

# Melissa Joan Hart: “I Do Feel Pressure to Be Back in Fighting Shape After Baby”



By Jenny Schafer for

Celebrity Baby Scoop

Actress Melissa Joan Hart is the newest celebrity owner of Yowza!!, the leading location-based mobile coupon app. Encouraging the end of paper coupons, the mom-of-three says Yowza!! in the perfect way for families to stay eco-friendly and save money.

Melissa opens up to Celebrity Baby Scoop about her three sons – **Mason**, 7, **Brady**, nearly 4, and **Tucker**, 5 months – the end of her maternity leave, and her return to work at *Melissa & Joey*. She also weighs in on the media's obsession for women to lose the baby weight quickly. Continue reading below...

**CBS: How are your boys doing? Tell us a recent funny story about them.**

MJH: "The boys are adjusting well after our temporary move back to L.A. to film the third season of *Melissa & Joey*. They have added horseback riding to their weekly activities.

Most recent funny story: Mason and I were discussing the movie *Diary of a Wimpy Kid*, which he hasn't yet seen, and I told him we should read the books. He asked me with concern on his face, 'Why is it about diarrhea?' He doesn't understand what a diary is."

**CBS: How is it being back to work at *Melissa & Joey*?**

MJH: "We are back in the swing of things and I am warming up my funny. It's nice to be back at work, this time with my family nearby which is a nice warm feeling on top of the joy of being back at work making people laugh."

**CBS: Do you celebrate Earth Day in your home? Tell us some of the ways you teach your boys to be eco-friendly. Is this important to you?**

MJH: "I have been hyper aware of our footprint on the environment for a long time, since my days in Nickelodeon studios as a teen when I helped launch a recycling program.

The boys understand about waste, about not letting the water run (it uses up all the snowflakes is what we tell them) and about recycling. We also find times to ride our bikes instead of take the car."

**CBS: Please weigh in on the media's obsession with celebrity moms and their post-baby bodies. Do you feel the pressure to lose the baby weight quickly? How do you manage to keep a strong sense of self-esteem in image-obsessed Hollywood?**

MJH: "I do feel the pressure to be back in fighting shape after baby, but that's pressure I put on myself to work hard

and not be complacent. I don't let other people pressure my decisions but I also know that in my industry, keeping in shape is key to getting good jobs."

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## Celebrity Couple: Anna Paquin and Stephen Moyer Show Off Twin Son and Daughter During Family Outing



By Meghan Fitzgerald

Over this past weekend, the beautiful and blonde Anna Paquin stepped out with her and husbands' precious twins. According to [UsMagazine.com](http://UsMagazine.com), Paquin was seen cradling one of her six-

month year old babies while shopping at a toy story in Venice, California. Her other child was nestling into a stroller. [The Examiner](#) reports that celebrity couple, Paquin and Stephen Moyer have kept the name of their children secret since their birth. However, the *True Blood* costars are ecstatic about their precious babies!

**What are some reasons for keeping the name of your baby a secret?**

### **Cupid's Advice:**

Not only is having a baby stressful but naming your child is stressful too! Who would think that naming your baby would be so challenging? Well it is ladies and gentlemen. You and your partner have to decide what your child will be named for the rest of their lives. C'mon, that is a lot put on your shoulders. You also have the option of keeping your babies name a secret. Cupid has some advice on that:

**1. All names have baggage:** Say you want to name your daughter Jill and tell your mother, your mother than continues to tell you a horrific story of someone she knows named Jill. This continues on and on with all of your friends and family. Everyone you know has an absurd story of the name you wish to name your child. This being said, it is a great idea to keep your babies name a secret. You won't have to hear all the terrifying stories and have to constantly think of new names. If you and your mate love a name, keep it tucked close.

**2. Secrets are exciting:** Who doesn't enjoy a secret every once in a while? Especially a secret so large! This secret will give you and your beau more bonding, you will be the only ones who know your child's name. It may sound cheesy however, you two will connect more. Also, your family and friends will be more surprised when they eventually find out the name of your baby. A plus for all!

**3. Change of mind:** Mentioned before, it is hard to decide on a name for your child. With this in mind, you and your partner may change your child's name. It will be frustrating to you both by telling all your friends and family of the new name for your baby. Typically, you want to avoid this in general. It is human to change your mind, so don't worry about that. To make things easier, keep your babies name a secret.

**Did you keep the name of your baby a secret? Share your stories below.**

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## **Celebrity Baby News: Adele Presents Mini Oscar to Her 'Best Son'**







By Meghan Fitzgerald

Even though Adele won an award for the James Bond theme-song *Skyfall*, she had other things in mind, like her son. The singer and songwriter posted a picture on [Twitter](#) of her Oscar sitting next to a smaller golden reading, stating 'Best Son.' Adele, 24 and boyfriend, Simon Konecki still have no released the name of their child together. The celebrity couple's baby boy was born last October. [People](#) stated that he traveled for his lovely British mum to Los Angeles for the Academy Awards .

**What are some ways to honor your child?**

### **Cupid's Advice:**

Honoring your child is a important part of their childhood, and a necessary part of your responsibilities as a parent. It is essential that your child is honored, whether it be once a month, once every two weeks, or twice a week. It is pertinent that you honor your child! Cupid has some advice on how to do this:

**1. Undivided attention:** Put down your cell phone, turn it off, and put it away. Ignore your email, phone calls, and what not. It does not have to be for an entire day, but your child deserves some undivided attention. Depending on their age,

play blocks with them, read them a book, ask them how their day was, tell them a story, be with them and them only. Your child will be ecstatic that you spent time with them and didn't do anything else. It shows them how much you love them, which is more than important.

