

# Kim Kardashian and Kanye West Reveal Gender of Baby-to-Be



By Kerri Sheehan

On the Sunday premiere of the new season of *Keeping Up with the Kardashians*, reality television star Kim Kardashian announced that her baby bump is housing a little girl. Her and baby daddy Kanye West will be expecting their bundle of pink joy sometime in July. While out shopping for baby clothes the two have employed stealthy moves to keep the baby's gender a secret. According to [People](#), Kardashian said, "We buy all white, or we'll go and buy both [girl and boy clothing], and then no one will know!"

**What are some ways to prepare for a daughter versus a son?**

**Cupid's Advice:**

Preparing for a baby is often an overwhelming task. Cupid has

some advice about how to stay on top of things:

**1. General supplies:** For the first 12 or so weeks you probably won't be able to tell the gender of your baby. This is the perfect time to gather the bare essentials that you would need gender regardless. Some gender-neutral furniture for the baby's room can be purchased as well as a changing table. You can also take this time to read up about the general birthing process as this will help understand what you will be in for in a few months' time.

**2. Getting specific:** After the three month mark is generally when you will be able to find out the sex of your child. This is when you can go crazy picking out all sorts of outfits for your baby girl. Clothes in the pink and purple color family will save you from having to answer the question of whether or not your child is a boy or a girl. Also think about purchasing some cute and comfortable headbands for your baby. Who doesn't love a baby with a bow?!

**3. Finishing touches:** The third trimester is really when you should start making sure you've done everything you meant to up to this point. Your partner can assemble the crib while you make sure you have sheets for the crib as well as a mobile for above the crib. Patterns with butterflies and flowers are perfect for any baby girl.

**How did you prepare for your baby girl? Share below.**

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**Channing Tatum and Jenna**

# Dewan-Tatum Welcome a Baby!



By Petra Halbur

On May 30, Channing Tatum and Jenna Dewan-Tatum became parents to a baby girl in London. Unfortunately for the couple, there will be very little downtime to enjoy parenthood in the upcoming months as both mother and father will begin filming separate projects in July. “We’re going to actually have the baby in London while I’m shooting [*Jupiter Ascending*] and then there will be no downtime whatsoever after that,” Tatum told Ryan Seacrest in a recent interview. However, a source assured [UsMagazine.com](http://UsMagazine.com) that Tatum and his wife’s highest priority will be their daughter. “The baby will get top billing as far as priorities go,” the source said. “Channing is going to be the most adorable, hands-on daddy ever and do whatever is necessary to make sure Jenna can balance it all.”

**What are some ways to balance your career and parenthood?**

**Cupid’s Advice:**

“A baby changes everything.” If you’re expecting, you’ve probably been told this. Overused though that phrase may be, it *is* true. As a parent you will have to decide how to balance your career with your child’s needs. Cupid is here to help:

**1. Consider the longterm:** Ask yourself, in 18 years, what will you regret more: the sacrifices made to your career, or the time you missed with your child? There’s no right or wrong answer. Be honest with yourself and act accordingly.

**2. Know that you can’t do everything:** So many parents wrack themselves with guilt when they realize they can’t be full-time parents and full-time professionals simultaneously. Don’t do this to yourself. Accept your limitations. You’re not a failure. You’re human.

**3. Decide what YOU want:** Don’t let other people tell you what’s best for your family. If you decide with your spouse that you want to be a stay-at-home parent or continue with your career, then that’s what’s best for your family.

**How did you balance your career with parenthood? Tell us below.**

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## **Celebrity News: Jay-Z Shoots Down Rumors that Beyonce is Pregnant**





By Marisa Spano

For now the world will have to make do with only Blue Ivy as far as Jay-Z and Beyoncé's kids go. Jay-Z addressed the latest rumor that his wife, Beyoncé is pregnant with her second child. He spoke to Hot 97 Radio to deny the report, says [UsMagazine.com](http://UsMagazine.com). As for Beyoncé, she is staying busy, with a recent Saturday performance in Milan.

**How do you keep a pregnancy under wraps at the beginning stages?**

**Cupid's Advice:**

It's hard to keep the fact that you're preggies under wraps, especially from work and family members, but Cupid has advice to get around it:

- 1. Get there first:** If you are going on an outing with friends or family, make sure to get to the restaurant/bar first so you can ask the bartender to make your drinks without alcohol.
- 2. Excuses:** If you are having morning sickness and you don't want people to guess that you're pregnant, blame it on a sickness or food poisoning. This will only work for a short period, but it will buy you some time for now.

**3. Wear sweaters and scarves:** Big sweaters and long scarves that hang will help hide any weight gain in the early stages. With all that fabric, how will anyone ever know you're pregnant?

**What are some other ways to hid your pregnancy at first? Share your ideas below.**

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## **Celebrity Baby: Chely Wright and Wife Welcome Identical Twin Boys**



By Kerri Sheehan

Country singer Chely Wright and wife Lauren Blitzer Wright welcomed two new additions to their family on Saturday, May 18

in the form of identical twin boys. Forty-two year old Wright told [People](#), “We are grateful for all the amazing medical care and the love and support of family and friends.”

**What are some ways to make sure your identical twins are individuals?**

**Cupid’s Advice:**

Just because your twin’s faces are identical doesn’t mean their personalities are. Cupid has some advice on how to make sure your identical twins are individuals:

**1. Dress them differently:** People often fall into dressing their identical twins, well, identically but this almost guarantees that your children will not feel like themselves. As soon as they’re old enough let them pick out their own clothing so they don’t end up feeling like two halves of one whole.

