

# Celebrity Baby News: 'Bachelor in Paradise' Contestant Krystal Nielson Is Pregnant with First Child



By Nicole Maher

In the latest [celebrity news](#), former *Bachelor in Paradise* contestant Krystal Nielson revealed that she is expecting her first child with boyfriend Miles Bowles. According to *UsMagazine.com*, Nielson revealed the couple is expecting a [celebrity baby](#) in a video posted to YouTube. Nielson and Miles made their relationship official this past October following Nielson's split from her husband Chris Randone. Nielson and Randone had been married for roughly eight months before their

deciding to separate.

## In celebrity baby news, *BiP* star Krystal Nielson is pregnant with her boyfriend of eight months. What are some ways to prepare a newer relationship for a baby?

### Cupid's Advice:

Having a child can be a large adjustment for any relationship, especially one that is relatively new. If you are looking for some ways to prepare a newer relationship for a baby, Cupid has some advice for you:

**1. Balance responsibility:** There is a lot of planning and preparation that comes with expecting a child. Be sure that these responsibilities are balanced between you and your partner. While one of you may be responsible for getting the nursery ready, the other may take on the task of baby-proofing the kitchen. Balancing these types of responsibilities is a great way to get both of you involved and excited about the child you are having.

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**2. Discuss expectations:** Having a child can drastically change the dynamic of a relationship, so discussing future expectations is a must. Topics such as child care plans, living situations, and the future of your relationship are important to have early on to avoid conflict later. If you and your partner have different expectations, find ways to work through them and compromise for the benefit of your future child.

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**3. Continue relationship growth:** Even though you may be focused on preparing for your child, it is still important to prioritize the growth of your relationship. Continue to go on dates and spend time together that does not revolve around child-preparation activities. This will show your partner that you view them as equally important to your future child and get them excited about becoming a family!

**What are some other ways to prepare a newer relationship for a baby? Start a conversation in the comments below!**

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## **Celebrity Baby: Lily Allen Reveals She Wants Kids With Husband David Harbour**





By Nicole Maher

In the latest [celebrity news](#), Lily Allen revealed that she may be discussing the possibility of having a [celebrity baby](#) with new husband David Harbour. According to *EOnline.com*, Allen and Harbour are open to having children together, but may hold off for a while because of Allen's struggles with mental health. The [celebrity couple](#) met on the dating app Raya in 2019 and were secretly married in September of this year.

**In celebrity baby news, Lily Allen wants kids eventually with her new husband, but she may hold off for a little while since she's in a good place mentally. What are some ways mental health comes into play when**

# deciding whether to have kids?

## Cupid's Advice:

Having children leads to large changes in everyone's lives, but these changes can be especially challenging for those who struggle to maintain mental health. What mental health considerations should you make before having kids? Cupid has some advice:

**1. Change in hormones:** Pregnancy and childbirth are two events that cause large changes to a woman's hormones, which could also affect her mental health. If you are considering having children but are worried about the changes it will cause to your body because of your mental health, getting the advice of both a psychologist and an obstetrician can help you decide when the best time to try for a child may be.

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**2. Higher energy levels:** Having and raising children requires large amounts of energy, which is something that may already be a struggle for someone with inconsistent mental health. While having a kid may allow for less rest days, there are many ways to structure your schedule that allow you to prioritize both raising your child and maintaining your balance of energy. On days where your energy is lower, try relying more on your partner or a babysitter.

**Related Link:** [Celebrity Baby News: 'Duck Dynasty' Alum Sadie Robertson is Pregnant With First Child](#)

**3. Constant enthusiasm:** Whether it's their first birthday, first steps, or first day of school, there is so much to celebrate as your child grows up. However, this constant need to have enthusiasm may be difficult for someone struggling to

maintain good mental health. Waiting until you have more enthusiasm in your daily life to have a kid may be a good idea to prevent you from feeling like you're missing out on celebrating important milestones.

What are some other ways mental health comes into play when deciding whether to have kids? Start a conversation in the comments below.

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## **Royal Celebrity News: Prince William Disagreed With the Palace's Misleading Comments about Meghan Markle's Labor and Birth**







By Carly Silva

In royal [celebrity news](#), Prince William disagreed with misleading comments regarding Meghan Markle's labor and birth of [celebrity baby](#), Archie. The Duke and Duchess of Sussex welcomed their firstborn baby into the world in 2019, but it wasn't until eight hours after Archie was born that the royal family announced that Meghan was going into labor. According to *UsMagazine.com*, Prince William did not approve of this misleading statement, and in turn, waited a full eight days to meet his nephew.

**In royal celebrity news, Prince William isn't a fan of purposely misleading comments for the public. What are some ways to deal with a partner you've caught being**

# dishonest?

## Cupid's Advice:

Dealing with a partner who has been dishonest can be extremely tricky, but it doesn't have to mean that all hope is lost. If you're in need of some ways to deal with a partner who you have caught being dishonest, Cupid has some advice for you:

**1. Talk honestly with them:** When someone is dishonest, it can be extremely hard accept or move on from. Try talking honestly with your partner, as it may help you understand why they lied in the first place. Having open conversations with each other will allow you to both to maintain an honest relationship together.

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**2. Make sure it won't happen again:** While it's important to understand where your partner was coming from, you also want to make it known that it can't happen again. Make sure your partner knows that dishonesty isn't going to work in your relationship, and try to set up rules and boundaries so it doesn't happen again in the future.

**Related Link:** [Royal Celebrity Couple Prince Harry & Meghan Markle Step Out in Matching Masks in Beverly Hills](#)

**3. Decide if you're going to forgive them:** While it can often be difficult to trust your partner after they've been dishonest, always trust your gut. If you genuinely believe that your partner is open with you, but makes mistakes sometimes, then it's okay to forgive. If lying is a consistent habit of your partner's, then it may be time to reevaluate the trust you have between each other.

**What are some other ways to deal with a partner you've caught**



being dishonest? Start a conversation in the comments down below!

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# Celebrity Baby News: 'Duck Dynasty' Alum Sadie Robertson Is Pregnant With First Child



By Nicole Maher

In the latest [celebrity news](#), *Duck Dynasty* alum Sadie Robertson and her husband Christian have announced that they're pregnant with their first [celebrity baby](#). According to

*UsMagazine.com*, the [celebrity couple](#) both took to Instagram to announce their pregnancy. Robertson's post included an image of the couple together holding the newest sonogram of their child. Robertson and Huff first made their relationship official back in September of 2018, and announced their engagement shortly after in June of 2019.

