

Pregnant Mila Kunis Goes On Burger Date with Ashton Kutcher



By Sanetra Richards

Mila Kunis is comfortably eating for two. The 30-year-old actress was spotted out in a nice black tank top and blue jeans with fiancé Ashton Kutcher as they finished grabbing a bite to eat at The Counter, a burger restaurant located in Studio City. The former costars announced a couple of months ago that they are expecting their first baby together. In the photo, Kutcher was seen opening the car door for the mommy-to-be. It's no surprise that Kunis has been dining out as of lately – she is indeed a growing woman. According to UsMagazine.com, a source said the *Jupiter* star enjoyed a meal

with her mom at Blu Jam Cafe in Sherman Oaks, as the two watched the final World Cup game. "I eat sauerkraut all day long," the actress spilled about her cravings in an interview with Ellen DeGeneres. "[It's] the worst craving to have because sauerkraut smells and so every time you open up a jar, it just reeks in the whole kitchen...It's not like ice cream where everything smells lovely."

What are some ways to make a mundane date special?

Cupid's Advice:

When going on dates becomes a regular thing and the excitement begins to slowly fade away, a problem has surely presented itself. If you sort of shrug your shoulders at those "regular" dates, it is time to put the spark back into it. Cupid has some ways to turn your boring dates into what they used to be:

1. It's not all about the location: It's more so about who you are with. The date can be at burger shack (like Ashton and Mila), or it can be at a five star restaurant. No matter which end of the scale, the date can go either two ways: really good or really bad. The five star restaurant can be a disaster. The burger shack date can leave you with butterflies and a lifetime memory. It is indeed all up to you and your date to make worth each other's while. (Who wouldn't smile at a heart made of fries?)

Related: [Mila Kunis Enjoys Her Sweet Pregnancy Cravings](#)

2. Have a little life in you: Do not be the person who is equivalent to a brick wall during conversation. If the dialogue does not just flow like in some instances, find topics to talk about. Seem intrigued! Ask them about their day, or what is it they may like about the location of the date . . . something. Show that you are made up of emotions, one being excitement. Also, remember your inner child – act a little silly every now and again. You will keep things

interesting.

Related: [Mila Kunis and Ashton Kutcher Go On Movie Date](#)

3. Spice it up: Even if you are going to that burger shack as mentioned before, maybe dig out an outfit from the back of your closet, spray on your once in a lifetime perfume, and apply your favorite lipstick. The date will take you back to your first, and you and your partner may even spend a few moments reminiscing on the past.

How would you turn a mundane date into something special? Suggest below!

Kim Kardashian and Kate Middleton Both Trying to Get Pregnant Again





By Sanetra Richards

Two of the most talked about names in pop culture are definitely giving us something else to talk about. Kim Kardashian and Kate Middleton have a babies on their brains. According to UsMagazine.com, the ladies are planning for a baby number two in the near future. Both Kardashian and Middleton were due last July for their first bundles of joy, and from the looks of it, they may be pregnant again around the same time. The 33-year-old reality star gave birth to daughter North West on June 15th of last year, whilst the 32-year-old Duchess followed shortly after, giving birth to Prince George on July 22nd. Now the mummies are ready to add another to their families. "Kanye wants a boy!" says source of the Kardashian clan. Although Kardashian is no stranger to the limelight, she intends on keeping the next pregnancy under wraps for as long as possible (thanks to the criticism and backlash received in the past). "Kim won't tell anyone until she's five months along," the source says. "She doesn't want people scrutinizing her body." The royal on the other hand, has her fingers crossed on being pregnant "by Christmas," the Royals' source told Us. "Will and Kate have siblings similar

in age, and they want the same for George. They're ready!"

How do you decide how many children to have?

Cupid's Advice:

Building a family is definitely one of the most common, as well as important, conversations to have with your partner. Whether to have a small or big family, and in some cases no family at all. You may want 3 children, and your partner may only want one. So, how do you exactly decide on the number? Cupid has a few tips:

1. Agree on a good number: As mentioned earlier, if you and your partner are stuck on the size of a family to have, find a good number that you both can agree on. If you want three and they want one, maybe agree on two, instead. A little bit of compromise can go a long way.

Related: [Prince William and Kate Middleton Introduce Their Son to the World](#)

2. Think of your finances: Are you both ready to take on your first child or possibly even more? Will you be able to provide, and maybe even go beyond that? Ask each other these questions. Your family size should be based on what you all can afford. If one baby is putting a dent in your pockets, consider waiting until the timing is absolutely right and you are financially ready.

Related: [Source Says Kim Kardashian and Kanye West Will Be Ready for Baby #2 Post-Wedding](#)

3. Consider each other's wants: If your partner truly only wants a certain number of kids, take this into deep consideration. Just brushing it off can cause a lot of damage in the relationship. Your partner may even begin to resent you or you may notice an attitude change over time. Talk it out and come to a common ground. If more children are going to be

added, set up a timeline. If not, keep it in the back of your mind as a possibility.

How did you and your partner decide on the number of children to have? Share in the comments below.

Scott Foley is Expecting a Third Child with Wife Marika Dominczyk



By Laura Seaman

Actor Scott Foley and his wife Marika Dominczyk are expecting their third child! The couple has a 2-year-old son and a 4-year-old daughter. Foley announced his wife's pregnancy via Twitter on July 15, a day after Dominczyk posted a picture of herself modeling maternity clothes with a... donkey? UsMagazine.com quotes her tweet saying "Sometimes you just gotta chill with your donkey. And your baby bump!"

How do you make your pregnant partner feel beautiful?

Cupid's Advice:

When a woman is pregnant, she's going through a lot both emotionally and physically. Sometimes it can be hard for her to keep her confidence levels up. As a dedicated partner, you should be there to let her know that she is still beautiful, she always has been, and always will be:

1. Go shopping for maternity clothes. When your partner starts to show and goes out to buy maternity clothes, so with her and tell her which ones you think look best. Give her your opinion and let her know how amazing she looks as she tries on her picks.

Related: [LeBron James and Wife Savannah Are Having their Third Child](#)

2. Take photos with her. Sometimes women just feel self-conscious about photos in general, but when you're putting on pounds for a baby, photos can seem like even scarier. Let your partner know that she looks perfect, even when she's pregnant. Encourage full body pictures, not just pictures cut off below the shoulders!