**2. Different haircuts:** It’s hard for outsiders to tell identical twins apart. Giving them different haircuts will give people a distinct difference to focus on when distinguishing one from another.

**3. One-On-One-Time:** Reserve special time in your week to spend with each twin individually. This time will be beneficial when it comes to bonding and it will also help you get to know each child as their own person.

**Do you have twins? How do you make sure they are individuals? Share below.**

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# Celebrity Relationships: Kate Middleton Taking Cooking Classes, Learning New Recipes for Prince William



By Petra Halbur

It looks like the Duchess of Cambridge has been getting in touch with her inner culinary queen. As her July due date approaches, Kate Middleton has started taking cooking lessons from her new housekeeper, Antonella Fresolone. Fresolone, who worked at Buckingham Palace for 13 years, has been teaching the mother-to-be how to make “a number of new dishes,” according to [UsMagazine.com](http://UsMagazine.com). Middleton is hoping to learn how to make some of Fresolone’s signature meals, such as her renowned homemade pasta and French bread, at the Nottingham cottage she shares with Prince William.



**How can you show your partner that you care?**

**Cupid's Advice:**

As wonderful as pregnancy is, it can also be a turbulent, chaotic period of time. With all the effort that goes into preparing for your baby, it can be difficult to take time off for you and your partner. How do you manage to show your partner that you care? Cupid has some ideas:

**1. The little things:** Since it's not always be practical to fly your partner out to Hawaii for the weekend, try doing some small favors that your partner will really appreciate. Whether it's volunteering to do the dishes, or offering to give a massage, incorporate tiny acts of love and consideration into your day. They won't go unnoticed.

**2. Do errands together:** Everyone wants to feel included. While it may not seem particularly romantic, inviting your partner to go on errands with you can be simple yet effective way to show how much you like spending time together.

**3. Express affection:** Whether it's holding hands, cuddling, or simply saying, "I love you," little expressions of affection are a great reminder of how much you care for your partner.

**What are ways that you show your partner you care? Tell us below.**

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**Hilary Duff: "I Love Being A**

# Mom”



By Lisa Estall for

Celebrity Baby Scoop

Hilary Duff has joined the campaign to support Johnson's Baby Cares partnership with Save the Children for the second year in a row. The actress recently visited the Save the Children early childhood education school in Yucca Valley, California – where she met with families who benefit from the program.

Celebrity Baby Scoop recently got to speak with Hilary about the Johnson's Baby Cares program and her 1-year-old son.

**Related Link:** [Hilary Duff Hits the Gym 1.5 Weeks After Giving Birth](#)

**CBS: Tell us about partnering with Johnson's Baby for Johnson's Baby Cares. What's it all about? Why did you get involved?**

**HD:** I can't believe I have my first year as a mom under my belt – time flies. Looking back on it, I've been thinking a lot about the support I received from my family, friends and fans over the past year, and how their words of encouragement really helped me get through some challenging days.

Unfortunately not all moms have the same support system or even basic everyday resources to help them with motherhood. That's why I'm proud to partner with Johnson's Baby Cares for the second year on its newest campaign centered around Johnson's Baby "Care Cards" – which is helping to deliver encouragement and positive support to moms across the country, while also raising funds for families and babies assisted by Save the Children.

**CBS:** How's baby Luca doing? Is he into everything these days now that he's walking?

**HD:** Luca's incredible! I can't believe he is already 13 months old. He's certainly an active boy and yes, even more so now that he is walking. In fact, he basically skipped the walking stage and went straight to "speed walking." I spend my days on my feet trailing him around the house and yard!

**CBS:** You seem to have the 'perfect' life with a great career and family life. But do you think women can REALLY 'have it all'? Have you had to make sacrifices now that you're a mom?

**HD:** Nobody's life is perfect but in this day and age women are able to find a balance between work and home life. Of course my life has changed but I don't think of them as sacrifices because I was ready for this new chapter!

**Related Link:** [Hilary Duff Calls Motherhood a "Hormonal Roller Coaster"](#)

**CBS:** We saw you and Mike enjoying Coachella. Comment on the importance of making time as a couple. Do you think it's important? Do you have regular date nights?

**HD:** Yes of course it's important to make time to focus on your relationship. But it's not always easy! We aren't huge planners, we tend to do things last minute but we enjoy going out for nice dinners or spending time with friends.

For the rest of the interview, click [here](#).

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## Celebrity Pregnancy: Monica is Expecting First Child with Shannon Brown



By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), R&B singer Monica is expecting her first child with Shannon Brown. She confirmed her pregnancy via Twitter the day before Mother's Day. Monica is

already a mother to two boys Rocko, 7 and Romelo, 5 whom she had with ex fiancé, rapper Rodney "Rocko" Hill. Brown also has a son, Shannon Christopher, from a previous relationship.

## **When is it the right time to announce a pregnancy?**

### **Cupid's Advice:**

Finding out you're expecting probably sends a million emotions coursing through your body. You might feel nervous, scared, surprised or excited. You may even feel all of these emotions at the same time! Once the fact that you're pregnant has settled into your mind, you might grapple with the issue on when is the appropriate time to start spreading the baby news. Cupid has some advice:

**1. Tell your partner:** For starters, the next person who needs to know you're expecting should be the father-to-be. You can spill the news in an unexpected manner, or have him around while you take the pregnancy test. Either way, he should be the first to know because from now on he needs to be involved in any decision you make regarding the baby, including the decision on who to tell next.