**2. Reward:** Rewarding your child is not only exciting to them but exciting to you. If your child is receiving a reward, they did something special or grand. Your child will know that you are acknowledging their hard work. They will also be casually conditioned to receive praise when they do something good. This will make your child act better! Who doesn't want that?! The one thing here is to limit the amount of reward given. It is not a reward if you give out all the time.

**3. Express love:** Love makes the world go round, especially with children. Children want to feel comfortable and safe, mostly with their family and people closest around. Telling your child how much you love them, and how great they are is a treat for them. Kids love to be loved, it as simple as that. So you and your [partner](#) better be shedding out some love if you aren't already!

**How do you honor your kid? Explain below.**

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## Connie Britton: “Being a Single Mom Is Challenging”





By [Andrea Surujnauth](#)

Connie Britton recently chatted with [More](#) about the challenges of being a single mother. The *Nashville* star shared, “Being a single mom is challenging, but never in a million years would that have stopped me. You get an idea in your head and you’re going to do it.” She [adopted](#) her son, 2-year-old Yoby, from Ethiopia. She also talks about her busy lifestyle, which includes working and taking care of a toddler. “The schedule is insane to the point where I lose a lot of sleep at night worrying about how little time I have to sleep and mostly what little time I have to be with my son,” she said. But Britton doesn’t let lack her lack of sleep get her down. “People can tell you how hard marriage is or how hard it is to birth a [baby](#), but we do these things. We want the journey of that.”

**How can busy working moms still make time for themselves?**

### **Cupid’s Advice:**

It’s not easy to head off to work each morning and still keep the house clean, the refrigerator stocked and the dogs groomed. And with kids around, it’s even more difficult to get everything done. Still, it’s important to for busy moms to take some time for themselves. Here are a few ways that they



can fit everything in during a hectic day.

**1. Be organized:** Set a strict schedule of your daily activities. This way, you can see what needs to be done and when you are free. During that unreserved time (or while the baby is napping), maybe you can take a bath or catch up on some reading, which can both be very difficult to do as a [single mom](#).

**2. Have quality mommy time:** The key word here is “quality.” Being a working [mom](#), you may not be able to spend hours and hours with your kids, but make the most of the time you do have. Save any extra work or personal items for after your children are asleep.

**3. Plan fun activities:** Keeping your little ones busy with out-of-house activities may give you some time to finish up that project from work or even have some alone time. Enroll your [kids](#) in some type of extracurricular activity that teaches them something new in a healthy and safe environment. Some examples include dance class, karate class, after-school clubs or art camp.

How do you make time for yourself between kids and work? Tell us in the comments below.

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# Celebrity Baby News: ‘Buffy the Vampire Slayer’ Star Mercedes McNab Welcomes a

# Baby Girl



By Meghan Fitzgerald

According to [People](#), Mercedes McNab, known best for her role in *Buffy The Vampire Slayer*, and husband Mark Henderson welcomed their first child on Monday, February 25th. [Celebrity Baby Scoop](#) reported that the baby was 6 pounds, 12 ounces and was 19 and a half inches long. Vaunne Sydney was born in Greenbrae, California. The actress's rep said, "Both mom and baby are resting peacefully together! They are overjoyed with their new angel, and look forward to introducing her to everyone very soon."

**How do you know when you're ready to have kids with your partner?**

## **Cupid's Advice:**

Having a child with your partner is a life-changing event. Even though this journey is exciting, it may not be the right

choice for you. Determining whether or not you and your significant other should have a baby is challenging. Here are three important things to consider:

**1. Love:** Love changes a lot about a person. It can also change what a person may do in their lives. If you are in a serious relationship and know that you're both ready to settle down, having a child may be a good next step to take. If your mate wants to have a kid, but you're still unsure, talk about it and give it some time. Making the decision to have a baby requires deep conversations and honesty.

**2. Fertility:** Fertility is obviously very important to have a child. To alleviate some potential stress, check your fertility status. To save yourself from lots of tears and trouble, both you and your partner should go to the doctor. It's a smart safety precaution to take that will make your lives much easier!

**3. Financial:** As a serious couple questioning whether or not to have a baby, you should know each other's financial situations. Babies are costly: diapers, formula, hospital bills, baby showers, clothes and more. If you can't afford to have a child, develop a budget and open a savings account specifically for your child.

**How did you know you were ready to have kids? Tell us below!**

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## **Celebrity News: Former Pro Tennis Player Kim Clijsters**

# is Expecting Second Child



By Andrea Surujnauth

According to [People](#), former pro tennis player Kim Clijsters and husband Brian Lynch are expecting their second child together. The couple already have a 5-year-old daughter named Jada Ellie. Clijsters took to Twitter to announce the new: “Hi everyone, we have some exciting news to tell you ... Jada is going to be a big sister!” After Clijsters competed in the U.S. Open in August, she retired at the age of 29 to focus on her family. She also shared her news on her website stating, “And here we are: halfway into September, Jada will have a brother or sister. We are of course delighted. I’m doing fine, even though I tire more easily right now.”

**How do you prepare for your second child versus your first?**

**Cupid’s Advice:**

You already had your first child. The second should be a

breeze, right? Think again. You may not be as prepared for your second child as you think. Cupid is here to help though!

