

Celebrity Pregnancy Jessica Simpson Steps Out with Daughter Maxwell



By Andrea Surujnauth

Jessican Simpson was seen spending some quality alone time with her 11-month-old daughter, Maxwell, on Sunday reported [People](#). Simpson, who is six-months pregnant, carried her daughter in her arms on the streets of Calabases, California. The two had lunch together and and spent the day enjoying each other. Ashlee Simpson, Jessica Simpson's younger sister, told *People* "She's a great mom and a great pregnant lady."

What are some ways to bond with your small child?

Cupid's Advice:

Your little one seems to be growing so fast. How can you enjoy your time with them at this young and create memories that they will remember forever? Cupid has some ideas for you:

1. Rituals: Utilize everyday activities to create memories for your child. Sing them a goodnight song every night or have a family game night. Even something small like making pancakes together every Sunday morning. These are rituals that will last as your child gets older.

2. Be silly: Don't be afraid to be silly and laugh with your child. Children always have a silly sense of humor but they don't expect adults to have the same kind of humor so when you show them your silly side, they feel more connected to you.

3. Alone time: Spend time with each of your children separately. Take them out for ice cream or go play in the park together. This way your children will feel the love that you have for them individually.

How do you bond with your small child? Comment below and let us know!

Celebrity Baby: Kerry Walsh Jennings Welcomes a Baby Girl with Husband Casey Jennings





By [Jessica Conigliaro](#)

Volleyball player Kerri Walsh Jennings gave birth to her third child on April 6. “Our family feels so blessed to have this beautiful new addition to our family,” [UsMagazine.com](#) reports the new mom saying.. “We cherish our lil Scout already and can’t wait to watch her as she grows in this world alongside her sweet big brothers.”

What are some ways to stay healthy while you’re pregnant?

Cupid’s Advice:

You and your husband want to make sure your baby is happy and healthy. You have so much love for him/her already and want to do all that you can. Cupid is here to teach you ways to stay healthy during your pregnancy:

1. Take long walks: Start your mornings with a nice stroll through the park. You and your baby will get some fresh air and will clear your head as well. Bring your husband along; use your daily walks as time to plan ways you will prepare for your new bundle of joy. You and your partner will get even

closer while on your walks—great memories to share with your future son or daughter.

2. Eat right: The best things you can do for your body during pregnancy is eat healthy. Your cravings may leave you wanting to eat nothing but peanut butter and celery, but try to limit your junk food. Your baby needs nutrition—and so do you. Have your husband prepare a healthy dinner of chicken salad and asparagus for the two of you—a healthy and delicious meal for you both to share.

3. Talk to the baby: Let your baby know how much you love them before they are even born. Tell him/her funny stories—you might even want to play some music for them to hear. If your partner plays any instruments, have him play next to your stomach. Your baby is sure to kick with excitement.

How do you stay healthy during pregnancy? Share in the comments below.

Kelly Bensimon: “I’m a Single Parent, and It’s Not Easy”





By Jenny Schafer for Celebrity Baby Scoop

The Real Housewives of New York alum Kelly Bensimon recently hosted the launch of Original Scent, the new luxury scent bar in Pasadena. The reality TV star, 44, raves about the new “boutique where you can make your own personal fragrance.”

Kelly opens up to Celebrity Baby Scoop about her daughters – **Sea**, 14, and **Thadeus**, 12 – who are her “greatest luxury.” She goes on to talk about the difficulties of single motherhood and her greatest regret from appearing on *RHONY*, saying the show did not accurately portray her life.

CBS: Do you miss being on *The Real Housewives of New York*?

KB: “I miss all the entertainment. It was definitely very fun to be surrounded by all these women that I never met before and learn how they navigate New York life. That was obviously very interesting because it is so out of my comfort zone. It’s not what I am used to in New York. It was really exciting to be a part of that...to be a voyeur into another aspect of New York culture.”

CBS: Would you be interested in doing another reality TV show like *Real Housewives*?

KB: "I would definitely be interested in doing another reality TV show, but I wouldn't want to do a reality TV show with a mixed cast like that unless it could be a new kind of genre, called "soft-scripted." The nice thing about soft-scripted shows versus reality TV shows is that soft scripted shows allow the participants to kind of know what is going on versus just being on the show like I was with *Housewives*. You walk into a room and people are just like, "Oh I hate you!" and you're like, "I have no idea why."

Soft-scripted shows give you more boundaries so you kind of know how to navigate them. It's also more real to the viewer and I think it's more interesting. I would definitely do a soft-scripted show, but I would not do something that is "reality," because that is not fair to the viewer. As a writer and as a mother, I don't want to present myself in that way."

CBS: Tell us about your daughters. How old are they and what do they like to do for fun?

KB: "My two daughters are twelve and fourteen-years-old. My youngest, Thadeus, is an amazing pianist. She also loves to buy as much make-up as she possibly can [laughs]. My oldest daughter Sea is fourteen-years-old and she loves to play basketball and read. She is more active and she's a great tennis player. She is having fun being a teenager."

CBS: How do you balance your busy career and family life?

KB: "I don't. I don't balance my busy career and family life [laughs]. I am always hanging on by the seat of my pants. Right now I am writing an article that was due an hour ago and trying to be the best parent I can be.

I am a single parent and it's not easy. For anyone who is a single parent, it is nothing to be flippant about. It is

really, really difficult. I have to work as well, and it's something that I've always done. I've always worked and I've always been a single parent. This is my life and it's how I am trying to raise my kids. I want them to have really great values. I don't want to be that parent that's like, "I work so much that I kind of spoil them." I am trying to give my kids those Midwestern values that I find very important.

