

Kristi Yamaguchi “Surprised” by Parenthood



By Shannon Seibert

Prize-winning Olympic figure skater Kristi Yamaguchi has established herself as a well-rounded business woman and is now championing the art of parenthood. A mother to two daughters, Keara, 10, and Emma, 8, she marvels at the pleasant surprises of being a parent. She recently caught up with Celebrity Baby Scoop to talk about The Always Dream Foundation and her experiences being a mom.

Related Link: [Brooke Burke-Charvet Encourages Mothers Everywhere To Get Fit](#)

CBS: The Always Dream Foundation has been effective in helping kids to look beyond their circumstances and embrace their

dreams. How many kids have you helped so far?

KY: “Wow. I have no idea. We’re in our 18th year of existence. I don’t know if I can even guess how many kids have been helped over the past 18 years. I know our current reading program is finishing its second year, and we are in 12 schools and affecting about 1,200 kids. That is just the schools we’ve been in over the past three years.”

CBS: Do you have any new programs for the summer?

KY: “We have our 2nd Annual Children’s Literacy Festival coming up in on May 17th in San Jose called Kristi Yamaguchi’s Reading Adventures at Happy Hallow. We will bring in some guest authors to read, some local celebrities, and the popular Disney Jr. group Choo Choo Soul will be a part of our entertainment as well. That’s our immediate one, and then we have our Annual Gala that helps raise funds for our literacy efforts.”

CBS: How much influence did your mom have on the kind of mom you have become?

KY: “Very much. She has always been my ultimate role model. She was an amazing mom and had time for all of us, my siblings and me. She sacrificed a lot and did a lot. I definitely admire the way she raised us, and I’m looking forward to following her footsteps.”

CBS: How has motherhood changed you?

KY: “I think I’ve become more tentative to dangers in life as far as taking care of myself – because I might get sick, and who would take care of my kids? Obviously, looking after them and thinking of all of the things moms want to do to keep their kids safe, busy, task-happy, and active too.”

Related Link: [Bill Rancic Talks About Being a Dad: “Family Always Comes First”](#)

CBS: What experiences have surprised you the most?

KY: "I guess how proud you can be as a parent when your child accomplishes something or when I see my two daughters interacting with each other. Seeing the affection they have for each other is so heartwarming. I never thought I could feel so emotional about seeing that sibling love."

For the rest of the interview, visit www.celebritybabyscoop.com/2014/05/09/kristin-yamaguchi-ultimate!

Drew Barrymore Says She 'Couldn't Be Better' After Second Child





By Louisa

Gonzales

Drew Barrymore gave birth to her second daughter, Frankie, on April 22 and the transition period of bringing her home has been “great” according to UsMagazine.com. At a recent press conference for Barrymore’s latest film, *Blended*, a comedy she stars in with fellow actor Adam Sandler, she couldn’t hide how “happy” she is as everything is “really good” in her life at the moment. The star actress, 39, also recently celebrated a casual mother’s day with her husband, art advisor Will Kopelman, 36, and 19-month-old daughter Olive with, “Sweatpants, *Games of Thrones*, takeout”.

How do you strengthen your relationship after having a second child?

Cupid’s Advice:

Your life and relationships can go through a lot of changes once you start having kids. For a lot of couples having children can be a wonderful time in their lives, but it can also be challenging and difficult at times. Cupid has some advice on how to strengthen your relationship after having a second child:

1. Do family time together: To celebrate your new growing family try doing family activities together. It can be fun to do more things as a family, like go on a family vacation, go to an amusement park or go to the park together, there are many options for families to spend fun, quality time together. The word family is more than just a word to really qualify as family you need to be willing to put in effort, time and energy, but that doesn't mean it can't be fun.

Related: [Drew Barrymore Is Engaged To Will Kopelman](#)

2. Schedule time for just the two of you: Make sure that you make time just between the both of you. Having two kids can be handful and requirer you to spend a lot of time and energy with them, which can be a fun and enjoyable thing, but that doesn't mean you shouldn't still have "alone" time. To help with not getting or feeling overwhelmed, quality time between the two of you is essential not only for a breath of fresh air but, to help keep your romance alive.

Related: [Will Kopelman to Drew Barrymore: 'I'm Excited!' to Meet Our Baby](#)

3. Communicate: Communication is key for every good relationship, that includes the one between you and your partner, but also the one between you and your kids. With your growing family things are bound to get more hectic, so it's good to be on the same page on things. Don't assume your lovebird or child is a mindreader, talk to each other and make sure you both understand what you want in your relationship and for your children.

What do you recommend doing to strengthen your relationship after having a second child? Share your tips below.

Paul Adelstein Marvels About the Experience of Parenthood



By Shannon

Seibert

Private Practice and *Scandal* star Paul Adelstein will be starring as Aaron in the new movie *Return to Zero*, premiering on Saturday, May 17th at 8 p.m. EST on Lifetime. The movie explores the devastating experiences of a couple who loses a baby in the womb and also features Minnie Driver, Alfred Molina, Kathy Baker, and Connie Nielsen in other starring roles. Adelstein opened up to Celebrity Baby Scoop to talk about his experiences with the film and being a dad to his four-year-old daughter Josephine.

Related Link: [Samantha Harris Stays Strong for Family After Breast Cancer Diagnosis](#)

CBS: You star as Aaron in the Lifetime movie *Return To Zero*. Please tell us about your role and how you prepared for it.

PA: “The film follows a couple and some of their extended family through the trauma of losing a child to stillbirth. I read the script and was struck by how subtly the relationship between Aaron and Maggie (Minnie Driver’s character) was rendered. Obviously, the subject matter is emotional and difficult, but it was really this relationship that is the center of the movie. With Sean Hanish’s (the writer/director) help, I tried to find out as much I could about Aaron before they lose the baby – his relationship with his father/business partner (Alfred Molina) and his wife – and then just let the rest happen.”

CBS: Did you pull from any of your experiences as a real-life dad to play the part?

PA: “I did. As an actor, I try to tap into whatever is going to help me understand a character and that character’s relationships.”

CBS: Please tell us about your daughter? How old is she and what is she into?

PA: “She is four, and she is smart and an absolute joy.”

CBS: How has fatherhood changed you? What has surprised you the most about being a parent?