**1. Go through old stuff:** Figure out which of your first child's clothes and bottles can be reused for the second child. Certain things can be used again, especially if they are not gender-specific items such as green and yellow clothing and denim.

**2. Budget:** Establish a budget that will accommodate your growing family's needs. Don't forget to consider expenses for your first child. Although a new baby is expensive, you do not want to neglect your first baby.

**3. Prepare your first child:** Make sure your first child is looking forward to the new baby. You do not want any jealousy issues to arise, so instill the feeling of excitement and new-found responsibility in your first child.

**How do you prepare for your second child versus your first? Comment below and let us know!**

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## Channing Tatum and Jenna Dewan-Tatum's Oscar Bump







By Jenny

Schafer for Celebrity Baby Scoop

Parents-to-be Channing Tatum and Jenna Dewan-Tatum bumped up the red carpet at the 85th Annual Academy Awards in Los Angeles on Sunday (February 25). Sporting a black lace Rachel Roy dress and Irene Neuwirth earrings, the mom-to-be looked radiant alongside her hunky hubby.

“I’m walking the carpet, trying to keep it together tonight but we’re good!” the glowing actress, 32, told Ryan Seacrest on the red carpet Sunday night.

When asked they have any plans to slow down for some “family time,” the *Magic Mike* star, 32, replied: “We’re gonna actually have the baby in London while I’m shooting so there will be no downtime whatsoever after that.”

“Very posh child we have here,” Jenna quipped. “I have a few more months [to go].”

The handsome couple – who met on the set of *Step Up* in 2006 and married in Malibu, Calif., in 2009 – announced their baby news in December.

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# Kim Kardashian and Kanye West Are Expecting a Baby Girl



By Jessica

Conigliaro

Celebrity couple Kim Kardashian and Kanye West recently discovered they're having a baby girl—and couldn't be happier about the news. [UsMagazine.com](http://UsMagazine.com) reports a good friend of the couple saying "They're over the moon... Kanye always wanted a girl." Back in January, Kardashian appeared on *Jimmy Kimmel Live* saying, "If anyone knows Kanye, they just know how into fashion he is, and I think he's going to have things specially made."

**How do you prepare for a baby boy versus a girl?**

## Cupid's Advice:

You just heard the news that you're having a baby girl—what do you do now? Finding out the gender of your baby certainly makes everything feel more real. There's not just a growing baby inside you anymore; there's a growing baby girl. Cupid offers some tips on how to prepare:

**1. Pink vs. Blue:** One of the most exciting parts of pregnancy is nesting, which occurs when the mother-to-be prepares for her baby. Painting the baby room is a major step. Once you find out it's a girl, get ready to buy a lot of pink paint, furniture, and toys!

**2. Dress shopping:** What mother doesn't enjoy dressing up her baby? If you're having a girl, start shopping for those little dresses—what you've been waiting to do forever. If it's a boy, how can you resist those tiny dress shirts and ties? Buying baby clothes will get you excited to meet your new baby.

**3. Gender parties:** Finding out the sex of your child is such an exciting and memorable moment. Why not share the occasion with family and friends? Let one of your friends learn the sex of the baby before you and your partner; have them buy a cake with either pink or blue frosting inside—depending on the baby's gender. At the party, the soon to be parents get to discover the sex of their child in front of all their loved ones after slicing the cake. You get to celebrate your baby before he/she even arrives!

How did you prepare for your baby girl? Share your experiences below.

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# Mario Lopez and Wife Courtney Are Expecting Baby #2



By Andrea Surujnauth

Mario and Courtney Lopez are expecting their second baby in late summer. The two announced the pregnancy on February 19th on the set of *Extra*. According to [People](#), Mario Lopez brought his wife and daughter onscreen to make the announcement. His daughter, 2, was the one to break the news by wearing a shirt that read "Big Sister Gia". Lopez has always wanted a big family. During his wedding he joked "We're working on that. Right after the wedding. We'll wait for the guests to leave and then we're getting right on that!"

**How do you prepare for a second child versus your first?**

### **Cupid's Advice:**

Learning to care for your first child was not easy. Now you are expecting baby #2. How do you prepare for taking care of two children instead of only one? Cupid is here with some advice for you:

**1. Prepare your first child:** Get your first child excited

about becoming a big brother or a big sister. Talk about playing and changing the new baby together. Make sure your first child feels involved and not left out. Show that you need your first-born to help you make them feel like an important part of the new baby's life. Make sure you show them love and appreciation for being the first born and now the older sibling.

**2. Take classes:** It is best to brush up on the labor and delivery procedures for the new bundle of joy. You may think that you remember everything but re-taking classes can be extremely beneficial the second time around.

**3. Organize:** Organization is key to making everything run smoothly. Having two kids can become hectic if you are not prepared. Make sure you and your partner schedule time for each child and time to rest.

**How do you prepare for your second child versus your first? Comment below and let us know!**

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## Courtney Lopez: "Mario and I Are Over The Moon"







By Jenny

Schafer for Celebrity Baby Scoop

Already parents to 2-year-old daughter Gia, Mario Lopez and Courtney Lopez are expanding their family. The newlyweds announced on *Extra* Tuesday that their second child is on the way, while giving away beautiful bedding by Carousel Designs with Hollywood insider GG Benitez.

Courtney opens up to Celebrity Baby Scoop about feeling “wonderful” and “over the moon” about their baby on-the-way. She goes on to talk about her pregnancy cravings, planning on a surprise delivery, and her prenatal fitness program.

