Single in Stilettos Show: Find Love By Not Looking for Love...Fact or Fiction?





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima talks to Duana Welch, author of *Love Factually*, about whether or not you can *really* find love by not looking for it. According to the dating advice shared by these relationship experts, that approach won't work. Instead, if you want to find love, you should: join several online dating sites; be open to meeting men anywhere and everywhere; get out and do things; and make eye contact and smile when talking to someone you're interested in.

Related Link: Duana Welch on Why You Can't Make Him Love You

It's important to be proactive if you truly want love in your life. Follow this dating advice if you're ready to meet someone special!

For more information about Single in Stilettos shows, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

What's your best tip for finding love? Tell us in the comments below!

Screwing the Rules Video Dating Tips: Make Your New Year's Goals a Reality





By E!'s Famously Single Dating Coach, Laurel House

Dating Expert from E!'s Famously Single About New Year's Resolutions

Related Link: Dating Coach Laurel House on Her New Book: "I'm Nervous for My Ex-Boyfriends to Read It!"

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, <u>Laurel House</u> is here to make you succeed the list of goals you have for 2015. "According to Forbes, only 8% of people follow through with their New Year's resolutions goals," she reveals. "And that sucks!" With that thought in mind, she shares five realistic resolutions that you can easily accomplish this year. Listen up and don't disappoint yourself with failure.

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How will you achieve your goals this year? Tell us your tips in the comments below!

'The Bachelor' Chris Soules on First Night Jitters





By Emma L. Wells

First dates can be stressful enough, but can you imagine having 30 first dates simultaneously? That's how Chris Soules felt on Monday night during the premiere of *The Bachelor* Season 19. "It was nerve-racking but exciting to be in the same room with 30 amazing women and knowing that one of

them could potentially become my fiancée," Soules said in an interview with <u>People.com</u>. While some women handled the stress of the evening better than others (a few contestants were noticeably intoxicated by the evening's close...), they all made lasting impressions. From motorcycles and karaoke to secret admirers and a pig nose, the women used a variety of tactics to try and catch the handsome bachelor's eye. Some ended up being more successful than others, as the 33-year-old farm boy from Iowa eliminated eight women during the first rose ceremony on *The Bachelor* Season 19.

'The Bachelor' Chris Soules was pretty nervous Monday night. What are three ways to deal with nerves on a first date?

Cupid's Advice:

Everyone has to deal with nerves from time to time, but you don't want to let some overly energetic butterflies interfere with what could be a really amazing first date. Cupid has some ways to reign in those jitters:

1. Just breathe: It may seem like simple advice, but it's often what people forget when they are under pressure. Focusing on your breathing helps in many ways. First, it helps center your mind on something else. Second, it'll slow your heartbeat and your thoughts, and you'll quickly start to feel less flustered and crazy. Being in control of your breathing will help you feel in control of your situation. Try counting to five as you inhale and counting to seven as you exhale; repeat this ten times, and you'll be calm again in no time!

Related Link: 'The Bachelor' Season 19 Premiere: Chris Soules

Meets 30 Bachelorettes

2. Remember you're not the only one: You're not alone! It's good to keep in mind that the person sitting across from you is most likely feeling just as nervous as you are. Believe it or not, shared nervousness can even be something you two can bond over. Try joking about it and see where the conversation takes you.

Related Link: 'Bachelor' Chris Soules Opens Up About Finding
His Future Wife

3. Understand your anxiety: First date nerves can have many causes. They might just mean you're really excited. Or perhaps you always get restless when you meet new people. The jitters could also be your body's way of telling you that you already know this isn't a good match. Diagnosing the reason behind your butterflies will help you figure out how to handle the situation. Most importantly, remember that nerves are normal; don't let them stand in the way of your happily ever after!

What are some ways you deal with nerves on a first date? Share your thoughts below.

Cameron Diaz and Benji Madden Tie the Knot at Her Beverly Hills Home





By Whitney Johnson

Turns out she *is* the marrying kind! After years of sharing her distaste for marriage, Cameron Diaz settled down with Good Charlotte rocker Benji Madden. The couple, who began dating this past summer, tied the knot at her Beverly Hills home on Monday, Jan. 5, according to *UsMagazine.com*. It's no surprise that their big day was a star-studded affair: Guests included bridesmaids Nicole Richie and Drew Barrymore, Joel Madden, Reese Witherspoon, and Gwyneth Paltrow. We wish the newlyweds nothing but the best!