**2. Share the news early:** If you like the idea of getting support and advice early on in the pregnancy, you have the option of telling your friends and family as soon as you find out you're expecting. You'll be able to share all of the excitement and experience from start to finish! The only downside being you could suffer from a miscarriage and you and your partner won't have the option to deal with it on your own.

**3. Wait it out:** If you prefer to wait until you're in the clear from possible miscarriage, wait until you're further along in your pregnancy before making the announcement. You won't get much help from others, but you and your beau will be able to make more decisions as a couple, which could make your

relationship even stronger before the baby comes.

When did you realize it was the right time to announce your pregnancy? Comment below.

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# Celebrity Pregnancy: 'Homeland' Star Morena Baccarin Is Expecting First Child



By Kerri Sheehan

[UsMagazine.com](http://UsMagazine.com) confirmed that *Homeland* actress Morena Baccarin, 33, is with child. This will be her first child with husband and director, Austin Chick. When asked how she makes

her marriage work Baccarin told the *Daily Mail*, “You have to keep checking in, being aware of what is happening in each other’s worlds.”

## **How do you prepare your relationship for a child?**

### **Cupid’s Advice:**

Adding a baby into the mix can sometimes tears couples apart faster than you can say, “Pacifier.” That’s why it’s important to make sure your relationship is as strong as it can be before baby bump turns into bundle of joy:

**1. Enjoy now:** Once the baby comes there’s a very slim chance that you and your spouse will have any alone time. Think of it as ‘rollover minutes’ and spend as much time together as you can right now to make up for the next few months.

**2. Keep up date night:** Even though the baby can and should be the main focus of your relationship for the first few months, make sure you and your spouse still find time to connect. Having a strong relationship will create a better environment for the baby to grow up in.

**3. Resolve existing problems:** With a baby on the way there are bound to be some disagreements arise. Ironing out any problems a couple has pre-baby will ensure a smoother ride post-baby.

**Did you and your spouse do anything special to prepare for your child? Share below.**

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# Celebrity News: Hilary Duff Calls Motherhood a 'Hormonal Roller Coaster'



By Andrea Surujnauth

Hilary Duff, proud mother of one year old Luca, recently talked about the difficulty of motherhood with [Usmagazine.com](http://Usmagazine.com). "Exhaustion is a good one to start with! You're very sleep-deprived." says Duff. "Sometimes you have a crying baby and you can't do anything to get them to stop crying ... you feel, as their mom, that you should be able to have all the answers and be able to take care of them so easily." Fortunately Duff has her husband, Mike Comrie, and especially her mother to help her get through the difficult times. "She's been so great – helping me with the baby, coming over when I need to take a nap or escape for a little bit," she said. "My husband is amazing, too. If I want to run out of the house for an hour to go work out or go meet a friend for



lunch, I can. I think that's really important."

**What are some ways to support your partner through parenthood?**

**Cupid's Advice:**

You are the main bread winner and your partner is the one that usually stays home to care for the new baby. How can you support your partner? Cupid is here with some suggestions:

**1. Alone time:** Take responsibility of the baby on a certain day of the week to allow your sweetheart to get some alone time and breathing space. Your partner will appreciate you giving them time to get out of the house on their own,

**2. Couple time:** Have one of the child's grandparents or a nanny come over to watch your little bundle of joy so the two of you can get some romantic time outside of the house. Take your partner out on a date.

**3. Encouragement:** Let your partner know that they are doing a good job holding down the household. They are working hard to keep the house running in order and taking care of your baby, let them know that you love and appreciate them.

**How do you support your partner through parenthood? Comment below and let us know!**

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**Celebrity Pregnancy: Kim Kardashian Says She's Nervous**

# and Anxious to Become a Mom



By [Jessica](#)

[Conigliaro](#)

As a soon to be first time mom, Mother's Day had a completely different effect on Kim Kardashian. According to [UsMagazine](#), the pregnant 32-year old tweeted, "'Mother's Day is one of my favorite holidays because it's a special day to honor my role model and best friend,'" she wrote. "As I'm counting the days until I finally get to be a mother, I'm a bit nervous and anxious, but also excited knowing that I learned from the very best." Kardashian has also been getting baby advice from older sister Kim, who is a mother of 2.

**What are some ways to support your partner during pregnancy?**

**Cupid's Advice:**

You and your love found out there is a baby on the way a few months ago. As it gets closer and closer to the due date, your

partner's nerves and concerns begin to intensify. Cupid is here to show you ways to ease their worried minds during pregnancy:

**1. Constant support:** The best way to show your spouse that everything will be fine is to be there every step of the way. Whenever your partner feels scared of being a parent, make sure you are by their side. This will show your love they are never alone. When it's time for the baby to come, they know you'll support the family no matter what.

**2. Tell them it's ok:** The idea of becoming a parent can be a scary one—and that's completely normal. Let your spouse know it is okay to have fears about having a child—and that you are nervous as well. They will feel comforted knowing they are not the only one worrying about the future.

**3. Get them excited:** Aside from all the responsibilities of becoming a parent, there are of course numerous joys that come with the territory. Remind your partner of the fun things to come—birthday parties, first steps, days at the park. Being a parent has its perks and knowing them will help to ease your love's worried mind.