It's not easy. It's just not easy. One regret that I have from *Housewives* is that they didn't show how I navigate through New York being a single parent. That is one thing that I really regretted. They didn't show how difficult it is for me or show how much I respect being a single parent and how much I love my kids. I regret that. They didn't show that at all. They were just like, "Oh, you're supposed to be rich and famous" and I was like, "I'm not rich, I'm not famous. I don't know what you're talking about [laughs]."

CBS: What do you have planned for Mother's Day? What does Mother's Day mean to you?

KB: "Oh my gosh, what do I have planned for Mother's Day...I just love Mother's Day because I love to be with my kids. Last year I had brunch with my kids and my best friend who is also my hairdresser.

I love Mother's Day because it is an opportunity for me to be with my kids and not have to parent them. I'm like, "It's Mother's Day, so I don't have to parent you and it's all about fun!" It's actually a day where I get to celebrate being their mother. That's really exciting for me.

For me, I have two kids and I'm a single parent. Therefore, Mother's Day is an opportunity for me to tell my kids, "It's a day for us to celebrate being together." Instead of celebrating me, I want to celebrate them. They are the greatest luxury that I could ever even imagine having. I can't believe that I am the mother of two gorgeous girls. It's

something that I respect a lot and I want to celebrate it with them. It's not about me; it is about us."

To read the rest of the interview, please click [here](#).

Celebrity Pregnancy: Halle Berry Is Pregnant ... And It's a Boy!



By [Jessica Conigliaro](#)

Oscar-winning actress Halle Berry recently announced she is having a second child, this time with Olivier Martinez—and

it's a boy! The new bundle of joy will join big sister Nahla, Berry's 5-year-old child, UsMagazine.com reports. "Every night we pray to God, and she's so sweet. Berry says, 'God, please bring me a bunk bed and a baby sister.' And I say, 'I can do one of those things, I know for sure! The other one we have to keep praying on.'

What are some ways to prepare for a baby boy?

Cupid's Advice:

Having a boy is a completely different experience than having a girl. You just found out you are pregnant with a baby boy and have no idea what to do next. Cupid is here to show you where to start:

1. Blue everything: You just found out the sex of your baby—it's a boy! Now's the time to buy the blue paint and start preparing the baby room. You and your husband will feel even more excited to meet the newest addition to your family as you paint his walls. Start looking for blankets and baby furniture as well. The more prepared you are, the better!

2. Sports: Your husband has every intention of raising your son to be a fan of all his favorite sports teams. Surprise your love by purchasing sports onesies of all his teams for your future son. Your husband will love seeing the outfits and will love them even more when your son is wearing them during his first game.

3. Boy clothes: Aside from sports jerseys, your future son will need a lot of little pants and shirts. Buying baby clothes is such a fun and memorable occasion. Bring your mom and sister and make a whole day out of it. You will all enjoy shopping for those tiny shoes and socks that will soon be worn by the newest—and cutest—addition to the family.

How did you prepare for your baby boy? Share below.

Celebrity Pregnancy: 'Glee' Star Heather Morris Is Pregnant!



By Meghan Fitzgerald

UsMagazine.com confirmed that Heather Morris, naive blonde cheerleader on the hit show *Glee*, is expecting her first child! Many gleeeks were shocked at the sudden news, especially the fact that the star is six months along. Baby daddy Taylor Hubbell has shielded himself from the sharp Hollywood light. [NY Daily News](http://NYDailyNews.com) reports that the couple saw this as unexpected. However, they are thrilled to welcome a baby into

the world!

What are some ways to announce your unplanned pregnancy?

Cupid's Advice:

Announcing an unplanned pregnancy isn't always the easiest thing to do. Especially if a. your or your mate's family are very conservative and super up tight. Or b. you are not married yet. And then there is c. a combination of a. and b. Which is not grand whatsoever. Although this may not be ideal on your to do list for a day. Cupid has some advice on how to make it simpler:

1. Parents first: Out of all the people you will tell about your unexpected pregnancy, your parents will be the most shocked. You and your mate should automatically tell them first. Your parents will thoroughly be upset if they find out about your pregnancy via mass email, Facebook status, or a tweet. You will be thankful you told your parents first. You'll get their initial reactions and know how to approach the rest of the announcement.

2. Facebook: Facebook is an easy and simple way to communicate information to your friends and family. If you have an unplanned pregnancy, do not worry about a thing. Your news will get out. With the great invention of Facebook, and other social media sites...your announcement will get easy as cake. People will have time to register your news and react on it, not getting their judgement in person!

3. Sonogram photos: Sonogram pictures are an easy way to announce any type of pregnancy. It is a great way to announce an unplanned pregnancy. Although they are not ideal in relationships. When love is present, how can you judge? A new person is coming into the world, you should celebrate it with the soon-to-be parents. Embrace that baby on the way! Congratulations all around!

Have you ever had to announce an unplanned pregnancy before?
Share your experience below.

Celebrity Couple Kim Kardashian and Kanye West Spend Easter Weekend in Paris



By Andrea Surujnauth

Kim Kardashian and her beau, Kanye West, were seen strolling around Paris on April 2nd looking at baby clothes for their daughter who is expected to arrive in July. Kardashian, who

seemed to be getting a lot of heat for her outfit choices, was wearing an all black ensemble that generously covered up her growing baby bump reported UsMagazine.com. Critics have been keeping a close eye on the reality stars outfits and making comments every chance they get. However, Kardashian refuses to let the comments bring her down. Kourtney warned me when you become a mom and become pregnant, there will be this whole new group of critics that will criticize me for everything you do," she said on *Good Morning America* on March 26. "If I wear one color clothes, I'm in this kind of mood. Or if I wear heels, they're harmful." The star went on to explain why she doesn't care for flats and would rather opt for the heels instead. "You know what, they actually hurt my back. I love high heels ... Whatever makes me feel good, I want to wear. And I love wearing heels. I'm trying the flats, but we'll see." Kim and Kanye have reportedly been dashing around Paris all week buying baby clothes. Just the day before, on April 1st, the two were shopping at Bonpoint, a french children's store. On March 30th they were also spotted racing around the city in a black sports car, once again shopping for their bundle of joy.