**CBS: Congratulations on your second pregnancy! How are you feeling? Any weird cravings?**

CL: “Thank you so much. Mario and I are over the moon! I feel wonderful. I’ve been craving a lot of fruit and Captain Crunch cereal.”

**CBS: Were you pregnant at your December wedding? If so, were you feeling OK on your big day?**

CL: “I was not pregnant at my wedding. Perhaps this is a honeymoon baby!”

**CBS: When are you due? Are you going to find out the gender?**

CL: "I'm due at the very end of summer. Hopefully the baby doesn't come on Gia's birthday (September 11). We are not finding out the gender of any of our babies – it's so much fun that way."

**CBS: Tell us about doing the giveaway with Carousel Designs on *Extra*.**

CL: "It was such an honor to have Carousel Designs do a giveaway at *Extra*. It was a perfect combination to announce our baby and give away a product I love."

**CBS: Are you working on a prenatal fitness program?**

CL: "I have a wonderful trainer, Angela Copland, who knows exactly what I need during this time. I work out with her 4 times a week and I try to take long walks on the other days."

**CBS: Are you concerned about losing the baby weight quickly once the baby arrives?**

CL: "I was pretty lucky losing the baby weight the first time. I lost everything and a little more only 3 months after Gia was born. I hope and pray I'm as lucky the second time around."

**CBS: With Earth Day coming up, what are some of the ways you teach Gia to be eco-friendly?**

CL: "We are teaching Gia how important it is to recycle. We also just changed our whole house to LED lights."

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# Fergie and Josh Duhamel Are Expecting



By Meghan Fitzgerald

Fergie and Josh Duhamel are expecting! The couple confirmed their pregnancy via *Twitter* this past Monday, she tweeted “Josh & Me & BABY makes three!!!” [Huffington Post](#) reported that her rep released a statement to *Just Jared*, stating, “Yes, Fergie is pregnant!! We are pleased to confirm the news.” This is the first child for Fergie and Duhamel since they wed in January 2009. The two were always certain that they wanted to start a family. Their time is now, so congrats to them!

**What are some ways to prepare your relationship for a child?**

**Cupid's Advice:**

With a child coming into you and your beau's life, you need to

prepare your relationship. "A child changes everything" is more than accurate. Not only will your baby change the way you live however, it will change your relationship. Or at least try to. With having a child, you and your mate need to keep strong, especially strong together. Cupid has some advice:

**1. Sleep deprivation:** You and your partner will both realize what sleep deprivation really means when you have a child. Three-hour nights of sleep will be common to you two. With this being said, your need to prepare your relationship for possible fights over who gets up for the baby. You both will be completely exhausted however, one of you still need to get up. This ties in with score keeping also, no matter how many times you get up for your child-you're still the parent! And it is a parents job, so don't let it interfere with your relationship.

**2. Score keeping:** "I changed diapers twice today, now it's your turn." "I got up last night to rock the baby back to sleep, you do it tonight." Leave all of this entirely out of your relationship! Score keeping on what and what not you did with your child will end in chaos. It is both of your responsibilities to love your child more than anything on earth. Fighting does not tie in with love. You and your [mate](#) will drive one another crazy if you enforce a score keeping system in your life. Leave it out!

**3. Sexual disconnect:** Be prepared ladies and gentlemen for a strong disconnection from sex with your partner. With some, it may still be visible. However, with most couples, sexual disconnect is common. With the lack of sleep, excess of baby poop and puke, sex seems entirely unappealing. At the end of the day, you and your mate will be thinking of how your eyelids look, not how you look in the new La Perla lingerie you recently bought.

**Have you prepared your relationship for a child? Explain below.**

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# Maya Rudolph Is Expecting Her Fourth Child



By Andrea Surujnauth

Maya Rudolph and husband, Paul Thomas Anderson, are expecting their fourth child together. According to [UsMagazine.com](http://UsMagazine.com), a source spilled the beans to *The Hollywood Reporter* that the actress informed NBC that she is pregnant. The couple already have three children, Pearl ,7, Lucille, 3, and Jack, 19 months. Rudolph first became a mother in October 2005 while working on *Saturday Night Live*. She is also known for her movies *Grown Ups*, *Bridesmaids*, and *Friends with Kids*. Anderson, a writer/director, is known for his movies *Boogie Nights*, *The Master*, and *There Will Be Blood*.

**What are some ways to keep the romance in your relationship**



**alive with multiple children?**

**Cupid's Advice:**

Parenthood is full of laughs, cries, and cartoons. But what the romance? Just because you are a parent does not mean that the romance has to disappear. Cupid is here with some advice on how to keep the romance alive despite being the parent of multiple kids:

**1. Flirtatious messages:** Send each other flirtatious emails or texts. It keeps the excitement going throughout the day and once the kids are asleep, you put the messages into action!

**2. Date at home:** Once the kids are asleep, you can create your own dates in the comfort of your own home. Set the table with some candles and have your dinner together. Put some music on in the background and enjoy some quiet time together.

**3. Play some hooky:** Take a little time off together from work and spend some time together while your kids are in school. You will enjoy the excitement of playing hooky while spending some time with each other. This is sure to keep the romance and excitement alive!

