

Kendra Wilkinson Says Her Plans for Second Child Keep Changing



Having a child is an extremely difficult decision to make, and it's one that Kendra Wilkinson is facing right now. The reality starlet already has one child, Hank IV, with her husband, Hank Baskett, but is unsure about having a second. After having Hank IV, the couple was ready to have another right away, but now Wilkinson is not quite sure. One day her friend visited with her newborn son and Wilkinson told [People](#), "I just got an instant baby phobia. I looked at Hank behind my best friend's back, and I shook my head, 'No.'" Baskett, however, still really wants another child.

How do you know when you're ready to have kids?

Cupid's Advice:

Kendra Wilkinson and Hank Baskett are having trouble deciding on whether to have a second child. Here are some things to consider when you and your man are thinking of starting a family:

1. You're doing it for the right reasons: Having a baby should not be about you, but rather the child. If you're unhappy or lonely and think a child would solve these problems; hold out. The decision to get pregnant should be because you want to offer someone else the opportunity for a great life, not just improve your own.

2. Both you and your man are on the same page: Just because one of you is ready to start a family doesn't mean the other is ready. Make sure the two of you have talked about the consequences of having a baby and feel equally excited to embark on this journey.

3. You understand it will be a challenge: While starting a family is an extremely exciting experience, it can also be quite stressful. Make sure you and your man are able to dedicate your time to a child and are ready to take on the financial obligation. You both must be ready to go from selfishness to selflessness.

How did you know you were ready to have a child? Share your advice below.

Tamara Mowry-Housley Spills

How She Found Out She Was Pregnant



Finding out you're pregnant is one of the most exciting and overwhelming things a woman will ever experience. Tamara Mowry-Housley of *Sister Sister* and *Strong Medicine* knows this feeling all too well. The star tells [People](#) that she and her husband, Adam Housley, hadn't made a conscious decision to get pregnant, but decided to leave their fate up to God. Two months later, Mowry-Housley found out the couple would be starting a family! She snapped a picture of the pregnancy tests and sent them to Housley, stating, "HAPPY EARLY FATHER'S DAY!" After thirty minutes of no response, she called him and told him to check his texts. The star says that once he saw the pictures, he responded with, "C000L!!!"

What are some ways to announce your pregnancy to your partner?

Cupid's Advice:

Tamara Mowry-Housley got creative when telling her hubby they would be having a child. Here are some fun ways to let your man know you'll be starting a family:

1. Spell it out: Does your man have a favorite dessert, like chocolate cake or a certain cookie? Make a special dinner, and then bring out the dessert with the words "I'm Pregnant!" or "9 Months 'Til You're A Dad!" written on it in frosting!

2. Decorate: Before your man gets home, decorate the place with pink and blue flowers, streamers and balloons. Surprise him with the great news when he walks in the door.

3. Photo evidence: Take a cue from Mowry-Housley and snap a picture of your sonogram or pregnancy test, and text it to your man. If you'd rather be there to see his reaction, print the pictures and put them in an envelope. Address the envelope to him with the return address saying something cute like, "Stork." Leave it with the rest of his mail and wait to see his confusion turn to joy!

How did you let your man know you were expecting? Share your story below.

Molly Sims Welcomes a Baby Boy



Model and actress Molly Sims is a new mom. Sims and hubby, Scott Stuber, are happy parents of a baby boy. According to [People](#), Sims was naturally nervous about breastfeeding and giving birth, but hopefully her nerves were eased when she met her new addition. Congratulations Molly and Scott!

What are some ways to immediately welcome your baby into the world with your partner?

Cupid's Advice:

Having a baby is always an exciting time. Whether you decide to keep the announcement low-key or make it a big extravaganza, here are some ways for you and your partner to introduce the world to your baby:

1. Social media: Introducing your baby to everyone you know is easy with any social media website. Take to Facebook, Twitter or

Instagram to share pictures of your bundle of joy. This way, your contacts will be able to view the photos whenever they want, and you won't have to send the images out multiple times.

2. Skype: Go ahead and Skype each of your family members. Even if they live far away, Skype will let them see your baby right away.

3. A baby shower: Why not let everyone shower the baby face-to-face? Throwing a huge baby shower will let your guests meet your little one for the first time while the two of you take all the credit for such a beautiful child.

