Dating & Technology Q&A: How Do I Get My Girlfriend to Stop Posting Racy Photos?





Question from David T.: I've been with my girlfriend for a long time. We have a great relationship, but she often posts suggestive photos of herself on social media, and it makes me uncomfortable. How can I get her to keep that part of herself between us instead of for all the world to see?

Dating in the era of social media can be difficult. Parts of your relationship that were once private can now easily be shared online. So what do you do if one partner likes sharing racy photos but it makes the other person uncomfortable? Let our <u>relationship experts</u> help by offering their best <u>dating</u> <u>advice</u> for using technology the right way. Learn valuable

dating tips from matchmaker Suzanne Oshima and relationship author Robert Manni. Here, they'll answer your question on how to ask your significant other to keep personal parts of your relationship (like racy photos) private. Check out their dating advice below!

Dating Advice About Social Media & Racy Photos

Suzanne K. Oshima, Matchmaker: I can completely understand why it makes you feel uncomfortable that your girlfriend posts suggestive photos herself on social media, but I'm guessing that this is something she was doing well before you started dating her. While you can't stop her from posting the racy photos, I recommend just being completely honest with her. Share your feelings with her and let her make her own decision about whether she wants to continue posting the photos. If she doesn't want to risk losing you, I'll bet she'll tone it done a bit, but don't expect her to completely stop posting those types of photos, especially on Halloween!

Related Link: Dating & Technology Q&A: My Partner Fishes For Likes — What Do I Do?

Robert Manni, Guy's Guy: Millennials have little, if any, filters when it comes to posting to their social media pages. Whether they're on Instagram showing their fitness routines and progress pictures or booty shaking on Snapchat, it's all out there for the world to see. And for that reason, and if you and your lady share a clear understanding about your commitment to each other, I do not see this as a major issue. However, if you're uncomfortable with her sharing too many racy photos, ask her why she does this. Is it driven by selfesteem, competitiveness, or narcissism? Or is she simply comfortable in her own skin and wants to celebrate her good looks while she's young and beautiful? Tell her how you feel — because if you don't the world will be watching her while you

wait. Good luck.

For more dating advice and to find out more about our dating and technology gurus, click here.

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

Dating Advice Video: How to Find Love





On this week's Single in Stilettos <u>dating advice</u> <u>video</u>, founder and relationship expert Suzanne Oshima talks to <u>relationship expert</u> Iris Benrubi about her top three tips to help you find love.

Relationship Expert Iris Benrubi Shares Her Tips for Finding Love

Related Link: Dating Advice Video on How to Attract The Right Man

- 1. Know your own worth: This tip is especially important for women going through a break-up or divorce, as feelings of resignation and desperation can cloud your perception of yourself. "When we own our value, we start to get clear on what it is that we're looking for, and then, we become the chooser," Benrubi explains. "And that gives us a lot of power." It's also important to build your self-confidence back up before you start dating again.
- 2. Trust yourself: Increase your ability to trust yourself by connecting with your intuition. "Our head can really play tricks on us," the relationship expert says. But our intuition lives in our body, so dig deep and think about how certain things make you feel. Each person will have their own ways of understanding their intuition and how their body responds to a yes and a no. For instance, to get clear on your no's, think about a recent ex and how he or she makes your body feel. Always remember that your intuition can't point you in the wrong direction.

Related Link: Expert Dating Advice: 3 Tips to Turn Around Your Dating Life

3. Recognize when a man is emotionally unavailable: There are certain behaviors to look out for: He doesn't follow-up or communicate between dates; he's dismissive; he's not

interested in learning more about you. Don't ignore these red flags! Instead, address them with him; doing so will help you determine if he's truly capable of fulfilling your needs in a relationship. "Watch a man's actions; don't listen to his words," Oshima adds.

For more dating advice videos and additional information about the Single in Stilettos shows, click here.

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Love & Libations: Autumn Date Night Ideas Inspired by Celebrity Red Wines





By Yolanda Shoshana

Pumpkin spice isn't the only thing that arrives during Autumn. The season brings in the cold weather, making it the perfect time to snuggle up to your boo and enjoy some red wine to keep you warm. It's been said that red wine is an aphrodisiac for love. According to Euripides, the Greek tragedian who was a wine connoisseur, "where is no wine there is no love."

Here are some celebrity reds and date night ideas to enjoy during the crisp and cold months:

LVE Cabernet Sauvignon, Raymond Vineyards

Soul singer John Legend has a collection of wines called LVE produced in Napa Valley. His Cabernet Sauvignon has notes of blackberries, dark chocolate, and black tea. Can't you imagine Chrissy Teigen making a dish from her cookbook for Legend and pairing it with some of his wine? File that under relationship goals! Put on some of Legend's slow jams, sip some LVE, and

make it a very romantic night.

Related Link: Marriage Advice from Celebrity Couples Who Stay Together

Marilyn Merlot, Marilyn Wines

You know you are an icon when you've passed away and you end up with your own wine. Marilyn Merlot is inspired by none other than Marilyn Monroe. If Monroe's sassy attitude could be put in a bottle, this wine would be the answer. It's easy to assume this wine is mainly for fun, but it's actually a high-quality wine produced in Napa Valley that's been going strong since 1981. Vanilla and tart cherries will flirt with your palate. When you are feeling extra frisky, maybe even a bit adventurous with your partner, this wine is the one.

Pinot by Tituss, PBTB Wines

If you have ever watched the Netflix hit, *The Unbreakable Kimmy Schmidt*, you are probably familiar with the character Titus Andromedon, played by Tituss Burgess. In season one, his character sang a song called "Peeno Noir." The song became a viral hit, which lead to Burgess creating a Pinot Noir wine. The actor has said that the wine is meant to be enjoyed by all the fabulous "Kings and Kweens." This fun and fruity wine is great for a Netflix and chill night or some hold me, let's Hulu.

The Director's Merlot, Frances Ford Coppola Winery

Coppola has been in the wine game for a while. His wines tend to be inspired by the art of storytelling and filmmaking, so they have unique names to reflect that. The Director's Merlot is a juicy and succulent red that is a good example of a wine from Sonoma. Coppola has probably won more awards for his wine than his films. This Merlot is perfect to enjoy while relaxing by the fire and having a nice conversation with your love.

Related Link: Top Places Celebrity Couples Go For Date Night

Drew's Red Blend Pinot Noir, Barrymore Wine

Drew Barrymore is the perfect celebrity to have a wine. She knows how to have fun and live it up. She created her line of wines with the help of the California-based Carmel Road Winery. Her red blend is meant for every day sipping. Since it has notes of tobacco, spice, and fruit, it would be good paired with meat or something from a slow cooker. Long story short, when you are home for a nice, quiet meal with your partner, this is the perfect wine to choose.