What are some perks of having your wedding at home?

Cupid's Advice:

If a big wedding at a fancy venue isn't your style, why not consider getting hitched in your own backyard? Here are some perks of having your wedding at home:

1. It's easy to plan: Getting married at your house eliminates the need to search for the perfect spot to say your vows. Sure, you'll still need to find a caterer and other vendors,

but securing the location is always step one! Plus, you don't have to worry about your favorite locale being booked on the date you want.

Related Link: <u>Matchmaker Nicole Richie: "I Set Up Cameron Diaz</u> and Benji Madden"

2. You can get hitched quickly: Diaz and Madden's engagement was confirmed on Dec. 19, and less than three weeks later, they're husband and wife! If you want to make things official sooner rather than later, follow the actress's lead and plan a wedding at home.

Related Link: Celebrity Couple Predictions: Helena Bonham Carter, Cameron Diaz, and Chris Brown

3. There are no restrictions: A lot of venues will put a cap on the number of guests you can invite or force the party to end by midnight. Getting hitched at your house means the sky is the limit!

Would you get married at home? Share with us in the comments below!

'The Bachelor' Star Nikki Ferrell Opens Up About Celebrity Breakup with Juan Pablo Galavis





By Whitney Johnson

On the red carpet prior to Monday night's premiere of *The Bachelor*, former winner Nikki Ferrell opened up to host Chris Harrison about her celebrity breakup with Juan Pablo Galavis — and surprisingly she had nothing but nice things to say about her celebrity ex! According to *UsMagazine.com*, the pediatric nurse shared, "I'm not a quitter. I tried everything, and he tried too. It wasn't just a one-side thing. We real-life tried, not TV-tried." She added, "I knew I was never going to be the number one priority. He has a daughter...but there's a difference between being the second priority and the seventh priority."

Not everyone speaks so highly of

their celebrity ex like 'The Bachelor' winner Nikki Ferrell. What are some factors to consider when someone asks you about your ex?

Cupid's Advice:

Everyone handles a breakup differently. Maybe you want to hide under the covers and consume pint after pint of Ben & Jerry's Phish Food until your heart begins to heal. Or perhaps you can't help but spill intimate details about your relationship to anyone who will listen, including that stranger who sat next to you on the subway. So what is the best way to respond when someone asks you about your ex? Cupid has some tips:

1. Think before you speak: It's tempting to say exactly what's on your mind (nice or not) when it comes to chatting about your ex and your intense breakup. Instead, when you're alone, really think about your relationship and come up with a blanket statement to share with anyone who asks for more information. Take a cue from *The Bachelor* winner Ferrell and consider something as simple as, "We tried our best to make it work."

Related Link: 'Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis

2. Keep private details to yourself: If you find yourself saying too much when family or friends inquire about your recent heartbreak, start a journal. Writing down your emotions is a great way to share your feelings but still keep them private. That way, you'll be more in control of your thoughts when your loved ones want to know what happened!

Related Link: Did 'Bachelor' Winner Nikki Ferrel Reveal She Has a New Man?

3. Change the subject: If you're worried that you won't be able to stop talking about your former partner once you get going, just bring up a new topic! Politely say that you'd rather not talk about it and then ask about their holidays or if they've been watching the most recent season of *The Bachelor*. Easy!

How do you respond when someone asks you about your breakup? Tell us in the comments below!

Single in Stilettos Show: The Most Important Thing You Can Do to Find Love





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima chats with Dr. Diana Kirschner, best-selling author and CEO of <u>Love in 90 Days</u>, about the most important thing you can do to find love. First, you need to get a Love Mentor, someone who can guide you in the right direction to find The One. Once you have a Love Mentor, they can help you understand: what you want in a man and a relationship; if you're sabotaging yourself in relationships; how you're isolating yourself from meeting someone special; how being too picky is keeping you single; and how sleeping with someone too soon can ruin a relationship.