**How do you keep your romance alive even after having multiple children? Share your ideas below.**

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## **Hugh Grant Welcomes a Second Child**



By Jessica

Conigliaro

Actor Hugh Grant announced the birth of his second child on Saturday, February 16<sup>th</sup>. Even though they are not married, having children has strengthened Grant's relationship with Hong. After their first child was born, [UsMagazine.com](http://UsMagazine.com) reported, "He and the mother have discussed everything and are on very friendly terms." The two have certainly become more serious since having children together.

**How does having children change your relationship?**

### **Cupid's Advice:**

Being a mother for the first time is a life-changing event. It is also a relationship-changing event; you and your partner will be starting a family together, so a lot of things will be different from here on out. Cupid gives you the heads up on what changes to expect in your relationship when expecting:

**1. How you spend your time:** It's safe to say your nights of partying and drinking at the bars have come to an end—for a while at least. Now, your big weekend plans will consist of naptime and diaper changes. It's a big adjustment in lifestyle, but a rewarding one at that. Your baby will bring so much happiness to your life; all you will want to do is spend time with your husband and new bundle of joy.

**2. No time alone:** Get used to car seats and baby booths, you have a new date now! You and your partner will be spending hardly any time alone from this point on; consider your baby the cutest third wheel you could have asked for. Now, spending time with the family you created for yourself is the most important aspect in life.

**3. Teamwork:** Between feedings, bath time, potty training and the handful of other responsibilities, you and your partner will need to work together. You will learn how to manage everything as a team, bringing you closer together.

**How have your children changed your relationship? Share below.**

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## Alec Baldwin's Wife Hilaria Debuts Her Baby Bump





By Meghan Fitzgerald

According to [UsMagazine.com](http://UsMagazine.com), 58-year old 30 Rock star Alec Baldwin announced that he is expecting his first child with 28-year old wife, Hilaria Baldwin. This past Wednesday, Hilaria ran errands in New York City, and her many layers could not hide the baby bump she was sporting! The loving couple announced their pregnancy February 12th to *Extra*. In an interview with *Extra*, Hilaria said, "It was a surprise, a wonderful surprise." The duo is expecting at the end of the summer.

**What are some ways to announce your pregnancy without words?**

### **Cupid's Advice:**

Announcing your pregnancy can be challenging; how to do it, who to tell, not forgetting to leave people out. To announce your pregnancy without words, you need to think creatively. Telling people about your pregnancy is one of the most memorable times of your life and doing it without words is harder. Cupid has some advice:

**1. Baby bump:** Many mothers have been told that they were pregnant before they even announced that they were expecting. This isn't always bad! If you're looking to announce your

pregnancy without words, flaunt your baby bump! Wear tight clothes purposefully around your friends and family. You won't have to tell numerous people you and your mate are expecting because they'll ask you!

**2. Facebook:** There are many ways to announce your pregnancy on Facebook. Obviously, there is the typical status stating "We're pregnant!" or "The long wait is over, we're expecting!" Announcing your pregnancy without words is more innovative. Post a picture of your positive pregnancy test, post a picture of you and your beau with a can of Prego. One of you can hold a sign saying "We are..." and then the other holds the tomato sauce can. Quirky, fun, and easy to do!

**3. Send out sonogram:** This is an extremely quirky and light way to announce your pregnancy. You can either take a picture of the sonogram and post it online, or email it to your friends and family. Or, you can make copies of the sonogram and send it in the mail to your family and friends, inscribing on the back, "I think this explains enough." Everyone will love the creative idea and gesture of informing them about your baby on the way!

**Did you announce your pregnancy without words? Explain below!**

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**Kristin Cavallari:  
"Motherhood Came Very  
Naturally To Me"**





By Jenny Schafer for

## Celebrity Baby Scoop

Reality star Kristin Cavallari is “enjoying every second” of motherhood with her 6-month-old son **Camden**. And she’s been keeping busy amidst the late night feedings and diaper changes! *The Hills* alum – engaged to Camden’s dad, Chicago Bears quarterback **Jay Cutler** – recently launched Chinese Laundry by Kristin Cavallari, a capsule footwear collection.

Kristin opened up to Celebrity Baby Scoop about the joys of new motherhood, her “happy, sweet baby,” and how her style has “definitely been influenced” now that she’s a mom.

**CBS: How are you adjusting to motherhood? What does it mean to you to be a mom?**

KC: “Motherhood came very naturally to me. I’m enjoying every second. Cam is 6 months now and his personality is really starting to show. He’s such a happy, sweet baby. Every day is something new and exciting.

Being a mom means being responsible for another life and it no longer being about you. It's the most rewarding thing in the world."

**CBS: Tell us about Chinese Laundry by Kristin Cavallari, a capsule footwear collection. What kinds of shoes will be in the collection? What's the price range?**

KC: "I loved designing my collection with Chinese Laundry. I've always been a huge fan of the brand and was thrilled when I was given the opportunity to launch a capsule collection. The line consists of an assortment of pumps, booties and flats, offered in classic and refreshing colorways such as blacks, nudes and pastels. The price ranges from \$89.95 – \$149.95."

**CBS: Now that you're a mom, will your designs be influenced by your new lifestyle? Maybe more flats?**

KC: "My style has definitely been influenced now that I'm a mom. Fashion and style is still very important, but comfort is key. I find myself wearing more flats, which can go with every outfit whether it's a casual dress or jeans, which is why I incorporated lots of them into my Chinese Laundry by Kristin Cavallari collection."

**CBS: You had the best maternity style! Please describe your maternity style and how you enjoyed dressing your baby bump.**

KC: "Thanks! My style remained pretty much the same while I was pregnant. I embraced my growing bump with lots of dresses and skirts. I think it's cute to wear tight dresses to really show off the bump. I don't think women need to hide under baggy clothes."