Related: [Stephen and DeAnna Pappas Stagliano Reveal Baby Daughter's Name](#)

3. Go out on dates with her. Let your partner know that she can still get dressed up and out on a date, even with the baby

bump. Take her somewhere fancy and treat her like the gorgeous woman you know she is. Show her off and complement her regularly. Treat it like one of your first dates where your goal was to impress her and make her feel like the most beautiful girl ever.

How did you make your pregnant partner feel beautiful, or how did your partner make you feel beautiful? Let us know in the comments!

Jenni 'JWoww' Farley Welcomes Daughter Meilani Alexandra Mathews





By Shannon Seibert

This past Sunday Jenni 'JWoww' Farley gave birth to her first born child and daughter Meilani Alexandra Mathews. Farley and fiancé Roger Mathews welcomed their happy and healthy baby girl into the world after many long months of waiting. Farley had recently posted her final picture of her baby bump, commenting on how excited she was to see her daughter. According to UsMagazine.com, the former *Jersey Shore* reality star initially didn't take well to pregnancy, but was overjoyed to meet her daughter.

How do you support your partner through the final days of pregnancy?

Cupid's Advice:

Just as Roger Mathews supported his fiancé Jenni Farley, a man can help make his partner's pregnancy more comfortable during its' final days. With the end in sight, each day seems to drag on, delaying he delivery of your little miracle into the world. In this crucial time it is imperative that each partner

reaches out to each other for support in order to be fully prepared to make this wonderful addition to your family.

1. Have the birthing plan ready: Though sometimes things don't go according to plan, it's always best to be ready for anything. Pack the hospital bag, make the necessary arrangements, and have your list of people to call at hand so you can be out the door at a moment's notice. This will be one more thing you can check off your to-do list, and it never hurts to pack things ahead of time.

Related: [Eva Mendes and Ryan Gosling are Having a Baby; Pregnancy Revealed](#)

2. Get plenty of rest: The best thing you can do for your partner is to be fully rested and functional for when the special day comes. No one wants to be half-asleep or at 50% the day their child is born. This also limits the amount of stress you may be feeling with the approaching due-date. A minimum of eight hours a night may seem impossible, but for the sanity of you and your partner, and for the health of your baby, sleep is absolutely necessary.

Related: [LeBron James and Wife Savannah Are Having Their Third Child](#)

3. Be there emotionally for each other: The thought of bringing a baby into the world can be terrifying at times. You're about to be legally and morally responsible for another human being. Not only will you love and cherish your child, but you'll constantly be worried about whether or not you're doing what's best for them. In these last few days of pregnancy emotions are at an ultimate high, so be there to calm each other down and support one another as your due-date approaches.

How did your partner help you through your pregnancy? Share your stories with us in the comments below!

Eva Mendes and Ryan Gosling Are Having a Baby; Pregnancy Revealed



By Sanetra Richards

Yes, you read the headline right! UsMagazine.com reveals a source has confirmed that pregnant Eva Mendes and longtime boyfriend Ryan Gosling are expecting a bundle of joy. The news was verified shortly after rumors circulated around the web about the 40-year-old actress' seven month pregnancy. This will be the first child for the Mendes and Gosling. In an interview with Ellen Degeneres at the beginning of the year,

the *Hitch* star joked about the pregnancy rumor frenzy that was happening: "It's so ridiculous," she said. "It all started because I didn't want to go through the scanners at the airport. You know those X-ray scanners, which are really creepy? They basically see you naked, right? And not only that, but there's a radiation aspect to it, so I always opt out."

What are some ways to keep your pregnancy under wraps?

Cupid's Advice: Expecting a baby is quite exciting! You are bringing a tiny human into the world, and there's no feeling that could possibly compare. For now though, you and your partner don't want anyone else to know your big news. Cupid has some tips to help you hide your baby-to-be:

1. Don't tell a soul: If you are waiting until you're further along in your pregnancy to break the news, your best bet is to keep your lips sealed. You can tell a couple of close friends and family members; however, everyone else is off limits!

Related Link: [Eva Mendes Gets Giggly Over Ryan Gosling on 'Ellen'](#)

2. Avoid hint-dropping: You may be extremely tempted to post cute baby-related things on your social media accounts...but don't! People will probably figure out what you do not want to reveal. Remember, the ultimate goal is to keep this a secret until you're ready to share.

Related Link: [Are You Expecting Ryan Gosling Perfection?](#)

3. Toss the fitted clothing: Use your wardrobe to your advantage! Maybe you have some flowy, shift dresses to wear when out and about; opt for those instead of your tight tees and button downs. No one will suspect a baby bump is underneath.

How do you keep your pregnancy under wraps? Share your suggestions below.

LeBron James and Wife Savannah Are Having Their Third Child



By Laura Seaman

It's official! LeBron James and wife Savannah Brinson are having a third child. Rumors started in March when Pat Riley, the president of the Miami Heat, said at a press conference,

“Savannah now is going to have a little baby girl to join her in the fight against the two boys an LeBron, which she needs.” UsMagazine.com confirmed the pregnancy of the couple, who were married in September and have two sons, LeBron James Jr. (8) and Bryce Maximus (6).

How can having a big family bring you closer together as a couple?

Cupid’s Advice:

Having a big family can be a lot to take on, and with more people comes more opportunities for family drama and toes being stepped on. However, they’re your family, and sometimes it’s great to have such a big support group around for you and your partner. Through the ups and downs, they’re always around, and when it comes to moral support, the bigger the better. So here are some advantages to having another child:

1. You can spread the love around. In small families you might feel a bit cramped, always socializing with the same people and having the same conversations as your partner, maybe butting heads once in a while. With a big family, you can spread out and talk to many different relatives in one evening without having to hang around your partner the entire time. By the end of the night you’ll both have different stories to tell each other and continue the fun.

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2. You will have more role models for your relationship. With many different relatives come many different couples to share stories with. Use this opportunity to learn from their experiences and use what they’ve learned in your own relationship.

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3. You'll get more support during tough times. Sometimes you and your partner will face rough patches, but with big families come a lot of comfort. They can talk to both of you, give their point of view, and help you fix whatever wrong. The more advice and comfort you get the better, and there's much more to go around with a large family.