PA: “I’m surprised by what parenthood does to time. I’m not sure who said it, but ‘the days are long and the years are short’ is spot on, in my experience.”

Related Link: [Tila Tequila Says ‘My Baby Has Saved My Life’](#)

CBS: What else is up next for you?

PA: “I’ve been playing a role on *Scandal*, which is ridiculously fun. In June, I’ll start shooting a new series

for Bravo called *The Girlfriend's Guide To Divorce* with Lisa Edelstein and Janeane Garofalo. I'm also writing an episode of that show, so I'm basically excited and terrified. It's a blast."

For the full interview, click [here](#)!

Brooke Burke-Charvet Encourages Mothers Everywhere To Get Fit



By Shannon Seibert

Caelum is Brooke Burke-Charvet's new line of workout apparel, and it comes with the appealing guarantee to help you reach your fitness goals while staying stylish, all for under \$100. Her line will be available at Nordstrom within the next week, and she will be teaching a Booty Burn class at the Nordstrom store in The Grove on May 17th. Celebrity Baby Scoop caught up with the fitness-fanatic mother of four to talk about Caelum, her inspiration for the line, and how she stays in shape.

Related Link: [Brooke Burke-Charvet Says 'Dancing With the Stars' Is Unpredictable and Evenly Matched](#)

CBS: Tell us all about the brand. It looks colorful and cozy. What inspired the various designs?

BBC: "My goal for Caelum is to inspire women to get fit and dress the part. I always say, if you are going to sweat to do it in style. I created Caelum, derived from the acronym that defines the brand: "core, active, evolve, live, uplift and motivate," for women with active, on-the-go lifestyles. I also believe that fitness is fashion! This line was inspired by seasonal colors and current fashion trends so women can have fun when they are pulling their fitness wardrobe out of their closet!"

CBS: How do you stay in check regarding body image and staying healthy? How do you bring a healthy message home to your daughters? To your son?

BBC: "It is very tricky. Right now, my older girls are totally into fitness, which I think is great. I try to never use words like "fat" or "skinny," and instead, I talk about being healthy, strong and getting fit. I try to lead by example, because working out is so much more than just the body. It is about mind, body, and soul as well as the benefits of choosing to be active go so much deeper than the surface."

CBS: What's with Hollywood's obsession to lose the baby weight fast? What's your best advice to new moms in the postpartum

period?

BBC: "I totally believe in belly binding! I wrapped my post pregnancy belly in a belly binding sleeve I developed, Tauts, for forty days and forty nights. This totally helped support the baggy baby skin and forced me to keep my core engaged. I really truly believe this is the best natural approach to getting back in shape. I will say it takes a miracle to make and grow a baby. All women need to embrace the time and anything that happens to their bodies is so worth it, but it should not be used as an excuse. Stay healthy, stay strong and be positive... remember the pregnancy belly does not have to be forever."

CBS: Tell us your best tips for moms wanting to get started in a regular fitness routine. What's the key to success?

BBC: "I firmly believe you have to be stronger than your excuses. There are a lot of tips and tricks, but no real secrets. Making a commitment with a friend, signing up for a gym membership, purchasing a DVD, signing up for a workout class are all really helping and keep you honest. I also think women need to mix up their workouts, set reasonable goals and make the commitment to start. If you are not sweating, you are not working out hard enough. So push yourself to your limits, write it down and make a schedule which allows you to be as equally important as everyone else is in your life. Make fitness a priority."

Related Link: [Brooke Burke Shares Love Life Secrets](#)

CBS: What's your favorite way to spend Mother's Day?

BBC: "We have a huge family with lots of mothers in it, so I do not always get the selfish me time. This year, I will be on a plane heading home from hosting a charity event, but I am hoping to have a quiet and thoughtful lunch with my mother and children that I do not have to prepare! That is my dream."

For the rest of the interview, visit www.celebritybabyscoop.com/2014/05/08/brooke-charvet-example/!

Samantha Harris Stays Strong for Family After Breast Cancer Diagnosis



By Shannon Seibert

Former *Dancing with the Stars* co-host Samantha Harris recently chatted with Celebrity Baby Scoop after being diagnosed with breast cancer. She opened up about her medical journey and not

wanting daughters Josselyn, 6 and Hillary, 3 “to be afraid” for their mother’s health. “I want them to hear from me first what Mommy has and that I’m going to be fine.”

Related Link: [DeAnna Pappas Stagliano Talks Motherhood: “It’s Seriously the Best Thing I’ve Ever Done”](#)

Four months after finding an abnormal lump on her breast, her gut feeling didn’t sit right with her. She went to see a specialist and had a needle biopsy, two ultrasounds, and a MRI, leading to a scheduled lumpectomy. “Even the pathology they do in the operating room said no cancer. My husband [Micheal Hess] was right next to me and said, ‘Babe, you’re all clear.’ I didn’t even take him to the follow-up because I thought I didn’t have cancer.”

Initially, all signs really had pointed to being cancer-free, so the television host hadn’t given the visit a second thought. When she found out she did have breast cancer, she was alone in her doctor’s office. “I started to realize that they kept saying the word ‘carcinoma.’ That means cancer, so I guess I have cancer. Then, the tears welled up in my eyes, and it wasn’t until the surgeon left the room that all I wanted to do was crumble into my husband’s arms.”

Harris will undergo a double mastectomy and plans to make a video diary documenting her health journey, which she and her husband might show their daughters at a later date. “The day we found out, while it was still fresh in our minds, we made a video,” Harris shares. “I don’t know if we’ll end up showing it to them, but at least we have the option. Having lost my dad when he was just 50, I was lucky because I was 22, and I’d had him through my whole adolescence.”

Related Link: [Bill Rancic Talks About Being a Dad: “Family Comes First”](#)

Still, she has kept a very positive outlook on her diagnosis.

She has high hopes for her future with her husband and her girls. "No matter how positive of a diagnosis as I have, it doesn't keep the demons of fear from taking over your mind and your thought process and thinking about the girls and thinking about how my dad wasn't able to walk me down the aisle," she adds. "I will be here to plan my daughters' weddings, and they better like the dress I pick!"

For the full interview, visit www.celebritybabyscoop.com/2014/04/20/samantha-daughters-diagnosis.