## **In celebrity baby news, Sadie Robertson and husband Christian Huff are expecting their first child together. What are some ways to announce your pregnancy to family and friends?**

### **Cupid's Advice:**

While posting pictures of your pregnancy announcement on social media may be a great way of informing people you don't speak with everyday, you may be looking for a more intimate way to tell those closer to you. If you are looking for some ways to announce this milestone to your close friends and family, Cupid has some advice for you:

**1. Baby clothes:** One way to announce your pregnancy to your family, and to prepare for the arrival of your baby, is to start picking up baby clothes. Whether you are simply throwing a few baby outfits in your cart while you are out shopping with someone, or deliberately giving your parents a pair of baby shoes to keep at their house, people will catch on quickly and start asking you for all the details.

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**2. Customized gifts:** From t-shirts to coffee mugs to baked goods, there are endless possibilities for announcing your pregnancy through a customized gift. Announcing your pregnancy this way will allow you to personalize the news for each person you are telling. If your family member has a favorite sports team or musician, giving them a customized gift saying their newest number one fan is on the way is a moment they will never forget.

**Related Link:** [Celebrity Baby News: Gigi Hadid & Zayn Malik Welcome First Child](#)

**3. Excited phone call:** Sometimes the excitement of realizing you are pregnant is too much and the first thing you want to do is call your parents. While this may take away the opportunity for a more planned out pregnancy announcement in the future, it is still just as memorable to all your family to share in the initial excitement with you.

**What are some other ways to announce your pregnancy to family and friends? Start a conversation in the comments below!**

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## **Celebrity News: 'Pump Rules' Tom Sandoval & Ariana Madix Weren't Invited to Co-Stars' Gender Reveal Parties**





By Nicole Maher

In the latest [celebrity news](#), *Vanderpump Rules* stars Tom Sandoval and Ariana Madix revealed they weren't invited to any of their co-stars' gender reveal parties. According to *UsMagazine.com*, the [celebrity couple](#) didn't make the guest list for at least three gender reveal parties hosted by their co-stars. However, Sandoval and Madix were not the only couples excluded from these gatherings, as cast member Scheana Shay and her boyfriend Brock Davies also weren't invited to one of the parties.

**In celebrity news, the drama is heating up off-screen for current and former *Vanderpump Rules* stars. How do you decide who to invite to important events in your life?**

**Cupid's Advice:**

Social gathering restrictions or not, it can be hard to narrow down the guest list for important events in your life. While you may not be looking to hurt anyone's feelings, leaving someone off the guest list can cause drama. If you are looking for ways to decide who to invite to important events, Cupid has some advice for you:

**1. Establish a limit:** The first step in planning a gathering is to determine how many people you want to invite. If the event you are hosting is at a venue, this number may already be established for you. Don't let the pressure of feeling the need to invite everyone overpower how many people you actually want in attendance.

**Related Link:** [Celebrity Baby News: 'Vanderpump Rules' Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together](#)

**2. Make a priority list:** After establishing a number of people, you need to decide who exactly you want to invite by creating a priority list. If the event involves more than one person, such as a gender reveal or wedding, make sure each host has a priority list of about the same length.

**Related Link:** [Celebrity News: False Alarm! 'Pump Rules' Lala Kent & Randall Emmet Are Still Together](#)

**3. Acknowledge others after:** In the world of social media, it's impossible to have a party without people who weren't invited finding out about it eventually. Rather than ignoring these people, try to make them feel included in some way. By creating a post thanking all those in attendance and those who showed their support through social media, you will make everyone feel like they had a part in your event, even if they weren't there in person.

**What are some other ways to decide who to invite to important events in your life? Start a conversation in the comments below.**



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# Celebrity News: Nikki Bella Describes Deep Postpartum Depression



By Nicole Maher

In the latest [celebrity news](#), Nikki Bella opened up about the struggles she faced in her [celebrity relationship](#) while suffering from postpartum depression. According to *UsMagazine.com*, Bella recalled having feelings of hatred toward her fiancé Artem Chigvintsev after having their [celebrity baby](#), but was able to move past these feelings as the couple began to have more open discussions. Chigvintsev



stated that he wished Bella had opened up “sooner” about how she was feeling so that he was more aware of her postpartum depression when he came home from filming the ABC show *Dancing With The Stars*.

## **In celebrity news, Nikki Bella “hated” partner Artem Chigvintsev as she battled postpartum depression. What are some ways to support your partner through postpartum depression?**

### **Cupid’s Advice:**

Postpartum depression following the birth of a child is something that many couples face in their relationship, even if they are not talking about it openly. If you are looking for ways to support your partner through postpartum depression, Cupid has some advice for you:

**1. Discuss it frequently:** To avoid the formation of ill feelings from either person, it’s important to discuss the effects postpartum depression is having on both your partner and the relationship. While your partner may be hesitant to open up because they fear it will strain the relationship, acknowledging and talking through these new feelings will prevent any bad feelings from building up.

**Related Link:** [Celebrity Baby News: Rooney Mara & Joaquin Phoenix Welcome First Child](#)

**2. Stay close by:** The easiest way to support someone is to remain by their side during a difficult time. Try to make yourself available to the other person as much as possible or

contact them frequently if you need to be out of town. By staying close and talking often, you will prevent them from feeling like they are alone in this process.

**Related Link:** [Royal Celebrity Couple Prince Harry & Meghan Markle Take Aim At Online Negativity](#)

**3. Do your research:** Postpartum depression is complicated and can be different for everyone experiencing it. One way to show your partner that you truly care and are ready to be supportive is to do some research about how they might be feeling. If your partner sees you doing a little extra work, they will know you are taking this new part of the relationship seriously!

What are some other ways to support your partner through postpartum depression? Start a conversation in the comments below.

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## Celebrity Baby News: Rooney Mara & Joaquin Phoenix Welcome First Child





By Nicole Maher

In the latest [celebrity news](#), [celebrity couple](#) Rooney Mara and Joaquin Phoenix welcomed their first child. According to *UsMagazine.com*, the couple named their [celebrity baby](#) after Joaquin Phoenix's late brother, River Phoenix. The couple's pregnancy was confirmed in May, with Mara being about six months along at the time. The child's name was announced at the 2020 Zurich Film Festival following the screening of a documentary titled *Gunda*, which was executive produced by Phoenix.