What are some ways to welcome your baby into the world? Share your comments below.

Giuliana and Bill Rancic Surprise Guests with a Baby Shower Surprise





This weekend, Style Network stars, spouses and parents-to-be Giuliana and Bill Rancic hosted a baby shower—appropriately on Father’s Day. After months of trying to conceive, the couple is finally expecting their first child via a surrogate mother. They surprised their friends and family by revealing the sex of their baby by releasing blue balloons from a box, according to [Celebuzz](#).

What are some ways to reveal the sex of your baby to friends and family?

Cupid’s Advice: Having a baby is an exciting moment for you and your partner, as well as for your other loved ones. Revealing the baby’s sex can be just as thrilling as revealing that you’re having a baby in the first place. Here are some tips to share that surprise with your friends and family:

1. Send the sonogram: There’s no better way to share the joy of revealing your child’s gender than by letting everyone see for themselves. Send out a copy of the sonogram with a message saying “It’s a boy!” or “It’s a girl!” and your loved ones can have a memento of this incredibly special time.

2. Throw an “unrelated” color party: Throw a dinner party that seems to be themeless, but cater it to the sex of your baby through your outfits, decorations and refreshments. You and your significant other can be decked out in pink or blue while everyone else wears white. At the end of the night, tell everyone what the real theme is!

3. Make it a competition: Invite your friends and family over for a little competition. Have them cast votes as to the gender, then present a cake frosted in neutral colors. When you and your honey cut into it, the pink or blue cake inside will tell everyone what you’re having!

What are some of the best gender-reveals you’ve seen from new parents? Let us know in the comments below.

Multiple Sources Confirm Megan Fox Is Pregnant





Not too long ago, Megan Fox opened up about her private life to *Cosmopolitan* and revealed her desire to be a mother. She said, “I want at least two, probably three [kids], I’ve always been maternal.” It looks like those dreams are now finally coming true. Fox and her husband Brian Austin Green are expecting their first child together, as confirmed by several sources to UsMagazine.com. Fox has been seen around L.A. with a baby bump, doing little to conceal her pregnancy.

How will having your first child affect your relationship?

✘ Cupid’s Advice:

Having a baby can add beauty to you and your partner’s lives, but it also can be straining. Here are some ways to find a balance between the two so that you can maintain a healthy relationship:

1. Baby comes first: Before having a child, your partner was your whole world. Once you have your first child together, your baby becomes your first priority and then some. However, don’t make the baby the only thing you care about. Be sure to

share your love with both your baby and your partner.

2. Less time for romance: When you have a baby, you won't have much time to sleep, let alone have a romantic date night. Don't get too caught up in the stress. After all, you still deserve time with your partner. Trade in your lavish dinner outings for quiet movie nights. These can be equally as romantic and intimate, without keeping you far from your child.

3. Money strains: Money can cause major problems in any relationship, and having another person to care for means these stresses are only going to grow. Babies need cribs, toys and the like, and their costs can add up very quickly. Make sure you and your partner make a solid financial plan and begin setting aside money before the baby is even born.

How do you think having a child would affect your relationship? Tell us below.

Will Kopelman to Drew Barrymore: 'I'm Excited!' to Meet Our Baby





Art consultant Will Kopelman is thrilled that his wife, Drew Barrymore, is expecting. At their wedding on Saturday, Will announced “I’m excited to meet the newest member of our family,” a source tells USMagazine.com. The couple married at Barrymore’s estate in Montecito, California. Guests at the ceremony included Reese Witherspoon, Scarlett Johansson and Steven Spielberg.

How do you know if your partner will be a good parent?

Cupid’s Advice:

Becoming a parent can be scary. However, if you and your partner are a good team, parenting can be a lot easier. Here are some ways to know if your partner will be a good parent:

- 1. How they treat you:** If your honey is sweet and fair to you, they’ll be the same way to your child. Take a look at how they approach your obstacles as a couple and think about how their reactions could apply to raising a child.
- 2. If they’re fun:** Does your partner make your dates memorable and creative? Being able to use your imagination and find

entertainment in the smallest things is important in keeping a child entertained.

3. Responsibility: Every parent needs to be responsible. Take a look at your partner's track record. If they're usually reliable and trustworthy, that will go a long way as a parent. Just remember not to expect perfection.