For more Love & Libations date night ideas and <u>celebrity</u> <u>couple</u> predictions from Yolanda Shoshana, click <u>here</u>.

Expert Dating Advice: The Biggest Dating Pitfalls





By Whitney Johnson

On this week's Single in Stilettos <u>dating advice</u> <u>video</u>, founder and relationship expert Suzanne Oshima talks to relationship author Wendy Newman to discuss the biggest dating pitfalls and offer their best <u>expert dating advice</u>. Newman shares the five dating pitfalls that women often fall into and how to avoid them.

Relationship Author Wendy Newman Shares Expert Dating Advice

1. Feeling obligated to please a man: Women often worry about hurting a man's feelings or displeasing him, but it's important to keep your own feelings in mind. For instance, say you meet a man on a blind date, and he lied about his age and appearance. Rather than accepting the lie and sitting through the date, reject him graciously. Explain that he lied and that you won't be staying. As Oshima explains, "The one thing you can never get back is your time."

Related Link: Expert Dating Advice: Are You Intimidating Men?

- 2. Approaching a man with too much information: When dating, it's tempting to lead with your end game: that you'll make a wonderful, loving wife someday. But for a man, that's too much, too soon. To start, he just wants to know whether or not you'll be a good friend. "Instead, say, 'This is who I am as an interesting person. Who are you?'" says the relationship author.
- **3. Dating only one person at a time:** By limiting yourself to a pool of one, you're comparing that relationship to being alone. "And that's not good. It'll have us miss important things about them or not ask questions and dig in," Newman shares. Plus, dating multiple men at once gives you a better understanding of what you want from a relationship.
- 4. Dealing negatively with compatibility and chemistry: Chemistry is essential to a healthy, happy relationship, but it's not enough. It's easy to become distracted by a handsome face or a successful career, but don't make excuses for him if he's not the whole package.

Related Link: Dating Advice Video: Don't Be a Rules Girl!

5. Trying to be someone you're not: According to Newman, this is the number one mistake. Don't follow a set of rules or what you *think* you should do. Instead, figure out what works best for you as you're building a relationship and stick with it.

For more dating advice videos and additional information about the Single in Stilettos shows, click here.

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Expert Relationship Advice: First Comes Love — Now What? Creating Intimacy Without Intercourse





By Amy Osmond Cook

The power of love can never be underestimated, but it is also often misunderstood. As one of the leading Google search topics, the matter of love and how it pairs with sex is on most people's minds. It's possible to have sex without love, but can love survive without sex?

Most people say yes. A <u>study</u> conducted at San Diego State University reported that couples who reported having a

satisfying relationship also reported having less sex as the relationship progressed. In an era where sex is used to sell everything from perfume to bathroom cleaner, this study shows that people may be buying it, but they aren't necessarily "doing it."

Relationship Advice on How Sex Relates to Love

"Despite their reputation for hooking up, Millennials and the generation after them (known as iGen or Generation Z) are actually having sex less often than their parents and grandparents did when they were young," says Jean M. Twenge, the study's lead author and professor of psychology at San Diego State University.

Related Link: Dating Advice: 4 Reasons Going Outside Your Comfort Zone Is A Good Idea

Recognizing that romantic love and intercourse can be mutually exclusive is encouraging news for millions of people who are unable to "seal the deal." Whether limited by emotional challenges or physical obstacles, these champions of celibacy are coming forward with candid conversations, new desires, and innovative ways to create satisfying relationships beyond the bedroom.

"While these people are unable to have intercourse, they still crave intimacy but are unable to open up about it," says Laura Brashier, founder of RomanceOnly.com, a site that promotes and supports those seeking intercourse-free relationships for "whatever" reason. "I've discovered that people facing difficulties with sexual intercourse still want to show love and be loved in return."

1. Connection: Successful connection requires recognizing the difference between love and erotic love. "Love proper is to do

with the other person," says <u>Olivia Fane</u>, <u>relationship author</u> and sex therapist. "It is about the care, respect, and understanding of that human other. Love like this grows; it cannot help it. The more of yourself you invest in another person, the more you receive." This connection unites two beings into one unit; their pain is your pain, and their joy is yours too.

2. Unconditional Caring: An authentic love says I care how you feel. But loving unconditionally doesn't mean you have the responsibility to deliver everything the other person wants. "When we love people unconditionally, we accept them as they are and how they aren't and contribute to their happiness as wisely as we can," says Greg Baer, MD., author of Real Love: The Truth about Finding Unconditional Love & Fulfilling Relationships. Connection happens when we genuinely care about the happiness of the person with whom we share our lives.

Related Link: Relationship Advice: Listen With Your Heart

- 3. Communication: It's one of the most common pieces of expert relationship advice: Honest and open communication is an integral part of a healthy, loving relationship. For people struggling with sexual intercourse, the anxiety that accompanies being honest about their inability is hard to express. "Knowing what each party brings into a relationship and being able to own and acknowledge this can often provide a basis from which a couple can grow and improve together," says psychotherapist Michael Betts, MSc, MBACP. Rather than viewing sexual intercourse as a deficit, people can emphasize other qualities that they can contribute to a relationship.
- **4. Intimacy:** As noted earlier, intercourse does not equate to meaningful intimacy. In fact, in many cases, it is the total opposite. "Our cultural talent for commercialization has separated out sex from intimacy," says <u>Lori H. Gordon.</u> "In fact, intimacy involves both emotional and physical closeness and openness. But we wind up confusing the two and end up

feeling betrayed or used when, as often happens, we fail to satisfy our need for closeness in sex." Sharing time and experiences, engaging in meaningful conversation, being responsive to needs, cuddling, and enjoying non-sexual physical contact help a couple feel valued, cared for, and safe. And all of these factors contribute to feelings of intimacy.

To paraphrase lyricist <u>Jackie DeShannon</u>, what the world needs now is not more sex, but love, sweet love. And not just for some but for everyone. For those suffering from sexual challenges—as well as those who don't—physical gratification outside of intercourse, within a loving relationship, is an intimacy in a league of its own where both sides win.

For more information about and articles by our relationship expert Dr. Amy Osmond Cook, click here.

Dating Advice for Dealing with the Break-Up Blues





By <u>David Wygant</u>

Let me explain how I personally handle a break-up and why it's probably one of the most amazing ways to heal. When I experience a break-up with somebody, I want to process through it very quickly. Why? Because to me, life is always about moving on.

When I was 19 years old, my mother and I had a long talk. At that time in my life, Kris, my high school girlfriend, had just broken up with me for the third time, and I was extremely upset. I was full of heartache. I was sobbing. I couldn't believe that this was the *third* time we had broken up.