**How did you support your partner during pregnancy? Share in the comments below.**

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**Celebrity News: 'Biggest Loser' Stars Sam Poueu and**

# Stephanie Anderson Split Before Baby's Birth



By April Littleton

Sam Poueu and Stephanie Anderson, former contestants on *The Biggest Loser* are in the process of getting a divorce just two months before the birth of their first child, reports [UsMagazine](#). On the separation between the two, Anderson said, "It is with great sadness that my marriage to Sam Poueu is ending." The couple met while filming the third season of *The Biggest Loser*. The couple announced Anderson's pregnancy in January.

**What are some ways to remain civil post-breakup for the sake of your children?**

**Cupid's Advice:**

Your relationship is officially down the gutter, but you can't

just pack up and move on. You still have kids to take care of. You might think it's impossible for you to hide your feelings of resentment toward your ex around them, but the fact is, it's necessary. Here are some ways to remain cool, calm and collected around the kids:

**1. Don't bad-mouth your ex:** Kids pick up on a lot, especially if there's tension between the two people they love the most. Your children don't need to be put in the middle of a war between their parents. Call a friend if you need to blow off some steam, but don't let your children overhear you bashing their other parent. You may only be able to see the negative traits in your ex, but your kids still love them and it's not up to you to change their view of them.

**2. Work together:** Whether you like it or not, you will always be a part of your ex's life through your children. You may not see eye-to-eye with each other, but it's important for the two of you to develop a visitation schedule for the kids. The children shouldn't be punished for the breakup, they deserve to spend just as much time with you as they do their other parent.

**3. Kids first:** Ultimately, the only thing that should matter is your child. It's not about you and your ex anymore. You don't even have to be friends with him! But you have to be willing to put your differences and feelings aside for the sake of the kids.

**Do you have children with an ex? How do you remain civil? Comment below.**

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# Celebrity Baby: 'Real Housewives of Atlanta' Star Phaedra Parks Welcomes Second Child



By April Littleton

*Real Housewives of Atlanta* star Phaedra Parks and her husband Apollo Nida welcomed their second child – a son on Wednesday May 8, according to [People](#). A rep for Parks said, “Mother and baby are happy and healthy.” The couple has been married since 2009. The two are parents to a soon-to-be 3-year-old named Ayden.

**How do you prepare for a second child versus your first?**

**Cupid's Advice:**

You know you should be preparing for your second baby's arrival, but how? You've already been through this once before! You pretty much have everything taken care of...so you think! Despite the fact that you're already a parent, pregnancy the second time around does have its differences. Cupid has some advice:

**1. Plan to adjust:** Don't forget to talk to the big brother or sister about what's to come. Be positive when you're discussing the new baby and help the first child adjust to the idea of having a sibling. If he or she isn't entirely thrilled with the prospect of gaining a new family member, or they're just simply too young to understand, help them feel included by letting them pick out toys or other special items for the new baby.

**2. Organize:** Day-to-day errands you were able to do with ease with one child will be a little bit more difficult to manage with two. Schedule some fun family events and kids' activities. Make sure you have a good way to keep track of things because you're bound to forget something along the way.

**3. Relax:** Get as much rest in as you can. You won't have to worry about too much sibling rivalry until the newborn becomes mobile. With a new baby on the way, the little family moments you'll experience will count even more the second time around!

**Do you have more than one child? How did you prepare for the additional bundles of joy? Share your experience below.**

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## **Celebrity Moms Share Mother's**

# Day Plans



by Jenny Schafer for

Celebrity Baby Scoop

In honor of Mother's Day on May 12th, we asked some of our favorite celebrity moms how they're planning to spend the special day.

From new moms Holly Madison and Giuliana Rancic to mom-of-four Tori Spelling to single mom Kelly Bensimon, let's look at how the stars celebrate all things mom.

**Related Link:** [Giuliana Rancic Chats About 'Ready for Love' and Being a Mom](#)

**Giuliana Rancic:**

Reality stars Giuliana Rancic and Bill Rancic welcomed their first child, son **Duke**, in August 2012. The new mom opened up to Celebrity Baby Scoop about her big plans to celebrate her first Mother's Day.



“Bill and I are having our moms come to LA for Mother’s Day – to make it special for all of us,” she shared. “We’re planning a fancy bunch with the whole family at a nice hotel in Newport Coast and then a walk on the beach. Reall, I just want to relax and enjoy the day together as a whole family.”

She added: “This Mother’s Day is especially meaningful because it’s my first time to celebrate as a mother, of course! After struggling for years to have a baby, it’s a real gift to be able to spend the special day with Bill, Duke and our family.”

### **Holly Madison:**

Before welcoming her first child, daughter **Rainbow**, on March 5, *Playboy* model Holly Madison opened up to Celebrity Baby Scoop about her hopes for her first Mother’s Day.

“I hope my boyfriend and I can find something fun to do that someone only a few months old will enjoy,” Holly shared. “Maybe we will take her to the Springs Preserve (a park here in Vegas) and see if she reacts to any of the animals and the nature.”

### **Tiffani Thiessen:**

*White Collar* star Tiffani Thiessen is mom to 2-year-old daughter **Harper**. The *Saved by the Bell* alum opened up to Celebrity Baby Scoop about celebrating Mother’s Day in New York City with her mom and her daughter.

“Being a mom now myself, it is even more special,” she shared. “What’s great is we will be in New York again this year as I shoot Season 5 of *White Collar*. I’ll get to celebrate the day with my Mom and my daughter, all of us together.