How do you know if your partner will be a good parent? Let us know below.

Barry Watson and Natasha Gregson Wagner Welcome a Baby Girl





Actors and long-time partners Barry Watson and Natasha Gregson Wagner welcomed their baby girl into the world on May 30, according to UsMagazine.com. Daughter Clover Clementyne weighed in at 7 lbs., 2 oz. and measured 9-and-a-half inches. This is the former 7th *Heaven* star Watson's third child, as he already has two sons, Oliver, 7, and Felix, 4, from a previous marriage to his high school sweetheart ,Tracy Hutson. The bundle of joy is Wagner's first child.

What are some ways to prepare your relationship for a child?

Cupid's Advice:

Having a baby can put even the most stable of relationships to the test. Here are some ways to prepare for a child so that your relationship can withstand the major changes you will be making:

1. Respect each other's differences: You and your partner grew up differently and have read different baby books in preparation for your future child. It's time to acknowledge that your parenting techniques are going to vary and that you

will not always agree. That way, every disagreement will not turn into a break up.

2. Put the already existing problems to rest: If you and your partner were fighting pre-baby, adding a child to the equation will not solve anything. Fix, forgive and talk out any major problems you are having so that you don't carry built up anger on top of new angers.

3. Don't expect perfection: Parenting can be both the most beautiful and the scariest of jobs. Support each other's flaws, because it's a learning process.

How do you think you prepare a relationship for a child? Tell us below.

Snooki Announces She's Having a Boy





An excited six-months-pregnant Nicole “Snooki” Polizzi officially announced this week that she and fiancé, Jionni LaValle, will be having a baby boy, according to UsMagazine.com. The *Jersey Shore* star was thrilled to share her good news, having said in the past, “If it’s a boy, I would dress him like Pauly D.” The newly engaged couple have a lot to look forward to between marriage and parenthood. Choosing not to live in the Jersey Shore house for Season 6 is one of many preparations they will have to make before their first child arrives.

How do you prepare for having a son versus a daughter?

Cupid’s Advice:

Whether or not a couple chooses to know the gender of their unborn child is entirely up to them. Some prefer the surprise, while most of the time, people find it easier to prepare for the baby if they know they are expecting a boy or girl. If the doctor tells you those fateful words, “It’s a boy,” here are some things to keep in mind:

1. Blue, blue, blue: You may or may not have been secretly envisioning pretty pink bows and dresses, but tuck those ideas away for the meantime and get ready to see a lot of blue. Luckily, there are plenty of other boy-friendly colors, such as green, yellow, and gray, but those bright pinks and purples are probably out for now.

2. Barbie won't make the cut: You may still have your doll house from when you were a little girl, but unfortunately that's probably not going to be of much interest to a growing baby boy. Toys are relatively universal up to the first year or two, but after that, anything that has wheels or goes fast will be in your son's hands at all times.

3. Father-son bonding: The relationship between father and son is certainly a special one. Every man fantasizes of their first catch together or teaching his little guy to ride a bike. Boys will always be boys, but don't feel like you can't join in on the fun. The rough facade won't be on all the time, and your son will need and want his [mommy](#) time just as much.

What major effects has gender had on your new-baby preparations? Share your experiences below.

Rosie Pope Welcomes a Baby Girl on Mother's Day





Pregnant in Heels star, Rosie Pope, announced welcoming her third child via Twitter on Mother's Day. Pope and husband, Daron Pope, both took part in tweeting updates during labor. The two are already parents to two boys, J.R., 3, and Wellington, 15 months. According to [Us Magazine](#), Pope was surprised to add a baby girl to the family. "I'm so shocked! Honestly, I thought we were going to have boys," said Pope.

What are advantages to having your child on a holiday?

Cupid's Advice:

Any birth date is a celebration, but when your baby is born on a holiday, it's double the fun. Here are some advantages to having your child on a holiday:

- 1. Guaranteed theme:** When your child is born on a holiday, there is no need to figure out what his/her birthday party theme should be. Halloween birthday? Here's to cake and candy corn.
- 2. No need for multiple parties:** A birthday party and a holiday celebration will keep all the stress of a party

constricted to one day.

3. Money saver: If your child's birthday lands on a holiday that calls for [gift](#) giving, you're in luck. No need to buy double the presents, although you may want to splurge a little more than you were planning on for just one of the two occasions.