Dating Advice from a Relationship Expert

My mother looked at me and gave me some of the best <u>dating</u> <u>advice</u> I've ever received. She was actually about to divorce my father, although I didn't find out about that until the next day.

Related Link: Dating Advice for the Guys: Why Is it So Hard to Date?

She said, "David, this will not be the last woman who loves you. As a matter of fact, there will be many women who love you. You see, you've learned some amazing things. You've grown from this relationship, and because of it, you became a better person. Thanks to all the wonderful experiences you had with Kris, you're going to meet somebody who loves you more."

Those words of wisdom really sunk in, and because of them, I've always been able to process past relationships very quickly. Whether I ended it or they did, I've always known that there's going to be somebody out there who's going to love me so much more.

Recently, I was with somebody, and I got love bombed. I spent three months with her. It was literally a summer romance; it lasted from Memorial Day to Labor Day. She told me that she loved me 15 times a day. Then, we had a conflict, and after that, we never spoke ever again. She denied all of her feelings and everything that went on between the two of us.

I was heartbroken, but I was also relieved. I truly believe that, when conflict comes up, you get to see someone for who they truly are — not the well-behaved person that they've been pretending to be.

So how did I process through the break-up and end up so much stronger, more powerful, and more open to love than ever before? I talked to my friends. I literally spent two days doing nothing but healing. I went to my coach and therapist a few times. I figured out what I learned from my ex. I embraced how much I grew from the experience. I literally thanked the universe for presenting her to me so that I learned another valuable lesson in love.

Related Link: Expert Relationship Advice: You're in the Dog House...Now What?

After 72 hours, I realized that I am a far better man because of my relationship with her. I was able to be loving and open again, something I hadn't really done for a couple of years. And my experience with her reminded me of the beautiful relationship advice that my mother gave me years ago. There's somebody out there who's going to love me even more, and I feel so satisfied knowing that. That's why I've always been able to go through a break-up quickly and come out stronger, more open, and more willing to love.

For more dating advice from relationship expert David Wygant, click here.

Expert Dating Advice: The 5 Most Terrifying Words to a Man





By Whitney Johnson

On this week's Single in Stilettos <u>dating advice</u> <u>video</u>, founder and relationship expert Suzanne Oshima talks to relationship author Dr. Jed Diamond to discuss the five most terrifying words to a man and offer their best <u>relationship</u> <u>advice</u>. Women are constantly worried about saying that right thing to men, and here, Dr. Diamond teaches you what <u>not</u> to say.

Relationship Author Gives Expert Dating Advice

Related Link: <u>Dating Advice Video</u>: <u>The 5 Stages of Love and Why Many Stop at Stage 3</u>

You've probably uttered them before, but you'll never want to use them again: "Honey, we need to talk." Oftentimes, women use these words because they want to feel heard and connected. You probably think that those five words will bring you closer together and help resolve any problems you may be

facing. However, when a man hears those words, they are like nails on a chalkboard. He immediately feels like he's going to be reprimanded or criticized and is halfway out the door by the time you finish.

Related Link: Expert Dating Advice: The One Thing Men Want More Than Sex!

So what's a better way to approach an important conversation with your man? You want to make sure your partner is open to whatever you have to say, but, according to Dr. Diamond's expert dating advice, you have to remember that men communicate differently than women. As a woman, you're nurturing and often want to sit down and talk face-to-face. But back in the days of hunters and gatherers, men were used to only one set of eyes of being on them: those of predators. So instead, ask him to take a walk and then start your discussion without using those five terrifying words.

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Dating Advice Video: 5 Biggest Turn-Ons for a Man





By Whitney Johnson

On this week's Single in Stilettos <u>dating advice</u> <u>video</u>, founder and relationship expert Suzanne Oshima talks to relationship author Tinzley Bradford to discuss the five biggest turn-ons for men and offer their best <u>relationship</u> <u>advice</u>. Bradford shares five tips for how to attract men and reveals once and for all what turns a man on.

Relationship Author Gives Dating Advice

1. Be confident: No one will be surprised by this piece of dating advice: If you know your worth and are proud of who you are, men will notice you. They'll be drawn to your positive energy. "I always say, confidence is so sexy in a man or a woman," Oshima adds.

Related Link: <u>Dating Advice Video</u>: <u>How to Tell Him You're Not Ready to Have Sex</u>

- 2. Be independent: Some men may be intimidated by this quality, but the right man will be attracted to you because of it. "I think a man just loves a woman who has her own," Bradford says. You don't want to run someone away with your independence, but it's important that you have your own life and own your own car, home, business whatever matters to you.
- 3. Make an effort to look beautiful: "Men are always turned on by a woman who dresses good, smells good, and keeps herself looking good!" enthuses Bradford. Of course, you have days where you just don't have the energy to make an effort with your appearance, but don't get into a rut of wearing sweatpants and throwing your hair into a messy bun. Building off of the first two pieces of dating advice, there's nothing more attractive than a woman who takes care of herself.
- **4. Be smart and witty:** Bring some fresh ideas to the table! Wow a man with your knowledge and what you bring to the relationship. "He looks at it as an added bonus: Not only is she beautiful, confident, has her own, but she's smart, and she's bringing something new to the relationship," Bradford explains.

Related Link: Relationship Advice: Signs You're Settling for the Wrong Man

5. Be polite: It's simple: Men like a friendly, approachable woman. Don't scare someone away with a bad attitude! Instead, stand out in the crowd by being vibrant, positive, and polite. "Always say thank you!" Oshima adds. "When a man takes you out, say thank you. A lot of people forget those two little words."

And a bonus tip: Give compliments.

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Dating Advice Video: 5 Ways Women Sabotage Themselves with Men





By <u>Whitney Johnson</u>

On this week's Single in Stilettos <u>dating advice</u> <u>video</u>, founder and relationship expert Suzanne Oshima talks to relationship author Robert Manni to discuss how women sabotage themselves with men and offer their best <u>relationship</u>

<u>advice.</u> Here are five ways that women sabotage themselves when looking for love.

Relationship Author Gives Dating Advice

1. You're not in it to win it: You may say you want to find love, but instead of going out to a new spot where you can actually meet someone, you find yourself in a routine of dinner at home and TV time. "You have to put yourself out there. You have to be willing to fail to be able to succeed," Manni explains.

Related Link: <u>Dating Advice Video: 4 Ways To Make Your Man</u>
Happy!