Related Link: Tripp on How to Meet a Guy

Listen up for more great dating tips!

For more information about Single in Stilettos shows, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Ladies, what's your best tip for finding love? Share with us

Another Celebrity Pregnancy! Alec Baldwin and Wife Hilaria Share Baby News





By Whitney Johnson

New year, new celebrity baby! It looks like there's going to be another celebrity kid toddling around soon, because Hollywood couple Alec and Hilaria Baldwin rang in 2015 by sharing their celebrity pregnancy news. According to UsMagazine.com, in the sweet announcement, the actor holds

their 16-month-old daughter Carmen as she touches her mom's growing stomach. Along with the photo, Hilaria wrote: "The sun has set on 2014 and on my year of daily #hilariaypd2015 is going to be very exciting as we are thrilled to announce we are expecting another little addition to our family! (tadasana) #yoqapostureoftheday."

The Baldwins' celebrity pregnancy news shows they're ecstatic for their newest celebrity baby. How do you think you should prepare differently for a second child?

Cupid's Advice:

With every addition to your family comes moments of excitement…and exhaustion. Still, after you welcome your first child, you should feel a bit more ready for future babies. So how do you prepare differently for a second child during pregnancy? Cupid has some ideas:

1. You have more hand-me-downs: Before your first baby was born, you were probably scouring the Internet for "must-haves" and stocking your home with all of the essentials: a crib, a changing table, a car seat, a stroller, clothes...the list goes on. Now, though, you should have plenty of hand-me-downs for your second child to use.

Related Link: <u>Kourtney Kardashian Says She Feels 'Blessed'</u>
<u>After Birth of Third Child</u>

2. You don't feel so stressed: No matter how many books you read or how many friends you grill, it's hard to truly prepare for becoming a parent. Since you already have one child to call your own, you won't feel quite so much worry as you get

ready for your family to grow.

Related Link: Blake Lively Shares That Her Family Will Influence How She Raises Her Child

3. You have another child to focus on: Of course, you can't forget about your oldest kid just because you have a baby on the way! This time around, you'll have a new set of worries: Will he like his baby sister? Will she feel neglected when her brother arrives? Try to make those last few months as a family of three extra special for your little one.

Cupid wants to know: How did you prepare differently for your second child?

Joseph Gordon-Levitt Secretly Marries Girlfriend Tasha McCauley





By Whitney Johnson

There's no doubt that Joseph Gordon-Levitt's *Don Jon* character would be disappointed: The actor is now a married man! According to *UsMagazine.com*, he secretly wed girlfriend Tasha McCauley on Dec. 20 at their home. The star, who is known for keeping his private life to himself, opened to Howard Stern about his relationship, saying "I think I'm a pretty good person and a good boyfriend. Yeah, I just wouldn't want to be with someone who was disrespectful to me."

What are some benefits of keeping your nuptials under wraps?

Cupid's Advice:

Not every bride and groom dreams of a big wedding with extravagant bouquets, a five-course meal, and a guest list that includes everyone they've ever met. Some, like Gordon-Levitt and his new wife, prefer to keep their special day more low-key. Here are three benefits to keeping your nuptials under wraps:

1. You can make it personal: It's easy to get caught up in the

festivities and start worrying about making your future mother-in-law or grandmother happy instead of focusing on what makes you and your partner happy. By keeping your big news to yourself, you'll be able to do what you want and just enjoy your time together as newlyweds.

Related Link: Snooki Marries Jionni LaValle

2. You can save money: If you're trying to stick to a strict budget, remember that each additional guest costs more money. The smaller your wedding, the more you can save! Plus, with less people in attendance, you'll feel less pressure to fill the space with gorgeous (and expensive) flowers, candles, and other decor.

Related Link: 'N Sync Alum Lance Bass Marries Michael Turchin

3. You can settle into life as husband and wife: Even if you've been together for a few years or already share a home, your relationship will inevitably change after you tie the knot. If you keep you big news private, you'll have a chance to get used to your new roles as spouses without your loved ones sharing their best pieces of (unsolicited) advice or nagging you about your thank you notes.

Did you keep your wedding under wraps? Share your story below!