**This celebrity baby was named after Joaquin's late brother. What are some ways to incorporate an important family member's name into your child's name?**

**Cupid's Advice:**

Whether it's the name of a parent, grandparent, or lost sibling, many people look to incorporate important family names into the names of their children. If you are looking for the best ways to incorporate these important family member's names into that of your child, Cupid has some advice for you:

**1. Middle name:** If you and your partner have already decided on the first name of your child, then opt for using the family member's name as the middle name. This can be a great option if you feel that the important family member's name is out-of-date, or simply does not seem to match the personality of your family and newborn child.

**Related Link:** [Celebrity Baby News: 'Vanderpump Rules' Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together](#)

**2. Switch the gender:** Sometimes the gender of the child is different from that of the past family member. One way to incorporate the family name despite this difference is to find the gender-equivalent. Many names are unisex or have male and female versions, such as Michael and Michelle, which can make it easy to incorporate an important family name even if the gender of your baby is different.

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**3. Right up front:** Just as Mara and Phoenix did, place the important family member's name right up front. By choosing to use the family member's name as your child's first name, you are showing just how important that person was to you. It is also a great way for your child to feel connected to this family member, even if they never had the opportunity to meet them.

**What are some other ways to incorporate an important family member's name into the name of your child? Start a conversation in the comments below!**

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# Celebrity Baby News: Gigi Hadid & Zayn Malik Welcome First Child



By Carly Silva

In the latest [celebrity baby news](#), Gigi Hadid and Zayn Malik welcomed their first child into the world on Wednesday, September 23. According to *UsMagazine.com*, the [celebrity couple](#) announced the birth of their daughter with a sweet black and white photo of the newborn's hand on Malik's Instagram.

# In celebrity baby news, Gigi and Zayn have welcomed their first child, a girl. What are some perfect “push presents” to give the mother of your recently born child?

## Cupid's Advice:

Every mother deserves a little something after a difficult delivery journey. If you're looking for some perfect “push presents” to give the mother of your recently born child, Cupid has some advice for you:

**1. A baby book journal:** A baby book is something most sentimental moms will love. Especially if she is a new mom, writing down all of her experiences of her pregnancy and birthing story will be an important memory for her, and your child may love to read it one day!

**Related Link:** [Celebrity Baby News: Vanderpump Rules Stars Brittany Cartwright Jax Taylor Are Expecting First Child Together](#)

**2. Mom jewelry:** A push present doesn't have to be something for the baby; this gift can be about celebrating the mother and everything she has been through in this special time in her life. Think about buying some sort of jewelry that symbolizes motherhood, like a birthstone ring, interlocking necklace pendants, or something engraved with “Mama.” These types of gifts will make her feel so special as she enters into motherhood.

**Related Link:** [Celebrity Baby News: Penn Badgley & Domino Kirke Welcome First Child Together](#)

**3. A day of relaxation:** If your baby comes unexpectedly, or if



you don't have enough time to plan out your push present, a spa day is a great idea for a new mother. Buy a gift card so that she can use it whenever she pleases once she has recovered from delivery. Plan a day to watch the baby while she gets some rest and relaxation for all of her hard work.

What are some other perfect "push presents" to give the mother of your recently born child? Start a conversation in the comments down below!

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## **Celebrity      Baby      News: 'Vanderpump Rules' Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together**





By Carly Silva

In the latest [celebrity baby news](#), *Vanderpump Rules* stars Brittany Cartwright and Jax Taylor are expecting their first child together. According to *UsMagazine.com*, the [reality TV star](#) announced her pregnancy on Instagram on Monday in a series of photos, and Taylor followed suit, adding a photo of his wife showing off her baby bump.

**In celebrity baby news, Brittany and Jax are the latest of *Pump Rules* stars to expect a baby. What are some ways to prepare your relationship for becoming parents?**

#### **Cupid's Advice:**

Relationships are bound to change once you become parents. If you're looking for ways to prepare your relationship for

parenthood, Cupid has some advice for you:

**1. Discuss your expectations:** Having a baby can be a big change in your relationship, so it's important to talk and be realistic about what things will be changing. Having an open conversation about what your expectations are for your relationship after the baby comes will help the two of you be prepared and accept the changes.

**Related Link:** [Celebrity News: Blac Chyna Says Raising Dream Without Child Support Is Her Biggest Flex](#)

**2. Plan to prioritize your relationship:** Even though your relationship is bound to change after welcoming your first child, remembering to prioritize each other can be a great way to keep your relationship strong even while taking care of a baby. Come up with a plan of ways to prioritize hobbies and intimacy together after you become parents.

**Related Link:** [Celebrity Baby News: Emma Roberts Reveals Sex of First Child with Garrett Hedlund](#)

**3. Do it as a team:** Becoming a parent can be hard on your relationship; that's why it's important to do it together. While raising your baby will be a challenge for your relationship, the journey will also make the two of you even closer as you do it together.

**What are some ways to prepare your relationship for becoming parents? Start a conversation in the comments below!**

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# Celebrity Baby News: Penn

# Badgley & Domino Kirke Welcome First Child Together



By Nicole Maher

In the latest [celebrity news](#), Penn Badgely and Domino Kirke welcomed their first [celebrity baby](#) together after having multiple miscarriages. According to *UsMagazine.com*, the [celebrity couple](#) first shared the news of their baby's birth on Kirke's Instagram. While this is the first child the couple have together, Badgley has been acting as a stepfather toward Kirke's ten-year-old son, Cassius, from a previous relationship. Kirke has described her husband Badgley as being a "good stepdad," and is excited to raise their own child together as well.

# In celebrity baby news, Penn and Domino welcomed a child together after suffering multiple miscarriages. What are some ways to support each other through a miscarriage?

## Cupid's Advice:

There is so much excitement around expecting a child with your partner, and the last thing you want to consider is the possibility of having a miscarriage. Unfortunately, many couples do experience miscarriages during their pregnancy journeys. If you are looking for ways to support your partner and relationship through a miscarriage, Cupid has some advice for you:

**1. Relieve any guilt:** Miscarriages are one of the most emotional events a couple can experience when trying to have a child. Despite following all of the pregnancy guidelines and visiting doctors regularly, an issue such as miscarriage can still occur. It is important to remove any guilt or blame surrounding a miscarriage, and assure both partners that neither of them are at fault.

