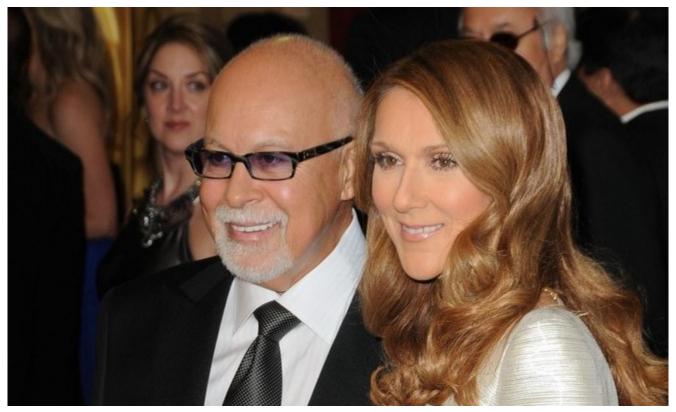
## Céline Dion On Motherhood: "I'm More Grounded Now Than Ever Before"





By Carolyn Robertson for Celebrity Baby Scoop

Mom-of-three Céline Dion bares just about all in the pages of the September issue of V magazine. Posing for a series of sultry pics for photographer Sebastian Faena, the Canadian songstress, who has sons **René-Charles**, **Nelson** and **Eddy** with her husband **René Angélil**, opens up about music and motherhood.

Related Link: Celine Dion Pregnant with Twins

On being an open book: "I've been an open book all my life, and I think that's why people like me. I've been criticized

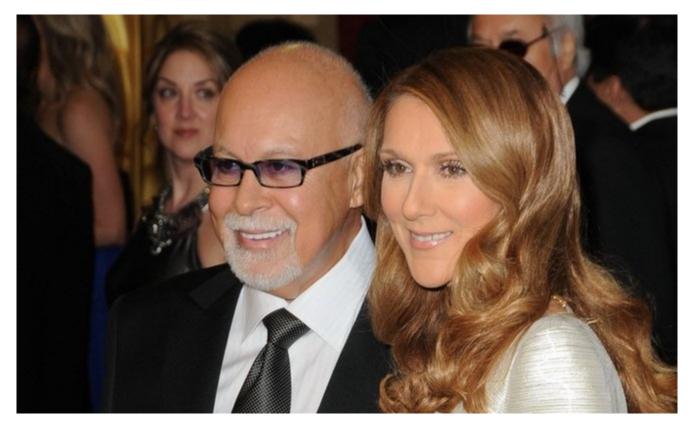
for it, but I'm not forcing myself to be the person that you see…. For me to tell someone that my husband had cancer, that we were struggling to have kids, or whatever we've gone through, talking about my life lets people know the real me. I've shared everything with them. They come for the whole package. I don't think they just come for the songs."

On motherhood: "I thought I had a life before, but until I was a mom, I had no idea. Why would I want a hit? Why would I want to win awards? There is nothing I can hope and wish for my career: I can just hope to be blessed as a mother for the rest of my life the way I am now."

On her legacy: "Motherhood. Without a doubt. I did not lose myself to try to realize a dream. Everyone thinks that now I've climbed this ladder and I'm at the top of the top of the top. I really see the opposite. When I was five and nine and twelve, I was on the top of the ladder and I was looking down. My head was in the clouds. In time I came down the ladder. I'm a mother now. I'm more grounded now than ever before."

# Giuliana and Bill Rancic Prepare to Welcome the Birth of Their Child





By Deanna Atkins

Finally, after years of trying to have a child, Giuliana and Bill Rancic's baby boy is about to enter the world, according to <code>UsMagazine.com</code>. The tenacious couple has been through it all, but they never gave up on their dream to have a child together. Their surrogate is currently residing in Colorado where the pair traveled to on Monday to be there for the birth. During all of the excitement, Bill has been happy-tweeting and sending out positivity all around him. "Everyone is pumped," says the 41-year-old entrepreneur, "Not just our family but so many people. We're so lucky. So many people have been pulling for us and following our journey. This has all been magical for us," the father-to-be gushes. He also says that his stunning wife is "over the moon."

#### What are some ways to prepare your relationship for a baby?

## Cupid's Advice:

The first thing to be sure of when you and your partner are having a child is that you're ready. You should be at the

happiest and strongest point in your relationship in order to give this new life everything you both have.

- 1. Prepare together: Things can easily get frustrating if one partner is putting more care and concern into the baby on the way than the other. You both should be reading the baby books, helping one another out and getting the nursery ready together. It's an exciting time for each of you so take a trip to Babies R' Us together instead of going out on solo missions.
- 2. You know each other inside and out: With a baby on the way it's important to know every detail about one another. Know what makes your partner tick and what always proves to get your love out of a bad mood. These small details about one another will help you both resolve issues quicker or at best, keep fights from happening at all.
- 3. Trust: Having complete trust in your partner is what's going to help you both the most when it's time for the baby to come. You are one another's support system and if you each have total and complete faith in one another then you know that you're going to give this child the most amazing life together.

What are some ways to make sure your relationship is ready for your baby?

## Maggie Gyllenhaal: I'm Less Judgmental Now That I'm A Mom





By Jenny Schafer for Celebrity Baby Scoop

Academy Award-nominated actress Maggie Gyllenhaal appears in Scholastic Parent & Child's August/September Back-to-School issue discussing her new film 'Won't Back Down,' mommy politics, and her two daughters **Ramona**, 5, and **Gloria**, 4 months.

On mommy wars: "I used to be judgmental of the way other people would parent. I would look at someone talking on a cell phone while her baby was asleep in a stroller and think, 'How can that mother have her cell phone out?' Then you actually have a baby and you're like, she's sleeping; I have 10 minutes; I'll make three phone calls. I think so much of my judgement—not only about how people parent, but about people in general— went away when I became a mom."

On mommy perfection: "I was 28 when Ramona was born, and I had

this idea that I think a lot of people in their twenties have, that I was supposed to do it perfectly. At least, if not perfectly, then exceptionally well. I've realized that that isn't possible and that part of being a human is making mistakes—and making lots of them."

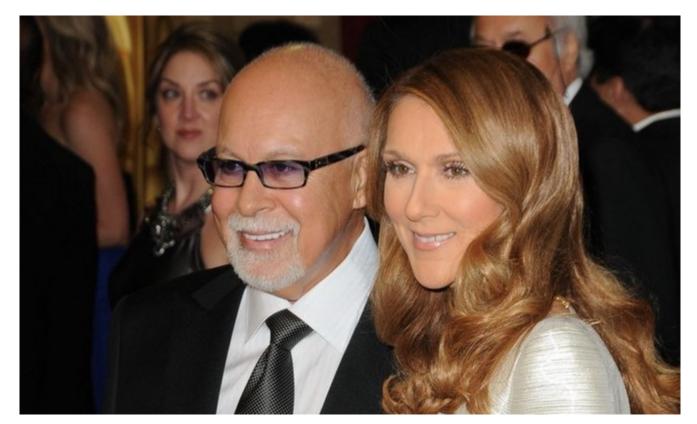
**Related Link:** <u>Maggie Gyllenhaal and Peter Sarsgaard Welcome</u> Second Child

On the joys of motherhood: "Now that Ramona is older, I enjoy hanging out with her as a friend. I know there's the element of parenting where you have to be a mom and say no and do all the things that are not fun. But the fun part is being with this little person and learning about the world and listening to her questions. She comes and runs errands with me and we make it fun. When we talk, she talks like a person. She knows the words that she needs. She'll ask me if she doesn't. I like that."