Ginnifer Goodwin Opens Up About Her Pregnancy and Wedding





By Sanetra

Richards

Every fairy tale has a happy ending! According to UsMagazine.com, *Once Upon a Time* star Ginnifer Goodwin talked all about her pregnancy and marriage for the first time publicly to Jimmy Kimmel on Wednesday, April 23. While talking about the active baby, the 35-year-old said “There’s like, a Cirque du Soleil performance. It’s like alien stuff.” The actress and Kimmel went on to discuss her recent wedding to co-star Josh Dallas on April 12th: “We wrapped production on *Once Upon a Time*, I think, two weeks ago,” Goodwin told Kimmel. “And a couple days later, I was wed in Venice, California.” “I married Prince Charming,” she gushed. “We’re both Southern, so I was literally barefoot and pregnant at our wedding. I was afraid I would fall over, I don’t know what I was thinking.” When asked if her parents were upset about her premarital pregnancy, Goodwin replied “No, no. We may be Southern, but that’s their first grandchild,” she clarified. “They’re all coming back out here in a couple of weeks to camp out and wait,” Goodwin said of her in-laws and parents’ excitement of the baby’s birth.

How do you keep your family involved in your pregnancy?

Cupid's Advice:

The announcement of a pregnancy brings tons of happiness and joy. Your mind is racing a thousand miles per hour, you are planning and preparing and cannot think of too much else. However, you want to be sure to include those who mean the most to you, family – chances are, you will get more support than you could ever imagine. Cupid has some tips on how to keep your family involved along the way:

1. Offer invites: Open up your home to any family members that could possibly lend a helping hand along the way. Let them know the door is always open if they would like to visit and spend time with the expecting mother. Encourage them to attend a doctor appointment to see the baby's ultrasound or go shopping for the nursery together.

Related: [Ginnifer Goodwin and Josh Dallas Tie the Knot](#)

2. Ask for suggestions: You are going back and forth with names or a color scheme for the baby, do not be opposed to asking your family for their ideas. They would be delighted and honored to know you would consider their options. You may even want to include them on organizing and decorating for the shower. Another helping hand would not hurt!

Related: [Ginnifer Goodwin Is Expecting a Baby with Co-Star Josh Dallas](#)

3. Inform them: If something exciting happens throughout the pregnancy, share the news! Your family will feel as if they are being included and not just when the baby is born. They will continuously support and guide you along the way (possibly into the delivery room).

What are some ways to keep your family involved in your pregnancy? Share your tips below.

Tila Tequila Says 'My Baby Has Saved My Life'



By Sanetra

Richards

A baby really does change your life, and Tila Tequila can vouch for that. According to UsMagazine.com, the 32-year-old former reality star announced her pregnancy earlier this week on April 18, and expressed the deep emotion she already feels for her baby boy or girl: "It has been quite a painful journey for me, and I never thought I was going to make it out alive. So to be able to do a total 180 and finally be blessed with my first child gets me so emotional that I can barely even handle it," she says. "The only difference is that now these tears I cry are of joy, and no longer of sadness." Tila Tequila took a

lot of hits over the years, from the 2010 death of fiancée Casey Johnson, a 2012 rehab stay, and many times she described as “hurtful, embarrassing, and sometimes erratic.” She told Us, “My side of the story has never been truly told over the past five years, as I have kept so much bottled inside of me.” The A Shot at Love with Tila Tequila star went on to gush about her little bun in the oven, saying, “I truly feel that my baby has saved my life, and I will do whatever it takes to give my little baby the whole entire world!” she vows. “I know I’m going to cry so much when the baby is finally born later this year.”

What are some ways pregnancy can strengthen your relationship?

Cupid’s Advice:

Pregnancy comes along with many things, such as spontaneous mood swings, appetite changes, and swollen body parts. However, distance between you and your partner does not have to be included in the bunch. Cupid has a few relationship strengthening effects of pregnancy:

1. Bonding: During the 9 (or 10) months spent baking the bun, you and your partner have the opportunity to connect even more. From shopping for the baby to attending doctor appointments together, the joint effort will increase the positive vibes and add to the excitement of the birth.

Related: [Tila Tequila Is Pregnant](#)

2. More talks: Often times, pregnancy leads to many long conversations about what the future will hold. You and your significant other may begin to question the next step in your relationship, whether that is marriage or building a larger family. Also, you may find yourself questioning some things along the way. Be sure to inform your partner of any concerns or problems you may have about the pregnancy or child’s birth – this will ease any future arguments (that are not because of

hormonal changes).

Related: [Jason Biggs Says 'My Son Changed Me Overnight'](#)

3. A deeper connection: Announcing the baby, finding out the gender, and watching him or her kick are all moments that will bring you and your partner closer than ever. Who knows, there may be tears of joy along the way!

How does pregnancy strengthen a relationship? Share your thoughts below.

Justin Bartha and Wife Lia Smith Welcome a Baby Girl



By

Louisa

Gonzales

Justin Bartha and wife Lia Smith have a new addition to their family, a baby girl! According to UsMagazine.com Bartha's wife gave birth to their first child on Sunday, April 13. *The Hangover* star, 35, and the personal fitness trainer got engaged in May 2013 and said their "I do's" back in January in Oahu, Hawaii. Sometime after their lovely and intimate wedding ceremony it was confirmed the couple were expecting. Bartha, who dated Ashley Olsen in the past from 2009 to 2011, make a "gorgeous" pair, according to insiders.

What are some ways to prepare your relationship for a child?

Cupid's Advice:

Having a child is a big step for any person's relationship. Children will bring changes to your lives, as well as new challenges, difficulties and experiences. Cupid has some advice on some ways to prepare your relationship for a child.

1. Make sure you're both ready: Before you even began to try or consider having a baby make sure it's something you both want and are ready for. Having a child is a big-life-altering move and if you are not ready, it's okay to wait until you are. If you try to force you or your partner to do something they are not ready for, it can hurt your relationship in the long run.

Related: [Ashley Olsen and Justin Bartha Split](#)

2. Know you won't be able to certain things you use to: Once you have a child, certain things you were able to do before you did, like going out all the time or traveling might not be possible for you to do as much anymore. A child requires a lot of attention, which means a lot of your time will have to be devoted to the raising of your child. You might not be able to some things anymore, but they are plenty of new things for you

to do as a family.