Single in Stilettos Show: How to Handle a Bad Date





With the new year quickly approaching, there's a good chance that you'll go on an awkward date during the next 365 days. With that thought in mind, on this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima chats with Jen Kelton, the CEO and founder of badonlinedates.com, about how to handle a bad date. Kelton first explains what she considers to be a bad date and then shares her best dating tips for dealing with someone who's on the phone too much, who behaves inappropriately, or who picks a fight with another guy. Plus, she reveals her funniest bad date story.

Related Link: <u>Ms. Solomon on 5 Biggest Dating Mistakes Women</u>
Make with Men

For more information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How do you handle a bad date? Share your tips in the comments below!

Single in Stilettos Show: Why Do I Keep Attracting the Wrong Men?





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima talks to relationship coach Des O'Connor about why you keep attracting the wrong men. Believe it or not, you already have all of the answers to this question! You need to take a look at your past relationships and see what patterns emerge. Follow these steps when you're ready to start picking the *right* men: have a plan in place; decide what type of partner you want; determine if that type of guy goes to the same places as you; know what questions to ask him; and most

importantly, stop wasting your time with the wrong men!
Related Link: Why You Can't Make Him Love You

It's time to start being honest with yourself and consider what role you're playing in attracting the wrong men. Then, it'll be that much easier to find The One!

For more information about Single in Stilettos shows, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

What do you do to attract the *right* type of guy? Tell us in the comments below!

Celebrity Mom Jenna Dewan-Tatum Wonders How Others with Babies Have Time to Wear Makeup





By Whitney Johnson

Celebrity mom Jenna Dewan-Tatum always looks her best on the red carpet, but she insists that getting ready at home is a bit more challenging since welcoming baby Everly 18 months ago. Her and her husband may be considered one of the hottest celebrity couples, but this celebrity mom is pretty down-to-earth when it comes to how she feels. According to People.com, the actress recently joked that she doesn't know how other mothers leave the house with their makeup done, much less keep up with all of their products. "I'm like, 'How does that happen?' Everly will actually take it from me and go put it somewhere else," she shared. "I'm like, 'Okay, I need that makeup back.' It's a whole big circus in our household."

This celebrity mom has to be creative with her baby to prepare for the day. What are some ways to

entertain your child while you get ready?

Cupid's Advice:

A child changes your daily routine in more ways than you could ever imagine. Something as simple as taking a shower or fixing your hair must be carefully planned according to your baby's schedule. Here, Cupid reveals three ways to entertain your kid while you get ready for the day:

1. Keep them busy: It's easy enough to move your baby's toys from the playroom to the kitchen...to the bathroom. Spread out a blanket and grab their favorites books and blocks. As long as they're having fun, they won't care that you're curling your hair or carefully applying your lipstick.

Related Link: Channing Tatum Says Wife Jenna's Pregnancy is "One of the Sexiest Things Ever"

2. Ask for help: If your partner has a flexible work schedule, don't be afraid to ask him to stick around for a few extra minutes in the morning. A healthy habit in love and relationships is to partner on certain tasks, such as parenting. It'll be a good opportunity for him to bond with his child, and it'll let you have a moment to yourself before your busy day of parenting begins.

Related Link: Channing Tatum and Jenna Dewan-Tatum Introduce
Baby Everly

3. Turn to technology: While not all parents allow their children to watch television or play on an iPad, if you're okay with your kids becoming familiar with technology, go ahead! A 20-minute *Dora the Explorer* could give you the time you need to put on that fresh face of makeup.

What are some ways that you entertain your child while getting

Screwing the Rules Video Dating Tips: 'Tis the Season to...Breakup?





By E!'s Famously Single Dating Coach, Laurel House

Dating Expert from E!'s Famously

Single Talks About Breaking Up During the Holidays

Related Link: Heartbroken? Heal and Move On...Like I Did

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, Laurel House discusses breaking up during the holiday season. Sure, the holidays are all about kissing under the mistletoe, snuggling by the fire, and walking hand-in-hand as the snow falls. But that's not all: "From now until Christmas, breakups are steadily on the incline," dating coach and Screwing the Rules: The No-Games Guide to Love author Laurel House reveals. "In fact, it's the most popular time of year to breakup. Thankfully, on Christmas, that number actually plummets and picks up again in March." So why does heartbreak happen so often over the holidays? We want to be surrounded by the people we love; if you don't truly have those feelings for your partner, it'll become even more apparent during this busy and stressful time. Listen up for the other reasons that House shares and find out why it's important to say goodbye now instead of waiting until the new year.