**Related link:** [Celebrity Baby News: Gigi Hadid Gets Flirty with Zayn Malik Ahead of Baby No. 1's Arrival](#)

**2. Develop a plan:** Deciding on the next-steps following a miscarriage are painful but necessary. These types of events can be emotionally exhausting in a relationship, and it is important to discuss how both of you wish to move forward together. Having a conversation about if and when to try again, as well as the possibility of exploring other options

can help relieve some stress and provide a new sense of hope in the relationship.

**Related link:** [Celebrity Baby News: Hilaria Gives Birth to 5th Child with Alec Baldwin](#)

**3. Attend to the family:** After a miscarriage, a majority of the attention goes to the woman who was pregnant. While it is essential to support her through this process, it is also important to tend to the rest of the family. Both partners and any existing children were all likely looking forward to welcoming a new child into the family, and will all have their own grief processes following a miscarriage.

**What are some other ways to support your partner through a miscarriage? Start a conversation in the comments below.**

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## **Celebrity News: Blac Chyna Says Raising Dream Without Child Support Is Her 'Biggest Flex'**







By Carly Silva

In the [latest celebrity news](#), Blac Chyna got candid in an interview about raising her 3-year-old daughter, Dream, without child support from ex, Rob Kardashian. According to *UsMagazine.com*, the [reality TV star](#) is legally no longer required to pay Chyna child support as of March of 2019.

**In celebrity news, Blac Chyna is raising her daughter without child support. What are some ways to keep money issues from affecting your relationship?**

#### **Cupid's Advice:**

Financial stress can put a big strain on a lot of relationships. If you're looking for ways to keep money issues from affecting your relationship, Cupid has some advice for

you:

**1. Communicating:** Being honest about your financial situation can help to ease some of the stress. Talking openly with your partner or family members can help you to find solutions in a healthy way without it being a burden on your relationships.

**Related Link:** [Celebrity Couple News: Khloé Kardashian Tristan Thompson Want to Buy a New Home Together](#)

**2. Re-evaluating what is important:** Even though financial stress can be a major source of negativity in your life and in your relationships, it doesn't have to ruin everything. Try to focus on parts of your life that matter more, like health and happiness before letting financial stress run your life.

**Related Link:** [Celebrity News: Dwayne Johnson Predicts Justin and Hailey Bieber Will Have a Baby in 2021](#)

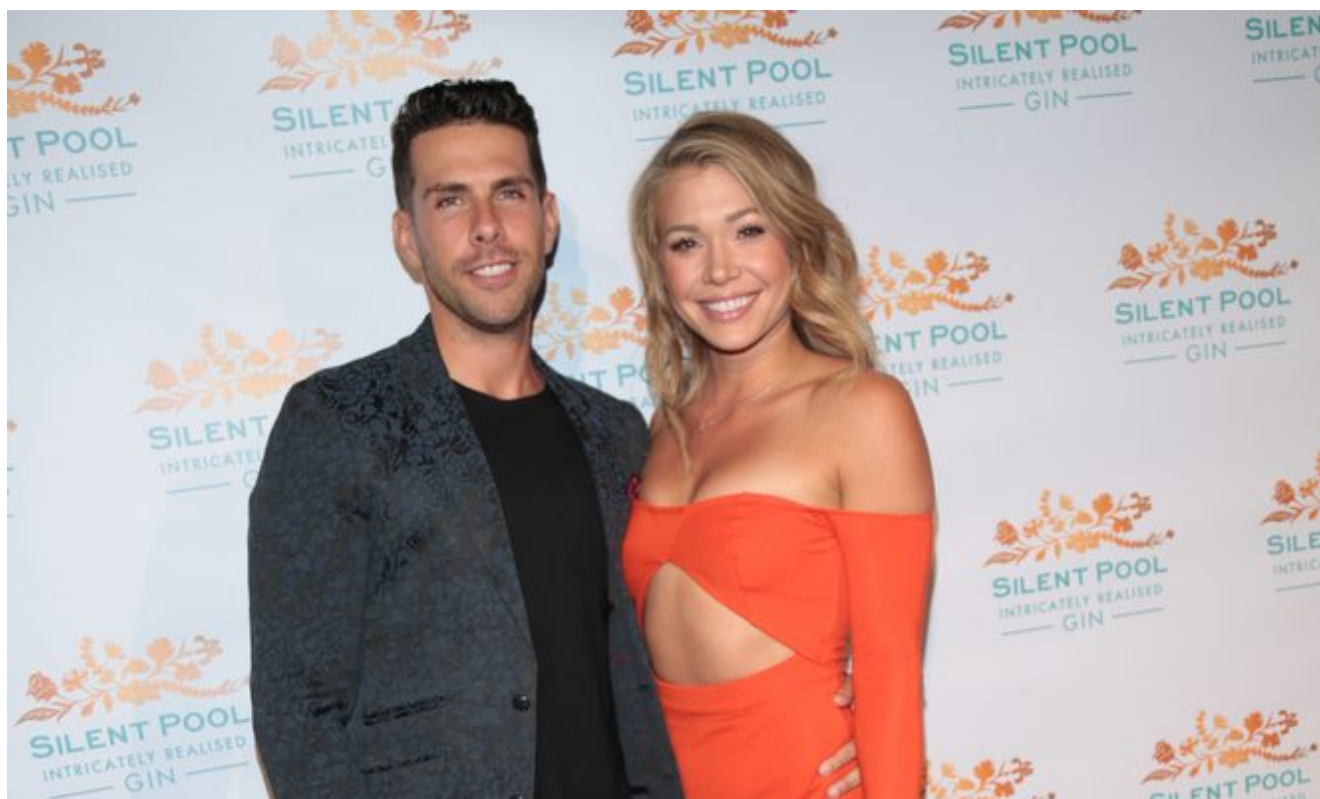
**3. Count your blessings:** If you're dealing with financial stress in a relationship, try to remember what things you are grateful for. This will help you to realize that your relationship and your family are more important than any monetary issue.

**What are some ways to keep money issues from affecting your relationship? Start a conversation in the comments down below!**

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# Celebrity Parents: Reese Witherspoon Admits to Being

# 'Terrified' to Become a Mom at 22



By Carly Silva

In the [latest celebrity news](#), Reese Witherspoon got very honest on *The Drew Barrymore Show* when the megastar talked about balancing motherhood and work in her early career. According to *EOnline.com*, the [celebrity parent](#) admitted to being “terrified” to become a mother after getting pregnant at age 22.

## Celebrity parent Reese Witherspoon

# is opening up about the feelings she had when she was pregnant at 22. What are some ways to keep your fear at bay while pregnant with your first child?

