

# Vanessa Lachey Calls Nick Lachey a 'Doting Dad'



By Jennifer Ross

Vanessa Lachey has definitely won the jackpot when it comes to finding the perfect man in husband Nick Lachey. Vanessa, 31, recently opened up to [Sheknows.com](http://Sheknows.com) about life as a threesome, with new baby Camden John, and what a wonderful father Nick has become. "All of my hopes and dreams have come true and he [Nick] is awesome. I was actually joking earlier that if Nick could nurse Camden he would!" Even though Camden is a peaceful baby, his loving parents were still in for a surprise awakening when it came to his feeding schedule. Vanessa explains, "I didn't understand that they need to eat every two to three hours at first and then three to four a little after that. Sometimes we literally had 15 minutes between him falling asleep and then having to wake him for the next feed. I'm like, 'This goes on 24 hours a day and no one told me about this part of it!'"

## **What are some ways to tell your partner will be a good parent?**

### **Cupid's Advice:**

With the holidays fast upon us, chances are you'll think about spending time with your immediate family. These thoughts can lead to future dreams of having your own family traditions; but before that can happen, you have got to find the right partner. So how can you tell if he/she will make a great parent? Here are few telling traits:

**1. Strong stomach:** Does your partner get easily grossed out? The truth is, kids are messy, with diaper changes, spit ups and runny noses. Having a "strong stomach" to be able to handle taking care of someone when they are sick is a sign that your mate will be there when you or your little ones need it most.

**2. Creativity:** Because kids have such vivid imaginations, you or your partner will someday need to entertain them...possibly for hours. Having a creative mind will show that your partner has a playful sense and won't take stressful things too seriously. After all, you will need a little fun to handle life with kids.

**3. Nieces/nephews:** A great indicator of your partner's parenting skills is how he/she treats their nieces and/or nephews. Does your partner remember their birthdays or play with them when together? Is your mate able to show emotions freely with them? Your partner being able to care for them is wonderful practice to someday loving your own.

**How did you know your partner would be a great parent? Tell us your story below.**

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# Heather Tom Welcomes a Baby Boy



By Jennifer Ross

It's a boy! On Sunday, Oct. 28, Heather Tom gave birth to son, Zane Alexander Achor in Los Angeles. This is the first child for her and husband James Achor. "This was the hardest and best thing that I have ever done in my life," Tom, 36, confirmed, according to [People](#). Baby Zane Alexander, who was delivered drug-free, weighed in at 8 lbs., 1 oz. Achor and Tom were married back in September 2011 and had first announced their pregnancy in May of this year. The happy couple also has a new design series in the works to air on HGTV, named *Renovation Unscripted*.

**How do you compromise with your partner when it comes to naming your child?**

**Cupid's Advice:**

Compromising can be difficult to accomplish in most situations, let alone naming a child. He loves Elizabeth, while you prefer Naomi. Where's the happy medium – Elizomi or Naobeth? Seriously, having a child is a wonderful moment that should bring closeness to a relationship, not distance. So, to cease fire and agree on a name before birth, here are a few tips to consider:

**1. Agree on a theme:** Take a break on coming up with specific names, and start with a baby name theme. Some themes to consider are traditional names, modern names, spiritual names, exotic names, short names or long ones. Also, consider a particular geographic region. The key is to find a common ground between you two. Once you have a theme, then you and your partner can narrow down the search.

**2. Make a list:** Another idea to try is making a list. Both you and your partner each write down about 20-30 names on a sheet of paper. Then swap sheets. With writing that many names, chances are, you two will have at least one in common. Also, it is highly possible that one of you might come up with a name that other one likes and didn't remember.

**3. Use middle name as bargaining:** When tempers flare between you and your mate, remember that the child can have more than one name, even more than one middle name. Also, if you partner wants the child to have his name but don't want your little one to be considered "junior," why not use the father's name as the middle name.

**What compromises did you and your partner agree to when naming your child? Comment below.**

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# Former '90210' Star Ian Ziering Prepares to Welcome Baby #2



By Nic Baird

*Beverly Hills, 90210* alum Ian Ziering is expecting his second child with wife Erin, according to [People](#). The actor called this new addition to the family a “dream come true.” They’ve taught their 18 month old daughter, Mia Loren, to point to Erin’s belly and say ‘baby,’ Ziering said. The couple married in May 2010, and though their family is growing, Ziering continues to act, direct, produce and pitch TV shows. “I have a lot of irons in the fire,” Ziering said. Erin is in her second trimester, the baby is due in May, and its sex is unknown.

**How does the dynamic change when you add a second child to your family?**

## **Cupid's Advice:**

Nuclear families have two children, because the consequences can be explosive! One child is hard enough, but two? Before you start doubting your sanity, remember how rewarding it is to have your first child. You've pretty much got this parenting thing down anyway, but in case you had any doubts, here's some little ways the family dynamic can change.

**1. Less time, more parenting:** A second child means twice as much attention. Make sure you and your significant other have talked about ways to divide tasks and manage your time. If your career was challenged when raising the first child, expect more challenges in tending to your young family's needs now.

