

New Celebrity Couple Alert! Sandra Bullock Is Dating a Sexy Photographer



By Kyanah Murphy

It looks like Sandra Bullock has a new beau! According to UsMagazine.com, the new [celebrity couple](#) made their appearance together at Jennifer Aniston and Justin Theroux's celebrity wedding. Sources says that Bullock's new boyfriend is a photographer and that Bullock seems very happy with him. As an added bonus, the source confirmed that Bullock's new man is both super hot and super normal! Perhaps this mysterious photographer is just an ordinary chap, though he can't be too ordinary if he's with Sandra Bullock!

What an exciting time in a relationship – introducing your new partner to the people in your world! When do you know when it's the right time to introduce your new partner to family and friends?

Cupid's Advice:

Sandra felt the time was right for her to make an appearance with her new boyfriend by bringing him as her plus-one to Jennifer Aniston and Justin Theroux's wedding. No two relationships are the same, so there is no concrete timeline detailing when to introduce your new partner to the important people in your life. Cupid has some tips:

1. Consider why you want to introduce your friends and family to your new partner: This may seem like an odd question, but it's really one to consider. Do you want your new partner to see every piece of your life? Are you close to your friends and family and share everything with them?

Related Link: [Jon Gosselin & Kids Hang With New Girlfriend](#)

2. Think about what stage your relationship is in currently: Are you just dating, or are you in a committed relationship with this partner? Many people usually wait until there is an established relationship before introducing their new partner to family and friends.

Related Link: [Ryan Seacrest & Julianne Hough Are Getting Cozy](#)

3. Talk about it: Truthfully, only you two will know when it's the right time to meet friends and family. Talk about it with one another, and see how you're both feeling about it. If

you're ready, great! If not, now's the time to assess why and what it may mean for your relationship.

When did you decide to introduce your partner to your friends and family? Comment below!

Famous Couple Isla Fisher and Sacha Cohen Have Fun in the Sun



By Kyanah Murphy

Though September may be on our heels, there is still just enough summer left to go on a summer getaway! That's exactly what famous couple Isla Fisher and Sacha Cohen did. [People.com](#) reports that the celebrity couple were having a celebrity vacation at the French Riviera recently. In fact, Bono seemed to have agreed that there was still enough summer to go on vacation, as well as he was seen meeting up with Fisher and Cohen, albeit in an all-black suit.

The celebrity couple decided to take some time off and reconnect with one another on a romantic getaway. What are some ways to reconnect with your partner when you've grown distant?

Cupid's Advice:

Everybody can use a break from life after a while, including couples. However a vacation isn't the only way a couple can reconnect with one another. Cupid has some love advice:

1. Make a date with one another. Schedule in some time together to do an activity together. This will allow you to spend time with one another as well as get the communication process flowing again.

Related Link: [Matthew McConaughey & Camila Alves Enjoy Some Alone Time](#)

2. Make your partner still feel valued. With distance, you may be more critical of your partner. Try giving your partner praises instead and do special things that show you still value your partner.

Related Link: [Valentine's Day Special: Love the One You're With](#)

3. Know when it's time for help. If the distance doesn't start disappearing, make sure to tell your partner your concerns. You may need some assistance as well, such as with counselling (which is totally OK). Even if you have to go alone, seek out help to improve your relationship.

Have you needed to reconnect with a partner? Share some examples on how you reconnected below!

Expert Relationship Advice: How to Handle a Jealous Girlfriend





By [David Wygant](#)

You find yourself dating this really cool woman. She's hot; she's smart; she's everything you want in a partner. But she's jealous. She literally flinches every time a text comes through on your phone. Even if you're just checking a football score, her mind starts racing, wondering if you're contacting another woman. As a [relationship expert](#), I recognize that jealous girlfriends are a different breed of girl. They're really tough to handle, but they can be managed, thanks to this expert relationship advice.

Related Link: [The Premise of Monogamy](#)

Follow This Expert Relationship Advice to Deal with Jealousy

First, your phone needs to be transparent. You need to let her look at it whenever she wants. Don't hide it, and don't password protect it. Stop all correspondence that may make her mind wander or make her question you. Be sure to delete every naked picture and every text from an old girlfriend beforehand

though! All evidence of past indiscretions needs to be erased because a jealous girlfriend will find it, no matter how well you hide it.