What are some advantages to having a baby on a holiday? Share your comments below.

Snooki Plans to Wear Leopard Print in the Delivery Room





Nicole 'Snooki' Polizzi may have changed her partying ways due to her pregnancy, but the mom-to-be will still remain true to her popular animal print heavy, self-described 'Guidette' sense of style, even while giving birth. "I want to wear, like, leopard shoes and a leopard gown- like the hospital gowns that they have," the *Jersey Shore* star told [Celebuzz](#). "I think that would be cute." Apparently, there's no such thing as too much animal print in Polizzi's world. "If it's a boy, it's gonna be maybe something Disney or safari. If I have a girl, it's going to obviously be animal print- zebra, leopard and pink," the reality star said while speaking of her nursery.

Should you give up being fun and sexy when you're a mom?

Cupid's Advice:

If you were fun and sexy before having a baby, then you definitely shouldn't throw it out of the window now that you're a mom. Here are some reasons why you should remain true to your style:

1. It's who you are: Granted, when you go through a major life experience, such as having a child, you may have to rearrange some things in your life, but if you enjoyed putting on those two coats of mascara, walking in your 5-inch heels and wearing your hair in voluminous curls every day before giving birth; then you should still keep up with it.

2. You're a role model: Even if your little girl obsesses over Selena Gomez, you're still the main person whom she plays 'Monkey-see, monkey-do' with. If she sees that you can work your day job, make the absolute best macaroni and cheese, help with math homework *and* still take time out of your day to play 'tea party' with her and her stuffed animals, she'll appreciate who you are and will want to be the same way.

3. Confidence is key: Sure, you may have gained a little happy weight during your pregnancy, but don't beat yourself up for it. Take yoga classes or head to the gym with your friends to get your body and confidence to where you want it. Your [partner](#) and friends would much rather be around the fun and confident person you were before having your child.

Do you think you should give being fun and sexy when you become a mom? Share your comments below.

Tony Romo Says His Marriage Is Better Thanks to Parenthood



Dallas Cowboys quarterback Tony Romo and wife Candice Crawford didn't think their marriage could get any better until their baby boy, Hawkins, came into their lives. "If it's possible to bring you and your wife closer together, something like this really does," Romo told [People](#). "It strengthens your family values and your family and the love you have, which is already really strong. It's been a great blessing from God to put us in this situation. We feel very honored." The star NFL quarterback has a very busy schedule, but he makes as much time for his beauty queen wife and newborn son as possible, and Romo says he feels very fortunate to have a wife that understands the demands of his athletic career and supports him all the way.

What are some ways that being a parent can bring you closer as a couple?

Cupid's Advice:

Marriage might have been the best day of your life, but having a child can easily become the new front runner. Cupid has some tips that can bring you and your partner closer:

1. The pregnancy: This nine month process is going to be a roller coaster ride of emotions along with preparation and planning, and they're all things that you should go through together. You'll see the best and worst of each other, and in the end, the prize is beyond anything you could have imagined.

2. The birth: Whether your partner has your hand in a death grip or you're watching the miracle of life right before your eyes, the birth will be a moment that you and your partner will cherish together for the rest of your lives, especially since the baby will be your little miracle and you become mom and dad.

3. Parenthood: Raising a child is no easy task, and parents before you will have all kinds of warnings and tips to make it easier, but it's something that you and your partner will have to figure out for yourselves. It's a journey that you will adore taking with your partner and your child, because you will all grow and become the best you can be as a family.

In what ways did having kids strengthen your marriage? Share your comments below.

Katherine Heigl and Josh Kelley Step Out with Newly

Adopted Daughter



Katherine Heigl and Josh Kelley have finally stepped out with their newly adopted daughter. The couple brought their baby girl to a friend's house in Beverly Hills on Saturday, reports UsMagazine.com. The couple announced the adoption on April 25th, though they did not release the name of their new daughter or other details. Heigl and Kelley are already parents to Naleigh, who they adopted from South Korea in 2009. "Josh and I started talking about [adoption] before we were even engaged," said Heigl in February. "My sister Meg is Korean, and my parents adopted her three years before I was born. I wanted my own family to resemble the one I came from, so I always knew I wanted to adopt from Korea."