**2. Buying in bulk:** Two children means you have to consider feeding a whole family. Meal time will be more regulated. Your brood's collective socks and toothbrushes will be identical. Having enough for everyone will be hard to manage, and noticing if one family member's needs are different will be even harder.

**3. Playmates:** Your first child is now blessed with a friend and playmate. Your children can play together now, and entertain each other. Find activities that involve multiple family members. Sadly, this usually means more supervision, not less.

**What changes to your family have you noticed with a second child? Share your experiences below!**

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# Mila Kunis' Rep Shoots Down Pregnancy Rumors



By Nic Baird

“She is not expecting,” actress Mila Kunis’ rep told the [Daily Mail](#) on Monday to address circulating rumors that she was pregnant with former *That 70’s Show* costar Ashton Kutcher’s baby. The couple has been dating for five months. The speculation began after Kunis was spotted in a baggy tanktop with horizontal stripes while on a coffee date with Kutcher, according to [UsMagazine.com](#). Kutcher is currently the highest paid US actor after taking over the *Two and a Half Men* leading role, and had been married to actress Demi Moore from 2005 to 2011.

**What are some ways to announce pregnancy news to friends and family?**

**Cupid’s Advice:**

While you may be excited to tell a few people in person, how do you let everyone know you're having a child? Besides wearing a sign, you should take a methodical approach to inform the people in your life. They'll want to know, and here's how you tell them.

**1. Picture Postcards:** Anyone interested by the news that you had a child will want to see a picture of the baby. A shot of the newborn with family is something people will stick on their fridges. If you're having a baby shower, you could use the postcards to get the details out.

**2. Baby Shower:** Civilization designed baby showers as a template to announce an upcoming child. Once you've told your inner circle of friends and family, you can send out baby shower invitations to everyone else. If you haven't been caught by surprise, you should have ample time to plan your baby shower by scheduling it closer to the due date. The invitations will serve to let the word out, and you'll probably get some gifts out of it.

**3. Other Rituals:** Baptisms, and other religious ceremonies have friends and family congregating. Any sort of family ritual is a good opportunity to assemble the important people in your life for such an important day in your life. Cigars are a traditional way for a new father to spread the word to friends, and perhaps work colleagues. It's just something you can give out, besides cupcakes.

**How did you announce your pregnancy? Share your experiences below!**

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# 'Teen Mom 2' Star Leah Messer Is Pregnant with Third Child



By Jennifer Ross

It's baby number three for *Teen Mom 2* star Leah Messer! Messer, 20, and new husband Jeremy Calvert exclusively confirmed the pregnancy to [Usmagazine.com](http://Usmagazine.com), saying that the two-year-old twins "can't wait to meet their new brother or sister." Calvert, 23, is Messer's second husband and this will be his first child. The MTV reality star divorced her first husband, and father of the twins, Corey Simms in April of 2011. "Being a teen mom was difficult, but I'm older and in a different place now – married to Jeremy and excited for our family to grow." Baby Calvert is expected to arrive sometime this winter.

**What are some ways to prepare your children for a new addition to the family?**

**Cupid's Advice:**

A new baby in the family will bring many changes. Although it is a joyous occasion, siblings may feel neglected and jealous in the beginning. However, parents can prevent some of this by preparing the siblings, and not just baby-proof the home, for a newborn. With a few simple steps and conversations, your home and family will be a happier place for baby to arrive:

**1. Read a book:** Start the “new baby” conversations with your children by reading them stories of becoming a big brother/sister. This way, little ones will be able to learn how important they will be in helping mommy with a baby and begin to feel proud of their upcoming role. Plus, it’s a great way to spend a little quality time together.

**2. Help them understand:** Depending upon their age, your child may not fully grasp the concept of a new baby. A good way to help them understand is by showing them their own baby pictures. In doing so, tell them the stories behind the pictures. Also, don’t forget to include pictures of your pregnancy with them.

**3. Visit a friend:** Another way to make the newborn a reality before birth is to visit a friend who has a newborn. Allowing your children to sit, and possibly hold, a newborn baby will get their minds open and excited about their upcoming sibling. Feel free to answer any age appropriate questions that may come up because of the visit.

**How did you prepare your children for the new addition in your family? Tell us below.**

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# Adele Welcomes a Baby Boy



By Nic Baird

British singer-songwriter Adele Adkins had a baby boy on Friday, according to [People](#). Right now she's avoiding the spotlight to spend time with her newborn and the child's father, boyfriend Simon Konecki. "Obviously we're over the moon and very excited but please respect our privacy at this precious time," the Grammy winner wrote on her website when she announced the pregnancy in June. The new mother disappears as fans are treated to her theme for the upcoming James Bond film, *Skyfall*.

**How does having a child affect your relationship?**

**Cupid's Advice:**

Whether you and your partner have been working towards a child or you get suddenly surprised, having a baby opens up new challenges and joys. Expect change, but comfort yourself with the love and support you share with your partner on this new

adventure:

**1. Meaning:** Your relationship is now physically represented by your offspring. Procreating and raising a child is the most tangible purpose human beings can find. Together you will be rewarded by deep unconditional love. Make sure to spread the it among all three of you. Instead of revelling in the potential of your love, you can celebrate the product.