To continuing following my expert dating advice, next, you need to ask your friends to never send you text messages that can easily be misread. Jealous girlfriends are like crime investigators on *CSI*. They literally will create stories based on absolutely nothing. An innocent text from your friend Joe may say something like, "Hey man, last night was awesome. We went by the bar afterwards, and you'll never guess who was there." She'll read that text and automatically assume that "guess who" is some girl that you used to bang and still want to bang.

And third, don't save voicemails from your buddies. You see, she's going to listen to saved messages, old and new, so it's time to delete any and all videos, voicemails, recordings – everything.

Related Link: [Kissing On-Screen: Do Celebrities Get Jealous?](#)

By doing these three steps, you can start building up a jealous girlfriend's confidence. Yeah, it takes some work on your part, but it'll be worth it. Remember that she's only jealous because of all of the other guys who have let her down. So regain her trust, and you'll have an amazing relationship and love.

*David Wygant is an internationally-renowned dating and relationship coach, author of the new book *Naked*, and speaker. Through his boot camps, personal coaching, and his [website](#), his dating advice has transformed the lives and relationships of hundreds of thousands of people from every corner of the globe.*

For more expert relationship advice from David, click [here](#).

Relationship Expert Reveals What to Do Before You Begin Online Dating



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about how to prepare for online dating.

Expert Online Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

Before you begin online dating, you need to turn your focus inward. "Do some soul searching and figure out who you truly are at your core, what you stand for as a person, what you actually enjoy doing, what your dating purpose is, and what you truly need as opposed to what you want," says relationship expert Laurel House. She believes that the answers to those questions are essential when it comes to being authentic and attracting the right person for your next relationship and love. This idea holds true whether you use online dating or another method to meet someone special. Otherwise, according to this expert dating advice, you may end up in a partnership that doesn't suit you.

Related Link: [Love Advice: What Makes a Great Online Dating Profile](#)

"This is something that I work on with my clients every single day, and it's really hard – being honest with yourself first," she adds.

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Relationship Author Dr. Brandy Engler Breaks Down 'The Women on My Couch'



By [Whitney Johnson](#)

We met sex therapist and [relationship author](#) Dr. Brandy Engler after she released her first book *The Men on My Couch: True Stories of Sex, Love and Psychotherapy*. Now, she's back with a new self-help relationship book that focuses on tales from her female clients. In *The Women on My Couch: More Stories of Sex, Love and Psychotherapy*, Engler examines common issues that women deal with in the bedroom and beyond and hopes to help her readers tackle their own sexual insecurities. In our exclusive interview, the relationship author opens up about

her marriage, life in Los Angeles, and what women really want.

Since we last spoke, you moved to L.A. and got married – congratulations! Do you feel like becoming a wife has changed your view on marriage and work as a therapist?

Yes, absolutely! It really tests all of the grand ideas I have about relationships and love. It forces me to put them into action and shows me how difficult it is. The guy who officiated our wedding told us that marriage is one of the greatest spiritual disciplines, and I totally get it now.

Related Link: [Dr. Brandy Engler Says, “‘The Men on My Couch’ Taught Me that Love is Hard and Complicated”](#)

Self-Help Relationship Book Focuses on Female Sexuality

Now, let’s discuss your book! Did you always plan to write *The Women on My Couch* as a follow-up to *The Men on My Couch*?

It actually came first. I originally wanted to work with women and wrote my college dissertation on their libido, particularly for married women – I was trying to understand this unsolvable problem in the world of sex therapy. So I had some ideas and started writing a book, but I was still a student and didn’t really know what I was talking about.

Later, I decided to take that material and turn it into *The Women on My Couch*. The book isn’t only about libido though – that’s just one of the chapters. What I wanted to do was address the most common things women were bringing to sex therapy rather than choose cases that were deviant. I wanted readers to see their own struggles or issues reflected in the book.

What is the theme of *The Women on My Couch*?

The theme of *The Men on My Couch* was more about love, while the theme of this book is about women's sexual choices. We have a sense that we're free sexually, which presents to us an existential crisis, this vast gray area with no clear right or wrong answer. The book doesn't really tell women what to do, but it shows them how to walk through the process of making a decision when it comes to things like having a threesome or cheating on their spouse.

Is there a particular story that you think readers will most relate to?

There's two of them. One of them is about a woman who was so in love with her fiancé and so excited to marry him, but she then dealt with major disappointment after they got married. In therapy, we call that the "post-marriage adjustment period." Soon after you get married, all of these differences show up, and you have to deal with them right away. How you deal with it sort of makes or breaks your relationship and sets the tone for the rest of your marriage. I have to walk the character in the book through developing realistic expectations and explain to her that she has a chance to be better at loving once she faces this challenge. I also share with her some of the lessons that I learned as a newlywed.

