

James Van Der Beek and Wife Welcome a Baby Boy



James Van Der Beek is a proud father- again! Van Der Beek and his wife, Kimberly, had their first son on March 13. “Had my first son this morning... well, actually, my wife had him. I just caught him. Wow. Heart expanding way faster than my brain,” James wrote via Twitter. “If you could bottle up and distribute this feeling, I swear there’d be no more war. #fatherhood.”

Although, the new bundle of joy’s name hasn’t been revealed yet, the couple is ecstatic about sharing the experience.

“Had such a blessed and miraculous birth experience. Cannot wait to share it with all of you!” Kimberly tweeted. “Thank you for all the love and good wishes. I can feel it all. xo.”

The newest addition to their family will be join the couple’s first daughter, 17-month-old Olivia.

What are some new things you have to prepare for when you have a boy versus a girl?

Cupid's Advice:

Whether you're having a boy or girl, it's always best to make sure you're well prepared when you're expecting. Here's Cupid's advice on how to get ready to welcome your baby boy:

1. Go blue: Since you're having a boy, it's pretty common to go with a baby blue theme for your son's nursery. However, if you're looking to add other colors, different greens and yellows can easily compliment the soft blue.

2. Become the outdoorsy type: If you're not already a fan of outdoor activities, become one. While not all boys are the same, a vast majority of them lean toward enjoying playing outside, sports or playing with their favorite monster trucks.

3. Exercise: Granted, both boys and girls can keep you on your toes. However, boys tend to be a bit more active. Make sure you get plenty of rest and exercise so you'll be able to keep up with your little one when he learns to walk and crawl everywhere.

**How do you prepare for having a boy versus having a girl?
Share your comments below.**

Rumor: Is Drew Barrymore Fighting Morning Sickness?





Rumors are still

flying around about whether Drew Barrymore is pregnant or not.

Although Barrymore and fiancé, Will Kopelman, aren't commenting on the allegations, the *Big Miracle* actress has been dropping small hints that she may be expecting.

Barrymore was photographed carrying a box of Premium Saltine Crackers to lunch in L.A. Could she be battling morning sickness? According to UsMagazine.com, a source confirmed that the couple are excited to welcome their new baby. It looks like "moms" the word ... for now.

How do you support your partner when pregnancy gets tough?

Cupid's Advice:

Pregnancy involves mood swings, morning sickness and physical changes. It's definitely hard, but it can be even harder if your partner has to go through it alone. Here are a few things that you can do to support your partner when pregnancy gets difficult:

1. Healthy eating: Sometimes pregnancy cravings can cause moms to over eat and feel guilty afterwards. Eat healthy foods with your partner so that you both stay fit and feel amazing, inside and out.

2. Be understanding: Mood swings can cause arguments during pregnancy, but being understanding of the hard work your partner is undergoing emotionally and physically will ease the tension.

3. Become a massage therapist: Carrying around a growing baby isn't easy on the back, legs or feet. Invest in some lavender massage oils and lotions, and never wait for your partner to ask for a massage.

How would you help your soon-to-be mom through a tough pregnancy? Share your comments below.

Deena Cortese Says Snooki Will Be a 'Great Mom'



Since the recent

news that Nicole ‘Snooki’ Polizzi is pregnant, there have been doubts about the party girl’s ability to raise a child. According to [People](#), Polizzi’s best friend Deena Cortese thinks otherwise, telling Ryan Seacrest Friday on his KIIS-FM morning show, “Nicole is going to be a great mom.” Even though Cortese will be losing her party partner, she thinks Snooki will be a natural at raising her baby with fiancé, Jionni LaValle. Maybe Snooki’s party days really are over as she gets ready to start her new family.

What are some ways to support a friend during a surprise pregnancy?

Cupid’s Advice:

Sometimes things just ... happen. An unexpected pregnancy can be very difficult to deal with, which is why it’s crucial for you to be there for your friend almost every step of the way. Here are some ways for you to give them that support:

1. Get excited: There’s nothing you can change now, so you might as well look at it in a positive light. Even though your pregnant friend might not be in the best situation to be having a baby, you can still be happy for them.

2. Help her do some shopping: New baby means new things. She’ll need new maternity clothes as well as baby supplies. By helping her shop, it will be comforting knowing she has you there for her.