For more with Maggie, pick up *Scholastic Parent & Child* August/September issue, hitting newsstands August 20.

## Chelsea Clinton Discusses Plans to Have Children





After two years of marriage, former First Daughter Chelsea Clinton is finally talking babies with Marc Mezvinsky. *UsMagazine.com* reports that in the September issue of *Vogue* Clinton shares that starting a family is "certainly something that Marc and I talk a lot about." But the couple is in no rush. "Marc and I are both working really hard right now, but I think in a couple of years, hopefully . . . literally, God willing. And I hope my mom can wait that long." Clinton is coincidentally the same age as her mother, Secretary of State Hillary Rodham Clinton, was when she gave birth.

How do you know when it's the right time to have kids?

#### Cupid's Advice:

After marriage the idea of having kids can be exciting, but you have to make sure you are settled in your life before taking on a whole new adventure. Here's how to make sure the timing is right:

1. Financially secure: You want your kids to have the best life possible, and if you're having money problems your child

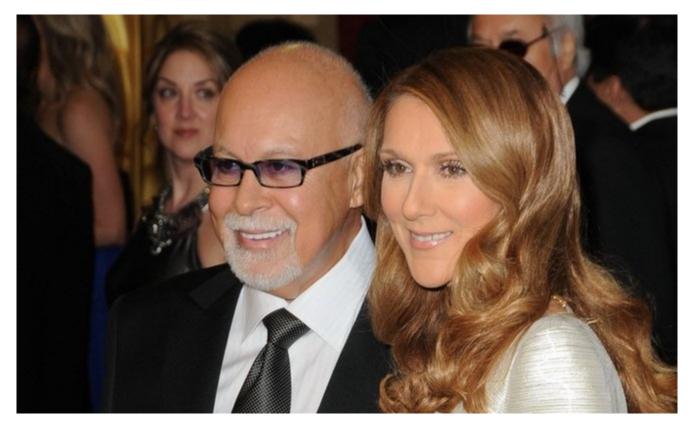
will be negatively affected. Having children is all about love but don't forget that you also need to be able to support them.

- 2. You've spent enough alone time in your marriage: After your big wedding day, spend at least a couple of months in the honeymoon phase of your marriage. Get to know each other as a married couple and enjoy your intimate alone time before you add a plus one.
- 3. You know what you're getting into: The thought of having children can conjure up images of love, playfulness and happiness, but you need to be prepared for all of the difficulties behind the positives. You need to read up on what to expect during pregnancy, how to care for newborns and then some. It would even help to get advice from other families. No one knows exactly what to expect when starting a family, but it's good to be knowledgeable about the basics.

How would you know when it's the right time to have kids? Tell us below.

## Jennifer Lopez: I Want To Be A Great Parent





By Jenny Schafer for Celebrity Baby Scoop

Jennifer Lopez gets gorgeous in Givenchy on the cover of <a href="InStyle">InStyle</a>'s September 2012 issue, on newsstands August 17. In the interview, J.Lo, 43, opens up about being mom to 4-year-old twins <a href="Max">Max</a> and <a href="Emme">Emme</a> and "believing in love."

On motherhood: "Of course, I'm the same as any parent. I feel the pressures of wanting to be a great parent and of wanting to do right by my children. I feel the pressure of knowing you can't be perfect even though you want to be. One thing I've learned: Being a mom, or a dad, is the most important job there is. It doesn't matter who you are. You have to embrace it for everything that it is."

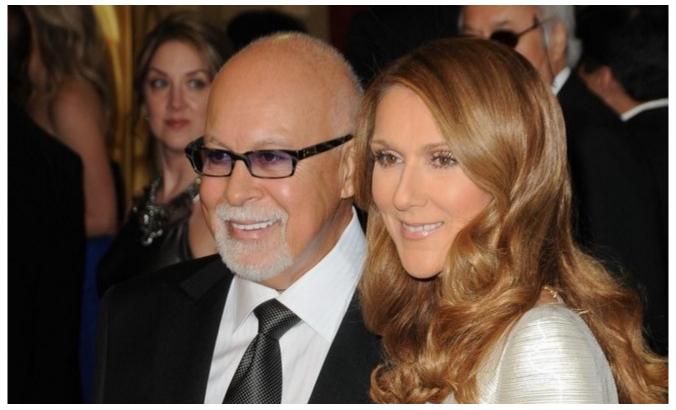
On love: "The most important quality the man in my life should have is that he is sweet. I like the good guys and the hard part is that you never stop believing in love. You never stop. But that's also the best part. You never stop believing, and you never, ever give up."

Related Link: Jennifer Lopez Isn't Giving Up on Marriage

On surviving tough times: "I live by the mantra that God doesn't give you anything you can't handle. It's not until something bad or difficult happens that you really get to grow. And then you realize that those difficult moments, the times when you feel pain, are when you do a lot of your growing. You realize: There's no reason to be terrified of things. Either way I'm going to be OK. At this point in my life, I've learned I can really survive things."

## Kristin Cavallari Gushes About Motherhood





Kristin Cavallari is officially a mom! The Hills star gave

birth to her first son, Camden Jack Cutler, with Chicago Bears quarterback Jay Cutler on Wednesday. According to <u>People</u>, the 25-year old tweeted, "Being a mom is the most incredible feeling. I am so in love with this little boy!" Now that the couple has welcomed the new addition to their family, their wedding plans can go into full swing. The stars have been engaged since January after a short split.

How do you know if your partner will be a good parent?

#### Cupid's Advice:

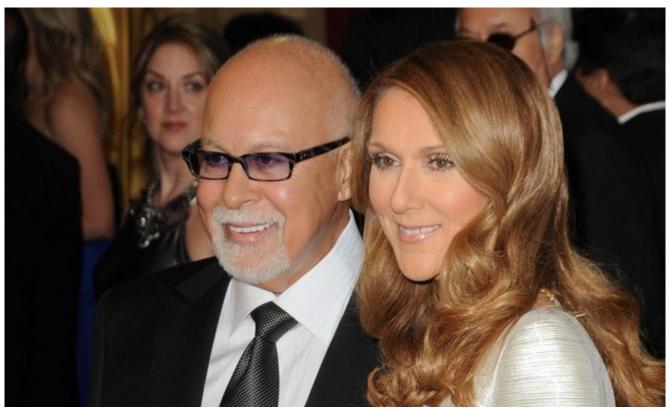
There are many qualities that go into being an excellent parent. Although no one is expected to have mastered parenting in nine months, here are some qualities that are a must when choosing the person you want to spend your life with:

- 1. Responsible: Responsibility is the most important attribute of a parent. There is a life that is now dependent on you, and it's the one person you don't want to let down.
- 2. Sense of humor: Children are full of energy and love to have fun. Good parents should love having fun with their kids and should never take themselves too seriously.
- **3. Good communicator:** Communication is the key to any functioning relationship, especially with your children. Your role is not to only talk, but to listen as well.

What qualities do you expect when searching for the mother/father of your children? Share your thoughts with us.

'The Biggest Loser' Star, Alison Sweeney: "I Stay Healthy For My Kids, My Husband & For Me"





By Jenny Schafer for Celebrity Baby Scoop

The Biggest Loser star Alison Sweeney is sharing her best pregnancy and postpartum fitness tips in her new book, The Mommy Diet. With a focus on "staying healthy through pregnancy and getting back in shape afterwards," the Days of our Lives actress motivates women to "feel good emotionally and mentally" as well in her new book.