**Related Link:** [Brooke Burns Says That “Love Is The Inspiration for Life”](#)

### **Brooke Burns:**

Actress Brooke Burns is mom to 13-year-old daughter **Madison**. The former *Baywatch* star opened up to Celebrity Baby Scoop about enjoying Mother's Day with her daughter and mother.

"I'm very sentimental about Mother's Day," she shared. "First of all, my mother was/is the most wonderful, loving, understanding mom. A true example in word and deed. I love that there is a day that reminds me to verbally honor her."

"Also, when I was young, I was told I might never be able to have kids," she continued. "So, I usually make Maddy look me in the eyes and I give her some speech that starts, and ends, in 'happy tears.' She's used to it."

Brooke added: "I also make it a point to tell all my mommy friends how incredible they are, because no one really knows how hard, demanding, beautiful, exhausting, and painfully rich motherhood is, except another mom."

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## Celebrity Pregnancy: Rachael Leigh Cook Is Expecting Her First Child





By Kerri Sheehan

A baby is on the way for actors Rachael Leigh Cook and her hubby Daniel Gillies! The two have been married since 2004, but this is their first child. Cook has been filming the second season of TNT's *Perception* while with child. She told [UsMagazine](#), "I've been hiding my rapidly growing bump while shooting but this kiddo is vying for screen time. We clearly have a future actor on our hands."

**How do you balance your career and pregnancy?**

### **Cupid's Advice:**

Trying to maintain your career while prepping for the arrival of a baby is no easy feat. Cupid has some advice:

**1. Stay focused:** It's hard to stay focused on your job when you have a little human growing inside of you, but you have to realize that business doesn't stop just because you do. Make sure that you keep up on all of your work as falling behind will only create extra stress for you in the future. Performing at an exceptional level while pregnant will impress your boss and show his or her that you can be relied on.

**2. Plan ahead:** Being pregnant comes with a lot of baggage.

Morning sickness, mood swings, and extreme fatigue are all likely to come and go throughout your day. Make sure your desk is always stocked with an emergency kit to combat these symptoms. Be sure to include crackers, a washcloth, a tin of breath mints, a couple of energizing sweets, Tylenol, and perhaps a change of clothes for particularly awful days.

**3. Keep your eyes on the prize:** Throughout the pregnancy keeping your career intact may seem like an impossible feat, but if you focus it is possible. Never say never and always remember that there have been many before you who have kept both baby and their career together. At the end of it all you'll not only still have your job, but also a beautiful baby to share your accomplishments with.

**Have any advice about balancing your career and pregnancy? Share below.**

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## **Celebrity News: Nick Lacey Says 'Camden Is The Happiest Baby On Earth'**





By [Francoise](#)

[Shirley](#) for [Celebrity Baby Scoop](#)

New dad Nick Lachey is loving every minute with his 7-month-old son **Camden** who has “just started crawling.” The crooner, 39, is debuting his new lullaby album, *A Father’s Lullaby*, as well as his latest CD with 98 Degrees, titled *2.0*.

Nick opens up to Celebrity Baby Scoop about the joys of fatherhood, touring this summer with wife Vanessa Lachey and their sweet son, his hopes for another son and a daughter, and his plans to keep “evolving” in the music industry.

**CBS: Tell us all about new lullaby album, *A Father’s Lullaby*. Tell us about the songs and what inspired you to do the album.**

**NL:** “Well, I was definitely inspired to do the album because of the impending birth of my son, Camden. All the emotions you feel in anticipation of this experience is perfect for writing music. I chose songs that were favorites of mine and then also wrote 6 originals for the record. The originals are so meaningful to me, truly inspired by my little man.”

**Related Link:** [Vanessa Lachey Calls Nick Lachey a ‘Doting Dad’](#)

**CBS: Do you notice that Camden responds to your singing voice?**

**Do you feel it's a special way to bond with your baby, whether you have a beautiful voice like yours or not?**

NL: "Camden definitely recognizes my voice when he hears it. I think it's an incredible way to bond with your little one, whether you have a good singing voice or not!"

**CBS: How is Camden doing?**

NL: "Camden is great, he really is the happiest baby on Earth. He's just started crawling, which is a lot of fun."

**CBS: You recently said you're moving home to Ohio in a few years. Do you plan to retire once you move home?**

NL: "I'm way too young to retire! I do plan on spending as much time with my kids as possible though, so if that means trying to lighten the workload a little bit, then so be it. My family is definitely the priority at this point in my life."

**Related Link:** [Vanessa Lachey Says She's Excited to Become a Mom](#)

**CBS: How has fatherhood changed you? Please share some of the greatest joys of fatherhood. Biggest challenges?**

NL: "It has changed me for sure. It literally affects everything you do, every decision you make. Your priorities completely shift and your kids instantly become the most important thing in the world. I think it's made me a more patient person as well.

My greatest joy is waking him up every day. Seeing that little boy look up and smile at me every morning is the perfect way to start my day. The biggest challenge is having enough time in the day to do everything I need to do."

**CBS: It seems like you're thrilled to have a son. Are you also hoping to have a daughter one day? How many kids would you like?**

NL: "I think it would be a lot of fun to have a daughter one day, but either way, fatherhood is great, regardless of the gender. In a perfect world, we'd have one more boy, then a girl."

For the rest of the interview, click [here](#).