## Cupid's Advice

Getting pregnant for the first time can most definitely be scary. If you're a soon-to-be mother looking to keep your fear at bay while pregnant, Cupid has some advice for you:

**1. Read about motherhood:** One thing you can do to relax your fears is to start reading. If you get more knowledgeable and familiar with the idea of motherhood, it might not scare you so much anymore.

**Related Link:** [Celebrity Baby News: Former Glee Star Lea Michele Gives Birth to 1st Child with Husband Zandy Reich](#)

**2. Look for support from others:** Reach out to other women going through the same thing is a great way to get support and reassure yourself that you aren't alone. Many mothers have the same fears, so it may be helpful to talk and relate to them.

**Related Link:** [Celebrity News: Hailey Bieber Says She and Justin Haven't Made Any Quarantine Babies](#)

**3. Try to focus on the excitement, not the fear:** Even though you might be overcome with fear during your first pregnancy, try to focus on the excitement and joy you will experience once your baby is born. This will help you to stop focusing on your nerves and be able to love the little one you're expecting.

**What are some ways to keep your fear at bay while pregnant with your first child?**

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# Celebrity Baby News: Gigi Hadid Gets Flirty with Zayn Malik Ahead of Baby No. 1's Arrival



By Nicole Maher

In the latest [celebrity news](#), model Gigi Hadid is keeping the romance alive with boyfriend Zayn Malik as the two get ready to welcome their first [celebrity baby](#). According to *UsMagazine.com*, Hadid responded to Malik's most recent Instagram post by commenting two exclamation point emojis.

While the celebrity couple has experienced a few breaks in their relationship, it is reported that they are very much in love and could not be more excited to start their family together. Hadid and Malik will be welcoming a baby girl in the upcoming months.

**In celebrity baby news, Gigi Hadid and boyfriend Zayn Malik are keeping the spark in their relationship alive before welcoming their first child. What are some ways to keep the passion in your relationship even when you become parents?**

### **Cupid's Advice:**

Having a child is one of the most monumental steps in a relationship. While there is so much excitement around starting a family with the person you love, there can also be some questions as to how that will affect your relationship. If you are looking for some ways to keep the romance alive as you welcome your first child, Cupid has some advice for you:

**1. Embrace family activities:** It can be exciting to schedule specific activities to do as a family, but it can also be enjoyable to make everyday tasks into a family activity. Taking trips to the grocery store, walking around the neighborhood, or even settling down in front of a movie can lead to some of the most memorable moments with your new family. The more time you spend as a full unit, the deeper your bond will be with both your partner and your child.



**Related link:** [Celebrity Baby News: Gigi Hadid & Zayn Malik Are Expecting First Child](#)

**2. Be a proud parent:** Your partner chose to start a family with you because they felt you would be an amazing parent. By sharing in their excitement about starting a family of your own, you are showing them how proud you are to be a new parent. This can be an entirely new quality that they find attractive, and can add a new dimension to your existing relationship.

**Related link:** [Celebrity Baby News: Emma Roberts Reveals Sex of First Child with Garrett Hedlund](#)

**3. Keep date night on the calendar:** While you will likely feel the urge to spend every moment with your new child, it is equally as essential to schedule some alone time. It is important to make sure you are not accidentally neglecting your relationship as a couple because your focus has shifted onto your child. Having a designated date night every week or so, as well as a trusted babysitter, are great ways to continue to nourish your relationship.

**What are some other ways to keep the passion in your relationship as you become new parents? Start a conversation in the comments below!**

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# **Celebrity Baby News: Hilaria Gives Birth to 5th Child with**

# Alec Baldwin



By Carly Silva

In the latest [celebrity baby news](#), Hilaria and Alec Baldwin announced the birth of the newest addition to their family on Instagram earlier this week. Following two miscarriages in the months leading up to their latest pregnancy, the birth of their new baby boy makes the [celebrity couple](#)'s fifth child together. According to *EOnline.com*, the name of the celebrity baby has not yet been announced.

## In celebrity baby news, Hilaria and Alec Baldwin just welcomed their

# **fifth child together. What are some factors to consider when deciding how many children to have with your partner?**

## **Cupid's Advice:**

Deciding how many children to have when building your family is an important decision. If you're wondering which factors to include when making your decision, Cupid has some advice for you:

**1. Consider the finances:** One of the most obvious factors to consider when planning to have children is the financial aspect since raising a child is expensive. Many couples prefer to spend all of their money on their children. Decide if your preferred financial situation is more suitable for a big or small family.

**Related Link:** [Celebrity Baby News: Emma Roberts Reveals Sex of First Child with Garrett Hedlund](#)

**2. Think about sibling dynamics:** A lot of couples decide how many children they want to have based on the sibling dynamic. If it is important for your children to have siblings, then a bigger family might be for you. If you want to spoil one or two children, then a smaller family might fit better. Figure out what dynamic will fit your family best.

**Related Link:** [Celebrity Couple Alec &#038; Hilaria Baldwin Open Up About Raising Their Kids](#)

**3. Do what feels right:** Although it is important to consider all of these different factors when planning your family, it's also important to pay attention to how you and your partner feel. Even if you spontaneously decide to have another child,

or if you decide you don't want any children at all, whatever the two of you decide will be what is best for your family.

What are some factors to consider when deciding how many children to have with your partner? Start a conversation in the comments below!

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# Celebrity Baby News: Emma Roberts Reveals Sex of First Child with Garrett Hedlund



By Alycia Williams

In latest [celebrity news](#), [celebrity couple](#) Emma Roberts and Garrett Hedlund revealed the sex of their [celebrity baby](#). According to *UsMagazine.com*, Roberts wrote an Instagram post captioned: “Me...and my two favorite guys,” revealing that the couple is expecting a boy. The couple’s celebrity friends joined them in celebrating the news in the comments section of Robert’s post. Her aunt, Julia Roberts, commented, “Love you” with a kiss emoji. Emma’s former *Scream Queens* costar Lea Michele, commented, “You will be the greatest mama. I love you Em! Boy moms together.” Her *American Horror Story* castmate Sarah Paulson, meanwhile, wrote, “Beauty beauty.”