Do you have a big family? How has it helped your relationship? Let us know in the comments!

New Born Baby Bonding the Love Between Bachelorette DeAnna Pappas and Stephen Stagliano





By Laura Seaman

A newborn baby girl has brought DeAnna Pappas Stagliano and husband Stephen Stagliano closer than ever. The couple, married in 2011, told [People](#) about their love as parents: “I didn’t know that you could love like this. Obviously I love DeAnna to pieces and we have a wonderful marriage, but the love that a parent has, it’s just different,” said Stagliano. The now 5-month-old baby Addison Marie Stagliano has brought a happy and completely new experience to the couple. “Nothing can really prepare you for what it’s like to have a child and how your life will change, but I will say we’re really good at it,” said the new mother. “We’re a really good team.”

How can a child bring you and your partner closer together?

Cupid’s Advice:

Being in love with your partner is one thing, but being in love with your partner while raising a child is another. The process of raising a child puts your relationship through situations to which nothing else could even compare! Through all the dirty diapers, walks in the park, and 6AM wake-up calls, your relationship can become stronger and more

wonderful than ever before. Cupid has some advice:

1. Working together to raise a child makes you a team. If you've ever worked on a project with your partner, maybe you know a bit of what this feels like. Raising a child requires a lot of work on both ends, so when small achievements like a first step or a first word start happening, you can be proud together and know that all the wonderful things your baby accomplishes are due to the great bond of you and your partner.

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2. Sharing the love for your baby is powerful. A love for one's child is unique, but one other person can truly understand; your partner. You both have this strong, amazing love for your child and that shared love is something nobody else can have. It's like a wonderful secret only you two know.

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3. Struggling together through the process can strengthen your bond. Raising a child isn't easy, but you're going through all of the ups and downs with your partner. When times get tough, you can both understand what the other is feeling and be a better support system.

How did your child bring you and your partner closer together? Let us know in the comments!

Ricky Martin Admits to Wanting a 'Daddy's Little Girl'



By Laura Seaman

Ricky Martin wants to add to his family of three and get a little girl to join him and his twin boys Valentino and Matteo (5). Martin, now a single father after his breakup with Carlos Gonzalez Abella, tells [People](#), "I want a daddy's little girl." So, not only is the Latino singer looking for love in a romantic way, but in a family dynamic as well. "[Being a parent] enhances everything," he says. "I'm only starting... I want more kids!"

How do you decide whether to have more kids with your partner?

Cupid's Advice:

You might have one kid or maybe two, but sometimes it's just not enough. Deciding whether to have more children is a big decision to make, and you can't make it alone. So, how do you bring up the idea of having another child with your partner? What should you expect out of this conversation? Cupid is here to help the talk go as smoothly as possible:

1. Make it an open conversation. Maybe your partner doesn't want another kid, or maybe they haven't even thought about it. This could be a total surprise to them, and you need to be open to what they have to say. Don't just expect to get your way!

Related: [Kourtney Kardashian is Expecting a Third Child](#)

2. Give them time. This is a decision that will most likely take more than one conversation. Don't hound your partner 24/7 or drop not-so-subtle hints all the time. They have to think about this, and it'll only stress them out more if you're always on their back.

Related: [Kristen Bell and Dax Shepard are Expect Baby #2](#)

3. Stay calm. There's a chance your partner won't agree with you, and that's okay. Don't yell or get aggressive just because you didn't get your way. Try to understand their point of view and see if you can reach an agreement. This is a joint decision, and that means their opinion is just as important.

How did you have the conversation to add another child to your family? Let us know in the comments!

Duck Dynasty's Miss Kay Reveals She Birthed Her First Child Before Marriage



By Shannon Seibert

Duck Dynasty's Robertson family has always talked of their traditional morals and happy family values, but Miss Kay recently admitted that her first son Alan was born before her marriage to Phil was legalized. The stars of the A&E show have been happily married for over 50 years, and their love continues to grow stronger each day. According to UsMagazine.com, the mother of four also says that her loyal hubby is true to their marriage vows and still makes her breakfast in bed.

If you're pregnant, how do you decide whether to get married before or after the birth of your child?

Cupid's Advice:

Decisions, decisions! Pregnancy is a beautiful thing, and so is marrying the love of your life. The question is: Which comes first? This decision is a big one because every bride wants to feel like a princess on her special day, but bringing a bundle of joy into this world is a gift all in its own. We've gathered three questions to consider in making your choice as to whether or not you should wait to walk down the aisle.

1. How far along is the pregnancy? Watching your tummy grow with the miracle you've created is one of the most wonderful sights – unless it prevents you from fitting into your wedding dress. Some brides embrace their baby belly and float happily down the aisle, showing it off. Other brides, however, want to look slim and like “their best self” on their wedding day. If you think you'd have to make too many alterations, it may be best to put off the wedding. However, if you can coordinate a wedding before the bump forms, there isn't any reason why you shouldn't celebrate now.

Related Link: [Vanessa Carlton Is Expecting a Baby with Husband John McCauley](#)

2. Do you want to stress about a wedding while caring for a baby? Stress is never good for an expectant mother. The added anxiety of a wedding can heighten emotions for the bride and mother-to-be. In turn, do you want to be worried about the health and care of your baby while you're picking out your wedding cake? It all depends on how you as the bride want your wedding day to be.

Related Link: [‘Teen Mom 2’ Star Jenelle Evans Gives Birth to Second Son](#)

3. How much planning will your wedding require? Weddings are a big to-do. Brides have to coordinate meals, guests, invitations, cake, venues, and many more small details that can become extremely overwhelming. Depending on your wedding style, waiting to have an official ceremony may be the best thing. If you want an elaborate and traditional wedding, it'll probably require months of planning. If you just want a small get together with your closest family and friends, that may be more doable under a time crunch.

How did you make your decision? Share with us in the comments below!

'Teen Mom 2' Star Jenelle Evans Gives Birth to Baby Boy





By [Jessica DeRubbo](#)

'Teen Mom 2' star Jenelle Evans and her boyfriend Nathan Griffith announced the happy news that they welcomed a baby boy, Kaiser, into the world on June 30, according to [UsMagazine.com](#). Though both Evans and Griffith are already parents, this is their first child together. Speaking about how the duo came up with their son's name, Evans said, "We were basically searching for baby boy names on the Internet, and we came up with a bunch of different unique ones. We didn't want something that everyone else had or had even heard before, even us. So we wanted something different, and we ended up looking up Kaiser."