How do you introduce your new child to your friends and family?

Cupid's Advice:

Introducing your new children to friends and family is always an exciting task. Here are a few ideas:

1. Small get-together: Parties are much too overwhelming for children, and especially babies, to handle. Have a small get-together instead so you can introduce your new child to friends and family in a calm, friendly setting.

2. Prepare your friends: With adopted children, it's important that your friends and family don't intimidate your new son or daughter. Talk to your friends before hand and tell them a bit about your child's situation.

3. Continued meetings: Most children will not remember a face that they've only seen once. If you want your friends and family to be a part of your child's life, make sure that they are frequent visitors. The sense of familiarity will be a comfort to your child.

How would you introduce a newly adopted child to your friends and family? Feel free to leave a comment below.

Ben Affleck Calls Jennifer Garner a 'World Class Mom'





Ben Affleck took to social media to wish his wife, Jennifer Garner, a happy Mother's Day. Affleck, 39, posted a video on his Facebook page advocating for women raising children in the Democratic Republic of the Congo, reports [People](#). Affleck founded a nonprofit, the Eastern Congo Initiative, in 2010, and is almost as dedicated to the charity as he is to his family. "I want to say Happy Mother's Day to the moms in my life: my mom Chris and my amazing wife Jennifer, who is an incredible, spectacular, world-class mom," said Affleck in the video. "[Being a mother is] the hardest job that there is, every single day."

What are some ways to thank your partner for being a good parent?

Cupid's Advice:

Though Mother's Day has passed, there are still plenty of opportunities to show appreciation for your partner's good parenting. Here are a few ideas:

1. Spa day: Parenting can often be very stressful, so try

rewarding your partner with a gift certificate for a day at the spa. Your partner will come home feeling relaxed and grateful.

2. Take turns: If your partner provides most of the childcare on a day-to-day basis, try switching it up. When possible, take the kids for a day, and let your partner enjoy their newly found free time.

3. Enlist the children's' help: Being a parent is often a reward in itself. Enlist your children to make a heartfelt card or art project for your partner. Your partner will appreciate the gift, and your kids will have fun making it.

How do you thank your partner for their parenting skills? Feel free to leave a comment below.

Chris Hemsworth and Wife Welcome a Baby Girl Named India





Chris Hemsworth and wife, Elsa Pataky welcomed a baby girl on Friday, after wedding in 2010, according to [People](#). The couple were thrilled and announced that they named their daughter India, simply because they love the name and the country. Hemsworth, 28, has a lot going on right now, with the birth of his child and his acting career. He recently played the role as a superhero in *The Avengers*, and will also be featured in the upcoming *Snow White and the Huntsman*. But Pataky and Hemsworth are focused right now on their beautiful and healthy baby. In a recent interview for *Hola! Magazine*, Pataky claimed that she plans to speak to India only in Spanish as she grows up. "I already told my husband, 'Get ready fast with Spanish because, if not, you're not going to be able to understand what we say.'"

How do you compromise with your partner on baby names?

Cupid's Advice:

Some of the arguments you might face when you have a child is picking the baby's name. A couple can have very different opinions on what names they like, so you both need to

compromise. Here are some ways to do so:

1. Choose the name that has more sentimental meaning: If one of you chooses a name after someone in the family, and it has a dear meaning to them, it's probably best to let them win this one. It will probably mean a lot more to them, then if you were to pick a name you found in a baby book and really liked.

2. Utilize the middle name: If you both have completely different choices for the name of your baby, you don't need to choose just one. Make one of the choices the baby's middle name, and one of them the first name.

3. You plan to have more babies: If you and your partner know you plan to have more babies, then ease up with choosing the name for one. There's always the next one.

How would you compromise in choosing the name of your baby? Share your comments below.

**Jessica Simpson Says
'Motherhood Is the Best Thing
I've Ever Experienced'**





Singer and *Fashion Star* judge, Jessica Simpson, 31, took to Twitter to proclaim her love for her new addition, Maxwell Drew. “I want to cry every time I look at her. Motherhood is by far the best thing I’ve ever experienced,” said Simpson. According to [People](#), the [new mom](#) isn’t the only one in love with Maxwell Drew, as grandfather Joe Simpson and aunt Ashlee Simpson can’t get enough of her.

What are some ways to prepare your relationship for kids?