What are some ways to involve your man in your nesting process?

Cupid's Advice:

Your carrying the baby, your feeding the baby, what's your man doing? Chances are he is eager to somehow get involved with your pregnancy but there is really not much he can do until the baby is actually born. How can you get him involved in this stage of the baby's life? Cupid has some suggestions.

1. Take child birth classes: Bring your sweetheart to your childbirthing classes. This way they will know what is going on during delivery and they will feel like that are a part of the experience.

2. Go shopping: Kanye and Kim have the right idea with this one. Going shopping for baby clothes and furniture is a great way to get your man involved with the pregnancy. This way the two of you are spending time together and making important baby-related decisions together.

3. Decorate: Decorating and setting up the nursery will help your man feel involved with the baby preparations and he will feel that his manly nature is being put to good use. Get him to paint and put the furniture together so he feels needed.

How did you get your man involved with your nesting process? Comment below and let us know!

Celebrity News: Colin Hanks is Expecting His Second Child





By Andrea Surujnauth

Colin Hanks and wife Samantha Bryant are expecting baby number two! These lovebirds flaunted their pregnancy on the red carpet for the opening night of *Lucky Guy*, Hank's father, Tom Hanks' new Broadway play. According to [People](#), Bryant wore a form-fitting black dress that showed off her pregnancy for all the flashing cameras. The couple married in October 2010 and already have a 2-year-old daughter, Olivia Jane. This will be Tom Hanks and his wife Rita Wilson's second grandchild. "They cannot wait to just dote on this kid with every single fiber of their being," Tom Hanks said of the couple after the birth of Olivia. "My wife and I are more than happy to give them our baby and say, 'Here, watch her while we take a nap!'" Colin Hanks says.

How do you prepare for your second child differently than your first?

Cupid's Advice:

Having your first child is always full of surprises. When you

have your second, you think you know what to expect since you been through it already. Think again! You are in for just as many surprises. Here are a few pointers:

1. Go through old stuff: Go through your first child's old stuff and figure out what can be re-used and what new things you need to get. Remember, just because your second child is a different sex than your first, doesn't mean that clothes can not be re-used. Colors like white, green, and yellow can be used for both baby boys and baby girls.

2. Budget: Make changes in your budgeting to be sure you will be able to afford all the necessary items for your second child as well as your first. Do not forget that your first child is also still a priority and will also need new clothes as they grow too.

3. Prepare your first: Here is one thing you never had to do in the past, prepare your first child for the arrival of your second child. Do not make your first child feel left out or less special otherwise they will grow to resent their sibling. Make your first child feel excited about the new baby by having them join in with the preparations and decisions. You can even give them a special project like helping you decorate the nursery.

How did you prepare for your second child versus your first? Share your experience below.

Celebrity News: Jamie-Lynn

Sigler Opens Up About Surprise Pregnancy



By Andrea Surujnauth

Cutter Dykstra and Jamie-Lynn Sigler were thrown when they discovered that they were expecting a baby, reported [People](#). The couple was in the midst of taking the relationship slow and just beginning to think of getting engaged when they found out that they had a bundle of joy on the way. “We definitely thought it was going to be a slow relationship process and possibly an engagement – I felt like it was coming – so the baby definitely threw us for a loop,” Sigler told *SheKnows*. Dykstra proposed to Sigler soon after they discovered the news. Sigler has opted to not follow up with pregnancy books, but to instead let nature take its course. “It’s a bizarre thing, but also a beautiful thing. It’s the

most natural thing your body can do," she said. "My body knows what it's doing. I'm just a vessel, I'm just the ship that's carrying this baby until it's ready." The couple also discovered that they will be expecting a boy. What will they choose to name their son? "We have our list of names that we're playing around with, but it's a lot of pressure!" Sigler says. The lovebirds want to find a strong name for their baby boy. "It's not going to be a name that you can call anything that you can eat," she says. "It's not going to be spaghetti."

How do you announce your pregnancy if it's an unexpected surprise?

Cupid's Advice:

Having unplanned pregnancy can be a shock but a wonderful blessing. The best part? Spreading the news to all your friends and family. Cupid has some tips:

1. Intimate conversation: One way to let everyone know about your pregnancy is to just sit down in an intimate atmosphere and tell them that you are expecting. This will be a great way to tell everyone if you know there will be a lot of joyous tears.

2. Funny surprises: If you want to shock your family and friends, a great way to tell them is to give them a humorous surprise when your telling them the news. Try writing "I'm pregnant" on a cake or wrap a picture frame with the sonogram in it and present it to your family as a gift. This is a guaranteed shocker!

3. Throw hints: Play games with your family by throwing hints that you are pregnant. Try making dinner for them with baby carrots, baby back ribs, and baby corn. Then ask them what they think the theme of the dinner is.

How did you announce your pregnancy? Comment below and let us

know!

Celebrity Baby: '7th Heaven' Star Beverley Mitchell Welcomes Daughter Kenzie Lynne



By Meghan Fitzgerald

March 28th, former *7th Heaven* star Beverly Mitchell and husband Michael Cameron welcomed their first child, Kenzie Lynne! The actress's rep confirmed to UsMagazine.com that

their beautiful daughter weighed in at 5 lbs and 15 oz. Stretching out at 18 and a half inches in Santa Monica, California. The actress tweeted "I never knew a love like this existed," "Michael and I are mesmerized by our little Kenzie! She's perfect." The couple are planning their adventures already with their newbie!