**In celebrity baby news, Emma Roberts and her boyfriend Garrett are expecting a baby boy. What are some ways to reveal the sex of your baby to family and friends?**

### **Cupid’s Advice:**

Finding out the sex of your baby is almost as exciting as finding out that you’re welcoming a baby. There are so many ways to reveal the sex of your baby to your friends and family and if your looking for the way that’s right for you, Cupid has some advice for you:

**1. Use social media:** Just like Emma Roberts and Garrett Hedlund, you can use social media to share with all of your friends and family the gender of your new baby. It’s fast, it’s easy, and it gets the job done. It’s also a great excuse for a photo shoot.

**Related Link:** [Celebrity Baby News: Carrie Underwood Shares Sex of Baby at 2018 CMAs](#)

**2. Have a gender reveal party:** When you're revealing the sex of your baby a great way to celebrate is to throw a party. You'll have all the people that you would want to know the sex and it's a pre-celebration before the baby shower. You can use smoke bombs, confetti, or even your cake to reveal your baby's sex.

**Related Link:** [New Celebrity Baby: Kim Kardashian and Kanye West Welcome a Son](#)

**3. Keep it simple:** If you don't want to make this a big deal you can always keep it simple by just privately telling the people that you want to know. This works best if you're interested in keeping your pregnancy more intimate and private.

**What are some other ways to reveal the sex of your baby to family and friends? Start a conversation in the comments below!**

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## **Celebrity Baby News: Former 'Glee' Star Lea Michele Gives Birth to 1st Child with Husband Zandy Reich**







By Alycia Williams

In latest [celebrity news](#), *Glee* star Lea Michele welcomed her first [celebrity baby](#) with husband Zandy Reich. According to *UsMagazine.com*, the baby boy was born on Thursday, August 20. They are all happy and healthy, and they're extremely grateful. He's been an easy baby so far, and they decided to name him Ever Leo.

**In celebrity baby news, Lea Michele is a first time mom. How can you and your partner prepare for becoming parents?**

#### **Cupid's Advice:**

Becoming a parent can be extremely exciting and awaiting your new baby can feel like a lifetime. By using those months that you are waiting for your bundle of joy, you and your partner can prepare, because your lives are going to take a major

shift. If you and your partner are looking for ways to prepare for becoming parents, Cupid has some advice for you:

**1. Learn about baby and toddler sleep:** The topic of sleep is one of the biggest questions for first time parents. You and your partner should learn about sleep while you are pregnant so you can quickly pick up on sleep troubles and avoid many of the bad sleep habits parents unintentionally develop. The biggest reason children have troubles sleeping through the night is that their parents haven't learned how to facilitate good sleep.

**Related Link:** [Celebrity Baby News: Katherine Schwarzenegger & Chris Pratt Welcome First Child Together](#)

**2. Get healthy:** Before your baby arrives is a great time to focus on your own health, because once the baby comes most of your focus needs to be on the baby. This would be the best time quit smoking, develop a healthy diet, start taking vitamins, and schedule your annual physical.

**Related Link:** [Celebrity Baby News: Nikki Bella Gives Birth to 1st Child with Artem Chigvintsev](#)

**3. Increase your social support network:** Although becoming a new parent is thrilling at first, as time goes by you and your partner may need help from people in your lives. Strengthen your relationship with your family and friends now, so that when you're in need of their help it won't seem far fetched.

**What are some other ways you and your partner can prepare for becoming parents? Start a conversation in the comments below!**

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# Celebrity Baby News: Chrissy Tiegen Reveals the Surprising Way She Found Out About Her Third Pregnancy



By Alycia Williams

In latest [celebrity news](#), [celebrity couple](#) Chrissy Tiegen and John Legend confirmed they're expecting their third [celebrity baby](#) through Legend's music video. According to *EOnline.com*, Tiegen revealed how she found out about her surprise pregnancy. She admitted to not knowing about the baby news when she was undergoing breast implant removal surgery in June after asked by a fan how she found out about the pregnancy. She explained that when she took a pregnancy test before the

surgery, it was negative, but after the surgery she took another and it was positive.

## In celebrity baby news, Chrissy Tiegen is keeping it real by letting fans know how she found out about her surprise pregnancy. What are some ways to support your partner through a surprise pregnancy?

### Cupid's Advice:

There is no telling how you're going to react when faced with a surprise pregnancy. That being said, you both have to be there for each other as you recover from being shocked. If you're looking for ways to support your partner through a surprise pregnancy, Cupid has some advice for you:

**1. Respond **positively**:** When a woman experiencing challenging circumstances confides she is pregnant, the reaction of the first person she tells tends to set the tone for her decision-making. Avoid responding with shock or alarm, and be calm and understanding. Let her know you're there for her and that it's going to be okay. Pay close attention to her emotional state, and act accordingly.

**Related Link:** [Celebrity Baby News: Stassi Schroeder Is Expecting First Child Amid 'Pump Rules' Firing](#)

**2. Set up a support system:** In addition to the standard baby registry, you can help her get other kinds of support by lining up much-needed, practical help. Think outside the box. Take advantage of websites that allow friends and family to

sign up to make meals, send food deliveries, or simply donate money. Some websites can even help organize other assistance like rides to the doctor, babysitting other children she may have, or help around the house.

**Related Link:** [Celebrity Baby News: Sean Lowe Admits Wife Catherine's Third Pregnancy Happened 'Sooner Than Planned'](#)

**3. Encourage her:** Society tends to focus on ways that an unexpected pregnancy can be challenging. Help your partner to think of the benefits. Remind her of the fluttering kicks, somersaults, and maybe even dance moves her son or daughter will be rocking once they grow a little more. With moms' groups and opportunities for play dates, there's a whole new social world to explore.

**What are some other ways to support your partner through a surprise pregnancy? Start a conversation the comments below!**

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## **Celebrity Baby News: Bindi Irwin Is Expecting First Child With Chandler Powell**







By Alycia Williams

In latest [celebrity news](#), [celebrity couple](#) Bindi Irwin and Chandler Powell are expecting their first child. According to *UsMagazine.com*, Irwin told fans that she is still in her first trimester, but wants them to be part of our journey from the beginning of this new life chapter. “Chandler and I are proud to announce that we’re expecting! It’s an honor to share this special moment in our lives with you,” Irwin said.

**In celebrity baby news, Bindi and Chandler are about to become parents. How do you know if your partner will make a good parent?**

#### **Cupid’s Advice:**

Becoming a parent is a big step in life and deciphering whether you and your partner will be good parents can be hard to determine. If you are wondering if your partner will be a



good parent, Cupid has some advice for you:

**1. They're a sacrificer:** If a person is willing to make a lot of sacrifices, then the chances that they will be a good parent is pretty high. One of the main things parents are supposed to be able to do for their children without a second thought is sacrifice things. Parenting is all about sacrificing things. One of the main things parents have to give up when they have kids is time.