**2. Identity:** No matter how you feel about it, you're no longer simply a couple, but a family. This will influence your career, friendships, and any future relationships. Your partner is now cemented with a fixed level of importance as the co-parent of your child. This shift is a major escalation of your relationship. Realize this new dynamic must change your relationship, but find stability in the aspects that stay the same.

**3. Sacrifice:** As a couple you've hopefully gotten used to compromise and martyrdom. Having a child will really test how you've developed these areas. Keep in mind that you and your partner are caring for this child as a team. You're giving up independence. No matter the future of your relationship, you have a duty your child.

**What are some other ways that having a child can affect your relationship? Share your ideas below.**

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**Kristin Cavallari Says  
Motherhood Is 'So Much Fun!'**



By Nicole Weintraub

Two months after having her son, Kristin Cavallari is back to her former self and happier than ever, according to [UsMagazine.com](http://UsMagazine.com). The former *Hills* star and fiancé Jay Cutler who is a quarterback for the Chicago Bears welcomed their son Camden Jack two months ago. Cavallari affectionately calls her son, “Boo Boo,” and has been gushing about him nonstop. Since giving birth, the star has lost most of the baby fat by simply eating right and walking on the treadmill. With Halloween right around the corner, the couple is planning to dress their son up as a lion since he is a Leo. “Having a baby is just so much fun,” gushed the star, though she admitted that she sometimes misses her alone time since she is alone with the baby most of the time while her fiancé is off at work. The duo are not planning on having any more kids for the time being, planning on focusing on their son and teaching him to walk before their big day. “I want Camden to walk down the aisle,” Cavallari explained, “so we’d have to wait anyway for him to start walking.”

**What are some reasons to put off nuptials?**

## **Cupid's Advice:**

Getting married? There is a ton of planning that goes into a wedding, though sometimes it's best to pull the reins on the planning for just a little while. Here are a few reasons on why it may be better to wait to get married:

**1. Babies:** Having a baby is stressful enough without adding the whole planning of a wedding onto your plate. Plus, most women want to focus on their babies especially while they are young since they grow up so fast. In Cavallari's case, she is waiting until her son can walk so that he can be incorporated into her wedding.

**2. Illness:** If you, your partner or a family member is seriously ill, it may be for the best to postpone the nuptials. Everyone will be distracted and the main focus should be on that person getting better, not on your wedding.

**3. Family Emergencies:** If there is a family emergency such as a pending death or a death in the family, out of respect and the right thing to do it may be best to postpone the wedding. Family members will need to go through a mourning period before they can be excited about a celebration.

**What are some reasons you would postpone your wedding? Share your ideas in the comments below.**

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**Megan Fox and Brian Austin  
Green Welcome Son Noah**

# Shannon



By Nicole Weintraub

New parents Megan Fox and Brian Austin Green welcomed their son Noah Shannon into the world, according to [UsMagazine.com](http://UsMagazine.com). Born on September 27, the new mother gushed, "We are humbled to have the opportunity to call ourselves the parents of this beautiful soul." The couple has had a quiet few weeks at home, which are a blessing according to Fox. The couple began dating back in 2004 where they met on the set of *Hope & Faith*. The pair split in 2009 after a two-year engagement, but reunited in June of 2010. The two were wed on June 24, 2010 and this is the first child for the couple. Green has one son from a previous relationship who is now ten years old. The couple expects to have more children, though since Fox confessed, "I've always been maternal."

**How can having a child change your relationship?**

**Cupid's Advice:**

Welcoming a new bundle of joy into your family can alter your relationship with your partner. Here are some ways in which having a child would change your relationship:

**1. More responsibility:** Having a child together adds an immense amount of responsibility to your lives. Now, you are not only responsible for yourselves, but another human being. The two of you will need to be mature and wise in your decisions regarding your child.

**2. Deeper connection:** The connection that you share with your partner will be deepened automatically by having a child together. Between bonding over parenting, the two of you will be experiencing new concepts and creating new memories together. Be sure to document them with plenty of video and pictures!

**3. Fewer date nights:** While adding a new addition to your family is a wonderful experience, there is less time for one on one alone time with your partner. There will be fewer date nights and more family activities.

**How has having a child changed your relationship? Share your stories with us in the comments below.**

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## **Adele Is 'Thrilled' About Becoming a Mother**







By Jennifer Ross

Adele's new single, the James Bond theme "Skyfall," is finally out and hitting the charts; yet, the thing that's most on her mind now is much bigger than her new single. The Grammy-winning singer, 24, is "thrilled" about her upcoming real-life role as mum, a source reports to [People](#). As Adele prepares for her first baby with her boyfriend, Simon Konecki, she has no complaints about staying out of the spotlight for awhile. She has been described as "laying low and nesting." Little baby is expected to arrive sometime this fall.