How do you compromise with your partner on baby names?

Cupid's Advice:

Having a baby is exciting! You have a brand new addition to your family, and you and your mate are more than thrilled to name it. Naming your child holds a lot more pressure than most people would expect. This is the name your newbie will be called for the rest of their lives, and you have to decide it. Problems will most likely arise with you and your partner on picking your baby name. Cupid has some advice on helping you two:

1. Theme: To make matters less complicated with you and your partner, it is best to think of a theme for your baby's name. Maybe you want something more traditional and your mate wants a name relatively modern. When you both have come up with a theme of names, it is easier to find common ground. Take the in between of traditional and modern names, and there you go!

2. Middle name: If you and your beau are having complications with your child's name, a compromise can result to a middle name. If you and your partner can not decide on a first name, take both of those names and morph it into one name. Making it the middle name. If this approach is too modern for you, use one of the names for their first name, and one for the middle. A simple game of rock, paper, scissors would suffice of how gets the first name.

3. Unisex: Compromising with baby names is challenging, a non

stressful way is to choose a unisex name. You may want a girly and dainty name for a girl, and your partner could want something stronger. Well ladies and gentleman of parenthood, pick a unisex name! There are a myriad of different choices out there, go fish!

Did you compromise with your partner on baby names? Explain your experience below!

Celebrity News: Is Lindsay Lohan Pregnant?



By Meghan Fitzgerald

Lindsay Lohan wrote on *Twitter*, "Its official. Pregnant..." [People](#) reports that if the tweet by Lohan was an April Fool's joke, it sure was a late one, as she posted the sly tweet after midnight. Rumors surfaced of a baby with beau, Avi Snow. If this wasn't a joke, Lohan has an interesting life ahead of her. Having to serve 90 days in a rehab center under lock and key. Ordered to undergo psychotherapy and community service. Too bad she tweeted on Tuesday how it was just a April Fool's joke.

What are some creative ways to announce your pregnancy via social media?

Cupid's Advice:

With social media so strongly present in our world today, why wouldn't you want to creatively announce your pregnancy over it? Almost everyone is on it. Even people you wouldn't suspect: grandmothers, priests. There are so many quirky ways to tell your inner and outer circle that you and your mate are expecting. Cupid has some more advice:

1. Picture of sonogram: On Facebook, Twitter, Tumblr, any other social media you may have, there are an unlimited number of options to announce your pregnancy. A little quirky and creative one is to post a picture of your sonogram. Your positive pregnancy test will also suffice. Unless your social media audience is naive and oblivious, they'll get the message And think it is completely adorable!

2. Facebook photo album: There are a couple different ways you can approach a addition to your photo albums on Facebook. You can post a picture of a bun in the oven, get it? If you already have children, they could wear a big brother or big sister shirt. Post a picture on your album of a Baby on Board sign. Take a picture of you and your mate with a sign, "We're expecting!"

3. Change status: Update a status on social media implying your pregnancy. Some clever ones: “My doctor just advised me not to drink, smoke, or lift heavy objects for the next 9 months.” “Team Pink!” “Team Blue!” “We’re expanding our home!” “Bring it on morning sickness!” “Now eating for two!” All of these are simple and easy ways to tell your friends and family that you and your partner are expecting a child!

Did you announce your pregnancy through social media? Explain below!

Celebrity News: Brian Austin Green Takes Baby Noah for a New York City Walk





By Jessica Conigliaro

Actress Megan Fox and husband Brian Austin Green had their first child in September 2012. Since the birth of their son Noah, the couple has been making efforts to stay out of the public eye, [People](#) reports. Despite their best attempts, Green and his son were both photographed while taking a walk through SoHo.

What are some reasons to keep your baby out of the public eye?

Cupid's Advice:

Whether you're a celebrity, or someone easily recognized by the general public, there will always be someone wanting to capture your daily life. They will be most intrigued by your baby, wanting to capture your new family together. Cupid offers some tips to avoid being in the public eye:

1. Privacy: When you and your husband are recognizable figures, people will want to photograph you with your children. This however, does not allow you much freedom. Everywhere you go, you will have to worry about what you re

doing and saying. Nothing will ever be private and your family will never be left alone. Avoid the paparazzi as much as you can in order to raise your children in a normal environment.

2. Avoid rumors: Your husband is always the one who takes your baby for a stroll in the park every morning. When people don't see you two together, they automatically assume you are split up. Avoid the rumors by mixing up your daily walk locations. You will get some privacy and avoid being in the public eye.

3. Safety: Sometimes, paparazzi can get violent when trying to get a photograph. They will cross over space boundaries and invade your family's privacy. Your baby will get scared of the flashes and strange people surrounding him/her. Stay out of the public's eye as much as you can while your children are young.

How do you keep your baby out of the public eye? Share in the comments below.

Celebrity Pregnancy: 'My Girl' Star Anna Chlumsky Is Expecting





By Meghan Fitzgerald

According to [People](#), 'Veep' star, Anna Chlumsky, and husband Shaun So are expecting their first child this upcoming summer! I'm feeling pretty good so far, Chlumsky, 32, tells *People*. I was really lucky I did not have any morning sickness which was great because I was working. [CNN](#) reports that the couple since 2008 are getting their nursery ready and preparing for their baby! The two are keeping the gender of their baby a secret...guess we'll have to wait until summer!

What are some ways to have a worry-free pregnancy?