For more information about our dating mentor, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Have you ever dealt with a breakup during the holidays? Share your best advice below!

Single in Stilettos Show: How to Move On After a Breakup





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima chats with dating coach and author Abiola Abrams about post traumatic love disorder, which refers to being stuck in the past and unable to heal after a tough breakup. First, you have to identify the signs of this disorder: bed hopping from man to man; spending late hours at the office to avoid dating; jumping into another bad relationship; and being afraid to be alone. If you recognize any of these symptoms in your behavior, it's time to find a cure, which includes five simple steps. Start by doing a self-assessment; then, list out past relationships and the lessons you've learned from them; next, learn how to love yourself unconditionally; additionally, learn more about yourself through the dating process; and finally, take baby steps towards meeting the right man.

Related Link: Abiola Abrams on How to Attract Love in Your Life

Remember that dating is never easy. Despite your heartbreak, don't get discouraged and just stay focused on finding a healthy relationship with someone special!

For more information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Cupid wants to know: How do you pick yourself up and move on after a breakup?

'Slumdog Millionaire' Stars Freida Pinto and Dev Patel Breakup After Six Years Together





By Whitney Johnson

All good things must come to an end! According to <u>UsMagazine.com</u>, <u>Slumdog Millionaire</u> costars Freida Pinto and Dev Petal have called it quits after nearly six years of dating. In happier times, the adorable couple considered themselves "soul mates," but a source confirms that they've been over for a while now. "Freida is single and happy," another source adds. "Friends are setting her up." Pinto even celebrated her 30th birthday in October with billionaire Siddhartha Mallya by her side.

How do you establish yourself as an individual after being part of a couple for a long time?

Cupid's Advice:

It's easy to get caught up in your partner's interests during a longterm relationship. If they cheer for the Dallas Cowboys, you may find yourself ordering a Romo jersey and blowing your paycheck on tickets on the 50-yard line. After a breakup though, it's time to rediscover what makes you tick. Here are three ways to establish yourself as an individual after being

part of a couple for a long time:

1. Invest in a new hobby: Have you always wanted to learn how to knit? Or do you want to take photography classes at your local arts center? Sign up now! Embrace your newfound independence. Instead of wallowing in your loneliness, take full advantage of your free time and put it to good use.

Related Link: <u>Selena Gomez Cries Singing Song About Justin</u>
<u>Bieber at AMA's</u>

2. Reconnect with loved ones: Perhaps you missed out on birthdays and baby showers because you were so wrapped up in your love life. Rather than dwell on the past and feel guilty about your behavior, use the upcoming holidays as an opportunity to revitalize these relationships and make an extra effort to spend time with your friends and family.

Related Link: <u>'Bachelor' Winner Nikki Ferrell Confirms Split</u> from Juan Pablo Galavis

3. Do you: Take your favorite book to a local coffee shop and spend a few hours reading and people watching. Binge-watch *Scandal* on Netflix without your partner interrupting the most intense moments. Or spend your Sunday flipping through fashion magazines instead of devoting the final day of the weekend to football. Remember what *you* love to do…and do it!

How did you establish yourself as an individual after a breakup? Tell us in the comments below!

Screwing the Rules Video

Dating Tips: Busting the Soul Mate Myth





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Dating Coach Laurel House

Related Link: <u>Author Christine Hassler Teaches Us How to Deal</u> with an 'Expectation Hangover'

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, Laurel House chats with Expectation Hangover author Christine Hassler about soul mates and why she believes you don't have only one. "Soul mates are anyone that we learn a lesson from," Hassler explains. "We

think our soul mate is this person who's going to come and make our soul feel whole and complete, but that's not the case." She adds, "Your true soul mate is you. Anything you want from someone else is something you're really yearning to give yourself."