## **How do you prepare your relationship for a first child?**

### **Cupid's Advice:**

No matter how hard you try, you and your partner can't possibly know what to expect with the birth of your first child. But there are some common pitfalls all couples can be aware of after a baby is born that could help ease the transition to parenthood:

**1. Understand biological drives:** Men and women respond differently when it comes to transforming into parents. Soon after a woman discovers she's pregnant, her mommy mode kicks straight into protection gear. For men, the daddy mode may not start until after the baby arrives and it usually comes with a blast of last-minute financial panic. Understanding that these

feelings are normal and supporting each other through them will help ease the stress.

**2. Individual roles:** It's vital to agree to each other's role with the baby. Talk about what your parents did when you were a child and how you felt about the way they raised you. Do you want to follow in their path? Are there some key areas that you want to steer away from when you're a mom or dad? Figuring out who does what before the little one arrives will lead to less confusion.

**3. Sleep deprivation:** In the beginning, the baby will need feedings at all hours. It would be useless if both parents were getting up together at night. This would inevitably transform you both into walking zombies during the day. Instead, divide the feedings into a set schedule that both of you agree to so that at least one of you gets rest each evening.

**What steps did you take to prepare your relationship for a first child? Tell us below.**

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## **Guy Richie Is Engaged to His Pregnant Girlfriend**





By Jennifer Ross

The word is out! She said “yes” and Guy Ritchie could not be any happier. Recently confirmed by [UsMagazine.com](http://UsMagazine.com), the British director proposed to his longtime girlfriend, Jacqui Ainsley. Ritchie, 44, and Ainsley, 30, were at a dinner date last Sunday at Madeo Restaurant in L.A., where she showed off both her baby bump and her round-cut engagement ring. The baby-to-come will be the second child for Ainsley with her fiancé, one which she revealed to the world on the red carpet at the London premiere of the movie, *The Dark Knight Rises*. The happy couple has been dating since 2010. Before Ainsley, Ritchie ended an eight year marriage with Madonna in 2008, and shares two sons with her.

**What are some cute ways to propose to your pregnant girlfriend?**

### **Cupid’s Advice:**

Although proposing to your girlfriend after she is pregnant may be a reversal of traditions, it is still as romantic and exciting as the original way. Depending on which trimester she is in, you may have limitations to the ways you can propose. However, with her being pregnant, you have the unique opportunity to get creative and even try to include your unborn child into the details. Here are a few ideas that are

sure to make any proposal a huge success:

**1. Written for the stars:** If your girlfriend is near the end of her pregnancy, a great way to propose is to take her to the movies. Before you go, have the proposal, along with a picture of you two or the new baby, added to the advertisements shown before a movie. Then sit back, relax and enjoy the show. You can even invite your friends and family and let them be surprised as well. Contact your local cinema for the details.

**2. Get the OBGYN involved:** If your OBGYN is up for it, ask him/her to help you with the proposal at your next appointment. Have the doctor perform the normal consultation as they usually would. Towards the end of the visit, the doctor could “recommend” another supplement for overall health and well-being of both baby and mom. Watch her surprise as she is handed a prescription that states, “Will you marry him?”

**3. A gift for the baby:** Since the baby will need lots of things, why start clothes shopping right away. Buy a newborn onesie and have the words, “Will you marry my daddy?” added on it and wrap it nicely. You can give it to your girlfriend either alone over dinner or at a special time with friends and family around. It will be a wonderful proposal she remembers every time your newborn wears the onesie.

**When you were pregnant, how did your partner propose to you? Tell us below.**

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**Giuliana Rancic: “Everything**

# Feels Complete Now”



After a long road to parenthood, Bill and Giuliana Rancic are “loving every minute” with their 5-week-old son Duke. The proud new parents have teamed up with CBR (Cord Blood Registry) and “Healthy Futures” to talk about the importance of saving cord blood stem cells.

Giuliana opens up to Celebrity Baby Scoop about “savoring” moments with her “dream baby,” fighting over midnight feeds with Bill, and “enjoying being on maternity leave and spending as much time with Duke” before her return to work in November.

**CBS: Congratulations on the arrival of baby Duke! What kind of baby is he? Are you getting any sleep?**

GR: Thank you! We are thrilled to have Duke in our lives and could not be happier parents. Life with Duke is great – he has been a dream baby! We are getting some sleep but we’re also waking up every few hours to feed him and change him... Bill and I sometimes fight over who is going to get up with him because we both want to savor every single moment with Duke.

**Related Link:** [Giuliana and Bill Rancic Welcome Baby Boy.](#)

**CBS: Tell us about teaming up with CBR® (Cord Blood Registry®) and “Healthy Futures,” to educate expectant parents about the value of cord blood stem cells.**

GR: We went through a lot of health struggles before finally being able to announce we were pregnant. Infertility, a miscarriage, and then a breast cancer diagnosis – it was quite a journey. Because it was hard for us to get Duke into this world, we wanted to make sure we did everything we could as parents to make sure he had the best life possible, and that included banking his umbilical cord blood with CBR (Cord Blood Registry). When preparing for a new baby, every parent always makes a list of things they need to do before the baby comes. Cord blood banking should definitely be one of those ‘checklist’ items. Cord blood is full of millions of stem cells that could change or even save a child’s life one day.