Alison opens up to Celebrity Baby Scoop about her best postpartum weight loss secrets, her two "funny and loving" kids, son **Ben**, 7, and daughter **Megan**, 3, and her motivation to stay healthy and "the best mom" possible.

#### CBS: Tell us all about your book, The Mommy Diet.

AS: "The book is about staying healthy through pregnancy and getting back in shape afterwards. The focus is on nutrition and fitness plans, but at the same time, I also wanted to pay attention to advice to make you feel good emotionally, mentally too — like good fashion, beauty tips!

I am so lucky to be surrounded by experts in all these fields because of my job. So I thought it would be great to share those tips with all those moms out there with these questions."

#### CBS: What inspired you to write the book?

AS: "So many books focus on how to take care of your child, which obviously is so important, but I didn't see one book focused on the mom — how to get yourself back!

As I met so many fans afterwards asking me how I'd gotten in shape after Megan was born, I realized I had the perfect opportunity to share all the tips that I learned with all the women out there who want to get back in shape but need a little guidance — as I did/do!

While my book does focus on pregnancy and post-pregnancy recovery, it's for any woman who wants some advice on how to get their diet and nutrition on track."

#### CBS: What are your best postpartum weight loss secrets?

AS: "Staying healthy during the pregnancy is all about moderation. I absolutely appreciate the importance of rest, relaxation during pregnancy as well as paying close attention to your nutrition and fitness.

So, best advice? Listen to your body! After the baby is born, take the time you need to learn your new role as mom. But my best tip after having the baby is to remember that you will be a better mom if you're able to take the time to care for yourself too.

Keeps things interesting, and keeps your mind focused on what you're doing. If you don't have time to go to the gym, pop in a workout DVD while your baby is taking a nap."

## CBS: How do you maintain a healthy balance between keeping fit and unrealistic Hollywood body images?

AS: "I stay healthy for my kids, my husband and for me. I was motivated to be healthy during my pregnancies and to get back in shape after because that is a key factor in being the best mom that I can be for my children."

## CBS: How are your kids doing? What are they into? What do they do to make you laugh?

AS: "Ben is 7 and Megan is 3. They are so different. They are both fun, funny and loving kids, but Ben is much more sensitive and introspective where as Megan is a spitfire — so outgoing and precocious. We have our hands full, and we love every minute."

Related Link: Best Celebrity Moms (Who Also Make Great Wives)

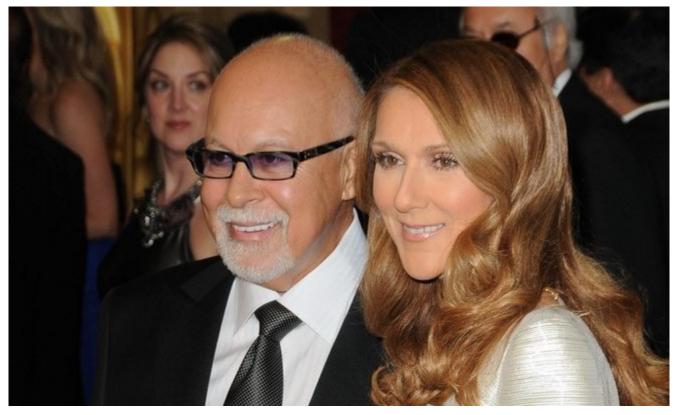
## CBS: How did you spend summers as a kid? Have you carried on the traditions with your kids?

AS: "My summers as a kid were spent with family and friends, often going to the beach or a lake to water ski and fish, etc. We do the same with Ben and Megan — they go to some camps with friends and then we do as much as a family as possible. Whether swimming, hiking or just taking adventures, we make sure to be active and have fun as a family."

What are some ways you keep your family and yourself healthy?

## Jennifer Garner Says Ben Affleck Wants More Kids





Three kids and counting, and Ben Affleck still wants more kids with wife Jennifer Garner. <u>People</u> reports that Garner told Extra, "The fact that Ben wants another [baby] is true." But the feeling is not mutual. Garner says, "I am not anticipating having any more kids!" The actor duo had their first son named Samuel just five months ago, also have two girls ages six and three. With three young children to take care of, Garner says it has been "absolute chaos" in their home.

How do you know when enough is enough when it comes to having kids?

#### Cupid's Advice:

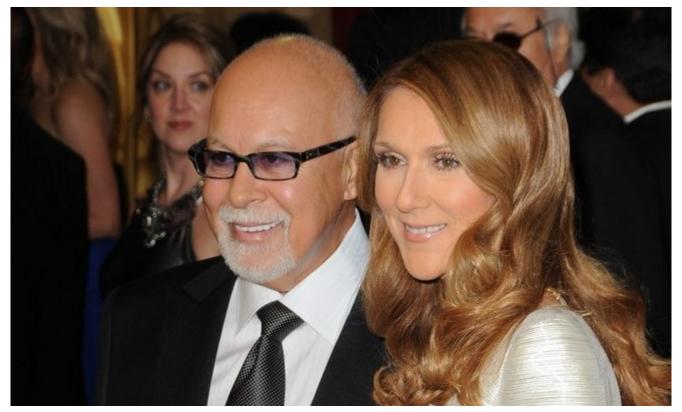
Having children can be the most beautiful gift in the world, but don't take on too much when it comes to having and raising kids. Here's how to know when enough is enough:

- 1. Your finances are unstable: You want your kids to have the best life possible and their life will be negatively affected if you are not financially secure. From buying diapers and clothes to saving up for their college fund, money is a major factor in having children. If you are just getting by taking care of the children you already have, you may want to hold back on having more.
- 2. You're overwhelmed as it is: The stress of balancing work, children and finances can be overwhelming. If you are strained from your hectic life, adding another child to the equation will not help.
- 3. One person in the relationship doesn't want any more: Relationships are all about compromise, not winning and losing. If one person in the relationship doesn't want more kids, you must respect that. Let them be the best parent they can be to the children you already have, and don't pressure them for more.

How would you know when enough is enough when it comes to having kids? Tell us below.

## Olympian Jennie Finch Prepares to Welcome Third Child





Olympic softball champion and recently-retired player Jennie Finch is expecting her third child. The athlete announced in her <u>People</u> that she and her husband Casey Daigle are expecting yet again. The couple have two sons, Ace Shane, 6, and Diesel Dean, 13 months.

How is preparing for a third child different than one or two?

#### Cupid's Advice:

Despite what you may be told, parenting never gets easier.

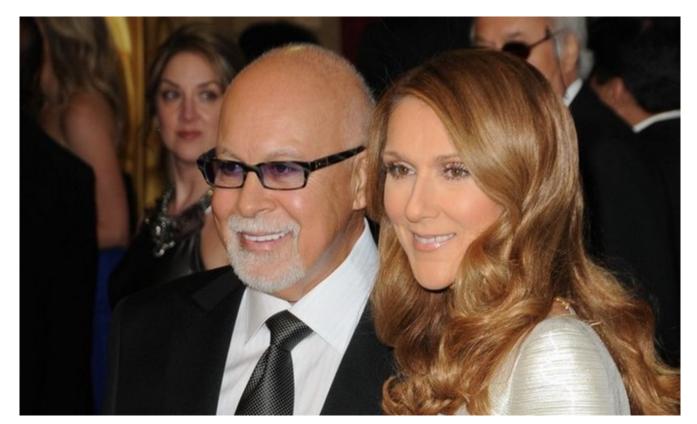
Here are some ways preparing for a third child is different than for your first or second:

- 1. You know what to expect: You and your partner have been there twice already, and knowing how you need to prepare is one way preparing is different. You have the experience in pregnancy, giving birth and raising a child, meaning you now know what has worked, and what hasn't, in the past.
- 2. You have help: While this may not always make things easier, as more hands can sometimes lead to more problems, at the very least you do have two children there to keep you, your beau and your new baby company.
- 3. You know you're prepared: The first time around was likely nerve-wracking for you and your sweetheart. The second time might have been, too. But with your third child, you're aware of everything that needs to be done and everything that will be done. It's time to calm down and welcome a new child into the world.