The other chapter deals with a woman who is married to a really hot guy but has low libido. I wanted to show that that problem doesn't just happen to older, unattractive people; young, attractive couples who still love each other deal with it too. There's nothing crazy in her background; it's just sexual shyness and a lack of erotic development. That's really one of the most pervasive things that I see. She gets challenged to push the edges of her comfort zone and try new things. I expose some of the reasons why women get shy in the bedroom and what to do.

On the flipside, is there a story that you think will surprise readers the most?

There's a chapter about a woman who uses sex to pay off her college loans, and I think it'll be shocking to learn how many women actually do that. I've had a few female clients who have done it, and I've had a few young, male clients who have used a service like that. I had to read up on it – I didn't even know it was going on! It's a trend now that's popular on college campuses, especially in L.A. Super educated girls are doing it. They're taking a feminist empowerment approach, like, "College is expensive, and I'm taking it into my own hands." That whole chapter is a debate between me and my client about equating feminism and sexuality and the different ways to look at it.

Related Link: [The Independent Woman: Do We Need a Do-Over?](#)

Relationship Author Shares Love Advice

Lastly, do you have any love advice for someone who's afraid to open up about her struggles in the bedroom?

I'm really hoping the book will help with that by giving a voice to what a lot of women go through. I hope it starts to normalize it and take away some of the fear or embarrassment. One of the underlying themes in the book is that women are often in a more passive, reactive sexual role. We let the men be in the charge. So it's about finding our voice in a world where everyone wants to tell us what to do.

You can purchase The Women on My Couch on Amazon. To keep up with Brandy, follow her on her website and Twitter @TheMenOnMyCouch.

From “I Do” to Divorce: Shortest Celebrity Marriages





Kim Kardashian and Kris Humphries

This celebrity marriage only lasted 72 days before the famous couple announced their split. Photo: Fame Pictures

Product Review: Curb Your Nicotine Craving and Find Love With Aqua-tine™!





This post is sponsored by Aqua-tine™.

By Ryan Bonner

Calling all smokers! Are you looking for a relationship and love but feel like your cigarette habit is holding you back? Are you ready to improve your health and live in a smoke-free environment? If your answer to these questions is “yes,” then Aqua-tine™ is the way to go. This amazing product, which meets the Food and Drug Administration requirements for over-the-counter homeopathic drugs, is a completely new approach to a tobacco alternative. Check out our product review below to learn more about how to curb your nicotine craving!

Curb Your Nicotine Craving, Thanks to This Product Review

Aqua-tine™ is a modern and socially-acceptable alternative to cigarettes, cigars, and smokeless tobacco. The three-ingredient formula is colorless and tasteless, making it easy to mix it into your drink of choice (excluding alcoholic beverages and energy drinks). Aqua-tine™ is great for

situations where you have the urge to smoke but are unable to, like during a road trip with your new beau or while meeting their parents for the first time. You can even use it on an airplane! It temporarily relieves your tobacco craving without all of those damaging carcinogens that are found in cigarettes.

The next time you're on a first date with someone special, instead of having to step outside of the restaurant to smoke, you can discreetly mix an Aqua-tine™ packet into your drink. You can use up to two packets per hour if needed, and chances are, thanks to its small, 2.4 milliliter size, your date won't even notice that you're using a tobacco alternative. If you follow this love advice, you won't miss out on time spent getting to know each other. Plus, you won't drive them away with the smell of smoke when they lean in for that first kiss!

If you're already in a committed partnership, Aqua-tine™ can help strengthen your bond with your significant other by giving you what you want most: more time together. You won't have to put a pause on cooking dinner or leave in the middle of a movie to get your cigarette fix. An added bonus? Your home, car, and clothes won't smell like smoke anymore! It's a win-win for both of you.

This new way of controlling your nicotine craving will show you great results that will positively impact your search for a relationship and love. Grab a drink, mix it in, and live your life without having to take a cigarette break. It's that simple! If you're ready to change your health and lifestyle for the better, visit Aqua-tine™ to purchase a 12-pack for only \$6.95. Enter **FREEAQ12** to get a free sample when you checkout.

~~**GIVEAWAY ALERT:** If you're ready to curb your nicotine craving and find love, Aqua-tine™ is the product for you! One lucky CupidsPulse.com reader will win a FREE Aqua-tine™ 12-pack by sharing this article on social media (and tagging @cupidspulse~~

and @Aqua_Tine) or commenting directly on this post. The contest ends on Wednesday, July 15th at 10 a.m. EST. Good luck!