- 2. You're always plugged in: Put your phone down! If you're walking around New York City with your earbuds in and music blaring, you're presenting yourself as closed off and unavailable. It's hard for a guy to ask an open-ended question or chat you up when you're walled off through technology. Oshima adds, "Those are barriers to meeting someone organically."
- **3. You're not fishing where the fish are:** "Go where the guys are!" the relationship author says. You can find guys are at sporting events, at the football field, at a tech store, at a whiskey tasting, or at the gym. Think about your brother and his friends where do they often go?
- 4. You're always with a group of girlfriends: It's no secret that a pack of women can be overwhelming! Guys are wondering how to handle the group dynamics and just focus on the woman they're truly interested in. Instead, make it easier for them and single yourself out.

Related Link: Dating Advice: 5 Signs He's Taking the

Relationship Seriously

5. You're too attached to your list: This is one of the most important ways that women sabotage themselves. "If you stick too closely to your list, you're going to narrow down your opportunities," Manni explains. "And the longer you're single, the longer your list grows." Make sure your list only includes a few core qualities that are value-oriented and be flexible about your physical type.

A bonus way that women sabotage themselves with men: You throw someone back in the dating pool too quickly. One bad coffee date does not mean the relationship is doomed! "Love grows if you keep an open heart," the relationship author says. "It can turn into something spectacular if you give love a chance."

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Expert Dating Advice: Flirting for Fun





By Whitney Johnson

On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert PJ Dixon to offer their best <u>dating advice</u> on flirting for fun. Find out how you can flirt as a women over 40 with the two dating tips below!

Expert Dating Advice to Help Women Flirt for Fun

1. Follow the "yes and" rule: Here, we're taking a cue from improv comedy classes. Men like to banter and play, so by following the "yes and" rule, you accept what he's doing (yes) and add to it (and). "Take his joking and continue to roll with it," Dixon says. "This playfulness creates a sense of equality. In essence, you're becoming partners with play."

Related Link: Expert Dating Advice: The 5 Stages of Love

2. Use your senses: Focus on your five senses: sight, smell,

touch, taste, and sound. For example, use your eyes to stare at someone a little longer than normal and get their attention. If a man comments on your perfume, take his hand, spray a bit on his wrist, and say something like, "Now, you can think of me all day." Touch him on his chest as a flirty way to tell him you like him. To use your sense of taste, share an appetizer or even feed each other. If you're planning on kissing him, use a lipgloss with a subtle flavor. Lastly, soften your voice and slow down in your speaking to draw him in. "All of these senses are beautiful," adds Dixon.

Related Link: Expert Dating Advice: 5 Things Men Find Beautiful in a Woman

Most importantly, as Dixon says, "There are all kinds of ways that you can flirt and tease and be playful." Have fun with it!

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Expert Relationship Advice: The Stages of Soulmates





By Lori Zaslow and Jennifer Zucher from Project Soulmate

We all want to believe in love at first sight and the fairytale ending, but that's not always the case. Relationships and love can grow and change with time. From your first hello to saying "I do," here are four stages you will go through to establish if the person you're dating is your soulmate.

Follow this expert relationship advice to determine if you're dating The One!

Attraction/Connection/Infatuation: The first stage of any relationship occurs when you initially meet someone that you're attracted to and it intrigues you. Whether it was one conversation, a date, or an evening together, after spending time with this person, you want to get to know them better and learn more about them.

Related Link: Expert Relationship Advice: What To Do If Your

Partner's Family Doesn't Like You

Relationship: The second stage occurs when, after dating and learning more about this person, you want to continue to spend time with them and commit by being in an exclusive relationship. This stage should be bliss! You want to spend as much time as possible with each other, and you begin to introduce each other to your friends and even family.

Open Communication: During this stage, you're able to argue in a healthy way and have open communication during tough times. Reality begins to set in as your relationship faces difficulties. It can make your partnership stronger, and it's a great time to establish your core values and see if they are in line with your partner's values.

Related Link: Dating Advice: When To Say I Love You

Commitment: Here, you decide to take your relationship to the next level and get engaged. In order to get to this stage, you have to open up to one another, trust each other, and be on the same page when it comes to your values and your future together. At this point, you should know that your partner is, in fact, your soulmate!

For more <u>expert relationship advice</u> from Project Soulmate, check out their <u>website</u>.

Delaney Gilbride





February 2017 to Present Writing Intern

Delaney Gilbride lives in Connecticut and is a senior at Hofstra University. She is majoring in English with a concentration in creative writing and literature and minoring in psychology, and she will graduate in May 2017. She loves writing about celebrity news for CupidsPulse.com. She is a Netflix junkie and loves to binge watch her favorite TV shows, including Shameless, The Walking Dead, Game of Thrones, American Horror Story...just to name a few! Her favorite celebrity couple is John Krasinski and Emily Blunt. Not only because she's a huge fan of The Office, but because she thinks they are so loving and extremely funny. They're perfect for each other.

Delaney's Expertise: Celebrity Couples

Expert Relationship Advice: How I Used a Manfunnel to Meet My Dream Husband





By <u>Megan Weks</u>

Once upon a time, a lonely woman centered her heart and her hopes on a certain man, whom she put on a pedestal. She wondered what he saw in her and why a man of his caliber would be interested in what she had to offer. Long after he let her go, she would obsess and compare other men to him, feel sorry for herself, and wonder why a relationship hadn't yet worked out for her when they had for so many other women. When would it be her turn?

Dating Expert Megan Weks Shares Relationship Advice to Help You Find The One

This heartbreaking story was my ongoing pattern. I had gone through so many let-downs while dating in Manhattan for over a decade. Of course, I had some monumental takeaways. Oftentimes, though, I was already "in" the relationship whole-heartedly by the time I figured out it was not the real deal. This left me with painful and long recovery times when I had to grieve and slowly get back on my feet before being ready to face the dating world again. I finally realized that it was not intelligent of me to give my all to these men before I knew their motives. I learned that their true intentions showed up in the first three or four months of dating.

Related Link: Expert Relationship Advice: Don't Let Him Be the One Who Got Away

The Manfunnel was born out of simple math and complex self-love. It was built from the same equation that helped me find love quickly and learn how to capture the hearts of much higher-quality men than I had been accustomed to. A Manfunnel is simply a group of men who are looking to pursue you for a relationship; it's a tool used in what I call "The Abundance Model of Dating." It means that you hold off from becoming exclusive until you find a man who truly meets your needs on every level and on your timeline.

To follow this <u>expert relationship advice</u>, remember that a man is not going to date you exclusively if you aren't meeting his needs. Similarly, you should not allow yourself to be pigeonholed into a relationship that does not serve your needs. You're going to have to be really honest with yourself about what you *truly* want. Additionally, you will have to drop all of the excuses as to why he is not meeting your needs. Ask

yourself if you are truly happy. Keep a daily log of how you are feeling and reflect on the relationship. If your relationship is anxiety-ridden, ask yourself why you are accepting this situation.