What are some ways to compromise on baby names?

Cupid's Advice:

Coming up with a name for your child can be daunting, and when you have two people lending their opinions, it's often complicated. Cupid has some advice:

1. Split up the first and middle names: Though it doesn't

always seem fair, one partner take the responsibility of the first name, and the other partner take the responsibility of the middle name.

2. Randomize: Sometimes there's no agreeing, so the best thing to do is take your top two names and put them in a hat to randomly draw one out. The kicker with this one is that you both have to at least marginally like both names.

3. Figure out what's important: Is your significant other most worried about carrying on a family name? What other factors are going into your decision? Make sure to weigh outside influences before discounting your partner's opinion.

What are some other ways to compromise on baby names? Share your thoughts below.

Pregnant Vanessa Carlton Is Expecting First Child with Husband John McCauley





By Sanetra Richards

There's a bun in Vanessa Carlton's oven! According to UsMagazine.com, the *A Thousand Miles* singer announced that she's expecting her first child with husband John McCauley on Thursday, June 26th. The 33-year-old songstress posted a photo of her tiny bump and a update of her fifth album in progress: "I can now reveal the reason as to why Liberman will not be released until next summer. See the picture below," she captioned. She continued on with a little humor about her bundle of joy: "No, those aren't a bunch of croissants. We're expecting a baby. It's healthy and moving around like a champ." Carlton added, "I'm bummed to delay the album because it's so special to me and the perfect combination of England and Tennessee. When I put the record on it feels like medicine. I hope it does the same for you...in due time! Thanks for sticking with me. John, Victor, and I are over the moon." (Victor is the couple's pooch).

How do you decide the best time to have a child?

Cupid's Advice:

Welcoming a child is definitely a life-changing event and should be the happiest time in your life. After all, you will be responsible for another human for many years to come. So when is the right time to make this decision with your partner? Cupid has a few instances:

1. Everything is A-OK: If your relationship is continuously getting better and you could see yourself raising a child with this person, it could be the perfect time to consider expanding your family.

Related Link: [Vanessa Carlton Ties the Knot with Stevie Nicks Officiating](#)

2. You both agree: Many couples struggle to have this conversation. In some cases, one person in the relationship doesn't want kids – and unfortunately, that truth may not come out until you really begin planning your future. If it's important to you, be sure to discuss it with your partner *before* getting married, moving in together, or taking another big step.

Related Link: [Kourtney Kardashian is Expecting a Third Child](#)

3. You're prepared: Although there is no real way to mentally brace yourself for parenthood, you can still be financially ready. Be able to provide the basic necessities for your child, plus more!

When is the best time to have a baby with your partner? Share your thoughts below.

Dax Shepard and Kristin Bell Are Expecting a Second Child



By Laura Seaman

Kristen Bell and her husband Dax Shepard are expecting a second child! The couple already has a daughter, Lincoln, who is almost 15 months old. “The whole family is beyond excited,” a rep tells UsMagazine.com. The celebrity couple has had a positive experience with parenthood so far, with Bell saying, “I love [motherhood]! She’s absolutely intoxicating.” She also said of her husband Shepard, “He just talks to her all the time and sings to her all day. It’s wonderful.”

How is raising a second child different than the first?

Cupid's Advice:

The first time a couple has a child, it is a completely new and unique experience. Until you experience it, there's no way to really understand. But now that you have experienced it, the second child is completely different. You know much more, and yet things aren't quite the same. Here are some differences that come with raising a second child.

1. You have to explain the idea of a sibling to your child. Maybe your first child is too young to fully understand, but to some extent you may have to talk to them about the changes that are happening. The process is different depending on age, but they should still know what it means to be getting a sibling. This includes sharing their toys, the house, and even your attention.

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2. You will be parenting two children at once. When you were raising your first child, you were able to focus all your parenting time and energy on them. They got all of the care and attention. Now with your second child, you'll be parenting two children, and you have to learn to split that time and care between the two equally, or you could have some problems.

Related: [Jenna Fischer Gives Birth to Second Child Harper Marie](#)

3. You know what you're doing... mostly. No body knows the perfect way to parent, but after one child, you have a lot more knowledge than you did last time you were raising a baby. Use what you've learned during this time and it will probably be much less stressful.

What differences did you notice when you were raising your second child? Let us know in the comments!

Debbie Matenopoulos of ABC's 'The View' Discusses Pregnancy and Motherhood



By Shannon Seibert

Expecting mother and *The View* alum Debbie Matenopoulos is embracing the excitement of pregnancy and motherhood. With her trendy maternity style mixed with her healthy life style, she is bound to be a great mother. The two-time Emmy nominee recently caught up with *Celebrity Baby Scoop* about her first child and her new cookbook, *It's All Greek to Me*.

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CBS: Tell us a little about your maternity style. What advice do you have for new mothers who want to be trendy but comfortable?

DM: “I’m actually just starting to find my maternity style to be honest. My bump is just now starting to show a little, so I’m learning to dress it. I like wearing body conscious dresses that actually show it off. I think pregnancy is beautiful, and I love it when women embrace their bumps, so I have been trying to wear bump hugging silhouettes. I do, however, have some really fantastic boho chic dresses and onesies that I love as well.”

CBS: Have you started to plan the nursery yet? Can you share any details about the theme, colors, etc.?

DM: “I have not started to plan the nursery yet. I guess I better get on that soon, huh? We are not finding out what we are having, so it makes it kind of difficult to pick colors and themes. I think I’m going to do a bit of sea/beach theme or a safari animal theme. My hubby is a spear fisherman and diver, so he is leaning towards the sea theme. One thing we do know is that we are going to paint clouds and a blue sky on the ceiling. That’s about as far as we’ve gotten.”

CBS: What’s been the best piece of advice you’ve received so far about pregnancy and motherhood?

DM: “The best piece of advice I’ve gotten about pregnancy and motherhood is to simply enjoy it. There are so many things for us to worry about that sometimes we don’t actually give ourselves a chance to enjoy how beautiful the whole process of pregnancy and motherhood is. I truly believe this will be the most beautiful and important thing I will ever do in my life.”