Open to US residents only.

This giveaway is now closed. Thank you to all who participated!

Celebrity Kids: They're Just Like Us





Kim Kardashian with daughter North and niece Penelope

Even celebrity kids need hobbies! North and her cousin Penelope are ready for their dance class. Photo: 4CRNS/Dunkin D/FAMEFLYNET PICTURES

Expert Dating Advice: The Secrets Men Will Never Tell You





It's no secret that men and women think and act totally different, especially when it comes to love. According to this expert dating advice, ladies, if you know the things that men will never tell you, it'll help you be more successful in your search for The One.

Related Link: [Dating Advice for Attracting an Alpha Male](#)

Here are three secrets that you need to keep in mind:

- 1. Men are afraid to approach you:** They're terrified of rejection, so they'd rather not risk it and not say anything to you at all.
- 2. Men put a lot of pressure on themselves:** They want everything from your first date to your first kiss to be perfect, so give them a break!
- 3. Men can't read your signals:** Just like you don't always understand them, they don't always understand you. They need help understanding your signals, so make your feelings very clear for them.

For more relationship advice videos and additional information about *Single in Stilettos* shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Relationship Advice Video: Do You Have to Be Happy Alone Before You Can Be Happy with a Man?



On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima talks to relationship author Duana Welch about whether or not you have to be happy alone before you can be happy with a man.

Related Link: [Duana Welch Reveals How to Tell If Your Man Will Cheat](#)

Relationship Authors Shares Love Advice About Happiness

Both dating experts agree: You can't be happy with someone else until you're happy with yourself. According to their love advice, no man can complete you; he can only *complement* you. Still, it's normal to feel lonely when you're single. As Welch explains, "The fact of the matter is most of us are not very happy alone." That's why you're dating after all – to bring more happiness into your life! "This is not the same thing as failing to love yourself," she assures us.

The relationship author adds, "It's very important to work on loving you."

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Do Men Want to Date Younger

Women? Find Out What Dating Experts Think!



On this week's [Single in Stilettos](#) show, matchmaker Suzanne Oshima and dating expert David Crowther discuss whether or not men want to date younger women.

Relationship Advice Video Reveals If Men Want to Date Younger Women

Related Link: [Expert Love Advice: The #1 Thing a Man Wants in a Woman](#)

Middle-aged women often think that men their age only want to date younger women, but that's not always true. According to

this relationship advice video, it really just depends. If a man is going through a divorce and experiences a mid-life crisis, he may feel the need to date a younger woman to validate himself or make him feel desirable. If a man wants children, he'll be attracted to women of childbearing years.

As this dating expert explains, there are also men, though, who aren't going through a life change or don't want children and will date people closer to their age. For the most part, men want to date someone within 10 years of their age.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Do you think men want to date younger women? Tell us in the comments below!

Expert Dating Advice: How to Find True Love Fast





Matchmaker Suzanne Oshima talks to relationship expert Arica Angelo about how to find true love fast. Check out their [expert dating advice](#) above!

Related Link: [The Secrets of Meeting Men](#)

Expert Dating Advice to Help You Find Love Fast

Angelo believes that there are two pieces of love advice you must consider if you're ready for The One. First, you must come off the sidelines. Dating is constantly changing, which means you have to break out of your routine if you want to keep up.

And second, you have to be willing to take risks. If you're not meeting someone special, it's time to stop playing it safe and do something differently!

For more expert dating advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Relationship Advice Video: I Have a Successful Career But Am Struggling to Find Love



In this week's [Single in Stilettos](#) relationship advice video, founder and matchmaker Suzanne Oshima talks to dating expert Des O'Connor, who shares his best [love advice](#) for someone who has a successful career but is struggling to find The One.

Dating Expert Shares Best Love Advice

Despite what you may think, you can climb the corporate ladder *and* have a fulfilled romantic relationship and love life. O'Connor reveals five tips to remember:

Related Link: [Single in Stilettos Show: Love Advice for Winning Him Over](#)

- 1. What you focus on is what you become:** If you're only concerned about your job, it'll take over your personal life too. Turn some of your attention to dating instead.
- 2. You need to strike a balance.**
- 3. Men need to feel needed.**

4. Stop saying, “I don’t need a man!”: If you keep sending that idea out into the universe, guess what? You won’t find a guy to invite into your life!