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# Prince William and Kate Middleton Babymoon In Mustique with Family



By Meghan Fitzgerald

The royal couple, Prince William and Kate Middleton, left this past Monday for a tropical vacation. According to [E! Online](#), Kate's parents, Michael and Carole Middleton joined the couple in the island, Mustique. According to sources, the couple are staying in a extravagant five-bedroom villa with ocean views of other islands nearby. [UsMagazine.com](#) reports, "The villa is decorated with Balinese antiques and artwork, and surrounds a tranquil pond and tropical gardens. Outside, the expectant parents can soak in a 64-foot swimming pool and lounge on a sun deck and gazebos and dine al fresco on a dining patio."

**What are some vacation ideas when you're pregnant?**

## Cupid's Advice:

Getting away when you're pregnant is a great idea to unload stress off yourself and your shoulders. Planning the vacation may be relatively stressful because of traveling, booking, fees, transportation. However, when you get to the vacation, you will be more than grateful that you took the risk. Cupid has some advice:

**1. Pregnancy massage:** In general, who doesn't love a massage? When you're pregnant, there are many stresses that come upon you. Booking a pregnancy massage for your significant other will make them feel beautiful and allow them to unwind.

**2. Beach:** Digging your toes into the sand will make all your problems and worries wash away like the ocean. Relaxing your days away on the beach will make you realize how grateful you are to have this opportunity of carrying a child.

**3. Weekend to the city:** Shopping, museums, parks, cafes; the city has the cosmopolitan atmosphere women love. Enjoy a weekend to the city with all your girlfriends. Wandering, local shops, spending time in a different city can give your life a little more kick.

**Did you vacation when you were pregnant? Explain below!**

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## CaCee Cobb Says She's 'Over the Moon' About Pregnancy





By Andrea Surujnauth

Cacee Cobb is expecting her first child with husband, Donald Faison. According to [UsMagazine.com](http://UsMagazine.com), she wrote, “We’re over the moon” on her Facebook page in reference to her pregnancy. Both Cobb and her BFF Jessica Simpson are both expecting and they are bonding over their pregnancies. In December, Cobb and her best pal were seen with both of their husbands along with Simpson’s daughter Maxwell at Beverly Hill’s Polo Lounge. Both Cobb and Simpson opted for non-alcoholic beverages, all the while Faison was lovingly rubbing Cobb’s tummy. Faison has four other children from a previous relationship.

**What are some ways to announce your pregnancy?**

### **Cupid’s Advice:**

Announcing a pregnancy is a joyful event. Coming up with the best way to make the announcement is the hard part. Which is the best way for you to announce your pregnancy? Having trouble? Cupid is here with some suggestions:

**1. Sweet surprise:** Surprise your hubby or your family with a cake. In icing, write the words “Congratulations your a daddy!” or simply “I’m pregnant!”. Not only will you get shocked and excited reactions, but there will be a celebration



cake to snack on afterwards!

**2. Sentimental shock:** Look up how big your baby is depending on how far along you are. For example, if you are 7 weeks along, your baby would be about the size of a blueberry. When you are ready for the announcement, place a blueberry in your hubby or loved one's hand and say "That's how big your/my baby is right now". We guarantee a shocked reaction and maybe even a few tears!

**3. Perfect present:** Here is a simple but touching and surprising way to announce your pregnancy. Gift wrap either your pregnancy test, baby shoes, baby outfit, baby bottle, or pacifier and give the present to your hubby or loved ones. They will be thrilled when they open it!

**How would you announce you pregnancy? Comment below and let us know!**

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## Kate Middleton Reveals Her Baby Bump





By Jessica

Conigliaro

Mother-to-be Kate Middleton showed off her baby bump in West London recently. [People](#) reports that she bought a pair of jeggings at the Gap to support her changing figure. Middleton is excited to share her pregnancy with the public and is due in July.

**How do you announce your pregnancy to family and friends?**

### **Cupid's Advice:**

When new and exciting things happen in our lives, the first thing we want to do is share the news with those we care about. Announcing to friends and family that you are pregnant definitely falls into that category. Here are some tips on how to share the news with loved ones:

**1. Tell the father first:** Before telling your mom and sister the good news, make sure the father knows first. This way, he doesn't feel unimportant or left out. It will also be a lot easier—and memorable—to tell people together that you are expecting.

**2. Say it with joy:** When first finding out you are pregnant,

fears and doubts may enter your mind; talk to your partner about your concerns before telling everyone else in your life. You should sound ecstatic about your pregnancy so others can be happy for you as well.

**3. Don't spring it on them:** The last thing you want to do is tell your family you are pregnant during the wrong time. Avoid sharing the news during an argument you are having with your parents. It is happy news and should be told during a peaceful dinner.

**How did you tell your family you were expecting? Share your experiences below.**

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## **Find Out About Jason and Molly Mesnick's Baby Shower**





By Andrea Surujnauth

Jason and Molly Mesnick, former *Bachelor* couple, had a gorgeous and unique [baby](#) shower, reports [People](#). They chose not to find out about the [sex of the baby](#) so the shower was filled with neutral colors. The [couple](#) chose to go with an “Animal Born Free” theme from Minted. They had a huge desert bar full of cakes, cupcakes, and sugar cookies all matching the neutral color theme made by Jenny’s Cookies. As if the the dessert bar wasn’t sweet enough, there was also a candy bar where the guests could make little goody bags filled with their favorite candy. The mom and dad-to-be also had games for their guests to play including Pictionary and even a guessing game as to whether the baby is a boy or a girl. The gifts that the guests received were little boxes with adorable animal stickers that contained lacy underwear from True&Co. To put the finishing touch on this lovely shower, the couple hung a banner that said “Sweet Baby” to celebrate their upcoming parenthood.