How is preparing for a third child different than one or two? Comment and let us know.

# Exclusive Interview: Kendra Wilkinson on 'Playboy' Past, Motherhood and Baby No. 2





By Jenny Schafer for Celebrity Baby Scoop

Reality TV star Kendra Wilkinson seems to have it all! Her loving husband, former football star, Hank Baskett, recently said, "Watching her grow as a mother has no doubt caused me to fall more and more in love with her." And their gorgeous 2-year-old son "Little Hank" is one of our favorite celebrity toddlers.

Kendra opens up to Celebrity Baby Scoop about the finale of her hit TV show, *Kendra On Top*, which aired Tuesday, July 31, on WEtv. She talks about her *Playboy* past and how she plans to approach this topic with "openness and honesty" with Little Hank, and also her inner-struggle about baby No. 2 and how she balances her career and motherhood.

Related Link: <u>Kendra Wilkinson Says Her Plans for Second Child</u> <u>Keep Changing</u>

CBS: Tell us about *Kendra on Top*. What can we expect this season?

KW: "You will really see my life and inside my home and personal life. Before you saw a lot of moving around and me kind of having to go everywhere with Hank's job. We were never really settled down. Now viewers will get to see our new life, our day-to-day life, and inside our home. You will meet our friends and the people around us which has been awesome."

CBS: The show chronicles your journey back to bombshell status and the challenges you face trying to balance your party girl persona and mommy duties. Tell us more.

KW: "You know, in the beginning it was really hard for me to find that balance and find out who I really was. I thought the minute I became a mom, I had to be really conservative and not be who I used to be at all.

In time, I found that balance of being a great mom but still feeling sexy and still having fun. I can be a mom but still have a night out and go out with some friends and have a glass of wine. I can look sexy without taking it too far. It's not about showing more, it's about how I feel and feeling sexy."

## CBS: How is Little Hank doing? What does he do to make you laugh?

KW: "He went up to a little girl and told her he just farted — that made me laugh so hard. Honestly, everything he does these days is making me laugh! He's doing really well. Just started preschool so that has been awesome!"

CBS: Little Hank has been voted as one of our favorite celebrity babies and our readers are forever commenting on his hair and his natural beauty. How does it make you feel to know he has 'fans', and that he is so recognizable to many?

KW: "That's awesome! It's awesome that he has his trademark hair! We definitely appreciate the love for our son."

CBS: We hear you are struggling with deciding on having baby

#### No. 2. Please tell us about this inner-struggle.

KW: "Some days I wake up and I'm like, 'I want baby No. 2 ASAP!' Other days I want to hold off. We're just enjoying our time with little Hank right now and focusing on helping him start preschool, etc. I also want to make sure that we are both settled in our work lives before we start to think about another baby. When the time is right, the time is right."

## CBS: How do you balance motherhood, career, marriage, and a social life?

KW: "It's all about making time for every aspect of your life. When you don't make time, and really set aside that time, that's when you start to get spread too thin. When you're spread too thin, then you don't really give 100 percent of yourself, and then no one wins.

I make sure that I don't try and do too many things at once so that I'm really focused on whatever it is I'm doing. When I'm with my family I give that 100 percent, when I'm working I'm 100 percent in that zone. You just have to keep organized and set aside the time to maintain that balance."

Related Link: <u>Kendra Wilkinson and Family Celebrate First</u>
Christmas at Home

## CBS: How does your *Playboy* past impact your current business opportunities?

KW: "Sometimes it's hard to come back in your career after posing nude. I appreciate the opportunities I had with *Playboy* and am proud of everything I did there at that time in my life.

You know, it is tough for people to see you as 'that girl' and then allow you to transition into a new life. I've had fans that have really stood by me and allowed me to grow and change. Now my business is my fitness, my family and my life."

## CBS: When will you approach little Hank about your past with *Playboy*? Are you dreading that conversation?

KW: "I'm not dreading the conversation because both my husband and I are proud of my past. [Little Hank] actually already come across some [laughs], he just didn't really know what it was yet.

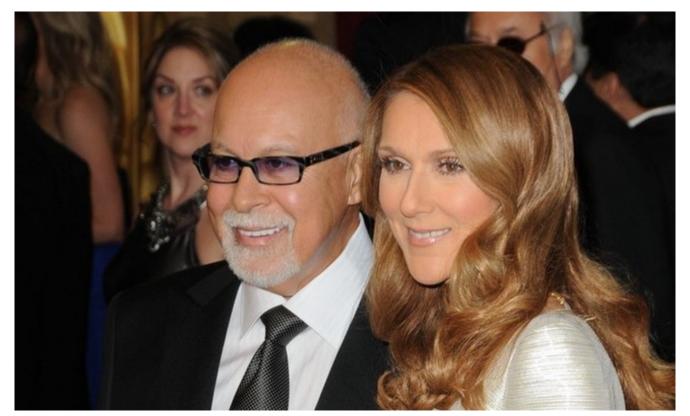
It's better to be open than not, so I will be very open with him when the time comes. Openness and honesty is the best way to go."

#### CBS: What's up next for you?

KW: "I have a lot of things in the works and a lot of them you will see in the finale of my show. My lingerie line will be coming out soon and you'll see what Hank has been working on. The paperback version of my book, Being Kendra, just came out as well so I'm doing some signings for that. I have so many things I want to do in the upcoming year, so you'll have to stay tuned!"

## Mike Eli Welcomes a Baby Girl





Mike Eli, the front man of the Eli Young Band, couldn't be more ecstatic about the new addition to his family. His wife Kasey Diaz gave birth to a healthy, beautiful baby girl, Kline Olivia Diaz, this past Monday. Eli express his joy to <u>People</u>, stating, "They tell you about this feeling that is beyond comparison...and the moment Kacey and I laid our eyes on little Kline we understood it's absolutely the coolest thing ever!" Eli only gets a short time with the newborn though, as his band rejoins the Rascal Flatts tour next week.

#### How do you prepare to have a daughter?

#### Cupid's Advice:

Having a baby can be scary, but if you know your future child's gender, you can at least get started with planning. If you discover you're going to be having a baby girl, here are some ways to begin preparing:

1. Go shopping: There's no better way to prepare to have a girl than to go shopping for her. Hit up some stores near you and pick out some cute outfits with your friends or your

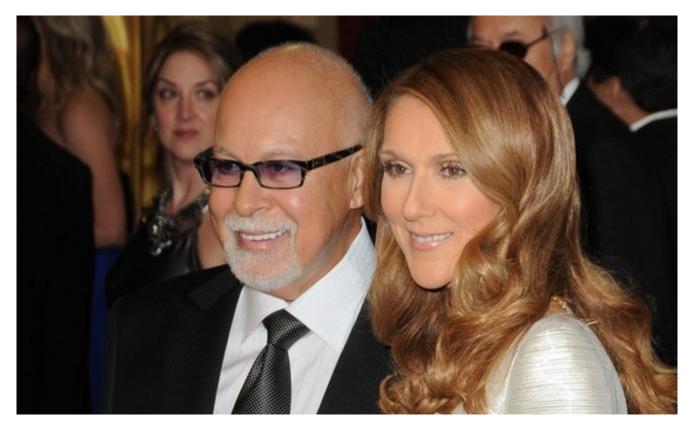
significant other. If you're due in the summer, purchase some bathing suits. If you're preparing for a winter arrival, stock up on some adorable hats and mittens.