For more information about our dating mentor, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

What do you think about the soul mate myth? Tell us in the comments below!

Prince William and Kate Middleton Meet Jay-Z and Beyonce





By Whitney Johnson

It looks like the Duke and Duchess of Cambridge are enjoying their time stateside so far! On Monday evening, the royal couple attended the Brooklyn Nets vs. Cleveland Cavaliers basketball game. According to <u>UsMagazine.com</u>, Prince William and Kate Middleton "got a standing ovation" when they took their seats during the third quarter, showing just how excited fans are to welcome the pair to New York City. Before the fourth quarter started, the pair met Hollywood royalty when Jay-Z and Beyonce walked across the court to say hello. After the game, they were introduced to players LeBron James and Kevin Garnett, who gave them a tiny jersey for Prince George.

What are three advantages to going on a double date?

Cupid's Advice:

As much as you need alone time with your partner, it's fun to break out of your usual routine and spend some time with your couple friends. Here are three reasons why you should plan a double date for this weekend:

1. Try something new: It's easy to get stuck in a rut of going to the same Italian restaurant before seeing the latest romantic comedy at your local theater. Your friends, though, may motivate you to head to that new Greek cafe and then go bowling instead.

Related Link: Prince William and Kate Middleton Arrive in NYC

2. Get some relationship advice: It's always helpful to chat with your peers about the ups-and-downs of your love life. Maybe you've been struggling with how to bring up an issue (like where to spend the holidays) with your beau. Talking to a friend who knows your partner and is in a relationship herself can help you work through things and figure out the best approach to take.

Related Link: Prince William and Kate Middleton Announce Their
Second Baby is On the Way

3. Develop different interests: Keep an open mind, and you may end the night with a new hobby to explore. For instance, if you've been interested in learning how to snow ski and know your friends head to the mountain each weekend, now is the time to ask them whatever questions you may have. Perhaps you can even join them next time. Who knows, the royal couple may be huge fans of "Crazy in Love" after meeting Queen B!

Cupid wants to know: What's your favorite part of going on a double date?

Single in Stilettos Show: How

to Talk About Being Exclusive with Your Partner





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima and dating coach Robert Manni discuss how to talk about being exclusive with your beau. The author of *The Guys' Guy's Guide to Love* shares five important things to remember when you bring up this subject: make sure it's a good time to have a serious conversation; do it in person; let him know it means a lot to you; never give him an ultimatum; and remember that it's about what you *both* want.

Related Link: Robert Manni on How to Get a Second Date

Ultimately, it's a conversation between the two of you. Although you may be focused on sharing your feelings with your partner, be sure to listen to him in return. Pay attention to how he responds. If he says he's just not ready,

respect his wishes and be patient. However, if he says he doesn't want to be exclusive with you, it may be time to move on.

For more information about Single in Stilettos shows, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

What's your best tip for talking about being exclusive with your partner? Share your comments below!

Single in Stilettos Show: 5 Biggest Dating Mistakes Women Make with Men!





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima talks to Ms. Solomon from TheDatingTruth.com about the five biggest dating mistakes that women make with men. Ladies, here are things you often do that are keeping you single: You think you can't be beautiful *and* smart; you always have to prove a point; you lead with your credentials and accomplishments; you can't give a good sound bite and tend to dominate the conversation; and you put down other women.

Related Link: Ms. Solomon on How to Talk to a Guy

If you can avoid making these five dating mistakes, you'll have a more successful love life in no time!

For more information about Single in Stilettos shows, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How do you avoid making these dating mistakes? Share your tips in the comments below!

Q&A: Should I Be Concerned About My Man's Social Network Activity with Other Women?





Question from Jane C.: This guy and I have been dating for a few months now, and everything is going great, but I sometimes get bothered by the way he interacts with other girls on social media. It will pop up on my Facebook Newsfeed that he's liked a bunch of girl's photos or commented on some girl's picture. Should I read into this, or am I just being paranoid?

Related Link: Is It Okay If My Boyfriend Texts His Ex?

<u>Suzanne K. Oshima, Matchmaker</u>: When you're dating someone exclusively, it just means that you're not going to date other people. It doesn't mean that he can't be friends with other women or like their photos on Facebook.