**Related Link:** [Celebrity News: Bindi Irwin Makes First Red Carpet Appearance with Boyfriend Chandler Powell](#)

**2. They're a loving person:** One of the qualities a good parent must have is the ability to treat other people with love and respect. If someone seems to be unable to do that before they become a parent, then it does not seem very likely that they will be able to do that after they become a parent. Parents should be able to treat others with lots of love and kindness.

**Related Link:** [Bindi Irwin's Boyfriend Bandages Her Feet After 'DWTS' in Latest Celebrity News](#)

**3. They're attentive:** If a person is attentive, that is a sign that they will make a good parent. Parents always need to be attentive, especially when it comes to their children. There are cases during which some parents will get upset with their kids when they act out, but kids usually act out because they are emotional. ]

**What are some other signs that your partner will be a good parent? Start a conversation in the comment below!**

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# Celebrity Baby News: Katherine Schwarzenegger & Chris Pratt Welcome First Child Together



By Alycia Williams

In latest [celebrity news](#), Katherine Schwarzenegger has welcomed her first [celebrity baby](#) with Chris Pratt. According to *UsMagazine.com*, Schwarzenegger's brother Patrick Schwarzenegger confirmed the news saying "They're doing great, she just got her a little gift." Pratt's car was also spotted at a hospital in Santa Monica on Friday, August 7.

# In celebrity baby news, Katherine and Chris are proud new parents. What are some tips for working as a team with a newborn?

## Cupid's Advice:

Welcoming your new baby is always going to be an exciting moment to remember. However, newborn babies also come with a lot of work and in that case you have to make sure you and your partner work together. If you are just welcoming your bundle of joy and is looking for tips to work as a team with your partner, Cupid has some advice for you:

**1. Split the work evenly:** With a newborn baby there is going to be a lot of things that need to be done on a daily basis. You and your partner should decipher how you can split everything that needs to be done evenly, that way one person isn't doing way more than the other.

**Related Link:** [Celebrity Couple News: Katherine Schwarzenegger Calls New Husband Chris Pratt a 'Wonderful Husband' on Father's Day](#)

**2. Be there for each other:** Welcoming a new baby to your family is going to be hard on the parents physically and mentally. Encourage each other push through the stress. When your partner needs someone to talk to, don't hesitate to sit down and listen because you need each other more than ever right now.

**Related Link:** [Celebrity Baby News: Nikki Bella Gives Birth to 1st Child with Artem Chigvintsev](#)

**3. Be consistent with baby care:** You and your partner may have different parenting styles, but it helps to communicate and be

on the same page when it comes to baby care. If you don't see eye to eye on some aspects of parenting, talk through your concerns and try to find a compromise that works for both of you.

**What are some other tips for working as a team with a newborn? Start a conversation in the comments below!**

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## Celebrity Baby News: Nikki Bella Gives Birth to 1st Child with Artem Chigvintsev



By Alycia Williams

In latest [celebrity news](#), *Total Bellas* star Nikki Bella gave birth to her and fiancé Artem Chigvintsev's [celebrity baby](#) on Friday, July 31. According to *UsMagazine.com*, Bella posted a photo of her son's tiny hand and captioned the photo, "Our baby boy is here and we couldn't be HAPPIER and more in LOVE! Everyone is safe and healthy."

## **In celebrity baby news, Nikki and Artem welcomed a baby boy. What are some ways to announce your new arrival to family and friends?**

### **Cupid's Advice:**

New babies bring joy and happiness to the entire family and all of your close friends. Sometimes trying to tell everyone about the arrival of your baby can be a hassle and seem extremely repetitive. If you are looking for ways to announce your new arrival to the people closest to you, Cupid has some advice for you:

**1. Use social media:** Instead of calling and texting everyone one by one you can do what Nikki and Artem did and post something to social media letting everyone know about your new baby. That way you know that all of your followers know and you're friends and family can congratulate you through the comments.

**Related Link:** [Celebrity News: Pregnant Nikki Bella Shares Sweet Note to Fiancé Artem Chigvintsev](#)

**2. Plan a get together:** After having your baby, you can plan something small like a barbecue or house party and invite the people closest to you. When your guests come, they'll be able

to meet the new addition to your family.

**Related Link:** [Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness](#)

**3. Send photos:** You can have professional newborn pictures taken of your baby or take pictures with your phone and send them to your friends and family. It can be through text message or you can mail them an actual photo. Either way they'll know about your little bundle of joy.

What are some other ways to announce your new arrival to family and friends? Start a conversation in the comments below!

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## Celebrity Baby News: 'This Is Us' Star Chris Sullivan & Wife Rachel Welcome Baby Boy







By Diana Iscenko

In the latest [celebrity news](#), *This Is Us* star Chris Sullivan and wife Rachel Reichard welcomed their first child together, son Bear Maxwell Sullivan. The [celebrity baby](#) made his debut on July 28, at 10:02 PM. Sullivan shared the news on an Instagram post, where he gushed about his new family: "Witnessing [Rachel] bring our first son into this world, after 20 hours of labor, was one of the great honors of my life." The [celebrity couple](#) tied the knot in 2010.

**In celebrity baby news, Chris Sullivan and his wife are parents! What are some ways to prepare your relationship for parenthood?**

#### **Cupid's Advice:**

Being a parent changes your life and it'll change your relationship with your partner. This change doesn't have to be

a bad thing! Make sure the growth of your family brings you and your partner closer. If you're worried about babyproofing your relationship, Cupid has some advice for you:

**1. Celebrate your relationship:** Reminisce with your partner about your pre-parenthood days. Your relationship will change with the birth of your child and it's okay to be upset about some of the changes. Accept the "loss" by celebrating the end of your time as a family of two.

**Related Link:** [Celebrity Babies: Carrie Underwood Said She 'Considered Adoption' Following Multiple Miscarriages](#)

**2. Discuss expectations:** When your child arrives, there will be way more work to go around. Discuss with your partner what roles each of you will have when your baby arrives. It's important to go into parenthood with a plan, but you should also be flexible. You two are a team, after all!