3. Stay over for a while: There will be times in the pregnancy when your friend will need all the help she can get. Stay over a couple nights of the week, as she’ll know you’re there to help her out even with little things around the house.

Have you or your friend ever had to deal with a surprise pregnancy? Share your advice below.

Rumor: Is Snooki Engaged and Pregnant?



After the news broke that the possibly pregnant Nicole “Snooki” Polizzi was also engaged, photos surfaced of her engagement ring. According to [People](#), the ring was big and flashy and picked out by Snooki’s soon-to-be husband, Jionni Lavallo. It’s not exactly the quietest way to break the news, but Snooki would have said “get another ring” if the stunner wasn’t up to par.

What are some ways to break the news of a surprise pregnancy and engagement?

Cupid’s Advice:

Sometimes it can be difficult to let friends and family know

about something unexpected in your life. Cupid shares some advice:

1. Timing: There's no rush in letting people know the big news. Make sure it's at a time in which everyone important to you is available and able to focus on the announcement of [a baby](#) or relationship change.

2. Simplicity: Keep it simple. Don't complicate things by making small talk or making up a reason as to why you may have gathered people together. Be prepared with what you're going to share, and be straightforward.

3. Knowledge: Think of questions friends and family may ask about the expected baby or engagement. Be prepared for possible bad reactions, but expect the best from the people you love.

What are some ways to break big and surprising news? Share your ideas below.

Reports Say Nicole 'Snooki' Polizzi Is Pregnant





After countless denials that she is expecting, a source has confirmed to the *New York Post* that the controversial reality star, Nicole 'Snooki' Polizzi, is indeed pregnant with her first child. Reportedly, the *Jersey Shore* star is approximately three months along with boyfriend, Jionni LaValle's baby. According to [People](#), there is still no word on how Snooki's condition will effect the spinoff show starring Snooki and Jenni "JWoww" Farley that began filming about a week ago.

How do you break the news of an unexpected pregnancy to your partner?

Cupid's Advice:

An unexpected pregnancy can be an alarming experience, but if you stay clam, it should all work out. Here's how:

- 1. Be honest:** Don't hide your condition from your partner even for a short period of time.
- 2. Talk it out:** Take the time to form a plan of action with your partner. Ask for his or her opinion.
- 3. Tell your friends and family:** Now that you've told and talked it out with your partner, it's time to tell everyone

else in your life that your expecting. You'll probably end up needing the added support.

What advice would you give a friend who unexpectedly found out she was pregnant? Share your advice below.

Jennifer Garner and Ben Affleck Welcome a Baby Son



For the third time, Jennifer Garner and Ben Affleck are proud parents. According to [People](#), their new son was welcomed in Santa Monica. After announcing they were expecting in August, but not sharing the sex of the baby, their new son joins big sisters, Seraphina, 3, and Violet, 6. “It would be so weird to have a boy,” Garner told Ellen DeGeneres, also saying that the experience would be “cool and different.” However, in

2010, Affleck said, "The three-against-one-female-to-male ratio in his house leaves me significantly outnumbered."

Garner and Affleck are happy together. "Honestly, I would do anything for that man, because I know it's not taken for granted," said Garner.

Cupid's Advice:

After having a house full of estrogen, adding another man to the mix will no doubt bring changes. Cupid has a few:

1. Dad relaxes: This may not happen right away, but with time, the man of the house will have another guy on his team.

That's one more person to fight for the game to be on TV on Monday nights rather than *The Bachelor*, or someone to help cut the grass.

2. The last name carries on: Your family name may make it another generation. Having a son join the mix allows the opportunity for your last name to live on.

3. Male bonding: Father-daughter dates are very crucial, but there's nothing quite like father-son bonding. Going fishing, playing ice hockey and building tree houses are all things many sons experience with their fathers. So ladies, step aside and let boys be boys.

How did your family change when you had a son? Share your stories below.

Uma Thurman Is Expecting with

Arpad Busson



The baby bump may have gone unnoticed at last month's New York Fashion Show, but [People](#) confirms that Uma Thurman is expecting her third child. The actress, who will appear on *NBC's* new drama *Smash* during a five episode stint, has two children with ex-husband Ethan Hawke, and this will be her first child with her boyfriend since 2007, Arpad Busson.