Related: [Isabella Brewster Is Expecting with NBA Player Husband](#)

3. Make a list of reasons why this is the right step: Sure, your relationship will face new obstacles and challenges, but it will also bring plenty of new joyful and fun experiences. Together, make a list or tell each other all the reasons why having a kid is what you both want and how you're both ready. You can always come up with reasons to wait, however, eventually you just have to do it and hope it all works out.

What do you think are some good ways to prepare your relationship for a child? Share your tips below.

Tila Tequila Is Pregnant





By April

Littleton

According to UsMagazine.com, Tila Tequila is expecting her first child. She showed off her baby bump via Facebook April 18. "Surprise!! I'm 10 weeks pregnant!" she said. "I just couldn't hold it in any longer as this brings me so much joy and happiness to know that there is a baby Tila on the way!" The father of the child hasn't been revealed.

How do you announce a pregnancy?

Cupid's Advice:

Congratulations on your baby news! Now, you just have to find a way to let all of your loved ones know you're expecting. Cupid has some tips:

1. Family and friends: Let all of your loved ones know before you go public with your exciting news. After you tell the people who matter most to you, think about spreading the news to everyone else in a fun and surprising way.

Related: [JWoww Says 'Pregnancy and Me Don't Mix'](#)

2. Be prepared for comments: Don't expect everyone to be happy

for you. You will have plenty of people who believe you're not ready for such a big responsibility. Try to keep calm with individuals who choose to be inconsiderate over the situation.

Related: [Bill Rancic Talks About Being a Dad: 'Family Always Comes First'](#)

3. Your partner: Before you reveal your baby news to anyone else, make sure your partner knows first. They might not be ready to let everyone else in on your little secret just yet. Make sure they're prepared to let other people know before you announce your pregnancy.

How did you announce your pregnancy? Share your experience below.

JWoww Says 'Pregnancy and Me Don't Mix'





By Sanetra

Richards

The bun is almost ready to come out of the oven! Jenni “JWoww” Farley is three months away from her due date. The *Jersey Shore* cast member posted a sonogram of her baby girl onto her website Tuesday, April 15th. She went on to write, “HOLY S–T! Pregnancy and me don’t mix. I keep saying to myself, ‘how can women enjoy this s–t?!’ I’m always on edge because every appointment I find something else that’s crazy and unexpected.” According to UsMagazine.com, the reality star and mom-to-be also told readers about her recent pregnancy scare when doctors announced the baby had a “small cyst on her brain,” later revealed as a choroid plexus cyst (which would later go away): “I go numb and tears are just flowing. I can’t even begin to try and stop the tears... Literally hysterical to the point where I was hyperventilating thinking, ‘[oh my god] I did something so horrible to my daughter?’... Fast forward to this checkup which brings me to 25 weeks, AKA six months. My daughter’s cyst went away!!!” Another pregnancy problem Farley and fiancé Roger Mathews had to face was a low-lying placenta. The couple was told to abstain from sex for a month: “I literally burst out laughing hysterically,” Farley wrote about the doctor’s prescription for abstinence. “Roger swears I paid

him to say [it]. So now no sex for a month!!!” Farley confirmed the placenta problem has since gone away, too. “My placenta is higher so I’m no longer at risk (don’t tell Roger).”

What are some ways to support your partner through her pregnancy?

Cupid’s Advice:

Pregnancy takes a woman through many mental, emotional, and physical trials. The last thing she needs is more stress added onto her plate from her partner and child’s father. So, how do you make it your mission to ensure her nothing but fewer worries on your part? Cupid has some advice to help:

1. Be attentive: As stated before, your partner is going through one of the most emotional periods in her life. Expect instant mood changes – you can thank the hormones. Take the time to listen to her concerns and as passive as this may sound, do the simple tasks she may ask of you. After all, she is carrying a load!

Related: [JWoww Hates Being Pregnant](#)

2. Attend appointments: You want to be as hands-on as possible. Show her she is not the only one in this pregnancy. Make it your duty to attend the majority of the scheduled doctor appointments, from the first to the last (and delivery room). You would be surprised how moved you will be after seeing you all’s bundle of joy for the very first time. Your partner will realize your supportive efforts and be more than grateful.

Related: [JWoww Says Her Baby is ‘So Dramatic’ Already](#)

3. Show excitement: Believe it or not, fathers actually do not mind getting their hands dirty when it comes to baby planning. In your spare time, browse through the name book or maybe even

plan a trip to the store to purchase things for the baby nursery. Assure her she is not the only one looking forward to the new family member.

How do you support your partner through pregnancy? Share your tips below.

Bill Rancic Talks About Being a Dad: “Family Always Comes First”



By

Maria

Darbenzio

As if he's not busy enough, Bill Rancic, star of *Giuliana &*

Bill, will be hosting an upcoming Food Network show premiering on Monday, April 7th at 9 pm EST/PST. *Kitchen Casino* will put four chefs into a high-stakes game of chance that requires impressive skills to come out on top. *Celebrity Baby Scoop* talked with Rancic about fatherhood and how date nights and family vacations are an important part of his relationship with his wife and son.

Related Link: [Bill Rancic Says Baby Son Duke Is 'Babbling'](#)

CBS: You and Giuliana have busy careers. How do you make family a priority? What kinds of things do you enjoy doing as a family?

BR: "Family always comes first for Giuliana and myself, and we make sure to constantly work our schedules to ensure that never changes. We are constantly going on hikes and spending time with Duke. We make a point to have date nights, and we believe that, because of our hard work, we are fortunate enough to enjoy family vacations and that quality time together."

CBS: Mother's Day is approaching. How do you plan to celebrate?

BR: "Moms are so important in my life. My mom continues to be a huge influence, as does Giuliana's. And now that we have Duke, I love celebrating what a great mom my wife is to our son. I'm sure we'll do something to celebrate our family and how blessed we all are."

CBS: How has being a parent changed your relationship with Giuliana?

BR: "Giuliana and I have similar parenting styles on the big stuff, but lots of different opinions on the little stuff. It's made us even better communicators with one another, and we've learned to make compromises along the way. Giuliana is

such a great mother, and her bond with Duke is one of my favorite things to watch every day.”

Related Link: [Celebrity Moms Share Mother's Day Plans](#)

CBS: How has fatherhood changed you? What are some of your favorite memories so far as a dad?