Cupid’s Advice:

Every relationship has milestones and having a baby may be the biggest one. Here are some ways to prepare for kids:

- 1. Pep talk:** The two of you are a team. Sit and talk to your partner about how you’re going to set rules and discipline your child together.
- 2. Fears:** What are your fears or your partner’s fears about adding a new member to the family? This is the time to be honest before the baby comes.

3. Expectations: Make sure you discuss finances and delegate chores that will make both of you happy when the baby arrives.

How have you prepared your relationship for kids? Share your comments below.

Molly Sims Celebrates Pregnancy at Baby Shower



Mom-to-be Molly Sims was all smiles on Saturday. The actress attended her baby shower at a private residence in Hollywood Hills, reports [People](#). The house was decorated with blue balloons and flowers and hosted around 50 guests. “[Sims] was

smiling the entire time,” said one of the guests. “It was like she just couldn’t believe how lucky she is. She was so thankful everyone was there for her. Her husband [Scott Stuber] joined her at the end of the shower and Molly was beaming. She showed him all the baby presents and wouldn’t stop smiling.”

What are some ways to make your baby shower unique?

Cupid’s Advice:

Chances are, you’ve been to at least a handful of baby showers. Here are a few ways to make yours unique:

1. Creative theme: Instead of going for traditional colors like blue and pink, try picking a creative theme. If you’re having a boy, try a sports theme or for a girl, try a fairy tale theme.

2. Presents: Instead of receiving traditional gifts like stuffed animals and baby bottles, ask your guests to donate to charity. This way, you’ll be making a difference instead of receiving multiple teddy bears for which you’ll most likely have no use.

3. Games: Play a few games at your shower. Try baby-themed Bingo or have your guests play Twister while wearing a faux-pregnant belly.

Do you have any ideas for a unique baby shower? Feel free to leave a comment below.

'True Blood' Stars Anna Paquin and Stephen Moyer Are Expecting First Child



Anna Paquin has had no trouble showing off her happiness with her husband Stephen Moyer in the form of her growing baby bump. According to UsMagazine.com, the *True Blood* star said of having kids: "I have trouble planning anything more than brunch with my friends, but when the time's right, we'll do it." The time must be right, because the star is beaming about her pregnancy.

What are some ways to prepare for having your first child?

Cupid's Advice:

It can be difficult to plan for your first child, as it's filled with the unexpected. Cupid shares some tips:

1. Support: Find and keep in touch with your support group. It's good to have friends and family around, but it's also great to have people around you who are in the same situation with a new baby on the way.

2. Money: Babies cost money. Make sure you're ready financially for a baby. Diapers don't come cheap. Work hard to save in the nine months before your child is born.

3. Responsibility: Are you ready to be a new mother or father? Whether it means changing locations or revamping your lifestyle, it's important to have the right mindset going into parenthood.

What are some ways you prepared for your first child? Let us know.

Carrie Underwood Says She's Not Ready to Start a Family





[Carrie Underwood](#) isn't feeling pressured by Hollywood. The [newlywed](#) country singer says she has no immediate plans to start a family with husband [Mike Fisher](#), reports [UsMagazine.com](#). "We're good [without kids]. I'm super busy and he is super busy. We are still newlyweds," said Underwood backstage at *American Idol* on Thursday. "I honestly think that if we brought a kid into it would mess things up right now! We're good right now!"

How do you know when you and your mate are ready to have kids?

Cupid's Advice:

Choosing to start a family is a difficult decision to make, especially when you're happy with the status quo. Here are a few suggestions as to when to start a family:

1. You want a family: If you find yourself eyeing babies you see at a local park or going gaga over your neighbor's daughter, it might be time for you to start thinking about a family of your own.

2. Financially secure: Even if you and your partner feel

emotionally ready for a child, you still need to be sure that you're completely prepared. Make sure that you have enough money set aside for child care and, eventually, college tuition.

3. Don't feel pressure: Don't feel pressured to start a family by your friends or by a supposed biological clock. With modern medicine and in vitro fertilization, it's possible to have children much later in life. It's okay to wait.

How did you know when you were ready to have kids? Feel free to leave a comment below.