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CBS: You recently celebrated your Greek heritage with the release of your new cookbook, *It's All Greek To Me*. What can we learn from the Greek culture and cuisine?

DM: "The book is a compilation of my family's century old recipes that are not only great for your health but also incredibly delicious. There is a lot to learn from my ancestors. Greek people have been eating organically for hundreds of years. They wouldn't consider spraying chemicals on fruits and vegetables or pumping hormones into animals that they would then eat. It's just simple common sense to them. I do not believe in eating processed food. I'm not a doctor, but I believe a lot of processed foods are the cause of many of our health issues in this country. I truly hope that everyone who prepares food from my book will enjoy the benefits of it as much as I have over the years."

For the rest of the interview, visit www.celebritybabyscoop.com/2014/06/12/matenopoulos-pregnancy-beautiful!

Olivia Wilde Discusses the Pros and Cons of Parenthood





By Sanetra Richards

The cuteness is never-ending! According to UsMagazine.com, new mom Olivia Wilde was all smiles while telling *UsWeekly* about fiancé Jason Sudeikis and their baby boy, Otis, while at the Cinema Society & Revlon Host a Screening of *Third Person* event in the Big Apple on Tuesday, June 17th. "It's such a joy to watch them laughing and smiling together. It's the best feeling in the world," said the 30-year-old actress about parenthood. "I look forward to when Jason can start reading to Otis because then, the best thing ever, is when your dad is reading to you and does all the characters from the books." "That was my favorite," she gushed. "My dad would do all the characters from the Roald Dahl books and I thought he was a genius! And so I really can't wait for that moment with Jason and Otis." The couple welcomed their son in April and have enjoyed every moment of parenthood since – although Olivia's first national mommy holiday was absolutely horrendous, as she spent it in Central Park: "I had this image of Central Park being completely empty, just rolling meadows, one person a mile away flying a kite, some balloons. So [Sudeikis] says, 'Yeah, we can do that,'" she told *Late Show's*

David Letterman on Tuesday. “So we go up there and it’s hell. It’s more packed. Everybody in the world is in Central Park that day. It also happened to be Japan Day, which it turns out is a huge deal in New York City.” She continued, “I had the image of the picnic and everything would be so lovely. There would be flowers and the baby would be cooing and I would be the glorious mother. Instead – we were sweating, and angry and hungry. Everyone had to pee. I finally just dropped to the ground on a patch of dirt, like in between two ugly roads, and then just ripped off the diaper of the kid to change him and he just pooped everywhere. Like a torrent, a flood!”

What are some ways having a child can improve your relationship?

Cupid’s Advice:

Although parenthood comes along with many tasks and challenges on a daily basis, the rewards are much greater. When two people decide to have a child together, every single thing changes ... and it could be for better or worse. Cupid has a few ways on how the pros can definitely outweigh the cons:

1. Two become one: The both of you created one tiny human that you will be responsible for forever (or in some cases, until they are 18). If there was never a time where working as team was a number one priority, the time is now. You will spend hours, days, and years learning the ins and outs of parenting together. Also, you will learn even more about each other, such as, beliefs, morals, and in depth behavior. You will reach heights in your relationship that you may have thought were never possible – and it’s all because of that tiny human you nurture together, as a couple.

Related: [Olivia Wilde and Jason Sudeikis Enjoy Romantic Weekend in Boston](#)

2. More communication: Often times, long conversations come

attached to the parenting tag. Talks about what the future will hold are inevitable. You and your significant other may begin to question the next step in your relationship, whether that is marriage or continuing to add to your family. Plus, you will be talking about rotating shifts quite often: who is staying up with the baby, who is changing the diaper, etc.

Related: [Olivia Wilde Shows Off Baby Bump at Golden Globes](#)

3. A deeper connection: After the baby is born, you are now connected to your partner for eternity (a little exaggeration). You form a partnership as parents and as significant others.

How can having a child improve a relationship? Share your thoughts below.

Jenna Fischer and Husband Lee Kirk Welcome Second Baby





By Shannon Seibert

Jenna Fischer and her husband, Lee Kirk, have welcomed their second baby into the world. Born on May 25th, their new baby girl Harper Marie Kirk came into the world kicking. Healthy and happy, she is much loved by her family. Fischer had announced in February that she was expecting baby number two, and had kept us all up to date with her hilarious pregnancy cravings while awaiting baby Harper's arrival. With some experience under her belt from her first child, Fischer felt fully prepared to bring her daughter into the world, according to UsMagazine.com.

How do you prepare differently for a second baby than the first?

Cupid's Advice:

You can change a diaper in under a minute, you can diagnose what's wrong by the type of crying you hear, and you've tried just about every method there is to get your baby to fall asleep. With the second baby on the way you know exactly how to

prepare, because let's face it, you're basically an expert.

1. You aren't giving in to all of the baby hysteria: Yes, all of the gadgets are cool, but do you really need a rocking chair for every room and a teething ring in every color? Now you aren't worried about having the baby's next four years of outfits together, and you realize that you have more time than you thought. This saves you money and energy from not obsessing over whether or not you have everything you need for your second child to be comfortable.

Related: [Kelly Clarkson Welcomes Daughter River Rose](#)

2. You're more relaxed with your birthing plan: You've been through it once before, and everything turned out okay. You are less stressed out about whether or not your hubby has all of the right attire packed in the over-night-bag, and you aren't putting the poor guy through as many "The baby is coming!" preparation drills. You're calm, cool, and collective, like every mother of two should be (Right?).

Related: [Mila Kunis Enjoys Her Sweet Pregnancy Cravings](#)

3. You know what moments are the most significant: Now that you've been through the process you've been able to reflect on what moments need the most attention. The first bath, the welcome home, the first time they sit up. These moments you're going to be able to point out to their big brother or sister, so they too will see how awesome it is to have another little one around the house. This is also a bonding moment between you and your oldest because they realize they get to be Mommy's assistant, and serve as a role model for their new sibling.

In what ways do you feel better prepared for your second baby? Share with us in the comments below!

Kelly Clarkson Gives Birth to Baby Girl River Rose



By Shannon Seibert

The moment we've been waiting for has finally arrived. Kelly Clarkson has officially welcomed her baby girl into the world. The *American Idol* alum gave birth to her baby girl on June 12th. Clarkson and her husband Brandon Blackstock decided to name their bundle of joy River Rose, and have never been more excited to get their family started, according to UsMagazine.com.