Related Link: [Des O’Connor Reveals Why You Keep Attracting the Wrong Men](#)

5. Men aren’t intimidated by strong, independent women: If you keep running into this issue, you’re attracting the wrong type of men.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Expert Love Advice Reveals Four Reasons Why Men Disappear





On this week's [Single in Stilettos](#) show, founder and dating expert Suzanne Oshima talks to [relationship author](#) Tinzley Bradford about why men disappear.

Dating Experts Explain Why Men Disappear

The author of *Settle Free Dating Method for Women* explains that dating is hard enough without having to worry about the great guy in your life suddenly disappearing. According to her expert love advice, here are four reasons why a man may vanish:

Related Link: [How to Kick That Bad Relationship to the Curb](#)

1. He met someone else: While it may be hard to accept, until you're in a committed, monogamous relationship, he's free to date multiple people at once – and so are you!

2. He already has someone: You may be the other woman and not even know it. If he suddenly stops calling, there's a chance

he's focusing all of his attention on his girlfriend or wife. Unfortunately, some men enjoy the thrill of cheating.

3. He just wants sex: He may want sex without any strings attached. If so, if you don't give him what he wants, he'll disappear.

4. He's bored: He may think your relationship has become predictable and mundane. In that case, he may stop calling without any explanation.

If you're dating a man who disappears, it's important to remember that he's doing you a favor: Any guy who leaves without an explanation isn't the right one for you!

For more expert love advice and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you handle a man who disappears? Share your relationship advice below!

Relationship Advice Video: Three Things Women Don't Know About Men





On this week's [Single in Stilettos](#) show, founder and matchmaker Suzanne Oshima talks to dating expert and [relationship author](#) Robert Manni about what women don't know about men.

Related Link: [Robert Manni Reveals How to Talk About Being Exclusive with Your Partner](#)

Dating Expert Reveals What Women Don't Know About Men

According to this relationship advice video, there are three things that women don't know about men. First, men are not that complicated. The dating expert says that they are very simple creatures – what you see is what you get! Second, they don't pay attention. They're consumed with their own lives and often forget to focus on the details of their relationship. If you want him to open up, you have to ease him into it; otherwise, you might scare him away. And finally, men aren't mind readers. If you feel a certain way, you need to tell him because he probably won't figure it out on his own. Armed with

this love advice, you'll be ready for your next date!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Anything else women don't know about men? Tell us in the comments below!

Expert Love Advice: Is Your Partner Lying? Use These CIA Tricks to Find Out!





By Amy Osmond Cook for [Divorce Support Center](#)

Ever feel like your partner isn't telling you the whole truth? From Bill Clinton's "I did not have sexual relations with that woman" to [Brad Pitt](#) and [Angelina Jolie](#) swearing that no funny business was going down on the set of *Mr. and Mrs. Smith*, single celebrities and famous couples alike are infamous for stretching the truth. Everyday pairs struggle with lying as well. In a *Reader's Digest* poll, 96 percent of Americans admitted lying to those close to them. But it's also worth noting that 50 percent of lies are told by only 5.3 percent of the people. Consider this expert love and dating advice below!

Dating Advice to Help You Determine if Your Partner is Lying

A recent *Huffington Post* article identified four ways to tell whether someone is lying:

- 1. Look for nasal engorgement and itching:** When a person lies, specific tissues in the nose usually engorge, says Dr. Alan Hirsch of The Smell & Taste Treatment and Research

Foundation in Chicago. This nasal engorgement, which Hirsch calls the “Pinocchio Sign,” causes cells to release histamine, which in turn causes the nose to itch.

Related Link: [Find Out What Kristen Stewart’s Body Language Reveals About Her Cheating Guilt](#)

2. Notice negation and aversion cues: Look for negation cues, such as covering or blocking the mouth and covering or rubbing the eyes, nose or ears, and aversion clues, such as turning the head or body away when making a crucial statement.

3. Beware of religious rhetoric: Religious phrases like “I swear on my mother’s grave,” “God, no,” or “as God is my witness” are ironic red flags.

4. Call out the denial phrases: Denial phrases including “trust me,” “honestly,” and “to be perfectly honest” are evasive. Evasion is about trying to change a perception, and these phrases repeated over and over again are typical clues to lying.

Expert Love Advice From a Former CIA Officer

Phil Houston, former Central Intelligence Agency (CIA) officer and CEO of QVerity, takes it one step further in his recently published book *Get the Truth: Former CIA Officers Teach You How to Persuade Anyone to Tell All*. In it, he explains how you can persuade people – even a partner with something to hide – to tell you anything. Here are four steps to take to follow his expert love advice:

Related Link: [5 Red Flags to be Aware of In Your Relationship](#)

1. Make a transition statement: First, let them know that the lie isn’t working. For example, we might say, “Honey, listen, I’ve got to tell you. I’ve got some problems with what you

were saying about our credit card statement.” Deliver it in a low-key manner without making it adversarial to help keep them calm.