**Related Link:** [How Raising a Child Can Bring you Closer Together as a Couple.](#)

**CBS: We saw that you’ve already returned to work (at the recent Emmy Awards). Was it hard to leave baby Duke?**

GR: I did return to work for *E!’s Live From The Red Carpet* for the 64th Emmy Awards. It was incredibly difficult to leave Duke and I can empathize with working moms. The night before I left, I was actually sobbing into Bill’s arms because I didn’t want to leave him... As Duke gets older, Bill and I are going to make it a priority to find a balance between work and our family.

**CBS: It sounds like your experience with a gestational carrier was very positive. Are you planning to hire another surrogate in the near future? Or maybe you’ll try for your own pregnancy? Or adoption?**

GR: We had an amazing gestational carrier that we cannot thank

enough for all that she has done for our family. As for the future, we are not ruling anything out, but for now we are focusing on enjoying Duke and savoring all of these new moments with him.

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## Malin Akerman Is Expecting



By Nicole Weintraub

Malin Akerman and her husband Roberto Zincone are going to be parents, according to [People](#). Best known for her roles in *Wanderlust*, *Watchmen*, and most recently *Rock of Ages*, Akerman could not be happier. The couple has been married since their wedding in Italy in 2007. At the time, people were doubtful of their relationship, even going as far as to tell the actress, "I'll give the two of you five years." However, the actress is happy to prove the critics wrong, as she and her husband get ready to welcome their first child into the world.



**What are some ways to prepare your relationship for a child?**

**Cupid's Advice:**

Pregnant? Congratulations! Now you had better get shopping and planning. Here are some tips on how to prepare your relationship for your upcoming child:

**1. Plan ahead:** Instead of waiting nine months to figure things out on the spot, the two of you as a couple should do your homework. Research different options for your child so that the two of you can be better prepared to face what comes with welcoming a baby into your family.

**2. Make decisions together:** Generally men don't like shopping. Though, they are bound to be more interested in shopping together for your future baby – especially when it comes to how much money they will be spending. Remember you are not alone and the two of you are going to be co-parenting.

**3. Communicate:** Communicating openly with your partner is more important now more than ever. The two of you need to be on the same page once the baby comes, so it's best to work on your communication now while you have time.

**How did you prepare your relationship for your baby? Share with us.**

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**Sarah Michelle Gellar and  
Freddie Prinze Jr. Welcome a**



# Baby Boy



By Jennifer Ross

A new Prinze has arrived in America! Sarah Michelle Gellar gave birth to a son last week in Los Angeles, reported *People*. Her rep also confirms that both Mommy and baby are doing great. This is the second child for Gellar, 35, and her husband Freddie Prinze Jr, who were married in September 2002. Charlotte, their 3-year-old daughter, is happy to become a big sister. Congratulations to the family addition!

**How do you prepare your daughter for a baby boy?**

## **Cupid's Advice:**

Having a new baby in the family will be an adjustment, especially when your daughter is used to being the only child. With a newborn that will demand so much attention, she may not understand what is about to happen and will need reassurance beforehand. To help with the transition, here are a few tips on how to make big sis comfortable with little changes:

**1. Talk about it:** Once you have told your daughter of the new baby coming, she will likely have several questions. Use the months during the pregnancy to talk about what will change in the family. Remember to follow her lead. Because she may not want to talk about him every day, allow her to decide how much to discuss. Lastly, always reassure her that you will still love her just the same.

**2. Bring out the old pictures:** A great way to help your firstborn understand what it will be like with a new baby is to show her pictures of your first pregnancy. You will want to go through her own baby pictures as well. When doing this, describe the newborn as a person that has ideas and emotions, just like her. Also, inform her that the newborn may cry a lot at first as his only way to communicate.

**3. Visit other newborns:** When the new baby arrives, your daughter may have a strong reaction to holding them. To prevent this, take your daughter to visit a friend or relative's newborn. By spending a relaxing day, having fun and holding another baby, your daughter will see that a new baby is okay. It will calm any worries she has about being forgotten.

**What steps did you take to prepare your daughter for a new baby? Tell us below.**

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**Jessica Simpson Celebrates Eric Johnson's Birthday with**

# Baby Maxwell



By Nicole Weintraub

Jessica Simpson and fiancé Eric Johnson celebrated his 33rd birthday this year with their little bundle of joy. According to [UsMagazine.com](http://UsMagazine.com), the couple was ecstatic to enjoy Johnson's birthday with their four-month-old daughter Maxwell. "Last year at Daddy's party, Maxwell was in my belly...this year she's in my arms," shared the star. The trio took photographs in order to remember the first birthday that father and daughter was able to share together. For the occasion, baby Maxwell had a little bow on her head.

**What are some ways to involve your kids in your birthday celebration?**

**Cupid's Advice:**

It's your birthday, so happy birthday! Now what? Here are some ways on how to get your kids involved on your birthday:

**1. Blow out the candles together:** The best part about a birthday, for a kid at least, is blowing out the candles on the cake. Let your kids help you blow out all your candles this year so that they will feel included.