How do you compromise with your partner on baby names?

Cupid's Advice:

This is your baby's name we are talking about. You are officially responsible for what this human being is going to be called for the rest of his or her life. This is a decision that both you and your partner should agree on. Although it can be exciting, or seemingly frustrating keep in mind that your decision will impact the rest of their life. No pressure or anything:

1. Pick something meaningful: If you or your partner have a significant family member, or a traditional family name, try to incorporate the tradition into your new generation. Family names are cool, they allow a small piece of history to be passed along. As a compromise, negotiate a middle name as well. This way you have a chance to incorporate both sides of the family. In turn, your family members will feel honored that you've chosen to make a link between them and the newest addition to the family.

Related: [Robin Thicke Will Name New Album After Estranged Wife Paula Patton](#)

2. Don't get too creative: One mistake people make today is trying to get too witty or too unique of baby names. Unless you want your child to explain why their name is #Hashtag for the rest of their life, don't create an unnecessary burden. Trends come and go, but the memory and life of your baby is going to stick with you forever, so don't take this decision too lightly.

Related: [Eva Longoria Says Having Kids Is Not In Her Future](#)

3. Don't pick a baby name that has tentative agreement: Unless you and your partner wholeheartedly support your name decision, don't pick that name. If you think the name "Ashlyn" is too trendy or if "Robert" just doesn't feel right, don't go with it. Also, ask around for opinions. An unbiased third party is sometimes necessary when you cannot agree. When you

find the perfect name for your little bundle of joy, you'll know it immediately.

How did you and your partner decide on baby names? Share with us in the comments below!

Actress and Producer Eva Longoria Decides Not To Have Kids



By Sanetra Richards

From the looks of it, Eva Longoria decides not to have kids anytime soon. "It's just not in my future," said the 39-year old to [People](#) at the Brita Burbank YMCA special event on Wednesday, which acknowledged the company's donation of water filtration pitchers and dispensers to nationwide YMCA locations. The *Devious Maids* producer went on to talk about her interest for the cause: "With kids, I love their energy and spirit and innocence," she said. "It's really important for us to be here today to talk to them about water because that stays with them. Water's the original energy drink. Water is really good for you. Water can be fun." The former *Desperate Housewives* actress also revealed her methods to staying lean and fit. "I run a lot. I'm a big runner. And I do yoga," she said. "So, I just alternate. Run, yoga, run, yoga. I do weight training as well."

How do you decide if it's the right decision to have kids?

Cupid's Advice:

You and your partner have been contemplating whether or not to start a family. One minute you all want to, and the next you are rethinking the entire thing. Indeed, a lot does come along with having children – it is a lifetime commitment. How exactly do you decide if it is a bright idea? Well, Cupid has some advice to see if parenthood is right for you:

1. Compatibility: The most important step when deciding to have kids with your partner is figuring out if you are truly compatible. As stated before, parenthood is a commitment for life – you will be forever connected to your partner. You want to be as "friendly" as possible, just in case things turn sour later down the road, your bond with him/her will still remain and co-parenting will not be a big issue.

Related: [Michelle Duggar Admits That Lots of Kids Aren't for Everyone](#)

2. Same morals: Raising a child(ren) is certainly not a piece of cake. Before having a baby, you and your significant other should thoroughly discuss what kind of parenting skills you are aiming for. Also, talk about the environment/household you wish to expose your child to. This especially matters when it comes to teaching the child values as they grow, as well as obedience.

Related: [Heidi Klum Protects Her Kids From Public Split](#)

3. Finances: You have probably heard before that over the course of 18 years, a child costs the parents nearly a million dollars. Whether you believe this or not, pretend that is true. You want to be as financially ready as possible before starting a family. Why so? There may come a time when things get a little difficult money-wise – you always want to have that cushion, so your child can be provided for, as well as the additional household.

What are some other ways to decide whether to have kids or not? Share your thoughts below.

Mila Kunis Enjoys Her Sweet Pregnancy Cravings





By Laura Seaman

Ashton Kutcher and his pregnant fiancé Mila Kunis were seen sharing a kiss during a fro-yo date. This new craving is much sweeter pregnancy symptom than Kunis' other cravings according to UsMagazine.com, as she shared with Ellen DeGeneres that last month she had been craving sour pickles and sauerkraut. Her fiancé has been very supportive of her strange pregnancy cravings, as Kunis says, "He assumed that I was gonna have goofy cravings, so he stocked our secondary fridge with weird food. Just, like, pickles and sauerkraut, or, like, anchovies and ice creams, just in case at one point during this pregnancy I'd be like, 'I really want something.'"

What are some ways to indulge in your partner's pregnancy cravings?

Cupid's Advice:

Sometimes a pregnant woman can crave some really weird foods at the most random of times. Nobody knows for sure why these cravings happen, or what certain cravings mean (though many

studies are trying), but they're a natural part of the pregnancy symptom process. Some women have more cravings than others, but here is Cupid's advice for supporting your pregnant partner whatever their cravings may be:

1. Learn some new recipes. A pregnant woman might have a craving for a food she's never even had before, but just suddenly sounds good. If this happens, it would be extremely helpful and supportive to learn how to cook these new dishes and know what goes into them.

Related: [Rachel Bilson Enjoys Pregnancy Cravings on Vacation with Hayden Christensen](#)

2. Don't doubt her cravings. Sometimes cravings are strong enough to make vegetarians crave meat, or lead a health-nut to buy chicken nuggets. These cravings might seem odd to you, but don't discourage these changes unless they're unhealthy for the baby. She knows what she wants, and second guessing her won't help.

Related: [Kourtney Kardashian Is Expecting a Third Child](#)

3. Try a bite! Her choice of food might seem very, very strange, but you don't know unless you try it. A great way to show your support is by trying some of the food their craving. Who knows, you might discover a new favorite meal that you never would have thought to try before.

How do you support your partner's cravings? Let us know in the comments!

Kourtney Kardashian Is Pregnant with Third Baby



By Laura Seaman

Third time's a charm as Kourtney Kardashian is pregnant with baby number three with her boyfriend Scott Disick. Multiple sources tell UsMagazine.com that Kourtney is only a few months along, but that she is already showing a pregnant glow. Sources say it was planned, and that Kourtney "wants to have a handful of kids." The Kardashian had said in 2012, "I need to see what it's like when I have three, but [having kids] is what life is about."