Cupid's Advice:

It is essential to have a worry-free pregnancy so your child will come into a non stress, loving environment. Being pregnant is not always the easiest thing you will do in your life. However, there are ways to keep it non stressful. Cupid has some more advice on a worry-free pregnancy:

1. Yoga: In most aspects of life, yoga relieves stress and creates a worry-free life. Yoga increases your sleep schedule,

it reduces anxiety, increases strength and flexibility. It decreases any pain you may be having, and risk the chance of labor problems. Prenatal yoga strengthens your muscles, but it also strengthens your mind! Prenatal yoga only involves breathing, stretches, postures, and relaxation.

2. Preparation: A worry-free pregnancy can be had if you prepare for your pregnancy! With a few easy steps, you can organize yourself and have a relatively easy pregnancy. Prepare your child's room-to-be, their clothing, the baby shower. Organize a sleep schedule, when you will get back to work, any doctors appointments or parties. Plan months and months ahead and you won't worry about a thing.

3. Support: Having a worry-free pregnancy is easier to uphold if you have a person by your side, preferably a significant other. You want your partner to be with you all along the steps of your pregnancy. Having your mate by your side will release all the weight off your shoulders. Any problems you may have can go straight to them. Support will come right along in your relationship.

Did you have a worry-free pregnancy? Share your experience below.

Shiri Appleby Welcomes a Baby Girl





By Meghan Fitzgerald

Shiri Abbleby and fiancé, Jon Shook spoke to UsMagazine.com, confirming the [birth](#) of their little baby girl March 23rd in Los Angeles! Of her daughter, *The Girls* star stated, "She's heaven. I'm beyond thrilled." Huffington Post reported that the [couple](#) decked their baby's room with a chandelier, rug, and are now looking for drapes. The couple refused to release the gender of their [baby](#) until now!

How do you prepare to welcome a baby girl versus a boy?

Cupid's Advice:

Preparing for a child is stressful. Not only is it stressful, but it obviously needs a lot organizing and preparing. When preparing for a baby girl versus a baby boy, you may have to prepare differently. Most importantly, you need to be ready for pink! Pink everything ladies and gentleman! Cupid has some more advice:

1. Pink: Parents-to-be, if you are welcoming a baby girl, be

prepared for a mess full of pink. Even if you do not supply the pink, your baby shower sure will. Your baby girl will soon be decked out in all pink attire, so be prepared. Also, the color of the room will need to be gender-specific. When preparing for a baby girl, that color is hands down pink. [Parents](#), go buy some paint and start with those walls!

2. Safety: Preparing for a [child](#) is frightening, the amount of work you need to put into your house safety is substantial. It may seem obscure at first, however when your baby girl arrives, you will soon know why locks are necessary. Talk to other parents on how they safety proofed their house, or look in parenting magazines! Once your house is safe, your baby girl is prepared to come inside the home.

3. Childbirth: Childbirth is one of the main things to prepare for when welcoming a baby girl. Birthing classes are ideal for new [mothers](#)-to-be. It will teach you breathing methods, different ways to position yourself and control contractions. Learning how to undergo childbirth will prepare you to welcome a new baby girl.

How did you prepare for a girl versus a boy? Explain your experience below!

Celebrity Baby Expected For Jenna Wolfe and Stephanie Gosk



By Jessica Conigliaro

News anchors Jenna Wolfe and Stephanie Gosk are expecting their first child, a baby girl! "This is the most exciting thing that has ever happened to us," [People](#) reports. "In a way, we can't wait to start," says Wolfe. "Stephanie keeps saying, 'Hurry up! What's taking so long?' And I'm like, '[The baby's] cooking!'"

What are some ways to prepare for your first child?

Cupid's Advice:

You just found out you are having a baby for the first time and have no clue what you are doing. You always dreamed of having a child and want to start off on the right foot now that it's actually happening. Cupid is here to help you ease your way into motherhood:

1. Share the news: You and your husband could not be happier after finding out you are expecting. Let your family and friends in on the good news as well. Their joy will make everything feel more real, putting you right into new-mother mode. Your loved ones will help you through the process and answer any questions you are sure to have. Take their advice, especially if they have kids themselves.

2. Shop: Your doctor just confirmed it: you're having a baby girl! Both you and your husband can't contain your excitement. Start decorating that baby room you have been leaving empty and unpainted. Now's the time to purchase the pink and yellow paint and go nuts! You and you partner will have a blast setting up the room, making you feel one step closer to becoming parents.

3. Start a blog: Pregnancy is a beautiful time for you and your baby to grow together. Document your experiences by starting a blog. Every month, have your partner take a picture of you and your growing belly. Alongside the photo, write about any food cravings you are having and when the baby starts kicking. Write down all major developments of your pregnancy or anything interesting that happened to you during that time. Once your baby is born, you will have a fun and organized way of remembering the time you shared with him/her before they were even born.

How did you prepare for your first child? Share in the comments below.

Celebrity Baby: Eli Manning

Prepares to Welcome a Second Child



By Meghan Fitzgerald

[People](#) confirms that the New York Giants quarter backer, Eli Manning, and wife Abby are expecting their second child in June! Their second child will be a sibling to their first child Ava Frances, 2. Manning told [UsWeekly](#) that him and wife of five years are so excited for the new addition to their family!

**How do you prepare for a second child versus the first one?
Cupid's Advice:**

Having children in general will be one of the most stressful time in your life. Yes, they're cute, you created them, you

love them. However, at one point or another you will wonder why you thought it was a good idea to have kids. This is not in any sense a horrible thought, it is a process of parenthood. After you have the first child, you need to prepare differently if you plan on having another one. Cupid has some advice:

1. Sleep schedule: With having one child, you are completely aware that your sleep schedule is not the same as it used to be. However, it will change even more when you welcome a second child. You need to make a schedule of your work, your partner's work, events that the both of you have, and when you will be able to sleep in between all of it. Yes, you will not get as much sleep as before however if you map it out, it will be much better!