2. Stop them from talking: Behaviorists explain to us that, every time you verbalize the lie, you become more psychologically entrenched in it. So step two is to start talking and give them reasons to tell you what’s really going on.

3. Lower their defenses: Rationalize or minimize the problem so the risks of telling the truth seem smaller. “Hey, listen,” we might say. “Everybody has trouble with their credit card statements.” We can do it by monologuing as well, which means we are basically trying to tell the person lying that they can still win.

4. Switch to a presumptive question: After we lower their defenses, we should switch into a presumptive question, like, “What did you really do with the credit card?”

If you want to find out even more about Houston’s method, check out the book on Amazon. I’m going to try the technique out on my teenagers and see what really happened to my last pair of work shoes!

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Single in Stilettos Show: Dating Advice for Attracting

an Alpha Male



On this week's [Single in Stilettos](#) video, relationship expert Suzanne Oshima and WingGirlMethod.com founder Marni Kinrys share their best [dating advice](#) for attracting an alpha male.

Related Link: [Expert Love Advice: He's Great, But He's a Bad Kisser...Now What?!](#)

Relationship Experts Share Reveal Dating Advice for Attracting an Alpha Male

While Kinrys has worked with a lot of alpha males who are attracted to strong women, the dating expert believes that all

men still want to feel needed by their partner. If they don't, they won't stick around. So ladies, no matter how independent you are, you need to let the man take the lead when it comes to your relationship and love life!

Watch the video above for more great dating advice!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Tell us your best tip for attracting an alpha male in the comments below!

Expert Dating Advice: Why You Should Talk About Your Ex on a First Date





By [E!'s Famously Single Dating Coach, Laurel House](#)

Other relationship experts may discourage you from talking about your ex on a first date, but in this week's [dating advice](#) video, relationship expert, and E!'s *Famously Single* dating coach, [Laurel House](#) says otherwise. "More than revealing your past, it can also set the standard of expectation for your future," she explains. "It can even make him feel good about himself!"

Related Link: [The Best Dating Question to Ask on a First Date](#)

Laurel House From E!'s *Famously Single* Shares Expert Dating Advice for Your Next First Date

The *Screwing the Rules* relationship author elaborates, "The key to ex talk is that you *both* reveal. Once you bring up your ex, encourage him to chime in about his too." Before discussing your past relationship and love, consider this

expert dating advice:

DO talk about the most interesting men you've dated, but don't go on and on.

DO express regrets but explain that you learned from those mistakes.

DON'T sound bitter, broken, jaded, or angry.

DON'T talk as though you're still in love with him.

DON'T mention things that no guy wants to hear about (like your sex life) or things that you wouldn't want to get back to your ex.

The relationship author then shares her best tips for *how* to bring up your ex. "Do it strategically. Don't go on and on. Don't talk about them for more than 20 minutes total. Don't make it a sob session, a therapy session, or a show-off session," she says.

For more expert dating advice from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Have you ever brought up an ex on a first date? Tell us your story in the comments below!

Relationship Advice Video: How to Tell If Your Man Will

Cheat



In this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima and [relationship author](#) Duana Welch reveal how to know if a man is a cheater.

Related Link: [Love Advice About What You Need and Don't Need in a Man](#)

Relationship Author Reveals Dating Advice for Determining if a Man is a Cheater

First, the dating experts share a piece of good news: Most men are *not* cheaters! To help you figure out if your guy will

cheat, here are five types of men who are more prone to infidelity: Mr. History follows a pattern of cheating – not once but multiple times; Mr. All That has women at his beck and call and just can't resist the constant temptation; Mr. Highly Experienced is used to dating numerous women and doesn't want to commit; Mr. Globe Trotter attracts ladies with his wealth and adventurous spirit; and Mr. Personality is a narcissist who doesn't see anything wrong with getting "some" on the side.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How can you tell if a man is a cheater? Share your love advice in the comments below!