How do you know when it's time to reveal your pregnancy?

Cupid's Advice:

Once you find out you're going to have a baby, it can seem impossible to think about anything else, and there's no best time to make the announcement. There are, however, advantages and disadvantages to telling people early or waiting to share. Cupid has some things to keep in mind:

1. Advice: If family and friends know from the get-go of your

pregnancy, they may have some useful advice throughout. If they try to cram it all into a short period of time, however, it might become overwhelming.

2. Support: Having support through all the stages of your pregnancy may prove very helpful emotionally and psychically, but if too many people know, the outpouring of support may end up stressing you out.

3. Miscarriage: You should definitely wait until you're at least 8 weeks pregnant to start spreading the announcement. It might be nice to have the support from family and friends if things go wrong, but taking back the announcement will force you to relive the thought and moment constantly.

**When did you know you were ready to announce your pregnancy?
Share your comments below.**

Nicole Richie Motherhood Advice to Pregnant Jessica Simpson





Fashion Star mentor

Nicole Richie has some motherhood advice for her new coworker. The Winter Kate designer, 30, offered Jessica Simpson a crash course in parenting, reports UsMagazine.com. “I offered for her to take my kids up until she has hers,” joked Richie. “That didn’t really work, but the offer still stands because she hasn’t had her kid yet. If she wants to take [daughter Harlow, 4, and son Sparrow, 2], go ahead. I will go to Cabo, no problem.”

What are some ways to prepare yourself for parenthood?

Cupid’s Advice:

Parenthood gets easier with time, but the first few months with your newborn can be the most challenging part of your new role. Here are a few ways to prepare yourself:

1. Buy the essentials: It’s surprising how many things new parents leave for the last minute. Prepare in advance as much as you can. Buy a car seat, baby formula, diapers, a crib, etc. You’ll be too occupied with your newborn to be doing much shopping after the birth.

2. Find a doctor: Finding a pediatrician you’re comfortable with before the baby arrives can save a lot of time. Make appointments with several local doctors and talk to your

friends until you find one that suits your needs.

3. Organize a support system: The first few weeks will be tough on you and your partner. Arrange for a friend or family member to stay with you and help out. You'll be able to enjoy their company and a large load will be taken off of your shoulders.

How did you prepare yourself for parenthood? Feel free to leave a comment below!

Rumor: Is Drew Barrymore Pregnant?



After being spotted leaving a doctor's office holding a sonogram, as seen on TMZ.com, it is rumored that Drew Barrymore and her fiancé Will

Kopelman could be expecting their first baby. According to [People](#), the couple would like to become parents. "Drew is so motherly. Will would like to be a dad. Family is so important to him," said a source. However, Barrymore's rep had no comment regarding the pregnancy. In 2006, Barrymore told *People*, "I definitely feel the beginnings of a tick-tock. Whether I have children or adopt, whatever form a family comes in, I would absolutely love to have it." Recently, Barrymore has been seen wearing loose fitting clothing whenever she was in public.

What do you do if you find out you're pregnant before your wedding?

Cupid's Advice:

Discovering you are having a baby is a special moment in your life. Knowing your baby can be present at your wedding only makes the whole experience more special. Cupid has some tips:

1. Tell your friends and family: Share the news with the ones you love, especially those who will be attending the wedding and might notice a baby bump. This surprise should only make the wedding more exciting.

2. Cut back on wedding costs: Having a baby is costly. Rather than spending big bucks on extra flowers and candles, think about all the diapers you are going to need. As for wedding gifts, add things that can double as baby gifts to your registry.

3. Take belly into account when dress shopping: When looking for your gown, keep in mind what your belly will look like on the big day. It will be a blessing to share this day with your baby; however, looking like a princess will be a tad bit different than you may have imagined.

What did you do when you found out you were pregnant before

your wedding? Share your stories below.

Victoria Beckham Discusses Being a Working Mom



Former Spice Girl Victoria Beckham presented a collection at the New York Fashion show, and critics said she looked a little disheveled and unhappy. That said, they couldn't be more wrong. "Look, if people want to say I'm miserable, then so be it," she said, according to UsMagazine.com. "I'm really not. I have a lot on my plate. I'm not going to lie about it, I'm tired. I'm really tired, but I'm also very happy with my life." Victoria has four children with soccer star husband David Beckham and the newest addition to the family, Harper Beckham, is only seven months old. "I'm not getting much sleep at all," she

added. “Harper’s not sleeping that great, and I’ve been taking Skype business calls throughout the night, too, because of the collections. I’m up with the baby as all mums are, and I wouldn’t have it any other way. There’s not a team of people doing it for me.”