BR: “I have nieces and nephews, but nothing really prepared me for being a dad myself. Because of Duke, I love the little things even more – a quiet moment, his smile, his first steps. Everything in life matters more because of him.”

For the rest of the interview, visit www.celebritybabyscoop.com/2014/04/09/debuts-kitchen-casino/

Isabella Brewster Is Expecting with NBA Player Husband





By Louisa

Gonzales

Isabella Brewster is expecting! According to UsMagazine.com, it was recently announced on Sunday April 13th that Brewster and husband, NBA star Baron Davis, are going to have a child. The news was made public in an Instagram pic when the former CAA agent wished a happy birthday to her "Love, Husband and Baby Daddy." This exciting news comes just three months after Brewster and Davis said their vows in January and almost seven months after Brewster's older sister and *Fast & Furious* starlet Jordana Brewster had her son Julian with husband Andrew Form.

What are some factors to consider when you want to have a child?

Cupid's Advice:

Deciding to expand your family is both a challenging and rewarding experience. There are a lot of new lessons and teachings that comes from having kids, so before you do so, there are many things you need to think about. Here are some factors to consider when you want to have a child:

Related Link: [Jason and Molly Mesnick Say Their Daughter Has “Quite a Silly Personality”](#)

1. You're financially stable: One of the most important things you will have to think about is money. Children are expensive, as you have provide and take care of them. If you're not ready to support or offer the proper security for a child, then you may want to wait for time where you are more financially secure.

2. You've discussed your plans: Who's going to take care of the baby? How do you want to raise your child – what traditions, values or beliefs? These are important questions you need to discuss with your partner *before* you have the child because it will help decide if you're both ready.

Related Link: [‘Mad Men’ Star Kevin Rahm Is Expecting a Baby Girl with Wife](#)

3. It's the right step for your relationship: A child requires a lot of time and focus, and for a while, your relationship may have to take a back seat. What that means is you might not be able to do things like traveling or enjoying solo dinners out. If you and your honey understand all the added pressures and sacrifices but also the joys, you can handle anything together.

What do you think are some good factors to think about when you're considering to have a child? Share your tips below.

Jason and Molly Mesnick Say

Their Daughter Has “Quite a Silly Personality”



By Maria

Darbenzio

Jason and Molly Mesnick, known for their scandalous season of *The Bachelor*, recently celebrated the first birthday of daughter Riley. They threw a massive party at their Seattle home for their girl's milestone birthday and invited 100 guests including *Bachelorette* alum, Desiree Hartsock. The Mesnick family caught up with Celebrity Baby Scoop to talk about how much they love their baby girl and their hopes to extend their family.

Related Link: [Stephen and DeAnna Pappas Stagliano Reveal Baby Daughter's Name](#)

CBS: Happy birthday to your sweet daughter Riley! Tell us all

about her milestone birthday.

MM: "I wanted to go big with Riley's first birthday party because, well, you only turn one once, right [laughs]. We invited 100 of our closest family and friends. We even had family members fly in from out of town. Desiree and Chris, our fellow *Bachelor* family members, also came out to celebrate."

CBS: How is Riley doing? What is she into these days? What does she do to make you laugh?

MM: "Riley is constantly making us laugh. She is at such a fun age where she is really starting to interact with us, understand words, and she's got quite a silly personality. She's also on the move, big time! I have to watch her like a hawk because if I turn away for even a minute, she's already playing in the toilet [laughs]."

CBS: How were the first few months of motherhood for you? Did you feel overwhelmed at all? How have you adjusted to new motherhood?

MM: "Honestly, I was a very low stress mommy at the beginning and still am today. I didn't read a lot of books beforehand, so I wouldn't get worked up about the little things. I took everything in stride and just enjoyed the little moments with Riley. She has a great disposition – very happy, calm, and easy. I got really lucky with this one."

Related Link: [Former 'Bachelorette' Contestant and Hopeless Romantic Chris Bukowski Wants His "Fairytale Ending"](#)

CBS: Are you hoping to add to your family one day soon and have another baby?

MM: "I think so. Riley already has a big brother (Ty, who is 9), but I'd love for her to have a sibling closer in age. I grew up with a sister who is only 2 years old than me, and we are so close. I want that for Riley too."

For the rest of the interview, visit www.celebritybabyscoop.com/2014/04/04/celebrate-daughters-birthday/

JWoww Says Being Pregnant is a 'Struggle'



By April

Littleton

Pregnant best friends JWoww and Snooki attended the MTV Movie Awards together. Farley is expecting a baby girl in July with fiancé Roger Mathews. Polizzi is expecting her second child some time in the fall. "I'm not a fan of pregnancy right now, with my thighs touching and my boobs changing, but I know it

will be worth it, and hopefully I get back to that really quickly," JWoww told UsMagazine.com.

How do you prepare for your first pregnancy?

Cupid's Advice:

Whether you're thinking about getting pregnant, or you're already well on your way to giving birth, there are a few things you should prepare for and consider before you raise a child on your own. Cupid is here to help:

1. Eat the right foods: Help your body prepare for its physical journey by eating all the right foods. No more caffeinated beverages, seafood, canned foods, etc. Stick to eating plenty of fresh fruits and vegetables. When it comes to your source of protein, try to limit yourself to chicken and other lean meats.

Related: [JWoww and Fiance Roger Matthews Are Expecting First Child](#)

2. Check your finances: Are you financially ready to take care of a child? Take a look at your bank account. Can you afford to miss a few months of work, while you're pregnant? You have to be realistic about what you're capable of doing right now at this point in your life. You're not ready for a child if you're not 100 percent sure you can afford to take care of one.

Related: [Celebrity Couples Who Let Money Ruin Their Relationship](#)

3. Talk to your partner: You're ready for a baby, but your significant other might think otherwise. Have a conversation with your partner about you wanting to start a family, and make sure the two of you are on the same page.

How did you prepare for your first pregnancy? Share your

experience below.

'Mad Men' Star Kevin Rahm Is Expecting a Baby Girl with Wife



By Louisa

Gonzales

'Med Men' star, Kevin Rahm wife is pregnant. According to UsMagazine.com, Rahm and former 'Housewives' star Amy Lonkar are expecting their first child together, a baby girl to be exact. The daddy-to-be shared the news on his twitter on April 5, in the form of photo that read, "Amy Rahm 'The Surgeon' and Kevin Rahm 'The Actor' Starring together in It's

a Girl! Coming this September.” The couple got married back in April 2012 and are both “excited” and “terrified” about the news.