Giuliana and Bill Rancic to Witness Surrogate Giving Birth





Television couple, Giuliana and Bill Rancic, truly have something to celebrate. After years of struggling to conceive and a terrifying fright with breast cancer last year, the couple will welcome a new child into the world via a surrogate. “We are so blessed! This truly is a miracle baby,” said Giuliana Rancic to UsMagazine.com. The couple, who have been married since 2007, said that they will absolutely witness the birth and claim that this has been the happiest moment of their lives.

What are the advantages to welcoming a child via a surrogate?

Cupid’s Advice:

One of the many wonders of modern technology has been the surrogate birth. Since so many stars rely on their bodies to make a living, it’s becoming more and more common in Hollywood. Here are some advantages:

1. Less stress on your body: Welcoming a baby into the world is always stressful. However, when you aren’t actually the one carrying the child and giving birth, you won’t have to worry

about losing the baby weight or missing work.

2. Experiencing the gift of life: Women who aren't physically capable of having children of their own can now do so thanks to the miracle of surrogate pregnancy.

3. Being happy parents: Families come in all shapes and forms. They also begin in many different ways, each of which is beautiful in its own way.

Are there disadvantages to having a baby via a surrogate? Share your comments below.

Jessica Simpson Welcomes Daughter Maxwell Drew





It's official: Jessica Simpson isn't the most pregnant star in Hollywood anymore! Simpson and fiancé Eric Johnson welcomed their daughter, Maxwell Drew Johnson, into the world on May 1, according to [People](#). "Eric and I are elated to announce the birth of our baby girl, Maxwell Drew Johnson," Simpson wrote on her website. "We are grateful for all the love, support and prayers we have received. This has been the greatest experience of our lives!!" Maxwell is former NFL player Johnson's middle name, while Drew is Simpson's mother Tina's maiden name.

How do you avoid criticism during your pregnancy?

Cupid's Advice:

Jessica Simpson endured some major criticism throughout her pregnancy, pertaining to her weight gain. Check out these ways to avoid the backlash:

1. Surround yourself with trustworthy people: The truth is, if you stay away from certain types of people, you shouldn't run into too much of a problem. During your pregnancy, surround

yourself with those you wouldn't hesitate to introduce your child to once him/her is born.

2. Stay healthy: The most obvious way to avoid criticism pertaining to your weight gain is to keep that gain under control. There's no doubt that you need to consume more when you're eating for two, but keep those cravings in check.

3. Stay in: We're not saying that you have to avoid the public eye throughout your entire pregnancy, but going out to the bars every weekend is probably not the best idea. There's something to be said with rest and relaxation while you're carrying a child.

What are some other ways to avoid pregnancy criticism? Share your ideas below.

'DWTS' Champ J.R. Martinez Welcomes a Baby Girl





Actor J.R. Martinez was the proud winner of *Dancing With The Stars*, but he has even more to be proud about after his girlfriend, Diana Gonzalez-Jones gave birth to a baby girl. Martinez's daughter, Lauryn Anabelle Martinez, came into the world weighing 7 lbs., 13 oz. and is 21 inches long. "She has a couple of cute little freckles on her cheeks, a full head of hair and the cutest little lips," the proud dad gloated to [People](#). "It's just amazing to see her, finally. She's beautiful."

What are some ways to prepare for having a girl verses a boy?

Cupid's Advice:

Preparing for a baby involves a lot of planning, and what gender you're expecting plays into that. Cupid has some tips on preparing for a baby girl:

1. Attention: As girls grow up they might require a lot more attention than a boy would. Girls are usually held to stricter terms than boys are, but it's usually better for their protection. However, you still need to loosen the

reigns at some point so they can make mistakes and learn about life first hand.

2. Relationships: When it comes to your baby girl, all boys are going to appear to be the devil, but you have to be open and compromise with your daughter about having relationships because if you hold on too tight, they're going to rebel or sneak around behind your back.

3. Money: Not all girls are high maintenance, but the majority are. They want new clothes, shoes, accessories, make-up and hair supplies. Don't get them everything they want, because you don't want them to grow up to be a spoiled brat. Make sure they appreciate the things you do get for them.

How does having a daughter compare to having a son? Share your comments below.

How Did Beyonce Prepare for Her Daughter's Birth?