What are the benefits of being a working parent?

Cupid’s Advice:

Being a good parent and a good employee is a balancing act, but so is life in general. That said, being a working parent has some great benefits. Cupid has some tips:

1. Living standard: By having a job with a steady income, you’ll be able to provide your children with their basic needs without stress on yourself or your budget.

2. Role model: Young children are always mimicking adults, so by showing them that you’re a hard worker and goal-oriented, they will hopefully follow in your footsteps.

3. Balance: Learning to balance everything on your plate as an employee and a parent will give you a sense of duty and accomplishment. You’ll learn to prioritize what’s important in your life, and hold on to things that are the most meaningful to your happiness.

How does having a job while being a parent benefit your life?

Share your comments below.

Hilary Duff and Mike Comrie Get Mushy for the Cameras



Lizzie McGuire alum

Hilary Duff is loving her pregnancy— and has no problem telling her fans. McGuire, 24, tweeted a picture of herself with husband Mike Comrie, 31, reports UsMagazine.com. The photo shows a pregnant Duff holding her baby bump while kissing Comrie upside down. Duff thanked her fans for their support, tweeting, “Glad you guys like my new pic! Much love to all you guys.”

What are some ways to celebrate your pregnancy?

Cupid’s Advice:

Though being pregnant is a reward in itself, it’s important to celebrate such an important stage in your life. Here are a few ways to celebrate:

1. Take photos: Document your pregnancy by taking photos of your growing belly every two weeks. After the baby is born, arrange the photos to show your pregnancy's progression.

2. Massage: Use your pregnancy as an excuse to pamper yourself. Get a pedicure, or go for a massage. The massage will help you relax, and it will soothe your aches and pains.

3. Prenatal yoga: Prenatal yoga is an excellent way to stay physically fit without putting too much stress on your body. Learning how to breathe correctly (an important part of yoga) will prepare you for the birth. It's also an opportunity to make friends with other pregnant women in the area.

How did you celebrate being pregnant? Feel free to leave a comment below.

Beyonce and Jay-Z Skip Grammy's for Pizza Date





Beyonce and Jay-Z

have something more important to focus on this year than awards. The new parents recently skipped the Grammy Awards to indulge in a quick pizza date before heading home to baby daughter Blue Ivy, according to UsMagazine.com. A witness said the superstar duo “were just like a regular couple talking and whatnot” while having dinner at their favorite pizza place in Brooklyn. “They were sitting in front of the place closer to where they make the pizza.”

What are some ways to keep romance intact after you have a child?

Cupid’s Advice:

Having children is typically a joyful experience, but there’s no doubt that romance in your relationship takes a hit as a result. Cupid has some tips:

- 1. Date night:** You may not have had a specific night in the week where you always went on a date before you had a child. Now, however, it’s necessary to schedule your alone time. That way you can coordinate a babysitter ahead of time.
- 2. Post-bedtime hangout:** Although it may not seem like it at first, your child will eventually learn to sleep through the

night. When that happens, their bedtime will probably be before you and your significant other's. Take the time after your son or daughter goes to bed to reconnect as a couple.

3. Mini-vacations: It's understandable that you'd be hesitant to leave your child behind on a trip, but sometimes you need a couple days to unwind. Leave your kid(s) with their grandparents or your siblings. Even if it's just a weekend getaway, it's important to spend some quality time alone every once in a while.

How do you keep the romance in your relationship alive? Share your ideas below.

Civil Wars' Joy Williams Announces She's Pregnant





It seems two trophies from the Grammy Awards isn't all The Civil Wars' Joy Williams has to celebrate these days. The singer-songwriter recently announced her pregnancy via Twitter. "Beyond elated to share that [husband] Nate [Yetton] and I are expecting our first child in late June!" she wrote. "My baby bump and I will see you on the red carpet." It hasn't been an easy pregnancy, though, according to UsMagazine.com. Williams struggled with "24-hour morning sickness for months" she shared, also via Twitter. Williams and her bandmate John Paul White won the Best Folk Album and Best Country Duo/Group trophies at the Grammy's.