Expert Love Advice: The #1 Thing a Man Wants in a Woman





On this week's [Single in Stilettos](#) show, founder and matchmaker Suzanne Oshima talks to [dating expert](#) David Crowther about the number one thing a man wants in a woman. **Related Link:** [Single in Stilettos Show: Relationship Experts Discuss Why He Didn't Call](#)

Expert Love Advice About What Men Want

The relationship experts first clarify that beauty is not an option. As Oshima explains, "Ladies, physical looks are the number one thing, but I'm talking about the number one *quality* a woman should have in order to get a man." Crowther then responds with his expert love advice: It's going to vary from guy to guy! "Some men love to be challenged, while some men love to be nurtured or taken care of," he shares. The dating expert encourages you to figure out what part of you is most important for a guy to accept; if he's not okay with that piece of your personality, then he's not the one for you. It's that simple!

For more expert dating advice and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think men want most when it comes to their search for love? Tell us in the comments below!

Love Advice Q&A: Is It Weird That My Man Always Texts Instead of Calling?





Question from Elissa B.: I've been seeing this guy for a few months now, and anytime we're not together, he always texts me and never calls. Whether he's seeing how my day is going or we're trying to arrange our plans for the weekend, he only texts. What does this behavior say about our relationship and about him?

Read on for love advice from our [dating experts](#)!

Love Advice: What to Do If a Guy Only Texts

[Suzanne K. Oshima, Matchmaker](#): Thanks to the ever-present use of technology, unfortunately, texting has become the norm with the way a lot of people communicate. That being said, it doesn't make it acceptable that he communicates with you solely in this manner. The issue is you've already set the standard for what's an acceptable way to reach out to you. So it's going to be harder to break him of this habit...but it's clearly not impossible!

Next time, he texts you to plan a date, reply with something

like, “Great! I’m tied up right now, so give me a call later and we can make a plan.” Or if you’re so bold, instead of texting him back, you can just pick up the phone and call him. It may take a few tries to get him on the phone, but don’t give up!

Related Link: [Q&A: Is It Appropriate to Play Hard to Get Via Texting?](#)

Paige Wyatt, Reality Star: Most guys prefer to send a text rather than pick up the phone and talk. Women like to chat, but men want to get straight to the point. In that case, it’s about his personal preference and isn’t a reflection of your relationship or his feelings for you.

If he doesn’t answer your calls though, that’s a different story. There’s a chance he’s just busy. However, if he immediately send you a text with some strange excuse about why he can’t call, that’s a red flag. Be honest with him about your feelings and just tell him it would mean a lot to you if he’d call you every once a while. Give him the chance to explain himself, but if it seems fishy, he might not be a very honest guy – and definitely not the guy for you.

Related Link: [Q&A: What to Do If Your Boyfriend Texts His Ex](#)

[Robert Manni, Guy’s Guy](#): When it comes to dating, technology can be our friend or foe. Sure, a guy can score dates while sitting at home in his tighty-whites. While this man’s over-reliance on texting is expedient, it lacks intimacy – and that’s a real issue. Maybe he’s busy, but don’t let his dependence on texting dominant the relationship’s lines of communication. You’re worth more than that. To build a relationship, men and women have to be at their best, and that means communicating in a real way. Follow this love advice: Insist that he calls the next time he wants to see you and be willing to stick to your guns if he falls back into this lazy behavior.

To find out more love advice and information about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

How do you handle a partner who always texts instead of calls? Share your dating advice with us in the comments below!

Screwing the Rules Video Dating Advice: 5 Lies Guys Tell on Facebook





By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares the five most common lies that guys tell on Facebook.

E!'s *Famously Single* Dating Coach Laurel House Shares Dating Advice for Facebook

1. His relationship status: Be wary of an “undeclared” status. “It means nothing, and it’s the go-to for many guys who are playing the field of this free dating site called Facebook,” she says. She also warns you not to trust a guy who says he’s “single” on his profile; he may keep it that way for business purposes despite being married or in a committed relationship.

Related Link: [Dating Red Flags Revealed on Facebook](#)

2. Your shared connections: He may have a friend or two in common with you, but remember that he can request *anyone* to be

his friend. Don't let your common connections give you a false sense of comfort and trust.

3. His age: "Age is one of those hidden facts on Facebook that is revealed on other online dating sites," the relationship author explains. If you're unsure, check out his friends, education history, and favorite activities to determine if they all add up and make sense with what he told you.

4. His occupation: It's easy to use vague titles like CEO, entrepreneur, or producer. "People can assign themselves pretty much any fancy label despite the fact that they have nothing to show for it or back it up," House shares.