**2. Invite a play date:** If you're having a birthday party, let your kids invite a friend over so that they will have someone to play with. It's not going to be any fun for your kids if there are all adults there.

**3. Help them decorate:** Decorate the house with your kids or have your partner decorate it with them. They will be more than happy to decorate the house to surprise mom or dad.

**Have you included your kids in on your birthday? Share your stories with us below.**

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## Shakira Is Expecting





By Nicole Weintraub

Shakira Junior is on the way, according to [UsMagazine.com](http://UsMagazine.com). The singer recently announced that she and her boyfriend of a year and a half, Gerard Pique, are expecting their first child together. The couple confirmed their relationship back in March of 2011 after Shakira broke things off with her boyfriend of over 10 years, Antonio de la Rúa. Shakira and Pique, a Barcelona soccer star, are excited for the newest arrival to their family.

**What are some ways to tell your partner about an unexpected pregnancy?**

**Cupid's Advice:**

Pass the rolls – I'm pregnant! Here are some ways to tell your partner about an unexpected pregnancy:

**1. Prepare them:** Instead of just coming right out and spilling the secret, you might want to say something leading up to the big news. Give them a moment to prepare themselves so they are not completely floored by the news.

**2. Make it fun:** Be creative and have fun with it! Be sure to have a video camera ready to record their reaction since this will be a moment you will want to have on file for future use.

**3. Don't tell anyone before them:** Don't tell anyone else before your partner if you want to be the one to tell them. News travels fast and you don't want them to find out through someone else before you've had a chance to reach them.

**How did you tell your partner that you were pregnant? Share your stories with us.**

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## Christina Applegate Opens Up About Motherhood



By Carolyn

Robertson for Celebrity Baby Scoop

A mom on the small screen and in real life as well, Christina Applegate knows well the joys and challenges of parenting. The *Up All Night* star, who has 1-year-old daughter Sadie Grace with her fiance Martyn LeNoble, chatted about motherhood

in a recent interview with the Television Critics Association.

**On surviving sleep-deprivation:** “Oh, when I’m in my tired phase? In the morning when I’m holding her and we’re reading. She snuggles up really nicely in the morning. She doesn’t snuggle the rest of the day but in the morning she gets really snuggly. Those are those moments, or when she just out of nowhere leans over and kisses you. It’s heartbreaking.”

**On tell-tale mommy moments:** “When there’s breast milk on the floor? I don’t know, I’m not really sure.”

**Related Link:** [Christina Applegate Says It’s Been Rough to Work Post-Baby](#)

**On saying goodbye to baby gear:** “We don’t use any gear anymore. She’s a toddler. You know what was great for a while was those saucers for her to jump around. She really liked those when she was younger. Now she’s too old for that but that was a great thing for her. You could go do something for a minute, you could cook some food.”

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## Anna Paquin and Stephen Moyer Welcome Twins







By Jenny Schafer for

Celebrity Baby Scoop

Congratulations to Anna Paquin and Stephen Moyer!

“We can confirm that Anna Paquin and Stephen Moyer recently welcomed their twins into the world,” reps for the actors tell PEOPLE. “The babies were born a few weeks early, but are in good health and both Mom and Dad are overjoyed.”

**Related:** [Guiliana and Bill Rancic Welcome a baby boy.](#)

These are the first children together for Anna, 30, and Stephen, 42, who were wed in August 2010. The twins joined Stephen’s older children – daughter Lilac, 10, and son Billy, 12 – from previous relationships.

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## **Beyoncé Says She and Jay-Z Enjoy Changing Diapers**





By Erin Minty

Beyoncé and her man Jay-Z have been in total baby bliss since the birth of their daughter Blue Ivy in January of this year. The sexy songstress spoke out about her role as a mother on *Anderson Live* last week, [People](#) reports. Beyoncé shares, “I love changing diapers, I love it. I love every moment of it, it’s so beautiful. I love it all.” She also told Anderson Cooper that she often sings Blue to sleep by making up crazy songs. And Jay-Z’s role in all this? According to his wife, he is “very good” at changing diapers as well!

**How does having a child bring you closer together as a couple?**

### **Cupid’s Advice:**

Deciding to have a baby with your partner can be a stressful time, but it can also lead to a stronger relationship. Cupid has some advice on how adding a child to your family can bring you closer together with your partner:

**1. Shared responsibility:** When you and your partner decide to have a baby, you are now not only looking out for yourselves,

but you have to take care of a child you relies solely on you. Sharing this huge responsibility of taking care of a baby will bring you closer together because you truly have something that belongs to both of you.

**2. Bonding time:** A baby can bring two people closer together because of the fact that you will spend so much time together when taking care of the child. Bonding over the time spent, whether it is feeding, cleaning or even putting your baby to bed will strengthen you and your partner's relationship.

**3. Taking time more seriously:** When you do have a baby, it probably will mean less alone time for you and your partner. While that may sound negative, it will force you to take the time you do have more seriously, and spend every second you can being with your partner. You won't take a second of time for granted!