How do you support your partner during a tough pregnancy?

Cupid's Advice:

Not all pregnancies involve a warm glow. In fact, some involve complications and sick feelings from the very beginning. Cupid has some ways to support your struggling partner:

1. Take over household chores: If your pregnant wife or girlfriend is the one who usually takes care of various household tasks, step up and take those over for her. She's carrying your child, so the least you can do is vacuum under

the bed.

2. Learn prenatal massage: If you really want to go above and beyond, learn how to give a mean massage. Take a class or read a book on how to use your hands to relieve some of your pregnant mate's stress.

3. Research: There is a lot of information out there about how to deal with pregnancy struggles. Take the initiative to read up on them, and apply your new found knowledge to help your partner.

What are other ways to help your partner with a tough pregnancy? Share your thoughts below.

Kristin Cavallari Is 'Radiant' at Lunch with Jay Cutler





Expectant parents,

Kristen Cavallari and Jay Cutler, shared a romantic lunch together at Marble Lane Restaurant in New York. According to [People](#), after both ordering tomato soup, the two ordered salads. A source said they seemed “super happy, chatting the entire time. She was very smiley and looked radiant.” A few days prior to visiting New York for Fashion Week, Cavallari attending a bridal shower for a friend’s upcoming wedding. The shower took place at a West Hollywood gay bar, The Abbey.

What are some ways to keep the romance in your relationship during pregnancy?

Cupid’s Advice:

Being pregnant can be stressful for both members of the relationship. Don’t forget to show each other some love throughout the entire pregnancy.

1. Don’t give up on date nights: Once the baby comes, spending a Friday night alone together is going to be nearly impossible. While you still have the time be sure to show your sweetheart some love. Do something unique every weekend, even if it’s baby related, like painting the soon-to-be baby’s room.

2. Stay intimate: Don’t give up on being intimate just because

you're pregnant. If you are feeling uncomfortable, about it talk to your man and tell him. It's a guarantee he will be accommodating to your needs so that the two of you can continue sharing private and intimate moments.

3. Communicate: Talk to your partner about any fears or uncertainties you may be having. Keep yourselves on the same page. Communicating will allow you to sort through any problems and allow you to have time keep the romance level up.

How did you keep the romance going in your relationship during pregnancy? Share your stories below.

J.R. Martinez Prepares His Dog for His Baby



Man's best friend?

Meet Daddy's little girl. Season 13 winner of *Dancing With The Stars*, J.R. Martinez, is preparing his black lab for the arrival of his baby girl in May. The actor and former U.S. Army soldier, told [People](#) that his lab, Romeo, is a loving pup and "totally human". Sounds like J.R. Martinez is going to be a great father.

How do you prepare your pet for the arrival of a new baby?

Cupid's Advice:

For most couples, getting a dog is a great learning experience before having a baby. Therefore, when the time comes to add a new bundle of joy to the family, couples need to prepare their child's future sibling and best friend. Here are some fun ways to get your pet ready for a new baby in the house:

- 1. Less attention is okay:** Pets are just like children, because they need a lot of attention. Try to practice minimizing that attention before the baby comes.
- 2. Consider a training class:** Take care of your pet's urges of possessiveness and mouthing/scratching.
- 3. Dress rehearsal:** Use a doll or ask friends to bring their babies over so your dog can become comfortable around children.

How have you prepared your dog for the arrival of your new baby? Share your comments below.

'The Vow' Actor Channing Tatum and Wife Plan on Having Kids



Channing Tatum's next big project may just be starting a family. *The Vow* actor and his wife, actress Jenna Dewan, told *Hollyscoop.com* that they are opting to have kids at some point in the future. "We're married, so it doesn't get any further than that," Tatum said. Although the couple plans to procreate, it won't be anytime soon, given that the two are busy working on other projects. Despite having a demanding schedule, the couple manages to keep their marriage fresh by being creative and communicating. Tatum admits that he loves leaving notes around for his wife to show how much he loves her, while Dewan states they make sure to see each other. "We have a like a two week rule. So we see each other every two weeks...If you want to make it work, you make it work."