How do you prepare your relationship for a first child?

Cupid’s Advice:

Having a baby can be a happy time for you and your partners relationship, but it can also be hard, stressful and at times challenging, especially if it’s your first child. Just think of having a baby together as just another journey or adventure in you relationship. Cupid has some advice on how to prepare your relationship for a first child:

1. Read up and research all you can: There is no secure way to foretell and predict all the changes that will happen in your relationship, from pregnancy, so all you can do is prepare. The best way to make your way into the known, is to talk to others who have experienced having a kids before friends or family, read baby books or attends classes, etc. Even though everyone’s experience can be different receiving advice from others can be helpful.

Related: [Dating Advice: Are You Dating a ‘Mad Man’?](#)

2.Keep in mind things will change: There are a lot of things first time parents will discover about each other, kids and their relationship through the journey of having kids. Life is constantly changing and the only way sometimes to keep going forward is to accept the change. So, with all the changes be prepared to be patient with one another, review your relationship and to learn and discover new things about each other.

Related: [Mila Kunis and Ashton Kutcher Are Expecting!](#)

3. Plan things out beforehand: To prevent any drama or unnecessary arguments that will come with having a baby, talk

or plan everything out beforehand. With a baby, like with any new member added in to your family comes new discoveries, problems and challenges. The only way to make changes for your new little person added into your family you have to be willing too, and the best way to do that is to make decisions as a couple.

What do you think are good ways to prepare your relationship for your first child? Share your tips below.

David Krumholtz Has a Baby Girl



By

April

Littleton

According to [People](#), *Men at Work* star David Krumkoltz welcomed a daughter, Pemma Mae. He announced the news via his Twitter account Saturday. "I am a parent," he tweeted. The actor married Vanessa Britting in New York City in May 2010.

How do you prepare for the birth of your child?

Cupid's Advice:

Congratulations on the soon-to-be birth of your child. Parents prepare for a new family member in many different ways. You have to find a way that works best for you and your partner. Cupid has some advice:

1. Relax: Your partner needs you to stay calm more than ever now. Your significant other will already be stressed to the max up until the baby is born, and when the bundle of joy does arrive a whole new level of anxiety will set in.

Related: [Stacy Keibler Is Pregnant](#)

2. Research: Do as much research as you can before the baby is due. Buy a few pregnancy books. Take some birthing classes. Anything that you can do to help you get familiar with the baby will prove to be beneficial in the end.

Related: [Rascal Flatts' Joe Don Rooney Is Expecting Third Child](#)

3. Get yourself ready: You need to mentally prepare yourself for what's to come. Spend time with your significant other because once the baby comes, alone time will be different. Your life won't just be about you and your partner anymore, you'll have another person to think about as well.

How did you prepare for the birth of your child? Share your experience below.

DeAnna Pappas Stagliano Talks Motherhood: “It’s Seriously the Best Thing I’ve Ever Done”



By Maria

Darbenzio

New mother and *The Bachelorette* alum DeAnna Pappas Stagliano and her husband Stephen Stagliano welcomed a beautiful baby girl into their family on February 6th. The former reality star recently caught up with Celebrity Baby Scoop to share an inside look at Addison Marie’s nursery and to talk about how she’s adjusted to being a mom.

Related Link: ['Bachelorette' Alum Welcomes Baby Girl](#)

CBS: Congratulations on the arrival of your daughter Addison Marie! How is she doing? And how are you adjusting to new motherhood?

DPS: "Addison is doing amazing – already sleeping through the night! Such a big girl. The past two months have just flown by. It's like I blinked and she grew into a baby instead of a newborn. So crazy.

I am loving motherhood – it is seriously the best thing I have ever done with my life. I'm obsessed with her – I can't stop staring at her or kissing her. Motherhood is such a blessing and I am so grateful to be experiencing this. The transition has been flawless. Sometimes I wake up in the middle of the night and I miss her so much even though she is just in the next room in her crib. The magnitude of the love I feel is so hard to put into words."

CBS: How did you come up with Addison Marie's name? Was it a tough decision for you and Stephen?

DPS: "Stephen and I loved the name Addison way before we were even thinking about getting pregnant. The name is just so beautiful and sophisticated. Her middle name, Marie, is passed down. It was my grandmother's, my mother's, and my middle name. It is something I wanted to share with my own daughter. I wanted her to know and have a piece of my mother."

CBS: Tell us all about baby Addison's beautiful nursery. What was the inspiration behind the soft pink and gray room? Have you always had a nursery like this in mind for your first child?

DPS: "Addison's nursery is our favorite room in the house! When we were planning out her nursery, I knew I wanted to decorate it in soft pink and soft gray. The gray took some convincing with Stephen, but once he saw it, he loved it too.

Choosing the bedding with Carousel Designs made it all complete. It was so easy when making the decision because we used their online tool. They had the perfect pink and gray chevron bedding that we just fell in love with. I found some vintage pieces of furniture that Stephen and I restored for her room that just fit perfectly.

Related Link: [DeAnna Pappas Stagliano Celebrates Her Baby Shower](#)

CBS: What's your favorite component/piece in the nursery?

DPS: "Speaking practically, I love her Poopoose changing pad. It is 'mom invented' which I love. The changing pad has a belt to strap Addison in so she doesn't roll off and get hurt. I'm also a huge fan of my Bobee diaper dispenser. It makes storing diapers easy and stylish so I am not cluttering up Addison's dresser or drawers with all the extra diapers."

For the rest of the interview, visit www.celebritybabyscoop.com/2014/04/01/stagliano-motherhood-blessing!

**Instagram Reveals Kevin
Federline Welcomes Sixth
Child**





By April

Littleton

According to [People](#), **Kevin Federline** revealed his **sixth child**, a daughter named Peyton Marie who was born Sunday, via his **Instagram** account. The former backup dancer posted a photo of a wagon with the words, "It's A Girl!" He's already a **father** to sons Jayden James and Sean Preston with Britney Spears, and Kaleb and Kori with ex-girlfriend, Shar Jackson. He also has a child, Jordan Kay, with current wife, **Victoria Prince**.