After you've determined that your needs are not being met and that you are ready to have it all and quickly, you are ready to build your Manfunnel. What this means is that, even though you have found someone who excites you, you will continue to keep your options open until you know for sure he is The One. A good rule of thumb is to wait for three months before you delete your other options. During that time, you are learning about men and about what will truly make you happy in a relationship. I call this waiting time "The Exploratory Phase." This can feel as if you're taking things extremely slowly; however, it actually saves you years of time.

Having a Manfunnel helps you from becoming overinvested too soon. When we believe there is a lack of options, we may start to slip into a place of scarcity. It's cyclical: When we start to believe this idea, men read our energy and also begin to believe that you don't have options. Biologically, this sends a message to men that you are not a high-value mate or a great catch…even if you are!

Related Link: <u>Dating Advice</u>: <u>Should I Drop All The Other</u>
<u>People I'm Interested In?</u>

How Megan Weks Used Her Own Expert Relationship Advice

My Manfunnel helped me realize my value in the dating marketplace. I started gaining momentum, and the confidence to date the kind of men I've always dreamed of — and, even better, to have these men want to make a commitment with me! When the man who would be my husband showed up, I came across as poised and feminine. You see, I had allowed myself to be

filled up by the energies flowing toward me in the dating process, and this energy projected my warm and positive outlook on love. And so, I was able to make a choice with a clear head and an open heart. I set my boundaries on taking things slowly, and he enjoyed every minute of it. When he proposed before our six-month dating anniversary, I knew I had found the right man.

If you are looking to streamline the dating process and avoid having an unnecessary, painful broken heart, it's time to learn how to Master Your Manfunnel. Doing this can open up a whole new world to you.

For more information about dating expert Megan Weks, visit her website at www.meganweks.com. For more relationship advice articles from Megan, click here.

Dating Advice: The Do's and Don'ts of Online Dating First Dates





By Joshua Pompey

Ready for your very first online date? No? Well, don't worry. If you're nervous about meeting someone for the first time or simply need some solid <u>dating advice</u>, today, we are going to go over some fundamental first date information that you should abide by when you meet your next online match.

Online Dating Advice from a Relationship Expert

- 1. Do take the time to look your best: Whether you are meeting straight from work or have had long busy day with your kids and are trying to squeeze in a date, you can't excuse yourself from looking your best. Men especially are very visual, so you need to put in the effort to reveal your best self if you want to impress him. Approach a date the same way you would approach a job interview: Dress for the occasion and take the process seriously.
- 2. Don't sexualize the way you look: Looking your best doesn't

mean letting all your best assets hang out in all their glory. It's okay to show sex appeal — in fact, it's even good. But less is more. Do so in a classy way.

3. Do meet in a public space: Safety should be one of your biggest concerns when online dating. Bad incidents are very rare, but they do happen. Always choose a public place that is fairly populated. Bars, restaurants, parks during the day, and coffee shops are just a few of the many domains that will accommodate this concern.

Related Link: <u>Dating Advice: 5 Reasons You Should Consider</u>
<u>Hiring A Professional Profile Writer</u>

- 4. Don't accept a ride: Remember, safety first! Meet your date at the initial location that you decide upon and don't accept a ride home on the first date, no matter what. Even if your partner is safe, it still might create an awkward situation at the end of the night. If and when you get to a second date, then you can start expanding your boundaries a little.
- 5. Do prepare some topics of conversation in advance: Nothing is worse than awkward silences on a first date. Even if you're getting along great, it's still common to have lulls in the conversation when you meet someone for the first time. Circumvent this problem by having a few topics ready to go in your emergency conversation bank.
- 6. Don't try to take over complete control of the date: Making suggestions is great; most people will appreciate this effort. But don't try to take control over every aspect of where you go and what you do, or you may accidentally create the impression of being controlling and high maintenance. Instead, being easygoing and open are always two of the most attractive qualities someone can have.

Related Link: <u>Dating Advice: 4 Reasons Younger Women In The City Struggle To Forge Meaningful Relationships</u>

- 7. Do touch your date if you are interested: Yes, you should touch your date. But before you jump on top of him in the middle of dinner, I don't mean in a sexual way! I'm talking about little touches on their arm or the small of their back when making a point. Small touches like that communicate interest and establish a physical bond that will make you feel less like friends and more like potential romantic partners.
- 8. Don't start pre-planning future dates: Sometimes, people get excited about how well the date is going and start suggesting future ideas about where the two of you should go on a second, third, or fourth date. Don't do this. You may accidentally scare off someone who was otherwise interested in asking you out again.
- 9. Do text your date after if you had a great time: If you enjoyed yourself during your date, let the other person know with a text and thank them if they treated you to anything. This small gesture will go a long way towards showing them that you're a good person who is appreciative when someone is kind to you.

Have any more questions? <u>Contact me</u> here at Cupid's Pulse, and I'd be glad to help out!

For more information from <u>relationship expert</u> Joshua Pompey, including six lessons he learned from the world's greatest online dating profile, please visit <u>this page</u> now.

Jessica Gomez





December 2017 to Present Editorial Contributor

Jessica Gomez graduated Baruch College in Spring 2018 with a Bachelor's degree in Communication and Journalism. The concentrations for her two majors are Digital Communication, Culture, and Creative Writing. In addition to writing features on a variety of topics for CupidsPulse.com, she is also the Director of Communications and Receptionist at Antin, Ehrlich & Epstein, Attorneys at Law.

Jessica found her passion for writing in the second grade, back when she used to write triple the number of required pages during English class. She started writing fairy tales and progressed to dramatic fiction as she got older. She also loves to watch movies and hangout with friends. She prides herself in being diverse and strives to live life to the fullest.

Her favorite <u>celebrity couple</u> is <u>Ryan Reynolds</u> and <u>Blake Lively</u> because they're both fun and funny, and seem to bring out the best in one another. She admires the love, respect, and happiness that their celebrity relationship portrays.

Her ideal <u>date night</u> would be going to an amusement park, followed by a movie, nice dinner, and a late night stroll on the beach.

Jessica's Expertise: <u>Celebrity Couples</u>, <u>Fashion Trends</u>, <u>Beauty Tips</u>, <u>Travel Advice</u>

Celebrity News: Bella Thorne Says Cannes Isn't for Her After Scott Disick Hookup





By Whitney Johnson

And just like that, it's over. According to <u>UsMagazine.com</u>, Bella Thorne is over Cannes, France after <u>Scott Disick</u> was spotted kissing his celebrity ex Chloe Bartoli. The actress tweeted, "Yo this #cannes fancy life isn't for me." As previously reported in <u>celebrity news</u>, Thorne and Disick were first seen at dinner in Los Angeles before they took their budding celebrity relationship to Cannes. There, they packed on the PDA and got cozy poolside. Interestingly, according to past celebrity news, Bartoli is the same <u>celebrity ex</u> that led to Disick's split from Kourtney Kardashian in July 2015.