2. Communication: You need to communicate with your mate about your relationship, and your children. Mostly about your relationship. With two kids, you and your relationship will not be the spotlight of your lives. Your children are now your sole responsibility, and you and your mate's relationship may suffer. Your relationship will succeed if you both communicate with one another. Your feelings, emotions, opinions, anything you're thinking.

3. Organization: You will soon have two children and you need to organize your time. It is necessary to schedule your own time, and time with your partner. You need to make sure you and your mate have time together in your soon to be busy schedule. Organize when you have time to food shop, to pamper yourself, to take your kids to the doctors, and all other important events in your life.

How did you prepare for your second child? Share your ideas below.

Celebrity News: Katie Holmes Says She's 'Open' to Having More Kids



By Meghan Fitzgerald

The beautiful, single actress, Katie Holmes, 34, has her life entirely wide open. After separating from her ex, Tom Cruise, she has made her way to the cover of *Allure*. Although the two remain civil, reports [Huffington Post](#), Holmes hopes this upcoming year will be a peaceful one. The April issue of *Allure* discusses Holmes's future. [UsMagazine.com](#) reports that Katie Holmes is open to having more children! She's even

considering becoming a lawyer! You go Katie.

How do you decide how many kids to have?

Cupid's Advice:

Kids are great, they're funny, they love you, you love them, you created them, they're your world. However, there is a certain amount of children one couple should have. The Duggars decided that they want a trillion kids, and it works for them. The big deal here, is what works for you and your partner. Cupid has some more advice on this:

1. Personal: Deciding to have children is a joint effort, between you and your mate. If it wasn't, you could have as many kids as you damn please. However, this is not the case, and you have another person you have to communicate with. When deciding whether or not to have more kids, or kids in general, think about your relationship with your partner. Can they handle one kid, three kids, six kids? Can you deal with your partner as a parent? Can you be a parent with six kids? Three kids? One kid?

2. Financial: Kids are expensive! And not just a few paychecks here and there, try almost something from each paycheck. The more children, obviously more of your paycheck goes. Can you and your beau handle two children with your current financial situation? Make sure you are able to balance your children's lives, and your bank accounts. As much as you may want to have more kids, you need to keep reality in check.

3. Medical: I know many people who were told they could not have any more children, that it was a serious danger to themselves and the doctor didn't advise it whatsoever. Yes, having a lot of children is great for you and your kids. However, you can not put yourself in jeopardy medically. Your kids need a mother, and that is that. Do not go for another child if your life is on the line.

Did you decide to have more kids? Explain below.

Celebrity Mom: Kate Middleton Prepares for Sleepless Nights of Parenthood



By Andrea Surujnauth

Kate Middleton is keeping details about her pregnancy well under wraps, but she proudly expresses the fact that she is prepared for all the upcoming sleepless nights. According to UsMagazine.com, the royal couple was handing out traditional

shamrock sprigs to the officers and guardsmen at the St. Patrick's Day Parade when Sergeant Thomas Laven got the chance to briefly speak to the Duchess of Cambridge. Sergeant Laven, who has a 7-month-old son of his own, told reporters, "I congratulated her on the impending birth and said, 'You've got sleepless nights to come.' She said she was prepared for it."

How do you compromise with your partner when it comes to night-time parent duty?

Cupid's Advice:

Having a baby is a magical experience...until one of you has to get up multiple times during the night. How can the two of you handle the night-time shift of parenthood fairly so you both get a chance to sleep? Don't worry, Cupid has some suggestions:

1. Alternate days: The two of you can alternate on who ever gets the night shift of parenthood. One night you do it, the other night your partner does it. This way the responsibility is equally split up between the two of you.

2. Weekend/ Weekday: If one of you works while the other stays home, you can split the night shift up by week and weekdays. If you are the one that stays home, then let your partner sleep throughout the night during weekdays while you get up. Then on weekends your partner can get up while you sleep.

3. Divide the night: If you don't think you can make it through a whole night getting up constantly, then you and your partner should split the night in half. You can stay up late and then your partner can get up early. This way you both will be able to get some sleep every night and your bundle of joy will still be well taken care of.

How do you compromise night duty with your partner? Comment

below and let us know!

Celebrity Mom: Kim Kardashian Admits Pregnancy Is Tougher Than She Thought



By Andrea Surujnauth

Kim Kardashian shared the experience of her first pregnancy with [People](#), and unfortunately, her experience is not what she expected. “Being pregnant is not as easy as my sister [Kourtney] made it look or as my mom [Kris Jenner] has made it

look,” Kardashian told *E!*. The 32-year-old admitted that she hasn’t been able to be as active as she usually is. “It’s a little painful. I’ve gotten sick a couple times, and that puts you out. I like to be active ... but I’ve been chilling out. I took a week off just to rest. It was amazing,” she said. And what has Kim Kardashian been craving throughout her pregnancy so far? “I’m craving carrots and ranch dressing,” she said. “I used to love sweets – not anymore. [I] can’t even eat chocolate.” This will be her and her boyfriend, Kanye West’s, first child.

What are some ways to help your partner through the tough parts of pregnancy?

Cupid’s Advice:

When your partner is pregnant, it may be difficult to figure out what you could do to help her out. You see her getting sick constantly and feeling tired most of the days. What can you do to help her? No worries, Cupid is here with some suggestions for you:

1. Nausea: Help your sweetheart through her morning sickness by keeping the house stocked up with ginger ale, crackers, and ginger or peppermint tea. All of these remedies can help her and if you’re the one to serve it to her, she will be extremely grateful!

