seen by <a href="RadarOnline">RadarOnline</a> in Beverly Hills happily holding hands. Johnson walked with his arm around Simpson and helped her into the car. Between planning a wedding and a new addition to the family, the two have a lot to look forward to in the future.

# As a father-to-be, how do you protect the mother of your child during pregnancy?

### Cupid's Advice

The best way for men to protect the mother of their child during pregnancy is to make sure that she's happy. An unhappy pregnant woman makes for an unhappy nine months for everyone surrounding her:

1. Compliments: With all the changes women experience during pregnancy, all they want to hear is that they are still loved and considered attractive. Make sure that you tell her she is

beautiful on a regular basis. Even if she denies it, this still makes her feel good about herself.

- 2. Food: There's nothing a pregnant woman loves more than food. Keep her favorite foods stocked in the kitchen and life will seem easy for the time being. Be on call for random spur of the moment cravings, though!
- 3. Be there: Whether it's a doctor's appointment or simple quality time, as a father-to-be, it's important to let your partner know that you're there for them during this next step in life.

How would you protect the mother of your child during pregnancy? Let us know below.

# James Van Der Beek and Wife Are Expecting Second Child





James Van Der Beek has recently announced that his wife, Kimberly, is pregnant with their second child, <u>People</u> reports. "Just when we thought we couldn't feel any more blessed, it seems the universe has plans to give our daughter [Olivia, 13 months] a sibling," the actor announced on Twitter. The former <u>Dawson's Creek</u> star and his wife had their first child, Olivia, in Sept. 2010.

### How do you prepare differently for a second child?

### Cupid's Advice:

When you're expecting your second child, you'll have experience and knowledge on what to expect. However, there are a few things you have to prepare differently for when the newborn arrives. Cupid has some tips:

- 1. Organize: Having to take care of two kids instead of one can be overwhelming. Your regular schedule, which includes sleeping, will change, so be prepared to create a new one.
- 2. Adjust: Your first child will no longer be the only child. Explain to him or her what a great role they will now have as

the oldest sibling, in order to prevent jealousy or resentment towards the newborn.

**3. Responsibilities:** Your responsibilities will increase when the new baby arrives. Make sure to decide ahead of time where your son or daughter will be sleeping, and have clothes and accessories ready.

What are some other ways to prepare differently for a second child? Share your thoughts below.

# Rumor: Jessica Simpson Is Pregnant





According to <u>RadarOnline</u>, Jessica Simpson is allegedly showing off a baby bump! Although the singer has refused to publicly comment on whether she is indeed pregnant with her fiancé Eric Johnson, she was seen walking through LAX with her jacket open, and revealing a suspiciously sized belly on Sunday.

### How do you keep your pregnancy a secret?

### Cupid's Advice:

When you're pregnant, everyone — including co-workers — want to know. If you aren't ready to announce the big news to anyone just yet, here are three ways you can keep your pregnancy a secret:

- 1. Clothes: Wear long dresses and shirts with various prints on them that will cover your stomach. Or, if you're asked if you're pregnant, say you've just gained weight.
- 2. Secret between you and spouse: Make sure your spouse doesn't announce it to anyone until you're ready to do so.
- 3. Excuses: If anyone asks, say, "We're trying, and when I do

become pregnant, you'll be one of the first to know."

Share with our readers if you know other ways to keep your pregnancy a secret.