In celebrity news, that was certainly a short celebrity relationship! What are some ways to know quickly that a relationship is

not for you?

Cupid's Advice:

Some relationships aren't meant to last forever; instead, they're just casual hookups, like Thorne and Disick's fling. So how can you quickly know that a relationship isn't for you? Consider this dating advice below:

1. There's only physical attraction: Sure, physical attraction is important in a relationship, but it can't be *all* that the two of you share. As Thorne and Disick showed us, making out will only get you so far! You need to connect intellectually too.

Related Link: Find Out What's Going On with Former Celebrity
Couple Kourtney Kardashian & Scott Disick

2. You don't want the same things: If you and your partner don't want similar things for the future, chances are, your relationship will amount to nothing more than a short-lived fling. In this celebrity relationship, it was rumored that Thorne was just in it for the media attention.

Related Link: 5 Celebrity Couples Who Look Hot At The Beach

3. You have a feeling something isn't right: Listen to your gut! Deep down, you'll know if someone isn't right for you. If you have a feeling that your relationship won't last, pay attention to it, and move on.

What are some other ways to know that a relationship isn't for you? Tell us in the comments below!

Celebrity Relationship: Jessica Simpson Celebrates 7Year Anniversary with Eric Johnson





By Whitney Johnson

Congratulations are in order! As originally reported by <u>UsMagazine.com</u>, <u>Jessica Simpson</u> and her husband Eric Johnson just celebrated the seven-year anniversary of their <u>celebrity relationship</u>. The fashion designer marked the special occasion by posting a sweet family picture on Instagram, captioning it, "7 years, 2 kids, and a whole lotta love later." The <u>celebrity couple</u> are proud parents to Maxwell Drew, 5, and Ace Knute, 3 — and they don't plan on having any

more kids. As Simpson recently shared on *The Ellen DeGeneres* Show, "I have two beautiful children and I'm not having a third. They're too cute! You can't top that."

This celebrity relationship has lasted for seven blissful years. What are some ways to work on your relationship on a daily basis?

Cupid's Advice:

Strong relationships don't always come easy, and you have to make an effort to make your partnership last. Here are three ways to work on your relationship on a daily basis:

1. Communicate: Communication is important in every relationship. No matter how busy or stressful your day is, make sure to sit down with your partner and free yourselves for any distractions, like television or cell phones. Spend some quality time together and talk about how you're feeling, what you're working on, etc.

Related Link: <u>Jessica Simpson Says Her Celebrity Husband 'Is</u> Hotter Than Yours!'

2. Rely on your support system: Having friends and family who love both you and your partner is so important to a strong and happy relationship. In fact, Simpson previously wrote in Glamour that the "support system" of family and friends that she's "nurtured and cherished" helps strengthen herself and her celebrity marriage daily.

Related Link: <u>Jessica Simpson and Eric Johnson Include Their</u> Kids in Lavish Celebrity Wedding

3. Invest in me time: You can't be a good partner without

focusing on yourself too. Make sure you have something that you truly love outside of your relationship. You never want to depend on someone else for your own happiness.

Cupid wants to know: What's another way to work on your partnership on a regular basis? Share your best relationship advice below!

New Celebrity Couple: Gavin Rossdale Is Dating German Model Sophia Thomalla





By Whitney Johnson

There's a new <u>celebrity couple</u> in town! Following his divorce from <u>Gwen Stefani</u>, Gavin Rossdale is moving on with German model Sophia Thomalla. According to <u>UsMagazine.com</u>, the celebrity couple shared a romantic meal together earlier this month at Indianapolis' Iozzo's Garden of Italy. The Bush frontman and No Doubt singer announced their <u>celebrity divorce</u> in November 2015 after Stefani discovered Rossdale's longtime affair with their former nanny. "There's been a lot of pain and sadness. It really teaches you perspective on life. It's really health, happiness and safety," the rocker said of his divorce, which was finalized in April 2016.

There's a new celebrity couple following Gavin Rossdale's divorce from Gwen Stefani. How do you know when it's time to move on after a split?

Cupid's Advice:

This celebrity relationship is the first one for Rossdale since his split from Stefani. So how do you know when it's time to date again following a break-up? Consider this love advice below:

1. You've allowed yourself to heal: There's no right time to jump into a new relationship after a split. Don't rush things. Instead, do whatever feels right for you. It's important to heal your broken heart first. After all, no one wants to be part of a rebound relationship.

Related Link: <u>Celebrity Divorce News: Gwen Stefani & Gavin</u>
Rossdale Finalize Divorce

2. You've spent some time alone: Self-reflection is always a good thing. Take your newly-found freedom to rediscover who you are. Allow yourself to grieve your loss and then focus on whatever makes you happy. Figure out what you want in your next relationship — and then, go after it!

Related Link: 5 Times the Nanny Has Been the Catalyst for Celebrity Divorce

3. You're truly over your ex: It's normal to have lingering feelings after a break-up. Before you start dating again, do a self-check: How would you react if your ex called you? What if you saw them out with someone new? How do you feel when you see old pictures of the two of you together? If you can handle these situations with grace, you're ready to move on.

What's another way to know you're ready to move on after a split? Tell us in the comments below!

Celebrity Break-Up: Amy Schumer & Ben Hanisch Split After One Year Together





By Whitney Johnson

Amy Schumer and longtime boyfriend Ben Hanisch have called it quits after dating for over a year, according to <code>UsMagazine.com</code>. "Amy and Ben have ended their relationship after thoughtful consideration and remain friends," Schumer's rep shared of the recent <code>celebrity break-up</code>. In November, the <code>celebrity couple</code> celebrated their first anniversary with sweet Instagram posts. Along with a photo of the duo, Hanisch gushed, "A year ago, I met the love of my life. We both weren't looking for a relationship at the time, but something felt right from the very first night we met."

This celebrity break-up is definitely unfortunate. What are some ways to know you're not right for each other?

Cupid's Advice:

We can't help but be surprised — and disappointed — by the news of this celebrity break-up. But sometimes, you just know when you and your partner aren't right for each other. If you're trying to figure out whether or not you've found The One, consider the dating advice below:

1. You don't feel like yourself: Your partner should make you feel like the best version of yourself. If, instead, you don't even feel like yourself around them, it may be time to call it quits. Remember that you will find someone who makes you proud to be you.