**How has having a child strengthened your relationship? Share your insight below!**

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**Giuliana and Bill Rancic  
Welcome a Baby Boy**





By Nicole Weintraub

Edward Duke Rancic was welcomed into the world on Wednesday by parents Bill and Giuliana Rancic, according to [People](#). This is the first child for the couple who have had difficulties with infertility. Following a miscarriage and breast cancer, Guiliana was able to announce her pregnancy via gestational surrogate and shared the baby's sex this past June. The newest addition to the Rancic family weighed in at 7 lbs, 4 oz. The couple is ecstatic to be gifted with a little one.

**What are some ways having a child can bring you closer as a couple?**

### **Cupid's Advice:**

Deciding to have a child is a decision that should be made when both partners feel they are ready. Although children are a large responsibility, it can bring you and your partner closer together:

**1. Working together:** The responsibility of raising your child rests on both you and your partner. Decisions and choices must be made together which means communication is key. Working together as a team is a vital element in having children. When a couple is blessed with a child, they have another commonality in their lives and the relationship with your

child's other parent is an important one. Making decisions together will also bring you closer as a couple.

**2. Adding to the family:** One of the most rewarding things you can do with a person is start a family with them. Feelings continue to grow since you have shared this experience with your partner. The two of you will be sharing new experiences and memories that neither of you have had before, especially if this is your first child. Sharing these new feelings and experiences with one another will further to develop your feelings for each other.

**3. Leaning on one another:** You cannot do this alone and that is what your partner is there for. There will be wonderful days and there will be rough days. They are there to support you and to hold your hand through not only the good days, but the bad days as well. Knowing that you have someone to lean on and supporting you will help to push you through the difficult days. Through working together and supporting one another on the difficult days, your relationship will grow stronger.

**How has having a child brought you closer to your partner? Share your thoughts below.**

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## **Kristin Cavallari Can't Wait to Put on Heels Post-Birth**





By Nicole Weintraub

Former reality star Kristin Cavallari has decided to take on designing a shoe collection with the brand Chinese Laundry. According to [People](#), the new mom has toned down her wardrobe since welcoming her son with Jay Cutler. She stopped wearing heels in the latter part of her pregnancy but in reference to being reunited with her pumps she announces, “I’m looking forward to the first time.” This designer isn’t just stopping at a shoe line though as she has a jewelry line coming out in February and hopes for a maternity line in the future.

**What are some ways to feel attractive after having a baby?**

### **Cupid’s Advice:**

Having a baby is a huge ordeal, as caring for a newborn is a lot of responsibility and pressure. Here are some tips on how to feel more attractive after having a baby:

**1. Go out:** Just because you have a baby, doesn’t mean you can’t enjoy a night out on the town. Have a date night with your partner or a girls’ night out to raise your spirits and give you something for which to look forward. The more fun you’re having, the less you’ll feel self-conscious. Having a baby does not change your identity – you’re still the same beautiful person you were before your pregnancy.

**2. Pamper yourself:** You feel your best when you look your best. If you've been feeling a little low, treat yourself. Perhaps go for a nice relaxing massage or go for that pedicure you've been putting off because you can't find the time. Schedule some alone time in so that you can enjoy a little relaxation time. You deserve to indulge every now and then.

**3. Be productive:** Sometimes we feel unattractive when we feel unproductive and have nothing to do. Go to the gym, put the baby in the stroller and go for a walk around the park. A little movement and change of scenery does a lot, especially if you've been stuck in the house between the later stages of pregnancy and caring for a new baby.

**What are some ways to raise your self esteem after you have a baby? Share your thoughts below.**

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## **Holly Madison is Pregnant!**





By Erin Minty

Former Playboy Bunny and reality TV star Holly Madison has just announced that she is going to become a mom. The 32-year old has always wanted kids, but she credits her new beau Pasquale Rotella on helping her decide that the time was right. Madison tells [People](#), “Definitely being with the right guy has a lot to do with it. My relationship is awesome. I’m happier than I’ve ever been in my personal life.” After dating Hugh Hefner for so many years, followed by countless short-lived relationships, Madison finally feels that the man she is with is the right person with whom to start a family. The couple expects their first child this March.

**How do you know when you’re with the right person to have a child?**

### **Cupid’s Advice:**

Deciding when and if you want to have a child is one of the most important and difficult decisions in your life. Being with the right partner is a crucial element of creating a family. Cupid has some advice:

**1. Think about your future:** When you sit down and think about your future with children running around you and a loving partner by your side, can you see the person you are with now?



Being in a happy stable relationship is extremely important before bringing any kids into the world, so make sure you know that your partner is someone who you want to be with for a long time.

**2. Talk about it:** Have a thorough discussion with your partner about what each of you want in the future. How many kids? Should you be married before kids? Where you want to live and what areas have good school systems? If one of you will stay home from work to raise them or if you will hire some help? If you do not agree on your future plans, then your partner might not be the best person with whom to have children.

**3. Make sure you are in love:** A loving relationship between parents is something that kids pick up on before they even know what love is. You wouldn't want to bring children into the world with two parents that don't fully love each other. You want their lives to be happy and healthy, so start by making your life happy and healthy, too.