- 2. Prepare the nursery: Take some to decide with your partner if you want to paint your nursery in a more feminine tone, or keep it gender-neutral. Once you paint the room you can pick out some furniture and begin decorating.
- 3. Inform the bridal shower guests: If the people close to you are aware that you'll be having a baby girl, they can be more specific when picking out a gift for the baby shower. Let them know what color you plan on painting the nursery so they can plan accordingly.

How did you prepare for a baby girl? Share your advice below!

## Kevin and Danielle Fend Off Pressure to Have a Baby





Kevin Jonas and his wife Danielle are feeling parenthood pressure. In a clip from *Married to Jonas*, which premieres August 19 on E!, Jonas says his family is pressuring them to have kids. According to *People*, Kevin and Danielle married in 2009 and don't plan on starting a family anytime soon.

How do you know when your relationship is ready to have a child?

#### Cupid's Advice:

Having a child is a big step in any relationship. Here are some ways to know you're ready to start a family:

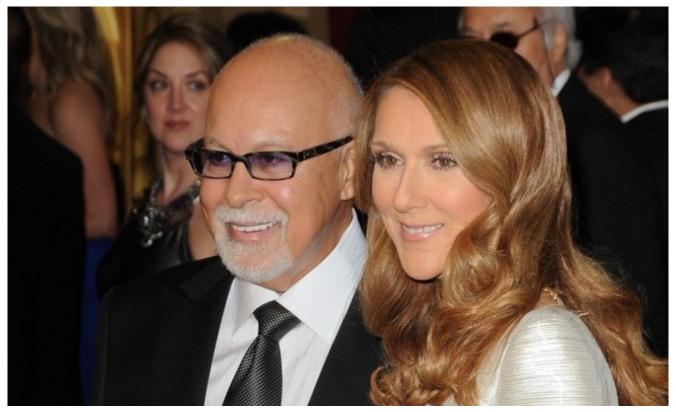
- 1. You're on the same page: If both you and your partner are thinking about having a child, it may be time to start trying.
- 2. You're financially ready: Raising a child costs roughly a quarter of a million dollars by the time they're 18 (roughly \$14,000 a year). If you and your honey are financially ready for that commitment, it's time to consider other factors.
- 3. You're prepared (or preparing): If you and your love have

started getting ready — buying your own place, getting a car, and taking care of yourselves both physically and emotionally — it's now time to prepare for a child.

What are some ways to know you're ready to have a child? Comment below and let us know.

## Matthew McConaughey's Kids Are Excited to Have a New Sibling





Matthew McConaughey and new wife Camila McConaughey (formerly

Alves) aren't the only ones who are eager for their newest child. As the public grows excited by Camila's visible baby bump, their son, Levi, and daughter Vida are especially anxious for their new sibling. Although they still can't decide whether they'd rather have a sister or a brother, the two still "danced and sang" when they heard the news, according to <u>People</u>. The couple have been married for a month.

#### How can you prepare your family for a new addition?

#### Cupid's Advice:

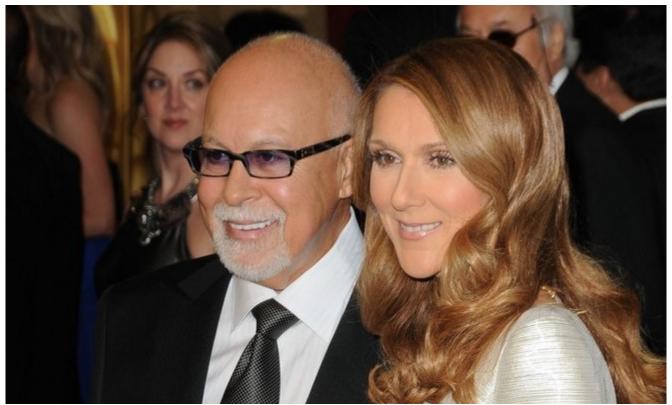
Anticipating an addition to your family is always an exciting time. Your life will soon be changing in many ways, so it's best to plan ahead. Here are some ways to prepare your family for a new addition:

- 1. Tell them early: If you have small children, it's best that you and your partner let them know as early as possible that you're expecting. This gives them ample time to prepare themselves for their new responsibilities and ask you any questions they may have.
- 2. Make room: You and your beau may have lived comfortably in a one-bedroom apartment, but as your family grows, so should your living space. Even if you already have a child, you'll still find yourself with even less room than before.
- **3. Stay positive:** You may have many worries now, but if you and your honey keep a positive attitude, your environment (and your outlook) will drastically change.

What are some ways you can prepare your family for a new addition? Tell us your story below.

# Vanessa Minnillo Says She's 'Excited' to Become a Mom





Vanessa Minnillo and Nick Lachey's family is about to get bigger. The couple is expecting their first child in the next few months and it's no surprise that both are elated for the fast approaching arrival of their son. The couple is even more ready to take on the unexpected, which for Mrs. Lachey includes working on ABC's second season of *The Wipeout* with a newborn baby at home. The gorgeous star told *UsMagazine.com*, "We're still working on everything... it's an exciting time." Despite all that's going on, it's expected for these two to come out on top.

How do you prepare your relationship for welcoming a child?

#### Cupid's Advice:

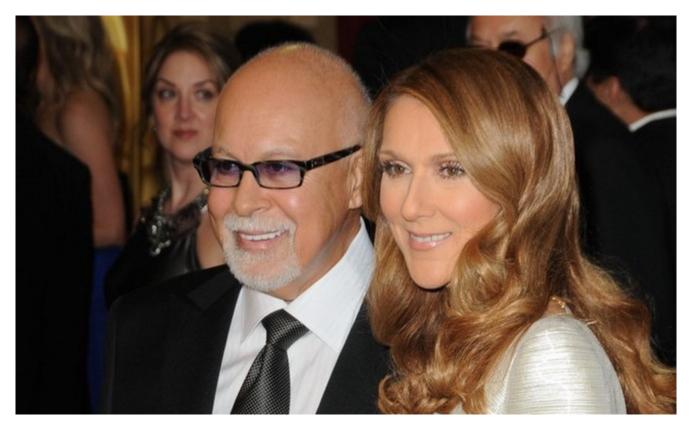
Welcoming a child is an exciting experience for any couple. But like every change in a relationship, it takes adjustments. Here are some ways to maintain a successful relationship with a new child in your world:

- 1. Recognize priorities: Priorities change for any person who becomes a parent. Accept the fact that you must now share your sweetie with someone else: your baby.
- 2. Family time: Continue to do things together, even if it's simply giving the baby a bath. You can bond with your baby and your love at the same time.
- **3. Baby duty:** Split your baby duties equally. Work out who will be taking care of the baby at what times, including the middle of the night.

How would you prepare your relationship for a new baby? Share your thoughts with us.

# Eva Longoria Shares the Excitement of Victoria Beckham's Daughter's First Steps





Victoria Beckham's daughter Harper took her first steps in public recently, and tweeted a picture of the milestone. However, Beckham's long-time friend Eva Longoria didn't have to take to Twitter to see her 1-year-old goddaughter walking. Instead, she got a personal email about it. "I saw the Tweet, but Victoria had emailed me a picture earlier," Longoria told <u>People</u>. Longoria was in L.A. when Harper walked hand-in-hand with her mom in Dublin. Being the supportive friend that she is, Longoria also attended Harper's first birthday with Victoria and David Beckham in L.A.