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## Poppy Montgomery Welcomes a Baby Girl



By Meghan Fitzgerald

Poppy Montgomery, who stars in *Unforgettable*, and her boyfriend, Microsoft executive Shawn Sanford welcomed their first child last Monday April 22nd, according to [People](#). The couple welcomed daughter Violet Grace Devereux Stanford at 7:57 a.m., weighing in at 6 lbs, 12 oz. and

measuring 19.5 inches long. According to [E! Online](#), the pair released a statement, saying: “Overjoyed with the arrival of our beautiful angel and filled with gratitude that she is happy, healthy and thriving.”

**How do you support your partner through an unplanned pregnancy?**

### **Cupid's Advice:**

Unplanned pregnancies are obviously surprises. They are not expected nor are they always easy to handle, so it's important to have a support system. Cupid has some advice:

**1. Family:** Your partner is going to need support through their unplanned pregnancy. Family members tend to dish out a lot of stress, as they tend to smother the mom-to-be. They want to know every single detail of the pregnancy and don't expect you to keep secrets. It's important to stand by your partner to block some of this onslaught.

**2. Every step:** Be by the side of your mate through every step of the pregnancy. Attend doctors appointments, and put pictures up on your fridge. Talk to your family about every aspect of the pregnancy and be the person people go to for help. Be the rock to your partner's pregnancy.

**3. Lend your shoulder:** Because unplanned pregnancies are unexpected, your partner may be on an emotional rollercoaster each and every day. You may not be able to do anything to change the situation, but you can certainly lend an ear (or a shoulder) and be someone they can confide in.

**Have you supported your partner through an unplanned pregnancy? Share your experiences below.**



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# Perez Hilton Opens Up About Fatherhood



By Lisa Estall for

CelebrityBabyScoop

New dad [Perez Hilton](#) attended the launch of *Paul Frank's 2013 Summer Collection Event: Let's Have A Fun Day!* at the W Hotel in Hollywood, Calif. last Monday (April 8). The party included an interactive photo booth, mini-manicures, braid bar, personal fragrance station, make up station, and VIP eyewear station. Custom summer beverages and appetizers were served as guests took part in the night's activities.

**Celebrity Baby Scoop** spoke exclusively to Perez – who welcomed his son **Mario Armando Lavandeira, III, or Perez Hilton Jr.** – on February 16.

**CBS: What is your favorite part about being at this event?**

**PH:** I am a fan of Paul Frank and I am here because I got invited. [laughs] It's fun to get out of the house and I try to get out a couple of times a week because I have a baby now. He is on a schedule, which is very helpful. He's napping right now and I'll stay here for like 45 minutes then I'm going back for nighttime feeding, bath time, and bedtime.

**Related:** [Hillary Scott Debuts Her Baby Bump at the ACM Awards](#)

**CBS: Tell us about your fatherhood experience thus far.**

**PH:** Being a father is awesome and everything I could have hoped for and more.

**Related:** [Would you Date a Single Parent?](#)

**CBS: What do you have planned for this summer?**

**PH:** I plan on just being here with my baby and not traveling much. I really have nothing planned, which is exciting.

Perez also has been sharing photos of his son on his [Facebook page](#). What a cutie!

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**Celebrity Couple: Tom and Ashley Arnold Open Up About Their Tough Road to Parenthood**



By Jessica

Conigliaro

Earlier this month, Tom and Ashley Arnold welcomed their first child—but getting to that point was not an easy task for them. In an interview with [People](#), Tom said, “I’ve worked diligently to become a father for 23 years,” he explains. “...The moment Jax was born, I realized that this was exactly the way it was meant to be. I was ready because I was healthy and had the perfect partner.”

**How do you support your partner when you’re trying to get pregnant?**

### **Cupid's Advice:**

You and your partner have been wanting—and trying—to have a baby for a while now, but it just isn’t happening yet. During this time, you both are feeling frustrated and overwhelmed. Cupid’s here to show you ways to support your spouse:

**1. Help them relax:** Your husband wants to have a baby so badly

that he becomes upset every time the pregnancy test shows up negative. Go to a weekend spa together and take both of your minds off of your struggles to parenthood. A little time away from the situation might be exactly what the 2 of you need.

**2. Positive energy:** When you are failing to get pregnant and your partner starts losing hope, you are sure to give up as well. Show your partner that you have not given up and are willing to try until your family grows. Once you have a positive attitude, so will your spouse.

**3. Make them feel special:** Remind your partner how much you love them when they start feeling down about not getting pregnant. Let them know you will always be there, with or without a child. Do something romantic for your wife and show her she will always mean the world to you. This will surely lift her spirits.

**How did you comfort your spouse when trying to get pregnant? Share below.**

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## Celebrity Baby: Malin Akerman Welcomes a Baby Boy





By Andrea Surujnauth

*Rock of Ages* actress Malin Akerman and her husband, Roberto Zincone, welcomed a baby boy on Tuesday, April 16th, confirmed [People](#). “My husband and I welcomed our beautiful, healthy baby boy to this world this morning! Biggest joy of my life!!! #lovemykid” the actress announced via Twitter. “PS and his name is ... Sebastian Zincone. Love him more than life itself!! #whatafeeling !!!” The couple who have been married since 2007, announced their pregnancy in Spetember. Akerman mentioned to *E! News* that it was about time her and Zincone started a family. “My husband and I have been talking about it for the past 10 years that we’ve been together, so it’s about time,” she said.