How do you know when your relationship is ready for kids?

Cupid's Advice:

"First comes love, then comes marriage, then comes the baby in the baby carriage." That's how the saying goes, but how do you know when it's time to have children? Starting a family is the next big step after tying the knot in your relationship. Cupid has some tips:

1. Enjoy each other first: The first few years of your marriage should be just about you and your lover. Take romantic vacations to tropical locations, surprise each other with "just because" gifts and go on spontaneous dates and trips. It's definitely possible to do this with kids, but it may not be as easy.

2. Practice makes perfect: Before having a child, babysit for a family member or a friend to get an idea of what to expect if you haven't been around kids in a long time. For the animal-loving couple, getting a dog wouldn't be a bad choice as this can somewhat prepare you for the future as well.

3. You're both ready: When you communicate to your spouse that you're ready to have children and they agree, then you can anxiously start planning for offspring.

How did you know you were ready for kids? Share your thoughts below.

David Beckham Says Kids Are

Competitive Like Him and Victoria



With parents like David and Victoria Beckham, it seems natural to say that Brooklyn, 12, Romeo, 9, and Cruz, 6, have been raised with a competitive spirit built in. “It would be easy for our kids to sit back and not work for anything, but they’re not like that,” David, 36, told [Men’s Health](#). “They’re as competitive as Victoria, 37, and me.” The couple plans to instill the same values into Harper Seven who was born in July 2011, according to [UsMagazine.com](#). “We’re very luck with our boys: They want to win. They want to work at something. They know their values. That’s the way we’ve brought them up so far, and that’s the way we’ll continue to bring them up,” said David. “Family is the most important thing to me.”

How do you teach your kids that being competitive can be a good thing?

Cupid's Advice:

Instilling values in your children is important, and it has to be done early. Here are some tips on how to teach *healthy* competition:

1. It's okay to lose: Teaching your child it is okay to lose is extremely important. Raising your child to win and always be right will be a huge disappointment when, someday, they are not chosen first for kickball at recess.

2. Life isn't fair: Giving your kids everything they want will lead to them a lifetime of attitude. Showing your children that they have to work toward goals and then accomplish them in order to receive a prize is key.

3. Sportsmanship: Knowing how to keep from being a sore loser is just as important as not being an over-the-top winner. Winning is exciting, but children should know it's not okay to rub their glory in their friends' faces.

How did you teach your kids that being competitive is a good thing? Share your stories below.

Robert Downey Jr. and Wife Welcome a Baby Son





Robert Downey Jr. welcomed a son, Exton Elias Downey, into the world at 7:24am on Tuesday, Feb 7 in LA. Downey's wife, Susan, delivered her son at 7lbs 5oz. "Everyone is healthy and couldn't be happier," a friend said, according to [People](#).

The *Sherlock Holmes* star revealed the sex of the baby on national television back in August, which was unexpected for his wife. "I could never really stay mad at him, but I can tell you it genuinely wasn't something we planned to reveal," Susan later commented. The married couple is thrilled to have given Indio, Downey's 18 year-old son from his previous marriage, a little brother.

What are some reasons to keep the sex of your baby a secret?

Cupid's Advice:

Some people choose to keep the sex of their baby a secret. Cupid has some possible reasons:

- 1. Avoiding expectations:** The sex of your baby can be accompanied by expectations. You avoid comments like, "Since it's a boy, he's going to be a handful."
- 2. Avoid the pressure of choosing a baby name:** Once everyone knows the sex, everyone will be jumping in to give you ideas

for your child-to-be's name. Either that, or they'll be bugging you to find out what you've chosen.

3. Gender neutral gifts: Getting gifts that aren't specifically for one gender or the other is actually a blessing if you plan on having more children in the future. If you end up with all pink baby clothes, you can't hand them down to a future little boy.

**Do you think the sex of the baby should be kept a secret?
Share your opinions below.**

Jay Cutler Says He Never Broke Up With Kristin Cavallari





Kristin Cavallari

and Jay Cutler are expecting their first child together, but it seems like there might be more critics than fans. Despite the couple's rocky relationship and rumors of a previous split, Cutler denies the accusations. As a result, the duo have taken matters into their own hands. According to [People](#), Cutler commented on Twitter saying, "Thanks for all the tweets. We couldn't be more excited. We don't usually comment on our relationship, but for the record I never broke up with Kristin. It's unfortunate some people are saying hurtful things during such a joyous moment in our life." Cavallari showed her support by retweeting his message.