What are some ways you can show your support for a friend's child?

#### Cupid's Advice:

It's easy to be supportive for your friend, but being supportive to your friend's child can be a little more complicated. Here are some ways to show that support with ease:

1. Give random gifts: Don't just give gifts on the more

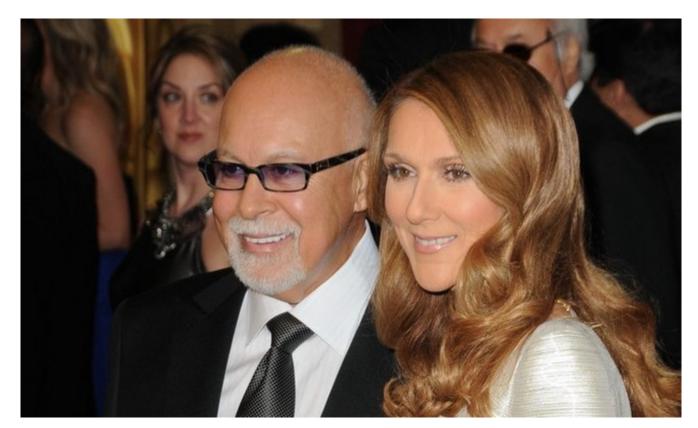
significant events in their life like birthdays. Children grow quickly, so buy your friend's kids new outfits occasionally. Surprising them with little treats will make sure they're always happy to see you.

- 2. Celebrate the big moments: Like Eva Longoria, celebrate the milestones in your friends' children's lives. Go to their cartoon-themed birthday bashes and share in the excitement when the tooth fairy comes for the first time. Even if you can't make every celebration, send a friendly email or gift.
- 3. Volunteer to babysit: There's nothing more supportive than babysitting for your friend who desperately needs a date night away from the kids. This will not only help your friend out, but it will allow you to grow closer to your friend's children.

How would you show support for a friend's child? Tell us below.

## Sarah Michelle Gellar Pregnant With A Baby Boy





Sarah Michelle Gellar and Freddie Prinze Jr. have a knack for staying out of Hollywood's spotlight, but it's been confirmed that the former vampire slayer is going to have a baby boy, according to <u>UsMagazine.com</u>. The couple's marriage is going strong as their family continues to grow with their three-year-old daughter, Charlotte Grace, and first son on the way. Sources say, "She and Freddie are thrilled," and compliment the pair in saying, "They're amazing parents." Although both Gellar and Prinze have strong backgrounds in entertainment, they have clearly both worked together to make family their biggest priority.

What are some ways to prepare your first child for a new baby?

#### Cupid's Advice:

Adding to the family is a big step. If you're having your second child, be sure to be as delicate as possible with your firstborn to ensure the most fulfilling experience for everyone:

1. Keep your child involved: A child on the way is exciting

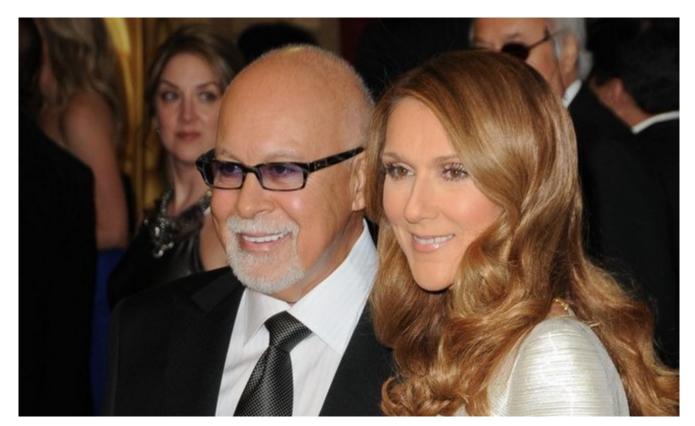
news that's bound to consume all of your phone calls and e-mails, and the amount of new things you'll have to do can confuse a young child. Make sure that you and your partner clue your little one in on the new brother or sister that's on the way.

- 2. Give them responsibilities: Being a big sibling is a big job. Your firstborn will be excited to take on this role, so tell your child that you're going to need their help and cooperation when you bring the little one into the world. Most importantly, be sure to thank them for their help.
- 3. Don't get too preoccupied: Getting ready for a new baby is a hectic time for any parent, but don't lose sight of what's really important—the child you already have. Make sure you and your spouse give your son or daughter extra love and appreciation during this brand-new experience.

What are some experiences you've had when growing your family? Tell us below.

## Bill and Giuliana Rancic 'Honeymoon' in Colorado





Style Network stars Bill and Giuliana Rancic are anticipating the birth of their son. The couple, who are expecting a child via surrogate, will be "honeymooning" in Colorado in August "just in case he decides to come early," according to <u>People</u>. Their surrogate mother, a French au pair, lives in Denver, where the pair will be staying until their son is born.

What are some ways to prepare for a child you're having via surrogate?

## Cupid's Advice:

Preparing for the birth of your child is stressful no matter how they're born. Here are some ways to prepare yourself for having a child via surrogate:

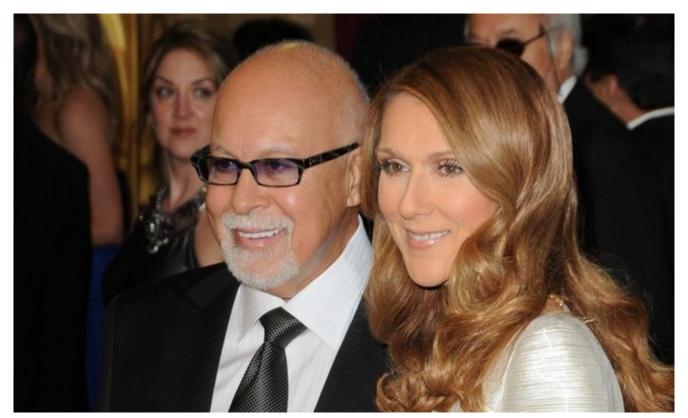
1. Get to know your surrogate: Having a good relationship with the woman who is carrying your child is important. If you and your honey are close with your surrogate, they'll respect you and your child more, and be more motivated to take care of themselves and the baby.

- 2. Prepare each other: You and your partner have a stressful job heading your way. You've escaped the pressures of pregnancy, but parenthood is even more stressful. Make sure you're both ready by learning as much as you can.
- **3. Relax:** There's no point in stressing yourself out. Create a welcoming environment for your child, and help your surrogate relax at the end of her pregnancy.

What are some ways to prepare for a child you're having via surrogate? Let us know below.

# Sources Say Miley Cyrus Wants a Baby 'Quickly'





After getting engaged just last month, power couple Miley Cyrus and Liam Hemsworth are already talking babies. After being highly criticized for their premature engagement, a Cyrus family source tells <u>UsMagazine.com</u> that "Miley and Liam really want to have a baby *quickly*." The rush to start a family may have been sparked by Hemsworth's brother Chris Hemsworth, who just had a baby girl named India in May. Hemsworth, 22, and Cyrus, 19, were dating on and off for three years before he popped the question.

How do you know when it's time to have children?