**What are some ways that having a child can bring you closer as a couple?**

### **Cupid’s Advice:**

Speaking to new parents about their marriage may surprise you. Most of them will say that having a child actually strengthened their marriage. Here are a few ways that having a child can bring you closer as a couple:

**1. Shared love:** You and your significant other will love your

child and work together in order to create the best life possible for your little one. Because of this, your love for one another will grow and become stronger because you are both sharing love for your baby.

**2. Working together:** By working together as a couple to make a good life for your bundle of joy, you and your partner will get along and have a strong bond with each other while trying to take care of your child. You depend on one another for help and your teamwork will automatically build a better relationship between you two.

**3. Family:** Now you and your partner are more than just a couple, you are a family. Graduating from couple hood to family will bring you closer to one another. In the past you and your beau were held together by love and maybe wedding vows, now you are held together by your child and the fact of being transformed into a family.

**What are some ways that having a child brought you closer as a couple? Comment below and let us know!**

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## **Celebrity News: Earth Day In Hollywood How Celebrity Families Go Green**





By Jenny Schafer for

Celebrity Baby Scoop

Hollywood is going green!

On April 22, more than one billion people around the globe will participate in Earth Day. In celebration, let's take a look at eco-friendly celebrities like Jessica Alba and Tori Spelling who inspire others to protect Mother Nature.

**Look through our list of high-profile families who minimize their carbon footprint.**

### **Tori Spelling:**

Tori Spelling and Dean McDermott are proud parents of four kids: sons **Liam**, 6, and **Finn**, 6 months, and daughters **Stella**, 4, and **Hattie**, 1.

The reality TV mama recently opened up to [Celebrity Baby Scoop](#) about going green "everyday," not just one day out of the year.

"Everyday is Earth Day in our house," Spelling said. "We definitely try to teach our kids to take care of the earth. Just the other day, actually, in fact it was in the playroom, Liam came up and said I turned off the lights in the playroom

because I don't want the earth to get sick. It was really cute."

She added: "We teach all about recycling, we compost. We try our best to teach them how to take care of the earth."

### **Jessica Alba:**

From her chic sense of style, to her hands-on playdates at the park, to her eco-friendly business, we can't get enough of Jessica Alba. After creating The Honest Company last year, the mom-of-two is now promoting her debut book, *The Honest Life*.

"It's a colorful how-to guidebook for people who want to make a healthy and non-toxic home without giving up the fun fashionable things," Jessica recently opened up to *Celebrity Baby Scoop*. "I hope people will be inspired to make the ideas their own and find what works for them."

She went on to talk about modeling an eco-friendly lifestyle with husband Cash Warren and their two daughter **Honor**, 4, and **Haven**, 1.

"First and foremost, we try to model and practice eco-friendly habits for the girls," Alba said. "Otherwise, we talk to them about being mindful and explain that things can be turned into something else one day. This can be as simple as teaching them about recyclables and showing how to sort bottles and cans from trash."

She added: "We also do a lot of DIY crafts like using cardboard boxes to make airplanes and dollhouses—our creative playtime together similarly shows the girls about repurposing old items."

The *Sin City* star says involving kids in the process is not only fun, but educational.

"Involving children in gardening and cooking is another great



way to inspire eco-friendly living,” Alba shared. “Caring for the plants in our herb wall garden helps Honor understand the steps to growing food (including patience!), how it ultimately lands on her plate, and about being a good steward of the planet.”

The proud mom added: “Honor is also a great sous chef when we’re in the kitchen, so being a part of the dinner process encourages her to eat the foods she grows and develops her taste for fresh ingredients. Hopefully, this lays the foundation for children to prioritize their health and that of the planet.”

### **Tiffani Thiessen:**

Audiences first fell in love with Tiffani Thiessen as Kelly Kapowski in *Saved by the Bell* and later Valerie Malone in *Beverly Hills, 90210*. Now we love her as event planner Elizabeth Burke in *White Collar*, and doting mom to 2-year-old daughter **Harper**.

The actress recently opened up to *Celebrity Baby Scoop* about the importance of leading an eco-friendly life.

“Earth Day is very important to us,” Thiessen said. “I’ve always been a believer in being green. We as a family recycle. We grow our own veggies and we have water tanks that store rain water and we then use to water our yard.”

**What are some of the ways you and your family celebrate Earth Day? Share in the comments below.**

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# Celebrity Baby: Jessica Simpson Celebrates Her Baby Shower



By Andrea Surujnauth

Jessica Simpson celebrated her baby shower on Sunday, reported [People](#). Guests included Simpson's sister Ashlee, close friend Jessica Alba, and hair stylist Ken Paves. In the Tom Sawyer-themed bash, vintage tables, tin pitchers, and a wooden boat alongside the nearby pond were incorporated in the event. Simpson served pigs in a blanket, mini sliders and grilled cheese from a custom station. The mom-to-be was also sure to request Thousand Island dressing for the salad bar, "She's craving it!" says Mindy Weiss, Simpson's party planner. Simpson had a look of pure joy as she entered the party holding her 11-month-old daughter, Maxwell, and patting her pregnant belly. Simpson is expecting a baby boy.

**What are some ways to make a baby shower for a second child special?**

**Cupid's Advice:**

You had one baby shower already, so you don't want your second shower to be a carbon copy of the first. How do you make it special? Cupid has some tips:

**1. Theme:** Creating a theme for your second shower will make it a very special experience for all of your guests. Try not to go with simple themes like baby animals, go with something more out of this world like Jessica Simpson's Tom Sawyer theme!