2. Exhaustion: While pregnant your love may feel tired most of the time. Help her out by doing some of the household chores so she will have some extra sleep time.

3. Pain: Being pregnant can also be a painful experience. Having a little person kick you from the inside is definitely not a walk in the park. The weight of her growing tummy is also taking a toll on her back. Give her a backrub before bed. This will do wonders for her. And remember, a happy mommy is a happy baby!

How did you help your partner during her pregnancy? Comment below and let us know!

Celebrity Mom Jillian Michaels Admits It's Hard to Balance Workouts and Motherhood



By Meghan Fitzgerald

Jillian Michaels and girlfriend, Heidi Rhoades, are busy balancing their two kids, daughter Lukensia, 3, and son

Phoenix, 10 months. Jillian Michaels spoke with [People](#) and said, "I get up at 7 a.m. – after being up all night with the baby – and run around trying to get both kids diaper-changed, dressed and fed. Finally I'll shower, and before I know it, I've got 50 emails to answer, and I need to leave for work." She told [Fitness Magazine](#) that women need to workout whenever they can ... and realize that every decision counts.

What are some ways to balance being a parent and staying healthy?

Cupid's Advice:

Being a parent requires the majority of your efforts, sanity, and time. Staying healthy is challenging to balance with all the duties of being a parent. Teetering weight watchers meetings and diet plans as you organize your child's lunch and school plan is hard! It is not in any sense easy to do. Cupid has some advice on how to balance this:

1. Schedule: Scheduling is fun ladies and gentleman! It may be stressful planning out, organizing your events and divvying up your time however, the inevitable return is great. Scheduling your weeks, or months out will give you a stressful life in the end. If you schedule out your time, you will be able to schedule gym time, meals for the upcoming weeks. It is easier to stay healthy if you schedule out your life.

2. Communication: Staying healthy requires to give yourself some time. Obviously this time was once devoted to your child or children so you need to communicate with your partner about your temporary absence. Your mate will have to fill in your spot as you attend dieting meetings or spending time at the gym. If you are working out at home, this will not be a problem. However, as most people go to the gym, you will need to talk to your beau.

3. Discipline: Discipline ladies and gentlemen is more than

important to stay healthy when you're a parent. If you have plans to go to the gym with your girlfriends, yet don't want to go, make yourself go! You need to make sure you stick to your decision because you may not get that time again. Your children requires a lot of time from you and you can't waste your time already planned.

How do you balance being a parent and staying healthy? Explain below.

Jennie Finch: Paisley Faye "Fits Like a Glove"



By Lisa Weber for Celebrity Baby Scoop

Jennie Finch shared an adorable photo of her and daughter **Paisley Faye** on Instagram. The now 2-month-old was cradled on mom's chest – inside her softball glove.

“My baby girl & I. She fits like a glove!” The Olympic softball pitcher wrote.

The mom-of-three recently opened up to [Celebrity Baby Scoop](#) about welcoming a daughter.

“We are so thrilled to be expecting our third – and a sweet baby girl,” said **Finch**. “I’m feeling good, thanks. This pregnancy has flown by. I think having two others to look after has helped the time pass by so quickly.”

Celebrity Couple: Scott Disick Upsets Kourtney Kardashian with Comments About Post-Baby Weight





By Meghan Fitzgerald

Scott Disick is up to his usual nonsense yet again. While the beautiful Kourtney Kardashian is shaping herself up for this summer's bikini season, boyfriend Disick, is attempting to speed up the process. On the latest episode of *Kourtney and Khloe Take Miami*, Kourtney stepped on the scale weighing a tiny amount of 115 pounds. UsMagazine.com reported that Disick continued to say "Do you know what you're supposed to weigh for your average weight for your height?" [Los Angeles Times](http://LosAngelesTimes.com) describes how Disick told Kourtney 93 pounds is the "dream" weight. She then broke down to tears, saying she wanted to do it the healthy way. Good for you Kourtney, stick up for yourself in this relationship!

What are some ways to stay in shape as a couple?

Cupid's Advice:

Staying in shape as a couple is both a physical and a mental obstacle. It is essential to keep healthy, diet, and keep the communication strong as you continue on with your

relationship. Although it may be challenging to stay in shape due to you and your mate's schedules however, it is manageable. Cupid has some advice on how to do this:

1. Yoga: Yoga is a mental and physical activity. It obviously exercising your body, leaving you in shape, toned, and leaving happy. It also keeps your mind aligned. Keeping you in balance with the nature and your thoughts. Doing this activity together as a couple will keep you both synced together in the relationship. It also assures that the two of you will stay in shape both physically and mentally.

2. Dieting: Keeping your diet healthy obviously keeps you healthy. Not only does it keep your body in tuned however, you mind becomes clearer, more sharp and alert. By fueling your body with healthy items, you overall become healthy. Dieting is a great thing to do when you're in a relationship, the two of you can keep watch on each other. Also, it gives you slight motivation on who can get fit the quickest, or whose losing the most weight. Go on and buy those veggies!

3. Outdoors: Going outdoors, whether it be hiking, fitness walking, or what not; it kicks your butt in shape. Hiking especially keeps your mind body, and spirit aligned. It tones your legs, your arms. It decreases your stress and anxiety, it strengthens your skill and ability. Fitness walking is more for the average person. Hiking requires strong endurance, and motivation. Fitness walking can be kicked up with hills, pushing around a stroller if you have kids. Either way you and your partner are getting in shape!

How do you and your couple stay in shape? Explain below!