How does having a third baby change your family dynamic?

Cupid's Advice:

A third child can really change how a family works in ways that a second child does not. It's best to be prepared for these changes so that your family can properly adjust to this new addition:

1. There is now a middle child. Ah, yes, the notorious situation of the middle child. There are plenty of stories about how the middle child gets much less attention from parents. This is something every family can avoid, but many are guilty of without realizing. Of course you'll always be proud of that first-born child, and you'll dote on your new baby, but don't forget the middle child. They're just as important.

Related: [5 Celebrity Couples Who've Adopted](#)

2. There's the odd man out. Three, being the odd and often uncomfortable number that it is, can create tension between the children. The two oldest might create a new bond after the baby is born and become closer than ever, which is fantastic until they start growing up and the third child is still treated like the baby sister or brother who never quite gets it.

Related: [Celebrity Baby: Zhang Ziyi Welcomes First Child](#)

3. There is always someone around. It might be that one kid is always hungry, or one kid is always late for a lesson, but this is to be expected for any number of children greater than one. On the bright side, this means that someone is always there to keep their sibling busy. Maybe the oldest is busy and the middle child wants to play. Instead of constantly pestering their older sister or brother, they now have a younger sibling to play with.

How has having a third baby changed your family? Tell us below.

Armie Hammer and Wife Prepare For First Baby



By Laura Seaman

The star of *Lone Ranger*, Armie Hammer, and his wife Elizabeth Chambers are expecting their first baby, as confirmed by their rep to UsMagazine.com. “They talk about having a couple, though they’re thrilled with one now,” says a source. Hammer had some experience with kids when he read *Oh, the Places You’ll Go* by Dr. Seuss at the Kids’ Art Museum Project event at Hammer Museum. “I’m practicing for when I do have kids,” he said.

What are some ways to prepare your relationship for a baby?

Cupid's Advice:

Having a baby is a huge step in a relationship, and you'll need all the preparation you can get. There's no fail-proof way to raise a child, and you're bound to run into some problems, but the more you prepare for the future the better equipped you will be to handle whatever life throws at you.

1. Spend time with kids and pay attention. If you have relatives or friends with young children, it might be a good idea to babysit or go to the park with the family. Watch how the parents interact with their children and take note of what does and doesn't work.

Related: [Lauren Conrad Talks Celebrity Babies with Husband William Tell](#)

2. Give each other tips in everyday settings. If you and your partner notice habits or behaviors that aren't suitable for children, it would be helpful to politely point them out. Be careful not to come off as rude or condescending, but be sure you both realize what kinds of behavior changes need to be made.

Related: [Paul Adelstein Marvels About the Experience of Parenthood](#)

3. Communication is key. Make sure you're on the same page with everything, including schedules, parenting methods, and other questions that may come up over the next few years. Bringing up any possible conflicts beforehand is better than facing them when the child is already here.

How else can you prepare your relationship for a baby? Share your ideas below.

Rachel Bilson and Boyfriend Hayden Christensen Enjoy Vacation During Pregnancy



By Laura Seaman

Rachel Bilson, whose pregnancy was announced just last month, was spotted vacationing in Barbados with her boyfriend Hayden Christensen on Sunday, June 1 spending some quality beach time together. She was eating what UsMagazine.com assumes to be her pregnancy craving food of orange soda and sandwiches. The couple when on a sailing lesson and soaked up the sun

while pregnant Bilson wore a black bikini that showed off her growing baby bump.

How do you support your partner during pregnancy?

Cupid's Advice:

Pregnancy is a very big, scary, and exciting time for many women. The best thing a partner can do is be there to support them. There are many ways to support your partner during pregnancy, and the more support you give, the better the process will be for everyone involved; even the baby, when it arrives! Cupid has some advice:

1. Take time off and make sure you're there: While it's important to make money to support the baby, it's also important to take the time to support the mother. During this pregnancy, things might become difficult or confusing, and it means a lot if you're there to make things better. Your time is probably the most important thing you can give to another person, so make sure your partner is getting plenty of it.

Related: [Ginnifer Goodwin Opens Up About Her Pregnancy and Wedding](#)

2. Lower the stress and have some fun: Getting ready for a baby is stressful enough, and there's no need to pile on more. Try having some fun and getting away from the usual grind of life. Take a mini vacation, take her out for a nice dinner, or just spend the night together without electronic distractions.

Related: [10 Date Ideas for the Married Couple with Kids](#)

3. Be calm and understanding: Sometimes pregnancy can really take its toll on a woman's body and stress levels. There's a lot going on, and unless you've been pregnant, there's no way you can possibly know what she's feeling during pregnancy. So just be kind and sympathetic, and don't play down the situation or say she's overreacting. It's a big deal for her,

and it should be a big deal for you.

What are some other ways to support your partner during pregnancy? Share your thoughts below.

Giuliana and Bill Rancic Support Each Other Through Surrogate Miscarriage



By Shannon Seibert

In devastating news, *E!* stars Bill and Giuliana Rancic face a

surrogate miscarriage. The couple has been struggling to have another child, who would be a sibling to their son Duke, born by surrogate in August of 2012. The Rancics have a loving, supportive relationship with their surrogate, Delphine, who had an unexpected miscarriage at about nine weeks along. Giulianna herself had undergone a miscarriage years before, which only aided the heartbreak of the circumstances, according to UsMagazine.com.

How do you support your partner through pregnancy troubles?

Cupid's Advice:

1. Don't ask questions you already know the answer to: Questions such as "Are you okay?" may seem supportive, but in reality are just plain aggravating. Asking is just trivial, especially when the circumstances are clearly not okay. Listening goes hand in hand with this idea, meaning that you have to look for the meaning underneath the words and tune into what they may not be saying. Something as simple as holding your love's hand at the right moment can make all of the difference.

Related: [New Celebrity Couple Alert: Bethenny Frankel Is Dating Marcus Lemonis](#)

2. Support with more than just words: Saying you'll be there for your partner, and actually being there for your partner are two different animals. Being at doctors appointments, making crazy food runs, and supplying the foot rubs will go miles beyond any words you speak. What people forget is pregnancy does involve two parties, although only one of them carries the child. Pregnancy still takes an emotional toll on both partners, which is why it takes a strong partnership to maintain a foundation of support.