What do you do if those around you aren't happy about your pregnancy?

Cupid's Advice:

It's *your* pregnancy so don't worry about what everybody else has to say. Cupid has some tips to keep your cool when you're getting too much heat from outsiders:

- 1. Be polite:** It can be easy to lash out on people sticking their noses where they don't belong, so instead politely ask them to be respectful of your situation, and if they can't be happy for you, to leave you alone.

2. Understanding: If it's someone close to you who's acting negatively, take the time to hear their side. Then let them hear yours, and ask for their understanding and support. Babies typically bring families and friends together in the end.

3. Keep private: Leave all the thoughts and decision-making about your pregnancy between you and your partner. Getting other people's perspective and comments in the mix can make things messy and lead to unnecessary arguing.

What are your suggestions for someone going through this situation? Share your comments below.

Kristin Cavallari and Jay Cutler Are Expecting





Kristin Cavallari

and Jay Cutler were done for good after Cavallari did a full blown bridal gown spread for a magazine, right before they called off their engagement in 2011. Talk about embarrassing!

Luckily, the duo announced their re-engagement right the the new year. Just as the couple were over the drama and planning their wedding, Cavallari and Cutler have announced that they are expecting their first child together. What about the wedding date? According to UsMagazine.com, the reality starlet says, "We're just enjoying being engaged."

What are some ways to inform your partner about a surprise pregnancy?

Cupid's Advice:

Telling your partner about a pregnancy can be nerve racking, especially if the pregnancy is a total surprise. Here are some ways to let your partner in on the good news:

1. Surprise: Think of a fun and creative way to spill the news to your partner. Maybe a romantic date that ends with the big baby news is just the key.

2. Be understanding: Since the pregnancy is a shock, your partner may not react the way you want them to. Understand

that this may take a while to comprehend.

3. Talk about the options: What do you want to do about the pregnancy and the relationship? A big surprise like this needs a planned decision.

How did you tell your partner about a surprised pregnancy? Share your comments with us below.

Kelsey Grammer and Wife Expecting Twins



It looks as though Kelsey Grammer has even more to celebrate than his recent win at the Golden Globes. Grammer and his wife, Kayte Walsh, are expecting twins! “I’m really looking forward to meeting these new arrivals,” Grammer announced the news to

reporters backstage at the Golden Globes Awards after winning the award for Best Actor in a TV Drama. "Fatherhood's always different based on the character that comes into your life. They arrive and tell you what you have to do," he said. The actor, who plays a powerful Chicago mayor on Starz's *Boss*, is especially excited to welcome the new additions to the world with the person whom he adores. "[Kayte is] extraordinary," Grammer said. "She's one of the most loving, amazing, warm human beings I've ever met...and I think she'll blow [the kids] away."

How do you prepare for twins versus a single child?

Cupid's Advice:

Having twins can be double the blessing and a wonderful experience, especially when you're ready for them. Here are a few tips to help make things a bit easier when you're prepping for two instead of one:

1. Get started early: Think of how much time you have to run errands when you have one child- then, divide it by two, Don't procrastinate on putting together the swing sets and setting up the nursery, as you won't have time when the babies are born. Do you want one crib with a divider or two cribs? Planning early allows you time to make changes and gives you the opportunity to do things one at a time without having to frantically rush through the process.

2. Budget for two more: Having twins, especially when they're your first children, can put a major dent in your bank account. You have to buy two car seats, two sets of clothes and two cribs. So, buying in bulk can save you a lot more money and time, causing you to shop less. Also, to save some extra cash, purchase some things your babies will need such as shoes or clothes, at thrift stores and garage sales.

3. Relax. It's easier said than done to relax when you're

expecting, but it's so important. It's necessary to get a lot of rest and relaxation during pregnancy because when the due date comes, you won't have nearly as much time as you did before. Read books, go for walks, meditate and do yoga—anything that will calm your mind and give you a little “me” time before the big day.

What are some other ways you prepared for the birth of your children? Share your suggestions and experiences below.