Related Link: <u>Celebrity News: Amy Schumer Slams 'Bachelor'</u>
<u>Host Chris Harrison for Calling Jubilee 'Complicated'</u>

2. You're always fighting: This piece of dating advice is a no-brainer. If you're constantly arguing about the little things, how will you ever build a life together? Nobody wants to spend every day feeling unsettled and unsure of the future.

Related Link: <u>Celebrity Couple News: Amy Schumer Denies She</u>
<u>Met Her New Boyfriend on Bumble</u>

3. You want different things: Speaking of the future, it's important that you and your partner are on the same page. If you want different things for your lives — for instance, you want to live in the South, while he wants to be near the mountains — it's time to take an honest look at your relationship and decide if it'll work long-term.

How did you know that you and your ex weren't a good fit? Tell us in the comments below!

Celebrity Couple Kylie Jenner & Travis Scott Take Romance to Miami





By <u>Whitney Johnson</u>

Kylie Jenner is wasting no time! Just weeks after her celebrity break-up from longtime boyfriend Tyga, the <u>reality TV</u> star was spotted getting cozy with rapper Travis Scott at Coachella. And now, according to <u>UsMagazine.com</u>, the <u>celebrity couple's</u> romance is heating up with a trip to Miami. The duo were spotted walking arm-in-arm in the beachfront city where Scott was performing at the Rolling Loud Festival. "Travis is telling friends that he and Kylie are the real deal," an insider revealed. Looks like this celebrity couple may last!

Sources are saying that this celebrity couple is "the real deal." What are some ways to know you've found something special?

Cupid's Advice:

All signs point to "yes" if you're wondering if this celebrity couple is going to last! But how do you know if you've found the real thing in your own love life? Consider this dating advice below:

1. It feels natural: Some relationships are filled with tension and constant fighting, but if it's meant to be, your love should come easy. If the phrase "When you know, you know" rings true, then hang on to what you've got — it's something special!

Related Link: Celebrity News: Kylie Jenner & Tyga Step Out on Dinner Date After Thanksgiving Festivities

2. You make each other better: You never want to settle in a relationship. Instead, it's important to challenge each other and inspire one another to always be better. You want someone who makes you the best version of yourself — and you want to do the same for your partner.

Related Link: <u>Back On! Celebrity Couple Kylie Jenner & Tyga Smooch in 4th of July Snapchat</u>

3. You share the same values: Your partnership will never last if you want different things for your future. You should be on the same page — or at least open to your significant other's viewpoint — about issues like marriage, kids, and religion if you want to have longterm potential.

Cupids want to know: What are some other ways to know if you've found the real deal?

Celebrity Break-Ups: Taylor Swift's Ex Calvin Harris is Collaborating with Her Nemesis Katy Perry





By Whitney Johnson

Looks like there may be more bad blood in this <u>celebrity</u> <u>break-up</u>! As reported by <u>UsMagazine.com</u>, <u>Taylor Swift's</u> ex

Calvin Harris collaborated with her nemesis Katy Perry for his upcoming album, and the "Bad Blood" singer's fans are already calling out the Scottish DJ for being petty and trying to get back at Swift. The drama between the two female superstars first began when Swift called out an unnamed mean girl during a Rolling Stone interview in 2014. Perry later confirmed their issues when she told a fan that she was still waiting for Swift to apologize. Asked if she would ever agree to a duet with Swift, Perry responded, "If she says sorry, sure!" With Harris's recent announcement, it looks like there's no chance of reconciliation for this celebrity relationship — or friendship.

Sometimes, celebrity break-ups don't exactly lead to smooth interactions down the line. What are some ways to deal with an ex who is purposely trying to hurt you post-break-up?

Cupid's Advice:

This celebrity break-up just took a turn for the worse! If you, like Swift, are dealing with an ex who may be purposely trying to hurt you post-break-up, consider the <u>love advice</u> below as you figure out how best to handle their behavior:

1. Remove yourself from the situation: Avoid your ex at all costs. Spend some time alone, or invite your friends over instead of going out. Delete your ex on social media — or if it's easier, just stay off Facebook, Twitter, and Instagram for a few days. Remember that your former partner can't hurt you if you're not in their line of fire.

Related Link: <u>Celebrity News: Calvin Harris Hangs with Tinashe</u>
After Split from Taylor Swift

2. Focus on you: After any break-up, it's important to take care of yourself. Start a new exercise routine. Learn how to cook. Reconnect with old friends. Clean your house. Read a good book. Do whatever makes you feel better and try to forget about your ex!

Related Link: <u>Celebrity News: Calvin Harris Goes Off on Ex</u>
<u>Taylor Swift on Twitter</u>

3. Be the bigger person: It's time to rise above their petty behavior, no matter how difficult it may be. Whatever you do, don't bash your ex or give into their taunts. If friends ask how you're handling your split, tell them you're moving on. And if your former partner reaches out, ignore them until they can play nice.

Do you have any other ways to deal with an ex who's purposely trying to hurt you post-split? Tell us in the comments below!

Celebrity Interview: Courtney Paige Talks About 'The Arrangement' and If It's Really About Tom Cruise and Katie Holmes





Interview by <u>Lori Bizzoco</u>. Written by <u>Whitney Johnson</u> and Miriana Rexrode.

If you're as hooked on E!'s hit scripted series *The Arrangement* as we are, then there's no doubt that Courtney Paige has made a lasting impression on you as the mysterious (and up-to-no-good) Annika. In our exclusive celebrity interview with the star, she opens up about her role on the show and what fans can expect in tomorrow night's finale. Plus, she talks to us about her film company Crazy Sunshine Films as well as her love life.

Celebrity Interview: Courtney Paige Talks About *The Arrangement*

As fans know, The Arrangement is a 10-episode series that follows the journey of up-and-coming actress Megan Morrison, who receives a lucrative offer to enter a staged marriage with

movie star Kyle West. Paige's character Annika is working behind-the-scenes as hired help to ensure that their <u>celebrity</u> <u>relationship</u> lasts. Of playing the scandalous and manipulative villain of the show, Paige says, "Annika is so different from anyone I've played before because she has so many layers. It's quite a challenge for me."

Related Link: Celebrity Interview: 'The Arrangement' Star Lexa
Doig Says Viewers Can 'Expect a Bit of Everything'

Of course, playing the bad girl can be fun. "It's such a treat," she adds. "You never know what she's going to do next."

We've read that Annika has a "big secret" to reveal in this season's finale episode. When asked about what's next for her character, the Canadian native reveals, "I think all of the characters on *The Arrangement* have some sort of big secret. The viewers are really left on the edge of their seats until the end. It's really well written."