Related: [Hayden Panettiere and Wladimir Klitschko Prepare Relationship for Kid](#)

3. Therapy is not just for the crazies: Point blank, we all need someone to talk to, and therapy is a great place to get an impartial third party opinion. Couples' therapy has proven beneficial over recent years, allowing a safe place for the couple to open up and talk about issues at home. Even if there is just an aura of stress going around, therapy is a great place to dive into the root of the problem, and fix it under a united front.

How have you gone about pregnancy struggles with your partner? Share with us in the comments below!

Actress Kim Raver Shares How To Balance A Healthy Lifestyle and Motherhood





By Shannon Seibert

Kim Raver, mother of two and actress from FOX's *24*, is now an advocate for Colgate Total®, helping to encourage healthy living through simple, everyday routines. She's an inspiration for women, especially mothers, everywhere, managing her healthy lifestyle and motherhood with grace. Recently, the former *Grey's Anatomy* star shared some of her own parenting and health tips with *Celebrity Baby Scoop*.

Related Link: [Kristi Yamaguchi "Surprised" by Parenthood](#)

CBS: What kinds of habits have you incorporated into your healthy lifestyle?

KR: "I think its finding ways to combine my health with the things I want to get done. For example, on the weekend, I really want to be with my kids, especially if I'm working during the week. Sometimes, I think I have to choose between my workout and spending time with my kids. However, I can do both by having the kids get on their scooters, and I'll put on my running shoes, so we can run and scooter in the park. I

also try to drink a ton of water. I think it's key to staying healthy. Getting enough sleep is also important, because as Moms, we rarely get enough, but it's so important, even if it is a short 20 minute nap. It can be restorative, and I totally need that when I'm working. I feel better when I'm eating well, but I love to have indulgences. I love to eat yummy things. I think it's easier to stay on course. I don't like to use the word diet because I don't think that sounds healthy. Even if I need to get into kick ass shape for a role, like playing a cop, I like to look at it as getting into athletic shape. It's leading an overall living a healthy life, so you can sustain it long term."

CBS: What are Luke and Leo up to these days?

KR: "They are learning how to live in a completely new country. My husband and I decided it is important for us to all be together even when we have to work in different places. I took them out of school in December. They had been there a couple of years, and we totally up rooted them. We found two amazing schools in London. I'm really proud of them, as they have had to learn how incorporate themselves into a new schooling system and a new culture. That's a lot of change, but they've really embraced it. They know they are very lucky to have that experience."

CBS: What is it like to raise two boys?

KR: "It's absolutely amazing, and it's 24/7 movement. Boys are so active and move all the time. They are into American football, soccer, and baseball, so I'll be making dinner, and there are balls flying across the room, but I love it. I love the non-stop chaos. I have very loving children, and my family is extremely important to me. We find the time to have dinner together and read stories and tuck them in at night. That's the highlight of my day."

CBS: Do you have enough energy to keep up with them?

KR: “You’ve got to find it, right? You know what I mean? I gotta dig deep. Even if I’ve had a long day, they haven’t been with me on that long day. I think that’s part of motherhood. That’s always why having supportive friends and family is important. My mom is so amazing. She was a working single mom in the 70s before it was the hip thing to do. When you’ve got that example, the times when I’ve been exhausted and trying to find my way, I just think of my mom and how she did it. Other moms relate too. You just do it. I’m really lucky to have an incredibly loving husband. I’m very grateful. We have to be grateful for what we have. Back to health, I love that I have to try to keep up with them. I feel lucky to have that in my life.”

Related Link: [Paul Adelstein Marvels About Being a Father](#)

CBS: Are you able to set aside me time?

KR: “What is that? (laughter) I think it comes back to National Women’s Health Week. We have to remind ourselves to make me time. For me, I like my little cup of coffee in the morning. It’s not so much the coffee, as much as it’s a nanosecond of me time. I do think it’s important to carve that out. I think that re-energizes me, and I’m able to reach out and be there for everyone else. My girlfriends help remind and encourage me to go for that hike. I do feel re-energized afterwards, so again, making my workout enjoyable, so it is me time and not drudgery. That’s why I try to make my workout things I love to do – yoga, running, or spinning class.”

For the rest of the interview, visit [www.celebritybabyscoop.com/2014/05/24/family-extremely-important!](http://www.celebritybabyscoop.com/2014/05/24/family-extremely-important/)

Wladimir Klitschko and Hayden Panettiere Prepare Relationship For Kid



By Laura Seaman

Hayden Panettiere is pregnant! Panettiere and fiancé Wladimir Klitschko are expecting their first child, a source tells UsMagazine.com. The couple has been engaged for a year, and have been dating on and off since 2009. "I've lived a very big life, and I don't feel my age, and I feel like I was born to be a mother," said Panettiere. "Motherhood is the most beautiful, exciting thing, and there's nothing that I feel like I can't accomplish while having children in my life."

How does your relationship change when you have a child?

Cupid's Advice:

Having a kid is a *huge* step in any relationship. You and your partner are going from being a couple to being parents. You're responsible for another life, and that baby won't be a baby forever. It's a lifetime responsibility, and you have to be prepared for the changes that come with it:

1. There's less alone time and more family time. When you have a child, you need to know where they are and what they're doing 24/7. With such a demanding new role, it's no wonder that you and your partner will have less time alone with each other. Learn to take advantage of your time together and make the most of family time.

Related: [Hayden Panettiere Supports Beau Wladimir Klitschko at Boxing Championship](#)

2. Work should take a back seat for a while. As committed as you are to your job, but have to be even more committed to your family. You can't expect one person to do all the work, so even if you're the breadwinner for your family, you need to make sure you do your part and spend time with your new baby.

Related: [10 Date Ideas for the Married Couple with Kids](#)

3. Watch your health and habits. There's a chance that some of your previous habits weren't child friendly. For example, smoking in the house or around the baby is a big no-no. Maybe you're a bit of a slob, and you leave things around the house. There's a chance some of those things might not be good for the baby to find. Just make sure you've prepared your life to fit the new addition to your family.

What are some other ways your relationship changes when you have a child? Share your thoughts below.