**How can you tell when your partner is the right person to have a child with? Share your insight below!**

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## **'Avengers' Star Stellan Skarsgard Welcomes His Eighth Child**







By Erin Minty

Stellan Skarsgard, 61-year-old actor and father, welcomed his eighth child to the world on Friday. Skarsgard and his wife, Megan Everett, now have two children together, 3-year old Ossian and now a new baby boy, according to [E! Online](#). One of his most famous sons, Alexander Skarsgard, is one of the stars from *True Blood*; perhaps the newest member of the Skarsgard family will be just as talented. The *Avengers* star and his wife have been married since January of 2009, and the relationship is still going strong.

**What are some ways to keep your relationship strong when you have multiple children?**

### **Cupid's Advice:**

Relationships can be hard work, and they sometimes take a back burner when the addition of multiple children appears. Here are a few ways to keep your relationship fresh and strong after having kids:

**1. Spend some time out:** Alone time is hard to come by with a load of little kids running around, but it is crucial in keeping a relationship alive. Take one night a week to get dressed up and go out to dinner or a movie with your spouse. Hiring a good babysitter could be the one thing your

relationship needs to get back on track.

**2. Be affectionate:** This doesn't have to be much, but a small touch like holding hands on the couch or giving your partner a hug can remind them that there is still a strong connection between the two of you. Even when your lives are hectic with children, take a second to touch your partner and establish the connection you two share.

**3. Talk:** Sometimes, your lives can be taken over by the presence of kids. One way to keep the relationship strong is by having real conversations—talking and listening—when the kids aren't the center of attention. Having conversations about yourselves and not your children can be one way to strengthen your relationship.

**How do you keep your relationship strong after having multiple kids? Let us know below!**

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## Anna Faris And Chris Pratt Welcome Child





Brand new parents Anna Faris and Chris Pratt have welcomed their son Jack into the family on Saturday according to [UsMagazine.com](https://www.usmagazine.com). Anna went into labor prior to her due date leading Jack to spend some time in the NICU. The couple has asked the public for privacy while their son remains in the hospital. Faris and Pratt have been planning to have a child, having decided that the time had come to add a little bundle of joy to their family.

## **How do you know if your partner will make a good parent?**

### **Cupid's Advice:**

Taking the next step of welcoming a child into your family is not a lighthearted decision to make. Here are some steps to keep in mind when figuring if your partner will be a good parent:

**1. Trust and communication:** The most important factor in a successful relationship is trust. You need to be able to properly co-parent with your partner. In order to successfully accomplish this, you must be able to trust your partner, especially in their choices.

**2. Responsibility:** A child should not be raising a child. Is your partner ready to step it up and care for another life? Being able to take responsibility and to maintain a level head

in emergencies is always a good quality to have when being a parent. Children need to be taken care of from the moment they enter this world until they move out when they are adults themselves. Can your partner be mature and rational?

**3. Stability:** If you have a rocky relationship, it may not be the right time to have a child. A solid foundation is needed in order to grow as a couple to embrace parenthood. Not only should you and your partner be economically stable but also emotionally stable with one another. The two of you are partners – a team – that your child will need to lean on as he or she grows.

**How did you know your partner was the right one to start a family with? What are some qualities you would look for in a partner? Tell us!**

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## **Newest Jersey Shore Family Member**





By Nicole Weintraub

Nicole Polizzi or rather “Snooki” and her fiancé Jionni LaValle welcomed their son, Lorenzo Dominic LaValle into the world on Sunday morning, according to [People](#). The new parents are doing well, having been anticipating the arrival of the couples’ first born since the announcement of her pregnancy in March. Weighing in at 6 lbs, 5 oz. little Lorenzo will be the youngest addition to the *Jersey Shore* cast family. Since discovering she was pregnant, Nicole slowed down her fast paced party lifestyle for the sake of preparing for motherhood.

**What are some ways to prepare your relationship to welcome a child?**

### **Cupid’s Advice:**

Taking the next step in your relationship by welcoming a child can be a BIG change! Here are some ways to be prepared for a new addition to the family:

**1. Slow down:** Be prepared to take a deep breath and take a step back from your fast paced daily life. Running around and stressing yourself out is not healthy for you or the baby. Children are a large responsibility which means nights that were once spent drinking and partying will be replaced with

spending time with your partner and newborn.

**2. Do your homework:** Nowadays there are so many options when it comes to how you want to deliver your child to which baby formula to use. In order to be fully prepared for the arrival of your child, check out the different options and ask around to get other people's reviews and experiences. You will feel more relaxed if you know what to expect so don't be afraid to ask tons of questions you want the answers to!

**3. Discuss the future:** This is not only our child but your partner's child as well. Don't be afraid to discuss the future of your relationship and the impending arrival of the baby. Open communication is key to a co-parenting relationship between you and your partner. Ask their thoughts and include them in the decision making process so you don't feel burdened by all that has to be done!

**How did you prepare for your first child? Share your stories with us!**