However, that being said, his behavior could be inappropriate based on the type of photos he's liking or commenting on. If the photos are innocent in nature, then I wouldn't be so worried. But if the photos are sexy or provocative photos of the women and he's making inappropriate comments, then it's definitely a red flag that he may have a wandering eye. Not to mention the fact that it's completely disrespectful to you! If the tables were reversed, I'm sure he wouldn't appreciate you liking and commenting on photos of other men with their shirts off or flexing their muscles.

It's not something that I would say you should break up over. However, it *is* something that you should keep an eye out for.

Paige Wyatt, Reality Star: The way people interact online can give you a good insight to their personality. In your boyfriend's case, he seems to be flirty and outgoing. He doesn't think twice when he comments on girls' pictures or posts on their walls because that's his personality. He probably doesn't see anything wrong with it. His online interactions are completely innocent to him because he doesn't think too deeply into them. Although it may not be a problem to him, it is for you. It's important to be open and honest with your feelings and opinions, so let him know what you're thinking. Otherwise, he may never change his behavior.

Related Link: Should I Delete or Unfriend My Exes on Social Networks?

Robert Manni, Guy's Guy: It's called social media for a reason. People connect online and socialize. Unfortunately, a lot of guys raised on social media think the way to score dates is sitting in front of their laptops in their tightey

whiteys and hitting on random women. And that could be the case here. Without knowing the parameters of Jane's relationship, it's easy to condemn this guy for blatantly flirting while he's dating Jane.

If they're in an exclusive relationship, Jane might ask why he's so friendly with these other women. If he's evasive or she doesn't buy his answer, she has some choices. She can put up with it (not recommended), return the favor and also flirt online, or start dating other people — at least until he realizes what's good for guys can be very good for the ladies.

To find out more about our three dating and technology gurus, click here.

If you have any questions you would like answered by our experts, please submit them on our <u>Contact Page</u>.

How do you handle concern about your partner's social media habits? Share with us in the comments below!

Screwing the Rules Video Dating Tips: Do THIS When Meeting His Family Over the Holidays





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Dating Coach Laurel House

Related Link: Laurel House on Meeting Your Partner's Family Over the Holidays

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, <u>Laurel House</u> talks about what to do when you meet your partner's parents."There are several things you can do to make that greeting less stressful and actually fun for everyone," she explains. "You just have to remember to keep the romance and connection alive." Listen up to find out everything you need to know before your beau joins your family's Thanksgiving table!

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

How do you prepare for meeting your significant other's family over the holidays? Tell us in the comments below!

Single in Stilettos Show: Why You Can't Make Him Love You





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima talks to Duana Welch, PhD, author of *Love Factually: 10 Proven Steps from I Wish to I Do!*, about why you can't make a man fall in love with you. Usually, if a woman asks the question, "How can I make a man love me?," it's because the relationship is one-sided. It's impossible to make a man see

you as his perfect match if he simply doesn't have feelings for you. Remember that love is reciprocal — you can't *make* him love you if he doesn't!

Related Link: 5 Signs He's Interested in You

Listen up to find out what a man looks for in a woman, what a woman wants in a man, and more great dating advice!

For more information about Single in Stilettos shows, click here.

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Do you agree with Duana's thoughts about making a man fall in love with you? Tell us what you think in the comments below!

Exclusive Interview: Eric Berniker on Pirate's Booty Float in Macy's Thanksgiving Day Parade: "We're Excited to Be a Part of That Family Tradition"





By Cortney Cordero

Each year, on the morning of Thanksgiving, many families around the country tune in to watch the Macy's Thanksgiving Day Parade. This year, the parade embarks on its 88th journey through the streets of Manhattan, but some floats are making this well-known trek for the first time. Pirate's Booty, an American smart snack food company best known for their rice and corn puffs, is debuting their first float for the event, a pirate ship named the "Treasure Hunt" that measures 40 feet tall, 38 feet long, and 8 feet wide.