‘American Idol’ Alum Brooke White Is Expecting Her First Child



Brooke White, who made her performing debut as a finalist on season 7 of

American Idol, is expecting her first child in May with husband, Dave Ray. “By the time the baby’s born, we’ll have been married eight years. I met Dave when I was 19 years old – we’ve been together a really long time, and we’ve always wanted to be parents,” White told [People](#). Last January, the *Idol* alum showed off her acting skills in the FOX TV movie *Change of Plans* ironically about how the unexpected things in life end up being the best.

How do you prepare your relationship for a child?

Cupid’s Advice:

Having your first child is one of the most exciting and scary experiences you’ll have in your life. Here are some ways to embrace it:

1. Enjoy your alone time (while you still can): Welcoming a new baby into the world is a big responsibility that involves almost all of your time and energy. Spend as much quality alone time with your partner as you can before the baby is born.

2. Decide on how the child will be raised: Prior to bringing a baby into the world, you need to make important decisions about issues such as what religion you will be raising your child with and what school they will attend.

3. Baby proof your home: Getting your home ready for a new baby can be a great bonding experience for you as a couple. It’s a form of “nesting.”

What are some other things to prepare for before having a child? Share your thoughts below.

Jay-Z Performs New Song in Honor of New Baby Blue Ivy



On Monday, Jay-Z posted a new song titled “Glory” on his website, *Lifeandtimes.com*, with the statement, “Life just got REALLY good.” He was clearly referring to the birth of his baby daughter Blue Ivy Carter, with Beyonce. According to *Marqueeblog.com*, Jay-Z’s lyrics include, “You’re a child of destiny/you’re the child of my destiny/you’re my child with the child from Destiny’s Child/that’s a hell of a recipe.” He added, “The most beautiful thing in this world/is daddy’s little girl.” Pharrell Williams produced the emotional and personal track. A baby’s cry is heard at the end of the song. Among other things, Jay-Z also revealed the couples’ struggle with a miscarriage. “Last time the miscarriage was so tragic/we was afraid you disappeared/but nah, baby, you magic.”

What are some unique ways to welcome your child to the world?

Cupid's Advice:

So maybe you're not Jay-Z and producing a hip-hop track is not an option to introduce your new baby, but there are plenty of other special ways to welcome your new child. Cupid has a few:

1. Make a photo collage to share: Document your pregnancy all the way up to the big moment, and create a photomontage. Putting something together is a project you can work on with your partner. Your closest friends and family will appreciate your effort and will enjoy your new baby.

2. Send out a birth announcement: Let the world know how proud you are of your new baby with adorable snapshots on a note card. Without being too personal, you can let everyone know you have brought a beautiful new life into the world.

3. Welcome party: Your family and friends are all going to be dying to meet your new bundle of joy, so why not throw a party? Let everyone share your joy and meet your baby all in one shot. It's also easier for you in the end (not having to look presentable every day for a different family member).

What are some ways you welcomed your child into the world? Share your stories here.

Molly Sims Says She's Pregnant with 'Honeymoon Baby'



Newlyweds Molly Sims and Scott Stuber are pregnant with a honeymoon baby. In her blog, Sims wrote, "Today, I am absolutely, positively, downright over the moon to announce that we are pregnant!" Sims is due at the end of June. "There are simply no words to describe the feeling... I finally get what they mean when they say pregnant women GLOW," she said. She even made an event out of telling Stuber the big news. She took a fortune cookie and altered its contents to announce her pregnancy. "The look of surprise and pure joy on his face was priceless," said Sims.

What are some good ways to announce your pregnancy to your partner?

Cupid's Advice:

Telling your partner you're pregnant should be one of the most exciting moments of your life. Here is how to do it right:

1. Go out for a special evening: Try Sims' method and make a meal for your sweetheart. Incorporate the message into the

evening. Spelling the news out on the frosting of a cake (with pink or blue icing), or a message in a fortune cookie are two surprising and special ideas.

2. Wrap the pregnancy test: This may sound a tad gross, but what better way to share you're pregnant than by showing proof? There won't be any questions when your partner opens that gift.

3. Shout it out: If your lover is around when you discover you're pregnant, just run over and share the exciting news. It will be all the more fun to jump for joy with your beau.

How did you tell your partner about your pregnancy? Share your stories below.