Related Link: [Laurel House on Her New Book: "I'm Pretty Nervous for My Ex-Boyfriends to Read It!"](#)

5. His lifestyle: Don't completely trust his photos and locations. Instead, ask his specific questions about a particular restaurant, gym, or hotel. After all, he may be strategizing and promoting a lifestyle that he doesn't actually live.

Don't let these common lies scare you off of Facebook. As the dating expert says, "Just like you do in everyday life, be aware of your environment and your surroundings and who you let get close to you. Facebook isn't a place to drop your guard."

For more dating advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you avoid falling for deception on Facebook? Tell us in the comments below!

Expert Dating Advice About the Secrets of Meeting Men



On this week's [Single in Stilettos](#) show, founder and matchmaker Suzanne Oshima talks to relationship expert Des O'Connor about the secrets of meeting men.

Relationship Experts Reveal Where and How to Meet Someone Special

According to O'Connor's expert dating advice, you have to remember that you can meet men anytime, anywhere! It's

something you should always be doing to increase your chances of success. The relationship expert reveals that you can meet a man while you're walking down the street, running errands, or even standing in line at the grocery store. Just keep your eyes open!

Related Link: [Des O'Connor Shares Love Advice for Winning Him Over](#)

They also encourage you to go where men like to hangout. They enjoy sporting events like basketball, hockey, or boxing. And while they may not *like* to shop, the men's section of a department store is another good option! Once you spot a potential match, all you have to do is smile and strike up a conversation.

For more expert dating advice and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: What's your best piece of love advice for meeting someone special?

Expert Love Advice: What to Do If Your Job Intimidates Your Partner





By [Sandra Fidelis](#)

Modern relationships and love can indeed be challenging. In the past, the purpose of romantic partnerships was to accomplish two things: to procreate and to preserve power. Over the past several decades, though, we have begun asking more of our unions. We now expect them to be deeply fulfilling and to provide us with a supportive partner, best friend, and perhaps even a soulmate. We expect to be with a partner who celebrates our wins and accomplishments as well as one who supports us when things aren't going as well as we'd like. But sometimes, we can be let down when he doesn't seem as supportive of our career or perhaps is even downright jealous of our success.

Relationship Expert Shares Dating Advice About an Intimidating Job

So what can a driven career woman do when her job intimidates your partner? Well, take [celebrity couple](#) Jessica Simpson and husband Eric Johnson as an example. Even though Johnson has

had a successful career in the NFL as a tight end, his wife is indeed more well-known and has more irons in the proverbial fire in terms of her businesses and her superstardom. Here is my expert love advice about what can you learn from a seasoned career woman such as Simpson to help you cultivate a successful career and be supported by your partner:

Related Link: [Jessica Simpson Shares Five Wedding Vows for a Happy Marriage](#)

1. Have an open and honest dialogue with your partner about your career goals: Good communication is one of the keys to a healthy relationship. You've heard this dating advice a million times, but communication is indeed a skill that you must learn if you want to maintain a healthy and happy relationship. Start with a dialogue about your aspirations at work. Let your partner in on your plans and your dreams for the future. Tell him why you want to achieve so much. This conversation will allow him to understand you and your job on a more intimate level, and it will also give him a chance to become more emotionally invested in your goals.

2. Make time for your partnership: It's easy for your significant other to feel resentful of your job when they feel like they're less important to you than your career. In Simpson's case, she has taken some time out for her celebrity family and has slowed down when it comes to her acting and music career in order to dedicate more time to her husband and children. But you don't need to put your job on hold to make your relationship and love a priority. Setting some time aside each week to connect intimately with your guy will go a long way in making him feel like he's just as important to you as your job.

Related Link: [How to Balance a New Relationship and Love with a Booming Career](#)

Use Celebrity Couple Jessica Simpson and Eric Johnson as an Example

3. Include your partner in your career goals and support him in his endeavors: Once you've communicated your career dreams to your partner, begin to include him in the attainment of these goals whenever possible. Does he have a complimentary job that could help you in some way? Could he provide some general help based on a certain skill he possesses? To follow this expert love advice, take a cue from Simpson: She recently released some sexy pictures of her and Johnson, and by doing so, she's *including* her man in her career instead of having him watch from the sidelines. Make him a part of your successes and be his cheerleader as well. Being invested in each other's accomplishments will leave little room for jealousy or resentment.

Juggling love and a successful career may be a new frontier that modern women have to face, but it's one that can be navigated successfully through open communication, understanding, and a focus on the achievement of both party's goals.

[Sandra Fidelis](#) is a relationship expert, best-selling author and speaker with a great talent for helping single women get off the dating merry-go-round and finally meet the right man.