How do you manage a big family?

Cupid's Advice:

The bigger the family, the more responsibility you have. You'll need to make sure you have all the proper accommodations for a large number of loved ones. Cupid has some advice:

1. Communication: Many situations can go wrong when you have a big family. Make sure everyone stays on the same page – at least most of the time. You'll have to go out of your way to maintain communication between each and every one of your loved ones, but that's the price you may pay when you have your

own personal football team.

Related: [Scott Wolf and Wife Kelley Celebrate Baby Shower](#)

2. Schedules: Schedules might be the best thing for you and your family. You won't have time to do everything, but at least with a schedule you'll be able to fit more activities into your daily life.

Related: [Mila Kunis and Ashton Kutcher Are Expecting!](#)

3. Love: All of your family members need to know they're loved. If you're dealing with a large group of loved ones, it might be hard to have one-on-one time with each individual. Make the effort. Show them you care. Even a quick hug will do the trick.

What are some other ways to manage a big family? Comment below.

Rascal Flatts' Joe Don Rooney Is Expecting Third Child





By Sanetra

Richards

Move over babies number one and two, number three is on the way! Joe Don Rooney of the Rascal Flatts and wife Tiffany Fallon have another treat baking in the oven. According to UsMagazine.com, Rooney confirmed in a statement saying, “We are so thrilled and feel so blessed to bring another little angel into our world.” The couple married in 2006 and has since welcomed two kids, 5-year-old Jagger Donovan and 3-year-old Raquel Blue. The country band’s guitarist went onto say, “Jagger and Rocky are very excited, too. They’re going to make a great ‘big brother – big sister duo’ as the Rooney circus continues.”

How do you prepare for a third child versus the first two?

Cupid’s Advice:

Planning for a child is one of those things in life that cannot be completed successfully without the right tools and advice to guide you – and majority of the time, you still do not have it quite figured out. The first time around was challenging, the second was a tad bit easier, and now you are slightly concerned about the third. Do not panic, Cupid is

here to give you a few tips:

1. Be hands-on: A step in preparation for a third child that should be taken into mind is preparing the older siblings as well. Be sure to comfort them before the baby is born. Let them know that yes they may have a new brother or sister, but they will still be important. Involve them in the pregnancy: decorating the nursery, packing the hospital bag, showing the ultrasound photos. They will be more likely to embrace their role as an older sibling (and less likely to develop the 'middle child syndrome').

Related: [Gwen Stefani Welcomes Third Son with Husband Gavin Rossdale](#)

2. Think responsibly financially: The load will continue to grow as the third child comes along. Set aside funds each week or month for the family's cost of living. As you may know, baby expenses are far from inexpensive! Do not be afraid to downsize if you have to – baby number three will be well worth it.

Related: [Shakira Says She'd Love to Have Eight or Nine Kids with Gerard Pique](#)

3. Better parenting: Continue to find new ways of how to be a better parent along the way. Try new techniques, read parenting books, etc. Maybe even practice perfecting a skill you might have not had with the other two!

What are some ways to brace yourself for a third child? Share your suggestions below.

Scott Wolf and Wife Kelley Celebrate Baby Shower



By Maria

Darbenzio

Scott Wolf, known for his role on *Party of Five*, and his wife Kelley recently got together with friends and family for a garden-themed baby shower to celebrate the birth of their daughter. The event was held at *Access Hollywood* host Billy Bush and wife Sidney's house. The couple plans to name their daughter Lucy, which inspired the name of the party – Lucy's Garden. Celebrity Baby Scoop got all of the details!

Related Link: [Mila Kunis and Ashton Kutcher Are Expecting!](#)

"The third is the charm. We are so excited to add some pink into the house and our hearts. We were so blessed with two beautiful boys, and now, Lucy will complete our little

family,” the happy parents of two older sons revealed. Their boys, Jackson and Miller, attended the baby shower and were just as excited for the arrival of their baby sister.

While there, guests decorated flower pots that will line Lucy’s nursery. They were treated to a cake decorated to look like a garden created by Sugar Fairy Bakeshop. To balance out the sweet treats, they were encouraged to pick fruits and veggies from the garden that Wolf and his wife are creating in their daughter’s honor.

Related Link: [Stacy Keibler Is Pregnant](#)

Not only did the couple have a blast, but they also helped spread awareness about the beneficial uses of cloth diapers. The pair teamed up with BumGenius to tell people all about the environmental and health benefits of using these reusable diapers. Plus, BumGenius will be helping families in need by donating diapers.

For the rest of the interview, visit www.celebritybabyscoop.com/2014/03/24/scott-celebrate-shower/

Mila Kunis and Ashton Kutcher Are Expecting!





By Louisa

Gonzales

Congratulations to Mila Kunis and Ashton Kutcher who are expecting their first child together! According to UsMagazine.com multiple sources confirm the two stars couldn't be happier about the news, as it was something they both wanted. This exciting news comes only about month after a source confirmed the two lovebirds were in fact engaged. The couple went public with each other back in spring 2011 and have been going strong ever since. Kutcher had no children with his previous partner Demi Moore and their divorce was finalized last November.

How do you support your partner through a surprise pregnancy?

Cupid's Advice:

Life is full of surprises and sometimes the best things in life come unexpectedly. Finding out you partner is pregnant is a big moment in your life whether you planned it or not. Cupid has advice on how to support your partner through a surprise pregnancy:

1. Give them a surprise gift: Nothing shows your support like

a surprise gift, but make sure it is meaningful and has significance toward your lover. Giving them a present or a card will show that you are supportive and happy about the news. It's important to be able to let your partner know you are happy about the news, even if it is surprising.

Related: [Find Out About Ashton Kutcher and Mila Kunis' Engagement](#)

2.Be there for them: One of the greatest things you can do to show your support in a surprise pregnancy is to simply be there for them. Whatever they need, whatever they're going there make sure they know that you are with them. It's good to make them feel like they are not alone and it will help decrease both your stress levels, which could be bad for the baby.

Related: [Ashton Kutcher and Mila Kunis Step Out After Demi Moore Divorce News](#)

3. Do your research: Show you are prepared and ready for this new chapter in your lives, by researching and studying everything that comes with pregnancy. You can sign up for pregnancy classes, read parenting books, volunteer to babysit your friends kids sometimes. It doesn't matter how or what you do to prepare as long as you show your significant other you are in this together.