Exclusive Interview with Pirate's Booty Executive

In an <u>exclusive interview</u>, Eric Berniker, Vice President of Consumer Engagement and Innovation at Pirate's Booty, recently chatted with us about the experience of participating in this famous parade. "Over the past few months, Pirate's Booty has worked closely with the Macy's Design Studio to bring the pirate ship float to life," he says. "We were thrilled to unveil the float at Macy's Studio Day last week."

Related Link: John Piper on Thanksgiving Day Parade: "Enjoy It With Somebody Special!"

For Thursday's special event, this larger-than-life float has to condense down to travel from the Macy's Studio in New Jersey and through the Lincoln Tunnel before taking its place in the lineup for the parade. After that, the float will make its way from 77th Street down to 34th Street to stop in front of the famous Macy's storefront. Sabrina Carpenter from Disney Channel's new show *Girl Meets World* is set to perform on the float. Plus, the Pirate's Booty characters Crunchy the Parrot and the Pirate will be on board.



The Pirate's Booty Pirate in front of the "Treasure Hunt" float. Photo: Mark Tully/Pirate's Booty

In addition to getting their new float ready, Pirate's Booty has been running a contest called "Share Yarr Thanksgiving Traditions," which gives some lucky fans the chance to win an all-expense paid trip to New York City and experience the Macy's Thanksgiving Day Parade from VIP seating in 2015. "We've received so many great submissions, but two of our favorites include: Dana S. from Texas, who said her favorite Thanksgiving tradition is going to feed the homeless early in the morning so that everyone can have a great Thanksgiving, and Arlene V. from Minnesota, who said her family carves a pirate out of a block of butter so they can use it on their Thanksgiving table as decoration," Berniker shares.

Related Link: How Celebrities Celebrate Thanksgiving

This year, the smarter snacking company is thankful to get the chance to show their stuff in the parade. "The Macy's Thanksgiving Day Parade is a part of what makes Thanksgiving such a uniquely American holiday, bringing wholesome fun into millions of homes year after year," Berniker explains. "We're excited to be a part of that family tradition and to bring Pirate's Booty to life with the 'Treasure Hunt' float." For those who are unfamiliar with Pirate's Booty, the snacks are non-fried, gluten- and additive-free. Currently, they produce the puffs in four different flavors: Fruity Booty, Aged White Cheddar, Sour Cream and Onion, and Veggie. "Pirate's Booty Aged White Cheddar is our most popular flavor," says Berniker, who also lets us in on things to come. "Next year, Pirate's Booty will release new, delicious flavors!"

Tune in to NBC on Thursday, November 27th at 9 a.m. (all time zones) and witness the "Treasure Hunt" as it takes its inaugural sail down the streets of Manhattan. Happy Thanksgiving!

Single in Stilettos Show: How to Meet a Guy





So many women struggle with the first step when it comes to dating: how to meet a great guy. You can't just do one or two things and expect the right man to come along; you need to put yourself out there in a variety of ways if you really want to find someone special. On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima talks to dating coach Tripp to answer this elusive question. If you want to meet men, he recommends that you: go out more; try online dating; make eye contact and smile; compliment him; and always look your best.

Related Link: Tripp on Top 5 Dating Mistakes that Women Make

Listen up for more great dating tips!

For more information about Single in Stilettos shows, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Ladies, what's your best tip for how to meet a guy? Share with us in the comments below!

Screwing the Rules Video Dating Tips: How to Make a Guy Fall in Love with You





By E!'s Famously Single Dating Coach, Laurel House

At home, you may be the independent woman who fixes that leaky faucet by herself and lights up the grill without a second thought. At work, you may be the boss who oversees a team of employees and keeps everyone in line. While these two roles show off your strength, in order to make a guy fall in love with you, you need to be willing to assert your…weakness.

Dating Advice from E!'s Famously Single Dating Coach Laurel House

"Yes, men are attracted to confidence and beauty, inside and out. They're attracted to fun, to enthusiasm," explains relationship expert and E!'s Famously Single dating coach, Laurel House in this week's dating advice video. "But if you want them to fall in love, you need to show your vulnerability; you need to surrender; and you need to show your humanity."

Related Link: Laurel House Reveals Your Must-Have Mantra

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What's your best tip for making a guy fall in love? Tell us in the comments below!