Celebrity Baby News: Jessica Simpson Accidentally Reveals Baby-to-Be's Gender



By Jessica Conigliaro

Pregnant Jessica Simpson accidentally broke news of her baby-to-be's gender on *Jimmy Kimmel Live* on Wednesday, March 6, UsMagazine.com reports. "The crazy thing is I never knew a wiener could make me nauseous," the *Fashion Star* mentor quipped. "...Well, I guess I just told the world that I'm having a boy!" Although it was unplanned, Simpson's televised reveal was certainly an exciting one.

What are some creative ways to reveal the gender of your unborn child to family and friends?

Cupid's Advice:

Finding out the sex of your baby is one of the most exciting parts of your pregnancy. Now, you get to share the excitement with your loved ones. Cupid's here to make sharing the news exciting and memorable:

1. Make it fun: Now that you know the sex of your baby, you get to share the good news with friends and family. Make the occasion fun by mailing jigsaw puzzles that spell out 'it's a girl' or 'it's a boy' when finished. This is a creative way to spread the news—and is sure to get your **loved ones** excited!

2. Pink or Blue: If you have kids already, surprise them by making an entire meal with either pink or blue food coloring. If you're having a girl, make pink colored pancakes with strawberries on top. Serve pink lemonade and don't forget the pink napkins and utensils! If they don't catch onto your gender reveal, spell out the sex of the baby on their waffles with chocolate syrup—they will love the fun surprise, and will create a lasting memory for all of you.

3. Gender parties: Share the moment you find out the sex of your baby with everyone close to you. Let one of your friends learn the sex of the baby before you and your partner; have them buy a cake with either pink or blue frosting inside—depending on the baby's gender. At the party, the soon to be parents get to discover the sex of their child in front of all their loved ones after slicing the cake. You get to celebrate your baby before he/she even arrives.

How did you tell your family the sex of your baby? Share your experiences below.

Celebrity Mom Holly Madison Defends Her Name Choice for Daughter



By Jessica Conigliaro

Holly Madison, the former *Girls Next Door* star, recently named her daughter Rainbow Aurora. Madison chose to name her after a former schoolmate, [People](#) reports. “She was a perfectly normal, well-adjusted, sporty girl, by the way, so I’m not worried about my daughter being ‘traumatized’ by having an unusual name,” Madison, 33, writes on her website. The proud new mother honored the birth of her new daughter by painting her nails in rainbow colors.

What are some important factors to consider when you’re naming

your child?

Cupid's Advice:

Naming your child is a special occasion you get to share with your partner. You have been thinking of potential names for your future kids since you were eight years old, playing with your dolls. Now, you get to do it for real! Cupid's here to help make the process easier:

1. Name them after someone: You just found out you are having a baby boy—your husband's very first thought is to name him after himself. This is a great way to show your future son how important family is and will create a special bond between him and his father. You may also decide to name him after his grandfather that passed away, or a close friend. Either way, he will take comfort one day knowing he is named after someone important to the family.

2. What to avoid: Throughout our lives, we encounter difficult people. Your old boss, Joanne always gave you a hard time and made the workday terrible. Avoid naming your baby after anyone that you have negative feelings towards—even if you like the name. You will constantly be reminded of the bad memories with that person. Cross Joanne off the list of baby names!

3. Agree on a name: You and your partner are likely to disagree on baby names, which is a common dispute between expecting couples. Don't force your spouse to like a name he doesn't—the right name will be one you both love instantly. However, if you absolutely love a baby name and he isn't too sure about it, give your husband some time to think it over before dismissing it completely. At the end of the day, you both should love the name you chose.

What factors did you consider when naming your children? Share below.

Celebrity Baby News: Kate Middleton Embraces Her Pregnant Body



By Meghan Fitzgerald

The past few weeks, Duchess of Cambridge, 31, has been flaunting her growing and glorious baby bump. The royal mom-to-be has sported her belly under sports coats, and dresses, according to UsMagazine.com. A family friend reported that Middleton is content with her changes. Entertainmentwise.com reports that her posture has changed, instead of her hands on her hips, she rests her hand under her belly. The royal couple are embracing the constant changes as they come by.

What are some ways to make your pregnant partner feel beautiful?

Cupid's Advice:

Being pregnant leaves you with a lot of extra weight on your feet and on your shoulders. Your self-esteem and confidence drops, your hormones increase, and you feel your world changing. This is an emotional whirlwind for a pregnant person. Your pregnant partner may not feel as beautiful as they used to. Cupid has some advice on how to change this:

1. Express love: Love makes you feel, well, loved. It makes your insides twirl and giggle. It simply makes you feel beauty. If your pregnant mate is not feeling beautiful, tell them how much you love them. Express it through different ways. Do some chores, make them a card, kiss their forehead and whisper in their ears, get them their favorite craving at the moment, love them! Your beau will feel beautiful if you show them how much love you have for them.

2. Do chores: Chores are a pain, no matter what the task, they simply are not welcoming nor wanted. The last thing your pregnant partner wants to do is chores, they're tired, hormonal, cramped, sore. They should be able to focus on preparing for the child they are about to push out, and the family they will soon have. This being said, do your pregnant mate's chores! It again shows them how much you love them, which in return, shows them that they're beautiful.

3. Massage: Honestly though, who doesn't enjoy a massage? Your worries fade out, you relax done, plus they're enjoyable. This feeling multiplies when you're pregnant, the feeling of all your problems fading away. So give your pregnant love a nice, hearty massage. Take time from your phone, your job, social media and what not. Focus thirty minutes of your time to the love of your life. Your mate will appreciate this immensely, plus it will make them feel beautiful again!

Have you ever made a pregnant woman happy, or your partner make you happy when you were pregnant? Explain below.