It's been rumored that the show's storyline is based on a celebrity couple that we're all familiar with: <u>Tom Cruise</u> and <u>Katie Holmes</u>. Luckily, the actress clears up any suspicions and says, "I think arranged relationships have been going on since before our time — long before Tom and Katie. So if anyone thinks it's deliberately about them, it's really not."

Related Link: <u>Celebrity News: Jamie Foxx Celebrates 48th</u>
Birthday with Katie Holmes

The actress is lucky to share the small screen with a number of famous faces, including Michael Vartan. "Michael is so lovely and so talented," she shares in our celebrity interview. "It's amazing how humble everyone is on set. Everyone is so nice to each other, and it's a great cast to be apart of." Thanks to the show's addicting storyline and great cast, we were excited to learn that writers are already working on the second season.

Not only is Paige an actress, but she's also an up-and-coming writer and film director. She started her own film company called Crazy Sunshine Films and has a feature film in the works called *Neon Candy*, set to premiere in September. She, of course, shares her thoughts on the potential strike of the Writers Guild of America (WGA). Although she is not part of the WGA, she believes that if anyone is not feeling valued or being underpaid, then they should take a stand. We couldn't agree more!

Courtney Paige on Her Love Life

The Arrangement may be filled with romantic drama, but off-screen, Paige's love life is much more low-key. While she's not currently looking for a celebrity relationship, she's not opposed to finding someone special. "I'm still single, and I'm really focusing on my career, but if you know any single guys...," she says with a laugh.

When it comes to her dream date, she likes to keep things simple. "I'm a pretty big country girl. I love to get out of the city and do anything outdoorsy. Fishing, hiking, watching the stars, or something else in nature is right up my alley," she shares.

Related Link: Date Idea: Get Close with Nature

Every man's dream girl, right? Not according to Paige. "I'm a lot to handle," she adds. "Actresses are emotional, and they wear their hearts on their sleeve."

Of course, Paige's first love is acting, dating back to her early years in the theatre. To young girls watching *The Arrangement* and hoping to become actresses, she advises, "Make sure that you start in the theatre. I think it's important to not get caught up in all of the Hollywood glitz and fluffiness and to really stay true to your roots. Always remember what's important about the craft."

Catch Courtney Paige on the season finale of The Arrangement on E! on Sunday, May 7th at 10 p.m. EST. You can follow her on <u>Twitter</u> and <u>Instagram</u>.

'The Bachelorette' Stars Kaitlyn Bristowe & Shawn Booth Celebrate "Longest Celebrity Engagement Ever"





By Whitney Johnson

It's hard to believe it's been two years since Shawn Booth got

down on one knee and proposed to *The Bachelorette* star <u>Kaitlyn Bristowe!</u> As reported by <u>People.com</u>, the <u>reality TV</u> stars recently celebrated their celebrity engagement anniversary with two sweet Instagram posts. Bristowe posted a number of photos of the celebrity couple with the caption, "I like that we don't feel pressure, I like that we have taken our time, I like that we still don't have a date set, and I kind of like you." Similarly, Booth gave a shout-out to his fiancée and wrote, "Thank you for the greatest 2 years, thank you for being you." Since they first announced their <u>celebrity engagement</u>, the adorable reality TV couple have settled down in Nashville, Tennessee.

We love that this celebrity engagement is still going so well! What are some reasons to postpone wedding planning and just enjoy a long engagement?

Cupid's Advice:

This celebrity couple isn't feeling any pressure to walk down the aisle — despite being engaged for two years already. What are some reasons to postpone planning your big day? Consider this love advice:

1. You can truly enjoy being engaged: For many couples, after the excitement of the proposal dies down, it's go-time as wedding planning begins. However, if you opt for a longer engagement, you can really enjoy this time as an engaged couple — without the pressure of picking out your dream dress or venue.

Related Link: <u>Celebrity News: 'Bachelorette' Star Shawn Booth</u>
Hangs with Fiancé Kaitlyn Bristowe's 3 Ex-Boyfriends

2. You can book the best vendors: Trying to plan a wedding in six months or less means you may have to sacrifice some of your top choices for caterers, flower designers, and more. If you're planning a wedding two years out, though, chances are, you'll be able to hire all of the best vendors. Plus, you can lock in their rates before they're bound to rise the following year.

Related Link: Celebrity Couple Kaitlyn Bristowe & Shawn Booth
Talk Wedding Plans & Mile High Club

3. There's less stress: Most importantly, if there's no pressure to get hitched right away, there's less stress. Planning your wedding should be a special, memorable time. Why rush it?

What are some other reasons to enjoy a long engagement? Share your thoughts in the comments below!

Celebrity News: Kristen Stewart Moves In with Girlfriend Stella Maxwell





By Whitney Johnson

Looks like things are getting serious! According to the latest celebrity news on <u>UsMagazine.com</u>, actress <u>Kristen Stewart</u> and Victoria's Secret model Stella Maxwell are moving in together after five months of dating. They're sharing the <u>Twilight</u> star's four-bedroom house in L.A.'s Los Feliz neighborhood. Of course, given their hectic schedules, the <u>celebrity couple</u> may not often be home at the same time. "They're both so busy with work," says a source who knows Maxwell, "but try to be together when they can." Currently, Stewart is filming the 2018 thriller <u>Underwater</u> in New Orleans, where Maxwell recently paid a visit.

This celebrity news has us happy for the next step in this relationship! What are some ways to know you're ready for the next step

in your relationship?

Cupid's Advice:

If you're taking a cue from this celebrity news and considering moving in with your partner, it's important to make sure you're both ready to take such a big step in your relationship. Consider this dating advice below:

1. You don't feel any pressure: If you're taking such a big step in your relationship, it's important that you're doing it for yourself and no one else. Focus on what you and your significant other want, and if you're both ready to move forward, then go for it!

Related Link: <u>Celebrity Couple News: Kristen Stewart & Girlfriend Stella Maxwell Attend Chanel Pre-Oscar Dinner</u>

2. You don't think of "the next step" as more than it is: Moving in together is a big deal; it's important that you don't see it as more than it is though. Be honest with yourself: If you're looking at it as a replacement for an engagement or marriage, your expectations won't be met.

Related Link: Kristen Stewart's Mom Denies Speaking About Her Daughter's Celebrity Love Life

3. You've vacationed together: It's one thing to spend an evening or two every week together. It's completely different to share a home and be with each other 24/7. A vacation is a great way to test the waters. Sharing a hotel room for a long weekend will teach you a lot about each other and give you an idea of what living together will be like.

What's another way to know you're ready to take the next step in your relationship? Tell us in the comments below!