**2. New Games:** Don't repeat games from your last baby shower. Try some new ones, or even better, make up your own! Your guests will love playing something different than the regular old baby shower games.

**3. Arts and Crafts:** Get your guests involved with baby preparation by having a baby headband or baby hat decorating station. The guests can design a headband or hat for your little bundle of joy. It will increase the excitement for the little one's arrival.

**What are some other ways to make a baby shower special? Share your thoughts below.**

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**Celebrity News: Fergie Jokes**

# That Josh Duhamel Wanted Children with Her From Their First Date



By Jessica

Conigliaro

Fergie, soon-to-be mother, and husband Josh Duhamel are preparing for the newest addition to their family. [People](#) reports Fergie saying, "He's been amazing," she told reporters. "He's so nice and wonderful, and he sings and talks to my belly all of the time," she explains. "He's very complimentary. I'm very lucky that he is really good to me."

**How do you know if your partner would make a good parent?**

**Cupid's Advice:**

You and your partner have been together for a while now. You

both are tossing around the idea of starting a family together. Before doing anything drastic however, you want to make sure your love will make a good father. Cupid's here to help you figure that out:

**1. He takes care of you:** Whenever you're sick, your partner always stops by with soup to make sure you are okay. He helps you get better and doesn't ever worry about catching your germs—he's more concerned about you than his own health. If he is this nurturing with you, he is sure to be a good father. When his children will need him most, you know for a fact that your love will happily take care of them.

**2. Good with other kids:** Your friends had a baby last year and your spouse loves spending time with the little one. He offers to babysit and enjoys playing and laughing with their child. This should be a very clear indication that your partner will make a great father. He is showing enthusiasm towards children and is probably stirring up excitement of becoming a father of his own some day.

**3. Patience:** Your love wants to leave the house by a certain time, but you are taking forever to get ready. Instead of getting mad and frustrated at you, he is understanding and lets you get ready in peace. By doing so, your man is showing you how patient he can be—which will definitely be good when you have kids together.

**How did you know your husband would be a good father? Share below:.**

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# Celebrity Baby: Jenna Bush Hager and Husband Welcome a Baby Girl



By Jessica

Conigliaro

Former President George W. Bush and former First Lady Laura Bush welcomed their first grandchild on Sunday. According to [People](#), Bush shared the exciting news through Facebook: “Laura and I are thrilled to announce the birth of our grandchild, Margaret Laura ‘Mila’ Hager,” he writes. “Mila, daughter of Jenna and Henry Hager, is named for her grandmothers.”

**What are some ways to incorporate family tradition when you name your child?**

**Cupid's Advice:**

Picking a name for your baby—and agreeing with your partner on a name—is not always easy. There are tons of factors to take into consideration. Cupid is here to help you figure out how to add family tradition into your baby's name:

**1. Name them after someone:** You just found out you are having a baby boy—your husband's very first thought is to name him after himself. This is a great way to show your future son how important family is and will create a special bond between him and his father—you may also decide to name him after his grandfather. Either way, he will take comfort one day knowing he is named after someone important to the family.

**2. Close friend:** A good friend of yours passed away a few years ago and you are still finding ways to cope. They meant a lot to you and inspired you in many ways. Honor them by naming your child after them. Your son/daughter will have a name that represents someone who was very special to you.

**3. Middle Name:** If you and your husband are disagreeing on baby names, try compromising with a middle name. You want to name your child after your grandmother, but your spouse isn't too thrilled with the name. Suggest using it as a middle name for your daughter and come up with a first name you both love.

**How do you add family tradition when choosing s name for your baby? Share in the comments below.**

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## **Celebrity Pregnancy: Hillary Scott Debuts Her Baby Bump at**

# the ACM Awards



By Andrea Surujnauth

Hillary Scott flaunted her growing baby bump and she posed for the cameras on the red carpet for the ACM Awards. According to [UsMagazine.com](http://UsMagazine.com), Scott announced in December that she and husband, Chris Tyrrell are expecting their first child together. The Lady Antebellum singer was nominated for Vocal Group of the Year with band members Dave Haywood and Charles Kelley. Backstage, Scott tweeted, "So thankful to be getting ready backstage at the ACM Awards with the beautiful ladies in Little Big Town who are teaching me about being a mama!" Scott confirmed that she and Tyrrell are expecting a baby girl. In January, Scott posted a humorous tweet referring to her pregnancy cravings, "Who has two thumbs and just asked her husband, and very nicely I might add, to run into the grocery store for pop tarts? ME! Pregnancy."

**What are some ways to get educated about becoming a parent when you're expecting?**



## **Cupid's Advice:**

Parenting is a roller coaster ride for first-time parents. How can you get some advice on Do's and Don't's of parenting? Cupid has some advice on ways you can get educated before your little bundle of joy arrives:

**1. Read:** There is a wide array of parenting books that can help you and your partner. Reading up about advice on parenting skills can make a big difference for when your baby is finally here.

**2. Ask parents:** Get advice from other parents or from your parents. Grandparents would love to give advice on raising their grandchildren and take care of their little grandbaby. And all the situations that you will be growing through, you better believe, they been there and done that!

**3. Professionals:** If you are still unsure about your parenting skills, ask professionals. Go to a class for new parents. You will be taught all the tips and tricks on how to handle your little one.

**How did you get educated about becoming a parent? Comment below and let us know.**