**Related Link:** [Celebrity News: Kourtney Kardashian Says She Has 'Responsibility' to Teach Kids About White Privilege](#)

**3. Appreciate the little things:** Be thankful for the little things your partner does to show their love. There will be less time for date nights when you have a new baby, but that doesn't mean there's no time for romance. Find the small moments that show your partner has your back.

**How do you prep your relationship for your baby's arrival? Start a conversation in the comments below!**

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# Celebrity Baby News: Former 'Bachelorette' Ali Fedotowsky Reveals She Suffered Miscarriage



By Diana Iscenko

In the latest [celebrity news](#), [Bachelorette](#) Ali Fedotowsky opened up about her recent miscarriage on her Instagram. The [reality TV](#) star said she may never “fully talk about” the experience, but she wanted to support others who miscarried. Fedotowsky continued in her post: “I’m not sharing this because I feel sorry for myself or I want others to tell me they feel sorry for me. I don’t feel sorry for myself. I feel sad for what could’ve been.” The *Bachelorette* shares two

children, Molly, 4, and Riley, 2, with husband Kevin Manno.

## **In celebrity baby news, Ali Fedotowsky opened up about her recent miscarriage. How do you support your partner through a miscarriage?**

### **Cupid's Advice:**

Miscarrying is painful, whether you were the pregnant parent or not. It's important to lean on your partner during this difficult time. If you're not sure how to support your partner through the loss of your pregnancy, Cupid has some advice for you.

**1. Let them know how you're feeling:** Make sure to let your partner know that you're grieving with them. To start healing from the loss of the child you never met, you need to let out your emotions. Even if your grief is different than your partner's, it's so important to work through this together.

**Related Link:** [Celebrity Baby: Ali Fedotowsky Says She Could Go Into Labor During Family Wedding](#)

**2. Remember it's no one's fault:** It's very common for those who lose pregnancies to think they're "broken" or that they're to blame for the miscarriage. If your partner was pregnant, make sure they know you love and support them, regardless of their ability to have kids. If you were pregnant, focus on the happiness you already have in your partner and family.

**Related Link:** [Celebrity Babies: Carrie Underwood Said She 'Considered Adoption' Following Multiple Miscarriages](#)

**3. Talk about your experience:** Once you and your partner feel

comfortable, talk to your close friends and family about what you went through. Miscarriages are common and you'll likely know others who went through the same thing. Knowing you aren't alone can help you heal.

How do you support your partner through difficult times? Start a conversation in the comments below!

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## Celebrity Baby News: Emma Roberts Is Pregnant with First Child





By Diana Iscenko

In the latest [celebrity news](#), Emma Roberts is expecting her first child with boyfriend Garrett Hedlund. The pregnancy was reported by *UsMagazine.com* last Thursday and has been confirmed by Roberts' mom, Kelly Cunningham. Cunningham replied to fan comments on Instagram, saying she is "very excited" to welcome Roberts' [celebrity baby](#) to their family. The [celebrity couple](#) has been dating since March 2019, after Roberts ended a five-year relationship with *American Horror Story* co-star Evan Peters.

**In celebrity baby news, Emma Roberts is expecting her first child with her boyfriend of just over a year, Garrett Hedlund. What are some ways to prepare your relationship for a child during an expected pregnancy?**

#### **Cupid's Advice:**

Parenthood will completely change your relationship with your partner. It can be overwhelming for this to change with the birth of your child. If you need help babyproofing your relationship, Cupid has some advice for you:

**1. Remember the pre-pregnancy days:** Before your little one's arrival, reminisce with your partner about your relationship pre-parenthood. It's okay to be sad about some of the freedoms you two will be losing. Acknowledge the "loss" by celebrating the end of this part of your relationship.

**Related Link:** [Celebrity Baby News: Gigi Hadid & Zayn Malik Are](#)



## [Expecting First Child](#)

**2. Talk about expectations:** Discuss what roles you and your partner will fall into when your child arrives. There will be more work that needs to be done so its crucial that you and your partner discuss what each of you will be doing to contribute.

**Related Link:** [Celebrity Baby News: Former 'Pump Rules' Star Stassi Shroeder Reveals Sex of First Child](#)

**3. Hold on to small moments:** Learn to appreciate the little things you and your partner do for each other before your baby arrives. Once you have a newborn, there will be less time for date nights and grand romantic gestures. Appreciate the smaller signs that your partner is here for you.

**How did you prepare your relationship for parenthood? Start a conversation in the comments below!**

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# Celebrity Baby News: Former 'Pump Rules' Star Stassi Shroeder Reveals Sex of First Child





By Diana Iscenko

In latest [celebrity news](#), [reality TV](#) star Stassi Schroeder announced she'll be having a daughter with husband Beau Clark. The Instagram post was the [celebrity couple](#)'s first confirmation of the *Vanderpump Rules* alum's pregnancy, despite *UsMagazine.com* breaking the news two weeks earlier. Clark shared his own post about the pair's [celebrity baby](#), writing, "I was raised by great women, and the lessons I learned from them I'll [forward] to my daughter and then some!"

**In celebrity baby news, Stassi and Beau will be welcoming a baby girl. What are some ways to prepare for a baby girl versus a boy?**

### **Cupid's Advice:**

Expecting a child is an exciting time! Your family is growing and there's a lot to prepare for. It's important to know that

a baby's brain develops differently for each sex. If you want a sneak peek into your little girl talents and struggles, Cupid has some advice for you:

**1. Talking:** On average, girls start talking a month earlier than boys. Girls also tend to have larger vocabularies than boys as early as 18 and 24 months. However, reading to your child has more of an impact on their vocabulary than biological sex does, so be sure to talk and read to your baby as much as you can!

**Related Link:** [Celebrity Baby News: Stassi Schroeder Is Expecting First Child Amid 'Pump Rules' Firing](#)

**2. Spatial skills:** Boys tend to better understand the space objects take up. Boys can usually understand how objects appear rotated between three to five months old, which is earlier than girls. Make sure to play with your daughter in ways that help her with this: build with building blocks, teach her to count, throw a ball around with her.

**Related Link:** [Celebrity News: Kourtney Kardashian Says She Has 'Responsibility' to Teach Kids About White Privilege](#)

**3. Potty training:** Girls have the upper hand when it comes to potty training. They start toilet training between 22 and 30 months, which is three months to a year earlier than boys. Girls pee on their own approximately four months earlier than boys. Girls also are able to sit still to poop around three-and-a-quarter-years-old, which is five months earlier than boys.

**How else do you prepare for the birth of your little girl? Start a conversation in the comments below!**