## Cupid's Advice:

Everyone dreams of starting a family, but the appropriate timing may not always be clear. Here are some surefire ways to know you're that you're ready to have a baby:

1. You've had enough alone time: Many people get married and try to start their family right away. However, this can sometimes be a mistake. Be sure to enjoy some romantic alone time in your marriage before you get ready for a larger

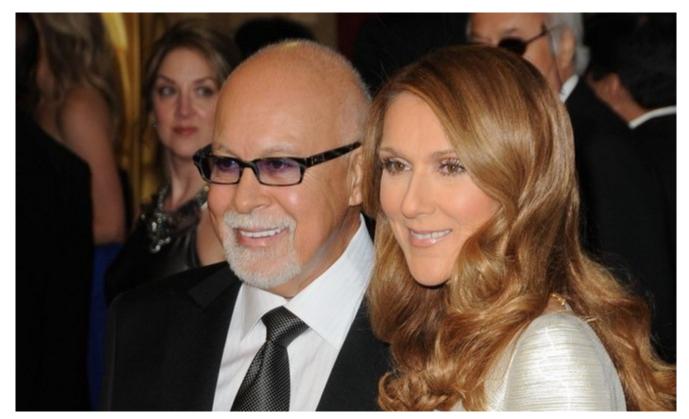
family.

- 2. Your friends are having children: There's no better way to experience parenthood than along with your friends. Since being a parent is a learning process, getting advice from people you trust who are going through it too can be helpful.
- 3. You're financially secure: Having children can be a dream come true, but don't let your excitement hinder reality. If you don't have the money to support a family, don't try to start one. You want your child to have the life they deserve, so if you aren't able to make that, it's best to wait.

How would you decide when it's the right time to have kids? Tell us below.

# J.R. Martinez Says His Girlfriend's Chest Is for Function, Not Fun Post-Baby





J.R. Martinez is putting his new baby, Lauryn Anabelle, before himself when it comes to his girlfriend, Diana Gonzalez-Jones. His wants and needs have been turned to a new focus, the baby. According to *People*, the *Dancing with the Stars* champion commented, "It's not even about me. It's about her. Feed her!" Having this new precious baby in his life has also made Martinez question why his father left him as a baby. "How could you leave this? That's so hard." The couple seems happy together and feels blessed to have welcomed a healthy baby into their lives.

## What are some ways to support your partner soon after pregnancy?

#### Cupid's Advice:

You've struggled through dealing with a pregnant partner for nine months, but that doesn't end once the baby arrives. Here are some ways to support your couple after they have given birth:

1. Help out with the baby: Even though there are some things

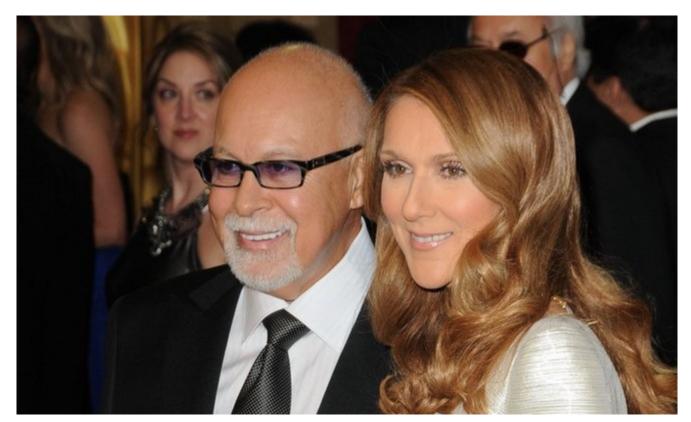
you won't be able to help out with, such as breast feeding, there's still so much you can do. Be hands on and take any opportunity to take care of the baby to give your partner a rest.

- 2. Give your partner little surprises: It doesn't all have to be about the baby. Surprise your partner every now and then with some flowers, take them on a date or even give them the day off to relax at the spa.
- 3. Spend some time together as a family: Having a child can be hectic, so don't forget about the important things. Spending some quality time all together will keep you all sane and happy.

What are some ways you think can help support your partner after pregnancy? Share your thoughts below.

## Sienna Miller and Tom Sturridge Welcome Their First Child





Sienna Miller and fiancée Tom Sturridge had much more to celebrate this past week than Independence Day. According to <u>UsMagazine.com</u>, the couple welcomed a new baby girl into their world over the weekend in London. The *G.I. Joe* star and her future husband kept quiet about her pregnancy up until April, just two months after publicly acknowledging their engagement. The talented acting duo has been dating for over a year.

What are some reasons to keep your pregnancy quiet at first?

#### Cupid's Advice:

Pregnancy is a beautiful, exciting thing for everyone involved, but it can also be very complicated. Here are some reasons to remain silent about your baby news for a little while longer:

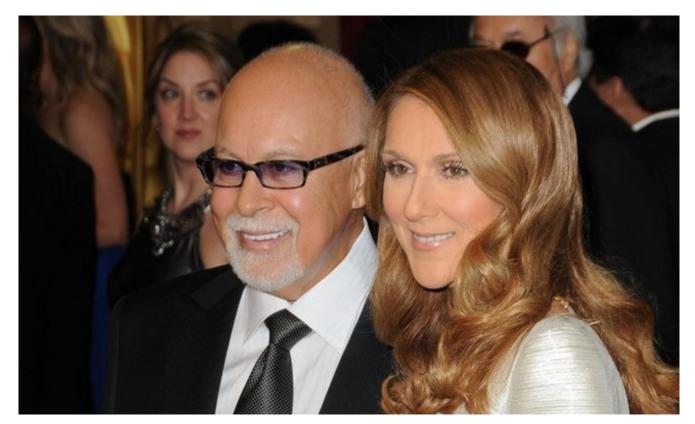
1. Check with doctor: Home pregnancy tests are not always accurate. Before you spread the word, book an appointment with your doctor to be sure the test you used didn't mislead you.

- 2. Tell family first: Avoid telling associates about this relationship step right away. Your family and close friends won't want to find out such big news from others, so be sure to let them know first.
- **3.Guarantee your baby is healthy:** Ensure there are no complications with your pregnancy before spreading the news. If a complication occurs, it will make your experience even harder if you have to explain it to others.

What are some reasons you would stay quiet about your pregnancy? Share your thoughts with us.

## Kourtney Kardashian and Scott Disick Welcome a Baby Girl





Early Sunday morning, Kourtney Kardashian and Scott Disick were overjoyed to welcome their new baby girl, Penelope Scotland Disick, and it's about time. Their second child was born in the Los Angeles Cedars-Sinai Medical Center, and according to *People*, everyone was thrilled. The new mommy of two released a statement: "Scott and I are overjoyed to welcome our precious angel Penelope Scotland Disick into our lives. We are forever blessed. Mommy and baby are resting comfortably." And it wouldn't be a celebration without the rest of the Kardashian clan, as they have all expressed their excitement via their blogs. Kourtney and Disick have a strong support system behind them.

What changes can you expect during your second pregnancy?

#### Cupid's Advice:

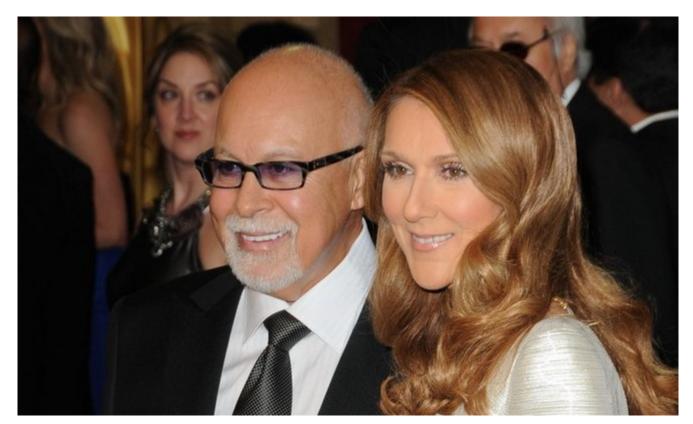
Once you've already gone through the first pregnancy, you would think that the second one would be easier. That said, you have to deal with a big belly and another child around the house again. There are some changes you should expect during your second pregnancy:

- 1. More work: You may know how to react during certain situations when you are pregnant, but it will still most likely be more work. On top of dealing with the symptoms of being pregnant and maintaining your health, you have another little one running around the house to take care of.
- 2. Less worried: Even though it might be more work, you will become less worried over the little things. You know what you should and should not be feeling since you've already gone through it once.
- **3. Time will go by slower:** Since you do already know what to expect, the pregnancy will most likely go by slower. The first time, everything is new so your sense of time is skewed.