Beyonce, recently named the Most Beautiful Woman, may have only given birth to her baby girl Blue Ivy a few months ago, but she's already shedding the baby weight . Before the diva went to the hospital for the one of the biggest debuts of her life, she got ready for her performance with a fresh mani-pedi and an eye brow wax, but she says that when the moment came, all she and her husband Jay-Z cared about was the birth of their miracle. After their new baby girl came into the world, the singer was ready to bounce back, and she began a strict diet and workout schedule. "I'm proud that my waist came back so fast. I'm proud of that and happy, but that was mostly from the breastfeeding," the singer explained to [People](#). "I lost most of my weight from breastfeeding and I encourage women to do it; It's just so good for the baby and good for yourself."

What are some ways to prepare your body for birth?

Cupid's Advice:

Painting the baby's room and baby-proofing the house are all important, but what's more important is preparing your own body for the birth of your child. You'll be glad you did so

you're more prepared for labor, and it will be easier for you to shed the pounds after. Cupid has some tips:

1. Give up bad habits: There's no sense in taking the slightest risk when it comes to your baby's health, so throw out the cigarettes and remove the alcohol from your home. Avoid going to places like bars where you'll be inhaling toxins that are bad for you and your growing baby.

2. Eat right: It's important to maintain a wholesome nutritious [diet](#) and ditch the fast food burgers. You're going to want to get a good daily intake of a variety of proteins, vegetables, fruits and grains. Trying organic food to avoid any toxins and pesticides is also a good idea, but feel free to indulge your cravings once in a while.

3. Stay fit: Exercise will help you in a variety of ways. It will help you stay fit, which will also give you good circulation, reduce stress, and give you endorphines to make you happy. Exercising regularly will also make you tired at the end of a long day and a good night's sleep will rest and rejuvenate your body.

How did you shake your baby weight? Share your comments below.

Maggie Gyllenhaal and Peter Sarsgaard Welcome Second Child



Actress Maggie Gyllenhaal and her actor husband Peter Sarsgaard welcomed their second daughter to the family on Thursday, according to [People](#). Gloria Ray joins sister Ramona, 5. The actors, who wed in 2009, announced the pregnancy in November and the gender in March. “I find it difficult to pretend you’re not pregnant, which I had to do,” Gyllenhaal said. “I didn’t let anyone know until three and a half months this time.”

How do you keep your pregnancy a secret?

Cupid’s Advice:

Sometimes it’s best to keep your pregnancy on the down low until you know everything is going smoothly and there are no complications. Cupid has some tips:

- 1. Wear baggy clothes:** The most obviously way to keep your

secret is to disguise your baby bump. You can do this with over-sized shirts and baggy dresses.

2. Swear those who know to secrecy: Word of mouth travels quickly, so make sure your partner and anyone else close to you keeps their mouths shut when it comes to your pregnancy.

3. Keep the ultrasound in a safe place: You may be tempted to hang your ultrasound on the fridge, but for now, hide it in case anyone drops by your home.

What are some other ways to keep your pregnancy a secret? Share your thoughts below.

Backstreet Boy A.J. McLean Prepares to Welcome a Baby





Backstreet's back, alright! This time, it's A.J. McLean who's making news as he recently got hitched and is preparing to welcome a baby with wife Rochelle, according to [People](#). The tattooed twosome were wed in December 2011 in Beverly Hills and moved to the Valley soon after so they'd have room to raise a family. Via Youtube, McLean made his big baby announcement: "Because we love you all so much, we wanted to share with you – for the first time – something very special. We're having a baby!"

What are some lifestyle changes to make before having a baby?

Cupid's Advice:

Having a baby is nothing to step into lightly, as there are some major life changes you need to make before welcoming your child to the family. Cupid has some tips:

1. Baby proof: The most obvious changes you need to make before having a baby involve your surroundings. It's important to baby proof all of the outlets in your home and to create a living space especially for the young.

2. Be happy at home: Perhaps you're used to hitting the town with your partner on a nightly basis. This will most likely have to change once you have a baby, so it's best to learn how to be happy at home before you give birth.

3. Work as a team: If you've never had a pet or other kids, it's possible you've never had to work closely with your partner toward a common goal. As a way to ease into motherhood/fatherhood, consider adopting a dog. Raising a pet is certainly not the same as a child, but it'll point you in the right direction.

What are some other lifestyle changes that need to be made before having a child? Share your thoughts below.