**What are some ways to personalize your baby shower?**

### **Cupid’s Advice:**

Everyone knows there are generic ways to throw a baby shower.

Measure the mom-to-be's stomach and see who guesses the closest, or make some cupcakes with pink or blue frosting depending on the gender of the child. Cupid has some ways to make your baby shower unique and special:

**1. Give your guests a favor that is all you:** Favors for the shower do not have to be simple and boring, add your own flavor to them! You could go for something cute and simple like a candle with your name printed on it or you can take the comedic route by giving out microwave popcorn that says "About to pop" on the bag. You can go for the sweeter option by giving your guests chocolate bars with personalized wrappers. There are so many options that you could choose from when coming up with favors. Let your unique favors reflect your unique personality!

**2. Decorations are key:** When throwing a shower, you have to take into consideration that the decorations are the first thing the guests notice upon arrival. But no need to worry, Cupid is here to help you consider your options. When choosing your theme, keep in mind that you do not have to go for the traditional pink or blue. Try some different colors to make the party pop! Adding in some brown with the pink will make the shower unique and gorgeous. Candy can also be used as decoration. Get different colored candy, put them in jars, and use them to add some more color to the tables.

**3. Satisfy the sweet tooth:** The options for the deserts are endless. Cakes, cupcakes, cookies, and candy are all part of the baby shower experience. Personalize them by using frosting to put your name or the baby's name on them. Try making the cookies and cakes into different shapes. A rattle shaped cake and cookies shaped like baby carriages will have your guest's jaws dropping and mouths watering!

**Comment below and tell us how you would personalize your baby shower.**



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# Kim Kardashian Sports \$65,000 in Jewelry from Kanye West in Paris



By Andrea Surujnauth

While on a trip to Paris, Kanye West took his pregnant [girlfriend](#), Kim Kardashian, shopping. He spoiled his baby mama by spending \$65,000 on her, according to [UsMagazine.com](#). They were spotted in Cartier purchasing five breath-taking bracelets. Kardashian posted a picture of the new bracelets from her [beau](#) on Instagram stating, “The Don strikes again!!!”. Throughout the couple’s trip, Kim showed off her developing [baby](#) bump on the streets of Paris. West announced Kardashian’s [pregnancy](#) on stage in Atlantic City on December 30th during his concert. This is both [Kim and Kanye’s](#) first

child.

**What are some alternatives to expensive jewelry for “just because” gifts to your partner?**

### **Cupid's Advice:**

Giving gifts to your loved one is a great way to show your appreciation. Fortunately, that does not mean you have to empty your bank account in order to do so. There are countless ways to give that special someone a gift without going broke. Here are some presents straight from the heart without the heartbreaking price tags:

**1. Bake for your beau:** Who wouldn't have a smile on their face after receiving freshly baked goodies from their sweetheart? Baked goods are excellent presents for that special someone. Pillsbury cookie dough: \$3. Super Moist cake mix: \$2. The look on your partner's face after receiving these yummy presents: Priceless!

**2. Make a scrapbook:** Show your significant other that you appreciate every moment with them. Make a scrapbook of all of those wonderful memories that you hold deep in your heart. The best gift to get from the person you love is a sign of appreciation and love, a scrapbook would do just that.

**3. Plan a “stay-cation”:** Rather than taking your sweetheart to an expensive trip in Paris, plan a trip right in your own town. Visit museums and historical aspects of your town. Go to a relaxing park in the area. Pamper your loved one in the comfort of their own home by creating an at-home spa. Make tropical drinks with the fruits in your refrigerator. Creating a vacation can be just as enjoyable as going on one.

**What affordable gifts have you given your sweetheart? Comment below and let us know!**

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# 'Biggest Loser' Stars Stephanie Anderson and Sam Poueu Are Expecting



By Meghan Fitzgerald

Stephanie Anderson and Sam Poueu, *Biggest Loser* alums, recently discovered that they are expecting a child in July! After nine months of marriage, they are ready to start a family. According to [UsMagazine.com](http://UsMagazine.com), Poueu fell 54 feet from a fire escape in September of 2011. *Reality TV World* reports that Anderson nursed Poueu back to health and couldn't be more in love than they are now.

**What are some ways you can stay healthy as a family?**

## Cupid's Advice:

Staying healthy as a family is key for communication and an eternal bond. It is not always easy to mold your family into one all-knowing machine however, so Cupid has some advice:

**1. Family meetings:** Every Sunday at the dinner table is perfect for family meetings. In these family meetings, it is essential to talk about upcoming events, discuss any controversies, talk about problems. Getting out all your feelings at the dinner table is sometimes stressful because you're all together however, in the end you'll realize how much your family means to you and how much you love them.

**2. Exercise:** Family exercise is great. You get to work out with your favorite siblings, or your favorite parent. You get to bond with them by using your endurance and soldiering on together. Also, exercising with your family gives you motivation to do better than them. It gives you a little push to go a step higher and succeed more!