What changes do you think occur during a second pregnancy? Share your thoughts below.

## Matthew McConaughey and Camila Alves Are Expecting Third Child





There's no such thing as 'too many,' especially when it comes to Matthew McConaughey and wife Camila Alves. The couple finally wed on June 10, after already having been together for six years. They are now expecting their third child. McConaughey announced his wife's pregnancy on Twitter on July 4th, saying, "Happy Birthday America, more good news, Camila and I are expecting our third child, God Bless, just keep liven." The lovely couple has made it clear that they didn't need to get married right away to have a family, as 30-year-old Alves revealed to NBC's Today, "We have homes together, we have family together, we have kids, we've built a life together. So we've been living a married life this whole time." The two are glowing at their recent news and seem nothing but happy to have their family growing.

What are some ways to prepare your relationship for a third child?

#### Cupid's Advice:

Usually if you're thinking about having a third child, then your relationship is in a good place. Here are some ways to

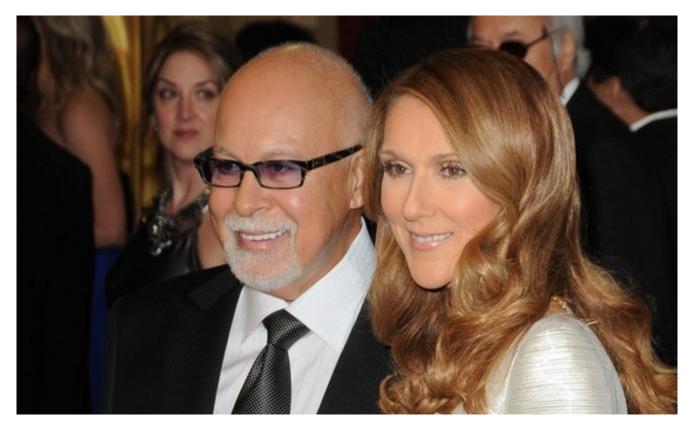
prepare for a third child:

- 1. Make sure you're stable: Having three kids is a lot of work, so you and your partner should make sure that you're both in a stable place in your lives, to keep sane. You want to make sure you're both financially and emotionally prepared to have another child in your world.
- 2. Do it for the right reasons: Having another child should be because you want a big family and because you love your partner. You shouldn't want more kids in order to "save" a relationship.
- 3. Talk about it with the family: You not only have to make sure it's something your mate wants to do, but you also have two other children with whom you should discuss having another baby. If everyone isn't on the same page with adding another member to the family, it could end up causing problems later on.

When do you think a couple is ready for their third child? Share your thoughts below.

### Claire Danes Is Pregnant With Her First Child





Not only did Claire Danes win a Golden Globe for her performance as Carrie Mathison in *Homeland*, but the 33-year-old actress announced that she is pregnant with her first child, according to *UsMagazine.com*. She and her husband, Hugh Dancy, have been married for nearly three years, since working together in 2006 on the set of *Evening*. Danes described her spouse as being a "cutie patootie" and is relieved that she "can also stop looking for The One." With her career in full swing, as *Homeland* goes on for a second season, she will definitely make a great CIA officer turned mother.

#### How do you announce your pregnancy to your partner?

#### Cupid's Advice:

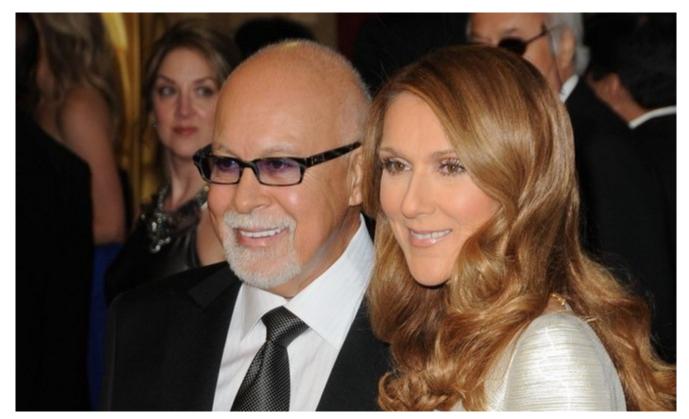
It's stressful enough to validate whether or not you are pregnant to yourself, but what makes it real is actually telling your partner. Whether you find this to be an easy or difficult task is absolutely dependent on your relationship, but no matter what, it's always a momentous experience, so follow these tips to ensure you do it right:

- 1. Be in good spirits: If you decide to throw a party or whisper it into you guy's ear in bed, as long as you are both happy with each other, there's no wrong way to tell him. If you are giving off good vibes and are in a healthy, committed relationship, you can tell him while doing the dishes, and he'll still be thrilled.
- **2.Drop some hints:** With such exciting news it's not going to be easy to contain yourself. Talk about what you're going to do with the extra space in the house or by picking out baby clothes. He'll get the idea soon enough, but it will be extremely entertaining to watch him figure it out.
- 3. Do it over dinner: By either taking him out to your go-to spot or cooking him his favorite steak at home, setting the mood is always a vital step for such a crucial announcement. Don't be too afraid that your significant other may catch onto your gracious effort and just allow the night to be unforgettable, even if you hold the news until dessert.

How did you break the news about your pregnancy to your partner? Share your experiences below.

## Josh Lucas Welcomes a Baby Boy





Actor Josh Lucas has just become a first-time father with his wife Jessica. The couple married in a low-key ceremony in New York City's Conservatory Garden in March, where they also stated that they were parents-to-be. <u>People</u> reports that their\_baby boy, Noah Rev Maurer, was welcomed into the world on Friday, June 29 and weighed 9 lbs., 4 oz. Their first child together was born in New York City, the same city where their nuptials were held.

#### How do you prepare for a baby boy versus a girl?

#### Cupid's Advice:

Preparing for a baby can be stressful, but knowing the gender can help narrow down a lot of tough decisions. Here are some ways to gear up for the baby blue over the pink:

1. Color Schemes: From picking out the paint color of the nursery to all of the little clothes, gender is a vital factor. When preparing for a boy, masculine colors like blue and green are more popular, compared to floral colors like pink and orange for girls.

- 2. Decorations and Toys: As hard as it will be to walk past all of those Barbies and tutus without longing to buy them, you'll have to if you're preparing for a boy. Your house needs to be full of miniature race cars and train sets if you want your baby boy to grow up in a fun environment.
- 3. Talk to your spouse's parents: You can learn a lot from your in-laws in preparing for a baby boy, whereas if you were having a girl, you'll want to ask your own parents for advice. From the mistakes they made to the special recipes they have, it's in your best interest to learn from those with the most direct experience, even if that means talking to your partner's parents a little more.

How would you prepare for a baby boy versus a girl? Tell us below.