What are ways to show your support towards your partner through a surprise pregnancy? Share you tips below.

Stacy Keibler Is Pregnant



By April

Littleton

According to [People](#), newlyweds Stacy Keibler and Jared Pobre are expecting their first child together. "More blessings!! We're an elated family-to-be!" the couple told the magazine. The lovebirds married March 8 on a beach in Punta Mita. They were friends for five years before starting up a relationship with each other. "I'm so excited for the new chapter in my life," Keibler said. "I'm so ready for it. I feel for the first time like I'm really fulfilled and at peace."

How do you announce your pregnancy to loved ones?

Cupid's Advice:

Congratulations on your pregnancy. Now you have to decide how and when you're going to tell your loved ones about the

excited baby news. A pregnancy announcement might seem intimidating, but just think about how excited your family and friends will be once you finally reveal the big surprise. Cupid has some tips:

1. Tell your honey first: Before you go around telling your friends and family the good news, you need to tell your partner you're expecting first. You can choose to tell him right away, or think of a creative way to announce the news. Maybe you can tell your significant other over dinner or leave clever, little clues all over the house that lead up to the big reveal.

Related: [Surprise! Savannah Guthrie Is Married and Pregnant](#)

2. A picture story: Break the news to your family and friends with the help of a few photos. Have your honey snap a few pictures of you holding up a sign explaining your pregnancy. You could wait a few months for your baby bump to start showing to make it a little more fun.

Related: [Jason Biggs Says 'My Son Changed Me Overnight'](#)

3. Social media: Many couples are choosing to tell all of their loved ones about big news through the use of social media. While this method is impersonal, you'll get the job done faster. If you don't have a problem with everyone knowing about your baby news and you'd rather have everyone know at the same time, social media might be your best bet.

How did you announce your pregnancy to loved ones? Share your experience below.

Surprise! Savannah Guthrie Is Married and Pregnant



By Louisa

Gonzales

Savannah Guthrie and Michael Feldman secretly tied the knot this past weekend in a private ceremony. According to [People](#), the couple said their “I do’s” in front a small gathering of family and friends, about 80 to 90 people. The NBC anchor Guthrie, 42, and Feldman, 45, told their quests to keep their marriage a secret until Guthrie could reveal the information herself on air during the Today Monday morning. That wasn’t the only surprising news the lovebirds revealed that day. After the pair broke the news of their plans to keep their marriage hush-hush until the right time, they told quests, while the NBC News “Special Report” music played in the background, that they were expecting. Sources reported after the big news, every one of the guest “jumped” to their feet in

excitement. This will be the romantic mates, who first met and began dating in 2008, first child together.

What are some advantages to keeping your wedding under wraps?

Cupid's Advice:

Every couple wants different things and has different ideas on marriage. Once you're engaged and decide to start planning your wedding, know that you'll most likely face a few struggles along the way, but it will be worth it in the end, once you see your beau walking down the aisle or standing in front of you. A marriage is between you and the other person you choose to spend your life with, and if you want to keep your wedding private or have a big affair, it's your choice. Cupid explains some advantage to keeping your wedding under wraps:

1. It will make it more special: Getting married is one of the biggest and most sacred moments that will happen in your life. How romantic and intimate would it be to share your special day with just the people closest to you, as opposed to the whole world. These days everyone is posting every detail about their lives on some sort of social media, which in some cases can take away the magic of it all. By keeping your marriage just between you, your lover and the people you cherish it will show how much you honor and want to protect this special moment and your significant other.

Related: [Leighton Meester and Adam Brody Secretly Marry](#)

2. Less stress: There's a lot of pressure when it comes to getting married, why add-on more pressure with worrying about what other people will think? For a private or secret wedding to work you need to only let the people closest to you know, to decrease the risks of word getting out. With smaller and more intimate wedding gatherings, there is less stress and worry about pleasing other people. Plus, the stress that

comes with planning a wedding for everyone, takes away from the fact you are getting married for yourself, because you and your sweetheart want to.

Related: [Find Out About Ashton Kutcher and Mila Kunis' Engagement](#)

3. It will keep the wedding yours: The choice to get married is one of the biggest decisions any couple will make. Choosing to keep your wedding under wraps will show how important and special the pending marriage is to you. It will also keep you focused and help you remember what's important when planning for the big day. The one's getting married are you and your partner, no one else, so the two you should get the wedding you want without hearing from other people on how or when you should get married. The less people who know, the bigger the chance you'll won't let other people influence you.

What do you think are some advantages to keeping your wedding on the down low? Share in the comments below.

Jason Biggs Says 'My Son Changed Me Overnight'





By April

Littleton

Actor Jason Biggs has been a father for a little over a month now, but he says he already fully appreciates fatherhood. "What I'm learning – and what's interesting – is that my wife has changed completely, and I'm sure I have too," he told [People](#) at the PaleyFest *Orange is the New Black* panel in Hollywood last Friday. Biggs and his wife, Jenny Mollen will be celebrating their six- year anniversary soon.

What are some ways to prepare yourself for being a first-time parent?

Cupid's Advice:

Becoming a parent for the first time is a life changing experience. You won't know what you're doing for awhile, but you'll pick up the new baby duties in no time. There are a few things you can do that will help you ease into the transition a little more smoothly. Cupid has some tips:

1. Read: Go to your local library or bookstore, and find some parenting books to read. There are so many different ones to choose from. If you need a little help with reducing the

selection, ask a loved one to assist you. Maybe they'll have a few favorites of their own if they've already been through your experience before.

Related: ['Kendra on Top' Star Kendra Wilkinson Talks Second Pregnancy](#)

2. Think positive: Don't let yourself get stressed out over the small stuff. Keep a positive outlook on parenting. Naturally, you'll make a few mistakes along the way, but every first-time parent does. Keep the focus on yourself, your partner and your new baby. Everything will work out just fine.

Related: [JWoww Says Her Baby Is 'So Dramatic' Already](#)

3. Support system: Start hanging around with other parents to get a feel of how things will be from now on. Other parents will understand your frustration, excitement and anxiety. You can also learn a thing or two from the pros.

What are some other ways to prepare for being a first-time parent? Comment below.