**3. Fruits and vegetables:** Healthy foods assist in maintaining a healthy family. It is necessary to fuel your body with nutrients and vitamins so your emotions don't flare, so you don't get sick, so you stay healthy. Fruits and vegetables all-around are perfect for a healthy family.

**Do you maintain a healthy family? Share below!**

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## Shakira Welcomes a Baby Boy





By [Nic Baird](#)

Shakira and Gerard Piqué announced the [birth of their son](#) Milan Piqué Mebarak, Jan. 22, on [Shakira's website](#), reports [People](#). The post explained the name Milan (pronounced MEE-lahn) means dear, loving, gracious, and eager. The [newborn](#) weighed 6 lbs., 6 oz, and the hospital reports both mother and child are in excellent health. "I'd like to ask you all to accompany me in your prayers on this very important day of my life," Shakira tweeted earlier in the day.

**What are some ways to choose a meaningful baby name with your partner?**

### **Cupid's Advice:**

You don't need a line from Shakespeare to realize your child will be able to live with whatever name you throw their way. You and your [partner](#) should decide together on a name. The process of naming your baby is emotional, and deserves all the significance you give it:

**1. Name books:** Even if just for inspiration, or to explore the different cultural options, name books can be a helpful way to get started. It's a helpful way to remind yourself of promising name choices that might have slipped your mind.



Discuss the ones you like with your significant other.

**2. Traditional choices:** Consider naming your [child](#) after a member of your family. It can be a meaningful way to symbolize the unity and [love](#) you all share. It can also be traditional to give your baby a name with religious significance. Just make sure it speaks to you and your partner personally.

**3. Mutual enthusiasm:** While most every name has some significance, meaning, or at least a history, you and your partner should pick a name you both enjoy above all else. Give every suggestion some thought, but don't make any hasty suggestions. If you both find ones that feels right, then that's good enough.

**What are some ways to choose a baby name? Share your comments below!**

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# Prince Harry Says He's 'Thrilled' About Royal Pregnancy





By Meghan Fitzgerald

[People](#) reports that Prince Harry is ecstatic to come home and be an uncle after returning from the war. Kate Middleton and Prince William are expecting their first [child](#) in July. With humor, Prince Harry stated that it is “about time” for the [love](#) birds to have a child. Although Prince Harry is ‘thrilled,’ he also explains to [Hollywood Life](#) that he doesn’t find it fair for the couple to force their [pregnancy](#) news. Harry is looking for ‘the one’ ... someone who isn’t frightened by the royalty.

**What are some ways to support your pregnant friend or relative?**

### **Cupid’s Advice:**

It is necessary to show your pregnant friends and relatives that you are there for them. No matter the circumstance, it is essential to let them know you are ready to help them out. Here are some other ways to support them:

**1. Allow them time alone:** Although your [pregnant](#) friend or relative may want you around to assist with baby showers, or do obscure food runs, or just simply be around. It is necessary to give them some time for themselves, let them take

a deep breath and relax. A huge way to support them would be to set up a hot bubble bath with a cup of tea and let their emotions fade out.

**2. Help with the baby shower:** Being pregnant is not always easy. With doctors appointments, constant belly rubs, possible active work, a baby shower seems impossible. Most mothers are ecstatic to celebrate their [baby](#) on the way with a shower. To support your friend or relative, help them with the planning and organization of the shower. Help make invitations, or gather food together. You could also put together a trivia game, or find a venue for the shower. This takes a toll off the mothers' shoulders.

**3. Offer them a foot massage:** Yes you may be opposed to this however, think of all the weight and stress that [mother](#) is putting on her feet. A foot massage would allow them to unwind, relieve some stress, and give you a few extra bonus points.

**Have ways to support? Explain below.**

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## **‘American Idol’ Star Danny Gokey Welcomes a Baby Boy**





By [Nic Baird](#)

*American Idol* season eight finalist and [wife](#) Leyicet had their first child on Sunday, [People](#) reports. The [newborn](#) boy, Daniel Emmanuel Gokey, weighed 8 lbs. 11 oz. and arrived at 9:52 p.m. EST. “Leyicet and I are overjoyed to welcome the new member of our family. I’m ecstatic to be a first time dad and to have a new little buddy to hang out with,” Gokey said.

**How do you decide how to long to wait to have a child after marriage?**

### **Cupid’s Advice:**

[Marriage](#) is a new dynamic and a new identity for your relationship. As you figure it out, realize that having a child means more change as well. Take time to appreciate what you have, but be optimistic about the future. If you’ve always wanted a family, don’t be afraid to pursue that goal!

**1. Relationship stability:** When it comes to making the committment of a child, you have to make sure you’re both ready take this next step. Make sure neither of you have any serious problems that must be addressed before starting a family. A developing child will greatly benefit from the strength of you’ve already built as a couple. is now

physically represented by your offspring. Procreating and raising a child is the most tangible purpose human beings can find. Make sure the [love](#) is there.

**2. Ready to change:** It'll be hard to adjust. You'll no longer simply be a couple, but a family. This will influence your career, friendships, and any future relationships. Your partner is now cemented with a fixed level of importance as the co-parent of your child. This shift is a major escalation of your relationship. Realize this new dynamic must change your [relationship](#), but find stability in the aspects that stay the same.

**3. Prepare yourself:** Having a child will really test how you've developed time management, responsibility, and determination. Keep in mind that you and your partner are caring for this child as a team. Make sure you consider how to manage a child in your life and what compromises you'll have to make.

**When do you think it's time to have a child? Share your comments below!**